

# Why Study Church History?

*James Detrich provides five reasons to study church history and allow our knowledge to build our confidence in our faith.*

When I was in college, we had to do what was called “evangelism night.” It was a night in which a group of us would pile into someone’s old, broken-down car (we were all poor back then) and skirt downtown to the city’s walking bridge, a large half-mile overpass extending over the Chattanooga River. We were always sure that plenty of people would be there that needed our message. One night I began talking to a man about Christ and he quickly cut me off, “I am a Christian,” he exclaimed. “Great,” I replied. As we continue talking, though, I soon discovered that he was a “different” Christian than me. He said he believed in an expansive New Testament that contained many more books than the twenty-seven I was accustomed to, and he had six or seven Gospels, where I only had four. When I told him that I didn’t think he was right, that the New Testament only contained twenty-seven books and four Gospels, he asked me an important question, “How do you know that there are only four Gospels? Maybe there are more books to the Bible than you think!” I stood there, knowing that he was wrong. But I didn’t know *why* he was wrong. I had no idea of how to combat him—I didn’t know church history well enough in order to provide, as 1 Peter 3:15 says, an account of the assurance that lies within me.



This is one of the great reasons why we as Christians need to study church history. In this article I am going to make a passionate plea for the study of church history and give five reasons why I believe it is essential for every follower of Christ. Alister McGrath said that

“Studying church history . . . is like being at a Bible study with a great company of people who thought about those questions that were bothering you and others.”<sup>{1}</sup> These bothering questions, much like the one I could not answer on the walking bridge, oftentimes can be answered through learning the stories and lessons of history. It was Martin Luther, the great reformer, who cried out: “History is the mother of truth.” This is the first reason why Christians need to study history, so that we can become better skilled to answer the nagging questions that either critics ask or that we ourselves are wrestling with. It would have been a tremendous help that day on the bridge to know that in the second and third centuries, the time right after Jesus and the apostles, that church pastors and theologians were exclaiming and defending the truth that we only possess four Gospels: Matthew, Mark, Luke, and John. If I had only known of this rich tradition, if I had only known my church history, I would have been able to give a reasonable account of that hope that lies within me.

## **Church History Provides Comfort**

The first reason why Christians should study church history is that it helps Christians provide a more reasonable account of what we believe. The second reason is that Christians, just like any other people, go through many times of loneliness and despair. The book of Psalms reveals multiple times where various psalmists reveal that they feel as though God has left them, that their enemies are closing in, and that no one, including God, really cares. Suffice it to say that this often leads to a crisis of faith. Many of us suffer that same crisis from time to time, and the one thing that usually helps to be encouraged is to get around God’s people. When we are with others who believe as we do, it helps to stabilize, and to build, our faith. There is a sense in those moments of being with other Christians that our faith is bigger and more

expansive—that it is communal, not merely individual.

Studying church history is about being with the community of faith. Reading the stories, learning the truths, examining the insights of these faithful men and women down through the centuries gives to us the sense that our faith is not shallow, but as the song used to say, it is “deep and wide.” Church historian John Hannah claims that studying Christian heritage “dispels the sense of loneliness and isolation in an era that stresses the peripheral and sensational.”<sup>{2}</sup> It breaks us away from this modern culture that emphasizes the glitz and the glamour of the here and now, and helps us to establish confidence in the faith by examining the beliefs central to our faith that have been developed over a long period of time. Christian theology does not invent beliefs; it finds beliefs already among Christians and critically examines them. The excavation site for Christian theology is not merely in the pages of Scripture, though that is the starting point, but it expands from there into the many centuries as we find the Holy Spirit leading His church. For us today, it gives us the ability to live each day absolutely sure that what we are believing in actually is true; to know and understand that for over 2000 years men and women have been worshipping, praising, and glorifying the same God that we do today.

It’s similar to those grand, majestic churches, the cathedrals that overwhelm you with the sense of transcendence. The expansive ceilings, high walls, and stained glass leaves the impression that our faith, our Christian heritage, is not small but large. Entering into a contemplation of our faith’s history is like going into one of those churches. It takes away the loneliness, the isolation, and reminds us of the greatness of our faith.

## **Church History Solidifies Our Faith**

The third reason for studying church history takes us to the

task of theology. Have you ever wondered if something you heard being preached in church was essential? Maybe you've asked, Is this really so important to my faith? Understanding and articulating what is most important to Christianity is one of the crucial tasks that theology performs. This task is developed from a historical viewpoint. It asks the question, What has always been crucially important to Christians in each stage of church history? Over the centuries, Christian theologians have developed three main categories for Christian beliefs: dogma, doctrine, and opinion.<sup>[3]</sup> A belief considered as dogma is deemed to be essential to the gospel; rejecting it would entail apostasy and heresy. Doctrines are developed within a particular church or denomination that help to guide that group in belief. What a church believes is found in its doctrine. Lastly, beliefs relegated to opinion are always interesting, but they are not important in the overall faith of the church. But dogma is important and history tells the story of how the church receives these important truths. It tells the story of how the church came to understand that God is three and one, the received truth of the Trinity; or how they came to understand that Jesus was both human and divine, the received truth of the Person of Christ. In examining these things, you begin to understand what is most essential and what is less important.

