

The Pagan Connection: Did Christianity Borrow from the Mystery Religions?

Dr. Pat Zukeran examines the myths from mystery religions which are sometimes argued to be the source of our Gospel accounts of Jesus. He finds that any such connection is extremely weak and does not detract from the reliability of the gospel message.

One of the popular ideas being promoted today especially on the internet is the idea that the miracle stories of Jesus were borrowed from ancient pagan myths. Timothy Freke and Peter Gandy write in their book *The Laughing Jesus*, "Each mystery religion taught its own version of the myth of the dying and resurrecting Godman, who was known by different names in different places. In Egypt, where the mysteries began, he was Osiris. In Greece he became Dionysus, in Asia Minor he is known as Attis, in Syria he is Adonis, in Persia he is Mithras, in Alexandria he is Serapis, to name a few." [\[1\]](#)

Proponents of this idea point out that there are several parallels between these pagan myths and the story of Jesus Christ. Parallels including a virgin birth, a divine Son of God, the god dying for mankind, resurrection from the dead, and others are cited. Skeptics allege that Christianity did not present any unique teaching, but borrowed the majority of its tenets from the mystery religions.



Indeed, some of the alleged parallels appear to be quite striking. One example is the god Mithras. This myth teaches that Mithras was born of a virgin in a cave, that he was a traveling teacher with twelve disciples, promised his disciples eternal life, and sacrificed himself for the world.

The god Dionysius miraculously turns water into wine. The Egyptian god Osiris is killed and then resurrects from the dead.

This position was taught in the nineteenth century by the History of Religions School, but by the mid-twentieth century this view was shown to be false and it was abandoned even by those who believed Christianity was purely a natural religion.^{2} Ron Nash wrote, "During a period of time running roughly from about 1890 to 1940, scholars often alleged that primitive Christianity had been heavily influenced by Platonism, Stoicism, the pagan religions, or other movements in the Hellenistic world. Largely as a result of a series of scholarly books and articles written in rebuttal, allegations of early Christianity's dependence on its Hellenistic environment began to appear much less frequently in the publications of Bible scholars and classical scholars. Today most Bible scholars regard the question as a dead issue."^{3}

Despite the fact that many of the arguments were rejected, this theory has once again emerged through the popular writings of skeptics.

What makes Christianity unique among the world religions is that it is a historical faith based on the historical person of Christ who lived a miraculous life. In what follows, we will examine Christianity to see if it teaches a unique Savior or if it is simply a copy of these pagan myths.

Fallacies of the Theory

There are several flaws with the theory that Christianity isn't unique. New Testament scholars Ed Komoszewski, James Sawyer, and Dan Wallace point out several fallacies. The first is the *composite* fallacy. Proponents of this view lump together pagan religions as if they are one religion when making comparisons to Christianity. An attempt is made to show

strong parallels by combining features from various religions.[{4}](#) However, when the individual myths themselves are studied, the reader soon finds major differences and very little commonality.

A second fallacy is a fallacy of *terminology*. Christian terms are used to describe pagan beliefs, and then it is concluded that there are parallel origins and meanings. Although the terms used are the same, however, there are big differences between Christian and pagan practices and definitions.[{5}](#)

A third fallacy is the *chronological* fallacy. Supporters of the theory incorrectly assume that Christianity borrowed many of its ideas from the mystery religions, but the evidence reveals it was actually the other way around. There is no archaeological evidence that mystery religions were in Palestine in the first century A.D. Jews and early Christians loathed syncretism with other religions. They were uncompromisingly monotheistic while Greeks were polytheistic. Christians also strongly defended the uniqueness of Christ (Acts 4:12). Although Christians encountered pagan religions, they opposed any adopting of foreign beliefs.[{6}](#) Ron Nash stated, "The uncompromising monotheism and the exclusiveness that the early church preached and practiced make the possibility of any pagan inroads . . . unlikely if not impossible."[{7}](#)

Fourth is the *intentional* fallacy. Christianity has a linear view of history. History is moving in a purposeful direction. There is a purpose for mankind's existence; history is moving in a direction to fulfill God's plan for the ages. The mystery religions have a cyclical view of history. History continues in a never ending cycle or repetition often linked with the vegetation cycle.[{8}](#)

Christianity gains its source from Judaism, not Greek mythology. Jesus, Paul, and the apostles appeal to the Old Testament, and you find direct teachings and fulfillments in

the New Testament. Teachings such as one God, blood atonement for sin, salvation by grace, sinfulness of mankind, bodily resurrection, are sourced in Judaism and foreign to Greek mythology. The idea of resurrection was not taught in any Greek mythological work prior to the late second century A.D. [{9}](#)

Legends of the Mystery Religions

As noted above, critics of Christianity point to several parallels between Christianity and the myths of the mystery religions. However, a brief study of the legends reveals that there are few if any parallels to the life of Jesus Christ. Historians acknowledge that there are several variations to many of these myths and that they also evolved and changed under the influence of Roman culture and, later, Christianity. Historical research indicates that it was not until the third century A.D. that Christianity and the mystery religions came into real contact with one another. [{10}](#) A brief overview of some of the most popular myths reveals the lack of resemblance with Christianity.

