The World of Animism – A Biblical Worldview Perspective

The belief in spirits and their effect on our world appears in just about every culture. Christianity should replace this anti-Christian worldview, but instead many Christians just incorporate it into their own belief system. Dr. Pat Zukeran contrasts these two belief systems.

 *This article is also available in Spanish.*

Worldview of Animism

From Genesis to the present, the biblical worldview has clashed with the worldview of animism. Animism (or folk religion) is a religion that sees a spirit or spiritual force behind every event, and many objects of the physical world carry some spiritual significance.

In most parts of the world, animism blends in with formal religions. Among followers of the major religions lie many animistic beliefs and practices. Animistic beliefs actually dominate the world. Most Taiwanese believe in the Chinese folk religions. Most Hindus and Muslims in Central and Southeast Asia, and most Buddhists in China and Japan combine their religion with various animistic beliefs and practices. In many parts of the world, Christianity has not displaced the local folk religion but coexists beside it in an uneasy tension.

The animistic worldview contains both the observed or physical world and the unseen or spirit world. There is no sharp distinction between the two realities; what happens in one affects the other. The seen or physical world consists of what we can see, feel, and experience. It includes forces of nature

and physical beings. In the seen world the earth plays a prominent role because it is viewed as a living entity and is often worshiped as Mother Earth. Nature is believed to be alive. Hills, caves, mountains, and lakes are often revered as sacred places. Animals may be embodiments of spirits. Many are worshiped as sacred, such as the cow and monkey in India.

Plants can also contain spirits and some are worshiped. Forests are seen as places where the spirits dwell. Trees like oaks, cedars, and ash are worshiped in Europe. In many parts of the world, there exist numerous subhuman beings that are supposed to live in lakes, forests, and caves. For example, in Europe they include mythical beings like trolls, gnomes, and fairies.

The unseen world of animism begins with the understanding of "mana," or the life force that permeates the entire universe. This power is impersonal and not worshiped. This sacred power concentrates more heavily in the deities, sacred people, places, or objects. This mana rules over all creation and is not controlled by the gods or man.

Also part of the unseen world is the Supreme God. Following him are a host of lesser gods who dwell in particular regions. Following the gods are the spirits, who often dwell in nature and are confined to a specific area. Then there are the spirits of the ancestors who continue to play a role with the living.

There also exist unseen forces that include supernatural powers like fate, cosmic moral order, the evil eye, magic, and witchcraft. There are also impersonal energy forces in objects that give the objects power. These objects are believed to give a person power to do good or evil.

In the Bible, God transforms the animistic views of Israel into a biblical view. He teaches them that the other gods are not gods at all (Isaiah 43:10). He condemns the use of magic,

witchcraft, and divination. He shows that suffering is not the result of the spirits or the gods but His sovereign act of bringing people back to Himself.

Themes in Animism

Do you ever wonder why some Christians worship their ancestors? It derives from the first of several themes within the ancient religion of animism. The first of the themes is a community-centered life. The ancestors, the living, and the unborn are the center of existence. The clan life is the most important entity because an individual has meaning only in the context of a community.

The second theme is the role of the spirit world. Humans live in a world surrounded by supernatural beings and forces, most of which are hostile to humans. The worlds of the seen and the unseen are interconnected. For this reason, people spend their time seeking to appease the gods, the spirits, and the ancestors with offerings or bribes. Extreme care is taken to maintain the harmony between the two worlds. Since all created things are connected, a simple act like eating a fruit from the wrong tree may bring disaster.

Third is the focus on the present. The primary concern is with the here and now. People seek to deal with success and failure, power and knowledge needed to control life.

Fourth is the focus on power. People view themselves as constantly struggling against spirits, other humans, and supernatural forces. Everything that happens can be explained by powers at war. The goal is to attain power to control the forces around them.

Fifth is pragmatism. Animists are not interested in academic understanding of spiritual and scientific truth but in securing good, meaningful life and protection from evil. The test of a folk religion is, “does it work?” To achieve their

goals, most people will turn to several methods that may be contradictory in hopes that one will work. I was once speaking to a Chinese woman who was suffering from lung cancer. Although she attended church and prayed to the Lord for healing, she also visited the Chinese Buddhist temple seeking prayers for healing from the priests. For those in animistic cultures, in times of need people will beseech aid from various religions or gods to find a method that works.

Sixth is transformation and transportation. Things may not be what they appear to be. Spirits can take the form of animals or plants. Shamans in a trance believe they can travel to distant places and bring harm to an enemy. They also believe they can travel to the spirit world, find information, or retrieve lost souls.

Seventh, animism takes a holistic view of life. The obsession with invoking good luck and avoiding bad luck involves every aspect of life—from what you eat, to where you place furniture (such the current feng shui fad), to how you sleep. In Al Hambra, Los Angeles where there is a large population of Chinese, houses with the number "4" in the address do not sell. The number four, pronounced "shee" in Chinese, is the first letter in the word for death, so the number is considered very unlucky.{1}

Eighth is particularism. People are tied to their land. Each community has its own set of gods and spirits. The gods gave the people their land, and that is where the ancestors reside. In battles, victories and defeats are attributed to the power of the territorial gods.

Finally, fear plays a major role. In a world full of spirits, omens, and spells, life is rarely secure. Many see the world as a hostile and dangerous place filled with spirits and forces antagonistic to people. Seemingly mundane activities such as moving the wrong rock can bring potential disaster. People turn to their ancestors, gods and spirits for

protection.

