

# Euthanasia: A Christian Perspective

*Kerby Anderson looks at euthanasia from a distinctly Christian perspective. Applying a biblical view gives us clear understanding that we are not lord of our own life or anyone elses.*



*This article is also available in [Spanish](#).*

Debate over euthanasia is not a modern phenomenon. The Greeks carried on a robust debate on the subject. The Pythagoreans opposed euthanasia, while the Stoics favored it in the case of incurable disease. Plato approved of it in cases of terminal illness.(1) But these influences lost out to Christian principles as well as the spread of acceptance of the Hippocratic Oath: "I will neither give a deadly drug to anybody if asked for it, nor will I make a suggestion to that effect."

In 1935 the Euthanasia Society of England was formed to promote the notion of a painless death for patients with incurable diseases. A few years later the Euthanasia Society of America was formed with essentially the same goals. In the last few years debate about euthanasia has been advanced by two individuals: Derek Humphry and Dr. Jack Kevorkian.

Derek Humphry has used his prominence as head of the Hemlock Society to promote euthanasia in this country. His book *Final Exit: The Practicalities of Self-Deliverance and Assisted Suicide for the Dying* became a bestseller and further influenced public opinion.

Another influential figure is Jack Kevorkian, who has been instrumental in helping people commit suicide. His book *Prescription Medicide: The Goodness of Planned Death* promotes

his views of euthanasia and describes his patented suicide machine which he calls "the Mercitron." He first gained national attention by enabling Janet Adkins of Portland, Oregon, to kill herself in 1990. They met for dinner and then drove to a Volkswagen van where the machine waited. He placed an intravenous tube into her arm and dripped a saline solution until she pushed a button which delivered first a drug causing unconsciousness, and then a lethal drug that killed her. Since then he has helped dozens of other people do the same.

Over the years, public opinion has also been influenced by the tragic cases of a number of women described as being in a "persistent vegetative state." The first was Karen Ann Quinlan. Her parents, wanting to turn the respirator off, won approval in court. However, when it was turned off in 1976, Karen continued breathing and lived for another ten years. Another case was Nancy Cruzan, who was hurt in an automobile accident in 1983. Her parents went to court in 1987 to receive approval to remove her feeding tube. Various court cases ensued in Missouri, including her parents' appeal that was heard by the Supreme Court in 1990. Eventually they won the right to pull the feeding tube, and Nancy Cruzan died shortly thereafter.

Seven years after the Cruzan case, the Supreme Court had occasion to rule again on the issue of euthanasia. On June 26, 1997 the Supreme Court rejected euthanasia by stating that state laws banning physician-assisted suicide were constitutional. Some feared that these cases (*Glucksburg v. Washington* and *Vacco v. Quill*) would become for euthanasia what *Roe v. Wade* became for abortion. Instead, the justices rejected the concept of finding a constitutional "right to die" and chose not to interrupt the political debate (as *Roe v. Wade* did), and instead urged that the debate on euthanasia continue "as it should in a democratic society."

# Voluntary, Active Euthanasia

It is helpful to distinguish between mercy-killing and what could be called mercy-dying. Taking a human life is not the same as allowing nature to take its course by allowing a terminal patient to die. The former is immoral (and perhaps even criminal), while the latter is not.

However, drawing a sharp line between these two categories is not as easy as it used to be. Modern medical technology has significantly blurred the line between hastening death and allowing nature to take its course.

Certain analgesics, for example, ease pain, but they can also shorten a patient's life by affecting respiration. An artificial heart will continue to beat even after the patient has died and therefore must be turned off by the doctor. So the distinction between actively promoting death and passively allowing nature to take its course is sometimes difficult to determine in practice. But this fundamental distinction between life-taking and death-permitting is still an important philosophical distinction.

Another concern with active euthanasia is that it eliminates the possibility for recovery. While this should be obvious, somehow this problem is frequently ignored in the euthanasia debate. Terminating a human life eliminates all possibility of recovery, while passively ceasing extraordinary means may not. Miraculous recovery from a bleak prognosis sometimes occurs. A doctor who prescribes active euthanasia for a patient may unwittingly prevent a possible recovery he did not anticipate.

A further concern with this so-called voluntary, active euthanasia is that these decisions might not always be freely made. The possibility for coercion is always present. Richard D. Lamm, former governor of Colorado, said that elderly, terminally ill patients have "a duty to die and get out of the way." Though those words were reported somewhat out of

context, they nonetheless illustrate the pressure many elderly feel from hospital personnel.

The Dutch experience is instructive. A survey of Dutch physicians was done in 1990 by the Remmelink Committee. They found that 1,030 patients were killed without their consent. Of these, 140 were fully mentally competent and 110 were only slightly mentally impaired. The report also found that another 14,175 patients (1,701 of whom were mentally competent) were denied medical treatment without their consent and died.(2)

A more recent survey of the Dutch experience is even less encouraging. Doctors in the United States and the Netherlands have found that though euthanasia was originally intended for exceptional cases, it has become an accepted way of dealing with serious or terminal illness. The original guidelines (that patients with a terminal illness make a voluntary, persistent request that their lives be ended) have been expanded to include chronic ailments and psychological distress. They also found that 60 percent of Dutch physicians do not report their cases of assisted suicide (even though reporting is required by law) and about 25 percent of the physicians admit to ending patients' lives without their consent.(3)

## **Involuntary, Active Euthanasia**

Involuntary euthanasia requires a second party who makes decisions about whether active measures should be taken to end a life. Foundational to this discussion is an erosion of the doctrine of the sanctity of life. But ever since the Supreme Court ruled in *Roe v. Wade* that the life of unborn babies could be terminated for reasons of convenience, the slide down society's slippery slope has continued even though the Supreme Court has been reluctant to legalize euthanasia.

The progression was inevitable. Once society begins to devalue the life of an unborn child, it is but a small step to begin

to do the same with a child who has been born. Abortion slides naturally into infanticide and eventually into euthanasia. In the past few years doctors have allowed a number of so-called "Baby Does" to die—either by failing to perform lifesaving operations or else by not feeding the infants.

The progression toward euthanasia is inevitable. Once society becomes conformed to a "quality of life" standard for infants, it will more willingly accept the same standard for the elderly. As former Surgeon General C. Everett Koop has said, "Nothing surprises me anymore. My great concern is that there will be 10,000 Grandma Does for every Baby Doe."(4)

Again the Dutch experience is instructive. In the Netherlands, physicians have performed involuntary euthanasia because they thought the family had suffered too much or were tired of taking care of patients. American surgeon Robin Bernhoft relates an incident in which a Dutch doctor euthanized a twenty-six-year-old ballerina with arthritis in her toes. Since she could no longer pursue her career as a dancer, she was depressed and requested to be put to death. The doctor complied with her request and merely noted that "one doesn't enjoy such things, but it was her choice."(5)

## **Physician-Assisted Suicide**

In recent years media and political attention has been given to the idea of physician-assisted suicide. Some states have even attempted to pass legislation that would allow physicians in this country the legal right to put terminally ill patients to death. While the Dutch experience should be enough to demonstrate the danger of granting such rights, there are other good reasons to reject this idea.

First, physician-assisted suicide would change the nature of the medical profession itself. Physicians would be cast in the role of killers rather than healers. The Hippocratic Oath was written to place the medical profession on the foundation of

healing, not killing. For 2,400 years patients have had the assurance that doctors follow an oath to heal them, not kill them. This would change with legalized euthanasia.

Second, medical care would be affected. Physicians would begin to ration health care so that elderly and severely disabled patients would not be receiving the same quality of care as everyone else. Legalizing euthanasia would result in less care, rather than better care, for the dying.

Third, legalizing euthanasia through physician-assisted suicide would effectively establish a right to die. The Constitution affirms that fundamental rights cannot be limited to one group (e.g., the terminally ill). They must apply to all. Legalizing physician-assisted suicide would open the door to anyone wanting the "right" to kill themselves. Soon this would apply not only to voluntary euthanasia but also to involuntary euthanasia as various court precedents begin to broaden the application of the right to die to other groups in society like the disabled or the clinically depressed.

## **Biblical Analysis**

Foundational to a biblical perspective on euthanasia is a proper understanding of the sanctity of human life. For centuries Western culture in general and Christians in particular have believed in the sanctity of human life. Unfortunately, this view is beginning to erode into a "quality of life" standard. The disabled, retarded, and infirm were seen as having a special place in God's world, but today medical personnel judge a person's fitness for life on the basis of a perceived quality of life or lack of such quality.

No longer is life seen as sacred and worthy of being saved. Now patients are evaluated and life-saving treatment is frequently denied, based on a subjective and arbitrary standard for the supposed quality of life. If a life is judged not worthy to be lived any longer, people feel obliged to end

that life.

The Bible teaches that human beings are created in the image of God (Gen. 1:26) and therefore have dignity and value. Human life is sacred and should not be terminated merely because life is difficult or inconvenient. Psalm 139 teaches that humans are fearfully and wonderfully made. Society must not place an arbitrary standard of quality above God's absolute standard of human value and worth. This does not mean that people will no longer need to make difficult decisions about treatment and care, but it does mean that these decisions will be guided by an objective, absolute standard of human worth.

The Bible also teaches that God is sovereign over life and death. Christians can agree with Job when he said, "The Lord gave and the Lord has taken away. Blessed be the name of the Lord" (Job 1:21). The Lord said, "See now that I myself am He! There is no god besides me. I put to death and I bring to life, I have wounded and I will heal, and no one can deliver out of my hand" (Deut. 32:39). God has ordained our days (Ps. 139:16) and is in control of our lives.

Another foundational principle involves a biblical view of life-taking. The Bible specifically condemns murder (Exod. 20:13), and this would include active forms of euthanasia in which another person (doctor, nurse, or friend) hastens death in a patient. While there are situations described in Scripture in which life-taking may be permitted (e.g., self-defense or a just war), euthanasia should not be included with any of these established biblical categories. Active euthanasia, like murder, involves premeditated intent and therefore should be condemned as immoral and even criminal.

Although the Bible does not specifically speak to the issue of euthanasia, the story of the death of King Saul (2 Sam. 1:9-16) is instructive. Saul asked that a soldier put him to death as he lay dying on the battlefield. When David heard of this act, he ordered the soldier put to death for "destroying

the Lord's anointed." Though the context is not euthanasia per se, it does show the respect we must show for a human life even in such tragic circumstances.

Christians should also reject the attempt by the modern euthanasia movement to promote a so-called "right to die." Secular society's attempt to establish this "right" is wrong for two reasons. First, giving a person a right to die is tantamount to promoting suicide, and suicide is condemned in the Bible. Man is forbidden to murder and that includes murder of oneself. Moreover, Christians are commanded to love others as they love themselves (Matt. 22:39; Eph. 5:29). Implicit in the command is an assumption of self-love as well as love for others.

Suicide, however, is hardly an example of self-love. It is perhaps the clearest example of self-hate. Suicide is also usually a selfish act. People kill themselves to get away from pain and problems, often leaving those problems to friends and family members who must pick up the pieces when the one who committed suicide is gone.

Second, this so-called "right to die" denies God the opportunity to work sovereignly within a shattered life and bring glory to Himself. When Joni Eareckson Tada realized that she would be spending the rest of her life as a quadriplegic, she asked in despair, "Why can't they just let me die?" When her friend Diana, trying to provide comfort, said to her, "The past is dead, Joni; you're alive," Joni responded, "Am I? This isn't living." (6) But through God's grace Joni's despair gave way to her firm conviction that even her accident was within God's plan for her life. Now she shares with the world her firm conviction that "suffering gets us ready for heaven." (7)

The Bible teaches that God's purposes are beyond our understanding. Job's reply to the Lord shows his acknowledgment of God's purposes: "I know that you can do all things; no plan of yours can be thwarted. You asked, 'Who is



this that obscures my counsel without knowledge?' Surely I spoke of things I did not understand, things too wonderful for me to know" (Job 42:2-3). Isaiah 55:8-9 teaches, "For my thoughts are not your thoughts, neither are your ways my ways, declares the Lord. As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts."

Another foundational principle is a biblical view of death. Death is both unnatural and inevitable. It is an unnatural intrusion into our lives as a consequence of the fall (Gen. 2:17). It is the last enemy to be destroyed (1 Cor. 15:26, 56). Therefore Christians can reject humanistic ideas that assume death as nothing more than a natural transition. But the Bible also teaches that death (under the present conditions) is inevitable. There is "a time to be born and a time to die" (Eccles. 3:2). Death is a part of life and the doorway to another, better life.

When does death occur? Modern medicine defines death primarily as a biological event; yet Scripture defines death as a spiritual event that has biological consequences. Death, according to the Bible, occurs when the spirit leaves the body (Eccles. 12:7; James 2:26).

Unfortunately this does not offer much by way of clinical diagnosis for medical personnel. But it does suggest that a rigorous medical definition for death be used. A comatose patient may not be conscious, but from both a medical and biblical perspective he is very much alive, and treatment should be continued unless crucial vital signs and brain activity have ceased.

On the other hand, Christians must also reject the notion that everything must be done to save life at all costs. Believers, knowing that to be at home in the body is to be away from the Lord (2 Cor. 5:6), long for the time when they will be absent from the body and at home with the Lord (5:8). Death is gain

for Christians (Phil. 1:21). Therefore they need not be so tied to this earth that they perform futile operations just to extend life a few more hours or days.

In a patient's last days, everything possible should be done to alleviate physical and emotional pain. Giving drugs to a patient to relieve pain is morally justifiable. Proverbs 31:6 says, "Give strong drink to him who is perishing, and wine to him whose life is bitter." As previously mentioned, some analgesics have the secondary effect of shortening life. But these should be permitted since the primary purpose is to relieve pain, even though they may secondarily shorten life.

Moreover, believers should provide counsel and spiritual care to dying patients (Gal. 6:2). Frequently emotional needs can be met both in the patient and in the family. Such times of grief also provide opportunities for witnessing. Those suffering loss are often more open to the gospel than at any other time.

Difficult philosophical and biblical questions are certain to continue swirling around the issue of euthanasia. But in the midst of these confusing issues should be the objective, absolute standards of Scripture, which provide guidance for the

## Notes

1. Plato, *Republic* 3. 405.
2. R. Finigsen, "The Report of the Dutch Committee on Euthanasia," *Issues in Law and Medicine*, July 1991, 339-44.
3. Herbert Hendlin, Chris Rutenfrans, and Zbigniew Zylicz, "Physician-Assisted Suicide and Euthanasia in the Netherlands: Lessons from the Dutch," *Journal of the American Medical Association* 277 (4 June 1997): 1720-2.
4. Interview with Koop, "Focus on the Family" radio broadcast.

5. Robin Bernhoft, quoted in *Euthanasia: False Light*, produced by IAETF, P.O. Box 760, Steubenville, OH 43952.

6. Joni Eareckson, *Joni* (Grand Rapids: Zondervan, 1976).

7. Joni Eareckson, *A Step Further* (Grand Rapids: Zondervan, 1978).

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## School-Based Health Clinics and Sex Education

*Kerby provides an in-depth critique of how our public schools are addressing sex education and providing sex aids through health clinics. Speaking from a Christian worldview perspective, he looks at the data and concludes that public schools are doing more harm than good in the addressing dangerous sexual activity among teenagers.*

### School-based Health Clinics

As comprehensive sex education curricula have been promoted in the schools, clinics have been established to provide teens greater access to birth control information and devices. Proponents cite studies that supposedly demonstrate the effectiveness of these clinics on teen sexual behavior. Yet a more careful evaluation of the statistics involved suggests that school-based health clinics do not lower the teen pregnancy rate.

The first major study to receive nationwide attention was DuSable

High School. School administrators were rightly alarmed that before the establishment of a school-based health clinic, three hundred of their one thousand female students became pregnant. After the clinic was opened, the media widely reported that the number of pregnant students dropped to 35.

As more facts came to light, the claims seemed to be embellished. School officials admitted that they kept no records of the number of pregnancies before the operation of the clinic and that three hundred was merely an estimate. Moreover, school officials could not produce statistics for the number of abortions the girls received as a result of the clinic.

The most often-cited study involved the experience of the clinic at Mechanics Arts High School in St. Paul, Minnesota. Researchers found that a drop in the number of teen births during the late 1970s coincided with an increase in female participation at the school-based clinics. But at least three important issues undermine the validity of this study.

First, some of the statistics are anecdotal rather than statistical. School officials admitted that the schools could not document the decrease in pregnancies. The Support Center for School-Based Clinics acknowledged that "most of the evidence for the success of that program is based upon the clinic's own records and the staff's knowledge of births among students. Thus, the data undoubtedly do not include all births."

Second, an analysis of the data done by Michael Schwartz of the Free Congress Foundation found that the total female enrollment of the two schools included in the study dropped from 1268 in 1977 to 948 in 1979. Therefore the reduction in reported births could have been merely attributable to an overall decline in the female population at the school.

Finally, the study actually shows a drop in the teen birth

rate rather than the teen pregnancy rate. The reduction in the fertility rate listed in the study was likely due to more teenagers obtaining an abortion.

Today, more and more advocates of school-based health clinics are citing a three-year study headed by Laurie Zabin at Johns Hopkins University, which evaluated the effect of sex education on teenagers. The study of two school-based clinics in Baltimore, Maryland showed there was a 30 percent reduction in teen pregnancies.

But even this study leaves many unanswered questions. The size of the sample was small and over 30 percent of the female sample dropped out between the first and last measurement periods. Since the study did not control for student mobility, critics point out that some of girls who dropped out of the study may have dropped out of school because they were pregnant. And others were not accounted for with follow-up questionnaires. Other researchers point out that the word abortion is never mentioned in the brief report, leading them to conclude that only live births were counted.

The conclusion is simple. Even the best studies used to promote school-based health clinics prove they do not reduce the teen pregnancy rate. School-based clinics do not work.

## **Sex Education**

For more than thirty years proponents of comprehensive sex education have argued that giving sexual information to young children and adolescents will reduce the number of unplanned pregnancies and sexually transmitted diseases. In that effort nearly \$3 billion have been spent on federal Title X family planning services; yet teenage pregnancies and abortions rise.

Perhaps one of the most devastating popular critiques of comprehensive sex education came from Barbara Dafoe Whitehead. The journalist who said that Dan Quayle was right also was

willing to say that sex education was wrong. Her article, "The Failure of Sex Education" in the October 1994 issue of *Atlantic Monthly*, demonstrated that sex education neither reduced pregnancy nor slowed the spread of STDs.

