

The Value of Christian Doctrine and Apologetics

Dr. Michael Gleghorn makes a case for why Christian doctrine and apologetics are important for spiritual growth and maturity.

Just prior to beginning college, I committed my life to Christ. Naturally, as a new believer wanting to grow in my faith, I embarked upon a program of daily Bible reading. When I came to Paul's letter to Titus in the New Testament, I was both struck and inspired by a particular command, which I found nestled among others, there in the first chapter.



Paul reminded Titus, whom he had left on the island of Crete, that he wanted him to “straighten out what was left unfinished and appoint elders” in the local churches which had been established (Titus 1:5). After listing various spiritual and moral qualifications that an elder was to have, Paul went on to insist that he must also “hold firmly to the trustworthy message as it has been taught, so that he can encourage others by sound doctrine and refute those who oppose it” (Titus 1:9). When I first read those words, it was as if a light went on inside my head and I thought, “That’s exactly what I would like to do! I want to be able to ‘encourage others by sound doctrine and refute those who oppose it’” (Titus 1:9). Paul’s words thus encouraged me to take up, in a serious way, the study of Christian doctrine and apologetics.

But what exactly do I mean by “Christian doctrine” and “apologetics”? At its most basic level, Christian doctrine is essentially the same thing as Christian teaching. Such teaching aims at providing a logically consistent and “coherent explication of what the Christian believes.”^{1} Apologetics is a bit more complicated. It comes from the Greek

term, *apologia*, and means “defense.” It was often used in law courts in the ancient world.^{2} Indeed, the book of Acts records several instances in which the Apostle Paul was called upon to “make a defense” of himself before various governing authorities, like Felix, Festus, and Agrippa (e.g., Acts 24:10; 25:8; 26:1-2).

Of course, when we’re talking about *Christian* apologetics, we’re concerned with “making a defense” of the truth-claims of Christianity. The Apostle Peter tells us, “Always be prepared to make a defense to any one who calls you to account for the hope that is in you, yet do it with gentleness and reverence” (1 Peter 3:15). Christian doctrine and apologetics play an important role in the life and health of the church. So please keep reading as we delve more deeply into these issues.

The Value of Christian Doctrine

Why is Christian doctrine important for the life and health of the church? The Apostle Paul told Titus that he wanted him to appoint elders in the local church who would be able to “encourage others by sound doctrine and refute those who oppose it” (Titus 1:9). The teaching of sound Christian doctrine is important for several reasons, but for now let me simply mention two. First, sound Christian doctrine helps us to learn what is true about both God and ourselves. Second, it reminds us of the right way to live in light of such truths. And both of these are essential for the life and health of the church.

First, it’s important to know what is true about God and ourselves. Indeed, our eternal destiny depends on it! Not only must we know that God is holy and righteous and will punish all sin, we must also realize that we are sinners (Numbers 14:18; Romans 3:23). But this, in itself, would lead to despair. Hence, we must also understand that God loves us and sent his Son to be the Savior of the world (John 3:16; 1 John

4:14). We need to grasp that forgiveness and reconciliation with God are freely available to those who turn to Christ in repentance and faith (Acts 3:19; 16:31). Sound Christian doctrine is thus essential for salvation (John 14:6; Acts 4:12; 1 John 5:9-13; 2 John 1:9). Without it, true spiritual life and health is impossible.

But this does not exhaust the importance of Christian doctrine. For once we are saved through faith in Christ, God then calls us to grow up and become like his Son—and this would be exceedingly difficult apart from instruction in sound Christian doctrine. As Christian philosopher Bill Craig observes, “If we want to live correctly for Christ . . . we need to first think correctly about Christ. If your thinking is skewed and off-base, it is going to affect your life and your Christian discipleship.”^{3} Indeed, the Apostle Paul contrasts Christian *maturity*, characterized by genuine “knowledge of the Son of God,” with spiritual *immaturity*, characterized by a lack of such knowledge and a proneness to being deceived (Ephesians 4:13-14).

God calls us to Christian maturity—and instruction in Christian doctrine plays an important role in our spiritual growth. But there is also a role for Christian apologetics—and we must now turn to consider that.

A Defense of Christian Apologetics

Many people question the value of Christian apologetics for the life and health of the church.^{4} They contend that it’s impossible to “argue” anyone into becoming a Christian. Instead of making a defense for the truth of Christianity, we ought rather to invest our limited resources in preaching the gospel of Christ, trusting that God will open people’s hearts and draw them to himself.

Now while I certainly agree that we should be preaching the

gospel, and trusting that God will use it to draw men and women to himself, this negative view of apologetics is frankly unbiblical, untrue, and shortsighted.

In the first place, such a view is unbiblical. Both Jesus and the Apostle Paul used arguments and evidence to convince their listeners of particular theological truths (Matthew 22:15-46; Acts 17:16-34). Moreover, the Apostle Peter tells us to always be ready to “make a defense” (or offer an apologetic) to those who ask about our hope in Christ (1 Peter 3:15). A negative view of Christian apologetics thus runs counter to the teaching of Scripture.

Second, it’s simply untrue that no one ever comes to Christ through apologetic arguments and evidence.^{5} Indeed, sometimes the Holy Spirit actually uses arguments and evidence to draw people to Christ!^{6} And while such people may admittedly be in the minority, they can be extremely influential in commending the faith to others, for they are often prepared to offer good reasons for believing that Christianity is really true!

Finally, a negative view of Christian apologetics is shortsighted. The great theologian J. Gresham Machen argued that we should aim to create “favorable conditions for the reception of the gospel.” Along these lines, he noted the difficulty of attempting to do evangelism once we’ve given up offering an intellectually credible case for the truth of Christianity. “We may preach with all the fervor of a reformer,” he said, “and yet succeed only in winning a straggler here and there, if we permit the whole collective thought of the nation . . . to be controlled by ideas which . . . prevent Christianity from being regarded as anything more than a harmless delusion.”^{7} Machen understood that neglecting apologetics is shortsighted. For unless we offer arguments and evidence, we make it that much easier for people to simply shrug their shoulders and continue ignoring

Christianity's truth-claims.

Having now dismantled the arguments *against* apologetics, we'll next consider its *benefits* for the life and health of the church.

The Value of Christian Apologetics

Christian apologetics is concerned to offer a robust defense for the truth of Christianity. Hence, training in Christian apologetics can be of great value for the life and health of the church. This is because such training helps to instill within believers a deep confidence that Christianity is really true. And when one becomes convinced that Christianity is really true, one is typically more likely to share one's faith with others—and less likely to abandon the faith when confronted with various social, cultural, and intellectual pressures.

Let's consider that first point, that when one becomes convinced of Christianity's truth, one is more likely to share this truth with others. Many Christians admit to being hesitant about sharing their faith because they're afraid someone will ask them a question that they are ill-prepared to answer.^{8} Training in apologetics can help counteract this fear. Granted, one may still be asked a question that is difficult to answer. But apologetics training can help alleviate the fear associated with such situations by helping believers understand that good answers are available—even if they can't remember what those answers are! To give an illustration, if I learn that there is excellent evidence that a particular drug can cure some disease, then I will be far more confident about sharing this fact with others—even if I can't answer all their questions about *how* the medicine works. I may not remember exactly *how* it works, but I do know that there is very good evidence *that* it works. And knowing this, I will naturally be more confident telling others about it, even

if I can't answer all their questions about how or why.

Moreover, training in apologetics can help insulate believers from abandoning the faith, for they now know that there are good reasons to believe that Christianity is really true. Of course, most people who abandon the faith do so for *non*-intellectual reasons. Still, as Paul Chamberlain observes, "A number of vocal critics who have moved from Christianity to atheism cite intellectual difficulties with Christianity" as a prime reason for quitting the faith.[{9}](#) While apologetics training can't completely prevent such outcomes, it can make them less likely. After all, it's far more difficult to abandon a view once you've become sincerely convinced of its truth.

Our Witness to the World

Over a hundred years ago, the theologian J. Gresham Machen forcefully argued that, for the faithful Christian, all of life—including the arts and sciences and every sphere of intellectual endeavor—must be humbly consecrated to the service of God.[{10}](#) Indeed, this should be true not only for every individual Christian in particular, but for the entire church in general. Our witness to the world depends on it.

Machen wrote:

Christianity must pervade not merely all nations, but . . . all of human thought. The Christian, therefore, cannot be indifferent to any branch of earnest human endeavor. It must all be brought into some relation to the gospel. It must be studied either in order to be demonstrated as false, or else in order to be made useful in advancing the Kingdom of God. . . . The Church must seek to conquer not merely every man for Christ, but also the whole of man.[{11}](#)

In this article, we've been considering the importance of Christian doctrine and apologetics for the life and health of

the church. And clearly, Machen's proposal cannot be effectively implemented apart from a healthy understanding of these issues on the part of the church. After all, how can "all of human thought" be brought "into some relation to the gospel" unless we first understand what the gospel is? How can views "be demonstrated as false" unless we first have some idea of what's true—and how to reason correctly about it? How can views "be made useful in advancing the Kingdom of God" unless we first understand such views, along with how and why they can be useful in advancing God's kingdom? If we are ever to have a hope of carrying out a project like this, in a manner that is both practically effective and faithful to our God, then sound Christian doctrine and apologetics must occupy a central role in our endeavors.

Christian doctrine and apologetics are not antithetical to the life and health of the church. They are rather of fundamental importance. Only by knowing what we believe, and why it's really true, can we fulfill Peter's injunction to always be ready "to make a defense" to anyone who asks about our hope in Christ (1 Peter 3:15). And only thus can we progress to true spiritual maturity, avoiding the "craftiness of men in their deceitful scheming" (Ephesians 4:13-14). So if we care about the life and health of the church—along with its witness to the world—we must encourage a healthy dose of respect for sound Christian doctrine and apologetics.

Notes

1. Molly Marshall-Green, "Doctrine," in *Holman Bible Dictionary*, gen. ed. Trent C. Butler (Nashville: Holman Bible Publishers, 1991), 374.
2. Steven B. Cowan, "Introduction," in *Five Views on Apologetics*, ed. Steven B. Cowan (Grand Rapids, MI: Zondervan, 2000), 8, Kindle.
3. William Lane Craig, "Foundations of Christian Doctrine (Part 1)," *Reasonable Faith*, October 22, 2014, accessed August 22, 2018,

www.reasonablefaith.org/podcasts/defenders-podcast-series-3/s3-foundations-of-christian-doctrine/foundations-of-christian-doctrine-part-1/.

4. Many of the points made in this section are indebted to the discussion in William Lane Craig, "Foundations of Christian Doctrine (Part 2)," Reasonable Faith, October 29, 2014, accessed August 29, 2018,

www.reasonablefaith.org/podcasts/defenders-podcast-series-3/s3-foundations-of-christian-doctrine/foundations-of-christian-doctrine-part-2/.

5. See, for example, the "Testimonials" section of the Reasonable Faith website, accessed August 29, 2018, www.reasonablefaith.org/testimonials.

6. William Lane Craig, *Reasonable Faith: Christian Truth and Apologetics*, 3rd ed. (Wheaton, IL: Crossway Books, 2008), 192.

7. J. Gresham Machen, "Christianity and Culture," *Princeton Theological Review* 11 (1913): 7.

8. Indeed, entire books have been written to help believers feel better prepared for such conversations. See, for example, Mark Mittelberg, *The Questions Christians Hope No One Will Ask: (With Answers)* (Tyndale, 2010).

9. Paul Chamberlain, "Why People Stop Believing," *Christian Research Journal* 41, no. 4:11.

10. Machen, "Christianity and Culture," 5.

11. Ibid., 6.

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Spiritual Warfare – Applying

A Biblical Worldview Perspective

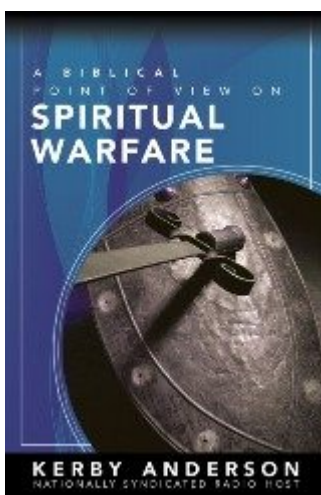
Kerby Anderson provides a concise, biblical worldview perspective on the important topic of spiritual warfare. Every Christian needs to understand that our battle is against spiritual forces not against other humans, who need Christ.

