Confucius – A Christian Perspective

Dr. Patrick Zukeran considers the teachings of the greatest Eastern philosopher from a Christian perspective, analyzing their commonalities and differences.

 *This article is also available in Spanish.*

The Life of Confucius

Born in 550 B.C., Confucius is considered the greatest of all Eastern philosophers. His teachings are foundational to Asian cultures. His writings, *The Five Classics,* a collection of ancient Chinese literature, and *The Four Books*, a collection of his and his disciples' teachings, were for centuries the standard curriculum for Chinese education.

Confucius' teachings and biography were written many years after his death and were edited by his disciples. Although historians present various accounts of his life, there are some basic facts about which we are reasonably sure. From these basic facts, it is possible to outline the major events of his life.

Confucius lived during the Chou Dynasty (1100 B.C. to 256 B.C.) He was born in northern China in the Lu province into a family of humble circumstances. His father died at a young age. Confucius began studying under the village tutor and, at the age of fifteen, devoted his life to study. He married at twenty but soon divorced his wife and had an aloof relationship with his son and daughter. In his twenties, he became a teacher and gathered a group of loyal disciples.

At this time, the land was divided among feudal lords. The moral and social order was in a state of decay. Confucius

sought a way to restore both cultural and political order. He believed that reform would be accomplished by educating the leaders in the classics and his philosophy. He therefore sought a political position of influence, from which he could implement his principles.

When Confucius was fifty years old, tradition teaches that the Duke of Lu appointed him to a cabinet position. Several historians believe he eventually ascended to higher positions of public office. Due to political disagreements and internal conflicts, he resigned his post at fifty-five and left the province of Lu. He then traveled from state to state for thirteen years, seeking to persuade political leaders to adopt his teachings. Although many lords respected him, no one gave him a position. Discouraged by the lack of response, he devoted his final years to teaching and writing. Before his death in 479 B.C., he expressed his discouragement and disillusionment regarding his career.

However, his disciples were able to gain significant positions in government after his death. They modified his teachings and added their own insights and centuries such that Confucianism later shaped Chinese culture by becoming the official religion of China. The values he espoused of education, family loyalty, work ethic, value of traditions, conformity to traditional standards, honoring of ancestors, and unquestioning obedience to superiors remain entrenched in Asian culture.

There is much to appreciate regarding the life and teachings of Confucius. Christians would agree with his philosophy of ethics, government responsibility, and social conduct on several points. These similarities provide bridges upon which we can build meaningful dialogue with those in East Asian Cultures. These values make East Asian people open to the message of Christ. Despite the similarities in ethics, there are some major differences between Christianity and Confucianism that are important to identify. This work will highlight these differences and provide ways we can

effectively share Christ with those in East Asian cultures.

The Metaphysics of Confucius

Confucianism, as its founder taught, is not a religion in the traditional sense; rather, it is an ethical code. Chinese culture was steeped in the religion of animism, a belief that gods and spirits dwelt in natural formations. Along with an animistic worldview, there was a belief in ancestor worship. The spirits of the dead needed to be honored and cared for by the living family members.

However, Confucius avoided spiritual issues in his teachings. Although he believed in spirits and the supernatural, he did not feel the need to devote extensive efforts in teaching about them. Rather, he was humanistic and rationalistic in his outlook. According to David Noss, author of *A History of the World's Religions*, Confucius' "position on matters of faith was this: whatever seemed contrary to common sense in popular tradition and whatever did not serve any discoverable social purpose, he regarded coldly."{1} The answer to the cultural and social problems was found in humanity itself, not in anything supernatural. This is further exhibited in the following three references:

1) A disciple of Confucius wrote, "The master never talked of prodigies, feats of strength, disorders or spirits"{2}

2) Confucius himself stated, "To devote oneself earnestly to one's duty to humanity, and while respecting the spirits, to keep aloof from them, may be called wisdom."{3}

3) In the Waley translation of the *Analects*, Confucius stated, "Our master's views concerning culture and the outward insignia of goodness, we are permitted to hear; but about man's nature and the ways of heaven, he will not tell us anything at all."{4}

In the Confucian system a divine being does not have a

significant role; his philosophy is man-centered and relies on self-effort. Man is sufficient to attain the ideal character through education, self-effort, and self-reflection. His system articulated the proper conduct in relationships, ceremony, and government. The core problem of mankind according to Confucius is that people are not educated and do not know how to conduct themselves properly in their societal roles. The chief goal of life is to become educated and live a moral life.