Comprehensive sex education is mandated in at least seventeen states, so Whitehead chose one of those states and focused her analysis on the sex education experiment in New Jersey. Like other curricula, the New Jersey sex education program rests on certain questionable assumptions.

The first tenet is that *children are sexual from birth*. Sex educators reject the classic notion of a latency period until approximately age twelve. They argue that you are "being sexual when you throw your arms around your grandpa and give him a hug."

Second, *children are sexually miseducated*. Parents, to put it simply, have not done their job, so we need "professionals" to do it right. Parents try to protect their children, fail to affirm their sexuality, and even discuss sexuality in a context of moralizing. The media, they say, is also guilty of providing sexual misinformation.

Third, *if mis-education is the problem, then sex education in the schools is the solution*. Parents are failing miserably at the task, so "it is time to turn the job over to the schools. Schools occupy a safe middle ground between Mom and MTV."

*Learning about Family Life* is the curriculum used in New Jersey. While it discusses such things as sexual desire, AIDS, divorce, condoms, and masturbation, it nearly ignores such issues as abstinence, marriage, self-control, and virginity. One technique promoted to prevent pregnancy and STDs is noncoital sex, or what some sex educators call "outercourse." Yet there is good evidence to suggest that teaching teenagers to explore their sexuality through noncoital techniques will lead to coitus. Ultimately, outercourse will lead to

intercourse.

Whitehead concludes that comprehensive sex education has been a failure. For example, the percent of teenage births to unwed mothers was 67 percent in 1980 and rose to 84 percent in 1991. In the place of this failed curriculum, Whitehead describes a better program. She found that “sex education works best when it combines clear messages about behavior with strong moral and logistical support for the behavior sought.” One example she cites is the “Postponing Sexual Involvement” program at Grady Memorial Hospital in Atlanta, Georgia, which offers more than a “Just say no” message. It reinforces the message by having adolescents practice the desired behavior and enlists the aid of older teenagers to teach younger teenagers how to resist sexual advances. Whitehead also found that “religiously observant teens” are less likely to experiment sexually, thus providing an opportunity for church-related programs to help stem the tide of teenage pregnancy.

Contrast this, however, with what has been derisively called “the condom gospel.” Sex educators today promote the dissemination of sex education information and the distribution of condoms to deal with the problems of teen pregnancy and STDs.

## **The Case Against Condoms**

At the 1987 World Congress of Sexologists, Theresa Crenshaw asked the audience, “If you had the available partner of your dreams and knew that person carried HIV, how many of you would have sex, depending on a condom for your protection?” None of the 800 members of the audience raised their hand. If condoms do not eliminate the fear of HIV infection for sexologists and sex educators, why encourage the children of America to play STD Russian roulette?

Are condoms a safe and effective way to reduce pregnancy and STDs? Sex educators seem to think so. Every day sex education

classes throughout this country promote condoms as a means of safe sex or at least safer sex. But the research on condoms provides no such guarantee.

For example, Texas researcher Susan Weller, writing in the 1993 issue of *Social Science Medicine*, evaluated all research published prior to July 1990 on condom effectiveness. She reported that condoms are only 87 percent effective in preventing pregnancy and 69 percent effective in reducing the risk of HIV infection. This 69 percent effectiveness rate is also the same as a 31 percent failure rate in preventing AIDS transmission. And according to a study in the 1992 *Family Planning Perspectives*, 15 percent of married couples who use condoms for birth control end up with an unplanned pregnancy within the first year.

So why has condom distribution become the centerpiece of the U.S. AIDS policy and the most frequently promoted aspect of comprehensive sex education? For many years the answer to that question was an a priori commitment to condoms and a safe sex message over an abstinence message. But in recent years, sex educators and public health officials have been pointing to one study that seemed to vindicate the condom policy.

The study was presented at the Ninth International Conference on AIDS held in Berlin on June 9, 1993. The study involved 304 couples with one partner who was HIV positive. Of the 123 couples who used condoms with each act of sexual intercourse, not a single negative HIV partner became positive. So proponents of condom distribution thought they had scientific vindication for their views.

Unfortunately, that is not the whole story. Condoms do appear to be effective in stopping the spread of AIDS when used "correctly and consistently." Most individuals, however, do not use them "correctly and consistently." What happens to them? Well, it turns out that part of the study received much less attention. Of 122 couples who could not be taught to use



condoms properly, 12 became HIV positive in both partners. Undoubtedly over time, even more partners would contract AIDS.

How well does this study apply to the general population? Not very well. This study group was quite dissimilar from the general population. For example, they knew the HIV status of their spouse and therefore had a vested interest in protecting themselves. They were responsible partners in a committed monogamous relationship. In essence, their actions and attitudes differed dramatically from teenagers and single adults who do not know the HIV status of their partners, are often reckless, and have multiple sexual partners.

And even if condoms are used correctly, do not break, and do not leak, they are still far from 100 percent effective. The Medical Institute for Sexual Health reported that “medical studies confirm that condoms do not offer much, if any, protection in the transmission of chlamydia and human papilloma virus, two serious STDs with prevalence as high as 40 percent among sexually active teenagers.”

## **Abstinence Is the Answer**

Less than a decade ago an abstinence-only program was rare in the public schools. Today, directive abstinence programs can be found in many school districts while battles are fought in other school districts for their inclusion or removal. While proponents of abstinence programs run for school board or influence existing school board members, groups like Planned Parenthood bring lawsuits against districts that use abstinence-based curricula, arguing that they are inaccurate or incomplete.

The emergence of abstinence-only programs as an alternative to comprehensive sex education programs was due to both popularity and politics. Parents concerned about the ineffectiveness of the safe-sex message eagerly embraced the message of abstinence. And political funding helped spread the

message and legitimize its educational value. The Adolescent Family Life Act, enacted in 1981 by the Reagan Administration, created Title XX and set aside \$2 million a year for the development and implementation of abstinence-based programs. Although the Clinton Administration later cut funding for abstinence programs, the earlier funding in the 1980s helped groups like Sex Respect and Teen-Aid launch abstinence programs in the schools.

Parents and children have embraced the abstinence message in significant numbers. One national poll by the University of Chicago found that 68 percent of adults surveyed said premarital sex among teenagers is "always wrong." A 1994 poll for USA Weekend asked more than 1200 teens and adults what they thought of "several high profile athletes [who] are saying in public that they have abstained from sex before marriage and are telling teens to do the same." Seventy-two percent of the teens and 78 percent of the adults said they agree with the pro-abstinence message.

Their enthusiasm for abstinence-only education is well founded. Even though the abstinence message has been criticized by some as naive or inadequate, there are good reasons to promote abstinence in schools and society.

First, teenagers want to learn about abstinence. Contrary to the often repeated teenage claim, not "everyone's doing it." A 1992 study by the Centers for Disease Control found that 43 percent of teenagers from ages fourteen to seventeen had engaged in sexual intercourse at least once. Put another way, the latest surveys suggest that a majority of teenagers are not doing it.

A majority of teenagers are abstaining from sex; also more want help in staying sexually pure in a sex-saturated society. Emory University surveyed one thousand sexually experienced teen girls by asking them what they would like to learn to reduce teen pregnancy. Nearly 85 percent said, "How to say no

without hurting the other person's feelings."

Second, abstinence prevents pregnancy. After the San Marcos (California) Junior High adopted the Teen-Aid abstinence-only program, the school's pregnancy rate dropped from 147 to 20 in a two-year period.

An abstinence-only program for girls in Washington, D.C. has seen only one of four hundred girls become pregnant. Elayne Bennett, director of "Best Friends," says that between twenty and seventy pregnancies are common for this age-group in the District of Columbia.

Nathan Hale Middle School near Chicago adopted the abstinence-only program "Project Taking Charge" to combat its pregnancy rate among eighth-graders. Although adults were skeptical, the school graduated three pregnancy-free classes in a row.

Abstinence works. That is the message that needs to be spread to parents, teachers, and school boards. Teenagers will respond to this message, and we need to teach this message in the classroom.

Third, abstinence prevents sexually transmitted diseases (STDs). After more than three decades, the sexual revolution has taken lots of prisoners. Before 1960, doctors were concerned about only two STDs: syphilis and gonorrhea. Today there are more than twenty significant STDs, ranging from the relatively harmless to the fatal. Twelve million Americans are newly infected each year, and 63 percent of these new infections are in people under twenty-five years of age. Eighty percent of those infected with an STD have absolutely no symptoms.

Doctors warn that if a person has sexual intercourse with another individual, he or she is not only having sexual intercourse with that individual but with every person with whom that individual might have had intercourse for the last ten years and all the people with whom they had intercourse.

If that is true, then consider the case of one sixteen-year-old girl who was responsible for 218 cases of gonorrhea and more than 300 cases of syphilis. According to the reporter, this illustrates the rampant transmission of STDs through multiple sex partners. "The girl has sex with sixteen men. Those men had sex with other people who had sex with other people. The number of contacts finally added up to 1,660." As one person interviewed in the story asked, "What if the girl had had AIDS instead of gonorrhea or syphilis? You probably would have had 1,000 dead people by now."

Abstinence prevents the spread of STDs while safe sex programs do not. Condoms are not always effective even when they are used correctly and consistently, and most sexually active people do not even use them correctly and consistently. Sex education programs have begun to promote "outercourse" instead of intercourse, but many STDs can be spread even through this method, and, as stated, outercourse almost always leads to intercourse. Abstinence is the only way to prevent the spread of a sexually transmitted disease.

Fourth, abstinence prevents emotional scars. Abstinence speakers relate dozens and dozens of stories of young people who wish they had postponed sex until marriage. Sex is the most intimate form of bonding known to the human race, and it is a special gift to be given to one's spouse. Unfortunately, too many throw it away and are later filled with feelings of regret.

Surveys of young adults show that those who engaged in sexual activity regret their earlier promiscuity and wish they had been virgins on their wedding night. Even secular agencies that promote a safe-sex approach acknowledge that sex brings regrets. A Roper poll conducted in association with SIECUS (Sexuality Information and Education Council of the United States) of high schoolers found that 62 percent of the sexually experienced girls said they "should have waited."

Society is ready for the abstinence message, and it needs to be promoted widely. Anyone walking on the Washington Mall in July 1993 could not miss the acres of “True Love Waits” pledge cards signed by over 200,000 teenagers. The campaign, begun by the Southern Baptist Convention, provided a brief but vivid display of the desire by teenagers to stand for purity and promote abstinence. For every teenager who signed a card pledging abstinence, there are no doubt dozens of others who plan to do the same.

Teenagers want and need to hear the message of abstinence. They want to promote the message of abstinence. Their health, and even their lives, are at stake.

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## One Minute After Death – A Christian Understanding of What Happens at Death

*Rusty Wright examines the question of what happens to us after we die. Many Christians have questions about this and there is a lot of information floating around on the topic. Rusty applies a biblical worldview perspective to explain a distinctly Christian view of this topic we all have an interest in. When we examine the Bible, we can develop a clearer picture of God’s answer to this question.*

*This article is also available in [Spanish](#). *

“I was dying. I heard the doctor pronounce me dead. As I lay

on the operating table of the large hospital, a loud, harsh buzzing began to reverberate in my head. At the same time, I sensed myself moving quickly through a long, dark tunnel. Then suddenly I found myself outside my own physical body! Like a spectator, I watched the doctor's desperate attempts to revive my corpse.

"Soon...I encountered a 'being' of light who showed me an instant replay of my life and helped me evaluate my past deeds.

"Finally I learned that my time to die had not yet come and that I had to return to my body. I resisted, for I had found my afterlife experience to be quite pleasant. Yet somehow I was reunited with my physical body and lived."[\[1\]](#) Many people have reported near-death experiences (NDEs). What do they mean? What happens when we die?

While writing a book on this subject, I interviewed people with fascinating stories. A Kansas woman developed complications after major surgery. She sensed herself rising out of her body, soaring through space, and hearing heavenly voices before returning to her body.

An Arizona man in a coma five months after a motorcycle accident said he saw his deceased father, who spoke with him.

Various theories attempt to explain these NDEs. Physiological explanations suggest a physical cause—perhaps a blow to the head or lack of oxygen in the brain. Pharmacological explanations point to drugs or anesthetics. Psychological explanations propose mental causes such as defense mechanisms or wish fulfillment. Spiritual explanations cite NDEs as previews of the afterlife, either genuine (if divine) or distorted (if demonic). Applications of these theories can be complex.[\[2\]](#) During my sophomore year at Duke University, the student in the room next to mine was struck by lightning and killed instantly. For days our fraternity was in a state of

shock. People were asking questions such as, “Where is Mike now?” “Is there life after death?” “If so, what is it like?”

## **LIFE AFTER DEATH?**

Can we know whether there is life after death? What method would we use to find out?

The experimental method, useful for scientific questions, is inadequate for evaluating NDEs. It is impossible in medical emergencies to establish the required controlled situations and repeatability. Scientists also have no mind-reading machines to evaluate mental/spiritual experiences. And finding volunteers for NDE experiments would be difficult.

The experiential method receives mixed reviews. NDEs can provide useful information, but the mind can trick us. Dreams, fantasies, hallucinations, drug trips, drunkenness, states of shock—all can evoke mental images that seem real but aren’t.

Some suggest a spiritual method for evaluating these phenomena. What if we could find a spiritual authority, someone with trustworthy credentials, to tell us the truth about afterlife issues?

Following Mike’s death, I explained to the men in our fraternity that an increasing number of educated men and women believe that Jesus Christ is a trustworthy spiritual authority. Once I, myself, was skeptical of Christianity, but examining the evidences for Jesus’ resurrection convinced me He could be trusted. I found the resurrection of Christ one of the best attested facts of history.[\[3\]](#) If Jesus died and came back from the dead, He could accurately tell us what death and the afterlife are like. The fact that He successfully predicted His own resurrection helps us believe that He will tell us the truth about the afterlife. What did Jesus and those He taught say about it?

# WHAT IS THE AFTERLIFE LIKE?

**Jesus indicated that the afterlife will be personal.**

Our personalities will not be annihilated. We won't blend into the great impersonal ocean of cosmic consciousness, as some propose. We will continue to exist. We will not become angels, as others suggest. Angels are "ministering spirits" sent out to serve believers in Christ.[{4}](#) They are already-created beings, distinct from humans.[{5}](#) At the moment Jesus died on the cross He cried out, "Father, into your hands I commit my spirit" (Luke 23:46).

Earlier, a thief who hung on a cross next to His said, "Jesus, remember me when you come into your kingdom." Jesus responded, "I tell you the truth. today you will be with me in paradise" (Luke 23:42-43).

Jesus believed that His own spirit was going to be with God. He also believed that the thief (apparently the thief's soul or spirit) would be with Him in heaven that same day. Clearly, Jesus was not thinking of death as annihilation but as a separation from the physical body.

Elsewhere Jesus implied that our personalities somehow remain intact after death. He once said, "Many will come. . .and will take their places at the feast with Abraham, Isaac, and Jacob in the kingdom of heaven" (Matthew 8:11).

Abraham, Isaac, and Jacob—the forefathers of the Jewish nation—had died centuries earlier. Yet Jesus, speaking about a future event, mentioned them by name. He implied that their personalities were maintained.

Did you ever wonder if you'll be able to see departed loved ones after you die? Apparently those who participate in eternal life will be able to recognize each other. King David, who reigned over the ancient nation of Israel around 1000 B.C., spoke of being with his dead son again.[{6}](#) Jesus'



disciples once caught a glimpse of Moses and Elijah, two long-dead heroes of Israel, and recognized them. [\[7\]](#)

### **Jesus taught that eternal life will be relational.**

Life in heaven will focus on a personal relationship with Him and on meaningful relationships with each other. These will be the warmest and most enriching relationships we could ever have.

Before His death, Jesus promised His disciples that one day they would be with Him again: “I am going. . .to prepare a place for you. And. . .I will come back and take you to be with me that you also may be where I am” (John 14:2-3).

Paul, a first-century believer in Jesus, wrote about his “desire to depart and be with Christ” (Philippians 1:23).

Jesus defined life in heaven when He said, “This is eternal life: that they [people who believe in Him] may know you, the only true God, and Jesus Christ, whom you have sent” (John 17:3). In other words, eternal life will involve getting to know God and the meaning of life better.

### **Eternal life will be enjoyable.**

Paul also wrote, “No mind has conceived what God has prepared for those who love him” (1 Corinthians 2:9).

John, Jesus’ disciple, wrote, “[God] will wipe every tear from their eyes. There will be no more death or mourning or crying or pain” (Revelation 21:4). Another New Testament writer encourages us to “fix our eyes on Jesus...who, for the joy set before him endured the cross...and sat down at the right hand of the throne of God” (Hebrews 12:2). Eternal life with God will be joy that defies description and exceeds our imagination.

### **Life after death will be eternal.**

It will never end. Have you ever watched a movie so good you

wished it would never end?

Have you ever savored a dessert so sweet, you wished it would last and last? Have you ever had a relationship so fulfilling you hoped it would go on forever? Eternal life will be that good, and better! It will never end. "God has given us eternal life," wrote John, "and this life is in His Son" (1 John 5:11).

Jesus taught that eternal life involves all of the positive and none of the negative. God loves us and desires only the best for us now and in eternity.

How sad that some people don't take advantage of all He has provided.

## **DON'T STOP!**

Chattanooga cardiologist Maurice Rawlings, M.D., tells of a patient who had a cardiac arrest in Dr. Rawlings' office. Throughout the attempted resuscitation, the patient faded in and out. Each time the doctor interrupted the heart massage, the patient appeared to die again.

When the man came to, he screamed, "I am in hell!" A look of sheer terror clouded his face. "Don't stop!" he begged. "Don't you understand? I am in hell. Each time you quit I go back to hell! Don't let me go back to hell!" The patient survived and put his faith in Christ to take away his sins and secure his place in heaven.[\[8\]](#) The place the Bible calls hell, or hades, is the current home of those who do not accept Jesus' gift of forgiveness. It is a place of constant, conscious torment.[\[9\]](#) Hades is not the final dwelling place of those who die without a personal relationship with Christ. John says these will be judged at the "great white throne" judgment. Since no one's deeds are sufficient to earn eternal life, those without Christ's pardon will be cast into the "lake of fire."[\[10\]](#) Jesus said that "the eternal fire...has been prepared for the

devil and his angels” (Matthew 25:41).

