

# **Broken Homes, Broken Hearts – A Christian Perspective on Sex Outside of Marriage**

*Kerby Anderson examines the impact of teen pregnancies on our society from a Christian, biblical worldview perspective. He suggests steps we must take if Christians are to combat this problem of our American society.*

## **As the family goes, so goes society.**

Families are the bedrock of society. When families fall apart, society falls into social and cultural decline. Ultimately the breakdown of the American family is at the root of nearly every other social problem and pathology.

Just a few decades ago, most children in America grew up in intact, two-parent families. Today, children who do so are a minority. Illegitimacy, divorce, and other lifestyle choices have radically altered the American family, and thus have altered the social landscape.

Karl Zinsmeister of the American Enterprise Institute has said, “There is a mountain of scientific evidence showing that when families disintegrate, children often end up with intellectual, physical and emotional scars that persist for life.” He continues, “We talk about the drug crisis, the education crisis, and the problem of teen pregnancy and juvenile crime. But all these ills trace back predominantly to one source: broken families.”

Broken homes and broken hearts are not only the reason for so many social problems. They are also the reason for the incumbent economic difficulties we face as a culture. The moral foundation of society erodes as children learn the savage values of the street rather than the civilized values

of culture. And government inevitably expands to intervene in family and social crises brought about by the breakdown of the family. Sociologist Daniel Yankelovich puts it this way:

*Americans suspect that the nation's economic difficulties are rooted not in technical economic forces (for example, exchange rates or capital formation) but in fundamental moral causes. There exists a deeply intuitive sense that the success of a market-based economy depends on a highly developed social morality—trustworthiness, honesty, concern for future generations, an ethic of service to others, a humane society that takes care of those in need, frugality instead of greed, high standards of quality and concern for community. These economically desirable social values, in turn, are seen as rooted in family values. Thus the link in public thinking between a healthy family and a robust economy, though indirect, is clear and firm.*

## **Illegitimacy is our most important social problem.**

One of the most significant factors contributing to the breakdown of the family has been the steady rise of unwed births. Since 1960, illegitimate births have increased more than 400 percent. In 1960, 5 percent of all births were out of wedlock. Thirty years later nearly 30 percent of all births were illegitimate. Among blacks two out of every three births are illegitimate.

To put this astonishing increase in illegitimate births in perspective, compare 1961 with 1991. Roughly the same number of babies were born in both years (about 4 million). But in 1991, five times as many of these babies were born out of wedlock.

Social commentator Charles Murray believes that **“illegitimacy is the single most important social problem of our time—more**

**important than crime, drugs, poverty, illiteracy, welfare or homelessness because it drives everything else.”** The public costs of illegitimacy are very high. “Children born out of wedlock tend to have high infant mortality, low birth weight (with attendant morbidities), and high probabilities of being poor, not completing school, and staying on welfare themselves. As a matter of public policy, if not of morality, it pays for society to approve of marriage as the best setting for children, and to discourage having children out of wedlock.”

In her famous article in *Atlantic Monthly* entitled “Dan Quayle Was Right,” Barbara Dafoe Whitehead warned Americans of the cost of ignoring the breakdown of the family:

*If we fail to come to terms with the relationship between family structure and declining child well-being, then it will be increasingly difficult to improve children’s life prospects, no matter how many new programs the federal government funds. Nor will we be able to make progress in bettering school performance or reducing crime or improving the quality of the nation’s future work force—all domestic problems closely connected to family breakup. Worse, we may contribute to the problem by pursuing policies that actually increase family instability and breakup.*

While speaking of Dan Quayle, it might be wise to remind ourselves of what the former Vice-President said that brought such a firestorm from his critics. While speaking to the Commonwealth Club in San Francisco, Vice President Quayle argued that “It doesn’t help matters when prime time TV has Murphy Brown—a character who supposedly epitomized today’s intelligent, highly paid, professional woman—mocking the importance of fathers by bearing a child alone, and calling it just another lifestyle choice.”

At the time, one would have thought the Vice-President had

uttered the greatest blasphemy of our time. Yes, he was using a fictional character to make a point. Yes, he was challenging the tolerant, politically-correct conventions of the time. But he was addressing an important issue neglected by so many.

