# Historical Criticism and the Bible

*Historical criticism of the Bible often threatens believers' faith. Dr. Michael Gleghorn explains that it is often grounded in false assumptions.*

## What Is Historical Criticism?

Throughout the history of Christianity, students of the Bible have used many different methods of interpreting the text. But since the Enlightenment, one particular method (or rather, family of methods) has been quite influential, especially in the academy.{1} I'm speaking of what is often called *historical criticism*, or the *historical-critical method* of biblical interpretation.



So what is historical criticism, you ask? Although the term gets used in different ways, I will here be using it to refer to a method of biblical interpretation which attempts to read the Bible as a *purely* human document from the distant past. In other words, the historical-critical method does not typically regard the Bible as divinely inspired. It is *merely* a human book, like any other, and should thus be read like any other book."{2}

In the past (and to some extent even today) scholars liked to portray this method as "scientific" in character, able to obtain "assured" and "objective" interpretive results. But critics tell a different story. For example, Eta Linnemann, who before her conversion to Christianity was a well-respected scholarly advocate of historical-criticism, claims that in practice the so-called "scientific" character of this method

is grounded in a prior assumption of naturalism, perhaps even atheism. As Linnemann observes, “Research is conducted . . . if there were no God.'”{3}

Another critic of this method is the renowned Christian philosopher Alvin Plantinga. After rehearsing certain principles of historical investigation, which many historical critics would endorse, Plantinga notes that these principles are understood “to preclude” God’s direct involvement in the world.{4} Because of this, he notes, such principles “imply that God has not in fact specially inspired any human authors in such a way that what they write is really divine speech addressed to us; nor has he . . . performed miracles of any other sorts.”{5}

As I’m sure you can see, at least some of the results of this method come about simply because of assumptions the interpreter brings to the text. The problem, however, is that the assumptions are biased *against* Christianity in *favor* of naturalism. We must thus think rather critically about the historical-critical method. But first, we need a bit of background on how and when this method originated.

## The Origins of Historical Criticism

Although many scholars helped develop the historical-critical method, Johann Salomo Semler, an eighteenth-century theologian, is widely regarded as its “father.”{6} Semler was primarily interested in “critical work” on the canon of biblical writings.{7} For our purposes, the “canon” can simply be thought of as the books of the Old and New Testaments. The Church regards these books as the divinely inspired Word of God and, hence, completely authoritative for Christian faith and practice.

Semler, however, considered these books (especially those of the Old Testament) to be largely of merely historical

interest. They might give us some interesting information about the religion of ancient Israel or (in the case of the New Testament) the beliefs of the early church, but they could not be regarded, at least in their entirety, as the divinely inspired Word of God.{8} Hence, Semler was led to make a distinction between "the Scriptures and the Word of God."{9} Although the Church had always considered the Scriptures to *be* the Word of God, Semler made a distinction between them. In his opinion, "some books belong in the Bible through historical decisions of past ages, but do not make wise unto salvation."{10} Books of this sort, he reasoned, can still be called "Scripture" (for they are part of the biblical canon), but they are *not* the Word of God (for in his view, they are not divinely inspired).

Although historical criticism continued to be developed after Semler, it's easy to see why many consider him to be this method's "father." In his own study of the Bible, Semler generally disregarded any claims that either it or the Church might make regarding its divine inspiration and authority and attempted instead to read the Bible like any other book. In the opinion of theologian Gerhard Maier, it's "the general acceptance" of Semler's view which "has plunged theology into an endless chain of perplexities and inner contradictions."{11} Before we examine such difficulties, however, we must first consider why so many scholars see value in the historical-critical method.