The focus of the Christian life, in contrast, is the relationship believers have with God. God's relationship with mankind is based on grace and love. Since God is gracious, He does not need to be constantly appeased by believers. His laws are clearly revealed to us in the Bible. When we disobey, we may suffer the consequences of our sin or experience His discipline, which is always motivated by His love and intended to bring us to a right relationship with Him. In times of difficulty, we do not fear His wrath but He invites us to draw even closer to Him. 1 John 4:16-18 says, "God is love. Whoever lives in love lives in God and God in him. In this way, love is made complete among us so that we will have confidence on the day of judgment because in this world we are like Him. There is no fear in love. But perfect love drives out fear . . ." Although believers encounter tragedy and suffering, we do not live in fear but in faith, trusting in the character of God.

Gods in Animism

It may surprise you that most animistic religions teach that there exists one Supreme Being. He is often described as omniscient, eternal, beneficent, omnipotent and righteous. He is the creator, the moral lawgiver, punishes those who do evil, and blesses those who do good.

However, this being has distanced himself from man and cannot be known personally. Legends abound that he was once near but was angered with man and removed himself. He left men to their own devices and used lesser gods and spirits to do His will and serve as His ambassadors.

Therefore, most of the worship goes to the lesser gods and spirits who are in direct contact with humans. Anthropologist Wilhelm Schmidt studied numerous cultures and concluded that man's first religion was monotheism, which then corrupted into

polytheism.{2} This would concur with Paul's timeline of man's rejection of God that he lays out in Romans 1.

An example comes from the folk religion of China. Long before Confucianism, Taoism, or Buddhism, the Chinese worshiped Shang Ti, the Lord of heaven. He alone was worshiped until the Zhou dynasty, which began in 1000 B.C. From then on, only the emperor was allowed to pay homage to Shang Ti, and the knowledge of Shang Ti among the common people was lost. The worship-starved Chinese eventually embraced the religions of Confucianism, Taoism, and Buddhism that provided spiritual knowledge and worship.{3} Numerous stories like these abound throughout the world. In Korea, the supreme God is called Hananim. The Gedeo people of Ethiopia call Him Magano. Missionaries use this belief of a high God to point people to the God of the Bible.

Following the Supreme God is a host of lesser gods. These beings mediate between man and the Supreme Being, but must first be paid homage. Gods possess specific powers and are localized to a geographical area. The gods inhabit places such as rivers, mountains, forests, oceans, etc. Some gods exercise power over human affairs (business, marriage, death, etc.) other gods exercise powers over nature (storms, rain, etc.) Among the Hawaiians, Lono is the god of the oceans and controls the clouds and storms. Pele, the fire goddess, dwells in the volcanoes. Many still honor these gods in Hawaii today.

The biblical worldview teaches that a personal, omniscient, omnipotent, and omnipresent God governs the universe (Colossians 1:16-17). He alone rules creation and there are no other gods besides him (Isaiah 43:10). The God of the Bible is not distant from man, but mankind has distanced ourselves from God. God remains involved in the affairs of this world, constantly pursuing men and women to receive His gift of grace and forgiveness through Jesus Christ.

Spirits and Ancestors

Do you ever wonder if there are spirits in forests or other dark places? Can the dead communicate with the living? Animism holds to a belief that numerous spirits exercise their power over places where they dwell, such as mountains, streams, and rivers. Spirits have never inhabited human bodies, and since they can be either good or evil they must constantly be appeased. For example, the South Sea islanders ask forgiveness of the trees they cut down for canoes so that the spirits of the trees will not harm them.{4}

There also exist legendary half-divine beings. Some are humans who became gods. Some gods are thought to have become human. For example, the pharaoh of Egypt and the emperor of Japan were believed to be descendants of the sun god. Many teach these beings had supernatural birth and did not die, but vanished into the sky. Many are believed to have taught humans valuable skills like making fire, canoes, houses, planting fruits, etc.

Important in animism is the remembrance of the ancestors. Animism teaches that people possess immortal souls. At death the soul is free to wander near the grave, travel the earth, or enter the world of the spirits. The spirits of the ancestors participate in the daily lives of family members. Neglecting to honor them has severe consequences. Souls of the departed who did not live fulfilled lives or died tragic deaths become ghosts. Ghosts search for bodies to inhabit and often bring harm.

At death, one enters the realm of the ancestors who maintain a relationship with the family. Ancestors remain deeply interested in the family they began. They care for, protect, and punish those who seek to do harm.

Ancestors are revered for several reasons. First, as the founders of the family, they remain interested in the care of

the family. Second, they have answered the question of what follows death, so they can help the living through dreams, necromancers, and visions. Third, some have accomplished great achievements, which must be celebrated. Fourth, animists believe they protect the family. Fifth, they function as mediators between God and the family.

One’s happiness in the afterlife depends on the care given by one’s descendants. Anyone banished from a family or tribe in essence becomes extinct with no one to remember or care for them.

As Christians, we agree with the animists that there is an immaterial soul that exists beyond the grave. We also place the family as a high priority. One of the Ten Commandments is for children to honor their father and mother. However, no departed souls remain on earth. According to Hebrews 9:27 upon death, one is immediately in heaven or hell. Secondly, the dead do not have contact with the living. In Luke 16, the rich man who was suffering in hell sought a way to communicate with his living family to warn them of their fate. However, he was not able to communicate in any way nor could the living communicate with him. Christians celebrate and honor the memory of our loved ones, but we do not worship them nor seek to appease their spirits. We wait with joy and anticipation in knowing we will be united again in the kingdom of our Lord Jesus Christ.