Not a pleasant subject. But remember, God does not want you to perish in hell. He loves you and wants you to spend eternity with Him. Not without Him.[{11}](#) Paul wrote that God our Savior wants all people to be saved (or made safe from the consequences of sin, which is separation from God). He wants us to know Him because He is truth.[{12}](#) God sent Jesus Christ, His Son, to pay the penalty for our sins (attitudes and actions that fall short of God’s perfection). Jesus literally went through hell for us. We simply need to receive His free gift of forgiveness—we can never earn it—to be guaranteed eternal life. “Whoever hears my word, Jesus says, “and believes him who sent me has eternal life and will not be condemned; he has crossed over from death to life” (John 5:24).

## WHAT ABOUT YOU?

According to the latest figures, the death rate in this country is still 100 percent. Every day on this planet about 140,000 people die.

What most of us are interested in is not “What happens to people when they die?” but “What will happen to me when I die?”

Some seek to avoid the issue of death or to insulate themselves from concern through popularity, possessions, pursuits, or power. Many feel that whatever belief makes you feel comfortable is OK. Do any of these descriptions fit you?

A nightclub near Cincinnati was packed one evening. Suddenly a busboy stepped onto the stage, interrupted the program, and announced that the building was on fire. Perhaps because they saw no smoke, many of the guests remained seated. Maybe they thought it was a joke, a part of the show. When they finally saw the smoke, it was too late. More than 150 people died as

the nightclub burned.

As you consider death, are you believing what you want to believe or what the evidence shows is true? Jesus said, "I am the resurrection and the life. He who believes in me will live, even though he dies" (John 11:25).

Place your faith in Jesus Christ as your Savior, and you, too, will live even if you die.

## Notes

1. Adapted from Raymond A. Moody, Jr., M.D., *Life After Life* (New York: Bantam, 1976), pp. 21-22.
2. For a more complete discussion, see the book from which this article is adapted: Rusty Wright, *The Other Side of Life* (Singapore: Campus Crusade Asia Limited, 1979, 1994).
3. See, for example, Josh McDowell, *Evidence That Demands a Verdict* (San Bernardino, CA: Campus Crusade for Christ, 1972).
4. Hebrews 1:14.
5. Hebrews 2:16.
6. 2 Samuel 12:23.
7. Matthew 17:14.
8. Maurice Rawlings, M.D., *Beyond Death's Door* (Nashville: Thomas Nelson, 1978), pp. 19-20.
9. Luke 16:23-24.
10. Revelation 20:11-15.
11. John 3:16.
12. I Timothy 2:3-4

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# Euthanasia: The Battle for Life from a Christian Viewpoint

*Dr. Bohlin approaches this issue from a biblical worldview. As a Christian, he looks at current events and attitudes in this sad area and points out that popular sentiments may be far from biblical and godly.*

## Physician-Assisted Suicide in the United States

On March 6, 1996, the Ninth U. S. Circuit Court of Appeals struck down Washington state's ban on physician-assisted suicide. By a surprisingly commanding 8-3 vote, the court ruled that terminally- ill adults have a constitutional right to end their lives. Essentially, the court decided that an individual's right to determine the time and manner of his own death outweighed the state's duty to preserve life. This ruling will also likely uphold Oregon's voter approved doctor-assisted suicide law that has been bogged down in the courts.

The only recourse now is the Supreme Court, which is not expected to overrule the Appeals Court's decisions. On April 2, the Second U.S. Circuit Court of Appeals ruled that New York state's bans on assisted-suicide were "discriminatory." Then on May 15, 1996, Dr. Jack Kevorkian, the infamous "Dr. Death," was acquitted for a third time of doctor-assisted suicide in the state of Michigan.

The stage is set for a revolution in the law concerning euthanasia in this country. Kevorkian's escapes from the law and these recent rulings from the Appeals Courts will further encourage the "right- to-die" lobby which seeks to make doctor-assisted suicide the law of the land. What will be

overlooked is over 2,000 years of medical practice and ethical codes. The Hippocratic Oath, originating in 400 B.C., and the standard for medical practice ever since, states, "I will keep [the sick] from harm and injustice. I will neither give a deadly drug to anybody if asked for it, nor will I make a suggestion to that effect."

Allowing doctors to end life as well as preserve life would change the face of the entire medical community. The doctor/patient relationship will be forever compromised. Is your doctor's advice truly in your best interests or in his best interest to rid the hospital and himself of a pesky patient and situation?

Dr. Thomas Beam, chairman of the Medical Ethics Commission of the Christian Medical and Dental Society points out, "While the act of physician-assisted suicide seems compassionate on the surface, it is often the abandonment of the patient in their most needy time. Instead of support, the patient may only find confirmation of the hopelessness of their condition and physician-assisted suicide is legitimized as the only 'way.'" [\(1\)](#) It is not terribly difficult to see how this circumstance would undermine the delicate relationship between a doctor and his patient.

Surely, you say, most people don't agree with the policy of doctor-assisted suicide. However, the *New England Journal of Medicine* reported a poll from the state of Michigan which indicated that "66 percent of state residents and 56 percent of Michigan doctors would prefer that doctor-assisted suicide be legalized not outlawed." [\(2\)](#) And even though doctor-assisted laws were defeated in referendums in California and Washington, the defeats were narrow. And a similar law was finally passed in Oregon in 1994. In addition, 23 states are now considering such legislation. And as mentioned earlier, two different Appeals Courts have ruled in favor of doctor-assisted laws. In this essay I will examine why so many favor legalization of assisted suicide. I will take a close look at

Dr. Jack Kevorkian, the most visible proponent of assisted suicide. Also, I will examine what the Bible has to say about life, death, and God's sovereignty. Finally, I will discuss some test cases and inform you about what you can do to combat this growing evil in our land.

## **Who is Dr. Jack Kevorkian and Why Do People Seek His Help?**

Why is such a large segment of our society, over 60% in some communities, enamored with the possibility of physician-assisted suicide? While there can be many roads that will lead to this conclusion, the primary one is fear. People today fear being at the mercy of technology, of being kept alive with no hope of recovery by machines. Few seem to realize that it is already legal for a terminally ill patient to refuse life-prolonging measures. We must realize that there is a difference between simply allowing nature to take its course when someone is clearly dying and taking direct measures to hasten someone's death. Former Surgeon General C. Everett Koop acknowledges,

*If someone is dying and there is no doubt about that, and you believe as I do that there is a difference between giving a person all the life to which he is entitled as opposed to prolonging the act of dying, then you might come to a time when you say this person can take certain amounts of fluid by mouth and we're not going to continue this intravenous solution because he is on the way out.* [\(3\)](#)

Extraordinary measures are not required to keep a dying person alive at all costs. But some people fear exactly that. Removing this fear will take a lot of the wind out of the euthanasia sails.

Secondly, people fear the pain of the dying process. Intractable pain is a real fear, but few people today realize

that most of the pain of terminally ill patients can be dealt with. Many doctors, particularly in the U.S., are not aware of all the measures at their disposal. There are new ways of administering morphine, for example, that can achieve effective pain management with lower doses and therefore a lower risk of respiratory complications.

Dr. Paul Cundiff, practicing oncologist and hospice care physician with 18 years of experience treating dying patients says,

*It is a disgrace that the majority of our health care providers lack the knowledge and the skills to treat pain and other symptoms of terminal disease properly. The absence of palliative care training for medical professionals results in sub-optimal care for almost all terminally ill patients and elicits the wish to hasten their own deaths in a few. [\(4\)](#)*

But many would even be willing to live with the pain if they knew that they would not be left alone. The growth in the hospice movement will help alleviate this fear as well. The staff at a hospice is trained to deal not only with physical pain, but with psychological, social, and spiritual pain as well. If you have seen pictures of the many people Jack Kevorkian has assisted to commit suicide, you cannot help but notice that these are lonely, miserable people. Pain has had little to do with their desire to commit suicide. As a nation we have in large part abandoned our elderly population. When God commanded Israel to honor their fathers and their mothers, this was understood to mean primarily in their older years. Extended families no longer live together even when the medical needs of parents are not severe or terribly limiting. No one wants to be a burden or to be burdened.

Dr. Jack Kevorkian is a retired pathologist with essentially no training in patient care. He is simply on a personal mission to bring about legalized physician-assisted suicide to



help usher in a code of ethics based totally on relativism. "Ethics must change as the situation changes," he says. "That's the way to keep control. Not by an inflexible maxim that applies for two thousand years, but an ethical code that will change a decade later." [\(5\)](#) Right now Kevorkian's victims are the few lonely and desperate individuals who seek him out. The future victims of his crusade will not only be those who wish to die, but those whom doctors and relatives feel should die.

## **The Lessons of Holland**

One of the primary reasons for concern about the legalization of physician-assisted suicide is the now runaway death culture of Holland. Doctor-assisted suicide was essentially legalized in Holland in 1973 by two court decisions. While not officially legalizing euthanasia in Holland, the courts simply said that if you follow certain guidelines you will not be prosecuted.

The problem is that any such regulations are not enforceable. As a result, the government of Netherlands reported in 1991 that only 41% of the doctors obey the rules and 27% admitted to performing involuntary euthanasia. That is, without the patient's consent! In addition, over 2% of the deaths in Holland in 1990 were the result of direct voluntary euthanasia, but 6% of all deaths were the result of involuntary euthanasia.

Many people in Holland today carry around a card that states they are not to be euthanized without their consent! That is precisely where we are headed. Once a right to physician-assisted suicide is established as it was in Holland, it soon degenerates into others being willing and able to make the decision for you. [\(6\)](#)

In Holland, doctors performed involuntary killing because they thought the family had suffered too much; some were tired of

taking care of patients, and one was mad at his patient![\(7\)](#) Even the conditions of allowed voluntary euthanasia are appalling. Robin Bernhoft, a U.S. surgeon of the liver and pancreas, relates an incident where a doctor in Holland told of a 26 year-old ballerina with arthritis in her toes requesting to be euthanized. Apparently since she could no longer pursue her career as a dancer, she was depressed and no longer wished to live. Amazingly, the doctor complied with her request. His only justification was to say that "One doesn't enjoy such things, but it was her choice!"[\(8\)](#)

With this in mind, when the discussion of guidelines comes up, remember that in Holland, guidelines were useless. Enforcement is near impossible, and families and doctors as well as patients will succumb to the pressures of pain, depression and inconvenience. Sadly, pain and depression are treatable. There have been tremendous advancements in pain management which the American medical community is only recently being brought up to speed on. Depression can also be addressed but some patients, families, and doctors are often too impatient and lacking in genuine compassion to do the hard work to bring someone out of a depression. It is easier to offer help in suicide.

The lessons of Holland need to reinforce in our minds the necessity of making as many people aware of the dangers as possible. Since our society is now dominated by a worldview that prizes individual autonomy and shuns any mention of Biblical ethics, it can be very easy, yet ultimately, deadly, to go along with the crowd.

## **Why Life Is Worth Living: What the Bible Teaches**

As we discuss the issue of euthanasia and physician-assisted suicide, it is critical that we not only understand what is going on in the world around us but that we also understand

what the Bible clearly teaches about, life, death, pain, suffering, and the value of each human life.

First, The Bible teaches that we are made in the image of God and therefore, every human life is sacred (Genesis 1:26). In Psalm 139:13-16 we learn that each of us is fearfully and wonderfully made. God himself has knit us together in our mother's womb. We must be very important to Him if He has taken such care to bring us into existence.

Second, the Bible is very clear that God is sovereign over life, death and judgement. In Deuteronomy 32:39 The Lord says, "See now that I myself am He! There is no god besides me, **I** put to death and **I** bring to life, **I** have wounded and **I** will heal, and no one can deliver out of my hand." Psalm 139:16 says that it is God who has ordained all of our days before there is even one of them. Paul says essentially the same thing in Ephesians 1:11.

Third, to assist someone in committing suicide is to commit murder and this breaks God's unequivocal commandment in Exodus 20:13.

Fourth, God's purposes are beyond our understanding. We often appeal to God as to why some tragedy has happened to us or someone we know. Yet listen to Job's reply to the Lord in Job 42:1-3:

*I know that you can do all things; no plan of yours can be thwarted. [You asked,] 'Who is this that obscures My counsel without knowledge?' Surely I spoke of things I did not understand, things too wonderful for me to know.*

We forget that our minds are finite and His is infinite. We cannot always expect to understand all of what God is about. To think that we can step in and declare that someone's life is no longer worth living is simply not our decision to make. Only God knows when it is time. In Isaiah 55:8-9 the Lord

declares, “For my thoughts are not your thoughts, neither are your ways my ways. As the heavens are higher than the earth, so are my ways higher your ways and my thoughts higher than your thoughts.”

Fifth, our bodies belong to God anyway. Paul reminds us in 1 Corinthians 6:15,19 that we are members of Christ’s body and that we have been bought with a price. Therefore we should glorify God with our bodies. The only one to receive glory when someone requests doctor-assisted suicide is not God, not the doctor, not even the family but the patient for being willing to “nobly” face the realities of life and “unselfishly” end everyone else’s misery. There is no glory for God in this decision.

Lastly, suffering draws us closer to God. In light of the euthanasia controversy, listen to Paul’s words from 2 Corinthians 1:8:

*We were under great pressure, far beyond our ability to endure, so that we despaired even of life. Indeed, in our hearts we felt the sentence of death. But this happened that we might not rely on ourselves but on God, who raises the dead.*

Not only does He raise the dead but there is nothing that can separate us from His love (Romans 8:38). For an inspiring and thoroughly biblical discussion of the euthanasia issue, read Joni Earickson Tada’s book *When is it Right to Die?* (Zondervan, 1992). Her testimony and clear thinking is in stark contrast to the conventional wisdom of the world today. We must do the same.

## **What Will You Do? What Can You Do?**

The Christian Medical and Dental Society has produced an excellent resource on physician-assisted suicide titled *The Battle for Life*. [\(9\)](#) As a part of the package they provide

several cases to test your grasp of the principles involved and to help Christians be aware of the tough decisions that have to be made. I would like to share two of those with you and then discuss what you can do now to combat the “right to die” forces in this country.

Here is test case one:

*Your 80 year-old grandmother has been fighting cancer for some time now and feels the emotional strain. She feels like she'll become a burden to the family. Her doctor notes that she seems to have lost her desire to live. Should she be able to have her doctor give her a prescription expressly designed to kill her?*

This is precisely what the courts have legalized in recent months and precisely what God's word says is wrong. It is wrong because it would be taking her life into our hands and violating God's sovereignty. Because physician-assisted suicide goes beyond letting someone die naturally to actually causing the death, it violates God's commandment, You shall not murder. There is a clear distinction between allowing death to take its natural course in someone who is clearly dying with no hope of a cure, and taking specific measures to end someone's life. There comes a time when the body is imminently dying. Bodily functions begin to shut down. At this point, people should be made as comfortable as possible, be supported and encouraged by their family and doctors, and allowed to die. This is death with dignity. Taking a lethal injection or breathing poisonous carbon monoxide takes life out of God's hands and into our own.

Test case number two:

*Your spouse has an incurable fatal disease, has lost control of bodily functions and is unable to communicate. Special treatment and equipment can extend your spouse's life for a few weeks or even months but will involve much pain and*

*exhaustion. Would it be morally right for you to not arrange for the treatment?*

Many would accept a decision not to arrange for treatment because that would not be killing but simply allowing death to take its natural course. Such decisions are not always clear-cut, however, and a physician and family members must take into account the pros and cons of intervention versus a faster natural death. Sometimes we rationalize that we need to keep the patient alive as long as possible because God may still work a miracle. But just how much time does God need to work a miracle? If God is going to intervene He will do so on His time and not ours.

Now that we have a better understanding of the issues, you may be wondering just what we can do about this threat among us. Three things:

*Pray* – Pray that God will turn the hearts of people back to Himself and back to protecting life. Pray for righteousness and justice in our legal system, that we enact laws that preserve life, punish the guilty and protect the innocent.

*Speak Out* – Present this information to other groups. Talk with your friends and family and discuss the reasons for protecting life. Contact your state and federal legislators and tell them to stand against physician-assisted suicide.

*Reach Out* – Visit the elderly, care for those who can't care for themselves, comfort the sick. Consider joining or starting a church ministry to the elderly, handicapped, or other individuals with special needs. As Christians we must lead the way with our hearts and actions and not just our words. If we devote our energies to providing quality and loving care and effective pain control, the euthanasia issue will die from a lack of interest.

## **Notes**

1. "Why is Life Worth Living: An Overview of Physician-Assisted Suicide." *The Battle for Life: An Educational Resource Kit*. Christian Medical and Dental Society, P.O. Box 5, Bristol TN 37621. 1996.
2. Cited in "Kevorkian going on trial on assisted-suicide charge," *The New York Times*, 12 Feb. 1996, National Report, A8.
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7. "California's Proposition 161 and Euthanasia." 1992. *CURRENTS in Science, Technology, and Society* 1(2):11. Published by Access Research Network, P.O. Box 38069, Colorado Springs, CO 80937-8069.
8. Robin Bernhoft, M.D. 1995. Quoted in *Euthanasia: False Light*. Produced by IAETF, P.O. Box 760, Steubenville, OH 43952. Running time: 14:48.
9. *The Battle for Life* is an educational resource kit produced by the Christian Medical and Dental Society. The Kit includes an award winning video, *Euthanasia: False Light*, a leader's presentation guide with discussion questions, handouts for Christian and secular audiences, overhead transparencies,

Biblical principles summary, research synopsis, cassette tape of public service announcements, and bulletin inserts. The Kit is available from the Christian Medical and Dental Society, P.O. Box 5, Bristol, TN 37621, Phone (615) 844-1000, FAX: (615) 844-1005. The retail price for the complete kit is \$30.

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# **The Worldview of Jurassic Park – A Biblical Christian Assessment**

*Dr. Bohlin examines the message of Jurassic Park, bringing out some of the underlying messages on science, evolution, new age thinking, and cloning. The movie may be entertaining, but a Christian scientist points out some of the misconceptions people are taking away from the movie. Remember, this is just a piece of fiction—not a scientific treatise.*

## **The Intent Behind *Jurassic Park***

Driving home after seeing the movie *Jurassic Park* in the first week of its release, I kept seeing tyrannosaurs and velociraptors coming out from behind buildings, through intersections, and down the street, headed straight at me. I would imagine: What would I do? Where would I turn? I certainly wouldn't shine any lights out of my car or scream. Dead give-aways to a hungry, angry dinosaur. Then I would force myself to realize that it was just a movie. It was not reality. My relief would take hold only briefly until the next intersection or big building.