He gives us practical advice on understanding our spiritual weapons and applying them to take on the forces of Satan in this world.



Spiritual Warfare

Lots of books have been written about spiritual warfare. Most of them share anecdotes and experiences of the authors or the people they ministered to. In this article I merely want to answer the question, what is a biblical point of view on spiritual warfare? (For more information on this topic, see Kerby Anderson, [*A Biblical Point of View on Spiritual Warfare*](#) (Eugene, OR: Harvest House, 2009).



Spiritual warfare affects everyone. In fact, the day someone becomes a Christian, they are already involved in spiritual warfare. There is no place you can escape from this warfare. There are no “safe zones” or “secure bunkers” where you can hide.

Sadly, many Christians do not even know there is a spiritual war taking place around them. They may even become a spiritual casualty and never understand what has happened to them.

So many Christians have become mortally wounded in the spiritual conflict that takes place around them. They may be so emotionally spent or spiritually dead that they are essentially no longer of any use to God.

Others may have less serious wounds from this spiritual conflict, but are still affected by the battle. They still go about the Christian life but are not as effective as they could be because of the "battle scars" they carry with them.

Jesus never promised that the Christian life would be easy. In fact, He actually warned us of the opposite. He says in John 16:33 that "in this world you will have trouble."

Anyone who takes even a brief look at the history of Christianity knows that is true. Jesus was beaten and crucified. Most of the disciples died martyrs deaths. Millions of Christians were persecuted throughout history.

Christians today suffer persecution in many lands, and all of us wake up to a spiritual battle every day. That is why we need to be prepared for battle.

So where does this battle take place? Actually the Bible teaches that spiritual warfare takes place in various places in heaven and on earth.

First, we should remember that God dwells above in the heavens. Psalm 8:1 says that God has displayed His splendor above the heavens. Psalm 108:4-5 says God's lovingkindness is great above the heavens and that He is exalted above the heavens.

The Bible also talks about the battle in the heavens. When a passage in Scripture talks about heaven, it may be referring

to one of three places: (1) The first heaven is what we would call the atmosphere, (2) The second heaven is where the angels fly and do battle (Revelation 12:4-12; 14:6-7), and (3) the third heaven is also called "Paradise" and is what Paul describes in 2 Corinthians 12: 2-4:

I know a man in Christ who fourteen years ago—whether in the body I do not know, or out of the body I do not know, God knows—such a man was caught up to the third heaven. And I know how such a man—whether in the body or apart from the body I do not know, God knows—was caught up into Paradise and heard inexpressible words, which a man is not permitted to speak.

Spiritual warfare also takes place below the heavens and on earth. This occurs on the face of the earth (Genesis 6:1; Acts 17:26) where Satan prowls like a roaring lion (1 Peter 5:8). And it will also take place in hell and the bottomless pit (Revelation 9:1-2; 20:1-3) and at the Lake of Fire (Revelation 19:20; 20:10-15) where final judgment will take place.

Spiritual Battles

Spiritual warfare is the spiritual battle that takes place in the unseen, supernatural dimension. Although it is unseen by humans, we can certainly feel its effects. And we are to battle against spiritual forces in a number of ways.

First, we need to realize that the weapons of this warfare are not human weapons fought in the flesh. Instead, they are spiritual weapons such as truth and righteousness that can tear down strongholds and philosophies that are in opposition to God.

For though we walk in the flesh, we do not war according to the flesh, for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses. We are destroying speculations and every lofty

thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ (2 Corinthians 10:3-5).

Second, the nature of this battle is different from an earthly battle. In Ephesians 6:12, Paul talks about the nature of this spiritual battle: "For our struggle is not against flesh and blood, but against rulers, against the powers, against the world forces of this darkness of this world, against spiritual forces of wickedness in heavenly places."

We can also have confidence because God "rescued us from the domain of darkness, and transferred us to the kingdom of His beloved Son, in whom we have redemption, the forgiveness of sins" (Colossians 1:13).

Many Christians do not like the warfare imagery in the Bible, but that is how the spiritual life is described. We need to prepare for this spiritual battle even if we would like to ignore the battle for truth and error as well as the battle for life and death that is taking place around us.

Third, the Bible tells us that to prepare for battle. We must wear the right armor and have the right weapons, which include truth, righteousness, the gospel, faith, salvation, and prayer:

Stand firm therefore, having girded your loins with truth, and having put on the breastplate of righteousness, and having shod your feet with the preparation of the gospel of peace; in addition to all, taking up the shield of faith, with which you will be able to extinguish all the flaming arrows of the evil one. And take the helmet of salvation, and the sword of the Spirit, which is the Word of God. With all prayer and petition pray at all times in the Spirit (Ephesians 6:14-18a).

The Bible also calls upon us to be strong in the Lord. We should be steadfast in our resistance to the Devil. We do this

by putting on the whole armor of God and resisting Satan. Ephesians 6:10-11 says, "Finally, be strong in the Lord, and in the strength of His might. Put on the full armor of God, so that you will be able to stand against the schemes of the devil."

The Three Ws

One way to understand the nature of spiritual warfare is to consider the three Ws: our walk, our weapons, and our warfare.

First let's consider our walk. Paul says, "For though we walk in the flesh, we do not war according to the flesh" (2 Corinthians 10:3). Our war is not an earthly one but a spiritual one. So even though we do walk in the flesh, our warfare is not fleshly.

We should understand that we didn't start this war but it has been going on long before we came on the scene. For a war to exist, there must be threat from those intend to harm others.

For the battle to be successful, those who are threatened must be willing to stand up and fight. Many wars have been lost because good people refused to fight. And many Christians believe that the reason Satan has been so successful in the world is because either (1) Christians have been unwilling to fight, or (2) Christians have not even been aware that there is a spiritual battle.

The second W is our weapons. Paul also teaches, "for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses" (2 Corinthians 10:4). One of the most important weapons of our warfare is the Word of God. Paul calls it the "Sword of the Spirit" (Ephesians 6:17).

We are also instructed to wear armor before we go into battle (Ephesians 6). We are to gird our loins with truth (vs. 14a).

That means we need to define the truth, defend the truth, and spread the truth. We are also to wear the breastplate of righteousness (vs. 14b). That means we are to rely on the righteousness of Jesus and live holy and righteous lives. We are also to take up the shield of faith (vs. 16). When we have bold faith, we are able to extinguish all the flaming arrows of Satan. And we are to take the helmet of salvation (vs. 17). We need to be assured of our salvation and stand firm in that assurance.

The third W is our warfare. What is the goal of spiritual warfare? Paul says, "We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ" (2 Corinthians 10:5). We cannot fight this war with physical weapons because our targets are not physical. They are intellectual and spiritual. So we cannot fight them with guns or planes or bombs.

The word "speculations" (which is sometimes translated "imagination") refers to the mind. It includes our thoughts and our reflections. So we should challenge the false ideas that Satan has encouraged in the world by countering unbiblical speculations and proclaiming God's truth.

The World, the Flesh, and the Devil

How does spiritual warfare affect us?

When the New Testament uses the term "world," most of the time it is a translation from the word *kosmos*. Sometimes it can mean simply the planet earth (John 1:10; Acts 17:24). But when we talk about the influence of the world on our spiritual life and on our souls, we are talking about the worldly system in which we live. This world system involves culture and philosophy that is ultimately in opposition to God. That doesn't mean that everyone is evil or that the world's system

is filled with nothing but error. But it does mean that the world can have a negative influence on our souls.

Paul warns not to be conformed to this world (Romans 12:1). He also warns us not to let our hearts and minds be taken captive to these false ideas: "See to it that no one takes you captive through philosophy and empty deception, according to the tradition of men, according to the elementary principles of the world, rather than according to Christ" (Colossians 2:8).

The Bible teaches that many temptations come from the world's system. We read in 1 John 2:15-16, "Do not love the world nor the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, is not from the Father, but is from the world."

The second influence is the flesh. Like our previous term, the word flesh can have different meanings. Sometimes it merely refers to our body: our flesh and bones (Luke 24:39; Acts 2:26). In this context, however, flesh is a second area of temptation and thus an important instrument of sin. We see this in the fact that we are born with a sin nature (Romans 7:14-24; 8:5-9). It is part of our bodies (Romans 7:25; 1 John 1:8-10) even after we have accepted Jesus Christ. But the good news is that its power over us has been broken (Romans 6:1-14) so that we can have victory over sin (Romans 8:1-4).

A third influence is the Devil. The ruler and mastermind behind the world's system is Satan. He can use the various distractions of the world's system to draw us into sin, temptation, and worldliness. We read in 1 John 2:15 that "If any one loves the world, the love of the Father is not in him." So the Devil can use the world to turn our affections from God to the world.

Satan can also attack us through our flesh. He can entice our flesh with various temptations. We read in 1 John 2:16 that

“For all that is in the world, the lust of the flesh, the lust of the eyes, and the boastful pride of life, is not from the Father, but is from the world.” He can draw our attention away from God by manipulating the desires of the flesh.

Spiritual Weapons

The weapons of our warfare are spiritual because the battle we are fighting is spiritual. Paul clearly states this in Ephesians 6:12: “For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places.” This is a spiritual battle that takes place in the heavenly places.

We should also realize that we are not warring against flesh and blood but against a spiritual enemy. So even though we might be tempted to think that people are our real enemy, our real enemy is Satan and his demons. People are merely pawns in the heavenly chess game being played out in our lives and in our world.

Paul tells us that “though we walk in the flesh, we do not war according to the flesh, for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses” (2 Corinthians 10:3-4). So what are those weapons? It is interesting that Paul does not give a list to those who he is writing to in the church in Corinth. Therefore, we must assume that they were already aware of what those weapons are based on other letters Paul wrote to the various churches.

One obvious weapon is the weapon of truth. Believers are given insight into both the earthly realm and the heavenly realm because of what has been revealed in Scripture. We know what is behind the forces we wrestle with (Ephesians 6:12).

Another weapon is love. In fact, the Bible links truth with love (“speaking the truth in love” –Ephesians 4:15). Love is

also a very powerful weapon in this spiritual warfare that we encounter. We should not approach people with anger or judgmentalism. But we must understand how important love is in dealing with others (1 Corinthians 13).

A third weapon is faith. Faith is defined as “the assurance of things hoped for, the conviction of things not seen” (Hebrews 11:1). Notice that faith is a conviction of things that are not seen. This is an important attribute since spiritual warfare is an invisible war. Faith is the recognition of this invisible world and the confidence that God is still in control.

And a very important weapon is prayer. We are told in 1 Thessalonians 5:17 to pray continually (some translations say to pray without ceasing). We are exhorted to pray about the circumstances we encounter and to use prayer as a weapon in our spiritual battle. When Paul talks about Christians putting on the armor to fight spiritual battles, he says that “with all prayer and petition” we are to “pray at all times in the Spirit” (Ephesians 6:18).

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A Christian Purpose for Life – Proclaiming the Glory of Christ

Steve Cable answers the question, Why does God leave Christians on earth after we are saved?

Misconceptions and Our Identity

Examining the beliefs and behavior of born-again emerging adults over the last few years, one common deficiency is a misunderstanding of their relationship to eternity. Many believers either have not thought about the question of “Why did God leave me here on earth once I was saved?” or they harbor misconceptions about the answer. Let’s begin by considering some common misconceptions.



The first misconception is being purposeless. These people believe that thinking about their eternal purpose is a waste of time. Just live for the moment. My eternal destiny is secure so why bother myself with asking, “Why am I still here? I’ll worry about the things of heaven after I die.” This viewpoint devalues the sacrifice of Christ. He did not give His life for us so that we can be unconcerned about what concerns Him.[{1}](#)

The second misconception is focusing on this life’s pleasures. Many young people say things like “I don’t want Jesus to return until after I have traveled, married, had children, gotten that promotion, etc.” They assume these things are of ultimate importance in their lives. Yet, the Bible teaches us that this attitude will choke out God’s fruit in our lives. As Jesus said, “[T]he worries of the world, and the deceitfulness of riches, and the desires for other things, enter in and choke the word and it becomes unfruitful.”[{2}](#)

A third misconception is becoming prepared for heaven. Some think that God needs to get our character up to some entrance level requirement before we are ready to move on to heaven. Most people with this view are not really working hard to match their lifestyle to a biblical standard, but they figure at some point they will. However, since our righteousness is not our own, but rather that of Jesus’,[{3}](#) we don’t need to get more righteous to enter heaven. In fact, when we see Him

then we will be like Him.[{4}](#) The fastest way to make us completely mature is to take us out of this world.

