

“Are Chemical Imbalances Real or a Worldly Idea?”

Some people in my family have been diagnosed with chemical imbalance in their brains. In the past I have been a reader of Jay Adams. How does this idea of chemical imbalances (CI) measure up to the Scriptures and spiritual problems? Is this CI something the world has come up with denying the spiritual or is it really legitimate? Where can I find scriptural or spiritual input on this subject? At this point, I believe it is primarily a spiritual problem. Please help!!

When it comes to depression, I have seen people dealing with it because of spiritual issues, emotional issues and physical issues (chemical imbalance). In fact, my husband had anemia-induced depression that was treated by taking anti-depressants for three months. If it were a spiritual or emotional issue, simply taking the meds for such a short period of time wouldn't have solved the problem.

Our brains are an organ, like our gall bladder, lungs and liver. They can develop physical problems and chemical imbalances; why would the brain be any different? *We* are not our brains. *We* are souls—personalities—that *have* a brain and who live in a fallen world where physical brain problems arise.

I am aware of Christians who try to make everything a spiritual problem, but I think that's simplifying things too much. After all, scripture says we are made of three parts, spirit, soul and body (1 Thess. 5:23). To try and make depression (which is experienced in the emotions) solely a spiritual issue, doesn't make sense. Unfortunately, there is a lot of shame heaped on people for treating depression chemically, which I think is unnecessary shame. For instance, I know someone with manic-depression who **NEEDS** her medications

to allow her to function, just as I need physical assistance to make up for orthopedic weakness from polio. There should be no shame in either my cane or my friend's medications; they are both a matter of accepting help for a real, physical problem.

Along a different line, another friend is a longtime school teacher and principal. She used to pooh-pooh the use of Ritalin for ADD and ADHD, until she researched the issue in depth and reversed her opinion. While there are certainly many kids who are taking it needlessly (quite possibly the majority of them), there are others who have a true chemical imbalance and benefit greatly from taking medication.

I hope this helps!

Sue Bohlin

Probe Ministries

“Why Do Christians Go to Church on Sunday Instead of the Sabbath?”

Why do most Christians go to church on Sunday, the first day of the week, instead of the sabbath, the seventh day of the week?

Christians typically go to church on Sunday, rather than Saturday, because Jesus was raised from the dead on a Sunday morning. The resurrection is extremely important for Christians. Indeed, it's so important that, if it didn't occur, Christianity would be false! In 1 Corinthians 15:17

Paul writes, "...if Christ has not been raised, your faith is worthless; you are still in your sins."

But why is such great significance attached to Jesus' bodily resurrection? Although many reasons could be given, let me mention just two:

1. In the resurrection, God the Father vindicated the person and work of His Son, the Lord Jesus Christ, who had been crucified not for His own sin, but for ours (2 Cor. 5:21). Thus, in Romans 1:4 we read that Jesus "was declared the Son of God with power by (or "as a result of") the resurrection from the dead." But don't Christians believe that Jesus was already the Son of God before His resurrection? Yes; this passage teaches that the resurrection was God's powerful confirmation that Jesus' message about Himself was true. After all, anyone can CLAIM to be the Son of God, but only God can confirm the truth of such a claim by raising the person from the dead!

2. In Romans 4:25 we read that Christ "was delivered up because of our transgressions, and was raised because of our justification." To "justify" someone means to declare them "righteous," or not-guilty. This passage indicates the sufficiency of Christ's death for all believers. In other words, believers can be confident of their justification by God on the basis of Christ's resurrection. If the Father had not been fully satisfied with Christ's death for our sins, He would not have raised Him from the dead. The resurrection is thus God's confirmation of the complete sufficiency of Christ's death for all who believe!

It is thus because of the tremendous importance of Christ's resurrection for the Christian faith that Christians worship on Sunday, the day that God raised Jesus from the dead.

I hope you find this information helpful. May God bless you as you search the Scriptures!

Shalom,

Michael Gleghorn
Probe Ministries

“How Do I Do Spiritual Warfare?”

I've heard several “spiritual warfare” stories before. My pastor says “stay away from that which is dangerous,” and I understand why he says that. But how do I keep away from having an unhealthy focus on such things, without completely ignoring it? Also, what exactly is spiritual warfare? Why does it happen?

I'm so glad you asked! Your pastor is right to counsel you stay away from that which is dangerous; however, when you find yourself in the midst of a battle zone and you don't have any CHOICE about being where it's dangerous, the best thing to do is to be armed and educated about how to protect yourself! A wise teacher once said that the Christian life is like living in a war zone. We don't have any choice about where to live, but we can protect ourselves in it!

What's unhealthy is to be focused on demons; what's healthy is to be focused on Christ and especially on who you are in Christ, the authority you have in Christ, and the importance of staying in moment-by-moment dependence on Christ. (Yes, it IS hard! Which is why we need to do it in the power of the Holy Spirit and not our own strength.)

