The Resurrection: Fact or Fiction? – A Real Historical Event

Dr. Pat Zukeran presents strong evidence discounting the most common theories given against a historical resurrection. The biblical account and other evidence clearly discount these attempts to cast doubt on the resurrection. Any strong apologetic argument is anchored on the reality of the resurrection of Jesus Christ as an historical event.

Introduction

The most significant event in history is the Resurrection of Jesus Christ. It is the strongest evidence that Jesus is the Son of God. This event gives men and women the sure hope of eternal life a hope that not only gives us joy as we look to the future but also provides us with powerful reasons to live today.

Throughout the centuries, however, there have been scholars who have attempted to deny the account of the Resurrection. Our schools are filled with history books which give alternative explanations for the Resurrection or in some cases, fail even to mention this unique event.

In this essay we will take a look at the evidence for the Resurrection and see if this event is historical fact or fiction. But, first, we must establish the fact that Jesus Christ was a historical figure and not a legend. There are several highly accurate historical documents that attest to Jesus. First, let’s look at the four Gospels themselves. The authors Matthew, Mark, Luke, and John recorded very specific facts of the events surrounding the life of Jesus, and archaeology has verified the accuracy of the New Testament.

Hundreds of facts such as the names of officials, geographical sites, financial currencies, and times of events have been confirmed. Sir William Ramsay, one of the greatest geographers of the 19th century, became firmly convinced of the accuracy of the New Testament as a result of the overwhelming evidence he discovered during his research. As a result, he completely reversed his antagonism against Christianity.

The textual evidence decisively shows that the Gospels were written and circulated during the lifetime of those who witnessed the events. Since there are so many specific names and places mentioned, eyewitnesses could have easily discredited the writings. The New Testament would have never survived had the facts been inaccurate. These facts indicate that the Gospels are historically reliable and show Jesus to be a historical figure. For more information on the accuracy of the Bible, see the essay from Probe entitled Authority of the Bible.

Another document that supports the historicity of Jesus is the work of Josephus, a potentially hostile Jewish historian. He recorded Antiquities, a history of the Jews, for the Romans during the lifetime of Jesus. He wrote, "Now there was about that time Jesus, a wise man, if it be lawful to call him a man."(1) Josephus goes on to relate other specific details about Jesus' life and death that correspond with the New Testament. Roman historians such as Suetonius, Tacitus, and Pliny the Younger also refer to Jesus as a historically real individual.

Skeptics often challenge Christians to prove the Resurrection scientifically. We must understand, the scientific method is based on showing that something is fact by repeated observations of the object or event. Therefore, the method is limited to repeatable events or observable objects. Historical events cannot be repeated. For example, can we repeatedly observe the creation of our solar system? The obvious answer is no, but that does not mean the creation of the solar system

did not happen.

In proving a historical event like the Resurrection, we must look at the historical evidence. Thus far in our discussion we have shown that belief in the historical Jesus of the New Testament is certainly reasonable and that the scientific method cannot be applied to proving a historical event. For the reminder of this essay, we will examine the historical facts concerning the Resurrection and see what the evidence reveals.

Examining the Evidence

Three facts must be reckoned with when investigating the Resurrection: the empty tomb, the transformation of the Apostles, and the preaching of the Resurrection originating in Jerusalem.

Let us first examine the case of the empty tomb. Jesus was a well-known figure in Israel. His burial site was known by many people. In fact Matthew records the exact location of Jesus' tomb. He states, "And Joseph of Arimathea took the body and wrapped it in a clean linen cloth and laid it in his own new tomb" (Matt. 27:59). Mark asserts that Joseph was "a prominent member of the Council" (Mark 15:43).

It would have been destructive for the writers to invent a man of such prominence, name him specifically, and designate the tomb site, since eyewitnesses would have easily discredited the author's fallacious claims.

