

“Where Does Scripture Say That Men Should be Strong and Women Should be Soft?”

Re: God’s order for the “strong, leader” capabilities of men, and the “soft, nurturing” capabilities of women.

Chapter and verse, please, where is this laid out in scripture?

In the Bible we seem to have a wide mix of all characteristics in both genders, and no specific statement that “strong” characteristics belong only to men, and “soft” only to women.

Hi _____,

Thanks for your letter.

Re: God’s order for the “strong, leader” capabilities of men, and the “soft, nurturing” capabilities of women. Chapter and verse, please, where is this laid out in scripture?

Well, I was thinking of Joshua 1:6-9, where Joshua is exhorted three times to be strong. And I was thinking of the role of the helpmate in Genesis 2, where Eve was created to respond and complement Adam, and a wife’s responsibility is further spelled out in the New Testament to submit to and respect her husband. Are there “chapter and verse” delineations where the observations about men and women are laid out? No, I don’t think so. We can’t point to specific chapters and verses for many of the things we believe (there is no specific verse, for instance, that says “abortion is sin” or “do not go into pornographic chat rooms”), but I do think we can draw conclusions based on our observations of life that correspond with what we DO know in scripture.

In the Bible we seem to have a wide mix of all characteristics in both genders, and no specific statement that “strong” characteristics belong only to men, and “soft” only to women.

I agree, we do have a wide mix of all characteristics in both genders, and I see problems that arise when men and women go against the way we were created to be. For instance, when men become passive, weak responders (Adam, Ahab) and when women become harsh controllers (Jezebel, Michal, Rebekah).

I would agree with you that strength is not a male-only characteristic, for we see many examples of strong, godly women in scripture. But that doesn't cancel out God's call for men to be strong. (For instance, the qualifications of elder and deacon in the pastoral epistles.)

However, the concept of a “soft man” seems to call up unfortunate, unflattering images of milque-toast characters. Who wants a man to be spineless and too-easily influenced or intimidated? I don't see any place in scripture where wimps are held up as role models. ****BUT****—there is a huge difference between a “soft man,” and a “gentle man,” or a “sensitive man.” The Lord Jesus was hardly a soft man, but He was certainly gentle and sensitive, while at the same time charismatically attractive to the most masculine types of men.

I hope this has communicated my heart better than my article apparently did.

In His grip,

Sue Bohlin
Probe Ministries

Boys Are From Mars, Girls Are From Venus: Raising Gender-Healthy Children

Sue Bohlin begins with the concepts from John Gray's best-seller and applies them to understanding and supporting our child's gender to develop a healthy self understanding. Recognizing the wide variation among children, she is still able to apply biblical truth from a Christian perspective to give sound advice on this important topic.

Gender Differences

John Gray's best-seller *Men Are From Mars, Women Are From Venus*[\[1\]](#) woke up millions of people to the truth that men and women are different, and different is good. The politically correct lie that gender is a culturally bound social construct was shown to be just that, a lie, because life doesn't work that way.

In this article I look at gender differences in boys and girls, examining the importance of supporting our children's gender to encourage a healthy self-concept as a possible means of preventing the development of homosexuality. (While I by no means wish to oversimplify this very complex subject, there are nonetheless patterns that show up in many people who experience same-sex attraction.[\[2\]](#))

(Disclaimer: I do realize I am painting these gender differences in broad strokes. Not every boy and not every girl will follow along these lines. However, these generalizations are true for the vast majority of children, as well as adults.)

Boys get their sense of self from achievement. They're wired to be self-reliant. One of my son's first whole sentences was,

"Me do it!" They think they get extra brownie points for doing things on their own. For boys, asking for help means admitting defeat, and being offering help means being disrespected. When I used to say, "Let Mommy help you" to my two sons, they would be offended and I never knew why. If I could do it over again, I would tell them, "Let's see if you can do it on your own. If it doesn't work, I'll be glad to help."

Girls, on the other hand, get their sense of self from relationships. Most everything is about people, and asking for help is a way to build a bridge to other people. When a girl is offered help, she often feels loved and valued. So when a Daddy from Mars lets his little girl struggle on her own, because that's what a boy would appreciate, she can feel hurt and abandoned.