In case you can't tell, I scare easily at movies. *Jurassic Park* terrified me. It all looked so real. Steven Spielberg turned out the biggest money-making film in history. Much of the reason for that was the realistic portrayal of the dinosaurs. But there was more to *Jurassic Park* than great special effects. It was based on the riveting novel by Michael Crichton and while many left the movie dazzled by the dinosaurs, others were leaving with questions and new views of science and nature.

The movie *Jurassic Park* was terrific entertainment, but it was entertainment with a purpose. The purpose was many-fold and the message was interspersed throughout the movie, and more so throughout the book. My purpose in this essay is to give you some insight into the battle that was waged for your mind throughout the course of this movie.

*Jurassic Park* was intended to warn the general public concerning the inherent dangers of biotechnology first of all, but also science in general. Consider this comment from the author Michael Crichton:

*Biotechnology and genetic engineering are very powerful. The film suggests that [science's] control of nature is elusive. And just as war is too important to leave to the generals, science is too important to leave to scientists. Everyone needs to be attentive.*[\[1\]](#)

Overall, I would agree with Crichton. All too often, scientists purposefully refrain from asking ethical questions concerning their work in the interest of the pursuit of science.

But now consider director Steven Spielberg, quoted in the pages of the *Wall Street Journal*: "There's a big moral question in this story. DNA cloning may be viable, but is it acceptable?"[\[2\]](#) And again in the *New York Times*, Spielberg said, "Science is intrusive. I wouldn't ban molecular biology

altogether, because it's useful in finding cures for AIDS, cancer and other diseases. But it's also dangerous and that's the theme of *Jurassic Park*." [\[3\]](#) So Spielberg openly states that the real theme of *Jurassic Park* is that science is intrusive.

In case you are skeptical of a movie's ability to communicate this message to young people today, listen to this comment from an eleven-year-old after seeing the movie. She said, "Jurassic Park's message is important! We shouldn't fool around with nature." [\[4\]](#) The media, movies and music in particular, are powerful voices to our young people today. We cannot underestimate the power of the media, especially in the form of a blockbuster like *Jurassic Park*, to change the way we perceive the world around us.

Many issues of today were addressed in the movie. Biotechnology, science, evolution, feminism, and new age philosophy all found a spokesman in *Jurassic Park*.

## **The Dangers of Science, Biotechnology, and Computers**

The movie *Jurassic Park* directly attacked the scientific establishment. Throughout the movie, Ian Malcolm voiced the concerns about the direction and nature of science. You may remember the scene around the lunch table just after the group has watched the three velociraptors devour an entire cow in only a few minutes. Ian Malcolm brashly takes center stage with comments like this: "The scientific power...didn't require any discipline to attain it...So you don't take any responsibility for it." [\[5\]](#) The key word here is responsibility. Malcolm intimates that *Jurassic Park* scientists have behaved irrationally and irresponsibly.

Later in the same scene, Malcolm adds, "Genetic power is the most awesome force the planet's ever seen, but, you wield it like a kid that's found his dad's gun." Genetic engineering

risks above nuclear and chemical or computer technology because of its ability to restructure the very molecular heart of living creatures. Even to create new organisms. Use of such power requires wisdom and patience. Malcolm punctuates his criticism in the same scene when he says, "Your scientists were so preoccupied with whether or not they could, they didn't stop to think if they should."

Malcolm's criticisms should hit a raw nerve in the scientific community. As Christians we ask similar questions and raise similar concerns when scientists want to harvest fetal tissue for research purposes or experiment with human embryos. If Malcolm had limited his remarks to *Jurassic Park* only, I would have no complaint. But Malcolm extends the problem to science as a whole when he comments that scientific discovery is the rape of the natural world. Many youngsters will form the opinion that all scientists are to be distrusted. A meaningful point has been lost because it was wielded with the surgical precision of a baseball bat.

Surprisingly, computers take a more subtle slap in the face—surprising because computers were essential in creating many of the dinosaur action scenes that simply could not be done with robotic models. You may remember early in the movie, the paleontological camp of Drs. Grant and Satler where Grant openly shows his distrust of computers. The scene appears a little comical as the field-tested veteran expresses his hate for computers and senses that computers will take the fun out of his quaint profession.

Not so comical is the portrayal of Dennis Nedry, the computer genius behind *Jurassic Park*. You get left with the impression that computers are not for normal people and the only ones who profit by them or understand them are people who are not to be trusted. Nedry was clearly presented as a dangerous person because of his combination of computer wizardry and his resentment of those who don't understand him or computers. Yet at the end of the movie, a young girl's computer hacking

ability saves the day by bringing the system back on line.

The point to be made is that technology is not the villain. Fire is used for both good and evil purposes, but no one is calling for fire to be banned. It is the worldview of the culture that determines how computers, biotechnology, or any other technology is to be used. The problem with *Jurassic Park* was the arrogance of human will and lack of humility before God, not technology.

## **The Avalanche of Evolutionary Assumptions**

There were many obvious naturalistic or evolutionary assumptions built into the story which, while not totally unexpected, were too frequently exaggerated and overplayed.

For instance, by the end of the book and the film you felt bludgeoned by the connection between birds and dinosaurs. Some of these connections made some sense. An example would be the similarities between the eating behavior of birds of prey and the tyrannosaur. It is likely that both held their prey down with their claws or talons and tore pieces of flesh off with their jaws or beaks. A non-evolutionary interpretation is simply that similarity in structure indicates a similarity in function. An ancestral relationship is not necessary.

But many of the links had no basis in reality and were badly reasoned speculations. The owl-like hoots of the poison-spitting dilophosaur jumped out as an example of pure fantasy. There is no way to guess or estimate the vocalization behavior from a fossilized skeleton.

Another example came in the scene when Dr. Alan Grant and the two kids, Tim and Lex, meet a herd of gallimimus, a dinosaur similar in appearance to an oversized ostrich. Grant remarks that the herd turns in unison like a flock of birds avoiding a predator. Well, sure, flocks of birds do behave this way, but so do herds of grazing mammals and schools of fish. So

observing this behavior in dinosaurs no more links them to birds than the webbed feet and flattened bill of the Australian platypus links it to ducks! Even in an evolutionary scheme, most of the behaviors unique to birds would have evolved after the time of the dinosaurs.

A contradiction to the hypothesis that birds evolved from dinosaurs is the portrayal of the velociraptors hunting in packs. Mammals behave this way, as do some fishes such as the sharks, but I am not aware of any birds or reptiles that do. The concealment of this contradiction exposes the sensational intent of the story. It is used primarily to enhance the story, but many will assume that it is a realistic evolutionary connection.

Finally, a complex and fascinating piece of dialogue in the movie mixed together an attack on creationism, an exaltation of humanism and atheism, and a touch of feminist male bashing. I suspect that it was included in order to add a little humor and to keep aspects of political correctness in our collective consciousness. Shortly after the tour of the park begins and before they have seen any dinosaurs, Ian Malcolm reflects on the irony of what *Jurassic Park* has accomplished. He muses, "God creates dinosaurs. God destroys dinosaurs. God creates man. Man destroys God. Man creates dinosaurs." To which Ellie Satler replies, "Dinosaurs eat man. Woman inherits the earth!" Malcolm clearly mocks God by indicating that not only does man declare God irrelevant, but also proceeds to duplicate God's creative capability by creating dinosaurs all over again. We are as smart and as powerful as we once thought God to be. God is no longer needed.

While the movie was not openly hostile to religious views, Crichton clearly intended to marginalize theistic views of origins with humor, sarcasm, and an overload of evolutionary interpretations.

## ***Jurassic Park and the New Age***

Ian Malcolm, in the scene in the biology lab as the group inspects a newly hatching velociraptor, pontificates that “evolution” has taught us that life will not be limited or extinguished. “If there is one thing the history of evolution has taught us, it’s that life will not be contained. Life breaks free. It expands to new territories, it crashes through barriers, painfully, maybe even dangerously, but, uh, well, there it is!...I’m simply saying that, uh, life finds a way.”

Evolution is given an intelligence all its own! Life finds a way. There is an almost personal quality given to living things, particularly to the process of evolution. Most evolutionary scientists would not put it this way. To them evolution proceeds blindly, without purpose, without direction. This intelligence or purposefulness in nature actually reflects a pantheistic or new age perspective on the biological world.

The pantheist believes that all is one and therefore all is god. God is impersonal rather than personal and god’s intelligence permeates all of nature. Therefore the universe is intelligent and purposeful. Consequently a reverence for nature develops instead of reverence for God. In the lunch room scene Malcolm says, “The lack of humility before nature being displayed here, staggers me.” Malcolm speaks of Nature with a capital “N.” While we should respect and cherish all of nature as being God’s creation, humility seems inappropriate. Later in the same scene, Malcom again ascribes a personal quality to nature when he says, “What’s so great about discovery? It’s a violent penetrative act that scars what it explores. What you call discovery, I call the rape of the natural world.” Apparently, any scientific discovery intrudes upon the private domain of nature. Not only is this new age in its tone, but it also criticizes Western culture’s attempts to understand the natural world through science.

There were other unusual new age perspectives displayed by other characters. Paleobotanist Ellie Satler displayed an uncharacteristically unscientific and feminine, or was it New Age, perspective when she chastened John Hammond for thinking that there was a rational solution to the breakdowns in the park. You may remember the scene in the dining hall, where philanthropist John Hammond and Dr. Satler are eating ice cream while tyrannosaurs and velociraptors are loose in the park with Dr. Grant, Ian Malcolm, and Hammond's grandchildren. At one point, Satler says, "You can't think your way out of this one, John. You have to feel it." Somehow, the solution to the problem is to be found in gaining perspective through your emotions, perhaps getting in touch with the "force" that permeates everything around us as in *Star Wars*.

Finally, in this same scene, John Hammond, provides a rather humanistic perspective on scientific discovery. He is responding to Ellie Satler's criticisms that a purely safe and enjoyable *Jurassic Park*, is not possible. Believing that man can accomplish anything he sets his mind to, Hammond blurts out, "Creation is a sheer act of will!" If men and women were gods in the pantheistic sense, perhaps this would be true of humans. But if you think about it, this statement is truer than first appears, for the true Creator of the universe simply spoke and it came into being. The beginning of each day's activity in Genesis 1 begins with the phrase, "And God said."

Creation is an act of will, but it is the Divine Will of the Supreme Sovereign of the universe. And we know this because the Bible tells us so!

## **They Clone Dinosaurs Don't They?**

The movie *Jurassic Park* raised the possibility of cloning dinosaurs. Prior to the release of the movie, magazines and newspapers were filled with speculations concerning the real possibility of cloning dinosaurs. The specter of cloning

dinosaurs was left too much in the realm of the eminently possible. Much of this confidence stemmed from statements from Michael Crichton, the author of the book, and producer Steven Spielberg.

Scientists are very reluctant to use the word “never.” But this issue is as safe as they come. Dinosaurs will never be cloned. The positive votes come mainly from Crichton, Spielberg, and the public. Reflecting back on his early research for the book, Michael Crichton said, “I began to think it really could happen.”[\[6\]](#) The official *Jurassic Park* Souvenir magazine fueled the speculation when it said, “The story of *Jurassic Park* is not far-fetched. It is based on actual, ongoing genetic and paleontologic research. In the words of Steven Spielberg: This is not science fiction; it’s science eventuality.”[\[7\]](#) No doubt spurred on by such grandiose statements, 58% of 1000 people polled for *USA Today* said they believe that scientists will be able to recreate animals through genetic engineering.[\[8\]](#)

Now contrast this optimism with the more sobering statements from scientists. The *Dallas Morning News* said, “You’re not likely to see Tyrannosaurus Rex in the Dallas Zoo anytime soon. Scientists say that reconstituting any creature from its DNA simply won’t work.”[\[9\]](#) And *Newsweek* summarized the huge obstacles when it said, “Researchers have not found an amber-trapped insect containing dinosaur blood. They have no guarantee that the cells in the blood, and the DNA in the cells, will be preserved intact. They don’t know how to splice the DNA into a meaningful blueprint, or fill the gaps with DNA from living creatures. And they don’t have an embryo cell to use as a vehicle for cloning.”[\[10\]](#) These are major obstacles. Let’s look at them one at a time.

First, insects in amber. DNA has been extracted from insects encased in amber from deposits as old as 120 million years.[\[11\]](#) Amber does preserve biological tissues very well. But only very small fragments of a few individual genes were



obtained. The cloning of gene fragments is a far cry from cloning an entire genome. Without the entire intact genome, organized into the proper sequence and divided into chromosomes, it is virtually impossible to reconstruct an organism from gene fragments.

Second, filling in the gaps. The genetic engineers of *Jurassic Park* used frog DNA to shore up the missing stretches of the cloned dinosaur DNA. But this is primarily a plot device to allow for the possibility of amphibian environmentally-induced sex change. An evolutionary scientist would have used reptilian or bird DNA which would be expected to have a higher degree of compatibility. It is also very far-fetched that an integrated set of genes to perform gender switching which does occur in some amphibians, could actually be inserted accidentally and be functional.

Third, a viable dinosaur egg. The idea of placing the dinosaur genetic material into crocodile or ostrich eggs is preposterous. You would need a real dinosaur egg of the same species as the DNA. Unfortunately, there are no such eggs left. And we can't recreate one without a model to copy. So don't get your hopes up. There will never be a real *Jurassic Park*!

#### Notes

1. Sharon Begley, "Here come the DNAsaurs," *Newsweek*, 14 June 1993, 61.
2. Patrick Cox, "*Jurassic Park*, A Luddite Monster," *The Wall Street Journal*, 9 July 1993.
3. Steven Spielberg, quoted by Patrick Cox, *WSJ*, 9 July 1993.
4. Cox, *WSJ*, 9 July 1993.
5. From this point on all dialogue is from the movie *Jurassic Park*, Kathleen Kennedy and Gerald R. Molen, Producers,

copyright 1993, Universal City Studios, Inc., and Amblin Entertainment.

6. Michael Crichton, quoted in "Crichton's Creation," *The Jurassic Park Official Souvenir Magazine*, (Brooklyn, N.Y.: The Topps Company, Inc., 1993), 4.
7. "Welcome to Jurassic Park," *The Jurassic Park Official Souvenir Magazine*, (Brooklyn, N.Y.: The Topps Company, Inc., 1993), 2.
8. American Opinion Research poll of 1,000 adults from May 7-24, 1993 cited in *USA Today*, Friday, June 11, 1993, 2A.
9. Graphic inset, "How Real is *Jurassic Park*?" *The Dallas Morning News*, Monday, 14 June 1993, 10D.
10. Begley, "Here Come the DNAsaurs," 60-61.
11. Raul J. Cano, Hendrik N. Poinar, Norman J. Pieniazek, Aftim Acra, and George O. Poinar, Jr. "Amplification and sequencing of DNA from a 120 135-million-year-old weevil," *Nature* 363 (10 June 1993): 536-38.

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## When Your Teen Rejects Your Values – A Christian Response

*Rick Rood looks at a typical teenage rebellion and offers a plan based on a biblical worldview and Christian values to help lead them through rebellion to a strong Christian walk. By reacting from a truly Christian perspective and following a biblical plan of action, our chances of successfully making it*

*through to adulthood and greatly increased.*

## **The Fact of Teenage Rebellion**

Mark Twain once advised parents that when their child turns 13 they should put them in a barrel, close the lid, and feed them through a hole in the side. When they turn 16, Twain suggested parents close the hole! Twain was a humorist, and we laugh about his counsel. But beneath the laughter is the recognition that the teenage years are seldom easy...for the teen or their parents! And it's particularly challenging when we find that our teen is rejecting our values.

Admittedly, in tackling this issue we are taking on a real lion! If there is anything more humbling than being the parent of a rebelling teenager, it's attempting to pass on advice to others who are struggling with this same situation. But our prayer is that this pamphlet will offer some help and encouragement to parents of a challenging teen.

"Adolescence" is the label we attach to the time of life from the onset of puberty to maturity. It denotes the stage of life during which a young person moves from childhood to adulthood, from dependence upon parents to independence. It's a time of great change not only physically, but emotionally, mentally, spiritually and socially. It's a time when teens are asking questions like "Who am I?," "What do I believe?," "How do I fit into life in this world?"...when they're searching for their identity as individuals.

Adolescence is also a time when some degree of strain develops between teens and their parents. No longer do parents appear to be infallible and beyond contradiction. Our flaws are much more visible...and probably exaggerated by our teen. It's a time when the values of their peers generally appear much more attractive than their parents', and when acceptance by their friends will likely become much more important than that of their parents.

It is not uncommon in their quest for identity and independence for teens to reject some of the values of their parents, their church, and society. And to a degree this is not unhealthy. Young people need to develop their own convictions about life. And part of the process may involve challenging the values and convictions they have been taught. Some may challenge them more overtly, and others more covertly. Some may challenge them in relatively minor areas such as dress, appearance, music, or the way they keep their room. Others may show total disregard for the moral and spiritual values of their family, their church, and even society. Parents who allow for no individuality in some of the more "minor" areas (such as dress and appearance), may be challenging their teen to test them in the areas that are of much greater consequence.

Several years back, a group that included Dr. James Dobson conducted a survey of some 35,000 parents. The survey concluded that while 25% of teens are of "average" temperament, 40% were considered to be more on the "compliant" side, and 35% on the "strong-willed" side. (More boys than girls fell in this latter category.) Among the strong-willed teens, 74% were found to be in some degree of rebellion during their teenage years, 26% of them to a severe degree. Furthermore, it was surprisingly found that the strong-willed were most susceptible to the influence of their peers! It was no surprise to find that 72% of parents of strong-willed teens characterized their relationship as "difficult" or "very stressful"! (*Parenting Isn't for Cowards*, by Dr. James Dobson, chaps. 3 & 4).

If you identify with this group of parents, you are definitely not alone! And perhaps this realization is an important first step in responding to a teen who rejects our values!

# The Sources of Teenage Rebellion

Many a parent has wondered if the teen living in their home is really the same child that they played with and enjoyed just a few years before! And it is only natural for them to ask "Why?" "Why is this happening? And why is this happening to us?" Most parents are probably also asking themselves, "Where did we go wrong? What could we have done to prevent this from happening?" These questions are not only painful to ask, but are equally difficult to answer. And it's important not to jump to simplistic conclusions in trying to do so.