In the matter of death and resurrection, major differences are seen between Christianity and pagan myths. First, none of the resurrections in these myths involve the God of the universe dying a voluntary death for His creation. Only Jesus died for sins; the death of other gods was due to hunting accidents, emasculation, and other calamities. The gods in these stories die by compulsion, not by choice, sometimes in bitterness and despair, never in self-giving love. [{11}](#)

Second, Jesus died once for all (Heb. 7:27, 9:25-28), while pagan gods repeat the death and rebirth cycle yearly with the seasons.

Third, Jesus' death was not a defeat but a triumph. The New Testament's mood of victory and joy (1 Cor. 15:50-57 and Col.

2:13-15) stands in contrast to the mood of pagan myths which is dark and sorrowful over the fate of their gods.

Finally, Jesus' death was an actual event in history. Christianity insists on and defends the historical credibility of the Gospel accounts while the pagan cults make no such attempt.[\[12\]](#)

A popular myth that some believe parallels the resurrection of Christ is the story of Osiris. The cult of the gods Osiris and his wife Isis originated in Egypt. According to the legend, Osiris' wicked brother Set murdered him and sank his coffin to the bottom of the Nile. Isis recovered the coffin and returned it to Egypt. However, Set discovered the body, cut it into fourteen pieces, and threw the pieces into the Nile. Isis collected thirteen of the body parts and bandaged the body, making the first mummy. Osiris was transformed and became the ruler of the underworld, and exists in a state of semi-consciousness.

This legend hardly parallels the resurrection of Christ. Osiris is not resurrected from death to life. Instead he is changed into another form and lives in the underworld in a zombie state. Christ rose physically from the grave, conquering sin and death. The body that was on the cross was raised in glory.

Resurrection Parallels

Two other popular myths compared to Christianity are those of Mithras and Attis.

There is a belief that the story of Mithras contains a death and resurrection. However, there is no teaching in early Mithraism of neither his death nor his resurrection. Ron Nash stated, "Mithraism had no concept of the death and resurrection of its god and no place for any concept of rebirth – at least during its early stages. . . . Moreover,

Mithraism was basically a military cult. Therefore, one must be skeptical about suggestions that it appealed to nonmilitary people like the early Christians.”{13}

Moreover, Mithraism flowered after Christianity, not before, so Christianity could not have copied from it. The timing is incorrect to have influenced the development of first-century Christianity. It is most likely the reverse: Christianity influenced Mithraism. Edwin Yamauchi, one of the foremost scholars on ancient Persia and Mithraism states, “The earnest mithraea are dated to the early second century. There are a handful of inscriptions that date to the early second century, but the vast majority of texts are dated after A.D. 140. Most of what we have as evidence of Mithraism comes in the second, third, and fourth centuries AD. That’s basically what’s wrong with the theories about Mithraism influencing the beginnings of Christianity.”{14}

The legend of Attis was popular in the Hellenistic world. According to this legend, Cybele, also known as the mother goddess, fell in love with a young Phrygian shepherd named Attis. However, he was unfaithful to her so she caused him to go mad. In his insanity, he castrated himself and died. Cybele mourned greatly (which caused death to enter into the world). She preserved Attis’ dead body, allowing his hair to grow and little finger to move. In some versions, Attis returns to life in the form of an evergreen tree. However, there is no bodily resurrection to life. All versions teach that Attis remained dead. Any account of a resurrection of Attis does not appear till a hundred and fifty years after Christ.{15}

To sum up, the claim that Christianity adopted its resurrection account from the pagan mystery religions is false. There are very few parallels to the resurrection of Christ. The idea of a physical resurrection to glory is foreign to these religions, and the stories of dying a rising gods do not appear till well after Christianity.

Myths of a Virgin Birth

Let us now look-at the alleged parallels between virgin births in the mystery religions and the virgin birth of Christ. Parallels quickly break down when the facts are analyzed. In the pagan myths, the gods lust after women, take on human form, and enter into physical relationships. Also, the offspring that are produced are half human and half divine beings in contrast to Christ who is fully human and fully divine, the creator of the universe who existed from eternity past.

The alleged parallels to the virgin birth are found in the legends of Dionysus and Mithras. Dionysus is the god of wine. In this story, Zeus disguised as a man had relations with Semele and she became pregnant. In a jealous rage, Hera, Zeus' wife, attempted to burn Semele. Zeus rescued the fetus and sewed it into his thigh until the offspring, Dionysus, was born. The birth of Dionysus was the result of a sexual union of Zeus, in the form of a man, and Semele. This cannot be considered a virgin birth.

One of the popular cults of the later Roman Empire was the cult of Mithra which originated in Persia. Mithra was supposedly born when he emerged from a rock; he was carrying a knife and torch and wearing a Phrygian cap. He battled first with the sun and then with a primeval bull, thought to be the first act of creation. Mithra slew the bull, which then became the ground of life for the human race.[\[16\]](#) The birth of Mithra from a rock, born fully grown, hardly parallels the virgin birth of Christ.

