

# “Is It a Sin For a Christian to be a Soldier in the Military?”

Is it a sin for a Christian to be a soldier (i.e. someone training to be on the frontlines to kill) in the military?

I have been reading some arguments on both sides of this coin, and both have some weight to them. The main argument from the peaceful side of this coin is that Jesus said “those who live by the sword, will die by the sword” and that first century christians did not serve in the military, except for a few, but they weren’t in war at that time. The other side of the coin seperates personal responsibility from state responsibility and says that if you are serving in the military and kill, God holds the head of the state responsible. It also uses the Old Testament wars in many of its arguments.

It seems to me that there is power in not fighting, and that the Bible teaches that we should love our enemies, and not kill others just because a government tells you too. However, it would seem in such an evil world that if we didn’t stand up and fight for the protection of others, all Christians would be oppressed. It just keeps flipping back and forth.

Thank you for your question about Christians serving in the military. Probably the three best known books dealing with this subject are:

- *Robert Clouse, ed., War: Four Christian Views (Downers Grove, IL: InterVarsity, 1981).*
- *Arthur Holmes, ed., War and Christian Ethics (Grand Rapids, MI: Baker, 1975).*
- *Keith Payne and Karl Payne, A Just Defense (Portland: Multnomah, 1987).*

I could go into the details of the various positions, but I think these books (especially the InterVarsity book) provide a good overview of the arguments on each side.

I might also mention that Tommy Nelson (the pastor of Denton Bible Church in Denton, TX) has put together a 90-minute video on the subject of Christians in the military. It is simply called "God and the Military: Is It Right to Bear Arms?" You can contact him at [www.dentonbible.org](http://www.dentonbible.org). Thanks for writing.

Kerby Anderson

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## **"I Struggle with Doubts"**

Hello there – I have a question that I hope you can help me with. I am 38 years old and I have recently lost my second parent to cancer – and I am going through a time where I guess you could say I am re-evaluating my belief system. I was raised in the Presbyterian Church and currently attend \_\_\_\_\_ here in Houston. What I struggle with is occasional doubts lately and I find it really scary. I believe in God without question but I have trouble sometimes comprehending the resurrection and life after death.....I want to believe and have a stronger faith that's for sure!! The thing that bothers me is someone told me that doubts were blasphemy and that by having doubts you are calling God a liar and that I might not have ever truly been saved. Needless to say that has petrified me, however others have mentioned that doubts are normal..... I went through confirmation with the Presbyterian Church when I was 12 and hope that I am saved. I would really appreciate your thoughts on this!!!! You honor me by sharing your heart with me. Thank you.

Let me cast my vote with those who have assured you that doubts are normal. God understands that as puny-minded humans who are trying to relate to a God we cannot see, touch, or hear, we're going to face areas we don't understand! Often, what we experience is confusion, but some people label it doubt.

I think doubt is more in-your-face unbelief. "I know You're there, God, but I question Your goodness to me so I'm going to do things my own way and pretend like You're not there." The way that Satan encouraged Eve to doubt God's goodness in the garden of Eden.

There is a difference between being overcome by doubts and struggling with comprehending really huge mysteries like the resurrection. God understands, especially at a time like this when you're grieving. (I am so very, very sorry, to hear about your parents' deaths. This is my first Mother's Day without my mother, who died a few months ago. It's hard, isn't it?)

Since you have internet access, you can get some very interesting information about the resurrection and life after death that will help strengthen and establish your faith in those areas. You can start reading at the Probe Ministries site ([www.probe.org](http://www.probe.org)) and look in the ["Apologetics: Reasons to Believe"](#) section. Leadership University ([Leaderu.com](http://Leaderu.com)) also has some dynamite articles.

Concerning the statement that doubts are [blasphemy](#). Well, no, they're not the same thing. People like you who are concerned that it is, are never guilty of it! Blasphemy is hard-hearted insult against God. I'm sorry that someone has burdened you with the false guilt of "calling God a liar." Now that would be pretty blasphemous, but simply experiencing some questions is usually an issue of not being sure of something. And that's a far cry from saying "God, You're a blankety-blank liar."