Basic Practices in Animism

In animism there are numerous taboos or prohibitions. Prohibitions are made to preserve the harmony between the spiritual world and physical world. Places or people where the life force is concentrated are protected. Myriads of taboos exist and violation of them can result in cursing of a community and must be atoned for by sacrifices.

Second, there are sacred places. Sacred places of worship

exist to commune with the spiritual world. These are places where sacred power is concentrated. In Haiti there is a sacred tree where a pact with the devil was signed over 200 years ago by the animistic witch doctors. These witch doctors were most displeased when Christian pastors recently prayed over the tree and successfully commanded the spirits to leave it.

Third, there are sacred things. A whole host of objects possess power and are potentially dangerous. Stones are often believed to possess sacred power. This is one reason you can easily find crystal jewelry and other semi-precious stones for sale in catalogs and stores. Certain plants and insects are believed to be sacred and taboo. Carved images are believed to possess the spirit of divinities.

Fourth, there are sacred actions. Worship includes sacrifices of animals or plants to the deities. The priests or shamans perform the sacred rites. Omens play an essential role; this is the origin of saying “God bless you” after someone sneezes, to protect the spirits from jumping into the suddenly vulnerable person. Signs in the heavens and certain reptiles or animals encountered in a day (such as a black cat crossing one’s path portending bad luck) may predict one’s future.

Fifth, there are sacred words. There are many oaths, curses, and blessings. The spells of both white and black witchcraft are sacred words. Words are charged with sacred power if uttered by a priest. Such words possess the sacred power, mana.

Sixth, there are sacred persons. Witches use their powers for good and evil. They can use their powers to protect communities from enemies. They can use their power to communicate with the gods and spirits. In most societies, witchcraft and sorcery are most feared. Witches are believed to travel great distances in short periods, kill at a distance, and master demons. Witches have supernatural powers to inflict harm on others. They can cast spells on others.

They can inject foreign bodies into a victim, causing illness. Witches have the ability to communicate with dead spirits. Many societies believe they can transform themselves into animals.

Then there is the shaman or the medicine man. He can cure sicknesses. He directs sacrificial rites and escorts souls to the other world. At times he can leave his body and observe events from a distance. He is born into the family or earns the job by passing tests and rituals. There is also the sacred king. Then there are sub-humans such as trolls and water spirits. Finally there are "little people," such as leprechauns.

Seventh, there are sacred rituals that must be performed regularly. The head of the family performs some; others require the expertise of the priests.

Eighth, there is the practice of magic and divination. The art of casting spells and communicating with the spirit world are reserved for the priests.

The Christian must be aware when his practices are influenced by animism. Often many feel that saying "amen" or wearing a cross brings protection. Others use sacred stones or believe performing a ritual will bring them fortune. A Christian has direct access to God through Christ and does not need to rely on another person of a sacred office. Also, Christians have all we need in Christ and do not need powers from the spiritual realm. Christ has given us all we need to overcome.

Overcoming Animism

As our study has revealed, fear is the overriding disposition among those in animistic religions. There are several reasons for this. First, one is never really sure if a taboo has been broken and the gods, the spirits, or the ancestors have been angered. Should one of these beings become angered, they may

inflict horrific punishments. In Hawaii, there are several frightening stories about the night marchers, the spirits of ancient warriors who march along a sacred path each night. It is believed that some people have been killed because they were in the path of the night marchers.

A second reason for the prevalence of fear is that animism includes some of the most feared practices known to man. Sorcery, magic and voodoo are some of the ancient arts that strike terror in the hearts of people. It is a frightening thing to know that a priest or witch has placed a curse upon you.

Throughout the Bible and even today, believers continually encounter animistic practices and thinking. In times of crisis, many young Christians will pray to God, but also seek help from their animistic religion.

Among Christians, animistic beliefs will be displaced only when Christians transform their minds with God's word and free themselves from the life of fear in animism. Transformation takes place when Christians understand the Bible explains the true nature of the universe. First, in contrast to the many temperamental gods in animism, the Bible teaches that there is only one God. Isaiah 43:10 states, "'You are my witnesses,' declares the Lord, 'and my servant whom I have chosen, so that you may know and believe me and understand that I am he. Before me no god was formed, nor will there be one after me.'" There is no pantheon of gods—only the one true God, and all others are false gods.

Second, in the Bible God forbids the animistic practices of witchcraft, necromancy, magic, and worship of foreign spirits. Deuteronomy 18:10 commands, "Let no one be found among you who sacrifices his son or daughter in the fire, who practices divination, sorcery, interprets omens, engages in witchcraft, or casts spells, or who consults the dead." Those who practice these arts are entertaining spirits who are opposed to God and

seek the destruction of all people.

Third, Christians do not need to live in fear of hostile spirit beings and spells. Christ, who loves His people, has triumphed over all. Colossians 2:15 says that He "disarmed the powers and authorities, [making] a public spectacle of them, triumphing over them by the cross."

