

“My Son Came Out As Gay”

My son has told me he is a homosexual, which I believe is not true. He went to a Gay Pride parade this past weekend. I'm asking for your prayers because I don't know how to deal with it. I've put up barriers between us, which I shouldn't because he's my son. I ask God to help me with this but I don't know where to even begin or how to talk to Him.

I am so glad you wrote! For the past 8 or so years, I have been working with a ministry (Living Hope Ministries in Arlington TX) that helps people deal with unwanted homosexuality and the family members of those who identify as gay. I do send this with a prayer that you will allow this trauma to drive you closer to God and closer to your son, who desperately needs your respect, your attention, your affection, and your affirmation. He needs to know his dad loves him and wants to be a part of his life. Putting up barriers is the exact opposite of what will help your son. Invite him places. . . invest in what is important to him. . . ask him about himself. . . spend time just being WITH him so he gets the all-important message “my dad cares about me. I'm important to him.”

There is a free, anonymous, confidential, online support group for strugglers and family members like yourself at www.livehope.org. In the “Family and Friends” support group, the executive director of Living Hope and I collaborated on a welcoming post called “So Your Loved One Just Came Out to You.” I hope you find it helpful.

Sue Bohlin

Welcome to the Family and Friends forum. We are so glad you're here. . . and we're so sorry you have to be here at all. The Lord has been gracious in bringing you to this place of

acceptance, warmth, understanding and prayer support. You are now a part of "The Fellowship of the Broken." That's why we're all here.

So now you know your loved one experiences same sex attraction (SSA). It's usually a horrible shock. You may feel like Alice, having just arrived at the bottom of the White Rabbit's chute. . . but this isn't Wonderland, is it? You'd prefer to be anywhere but this new reality that's been forced on you.

Most people, arriving in this place, have two questions: How can I fix my loved one? And, how do I get my old life back, before the disclosure?

Second question first: "How do I get my old life back?" Well, welcome to your "new normal." We are so sorry—but you can't go back to the place of not knowing. Praise God, though: He lavishes grace on us in times of transition, even (and perhaps especially) this adjustment to your new, post-disclosure world. We pray for you to experience "acceptance grace," that you may receive His empowering to live in this new and unwelcome reality.

Back to the first question: "How can I fix my loved one?" (Or a variation of this question: "Where can I send my loved one to be fixed?") You can't. Only God can. And He usually works on a timetable and with a methodology that is different from ours. Your loved one is not a broken car that you send to the shop, and he or she will resent being viewed as a problem or a project.

The best thing you can do is entrust your loved one into God's hands and leave them there. What you CAN do is wear out your knees in intercessory prayer. The most effective prayers are scripture prayers. May we suggest reading through Paul's epistles and writing down his prayers for his beloved friends, which you then adjust on behalf of your loved one? For example, we have learned that grasping how much God loves us

is a huge part of emotional healing, because God's love is the healing agent no matter what plagues us. Consider praying Ephesians 3:17-19 (NLT) on behalf of your loved one:

And I pray that Christ will be more and more at home in his/her heart as s/he trusts in him. May his/her roots go down deep into the soil of God's marvelous love. And may s/he have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love really is. May s/he experience the love of Christ, though it is so great s/he will never fully understand it. Then s/he will be filled with the fullness of life and power that comes from God.

That's #1. But in our ministry, we have learned over the years that when family members come for support and assistance, the greatest need they have is to work on their own "stuff." Every one of us has garbage and scars from living in a fallen world. Every one of us grew up with imperfect parents in an imperfect family. Every one of us has been the recipient of countless "fiery darts" of the Enemy in spiritual warfare. And we all tend to hide our baggage and our scars, all the dark and hurting places of our souls. One wise counselor calls this "Christian denial," and defines it as "denying God access to those places He wants to heal for His glory, and our benefit."

God has brought you to this place in your life where you are ripe for God to do some wonderful, amazing work in your heart. Your loved one's homosexuality is the method He used to invite you to this place, but it's not the issue He wants to deal with in you. He wants your heart; He wants your vulnerability; He wants YOU.

So what do you do next?

Give God permission to work. Open your heart to Him: "Lord, what do you want to do in ME? What do you want me to know about my own heart, my own stuff, that I have been avoiding?"

It will be tempting to keep your focus on your loved one—it's much less threatening!—but you need to keep your focus on Jesus. Expect Him to show you things you've been in denial about, but also expect that He will lavish His grace on you to see what He wants to show you. He will never expose the dark and hurting places of your heart to you but that He's not holding those places in His own loving and safe hands.

Spend daily time in the Word, expecting God to meet you there and speak to You through His Word. You may find the Psalms especially meaningful because they are so comforting.

It will be helpful for you to journal this "adventure with God." Many people have reported that it is far more satisfying and helpful to use an actual book (or at least paper) journal instead of a computer. The multi-sensory experience of handling paper—seeing it, hearing it rustle, feeling it in your hands, smelling its fragrance—makes a stronger impression on your brain. Write what's happening and how you feel about what's happening. Write what God is showing you in your time with Him, both in His Word and in prayer. Many people find that they are better able to process what God is doing internally through journaling than any other method, because wrapping words around thoughts and feelings helps us to sort through our jumbled confusion.

Remember and practice Psalm 46:10—"Be still and know that I am God." God wants to soothe and comfort you, but you have to be quiet and still for Him to do that. You may find that listening to praise music may be helpful at times, but there is a time to turn off the music and the TV and the mp3 player and just be still before your God. Let Him love you in those moments.

