How to Ensure Your Kid Won't Walk Away From the Faith After Graduation

That title sounds like clickbait, doesn't it? What parent doesn't want to make sure their not-ready-for-prime-time young adult will continue to walk with the Lord, honoring Him with their life, and making wise, biblically-based decisions? Wouldn't it be great if such a 5-point guaranteed method existed?

Too bad. It's doesn't. Life isn't like that. We can't control other people like that.

But I can make some suggestions that have made a difference in other families.

1. PRAY. And never stop. Our children are the targets of spiritual warfare. They are hated by the enemy of our souls who hates God, hates His people, and wants to destroy our children.

2. From the time they are itty-bitty, play "Spot the Lie." Pay attention to the lies of the world, the flesh and the devil (1 John 2:16), and talk about them with your children when you're sitting at home, when you're walking and driving, when you're putting them to bed, and when they get up in the morning (Deuteronomy 6:7). For example, one day when my now-grown children were in elementary school, the car radio played Bette Midler's song "From a Distance," which says that God is watching us from a distance. I asked, "Is that true?" My sons thought about it and said, "No! He's right here with us!" Exactly. We spotted the lie. And called it what is was.

3. Educate yourself about how to answer the Big Questions of Life so you can talk to your kids about them: How do we know

there is a God? How do we know we can trust the Bible? How do we know Jesus is God? Why does a good God allow pain and evil and suffering?

What makes kids walk away from the faith is usually having unanswered questions. They might not ask for fear of a lame answer, or they might deduce that they shouldn't doubt, shouldn't question the things we teach them, and they should "just have faith." Well, here's the thing: we should trust our lives and our eternities to Christ not because of warm fuzzy feelings, but *because Christianity is true!* Do you know WHY it's true?

Let me recommend a couple of new books, written by moms to equip other parents to be confident in their own faith so they can effectively teach it to their kids.

Keeping Your Kids on God's Side: 40 Conversations to Help Them Build a Lasting Faith by Natasha Crain is super accessible and understandable. One of the best apologetics books I've seen.

Teaching Others to Defend Christianity by Cathryn Buse is written by a former NASA engineer (now a stay-at-home mom of littles) who uses her "mad logic skillz" to walk the reader through the basic Big Questions of Life in an organized way.

One other resource: a few months ago I was asked to speak to a group of moms on "Apologetics for Parents of Littles." You can download the recording here and get the handout here.

4. Talk to your kids about these big questions of the Christian life: about God, the Bible, Jesus, pain and suffering. Ask them what they think and how they're working through these very important issues. Talk about these things *before* they leave your nest after high school!

5. One final suggestion: send your kid(s) to Probe Ministries' Mind Games camp, a one-week total immersion in worldview and apologetics, both classic apologetics (those Big Questions of

Life) and cultural apologetics, such as Grace and Truth About LGBT, Genetic Engineering, The Differences Between Guys and Girls, How to Watch a Movie, Christian Views of Science and Earth History, and more. It's a faith-builder and question-answerer, with lots of free time for fun and connecting with other campers. For many of the campers, it deeply impacts their hearts and souls, nailing down the glorious fact that Christianity is TRUE! My husband I have been privileged to pour into high school and college students through Mind Games for over 20 years; it is truly our joy! This year it's June 11-17 at Camp Copass in Denton, Texas. Check out the videos and lots of information at probe.org/mindgames.

I am deeply grateful to my friend Dr. Kathy Koch for allowing me to guest blog for her. This post was originally published at drkathykoch.com/faith-graduation/ on May 22, 2017.

"My Kids Are Into Goth, Punk and Emo Sub-Cultures"

My two teenage daughters are interested in the goth, punk and emo sub-cultures. I'm not sure how to deal with this. Could you give me some good Christian parenting advice?

I asked a couple of Christian counselors for advice about your question.

The first came back with this response:

> *The best overall reference I've seen for teens is the book Age of Opportunity by Paul David Tripp because it makes it clear the target for change is their HEART, not just behavior – otherwise we just create cooperative rebels (work the*

system to make life easier for "me") or religious Pharisees. There is an audio series by the same name, available from Resources for Changing Lives, 1-800-318-2186 – web site www.ccef.org.