## Some Proposed Benefits of Historical Criticism

To begin, virtually everyone agrees that when you're attempting to understand a book of the Bible, it can be helpful to know something about the origin of the book. Who was the author? When did he live? What sorts of things were happening at the time the book was written? Was the author

influenced by any of these things, or attempting to respond to them in some way? Who was he writing for? How might they have understood him? Answering such questions can often clarify what the author may have been trying to communicate in his book. Historical critics are right to see this as an important part of understanding the books of the Bible. And most everyone agrees on this point.{12}

More controversial would be the principles of historical investigation originally proposed by Ernst Troeltsch in an essay written in 1898.{13} These principles are still generally embraced (though with some modifications) by historical critics today.{14} Briefly stated, Troeltsch proposed three principles that can simply be called the principles of criticism, analogy, and correlation.{15} Although there's no universal agreement about how these principles should be used in actually doing historical research, historical-critical scholars have generally regarded these principles as helpful guides in critically evaluating what is written in the Bible in their effort to determine what *really* happened. This is considered a great benefit of historical criticism. For, rather than simply accepting the claims of a biblical author uncritically, Troeltsch's principles provide some help in critically evaluating such reports in order to assess their believability.{16}

Now in one sense this is commendable, for it is good to search for truth about what the Bible is trying to teach us. But there's a problem with how these principles are typically understood by historical-critical scholars. As the Christian philosopher Alvin Plantinga reminds us, such scholars generally take these principles to exclude any "*direct divine action* in the world."{17} That is, such principles forbid us to believe that God has ever directly intervened in the world which He has made. And for Christians, this presents a real difficulty with historical criticism.

## Some Problems with Historical Criticism

According to Christian scholars Norman Geisler and William Nix, a fundamental problem with historical criticism is that "it is based on an unjustified antisupernatural bias which it superimposes on the biblical documents."{18} This can easily be seen by examining some of the things which have been written by proponents and advocates of this method.

For example, Rudolf Bultmann, who was interested in "demythologizing" the New Testament, famously wrote, "It is impossible to use electric light . . . and to avail ourselves of modern medical . . . discoveries, and at the same time to believe in the New Testament world of spirits and miracles."{19} Similarly, another theologian has written that whatever the biblical authors may have believed about such things, "*we* believe that the biblical people lived in the same" world we do, that is "one in which no divine wonders transpired and no divine voices were heard."{20}

Now if we ask such scholars why it is that we're to think that miracles are either unbelievable or impossible, we'll usually notice rather quickly that the responses are generally short on arguments and long on assumptions. That is, such scholars typically just *assume* that God is not directly involved in the world and that miracles never occur. But if a personal Creator of the universe exists (and there are good reasons to think that one does), then why should we simply *assume* that He would never directly intervene in the world which He has made? Such intervention would hardly seem *impossible*. And if it produced an effect which would not have come about had nature been left to itself, then this could quite properly be regarded as a miracle.

So it seems to me that if a personal God exists, then miracles are possible. And if miracles are possible, then it is nothing more than "an unjustified antisupernatural bias" (as Geisler and Nix assert) to simply *assume* that the Bible's reports of

miracles are all false and unbelievable. And since historical criticism of the Bible often begins with just such an assumption, it appears to offer us an inadequate method for correctly reading the Bible.

## An Alternative to Historical Criticism

Having looked at some problems with historical criticism, we can now consider a preferable alternative, namely, theological interpretation.{21}

So what is theological interpretation? As I'm using the terminology here, it's a method of reading the Bible like a Christian, with the aim "of knowing God and of being formed unto godliness."{22} Theological interpretation takes a sober and serious account of what Christianity is, believes, and teaches. It then attempts to read and interpret the Bible as "a word from God about God."{23}

It's a radically different way of reading the Bible from that practiced by historical critics. Of course, as theologian Russell Reno reminds us, "There is obviously a historical dimension" to the truth found in the Bible. "Nevertheless," he continues, "to be a Christian is to believe that the truth found in the Bible is the very same truth we enter into by way of baptism, the same truth we confess in our creeds, the same truth we receive in the bread and wine of the Eucharist."{24}

But historical criticism attempts to read the Bible in the same way one would read any other book from the ancient world. It assumes that the Bible is merely a human book. The only way to really understand a book of the Bible, then, is to try to understand how it originated and what the original author was trying to say.

Theological interpretation, on the other hand, does not view the Bible as a merely human book. Of course, it realizes that each of the biblical books has a human author. But it also

insists, along with the consensual teaching of the Christian community, that each of these books also has a Divine author.{25} It thus views the Bible as a divinely-inspired document.