We tell the SSA (same-sex attracted) strugglers who come to our ministry that the way God will bring healing and change to them is through intimacy with Christ. Many of them learn to also enjoy intimacy with their heavenly Father. That's the

goal of all discipleship, which is what God invites you to as well. We're really a discipleship ministry, and whether people are here as overcomers, as strugglers, as family members of strugglers, or those with a passion for those in the struggle, God has the same goal for all of us: spiritual maturity. Abiding in Him is the way to grow more like Jesus, no matter which door into this place of growth and healing you came through—even a rabbit hole.

We are glad you're here, and we pray that you will allow God to do such a deep work in you that at some point, you will be able to look back at this time and say, "It was horrible, it was incredibly painful. . . and it was the best thing that ever happened to me."

With prayer for rich blessings in your journey,

Sue Bohlin (Living Hope Board Member)

From Ricky Chelette, Executive Director of Living Hope Ministries:

I AMEN to all that my wise sister has shared. I see so many parents, particularly of teens and young adults, that look at this struggle like a bad case of acne. They often think, "Well, this is a phase and after a bit of counseling, some more Bible study and rededication to Jesus, maybe even a conference or two, my kid is going to be fine." I wish it were that easy but you have to remember that we are dealing with relational brokenness. This is not making a bad decision to stay out past curfew, this is thinking the wrong things about who you are and believing those wrong things as truth.

As a result, God has to do some major work in the heart and life of those who struggle. You are not God. Therefore YOU can't do anything but love and encourage your son/daughter to seek wise counsel, Godly advice, and more of Jesus. I really

wish this didn't sound as "churchy" of an answer as it does, but the fact remains that we are broken and once broken, we forever carry the scars of that brokenness in our lives. Yes, Jesus does bring healing, that is His promise to us on Calvary, but the process of sanctification and total relational healing will likely not happen until He comes again to redeem and reclaim His creation at the end of time.

St. Athanasius, Bishop of Alexandria in 297 wrote, "That which Jesus has not assumed (or taken upon himself), He cannot heal."

He assumes our sins as WE are willing to confess our sins and bring them to Him. We can not confess sins for others, only for ourselves. Your son/daughter has to get to that place and what it might take to get them there is only God's knowledge. You cannot create contrition. That is the work of God's Spirit.

Also please understand that the problem your child has is not homosexuality (though that is what we label it), it is sin. Sin is sin and it always deceives, kills and destroys. It does that in your life, my life and it does it in your child's life as well. They have to grasp the sin problem and the ONLY one who can convict us of sin is the Holy Spirit (notice mom, that I've said that twice! <smile>). Therefore, pray that God would use His Holy Spirit to convict and convince the heart and mind of your son/daughter so that they might see the error of their way and return to living for the Lord.

Despite what I sometimes hear from evangelical Christians, homosexuality does NOT keep a person from heaven any more than cheating, stealing, or telling "white lies." All those things are sin and all are bad and separate us from God, but they are also all covered by the blood of Christ on the cross. Granted, as humans, we tend to categorize sin and make some much worse than others. God doesn't do that. He says that what keeps us out of the Kingdom of heaven is not trusting in Him with our

whole heart as our Savior and Lord. A person who thinks he/she is gay can be a Christian. They won't be a happy Christian, or truly intimately related to Christ, but they can be a Christian. I believe that God, in His incredible mercy and grace, will continue to reach out to them, woo them to Himself and draw them until that day when He calls them home. So never ever, ever give up! God will hear your prayers for He fights for the souls of those who have "wandered from the way" (Matt. 18:12-13). God loves them more than you do—so wow, that's a lot!!

Keep in mind too that your task is not to "save your kid," but to show Jesus to them in everything you do. That is such a hard order for everyone and especially if your child has a partner. Do you allow the partner to come to your house, participate in your family activities, hang out with the rest of the family? Of course this is a very personal choice and one that you need to make with lots of prayer and discussion with your spouse. That being said, the question remains: How do you show Jesus to your child and their partner? Is kicking them out of family gatherings the way to do that? Personally, I don't think so, but maybe others here will feel differently. Remember, however, that your child loves this person and rejecting the partner will be akin to rejecting the child even though that is NOT what you are trying to communicate. I DO think it is perfectly reasonable to ask them NOT to show public displays of affection, not to sleep in the same room/bed, etc. Those are things that you would ask your child to do if they were in a heterosexual relationship and you were trying to uphold Biblical standards in your home. If there are small children around, you might have to think about the implications of that as well and if/how you want to talk to the children about it. I use to think that it was not good to expose them to such things, but with the popularity of homosexuality in our culture and media (need I say, "Brokeback Mountain" or "Will and Grace"), I think it might be best for them to hear the TRUTH from you rather than an interpretation

of truth they would get in the streets.

We all know that this journey can be overwhelming, confusing and at times, even debilitating. Do not allow the devil to steal from you the hope that is in Christ Jesus. Do not be worn down by the familiarity and insistence of your child that this is “normal” so that you redefine Truth. Come here and post your frustrations, concerns, joys and victories. We have seen many make it out, hundreds of thousands in fact, and we have seen God do amazing things in the lives of the struggler as well as their family members. If you will allow it, this can be the greatest thing that has happened in your family. I am convinced that God wants to use it for good if you will let Him.

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“Is There a Spiritual Gift of Intercession?”

I’m confused about intercession. Is there a gift of intercession as well as it being a discipline? Some people certainly pray more often than others and some love doing it, yet there are those who don’t love it but get woken in the middle of the night to pray for hours anyway.

I also look at people sometimes and really want to pray for them, right then and there. I don’t because I’m a bit too scared to walk up to someone and say “I so want to pray for you” and I’m not really sure what I’d be praying about. I find this both amusing and confusing. Do you have any light to shed?