The second, who is a child psychologist, made these suggestions:

1. First of all, DON'T come down heavy with the hammer, telling them they are not allowed to pursue these interests. It will only backfire.

2. These lifestyles and values are meeting a need in your daughters. There is no shame in having needs; God gives us needs for others to meet, and for Himself to meet. Your job is to find out what need goth/punk/emo is meeting, and then subtly provide other, healthier ways for them to get those needs met.

3. Don't communicate that you're going to change your children and they're going to have to stop this behavior. It won't work; we don't have the power to change other people. We do, however, have the power to gain understanding about WHY they behave as they do, and then adjust our response to it.

4. Seek to understand your daughters' thinking and feeling about this. Many kids feel alienated from their parents, believing that their parents don't really care about how they think and feel (which is, unfortunately, all too true in many families). So make a plan to meet for 5-10 minutes each night, for a week, to LISTEN. Ask, "Please help me understand why goth/punk/emo is important to you. Tell me one thing that you like about it." Draw them out with unjudgmental questions; the goal is to understand, not to change them. Each night, try to get another part of the big picture.

5. After a couple of weeks, when you have learned something about what these cultures are doing for your daughters, see if

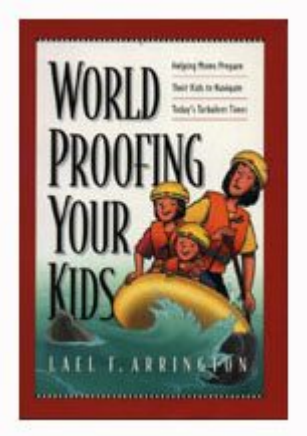
you can find other ways to get those needs met at times that interfere with activities that mean more involvement with their questionable friends. Many times, it’s an esteem issue. Looking like the other people in that sub-culture makes them feel accepted and gives them a sense of belonging. . . legitimate, God-given needs that are better met in the family and with friends whose values are consistent with the family’s and with God’s.

6. Pray, pray, pray. Pray for wisdom to be loving without being controlling. Pray that you will see what YOU need to do to make sure your daughters’ emotional needs are being met. The hard thing is that adolescence is a time when, developmentally, it is normal and right for their attention to turn to friends and want to fit in with their friends more than their families. This is important for growth into independent adults. But the choice of one’s friends can make or break a young person. Which is why it’s essential for parents to know what’s going on, with whom, and hit our knees on our children’s behalf.

This is a big issue and not an easy one. I pray God’s blessing on you as you seek to be wise in the face of unhealthy cultural pressures.

Sue Bohlin
Probe Ministries

Worldproofing Our Kids



Lael Arrington has written a truly wonderful and exceptionally helpful book, *Worldproofing Your Kids*,{1} subtitled "Helping Moms Prepare Their Kids to Navigate Today's Turbulent Times." While she ostensibly wrote it for moms, any Christian parent who cares about helping his or her child develop a Christian worldview will enjoy it . . . and probably learn a thing or two (or three) in the process.

Lael has raised five questions that Christian parents would be wise to keep in mind, so we can relate them to what happens in our kids' world and in the world at large. In teachable moments, we can help our kids to think through and then *own* their answers to these questions:

1. *Who makes the rules?*
2. *How do we know what is true?*
3. *Where did we come from?*
4. *What are we supposed to be doing here?*
5. *Where are we going?*

The first question truly is foundational, not just to the other questions but to a basic Christian worldview: Who makes the rules?

Who Makes the Rules?

As a nation, we used to believe that God makes the rules, and through special revelation He told us what they are. But there has been a shift in the culture, and now there are a great many people who "do not believe that moral truth is universal and final. They do not believe in special revelation from God that lays down what is morally right and wrong for all people for all time. They believe that . . . ultimately, *man makes the rules*."{2}

We need to talk with our children about the consequences of each answer. When man makes the rules, when "everyone does what is right in his own eyes" (Judg. 21:25), there are dreadful consequences. Sometimes the strong and powerful lord it over the weak and defenseless. Sometimes, when man makes the rules, everything breaks down into chaos. In *Worldproofing Your Kids*, Lael Arrington provides some wonderful activities to help develop the elements of a Christian worldview. For example, she suggests we watch a video of *Alice in Wonderland* with our kids, and she provides some excellent discussion questions to bring out the consequences of what happens when anybody and everybody can make the rules.