One final misconception is providing for one's family. Caring for our family is certainly part of God's desire for our lives. However, if our sole purpose is to provide for our own family and our children have the same purpose and so on, the church will be limited to us and our progeny—and no one else.

These common misconceptions as to our purpose fall under the warning Paul gave us in Philipians,

For many walk, of whom I often told you, . . . that they are enemies of the cross of Christ, . . . whose god is their appetite, and whose glory is in their shame, who set their minds on earthly things.[{5}](#)

Paul goes on to explain, “For our citizenship is in heaven, from which also we eagerly wait for a Savior, the Lord Jesus Christ . . .”[{6}](#)

We are to live our lives constantly aware of our heavenly citizenship, eagerly awaiting the return of our Lord. In this article, we examine the book of 1 Peter to see what Peter has to say about our purpose in life and how we are to live it out.

Called to a Critical Mission

Peter begins the book of 1 Peter by reminding us what Christ has done for us. Let's read the first few verses of this amazing letter.

According to his great mercy, [God] has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead, to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, who by God's power are being guarded through faith for a salvation ready to be revealed in the last time.

Through the resurrection of Jesus we are born again and are looking forward to an eternal inheritance kept in heaven for us to be revealed in the last time. What a wonderful truth helping us to realize that we are already living in eternity as we wait for our inheritance to be revealed. In the meantime, we are living on this earth in a temporary “earthsuit” called to fulfill God’s purpose for our lives.

In the remainder of his letter to the churches, Peter addresses what we are to do while we are living on this earth. He first tells us that we are likely to encounter trials and suffering in this world. Then, beginning with verse 13 of chapter 1, Peter conveys to us the importance of our mission, giving us instructions we would expect a military commander to give before sending his team out on a dangerous and critical mission. He tells us to:

Prepare our minds for action – we are to be action oriented, not passively waiting for our life to pass by.

Be alert and focused on the mission – we are to keep our minds focused on God’s purpose for our life on this earth.

Keep a long term perspective – don’t be deceived into putting your thoughts and your hope on the temporary temptations of the world, and

Realize God has entrusted you with the priceless resource of time – Peter tells us that we are to conduct ourselves in the fear of the Lord while we are on this earth.

In the latter parts of chapter 1, Peter reminds us that we have been redeemed at a very high cost, the precious blood of Jesus Christ, the eternal Son of God. We owe a tremendous debt which motivates us to desire to faithfully carry out our mission on this earth.

The calls to action listed above must be accompanied by two critical components to be effective in this life.

Specifically, Peter calls on us to purify our hearts not conforming to our former lusts and to love other believers not only as a friend, but also with sacrificial love by which Jesus loves you. The actions listed above are not our purpose on this earth, but rather activities we need to address if we are fulfill our purpose.

Our Purpose: To Proclaim His Excellencies

Why does God leaves us on this earth after we are saved? In the second chapter of his letter, Peter begins by reminding us that we are living stones, part of the holy building God is building on the cornerstone Jesus Christ. This building made up of the lives of Christians is to be a beacon proclaiming the glory of God and the good news of redemption in Jesus.

In verses 9 and 10 of Chapter 2, Paul clearly states the purpose of our lives and of the church when he writes:

But you are a chosen race, a royal priesthood, a holy nation, a people for God's own possession, so that you may proclaim the excellencies of Him who has called you out of darkness into His marvelous light; for you once were not a people, but now you are the people of God; you had not received mercy, but now you have received mercy.

We are a special people on this earth, God's own people. Peter uses the terms used by Yahweh of the Israelites in the wilderness where God told them through Moses,

Now then, if you will indeed obey My voice and keep My covenant, then you shall be My own possession among all the peoples, for all the earth is Mine; and you shall be to Me a kingdom of priests and a holy nation. [{7}](#)

The Israelites discovered that they could not obey His voice or keep His covenant even when ruled by kings who desired to serve the Lord. Jesus Christ had to "become sin on our behalf, so that we might become the righteousness of God through

Him.”[{8}](#) In Jesus’ righteousness, we now become the special people of God given His purposes to accomplish on this earth.

We are left here so that we may proclaim His excellencies. We are to proclaim more than just the general attributes of our Creator. We are to let people know that our Creator is prepared to deliver them out of darkness and let them live in His marvelous light. God has entrusted us with His glory, His light. We have the privilege of proclaiming His glory and offering His grace. At a basic level, we proclaim His excellencies by obeying His commands to proclaim Christ, make disciples, and be available for God to use us on this earth.

If we are to proclaim the glories of Christ and the gospel of redemption to eternal life, how are we to accomplish this wonderful goal?

Fulfilling Our Purpose Through Excellent Behavior and Right Relationships

In this article we have been looking at the question, “What purpose does God have for my life as a Christian here on planet Earth?” We have seen that God leaves us here primarily for the purpose of bringing others into His kingdom. As Paul said, “For me to live is Christ and to die is gain . . . if I am to remain on in the flesh it will mean fruitful labor for me.”[{9}](#) In his letter to the Colossians, Paul stated, “We proclaim [Christ] by instructing and teaching all people with all wisdom so that we may present every person mature in Christ.”[{10}](#) The apostle Peter put it this way, “[You are] a people of his own, so that you may proclaim the virtues of the one who called you out of darkness into his marvelous light.”[{11}](#)

If we are to proclaim Christ in this world, the next obvious question is, how are we to do this? Is the best approach to rent a large electronic bull horn and drive the streets preaching the good news? Or in today’s world perhaps we can

start a Facebook page or send out a tweet with John 3:16? These techniques may be appropriate in some circumstances, but that is not where the apostle Peter says we should begin.

Peter follows his statement that we are called to proclaim Christ with this interesting instruction:

Beloved, I urge you as aliens and strangers to abstain from fleshly lusts which wage war against the soul. Keep your behavior excellent among the Gentiles, so that in the thing in which they slander you as evildoers, they may because of your good deeds, as they observe them, glorify God in the day of visitation. [{12}](#)

Instead of following this primary purpose with instructions on how to best verbalize our faith, he first focuses on how we live out our faith. He clearly points out that our behavior if kept excellent in purity and good deeds will attract the attention of non-Christians, of evil doers, causing them to consider the work of Christ in this world. We see that the reason God calls us to excellent behavior is not so that we will be good enough to get into His heaven, but rather to convict others of their need for a savior.

Peter continues to address ways in which we should proclaim Christ in the remainder of the second chapter. He points out that having godly relationships is an important way of proclaiming Christ. What types of relationships does Peter address? He specifically calls out our relationships with unbelievers, government authorities, our bosses, our co-workers, husbands and wives, other believers and the elders He has placed over us.

Relationships are the biggest part of life. As people observe your relationships, they can see that they are different because you offer supernatural love, and your eternal perspective allows you to approach them with a servant's heart. As Christians, our relationships are not about getting

what we deserve, but rather about giving to others the same way Jesus has given to us.

Fulfilling Your Purpose Through Your Testimony and Your Prayers

Above we have seen that our post-salvation purpose of life on earth is to proclaim the excellencies of Jesus Christ through the gospel. We also looked at the first two ways that we should use to proclaim Christ in this world. The first way is through excellent behavior lived out before an unbelieving world. The second is through living out right relationships with those with whom we deal in this world. As you can see, these first two ways that Peter addresses do not require us to explain our faith in Jesus Christ. Rather, they draw unbeliever's attention to our lives, building up questions in their minds.

For example, in 1 Peter 2:18-19, Peter tells us,

Servants, be submissive to your masters with all respect, not only to those who are good and gentle, but also to those who are unreasonable. For this finds favor, if for the sake of conscience toward God a person bears up under sorrows when suffering unjustly.

Having a good attitude toward our boss even in those times when they are unreasonable finds favor with God and testifies to others of our different perspective.

After dealing with a comprehensive list of life relationships, from the government to our husbands and wives, Peter brings up our spoken testimony as well. In 3:15, he says:

Sanctify Christ as Lord in your hearts, always being ready to make a defense to everyone who asks you to give an account for the hope that is in you, yet with gentleness and reverence; and keep a good conscience so that in the

thing in which you are slandered, those who revile your good behavior in Christ will be put to shame.

Not only are we to live our lives in ways that proclaim the glories of our Savior, we are to be prepared to give an account for the hope that is in us. We know from the first chapter of 1 Peter that the hope that is in us is the hope that comes from being born again and knowing that we have obtained an eternal inheritance reserved for us in heaven. We need to be prepared to share with others that through faith in the resurrection of Jesus Christ they too can share in this same hope that drives our lives. The phrase in the verse, to make a defense, is a translation of the Greek word *apologia* from which we obtain our English word "apologetics."

It is important to note the context in which this call to apologetics is placed. First, it is to be done with gentleness and reverence, not with arrogance and self-righteousness. The object is not to demonstrate you are right, but rather to help the questioner come to grips with the truth of grace through the death and resurrection of Jesus Christ. Second, Peter reiterates his instruction found in 2:12, reminding us that we are to focus on living sanctified lives so that even those who slander us know in their hearts of our good behavior in Christ.

Finally, in 1 Peter 4:7, we are called to be "of sound judgment and sober spirit for the purpose of prayer." If we are to be effective in proclaiming Christ in this world we must be consistently praying about the people and the obstacles we face.

Peter makes it clear that our purpose as a church on this earth is to proclaim the goodness of Christ who delivered us out of the domain of darkness and into the eternal kingdom of God. Proclaiming Christ in this way involves our excellent behavior, our right relationships, our gentle defense of the gospel, and a commitment to prayer. Let us examine our lives

to see how this call is being lived out in us.

Notes

1. 2 Cor 5:14 and 1 Peter 1:13-17
2. Mark 4:19
3. Phil 3:9-10, 2 Cor 5:21
4. 1 John 3:3
5. Phil 3:18-19
6. Phil 3:20-21
7. Exodus 19:5-6
8. 2 Cor 5:20
9. Phil 1:21-23
10. Colossians 1:28 NET Bible
11. 1 Peter 2:9b NET Bible
12. 1 Peter 2:11-12

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God Space: Where Spiritual Conversations Happen Naturally

This article is offered as an introduction and overview of Doug Pollock's book by the same title. Those who want to learn

more about how to have natural and effective spiritual conversations are encouraged to read (and apply) Pollock's book for themselves.

Creating God Space



If you're a Christian, you probably wrestle from time to time with how best to share your faith with non-Christian friends and family. I mean, let's face it. We often *want* to share our faith. But we're a bit confused (maybe even overwhelmed) with how to go about it in a natural and non-threatening way. *Is there a way to have spiritual conversations naturally?*

According to Doug Pollock, the answer is "Yes"—and it all begins with something he calls "God Space." "I often wonder," he says, "what would happen if . . . the body of Christ could create low-risk, high-grace places for people to pursue their need to have spiritual conversations."[\[1\]](#) But Doug not only wonders about it, he's also spent the better part of his adult life actually doing it—and training others to do it too. Although he's had many roles, he's probably best known for his work as an author, speaker, and evangelism trainer for Athletes in Action.[\[2\]](#) His passion, however, is pointing people to Christ through spiritual conversations in which people have the freedom to simply be themselves.

You see, Doug believes that people actually want (and even need) to have such conversations. Moreover, they're often even willing to have them. The problem, of course, is that such conversations can often seem intimidating—even threatening—to both Christian and non-Christian alike. So Doug advocates creating a "safe space" in which to have such conversations.

But he warns us that for many non-Christians in our world today, the church is often *not* perceived as safe.^{3} Hence, he says, if we want to reach people for Christ, then we've got to go to *them*—and help create a “safe space” for spiritual conversations right where they are.

Doug calls it “God Space” —a space where “God is . . . encountered in . . . ways that address the longings and cries of the heart.” In God Space “the ‘unworthy’ feel safe enough to bring their real selves . . . into the light, and to journey, one step at a time, toward the magnetic pull they sense deep in their souls.” It’s a space where “spiritual curiosity is aroused, and the message of Christianity becomes plausible.”^{4}

Does this sound like something you'd be interested in learning more about? Then keep reading as we consider Doug's book in more detail.