As far as I know, there is no “gift” of intercession, although people with the spiritual gift of faith (1 Corinthians 12:9) usually have a (super)natural affinity for praying for others. Whether we love doing it or not has nothing to do with whether God is using us as channels of His power.

One of my dear friends is a pastor. One weekend afternoon he was feeling rather “prickly and grumpy,” to quote him, when he got a call from one of his congregants asking him to come to the hospital and pray for their daughter. She was supposed to have surgery but an infection had invaded her body and they couldn’t do it until the infection was cleared up and her fever went down. Bob knew in his spirit that if he prayed for her, she would be healed, but he reeaaaalllllllly didn’t want to go. He went anyway, just as prickly and grumpy as you please, laid his hands on the girl, and asked God to get rid of the infection so they could go ahead with the surgery. He left to go back home, and as he walked in the door, the phone was ringing; her temp was normal. That fast. He says it was quite humbling that God wanted to use him, as fleshly and uncooperative as he was feeling, but the issue wasn’t the attitude of the channel, but the divine power that flowed through it.

When you get an impression in your spirit that you should/want to pray for someone, please give yourself permission to trust the Lord’s leading on that. (And I would ask, are you being impressed to pray for them just internally, or does He want you to bless them by praying out loud? Consider that having someone pray for you out loud is an intense blessing for most people, and if you don’t follow through, you may be depriving them of a blessing God wants to give them through you!)

What you’re dealing with is discomfort over operating in the supernatural, and the more times you overcome your reticence, the easier it will become to follow through on His leading.

You can go up to someone and say, "Excuse me, I know this may sound crazy, but I think the Lord wants me to pray for you right now. May I have your permission?" A number of years ago I decided I wanted to be the kind of person who would stop in the middle of a sidewalk and pray for someone right then and there if it was the right thing to do, but it was unfamiliar territory to me. So I told myself, "I need to get over the discomfort of the unfamiliar, and then it will be familiar, and it will feel natural, and that's where I want to live! Where praying out loud at the drop of a hat feels natural and comfortable. So I will push past the discomfort to get to the place I want to be." It worked.

I heard a great story at one of the Exodus conferences. (Exodus International used to be the umbrella organization over many ministries that deal with the homosexuality issue; I serve with one.) Andy Comiskey, a former homosexual struggler (to whom God has brought great healing) and his wife were in New York on an anniversary trip. They took a walk to Greenwich Village and ended up in a park across the street from Stonewall, the bar where the gay rights movement was launched in 1969. It was a gay park, and they sensed a lot of demonic oppression in that place. Andy said, "Enough! We need to take authority right now!" and invited Jesus to be Lord of that park. He prayed, "Your kingdom come, Lord!" and so the two of them kept their eyes peeled for what God was going to do. They saw a lady who looked oppressed to them, so they walked up to her and Andy said, "Excuse me, but my wife and I are Christians, and we believe God wants us to pray for you. Would that be OK? If it isn't, we'll just pray for you as we leave." The lady's eyes filled with tears and she said, "This morning I prayed and said, 'God, if You're real, show me.'"

If you get the urge to pray for someone and don't know what to pray for, I would 1) trust that if you obey His prompting, God will impress you with what to pray for if He wants you to pray something specific, and 2) ask the Father to bless that person

with His love and the awareness of His presence and His pleasure in them as a person He made in His image and sent Jesus to die for. Ask Him for His peace and a lingering sense of blessing on the person throughout the day. No matter what the person's issue is, you can bless them in Jesus' name and it is a REAL THING you are giving them! I would also suggest that you dive deep into God's word to grow your familiarity with, and make a list of, His promises and truths that you can feel confident praying because He has already revealed it as His will. (One of my favorites is from Ephesians 3:18, that the person will have power "to grasp how wide and long and high and deep is the love of Christ" for them.)

Hope this helps!

Sue Bohlin
Probe Ministries

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"Is There a Genetic Component to Homosexuality?"

Dear Dr. Bohlin,

I noticed that you have some background in genetics. I am writing an article involving homosexuality for my own website. Many homosexuals want to say they are "born" that way, or that God made them homosexual. However, the evidence so far is unconvincing.

I am a student of science and scientific knowledge and have some background in science as well. I believe that there may be a genetic component to what some homosexuals experience.

Also, I've been thinking that some homosexuals may have a genetic defect somewhere that we may discover. They may not want to hear or believe this, but I think it is a possibility. They don't seem to realize that just because they may be "born" homosexual does not mean that they were meant to be homosexual. For example, some are born with sickle-cell anemia, but we know that this is due to a genetic defect and that this is abnormal for red blood cells. This is a problem that needs to be fixed. I think we may find in the genetic code a defect that leads some to homosexuality. I purposely used the word "some" in my statements because I think it is pretty well established by now that homosexuality is not a monolith and that some of them do choose this lifestyle deliberately. So what do you think?

No one has identified any gene that has been linked to homosexuality. Dean Hamer reportedly found a chromosomal region that was prevalent in male homosexuals but his work was unrepeatable and has been largely discarded.

It certainly is possible that there may be a gene or sets of genes that predispose someone to homosexuality. But you correctly surmise that this in no way would determine homosexual behavior. We all probably have genetic predispositions of one sort or another that make it easier for us to sin in some areas than in others. This could be similar to suspected predispositions for some to alcoholism (as found in some races and ethnic groups). This does not mean their alcoholism is excused or acceptable. The same would be true of any predisposition to homosexuality.

Keep in mind also that many who desire to leave the homosexual lifestyle can and do, and many have successfully worked to change their romantic and sexual attractions. If it were in any way genetically determined, this would not be possible. It would be like choosing to have genetically blue eyes and blonde hair (hair coloring and colored contact lenses aside).