Is this a legitimate way to read the Bible? Alvin Plantinga has written extensively on the theory of knowledge.{26} According to him, the biblical scholar who is also a Christian "has a perfect right to assume Christian belief in pursuing her inquiries." Doing so, he says, is just as legitimate as assuming the principles of historical criticism.{27} Indeed, for the Christian it is arguably better—for it allows us to read the Bible in continuity with the tradition and faith we profess and believe.

**Notes**

1. Gregory Dawes, for example, notes that both form criticism and redaction criticism would fall under the umbrella of historical criticism. See Gregory Dawes, "'A Certain Similarity to the Devil': Historical Criticism and Christian Faith," in *Interdisciplinary Perspectives on the Authority of Scripture: Historical, Biblical, and Theoretical Perspectives*, ed. Carlos R. Bovell (Eugene, OR: Pickwick Publications, 2011), 354.
2. Benjamin Jowett, "On the Interpretation of Scripture," in Josephine M. Guy, *The Victorian Age: An Anthology of Sources and Documents*. n.p.: Routledge, 1998. eBook Collection (EBSCOhost), EBSCOhost (accessed February 9, 2013), 295.
3. See Eta Linnemann, *Historical Criticism of the Bible: Methodology or Ideology?* trans., Robert Yarbrough (Grand Rapids: Kregel, 2001), 84.
4. Alvin Plantinga, "Two (or More) Kinds of Scripture Scholarship," in *"Behind" the Text: History and Biblical Interpretation*, edited by Craig Bartholomew, C. Stephan Evans, Mary Healy and Murray Rae (Grand Rapids: Zondervan, 2003), 33.
5. Ibid.
6. James C. Livingston, *Modern Christian Thought: The*

*Enlightenment and the Nineteenth Century*, 2nd ed. (Minneapolis: Fortress Press, 2006), 29.
7. Ibid.
8. Peter Stuhlmacher, *Historical Criticism and Theological Interpretation of Scripture: Toward a Hermeneutics of Consent* (Philadelphia: Fortress Press, 1977), 38-40.
9. Edgar Krentz, *The Historical-Critical Method* (Eugene, OR: Wipf and Stock, 2002), 19.
10. Ibid.
11. The first sentence of Maier's book declares, "The general acceptance of Semler's basic concept that the Bible must be treated like any other book has plunged theology into an endless chain of perplexities and inner contradictions." See Gerhard Maier, *The End of the Historical-Critical Method*, trans., Edwin W. Leverenz and Rudolph F. Norden (Eugene, OR: Wipf and Stock, 2001), 11.
12. Plantinga, echoing the language of Robert Gordon, grants that we might refer to the attempt to answer such questions as a "warranted" form of historical biblical criticism. See Alvin Plantinga, "Reason and Scripture Scholarship: A Response to Robert Gordon and Craig Bartholomew," in *"Behind" the Text*, 94.
13. For those interested in this essay, see Ernst Troeltsch, "Historical and Dogmatic Method in Theology (1898)," trans. E. Fischoff, rev. W. Bense in *Religion in History-Ernst Troeltsch: Essays*, trans. J. L. Adams and W. F. Bense (Edinburgh: T. & T. Clark, 1991).
14. Edgar Krentz states, "Contemporary historians use Troeltsch's three principles, but with significant modifications" (*The Historical-Critical Method*, 56). However, it does not seem necessary to qualify the modifications of Troeltsch's principles by practicing historical-critical scholars with the adjective "significant," for (in my opinion, at any rate) they are generally more severe in critically evaluating the sources with which they are dealing than the average historian is with his.
15. For two very helpful discussions of Troeltsch's

principles, see Alvin Plantinga's discussion of "Troeltschian HBC" in "Two (or More) Kinds of Scripture Scholarship," in *"Behind" the Text*, 31-35, as well as Gregory Dawes discussion in "'A Certain Similarity to the Devil': Historical Criticism and Christian Faith," in *Interdisciplinary Perspectives on the Authority of Scripture,* 358-70. Although Plantinga and Dawes reach different conclusions about if and how Troeltsch's principles can be legitimately employed, both discussions are well worth reading.