Boys are very linear in their thinking; they focus on one thing at a time. Girls are usually multi-taskers, able to juggle several things at once. Both of these are strengths. I finally learned to show respect for my boys' one-thing-at-a-time kind of thinking by giving them my full attention when they were talking to me. Although *I* knew that I could focus on them even if my hands were busy, they didn't think I was really listening. It's also important for men to realize that girls can do more than one thing at a time without being disrespectful, like simultaneously embroider and truly listen to someone talk.

Boys, being linear, tend to focus on a goal, whereas girls can enjoy the process as well. I frustrated my kids so many times when they'd be dressed and ready for a soccer game and I'd think, "We've got 10 minutes before we have to leave! Let's get the living room vacuumed!" They would be focused on the goal of playing soccer and I'd drive them crazy with my emphasis on the process of running a household.

Boys tend to be competitive and girls cooperative. That makes sense since boys get their sense of self from achieving, and

girls get their sense of self from relationships. There has been a definite anti-male bias in many of our schools over the past several years where competition is seen as evil and hurtful, so it's been removed whenever possible. This means educational policy has been directed *against* boys' very nature.^{3} They often achieve more through competition, even friendly competition, and that includes building relationships. Boys (and men) bond best with other guys shoulder-to-shoulder, engaged in a competition or a common task. Girls (and women) bond best face-to-face. We need to support these differences for each gender to be who God made them to be.

Boys are action-oriented. Many little boys naturally throw themselves into a chair rather than sit in it. They are naturally active, which frustrates both parents and teachers, but the solution is not to drug them or try to turn them into girls. We need to change our expectations of what makes for acceptable levels of activity in boys, and provide safe channels for all that energy.

Where boys are primarily action-oriented, girls are primarily verbal. This verbal nature of females is not a design flaw; God, who defines Himself as "the Word" in the Bible, imparted that part of His own nature to girls and women. Girls' very wordiness is what allows them to connect with other people, to be the relational beings that God intended.

These differences really show up when kids get hostile. Boys will often get physical when they're mad or frustrated. The testosterone that flows through boys' bodies is part of their physical hostility, and it needs to be respected. This very same tendency to hit or kick when angered is usually channeled into the glory of adult masculinity where a man will fight to protect his family or his country.

When girls get hostile, they use their tongues. It's not true that "sticks and stones can hurt my bones but names will never

hurt me.” Unfortunately, more long-term damage can be inflicted with hurtful words than by hitting or kicking. That’s why it’s so important to teach girls what Proverbs teaches about the destructive power of the tongue,{4} and to work at using their verbal skills to uplift and encourage and nurture.

Follow God’s Rules for Marriage and Family

Although there is no one-size-fits-all explanation for why homosexuality develops, many who struggle with same-gender attraction can identify unhealthy patterns of relating in their families as they were growing up.

One of the ways that the development of a homosexual identity can be prevented is by following God’s rules for marriage and the family.{5}

First, Both husband and wife have clearly defined roles. Children need to see that mothers and fathers are not interchangeable, and there are distinct roles that men and women fulfill. They need to know that a man shows his masculinity by protecting and providing for his family, using his strength to serve them and not hurt them. They need to see the beauty of femininity expressed in their mother’s nurturing and intuitive capabilities.

Second, The father is an involved leader, and is warm and affectionate toward his children. All children, but most especially boys, long for their dads’ acceptance, praise and physical affection. When boys don’t get it, it creates an emotional void of a sense of intimate connection with a man, and a boy can grow up not comfortable with being male.

Third, The mother loves and nurtures her family without being controlling. Girls need their mothers to show them that being a female is a good and lovely gift from God, and boys need

their mothers to love and respect them without smothering.

Fourth, The father loves the mother. In showing love for his wife, the father creates the climate in which a little girl can believe it is safe and good to be a woman, and men can be trusted. When a boy sees his father loving his mother, cherishing and protecting her, he sees a man going beyond himself, the glory of masculine strength. He sees that being a man is a good and wonderful gift from God.

Fifth, The mother shows respect for the father. For the daughter, her mother's esteem for her father again shows that men are to be trusted, that women can enjoy and celebrate men. The mother's view of the father can become her view of him—and her view of men in general. Many lesbians deeply believe that men are idiots or brutes, worthless and repulsive, and something desperately sad shaped that belief.

If a boy's mother treats his father with love and respect, it says being a man is a good thing. But a weak father who accepts contempt, or a mean father who fights back, can both lead the boy to choose to identify with his mother and against his father. This just confuses his developing gender identity.

Following God's command to love wisely and well usually produces emotionally healthy kids.