Jewish and Roman sources both testify to an empty tomb. Matthew 28:12 13 specifically states that the chief priests invented the story that the disciples stole the body. There would be no need for this fabrication if the tomb had not been empty. Opponents of the Resurrection must account for this. If the tomb had not been empty, the preaching of the Apostles would not have lasted one day. All the Jewish authorities

needed to do to put an end to Christianity was to produce the body of Jesus.

Along with the empty tomb is the fact that the corpse of Jesus was never found. Not one historical record from the first or second century is written attacking the factuality of the empty tomb or claiming discovery of the corpse. Tom Anderson, former president of the California Trial Lawyers Association states,

> Let's assume that the written accounts of His appearances to hundreds of people are false. I want to pose a question. With an event so well publicized, don't you think that it's reasonable that one historian, one eye witness, one antagonist would record for all time that he had seen Christ's body? . . . The silence of history is deafening when it comes to the testimony against the resurrection.(2)

Second, we have the changed lives of the Apostles. It is recorded in the Gospels that while Jesus was on trial, the Apostles deserted Him in fear. Yet 10 out of the 11 Apostles died as martyrs believing Christ rose from the dead. What accounts for their transformation into men willing to die for their message? It must have been a very compelling event to account for this.

Third, the Apostles began preaching the Resurrection in Jerusalem. This is significant since this is the very city in which Jesus was crucified. This was the most hostile city in which to preach. Furthermore, all the evidence was there for everyone to investigate. Legends take root in foreign lands or centuries after the event. Discrediting such legends is difficult since the facts are hard to verify. However, in this case the preaching occurs in the city of the event immediately after it occurred. Every possible fact could have been investigated thoroughly.

Anyone studying the Resurrection must somehow explain these

three facts.

Five Common Explanations

Over the years five explanations have been used to argue against the Resurrection. We will examine these explanations to see whether they are valid.

The Wrong Tomb Theory

Proponents of this first argument state that according to the Gospel accounts, the women visited the grave early in the morning while it was dark. Due to their emotional condition and the darkness, they visited the wrong tomb. Overjoyed to see that it was empty, they rushed back to tell the disciples Jesus had risen. The disciples in turn ran into Jerusalem to proclaim the Resurrection.

There are several major flaws with this explanation. First, it is extremely doubtful that the Apostles would not have corrected the women's error. The Gospel of John gives a very detailed account of them doing just that. Second, the tomb site was known not only by the followers of Christ but also by their opponents. The Gospels make it clear the body was buried in the tomb of Joseph of Arimathea, a member of the Jewish council. If the body still remained in the tomb while the Apostles began preaching, the authorities simply would have to go to the right tomb, produce the body, and march it down the streets. This would have ended the Christian faith once and for all. Remember, the preaching of the Resurrection began in Jerusalem, fifteen minutes away from the crucifixion site and the tomb. These factors make this theory extremely weak.

The Hallucination Theory

This second theory holds that the Resurrection of Christ just occurred in the minds' of the disciples. Dr. William McNeil articulates this position in his book, *A World History*. He writes,

> The Roman authorities in Jerusalem arrested and crucified Jesus. . . . But soon afterwards the dispirited Apostles gathered in an upstairs room' and suddenly felt again the heartwarming presence of their master. This seemed absolutely convincing evidence that Jesus' death on the cross had not been the end but the beginning. . . . The Apostles bubbled over with excitement and tried to explain to all who would listen all that had happened.(3)

This position is unrealistic for several reasons. In order for hallucinations of this type to occur, psychiatrists agree that several conditions must exist. However, this situation was not conducive for hallucinations. Here are several reasons. Hallucinations generally occur to people who are imaginative and of a nervous make up. However, the appearances of Jesus occurred to a variety of people. Hallucinations are subjective and individual. No two people have the same experience. In this case, over five hundred people (Corinthians 15) have the same account. Hallucinations occur only at particular times and places and are associated with the events. The Resurrection appearances occur in many different environments and at different times. Finally, hallucinations of this nature occur to those who intensely want to believe. However, several such as Thomas and James, the half brother of Jesus were hostile to the news of the Resurrection.