Spiritual warfare is understanding that as believers, we are under attack by “the spiritual forces of wickedness in the

heavenly places,” and using the spiritual armor and weaponry to withstand the attacks on our faith. The above phrase comes from Ephesians 6:12, and that whole paragraph (verses 10-18) describes the spiritual armor available to us as believers.



There is an EXCELLENT book and Bible study by Kay Arthur called *Lord, Is It Warfare?* that I strongly recommend for you. She not only handles the scriptures well but gives good illustrations to help the reader understand what's going on.

Finally, why does it happen? Because Satan really hates God and hates God's people. He has lost the war and knows it, but he's going to inflict as much damage on God's people as he can before going down. He can't keep us out of heaven, but he can distract us from concentrating on Christ by throwing doubts about God and about our faith at us. The thing to never forget is that Satan (and his legions of demons) is a defeated foe who was stripped of all weapons by Jesus when He died on the cross (see Col. 2:15). All he has left is "wiles" or "schemes," which means he whispers lies and questions to us. The battleground for spiritual warfare is the mind, which is why it's so important to be transformed in the renewing of your mind and diligently pursue a Christian world view so you know what is true about God, yourself, and reality.

I hope this helps.

Sue Bohlin
Probe Ministries

“Does ‘Touch Not the Lord’s Anointed’ Mean that Abusive Pastors Can’t be Challenged?”

I have read your article, [“Abusive Churches: Leaving them Behind.”](#) It is loaded with useful information, esp. for me as I have been in an abusive church. Before I left I had a series of meetings with the pastor in which I confronted him on a number of things I thought were not right in the church, only to be labelled a troublemaker. The pastor used to say to me that even if he did anything wrong, I was not the one to “judge” him because as the Lord’s anointed he was only accountable to God and not man or any authority.

He used to draw attention of the church to a scripture that says that Saul had backslidden and sought to take the life of David, but the latter could not do anything about him because he was the Lord’s anointed. (1 Sam. 24:1-15)

My question to you is: Was David right in saying that he could not touch Saul even if Saul was his enemy just because Saul was the Lord’s anointed? Can the Lord’s anointed threaten lives and no action be taken? Does anointing give one immunity from punishment for wrong-doing? How do you answer this question of David and Saul?

The context of that verse is that David’s soldier was looking to kill Saul since he was there in a very vulnerable situation. That is very different from confronting a leader with regard to sinful behavior. Nathan confronted and rebuked David on his sin with Bathsheba (1 Sam. 12). So did General Joab, who confronted David on his sinful conduct after the death of his son Absalom (2 Sam. 19:5-8). Many abusive leaders

misuse that verse to say they are above criticism, but that is a misuse of that text to keep themselves accountable to no one.

Pat Zukeran
Probe Ministries

“Could My Children’s Autism be the Result of a Generational Curse?”

I understand that it says in the Bible that the children may be cursed for generations because of their fathers’ sins. I have two children with autism and a cousin that has a child with autism as well. Could this be a curse since both of our parents are sisters? There has been talk that in our family that relatives from two and three generations back married cousins. Isn’t that a sin?

I believe the concept of generational curses is best understood as the natural consequence of ingrained behavioral patterns that are passed down from one generation to the next. I yelled at my kids when they were small because my mom yelled at us. My brother is a (recovered) alcoholic because he saw our dad drink a lot every night he was home, and he internalized that behavior for himself. The guy down the street mistreats his wife because he saw his father continually do it to his mother. (And societally speaking, there can be generational “curses” when those in one generation make decisions which have effects for generations to come, such as the abortion decision. Our society continues to pay for that errant decision in more ways than the 30

million+ abortions since Roe v. Wade. The value of young innocent life continues to decline.)

We can't change what we don't acknowledge, so these behavior patterns (or curses) continue to play themselves out in the lives of those who don't confront them and decide to stop them. But we CAN change what we DO acknowledge, particularly when we invite the Lord to release His power into an area we want to change.

But what you're asking about is something different. Marrying cousins isn't a sin biblically. The laws in place against marrying close relatives such as siblings are there to protect children from experiencing the fallout of recessive genes being expressed; however, the Journal of Genetic Counseling recently released a report that the risk of serious genetic disorders among children of first cousins is much smaller than originally thought

(<http://depts.washington.edu/mednews/vol6/no15/cousins.html>).

Since there is talk in your family of cousins marrying several generations ago, and non-family genes were subsequently introduced through marriage to non-cousins which would strengthen the genetic mixture, I would think that while there is a chance that the autism in your family is connected to the cousin marriage, there's probably more of a chance that it isn't. More to the point, I don't think this is a generational curse since the marrying cousins didn't break any of God's laws.

