“What’s the Difference Between Reiki and the Biblical Practice of Laying On of Hands?”

I’m researching Reiki and found a website that purports to be “Christian Reiki.” The woman who does this says she only connects with the Holy Spirit inside of her for the energy she uses. She commits each session to God and communicates with the Holy Spirit by means of prayer during the session. She further states that the Reiki symbols she uses to deliver that energy actually have no meaning but that they act as focus points for transmission of energy. I would tend to be a little leery about this but want to know, how does this differ from the Christian “laying on of hands”?

Yes; I think this does differ from the Christian “laying on of hands” (1 Tim. 5:22).

Christians lay hands on a brother or sister in Christ as an act of identification. They identify with another believer who is part of the body of Christ. When we then pray for that individual’s healing, there is no attempt to channel “energy” of some sort to bring the person healing. Rather, we simply make a request that God would heal the person if it is His will to do so. Sometimes He is willing; sometimes not. But this is a choice for God; we are simply making a request, subject to His will.

There just isn’t any biblical warrant for “Christian” Reiki, so far as I can see. We are never commanded (or even encouraged) to channel spiritual “energy” for the healing of others. Indeed, I think the biblical authors would regard such a practice as highly suspect. We are simply encouraged to pray

for their healing. And this is something we can do (and that the church has always done) without any assistance from the practice of Reiki.

In this respect I don't see what "Christian Reiki" adds to the equation (that isn't accomplished simply through prayer to God). If the Reiki practitioner thinks that Reiki gives them power or authority over the Holy Spirit, then such a belief is totally absurd and unbiblical. God is sovereign and is not in any way subject to the will and manipulation of men. So it seems to me that Reiki is a questionable practice for Christians, that adds nothing to simple prayer, and that is possibly grounded in some very unbiblical beliefs about God and healing, etc.

At any rate, that's my view of the matter.

Shalom in Christ,

Michael Gleghorn

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When God Shows Off

For the past several years I've been challenged to grow in my understanding of grace. John Ortberg says it's "the flow of God's power and presence and favor in your life, moment by moment, that enables you to do whatever it is God has for you to do."

So what does God's grace look like when it is released in our puny little human lives? I got another taste of it recently.

My dear friend Ricky Chelette of Living Hope Ministries and I

were privileged to speak at conferences in three Australian cities on a redemptive view of homosexuality, ministering to strugglers, their parents, and ministry workers. The first leg of our flights to Sydney was delayed in Dallas long enough that we missed the connection in Los Angeles, and we were rebooked on the Sydney-bound flight 24 hours later. But that meant that we would arrive in Sydney after 21 hours of traveling at 6:30 a.m., and the first conference started at 9:00 a.m.

Any way you look at it, that's just crazy.

Neither of us sleeps well sitting up, so we knew we would arrive in Australia quite exhausted and sleep-deprived. Our prayer was, "Lord, we can't do this unless You show up with grace and power. We are completely dependent on You."

As the cabin crew started distributing breakfast, we compared notes on how we were feeling. To our amazement, the little snatches of sleep we *were* able to get recharged our batteries far more than we expected. We felt remarkably good, thanking the Lord for that blessing.

We were whisked off to the church that hosted the conference, arriving at 8:15. That was enough time for both of us to wash our faces, brush our teeth, and change clothes. I was even able to put my contacts back in, which is really saying something considering the burning-eyes syndrome that usually follows a ridiculously long plane flight. At 9:00, we were introduced, and BANG! We were off and running.

And all day, we were aware that God was holding us up in His hands, pouring supernatural energy and alertness into us. We have spoken together at numerous conferences in the past, and there was no difference in the amount of animation or articulation in our teaching. People marveled that we had just stepped off a plane from America and they couldn't tell at all.

God kept us going all day and through dinner with our hosts, all the way till bedtime, as if we had had a good night's sleep in our own beds the night before. That's what grace looks like. That's what grace feels like. The flow of His power and presence and favor in our lives, moment by moment, that allows us to do whatever God has for us to do.

Grace is God showing off, where He gets the glory and we get to marvel at His power and goodness.

And it's very, very cool!

This blog post originally appeared at
blogs.bible.org/engage/sue_bohlin/when_god_shows_off
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Global Food Crisis Hits Home

Happy with your grocery bills these days? Do those gasoline pump meters seem to whir like Vegas slot machines, except you never hit the jackpot?

The two issues are not unrelated and theyre affecting pocketbooks and bellies at home and around the globe. Some Westerners might react with detached shock to stories of food riots in places like Haiti, India, and Cameroon. But when your local Costco and Sams Club start limiting rice purchases (as recently reported), reality creeps
in.

Americans seem worried. A USA TODAY/Gallup poll found 73 percent of US consumers concerned about food inflation; almost half said it caused their households hardship. Eighty percent expressed concern about energy prices.{1}

Food price increases that may cause inconvenience or hardship in affluent nations can be
devastating for families in the developing world. Recent food riots in Haiti cost the prime minister his job. *The New York Times* reports that spiraling prices are turning Haitian staples like beans, corn and rice into closely guarded treasures. Some Haitians eat mud patties containing oil and sugar to silence their grumbling stomachs.{2}

Silent Tsunami

Economist and special United Nations advisor Jeffrey Sachs says of the global food problem, Its the worst crisis of its kind in more than 30 years. There are a number of governments on the ropes, and I think theres more political fallout to come. {3}

The UN World Food Program says skyrocketing food prices could create a silent tsunami turning 100 million people toward hunger and poverty. Executive director Josette Sheeran called for large-scale, high-level action by the global community. {4} British Prime minister Gordon Brown asserts, “Tackling hunger is a moral challenge to each of us and it is also a threat to the political and economic stability of nations.” {5}

World Vision, one of the worlds largest relief and development agencies, announced serious cutbacks, saying they are able to feed 1.5 million fewer people than last year. The well-respected Christian humanitarian organization appealed for international donors, citing swelling food prices and increased food need. Rising fuel costs boost fertilizer and food transportation costs. Corn diverted to make biofuels cannot become lunch,{6} though some feel biofuel is a misplaced whipping boy.{7}

Your Strategies

Of course folks in the developed world, not threatened with devastating hunger, can employ multiple strategies to stretch their resources. Careful shopping and research is one. (Holy Coupon Clipping, Batman! Just look how much we can save if we time our grocery shopping to the sales rather than our impulses!) Diet adjustment, portion control, and budgetary belt-tightening are others.

And while youre trying to be sure your outgo doesnt exceed your income lest your upkeep become your downfall—may I suggest another wise move? If possible, share some of what you have with the desperately needy. World Vision founder Bob Pierce had as his life theme, "Let my heart be broken by the things that break the heart of God." An ancient Jewish proverb says, If you help the poor, you are lending to the Lord—and he will repay you!{8}

Many fine organizations can use your donations to effectively fight poverty and hunger. *New York Times* columnist Nicholas Kristof says, Nobody gets more bang for the buck than missionary schools and clinics, and Christian aid groups like World Vision and Samaritan's Purse save lives at bargain-basement prices. {9} I would add World Relief and the Salvation Army to the list. Your local house of worship may be a good place to start.

As another of those ancient Jewish proverbs says, Blessed are those who help the poor. {10}

Notes

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