Christ has brought into submission all authorities under His rule. Not only that, nothing enters into our life until it first filters through His loving hand. God's hand of protection shelters His people. David wrote in the Psalms, "He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, 'He is my refuge and my fortress, my God whom I trust'" (Ps. 91:1). When tragedy strikes, Christians understand that its purpose is not to punish believers, but to teach us new things about God and ourselves, refining our character to make us more like Him. Christians can be freed from a life of fear and find joy in a life of faith in Christ.

Notes

1. Paul Hiebert, Daniel Shaw, and Tite Tienou, *Understanding Folk Religion*, (Grand Rapids, MI.: Baker Book House, 1999), 157.
2. Norman Anderson. *The World's Religion*. (Grand Rapids, MI: Eerdman's Publishing, 1991), 38.
3. Don Richardson, *Eternity in their Hearts*. (Ventura, CA.: Regal Press, 1984), 62-70.
4. Hiebert, 55-56.

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Reiki: A Christian Perspective

Dr. Michael Gleghorn offers an overview and critical Christian worldview evaluation of Reiki energy medicine, an alternative health therapy that has grown in popularity in recent years.

 *This article is also available in Spanish.*

What is Reiki?

In the past twenty-five years there has been a huge increase in both the general acceptance and public availability of various types of alternative health therapies. Although some of these therapies may be beneficial, others do little good, and some are downright harmful. Under the broad umbrella of alternative medicine there are a variety of therapies that might loosely be referred to as "energy medicine":

> Energy medicine is a broad field covering a variety of

> therapies from many parts of the world. While each is based on the existence of a nonphysical energy pervading the universe, the nature of the energy, the form of therapies, and how healing is believed to take place varies from culture to culture.{1}

This energy is variously referred to as *prana* in India, *chi* in China, and *ki* in Japan. One form of energy medicine that has been growing in popularity is called *Reiki*. According to some, *rei* means "universal," and *ki* means "life force energy." But the International Center for Reiki Training goes further, declaring that "Rei" is more accurately understood to mean "supernatural knowledge or spiritual consciousness . . . the wisdom that comes from God or the Higher Self." Thus, according to the Center, "it is the God-consciousness called Rei that guides the life force called Ki in the practice we call Reiki."{2}

Reiki was discovered, or perhaps rediscovered, by Dr. Mikao Usui during a mystical experience at a mountain retreat in early twentieth century Japan. Some claim it is the same method of healing used by both the Buddha and Jesus, although the records of this have been lost.{3}

So how does Reiki work? To put it generally, and somewhat simply, Reiki claims to work by removing obstructions to the free flow of life force energy throughout the body. Such obstructions, which arise through negative thoughts, actions, and feelings, are believed to be the fundamental cause of illness and disease. But "Reiki clears, straightens and heals the energy pathways, thus allowing the life force to flow in a healthy and natural way."{4} In this way, Reiki is believed to enhance physical, mental and emotional health.

In order to tap into this power and learn to channel Reiki one must first receive four attunements from a Reiki Master during a First Degree Reiki training session. These attunements are alleged to open "subtle mental and physical energy systems"

that prepare the recipient "to channel Universal Life Force Energy."{5} Supposedly, this creates a permanent connection with Reiki, thus allowing the recipient to channel this energy for life.

At this point, some may be wondering if there is any scientific evidence that corroborates the existence of this energy. Let's look at the evidence.

Is there Scientific Support for Reiki?

In the nineteenth and twentieth centuries, some proponents of life force energy claimed it was a form of electromagnetic radiation (of which light and heat are familiar examples).{6} Of course, electromagnetic radiation is a real, physical phenomenon of the world in which we live. But should it be identified with life force energy? The answer is no, and today most of those who believe in such energy would say the same. After all, such energy is generally believed to be non-physical. But electromagnetic radiation is a form of physical energy.

Still, many Reiki practitioners believe that good evidence supports the existence of life force energy. For example, the aura is said to be "a field of subtle life-force energy that surrounds the body of every living being."{7} Those properly attuned to this energy often claim that they can feel a person's aura. A few even claim to see auras.

But it's one thing to make such a claim, quite another to demonstrate it under properly supervised conditions. In one study, ten people who claimed to see auras were tested against a control group of ten people who made no such claim. "Four identical screens were placed in a room with volunteers who took turns standing behind one or another of them."{8} Those who claimed to see auras believed that they could detect which screen the volunteer was standing behind. But out of 720 attempts, they only gave 185 correct answers – an accuracy

rate consistent with guessing. The control group, however, gave 196 correct answers – eleven more than those who claimed to see auras! Apparently, not everyone who claims to see auras can actually demonstrate this claim.

But haven't auras been photographed? One author claims, "Kirlian photography . . . enables us to . . . photograph auras."{9} However, when such photographs are investigated by independent scientists, the images are seen to have a completely physical explanation. Also, Kirlian auras have been recorded for some things not usually believed to have a field of life force energy, like pennies and paper clips. Such evidence casts doubt on the claim that auras have been photographed.

Thus, if there is such a thing as life force energy, it has so far eluded the detection of scientists. Such energy may still exist, and science may one day verify as much. But for now, scientific support is lacking. Still, some argue that "the proof of whether a therapeutic procedure is effective rests not on the gathering of data alone but on the client's actual experience."{10} In other words, if Reiki works, such life force energy must exist!

What About Reiki's Success?