Truly saved people have doubts all the time. That's the first

step to wrestling with individual issues of faith, and studying them to come out with a stronger faith on the other end. God isn't threatened by our doubts and questions. When we go to Him in simple faith, asking Him to help us understand truth and help us see things as they really are, He truly does answer. It may take a while, but He takes those requests seriously.

You said you were confirmed when you were 12 and you hope that you are saved. I am so glad you put it so bluntly, because I am delighted to be able to give you some very clear direction on this!

Quick question: what were you confirmed IN? Were you confirmed that yes, indeed, you were a Presbyterian, the way we confirm flight reservations? Or were you confirmed in your faith because at some point before that, as you were growing up, you made a deliberate choice to put your faith in the Lord Jesus Christ?

He told Nicodemus that we must be born again. Just like when we were born the first time, that's a specific event at a specific point in time. In order to pass over from death to life, there must be a specific point at which we choose God over our own way, where we realize that Jesus died on the cross for our sins and we receive His gift of forgiveness and eternal life by saying "thank You!"

So my question to you is, was there a specific point at which you were born again? Being baptized as an infant doesn't do it, because that's not a decision that a disciple makes; it's more of a statement of our parents' intent to raise us in the ways of God. It's possible to go along, learning the catechism questions and having a lot of religious head knowledge ABOUT God, without ever embracing Him as our personal Lord and Savior. Have you done that?

If you have, YOU ARE SAVED FOREVER. If you haven't, then you

aren't saved but you can be as soon as you choose to. I know several people who just weren't sure of a specific time and place when they chose to put their trust in Christ, so they chose right then and there and said to God, "God, I am a sinner and I need you. Thank You for sending Jesus to die on the cross in my place, and then raising Him from the dead three days later. I believe Jesus is Your Son, and I trust Him to save me from my sins and take me to heaven when I die." Then they KNEW they had trusted Christ and had passed over from death to life.

1 John 5:11-13 says,

11 And this is the testimony: God has given us eternal life, and this life is in his Son.

12 He who has the Son has life; he who does not have the Son of God does not have life.

13 I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life.

I love the part in verse 13 that says, "you may KNOW that you have eternal life." When someone showed that to me not long after I trusted Christ as a college sophomore, that was the point at which I knew for sure that I was saved—because the Bible said I could know! That was very cool for me, since I was raised just hoping that everything would be okay when I died but I couldn't ever know. Now I KNOW!!!

Let me know what you think about all this, OK?

The Lord bless you and keep you.

Sue Bohlin

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# **“What Does the Bible Say About Donating Eggs for In Vitro Fertilization?”**

**A friend is considering giving some of her eggs to another woman to have a baby. Is this a moral issue? What does the Bible say about such a thing?**

There is indeed a moral concern with donated gametes. Though some have expressed concern as to whether this can be constituted as adultery, I believe this term is best left for the physical act itself.

The relevant biblical passages are first Genesis 2:24, which introduces the concept of “one flesh.” Many scholars describe children as an expression of a couple becoming one flesh. Even if this specific connection is not accepted, it is clear that a third flesh has been introduced into the marriage relationship with donated gametes, either eggs or sperm. In my mind this is the most pressing moral issue.

A second related passage is Genesis 16 and the story of Hagar and Ishmael. In a sense, Sarai “borrows” Hagar’s eggs to give Abram an heir when she has failed to do so herself. Though God respects and saves Hagar and Ishmael, the union is not blessed by God and Abram’s promised heir is still to come through Sarai later. Also note the emotional trauma this arrangement causes Sarai, Hagar and Abraham. The emotional issues cannot be overlooked. The egg donor will understandably feel a special kinship with the resulting child; after all, she is the genetic mother. This could easily put a strain on the marriage in which the child is raised that can be difficult to anticipate.

I would not counsel the acceptance or donation of either sperm or egg.

A helpful resource on these questions is a series of booklets put out by the Center for Bioethics and Human Dignity called the *BioBasic Series*. They have three additional booklets covering suicide, end of life issues, and alternative medicine. Each is offered in a question and answer format. You can purchase them through the Center at [www.cbhd.org](http://www.cbhd.org). I am co-authoring a booklet in the next round of four on genetic engineering. I hope the next four will be released within 2002.