16. Stuhlmacher, *Historical Criticism and Theological Interpretation of Scripture,* 45.

17. Alvin Plantinga, "Two (or More) Kinds of Scripture Scholarship," in *"Behind" the Text,* 33.

18. Norman L. Geisler and William E. Nix, *A General Introduction to the Bible: Revised and Expanded* (Chicago: Moody Press, 1986), 440.

19. Rudolf Bultmann, "New Testament and Mythology," in *Kerygma and Myth*, edited by Hans Werner Bartsch (New York: Harper and Row, 1961), 5.

20. Langdon Gilkey, "Cosmology, Ontology, and the Travail of Biblical Language," reprinted in Owen C. Thomas, ed., *God's Activity in the World: the Contemporary Problem* (Chico, CA: Scholar's Press, 1983), 31; cited in Alvin Plantinga, "Two (or More) Kinds of Scripture Scholarship," in *"Behind" the Text*, 34.

21. Kevin Vanhoozer defines "theological interpretation" as "the process of keeping the canonical practices alive and well in the believing community." A bit later he describes a "canonical practice" as "divinely authorized use of language and literature, which, when learned, presents and forms Christ." As examples of "canonical practice," he discusses, first, the typological, or Christological, interpretation of the Old Testament in light of the person and work of Jesus Christ and, second, prayer. He concludes his discussion by noting, "Christians learn to speak about, to think about, and to live for God by indwelling the diverse canonical practices that comprise the Scriptures. By participating in such

practices-interpreting figurally, praying to the Father, and the like-Christians grow in faith toward understanding." This, it seems to me, is a helpful way of fleshing out, in greater detail, all that is involved in the concept and practice of the "theological interpretation" of Scripture. See Kevin Vanhoozer, *The Drama of Doctrine: A Canonical-Linguistic Approach to Christian Theology* (Louisville, KY: Westminster John Knox Press, 2005), 219-226. The citations in this note are from pp. 219 and 226.

22. Kevin J. Vanhoozer, "Introduction," in *Dictionary for Theological Interpretation of the Bible,* edited by Kevin J. Vanhoozer, Craig G. Bartholomew, Daniel J. Treier, and N. T. Wright (Grand Rapids: Baker Academic, 2005), 25.

23. Ibid., 23.

24. R. R. Reno, "A Richer Bible," *First Things* (August/September, 2010), 44.

25. I adopt this language from Thomas Oden who, in his book on *Classic Christianity*, states as his intention the setting forth of the "classic consensual ecumenical teaching" of the church throughout history. See Thomas Oden, *Classic Christianity* (New York: HarperCollins, 1992), xiii.

26. See, for example, Alvin Plantinga, *Warrant and Proper Function* (Oxford, 1993), Warrant: The Current Debate (Oxford, 1993), and *Warranted Christian Belief* (Oxford, 2000).

27. Alvin Plantinga, "Reason and Scripture Scholarship: A Response to Robert Gordon and Craig Bartholomew," in *"Behind" the Text*, 99.

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# Verbal Abuse: A Biblical Perspective

*Kerby Anderson offers a distinctly Christian view of this important topic. Taking a biblical perspective moves this problem from strictly emotional to its full implications for our spiritual lives.*

*This article is also available in Spanish.*

I would like to address the subject of verbal abuse for two important reasons. First, our behavior is often a great indicator of our worldview. Proverbs 23:7 says, "For as he thinks within himself, so he is." What a person thinks in his or her mind and heart will be reflected in his or her words and actions. Verbal abuse and physical abuse result from a worldview that is clearly not biblical.