However, Confucius acknowledges a supreme power which established the moral order of the universe. This he refers to as the "Mandate of Heaven." The "Mandate of Heaven" may also refer to fate and events occurring in life which are beyond the control of the individual. The just rule and the virtuous man live in accord with this moral order. This is the moral order that lies behind the Confucian ethical system. One must be careful not to violate the will of heaven. Confucius wrote, "He who put himself in the wrong with Heaven has no means of expiation left."{5} Some scholars believe the uses of the term reveals that Confucius was referring at times to a supreme being.{6} After his death, Confucianism evolved, combining with Chinese traditional religions and Buddhism to add a spiritual component.

In contrast, Christianity is God-centered. It is built on a relationship with a personal God who is involved in the world. Confucius focused on life here on this earth. Jesus focused on life in eternity. For Jesus, what happens in eternity has ramifications for life here on earth. In Matthew 6:19 Jesus stated, "Do not store up for yourselves treasures on earth, where moth and rust destroy, and where thieves break in and steal. But store up for yourselves treasure in heaven where moth and rust do not destroy and where thieves do not break in and steal." Here we see a contrast in the perspectives of Jesus and Confucius.

The Ethics of Confucius

Three key principles are emphasized in the teachings of Confucius: the principle of Li, the principle of Jen, and the principle of Chun-Tzu. The term Li has several meanings which are often translated as propriety, reverence, courtesy, ritual, or the ideal standard of conduct. It is what Confucius believed to be the ideal standard of religious, moral, and social conduct.

The second key concept is the principle of Jen. It is the fundamental virtue of Confucian teaching. Jen is the virtue of goodness and benevolence. It is expressed through recognition of value and concern in others regardless of their rank or class. In the *Analects*, Confucius summarizes the principle of Jen in this statement often called the silver rule: "Do not do to others what you would not like them to do to you."{7} Li provides the structure for social interaction; Jen makes it a moral system.

The third important concept is that of Chun-Tzu, the idea of the true gentleman. It is the man who lives by the highest ethical standards. The gentleman displays five virtues: self-respect, generosity, sincerity, persistence, and benevolence.{8} His relationships are described as follows: as a son he is always loyal, as a father he is just and kind, as an official he is loyal and faithful, as a husband he is righteous and just, and as a friend, he is faithful and tactful.{9} If all men lived by the principles of Li and Jen and strove to the character of the true gentlemen, justice, and harmony would rule the empire.

The Christian would find himself in agreement with many of Confucius' ethical principles and virtues. A Christian would also agree with many of the character qualities of the true gentleman and seek to develop those qualities.

What accounts for the similarity in ethics in Confucianism and

other religious systems is that which Paul states in Romans 2: within every man there exists a God-given conscience or natural law that guides our moral conduct. This is because we are created in the image of God, and thus we reflect His character. However, similarity in ethical codes does not mean the religions are the same.

The key difference can be identified by examining the silver rule of Confucius in contrast with the greatest commandment of Christ. Confucian law is summarized by the silver rule; however, Jesus summarizes his teachings this way: "Love the Lord your God with all your heart, with all your soul, and with all your mind. This is the first and greatest commandment. And the second is like it: Love your neighbor as yourself" (Matthew 22:38.) Confucius believed that in order to truly achieve the principles of Li, Jen, and the character of the true gentleman, one must look within oneself. Jesus takes His teaching a step further. All His principles revolve first around a relationship with God. We only truly love our fellow man and live the righteous life God calls us to after our nature is transformed by the work of God's Holy Spirit which comes to indwell all who trust in Christ.

