

# **“Why Do We Pray at All if God Already Has a Plan?”**

**For as long as I can remember, I’ve always thought that God has a purpose for everything. Everything happens for a reason, whether this event is good or bad. Is this a good assumption?**

**Although rarely do I pray for gifts or anything to happen, it occurred to me that this is a pretty common practice. Last night my Bible-study group prayed for the safe trip of a friend to a missions trip in Europe, but lately, I’ve been wondering this... if indeed God has a purpose for everything, then if my friend didn’t have a safe flight to Europe (really worried about my friend here), then God willed it and there’s a larger purpose for that. This, for me, answers “why good things happen to bad people,” and I can accept that, but my real question is why do we pray at all? Why do we pray for certain events to steer a certain direction if God has a plan for it to go either way and it’ll happen according to plan anyway regardless of what we ask? Does that make sense? .. or am I looking at this completely skewed? Please help.**

*For as long as I can remember, I’ve always thought that God has a purpose for everything. Everything happens for a reason, whether this event is good or bad. Is this a good assumption?*

Yes, it is, because the Bible teaches us that God is sovereign—He is in control over everything that happens. Things may not be God’s first choice, for example when we sin, but He is powerful enough that He can make good come out of evil.

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If we look at what the Lord Jesus taught us about prayer, we see that it’s about aligning ourselves with God’s kingdom, with His values, and with His character. I like the word “align” because I think it accurately reflects what we need to do in light of the effects of the fall, when we were all plunged into a state of sin. This means we are out of alignment with God and prefer instead to indulge our own desires. Just as we sometimes have to take our cars into the shop to get our wheels realigned when they “want to” go in a different direction than the designers’ intent, prayer is about submitting ourselves to God, aligning ourselves with Him and His purposes. So prayer isn’t mainly about telling God what we want so He can give us our heart’s desire, it’s supposed to be about submitting to His will even as we share our desires with Him, with the understanding that if He wants something different and better than what we want, we acknowledge that He has the right to do whatever He wants because He is God and we are not.

We pray to communicate with God, because communication is an absolutely essential part of maintaining a relationship. And Christianity is about relationship with God, not rules and rituals. We pray because He invited us to ask Him for whatever we want, just like He invited Solomon to ask for whatever he wanted, and hopefully that kind of divine generosity and open-heartedness will call us to ask thoughtfully, like Solomon, with an awareness of how big and powerful and loving God is. We pray because we are and can do nothing without God and we need Him desperately. We pray because it reminds us that we are completely dependent on God like American astronauts are dependent on NASA to keep them alive up in space. We pray because it reminds us of our relative size and position before God.

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Well, if you read the prayers of the apostle Paul in the New Testament, you see that he didn't spend a lot of time praying for things to go a certain way. He certainly prayed about his hopes and intentions, such as his desire to go into Asia to preach the gospel, but the Holy Spirit told him no, which he humbly accepted (Acts 16) because he lived his life in an attitude of submission and obedience. I think the wisest course of action is to lift events and concerns into God's hands, telling Him what we would like and then yielding to Him about the whole thing. Which is the pattern we see modeled by the Lord Jesus in the garden of Gethsemane the night before He died. He poured out His heart to the Father, asking Him if there was ANY way to escape the cup of suffering before Him, but yielding by saying, "Yet not My will, but Thine be done." I think that cultivating an attitude of "Thy will be done" is the most important part of prayer. That goes along with Paul's admonition of how to pray in Philippians 4:6 when he says to "let your requests be made known to God." We don't demand, we offer our requests, leaving them in the hands of a God who knows what is best and loves us perfectly.

God is sovereign and yet when we pray it makes a difference. Jesus invited us to take His yoke upon us, which makes us not only His companions but co-laborers in the kingdom. I think that praying keeps us connected to our Source, Jesus, so it is a way to keep on abiding in Him and allowing Him to abide in us. So we pray not to get what we want out of God like some cosmic vending machine, but to keep us connected to and dependent on Him, which is what we were created for in the first place.

I hope this helps!

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