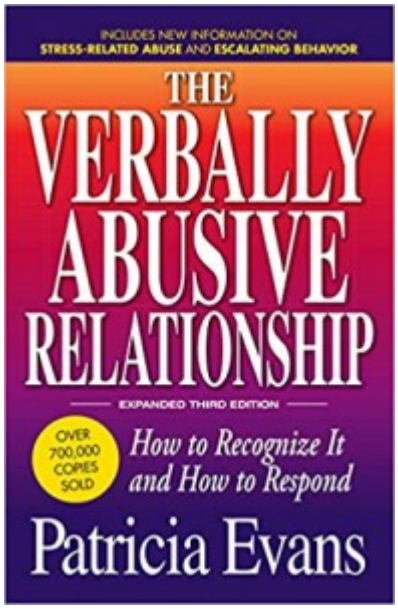
Second, I want to deal with verbal abuse because of the incredible need for Christians to address the subject. Ten years ago I did a week of radio programs on this topic, and I have received more e-mails from men and women who read that transcript than any other article. They were grateful that I addressed the subject. Since there are some new books and web sites, I wanted to update the original article.

Most of us know someone who has been verbally abused. Perhaps you are involved in a verbally abusive relationship. It is also possible that no one even knows your circumstances. Verbal abuse is a kind of battering which doesn't leave evidence comparable to the bruises of physical battering. You (or your friend) may be suffering in silence and isolation.

I want to tackle this very important issue in an effort to understand this phenomenon and provide answers. First, we

should acknowledge that verbal abuse is often more difficult to see since there are rarely any visible scars unless physical abuse has also taken place. It is often less visible simply because the abuse may always take place in private. The victim of verbal abuse lives in a gradually more confusing realm. In public, the victim is with one person. While in private, the abuser may become a completely different person.

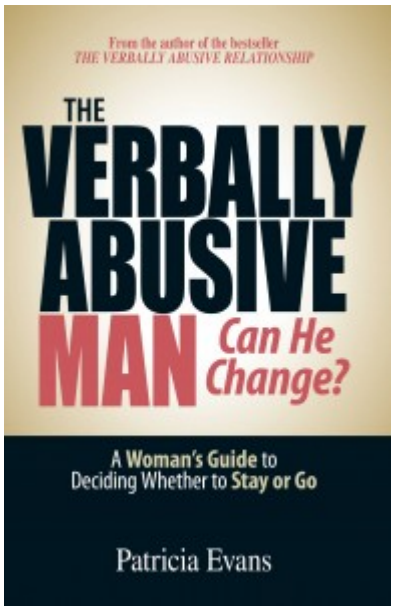
Frequently, the perpetrator of verbal abuse is male and the victim is female, but not always. There are many examples of women who are quite verbally abusive. But for the sake of simplicity of pronouns in this program, I will often identify the abuser as male and the victim as female.




One of the first books to describe verbal abuse in adults was Patricia Evan's book *The Verbally Abusive Relationship*.{1} She interviewed forty verbally abused women who ranged in age from 21 to 66. Most of the women had left a verbally abusive relationship. We will use some of the characteristics and categories of verbal abuse these women describe in this book.

Years later, she wrote a second book, *The Verbally Abusive Man: Can He Change?*{2} In that book she makes the claim the some men can change under certain circumstances. That led to the subtitle of her book, "A Woman's Guide to Deciding Whether to Stay or Go."

Is there hope that some abusers can change? Yes, but the key to healing is for the person being abused to recognize verbal abuse for what it is and to begin to take deliberate steps to stop it and bring healing. Since the abuser is usually in denial, the responsibility for recognizing verbal abuse often rests with the partner.




## Characteristics of Verbal Abuse

What are some of the characteristics of verbal abuse? Here is a list as outlined in *The Verbally Abusive Relationship*.{3}

1. Verbal abuse is hurtful and usually attacks the nature and abilities of the partner. Over time, the partner may begin to believe that there is something wrong with her or her abilities. She may come to feel that she is the problem, rather than her partner.

2. Verbal abuse may be overt (through angry outbursts and name-calling) or covert (involving very subtle comments, even something that approaches brainwashing). Overt verbal abuse is usually blaming and accusatory, and consequently confusing to the partner. Covert verbal abuse, which is hidden aggression, is even more confusing to the partner. Its aim is to control her without her knowing.