Also, many in the gay community are distancing themselves from any genetic component to homosexuality because that would mean a genetic test could eventually be developed for it. They know full well that many parents would likely choose to have any embryo/fetus testing positive for homosexuality to be aborted or simply not implanted in the case of IVF.

Respectfully,

Ray Bohlin, PhD
Probe Ministries

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“You Promote Hate and Intolerance”

How can people who say they are God’s children stand in judgment of others. . . only God can judge man! “He who is without sin cast the first stone.” You promote hate and intolerance and I am quite sure that Jesus would be ashamed of your actions.

It would be helpful if we had any idea of what you had read on our website. I’m curious where you saw hate; intolerance is another matter altogether since today’s values, elevating a new kind of tolerance, say that everything is equally valid. I guess you don’t believe that, or you would have a live and let live attitude toward our position.

What did you read?

Sue Bohlin
Probe Ministries Webservant

This was written by you Sue Bohlin http://www.*****.com
Regardless on how you feel about homosexuality and I am a straight female by the way your complete lack of compassion by showing a man with AIDS and how he looks before and after death is sick. I am a Christian and ashamed that there are so called "Christians" out there that can be so cruel that is not what Jesus preached when he walked this earth. Remember he died on the cross for all of our sins and no one is without sin even YOU. So before you start judging others start with yourself for not being able to show compassion and love something that Jesus preached over and over again.

You have your right to disagree with homosexuality but it is the manner in which you choose to disagree that makes me sick. I wonder if you have ever met a homosexual, believe it or not they are no different than you and me. They are human beings and deserved to be loved and respected like everyone else.

I will pray for you and your "ministry" that you will come to find compassion for those who are different than you. Remember God loves us all ...regardless....that is why his Son Jesus died on the cross.

Thank you for writing me back. I appreciate the time it took you to find the article you were referring to. I truly want to make sure that my heart for those dealing with homosexuality comes through, and if I have written something in a way that invites misunderstanding, I definitely want to fix it.

Which is why I was so puzzled by your reference to this: "by the way your complete lack of compassion by showing a man with AIDS and how he looks before and after death is sick."

I am so glad you said you found my article on the *****.com website, which provided the key to the mystery. The people who have that website republished my article on Homosexual Myths from our Probe Ministries website, Probe.org (and actually didn't even ask permission, as I recall). I am

not connected with the *****.com people and didn't even know what else was on the website. No wonder you thought I agreed with them! I am quite sure that Dr. Throckmorton, a good guy with a HUGELY compassionate heart, whose article follows mine on their website, would agree with me that we are distressed to be linked to such unloving, uncompassionate people.

I am glad to be able to reassure you that you and I are on the same page. I have a huge, joyful passion for those dealing with unwanted homosexuality, and in fact minister on a daily basis to women dealing with same-sex attraction. It is one of the highlights of my life to watch God change lives of the sexually broken through the power of Jesus Christ, and I tell my struggler friends all the time that they are my heroes.

In fact, if you're interested, here's a [link](#) to a number of my e-mail answers to homosexuality questions from real, hurting and questions people on the Probe website.

I am glad to be able to clear up this misunderstanding with one of my sisters in the Lord BEFORE we get to heaven! <smile>

The Lord bless you and keep you today!

Sue

“Are Nocturnal Emissions (Wet Dreams) Sinful?”

I have question about nocturnal emissions or wet dreams. As a Christian seeking to to be released from sexual temptation, your writings have helped me center my thoughts on truth and gain victory over my temptations through the power of Christ's

blood. Despite these victories, and perhaps in spite of them, I am being plagued by nocturnal emissions.

Six months ago I gave my homosexuality over to Christ and am no longer living as a gay man. I have, however, struggled with the temptation to masturbate. It took me a while to recognize masturbation as sexually immoral. So I am no longer masturbating either.

At this point I began having frequent nocturnal emissions. It is somewhat embarrassing because it usually seems to be a problem that adolescents have; I am 22.

There have been some noticeable differences in how my nocturnal emission are occurring now than in the past. The biggest difference is that my dreams are often not sexual in content, where as in the past they usually were.

Scripture surprisingly seems to mention this more directly than masturbation, or at least in the Old Testament. It tells us that it is unclean, but compared to the verbiage used to describe homosexuality, it would seem it is not as bad. Is it wrong, though? Am I sinning, and if so, how do I keep from sinning when I am asleep? Do you think that they could be caused by spiritual attacks, or is it simply my body wanting to relieve tensions? I am truly concerned and very confused about this.

Thank you for a most open and encouraging email. You have made some tremendous strides forward in His grace that are humbling to read for one who has not struggled with the intensity you report.

To answer your major question, nocturnal emissions are universally understood to be a normal bodily response to accumulated semen. You never really stop producing semen and when you are not providing an outlet either through sexual intercourse or masturbation your body must expel the excess. I find it quite interesting that the content of your dreams

associated with the emissions have changed as you have responded in obedience. What an incredible confirmation that God is honored by your choices. It should also be of interest to you that God has provided a moral release of these fluids apart from sexual activity. God has provided for abstinence and obedience!

Concerning the uncleanness issue, remember that a woman's menstrual period was also considered a time of uncleanness in the Law of Moses. It is still normal and not sin, just unclean. Part of the reason for ceremonial uncleanness in the Old Testament was for simple hygienic reasons that early Israel would not fully understand so God gave laws for them to abide by.