Fortunately, a year later *Atlantic Monthly* magazine devoted the cover of its April 1993 issue to the story: "Dan Quayle Was Right. After decades of public dispute about so-called family diversity, the evidence from social-science research is coming in: The dissolution of two-parent families, though it may benefit the adults involved, is harmful to many children, and dramatically undermines our society."

The conclusion should not be startling, yet in a society that no longer operates from a Christian world and life view, it has nearly become front page news. For decades, the United States has engaged in a dangerous social experiment. Two parents are no longer seen as necessary. Stable, intact families are no longer seen as important. We are trying to reinvent the family and are finding out the devastating consequences of illegitimacy, divorce, and other lifestyle choices. As a society, we must return to the values of abstinence, chastity, fidelity, and commitment. Our desire to reject Christian family values has inevitably lead to the decline of Western civilization. It is time to find the road back to home.

## **The flood of teenage pregnancies is destroying our social fabric.**

One of the most significant factors contributing to the breakdown of the family has been the steady rise of unwed births. Since 1960, illegitimate births have increased more than 400 percent. In 1960, 5 percent of all births were out of wedlock. Thirty years later nearly 30 percent of all births were illegitimate. Among blacks two out of every three births are illegitimate.

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One of the driving forces of illegitimacy is births to unmarried teenagers. Every 64 seconds, a baby is born to a teenage mother, and every five minutes a baby is born to a teenager who already has a child. More than two thirds of these births are to teen girls who are not married.

Becoming a teenage parent significantly decreases the chance that the young mother will be able to complete high school, attend college, and successfully compete for a job. She is much more likely to rear the child in poverty than girls who do not become mothers as teenagers. "When teenagers have babies both mothers and children tend to have problems—health, social, psychological, and economic. Teens who have children out of wedlock are more likely to end up at the bottom of the socio-economic ladder."

If the increase in teenage pregnancy isn't disturbing enough, there are other disturbing trends. A growing number of adults are having sex with teens. This is more than just Joey Buttafuoco and Amy Fisher or Woody Allen and Soon-Yi Previn. Social statistics show that adult males are fathers of two thirds of the babies born to teenage girls.

In some ways, this is not a new phenomenon. In 1920, for example, 93 percent of babies born to teenagers were fathered by adults. But the difference is that pregnant teens no longer marry the father. Today, 65 percent of teenage moms are unmarried. Many of these kids are destined to spend a lifetime in a cycle of poverty and welfare dependency.

Why teenage girls become sexually involved with adult males is sometimes difficult to discern. A desire for a mature male and teenage insecurity are significant reasons. Teenage girls from broken homes or abusive homes often are easy prey for adult men, which may explain why adult men seek out teenager girls. In many cases, teen sex is not consensual. Girls under the age of 18 are victims of approximately half the rapes each year.

Stemming the tide of teen pregnancy, and reforming the current welfare system that often encourages it, are important action points. But doing so must take into account that adult males are a significant reason why teenage girls are becoming pregnant.

Whether we look at the increase in illegitimate births in general or teenage pregnancy in particular, we can see a disturbing trend. In essence, Americans have been conducting a social experiment for the last three decades. And the evidence clearly points to major problems when children are reared in families without two parents. Illegitimate births are part of the reason for the breakdown of the family; divorce is the other.

## **We must honor and promote sexual abstinence.**

Thus far we have been talking about the problems. Now it's time to propose a solution. There are two parts to this approach. First, we must teach sexual abstinence. A fundamental reason for the increase in unwed births is teenage sexual promiscuity. Reduce teenage sexuality and you will reduce illegitimacy. Fortunately, the abstinence message seems to be gaining in popularity and getting the media attention it deserves.

For example, the front page of the Sunday *New York Times* Style section featured the surprising headline: "Proud to Be a Virgin: Nowadays, You Can be Respected Even if You Don't Do

It.” And the March 1994 issue of *Mademoiselle* featured an article proclaiming “The New Chastity.” The article wondered if “saying no to sex might turn out to be the latest stage in the sexual revolution.” *Mademoiselle* found that views on sexuality seem to be changing. Virgins, for example, are no longer seen as individuals who are fearful or socially inept. In fact, abstinence is now being equated with strength of will and character. Those once labeled “carefree” are now considered “careless” in light of the AIDS and STDs.