Respectfully,

Ray Bohlin  
Probe Ministries

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## **“I Can’t Forgive God for Taking All Those People in the WTC!”**

I saw a distraught woman on the news asking, “Pray? Who do we pray to? God took all those people in the buildings !” It’s obvious there is so much hurt and a sense of betrayal toward God for allowing such a horrific thing to happen. I’m having a rough time forgiving God for allowing such terrible evil in the attacks on the World Trade Center and the Pentagon.

I’m so glad you wrote.

A lot of people struggle with anger toward God when we experience pain or when bad things happen. (I completely

understand, and carried anger toward Him for many years myself for allowing me to get polio, and not healing me when I begged Him to. That story is [here](#).)

In his excellent book *I Should Forgive, But . . .* [1998, Nashville: Word Publishing, p. 143-157], Dr. Chuck Lynch addresses this issue. There are three problems with a perceived need to forgive God.

*1. It implies **an offense**. But God does not and can not sin against us. He does not morally offend us and does not need to be forgiven.*

*The number one complaint against God is that He failed to protect. We can be angry that He did not protect us, or He did not protect other innocent people. We believe a good God does not let bad things happen to good people. Bad things only happen to bad people. Therefore, if bad things happen to good people, God “did us dirty.” But we live in a fallen world; bad things happen to people, period. Our longing for a perfect world where nothing bad happens is a perfectly legitimate longing for the Eden we were created for, and God will re-create that perfect world in the future. . . but we don’t live there yet.*

*If God doesn’t “perform” as we think He should, we think He has offended us. The real failure is not with God’s performance, it’s with our misperception of His character.*

*We are upset when we realize that God knew the bad thing was going to happen and He didn’t stop it. Why not? Because He is graciously patient now, but His full wrath will be poured out on sin and unrighteousness at a later time.*

*Acts of nature such as weather tragedies, birth defects and diseases, as well as the consequences of things like terrorist attacks, are also perceived as offenses by God against man.*



Many people believe it's God's job to keep their lives free from pain and loss, especially if they are faithful to Him. They fail to remember two things:

- God does not suspend the natural laws of nature for believers. He also does not violate the gift of free will to humanity, even when a person's choice means others will be hurt.
- While we have the promise that all pain and tears will be wiped away in heaven, this is earth.

2. It implies **accountability**. We demand to know the "WHY???" We think God owes it to us to explain why He does what He does, and why He allows the things that He does. And if He doesn't explain it to us [and often, if not usually, He doesn't], then many cut off fellowship with Him. "I'll show You, God, I won't believe in You anymore/I will live in rebellion/I will ignore You!"

God does not owe us an explanation. He is not accountable to us. He does as He pleases (Ps. 115:3), and He has the right to be the sovereign Lord without explaining to His creatures how his actions today, in time, fit into the big plan of eternity.

3. It implies **payment**. Somebody has to pay for sin. Jesus paid for our sins—but who's going to pay for God's "sins" against us?

Our anger against God is like a red light on a car's dashboard. It alerts us that something is wrong and we need to deal with what we're thinking and thus, what we're feeling. The red light tells us we need to grow into acceptance of our losses and adjust to them over time. When God allows bad things to happen, we get mad because of our loss and hurt. We don't need to forgive Him; we need to ask for grace to accept

what He has allowed to happen.

God doesn't sin against us; He does things we don't like. He understands our anger the same way a parent understands a child's anger when the parent allows the doctor to give the child a shot. Just as a parent acts in the child's best interest, God is always acting in our best interests even in the midst of horrific evil and pain. He can do that because He is much bigger and more powerful than we can even begin to imagine.

God allows us to experience pain because His goal is our growth and maturity. He is in the process of developing a mature and solid Bride for His Son Jesus, and He knows that the best way for us to grow is often through pain. Even the Lord Jesus, although the Son of God, "learned obedience from what He suffered" (Heb. 5:8). God has a bigger plan than keeping us comfortable.

The real issue is to put aside the misconception that God needs to be forgiven, and move through to trust and acceptance.

I hope this helps.