Nature of Man

The Confucian philosophy is built on the foundational belief in the goodness of human nature.{10} The *Analects* state, "The Master said, 'Is goodness indeed so far away? If we really wanted goodness, we should find that it was at our side.'"{11} He further taught that all individuals are capable of attaining the highest virtue. He stated, "Has anyone ever managed to do Good with his whole might even as long as the space of a single day? I think not. Yet I for my part have never seen anyone give up such an attempt because he had not the strength to go on."{12} In other words, all individuals are capable through self-effort to attain the ideal goodness.

Confucian disciple Mencius further develops this stating,

“Man’s nature is naturally good just as water naturally flows downward.”{13} This innate goodness can be developed and actualized through education, self-reflection, and discipline. Study in the six arts, which include ceremony, music, archery, charioteering, writing, and mathematics, develop one’s character.

However, despite man being naturally good, Confucius faced reality honestly. He questioned whether it was possible to ever truly attain to the level of the true gentleman. Confucius stated, “I for my part have never yet seen one who really cared for goodness, nor one who really abhorred wickedness.”{14} He said of himself, “As to being a divine sage or even a good man, far be it from me to make any such claim.”{15} He further stated, “The master said, the ways of the true gentleman are three. I myself have met with success in none of them.”{16} However, if man by nature is good, why can we not attain that which should be natural to us?

The Bible is built on a contrasting view of man. It teaches that man is created in the image of God and was thus originally good. However, because of the fall in Genesis 3, man is now sinful and in rebellion toward God. Therefore, his natural tendency is to disobey the commandments of God, and he is driven to please himself. Paul states in Romans 7:18, “I have the desire to do good, but I cannot carry it out.” As Confucius observed, no man is able to live up to the standards of the “True Gentleman” or God’s commands because man’s nature is sinful and in need of transformation.

According to the Bible, good education is a positive step toward helping man change, but it falls short. Man is in need of a heart transformation. Life transformation occurs when a person enters into a personal relationship with God through His Son Jesus Christ. One’s nature is transformed because God’s Spirit indwells an individual. Although the Christian is not capable of living out the principles of God’s law flawlessly, he is not left to live a holy life on his own

strength. God provides man the indwelling of His Holy Spirit to enable man to live in obedience to God's law.

Relationships

Central to Confucius' teaching are relationships and social roles. There are five great relationships.{17} If these attitudes are practiced, there will be harmony among all:

1. Kindness in the father and obedient devotion in the son

2. Gentility in the eldest brother and humility and respect in the younger

3. Righteous behavior in the husband and obedience in the wife

4. Humane consideration in elders and deference in juniors

5. Benevolence in rulers and loyalty of ministers and subjects

The most important relationship is the family as it is the basic unit of all humanity. Consistent with the pantheistic world view, he did not believe in an individual self or soul. Rather, roles and relationships define a person. The goal of living is to achieve harmony by acting appropriately within those roles and relationships because the harmony of relationships within the family can extend into the life of the community and the world. The way individuals relate to their family members influences how they treat members of the community. This, in turn, affects relationships beyond the community. Thus, harmonious family relationships lead to harmonious relationships in the community. If there is discord in the family, this will likewise carry over into the community.

In the family unit, the father is the key figure. He must be a good example to his sons. It is the son's duty to obey without questioning and honor his father even after his father's death. When the father dies, obedience is then given to the

oldest brother. Confucius stated, “Meng I Tzu asked about the treatment of parents. The Master said, ‘Never disobey! . . . While they are alive, serve them according to ritual. When they die, bury them according to ritual and sacrifice to them according to ritual.’”{18}

Confucius taught that government should be for the people. Feudal lords are to be responsive to the needs of the people they govern. If the rulers lived by the highest principles, the people would then follow, and there would be reform from the greatest to the least. The duty of those in subordinate positions is to be unquestioningly loyal to their superior. Confucius stated, “It is said that if good people work for a country for a hundred years, it is possible to overcome violence and eliminate killing. This saying is indeed true.”{19} Confucius believed that a good society would be achieved through education.