For many people, the most powerful evidence of Reiki's effectiveness as an alternative health therapy are the testimonials of those who claim to have been personally helped by it. Consider what happened to Alex. He was in chronic pain due to a motorcycle accident that resulted in three crushed vertebrae. He attended a Reiki class, and after his first initiation was free of persistent pain!{11}

How does one explain such a story? Does it prove that Reiki really works? While it cannot be denied that there is abundant anecdotal evidence of Reiki's healing power, we must be very careful before we credit Reiki with relieving Alex's pain.

“With the exception of unsubstantiated opinion, anecdotal evidence is the least useful…evidence available to judge medical therapies.”{12}

This isn’t just the opinion of conventional Western medicine. The National Center for Complementary and Alternative Medicine acknowledges that there is a “hierarchy in the different types of evidence for therapies, with anecdotal at the bottom.”{13} Thus, anecdotal evidence counts for something, but it hardly *proves* that Reiki is an effective method of healing.

So how might we explain Alex’s pain relief? Although there are various possibilities, for the sake of time we will only mention two. First, we must honestly acknowledge that maybe Reiki *was* responsible for the elimination of Alex’s pain. After all, it was immediately after receiving Reiki that Alex felt relief. However, it’s crucial to recognize that there is another very sensible and well-documented explanation. Quite simply, Alex’s pain relief may have been due to the “placebo effect.”

“The placebo effect is the combination of factors that give therapies beneficial effects, but which are not caused by any direct physiological action.”{14} A classic example is the sugar pill. In itself it can neither cure illness nor relieve pain. However, when given to a patient by a trusted, confident physician, who says it’s just what the patient needs to recover from his or her ailments, it can be incredibly effective in relieving a wide variety of psychosomatic disorders. Since such disorders have a psychological or emotional (rather than physiological) cause, they can be relieved without directly treating the patient’s body.

Many studies indicate that the placebo effect can account for a full third (or more) “of the improvements found with any therapy.”{15} But can it explain Alex’s sudden relief from pain? Indeed it can. Pain can be treated very effectively with placebos.

Of course, some may argue that the really important thing is not so much *why* Alex was healed, but simply *that* he was healed! To some degree, I can sympathize with this argument. But it does have problems.

Should Christians Be Concerned About Reiki?

Most people, myself included, consider physical health to be good and valuable. All things being equal, it's better to be healthy than sick. But if this is so, then does it really matter *how*, or *why,* the sick are healed? Isn't the only important thing simply *that* they're healed? And how can anyone object to Reiki if it helps accomplish this?

These are important questions and they deserve a sympathetic response. But first, let's consider an important question: Is physical health *always* preferable to sickness? After all, most people consider such qualities as compassion, patience, courage, and love to be great and noble virtues. But what if there were people who could only acquire such virtues through the pain and suffering brought on by physical illness? So long as they're healthy, they will lack these virtues. But if they're sick, they will acquire them. Let me suggest that if you truly value these virtues, you might decide that it's better to be morally and spiritually healthy (though physically sick), than physically healthy alone.

Let's now return to our initial question. Does it really matter *if, how,* and *why* Reiki works? I think it does. Suppose there is no genuine power in Reiki. Suppose it "works" merely as a placebo. In that case, would you want to send a loved one to a Reiki practitioner to be treated for strep throat? Without proper treatment this would likely result in rheumatic fever, permanent heart disease, and maybe even death. Real antibiotics are needed; a placebo cannot cure this kind of infection.{16} Under circumstances such as these, I suspect

that no one would want their loved ones treated by Reiki alone.

But now suppose that there *is* genuine power in Reiki. Is it not important to know *where* this power comes from and *what* it is? What if Reiki offers physical health only at the expense of spiritual health? Should Christians be concerned about this?

The International Center for Reiki Training describes Reiki as "spiritually guided life force energy."{17} After receiving the necessary attunements, a Reiki practitioner can channel this energy for life. The Center describes the attunement process as "a powerful spiritual experience" that "is guided by the Rei or God-consciousness." What's more, this experience "is also attended by Reiki guides and other spiritual beings who help implement the process."{18}

What are Christians to make of this? Should we be concerned about the nature of this attunement process? Exactly who, or what, are these Reiki spirit guides? Should we be cautious about becoming involved with these spirits? Or should we simply trust that they're doing God's work? After all, doesn't *all* healing come from God?

Does All Healing Come From God?

Does all healing come from God? The International Center for Reiki Training declares that "Reiki comes from God."{19} But if we read the material on their Web site, we see that the Center advocates an Eastern or New Age view of "God." This view is radically different from that of the Bible. For example, the Center equates "God" with man's Higher Self, thus blurring the distinction between God and humanity that is taught in the Bible. Practically speaking, this difference between the God of the Bible and the "God" of Eastern or New Age philosophy means that adherents of these two systems are

asserting something very different when they claim to have been healed by God.

The God of the Bible is a personal being, capable of miraculously healing people according to His will (Exodus 15:26). Nevertheless, the Bible does not teach that *all* signs and wonders come from God. On the contrary, Jesus warned His disciples that in the last days there would be false Christs and false prophets who would show great signs and wonders (Matt. 24:24). In his second letter to the Thessalonians, the Apostle Paul linked such events to the power of Satan (2 Thess. 2:9).

But does Satan have the power to perform marvelous healings? Indeed, it appears that he might. In Revelation 13 we learn that after receiving power from Satan, the beast is healed of a near-fatal head wound (vv. 2-3). The context seems to imply that this amazing healing is the work of Satan. From a biblical perspective, this raises an important question about the healing power of Reiki. Exactly where does this healing energy come from?

