

“Help—My Daughter Just Attempted Suicide”

My 19-year-old daughter has been hospitalized because she has tried to commit suicide. This has not only created a moment of crisis with in our immediate family but a very big puzzling question. Why would a person who professes to believe in Christ attempt to commit suicide? What should I say to her? How can I tell her that Christ is bigger than any of her problems may be?

Please know that I will be praying for your daughter and your family in this difficult time.

Teenagers are universally having a difficult time sorting out their lives in this new millennium. There are so many competing pressures and influences that they easily get overwhelmed. While suicide is indeed a drastic measure, it is more common today among our youth than ever before.

If your daughter is a believer, as you suggest, she might be wondering where is God in her life and circumstances. She may have a false expectation that knowing God should make everything better. While Proverbs makes clear that we are better off living with wisdom and insight, there are no guarantees against trouble. In fact Jesus warned that we would have tribulation in our lives. We can often see the ungodly and wicked succeeding in life and wonder why we should bother doing things right. Asaph wondered the same thing in Psalm 73. Check out my article on [Where Was God on 9/11?](#) for an exposition of this important Psalm.

She may also rationalize that heaven will be a far better place than earth and why not get there sooner if her life seems impossible for whatever reason. This logic is hard to refute especially since we believe in the eternal security of

the believer. Suicide does not forfeit your place in heaven if you are a true child of the King.

If she is not truly a believer then she needs the hope only He can bring. Images of the Good Shepherd from Psalm 23 and John 10 (especially verses 9, 11, 14, 15, 27, 28, and 29) can be very helpful to someone struggling to make their way in this messy world. The entire Gospel of John may be a good project for the two of you to read together.

So what do you say? First, you assure her of your love and commitment to her no matter what she has done. As her father, you carry the major load in communicating your love and acceptance of her no matter her failures or perceived inadequacies. You must depend on the Lord to allow you to see her through Jesus' eyes.

Second, she needs to understand that God is sovereign and has planned out her life. In our relationship with Him we need to seek His wisdom and guidance not our own. Things may look bad now but she can't see her life ahead as the Lord does. There is a reason for everything even when it doesn't make sense to us. She may not be ready to trust God with her life yet but she needs to know you trust God with her life.

Third, there is undoubtedly some deep seated need or hurt in her life that causes her to disrespect herself so much. She will likely need counseling to uncover this. But she will need your support through the entire process. You may need to face a failure on your own part in her life that you are unaware of. You have to be willing to face whatever it takes to bring her back to wholeness. For awhile you will need to supply the courage she needs to face every day. You can't do this in your own strength. Remember Isaiah 40:31:

But those who hope in (or wait upon) the LORD
will renew their strength.
They will soar on wings like eagles;

they will run and not grow weary
they will walk and not be faint.

Take courage, for your Savior has overcome the world and there is nothing impossible to Him.

Respectfully,

Dr. Ray Bohlin

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“My Son Curses”

I have a 17 year old son who is a Christian. I am having some trouble with him using curse words. He says it is not wrong as long as he does not use God's name in vain. I have told him he is not being a good witness and the Bible says to speak in ways to encourage and build people up. I told him is not suppose to be conformed to this world, but be transformed by the renewing of his mind. And his mind can't be renewed with words coming out like curse words. He says he is not cursing at anyone but that it helps him to express his feelings. I told him he is supposed to be in control of himself including his tongue. He says he is in control and is able to not curse when he chooses not to. What can I say to him and back up with scripture to show him that it is wrong as a Christian to curse?

Dear friend,

Ephesians 4:29 says, Let no unwholesome word proceed from your

mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.

Other versions translate unwholesome as foul, dirty, corrupt, abusive, and rotten. Notice none of them have anything to do with taking Gods name in vain.

Its interesting when you look up the meaning of the Greek word translated unwholesome

- 1) rotten, putrefied
- 2) corrupted and no longer fit for use, worn out
- 3) of poor quality, bad, unfit for use, worthless

These all describe cursing, which has been rightfully called words used by angry people with stunted vocabularies.

