Exodus is Shutting Down, But Jesus Isn’t

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Recently, Exodus International announced that it was shutting down. For decades, Exodus was the oldest and largest Christian ministry dealing with faith and homosexuality. But in the past few years, it had become a lightning rod for controversy, and the name had accumulated a lot of baggage. They hoped that by shutting down the ministry, the church would step up and do its job of loving and leading people well. They realized that many churches and pastors are still under-educated about those who deal with same-sex attractions, and some are unsafe. But by having a separate ministry to send people to, they haven’t needed to change, and it was easy for the unbiblical “us/them” dichotomy to flourish.

This made the news because on the one hand, there is a lot of contempt and hatred for Exodus by gay activists who insist there’s nothing wrong with homosexuality, and many considered it a victory. On the other hand, Exodus was the go-to place for people seeking help with this issue, and as the umbrella organization for scores of local ministries, they were able to refer people to places where they could find support. As a longtime board member for Living Hope Ministries, the Exodus referral ministry for Dallas/Ft. Worth, I know how valuable the Exodus referrals have been.

How did this happen?

Over the past several years, Exodus got off track when some people promoted “gay to straight” change efforts, including the controversial reparative therapy technique. Both of these are nothing but “flesh management,” using natural, human-only tools and methods. They lost their focus on the founding values,
which until recently was still found on their “About Us” page:

While we have never met anyone who “chose” to feel same-sex attracted, people do have to eventually make a decision to either act on those feelings or not to act on them. Since 1976, Exodus has served as an organization helping men and women surrender their sexual struggles to the Lordship of Jesus Christ. We do not believe that same-sex attractions are sinful in and of themselves but rather one type of struggle and temptation among the millions that impact each and every human being.

We do believe that any sexual expression outside of a monogamous marriage between one man and one woman falls outside of God’s creative intent for human sexual expression and is sinful. Homosexuality is no greater or less a sin than any other and is not the determining factor for a relationship with Jesus Christ. (emphasis mine)

What I see here is a statement pointing to God’s standards, God’s intent for human sexuality. It conforms to the limits of what the Bible actually says, which is a prohibition against acting on one’s sinful desires regardless of what those desires are. It acknowledges that all of us are messed-up sinners who can’t stop being sinners and can’t stop our temptations, but we do have control over what we choose to do with our feelings and temptations.

Ricky Chelette, the Executive Director of Living Hope, says, “I have been to every Exodus Conference for the past 15 years and every Leader’s Conference except this past year, and have always felt that we were centering on Christ, upholding God’s truth, and encouraging people not so much to be “straight” but to be rightly and intimately related to Christ, which then transforms our lives, actions, hearts and thinking. Living Hope will continue to do what we have always done: ‘Proclaim God’s Truth to those who are seeking sexual and relational wholeness through a more intimate relationship with Jesus Christ.’ Nothing has changed for us.”
Since Living Hope is one of the largest, if not THE largest ministry of its kind in the world, I am encouraged that Kingdom values are still unshaken despite what’s going on at Exodus headquarters.

I’ve had a lot of emails and messages asking “What does all this mean?” Well, I can tell you want it doesn’t mean:

• It doesn’t mean that Jesus is not enough for sexual struggles.

• It doesn’t mean that He has left His throne and is no longer in control.

• It doesn’t mean that there isn’t any help for those dealing with this issue, either for themselves or a loved one.

• It doesn’t mean that it’s pointless to fight against unwanted same-sex attraction (or any other temptation). By developing intimacy with Christ so that we are continually transformed into His image from one glory into another (2 Cor. 3:18), He changes and decreases the power of those temptations.

• It doesn’t mean change isn’t possible. Exodus coined the phrase “change is possible” and then backed off the hope of change. But people’s personal filters about what kind of change led to unrealistic expectations about what they could expect.

Of course change is possible—it’s an intrinsic part of being alive! Whether one is a believer or not, we change over time. The Christ-follower should expect change because we are transformed into what we worship. As we focus on Jesus, we become more like Him. That means greater holiness, more self-control, rightly relating to our own gender and to the opposite sex. As John the Baptist indicated, He increases and we decrease. That is change. Our attractions are also our temptations, and as my pastor says, “Jesus never promises to take away our temptations. He hasn’t taken away mine either.”

I recently said to my friend, a former lesbian activist, “You know, it’s entirely
possible your attractions to women won’t change and you will walk with an emotional limp the rest of your life. . . just as I will continue to walk with a physical limp the rest of my earthly life. But both of us can glorify God in our limping by honoring Him with our choices, as we look to Him to restore us to a perfect future that includes running and jumping and leaping and loving perfectly, on the other side.”

I know that may sound weird, “glorifying God in our limping,” but I think He receives more glory through limping people who are dependent on Him, than healthy people who breeze through life independent of Him.

Even though Exodus International is shutting down, Jesus Christ is still very much loving and changing those who turn to Him in trust and obedience. And I am grateful to be a part of it.

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