It is very likely that there is more than one reason why our teen is rejecting our values. And there really are many possible reasons. One that we noted yesterday is that it is simply the nature of adolescents to search for their own identity and independence. We also noted the role that innate temperament plays in teenage rebellion. A survey conducted by a group including Dr. James Dobson concluded that nearly 3/4 of children born with a strong-willed temperament exhibited some degree of rebellion during their teen years. There are, however, a number of other possible reasons why our teen is rejecting our values. It's important to look beyond their behavior to the reasons behind it.

First, it's possible that there are physiological factors involved. Young people who have learning disabilities, or attention deficit/hyperactive disorder are going to be much more inclined to rebel, in part over the frustration they are experiencing in meeting the expectations of their parents, teachers and other authority figures. Any physical illness, or even imbalanced or insufficient diet can affect a teen's emotional and behavioral pattern. Even apart from such irregularities, the changes that are taking place in an adolescent's hormonal system are apt to result in more volatile emotions.

Second, it is possible that there are difficulties of a

psychological nature, or even disorders of a more serious nature involved. In this latter category would fall young people who are manic-depressive or schizophrenic. It is important to realize that many of these disorders have genetic and biological sources, requiring the attention of a medical professional. It is more likely, however, that a teen may be struggling with low self-esteem or depression...and may be engaging in conduct that is aimed at obtaining the acceptance of his peers, or at gaining the attention of his parents or other authority figures (even if it's negative in nature!).

Third, it is not uncommon for a young person to express his anger (and even guilt) over the tensions that may exist within the family at large or between his parents by acting in a rebellious fashion.

Traumatic experiences such as a death in the family, prolonged illness, or serious financial problems can be a source of rebellion. They may even result in a teen's questioning the existence or the goodness of God, and in rejecting of God's moral principles.

We must not fail to mention the negative influence of peers, and of the values portrayed and endorsed in today's movies, television, and by the lyrics of much of the music that young people listen to. All of these media are communicating a message that more often than not challenges the right of anyone (including parents) to limit their freedom or stifle their individuality.

Finally, it is not impossible that our own example as parents, or our parenting style has contributed to their rebellion to a greater or lesser degree. We will return to this issue later in the week, and tomorrow we will begin to look at the question of whether parents are always at fault when their teens reject their values.

# A Parent's Reaction to His Teen's Rebellion

In the previous two programs we have briefly examined some basic facts about the nature of teenage rebellion and some of its possible sources. We noted that there are many possible reasons why a teen might choose to reject his parents' values. It is not uncommon, however, for those of us who are Christian parents to feel that we bear the greater (if not exclusive) share of responsibility. After all, have we not been taught that if we train our children "in the way they should go, when they are old they will not depart from it"? (Prov. 22:6). If they do depart from the way they should go, certainly it is our fault for not training them properly!

At the outset, we must affirm that parents are responsible before God to provide the training and instruction that will guide them in His way (Eph. 6:4b). The scriptures also warn us that it is possible for us to "provoke our children to anger" (Eph. 6:4a) and to "exasperate them so that they become discouraged" (Col. 3:21). When our teen is rebelling, it's appropriate for us to evaluate the impact that our own parenting style has had in our child's life.

We must just as emphatically, however, reject the notion that teenage rebellion is invariably the consequence of parental mismanagement. To believe that it is, is to accept the premise that all human behavior is caused by external influences. Behavior may be influenced (even very strongly) by genetic and environmental factors, but to say that there is no such thing as human will and choice is to deny a fundamental element of biblical teaching. In the final analysis, a young person's rejection of godly values is a personal choice.

Many Christians, however, find themselves adopting an essentially behavioristic and deterministic philosophy in their acceptance of a common interpretation of the verse we

alluded to a few moments ago, Proverbs 22:6, "Train up a child in the way he should go, and when he is old he will not depart from it." Many a parent has concluded from this proverb that if his teen does "depart from the way he should go," it is because he has failed to provide the training he needed. But that this proverb (as many proverbs) should be taken as general observation about life, rather than as an absolute divine promise, can be deduced from two facts. First, if we do take this proverb as an absolute promise, then other proverbs in the book must be also. Yet there are a number of proverbs for which exceptions can be found on a regular basis. For example, Proverbs 10:27 says that "The fear of the Lord prolongs life, but the years of the wicked will be shortened." This is a general truth. But there are innumerable examples of the wicked who have lived long on the earth, and of the godly whose lives have been cut short. A second reason is that to take it as an absolute promise would contradict the teaching of many other proverbs that it is possible for a young person to reject the training his parents provide. Proverbs 15:5 says, "A fool rejects his father's discipline." The writer of Proverbs also appeals to sons to "receive" and "be attentive" to their parents' instruction (2:1-2), and warns against "neglecting" and "abandoning" their teaching (4:1-2). (Cf. also Deut. 21:18-21)

We must conclude, then, that when our teen rejects our values, we must prayerfully discern to what degree both we and they are responsible for what is happening, as well as what other influences are at work. In some cases, the parents may bear a great deal of responsibility; in others they may bear very little. The important thing, however, is not so much "who is to blame," but what ought we to do from this point on in our relationship with our teen.

## **A Plan for Parents**

We have looked at the nature of teenage rebellion. We've also



addressed the question of whether it is always the parents' fault when their teen rejects their values. But today, we want to focus on how we should respond as parents of a challenging teen.

Our first response must be to look beyond the rebellious behavior to the sources that lie behind it. If we suspect there are factors of a physiological nature, we must not neglect to enlist the help of a qualified physician. Nor should we reject the aid of a godly counselor in addressing issues of depression or self image that may lie hidden in our teen's heart. But neither should we neglect to look to the Scriptures as our ultimate source of wisdom.

As we do, it will be tempting to look initially for ways in which we can promote change in our teenager's behavior. But the one factor in our child's life over which we have the most influence is our own character and approach to parenting. And this is where we must begin—by reflecting on the model which God himself provides in his character and in his relationship with us as his children. In God as our Father we find that perfect balance of judgment and grace, of discipline and love, compassion and firmness. This is a standard from which all of us fall short, the one to which we will never fully attain in this life; but the one by which we must measure our lives, and toward which we must continually strive! Larry Crabb has said, "The key to becoming a more effective parent is to become an increasingly godly person." (*Parenting Adolescents* by Kevin Huggins, p. 258) Wise is the parent who makes this his primary goal!

Wise too is the parent who resists the impulse to project a perfect image to his teen, but who echoes the prayer of David: "Search me, O God, and know my heart...see if there be any hurtful way in me; and guide me in the everlasting way" (Ps. 139:23-24). Wise is the parent who is willing to offer a sincere apology to his child, and to seek forgiveness for ways he has genuinely fallen short as a parent. But wise also is

the parent who refuses to brood over past failures, but who having learned from his mistakes sets out in a new direction! (Phil. 3:13-14). And wise is the parent, as well, who guards against trying to “atone” for past mistakes by becoming overly kind or permissive.

As we seek to allow God to shape our lives after his own model as the divine parent, we will do well to keep two primary qualities in view. The first is an unconditional love for our child. This is the kind of love God manifests toward us. “But God demonstrates his own love for us in that while we were yet sinners (while we were his enemies!), Christ died for us” (Rom. 5:8). This is the kind of love He seeks to instill in us for our teenager, regardless of how much anger or contempt he or she has shown toward us—a love that asks not how they can meet our needs, but how God can use us to minister to their genuine needs.

But the second quality is an uncompromising commitment to help our teenager grow toward responsible maturity. “For those whom the Lord loves He disciplines;...but He disciplines us for our good, that we may share His holiness” (Heb. 12:6,10). As God guides us in the path of righteousness, and establishes clear expectations for our lives, so must we for our teen. As God disciplines for rebellion through appropriate consequences, so also must we.

Above, we proposed that there are two primary qualities God seeks to instill in those of us who are parents of a teen who is rejecting our values: an unconditional love and an uncompromising commitment to guide them toward responsible maturity. But how do these qualities take shape in our day to day lives?

How do we show this kind of love toward our teenager? First, we love them when we praise and reward them for the good that we do see in their lives, as God does with us. We love them when we show respect for their feelings and opinions, though

not always agreeing with them. We love them when we show interest in and participate with them in activities that are meaningful to them, and refrain from squeezing them into a mold for they were not designed. We love them when we restrain our anger from erupting in violent acts and hurtful words, when we relate as a "fellow struggler," when we don't try to be better than they are at everything, when we handle our own sin in the same way we expect them to, when we listen to their explanations before disciplining them, when we keep alive a sense of hope and excitement about discovering God's purpose for their life!

But the love toward which we strive is also one that guides and disciplines (Prov.13:24). states that "he who loves (his son) disciplines him diligently." Researchers have found that teens are less likely to rebel who grow up in homes that are neither too permissive nor overly authoritarian, where parents gradually allow them more participation in decisions and relinquish more responsibility, while maintaining final authority (*Teen Shaping*, by Len Kageler, chaps. 3 & 12).

What are a few marks of a parent who has this kind of commitment? First, he provides instruction in the ways of the Lord. One teenager who refused to accompany his family to church, was willing to read a chapter of scripture with his father several times a week. By his senior year, they had read through the entire New Testament together! Second, he communicates clear expectations regarding personal conduct (even if parents of his child's friends do not): expectations concerning the use of language in the home, honesty about whereabouts and activities, household chores, attendance at school, curfew, use of the car, payment for gas, insurance and traffic tickets, drinking, and sexual conduct. Finally, such a parent will enforce meaningful consequences for wilful rebellion. There are some things we are obliged to provide for our child no matter what: a place to live (though it need not be our own home in all situations), food, clothing, and

personal respect. But many things that young people take for granted today are privileges that can and must be suspended as a result of irresponsible behavior: use of the phone or TV, tuition for school, use of our car, or even a driver's license. Teenagers who engage in activities that are not only irresponsible but illegal, should have every expectation that their parents will notify the authorities. We do our children no favor when we shield them from the painful consequences of foolish choices. Some teens will become skilled at manipulating their parents through guilt or intimidation. But we must resolve to render such tactics ineffective by refusing to let them work.

God does not hold us responsible for all of our teenager's actions. But He does hold us accountable for the way in which we relate to them as parents—with unconditional love, but uncompromising commitment to responsible maturity.

Yet, even when we do, God provides no guarantee that they will always (or even ever) respond positively. But He does ask that we persist in doing what is right . . . praying for them, gradually relinquishing them to Him who knows them far better than we . . . remembering his exhortation that we “not lose heart in doing good, for in due time we shall reap if we do not grow weary” (Gal. 6:9).

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**Addendum from the author, after his teenagers finished growing up:**

It was over twelve years ago that I wrote the article you have just read. Since then, I've had a lot of time to reflect on the matter of parenting. If there is one thing I would add to the article, it is the statement in Psalm 127:1, “Unless the Lord builds the house, they labor in vain who build it.”

I'm more convinced than ever that though I believe God's word does give us guidance concerning what we as parents should and

should not do in relating to our children, being a parent is much more than simply “doing all the right things.” It is at root a matter of trusting God to work in our children’s lives in his own way and time . . . to accomplish in their lives what only He can. And of course, to trust that He will do the same in our own hearts and lives as well. Sometimes His ways are far beyond our understanding. I have met some who came from very difficult homes, who nonetheless have turned out to be wonderful people. On the other hand, I have met others who grew up in wonderful families, who nonetheless have chosen to walk a very painful path in life. All of this should cause us to make prayer our first priority as parents. There is no greater responsibility or privilege we have as parents than to pray for the children the Lord has entrusted to us. May we never cease to do so.

### **Resources on Parenting Teenagers**

*Emotionally Healthy Teenagers*, by Jay Kesler (Nashville: Word Publishing, 1998)

*Bound by Honor*, by Gary and Greg Smalley (Wheaton: Tyndale House, 1998)

*Parenting Today’s Adolescent*, by Dennis and Barbara Rainey (Nashville: Thomas Nelson, 1998)

*How to Really Love Your Teenager*, by Ross Campbell (Wheaton: Victor Books, 1983)

*Parenting Adolescents*, by Kevin Huggins (Colorado Springs: NavPress, 1992)

*Teen-Shaping: Solving the Discipline Dilemma—What Works, What Doesn’t*, by Len Kageler (Old Tappan, N.J.: Fleming H. Revell, 1990)

*Parents & Teenagers*, ed. by Jay Kesler (Wheaton: Victor Books, 1984)

*Parents in Pain*, by John White (Downers Grove: Intervarsity Press, 1979)

*Parenting Isn't for Cowards*, by Dr. James Dobson (Waco: Word Books, 1987)

*The Wounded Parent*, by Guy Greenfield (Grand Rapids: Baker Books, 1991)

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## **Satanism: The World of the Occult – A Christian View of Demonic Worship**

*Russ Wise provides a good understanding of why people are attracted to a negative sounding practice: the worship of Satan. Looking at this issue from a biblical worldview, he presents information on how God can free people who have bought into this lie. From a Christian perspective, we don't need to fear them but instead stand ready to offer them the deliverance found only in Jesus Christ.*

*[Webservant's Note: Since this article was written in 1994, a "new face" of Satanism has emerged, consisting of pagans and atheists who claim to not believe in Satan yet who have appropriated the name "Satanist" for themselves. Many of these young "neo-Satanists" (to coin a phrase) deny the concepts of good and evil, worship themselves, and take great offense at articles like this that describe a Satanic-oriented description of their chosen set of beliefs.*

*Nonetheless, we believe Russ Wise's original article is still worth offering because of the high numbers of people drawn*

*into the openly occult practices described herein.]*

## **The Growing Problem**

The occult is on the rise; many young people are seeking their spiritual identity through Satanism.

Satanism has become an issue of great concern in our society. It is a phenomena that crosses the city limits into the rural areas of our nation. Satanism is not just a big city problem. The news wires carry story after story about young children being kidnapped, only to be found later as victims of some bizarre ritualistic crime. To help us gain a balanced perspective of the subject, C. S. Lewis in his book *Screwtape Letters*, says this about Satan:

There are two equal and opposite errors into which our race can fall about the devils. One is to disbelieve in their existence. The other is to believe and to feel an unhealthy interest in them. They themselves are equally pleased by both errors and hail a materialist or a magician with the same delight.

As satanic involvement among our youth increases, we begin to see the primary goal of such activity. It has become clear, according to the data thus far analyzed by those who investigate satanic involvement, that the primary goal is to alter people's values and turn them against themselves, their beliefs, family, God, and society.

When we begin to take a close look at the occult, it becomes necessary to define terms. There is a great difference between cults and the occult. The term *cult* refers to a group of people polarized around one individual who is often a magnetic personality. This individual has his or her own understanding of truth, who God is, man's relationship to God, the existence of heaven and hell, as well as a number of other issues of faith. In most cases such individuals incorporate some degree

of biblical truth into their teachings in order to gain a certain amount of credibility and in order to deceive the unwary.

The term *occult* means “hidden” or those things or teachings that are “unknown” or secret. So, the occult is the seeking after knowledge of unknown information, knowledge that is gained beyond the five senses. Therefore, knowledge is received by some supernatural involvement or connection.

Anton LaVey of the First Church of Satan in San Francisco, California, says that

Satanism is a blatantly selfish, brutal religion. It is based on the belief that man is inherently a selfish, violent creature... that the earth will be ruled by those who fight to win.

Satanism challenges the biblical teaching regarding man's relationship to others. We are to esteem others better than ourselves, and we are to be team players. In 1 Corinthians we read about being a part of the body of Christ, whereas, Satanism esteems the “self” over others.

Young satanists believe that the strong will rule with Satan. Once they are sufficiently involved, they often make a pact with Satan. They commit themselves to a future date when they will take their own lives by suicide. They believe that if they submit themselves to Satan in death, they will come back in another life as a stronger being and rule with him forever. According to recent statistics, fourteen young people a day take their own lives. A major concern for those who uphold a Judeo-Christian worldview is that this generation is becoming detached and is losing all sense of morality. Many have lost their mooring. It is imperative for the church, as a corporate body, and we as individuals, to share the message that Jesus Christ is the only possible solution to our emotional and spiritual needs.



# The Power that Entices

Power has become an obsession with young satanists. It is sought after on the physical, mental, and spiritual levels. According to one former occultist, the greatest lure into the occult is “power” and “knowledge.” Not just corporate power but personal power. Gaining knowledge that others do not possess is another aspect of the occult. When an individuals have more knowledge it affords them a degree of power over those who do not have access to that knowledge.

Likewise, Satanism offers its lure to the youth in our society. Drugs and sex have become the bait that so often ensnare the unsuspecting.

With the increase of satanic activity, a profile of those involved in Satanism has emerged. They are generally from a white, middle to upper-middle class family. In most cases they are bright and do well in school; however, they are often bored and are not challenged to meet their full potential. They tend to have a low self-worth and are unable to distinguish between right and wrong because of their relative ethical system. They often have problems in the home and in relating to other people around them. They use drugs and are sexually promiscuous. It is a rare occasion when these last two elements are not present in the mix.

Abuse, both physically and emotionally, is another aspect of this mix. Young satanists are often abused children who know no other way to relate to people. Some are a part of a multi-generational family involved in worshiping Satan as savior.

Anton LaVey, Satanist High Priest of the First Church of Satan in San Francisco gives us a glimpse of how Satan is seen in his book *The Satanic Bible*:

We hold Satan as a symbolic personal savior, who takes care of mundane, fleshly, carnal things.

Satan has attempted to usurp the place of Christ in redeeming mankind. He has endeavored to establish himself as a god who is equal to or greater than Jehovah and in a sense render God ineffective. LaVey goes on to say that "God exists as a universal force, a balancing factor in nature, too impersonal to care one whit whether we live or die."

Therefore, the Judeo-Christian God is inaccessible and has no compassion. Thus, Satan becomes the solution to man's deepest needs.

Satanism leads one into bondage through mind control and fear, whereas Christianity allows the individual the freedom of choice. We have the opportunity to either accept God's free gift of life or reject Him and simply exist separate from God's love.

## **An Agent of Change**

Music has always been at the center of the youth culture. The problem arises when the lyrics promote aberrant behavior. The Night Stalker, Richard Ramirez of Los Angeles, believed that Satan made him invincible. Police say the style of the brutal rapes and 16 murders Ramirez committed resembled the lyrics of the song "Night Prowler" on AC/DC's LP "Highway to Hell."