You can offer all this to your son, but I think that as a parent, your power comes from providing him with the motivation to control his tongue like he says he can (and you KNOW he can!)like losing privileges when he loses control. You are the gatekeeper of the perks and privileges of living in your home, and you can encourage him to develop his self-control and character by choosing not to curse. Of course, the way to change is to displace the unwanted behavior with a new one, so be prepared to provide him with alternative words and phrases. You might even give him the assignment of Googling the phrase alternatives to cursing (after you do it first, so you know what hell encounter).

Hope this helps!

Sue Bohlin
Probe Ministries

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“I Need Help Figuring Out the Meaning of MY Life”

Jerry Solomon,

I read your essay entitled, “[What’s the Meaning of Life?](#)” and was encouraged. I see that you wrote the piece over five years ago; but of course the content is ageless.

If you have a few minutes, I’d like to share my story with you and perhaps solicit some advice from you.

I’m 43. I became a believer when I was 8. I’ve walked closely with Jesus for most of those years. I have a wife of 22 years and three fantastic teenage children. Vocationally, I’ve been [details edited out]. In addition to many other blessings, God has blessed us financially—so much so that the financial need to work has diminished, leaving me time (and emptiness) to consider “meaning” questions.

I ask God, “What’s next?” but I don’t seem to be getting through at least I don’t understand His answer(s). Most men (including my believing dad) are very uncomfortable talking to me about “meaning” questions. I sense that it’s scary for them to face such crucial issues head on. I’ve read *Purpose Driven Life* and am re-reading Piper’s *Desiring God*. *Purpose Driven Life* was good; but it didn’t offer me any new perspectives. Piper’s book is challenging; but I’m not sure how to “activate” the whole idea of “enjoying God.”

I’m taking a month off work to try to figure out what happens next. I would be honored if you would take time to comment or share spiritual insights you (or your staff) might have.

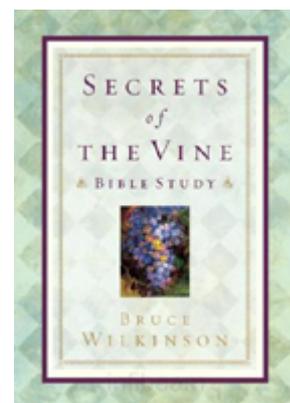
Dear _____,

Thank you for your comments and expression of gratitude upon reading Jerry's article. In a following paragraph to his article we explain that Jerry is no longer with Probe and that within 2 years of leaving Probe for an associate pastor's role in a local church, the Lord took him home after a 6 month battle with pancreatic cancer. I will respond to your query as best I can.

You are correct in your observation that many men are uncomfortable considering questions of meaning. Basically they are afraid of what they might discover and that their life has been focused on the wrong things. Who wants to discover that?! This is especially so for someone like your dad who is late in life with little time to correct his perspective.

You are also correct in your intuition that discovering life's meaning for you has to go beyond reading a book. *Purpose Driven Life* is great for those who have never even considered these things. But for those who have followed Him with some perseverance over many years will find the book a little stale and repetitive. It really is for baby Christians.

I would like to suggest a different book you can read in an hour or so but the application at the end could last several years. The book is Bruce Wilkinson's *Secrets of the Vine*. It's an exposition of John 15 that outlines four stages to a believers life: (1) little fruit, (2) no fruit due to discipline brought on by sin, (3) pruning to produce more fruit, and (4) full abiding. My suspicion is that you are desiring a fully abiding relationship with your Lord, and Wilkinson's description of his own crisis and his solution will be enlightening and empowering to you.



Unfortunately, in my experience, few Christians get to the place where full abiding is where they want to be. It scares them. It is a full relinquishing of ourselves to Him and Him

alone. Abiding truly is just being with Him and not necessarily looking for more ways to serve, more things to accomplish. Abiding is getting to the point where we realize that if we simply pursue Jesus, all He wants from us will flow with almost no effort because we are yielded to Him.

This requires a sharpened sense of knowing His will. To do that one needs to spend time with Him, truly know Him. Wilkinson embarked on a journey of journaling his thoughts with the Lord. I am working on developing that skill. It's not easy for me, having grown up with a loving but non-communicative father. I'm still learning how to talk to my heavenly Father as a person and not some kind of heavenly czar.