If some continue to argue for this position, they still must account for the empty tomb. If the Apostles dreamed up the Resurrection at their preaching, all the authorities needed to do was produce the body and that would have ended the Apostles' dream. These facts make these two theories extremely unlikely.

The Swoon Theory

A third theory espouses that Jesus never died on the cross but merely passed out and was mistakenly considered dead. After three days He revived, exited the tomb, and appeared to His

disciples who believed He had risen from the dead. This theory was developed in the early nineteenth century, but today it has been completely given up for several reasons.

First, it is a physical impossibility that Jesus could have survived the tortures of the crucifixion. Second, the soldiers who crucified Jesus were experts in executing this type of death penalty. Furthermore, they took several precautions to make sure He was actually dead. They thrust a spear in His side. When blood and water come out separately, this indicates the blood cells had begun to separate from the plasma which will only happen when the blood stops circulating. Upon deciding to break the legs of the criminals (in order to speed up the process of dying), they carefully examined the body of Jesus and found that He was already dead.

After being taken down from the cross, Jesus was covered with eighty pounds of spices and embalmed. It is unreasonable to believe that after three days with no food or water, Jesus would revive. Even harder to believe is that Jesus could roll a two-ton stone up an incline, overpower the guards, and then walk several miles to Emmaeus. Even if Jesus had done this, His appearing to the disciples half-dead and desperately in need of medical attention would not have prompted their worship of Him as God.

In the 19th century, David F. Strauss, an opponent of Christianity, put an end to any hope in this theory. Although he did not believe in the Resurrection, he concluded this to be a very outlandish theory. He stated,

> It is impossible that a being who had stolen half-dead out of the sepulchre, who crept about weak and ill, wanting medical treatment, who required bandaging, strengthening, and indulgence, and who still at last yielded to his sufferings, could have given the disciples the impression that he was a Conqueror over death and the grave, the Prince of life, an impression that would lay at the bottom of their

future ministry.(4)

The Stolen Body Theory

This fourth argument holds that Jewish and Roman authorities stole the body or moved it for safekeeping. It is inconceivable to think this a possibility. If they had the body, why did they need to accuse the disciples of stealing it? (Matt. 28:11 15). In Acts 4, the Jewish authorities were angered and did everything they could to prevent the spread of Christianity. Why would the disciples deceive their own people into believing in a false Messiah when they knew that this deception would mean the deaths of hundreds of their believing friends? If they really knew where the body was, they could have exposed it and ended the faith that caused them so much trouble and embarrassment. Throughout the preaching of the Apostles, the authorities never attempted to refute the Resurrection by producing a body. This theory has little merit.

The Soldiers Fell Asleep Theory

Thus far we have been studying the evidence for the Resurrection. We examined four theories used in attempts to invalidate this miracle. Careful analysis revealed the theories were inadequate to refute the Resurrection. The fifth and most popular theory has existed since the day of the Resurrection and is still believed by many opponents of Christianity. Matthew 28:12 13 articulates this position.

> When the chief priests had met with the elders and devised a plan, they gave the soldiers a large sum of money telling them, “You are to say, his disciples came during the night and stole him away while we were asleep.'”

Many have wondered why Matthew records this and then does not refute it. Perhaps it is because this explanation was so preposterous, he did not see the need to do so.

This explanation remains an impossibility for several reasons. First, if the soldiers were sleeping, how did they know it was the disciples who stole the body? Second, it seems physically impossible for the disciples to sneak past the soldiers and then move a two-ton stone up an incline in absolute silence. Certainly the guards would have heard something.

Third, the tomb was secured with a Roman seal. Anyone who moved the stone would break the seal, an offense punishable by death. The depression and cowardice of the disciples makes it difficult to believe that they would suddenly become so brave as to face a detachment of soldiers, steal the body, and then lie about the Resurrection when the would ultimately face a life of suffering and death for their contrived message.

Fourth, Roman guards were not likely to fall asleep with such an important duty. There were penalties for doing so. The disciples would have needed to overpower them. A very unlikely scenario.