New Testament scholar. Raymond Brown states that alleged virgin parallels "consistently involve a type of *hieros gamos* where a divine male, in human or other form, impregnates a woman, either through normal sexual intercourse or through some substitute form of penetration. They are not really similar to non-sexual virginal conception that is at the core

of the infancy narratives, a conception where there is no male deity or element to impregnate Mary.”[\[17\]](#)

The Gospel of Luke teaches that the Holy Spirit came upon Mary, and through the power of the Most High she became pregnant. Mary had no physical relationship with a man or a deity who became a man.

Our study of the mystery religions reveals very few parallels with Christianity. For this reason, the theory that Christianity copied its major tenets from the mystery religions should be rejected.

Notes

1. Timothy Freke and Peter Gandy, *The Laughing Jesus* (New York: Three Rivers Press, 2005), 55-56.
2. Ed Komoszewski, James Sawyer, and Daniel Wallace, *Reinventing Jesus* (Grand Rapids: Kregel Publications: 2006), 221.
3. Lee Strobel, *The Case for the Real Jesus* (Grand Rapids: Zondervan Publishing, 2007), 167.
4. Komoszewski, Sawyer, and Wallace, *Reinventing Jesus*, 223-4.
5. Ibid., 224-6.
6. Ibid., 231-234.
7. Ronald Nash, *The Gospel and the Greeks* (Dallas: Word Books, 1992), 168.
8. Komoszewski, Sawyer, and Wallace, 221.
9. Gary Habermas, *The Historical Jesus* (Joplin, MO.: College Press Publishing, 1997), 34.
10. Nash, *The Gospel and the Greeks*, 129.
11. Norman Anderson, *Christianity and World Religions* (Downers Grove, IL :InterVarsity Press, 1984),53.
12. Nash, *The Gospel and the Greeks*, 171-172.
13. Ibid., 144.
14. Strobel, *The Case for the Real Jesus*, 169.
15. Ibid., 177.

16. Nash, *The Gospel and the Greeks*, 144.

17. Strobel, *The Case for the Real Jesus*, 182.

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The World of Animism – A Biblical Worldview Perspective

The belief in spirits and their effect on our world appears in just about every culture. Christianity should replace this anti-Christian worldview, but instead many Christians just incorporate it into their own belief system. Dr. Pat Zukeran contrasts these two belief systems.

Worldview of Animism

From Genesis to the present, the biblical worldview has clashed with the worldview of animism. Animism (or folk religion) is a religion that sees a spirit or spiritual force behind every event, and many objects of the physical world carry some spiritual significance.

In most parts of the world, animism blends in with formal religions. Among followers of the major religions lie many animistic beliefs and practices. Animistic beliefs actually dominate the world. Most Taiwanese believe in the Chinese folk religions. Most Hindus and Muslims in Central and Southeast Asia, and most Buddhists in China and Japan combine their religion with various animistic beliefs and practices. In many parts of the world, Christianity has not displaced the local folk religion but coexists beside it in an uneasy tension.

The animistic worldview contains both the observed or physical world and the unseen or spirit world. There is no sharp distinction between the two realities; what happens in one affects the other. The seen or physical world consists of what we can see, feel, and experience. It includes forces of nature and physical beings. In the seen world the earth plays a prominent role because it is viewed as a living entity and is often worshiped as Mother Earth. Nature is believed to be alive. Hills, caves, mountains, and lakes are often revered as sacred places. Animals may be embodiments of spirits. Many are worshiped as sacred, such as the cow and monkey in India.

Plants can also contain spirits and some are worshiped. Forests are seen as places where the spirits dwell. Trees like oaks, cedars, and ash are worshiped in Europe. In many parts of the world, there exist numerous subhuman beings that are supposed to live in lakes, forests, and caves. For example, in Europe they include mythical beings like trolls, gnomes, and fairies.

The unseen world of animism begins with the understanding of "mana," or the life force that permeates the entire universe. This power is impersonal and not worshiped. This sacred power concentrates more heavily in the deities, sacred people, places, or objects. This mana rules over all creation and is not controlled by the gods or man.

Also part of the unseen world is the Supreme God. Following him are a host of lesser gods who dwell in particular regions. Following the gods are the spirits, who often dwell in nature and are confined to a specific area. Then there are the spirits of the ancestors who continue to play a role with the living.

There also exist unseen forces that include supernatural powers like fate, cosmic moral order, the evil eye, magic, and witchcraft. There are also impersonal energy forces in objects that give the objects power. These objects are believed to

give a person power to do good or evil.

In the Bible, God transforms the animistic views of Israel into a biblical view. He teaches them that the other gods are not gods at all (Isaiah 43:10). He condemns the use of magic, witchcraft, and divination. He shows that suffering is not the result of the spirits or the gods but His sovereign act of bringing people back to Himself.