In regard to their frequency, though I am not a medical doctor, I would expect for the frequency of emissions to diminish over time as your body adjusts to your abstinent choices. Our bodies are quite flexible and will adjust to most changes we institute. For instance, as you eat less, your stomach will eventually shrink a bit and it actually takes less to fill you up. As you begin to eat more, your stomach can begin to expand to accommodate the larger volume. So too with nocturnal emissions. I suspect that as your "demand" is reduced, production of semen will eventually slow down though never cease altogether.

Therefore I would not consider your emissions as sinful at all, just a natural bodily response to your current obedient choices. Be assured brother, you are not in sin! Not in the least! This is actual confirmation of correct choices. I rejoice with you and pray your unnecessary guilt will melt away.

Respectfully,

Ray Bohlin, PhD
Probe Ministries

Addendum by Sue Bohlin, August 2010

Recently I had the privilege of speaking to a group of young people at a conference about unwanted homosexuality. In a breakout session dealing with replacing the lies we believe with the truth from God's word and God's world, I was addressing the lie "I can't live without sex," replacing it with the truth that sex is not a basic requirement like food, water and sleep. I supported my argument with the verse from Psalm 139 that says we are "fearfully and wonderfully made," explaining how nocturnal emissions are God's design for expelling the buildup of seminal fluid.

One young man told us a fascinating story:

"I had never experienced a wet dream. I was reading one of the discussion threads on the Living Hope Youth Forum (www.livehope.org) about the '6 Week Challenge.' That's where people challenge each other to go six weeks without masturbating. [The original poster wrote, "The hope is that by abstaining for this period of time, we can break the cycle of continually running back to P & M (pornography and masturbation) as "medications" for our problems and struggles, and instead learn to run to Jesus and other healthy replacements.']

"I decided to take the six-week challenge. After I reached six weeks, I kept going. After no sexual activity for eight months, one night I had an incredibly intense dream. I was in the throne room of God. There was glory and beauty and light everywhere. Suddenly I realized God was showering me with such delight and favor. Somehow in the dream He was letting me know that He loves me, He delights in me and He's proud of me. I had this amazing sense of incredible joy that exploded inside me. Then I woke up, and I realized I'd had a wet dream."

One of the other students said, "Dude, are you kidding me? You're saying that your wet dream was connected to this

spiritual dream that God was, like, *proud* of you?"

He replied, "Yeah, that's exactly what I'm saying."

I thought that was *most* interesting.

"Can You Suggest Reasons Why I Am a Lesbian?"

I just read Kerby Anderson's article on [Homosexual Theology](#). Very well written, although I do disagree on some points. I consider myself homosexual. I am a 36 year-old female. As far back as I can remember, from the age of 2 or 3, I've have "felt" like a boy. This goes beyond just same-sex attractions. It goes into wanting to play army and trucks as a child, rather than play with dolls and, eventually, being sexually attracted to females (even in grade school), rather than males. For me, as I can only speak for myself, it is not all about sex. I would rather share my life with a female, even if we never had sex. I want the same thing I assume most heterosexuals want; a home, family, decent job, vacation time, and hope for a healthy, happy future.

I guess my question for you is, what do you think caused my homosexuality? I grew up in the "All-American Family." Stay at home mom, dad who always worked, middle-class, church on Sundays. I am the youngest of three, and the only girl. I was always encouraged to act and dress like a female by my parents. I had no doubt about my parents love for me and felt very secure and safe in my environment. I grew up about as "normal" as anyone can in American. So, can you shed any light? Thanks, _____

Dear _____,

Kerby Anderson forwarded your e-mail to me because I am very familiar with the homosexuality issue.

The difficulty in trying to explain the foundations for another person's same gender attraction is always increased when we are only given selective details. What you wrote to Kerby isn't your whole story, and you couldn't possibly be able to GIVE your whole story, especially when the most important parts are what happened inside your head and heart.

One of the things we have discovered over the past several years is that the contributing factors to homosexuality include not only events (such as sexual abuse) and relationships (especially with parents), but how a child PERCEIVES events and relationships. For example, dads can show and tell their love in one way, but if his son or daughter doesn't hear it or see it, s/he can feel unloved even though the love was there. Parents can feel that they are accepting their children, but sometimes the kids don't feel that acceptance. And that makes sense, since we are all broken people living in a fallen world, and sometimes our "love receptors" are broken just like a radio can be broken and not receive the radio waves that would translate into sound if it weren't broken.

There is an intriguing detail you DID include, which was being sexually attracted to females, even in grade school. Emotionally healthy children do not experience sexual attraction until adolescence. (Kids sometimes develop crushes on other kids, but it's an intense emotional attraction, not a sexual attraction.) Becoming sexual at an early age isn't normal; all the examples I ever heard of were the result of sexual exposure (which is actually sexual abuse) at an early age.

So I would suggest there are parts to your story—your true

relationship with your parents, possible experiences you don't mention—that are a big part of what you have experienced. Having boy-like interests at an early age, in and of itself, doesn't say that anything was wrong; there is a wide spectrum of what it means to be a female, just as there is a wide spectrum of what it means to be male. And that, I believe, is by divine design, because God is delighted to make people with great variety. But that doesn't mean He gave you same-gender attraction, and it doesn't mean He made you gay. It means something happened, even if you don't know what it is. Homosexuality is really about gender confusion, and something interfered with you embracing your femininity if you have closed yourself off from wanting intimate relationships with men.

I hope this helps.

Most respectfully,

Sue Bohlin
Probe Ministries

“Help! I’m a Gay Christian”

Thanks for being willing to help me. Here's the deal:

I'm 18 and I've known for a while now that I'm gay. Yep, GAY!!!!!! But I'm also a Christian, and those two don't usually mix well. I don't have a boyfriend or anything. The problem is I don't know whether I should accept my nature and try and be both a Christian devoted to others and God who just happens to like men, or to fight my nature and be alone for all my life.