This is the same question that was being asked in the early fourth century. Some folks calling themselves Christians were going around proclaiming that Jesus Christ was different from God the Father, that even though He was deserving of worship, there was a time when He was created by the Father. Other Christians rose up and declared that to be heretical. They claimed that the words and actions of Christ as recorded in the Scripture clearly affirms Him to be equal with the Father. The Council of Nicaea in A.D. 325 sided with the latter group, claiming that Jesus was indeed equal with His Father. The exact wording of the council's conclusion is that Jesus is "of the same substance" with His Father. That dogmatic decision is

reflected in the church's doctrinal beliefs and it demonstrates its crucial importance for Christianity.

History is indeed the treasure chest of truth. Open it up. Discover the riches within it. Find out what is there and what is not—what is important and what is not!

## **Church History Helps Us Interpret the Bible**

Why should we study church history? The answers already given are that it provides perspective in answering tough questions, gives a sense that our faith has gravitas, delineates that which is important; the fourth reason is that the study of church history helps us to interpret the Bible. You might be inclined to say, "We don't need church history, all we need is the Bible." But we must remember that people interpret the Bible in many and various ways. For instance, do you know that the largest meeting in North America that discusses the Bible is called the Society of Biblical Literature. It meets every year and boasts of having thousands of members. Among those within the society, only an astonishing 30% of them are evangelicals, or people who would have a more conservative interpretation of Scripture. People all over are reading the Bible, but they are reading it in different ways.

So, how do we know how to interpret the Bible? We believe that a certain interpretation or tradition of the text goes all the way back to Jesus and His apostles. Thus, Scripture must be interpreted in light of this tradition—the way that the early community of believers read the various texts of Scripture as they recognized its authority in matters of faith and practice. They recognized that these texts supported, explained, and gave evidence to the belief system that they held dear. For us, going back and reading the early church fathers is profitable for our understanding of the broader cultural and theological framework so that we can better

understand what Scripture is saying. For instance, as we discovered above, the Trinity is a crucial dogma of the church. Therefore, any interpretation of the Bible that contradicts that basic belief would be inadequate. History helps to paint the lines that we must stay within and it helps to construct the boundaries for a faithful reading of the text. Examining what was important to the apostles, and the generation that followed, and then the next generation, gives a basic tradition, a framework, of values and beliefs, that must guide our faith today. The study of church history helps us to develop that basic framework.

It was a second-century pastor that complained that the heretics of his day read the same Bible as he did, yet they twist it into something else. He equated it someone taking a beautiful picture of a king constructed with precious jewels and rearranging those jewels so that the picture now resembles a dog.[{4}](#) We would contest ruining such a beautiful piece of art! This is exactly what happens when the beauty of the Bible is misinterpreted. To keep that from happening, we must study church history and find out what the precious jewels actually are that construct the beauty of the Bible.

## **Church History Demonstrates the Working of God**

We have listed four reasons to study church history: it helps answering questions, it presents a faith that is deep and wide, it delineates what is important, and it helps us to interpret the Bible. The fifth reason why we should study church history is that it demonstrates the working of God. More specifically, it gives evidence that the Holy Spirit is working through and among His people, the church of God. It is the same Spirit that was working in that early Christian community that is still at work today in the community of faith. In other words, history provides a further resource for

understanding the movement of God in the entire community of faith. We affirm that there is continuity between the early Christian community and the community today, because we serve one God and are the one people of that God. Hence, every sector of church history is valuable, because it is the same Spirit moving through every stage of history. Church history is His story and it tells of God's faithfulness to the community of believers as they have carried forth His truth and have given animation to His character. Just as Christ is the image of the invisible God, the church, through the Son and by the Spirit, is also the image of the invisible God. Church history is the story of how the community reflects that invisible God.

This is the concept that brings all the others into a connected whole. The reason why studying church history can provide answers to crucial questions of faith is due to the fact that the Spirit has been moving in the hearts of men and women down throughout history, aiding them in their questions of faith and the fruit of that work has been preserved for us today. The reason why studying church history can show us what is important to the faith is because the Spirit has been at work guiding the church into truth. The reason why studying church history can help us interpret the Bible is because the Spirit has illuminated the path for understanding the Bible for centuries. This is what is fascinating about church history: it is a study of His Story. He is there, just as Jesus said He would be. Remember it was Jesus who said that He was going away, but that He would send a Comforter. And this One would guide us in all truth. Church history is the story of that illuminated path where the God of the church guides His people into all truth. History is where He is.

## Notes

1. Alister McGrath, "The State of the Church Before the Reformation" in *Modern Reformation* [January/February 1994]: 11.

2. John D. Hannah, "Notes on the Church to the Modern Era" (Dallas: Dallas Theological Seminary), 2.
3. Stanley Grenz and Roger Olson, *Who Needs Theology* (Downers Grove, IL: InterVarsity Press, 1996), 73.
4. This is a metaphor presented by Irenaeus in *Against Heresies*, 1.8.1.

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