Along with Ramirez' fascination with AC/DC, he used cocaine and PCP in conjunction with a deep interest in Satan worship. He believed that Satan would protect him and not allow harm to come to him. According to a *People* magazine article as long ago as September 1985,

Rock 'n roll is turning too often to sex, Satanism, drugs and violence for its major themes and corrupting the values and views of unwary young people.

The lyrics of the last few years of the 1980s have continued on a downward slope. Rachel Matthews, an artist and repertoire representative for Capitol Records, recruits new groups for

her company. Her comments regarding a newly signed band reveal what she, as one individual representing the music industry, is looking for in a band:

I was just going, 'Oh (expletive)! I've never heard anything like this!' I've heard plenty of metal and speed metal, but it was just so intense and out of control, just like this caged psychosis going on. I loved it, because you could actually understand the lyrics. And even if they're morbid and gruesome, it's really cool that you could understand what they're saying. It just makes it twice as evil. I like that." (*Dallas Life Magazine*, 1 July 1988)

The demo that interested Ms. Matthews in the group contained songs like "Die in Pain" and "Foaming at the Mouth."

The music that causes the greatest concern is the various types of "metal" music. Metal has been classified into three types. First, is party metal, and it represents the most popular style of music. Groups like Bon Jovi, Motley Crue, and Def Leppard are representative of party metal. They tend to glorify sexuality and the party spirit.

The second type is "thrash metal" represented by groups like Metallica, Anthrax, and Megadeth. The primary focus of "thrash metal" is violence and death.

The third type is known as "black metal" and is overtly satanic. The lyrics encourage such activities as incest, necrophilia, rape, torture, and human sacrifice. Black metal is represented by groups like Venom and Slayer.

King Diamond is perhaps the most satanic of all "black metal" groups. He openly professes Satan and incorporates a large amount of satanic activity into his performances.

Music has always been an agent of change in our society. It tends to shape the moral attitudes of each generation. As Christians we should be especially concerned about the lyrics

in the music of the youth culture. We cannot afford to allow another generation to become polluted with the immoral themes found in today's music. As parents it is imperative that we maintain open communication lines with our young people. Without open communication it becomes improbable that we can affect the listening habits of our children. Second, we cannot be hypocritical in our personal listening habits. Third, we need to become familiar with the type of music our children listen to and be willing to acknowledge the good and be prepared to positively criticize that which is not appropriate within our household.

Last, we as parents need to recognize that if our child is involved in rebellious music, we must attempt to understand what unmet need in his life is being met by his musical diet.

Galatians 5:19-21 says that

The deeds of the flesh are evident, which are: immorality, sensuality, idolatry, sorcery . . . those who practice such things shall not inherit the Kingdom of God.

Therefore, it is imperative for us as adults and youth to only listen to and think upon those lyrics that would honor God and His principles.

## **The Games of Destruction**

Satan has used a number of tools over the centuries to ensnare the naive. The Ouija Board has proven to be particularly useful. According to the Dictionary of Mysticism the Ouija Board is "an instrument for communication with the spirits of the dead." The Ouija Board is an open door into the world of the occult and demonic activity. Disembodied spirits speak to the living through the medium of the Ouija Board. This information is believed to be truth from the other side and is not recognized for what it is: Lucifer's delusion to gain our allegiance.

Jane Roberts, the author of *The Seth Material*, relates her story regarding the Ouija Board. She was about to write a book on ESP, and to stimulate her thoughts, she and her husband used a Ouija Board to gain perspective. After a few sessions they were able to receive messages from someone who later identified himself as Seth. The use of the Ouija Board and the gradual, but ever-growing, influence of Seth in Jane's life brought her to the point of possession. Her mind would enter a trance state and a deep male voice would begin to speak, indicating he had a message to get across to our world the wisdom that it was only now ready for. Over a period of ten years Seth produced through Jane over 5000 typewritten records of alleged higher esoteric truth. Then Seth tried to kill her. Though she had not previously believed in demons, this experience changed her mind.

Internationally-known observer of the occult, Kurt Koch, says that by the use of the Ouija Board revelations from the past and predictions about the future are made.

Edmond Gruss tells us in his book *Cults and the Occult in the Age of Aquarius* that there have been "many cases of 'possession' after a period of Ouija Board use." Supernatural contact is commonly made through use of the board and has become a primary tool of Satan in reaching young people.

The Rev. Donald Page of the Christian Spiritualist Church reports that most possession cases he has dealt with are people who have used the Ouija Board. Francoise Strachan's book, *A Company of Devils*, states that the Ouija Board is "one of the easiest and quickest ways to become possessed."

The greatest danger of the Ouija Board is that an individual begins to place his trust and future hope in the message the board brings. As a Christian our only source of revelation regarding future things is to be God's Word. We are to look to Jesus Christ and His teachings to properly understand our problems and seek a solution. Deuteronomy 18 tells us to

beware of mediums and those who practice divination.

1 Chronicles 10 tells the story of Saul who was unfaithful to the Lord and consulted a medium, seeking guidance and did not seek guidance from the Lord. Therefore, the Lord slew him and turned the Kingdom over to David.

Christians can offer several reasons as to why one should not be involved in the use of the Ouija Board. One is simply that the Bible condemns it as being involvement in the occult (Leviticus 19:31, 20:6). Another relates to the tragic experiences of those who have been involved with this medium. And then there's the fact that the messages received are often false and misleading. They are often obscene and contrary to biblical teaching.

The following passages in Scripture give us, and those who would seek God's perspective, where to go for truth.

"And when they shall say unto you, seek unto them that have familiar spirits and into wizards . . . should not a people seek unto their God?" (Isaiah 8:19)

"If any of you lack wisdom, let him ask of God, that giveth to all men liberally, . . . and it shall be given him." (James 1:5)

## **The Great Delivery**

God is able to deliver those who seek Him. Victory is ours. But first, we must receive God's power.

We have been discussing the problems of satanic involvement. Whether we become deceived by use of the Ouija Board, music, divination or by Dungeons and Dragons, the end result is the same occult bondage.

Mark Bubeck's Moody Press book, *The Adversary*, gives us a sound basis for applying sound biblical doctrine in resisting

the devil as he attempts to infiltrate our lives. Basic to all victory of the believer over Satan is the absolute truth of biblical doctrine. There is no substitute. The greatest key in warfare against Satan is when we recognize that God's truth is our only offense.

Bubeck refers to "doctrinal prayer" as an effective tool to use in spiritual warfare. The sixth chapter of Ephesians tells us that we do not wrestle against flesh and blood but against spiritual forces. We cannot effectively engage Satan in warfare on the natural plane; we must enter the spiritual dimension to adequately challenge Satan and defeat him and his host. According to Bubeck, doctrinal prayer

...is the practice of praying or applying the objective, absolute truths of the Word of God as the hope and basis of resolving our prayer burden.

Doctrinal prayer presupposes that we have a deep understanding of the Scriptures. Bible memorization is a must for this type of prayer.

Another aspect of our spiritual warfare is that of resistance. We are called to resist the devil. The term "resist" basically means to stand, to stand invincibly or successfully. We can stand firm and remain invincible because of the sacrifice Jesus made on the cross. Jesus was victorious over Satan at the cross. As God's people, we are victorious over Satan because of Jesus. We can successfully resist Satan as we stand in right relationship with Christ. Since we are in Christ, and He has all authority in heaven and earth, we are in the only place of victory.

Ephesians 6 speaks of our spiritual armor. With the exception of the sword, this armor is defensive in nature. We have the victory; it has been won we simply need to stand our ground. Satan has been defeated at the cross (Colossians 2:8-15) and made powerless (Hebrews 2:14-15). The believer needs to stand

in his rightful position in Christ as victor; Jesus has already won the battle.

The Holy Spirit of God shows us the way to righteousness and restoration. Satan attempts to convince us that we are so bad that God wouldn't want anything to do with us. He seeks to convince us that there is no forgiveness for what we have done or that we have committed the unpardonable sin.

The Holy Spirit uses God's Word to give us hope and assurance of God's love and forgiveness, whereas Satan creates despair, doubt, resentment, and anger toward God, His Word, and His people. Satan intends for us to feel as though no one as bad as we are could ever really be saved.

Doctrine and right understanding is important to our spiritual welfare. It is the foundation upon which everything stands. Without it we are subject to every wind that blows, every false teaching that Satan would use to lure us.

As believers in the Lord Jesus Christ who have trusted in His blood atonement, we have a vast number of tools to render the enemy ineffective. Power, position, authority, total victory over Satan's world belong to us. All that remains is for us to appropriate God's promises and recognize our position in Christ, focus our attention against the devil's work, and to rest in what our Lord has done for us.

Satanism is a growing concern in our culture. With this growth comes a great deal of confusion and a lack of understanding. The following information is designed to help you understand the problem by clearly defining the different aspects of the occult and giving you concise information that you can use.

## **Defining the Occult**

### **Cult**

A cult is a group of people polarized around an individual



with a magnetic personality, who deviates from orthodox Christianity by distorting the central message of the Bible by additional revelation or by introducing their personal understanding of primary biblical doctrines such as the person of Jesus Christ, heaven, hell, salvation, atonement, the virgin birth, etc.

## **Occult**

Secret or hidden knowledge. This knowledge is not discerned by the five senses and is therefore, supernaturally received through the practice of divination.

## **Witchcraft**

The use of scripturally forbidden supernatural powers to manipulate people and events. Commonly known as the “craft of the wise” or “wicca,” the worship of nature and feminine energies mother nature. Witchcraft is manifested in two opposing views: white magic, and black magic or witchcraft (see Deuteronomy 18:10)

## **White Magic**

The use of supernatural power to manipulate a person or an event to bring about good. The practice of divination is used to bring about “positive” results such as knowledge, healing, etc.

## **Black Magic**

The use of supernatural power to manipulate a person or an event to bring about evil or destruction. Manipulation is achieved by use of rituals and the casting of spells.

## **Satanism**

Unlike Witchcraft, Satanism is the worship of Satan, formerly known as Lucifer, and the practice of Black Magic. Satanism is a reaction against the Christian church and the Word of God in

particular. Satanism promotes a do-what-you-want attitude and is ultimately the worship of oneself.

## **Categories of Involvement**

**Individuals involved in satanic activity fall into one of four categories:**

- Multi-generational international organization
- National organizations
- Independent self-styled groups
- Individual dabblers

The greatest increase in involvement is among the latter group the dabbler. The dabbler is, in most cases, from a middle to upper- middle class, caucasian home and is a user of drugs and other controlled substances.

The larger concern is not in the number of young people involved in satanic activity but what they are capable of doing when they become absorbed in the worship of Satan.

Satanism centers around involvement in animal sacrifice, blood ritual, sex, the use of drugs and sometimes murder. According to "The Addiction Letter" (1/89),

Most Satanism revolves around a drug and alcohol dependent lifestyle which glorifies violence, hate, lying, stealing, and vandalism. The involved youngster craves a higher power to validate . . . chemical dependence and Satan fills the spiritual void.

### **The Mental Profile of the Dabbler**

- Rebellion
- Boredom
- Low self-worth

### **Warning Signs of the Dabbler**

The dabbler is likely to have difficulty relating to peers and in most cases, they have withdrawn from their family and religious heritage. They tend to become involved in a variety of the following:

- A drop in grades
- Burglary
- Drug use
- Physical and sexual abuse
- Mind control
- Animal mutilation
- Increased hatred
- Murder
- Suicide

Drug abuse is the common denominator in all levels of Satanism. Drugs have become the primary source of mind-altering experiences for the Satanist, thereby, giving him a false sense of power and spiritual potency.

### **Characteristics that may indicate satanic involvement**

- Avoiding family members
- A change in friends
- Becoming secretive about activities
- Loss of interest in extra-curricular activities
- Personality changes
- An unusual interest in books, movies, videos, etc. with an occult theme
- Use of drugs and alcohol
- Lack of attendance of worship with family

### **Individuals are recruited into satanic groups by any number or combination of the following:**

- Free drugs or sex
- Companionship
- Power
- Money

- Pornography
- Personal choice

## **Satan's Goal**

According to scripture (Matthew 4:9, 2 Corinthians 4:4, Revelation 12:9), Satan's goal is to deceive man by blinding him to the truth of the gospel and to receive worship for himself (Isaiah 14:12-14). On a more practical level Satan desires to alter an individual's values and turn them against themselves, their beliefs, family, God and society.

## **The Church of Satan**

Anton Szandor LaVey formed the Church of Satan in 1966. LaVey, the author of *The Satanic Bible*, is perhaps the most common source of satanic ritual and understanding available to young people today. It can be found in most large secular bookstores. The Satanic Bible has sold more than 600,000 copies since it was first published by Avon Books in 1969.

## **Secret things**

Another common denominator in satanic groups is secrecy. Individuals keep a journal of activity, rituals, charms, or messages in a notebook, blank book and sometimes even a floppy disc. This information is often written in an alphabet that is not widely known. Alphabets commonly used by occultists are: the witches alphabet, the celtic alphabet used by the Druids, the Enochian alphabet, the Egyptian and others.

## **Personal Initiation**

Initiation plays a major role in group activity. Through initiation an individual is given a chance to declare total allegiance to Satan by participation. Often one will sever a portion of a finger or a toe to indicate their commitment to the unholy one.

Other acts include being a participant in a ritual where

mutilation of an animal or human is a part of the activity. These acts are usually video-taped to be used at a later time to keep the individual in line if need be. In some cases a criminal act is perpetrated where the initiate is involved in a key role. An unholy communion of sorts is taken during initiatory rituals where a cup or chalice (usually stolen from a church) is used containing a mixture of wine, blood (human or animal) and urine. Satanism is not for the faint-hearted.

Other methods of initiation include body markings. An inverted cross may be burned into one's forearm or chest, etc.

### **Body Markings**

Commonly used markings include the following (it is important to note that body markings can be used for the preparation of a sacrifice, as well as initiation into a group):

- Goathead
- Inverted cross
- Skull
- Pentagram
- Baphomet
- MENA (amen)
- Black rose
- Swastika

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# Jehovah's Witnesses and the Trinity: A Christian Perspective

*Dr. Pat Zukeran provides Christians with a biblical perspective on countering the false teaching of Jehovah's Witnesses regarding the nature of God and the Trinity. Countering these non-Christian views will enable you to get to the heart of the matter in sharing Christ with members of this cult.*

## The Trinity

In another essay ([Jehovah's Witnesses: Witnessing to the Witnesses](#)) I discussed effective evangelistic strategies when sharing the faith with Jehovah's Witnesses. We covered some effective techniques such as the Witnesses' record of false prophecy, the name "Jehovah", the bodily resurrection of Christ, and the personality of the Holy Spirit. In this essay I would like to teach you how to defend the doctrine of the Trinity, a truth clearly denied by Jehovah's Witnesses. Before we can defend this doctrine, however, we must have a clear understanding of the Trinity. Too many Christians lack a solid understanding of the Triune nature of God.

The doctrine of the Trinity is the belief that there is one God who has revealed Himself in three persons, the Father, the Son, and the Holy Spirit. These three persons make up the one true God. These three persons are of the same substance, equal in power and glory. It is important we understand this doctrine because the wrong Jesus or the wrong God cannot save us from eternal death. Paul makes a clear warning of this in 2 Corinthians 11:4.

The Bible clearly states that there is only one God.

Deuteronomy 6:4 states, "Hear O Israel, the Lord is our God, the Lord is one." Isaiah 44:6 states, "I am the first and I am the last, and there is no God besides me." Clearly, these verses reveal that there is only one God. Yet, there are three separate persons in the Bible who are called God and have the characteristics only God can have. The Trinity is a difficult concept to grasp, because we are finite beings trying to explain an infinite God who is beyond our understanding.

Let's take a look at some verses that back up our doctrine of the Trinity. The Father is obviously called God as seen throughout the Bible. No one will argue that point. So there is one member of the Trinity, the Father. Jesus the Son, is a separate person but He is also called God. John 1:1 says, "In the beginning was the Word, and the Word was with God, and the Word was God." Titus 2:13 says, "Looking for the blessed hope and the appearing of the glory of our great God and Savior, Christ Jesus." So here we see clearly, the Son is also called God.

The Holy Spirit is also a separate person, and He is also called God. First, let us understand, the Holy Spirit is not an impersonal force. He is a person and has the characteristics of a person. He can be grieved (Eph. 4:30), He speaks (Acts 13:2), and He can be lied to (Act 5:3-4). In Acts 5:3-4 the Holy Spirit is called God, "But Peter said, 'Ananias, why has Satan filled your heart to lie to the Holy Spirit?...You have not lied to men, but to God.'"

So we see clearly that there are three persons in the Bible, and all three are called God. Yet, we must remember, there is only one God according to the verses we looked at Deuteronomy 6:4 and Isaiah 44:6. Therefore, we come to the conclusion that the Trinity is made up of three separate persons who are the one true God. At this point we need to look at verses Jehovah's Witnesses use to attempt to disprove the Trinity and learn how to refute these arguments. Then we will look at the best verses to use in demonstrating the truth of the Trinity



to Jehovah's Witnesses.

## Jehovah's Witnesses and the Bible

I run in to many Christians who tell me, "The Jehovah's Witnesses know their Bible so well, and they've got so many verses memorized." The truth is, they don't know their Bible well, it's just that we Christians are lacking in our Bible knowledge. When it comes to the Trinity, Witnesses only know about 8 verses to defend their view. We'll be studying the main verses they use to try to disprove the Trinity.

In one approach they attempt to show that Jesus cannot be God because He was created. The verse they use here is Colossians 1:15, "And He is the image of the invisible God, the first-born of all creation." Here the Witnesses say Christ is the *first-born* which they say means, "first created being of God." Therefore, they conclude Jesus cannot be God since He was created.

The key to understanding this verse is understanding the term *first-born*, what does it mean? The Greek word for "first created" is the word *Protoktioti*. If Paul wanted to say Christ was the first created being, he would have used this word but he does not. He uses another term, *Prototokos*. Paul is referring to the Jewish use of the word *first-born* which not only means first one born but also is used as a title of sovereignty and pre-eminence.