Spiritual Conversation-Killers

Doug Pollock offers some great advice about how to have natural, non-threatening spiritual conversations with those who don't know Christ. Before discussing this advice in more detail, however, we first need to pause and consider some of the ways in which we might unintentionally shut-down, or “kill,” a spiritual conversation before it even has a chance to get going.

Doug describes ten “spiritual conversation-killers” in his book. Although we can't discuss them all, we'll at least mention a few of them. To get started, think of the non-Christian people you know and interact with on a somewhat regular basis. How many of them would be interested in having a “low-risk, high-grace” spiritual conversation with you? If your answer is few to none of them, then you might be guilty of the most basic spiritual conversation-killer of them all:

“an unbelieving heart.”[{5}](#) If we assume that the non-Christians we know aren’t interested in talking about spiritual things, then we probably won’t have many spiritual conversations with them.

And Doug says this is a big mistake. “I’ve had spiritual conversations with people all over the world,” he writes, “including the supposed ‘tough places.’ I think it’s because the Holy Spirit has given me a conviction that if God has put eternity in every person’s heart, which is what Ecclesiastes 3:11 tells us, then *all* people were made for spiritual conversations.”[{6}](#) So let’s not “kill” an opportunity for spiritual conversations because of unbelief. Instead, let’s assume that if we approach such conversations wisely, we’ll find people eager to talk with us.

Okay, so how do we approach such conversations wisely? In my opinion, the best way to have good *spiritual* conversations is simply to apply some of the very same principles that go into having good conversations of any sort.[{7}](#) For example, how well would my conversation go if I was disrespectful of the other person’s beliefs or opinions? Or what if I came across as harsh, combative, or domineering? Would such conversations be successful? Probably not. And if that’s the case with everyday conversations, then it’s probably the case with spiritual conversations too. So if we want to have good spiritual conversations, we need to be humble, gracious, kind and polite. If not, we’ll probably “kill” whatever spiritual conversations we might otherwise have had. And when that happens, no one wins.

Wondering Your Way Into Spiritual Conversations

In *God Space: Where Spiritual Conversations Happen Naturally*, Doug has four great chapters on *noticing*, *servicing*,

listening, and *wondering* your way into spiritual conversations. For our purposes, let's direct our attention to that final chapter, which involves "wondering" our way into spiritual conversations. "Of all the things you'll read in this book," Doug tells us, "this chapter holds the most promise if you truly want to see the quality and quantity of your spiritual conversations increase."[{8}](#)

So how does it work? How do we *wonder* our way into spiritual conversations? As Doug lays it out for us, there are essentially two steps. First, we have to be really good listeners.[{9}](#) If we're not actively listening to what people are telling us, then we're not going to have much to wonder about. That's because we *wonder* our way into spiritual conversations by asking good questions about what another person is telling us. That's step two. After listening carefully to what the other person is saying, we begin to wonder "out loud" by asking questions that are relevant to the conversation we're having.[{10}](#)

According to Doug, "good wondering questions" will "flow naturally out of your context and . . . conversations." They reveal "that you have listened thoughtfully." They "are open-ended and promote more dialogue and reflection." They "probe sensitively and reflectively into someone's belief systems." And finally, such questions encourage "others to investigate the Christian life" for themselves.[{11}](#)

So by listening carefully and asking good "wondering" questions about what you're being told, you can open the door to all sorts of spiritual conversations. Doug even offers some examples of "good ways to start wondering."[{12}](#) Suppose your conversation partner has made an interesting claim or expressed an intriguing perspective on some issue. You might respond by saying, "That's an interesting perspective; I'm wondering how you arrived at that conclusion?"[{13}](#) Notice how such a question not only demonstrates an interest in, and respect for,

the other person and their views—it also serves to keep the conversation moving forward in a positive direction. Indeed, once you get a knack for listening carefully and asking good wondering questions, who knows how many spiritual conversations you might find yourself having!

Bringing the Bible Into Your Conversations

Let's now discuss Doug's advice about bringing the Bible into our conversations.[{15}](#)

The word of God is powerful. Paul describes it as “the sword of the Spirit.”[{16}](#) And the author of Hebrews tells us it can “judge the thoughts and intentions of the heart.” [{17}](#) Indeed, it's partly because the Bible *is* so powerful, that we need to be careful about the way in which we bring it into our conversations.

As Doug reminds us, “If people sense you're trying to use the Bible as an authoritative ‘crowbar’ to beat them into submitting to your viewpoint, your conversation is likely over. However, if you humbly ask for permission to introduce the Scriptures into your dialogue, ‘deep spiritual magic’ begins to happen.”[{18}](#) The key point here, of course, is *asking for permission*. This is important and Doug encourages us to always make a habit of it.[{19}](#) After all, if the person has given you permission to share something from the Bible, then they won't feel awkward or threatened when you do so. And if they *haven't* given you permission, then it's probably better just to wait and pray for a more opportune time.

Okay, that sounds good. But how can we know when it's right to ask for permission? Here we need a measure of wisdom and even plain common sense. In general, however, when the person expresses an *interest* in some issue about which the Bible speaks, it might be a good time to ask for *permission* to share what the Bible says. Doug gives the example of talking with

some non-Christian college students about the meaning of love.[{20}](#) The students were intensely interested in this topic, but they were having a hard time defining what the word even meant. After discussing the issue for a bit, Doug asked for permission to share what the Bible has to say about love. Having gotten their permission, he directed them to the famous love passage in 1 Corinthians 13. Primed and ready, the students eagerly listened to what the Bible had to say. Its message had suddenly become relevant to them, for it spoke directly to an issue about which they cared deeply.

If we could learn how to introduce the Bible like *that*, our non-Christian friends might be more eager to hear what it says. In the next section we'll conclude our discussion of Doug's book by considering "missed opportunities" and "burned bridges."[{21}](#)

Missed Opportunities and Burned Bridges

We've considered several ways to improve our conversations, but it's easy to make mistakes. So now we'll consider Doug's advice about "missed opportunities" and "burned bridges." Can "missed opportunities" be reclaimed and "burned bridges" be rebuilt? And if so, then how do we do it?

Let's first consider missed opportunities. Suppose you had a conversation with a neighbor who made a comment that left a wide-open door for spiritual conversation—and you said . . . nothing. We've probably all had conversations like this. Maybe the comment caught us off guard, and we just weren't sure how to respond. Or maybe we felt too tired, or scared, or something else. Whatever the reason, we can "reclaim" such missed opportunities. It's often not even that hard. Doug tells of missing out on a great opportunity because he just wasn't sure what to say. About a month later, however, he got another opportunity. He told the person that he'd been thinking a lot about a comment which they had previously made. Intrigued, the person asked what it was—and almost immediately

they were right back where they had left off a month earlier!{22}

Okay, that's the easy one. But what if we *didn't* remain silent. What if we said the *wrong* thing— and now feel like we've burned our bridges with another person? Granted, this is more difficult. But Doug throws down a challenge. For once we recognize and admit our mistake to ourselves, we can then confess it to God and bring the issue before Him in prayer. After praying about it, Doug says, we can actually go to the person and let them know that we've been thinking about how we "come across" in spiritual conversations. We can even ask if they'd be willing to give us "some honest feedback" about how others might perceive us in this area. And if so, then we can listen carefully and apologize for any mistakes we might have made. Of course, we can't predict how the other person will respond. But by taking this approach, we can go a long way toward restoring the relationship.{23}

If you'd be interested in creating some "God Space" for your own conversations, then I encourage you to get (and read) Doug's book for yourself. I think you'll be really glad you did.

Notes

1. Doug Pollock, *God Space: Where Spiritual Conversations Happen Naturally* (Loveland, CO: Group, 2009), 11-12.
2. For more on Doug, check out his website: www.godsggps.com/
3. Pollock, *God Space*, 16.
4. The citations in this paragraph can be found in Pollock, *God Space*, 20-21.
5. This is "Killer 1" in Doug's view. See Pollock, *God Space*, 24.
6. *Ibid.*, 25.
7. In what follows, I briefly mention several of the spiritual conversation-killers which Doug discusses on pp. 29-32. Specifically, Doug mentions conversation "killers" like

disrespect, control, judgment and combativeness.

8. Pollock, *God Space*, 65.

9. See Doug's chapter, "Listening Your Way Into Spiritual Conversations," in Pollock, *God Space*, 53-64.

10. *Ibid.*, 14.

11. All of the quoted material in this paragraph comes from a section on "Good Wondering Questions" in Pollock, *God Space*, 73.

12. See the examples under this section heading in Pollock, *God Space*, 73.

13. *Ibid.*, 73.

14. This is one way in which Doug likes to refer to non-Christians. See Pollock, *God Space*, 16.

15. See Pollock's chapter 9, "Bringing the Bible into your Conversations," in *God Space*, 87-99.

16. Ephesians 6:17.

17. Hebrews 4:12 (NASB).

18. Pollock, *God Space*, 95.

19. *Ibid.*, 93.

20. See the discussion in Pollock, *God Space*, 90-94.

21. Doug discusses this topic in chapter 10, "Reclaiming Missed Opportunities and Rebuilding Burned Bridges," 100-106.

22. Doug shares this story on pp. 101-103.

23. The citations in this paragraph come from Doug's discussion on p. 106.

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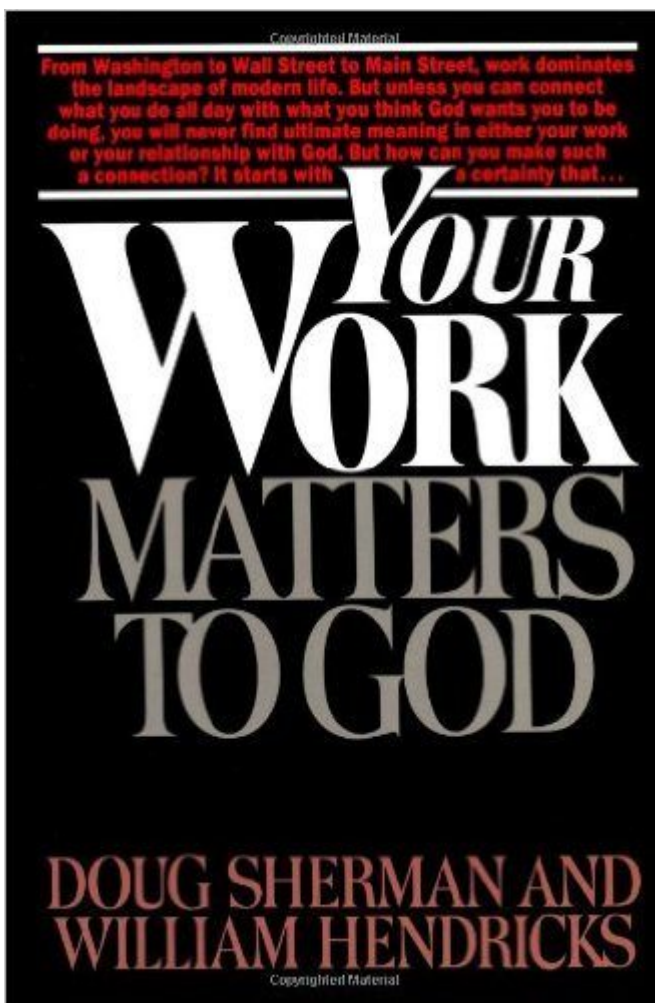
Your Work Matters to God

Sue Bohlin helps us look at work from a biblical perspective. If we apply a Christian worldview to our concept of work, it takes on greater significance within the kingdom of God.



This article is also available in [Spanish](#).

Many Christians hold a decidedly unbiblical view of work. Some view it as a curse, or at least as part of the curse of living in a fallen world. Others make a false distinction between what they perceive as the sacred—serving God—and the secular—everything else. And others make it into an idol, expecting it to provide them with their identity and purpose in life as well as being a source of joy and fulfillment that only God can provide.