Sue Bohlin

Probe Ministries

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**“Where Did The Terms ‘Right Wing’ and ‘Left Wing’ Come**

# From?"

I was reading Ecclesiastes 10:2 ("The heart of the wise inclines to the right, but the heart of the fool to the left") and what struck me right away was this fits our right and left wings.

**My question is, how did the political parties get their status of being considered left and right?**

It turns out that the historical explanation for the political terms left wing and right wing are based upon the seating arrangement of the first French General Assembly. The proponents of the political ideas inspired by the Enlightenment were seated on the left. Those who supported the old regime were seated at the right hand of the president of the Assembly.

So early on, ideas that were something new and novel were associated with the left, and conservative ideas were associated with the right. Actually, the story is a bit more complicated than that, but to answer your question, the origin of left and right is found in modern politics rather than Ecclesiastes.

Thanks for writing. God bless you.

Kerby Anderson

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# **“My Racist Parents Disapprove of My Boyfriend”**

I am a Christian. I have had a boyfriend for almost three years. He is a wonderful guy...inside and out. He is a strong Christian and we have great chemistry and are very like-minded in our habits, finances, etc. I love him very, very much.

The only thing is that we are an interracial couple... with him being Chinese-American and me being white. There are some cultural differences in that his family depends on him for support...and that worries me. (That in the future, he will never leave his family so we can start our own family.)

Also, he loves his mother and sister dearly and I feel that he compares me to them...which I can never meet up. I can't help but to feel jealous for the way he loves and puts his sister on a pedestal. I compare myself to her frequently and it is killing my confidence.

Furthermore, my parents (they are non-Christians) strongly disapprove of our relationship because of his race.

I guess my questions are: 1) What does the bible say about interracial dating /marriage and 2) Should I obey my parents or give in to their racism?

I am just overwhelmed and have lost myself in all these problems. I know God will keep us together if it is in His will...but I could really use some godly truth and insight to all these things. Can you offer some insight into my problem?

The Bible makes distinctions between two kinds of people: believers and non-believers. It says nothing about interracial marriages. We have an article on that here: [www.probe.org/what-does-the-bible-say-about-interracial-marriages/](http://www.probe.org/what-does-the-bible-say-about-interracial-marriages/)

*Obeying* your parents is a command for children. Once we become adults, we are commanded to *honor* our parents. The difference is that once we're adults, we take our direction directly from God. We honor, not obey, our parents by listening to what they say and seriously considering it, and then doing whatever God leads us to do.

However, the cautions you express about your relationship are very serious and should be explored even if your parents were 100% for your marriage. You not only have a cultural difference, you have a situation where your boyfriend's relationship with his mother and sister could very well be more important than his relationship with you. That's why Gen. 2:24 (later re-emphasized by Jesus Himself) says that a man should leave his mother and father (both physically and emotionally) and cleave (i.e., stick like Superglue) to his wife. If a man's primary emotional connection is to his family of origin instead of his wife, the marriage will be in trouble from day one.

You need to have a very frank talk with him about his emotional priorities. It may well be that this is a matter of your perception and not his reality, because of your own insecurities. If you fight jealousy and insecurity NOW, there's a good chance it will only get worse. That's a part of finishing growing up that you need to deal with before you marry anyone, but spend some time finding out who you are and what your strengths and "gift package" are so that you are content with YOU. If you're content with yourself and able to accept yourself, you won't waste emotional energy comparing yourself with others.

One other thing: if your boyfriend's emotional warmth toward his mother and sister is actually healthy and he would truly have no problem putting you first, then the fact that he has a good relationship with them is a good thing. It's when men are hostile and disrespectful toward female relatives that there is a red flag. (The other red flag is when a man bonds more

with his female relatives than with his male relatives.)

I would suggest that you spend more time talking to him about this, especially your fears that he will never leave his family so you can start your own. There are many, many forces against marriages today. If you get married knowing that both families are not in agreement, you are adding a huge amount of stress to your relationship, because I can verify after 28 years of marriage that you don't just marry a person, you marry a family.

You need to read some good books on Christian marriage: [FamilyLife.com](http://FamilyLife.com) is a wonderful resource.

In the wise words of Dr. Laura, sometimes love just isn't enough. ☐

I hope this helps.