Affirm Children's Gender

A wise person once said that it's easier to build a healthy child than repair an adult. The best way to build emotionally healthy children who accept and enjoy their gender is for us as parents (and grandparents and teachers) to affirm boys in their masculinity and girls in their femininity.

Boys and girls are definitely created differently from conception, and we should support those God-ordained differences. Boys who are typically active boy need to hear words of affirmation and acceptance for what makes them boys.

A friend of mine recently took her little boy for a walk down to the lake. Along the way she said, "Parker, let's look for frogs and toads. Mommy is so glad God made you a little boy so you could like yucky things like frogs and toads." When they got back to the house, his grandmother asked, "So how was your walk?" and Parker said, "Mommy's glad that I'm a boy because I like yucky things like frogs and toads!"

Boys who are NOT typically boy, those who prefer quieter pursuits like reading and music and the performing arts, especially need to be supported in their masculinity. These boys can grow up to be the King Davids in our world, and we need them! I should also point out that these sensitive, quieter types, when cherished in their masculinity, grow up to be the best kind of husbands, and men with a shepherd's heart. All boys need to hear their parents affirm their existence with comments like "I'm so glad God made you a boy" and "You're going to make a fine man when you grow up." They need to hear that a boy can be a good strong male whether or not they play sports and like rough stuff.

Feminine little girls need to be admired and cherished for their girlishness. A little girl in a new dress can be praised by her mother and friends all day long, but she won't really believe she's beautiful until her daddy tells her she is. And girls need to hear the "b" word—they are beautiful. It's a part of the feminine heart. Not every girl or woman is beauty-pageant material, but there are many kinds of beauty, and we all need to hear that we are beautiful. Girls who aren't typically girly, the tomboys and "jockettes," especially need to be appreciated for their particular expression of femininity by praising and encouraging them. They need to know that one can be a soft, feminine lady AND a strong leader or a great athlete.

Every child's heart longs to hear "I'm so glad you're you, and I love you just the way you are."

Understanding Gender Differences

I think it's crucial for us as adults to understand gender differences in children and support them with a sense of humor, not condemnation.

One of my friends tells of an elaborate classroom Christmas craft where the kids were to fill socks with rice, tie them off and decorate them to be snowmen—a craft created by mothers of girls. The boys filled the socks with rice, tied them off and gleefully announced, “Look! A snow worm!”

I remember hearing another friend informing her young boys, “We don't roughhouse. We play quietly and gently.” She didn't mean to, but she was trying to teach her boys to be girls. NOT a good plan!

Those who experience same-gender attraction, especially men, are usually uncomfortable and insecure in their masculinity or femininity. Homosexuality isn't primarily a sexual issue, but an emotional one, and it often starts with not being comfortable or confident in the gender God chose for us. So it's important to be on the lookout for signs that children might be struggling with their gender identity and may be vulnerable to developing a homosexual identity later:

- Kids who don't fit in.
- Kids who lack a close relationship with their father, especially boys.
- Kids who wear clothes and play with toys associated with the other gender.
- Boys who are TOO good, everyone seeing them as “the good little boy.”
- Poor peer relationships, not bonding with other children their same sex, often lonely.
- Kids who are bullied and shamed by other kids.

In closing, let me give three suggestions for raising emotionally healthy children with a strong sense of gender:

- Cultivate warm, affectionate, respectful relationships—between husband and wife, and between parents and children. A hurtful relationship with the same-sex parent, whether real or just perceived, is the number one contributor to the later development of homosexuality.[\[6\]](#) Both boys and girls, but especially boys, need a daddy's approval, acceptance and affection. Girls develop problems with gender identity from not being protected and cherished. They need to be encouraged toward feminine things with a close and loving relationship with Mom.

- Cherish and support your child's gender. Understand the God-designed differences and tell them how special it is to be a boy or a girl.

- When you see patterns of inappropriate gender behavior, lovingly correct it. For instance, boys don't wear girls' clothes or makeup or jewelry. And boys don't play with Barbies the way girls do. However, it's OK to play with Barbies the way BOYS would! That would include physical aggression and sound effects as well as nurturing behavior.

God knew what He was doing when he chose each child's gender, and we would be wise to support His choice.