We've already seen that there is not convincing evidence to regard this energy as a physical phenomenon. Biblically, this seems to leave only two main options. Either the energy comes from God, or it does not. Although the International Center for Reiki Training declares that "Reiki comes from God," we've already seen that this cannot be the God of the Bible. Is it possible, then, that the source of this energy is demonic?

As I mentioned previously, the ability to channel life force energy involves first going through an attunement process. The Center claims that these attunements are attended "by Reiki guides and other spiritual beings who help implement the process."{20} Is it possible that by involving themselves with spirit guides, Reiki practitioners may unwittingly be opening themselves, as well as their patients, to demonic influences? Although it may not be possible to categorically affirm that

the source of Reiki energy medicine is demonic, the Bible, in condemning all forms of spiritism, does seem to at least allow for this possibility (see Lev. 19:31; 20:6; Deut. 18:9-14; Acts 16:16-18). Therefore, it seems to me that Christians should take the wiser, safer, and probably even healthier course of action, and carefully avoid all involvement with Reiki energy medicine.

Notes

1. Donald O'Mathuna & Walt Larimore, *Alternative Medicine: The Christian Handbook* (Grand Rapids, Mich.: Zondervan, 2001), 193.
2. "Reiki FAQ: What is Reiki?" at www.reiki.org/FAQ/WhatIsReiki.html. 3. Gary P. Stewart, et al. *Basic Questions on Alternative Medicine: What is Good and What is Not?* (Grand Rapids, Mich.: Kregel Publications, 1998), 61.
4. "Reiki FAQ: How Does Reiki Work?" at www.reiki.org/FAQ/HowDoesReikiWork.html.
5. David F. Vennells, *Reiki for Beginners: Mastering Natural Healing Techniques* (St. Paul, Minn.: Llewellyn Publications, 2000), 41-42.
6. Mathuna & Larimore, *Alternative Medicine*, 195. I have relied heavily on the chapter on "Energy Medicine," pp. 193-99, in this section.
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Angels: The Good, the Bad, and the Ugly – The Range of Angelic Activity

Sue Bohlin presents accounts of angelic activity in our world today consistent with the biblical account of angels and their actions. From a biblical worldview perspective, she considers both the involvement of good angels and bad angels in the circumstances of life. A good understanding of angelic activity will aid us in understanding the full world around us, both the seen and the unseen.

This article is also available in Spanish. 

I was about thirteen years old when I had my first encounter with an angel. I was going upstairs to my room, pulling my entire weight on the handrail, when it suddenly came off in my hand. I fell backwards, head first. Halfway into a terrible

fall, I felt a strong hand on my back push me upright. There was nobody there—well, nobody *visible*!

Angel stories are always fascinating, and in this essay I address angels: the good, the bad, and the ugly. The good angels are the holy ones, the bad angels are the evil ones, which the Bible calls demons, and the ugly angels are demons disguising themselves as good angels. These ugly angels have deceived many people in a culture that has embraced "angel mania."

The Good Angels

The book of Hebrews calls angels "ministering spirits sent to serve those who will inherit salvation" (Hebrews 1:14). Angels minister in many ways to us, and I'd like to look at some of their ministries with examples from the scriptures as well as some modern anecdotes.

Provision

The Lord uses His angels to physically provide for His own. It was an angel who brought Elijah bread and water while fleeing from Jezebel after his victory on Mt. Carmel (1 Kings 19:5-6).

In 1944, the penniless wife of a pastor and evangelist in Switzerland, Susie Ware prayed, "God, I need five pounds of potatoes, two pounds of pastry flour, apples, pears, a cauliflower, carrots, veal cutlets for Saturday, and beef for Sunday." A few hours later, someone knocked on the door, and there was a young man carrying a basket, who said, "Mrs. Ware, I am bringing what you asked for." It was precisely what she'd prayed for—down to the exact brand of pastry flour she wanted. The young man slipped away, and even though Rev. and Mrs. Ware watched at the window to their building, the man never exited. He just disappeared.{1}

Guidance

Sometimes, angels give guidance so God's people will know what He wants us to do. An angel appeared to Joseph in a dream and instructed him to take Mary as his wife and to name her baby Jesus. (Matthew 1:20-21)

And it was an angel who told Philip where to go in his travels so that he could meet the Ethiopian eunuch and lead him to Christ. (Acts 8:26)

My friend Lee experienced the comfort of guidance from an angel when the other men in his army unit were pressuring him to visit a red-light district. As he prayed for strength, an invisible messenger came to him and said, quite audibly from about ten feet away, "Have no fear of them. Do not succumb. I will sustain you and deliver you."

Encouragement

Angelic ministry to us can include powerful encouragement. When Paul and his shipmates were caught in a horrible storm and faced shipwreck, an angel appeared to him, assured him that not a life would be lost, and that he would live to stand trial before Caesar. (Acts 27:23)

One mother of a young girl told me that the night after her daughter's cancer surgery, a very tall nurse with long braids, a real Amazon, ministered to her all night long. She was caring for the girl with a strong but gentle tenderness, and talking with the mom about how good God is. After they went home, the mother decided to write a thank-you note to the nurse, and called the hospital to ask for her name. Everyone—even the head of nursing—insisted that there was no nurse with that description working at the hospital. She believes God sent an angel to encourage her through that dark night.