Themes in Animism

Do you ever wonder why some Christians worship their ancestors? It derives from the first of several themes within the ancient religion of animism. The first of the themes is a community-centered life. The ancestors, the living, and the unborn are the center of existence. The clan life is the most important entity because an individual has meaning only in the context of a community.

The second theme is the role of the spirit world. Humans live in a world surrounded by supernatural beings and forces, most of which are hostile to humans. The worlds of the seen and the unseen are interconnected. For this reason, people spend their time seeking to appease the gods, the spirits, and the ancestors with offerings or bribes. Extreme care is taken to maintain the harmony between the two worlds. Since all created things are connected, a simple act like eating a fruit from the wrong tree may bring disaster.

Third is the focus on the present. The primary concern is with the here and now. People seek to deal with success and failure, power and knowledge needed to control life.

Fourth is the focus on power. People view themselves as constantly struggling against spirits, other humans, and supernatural forces. Everything that happens can be explained by powers at war. The goal is to attain power to control the forces around them.

Fifth is pragmatism. Animists are not interested in academic understanding of spiritual and scientific truth but in securing good, meaningful life and protection from evil. The test of a folk religion is, "does it work?" To achieve their goals, most people will turn to several methods that may be contradictory in hopes that one will work. I was once speaking to a Chinese woman who was suffering from lung cancer. Although she attended church and prayed to the Lord for healing, she also visited the Chinese Buddhist temple seeking prayers for healing from the priests. For those in animistic cultures, in times of need people will beseech aid from various religions or gods to find a method that works.

Sixth is transformation and transportation. Things may not be what they appear to be. Spirits can take the form of animals or plants. Shamans in a trance believe they can travel to distant places and bring harm to an enemy. They also believe they can travel to the spirit world, find information, or retrieve lost souls.

Seventh, animism takes a holistic view of life. The obsession with invoking good luck and avoiding bad luck involves every aspect of life—from what you eat, to where you place furniture (such the current feng shui fad), to how you sleep. In Al Hambra, Los Angeles where there is a large population of Chinese, houses with the number "4" in the address do not sell. The number four, pronounced "shee" in Chinese, is the first letter in the word for death, so the number is considered very unlucky. [\[1\]](#)

Eighth is particularism. People are tied to their land. Each community has its own set of gods and spirits. The gods gave the people their land, and that is where the ancestors reside. In battles, victories and defeats are attributed to the power of the territorial gods.

Finally, fear plays a major role. In a world full of spirits, omens, and spells, life is rarely secure. Many see the world

as a hostile and dangerous place filled with spirits and forces antagonistic to people. Seemingly mundane activities such as moving the wrong rock can bring potential disaster. People turn to their ancestors, gods and spirits for protection.

The focus of the Christian life, in contrast, is the relationship believers have with God. God's relationship with mankind is based on grace and love. Since God is gracious, He does not need to be constantly appeased by believers. His laws are clearly revealed to us in the Bible. When we disobey, we may suffer the consequences of our sin or experience His discipline, which is always motivated by His love and intended to bring us to a right relationship with Him. In times of difficulty, we do not fear His wrath but He invites us to draw even closer to Him. 1 John 4:16-18 says, "God is love. Whoever lives in love lives in God and God in him. In this way, love is made complete among us so that we will have confidence on the day of judgment because in this world we are like Him. There is no fear in love. But perfect love drives out fear" Although believers encounter tragedy and suffering, we do not live in fear but in faith, trusting in the character of God.

Gods in Animism

It may surprise you that most animistic religions teach that there exists one Supreme Being. He is often described as omniscient, eternal, beneficent, omnipotent and righteous. He is the creator, the moral lawgiver, punishes those who do evil, and blesses those who do good.

However, this being has distanced himself from man and cannot be known personally. Legends abound that he was once near but was angered with man and removed himself. He left men to their own devices and used lesser gods and spirits to do His will and serve as His ambassadors.

Therefore, most of the worship goes to the lesser gods and spirits who are in direct contact with humans. Anthropologist Wilhelm Schmidt studied numerous cultures and concluded that man's first religion was monotheism, which then corrupted into polytheism.[{2}](#) This would concur with Paul's timeline of man's rejection of God that he lays out in Romans 1.

An example comes from the folk religion of China. Long before Confucianism, Taoism, or Buddhism, the Chinese worshiped Shang Ti, the Lord of heaven. He alone was worshiped until the Zhou dynasty, which began in 1000 B.C. From then on, only the emperor was allowed to pay homage to Shang Ti, and the knowledge of Shang Ti among the common people was lost. The worship-starved Chinese eventually embraced the religions of Confucianism, Taoism, and Buddhism that provided spiritual knowledge and worship.[{3}](#) Numerous stories like these abound throughout the world. In Korea, the supreme God is called Hananim. The Gedeo people of Ethiopia call Him Magano. Missionaries use this belief of a high God to point people to the God of the Bible.