I am so sorry that you are having to deal with autism. That is a difficult burden to bear. Please don't carry an unnecessary burden of thinking you are dealing with the consequences of someone else's sin, when you're probably not.

I hope this helps!

Sue Bohlin
Probe Ministries

“Why is the Appendix to the Book of Daniel Omitted from Most Bible Versions?”

One of my Sunday School classmates mentioned that his Bible had an appendix to Daniel, which included three additional chapters (13 to 15). Do you know the reason why these are excluded from most Bible versions?

The Hebrew and Aramaic texts of Daniel have been very well preserved. The Septuagint, the Greek translation of the Old Testament written in the third century B.C., includes these other chapters but they are not in the Hebrew or Aramaic texts: the Prayer of Azariah, Song of the Three Young Men, Susanna, Bel and the Dragon. These books were never accepted as inspired by the Jews and were never in their Old Testament. As well, the Dead Sea Scrolls do not contain these chapters. These were probably later additions which probably came from Egypt.

Pat Zukeran

Probe Ministries

“Who Was Lillith?”

I hope you can give me direction on the issue of Lillith from a biblical perspective. A female student brought up this question: Who was Lillith? I was ashamed that I could not tell her my position on the issue because, quite frankly, I didn't know who Lillith was. I am a married Christian man so I may not be as tuned in to what our youth are concerned with as I once was. At 34 years, I don't feel quite ancient either. I don't want to turn an unsaved girl loose on a quest for knowledge on a decidedly pagan subject. Any help you can offer would be appreciated. BTW, our pastor simply told her she had been reading too much feminist propaganda, an answer that left her with doubts about him. Thanks for your help.

Well, it's easy not to know who Lillith was because she's not in the Bible. There is a “Lillith myth” which is no more than a story about Adam's first wife. Here's a link that will give you a full story:

<http://www.webcom.com/~gnosis/lillith.html>

The pastor's dismissive comment about reading too much feminist propaganda may have been easy for him, but certainly wasn't going to help HER any! Feminists have, indeed, adopted Lillith as a symbol of their philosophy, and when you read the stories you'll see why, but that doesn't tell a young unbelieving girl the truth: that Lillith belongs in the same category as Venus, Medusa and Aphrodite—make-believe for grownups!

Hope this helps. . .

Sue Bohlin
Probe Ministries

“Why Is God So Consumed with Blood?”

Why is it that God seems to be so consumed with blood? It seems that from the beginning of scripture to the New Covenant under Christ's blood, that God was consumed with blood.

Thanks for your letter. You are certainly correct to notice the profound importance of blood in the Bible. The author of Hebrews wrote, “And according to the law almost all things are purified with blood, and without shedding of blood there is no remission” [of sins] (Hebrews 9:22). And Paul reminds us that Jesus made propitiation by His blood (Rom. 3:25) and that believers are justified (i.e. declared righteous) on the basis of the shed blood of Christ (Rom. 5:8-10). And elsewhere Paul tells us that Jesus reconciled the world to God, “having made peace through the blood of His cross” (Col. 1:20).

Because of the importance of this issue, and its prominence throughout the Bible, I would recommend reading the following article from bible.org. It's called, “The Preciousness of Blood” (Leviticus 17) and you can find it at http://www.bible.org/page.asp?page_id=278.

The Lord bless you,

Michael Gleghorn
Probe Ministries

“Why Were Things Like Polygamy OK in the Old Testament But Not Now?”

What about the issues in the Old Testament with families like masters sleeping with their servants and men having many wives or even the issue of “inter-family” relationships and the like? Was it a population issue? When did the law change? Why was it okay then and not now?

Great question! The problem is, the Bible rarely makes commentary on historical events. If it did, we would see notations like “[and this was not only sinful but STUPID because God’s plan for marriage is one man, one woman for life, and bad things happen when we disobey His commandment].”

The fact that sinful, unwise behaviors are recorded (without commentary) in the Bible doesn’t mean it was OK any more than newspapers reporting on crime means they condone it. They’re both just telling you what happened.

Hope this helps!

Sue Bohlin
Probe Ministries

“Why Did God Reject Cain’s Offering?”

I was reading to my grandchild about Cain and Abel. The book we read said Cain was jealous of Abel because God rejected the sacrifice Cain made and accepted Abel’s. She asked me why, can you tell me?

The difference in the sacrifices was really about the difference in their hearts. If you read the actual story in Genesis 4, you will read that Abel, who was a rancher, made his offering of the first of his flock and of the “fat portions” of his flock. In other words, he gave God the first and the best of what he had. Cain, a farmer, only gave God “some” of his crops. He was greedy and self-centered and apparently wanted to keep the best for himself. God rejected Cain’s sacrifice because Cain rejected God’s right to his heart.

Hope this helps!

Sue Bohlin
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