Finally, in the Gospel of John the grave clothes were found “lying there as well as the burial cloth that had been around Jesus’ head. The cloth was folded up by itself separate from the linen” (20:6 7). There was not enough time for the disciples to sneak past the guards, roll away the stone, unwrap the body, rewrap it in their wrappings, and fold the head piece neatly next to the linen. In a robbery, the men would have flung the garments down in disorder and fled in fear of detection.

Conclusion: Monumental Implications

These five theories inadequately account for the empty tomb, the transformation of the Apostles, and the birth of Christianity in the city of the crucifixion. The conclusion we must seriously consider is that Jesus rose from the grave. The implications of this are monumental.

First, if Jesus rose from the dead, then what He said about Himself is true. He stated, “I am the Resurrection and the life; he who believes in me shall live even if he dies” (John 11:25). He also stated, “I am the way, and the truth, and the life; no man comes to the father , but through me” (John 14:6). Eternal life is found through Jesus Christ alone. Any religious belief that contradicts this must be false. Every religious leader has been buried in a grave. Their tombs have become places of worship. The location of Jesus’ tomb is unknown because it was empty; his body is not there. There was no need to enshrine an empty tomb.

Second, Paul writes in 1 Corinthians 15:54, “Death has been swallowed up in victory.” Physical death is not the end; eternal life with our Lord awaits all who trust in Him because Jesus has conquered death.

Notes

1. Josephus, *Antiquities* xviii. 33. (Early second Century).

2. Josh McDowell, *The Resurrection Factor* (San Bernadino, Calif.: Here’s Life Publishers, 1981), p. 66.

3. William McNeil, *A World History* (New York: Oxford University Press, 1979), p. 163.

4. David Strauss, *The Life of Jesus for the People* , vol. 1, 2nd edition (London: Williams and Norgate, 1879), p. 412.

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Churches That Equip

I STILL REMEMBER THE SINKING FEELING IN THE PIT OF MY STOMACH. I was a university student, a young believer, and my faith in Christ seemed like a house of cards that had just crumbled. For awhile, the Christian life that had been so exciting and joyful became a myth. I felt rootless, adrift, and confused.

One of my fraternity brothers had just asked me some questions about Christianity that I couldn't answer. This bothered me deeply until Bob Prall, a pastor and campus Christian worker,

answered them for me. “Always remember,” he advised as he finished, “just because you don’t know the answer, doesn’t mean there is no answer.”

For the next two years I followed him around, watching as he shared Christ with skeptics, listening to his speeches, and observing how he dealt with non-Christians. Bob’s loving, learned example and teaching helped me sink my spiritual roots deeply into God’s truth and provided a foundation for three decades of interaction with unbelievers. I shall always be grateful to him for equipping me in this way.

Just as Bob helped me, a number of churches across North America are helping equip their members to answer effectively questions that non-Christians ask. Maybe their stories will encourage you.

Conversation and Cuisine

Dennis McCallum pastors Xenos Christian Fellowship in Columbus, Ohio. He is keenly interested in reaching “postmoderns” for Christ, and Xenos members have developed some successful methods of equipping members for outreach. In his book, The Death of Truth, McCallum outlines a practical plan using dinner-party discussion groups. “It’s not impossible to communicate with postmodern culture,” he claims, “it’s just more difficult.” Just as missionaries need to learn the language and customs and build relationships with those they seek to reach, so we must understand and befriend today’s postmoderns.

Xenos’ “Conversation and Cuisine” gathers Christians in a home with non-Christian friends for food and discussion. Guests are assured it’s not a church service and that all opinions are welcome. Topics include “To judge or not to judge,” “Forgiveness in relationships,” “Views of the afterlife,” and current events.