Following the Supreme God is a host of lesser gods. These beings mediate between man and the Supreme Being, but must first be paid homage. Gods possess specific powers and are localized to a geographical area. The gods inhabit places such as rivers, mountains, forests, oceans, etc. Some gods exercise power over human affairs (business, marriage, death, etc.) other gods exercise powers over nature (storms, rain, etc.) Among the Hawaiians, Lono is the god of the oceans and controls the clouds and storms. Pele, the fire goddess, dwells in the volcanoes. Many still honor these gods in Hawaii today.

The biblical worldview teaches that a personal, omniscient, omnipotent, and omnipresent God governs the universe (Colossians 1:16-17). He alone rules creation and there are no other gods besides him (Isaiah 43:10). The God of the Bible is not distant from man, but mankind has distanced ourselves from God. God remains involved in the affairs of this world,

constantly pursuing men and women to receive His gift of grace and forgiveness through Jesus Christ.

Spirits and Ancestors

Do you ever wonder if there are spirits in forests or other dark places? Can the dead communicate with the living? Animism holds to a belief that numerous spirits exercise their power over places where they dwell, such as mountains, streams, and rivers. Spirits have never inhabited human bodies, and since they can be either good or evil they must constantly be appeased. For example, the South Sea islanders ask forgiveness of the trees they cut down for canoes so that the spirits of the trees will not harm them.[\[4\]](#)

There also exist legendary half-divine beings. Some are humans who became gods. Some gods are thought to have become human. For example, the pharaoh of Egypt and the emperor of Japan were believed to be descendants of the sun god. Many teach these beings had supernatural birth and did not die, but vanished into the sky. Many are believed to have taught humans valuable skills like making fire, canoes, houses, planting fruits, etc.

Important in animism is the remembrance of the ancestors. Animism teaches that people possess immortal souls. At death the soul is free to wander near the grave, travel the earth, or enter the world of the spirits. The spirits of the ancestors participate in the daily lives of family members. Neglecting to honor them has severe consequences. Souls of the departed who did not live fulfilled lives or died tragic deaths become ghosts. Ghosts search for bodies to inhabit and often bring harm.

At death, one enters the realm of the ancestors who maintain a relationship with the family. Ancestors remain deeply interested in the family they began. They care for, protect, and punish those who seek to do harm.

Ancestors are revered for several reasons. First, as the founders of the family, they remain interested in the care of the family. Second, they have answered the question of what follows death, so they can help the living through dreams, necromancers, and visions. Third, some have accomplished great achievements, which must be celebrated. Fourth, animists believe they protect the family. Fifth, they function as mediators between God and the family.

One's happiness in the afterlife depends on the care given by one's descendants. Anyone banished from a family or tribe in essence becomes extinct with no one to remember or care for them.

As Christians, we agree with the animists that there is an immaterial soul that exists beyond the grave. We also place the family as a high priority. One of the Ten Commandments is for children to honor their father and mother. However, no departed souls remain on earth. According to Hebrews 9:27 upon death, one is immediately in heaven or hell. Secondly, the dead do not have contact with the living. In Luke 16, the rich man who was suffering in hell sought a way to communicate with his living family to warn them of their fate. However, he was not able to communicate in any way nor could the living communicate with him. Christians celebrate and honor the memory of our loved ones, but we do not worship them nor seek to appease their spirits. We wait with joy and anticipation in knowing we will be united again in the kingdom of our Lord Jesus Christ.

Basic Practices in Animism

In animism there are numerous taboos or prohibitions. Prohibitions are made to preserve the harmony between the spiritual world and physical world. Places or people where the life force is concentrated are protected. Myriads of taboos exist and violation of them can result in cursing of a community and must be atoned for by sacrifices.

Second, there are sacred places. Sacred places of worship exist to commune with the spiritual world. These are places where sacred power is concentrated. In Haiti there is a sacred tree where a pact with the devil was signed over 200 years ago by the animistic witch doctors. These witch doctors were most displeased when Christian pastors recently prayed over the tree and successfully commanded the spirits to leave it.

Third, there are sacred things. A whole host of objects possess power and are potentially dangerous. Stones are often believed to possess sacred power. This is one reason you can easily find crystal jewelry and other semi-precious stones for sale in catalogs and stores. Certain plants and insects are believed to be sacred and taboo. Carved images are believed to possess the spirit of divinities.

Fourth, there are sacred actions. Worship includes sacrifices of animals or plants to the deities. The priests or shamans perform the sacred rites. Omens play an essential role; this is the origin of saying "God bless you" after someone sneezes, to protect the spirits from jumping into the suddenly vulnerable person. Signs in the heavens and certain reptiles or animals encountered in a day (such as a black cat crossing one's path portending bad luck) may predict one's future.

Fifth, there are sacred words. There are many oaths, curses, and blessings. The spells of both white and black witchcraft are sacred words. Words are charged with sacred power if uttered by a priest. Such words possess the sacred power, mana.

Sixth, there are sacred persons. Witches use their powers for good and evil. They can use their powers to protect communities from enemies. They can use their power to communicate with the gods and spirits. In most societies, witchcraft and sorcery are most feared. Witches are believed to travel great distances in short periods, kill at a distance, and master demons. Witches have supernatural powers

to inflict harm on others. They can cast spells on others. They can inject foreign bodies into a victim, causing illness. Witches have the ability to communicate with dead spirits. Many societies believe they can transform themselves into animals.