Protection

This world is a dangerous place, and angels can provide supernatural protection. Daniel 6 tells the story of how an angel shut the mouths of the lions when he was thrown into their den.

A young lady named Myra worked in the inner-city ministry of Teen Challenge in Philadelphia. One neighborhood gang liked to terrorize anyone who tried to enter the Teen Challenge building, and they harassed Myra as well. One night, when she was alone in the building with the gang banging on the door, she felt she should continue to try to reach out to them with the gospel of Jesus. As she opened the door, she breathed a prayer for protection. The boys suddenly stopped their shouting, looked at each other, turned and left quietly. Myra had no idea why.

Later on, as the staff people were able to build relationships with the gang members, the ministry director asked them why they dropped their threats against Myra and left her alone that night. One young man spoke up, saying, “We wouldn’t dare touch her after her boyfriend showed up. That dude had to be seven feet tall.” The director said, “I didn’t know Myra had a boyfriend. But at any rate, she was here alone that night.” Another gang member insisted, “No, we saw him. He was right behind her, big as life in his classy white suit.”{2}

Another young woman walking home from work in Brooklyn had to go past a young man loitering against a building. She was fearful; there had been muggings in the area recently, and she prayed for protection. She had to go right by him, and although she could feel him watching her, he didn’t move. A short time after she reached home, she heard sirens and saw police lights. The next day her neighbor told her someone had been raped, in the same place and just after she had passed by the young man.

She wondered if the man she'd passed was the rapist, because if it were, she could identify him. She called the police and discovered they had a suspect in custody. She identified him in a lineup and asked the policeman, "Why didn't he attack *me*? I was just as vulnerable as the next woman who came along." The policeman was curious too, so he described the woman and asked the suspect about her. He said, "I remember her. But why would I have bothered her? She was walking down the street with two big guys, one on either side of her."{3}

Rescue

Sometimes, angels rescue people in danger. It was an angel—if not the Angel of the Lord, who is the pre-incarnate Christ—who joined Meshach, Shadrach and Abednego in the fiery furnace, rescuing them from the flames (Daniel 3).

My friend John told me that he and a friend were walking through a rough neighborhood one night when 12 or 15 gang members jumped them. John took two punches and sank to the ground. He expected to be robbed and severely beaten, but he wasn't. Instead, he heard a voice from about six feet up: "It's okay, they're gone." He looked up and saw his friend who mysteriously was now about 25 feet away, leaning against a wall with his fists still clenched as if he were ready to fight. But there was no gang. They just disappeared. And there was nobody next to John.

Warrior Angels

The ministry of warrior angels catches the imagination in a special way. The prophet Elisha prayed that the Lord would open the eyes of his servant so he could see the mighty angelic army of God protecting them.

In Nazi Germany, one mother took her little boy, who was unchurched, to a shelter run by nuns that had become known as a safe place because nothing bad ever seemed to happen there.

His first night, while everyone else was praying that God would protect them, this little boy kept his eyes open. After the "amen," he told his mother, "It came up to here on them!" and pointed to his breastbone. When asked what he meant, he said, "The gutter came up to here on them!" A nurse asked, "What are you talking about?" and he told her that he saw men filled with light guarding each corner of the shelter, so tall that they towered above the roof. The shelter was protected by huge warrior angels that only a little boy could see.{4}

Guardian Angels

Do we have guardian angels? The Bible doesn't give a definitive answer on that, although the Lord Jesus did say, "See that you do not look down on one of these little ones. For I tell you that their angels in heaven always see the face of my Father in heaven." (Matthew 18:10) And Psalm 91:11 promises, "For He will command His angels concerning you to guard you in all your ways."

One day, when my son was a baby, I tripped while I was holding him, and he went flying headlong toward a brick wall. There was nothing I could do to protect him, but I watched as he inexplicably stopped an inch from the wall and fell gently to the carpet. I knew immediately that an angel's hand had been his bumper pad.

These are only a few of the stories of thousands about angels who protected and rescued people, both Christians and non-Christians. But a nagging question continues to arise: where are the angels when girls are raped, and drunk drivers crash headlong into a car of teenagers, and evil people blow up buildings with hundreds of innocent people in them?

The angels are still there, continuing to minister in pain and death. We usually don't realize the role of angels in the midst of horrible circumstances because their work is unseen and often unfelt.

Behind the question of, “Where are the angels?” is the very difficult problem of why a good God would allow pain and suffering. The book of Job gives us two important insights into the problem of pain: first, when disasters and suffering assail us in the physical realm, there may be something bigger and more important going on in the unseen spiritual realm.{5} Second, God never gives Job an answer to his demand to know the “why”: He just says, “I am the sovereign Lord, acting in ways you cannot understand. You just need to trust Me, that I know what I’m doing.” The fact that God is in control, that He allows all pain and suffering for a reason, is the great comfort that we need to remember when it seems like the angels have forsaken us. They haven’t, because God hasn’t.

The Bad Angels

There are good angels, and there are bad angels. All of them were created as holy angels, but about a third of them rebelled against God and fell from their sinless position. Satan, the leader of these demons or unholy angels, is a liar, a murderer, and a thief. (John 10:10) He hates God and he passionately hates God’s people. The Bible tells us that he prowls around like a roaring lion, seeking whom he may devour (1 Peter 5:8). We need to remember that Satan and all the demons are supernaturally brilliant, and Satan disguises himself as an angel of light (2 Corinthians 11:14).