There are points of agreement between Confucius and the Bible. Confucius believed the virtues he espoused are lived out in relationships. The same is true for Christianity; our relationship with God is reflected in our relationships with one another. The truth of the Christian life is lived out in a community, not in isolation. The family is the key social unit, and the father is the leader of the family. However, Christianity takes relationships one step further than Confucius. Not only can we have the five relationships espoused by Confucius, we can also have a personal relationship with God. It is from this connection that our earthly relationships find their greatest meaning.

A Final Critique

There is much in the teachings of Confucius that I have found commendable. His moral values often parallel those taught in the Bible. As previously mentioned, the Bible teaches that we are created in the image of God, and, therefore, we reflect His moral character. His moral law code is embedded on our

hearts (Rom. 2). Most people of Asian descent may not be strict adherents to Confucianism, but they are all influenced by his philosophy. Anyone seeking to serve in Asian cultures would find it worthwhile to read his works. Confucianism is very adaptable and fluid in its structure. That has been a weakness, but it has also a strength of the system since it allows Confucianism to join other inclusive religious systems. There are several significant differences, and, I believe, deficiencies within Confucian philosophy.

First, Confucianism falls short as a comprehensive life view because it fails to address several key issues. The Confucian system does not answer the key questions such as, Why does the universe exist? How do we explain its origin? What is the meaning of mankind's existence in the universe? What happens after death? These are universal questions that must be addressed. Man is a spiritual being, and this philosophy leaves one spiritually void. The Bible teaches that God has set eternity in the heart of men (Eccl. 3:11.) The longing for spiritual answers is a universal need. For this reason, Confucian philosophy eventually combined with Chinese Folk religion and Buddhism. Nonetheless, it still fails to provide complete answers.

Second, Confucius taught there was an overarching morality and will called the "Mandate of Heaven" which guided the universe. The Mandate of Heaven is the moral order established by heaven. Some believe Confucius was referring to an impersonal force; others believe he was referring to a personal being. In either case, Confucius felt the heavens (or the one in heaven) do not communicate with people. Confucius stated, "Heaven does not speak; yet the four seasons run their course thereby, the hundred creatures, each after its kind, are born thereby. Heaven does no speaking!"{20} in contrast, the Bible teaches that we can have a relationship with the one who established the moral order. God is involved with creation and has made the way for a relationship with Him possible through His son

(Jn. 3:16). The creator of all things has communicated with us through His Word and His Son. He also invites us to commune with Him in prayer and intimate fellowship. The imagery of the Shepherd and His sheep found in Psalm 23 and John 10 reflect His desire for a close relationship with us.

Third, Confucius built his philosophy on the belief that man is basically good. However, despite this, Confucius honestly admitted that no one had attained the level of the true gentleman. Confucius stated, "I for my part have never yet seen one who really cared for goodness, nor one who really abhorred wickedness."{21} He said of himself, "…the Ways of the true gentleman are three. I myself have met with success in none of them."{22} If man is good by nature, we must ask why we cannot attain what should be natural to us.

The Bible is built on a contrasting view of man. It teaches that man is created in the image of God but fallen in sin and rebellious toward God. Therefore, his natural tendency is to disobey the commandments of God and please himself. Paul states in Romans 7:18, "I have the desire to do good, but I cannot carry it out." Good education is a positive step toward helping man change, but it falls short. Man is in need of a heart transformation. Life transformation occurs when a person enters into a personal relationship with God and God's Spirit transforms one's nature through the indwelling and enabling power of His Holy Spirit.

Conclusion

Confucius teaches many valuable ethical principles that are consistent with Biblical teaching. This offers Christians a good way to build bridges with many in East Asian cultures. However, the spiritual void in Confucianism is a great weakness; however, it provides a wonderful opportunity to present the case for Christianity.

Christianity offers a comprehensive life view, for it explains

the nature of God, our relationship to Him, the origin of creation, and what happens after death. In Confucian teaching, one cannot communicate with the creator, but in Christianity, the Creator invites us and makes the way possible for a relationship with Him through His Son Jesus. Finally, true transformation of one's nature will not occur through education, but rather through the Holy Spirit indwelling the believer in Christ.