3. Verbal abuse is manipulative and controlling. Even disparaging comments may be voiced in an extremely sincere and concerned way. But the goal is to control and manipulate.

4. Verbal abuse is insidious. The partner's self-esteem gradually diminishes, usually without her realizing it. She

may consciously or unconsciously try to change her behavior so as not to upset the abuser.

5. Verbal abuse is unpredictable. In fact, unpredictability is one of the most significant characteristics of verbal abuse. The partner is stunned, shocked, and thrown off balance by her mate's sarcasm, angry jab, put-down, or hurtful comment.

6. Verbal abuse is not a side issue. It is *the* issue in the relationship. When a couple is having an argument about a real issue, the issue can be resolved. In a verbally abusive relationship, there is no specific conflict. The issue is the abuse, and this issue is not resolved. There is no closure.

7. Verbal abuse expresses a double message. There is incongruence between the way the abuser speaks and her real feelings. For example, she may sound very sincere and honest while she is telling her partner what is wrong with him.

8. Verbal abuse usually escalates, increasing in intensity, frequency, and variety. The verbal abuse may begin with put-downs disguised as jokes. Later other forms might surface. Sometimes the verbal abuse may escalate into physical abuse, starting with "accidental" shoves, pushes, and bumps.

## Categories of Verbal Abuse

What are some of the categories of verbal abuse? Here is a list as outlined in *The Verbally Abusive Relationship*.{4}

The first category of verbal abuse is *withholding*. A marriage requires intimacy, and intimacy requires empathy. If one partner withholds information and feelings, then the marriage bond weakens. The abuser who refuses to listen to his partner denies her experience and leaves her isolated.

The second is *countering*. This is the dominant response of the verbal abuser who sees his partner as an adversary. He is

constantly countering and correcting everything she says and does. Internally he may even be thinking, “How dare she have a different view!”

Countering is very destructive to a relationship because it prevents the partner from knowing what his mate thinks about anything. Sometimes the verbal abuser will cut off discussion in mid-sentence before he can finish his thought. In many ways, she cannot even allow him to have his own thoughts.

A third category of verbal abuse is *discounting*. This is like taking a one hundred-dollar item and reducing its price to one cent. Discounting denies the reality and experience of the partner and is extremely destructive. It can be a most insidious form of verbal abuse because it denies and distorts the partner’s actual perception of the abuse.

Sometimes verbal abuse is disguised as jokes. Although his comments may masquerade as humor, they cut the partner to the quick. The verbal jabs may be delivered crassly or with great skill, but they all have the same effect of diminishing the partner and throwing her off balance.

A fifth form of verbal abuse is *blocking and diverting*. The verbal abuser refuses to communicate, establishes what *can* be discussed, or withholds information. He can prevent any possibility of resolving conflicts by blocking and diverting.

*Accusing and blaming* is another form. A verbal abuser will accuse his partner of some wrongdoing or some breach of the basic agreement of the relationship. This has the effect of diverting the conversation and putting the other partner on the defensive.

Another form of verbal abuse is *judging and criticizing*. The verbal abuser may judge her partner and then express her judgment in a critical way. If he objects, she may tell him that she is just pointing something out to be helpful, but in reality she is expressing her lack of acceptance of him.

These are just a few of the categories of verbal abuse. Next we will look at a number of other forms of verbal abuse.

## Other Forms of Verbal Abuse

*Trivializing* can also be a form of verbal abuse. I discuss this in more detail in my article on why marriages fail.{5} It is an attempt to take something that is said or done and make it insignificant. Often the partner becomes confused and believes she hasn't effectively explained to her mate how important certain things are to her.

*Undermining* is also verbal abuse. The abuser not only withholds emotional support, but also erodes confidence and determination. The abuser often will squelch an idea or suggestion just by a single comment.

*Threatening* is a classic form of verbal abuse. He manipulates his partner by bringing up her biggest fears. This may include threatening to leave or threatening to get a divorce. In some cases, the threat may be to escalate the abuse.

*Name-calling* can also be verbal abuse. Continually calling someone "stupid" because she isn't as intelligent as you or calling her a "klutz" because she is not as coordinated can have a devastating effect on the partner's self esteem.