In their excellent book *Your Work Matters to God*,^{1}



Doug Sherman and William Hendricks expose the wrong ways of thinking about work, and explain how God invests work with intrinsic value and honor. Rick Warren echoes this idea in his blockbuster *The Purpose Driven Life* when he writes, “Work becomes worship when you dedicate it to God and perform it with an awareness of his presence.”^{2}

First, let’s explore some faulty views of work: the secular view, some inappropriate hierarchies that affect how we view work, and work as merely a platform for doing evangelism.

Those who hold a secular view of work believe that life is divided into two disconnected parts. God is in one spiritual

dimension and work is in the other *real* dimension, and the two have nothing to do with each other. God stays in His corner of the universe while I go to work and live my life, and these different realms never interact.

One problem with this secular view is that it sets us up for disappointment. If you leave God out of the picture, you'll have to get your sense of importance, fulfillment and reward from someplace else: work. Work is the answer to the question, "Who am I, and why am I important?" That is a very shaky foundation—because what happens if you lose your job? You're suddenly a "nobody," and you are not important because you are not employed.

The secular view of work tends to make an idol of career. Career becomes the number one priority in your life. Your relationship with God takes a back seat, family takes a back seat, even your relationship with other people takes a back seat to work. Everything gets filtered through the question, "What impact will this have on my career?"

The secular view of work leaves God out of the system. This is particularly unacceptable for Christians, because God calls us to make Him the center of our life.^{3} He wants us to have a biblical worldview that weaves Him into every aspect of our lives, including work. He wants to be invited into our work; He wants to be Lord of our work.^{4}

Inappropriate Hierarchies: Soul/Body, Temporal/Eternal

In this article, we're examining some faulty views of work. One comes from believing that the soul matters more than the body. We can wrongly believe that God only cares about our soul, and our bodies don't really matter. The body is not important, we can think: it is only temporal, and it will fade and die. But if that view were true, then why did God make a physical universe? Why did He put Adam and Eve in the garden

to cultivate and keep it? He didn't charge them with, "Go and make disciples of all nations which aren't in existence yet, but they will be as soon as you guys go off and start making babies." No, He said, "Here's the garden, now cultivate it." He gave them a job to do that had nothing to do with evangelism or church work. There is something important about our bodies, and God is honored by work that honors and cares for the body—which, after all, is His good creation.

Another wrong way of thinking is to value the eternal over the temporal so much that we believe *only* eternal things matter. Some people believe that if you work for things that won't last into eternity—jobs like roofing and party planning and advertising—you're wasting your time. This wrong thinking needs to be countered by the truth that God created two sides to reality, the temporal and the eternal. The natural universe God made is very real, just as real as the supernatural universe. Asking which one is real and important is like asking which is real, our nine months in our mother's womb or life after birth? They are both real; they are both necessary. We have to go through one to get to the other.

Those things we do and make on earth DO have value, given the category they were made for: *time*. It's okay for things to have simply temporal value, since God chose for us to live in time before we live in eternity. Our work counts in both time and eternity because God is looking for faithfulness *now*, and the only way to demonstrate faithfulness is within this physical world. Spiritual needs are important, of course, but first physical needs need to be met. Try sharing the gospel with someone who hasn't eaten in three days! Some needs are temporal, and those needs must be met. So God equips people with abilities to meet the needs of His creation. In meeting the legitimate physical, temporal needs of people, our work serves people, and people have eternal value because God loves us and made us in His image.

The Sacred/Spiritual Dichotomy; Work as a Platform for Evangelism

Another faulty view of work comes from believing that spiritual, sacred things are far more important than physical, secular things. REAL work, people can think, is serving God in full-time Christian service, and then there's everything else running a very poor second. This can induce us to think either too highly of ourselves or too lowly of ourselves. We can think, "Real work is serving God, and then there's what others do" (which sets us up for condescension), or "Real work is serving God, and then there's what I have to do" (which sets us up for false guilt and a sense of "missing it").

It's an improper way to view life as divided between the sacred and the secular. ALL of life relates to God and is sacred, whether we're making a business presentation or changing soiled diapers or leading someone to faith in Christ. It's unwise to think there are sacred things we do and there are secular things we do. It all depends on what's going on in our hearts. You can engage in what looks like holy activity like prayer and Bible study with a dark, self-centered, unforgiving spirit. Remember the Pharisees? And on the other hand, you can work at a job in a very secular atmosphere where the conversation is littered with profanity, the work is slipshod, the politics are wearisome, and yet like Daniel or Joseph in the Old Testament you can keep your own conversation pure and your behavior above reproach. You can bring honor and glory to God in a very worldly environment. God does not want us to do holy things, He wants us to be holy people.

A final faulty view of work sees it only as a platform for doing evangelism. If every interaction doesn't lead to an opportunity to share the gospel, one is a failure. Evangelism should be a priority, true, but not our *only* priority. Life is broader than evangelism. In Ephesians 1, Paul says three times that God made us, not for evangelism, but to live to the

praise of His glory.[{5}](#) Instead of concentrating only on evangelism, we need to concentrate on living a life that honors God and loves people. That is far more winsome than all the evangelistic strategies in the world. Besides, if work is only a platform for evangelism, it devalues the work itself, and this view of work is too narrow and unfulfilling.

Next we'll examine at how God wants us to look at work. You might be quite surprised!

How God Wants Us to See Work

So far, we have discussed faulty views of work, but how does God want us to see it? Here's a startling thought: we actually work for God Himself! Consider Ephesians 6:5-8, which Paul writes to slaves but which we can apply to employees:

Slaves, obey your earthly masters with respect and fear, and with sincerity of heart, just as you would obey Christ. Obey them not only to win their favor when their eye is on you, but like slaves of Christ, doing the will of God from your heart. Serve wholeheartedly, as if you were serving the Lord, not men, because you know that the Lord will reward everyone for whatever good he does, whether he is slave or free.

It's helpful to envision that behind every employer stands the Lord Jesus. He sees everything we do, and He appreciates it and will reward us, regardless of the type of work we do. I learned this lesson one day when I was cleaning the grungy bathtub of a family that wouldn't notice and would never acknowledge or thank me even if they did. I was getting madder by the minute, throwing myself a pity party, when the Lord broke into my thoughts. He quietly said, "I see you. And I appreciate what you're doing." Whoa! In an instant, that totally changed everything. Suddenly, I was able to do a menial job—and later on, more important ones—as a labor of love and worship for Jesus. I know He sees and appreciates

what I do. It forever changed my view of work.

God also wants us to see that work is His gift to us. It is not a result of the Fall. God gave Adam and Eve the job of cultivating the garden and exercising dominion over the world *before* sin entered the world. We were created to work, and for work. Work is God's good gift to us!

Listen to what Solomon wrote:

After looking at the way things are on this earth, here's what I've decided is the best way to live: Take care of yourself, have a good time, and make the most of whatever job you have for as long as God gives you life. And that's about it. That's the human lot. Yes, we should make the most of what God gives, both the bounty and the capacity to enjoy it, accepting what's given and delighting in the work. It's God's gift![\[6\]](#)

Being happy in our work doesn't depend on the work, it depends on our attitude. To make the most of our job and be happy in our work is a gift God wants to give us!

Why Work is Good

In this article we're talking about how to think about work correctly. One question needs to be asked, though: Is all work equally valid? Well, no. All legitimate work is an extension of God's work of maintaining and providing for His creation. Legitimate work is work that contributes to what God wants done in the world and doesn't contribute to what He doesn't want done. So non-legitimate work would include jobs that are illegal, such as prostitution, drug dealing, and professional thieves. Then there are jobs that are legal, but still questionable in terms of ethics and morality, such as working in abortion clinics, pornography, and the gambling industry. These jobs are legal, but you have to ask, how are they cooperating with God to benefit His creation?

Work is God's gift to us. It is His provision in a number of ways. In *Your Work Matters to God*, the authors suggest five major reasons why work is valuable:

1. Through work we serve people. Most work is part of a huge network of interconnected jobs, industries, goods and services that work together to meet people's physical needs. Other jobs meet people's aesthetic and spiritual needs as well.

2. Through work we meet our own needs. Work allows us to exercise the gifts and abilities God gives each person, whether paid or unpaid. God expects adults to provide for themselves and not mooch off others. Scripture says, "If one will not work, neither let him eat!"[{7}](#)

3. Through work we meet our family's needs. God expects the heads of households to provide for their families. He says, "If anyone does not provide for his relatives, and especially for his immediate family, he has denied the faith and is worse than an unbeliever."[{8}](#)

4. Through work we earn money to give to others. In both the Old and New Testaments, God tells us to be generous in meeting the needs of the poor and those who minister to us spiritually. [{9}](#)

5. Through work we love God. One of God's love languages is obedience. When we work, we are obeying His two great commandments to love Him and love our neighbor as we love ourselves.[{10}](#) We love God by obeying Him from the heart. We love our neighbor as we serve other people through our work.

We bring glory to God by working industriously, demonstrating what He is like, and serving others by cooperating with God to meet their needs. In serving others, we serve God. And that's why our work matters to God.

Notes

1. Doug Sherman and William Hendricks, *Your Work Matters to God*. Colorado Springs: NavPress, 1987.
2. Rick Warren, *The Purpose Driven Life*. Grand Rapids: Zondervan, 2002. p. 67.
3. Philippians 1:21
4. Romans 12:1, 2
5. Ephesians 1:6, 12, 14
6. Ecclesiastes 5:18-19, The Message.
7. 2 Thess. 3:10
8. 1 Tim. 5:8
9. Leviticus 19:10—Nor shall you glean your vineyard, nor shall you gather the fallen fruit of your vineyard; you shall leave them for the needy and for the stranger. I am the LORD your God. Ephesians 4:28—Let him who steals, steal no longer but rather let him labor performing with his own hands what is good in order that he may have something to share with him who has need. Gal 6:6—The one who is taught the word is to share all good things with the one who teaches him.
10. Matthew 22:37-39

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I've Got a War Room—Now What

Do I Do?



Millions of people have seen the summer blockbuster movie *War Room*, many of them challenged to be more intentional about prayer. Some have even cleaned out a closet or a corner to make their own War Room.

But the movie, for all its motivation to experience the power of prayer, did not provide instructions on what and how to pray. Other than eating potato chips in secret!

Prayer is not about sacred words or flowery religious language. Biblical prayer is about talking to God, heart to heart. Here are some suggestions for what to do in the War Room.

Many people have found it helpful to follow the structure of the acronym ACTS: Adoration, Confession, Thanksgiving, Supplication.

Directing our prayers and thoughts in this particular order aligns the heart with God's heart.

Adoration: This is simply telling God how great He is, focusing on His character and praising Him with words. The book of Psalms is one of the best place to find truths about God and tell Him about it. Several years ago, I went on a treasure hunt as I read through the Bible, drawing a box around every title and name of God I encountered, and writing them down on the blank pages at the back of my Bible. Simply reading some of the titles of God back to Him constitutes adoration. ("You are the King of Kings and Lord of Lords! You are the Bright and Morning Star! You are the Ancient of Days! You are the Creator of the Heavens and the Earth!")

Confession: Quietly consider what unconfessed sin you need to bring out in to the light. Confession means to agree with God. You may not even feel remorseful about it (yet), but it is still important to agree with God that sin is sin and you were wrong. (“Lord, I confess being short-tempered with my family yesterday. I confess yelling at that driver who cut me off in traffic. I confess going all day without once thinking of You. I was wrong. Please forgive me.”)

Thanksgiving: Consider the things God has given you, the things He has done for you, just in the past 24 hours, and tell Him “thank You.” The discipline of keeping a gratitude journal provides lots of things to give thanks for. The great thing about being mindful of what God is doing so we can give thanks for them, is that it makes us more sensitive to the many ways in which He shows His love and concern for us throughout each day, which kicks up our gratitude meter, which overflows in more and more thanksgiving, which leads to a joyful heart.

Supplication: NOW we get to the part of asking for the things we need or want, or which we would like to see God do in our lives and in the lives of others. It really helps to keep a list of our requests, just like we see in the movie, so we have a record of how and when God answers them.

This is one of the most misunderstood parts of prayer because often, people mistake having faith in the answers they want, with having faith in the God who answers prayer in His time and in His way. It’s fine to ask (not demand, and not presume) for what we want, but it’s important not to have unrealistic expectations of getting everything we ask for like a spoiled little kid. (This is one of the reasons people lose heart and can lose their faith—they aren’t trusting the God who sees the big picture and knows what is good for us and what isn’t, they are looking for the answers to their prayers on a timeline usually faster than the one God is on.)