Notes

1. Gray, John. *Men Are From Mars, Women Are From Venus*. New York: HarperCollins Publishers, 1992.
2. For example, see *Portraits of Freedom*, Bob Davies [Downers Grove: InterVarsity Press, 2001], 9-10. Also, I highly recommend Don Schmierer's excellent book *An Ounce of Prevention: Preventing the Homosexual Condition in Today's Youth* [Word, 1998].
3. Please see my colleague Don Closson's article on the Probe Web site, "The Feminization of American Schools" at www.probe.org/the-feminization-of-american-schools/.
4. E.g., Prov. 18:21, 21:23, 25:23, 26:28.

5. I am indebted to Scott Lively's insight in his online book, *Seven Steps to Recruit-Proof Your Child* at www.defendthefamily.com/pfrc/books/sevensteps/Chapter5/index.html.

6. Lecture by Dr. Joseph Nicolosi, "Prevention of Male Homosexuality," Focus on the Family's *Love Won Out* conference, May 6, 2000, Dallas, Texas.

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Cherishing Our Children's Gender

A wise friend of mine recently took her little boy for a walk down to the lake. Along the way she said, "Parker, let's look for frogs and toads. Mommy is so glad God made you a little boy so you could like yucky things like frogs and toads." When they got back to the house, his grandmother asked, "So how was your walk?" and Parker said, "Mommy's glad that I'm a boy because I like yucky things like frogs and toads."

Parker's mommy is a wise lady because she is supporting and cherishing her child's gender. That little guy is proud to be a boy and glad that he's a different gender from his mother. And you know what? As he grows up, he most probably won't struggle with homosexuality. One of the best-kept secrets in our culture is the good news that homosexuality can often be prevented through healthy relationships.

Homosexuality is really about gender identity confusion. Boys aren't comfortable being boys, and girls aren't comfortable being girls, and they grow up not fitting in because they have trouble accepting the way God made them. One of a child's

basic needs is to feel loved and accepted and, well, CELEBRATED for who they are! This includes the fact that God chose little girls to be female and He decided that little boys would be male. As parents, we need to support God's wise choice of gender for our kids. They need to hear us say, "I'm so glad you're a boy! Boys are so neat." Little girls need to be celebrated for their femininity because girls are so special. Every child deserves to know that the gender that they are is a good, good thing, and we're so glad God made them that way.

One of the best ways we as parents can celebrate our child's gender is to understand and support the differences between boys and girls. Affirm your kids in their maleness and their femaleness. Boys' tendency to be active and physical isn't a pathological problem; we need to channel it with grace, not shame it! Yes, girls are soooooo verbal and emotional—but those aren't design flaws, they're designed!

It's important for dads to support their son's masculinity even if he's not the stereotypical jock. God makes some boys to be artistic and sensitive because we need them! Can you imagine what King David must have been like as a young boy, out in the field playing instruments and composing songs and poetry? Boys like David need their dads to say, "I'm so proud of who you are, son." And girls really need their daddies to love and accept them and celebrate their femaleness. It's one thing for your mother to say you're a pretty princess, but a girl believes it when her father tells her.

One of the greatest gifts we can give our children is the security of knowing that when God made them, He "did good"—even if they like yucky things like toads and frogs.

The Feminization of American Schools

There is growing recognition that American school-age boys are not doing well. In fact, many of our sons are experiencing significant problems both inside and outside of the classroom. This is ironic since educators have been concerned primarily about girls since a 1990 report released by the American Association of University Women claimed that girls are the ones being shortchanged in school.

However, recent statistics reveal that from the elementary years and beyond, girls get better grades than boys and generally fare better in school.[{1}](#) Although girls have all but eliminated the much-discussed math and science gap with boys, boys' scores in reading and writing have been on the decline for years. At the end of eighth grade, boys are held back 50 percent more often, and girls are twice as likely to say that they want to pursue a professional career.[{2}](#) Boys are twice as likely to be labeled "learning disabled" and in some schools are ten times more likely to be diagnosed with learning disorders such as ADD. Boys now make up two thirds of our special education classes and account for 71 percent of all school suspensions.[{3}](#) There is also evidence that boys suffer from low self-esteem and lack confidence as learners.[{4}](#)

As high school seniors, girls have higher educational goals than boys, are more likely to enroll in college, and once there, are more likely to complete a bachelor's degree in five years.[{5}](#) The majority of those receiving master's degrees are now women and the percentage of males seeking professional degrees is declining every year.[{6}](#) Boys are not faring much

better outside the classroom either. Boys are three times more likely to be a victim of a violent crime and between four to six times more likely to commit suicide.[\[7\]](#)