What is your opinion on gay people? What do you think?

1. The world tells you that you have two choices: Accept that you're gay and find a way to be a gay Christian even though the Bible says not to, or be alone and lonely forever. I would suggest those choices are a lie.

You can't glorify God in gay relationships, especially sexual relationships. Sex was created (among other reasons) to show us what "unity within diversity" is, so we can see a physical demonstration of the unity of Christ and the church. Just as Jesus is very different from us (the church) as His bride yet the two become one, God-glorifying sex can only be between two very different (i.e., male and female) people who become one. The very biology of sex shows us that sex was intended to be heterosexual.

2. If God's intention in His creation is holy heterosexuality, then all of us have the *capacity* for it. That's why there are people ministering to those with same gender attraction (SGA), showing them how to move out of what feels normal but isn't, into heterosexual attraction. It's not fast, it's not easy, but it IS possible. It's about finding ways to relate in a healthy, nonsexual way with other men, and doing it in the power of the Holy Spirit. Which He is happy to give as we abide in Christ. (That's the key, but it's easier to talk about than to live, moment by moment. Nonetheless, that's how others have moved from being strugglers to being overcomers.)

There are a number of websites where you can read stories and get real help, including online message boards for encouragement. Here's a good place to start: Living Hope Ministries. This one has a lot of other sites listed, as well as a web forum where you can find people to talk to.
<http://www.livehope.org>

The bottom line is, THERE IS HOPE. You don't have to live with the false choice of either being separated from God because of your sexuality, or alone and lonely because of it.

3. In terms of my opinion of gay people? Well, God passionately loves gay people, so who am I to argue with that? ::smile:: He grieves when men are attracted to men and women are attracted to women, because it means that something went wrong somewhere, whether biology or psychology or whatever. But it doesn't make the PERSON bad!!! I think that the reason gay people are in so much pain isn't because the world hates gays and is homophobic, which is the politically correct explanation you get these days, but it's because something went wrong and it's painful not to be able to relate correctly and healthily to people of the opposite sex.

And God has power to help us with problems like that, even though it's not easy—by ANY means—to change.

4. One last thing. Until their mid-20's or so, some people's sexuality is fluid. It's changeable. Surging hormones can create some alarming and disturbing feelings. It doesn't necessarily mean someone is hard-wired to be gay. That's a good reason not to act on it, totally apart from the moral issue of being sexually active outside of marriage.

Sue Bohlin
Probe Ministries

“How Can I Help My Gay Friend?”

I have a friend who confessed to me that she was gay. I was shocked...but yet...something inside of me knew that there was something different about her. I have been searching of ways to tell her about the truth. Please understand...it has been so easy for me to lead others to the truth...but with her...I'm

baffled. I have been speaking to her over the Internet mostly. She has had close family members that have been diagnosed with cancer, etc. I've been helping her stand on the word by giving her Biblical scriptures on healing. I "gently" tell her in a roundabout way (when given the opportunity) about sins in our lives etc...etc...etc...

I'm trying to tell her that God loves her but not the way she's living her life. As you can tell... I'm even having a hard time explaining it to you. I wish I knew of a book that helps Christians talk to gays to lead them to the truth. She once told me that men were so iffy and that her girlfriends treated her better. I should have caught on then...but I didn't. I don't think she's ready to give up this lifestyle...but I can't go on acting as though it's not a problem. I try to stay away from talking about this issue with her. She has a girlfriend at this time and lives about 3 hours from where I live. I just thought you may know of something that may help me minister to her or help me to understand before I leap out there and push her further away from knowing the truth. She is always sending me thank you notes saying that she knows that there was a reason why we met and that she would not be where she is with God if we didn't meet. Honestly...I couldn't believe her attitude. She started going to a Christian church...joined a Bible study from Genesis to Revelation... stood in faith for a job (when she lost hers). It's like God is doing all He can to show her He's real, but deep down in my heart...I feel she's lost in another way. Before I keep going on....I'll close and ask again.... Do you know of anything that will help me to reach her God's way?

I am so glad to hear of your friendship with this dear lady who needs the freedom Jesus offers!! You should know that almost all the people involved in ministries to those with unwanted homosexuality (you can check out [Restored Hope Network](#) and [Living Hope Ministries](#)) did so because of friends and family who showed a willingness to BE THERE for them and

love them through the process of change.

Yes, there is a book I would recommend for women, *Out of Egypt* by Jeanette Howard. May I suggest that a good way to offer it is to say, "If you ever get to the point where your life isn't working for you, you might want to read this book." It's not threatening, and it leaves the door open to pursue something different when the Lord reveals truth to her. And nothing will change apart from HIM allowing her to see the truth instead of being deceived by the enemy. Which is why your prayers for her are of utmost importance.

If you want to educate yourself to better know how to minister to her, read *Someone I Love Is Gay* by Anita Worthen and Bob Davies. It's written for friends and family of those in the lifestyle.

I hope this helps; I know these resources have helped many, many other people in exactly your shoes.

In His grip,

Sue

"How Should We Deal With Gay Activist Groups?"

I have been reading your articles on homosexuality. But I still didn't see anything on how we are to follow Jesus' commandment about loving your neighbor regarding homosexuality in the "institutionalized" church, and homosexual weddings and pastors. I don't want to judge others, and I don't want to see homosexuality forced into public schools as a "normal" lifestyle. How do I have mercy AND stand up for what I believe

in my heart to be wrong according to my interpretation of the Bible? Where does mercy end and judgment begin in dealing with activist groups?