It’s this masquerade as a holy angel that is behind the current angel craze in our culture. While there are a number of wonderful Christian books available that relate stories of holy angels helping people, there are many books, publications, and seminars that are filled with demonic deception of the ugliest kind. Because when you start talking to angels, you end up dealing with demons.

The Ugly Angels

The enemy of our souls is using a new twist on an old lie, exploiting the current interest in angels to attract the untaught and the undiscerning. Much of the current angel mania is simply New Age philosophy, which is actually old-fashioned pantheism. Pantheism is the belief that everything—an impersonal God as well as every part of the creation—is one big unity. All is one, God is one, we are God—and New Age philosophy throws reincarnation into the mix as well.

You know you're around "ugly angels," or demons masquerading as angels of light and holiness, when you see or hear these terms:

1. Contacting or communing with angels.

There are now books available with titles like *Ask Your Angels*{6} and *100 Ways to Attract Angels*{7}. But the Bible gives neither permission nor precedent for contacting angels. When people start calling on angels, it's not the holy angels who answer. They're demons, disguising themselves as good angels to people who don't know how to tell the difference.

2. Loving our angels, praying to our angels.

Some self-styled "angel experts" instruct their followers to love their angels and call upon them for health, healing, prosperity, and guidance. But angels are God's servants, and all this attention and emphasis and glory should go to God, not His servants. God says, "I will not share my glory with another" (Isaiah 42:8). Scripture makes no mention of loving angels—only God, His word, and people. And it never tells us to pray to angels, only to the Lord Himself.

3. Instruction, knowledge, or insight from angels, particularly ones with names.

Some angel teachers are proclaiming that angels are trying

very hard to contact us, so they can give us deeper knowledge of the spiritual{8}. Invariably, this "angel knowledge" is a mixture of truth and lies, and never stands up to the absolute truth of Scripture.

There are four angel names that keep popping up in the angel literature: Michael, Gabriel, Uriel, and Raphael. Michael and Gabriel are the only angels mentioned by name in the Bible. The other two show up in the apocryphal *First Book of Enoch*, which includes a fanciful account of the actions of these four beings. [Note: it has been brought to my attention that there are actually two other named angels in the Bible: Apollyon, the angel of the abyss in Revelation 9:11, and Satan, who is an evil, fallen angel.] Those who report modern day angel teachings are actually channeling information from demons.

4. Special knowledge or teachings from angels.

Naomi Albright distributes teachings about the deep meanings of colors, and numbers and letters of the alphabet which she claims is "knowledge given from above and brought forth in more detail by the High Angelic Master Sheate, Lady Master Cassandra, and Angel Carpelpous, and the Master Angel, One on High."{9} These same beings told Mrs. Albright to stress two main teachings: first, that God accepts all religions, and second, Reincarnation.{10} These two teachings keep showing up in much of the New Age angel literature, which shouldn't be surprising since they are heretical lies that come from the pit of hell, which is where the demons feeding these lies to the teachers are from.

Other angel teachings are that all is a part of God (pantheism); the learner is set apart from others by the "deep" knowledge that the angels give (this is a basic draw to the occult); and that eventually, the one who pursues contact with these angels will be visited by an Ascended Master or a Shining Angel (which is a personal encounter with a demon).

We need to remember that God's angels are not teachers. God's word says they are messengers—that's what "angel" means—and they minister to us. God has revealed to us everything we need for life and godliness (2 Peter 1:3), so any hidden knowledge that spirit beings try to impart is by nature occultic and demonic.

5. Human divinity

The message of the ugly angels is that we need to recognize that we are one with the divine, we are divine . . . we are God. In Karen Goldman's *The Angel Book: A Handbook for Aspiring Angels*, she says things like, "Angels don't fall out of the sky; they emerge from within."{11} And, "The whole purpose in life is to know your Angel Self, accept it and be it. In this way we finally experience true oneness."{12}

The following bit of heretical garbage was channeled from a demon posing as an angel named Daephrenocles: "The wondrous light of the Angels, from the elohim to the Archangels to the Devas and Nature Spirits, are all bringing to you the realization that you are magnificent—you are divine now and divine first."{13}

Much of the angel literature refers to "the angel within." But angels are a separate part of the creation. They were created before man as a different kind. They are not within us. The movie "It's a Wonderful Life" notwithstanding, when we hear a bell ring it does not mean that an angel is getting his wings. Nor do good people, especially children, become angels when they die. We remain human beings—not angels, and certainly not God.

What our culture needs in response to the angel craze is strong discernment built on the foundation of God's word. We need to remember, and share with others, three truths about angels:

1. The ministry of holy angels will never contradict the

Bible.

2. The actions of holy angels will always be consistent with the character of Christ.

3. A genuine encounter with a holy angel will glorify God, not the angel. Holy angels never draw attention to themselves. They typically do their work and disappear.

It's very true that many have "entertained angels unaware" (Hebrews 13:2). But we need to make sure we're entertaining the right kind of angels!

Notes

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2. Malz, Betty. *Angels Watching Over Me* (Old Tappan, NJ: Fleming H. Revell Co., 1986), p. 40-41.
3. Anderson, p. 93-95.
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10. Albright, *Angel Walk*, p. 77-78.
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12. Ibid, p. 95.
13. *These Celestial Times* newsletter, Vol. 3, No. 1. (Gaithersburg, Maryland), p. 4.

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