While there is little controversy that a problem exists, widely divergent causes and solutions are being offered. Dr. William Pollack, who among other things is a faculty member of the Harvard Medical School and a founding member of the Society for the Psychological Study of Men and Masculinity of the American Psychological Association, has written a book titled *Real Boys: Rescuing Our Sons from the Myths of Boyhood*. He argues that a false masculinity is being forced on our boys, one that disconnects them from themselves. In a very general sense, our boys need to get back in touch with who they really are. Christina Hoff Sommers, a W. H. Brady Fellow at the American Enterprise Institute, takes an opposing view. She believes that our boys suffer from a school environment that favors feminine traits and that attempts to squeeze boys into an androgynous mold from which they naturally rebel.

Although both of these authors could be wrong, they most certainly cannot both be right. In this article we will consider the arguments and attempt to discover what needs to be done to help our boys.

Losing the Inner Boy

One popular viewpoint among feminists contends that boys are suffering from masculinity myths which, when enforced, work to squeeze them into a gender straightjacket. According to this theory, outmoded notions about masculinity cause parents to push boys away from their mothers too soon, resulting in a life long sense of anxiety and permanent damage to self-esteem. This is the viewpoint of Harvard professor William Pollack in his book *Real Boys: Rescuing Our Sons from the Myths of Boyhood*.

What are these masculine myths that Dr. Pollack feels are so

dangerous? The first myth is that nature wins out over nurture, in other words, that boys will be boys. The assumption here is that testosterone is more powerful in shaping behavior than relationships and training are. The second myth is that boys *should* be boys. This dangerous myth supports the idea that boys should learn to be tough and never exhibit feminine traits. Myth number three is that boys are toxic. Where girls have a civilizing effect on the environment, boys are by nature dangerous and potentially damaging to those around them.

When these myths are used as a guide to raising boys, Dr. Pollack believes that we damage our children. In our desire to make boys into tough, competitive men, they lose touch with who they really are, their “inner boy,” and as a result they become angry, dysfunctional adult males likely to abuse their wives and neglect their children.

Much of what Dr. Pollack says about boys rings true. He wants us to raise boys who are able to be empathetic, compassionate, and to appreciate the full spectrum of human behavior. Unfortunately, he defines gender roles so broadly that he leaves us with few discernable boundaries. It appears that Dr. Pollack would agree with feminist Gloria Steinem who recently advocated that “we need to raise boys like we raise girls.”[\[8\]](#)

According to Dr. Pollack homosexuality is no longer controversial. It is normal. And much of the damage done to young boys is the result of homophobia. Unfortunately, what he considers to be the strongest scientific evidence for the biological roots of homosexuality is a study done in the 1950's.[\[9\]](#) He ignores recent research that greatly reduces the strength of his argument.

The only guideline that seems to matter to professor Pollack is whether or not a specific behavior makes a boy happy. Happiness is all that counts, even if a boy feels that happiness lies in the homosexual lifestyle, or in a

promiscuous heterosexual one. Humanistic psychology really doesn't have much else to go on. The biblical concept that a holy God might have created male and female with distinct roles in mind does not enter into the picture.

Therefore, let us consider a response to the popular ideas of Dr. Pollack.

The Androgynous Zone

The 1990's brought to bear a number of powerful ideas on the way schools look at and treat boys. Carol Gilligan, Harvard's first professor of gender studies, wrote a book in the early '80s that described how young girls lose their self-esteem when they reach adolescence. The American Association of University Women built on her work in the early 90s by releasing a survey that announced that girls were victims of a "male-voiced" culture and, as a result, lose self-esteem when they reach the age of twelve or thirteen. Successful lobbying of Congress resulted in passage of the Gender Equity Act in 1994 that categorized girls as an under-served population, placing them on par with other oppressed minorities.

Since then teachers and administrators have been deluged with gender equity materials and conferences sponsored by the Department of Education. However, what really panicked school administrators was a 1999 Supreme Court decision that applied sexual harassment laws to school children. The decision resulted from a lawsuit by the family of a ten-year-old Monroe, Georgia, girl because of the school's failure to prevent her harassment by a ten-year-old boy. With the threat of expensive lawsuits over their heads, principals could not refuse to inject gender politics into their schools.