I turned to two friends for help in answering your excellent question. One is the director of an outreach to those wanting to leave homosexuality, a man who is a former gay activist himself. The other is a pastor who was convicted of his judgmental attitude toward homosexuals, and sought the Lord's heart by involving himself in Exodus International and a local ministry to those dealing with unwanted homosexuality. Both of them wrote such great answers that I'm just going to paste them in here.

Sue Bohlin

The director:

Unfortunately for us, because it makes it more difficult, mercy and judgment go hand in hand. The challenge is to know where to apply them both in situations that require both. With judgment, the Bible clearly calls us to judge sinful behavior. Especially if we are judging the behavior of other Christians. It isn't an option according to Matthew 18, and the Lord has blessed us with a model of how to approach one who is in sin. What we cannot judge are the motivations of the heart or a person's worth to God. It is hard for modern Americans to see that calling something sinful is an act of mercy. God was very merciful to us to show us not only the good things of Himself, but also the things He will not accept—which is also good. Others use the same words to condemn, but if we are mindful of our own sin and the mercy extended to us, when we are called to speak the truth in a situation, it will be delivered with such compassion and mercy that it will be an effective witness. Judgment comes in the words; mercy comes in the delivery of the message.

Here's an example of how to communicate:

“According to my spiritual convictions, homosexuality is sinful. I don’t know what it is like to be gay or to have the feelings you do but I do know the loving character of my God. If He says, which I believe He does, that a certain sexual activity is sinful, then I believe that He says so because He wants you to have the very best in life and will make a way to meet the deep cries of your heart. I know for myself and my struggles with different issues, that what seems impossible to me is very possible for a holy and loving God.”

As far as institutionalized Christianity, I don’t know that any institution will change until the hearts of individuals change. Of course we must vote our conscience and speak what the Lord tells us to, but I think the main focus should be the person next to us. When we can look them in the face with love and compassion, nothing but positive change can occur. They may not like it at first, so we must be prepared to receive at least rejection and at most hostility—neither of which should move us past love.

With regard to activist groups, I don’t suggest dealing with them as a group is a good idea. To be an activist means you are sold out to whatever you are fighting for, and as a group I think it would take another group to deal with them. If one is dealing with an activist, don’t see them as an activist but as a saint of God in the making. Turn the other cheek, love them enough to hurt at the thought of their pain. I have learned that saying a small amount of appropriate truth and being a steadfast witness is the best way to witness to activists.

The Pastor:

I am assuming from the tone that the writer believes homosexual conduct to be sin. S/he also seems to fear that if we aren’t strong enough in our denunciation that gays will take over the public arena. If we show too much love and mercy it will be construed as acceptance. I understand that.

I just read a response J.P. Moreland made to Charles Templeton who was asserting that it is intellectually impossible to believe in God. Moreland pointed out that how the argument is framed is extremely important. If we accept a faulty premise we've already lost. This is what gay activists, with the collusion of much of the media, have done—for example, all those who do not accept homosexuality as normative are “homophobic.” Of course this is linguistically and logically wrong. If you and I were homophobic we would never be around homosexuals willingly. But we also frame the argument incorrectly if we accept that.

So I would begin by saying that God showed me I wasn't responsible for how the world viewed what I do and say as long as it squares with His Word. Of course going by that Word can be dangerous; it can get you crucified. People, even religious people, may misinterpret what you do and say. As a fundamentalist I was always bothered by Jesus telling His disciples that the world would know they belonged to Him by the way they loved each other. I've come to see that I can love people without condoning or approving their actions—or their positions. But if my loving them consists of telling them “I am speaking the truth in love” or something similar it will not ring true. We absolutely must learn to see gays—and all other people—as people whom Jesus loves dearly. He cries out for them to come to Him. He wants them to know that no matter how far they drift, He longs passionately for them to come to Him. So, I began by realizing how much Jesus loved homosexuals—including activists—and then because He was so pained by their sin and the cruelty of others, I found myself wanting to serve Him by helping to show them His love. I had to be Jesus in the flesh. I couldn't do that if my “love” was a veneer or simply putting on an act so I might get them to listen to my arguments. I had to decide if I really believed what God says about people who are separated from Him. Are they really basically empty spiritually? Can they really find true Joy apart from Him? If I really accept that then I don't

have to argue with them that they really are or aren't happy, etc. I can simply proceed with the assurance that it is the task of the Holy Spirit to do that. My job is to love and speak the truth—gently for the most part.

_____ (an outspoken gay activist) has been good for me in that regard. He has even asked me to appear with him at a PFLAG (Parents, Families and Friends of Lesbians and Gays, a pro-gay support and activist group) meeting next year. He wants his side to see that someone can totally disagree with him (and them) and not be harsh or obnoxious. He and I have kind of a running joke that "I love _____ but we disagree totally on homosexuality." I do love him. He is well aware that I oppose gay marriage or adoption and acceptance of what we believe to be sin by the culture at large. I grieve over his views on homosexuality. But I am encouraged that thru lots of conversations and e-mails with some of the ex-gay folks, he has for the most part let go of his anger and bitterness toward the church and indirectly toward God. He now once again identifies himself as a Christian. I still pray that one day he will see the whole truth. But I know he wouldn't even be in a position to consider it if he had not seen God's love in the flesh.

I have heard the same kind of testimony over and over since getting involved with Exodus. Many of the leaders in Exodus ministries came to Christ because some Christian loved them. Most had experienced a lot of anger and rejection from the church and were bitter and antagonistic. It is imperative that we not allow ourselves to put homosexuality into a separate category from other sins. If we slip into that it will show in the way we relate and those to whom we are trying to minister will know it. For instance, do we oppose adultery and adulterers in public life with the same standard we use for homosexuality? I think we think we do, but I haven't seen consistency there. The bottom line is that we are in the business of reconciling ALL sinners to our Father. We must see

ALL people as God sees them.