Then there is the shaman or the medicine man. He can cure sicknesses. He directs sacrificial rites and escorts souls to the other world. At times he can leave his body and observe events from a distance. He is born into the family or earns the job by passing tests and rituals. There is also the sacred king. Then there are sub-humans such as trolls and water spirits. Finally there are "little people," such as leprechauns.

Seventh, there are sacred rituals that must be performed regularly. The head of the family performs some; others require the expertise of the priests.

Eighth, there is the practice of magic and divination. The art of casting spells and communicating with the spirit world are reserved for the priests.

The Christian must be aware when his practices are influenced by animism. Often many feel that saying "amen" or wearing a cross brings protection. Others use sacred stones or believe performing a ritual will bring them fortune. A Christian has direct access to God through Christ and does not need to rely on another person of a sacred office. Also, Christians have all we need in Christ and do not need powers from the spiritual realm. Christ has given us all we need to overcome.

Overcoming Animism

As our study has revealed, fear is the overriding disposition among those in animistic religions. There are several reasons for this. First, one is never really sure if a taboo has been broken and the gods, the spirits, or the ancestors have been

angered. Should one of these beings become angered, they may inflict horrific punishments. In Hawaii, there are several frightening stories about the night marchers, the spirits of ancient warriors who march along a sacred path each night. It is believed that some people have been killed because they were in the path of the night marchers.

A second reason for the prevalence of fear is that animism includes some of the most feared practices known to man. Sorcery, magic and voodoo are some of the ancient arts that strike terror in the hearts of people. It is a frightening thing to know that a priest or witch has placed a curse upon you.

Throughout the Bible and even today, believers continually encounter animistic practices and thinking. In times of crisis, many young Christians will pray to God, but also seek help from their animistic religion.

Among Christians, animistic beliefs will be displaced only when Christians transform their minds with God's word and free themselves from the life of fear in animism. Transformation takes place when Christians understand the Bible explains the true nature of the universe. First, in contrast to the many temperamental gods in animism, the Bible teaches that there is only one God. Isaiah 43:10 states, "'You are my witnesses,' declares the Lord, 'and my servant whom I have chosen, so that you may know and believe me and understand that I am he. Before me no god was formed, nor will there be one after me.'" There is no pantheon of gods—only the one true God, and all others are false gods.

Second, in the Bible God forbids the animistic practices of witchcraft, necromancy, magic, and worship of foreign spirits. Deuteronomy 18:10 commands, "Let no one be found among you who sacrifices his son or daughter in the fire, who practices divination, sorcery, interprets omens, engages in witchcraft, or casts spells, or who consults the dead." Those who practice

these arts are entertaining spirits who are opposed to God and seek the destruction of all people.

Third, Christians do not need to live in fear of hostile spirit beings and spells. Christ, who loves His people, has triumphed over all. Colossians 2:15 says that He “disarmed the powers and authorities, [making] a public spectacle of them, triumphing over them by the cross.”

Christ has brought into submission all authorities under His rule. Not only that, nothing enters into our life until it first filters through His loving hand. God’s hand of protection shelters His people. David wrote in the Psalms, “He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, ‘He is my refuge and my fortress, my God whom I trust’” (Ps. 91:1). When tragedy strikes, Christians understand that its purpose is not to punish believers, but to teach us new things about God and ourselves, refining our character to make us more like Him. Christians can be freed from a life of fear and find joy in a life of faith in Christ.

Notes

1. Paul Hiebert, Daniel Shaw, and Tite Tienou, *Understanding Folk Religion*, (Grand Rapids, MI.: Baker Book House, 1999), 157.
2. Norman Anderson. *The World’s Religion*. (Grand Rapids, MI: Eerdmans Publishing, 1991), 38.
3. Don Richardson, *Eternity in their Hearts*. (Ventura, CA.: Regal Press, 1984), 62-70.
4. Hiebert, 55-56.

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Did Christianity Borrow From Pagan Religions? – Early Christianity and Other Religions

The Da Vinci Code and related contemporary non-fiction books make the claim that Christianity was a hodge podge of beliefs taken from other pagan religious traditions. Morais and Gleghorn take a long hard look at this claim and determine that it has very little basis in fact. They demonstrate that the theory that early Christianity was borrowed from other religions does not stand up to rigorous examination.

The Da Vinci Code Deception

In Dan Brown's bestselling novel, *The Da Vinci Code*, Leigh Teabing, the fictional royal historian, makes the following

claim: “Nothing in Christianity is original. The pre-Christian god Mithras—called the Son of God and the Light of the World—was born on December 25, died, was buried in a rock tomb, and then resurrected in three days.”[{1}](#) Is there any truth to all this?[{2}](#)

The Da Vinci Code claims that Christianity is not rooted in a unique, historical Jesus who claimed to be the Son of God, was born of a virgin, died, and was resurrected in three days. Instead, it says that early Christians borrowed these ideas from pagan mystery cults like Mithraism, and attributed these characteristics to the historical Jesus who never really said or did any of these things. Did Christianity borrow its history and theology from Mithraism or any other mystery religion?