An example of the kind of information being disseminated can be gleaned from statements made by the director of the Women's Educational Equity Act Publishing Center, Katherine Hanson. Hanson has argued that four million women are beaten to death

every year in America, that violence is the leading cause of death among women, and that the leading cause of injury among women is being beaten by a man at home.{10} These would be shocking statistics if they were true. Actually, one million women die in this country each year with the leading cause of death being heart disease, followed by cancer.{11} Homicide is far down the list, after suicide.{12}

Why do gender equity leaders feel the need to exaggerate the abuse of women in our society? It is because they want to establish a radical retraining of America's boys. Feminists like Dr. Nancy Marshall of the Wellesley College Center for Research on Women believe that gender is a totally learned concept. She states that "when babies are born, they do not know about gender." {13} In other words, little boys have to learn what it means to be a boy. She believes that this happens between the ages of two to seven. In a slide show presented by Ms. Marshall, she explained that "a young mind is like Jell-O: you learn to fill it up with all the good stuff before it sets." {14} The good stuff constitutes the feminization of boys. To make her point, she returned several times to the image of a pre-school boy dressed up in high heels and a dress.

Gender Politics in the Classroom

Gender crusaders believe that if they can influence little boys early enough, they can make them more like little girls. Feminist philosopher Sandra Lee Bartky writes that human beings are born bisexual and through conditioning are "transformed into male and female gender personalities." {15} William Pollack, a Harvard psychologist, argues that by doing away with traditional male stereotypes the next generation of boys "will be able to safely stay in the doll corner as long as they wish, without being taunted." {16} Age appropriate doll playing by boys is not a problem. Yet it becomes one when it is the center of an attempt to redefine what it means to be

male.

The Department of Education supported the writing of a model curriculum for day care providers called *Creating Sex-Fair Family Day Care*.[{17}](#) It seems that the main goal of the curriculum is, again, to get boys to play with dolls. Of its ten photographs, two are of boys with dolls. Instructors are warned to “avoid highly feminine dolls such as Barbie or highly masculine dolls such as G.I. Joe.”[{18}](#) They also urge instructors to monitor the children’s fantasy play. If gender stereotypes are acted out, adults should be ready to intervene. According to the authors, without gender neutral child rearing, “we cannot fulfill our dreams of equality for all people.”[{19}](#)

A teacher in San Francisco is going one step further. She has transformed her classroom into a woman-centered community of learners. All the images in the classroom are of women, and as one feminist noted “perhaps for the first time, boys are the ones looking through the window.”[{20}](#) While each student is required to perform a dramatic dialogue in the author’s voice, the boys are forced to do works by women. One little boy attempts to lip-synch a song by blues singer Etta James, and when the other boys giggle they are chastised for their insensitivity.[{21}](#) During a history class the girls are encouraged to discuss how boys are sexual predators. The teacher is excited to see how angry the girls are getting. Although one boy tries to defend his gender, another admits to an interviewer, “I couldn’t really defend myself, because it’s true. Men are pigs, you know?”[{22}](#)

Schools are denying the very behavior that makes little boys boys. In Southern California, a mother was stunned to find out that her son was disciplined for running and jumping over a bench at recess.[{23}](#) Studies in England have shown that boys benefit from competition in school. However, in deference to the female tendency to learn more in cooperative groups, competition of all types is being purged from the schoolhouse.

Sixty percent of American high schools no longer use class rankings or announce valedictorians.{24} Referring to the hostility towards honor rolls, one principal has stated, “It flies in the face of the philosophy of not making it so competitive for those little kids...We even frown on spelling bees.”{25}

Biblical Masculinity

Feminists argue that we only have two models of masculinity to pick from. On the one hand, we have the self-centered, win-at-all-costs, barbaric, macho mentality portrayed by the stereotypical high school football coach. They contend that this model produces boys who beat, rape, and generally oppress women. It is also blamed for the bloodshed on high school campuses in Colorado, Arkansas, and elsewhere. The other model, the one offered by feminists, calls for a “profound revolution,” one that will change the way society constructs young males.{26} It hopes to eliminate stereotypical boyish behavior such as roughhousing and aggressive competition. In fact, they hope the future will look more like the Philadelphia school which has “replaced the traditional recess with ‘socialized recesses,’ in which children are assigned structured activities and carefully monitored” so that gender stereotypes are extinguished.{27}

I would like to endorse a third model of masculinity. This biblical model defines mature masculinity as “a sense of benevolent responsibility to lead, provide for and protect women in ways appropriate to a man’s differing relationships” with the opposite sex.{28} This biblical model assumes a number of things to be true about gender. First of all, God created men and women to complement each other. Both are equally valuable to God and His kingdom, but each have different God-given roles. Second, it looks to the servant leadership model depicted by Christ’s role as head of the church, for which He suffered and died.

