

# “I Need Resources for My Porn Addiction”

I need help with a problem. I need a number I can call—to a ministry that doesn't exist—from what I have been able to research. It might also be that I am, well, a little crazy to expect a match for myself. Is there a ministry that you all are aware of for people to get, like a prayer partner, when you are basically a sex(porn) addict? I can not deny my Lord, but I can't seem to control myself with this sin, without compounding it into a greater sin. I hope that doesn't sound too odd. Any help would be appreciated.

I do have some suggestions for you, and bless you for asking. Praise God, there IS help!!

Online, may I suggest these sites:

My favorite is Setting Captives Free, which has a blow-your-socks-off excellent online 60-day Bible study course (that is FREE!!) called “The Way of Purity.” This Christ-centered course not only addresses the core issues that contribute to a porn addiction, but they provide online mentors for every student:

[www.settingcaptivesfree.com](http://www.settingcaptivesfree.com)

Dr. James Dobson provides resources here:  
[www.drjamesdobson.org/pornography-resources](http://www.drjamesdobson.org/pornography-resources)

Every Man's Battle has a great book, a great seminar to attend, and online support: [www.everymansbattle.com](http://www.everymansbattle.com)

Help in Breaking Pornography Addiction: [www.freed4life.me](http://www.freed4life.me)

One other resource: Neil Anderson has helped MANY men with sex addictions through his book *A Way of Escape*.

I pray for you, \_\_\_\_\_, that God will show you the way of

escape through the glorious truth that your “old man” was crucified with Christ and the new you was raised with Him. . . and that the way out of this addiction is to stop trying harder (which I’m sure you are an expert at) and depend fully on Jesus to live HIS powerful, holy life through you. The way out of sexual addiction is “Christ in you, the hope of glory.” (Colossians 1:27)

I do hope this helps.

In His grip,

Sue Bohlin

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