Notes

1. David Noss, *A History of the World's Religions* (Upper Saddle River, NJ: Prentice Hall, 1994), 298.

2. *Analects of Confucius*, trans. Arthur Waley, (New York: Harper Collins Publishers, 1992), 7:20.

3. *Analects* 6:20

4. *Analects* 5:12

5. *Analects* 3:13.

6. Fung Yu-lan, *A History of Chinese Philosophy*, Volume 1 (Princeton, NJ.: Princeton University Press, 1983), 57-8.

7. *Analects* 15:23.

8. *Analects* 17:6.

9. Noss, 297.

10. Stephen Schuhmacher & Gert Woerner, *The Encyclopedia of Eastern Philosophy and Religion* (Boston: Shambhala Publications, 1994), 80.

11. *Analects* 7:9.

12. *Analects* 4:6.

13. Mencius XI:2, trans. David Hinton, (Washington D.C.:

Counterpoint, 1998), 197.

14. *Analects* 4:6

15. *Analects* 7:33.

16. *Analects* 14:30.

17. Noss, 293.

18. *Analects* 2:5.

19. *Analects* 13:11.

20. *Analects* 17:19.

22. *Analects* 4:6.

22. *Analects* 14:30.

Bibliography

Analects of Confucius. Translated by Arthur Waley. New York: Harper Collins Publishers, 1992.

Anderson, Norman*. The World's Religions*. Grand Rapids: Inter-Varsity Press, 1975.

Chung, Tsai. *Confucius Speaks*. New York: Anchor Books, 1996.

Cleary, Thomas. *The Essential Confucius*. San Francisco: Harper Collins Publishers, 1992.

Halverson, Dean. *The Compact Guide to World Religions*. Minneapolis: Bethany House Publishers, 1996.

I Ching. Translator: Richard Wilhelm. New York: Princeton University Press, 1979.

Noss, David. *A History of the World's Religions.* Upper Saddle River, NJ: Prentice Hall, 1994.

Parrinder, Geoffrey. *World Religions*. New York: Facts on File

Publications, 1983.

Schuhmacher, Stephen & Woerner, Gert. *The Encyclopedia of Eastern Philosophy and Religion.* Boston: Shambhala Publications, 1994.

Smith, Jonathan, ed. *Harper Collins Dictionary of Religion.* San Francisco: Harper Collins Publishers, 1995.

Wilson, Epiphanius. *The Wisdom of Confucius*. New York: Avenel Books, 1982.

Yamamoto, Isamu. *Buddhism, Taoism, and Other Eastern Religions.* Grand Rapids, MI.:Zondervan Publishing House, 1998.

Yu-lan, Fung. *A History of Chinese Philosophy, Volume 1*. Princeton, NJ.: Princeton University Press, 1983.

© 2009 Probe Ministries

Buddhism: A Christian Perspective

Dr. Patrick Zukeran gives a brief overview of the basic beliefs of Buddhism, covering the doctrine of salvation, eternal state, the founder, and a comparison to Christianity.

 *This article is also available in Spanish.*

For centuries, Buddhism has been the dominant religion of the Eastern world. With the rise of the Asian population in the United States, Buddhism has had a tremendous impact on this country as well. Presently, there are an estimated 300 million Buddhists in the world and 500 thousand in the United

States.{1} It remains the dominant religion in the state of Hawaii, and many prominent Americans have accepted this religion, including the former governor of California, Jerry Brown,{2} Tina Turner, Phil Jackson (coach of the Los Angeles Lakers), Richard Gere, and Steven Seagal. The Dalai Lama has become a prominent spiritual figure for many throughout the world.

The Origin of Buddhism

Buddhism began as an offspring of Hinduism in the country of India. The founder was Siddhartha Gautama. It is not easy to give an accurate historical account of the life of Gautama since no biography was recorded until five hundred years after his death. Today, much of his life story is clouded in myths and legends which arose after his death. Even the best historians of our day have several different—and even contradictory—accounts of Gautama's life.

Siddhartha Gautama was born in approximately 560 B.C. in northern India. His father, Suddhodana, was the ruler over a district near the Himalayas which is today the country of Nepal. Suddhodana sheltered his son from the outside world and confined him to the palace where he surrounded Gautama with pleasures and wealth.