I have led several groups of men through this book, and some get it and get it big. Most, however, are intrigued, enlightened, but non-committal.

Quite simply, yet frustratingly, the meaning of life is Jesus. "I am the way, the truth, and the life." Ultimately, knowing Him and pursuing Him is the only thing that can bring true meaning, fulfillment, and joy in this life, no matter what we actually do, day in and day out.

Respectfully,

Ray Bohlin, PhD

Thank you very much for your very thoughtful response. I was very encouraged by your comments and felt like you really understand the struggle. Wow, what a breath of fresh air, that another brother understands. I look forward to getting and reading Bruce Wilkinson's *Secrets of the Vine*. Thank you for taking the time to respond.

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“Is It OK to Accept a Lottery-Funded Scholarship?”

I live in a state that has an education lottery. When the matter was up for a vote, I opposed it. So is it wrong for me (or at least inconsistent) to accept college scholarship money from that same lottery?

Thank you for writing. Your question would fit into the category of “Christian liberty.” I address this in more detail in my article [“Making Moral Choices.”](#)

Since the Bible does not say such things as “Thou shalt not gamble” or “Thou shalt not receive a scholarship from lottery money,” this question falls into the area of moral neutrality.

The Apostle Paul articulates the principles guiding our liberty in Romans 14-15. The specific example that he uses involves the eating of meat sacrificed to idols. While this issue is of no moral concern today, it does provide key biblical principles which we can apply in determining our response to issues not specifically addressed in the Bible.

One of the principles he develops is that each Christian must decide what is right or wrong for him or her when dealing with an issue of moral neutrality. Paul teaches that if you believe a particular action to be wrong for you, then it is wrong. He says in Romans 14:4, I know and am convinced in the Lord Jesus that nothing is unclean in itself; but to him who thinks anything to be unclean, to him it is unclean.

He taught that all things were clean. In other words, there was no sin in eating meat sacrificed to idols (it was morally neutral). But he also teaches that if a person believes it is

sinful to indulge in a practice, then it is indeed sinful for them.

Each person must be fully convinced in his own mind (Romans 14:5). If there is doubt, then it is better to refrain from participating rather than engaging in what has become a sinful action for the person. Doubt or uncertainty is a sufficient reason to refrain from a particular activity or behavior.

I sense from your question that you may feel it is wrong for you to accept scholarship money from this source. If so, then that is reason enough not to accept a scholarship. However, if you can receive the money with a clear conscience (Romans 14:6), I would think you are free to do so.

Kerby Anderson
Probe Ministries

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“Your Article on Rock Music is Biased and Unjust”

Dear Mr. Jerry Solomon,

I stumbled across [your page](#) when I was looking for a song on the internet, I thought what you noted was extremely biased and unjust. From what I picked up from your page you obviously have a concern for rock music, maybe this email is completely out of no where but I think you are being slightly over the top. I love rock music and I am a Christian, I go to church twice a week every week and my friends at my church love rock too.

Music is just a way of feeling less stressed for me and rock is just a way of getting everything out of my system when I am at home. I think that you should let your daughter decide what music she likes and no offence but I think that what religion she chooses should be up to her. Also many rock bands are Christian based and maybe you should have done a bit more research on "rock music" before you wrote your page for the whole world to see.

Please don't get me wrong I really don't want to appear rude I just felt quite offended by what you said about the music I enjoy. Thank you very much for your time and would be interested to hear from you.

Dear _____,

Jerry Solomon went home to be with His Lord several years ago so I will answer your questions.

On the one hand I don't think you read Jerry's article very carefully. Jerry's only real problem with rock music was with the frequent anti-biblical message contained in some lyrics. As the quote below makes clear, he emphatically said that there is nothing "evil" in the music itself.

So rock music basically consists of certain instruments— such as guitars, keyboards, and percussion—a particular rhythm, and the human voice. And none of these is evil. People can be evil, and people abuse rock music, just as they abuse all parts of life. Our sin nature is actively involved in desecrating everything.