Verbal abuse may also involve *forgetting*. This may involve both overt and covert manipulation. Everyone forgets things from time to time, but the verbal abuser consistently does so. After the partner collects himself, subsequent to being yelled at, he may confront his mate only to find that she has "forgotten" about the incident. Some abusers consistently forget about the promises they have made which are most important to their partners.

*Ordering* is another classic form of verbal abuse. It denies the equality and autonomy of the partner. When an abuser gives

orders instead of asking, he treats her like a slave or subordinate.

*Denial* is the last category of verbal abuse. Although all forms of verbal abuse have serious consequences, denial can be very insidious because it denies the reality of the partner. In fact, a verbal abuser could read over this list of categories and insist that he is not abusive.

That is why it is so important for the partner to recognize these characteristics and categories since the abuser is usually in denial. Thus, the responsibility for recognizing verbal abuse and doing something about it often rests with the partner.

We have described various characteristics of verbal abuse and have even discussed the various categories of verbal abuse. Finally, I would like to provide a biblical perspective.

## A Biblical Perspective of Verbal Abuse

The Bible clearly warns us about the dangers of an angry person. Proverbs 22:24 says, “Do not associate with a man given to anger; or go with a hot-tempered man.” And Proverbs 29:22 says, “An angry man stirs up strife, and a hot-tempered man abounds in transgression.”

It is not God’s will for you (or your friend) to be in a verbally abusive relationship. Those angry and critical words will destroy your confidence and self-esteem. Being submissive in a marriage relationship (Ephesians 5:22) does not mean allowing yourself to be verbally beaten by your partner. 1 Peter 3:1 does teach that wives, by being submissive to their husbands, *may* win them to Christ by their behavior. But it does *not* teach that they must allow themselves to be verbally or physically abused.

Here are some key biblical principles. First, know that God

loves you. The Bible teaches, “The LORD is close to the brokenhearted and saves those who are crushed in spirit” (Psalm 34:18).

Second, deal with your feelings of guilt. You may be feeling that the problems in your marriage are your fault. “If only I would do better, he wouldn’t be so angry with me.” The Bible teaches in Psalm 51:6 that “Surely You desire truth in the inner parts; You teach me wisdom in the inmost place.” Even though you may have feelings of guilt, you may not be the guilty party. I would recommend you read my article on the subject of false guilt.{6}

A related issue is shame. You may feel that something is wrong with you. You may feel that you are a bad person. But God declares you His cherished creation. Psalms 139:14 says, “I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.”

A key element in this area of verbal abuse will no doubt be confrontation of the abuser. It’s important for you to realize that confrontation is a biblical principle. Jesus taught about this in Matthew 18:15-20. I would recommend that you seek help from a pastor or counselor. But I would also recommend that you gather godly men and women together who can lovingly confront the person who is verbally abusing you. Their goal should be to break through their denial and lovingly restore them with a spirit of gentleness (Galatians 6:1).

But whether you confront the abuser or not, I do recommend that you seek out others who can encourage you and support you. If the abuser is willing to confront his sin and get help, that is good. But even if he will not, your hope is in the Lord and in those who should surround you and encourage you.

**Notes**

1. Patricia Evans, *The Verbally Abusive Relationship*

(Holbrook, MA: Adams Media Corporation, 1996).
2. Patricia Evans, *The Verbally Abusive Man: Can He Change?* (Avon, MA: Adams Media, 2006).
3. Evans, *The Verbally Abusive Relationship*, 81-84.
4. Ibid., 85-104.
5. Kerby Anderson, "Why Marriages Fail," Probe, 1998, probe.org/why-marriages-fail/.
6. Kerby Anderson, "False Guilt," Probe, 1996, www.probe.org/false-guilt/.

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# "How Do You Handle the Nasty E-mails and Criticisms? I Get MAD!"