Sue Bohlin

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## **“Help Me Counter My Prof’s Teachings on Horse Evolution”**

I'm a senior at \_\_\_\_\_ in Agricultural Business Management. In one of my Range classes the professor has laid the foundation for the entire class on evolution. Using the common picture of horse evolution (hyracotherium to equus) he is saying that rangeland plants and systems have co-evolved with large ungulates. I'm struggling on just how he can give the theory of evolution such validity, the difference between adaptation and evolution, and finding information that I can

use to refute some of his ideas. I don't want to argue with him but just want a chance to exchange ideas. If you can direct me to any information or resources on this specific topic, I would appreciate it. Thanks.

The best source of information on the horse series can be found in Jonathan Wells book, *Icons of Evolution* (2000) from InterVarsity Press. He has a full chapter on the subject as well as a chapter on Archeopteryx and the bird-like fossils. The book is easily obtainable at Amazon.com and some Christian Bookstores. Wells has also responded to some of his critics and negative reviews on the Discovery Institute's website at [www.discovery.org](http://www.discovery.org). He also has other material at Access Research Network, [www.arn.org](http://www.arn.org). I would check on both sites for other helpful material.

Respectfully,

Dr. Ray Bohlin  
Probe Ministries

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## **“Can You Recommend Good Books on Intelligent Design?”**

Grace and peace to you, Dr. Bohlin:

I am a returning college student and a home-schooling parent. In my classes I find myself facing animosity toward those of us who reject evolution. I want to be able to defend myself in class as well as prepare my children to do the same. I want to be able to say to my children and in class, “I believe [THIS], because [of THIS]; and here's the difference.” I know there is good information available on Intelligent Design and

Creationism, but I simply do not have the ammunition of knowledge and information that I desire.

Unfortunately, with so many works available, I am at a loss as to where to begin. Thus, could you recommend a few? Are there any that force evolutionists to base their critical examinations mainly (or exclusively) upon emotional arguments? (I.e., points that naturalistic "science" cannot honestly ignore or refute.) Alternatively, could you recommend an assortment that, when combined, thwart the mass of evolutionist droning? (And a good order in which to read/study the works.)

I honor you for your desire to become more knowledgeable in this important arena. I wish there were more Christians like you.

Below is a brief annotated bibliography in the order I feel they should be read by someone just starting out.

*1. For an overview of the many issues and publishing events surrounding this question, you can start with the Probe book *Creation, Evolution, and Modern Science*, (Kregel, 2000) which I edited. This will introduce you to several topics without going into too much depth. [This link](#) will give you some more information.*

*2. *Darwin On Trial* by Phillip Johnson (IVP 1991). Phil Johnson has emerged as the leader of the Intelligent Design movement and here lays out in logical manner some of the important evidential problems with evolution as well as the all important academic and educational problems. [See this related article.](#)*

*3. *Reason in the Balance* by Phillip Johnson (IVP 1995). Here Johnson lays out just what is at stake in this naturalism vs. theism clash within the culture in law, science, and education. Not his most popular book, but by his own admission, his most important book. [See this related article.](#)*



4. *Icons of Evolution* by Jonathan Wells (Regnery, 2000). A superb expose' of the ten most popular evidences for evolution in high school biology textbooks. The evolutionary and educational communities are falling all over themselves trying to explain or discredit this book. They are looking more and more foolish as time goes on. [See this related article.](#)

5. *Darwin's Black Box* By Michael Behe (Free Press, 1996). This is a narrower work explaining the necessity of intelligent design in understanding the molecular workings of the cell. Not as technical as you think. I have a good review of it in *Creation, Evolution and Modern Science*. [See this related article.](#)

6. *Intelligent Design* by William Dembski (IVP, 2000). Dembski shows how important Design is within a broad perspective across disciplines while also demonstrating the academic rigor of a design hypothesis. [See this related article.](#)

7. *Defeating Darwinism* by Phillip Johnson (IVP, 1997). A short book for students, parents and teachers highlighting the critical thinking skills needed to weave through the mine fields of the creation/evolution controversy. [See this related article.](#)

8. *The Wedge of Truth* by Phillip Johnson (IVP, 2000). Johnson's latest book, providing an update and analysis of the current controversy and an explanation of overall strategy (*The Wedge*). Insightful and quotable as always.