Here's an example of the meaning of the word. In Psalm 89:27 God says of David, "I also shall make him My first-born, the highest of the kings of the earth." Let's take a good look and see how first-born is used here. Is David the first-born son of Jesse? No, he is the eighth and youngest son of Jesse. Then how is it that David is the first-born? In the Old Testament use of the word, he is first-born in that he is pre-eminent or sovereign of all the kings of the earth.

Now stick that usage of *first-born* into the context of Colossians 1:15, and it fits perfectly. Not only that, have the Witnesses read on with you to verse 18. Verse 18 shows that Paul is clearly talking about the pre-eminence of Christ for he says, "He is also the head of the body" and "the first-born" for the purpose, "that in everything he might be pre-eminent." If we were to replace *first-born* in verse 18 with the term *pre-eminent*, it would fit perfectly in the context. However, if we replaced it with *first created*, it would not fit in that context.

Another verse the Witnesses use to show Jesus was created is Revelation 3:14, "And to the angel of Laodicea write: 'The Amen, the faithful and true witness, the Beginning of the creation of God....'" Here the faithful witness is Jesus and He is called, "The Beginning of the creation."

The Greek word for beginning is *arche*, which is used in many ways. It is used to mean "origin or source of, or ruler," but not first creation. Turn with the Witness to Revelation 21:6. In these two verses, Jehovah calls Himself the beginning. Does that mean Jehovah was created? No. Therefore, the Witnesses use of the term *beginning*, is incorrect.

Jesus was never created. John 1:1 states, "In the beginning was the Word" Jesus was with God from eternity past; Jesus has no beginning because He is the eternal God.

## **Is Jesus Inferior to God?**

Is Jesus inferior to God? Another way the Witnesses try to disprove the deity of Christ is to show that Christ is inferior in nature to God. The verses they use here are John 14:28 and 1 Corinthians 11:3.

John 14:28 reads, "You heard that I said to you, 'I go away, and I will come to you.' If you loved Me, you would have rejoiced because I go to the Father; for the Father is greater

than I.” They will ask you, “How can Jesus be equal to God if here He states ‘the Father is greater than I’?”

The term *greater* refers to position, not nature. The term *better* refers to nature. Here is a good example I use in illustrating this passage. The President is greater than you or I, correct? Yes, as Chief Executive Officer of the United States he is greater than you or I. The Jehovah’s Witness will agree. But, is the President *better* than you or I? What I mean is, is there anything about the President that makes him a superior being to you or me? No.

You see, *greater* refers to position, not nature. We see in Philippians 2:6-8, that Christ though He was in the form of God, did not consider equality with God a thing to be grasped but emptied Himself and submitted Himself to the Father and took on the form of a servant. Though Jesus emptied Himself, He was always in nature God and equal to the Father in nature. If Jesus wanted to say He was inferior to God in nature, He would have said, “The Father is better than I.”

Here is an example of the use of the term *better* in Hebrews 1:4 (NAS); it says speaking of Jesus, “having become as much better than the angels, as He has inherited a more excellent name than they.” The NI V reads, “So he became as much superior to the angels....” Here we see that Jesus is a being superior to the angels, so the term *better*, is used. Remember, in explaining this verse, the term *greater* refers to position, not nature.

Another verse the Witnesses will use is 1 Corinthians 11:3, “But I would have you know, that the head of every man is Christ; and the head of the woman is the man; and the head of Christ is God.” Here they say since the head of Christ is God, Jesus must be inferior to God.

Once again you use the same concept of equal in nature, but Christ submitted Himself to the Father. Here the principle of

headship and submission established by God is displayed both in marriage and in the Trinity. Now show the Jehovah's Witnesses that in this passage, the head of the woman is man. "Does this mean that the husband is a superior being to his wife?" The answer is obviously, "No." The husband is greater than his wife by way of position but not by nature. The same applies to the Father and the Son. The Father is greater by position, but not better by nature.

Remember when you're Witnessing, you are not there to win an argument, but to show them the error of their ways in a loving and Christ-like manner, but also you are not to be afraid to boldly defend the faith.

## **Proving the Deity of Christ**

One of the best defenses is a good offense. When defending the Trinity to Witnesses, take charge of the conversation. Don't let the Witnesses run you in circles. You pick the topic and keep them on the topic you choose, instead of having them ask you all the questions, you have some questions ready for them to answer.

The best way to do this, when they appear at your doorstep, is ask them, "What organization are you with?" They will reply, "We are Jehovah's Witnesses." Then ask them, "Whom do you say is the God of the Apostles?" They will reply, "Jehovah." You then reply, "How do you explain the fact that Jesus is the God of the Apostles?" They will be surprised and say, "No, that's not true, where do you find that?" Here you have taken over the conversation. Now, stay in charge of the conversation and don't let them break off on another tangent.

Next, you turn to the first text John 20:28, where Thomas, after seeing the resurrected Lord, proclaims to Jesus, "My Lord and My God." Here, Thomas calls Jesus *God*. The Witnesses have two responses to this. One, they may say, "Well, Thomas was so surprised at seeing Jesus that he shouted, 'My Lord and

My God,' in surprise just as we shout, 'Oh, my God,' when we're surprised." There's a problem with that. Thomas was a devout Jew and never would have shouted "my God" in surprise for that would be blasphemy for a Jew. A second response they have is, Thomas looked at Jesus and said, "My Lord," then looked to heaven and said, "My God." There's a problem with that too because the context does not say that. If you look at the passage, Thomas says, "My Lord and My God" to Jesus. So Thomas saw clearly that Jesus was God.

The next verse to turn them to is John 1:1. Now here the Witnesses will think you're falling into their trap for they have a different translation. Their translation says, "In the beginning was the Word and the Word was with God and the Word was **a** god."

Well, the first thing to do is to show them that *both* translations can't be right. Someone is wrong. Ask them, "If we were to go to the local library here, we would find over thirty translations of the Bible. How many would translate it your way?" The truth is only one would, theirs. Then ask them, "Are you willing to say all the translators for the past centuries have been wrong and only yours is correct?" If they're honest, they'll think about it. Others will say, "Yes, ours is the only true translation."

It is then you say, "Let's say your translation is correct and mine is wrong, you still have a problem. How many gods do you have in that verse?" Then you take their Bible and count the number of gods with them. Say, "Well, here is one God with a capital **G**, what kind of god is He?" They'll say, "A true god." Then you go on and say, "Here's another god with a small **g**, what kind of god is He?" They must say, "a true god." Then you ask them, "How many gods do you have?" This is where they get stuck for they must either say two gods and be polytheists or deny their translation. These are two great verses to use when witnessing to Jehovah's Witnesses.

# The Alpha and the Omega

As I have witnessed to many Jehovah's Witnesses, I have found some verses that work most effectively in proving the deity of Christ. Here are two of my favorite combination of verses.

The first verse is Revelation 1:8. I am reading from the Jehovah's Witness Bible, and it reads, "I am the Alpha and the Omega," says Jehovah God. Ask the Witness, "What does Alpha and Omega mean?" They'll reply, "The beginning and the end." Then ask them, "How many Alphas and Omegas can you have?" They'll answer, "Only one." Make sure you get this point across, there is only one Alpha and Omega.

Then turn to Revelation 22:12-13 which says, "Look I am coming quickly, and the reward I give is with me...I am the Alpha and the Omega, the first and the last, the beginning and the end." Ask the Witnesses, "Who do you say the Alpha and Omega is?" They will say, "Jehovah." Now take a careful look. The Alpha and Omega in verse twelve is coming quickly. Let's see who is speaking in verse twelve.

Look at verse sixteen, "I Jesus, sent my angel to bear witness to you people of these things for the congregations. I am the root and the offspring of David, the bright morning star." It is Jesus speaking in verse twelve. If there is any doubt go to verse 20 which says, "He that bears witness of these things says, 'Yes; I am coming quickly' Amen come Lord Jesus." So it is clear that the Alpha and the Omega in verse twelve is Jesus. Here is a strong proof text that Jesus is God because both Jehovah and Jesus are called the Alpha and the Omega.

Another pair of verses that are effective when used together are Isaiah 44:6 and Revelation 1:17-18. Isaiah 44:6 says, "This is what Jehovah has said, 'The king of Israel and the Repurchaser of him, Jehovah of armies, I am the first and I am the last.'" Ask the Witnesses how many firsts and lasts can you have? It's obvious to anyone you can only have one first

and one last. Ask them, "Who is the first and the last?" They will say, "Jehovah." Now turn to Revelation 1:17-18 which says, "Do not be fearful; I am the First and the Last, and the living one; and I became dead but look! I am living forever." Who is speaking here? Obviously, it is Jesus for He died but is now alive, and guess what? He is called the First and the Last. Here again we see Jesus is God.

These are my favorite verses, and I have never had Witnesses refute these arguments. Remember, the Witnesses at your door won't convert right then and there. The key is to get them to start thinking and questioning the organization, and down the road, maybe in several years, they will seek answers and that will lead them out of the organization. Don't give up or be discouraged when sharing with Witnesses. Though they may be rude and show no signs that they are thinking, the Word of God is powerful and is working in their hearts even if we can't see it.

Remember Dr. Walter Martin (author of *Kingdom of the Cults*) went fifteen years without a convert, but he never gave up. Today we know of hundreds he pulled out of the organization. Continue to study the Word, and God bless you as you defend the faith.

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## **Why Wait Till Marriage? – A**

# Christian Perspective

*Jimmy Williams and Jerry Solomon take a biblical worldview look at the question of premarital sex or fornication. They clearly show that regardless of the dominant teaching of the culture, the Bible describes the role of sex as far deeper in meaning and impact than simple physical intercourse.*

Crucial moral battles are being fought in our culture. Nowhere is this seen more vividly than in the present sexual attitudes and behaviors of Americans. The average young person experiences many pressures in the formation of personal sexual standards and behavior.

The fact that some standard must be chosen cannot be ignored. Sex is here to stay, and it remains a very basic force in our lives. We cannot ignore its presence any more than we can ignore other ordinary human drives.

This essay explores contemporary sexual perspectives within a biblical framework. Each of us needs to think through the implications of sexual alternatives and choose a personal sexual ethic based on intellectual and Christian factors, not merely biological, emotional, or social ones.

## Sex and Love

Before we begin our survey of various perspectives, we need to face squarely the relationship of the physical act of sexual intercourse to the more intangible aspects of a meaningful relationship between two human beings.

Is having sex really making love? Modern case studies, psychological insights, church teachings, and biblical premises all seem to suggest not. As psychoanalyst Erich Fromm puts it, "To love a person productively implies to care and to feel responsible for his life, not only for his physical powers but for the growth and development of all his human



powers.”[\[1\]](#)

If sex is merely a physical thing, then masturbation or other forms of autoeroticism should provide true and complete sexual satisfaction. Such is not the case. Alternatives to normal sexual intercourse may satisfy physically, but not emotionally. Meaningful sexual activity involves the physical union of a man and a woman in a relationship of mutual caring and intimacy.

Every normal person has the physical desire for sexual activity accompanied with a desire to know and be known, to love and be loved. Both desires make up the real quest for intimacy in a relationship; sexual intercourse represents only one ingredient that allows us to experience true intimacy.

A maximum sexual relationship exists where mutual communication, understanding, affection, and trust have formed, and two people have lastingly committed themselves to each other in a permanent relationship. The more of these qualities that are present, the deeper the intimacy and the more meaningful the relationship. It becomes more valuable as time passes because it is one of a kind—unique. To spread the intimacy around through a variety of sexual liaisons destroys the accumulated value of the previous relationship(s) and dilutes and scatters (in little doses to a number of people) what one has to give.

A real challenge faces young people today. Given the choice between hamburger at five o'clock or filet mignon at seven-thirty, are there any good reasons to forego the hamburger and wait for the filet? Why not both? Why not take the hamburger now **and** the filet later?

The latter attitude is precisely the rationale of those who encourage sexual activity outside of marriage. But it is not possible to have both without encountering problems later. Too many hamburgers ruin one's taste and appreciation for filet

and tend to turn filet into hamburger as well!

## Contemporary Arguments for Premarital Sex

Now we will begin to consider the arguments that are presented to justify sexual activity before and outside of marriage. We will analyze the arguments briefly and explore the general implications of each rationale so that **you can decide** which will provide the best path for your future.

### Biological Argument

Perhaps the most common reason used to justify premarital sexual activity is that the sex drive is a basic biological one. The argument is as old as the Bible, where Paul states in 1 Corinthians 6:13, "Food is for the stomach and the stomach is for food." The Corinthians were using the biological argument to justify their immorality, but Paul explained that the analogy to the sex appetite was (and is) fallacious. Humans cannot live without food, air, or water. But we can live without sex.

Nature says several things on this point. First, God has built into the natural world a mechanism for sexual release: nocturnal emissions, or orgasmic release during dreams. Second, nature rejects human promiscuity, as the growing problem of sexually-transmitted diseases makes abundantly clear.

Couples who confine sex to their marriage partners face no such danger from disease. Further, we can safely conclude that abstinence does not impair one's health. Sociologist Robert Bell quips, "There appear to be no records of males hospitalized because girls refused to provide sexual outlets."

[\[2\]](#)

While recognizing that human beings share many common characteristics with animals, we do not find comparable sexual behavioral patterns in the animal world. Human sexuality is

unique in that it *includes*, but *transcends*, physical reproductive elements. It reaches an intimacy unknown among animals. Humans are different from animals.

## Statistical Argument

A second popular argument reasons that everyone is doing it. First, we must categorically emphasize that this is not a true statement. A recent study (1991) of college freshmen shows that "about two-thirds of men (66.3 percent) and slightly more than one-third of the women (37.9 percent) support the idea of sex between people who have known each other only for a short time."[\[3\]](#) As sobering as such statistics may be, they obviously indicate that not everyone is sexually active.

Further, **statistics** do not establish moral values. Is something right because it happens frequently or because many people believe it? A primitive tribe may have a 100 percent majority consensus that cannibalism is right! Does that make it right? A majority can be wrong. If a **society** sets the standards, those standards are subject to change with the whim and will of the majority. In one generation slavery may be right and abortion wrong, as in early nineteenth-century America; but in another generation, abortion is in and slavery is out, as today.

There are enough young people in any school or community who prefer to wait until marriage that the young person who wants to wait has plenty of company. Each person must decide where he or she wants to be in a given statistical analysis of current sexual mores and behavior.

## Proof of Love

A third argument suggests that sexual activity tests or provides proof of love. Supposedly, it symbolizes how much the other cares. One therefore exerts pressure on the more reluctant partner to demonstrate a certain level of care. Reluctant partners succumbing to this pressure often do so

with an underlying hope that it will somehow cement the relationship and discourage the other partner from searching elsewhere for a less hesitant friend.

Any person who insists on making sex the ultimate proof of a genuine relationship isn't saying "I love you," but rather "I love it." True love concerns itself with the well-being of the other person and would not interpret sexual hesitation in such a selfish way. Furthermore, the person adopting this practice develops a pattern of demonstrating love by purely sexual responsiveness. Ultimately he or she enters marriage with something of a distortion as to what real intimacy means, to say nothing of having to deal with the memories of previous loves. Some behaviors are irreversible, and this process is like trying to unscramble an egg. Once it's done, it's done.

The broader perspective sees sex as an integral and important part of a meaningful relationship but not the totality of it. Remembering this will help any individual to make the right decision to refrain from sexual involvement if a potential partner puts on the pressure to make sex the test of a meaningful relationship.

## **Psychological Argument**

The psychological argument is also a popular one and is closely tied to the biological argument previously discussed. Here's the question: Is sexual restraint bad for you?

Sublimating one's sex drive is not unhealthy. In sublimation the processes of sexual and aggressive energy are displaced by nonsexual and nondestructive goals.

But guilt, unlike sublimation, can produce devastating results in human behavior. It is anger turned inward, producing depression, a lowered self-esteem, and fatigue. Further, chastity and virginity contribute very little to sexual problems. Unsatisfying relationships, guilt, hostility toward the opposite sex, and low self-esteem do. In short, there are

no scars where there have been no wounds.

In this hedonistic society, some persons need no further justification for sexual activity beyond the fact that it's fun. "If it feels good, do it!" says the bumper sticker. But the fun syndrome forces us to sacrifice the permanent on the altar of the immediate.

The sex act itself is no guarantee of fun. Initial sex experiences outside of marriage are often disappointing because of high anxiety and guilt levels. Fear of discovery, haste, and lack of commitment and communication all combine to spoil some of the fun. Further, there is no way to avoid the exploitation of someone in the relationship if it's just for fun. Sometimes one person's pleasure is another's pain. No one likes to be or feel used.

Marilyn Monroe was a sex symbol for millions. She said, "People took a lot for granted; not only could they be friendly, but they could suddenly get overly friendly and expect an awful lot for a very little." [\[4\]](#) She felt used. She died naked and alone, with an empty bottle of sleeping pills beside a silent telephone. Was the fame and fun worth it? Evidently she thought not.

## **Experiential Argument**

This perspective emphasizes a desire on the part of an individual not to appear like a sexual novice on the wedding night. One answer to this is to have enough sexual experience prior to marriage so that one brings practice, not theory to the initial sexual encounter in marriage. But the body was designed to perform sexually and will do so given the opportunity.

This is not to say that sexual skill cannot be gained through experience. It is to say that every skill acquired by humans must have a beginning point. If the idea of two virgins on their wedding night brings amusement to our minds instead of

admiration, it is actually a sad commentary on how far we have slipped as individuals and as a culture.

It must be emphasized again that healthy sexual adjustment depends much more on communication than technique. World-famous sex therapists Masters and Johnson found

Nothing good is going to happen in bed between a husband and wife unless good things have been happening between them before they go into bed. There is no way for a good sexual technique to remedy a poor emotional relationship.[\[5\]](#)

In other words, a deeply-committed couple with **no** sexual experience is far ahead of a sexually-experienced couple with shallow and tentative commitment, as far as the marriage's future sexual success is concerned.

## **Compatibility Argument**

A corollary to the experiential argument is the one of compatibility. The idea is, How will I know if the shoe fits unless first I try it on? A foot stays about the same size, but the human sex organs are wonderfully stretchable and adaptable. A woman's vagina can enlarge to accommodate the birth of a baby or to fit a male organ of any size. Physical compatibility is 99 percent guaranteed, and the other 1 percent can become so with medical consultation and assistance.

Of greater importance is to test person-to-person compatibility. Sexual dysfunction in young people is usually psychologically based. Building bridges of love and mutual care in the non-physical facets of the relationship are the sure roads to a honeymoon that can last a lifetime.