After dinner the facilitator presents several scenarios for discussion. For instance, in a session on judging, he might describe a situation of racism in the workplace and ask participants to decide “OK” or “bad.” Next the facilitator tells of a mother who chooses to leave her husband and children for another man. The participants also vote. The point is to create a bit of confusion and help participants realize that—in contrast to today’s “tolerate all viewpoints” mindset—they themselves sometimes make judgments that they feel are entirely appropriate.

This dialogue can lead to discussions of, for instance, Hitler’s Germany. Was killing Jews merely a cultural tradition that should be respected?

The aim is not to preach, but gently to lead non-Christians to rethink their presuppositions. Sessions don’t always include a gospel presentation. They may be “pre-evangelistic”—helping unbelievers reconsider their own relativism, appreciate that some universal or absolute truths might be necessary, and realize that Christians may have some answers. Church members can then continue the relationships and share Christ as appropriate. “Once people’s thinking has been thawed—or even shocked—out of their totalistic postmodern pattern,” claims McCallum, “they will have a new receptiveness to the gospel.”

Xenos is also committed to grounding youth in God’s Word. Its curriculum uses age-appropriate games, stories, and study to help grade-school through university students understand and explain God’s truth. High school home meetings designed for secular audiences involve adult-student team teaching: kids reaching kids. Campus Bible studies reach Ohio State students.

Kellie Carter’s New Age background could not save her mom from breast cancer. Disillusioned with God after her mother’s death, Kellie sought answers in crystal healing, astrology, and meditation. Then a friend invited her to a Xenos campus Bible study, where she debated Christianity with attendees.

“The amazing thing here was that I was getting answers,” Kellie recalls. “These people knew what they believed and why. I wanted that.” Scientific and historical evidences for Christianity prompted her to trust Christ as Savior.

Kellie later invited Jeremy (“Germ”) Gedert to a Xenos meeting about anger, a problem he recognized he had. Subsequent Bible studies on fulfilled prophecy pointed Germ to faith in Christ. Now Germ claims God has given him “great relationships, controlled temper, and a real vision for my life with Christ” plus “an awesome wife (named Kellie Gedert).” Equipped students are reaching students.

Xenos offers courses, conferences, papers, and books to help Christians understand and communicate the gospel in modern culture. For information visit their web site at www.xenos.org.

Spreading the Passion

When George Haraksin became a Christian while studying at California State University Fullerton, he switched his major to comparative religions so he could investigate Christianity’s truth claims. Through his involvement in New Song Church in nearby San Dimas, he found his biblical and apologetic knowledge strengthened and was able to teach classes on New Age thinking. Study in philosophy and ethics at Talbot Seminary fanned his passion for communicating biblical truth, which Haraksin now spreads as New Song’s Pastor of Teaching and Equipping.

“Ephesians tells us to equip the church,” he notes. “People learn on three levels: a classroom level, a relational level, and at home.” He and his co-workers seek to use all three levels to help prepare members to be ready to answer questions non-Christians ask.

New Song’s leaders integrate equipping the saints into their

regular gatherings. Some sermons handle apologetic themes. Weeknight classes cover such topics as “Evangelism and the Postmodern Mindset.” Monthly men’s breakfasts may deal with “Evidences for the Resurrection” or “Is Jesus the Only Way?” New Song has also invited faculty from the International School of Theology to teach courses on “Developing a Christian World View” and other theological topics.

“I’m trying to find people within the church who have that sort of passion (for apologetics) and gifts for teaching,” Haraksin explains. “As I identify them, I’m trying to come alongside them, develop that passion, and develop them as leaders.”

If people have questions about science and Christianity, he wants to be able to refer them to a member with that specialty who can help them. He’s setting up an apologetics network at the local church level.

New Song member Jeff Lampman received a phone call and letter from a cousin with unusual perspectives on the Bible. “I had no idea how to respond to him,” Jeff recalls. He showed the letter to Haraksin, who recognized Jehovah’s Witness doctrines. When two Jehovah’s Witness members showed up at Jeff’s door, he invited them to meet with him and Haraksin. “I was very uncomfortable at first,” Jeff explains, but he grew in his knowledge of the Bible as he watched Haraksin in action over the next six months.