The bottom line to communicate to our kids is that much of the pain and suffering in this life is the result of making our own rules and violating God's.

But when we agree that God has the right to make the rules, and we follow them, life works the way it was designed. That's because there are good reasons for the rules. We need to give our kids the "whys" behind God's commands. In his book *Right from Wrong,*{3} Josh McDowell explains that God's loving heart makes rules designed to do two things: *protect* and *provide* for us. Our kids need to talk with us about *why* God doesn't want us to have sex before marriage—because purity protects our hearts and bodies, and purity provides a better sexual relationship within marriage. We need to talk to our kids

about *why* God tells us not to cheat and lie: because He is truth, and He knows that honesty and truth telling protects us from the pain of lies and provides for a peace filled life.

The goal is not just to teach our kids that God makes the rules, but to choose to submit to those rules because it's the right thing to do . . . and because it will make life work better.

How Do We Know What Is True?

Truth has taken a beating.

The Christian view of truth is a belief in truth that is true for all people at all times: absolute truth. The western world used to believe that all truth was God's truth. After the Renaissance and the Enlightenment, which produced the byword "Man is the measure of all things," truth became secular. People believed that there is a body of real truth "out there" that can discovered through our reason. God was no longer a part of it.

Now we've moved to the postmodern view of truth. There is no such thing as "true truth," nothing that is true for all people at all times. Truth is now what I make it. Truth is whatever works for me. I create truth based on my feelings and experience.

So when we say things like "The only way to heaven is by trusting Jesus Christ," we get responses like, "You narrow minded bigot!" and "That may be true for you, but it's not true for me." And the classic postmodern response to just about anything: "Whatever!"

How do we help our kids know what is true?

First, we start with the foundational truth of our lives: God's Word. Remember, it's not just a body of truth, it is

alive and *active* (Heb. 4:12). We teach them the Bible's strongest truth claims: In the beginning, God created the heavens and the earth (Gen. 1:1); people are infinitely valuable (Isa. 43:4); we have a sin problem and we need a savior (Rom. 3:22-24); Jesus claims to be God (Mark 14:62, among others {4}). Our kids need to know the truth before they can spot a lie.

Second, we teach them not to be afraid of criticism from those who do not believe in truth. Those who trumpet a postmodern worldview don't *live* by it, because it doesn't match the real world we live in. People who sneer at Christians for insisting that there is such a thing as absolute truth still stop at red lights, and they expect everybody else to do the same. They may say they decide what is true for them, but they don't try to pay for their groceries with a one-dollar bill and insist that, for them, it's worth a hundred dollars.

Third, we can strengthen our kids' confidence in the truth by teaching them logic. Begin with the simplest rule of logic: A does not equal non-A. Two opposite ideas cannot both be true. One can be true, they can both be false, but they can't both be true. Teach them to recognize red herrings, ad hominem arguments, and begging the question. Get Philip Johnson's terrific book, *Defeating Darwinism by Opening Minds*,{5} which has a great chapter called "Tuning Up Your Baloney Detector." He covers several false arguments.

Make it a game: "Spot the lie." Help them identify songs, movies, TV shows, advertisements, and articles that contain errors in logic or which go against biblical truth. Encourage them to recognize when people make up private meaning for words. Postmodern people who believe they can create their own truth say things like "Well, that depends on what the meaning of the word *is* is."

Truth matters to God, because He is truth. We need to teach our kids that it should matter to us as well.

Where Did We Come From?

I especially appreciated the way Arrington explained the importance of addressing the worldview question, "Where did we come from?" and the closely related question, "Who are we?" She points out that the way we answer these questions will also determine how we deal with the issues of animal rights, abortion, infanticide, and euthanasia.