## **Contraceptive Argument**

The contraceptive argument supposedly takes the fear of pregnancy out of sexual activity and gives moderns a virtual green light. Actually, the light is at most pale green and

perhaps only yellow. The simple fact is that pregnancy (along with sexually-transmitted diseases) remains a possibility.

Beyond the question of contraceptive use is the entire area of unwanted children. There are no good alternatives for children born out of wedlock. Do we have the right to deprive children of life or a secure family setting and loving parents to supply their basic needs? Ironically, even severely battered children choose to be with their parents over other alternatives. Parental love and security are highly prized.

Sexual intimacy between a man and a woman is not exclusively their private affair. Sexual intercourse must take place with a view toward facing the consequences. The time of moral decision in sexual matters comes before one decides to have sex with someone, not later when unforeseen circumstances take things the wrong way.

## **Marital Argument**

Perhaps the most prominent argument for premarital sex among Christians is the marital argument, which says, "We are in love and plan to marry soon. Why should we wait?"

Dr. Howard Hendricks, an authority on the family, comments that the best way to mortgage your marriage is to play around at the door of marriage.<sup>[6]</sup> Loss of respect and intensity of feelings may occur, as well as guilt and dissatisfaction. Restraint for a time adds excitement to the relationship and makes the honeymoon something very special, not a continuation of already-established patterns. Some couples also see little value in a public declaration of marital intent. Or they may think the formality of a wedding is the equivalent of dogma. Those who prefer no public declaration but rather seek anonymity may be saying something about the depth (or lack thereof) of their commitment to one another. Do they have their fingers crossed?

Contemporary studies indicate that the marital argument is not

sound. Of 100 couples who cohabit, 40 break up before they marry. Of the 60 who marry, 45 divorce—leaving only 15 of 100 with a lasting marriage. Thus, cohabitation has two negative effects: it sharply reduces the number who marry, and dramatically increases the divorce rate of those who do.[\[7\]](#)

Engaged couples, according to Paul in 1 Corinthians 7:36-37, should either control their sexual drives or marry. Intercourse, then, is not proper for engaged couples. They should either keep their emotions in check or marry.

## Conclusion

We have examined some of the major arguments used to justify premarital sex. If these are the strongest defenses of sex outside of marriage, the case is weak. Our brief trek through the wilderness of contemporary sexual ideas has led to some virtual dead ends.

There are good reasons to make a commitment to limit our sexual experience to a time when the sex act can be reinforced in a context of permanent love and care. From this perspective, virginity is not viewed as something that must be eliminated as soon as possible, but as a gift to treasure and save for a special and unique person.

The biblical standard that puts sex within the fidelity and security of marriage is the most responsible code that has ever been developed. You are justified in following it without apology as the best standard for protecting human, moral, and Christian values that has been devised.

Some reading this may have already had sexual experience outside of marriage. The data we have discussed is not intended to condemn or produce guilt.

The good news is that Jesus Christ came for the expressed purpose of forgiving our sins, sexual and all other. Jesus, who is the same yesterday, today, and forever, will forgive



us. The real question now is, What shall we do with the future? Christ can cleanse the past, but He expects us to respond to the light He gives us. Hopefully this discussion will help you strengthen your convictions with regard to sexual decisions and behavior in the days ahead. As the adage says, today is the first day of the rest of your life.

## Notes

1. Erich Fromm, *The Art of Loving*. (New York: Harper & Row, 1956).
2. Robert R. Bell, *Premarital Sex in a Changing Society*. (Englewood Cliffs, New Jersey: Prentice Hall, 1966) p. 150.
3. [Editor's note] We believe this data is from the American Freshman annual study, but unfortunately neither of the authors is able to verify the source.
4. Evelyn M. Duvall, *Why Wait Till Marriage?* (New York: Association Press, 1965, p. 38.
5. William H. Masters and Virginia E. Johnson, *The Pleasure Bond* (New York: Bantam Books, 1976), pp. 113-14).
6. Howard Hendricks, lecture at Dallas Theological Seminary. "Christian Home Course," 1978.
7. See Kerby Anderson's article "Cohabitation" at [Probe.org/cohabitation](http://Probe.org/cohabitation).

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# Safe Sex and the Facts – A Christian Perspective

*Dr. Ray Bohlin provides a look at the many problems surrounding the idea of safe sex from a Christian, biblical worldview perspective as well as a scientific perspective. He*

*provides a sound argument for supporting the Christian view of sex being reserved for the marriage relationship.*



*This article is also available in [Spanish](#).*

At age 16 John had sex with Andrea. Just one time. He enjoyed the experience but felt guilty and decided the risk of sexually transmitted diseases (STDs) and pregnancy were just too great. He did not have sex again until nine years later when he married Cindy, who was a virgin. Three months after their wedding Cindy began having painful symptoms. Unknowingly John, who had never had any symptoms of disease, had brought two STDs into his marriage. But John and Cindy were lucky; they both responded to treatment and are healthy today. Many others, however, are not so fortunate. Today STDs are at unprecedented and epidemic proportions. Thirty years of the sexual revolution is paying an ugly dividend, and those most at risk are teenagers. This is true partially because teenagers are more sexually active than ever before, but also because teenage girls are more susceptible to STDs than males or adult females.

While a few STDs can be transmitted apart from sex acts, all are transmissible by the exchange of bodily fluids during intimate sexual contact. I want to discuss the severity of the problem as well as what must be done if we are to save a majority of the next generation from the shame, infertility, and sometimes death, that may result from STDs.

If you are not aware of some of the following statistics, then prepare to fasten your seat belt because what I have to report is not pretty. The information I am about to share is from data gathered by the Medical Institute for Sexual Health in Austin, Texas.(1) All of these statistics are readily available from reputable medical and scientific journals.

Today, there are approximately 25 STDs. A few can be fatal. Some are relatively harmless, but all are humiliating. Many

women are living in fear of what their future may hold as a result of STD infection. It is estimated that 1 in 5 Americans between the ages of 15 and 55 are currently infected with one or more viral STDs, and 12 million Americans are newly infected each year. That's nearly 5% of the entire population of the U.S.! Of these new infections, 63% involve people less than 25 years old.

This epidemic is a recent phenomenon. Some young people have parents who may have had multiple sexual partners with relative impunity and conclude that they too are safe from disease. However, most of these diseases were not around 20 to 30 years ago. Prior to 1960, there were only two prevalent sexually transmitted diseases: syphilis and gonorrhea. Both were easily treatable with antibiotics.

In the sixties and seventies this relatively stable situation began to change. For example, in 1976, chlamydia first appeared in increasing numbers in the U.S. Chlamydia, particularly dangerous to women, is now the most common bacterial STD in the country. In 1981, human immuno-deficiency virus (HIV), the virus which causes AIDS, was identified. By early 1993, between 1 and 2 million Americans were infected with HIV or AIDS, over 12 million were infected worldwide, and over 160,000 had died in the U.S. alone. Then herpes was added to the mix. This STD now infects 30 million people.

In 1985, human papilloma virus (HPV) began a dramatic increase. This virus can result in venereal warts and will often lead to deadly cancers.

By 1990, penicillin-resistant strains of gonorrhea were present in all fifty states, and by 1992 syphilis was at a 40-year high. As of 1993, pelvic inflammatory disease (PID), which is almost always caused by gonorrhea or chlamydia, was affecting 1 million new women each year. This includes 16,000 to 20,000 teenagers. This infection can result in pelvic pain and infertility and is the leading cause of hospitalization

for women between the ages of 15 and 55, apart from pregnancy.

Pelvic inflammatory disease can result in scarred fallopian tubes which block passage of a fertilized egg. The fertilized egg, therefore, cannot pass on to the uterus, and the growing embryo will cause the tube to rupture. From 1960 to 1990 there was a 400% increase in tubal pregnancies, most of which were caused by STDs. Making matters even worse is the fact that 80% of those infected with an STD don't know it and will unwittingly infect their next sexual partner.

## **The Medical Facts of STDs**

Syphilis is a terrible infection. In its first stage, the infected individual may be lulled into thinking there is little wrong since the small sore will disappear in 2 to 8 weeks. The second and third stages are progressively worse and can eventually lead to brain, heart, and blood vessel damage if not diagnosed and treated. The saddest part is that syphilis is 100% curable with penicillin, yet there is now more syphilis than in the late 1940s, and it is spreading rapidly.

Chlamydia, a disease which only became common in the mid-1980s, infects 20 to 40% of some sexually active groups including teenagers. In men, chlamydia can cause infertile sperm, a condition reversible with antibiotics. In women, however, the infection is devastating. An acute chlamydia infection in women will result in pain, fever, and damage to female organs. A silent infection can damage a woman's fallopian tubes without her ever knowing it. A single episode of chlamydia PID can result in a 25% chance of infertility. With a second infection, the chance of infertility rises to 50%. This is double the risk of gonorrhea.

Treatment with antibiotics is not always successful. One study reported that 18% showed a recurrence of infection within 3 weeks. As many as 14% of teenagers do not respond to

treatment, and ultimately require a hysterectomy. It is an overwhelming burden for an 18- or 19-year- old girl to have to face the fact that she will never be able to bear a single child.

The human papilloma virus (HPV) is an extremely common STD. One study reported that at the University of California, Berkeley, 46% of the sexually active coeds were infected with HPV. Another study reported that 38% of the sexually active females between the ages of 13 and 21 were infected.

HPV is the major cause of venereal warts which are extremely difficult to treat and may require expensive procedures such as laser surgery. HPV can result in pre-cancer or cancer of the genitalia. By causing cancer of the cervix, this virus is presently killing more women in this country than AIDS, or over 4,600 women in 1991. HPV can also result in painful intercourse for years after infection even though other visible signs of disease have disappeared.

And of course there is the human immunodeficiency virus, or HIV, the virus that causes AIDS. The first few cases of AIDS were only discovered in 1981; now, in the U.S. alone, there are between 1 and 2 million infected with this disease. As far as we know, all of these people will die in the next ten to fifteen years. As of early 1993, approximately 160,000 had already died.

In 1991 a non-random study at the University of Texas at Austin showed that 1 in 100 students who had blood drawn for any reason at the university health center was HIV infected.

While the progress of the disease is slow for many people, all who have it will be infected for the rest of their lives. There is no cure, and many research-ers are beginning to despair of ever coming up with a cure or even a vaccine (as was eventually done with polio). In 1992, 1 in 75 men was infected with HIV and 1 in 700 women. But the number of women

with AIDS is growing. In the early years of the epidemic less than 2% of the AIDS cases were women. Now the percentage is 12%.

## **Teenagers Face Greater Risks from STDs**

One of the statistics I have mentioned is that teenagers are particularly susceptible to STDs. This fact is alarming since more teens are sexually active today than ever before. An entire generation is at risk, and the saddest part about it is that most of them are unaware of the dangers they face. Teenagers must be given the correct information to help them realize that saving themselves sexually until marriage is the only sure way to stay healthy.

The medical reasons for teens' high susceptibility to STDs relates specifically to females. The cervix of a teen-age girl has a lining (ectropion) which produces mucus that is a great growth medium for viruses and bacteria. As a girl reaches her 20s or has a baby, this lining is replaced with a tougher, more resistant lining. Also during the first two years of menstruation, 50% of the periods occur without ovulation. This will produce a more liquid mucus which also grows bacteria and viruses very well. A 15-year-old girl has a 1-in-8 chance of developing pelvic inflammatory disease simply by having sex, whereas a 24-year-old woman has only a 1-in-80 chance in the same situation.

Teenagers do not always respond to antibiotic treatment for pelvic inflammatory disease, and occasionally such teenage girls require a hysterectomy. Infertility is an increasing problem in our society. It is estimated that one-fourth to one-third of all female infertility in marriage is a result of STDs.

Teenagers are also more susceptible to human papilloma virus, HPV. Rates of HPV infection in teenagers can be as high as 40%, whereas in the adult population, the rate is less than

15%. Teenagers are also more likely to develop precancerous growths as a result of HPV infection than adults. These precancerous growths in teenagers are also more likely to develop into invasive cancer than in adults.

Apart from the increased risk from STDs in teens, teen-age pregnancy is also at unprecedented levels. In 1985 there were over 1 million teen-age pregnancies; 400,000 of these ended in abortion. Abortion is not a healthy procedure for anyone to undergo, but this is especially true for a teenager. Not getting pregnant to begin with is far better. Oral contraceptives are not as effective with teenagers, mainly because teens are more apt to forget to take the pill. Over a one-year period, as many as 9 to 18% of teenage girls using oral contraceptives become pregnant.

Finally, when teenagers start having sex earlier in life, they are much more likely to have multiple sexual partners, a behavior that puts them at greater risk for STD. When teenagers become sexually active before they are 18 years of age, 75% of them will have more than 2 partners and 45% of them will have 4 or more partners. If sexual activity begins after the 19th birthday, only 20% will have 2 or more partners and only 1% will have 4 or more partners. (These statistics were reported by the Centers for Disease Control after interviewing people in their 20s.)

## **Is Safe Sex Really the Answer?**

I must now take a hard look at the message of safe sex which is being taught to teens at school and through the media.

Some people believe that if teens can be taught how to use contraception and condoms effectively, rates of pregnancy and STD infection will be reduced dramatically. But common sense and statistics tell us otherwise. At Rutgers University, the rates of infection of students with STD varied little with the form of contraception used. For example, 35 to 44% of the

sexually active students were infected with one or more STDs whether they used no contraceptive, oral contraceptive, the diaphragm, or condoms. It is significant to note that condoms, the hero of the safe sex message, provided virtually no protection from STDs.

Will condoms prevent HIV infection, the virus that causes AIDS? While it is better than nothing, the bottom line is that condoms cannot be trusted. A study from Florida looked at couples in which one partner was HIV positive and the other was negative. They used condoms as protection during intercourse. After 18 months, 17% of the previously uninfected partners were HIV positive. That is a one-in-six chance, the same as in Russian roulette.

Condoms do not even provide 100% protection for the purpose for which they were designed: prevention of pregnancy. One study from the School of Medicine Family Planning Clinic at the University of Pennsylvania reported that 25% of patients using condoms as birth control conceived over a one-year period. Other studies indicate that the rate of accidental pregnancy from condom-protected intercourse is around 15% with married couples and 36% for unmarried couples.

Condoms are inherently untrustworthy. The FDA allows as many as one in 250 to be defective. Condoms are often stored and shipped at unsafe temperatures which weakens the integrity of the latex rubber causing breaks and ruptures. Condoms will break 8% of the time and slip off 7% of the time. There are just so many pitfalls in condom use that you just can't expect immature teenagers to use them properly. And even if they do, they are still at risk.

Studies are beginning to show that school-based sex education that includes condom use as the central message, does not work. A study in a major pediatric journal concluded that the available evidence indicates that there is little or no effect from school-based sex- education on sexual activity,



contraception, or teenage pregnancy.(2) This study evaluated programs that emphasized condoms. In addition, programs that emphasize condoms tend to give a false sense of security to sexually active students and make those students who are not having sex feel abnormal.

The list of damages from unmarried adolescent sexual activity is long indeed. Apart from the threat to physical health and fertility, there is damage to family relationships, self-confidence and emotional health, spiritual health, and future economic opportunities due to unplanned pregnancy. Condom-based sex- education does not work.

## **Saving Sex for Marriage is the Common Sense Solution.**

The epidemic of sexually transmitted diseases is running rampant in this country and around the world. Diseases such as chlamydia, human papilloma virus, herpes, hepatitis B, trichomonas, pelvic inflammatory disease, and AIDS have joined syphilis and gonorrhea in just the last 30 years. There is no question that the fruits of the sexual revolution have been devastating. I have also shown how our teen-agers are at a greater risk for sexually transmitted diseases than are adults and that sex-education based on condom use is ineffective and misleading. There is only one message that offers health, hope, and joy to today's teenagers. We need to teach single people to save intercourse for marriage.

Sex is a wonderful gift, but if uncontrolled, it has a great capacity for evil as well as good. Our bodies were not made to have multiple sex partners. Almost all risk of STD and out-of-wedlock pregnancy can be avoided by saving intercourse for marriage. And it can be done.

Statistics show clearly that in schools that teach a sex education program that emphasizes saving intercourse for marriage, the teen pregnancy rate drops dramatically in as

little as one year. In San Marcos, California, a high school used a federally funded program ("Teen Aid") which emphasizes saving intercourse until marriage. Before using the program there were 147 pregnancies out of 600 girls. Within two years, the number of pregnancies plummeted to 20 out of 600 girls.(3) As of 1992, San Marcos was still using this program and was still satisfied with it. In Jessup Georgia, upon instituting the "Sex Respect" program, the number of pregnancies out of 340 female students dropped from 17 to 13 to 11 to 3 in successive years.

Delaying intercourse until teens are older is not a naive proposal. Over 50% of the females and 40% of the males between 15 and 19 have not had intercourse. They are living proof that teens can control their sexual desires. Of those who had at least one sexual experience, 20% had sex in the past but were not currently sexually active. Therefore, a minority of students are sexually active.

Condom-based sex-education programs basically teach teen-agers that they cannot control their sexual desires, and that they must use condoms to protect themselves. It is not a big leap from people being unable to control their sexual desires to being unable to control their hate, greed, anger, and prejudice. This is not the right message for our teenagers!

Teenagers are willing to discipline themselves for things they want and desire and are convinced are beneficial. Girls get up early for drill team practice. Boys train in the off-season with weights to get stronger for athletic competition. Our teens can be disciplined in their sexual lives if they have the right information to make logical choices.

Saving sex for marriage is the common sense solution. In fact, it is the only solution. We don't hesitate to tell our kids not to use drugs or marijuana, and most do not. We tell our kids it's unhealthy to smoke, and most do not.

It is normal and healthy not to have sex until marriage. STDs are so common that it is not an exaggeration to say that most people who regularly have sex outside of marriage will contract a sexually transmitted disease. Our sexuality should blossom within the confines of a mutually faithful monogamous relationship. We need to reeducate our kids not just in what is healthy, but in what is right.

## **Notes**

1. Medical Institute for Sexual Health, P.O. Box 4919, Austin, TX 78765.
2. I.W. Stout, et al., *Pediatrics*, 1989, 83:376-79.
3. Joe S. McIlhaney, Jr., *Safe Sex* (Grand Rapids, Mich.: Baker Book House, 1991), p. 86.

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