“What’s the Difference Between Lesbian Relationships and Heterosexual Marriage?”

How are the dynamics of lesbian relationships different from a marriage’s? A lot of marriages have issues and “skeletons in the closet” too. So just generally speaking, how are they different? Maybe more drama, more desperation in lesbian relationships? And what is the fundamental reasoning you have reached that may cause the difference?

Ever since you wrote, I have been thinking about your question and talking to people with lots of experience, including a dear friend who was a gay activist for decades and in a long-term relationship with another woman for twelve years.

The core problem is trying to force a same-sex relationship, where the God-designed complementarity is missing, into a marriage-like relationship that is designed for balance. There isn’t any. The strengths and weaknesses of male and female are simply missing, so all you have are the same strengths and same weaknesses.

For example, we women are created to be relational; men are more task-oriented by design. Together, this means that things get done in a context of people’s hearts mattering. In lesbian relationships, it’s ALL about the relationship. And since a part of lesbianism is a deep core of insecurity, women are driven by fear to protect the relationship at all costs, lest the other one even think of leaving. This means binding the other to oneself with gifts, favors, music, shared everything including finances, and constant contact throughout the day (and panic when the other doesn’t respond immediately).
I have a ball consisting of magnets that fit and hold together by magnetic attraction. The orientation of the pieces in relation to each other matters because some pieces are drawn to each other, but if you flip one of the pieces, the magnetic polarity causes them to repel each other. You can make them touch, but you have to apply some kind of force to hold them together. God designed males and females to be attracted to each other and to hold together naturally, like the north and south poles of magnets, in large part because of our differences. When same-sex couples try to forge an intimate, romantic/sexual relationship, it’s like two north poles or two south poles of a magnet, so they have to use some kind of force to keep them together. This is why manipulation is the glue of emotionally dependent relationships. One long-time lesbian said, “We don’t have partners, we have prisoners.”

Most lesbian-identifying women are plagued by a yawning “hole” in their hearts, either a mommy-shaped hole or a best-girlfriend shaped hole. Thus, the attraction, unlike with magnets, is the hope of getting an aching emotional need met. A friend of mine who has been walking with same-sex-attracted people for decades calls that aching emotional need “giant sucking funnels.” Another friend referred to it as “two ticks, no dog.” And one of my friends met a fifty-something woman at a gay bar who actually said, “I want you to be my mommy.” They try to stuff other women into that hole, and it never works. That’s because once a girl’s legitimate developmental needs are not met at their appropriate stage in life, there is no way for another human being to fill such a large hole. But God can, and I have seen Him do it, through His people and through personal intimacy with Jesus.

My friends who came out of the lesbian community tell me that they’ve never seen healthy lesbian relationships. Women in long-term relationships present a well-crafted façade to the
world. When the women split up, everyone is shocked, because there was one dynamic for public, and then the reality of what went on behind closed doors. Usually that means one person controlling the other, one person caretaking the other, and not a mutuality of equals. It’s more a matter of a major power differential. The biblical concept of husband and wife as equals before God, each contributing something intrinsically different to the relationship, is missing in lesbian relationships. This is especially true for those who get into longer-term relationships, where there is usually an age gap because women are hoping to fix the mother-daughter brokenness inside them. One of my friends watched her mother get into what became a long-term relationship with another woman, and over the years has listened to her mother complain bitterly about the way she’s treated. She is still saying, decades into the relationship, “I’m miserable but I don’t know how to live without her, so I’ll just stay.”

One day I was looking at a sculpture I have of a circle of friends, arms around each others’ shoulders. It reminded me of the dynamic of a husband-wife marriage, where they are face-to-face in a circle of two as they get established as a new family unit in society, and then they enlarge the circle by bringing children into it. By contrast, lesbian relationships are like two lovers face-to-face in their “us only” circle of two, excluding all others, jealous of outside friendships and suspicious of all other relationships as a threat to the circle of two. The relationship is inherently sterile; they cannot bring children into the circle without engaging (one way or another) in God’s “one male, one female” requirement for creating new human beings.

Another difference in the dynamics of husband-wife marriages vs. lesbian relationships is that when men and women work on getting emotionally healthier, bringing their marriage into alignment with God’s Word, it strengthens the marriage and builds oneness between two very different, very “other”
people. When two lesbian women work on getting emotionally healthier, it means de-tangling and disengaging from the enmeshment that defines their relationship and tries to erase the boundaries of who they are individually. If they bring their relationship into alignment with God’s Word (Rom. 1:26), they will no longer be lesbian partners.

I do need to add a disclaimer, that there has been a major age-related sea change. What I’ve just said is true of women 30-35 and older, but some things are drastically different for younger women who identify as lesbians. Like the other people their age, they grew up in a far more sexualized culture than ever before, and they grew up in a world of ever-increasing approval of lesbian behavior (thanks to the proliferation of pornography, for one big reason). Many girls experimented in lesbian relationships and sex simply because of peer pressure and the messages of the culture: “How will you know if you like it or not unless you try? You owe it to yourself!”

However, just like with their older counterparts, these relationships are still volatile, intense, drama-filled, and very difficult to extricate from. Jealousy and manipulation (especially guilt) are major dynamics. Regardless of the age, same-sex romantic and sexual relationships are not God’s intention or design, so they don’t work well.

You asked about my fundamental reasoning for my conclusions; simply observing, week after week after week for 14 years, what these girls and women report about their relationships and how hard it is to come out of a lesbian identity, is quite the education. Especially when I compare it to what I know of God’s word combined with the experience of enjoying a balanced, healthy marriage for 38 years.

Hope this helps.

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