The "Where did we come from?" question isn't about sex and the stork; it's about creation and evolution. There are really only two basic answers. Either God made us, or we are an accident of the universe, the unplanned product of matter plus chance plus time.

If God made us, then we are infinitely valuable and intrinsically significant because God personally called each of us into existence. And not only are we valuable and loved, but every other human on the planet is equally valuable and loved. If evolution is true—defining evolution as the mindless, impersonal chance process that produces the stuff of the universe—then there is no point to our existence. We have no value because there is no value giver. Honest evolutionists recognize this: Cornell professor William Provine has said, "If evolution is true then there is no such thing as life after death, there is no ultimate foundation for ethics, no ultimate meaning for life; there is no free will."{6}

We come hard wired from the factory with a longing for transcendence, desperately wanting to be a part of a larger story where we are beloved and pursued. We long to know that there is meaning to the world and to our lives. We come equipped with an innate sense of fairness and justice, concepts that have no meaning in a world without a God who is absolutely just and moral.

As parents, we need to tap into these basic longings to teach our children that only the creation story adequately explains

our legitimate thirst for relationship and for significance, for fairness and for transcendence. Then we can explain how the creation story (and I define story as "the way things happened," not "wishful thinking") also helps us understand other issues. We can teach our kids that it is not murder to use the flesh of animals for food and the skin of animals for clothing because animals are not like humans; only human beings are made in the image of God. We need to be good stewards of the animals that God made, but not elevate them to the same level as mankind—or devaluate man to the level of animals.

With an understanding that the creation story makes human life sacred and holy, we can teach our kids why it is wrong to kill babies before they are born (abortion), and after they are born (infanticide). We can teach them why it is equally wrong to kill the sick and the infirm when it is inconvenient for us (euthanasia).

Lael writes, "The common thread between evolution, abortion, infanticide, and euthanasia is the devaluing of human life and the way our culture has responded with options for disposal."{7}

What Are We Supposed to be Doing Here?

This section of Lael Arrington's book is called "Work, Leisure, and the Richer Life: I'm tired of paddling! Are we there yet? I'm bored!"

If we were to get an honest answer to the questions, "What are you supposed to be doing here? What's your purpose in life?," many high school and college students would probably say, "To have as good a time as possible." Our culture has raised the expectation that everything is supposed to be fun and entertaining. When my mother managed the layaway department of a Wal-Mart a few years ago, she said it was frustrating to

deal with the young employees. They came in feeling entitled to a paycheck but didn't want to work for it. Work wasn't "fun."

One of the greatest gifts we as parents can give our children is to cast a vision for their part in the larger story of life, one that involves a planning and purpose for their life, a calling from God to play their specially designed part. Our innate longing for transcendence means that we need to teach our children that they are a specially chosen part of the cosmic story of creation, fall, and redemption.

First, we need to teach by word and example that work has dignity and value. Work isn't part of the curse; it is part of God's perfect design for us. God gave Adam and Eve the responsibility of stewarding the garden before the Fall (Gen. 2). Part of our purpose in life is to be a difference maker, and work is part of how we do that. Whether one's work is to be a student, a fast food counter person, a house cleaner, a computer programmer, a mechanic, an administrator, or the really super important roles of mother or father, we are called to make a difference in the world and in God's kingdom.

Second, we can be a cheerleader for our children's God given gifts and talents. We need to be students of our children so that we can understand and appreciate the unique package that God put together. It helps to explore the various personality styles to help our kids grow in understanding of themselves and others. John Trent has written a book for children using animal motifs called *The Treasure Tree.*{8} Tim LaHaye{9} and Ken Voges{10} have explored the temperaments in slightly different ways, but they're both very helpful.

As we discern how our children are gifted with natural talents and abilities, we need to acknowledge those gifts and encourage our kids to develop them. If our children have trusted Christ as Savior, they have received a whole new set of spiritual gifts for us to be on the alert for. Of course,

we need to have a working knowledge of the gifts and learn how to spot them. God gives personality gifts, talent and ability gifts, and spiritual gifts to equip our children for whatever He has planned for their lives. What a privilege we have as parents to help them discover that they are called to a special place of service with a special set of equipment to do whatever it is God has called them to!