One of the most visible campaign for abstinence has come from the “True Love Waits” campaign by the Southern Baptist Convention (SBC) begun in the spring of 1993. Students pledge: “Believing that true love waits, I make a commitment to God, myself, my family, those I date, my future mate, and my future children to be sexually pure until the day I enter a covenant marriage relationship.”

A grassroots movement to promote abstinence through a variety of programs has been spreading throughout the country. Crisis Pregnancy Centers provide speakers to address the issue of abstinence. Untold groups—with names like “Aim for Success” and “Best Friends” and “Athletes for Abstinence”—are spreading the positive message of abstinence to teens who need to hear an alternative to the safe sex message.

There are substantial personal benefits to abstinence. But the greatest benefit to society is a reduction in the illegitimate birth rate which drives nearly all of the social problems discussed in this book.

## **We must target teen pregnancy.**

Now we must address the second part of the problem; that is, we must target teen pregnancy. The problem with teenage sex is not simply that teens are having sex. In approximately half the cases, adults are having sex with teenagers. State laws governing statutory rape are often called a “fictitious

chastity belt" since law enforcement often ignore the laws.

The reasons for lax enforcement are varied, but they surely include the fallout from the sexual revolution and the children's rights movement. As a society, we have come to accept the notion that even young teenagers are engaging in consensual sex. While there may be some tawdry publicity when a high profile entertainer like Woody Allen or Kelsey Grammar is accused of sex with a teenager, generally the issue is ignored.

But the issue cannot be ignored. "Welfare reform, sex education and teen pregnancy prevention programs and welfare reform are doomed to failure when they ignore the prevalence of adult-teen sex." Education about the problem and enforcement of statutory rape laws would substantially reduce the number of unwed teens.

## **We must honor and promote strong marriages.**

Now I would like to propose additional solutions to the problem of family breakdown. First, we must teach marriage principles. Marriages are falling apart and other marriages never begin as sexual partners choose to live together rather than get married. Churches and Christian organizations must teach marriage principles so that marriages will last. Once built on commitment, today's marriages are a contract: as long as love shall last. Sound, biblical education is necessary to put marriages back on a firm foundation.

Fortunately, a growing number of effective organizations are providing that needed education. Family Life Ministry holds weekend Family Life Conferences through out the country and the world to packed audiences eager to learn more about how to build strong marriages and families. The Marriage Encounter program has been providing the same important teaching in church and retreat settings. And lots and lots of books,



tapes, videos, and other seminars are focusing needed attention on the principles that will build strong marriages and allow them to flourish.

## **We must honor and support fatherhood.**

Second, we must emphasize fatherhood. As more and more children grow up in single-parent homes (which are primarily female-headed homes), fathers appear irrelevant and superfluous. Not only are they seen as expendable; they are often seen as part of the problem.

Yet the consequences of fatherless homes is devastating. "More than 70 percent of all juveniles in state reform institutions come from fatherless homes." Children who grow up without fathers are more likely to be involved in criminal behavior because they lack a positive male role model in their lives. Fathers are not irrelevant. They may indeed spell the difference between success and failure for their children.

Often fatherless homes feed the cycle of illegitimacy itself. "Young white women who grow up without a father in the home are more than twice as likely to bear children out of wedlock. And boys living in a single-parent family are twice as likely to father a child out of wedlock as boys from intact homes."

Fortunately, there are many ministries encouraging men to stand with their families. Gatherings like the Promise Keepers conferences nationwide are highly visible symbols of a much greater movement of men (individual churches or parachurch organizations) who have dedicated themselves to running their families on biblical principles. Groups like Mad Dads (Men Against Destruction Defending Against Drugs and Social disorder) have been organized to encourage fathers in high crime urban areas. Especially critical are young urban (often black) youths who do not have strong male role models to emulate. One organizer said, "They saw pimps and hustlers and dope dealers and gang bangers and hypersexual individuals who

like to make babies but didn't assume the responsibility of taking care of them—so why should the kids? And so our first goal was just to mobilize strong, black fathers who were drug-free, who were willing to stand up and be role models, giving our kids another group of men they could look at.”

Building strong families must include building families with fathers. Fatherlessness is one of the primary causes of social disintegration. Parenting cannot be left to mothers and grandmothers. Fathers are essential.

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