What should we pray for?

Our daily needs (see also: the Lord's prayer, "give us this day our daily bread," Matthew 6:11), financial provision ("your Father knows what you need before you ask Him," Matthew 6:8), relationships ("it is not good for man to be alone," Genesis 2:18), peace in our relationships ("Peace I leave with you; My peace I give to you," John 14:27) . . . whatever comes to mind.

But we get a head start when we pray God's word. This is great War Room material! Consider praying for one's spouse (even a future spouse!) or children or friends the great prayers recorded by the apostle Paul.

"Lord I ask that _____ may be filled with the knowledge of Your will in all spiritual wisdom and understanding, so that he will walk in a manner worthy of You, to please You in all respects, bearing fruit in every good work and increasing in the knowledge of You; strengthened with all power, according to Your glorious might, for the attaining of all steadfastness and patience; joyously giving thanks to You, Father, who have qualified us to share in the inheritance of the saints in light." (Colossians 1:9-12)

"I pray that You would grant _____, according to the riches of Your glory, to be strengthened with power through Your Spirit in the inner man, so that Christ may dwell in his heart through faith; and that he, being rooted and grounded in love, may be able to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ which surpasses knowledge, that he may be filled up to all the fullness of You." (Ephesians 3:16-19)

Consider praying a Psalm, such as Psalm 1:1-3—

"I pray that _____ would be blessed, that she would not walk in the counsel of the wicked,
Nor stand in the path of sinners, nor sit in the seat of

scoffers!

I pray her delight would be in the law of the Lord,
And in Your law she would meditate day and night.

I pray she would be like a tree firmly planted by streams of
water,

Which yields its fruit in its season and its leaf does not
wither;

And in whatever he does, she would prosper.”

Spiritual warfare was one of the elements of the War Room
movie, and prayer is how it is battled and won. For the
simplest form of it, we can look to how Jesus prayed for His
disciples in John 17. He asked His Father:

- To keep His disciples safe from the evil one (v. 15)
- To set them apart in the truth (v. 17)
- For oneness (v. 21). The context was oneness within the Body
of Christ, the church, but this is a powerful request to pray
for our marriages as well.

I am also intrigued by His prayer in v. 23, “You have loved
them just as You have loved Me.” Most people have no idea of
just how much and how great the Father’s love is for us—He
loves us the exact same way and the exact same amount as He
loves His Son! I love to pray that God will allow my loved one
to grasp this truth, which corresponds to the Ephesians 3
prayer above.

Jesus also prayed for Peter before his spectacular, epic
failure when he denied his Lord, that his faith would not
[completely and utterly] fail, and that after he turned back,
that he would strengthen his brothers. Praying for our loved
ones’ faith not to fail, and for God to redeem and use any
lapses and stumbles, is a powerful way to pray for them.

An important part of War Room prayer strategy, just as in
physical war, is to remove obstacles to effectiveness. In Mark

11:25, Jesus said, ""Whenever you stand praying, forgive, if you have anything against anyone, so that your Father who is in heaven will also forgive you your transgressions." An important thing to do in anyone's War Room is to examine our hearts for any unforgiveness and deal with it.

Well, I think that's a good start on your War Room! Would you like to add any suggestions? Comment below!

This blog post originally appeared at
blogs.bible.org/engage/sue_bohlin/ive_got_a_war_room-now_what_do_i_do
on Sept. 22, 2015

Bad Blood Reconciled: A Review of Taylor Swift's "Bad Blood"

Probe intern Sarah Withers contrasts Taylor Swift's Bad Blood song to the deep spiritual truths of the gospel of Christ.

Naomi, a young Taylor Swift fan fighting leukemia, adopted Swift's song "[Bad Blood](#)" as her theme song during her battle with cancer. In response to her [video](#) Naomi uploaded on YouTube, Taylor Swift contributed [\\$50,000 to Naomi's medical bills](#). Naomi through her heartwarming story was able to transform the song to make it inspiring and hopeful. However, as most know, the song is not about fighting terrible cancer but instead about a broken relationship. Although Swift did not disclose the antagonist, she no longer sees reconciliation as an option. By contrasting Swift's "Bad Blood" with Christ's reconciling blood, Christians are reminded of the transformative power of the gospel to bring healing and hope

to broken relationships.

Destructive Power of Bad Blood

“Bad Blood,” through the lyrics and video, paints a picture of the pain that is felt after someone is wronged in a relationship. The antagonist attacking her and “rubbing it in so deep” left Swift with a “a really deep cut.” Many, if not all of us, have felt the pangs of being cut deeply with words and actions in a relationship gone wrong. A quick read through the Psalms reveals victims of broken relationships crying out in pain. The Psalmist laments, “Even my closest friend in whom I trusted, who ate my bread, has lifted his heel before me.”[{1}](#)

Not only do broken relationships hurt initially and deeply, but often the pain lingers. Swift captures this experience through the lyrics, “Still got scars in my back from your knives, so don’t think it’s in the past, these kinds of wounds they last and they last.” Again the Psalmist writes, “I am restless in my complaint and I moan, because the noise of the enemy, because of the oppression of the wicked.”[{2}](#) One thing both the Psalms and Swift can agree on is that broken relationships and betrayal are deeply painful.

For Swift, not only is the relationship broken and painful, it is irreconcilable. She notes the hopelessness of the relationship, “I don’t think we can solve them (problems)” and “in time can heal but this won’t.” This is the most upsetting part of the song.

We all have had broken relationships, yet the ones that hurt the most are the ones that turn from feelings of hurt to feelings of hate. We should hate sin and the pain it brings with it, but we are called to love even our enemies. Ephesians 6 says that our battle is not against flesh and blood but against the “spiritual forces of evil.”[{3}](#) As difficult as it may be, we should guard our heart from future pain without

hating the individual who hurt us. Thus, reconciliation should always be the ideal goal and in cases where reconciliation cannot or does not occur, forgiveness should still reign in our heart.

Healing Power of Christ's Blood

It seems like an impossible request to forgive someone and even move towards reconciliation with someone who betrayed and hurt us. This would be an unimaginable task if it were not for someone who did this for us first. The gospel is the perfect example of reconciliation.

When we sin, whether or not it affects anyone, we sin against God. Our most fundamental problem with sin is not that it hurts other people, but that it separates us from the love of God. Those who do not accept Christ as their savior are outside of the effect of Christ's atoning blood and therefore are not able to experience God's love. However, Paul in Ephesians says "But now in Christ Jesus you who formerly were far off have been brought near by the blood of Christ." [{4}](#)

Before we can offer true love and reconciliation to others, we must first receive love and be reconciled to God. The only way to turn our bad blood against God into unity with God is through the power of Christ's redeeming blood on the cross. Colossians states, "For in him all the fullness of God was pleased to dwell, and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross." [{5}](#) His blood cleanses us so that we are filled with the selfless love towards others that the Scriptures ask of us. [{6}](#)

Our Fight against Bad Blood

Even for Christians who have been shown love and forgiveness, we still do not always experience an overflowing of love and forgiveness for those who wrong us. We still struggle with

having bad blood towards our enemies. We still feel the pain of the broken relationships even though we are in Christ. As Christians, we look forward to a day when we will not feel pain, but while we still live in a fallen world, pain and hurt are very much part of our everyday lives.

However, the wrong that causes our pain has been or will be paid for. As Christians, if we are wronged by a believer in Christ, remember that Jesus died for those sins as well as for ours.^{7} Yes, we should still lament that even believers sin and cause pain, yet justice was important enough to Christ that He died for those sins.^{8} For those who sin against us and remain outside of Christ, their wrongs will be righted at the cost of their own life in eternal wrath. The hope of sharing the gospel is to offer others the redemptive power of Christ which indeed makes the gospel good news!

Looking back to the Psalms, there is a life-giving trend even within the darkness and pain. Even in Psalm 88, which is considered to be one of the darkest Psalms, the psalmist still cries out to God. In our broken relationships with others, true reconciliation must start and end with the grace and justice of God.

God knew we had bad blood and provided a Savior to change our hearts. He still continues to hear our cries of pain and sent the Holy Spirit to continue to protect our hearts from holding on to the bad blood in our relationships.

Notes

1. Psalm 41:9 All verses are from the English Standard Version.
2. Psalm 55:2-3, see also Psalm 69.
3. Ephesians 6:12
4. Ephesians 2:13
5. Colossians 1:19-20
6. Hebrews 9:14

7. Ephesians 1:7

8. This is why I think St. Anselm was on the right track in *Cur Deus Homo*, when he argued that Jesus Christ had to become incarnate and die for our sins so that God's justice and grace could be made manifest. If God just ignored our sins, justice would not prevail—thank God He is both just and gracious through Jesus Christ!

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How and Why We Should Biblically Analyze Songs

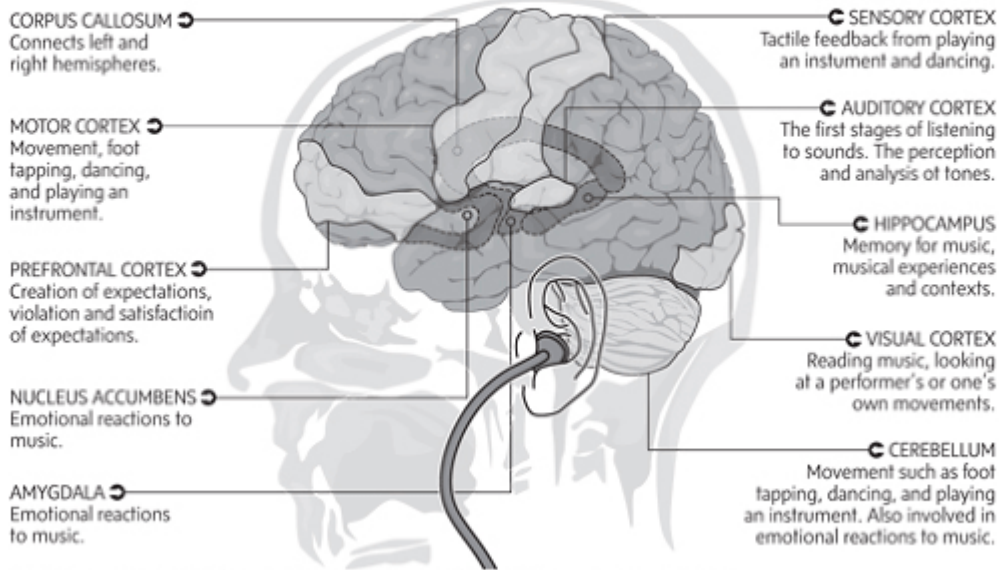
Probe intern Sarah Withers provides insight about thinking biblically about popular songs.

Numerous scientific studies have revealed that music is linked to relieving pain/stress, releasing endorphins, aiding coordination, increasing concentration, expanding memory, improving language skills, and lowering blood pressure, just to list a few.[\[1\]](#) Unfortunately, not all genres of music offer these benefits, so it would be quite misleading to say that critically analyzing songs can act as a remedy for migraines—however convenient and persuasive that claim might be!

While I may not be able to claim health advantages, powerful benefits can be gleaned for us and others by being aware and graciously critical of songs. I hope that I can provide how and why we should biblically analyze songs and challenge you to be a more thoughtful and gracious critical consumer of all types of music.

Music on the mind

When we listen to music, it's processed in many different areas of our brain. The extent of the brain's involvement was scarcely imagined until the early nineties, when functional brain imaging became possible. The major computational centres include:



MIKE FAILLE/THE GLOBE AND MAIL ■ SOURCE: THIS IS YOUR BRAIN ON MUSIC: THE SCIENCE OF A HUMAN OBSESSION

How Do We Biblically Analyze a Song?

The most obvious first step to biblically analyzing a song is to actively listen to the lyrics and sometimes even watch the music video. It helps me focus and understand if I pull up the lyrics and read along as I listen. While I listen, I think about how the song makes me feel, what the song got right or wrong in its worldview, what I appreciate about the song, and any questions about possible meanings and interpretations. I also think about if or how I can relate to the song's message. Have I ever experienced, desired, or seen something similar to the song's message? If the answer is no, then maybe I could think about how seeing the songwriter's perspective could help me relate and communicate with someone with very different desires and experiences than my own.