Despite his father's efforts, however, Gautama one day saw the darker side of life on a trip he took outside the palace walls. He saw four things that forever changed his life: an old man, a sick man, a dead man, and an ascetic. Deeply distressed by the suffering he saw, he decided to leave the luxury of palace life and begin a quest to find the answer to the problem of pain and human suffering.

Gautama left his family and traveled the country seeking wisdom. He studied the Hindu scriptures under Brahmin priests, but became disillusioned with the teachings of Hinduism. He then devoted himself to a life of extreme asceticism in the

jungle. He soon concluded, however, that asceticism did not lead to peace and self-realization but merely weakened the mind and body.

Gautama eventually turned to a life of meditation. While deep in meditation under a fig tree known as the *Bohdi* tree (meaning, “tree of wisdom”), Gautama experienced the highest degree of God-consciousness called *nirvana*. Gautama then became known as *Buddha*, the “enlightened one.” He believed he had found the answers to the questions of pain and suffering. His message now needed to be proclaimed to the whole world.

As he began his teaching ministry, he gained a quick audience with the people of India since many had become disillusioned with Hinduism. By the time of his death at age 80, Buddhism had become a major force in India.

Expansion and Development of Buddhism

Buddhism remained mostly in India for three centuries until King Ashoka, who ruled India from 274-232 B.C., converted to Buddhism. Ashoka sent missionaries throughout the world, and Buddhism spread to all of Asia.

Even before its expansion, two distinct branches developed, a conservative and a liberal school of thought. The conservative school is labeled Theravada, and it became the dominant form of Buddhism in Southeast Asia. Thus, it is also called Southern Buddhism. Southern Buddhism has remained closer to the original form of Buddhism. This school follows the Pali Canon of scripture, which, although written centuries after Gautamas death, contains the most accurate recording of his teachings.

The liberal school is Mahayana Buddhism, which traveled to the north into China, Japan, Korea, and Tibet, and is also called Northern Buddhism. As it spread north, it adopted and incorporated beliefs and practices from the local religions of

the land. The two branches of Buddhism are so different they appear to be two different religions rather than two branches of the same tree. Here are a few differences.

Theravada Buddhism sees Buddha as a man. Gautama never claimed to be deity, but rather a “way shower.” Mahayana Buddhism, however, worships Buddha as a manifestation of the divine Buddha essence. Since Gautama, many other manifestations or *bodhisattvas* have appeared. An example is Tibetan Buddhism, which worships the spiritual leader the Dalai Lama as a bodhisattva.

Theravada adheres to the Pali Canon and Buddhas earliest teachings. Since Mahayana believes there have been many manifestations, this branch incorporates many other texts written by the bodhisattvas as part of their canon.

Theravada teaches that each person must attain salvation through their own effort, and this requires one to relinquish earthly desires and live a monastic life. Therefore, only those few who have chosen this lifestyle will attain nirvana. Mahayana teaches that salvation comes through the grace of the bodhisattvas and so many may attain salvation.

Divine beings do not have a place in Theravada. The primary focus is on the individual attaining enlightenment, and a divine being, or speculations of such, only hinders the process. Therefore, several sects of this branch are atheistic. Mahayana, on the other hand, has many diverse views of God since this branch is inclusive, and has adopted the beliefs and practices of various religions. Many schools are pantheistic in their worldview while others are animistic. Buddha is worshipped as a divine being. Some schools pay homage to a particular bodhisattva sent to their people. Other schools have a mixture of gods whom they worship. For example, Japanese Buddhism blended with Shintoism and includes worship of the Shinto gods with the teachings and worship of Buddha.

When speaking with a Buddhist, it is important to understand what branch of Buddhism they are talking about. The two branches are dramatically different. Even within Mahayana Buddhism, the sects can be as different as Theravada is to Mahayana.