This desecration can best be seen in the lyrical content of the songs. We have come a long way from the inane "do-wa-diddies" of early rock history. It is at this point that those in the Christian community are challenged the most. The music alone may be of quality, but the message may be totally in opposition to a Christian worldview. A decision is required. Do I continue to listen, even though the message is

awful? Or do I decide to reject it because of the message, even though I like the music?

Unfortunately, the well-worn statement, "I only listen to the beat!" is simply not true. If they are honest, most people who have heard a rock song several times can sing the lyrics upon request. When you consider the fact that most popular songs are heard dozens, if not hundreds, of times, it is not difficult to understand how the messages are embedded. The lyrics come through; we can't escape that. This does not necessarily mean we always listen and think to the point of really considering what the messages have to say, and that is exactly part of the problem. The lyrics can be subtly incorporated into our thoughts simply because we haven't stopped long enough to sort them out.

Jerry was simply concerned about young people's willingness to listen without discerning the message they were pumping into their brain. I am 51 and still listen to some rock music from the 60s and 70s. But I listen selectively and know what the biblical messages are and what is clearly antithetical to what I believe. Jerry was simply appealing to others to do likewise.

I'm sorry you were offended but I simply think you misread Jerry's intent.

On one further note I would respectfully disagree with your statement that children should be free to choose their own religion. On the one hand, of course, children should choose for themselves, but that doesn't mean, on the other hand, that I leave them completely to their own search for meaning and truth. If I have found the Truth, why wouldn't I work to persuade them of that same Truth by taking them to church, providing a copy of the Scriptures for them to read, teaching them from the Scriptures at home, and living a holy life before them to deliberately try to influence them? Anything

less is unloving and irresponsible.

Respectfully,

Ray Bohlin, Ph.D.

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“How Do I Deal with My Prof Who Hates Christianity?”

I'm taking a class on the history of Antisemitism, but it has turned into the history of why Christians are the most terrible people on the earth. Can you help me refute my teacher? A few points I need to know about are: Why did the gospel writers present a central conflict between the Pharisees and Jesus? Why was such a conflict extremely unlikely? What would a Christian historian say about this? How can I argue with an overly zealous antichristian? She thinks the New Testament is completely false, only made up to morph Jesus into the Messiah the gospel writers wanted him to be, so I need evidence outside of the NT. I have read *Case for Christ*, which is awesome, but there's still a lot of stuff from there that doesn't help because she says the NT is false; the evidence that it was written in too short of a time for legend to creep in is false to her. Please help me with this problem.

I would personally not recommend arguing with an overly zealous anti-Christian for the simple reason that they are not presently open to what you have to say. I would rather pray for that individual, asking God to enlighten them to the truth

of the Gospel. However, there is certainly a place for confronting error with the truth and for healthy dialogue about whether or not Christianity is true. With professors, this is usually best done one-on-one, in a friendly way, outside of class. Your professor will not like being made to look foolish in front of the class. (Who would?)

As for the other questions you ask, they can be somewhat involved. For this reason, let me recommend some additional resources that will be helpful to you for future opportunities of this kind.

- F.F. Bruce, *Jesus and Christian Origins Outside the New Testament* (Grand Rapids, Michigan: Eerdmans Publishing Co., 1974).
- Gary Habermas, *The Historical Jesus: Ancient Evidence for the Life of Christ* (Joplin, Missouri: College Press Publishing Company, 1996).
- Craig Blomberg, *The Historical Reliability of the Gospels* (Downers Grove, Illinois: Inter-Varsity Press, 1987).

If you look under Probe's ["Theology and Philosophy"](#) section and our ["Reasons to Believe" \(Apologetics\)](#) section you can find many other helpful articles.

Also, bible.org has a number of excellent resources on their site. Articles on the Bible can be found at http://www.bible.org/topic.asp?topic_id=5 and articles on Christology can be found at http://www.bible.org/topic.asp?topic_id=6.

Finally, I have written a very short article dealing with some of the available evidence from Tacitus, Pliny the Younger, Josephus, the Babylonian Talmud, and Lucian which you can find at:

www.probe.org/ancient-evidence-for-jesus-from-non-christian-sources-2/. My article is just a summary, written at a popular

level for radio, and I don't know if you would find it helpful or not.