From about 1890-1940, critical Bible scholars suggested that early Christianity may have borrowed some of its ideas from pagan mystery religions. However, after a barrage of criticism this theory has been largely abandoned in the field of religious studies. Despite its current lack of acceptance by experts, however, this theory continues to be set forth in popular books like *The Da Vinci Code* and other publications.[{3}](#)

What is Mithraism, and what are the mystery cults? The mystery religions were called such because of their use of secret ceremonies and beliefs that were thought to bring their participants salvation.[{4}](#) Ceremonies were usually held in secluded places, at night, away from the public eye.[{5}](#) Different parts of the Mediterranean spawned their own mystery religions. Greece had the cults of Dionysus and Demeter as well as the Orphic mystery cults. Out of Phrygia in Asia Minor came the Cybele and Attis cults. The cult of Isis and Osiris arose in Egypt. Syria and Palestine had the cult of Adonis, while Mithraism originated in Persia, or modern day Iran.[{6}](#)

Dr. Ronald Nash wrote, “One frequently encounters scholars who

first use Christian terminology to describe pagan beliefs and practices and then marvel at the awesome parallels they think they have discovered.”[\[7\]](#) However, the theory that Christianity borrowed its beliefs from paganism has now been discarded in large part because it seems likely that if any borrowing of beliefs occurred it would almost certainly have been the other way around. One could be a participant in the mystery cults of Isis or Mithras without giving up his or her previous beliefs, but not so with Christianity. With its roots in Judaism, Christianity, even in its earliest form, was an extremely exclusivist religion with deep disregard for all that was pagan.[\[8\]](#)

The Myth of Mithras

Mithraism was probably the most significant of the mystery religions. Mithras was the twin brother of the Zoroastrian god Ahura Mazda. Mithras was born when he emerged from a rock. He battled with the sun and then with the primeval bull. When Mithras slew the bull, this became the first act of creation as it created the ground of life for humanity. Like Zoroastrianism, Mithraism believed that the world was a battleground between good and evil and mankind must pick sides. Mithras was the mediator who would assist humans in their struggles with darkness. If man passed his tests, he would eventually be reunited with the good god, but if he failed he would be thrown into a realm of eternal punishment. The Romans associated good and evil with light and darkness, and because of this fact, Mithras became known as the Sun God—not the Son of God.[\[9\]](#)

The Mithraic religion was constantly changing and adapting itself to the culture. This being the case, the most likely explanation for the myths about Mithras’ miraculous birth and his becoming a “savior god” were in all likelihood borrowed from Christianity.[\[10\]](#) Though the cult started long before Christianity in Iran, there’s no evidence of its presence in

the Roman Empire during the first century when the original New Testament documents were being written. So this pagan cult could not have influenced the original New Testament manuscripts. But could later copies of the New Testament have been tainted with Mithraism?

Our oldest intact fragments of the New Testament are virtually identical with the Bible we have today and it seems clear that though we don't possess any of the original writings, what we do have are quite accurate representations of the originals. Sir Frederick Kenyon wrote, "The interval, then, between the dates of original composition and the earliest extant evidence becomes so small as to be in fact negligible, and the last foundation for any doubt that the Scriptures have come down to us substantially as they were written now has been removed."[{11}](#)

In conclusion, Mithras was the Sun God, not the Son of God, and given the exclusivist nature of Christianity and the fact that Mithraism and Christianity did not overlap during the first century, any similarities between the two religions were most likely due to a later Christian influence on Mithraism and not the other way around.

The Da Vinci Code Dissected

In the novel *The Da Vinci Code*, the Holy Grail expert, Leigh Teabing, claims that the pre-Christian god Mithras was also called the Son of God and the Light of the World. He then goes on to say that Mithras also died, was buried in a rock tomb, and rose again in three days. Brown also claims a parallel with Krishna mythology, according to which the newborn Krishna was, like Jesus, also given gifts of gold, frankincense, and myrrh.[{12}](#) Is there any truth to these pagan/Christian parallels?

As noted earlier, the Romans came to understand the pagan god

Mithras as the Sun God (not the Son of God).[{13}](#) If Mithras was understood to be the Sun God, it wouldn't be a wild idea to call him "The Light of the World." However, that specific title does not appear to have been given him in the ancient Roman world.[{14}](#) Also, experts in the Mithraic religion like Franz Cumont and Richard Gordon both assert that there was no death, burial, or resurrection of Mithras.[{15}](#) Dan Brown's source for this misinformation about Mithras being called the "Light of the World" and the "Son of God," as well as his alleged death and resurrection, has eluded many of his critics. It's not certain where he got this information, though it's possible that his source may have been a discredited nineteenth-century historian who also provided no documentation or support for these claims.[{16}](#)

It seems that Dan Brown may have also used this same historian for his allegation that at Krishna's birth, he was presented with gold, frankincense, and myrrh. There is no story in Krishna mythology to support this claim.[{17}](#) The Bhagavad-Gita does not mention Krishna's childhood, and the other sources that do were written hundreds of years after the Christian Bible.