The Way of Salvation

The main question Gautama, the founder of Buddhism, sought to answer was, “Why is there pain and suffering?” His belief in reincarnation (the belief that after death one returns to earthly life in a higher or lower form of life according to his good or bad deeds) prompted a second question that also needed to be answered: “How does one break this rebirth cycle?” The basic teachings of Buddhism, therefore, focus on what Gautama believed to be the answer to these questions. These basic tenets are found in the Four Noble Truths and in the Eight-fold Path. Let us begin with the Four Noble Truths.

The First Noble Truth is that there is pain and suffering in the world. Gautama realized that pain and suffering are omnipresent in all of nature and human life. To exist means to encounter suffering. Birth is painful and so is death. Sickness and old age are painful. Throughout life, all living things encounter suffering.

The Second Noble Truth relates to the cause of suffering. Gautama believed the root cause of suffering is desire. It is the craving for wealth, happiness, and other forms of selfish enjoyment which cause suffering. These cravings can never be satisfied for they are rooted in ignorance.

The Third Noble Truth is the end of all suffering. Suffering will cease when a person can rid himself of all desires.

The Fourth Noble Truth is the extinguishing of all desire by following the Eight-fold path. “The Eight-fold path is a system of therapy designed to develop habits which will

release people from the restrictions caused by ignorance and craving."{3}

Here are the eight steps in following the Eight-fold path. The first is the Right View. One must accept the Four Noble Truths. Step two is the Right Resolve. One must renounce all desires and any thoughts like lust, bitterness, and cruelty, and must harm no living creature. Step three is the Right Speech. One must speak only truth. There can be no lying, slander, or vain talk. Step four is the Right Behavior. One must abstain from sexual immorality, stealing, and all killing.

Step five is the Right Occupation. One must work in an occupation that benefits others and harms no one. Step six is the Right Effort. One must seek to eliminate any evil qualities within and prevent any new ones from arising. One should seek to attain good and moral qualities and develop those already possessed. Seek to grow in maturity and perfection until universal love is attained. Step seven is the Right Contemplation. One must be observant, contemplative, and free of desire and sorrow. The eighth is the Right Meditation. After freeing oneself of all desires and evil, a person must concentrate his efforts in meditation so that he can overcome any sensation of pleasure or pain and enter a state of transcending consciousness and attain a state of perfection. Buddhists believe that through self-effort one can attain the eternal state of nirvana.

In Buddhism, ones path to nirvana relies on the effort and discipline of the individual. By contrast, Jesus taught our goal is not a state of non-conscious being, but an eternal relationship with God. There is nothing one can do to earn a right relationship with God. Instead, we must receive His gift of grace, the sacrificial death of His Son, Jesus Christ and this restores our relationship with our creator.

Karma, *Samsara*, and *Nirvana*

Three important concepts in understanding Buddhism are *karma*, *samsara*, and *nirvana*.

Karma refers to the law of cause and effect in a person's life, reaping what one has sown. Buddhists believe that every person must go through a process of birth and rebirth until he reaches the state of *nirvana* in which he breaks this cycle. According to the law of karma, "You are what you are and do what you do, as a result of what you were and did in a previous incarnation, which in turn was the inevitable outcome of what you were and did in still earlier incarnations."{4} For a Buddhist, what one will be in the next life depends on one's actions in this present life. Unlike Hindus, Buddha believed that a person can break the rebirth cycle no matter what class he is born into.

The second key concept is the law of *samsara* or *transmigration*. This is one of the most perplexing and difficult concepts in Buddhism to understand. The law of Samsara holds that everything is in a birth and rebirth cycle. Buddha taught that people do not have individual souls. The existence of an individual self or ego is an illusion. There is no eternal substance of a person, which goes through the rebirth cycle. What is it then that goes through the cycle if not the individual soul? What goes through the rebirth cycle is only a set of feelings, impressions, present moments, and the karma that is passed on. "In other words, as one process leads to another, … so one's human personality in one existence is the direct cause of the type of individuality which appears in the next."{5} The new individual in the next life will not be exactly the same person, but there will be several similarities. Just how close in identity they will be is not known.