There are other books to help you in specific areas and anthologies to offer more technical perspectives of important aspects of the controversy, but these should get you started.

There are reviews of books 2-7 on our website in the science section. URLs listed at the end of each description.

Respectfully,

Ray Bohlin  
Probe Ministries

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## **“How Do I Treat People After a Church Split?”**

Over the past couple years at my church some people had left for various reasons and I found myself really wondering how you're supposed to react to them after they've left and you see them out in town, on the street, etc. I had a close personal relationship with some of those people and on the other hand, I witnessed some ridiculous bouts by some of those people who left. Yet it seems that after they were asked to leave (or left themselves), some of the church members still invited them over and at the same time would invite the pastors, their families, or other members of the church body to the same outings as if nothing ever happened. How do I treat those people now when I see them and not disrespect the Lord in my actions and in my heart?

Bless your heart. This is an incredibly painful experience, isn't it? I'm so glad you wrote, if for no other reason that to hear from someone outside the situation for whom known personalities don't complicate things.

I think it's good to remember the big picture of what the Lord desires for us. The very biggest picture is the second commandment, to love our neighbor as we love ourselves. Love God, love people—that sums it all up. Secondly, to remember what the Lord Jesus said about our relationship with other believers in John 13:35—“By this all men will know that you

are My disciples, if you have love for one another.”

Third, consider Philippians 2:1:

*“Therefore if there is any encouragement in Christ, if there is any consolation of love, if there is any fellowship of the Spirit, if any affection and compassion, make my joy complete by being of the same mind, maintaining the same love, united in spirit, intent on one purpose. Do nothing from selfishness or empty conceit, but with humility of mind regard one another as more important than yourselves.”*

So His desire for His body is that we love each other because that’s how we bring glory to God and validate our discipleship, that we pursue unity out of humility and service.

Even after a church split, even after people leave churches for fleshly reasons rather than God-ordained ones, even after people still retain unforgiveness and ungodly attitudes toward people with whom they used to worship, the message of the New Testament is that we are ONE BODY regardless of where we attend church. What God desires is that we love one another no matter what has happened.

If I were in your shoes (and I do have some experience with people in the above categories), when I encounter these people I would choose to remember that God wants us to love each other. That means choosing to be cordial and loving and kind even if the feelings aren’t there (because if God commands it, He provides the way to obey). Yes, ugly things happened. God knows all about it, and it doesn’t change His word that tells us to love one another.

I think it’s a good idea to stay forward-focused, remembering that you will spend eternity being connected with these people as part of the Body of Christ, rather than continuing to see life through a rear-view mirror.

I hope this helps.

Sue Bohlin  
Probe Ministries

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# **“Is Hypnosis OK or a Problem?”**

**I was told by a man who is a new Christian that he quit smoking this past fall through hypnosis. I know that hypnosis is not a good thing, but could you tell me a little more about it so that I can know how to answer in the future?**

Although hypnosis may be useful in some situations, there are a number of potential dangers as well. In what follows, I have simply cut and pasted from a teaching outline on hypnosis. The outline comes from a chapter on “Hypnosis and Hypnotic Regression” in John Weldon and John Ankerberg’s book *Encyclopedia of New Age Beliefs*. It’s important to realize that Weldon and Ankerberg are looking at hypnosis primarily as it relates to the occult and New Age Movement. It MAY be possible for a Christian therapist to make some beneficial use of hypnosis in treating patients. However, I am honestly not knowledgeable enough in this area to know for sure. At any rate, one must certainly be careful, for as Weldon and Ankerberg point out, there are many potentially negative effects arising from the use and/or abuse of hypnosis. Here are a few sections from my outline:

## **Hypnosis and Hypnotic Regression**

**I. So what is hypnosis anyway?**

A. *It is a deliberately induced condition of deep mental relaxation, or trance (i.e. an ASC), in which a person becomes highly suggestible and potentially capable of being dramatically manipulated.*

B. *When the ASC has been achieved, "various therapeutic maneuvers in the form of suggestions or other psychological interventions are performed and are called the practice of 'hypnotherapy.'" (310)*