Even if all these Mithras/Christ similarities were true, since these two religions hadn't yet overlapped in Rome during the time when the New Testament was being written, Mithraism couldn't have influenced Christian theology. One Mithras expert asserts that "no Mithraic monument can be dated earlier than the end of the first century A.D., and even the more extensive investigation at Pompeii, buried beneath the ashes of Vesuvius in A.D. 79, have not so far produced a single image of the god."[{18}](#)

Most critical Bible scholars no longer believe that Christianity borrowed its core beliefs from the pagan mystery religions like Mithraism. Due to the lack of good evidence this theory has been largely abandoned.[{19}](#)

Sunday or Son Day

Early Christianity and the Bible have been relentlessly attacked on many different levels in the fast-paced thriller *The Da Vinci Code*. In the novel, Langdon claims that “Christianity’s weekly holy day was stolen from the pagans. Christianity honored the Jewish Sabbath of Saturday, but Constantine shifted it to coincide with the pagan’s veneration day of the sun.”[{20}](#)

More than two hundred years before Constantine, some of the earliest Christian writings, which later became part of the New Testament, made it clear that there was a Sabbath on Saturday and a separate “Lord’s Day” on Sunday. The reason Christians had a separate “Lord’s Day” in addition to the Sabbath was because early Christians wanted to celebrate on Sunday, the day that Jesus had risen from the dead.[{21}](#)

There are many references in the New Testament, written hundreds of years before Constantine, that illustrate the difference between Sunday and the Sabbath day. Shortly after Christ’s death, in Acts 20:7 Luke writes about “the first day of the week, when we were gathered together to break bread, . . .” This quote from Luke makes it clear that Christians during the first century were already worshiping together on the first day of the week which was Sunday. The apostle Paul refers to making a collection for an offering on Sunday in 1 Corinthians 16:2. And the last book in the Bible, the Book of Revelation, makes reference to Sunday being called the “Lord’s Day” in order to distinguish it from the Sabbath (Rev. 1:10).

There are also early Christian writings outside the New Testament that confirm that Christians celebrated the “Lord’s Day” on Sunday. The church father Justin Martyr wrote, “And on the day called Sunday there is a gathering together to one place of all those who live in cities or in the country, and the memoirs of the apostles or the writings of the prophets are read, as long as time permits.”[{22}](#) Justin Martyr lived

during the second century, and had died long before Constantine was born.

The Sabbath has always been Saturday. That has never changed. But Christians usually attend church services on Sunday because that's the day of Christ's resurrection. In other words, Christians didn't "move" the Sabbath to Sunday. They simply chose to gather for corporate worship on Sunday.

Finally, with regard to the claim that Sunday was tied to the worship of a pagan god, it's important to note that *all* the days of the week—whether Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, or Sunday—were tied to the worship of one pagan god or another.[{23}](#)

Christmithras

Previously we mentioned that the pagan god Mithras was not called the "Son of God" or the "Light of the World". He also never died and rose again in three days. But was he born on December 25? According to the myth of Mithras, his birthday was in fact celebrated on December 25. According to this myth, Mithras sprang up full-grown from a rock, carrying a knife and a torch. Shepherds watched his miraculous birth and greeted him with their first fruits, their flocks and their harvests. The cult of Mithras spread throughout the Roman Empire during the second century. In A.D. 274, the Roman emperor Aurelian declared December 25 the Birthday of Sol Invictus (the Unconquerable Sun).[{24}](#)

The Bible never indicates when Jesus was born, and no one today knows with certainty the day of his birth. Since the most likely time for taxation was in the fall or spring, some biblical scholars have suggested that he may have been born then rather than in the winter.[{25}](#) Prior to the fourth century, the Eastern Church celebrated Epiphany (which included the birth of Christ) in January. In the fourth

century, the Church in Rome also began celebrating Christ's birth, and the practice quickly spread throughout Christendom. Eventually, December 25 "became the officially recognized date for Christmas."[{26}](#)

But why did the church choose to celebrate Christ's birth on the same day as the pagan Feast of the Unconquerable Sun? One scholar explains it this way:

When Christianity became the religion of the Empire, the church either had to suppress the festivals or transform them. The winter solstice seemed an appropriate time to celebrate Christ's birth. Thus, the festival of the sun became a festival of the Son, the Light of the world.[{27}](#)

The theory that Christianity borrowed its beliefs from paganism has now been largely discredited. If any borrowing of beliefs occurred it was almost certainly the other way around. Unlike Christianity, which claims to be the sole source of truth, one could be a participant in many of the mystery cults without giving up his or her previous beliefs. Even if all the Mithras/Christ similarities were true, nevertheless, since the two religions hadn't overlapped in Rome during the time when the New Testament was being written, Mithraism could not have influenced Christianity's primary sources. The Bible has withstood the test of time and still today stands strong in the face of continued critical scholarship.

Notes