When Someone In Your Congregation Says “I’m Gay”

Things to Remember

1. **No one is born gay**, and no one chooses to be gay. Because of relational brokenness in families and among peers, some people experience emotional needs that they try to meet in ungodly ways. Many of them are uncomfortable with their own gender; later, they discover they are attracted to others of the same sex, but this is not their choice. Acting on it, however, is.
2. **Change is possible.** Even going back to the first-century church, the apostle Paul wrote to former homosexuals in the Corinthian church, “and such were some of you” (1 Cor. 6:11).
3. Because we live in a fallen world, **we are all broken.** Many people in our churches are sexually broken—victims of incest, pornography and masturbation addicts, and compulsive sex addiction. Homosexuality is only one form of brokenness.
4. **Homosexuality grows out of broken relationships and is healed in healthy relationships**, especially same-sex relationships. This is one of the reasons it is essential for recovering homosexuals and lesbians to be actively involved in the church, because this is where they can find healthy, God-honoring friendships. Their homosexuality is not contagious!
5. **Treat them with respect like you would anyone else.** They are people made in the image of God for whom Christ died—they

are not their sexuality. Many people trying to come out of the gay lifestyle expect to find respect and acceptance only in the gay community. Finding it in church is immensely healing to their souls.

6. **Accept them where they are, just as Jesus did.** Choose to accept the person, but not sinful behavior. People don't change unless they experience the grace of acceptance first. But once they know they are loved and accepted, many of them are willing to do what it takes to live a life of holiness.

7. **Seek to see them with God's eyes** of love and acceptance, with His intention for their wholeness, healing and freedom. This means depending on the Holy Spirit for divine perspective and exercising humility to recognize that first impressions are often incomplete and inaccurate.

8. This is a great opportunity to lead people to an understanding of **what it means to have a personal relationship with Jesus Christ**. Some homosexual strugglers, especially men, feel that they have committed the unpardonable sin. They've heard they are going to hell no matter what they do, so they are permanently separated from God. They need to know this is a lie, because when we confess our sins, the blood of Jesus covers them ALL and cleanses us from all unrighteousness (1 John 1:9).

9. Because of abuse issues, most **strugglers seem to have an especially hard time relating to Father God** and to receiving His love. Yet it is the masculine voice (first in earthly fathers, and ultimately in our Heavenly Father) that calls gender out from both men and women, and it is the Father's personal and powerful love that is the most important healing agent in human hearts.

10. Because most pastors are men in authority, **most strugglers (men and women) are INCREDIBLY intimidated** by them. Pastors need to know this and really understand in order to minister

to strugglers. This means respecting the fragility of strugglers' relationships with pastors and choosing to be deliberately tender and gentle. They really need "good shepherds." Verbalize to them that God can not only change them, but He is very proud of them (as you are) for sharing this with you and desiring to change.

11. Most same-sex strugglers have very weak and broken boundaries. Their deep neediness causes them to lapse into emotionally dependent relationships with everyone who gets close. We encourage you to only counsel these folks at your office during regular business hours where others can be aware of your activities. This gives a sense of security to the struggler and a protection for you as the pastor.

12. The most success in overcoming same-gender attraction has occurred when strugglers experienced God as Healer through heterosexual people who were willing to come alongside them in their journeys—men helping men, and women helping women. It would be helpful for you to find someone willing to befriend and mentor the struggler. This takes a person willing to seriously invest in the life of a very needy person. They will need to be available and accessible. Their presence in the struggler's life can be powerful and healing.

13. If someone comes in with an agenda of arrogance, demanding acceptance of their sexual sin, don't let them bully you. There is a difference between welcoming the sinner and allowing him to continue in his rebellion. Homosexuality is sin. Lev. 18:22-23; Rom. 1:26-27, 1 Cor. 6:9-11. Note that these verses condemn homosexual behavior, not feelings.

Five DON'TS:

1. Don't panic. An excellent resource for understanding the issue of homosexuality is *Someone I Love is Gay* by Bob Davies and Anita Worthen (published by InterVarsity Press). Also Exodus International (exodusinternational.org/), a Christ-

centered ministry that helps people deal with unwanted homosexuality, has numerous resources. Living Hope Ministries (www.livehope.org) is an Exodus referral ministry in the Dallas/Ft. Worth area with excellent online forums for parents, spouses, men and women, and youth (ages 13+) who struggle with homosexuality

2. Don't make false assumptions or accusations. For example, please do not assume he is HIV positive. Many aren't. And if he is, AIDS is sexually transmitted; the people in your congregation are safer than many fear. Respect the seriousness of HIV with commonsense precautions (such as contact with bodily fluids), but don't ostracize the person. Handshakes and hugs are perfectly safe.

3. Don't shut down pastorally or emotionally. The person coming to you has known a lifetime of rejection and desperately needs to know that a representative of Jesus Christ will extend grace to him. Hug them when they leave. It may be the first positive touch they have had in years.

4. Don't pass judgment. All of us have besetting sins! As Billy Graham said, "Don't take credit for not falling into a temptation that never tempted you in the first place."

5. Don't disclose this person's secret without permission, even among church staff. There is nothing safe about the gay lifestyle; people struggling with same-sex attraction need to find safety in the church.

This is the text of a brochure from Living Hope Ministries, written by Sue Bohlin, who serves on the Board of Directors of Living Hope and moderates one of the online forums. A PDF version of this brochure is also available for download [here](#); you will need the free Adobe Acrobat reader to see it.