Where Are We Going?

The last part of the book *Worldproofing Your Kids* deals with citizenship—especially our heavenly citizenship. Another way to inspire confidence that the Christian worldview is true is to celebrate the fact that the best part of life is still ahead.

If we want our kids to recognize the larger, cosmic story of creation, fall, and redemption, then we need to point them continually to their future (Lord willing) in heaven, where we will finally experience real life, real riches, and real intimacy with God. We need to remind them that their choices on earth, for good and for bad, are determining their future in heaven. This is an important part of our roles as parents, of course—to teach them the wisdom that comes from considering both the long term and short term consequences of their choices.

Lael Arrington urges us to take our children to biblical passages and good books that give them a glimpse of where we are going. Help them catch the vision of what C. S. Lewis was describing:

"We are half-hearted creatures, fooling around with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea."{11}

And speaking of C. S. Lewis, please do yourself and your children the favor of reading *The Chronicles of Narnia,* which is a series of books for children of all ages which will capture their hearts for the world to come and make them fall in love with the Lord Jesus.

Lael writes, “Perhaps we are now qualifying for what degree of power and authority we will be granted when we reign with Christ. The New Testament assures us that those who endure, those who serve now, will reign later (2 Tim. 2:12, Rev. 5:10, 22:5). We can challenge our [children], ‘Are we making daily decisions to serve, to develop our gifts and talents so we will be best prepared to reign with Christ?'”{12}

I love the story of the godly old woman who knew she was about to die. When discussing her funeral plans with her pastor she told him she wanted to be buried with her Bible in one hand and a fork in the other.

She explained, “At those really nice get-togethers, when the meal was almost finished, a server or maybe the hostess would come by to collect the dirty dishes. I can hear the words now. Sometimes, at the best ones, somebody would lean over my shoulder and whisper, ‘You can keep your fork.’ And do you know what that meant? Dessert was coming!

“It didn’t mean a cup of Jell-O or pudding or even a dish of ice cream. You don’t need a fork for that. It meant the good stuff, like chocolate cake or cherry pie! When they told me I could keep my fork, I knew the best was yet to come!

“That’s exactly what I want people to talk about at my funeral. Oh, they can talk about all the good times we had together. That would be nice.

“But when they walk by my casket and look at my pretty blue dress, I want them to turn to one another and say, ‘Why the fork?’

“That’s what I want you to say. I want you to tell them that I kept my fork because the best is yet to come.”{13}

The author gratefully acknowledges the generous assistance of Lael Arrington in the preparation of this article.

Notes

1. Lael Arrington, *Worldproofing Your Kids* (Wheaton, IL: Crossway Books, 1997).
2. Ibid, 42.
3. Josh McDowell and Bob Hostetler, *Right From Wrong* (Nashville, TN: Word Books, 1994).
4. See also the Probe article “Jesus’ Claims to be God” on the Probe Web site (www.probe.org).
5. Phillip E. Johnson, *Defeating Darwinism by Opening Minds* (Downers Grove, IL: InterVarsity Press, 1997).
6. William Provine and Philip Johnson, “Darwinism: Science or Naturalistic Philosophy?” (videotape of debate held at Stanford University, April 30, 1994). Available from Access Research Network (www.arn.org).
7. Arrington, 179.
8. John Trent, *The Treasure Tree,* rev. ed. (Nashville, TN: Word Publishing, 1998).
9. Tim LaHaye, *The Spirit-Controlled Temperament* (Wheaton, IL: Tyndale House, 1993).
10. Ken Voges and Ron Braund (contributor), *Understanding How Others Misunderstand You* (Chicago: Moody Press, 1995).
11. C. S. Lewis, *A Weight of Glory* (New York, Macmillan Co., 1949), 1-2.
12. Lael Arrington, personal correspondence with the author, February 26, 2000.
13. Jack Canfield, ed., *A 3rd Serving of Chicken Soup for the Soul* (Edison, NJ: Health Communications, Inc., 1996).

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