“Help Me Change From Gay to Straight”

Hello Sue,

I am from Australia and I read your add about how you can help me to change from being gay to being straight.

Can you help me please?

I’m not sure what you meant about “reading my add” since I don’t have any advertisements of any kind, but I have written about homosexuality on Probe.org and www.livehope.org. My understanding about how true and lasting change can occur in people is all about a personal relationship with Jesus Christ, who starts the process of setting things right when we put our trust and faith in Him and start the hard work of surrendering to Him. Daily. As a new way of life. Then change happens, all kind of change, because the fruit of the new life we receive from God is Christlikeness in us.

Some people who trust in Jesus discover that as they grow spiritually, receiving His great love and obeying the principles in His word the Bible, old wounds are healed, unmet needs are met through community with God’s people, and they are led into new ways of seeing life, themselves, other people, and God Himself. They discover that they are changing, and they can finish growing up, which includes changing the way they think about people of the same sex and people of the opposite sex. They can develop attractions for the opposite sex. Or even just one person of the opposite sex.

There are no exercises for this kind of change. It is a result of a new orientation of submitting one’s will to Jesus as boss (or Lord) of one’s life, following Him and trusting in Him. The change that comes is the same as learning to move beyond self-centeredness to compassion and a desire to love and serve

others. Or learning to move beyond anger to forgiveness. Or learning to move beyond fear and anxiety to the peace of trusting that a loving God is in control. These changes are all reflections of emotional and spiritual maturity and God's work inside us to make us like His Son.

Some people who walk in intimacy with Jesus never develop attractions for the opposite sex. There are several reasons for this, but the important thing is that God's intention for our lives is far bigger and far more important than sexual attractions. Nonetheless, when God sets all things right, that includes rightly relating to both our own gender and the opposite sex—whether that process comes close to completion in this life or the next.

So, to answer your question, I would point you to Jesus. Not to religion—to Jesus Himself, which includes dynamic relationships with His people, those of us who truly know Him and are living in yieldedness and submission to Him. I would also invite you to investigate the free, confidential online support group for those dealing with unwanted homosexuality at Living Hope Ministries, www.livehope.org.

Thanks for writing.

Sue Bohlin

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