C. *Its New Age and occult applications include: psychic development, spirit contact, automatic writing, astral travel, etc. For instance, Harpers Encyclopedia of Mystical and Paranormal Experience declares, "Self-hypnosis is used...by mediums and channelers to communicate with spirits." (311)*

## **II. What about hypnotic regression? What is that all about?**

A. *This usually involves using hypnosis to take a person back in their past to uncover buried memories and resolve hidden conflicts.*

B. *In New Age and occult applications, such regression may go back into a person's alleged "past lives."*

## **III. How does hypnosis claim to work?**

A. *No one really knows for sure! There is still no generally accepted scientific theory about it.*

B. *"Daniel Goleman, who has a Ph.D. in clinical psychology from Harvard University, observes, 'After 200 years of use, we still cannot say with certainty what hypnosis is nor exactly how it works. But somehow it does.'" (310)*

## **IV. Does the Bible have anything at all to say about the practice of hypnosis?**

A. *"Hypnosis may be related to the biblically forbidden*

*practice of 'charming' or 'enchancing'; to the extent this relationship holds true, the practice should be rejected."*  
(310)

*B. Christians are to be "filled" and controlled by the Holy Spirit. To the extent that the hypnotic trance opens one up to the influence of other spirits, it has the potential to be quite harmful.*

**V. What is the susceptibility to hypnosis in the general population?**

*A. About 10-20% of people cannot be hypnotized.*

*B. About 10-20% can be easily hypnotized.*

*C. The remainder fall somewhere in between.*

**VII. Granting that hypnosis MAY be helpful and useful under some circumstances, we might still ask whether it is a necessary part of the psychotherapeutic process?**

*A. One psychiatry textbook states, "Everything done in psychotherapy with hypnosis can also be done without hypnosis." (314).*

*B. But if this is really so, we may ask whether the potential risks are worth the potential benefits?*

**X. What are some of the documented potential dangers of hypnosis?**

*A. Perverse motivations to satisfy ulterior needs on the part of the therapist or patient.*

*B. It may increase a patients overdependence on the therapist.*

*C. Traumatic insight when repressed memories are uncovered.*

*D. Precipitation of a psychosis.*

*E. Sudden panic reactions occasioned by the experience of hypnosis.*

*F. Complications from miscommunication.*

*G. Unscrupulous use of hypnosis.*

*H. Difficulty in waking subject and unfortunate effects of incomplete waking.*

**XI. However, it must be admitted that in the Jan. 1987 *American Journal of Clinical Hypnosis*, it was concluded that “other than in a few rare and isolated instances, hypnosis has proven to be one of the safest tools in the armamentarium of the healing professions.” (317). The dangers of hypnosis are usually attributed more to the therapist than to hypnosis itself.**

**XII. W & A suggest five variables to be considered when evaluating the risks of hypnosis:**

*A. The religious, ethical, and philosophical orientation of the therapist.*

*B. The emotional history and condition of the client.*

*C. The degree of technical expertise and past experience of the therapist.*

*D. The motive and purpose for engaging in hypnosis.*

*E. The hypnotic state itself.*

**XIII. Dr. Shafica Karagulla, M.D., a neuropsychiatrist and member of the prestigious Royal College of Physicians. . . warns against possession from hypnosis in her *Breakthrough to Creativity*. . . She warns that hypnosis can open ‘. . .the**

door to your mind which can be influenced by other intelligences, some greater than your own. In such a passive state, an entity can get in and obtain control over you.' (328).

**XV. Christian scholars are divided over whether the use of hypnosis is permissible for Christians.** "One of the leading Christian authorities on the occult, the late Dr. Walter Martin, accepted the medical practice of hypnosis, while warning against its occult use. Noted psychiatrist Paul Tournier, on the other hand, is opposed to any use of hypnosis" (332).

**XIX. Can you think of any biblical prohibitions against hypnosis?**

*A. It may be generally prohibited in a passage like Deut. 18:10-12 (e.g. divination, witchcraft, sorcery, casting spells, mediums, spiritists, etc.). But of course this is not entirely clear.*

I hope this information helps you in your understanding of hypnosis. While it's not a clear-cut issue, Christians should probably be very careful (and prayerful) before either recommending or receiving hypnosis.

Shalom,

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