I hope this information will be useful to you.

Best wishes,

Michael Gleghorn
Probe Ministries

“How Can You Be Pro-Life and For the Death Penalty? Isn't That Judging?”

In my college class, a girl asked the other day, “How can you be for the death penalty if you are pro-life?” She also said the Bible says don't judge, so how can you use the death penalty (because you would be judging). I was trying to find out the correct way to let her know that you can be pro-life and for the death penalty.

The point of being pro-life is that we put the same high value of all life that God does, from the earliest pre-born baby to the last breath of an elderly, dying person. We derive our high value of life from the fact that every human being is made in the image of God. Thus, when someone takes the life of another in murder, they are treating the person they murdered as less important and valuable than they are. God instituted the death penalty Himself after the flood when He said, “Whoever sheds man's blood, by man his blood shall be shed, for in the image of God, He made man.” (Gen. 9:6)

The reason the death penalty is pro-life is that it puts the

highest possible value on the life of the person murdered by exacting the life of the person who violated that value by murdering. It's a strong way to say, "It is not OK for one human being to take the life of another. If you murder, you forfeit your own life because the person you killed is so valuable."

Concerning judging: yes, the Bible does say don't judge, but it also commands us to judge rightly. So you have to look at the context of commands such as "Judge not, lest ye be judged" (Matt. 7:1), which is about condemning others for doing the very same thing we do. Judging also means "be discerning" and "make a distinction between right and wrong." Jesus repeatedly taught men to judge rightly, insisting they "judge with righteous judgment" (John 7:24). He praised a man who "rightly judged" (Luke 7:43). Jesus also said, "And if your brother sins, go and reprove him, and if he refuses to listen, tell it to the church" (Matt. 18:15,17). Obeying such a command is only possible by making a judgment on one who sins. Jesus' apostle Paul later gave God's command to the church: "Do you not judge those who are within the church? . . . Remove the wicked man from among yourselves" (1 Cor. 5:12,13).

Also, the Bible tells us that governments (which are the only entities entitled to carry out capital punishment) are instituted by God for maintaining order: "[F]or [government] is a minister of God to you for good. But if you do what is evil, be afraid; for it does not bear the sword for nothing; for it is a minister of God, an avenger who brings wrath on the one who practices evil. (Rom 13:4)

Thus, I would argue that the Bible supports capital punishment, although it is extremely important to make absolutely sure that only the guilty are executed.

Hope this helps!

Sue Bohlin

“Should I Pray to God or Jesus? What About the Holy Spirit?”

When I pray, I pray to God and I pray in Jesus’ name. Others I know pray solely to Jesus. Should I be praying to Jesus as well as God? Furthermore, should I also be praying to the Holy Spirit?

It’s really not such a matter of “should,” but more like “get to.” There is only one God, but He consists in three Persons (which I’m sure you know). So, since there is only one God, no matter to which Person you address your prayers, the one God hears them.

Here’s how I look at it: Sometimes I address the Father, for example thanking Him for sending Jesus to die for me and live in me. Sometimes I address the Son, inviting Him to be present in an event or a job I’m about to be engaged in. Or thanking Him and praising Him for dying for me and calling me to be His bride. Sometimes I address the Spirit, asking Him to impress His presence on the heart of someone hurting, or asking Him to call the heart of someone who is lost. Most of the time I just say “Lord”!! <smile>

I hope this helps.

Sue Bohlin
Probe Ministries

“What Are Your Views on Hair Dyeing and Colored Contacts?”

I would like to know if there is anything in the Bible which would support my beliefs on hair dyeing, colored contacts, and anything else that goes along with unnatural changes. I believe that God made our hair color and eye color and everything else about us for a purpose and it's not respectful to change it. Anyways, this really bothers me because it seems that everybody does it and I would really like some feedback. Also, is it even worth it to say anything about it or does it even matter?

If there is anything in the Bible about these things I am not aware of it. God gave us dominion over the earth and commanded Adam and Eve to subdue it and rule it, which is the foundational philosophy behind science and technology.