Ultimately we biblically critique a song by shining the light of the biblical truths on it. No secular song gets everything right for the obvious reason that the gospel is not present. For some songs all that is missing is an explicit reference to the gospel, while other songs directly conflict with the

gospel. Yet, for even the more difficult songs, Christians can understand the song's message for the glory of God.

For example, Lana Del Rey's song "Born to Die"[{2}](#) provides the message that we should enjoy life because when we die there is nothing left for us. For those in Christ, that song is radically wrong about our purpose and destiny.

However, for those who are outside of Christ, that song paints a rather apt picture of their bleak destiny.[{3}](#) So yes, the song is very dark and upsetting, yet when I hear that song I can mourn for those outside of Christ and praise God that the lyrics of that song are not true for me. In that way, that song can incite worship and foster resolve to reach out to unbelievers-something Del Rey probably would never consider possible! That is the transformative power of the gospel, the greatest good news.

However, there are songs that Christians should avoid. Songs that are overly sexualized or demonic in nature may be too difficult to redeem.[{4}](#) Also some people are more affected by music than others. If you are not able to redeem the song by countering it with life-giving truths from Scripture and the song continues to bring you down, then you should not listen to it. Christians should pray for wisdom and guidance to know when to listen and engage and when to turn it off.[{5}](#)

Why Should We Care?

Since music is so integrated into our daily lives, many of us are consumers of music whether we are intentional about it or not. [The American Academy of Pediatrics in 1996](#) (AAP) found that 14- to 16-year-olds listened to an average of 40 hours of music per week. For a more conservative number, [RAIN \(Radio and Internet Newsletter\)](#) reported that students "spend an average of 7 hours and 38 minutes a day consuming media, 2 hours 19 minutes of which is spent listening to music."[{6}](#)

While these studies focus on teens and adolescents, it is fair to say that adults also listen to a fair amount of music, whether it is through headphones at work or the radio in the car. When it comes down to it, music is very much part of our everyday life. For some it can be avoided, but by most, it is accepted and greatly enjoyed.

Musical lyrics are also sticky. It never ceases to amaze me how I can still easily sing along to songs from my childhood the second the second it plays. Yet, when discussing my project of biblically analyzing popular music, a common response is that people often do not listen to the lyrics, but rather just enjoy the melody and beat. The AAP (1996) reported that "in one study 30% of teenagers knew the lyrics to their favorite songs," which would seem to affirm that initial claim.

With those intuitions and findings, it would be easy to undermine this project as interesting but unimportant. However, the same AAP (2009) article cited the Knobloch-Westerwick *et al.* study that "although young listeners might not understand all the details in lyrics, they recognize enough to obtain a general idea of the message they bring."

Moreover, the fact that we do remember song lyrics well after we have stopped listening to them shows that we are aware of the words even if we are not actively thinking about the message. In many respects we have become passive consumers of information and entertainment, especially when it comes to music. It is in light of this passivity that we should strive to be active listeners.

Every song with words carries a message, although some are more obvious and dangerous than others. For example, current artists such as Macklemore, Hozier, Lana Del Rey, and Lady Gaga proclaim more explicit messages and agendas in their songs-something as Christians we should be aware of and ready to critique. The AAP (1996) claimed that "awareness of, and

sensitivity to, the potential impact of music lyrics by consumers, the media, and the music industry is crucial.”

Although the rate and impact of the consumption of songs can be debated, there are still benefits of being aware of and engaging with our culture through songs.

What Are the Benefits?

Well, there are three main benefits to biblically analyzing songs. First, we refine our ability to enjoy music. For many this will be very counterintuitive. People I have talked with have feared that if they are too critical of the music’s message, then they will no longer be able to enjoy it. I will agree, there are some songs that might be ruined by listening critically to the lyrics. However, Christians should likely avoid listening to those songs anyway.

Even with songs we don’t like, we can still enjoy them for their musicality and benefit from some insights, however hard to find. The vast majority of songs are redeemable even though they may counter the gospel. Where God provides the songwriter with common grace insights, there is an opportunity to redeem the song. Remember Lana Del Rey’s song; I am still able to enjoy her powerful use of a darker sound and message, but I am also reminded of the hope I have in the gospel.

If we get to a point where we become cynical and antagonistic towards our music culture, we should remember that God gave us music and culture as a gift. The Psalms are examples of a great variety of songs that were written to offer the expression of truth about God, humanity, and our world. The obvious difference is that the Psalms are God-breathed and inspired—yet there are often truths that can be gleaned even from secular and popular songs. After all, we are all made in God’s image and bear His music-loving traits.

Another benefit of analyzing songs is the ability to learn

about our culture and the people influenced by it. Regardless of whether the lyrics are true, they are believed to be true by the songwriter and often by people in our culture. Part of the appeal of songs is that they are relatable. Relatability makes the song powerful and influential.

We can gain invaluable insight into the thoughts of our culture and younger generations through the lyrics of songs. Many songs provide commentary on our culture's view of alcohol consumption, drug use, violence, relationships, sexuality, freedom, and self-worth. By learning what the songs say about such topics, we can be better equipped to understand where people are coming from.

The final benefit which naturally flows from the previous one is being able to relate and engage with our culture. By engaging with themes in songs, we are ultimately practicing how to engage with people. I was talking with a group of high school students about one of Macklemore's songs called "Starting Over" which is about his relapse as an alcoholic. The song is marked with shame, a deep sense of failure, and loss of identity. Before listening to the song, I encouraged them to listen to the lyrics as if a person was talking with them. With that perspective, students would be less likely to immediately judge him as a failure, and instead would be more likely to empathize and relate as we are all failures and slaves to sin outside of Christ.

By being aware of songs, we can better engage the lies of our culture and counter them with the truths of Scripture.^{7} The AAP (1996 & 2009), encourages parents to "become media-literate" which means "watching television with their children and teenagers, discussing the content with them, and initiating the process of selective viewing at an early age." Later in the article, the authors even suggest that parents should look up the lyrics and become familiar with them. Even if you are not a parent, as Christians one way we can help

correct lies of our culture is through conversations about popular music.

Paul wrote in 2 Corinthians 4:6, "For God, who said, 'Let light shine out of darkness,' has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ." It is our hope and joy that we have been redeemed and my prayer that Christians will show others the light of Christ.

So, the goal of analyzing songs from a Christian perspective is not merely an academic exercise that challenges critical thought, but to move us to action. Peter claimed that Christians were saved so "that you may proclaim the excellencies of Him who called you out of darkness into His marvelous light."[8](#) Ultimately we should be encouraged to talk, relate, empathize, and love others. Through songs we can help others to "See to it that no one takes you captive by philosophy and empty deceit, according to human tradition, according to the elemental spirits of the world, and not according to Christ."[9](#)

Notes

1. Another article that was particularly helpful was from the [eMedExpert](#). However, if you just search "benefits to music" (or the like) and you will be overwhelmed by how many articles develop all the unique benefits to music.
2. The video includes sexual content, brief drug use, and a violent image at the end.
3. I should note however, that the song seems to hold the message of mere extinction at death. As Christians, we believe that souls are immortal which means even the non-believer persists. For those outside of Christ, they will experience death as eternal wrath and destruction. See John 3:36, Roman 6:23, Matthew 25:46, 2 Thessalonians 1:9, and Revelation 21:8.
4. To address briefly the pushback on the idea that we can or should "redeem culture": The confusion rests in the nuanced

difference in meaning of the word “redeemed.” I use the word “redeemed” in this context to mean something closer to transformed by truth, not redeemed in the sense God has redeemed believers. Yes, Scriptures never call us to “redeem culture” but God does call us to let the light of truth shine. By engaging culture with the truth of Scriptures, Christians can make aspects of culture honoring to God, thus in that sense redeeming them. For example, pornography falls under the category of “unredeemable,” meaning that there is no way someone could make pornography honoring to God. However, with different aspects of culture this task is possible and I think should be encouraged.

5. See Hebrews 5:14.

6. RAIN cited [The Kaiser Family Foundation study](#) for these statistics. The report also broke down how the kids and teens were listening to the music, finding that on average per day they listen to 41 minutes of music on their iPod and similar devices, 32 minutes of music on computers (iTunes and Internet radio), and 32 minutes listening to the radio.

7. See Ephesians 6:17-20 and 2 Corinthians 10:1-6.

8. 1 Peter 2:9.

9. Colossians 2:8

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If God is So Good, Why Does He Let Me Hurt?

This is probably the biggest question, and the biggest obstacle to trusting God, in Christianity. It’s a legitimate question, and it deserves a thoughtful answer that honors the amount of pain attached to it. Disclosure: I am writing this

while beset by the most physical pain I've experienced since post-polio syndrome started attacking my body with the "unholy trinity" of pain, weakness and fatigue. It hurts to stand, it hurts to walk. Every single step.

Why does God allow it? And my pain is *nothing* compared to the horrific suffering of millions around the world. Doesn't He care? Why doesn't He stop it—surely He can. He could stop it all with a single word. So why does He let innocent people—especially children, for heaven's sake—suffer?

We need to put evil and suffering into perspective, and that means the Really Big Picture. Starting before the beginning of time. When all there was, was God: Father, Son and Spirit, engaged in a three-Personed "holy hug" that had no beginning and has no end. A continual celebration of love, adoration, respect, and delight in each other. At some point Father God decided to create mankind and draw us into His circle of love, adopting us as sons (Eph. 1:4-5) and creating a Bride for His eternal Son (Rev. 19:7), a fit companion who would reign with the Lamb (Rev. 22:5).

But God knew that all of human history would unfold between the bookends of the creation of mankind and the Marriage Feast of the Lamb. The God of light and life, of love and truth, knew that all those things are found only in Him; He knew that to reject Him meant choosing darkness and death, isolation and deception. He knew that Adam would rebel, that His perfect creation would crash and burn in the Fall, and that everything would be infected and corrupted by sin. He knew that every human being would be born with a compulsion to reject Him, to live disconnected from Him, independent from Him—something like spiritual HIV+, insuring a death sentence. And sure enough, the mortality rate is still 100%.

God knew all this, and He created us anyway. Because He knew the end result was worth it.

Because God is love, He created people to love, and He created people to love Him back. In order for us to choose to return His love, we needed to be free to choose NOT to love Him. God made us with the very real option to say no to Him, so that our yes would mean something. The alternative would be the equivalent to making a phone say, "Good morning, I love you." The words might be there but there is no heart and no choice behind them—they are nothing more than the result of a programming code. God wanted real and actual love, and that meant that some people He made and dearly loved, could and would say no.

When people say no to God, they not only cut themselves off from relationship with Him, they open the door to all kinds of evil. Some of it comes from sinful human hearts; some of it comes from the demonic realm, angels who also said no to God and became devils. Evil was unleashed by Adam when he disobeyed God in the Garden of Eden (Gen. 3) and it has been causing havoc, pain and suffering ever since. Sometimes we need to remind ourselves that this world plagued by pain and disease, deliberate meanness and selfishness, is not God's original perfect creation. If it were, God would indeed be a horrible monster. He knew Adam would open the door to all kinds of evil and suffering, and He allowed Adam to do it anyway. Because He knew the end result was worth it.

Why does God let people suffer?

God uses suffering to cleanse us, to mature us, to burn up shallowness. (Please see my article [The Value of Suffering](#).) [He uses pain](#) as His instrument to shape us into the image of His Son (Rom. 8:28-29). God has no magic wand that instantly transforms us from something broken and dirty (and we are far more broken and dirty than we have any idea) into something whole and beautiful. There is no divine "Bibbity-Bobbity-Boo."

Instead, the Son left heaven, wrapped Himself in human flesh, and came to earth where He lived a perfect, sinless life.

Every day of His earthly life, He suffered as a human, limiting Himself to a body that would get tired, hungry, thirsty and dirty. What the first Adam messed up, Jesus the Second Adam corrected. Where Adam disobeyed the Father, Jesus learned obedience through suffering (Heb. 5:8). Jesus suffered throughout His incarnation simply because of His limitations as a human, then suffered an unimaginably horrible death through crucifixion, made even worse because He absorbed all the sin of every human being who had ever lived, was living on the earth at that time, and would ever exist in the future. He took our sin into Himself, actually becoming our sin (2 Cor. 5:21), so that when He died, our sin died with Him. But the Father raised Him from the dead, and He is alive at His Father's right hand right now in heaven.