The third key concept is *nirvana*. The term means "the blowing out" of existence. Nirvana is very different from the Christian concept of heaven. Nirvana is not a place like heaven, but rather an eternal state of being. It is the state in which the law of karma and the rebirth cycle come to an end. It is the end of suffering; a state where there are no desires and the individual consciousness comes to an end. Although to our Western minds this may sound like annihilation, Buddhists would object to such a notion. Gautama never gave an exact description of nirvana, but his closest reply was this. "There is disciples, a condition, where there is neither earth nor water, neither air nor light, neither limitless space, nor limitless time, neither any kind of being, neither ideation nor non-ideation, neither this world nor that world. There is neither arising nor passing-away, nor dying, neither cause nor effect, neither change nor standstill."{6}

In contrast to the idea of reincarnation, the Bible teaches in Hebrews 9:27 that "man is destined to die once and after that to face judgment." A major diverging point between Buddhism and Christianity is that the Bible refutes the idea of reincarnation. The Bible also teaches that in the eternal state, we are fully conscious and glorified individuals whose relationship with God comes to its perfect maturity.

Jesus and Gautama

There is much I admire in the life and teachings of Gautama. Being raised in the Japanese Buddhist culture, I appreciate the ethical teachings, the arts, and architecture influenced by Buddhism. As I studied the life and teachings of Gautama and of Jesus, I discovered some dramatic differences.

First, Buddha did not claim to be divine. Theravada remains true to his teaching that he was just a man. The idea that he was divine was developed in Mahayana Buddhism 700 years after his death. Furthermore, Northern Buddhism teaches that there

have been other manifestations of the Buddha or bodhisattvas and some believe Jesus to be one as well. However, Jesus did not claim to be one of many manifestations of God; He claimed to be the one and only Son of God. This teaching was not the creation of his followers but a principle He taught from the beginning of His ministry. In fact, the salvation He preached was dependent on understanding His divine nature.

Second, Buddha claimed to be a way shower. He showed the way to nirvana, but it was up to each follower to find his or her own path. Christ did not come to show the way; He claimed to *be* the way. While Buddhism teaches that salvation comes through Buddhas teachings, Christ taught salvation is found in *Him*. When Jesus said, "I am the way the truth and the life" (John 14:6), He was saying He alone is the one who can give eternal life, for He is the source of truth and life. Not only did He make the way possible, He promises to forever be with and empower all who follow Him to live the life that pleases God.

Third, Buddha taught that the way to eliminate suffering and attain enlightenment was to eliminate all desire. Christ taught that one should not eliminate all desire but that one must have the right desire. He stated, "Blessed are they who hunger and thirst for righteousness for they shall be satisfied." Christ taught that we should desire to know Him above all other wants.

Fourth, Buddha performed no miracles in his lifetime. Christ affirmed His claims to be divine through the miracles He performed. He demonstrated authority over every realm of creation: the spiritual realm, nature, sickness, and death. These miracles confirmed the claims that He was more than a good teacher, but God incarnate.

Finally, Buddha is buried in a grave in Kusinara at the foot of the Himalaya Mountains. Christ, however, is alive. He alone conquered sin and the grave. His death paid the price for sin,

and His resurrection makes it possible for all people to enter into a personal and eternal relationship with God.

After a comparative study, I came to realize Buddha was a great teacher who lived a noble life, but Christ is the unique revelation of God who is to be worshipped as our eternal Lord and Savior.

Notes

1. Isamu Yamamoto, *Buddhism, Taoism and Other Eastern Religions,* (Grand Rapids, Mich.: Zondervan Publishing, 1998), p. 23.
2. Walter Martin, *Kingdom of the Cults* (Minneapolis: Bethany House 1985), p. 261.
3. Kenneth Boa, *Cults, World Religions, and the Occult* (Wheaton, Ill.: Victor Books, (1977) p. 35
4. Davis Taylor and Clark Offner, *The World's Religions,* Norman Anderson, ed. (Downers Grove, Ill.: InterVarsity, 1975), p. 174.
5. John Noss, *Man's Religions* (New York: Macmillan Company, 1968), p. 182.
6. Taylor and Offner, *The World's Religions, p. 177.*

©1994 Probe Ministries.