**Dear Ms Bohlin,**

**A Godly day to you. After reading the nasty things that are e mailed to you regarding several and various topics at your site, I find it very interesting how you handle the nasty criticisms. Which brings me to the question, how do you handle the nasty and very angry criticisms? Do you get tipped off by them at all? I'm very interested because as I have seen from your answers, you seem to be handling them well. I wish to emulate from you. I always have a hard time handling situations like these. Whenever I share spiritual truths to some people they are very critical about what I say and I always get tipped off. It is as if I feel like I'm wasting my pearls to swine when people react the way some of your readers do and this kinda discourages me. I feel like what I'm telling them is important (considering the eternity they'll probably**

**end up if they don't hear what the Bible has to say) but they simply are stubborn to have any of it. I'm not very good at handling my anger and I have no qualms about showing it. Is rage in some way connected to my practice of the occult from my past? I have read your response to the 17 year old person who had a brush with death (["Did I Encounter a Demon?"]) and this made me think of my former practice and its relation to my reactions.**

Thank you for your very sweet and kind comments concerning my e-mail responses. What you DON'T see is the time I let elapse between the time I first read the nasty e-mails, and when I answered them. I never fire off a response immediately because it would be too easy for it to come from my flesh instead of God's Spirit. Sometimes I feel angry and defensive, but I've learned to release those reactions into the Lord's hands and invite Him into the situation.

And then other times, I recognize what I think are the underlying motivations of people's venting. Often there's been hurt, always there is some deception of the enemy. They don't know that they are just pawns of the enemy, and I feel sorry for them. I've been involved in ministry for a long time, including some lay counseling training, so I see things a little differently.

Concerning your rage and anger, I would say that those are secondary emotions, and SOMETHING is fueling them. Anger doesn't occur in a vacuum. Usually it is the result of fear or pain or both. Although, if you have a history of occult involvement, I wouldn't rule out the possibility of demonic "button-pushing." Have you gone through any process of renouncing your occultic practices (Rom. 13:12) so you shut any doors to the enemy into your spirit? Neil Anderson's book *The Bondage Breaker* has a powerful chapter called "Steps to Freedom in Christ" that walks you through a list of possible open doors to the enemy that you can close as you renounce them. I would strongly suggest that for you.

However, if you have an ongoing problem with anger, particularly angry words, know that the Lord Jesus said that "out of the abundance of the heart the mouth speaks." Angry words come from an angry heart. Not that it's a sin to be angry, but it sounds like you need to look at what's making you angry and deal with it through forgiveness, if someone has hurt you. Or readjusting your belief system—such as developing realistic expectations of life, of God, of other people, of yourself.

I understand your anger when people don't appreciate the spiritual truth you share with them. Let me try and reframe what's happening to hopefully help you react more wisely. You have the truth, they need the truth. HOWEVER, if they are spiritually blind (think cataracts), they cannot see their need for the truth OR the truth itself. First God has to do a work in their hearts before they can receive it. Or, you are offering the Living Water, but their cups are upside down. If you pour out Living Water into an upside-down cup, it doesn't benefit them at all. . . it just makes a mess. That's why you can offer spiritual truth, but if God hasn't prepared their hearts to receive it, they won't—they CAN'T get it. After all, it takes a miracle for a dead person to make the CHOICE to be born again, and it takes a miracle for spiritually deaf and blind people to hear and see truth. So instead of getting angry when they don't receive what you're offering, just let it go and tell yourself, "How sad that they're not ready to receive. Lord, do a work in this person's heart to open their eyes and heart."

I love your passion in seeing sacred things trampled underfoot. That is a love of justice and goodness speaking. However, please remember that when the Lord Jesus was being crucified, He kept saying over and over (that continual action is in the Greek, but it doesn't show up in the English), "Father, forgive them for they know not what they do." People don't know what they're doing. They can only see what the

world tells them is real, what their feelings tell them is real. They are deceived and ignorant, and God extends grace to them.

Keep on serving the Master by continually submitting yourself into His hands. One very specific way to do that is to ask him, “Lord Jesus, what is my anger about? What do You want to show me about that? What do you want me to DO?” and then listen over a period of time for Him to answer. He loves it when His people ask that kind of heart question.

In His grip,

Sue Bohlin
Probe Ministries