The more important issue, though, is the reasons people would do these things. As usual, it's what's in the heart, our motivations, that matter. Colored contacts are a function of technology, for instance, but there's a big difference between donning a different eye color as a touch of whimsy and fun, or doing it as part of a scheme to change one's appearance to avoid detection during a scam such as a bank robbery.

In terms of hair color, I think it's worth noting that usually it's women who color their hair, and why? Because we are both taught by the culture and we recognize instinctively that beauty and femininity go together, and making oneself as beautiful as possible is part of the feminine heart. But again, the motivation makes a big difference: a woman can color her hair to “go out and get a man” instead of trusting

God to make her attractive to HIS choice of a spouse. That is very different from the woman who colors her hair to keep her gray from being an obstacle in ministering to the audiences she has been called to speak to (because our culture unfortunately values younger-looking women, even women that everyone knows are over 50.) In that case, coloring her hair is her way of living out the apostle Paul's comment in 1 Cor. 9:22 that "I have become all things to all men so that by all possible means I might save some." These are very real scenarios: I'm thinking of two specific women who personally told me their vastly different reasons for coloring their hair.

So the motivation makes all the difference, and as is usually the case, we can't know what's going on in other people's hearts. So the better route, I think, is to just trust those decisions to the Lord and leave them there.

Sue Bohlin

P.S. For the record, my contacts are dyed light blue to make them easier to find when I drop them on the floor, and my "silvering" hair is coming in so beautifully I could never find a color that's better than this. ☐

"How Do You Treat Those in Heretical Churches?"

Define what it is to be a Christian? More importantly, how do you treat those in heretical churches? As brothers? With careful separation? Confrontationally?

Let me give some context for the questions; I come out of a

cult or heretical church and am now in a mainline evangelical church after a conversion and great spiritual awakening.

The importance of these questions was demonstrated very clearly to me this last weekend as I spoke with a neighbor about some job difficulties that have been going on in his life for some time. I've always considered him a Christian because of his participation in church activities and the many conversations we've had on faith issues. Later, after reflecting on our conversation, I began to understand that what he calls "his faith" really means his religious culture. He does not believe/is NOT a believer/is NOT saved—in the sense that he is not willing to stake any risk on his beliefs. His belief is barely an intellectual one but by his actions and upon close examination even by his assertions he rejects a saving faith and relationship in a loving God in whom he can put his trust in the form of action.

I assume the reasonable and Christian response would be through a relationship based on grace and love—that those two will have the greatest impact. Where I run into difficulty is that having believed the lie, I never want anything to do with it again no matter what the form. So, to be able to defend the faith and more importantly to take ground, there has to be a point at which a separation occurs between Truth and what is not true. I think that is why Truth is often so offensive and why 1 Peter 3:16 is so important. With that said—any help?

Dear _____,

Your passion for truth and for souls to know the Lord Jesus in true relationship is a marvelous blessing! You honor God so greatly with your heart of understanding.

I think the simplest answer is to look to the Lord for how He handled those in the religious system of His day. He didn't paint whole groups of people with a single wide brush; He dealt with people individually. So He made a great separation

between Himself and the Pharisees and leaders who were so addicted to their power and their system that they missed the Lord of Glory standing in front of them. Yet, He made Himself available to Joseph of Arimathea and Nicodemus, because they were genuine seekers after God and truth.

Since the Lord warned us to discern between sheep and wolves, we know there are people calling themselves Christians who are merely religious (or not Jewish or Muslim!). So I think you are right to look for someone who has trusted in Christ and has spiritual fruit to indicate new life within as the definition of a biblical Christian.

I think we need to show grace and truth and love to those in heretical churches so that those with eyes to see and ears to hear can have a chance to respond to truth. Jesus said, "If I be lifted up, I will lift all men to myself." So we need to lift Him up, with the unhappy understanding that some people won't care when they are shown Life and Truth.

I don't think a confrontational approach is wise because most often, being in a heretical church is a matter of spiritual deception rather than deliberate evasion or avoidance of the truth. So the wise thing to do is to pray that they will see where they're being deceived as a result of being exposed to the truth. The enemy of our souls is very crafty and he uses religions and systems as well as individuals.

Hope this helps.

Sue Bohlin
Probe Ministries