This means that God knows what it means to suffer. There is no pain, no suffering we can endure, that God Himself did not experience even more during Jesus' time on earth. This same suffering God promised, "Behold, I am making all things new" (Rev. 21:5). The Father knew He would send the Son to suffer, and the Son knew that's what He would leave heaven for.

He did it anyway. Because He knew the end result was worth it.

God allows pain and suffering and evil because He has a plan, and He's working His plan. The end result is that He is redeeming and restoring all the evil, pain and suffering of this sin-sick world. He will set all things right in the end. The last chapter of the Bible makes it clear that there is a happy ending to what is NOT a fairy tale. What started out as a Three-Personed holy hug of the Father, Son and Spirit loving each other while still remaining one God, will be a hugely enlarged circle of love that includes millions, possibly billions of people God made in His image, marked "Mine," and drew into the divine circle to love and be loved forever.

At that point I believe we will agree, as we look back on evil, pain and suffering on earth, that it was so, so worth

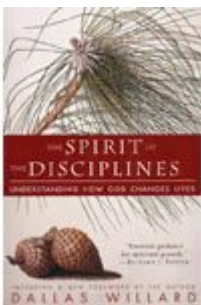
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This blog post originally appeared at [If God Is So Good, Why Does He Let Me Hurt?](#) on July 15, 2014

Spiritual Disciplines and the Modern World

The spiritual disciplines help us cooperate with God in our transformation into the likeness of Christ. Don Closson discusses disciplines of abstinence and of engagement.

Spirituality and the Body



As a seminary student I was given the assignment to read a book on Christian spirituality called the *Spirit of the Disciplines* by Dallas Willard.^[1] I obediently read the book and either wrote a paper on it or took a test that covered the material (I can't recall which), but the book didn't have a major impact on my life at that time. Recently, over a decade later, I have gone back to the book and found it to be a jewel that I should have spent more time with. In the book, Willard speaks to one of the most important issues facing individual Christians and churches in our time: "How does one live the Spirit-filled life promised in the New Testament?" How does the believer experience the promise that

Jesus made in Matthew 11:29-30: "Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light"?



Willard argues that modernity has given us a culture that offers a flood of self-fulfillment programs in the form of political, scientific, and even psychological revolutions. All promise to promote personal peace and affluence, and yet we suffer from an "epidemic of depression, suicide, personal emptiness, and escapism through drugs and alcohol, cultic obsession, consumerism, and sex and violence" [{2}](#) Most Christians would agree that the Christian faith offers a model for human transformation that far exceeds the promises of modern scientific programs, but when it comes to delineating the methods of such a transformation there is often confusion or silence.

Christians frequently seek spiritual maturity in all the wrong places. Some submit themselves to abusive churches that equate busyness and unquestioning subservience with Christ-likeness. Others look for spirituality through syncretism, borrowing the spiritualism of Eastern religions or Gnosticism and covering it with a Christian veneer.

According to Willard, Christians often hope to find Christ's power for living in ways that seem appropriate but miss the mark; for example, through a "sense of forgiveness and love for God" or through the acquisition of propositional truth. Some "seek it through special experiences or the infusion of the Spirit," or by way of "the presence of Christ in the inner life." Others argue that it is only through the "power of ritual and liturgy or the preaching of the Word," or "through the communion of the saints." All of these have value in the Christian life but do not "reliably produce large numbers of people who really are like Christ." [{3}](#)

We evangelicals have a natural tendency to avoid anything that hints of meritorious works, works that might somehow justify us before a holy God. As a result, we reduce faith to an entirely mental affair, cutting off the body from the process of living the Christian life.

In this article we will consider a New Testament theology of human transformation in order to better understand what it means to become a living sacrifice to God.

A Model for Transformation

Faith in Jesus Christ brings instant forgiveness along with the promise of eventual glorification and spending eternity with God. However, in between the believer experiences something called sanctification, the process of being set apart for good works. Something that is sanctified is holy, so it makes sense that the process of sanctification is to make us more like Christ.

Even though the Bible talks much of spiritual power and becoming like Christ, many believers find this process of sanctification to be a mystery. Since the Enlightenment, there has been a slow removal from our language of acceptable ways to talk about the spiritual realm. Being rooted in this age of science and materialism, the language of spiritual growth sounds alien and a bit threatening to our ears, but if we want to experience the life that Jesus promised, a life of spiritual strength, we need to understand how to appropriate God's Spirit into our lives.

According to Willard, "A 'spiritual life' consists in that range of activities in which people cooperatively interact with God—and with the spiritual order deriving from God's personality and action. And what is the result? A new overall quality of human existence with corresponding new powers."[{4}](#) To be spiritual is to be dominated by the Spirit of God.

Willard adds that spirituality is another reality, not just a “commitment” or “life-style.” It may result in personal and social change, but the ultimate goal is to become like Christ and to further His Kingdom, not just to be a better person or to make America a better place to live.

The Bible teaches that to become a spiritual person one must employ the *disciplines* of spirituality. “The disciplines are activities of mind and body purposefully undertaken to bring our personality and total being into effective cooperation with the divine order.”^{5} Paul wrote in Romans 6:13 that the goal of being spiritual is to offer our body to God as instruments of righteousness in order to be of use for His Kingdom. Moving towards this state of usefulness to God and His Kingdom depends on the actions of individual believers.

Many of us have been taught that this action consists primarily in attending church or giving towards its programs. As important as these are, they fail to address the need for a radical inner change that must take place in our hearts to be of significant use to God. The teaching of Scripture and specifically the life of Christ tells us that the deep changes that must occur in our lives will only be accomplished via the disciplines of abstinence such as fasting, solitude, silence, and chastity, and the disciplines of engagement such as study, worship, service, prayer, and confession. These disciplines, along with others, will result in being conformed to the person of Christ, the desire of everyone born of His Spirit.

Salvation and Life

When I first read in the Bible that Jesus offered a more abundant life to those who followed Him, I thought that He was primarily describing a life filled with more happiness and purpose. It does include these things, but I now believe that it includes much more. Salvation in Christ promises to radically change the nature of life itself. It is not just a

promise that sometime in the far distant future we will experience a resurrected body and see a new heaven and new earth. Salvation in Christ promises a life characterized by the highest ideals of thought and actions as epitomized by the life of Christ Himself.

Although there is no program or classroom course that can guarantee to give us this new life in Christ, it can be argued that in order to live a life like Jesus we need to do the things that Jesus did. If Jesus had to “learn obedience through the things which he suffered” (Hebrew 5:8 KJV), are we to expect to act Christ-like without the benefit of engaging in the disciplines that Jesus did?

In *The Spirit of the Disciplines*, Willard argues that there is a direct connection between practicing the spiritual disciplines and experiencing the salvation that is promised in Christ. Jesus prayed, fasted, and practiced solitude “not because He was sinful and in need of redemption, as we are, but because he had a body just as we do.”^{6} The center of every human being’s existence is his or her body. We are neither to be neo-Platonic nor Gnostic in our approach to the spiritual life. Both of these traditions play down the importance of the physical universe, arguing that it is either evil or simply inferior to the spiritual domain. But as Willard argues, “to withhold our bodies from religion is to exclude religion from our lives.”

Although our spiritual dimension may be invisible, it is not separate from our bodily existence. *Spirituality*, according to Willard, is “a relationship of our embodied selves to God that has the natural and irrepressible effect of making us alive to the Kingdom of God—here and now in the material world.”^{7} By separating our Christian life from our bodies we create an unnecessary sacred/secular gulf for Christians that often alienates us from the world and people around us.

The Christian faith offers more than just the forgiveness of

sins; it promises to transform individuals to live in such a way that responding to events as Jesus did becomes second nature. What are these spiritual disciplines, and how do they transform the very quality of life we experience as followers of Jesus Christ?

The Disciplines of Abstinence

Although many of us have heard horror stories of how spiritual disciplines have been abused and misused in the past, Willard believes that “A discipline for the spiritual life is, when the dust of history is blown away, nothing but an activity undertaken to bring us into more effective cooperation with Christ and his Kingdom.”^{8} He reminds us that we discipline ourselves throughout life in order to accomplish a wide variety of tasks or functions. We utilize discipline when we study an academic or professional field; athletes must be disciplined in order to run a marathon or bench press 300 lbs. Why, then, are we surprised to learn that we must discipline ourselves to be useful to God?

Willard divides the disciplines into two categories: disciplines of abstinence, and disciplines of engagement. Depending on our lifestyle and past personal experiences, we will each find different disciplines helpful in accomplishing the goal of living as a new creature in Christ. Solitude, silence, fasting, frugality, chastity, secrecy, and sacrifice are disciplines of abstinence. Given our highly materialistic culture, these might be the most difficult and most beneficial to many of us. We are more familiar with the disciplines of engagement, including study, worship, celebration, service, prayer, and fellowship. However, two others mentioned by Willard might be less familiar: confession and submission.

Abstinence requires that we give up something that is perfectly normal—something that is not wrong in and of itself, such as food or sex—because it has gotten in the way of our

walking with God, or because by leaving these things aside we might be able to focus more closely on God for a period of time. As one writer tells us, "Solitude is a terrible trial, for it serves to crack open and burst apart the shell of our superficial securities. It opens out to us the unknown abyss that we all carry within us . . ." [{9}](#) Busyness and superficial activities hide us from the fact that we have little or no inward experience with God. Solitude frees us from social conformity, from being conformed to the patterns of this world that Paul warns us about in Romans 12.

Solitude goes hand in hand with silence. The power of the tongue and the damage it can do is taken very seriously in the Bible. There is a quiet inner strength and confidence that exudes from people who are great listeners, who are able to be silent and to be slow to speak.

The Disciplines of Engagement

Thus, the disciplines of abstinence help us diminish improper entanglements with the world. What about the disciplines of engagement?

Although study is not often thought of as a spiritual discipline, it is the key to a balanced Christian walk. Calvin Miller writes, "Mystics without study are only spiritual romantics who want relationship without effort." [{10}](#) Study involves reading, memorizing, and meditation on God's Word. It takes effort and time, and there are no shortcuts. It includes learning from great Christian minds that have gone before us and those who, by their walk and example, can teach much about the power available to believers who seek to experience the light burden that abiding in Jesus offers.

Few Christians deny the need for worship in their weekly routines, even though what constitutes worship has caused considerable controversy. Worship ascribes great worth to God.

It is seeing God as He truly is. Willard argues that we should focus our worship through Jesus Christ to the Father. He writes, “When we worship, we fill our minds and hearts with wonder at him—the detailed actions and words of his earthly life, his trial and death on the cross, his resurrection reality, and his work as ascended intercessor.”[\[11\]](#)

The discipline of celebration is unfamiliar to most of us, yet Willard argues that it is one of the most important forms of engagement with God. He writes that “We engage in celebration when we enjoy ourselves, our life, our world, in conjunction with our faith and confidence in God’s greatness, beauty, and goodness. We concentrate on our life and world as God’s work and as God’s gift to us.”[\[12\]](#) Although much of the scriptural argument for holy celebration is found in the festivals of the Old Testament and the book of Ecclesiastes, Jesus was accused of being a glutton and a drunkard because he chose to dine and celebrate with sinners.

Christian fellowship and confession go hand in hand. It is within the context of fellowship that Christians build up and encourage one-another with the gifts that God has given to us. It is also in this context that we practice confession with trusted believers who know both our strengths and weaknesses. This level of transparency and openness is essential for the church to become the healing place of deep intimacy that people are so hungry for.

Walking with Jesus doesn’t mean just knowing things about Him; it means living as He lived. This includes practicing the spiritual disciplines that Jesus practiced. As we do, we will be changed through the Spirit to be more like Him and experience the rest that He has offered to us.

Notes

1. Dallas Willard, *The Spirit of the Disciplines*, (New York: HarperCollins, 1991).

2. Ibid., viii.
3. Ibid., x.
4. Ibid., 67.
5. Ibid., 68.
6. Ibid., 29.
7. Ibid., 31.
8. Ibid., 156.
9. Ibid., 161.
10. Ibid., 176.
11. Ibid., 178.
12. Ibid., 179.

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