The experience “taught me why I believe what I believe,” Jeff remembers. “Before, if somebody asked me why I believe what I do, I wouldn’t have a clue as to how to respond to them. Now I do. George [Haraksin] was a tremendous help. I feel a lot more confident now and know where to go to get resources to defend the faith effectively.” He continues to apply what he’s learned as he interacts with skeptical co-workers and helps equip and encourage other Christians to learn.

Not everyone at New Song is interested in apologetics. Haraksin estimates that about 10 to 20 percent are thirsty enough to attend weekly meetings if personally encouraged to do so. Others want answers on a more spontaneous basis when they encounter a skeptic. Still others have little or no interest.

“There is still an anti-intellectualism in the church,” Haraksin notes. People want to know “Why can’t I just love God? Why do I need to know all this other stuff?” Society is on information overload, and some “people don’t want to take the time to read and study,” which can be frustrating to a pastor with a burning desire to see people learn.

Haraksin tells of a woman who questioned Jesus’ deity. At another church she had been told not to ask questions but to spend time in personal devotions. Haraksin answered some of her concerns individually and encouraged her to enroll in New Song’s “Jesus Under Fire” class, which she did. She could ask questions without fear of causing offense. Soon she became a solid Christian, committed to the church.

“We’re relational people in a relational culture,” Haraksin notes. We’re still learning.” This product of his own church’s equipping ministry is helping to light some fires.

Issues and Answers

Barry Smith is Pastor of Discipleship Ministries at Kendall Presbyterian Church in Miami. He has a keen desire to see adults and youth understand Christianity’s truth. Sunday schools have featured quarters on apologetics and on Christian ethics. The heart of Kendall’s apologetics emphasis is “Issues and Answers,” monthly dinner discussions relating faith to the secular world.

The meetings arose out of conversations between Smith and hospital chaplain Phil Binie, who had served on the staff of

L’Abri in Switzerland and Holland. (L’Abri is a network of Christian study centers founded by the late Dr. Francis Schaeffer.) The core group is composed of Kendall members—both men and women—who are professionals in the community. Leaders include a *Miami Herald* editor, a federal judge, a medical professional, University of Miami professors, an attorney, and a musician.

Core members invite friends and colleagues to join them. Families, including children, gather at a home and enjoy mealtime conversation. After the 45-minute dinner, youth workers spend time with the children while a group member guides an hour-long presentation for the adults. Smith led one on the problem of evil: “If God is good, where did evil come from?”

Journalistic ethics dominated another discussion. A judge handled the separation of church and state. An English professor covered “deconstructionism” and literary analysis as they apply to the Bible, a somewhat perplexing but highly relevant theme. (Deconstructionism includes a tendency to seek a text’s meaning not in what the original author likely intended, but in what readers today want it to say.)

Smith says that at least one person has professed faith in Christ through a personal search that attending the group prompted. All of the non-clergy members at first felt uncomfortable sharing their faith outside the church; now all feel more at ease. Smith especially notes one couple (a psychology professor and an attorney) who began the program as young Christians and have experienced dramatic growth as they have understood how Christianity makes sense in their work settings.

Smith emphasizes that the “Issues and Answers” format is easy to replicate and need not involve professional clergy leadership. It started informally and at first was not even an official church ministry. “The idea,” he explains, “was simply

to find people trying to contextualize their Christianity in the marketplace who could share with us how they do that."

Scheduling seems the biggest obstacle; professionals' crowded calendars can be hard to mesh. But Smith is encouraged by what the program has accomplished in its two years. He sees a revival of interest in the works of Francis Schaeffer and enthusiastically recommends them to both believers and seekers.

The apostle Peter told believers, "Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect" (1 Peter 3:15). Paul wrote that God gives spiritual leaders to the church "to prepare God's people for works of service" (Eph. 4:12). Xenos, New Song, and Kendall churches are taking those admonitions seriously and are seeing fruit for God's kingdom.

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