Boys who embrace this ideal of mature masculinity would not stand by and allow women to be abused physically or sexually, as has recently occurred in a Central Park celebration. Nor would they personally take advantage of a woman without violating their own definition of what it means to be a man.

This picture of masculinity allows men to be nurturing and sensitive. It doesn't prohibit them from being chefs or nurses. It does define, in an ultimate sense, how a man is to perceive a woman. He is to treat all women, starting with his mother, as worthy of being honored and protected. When men's competitive, physically active natures are focused on this purpose, women will find our society a much safer place in which to dwell.

It will be an uphill battle to restore this kind of thinking in our schools, especially when the trend is going in the opposite direction. However, as parents we have considerable influence on our boys and young men. A biblical ethic should be communicated clearly and often as our boys grow older, and specifically when they begin to have significant relationships with girls. To allow the feminist model to dominate will result in frustrated boys who are stymied in their God-given role to lead, provide for, and protect the women in their lives.

Re-engineering boys in the name of egalitarianism will not only fail, but do damage to countless normal children in our schools.

Notes

1. William Pollack, *Real Boys: Rescuing Our Sons from the Myths of Boyhood*, (New York: Henry Holt and Company, 1998), 15.
2. Ibid.
3. Ibid.
4. Ibid., xxiii

5. "Education Week" (Vol. XIX, #34, May 3, 2000), 1.
6. Pollack, 15.
7. Ibid.
8. Christina Hoff Sommers, *The War Against Boys*, (New York: Simon & Schuster, 1999), 44.
9. Pollack, 214.
10. Ibid., 48.
11. Ibid., 49.
12. Ibid.
13. bid., 74.
14. Ibid.
15. Ibid., 86.
16. Ibid.
17. Ibid., 76.
18. Ibid., 77.
19. Ibid.
20. Ibid., 81.
21. Ibid., 82.
22. Ibid., 83.
23. Ibid., 94.
24. Ibid., 169.
25. Ibid.
26. Ibid., 85.
27. Ibid., 95.
28. John Piper and Wayne Grudem, *Recovering Biblical Manhood & Womanhood*, (Wheaton, IL: Crossway Books, 1991), 36.

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Four Pillars of a Man's Heart

– A Biblical View of True Manhood

Lou Whitworth summarizes the key points of Stu Weber's book on this subject. He explains that biblical masculinity is lived out in four aspects of a man's life, king, warrior, mentor, and friend. Understanding these aspects can aid us in living a Christian life that fully emulates the life of Christ sharing Him with the world around us.



This article is also available in [Spanish](#).

Stu Weber, in his book, *Four Pillars of a Man's Heart: Bringing Strength into Balance*,⁽¹⁾ states that biblical masculinity rests on four pillars. The four pillars represent the four major facets of a man's life; these aspects of masculinity are: king, warrior, mentor, and friend. Weber believes that when all four "pillars" are balanced, peace and tranquility will prevail in our marriages, our families, our churches, and in the community and the nation. These institutions rest on the balanced pillars of biblical manhood, and they all collapse when the pillars lean out of balance. The major problems our society faces, for example, are the result of many men having one or more of their personal pillars out of balance—leaning one way or the other. For some men, the pillars have fallen down.

As we look at our society, it is clear that we are in trouble. Some of the pillars are leaning, and others have fallen down. It takes four sturdy, balanced pillars to hold up a building. "It takes four pillars to make a man. . . . who will bear the weight, stand against the elements, and hold one small civilization [a home] intact in a world that would like nothing better than to tear it down."⁽²⁾

Why is our civilization falling down around us? Because there

is a war going on. The war of political correctness is part of it; sexual politics is part of it too, but it is larger than these. It is a war against the image of God. Listen as Weber draws a bead on the issue:

Gender is primarily an issue of theology. And theology is the most foundational of all the sciences. Gender is at the heart of creation. Gender is tied to the image of God. Gender is central to the glory of God. And that is precisely why the armies of hell are throwing themselves into this particular battle with such concentrated frenzy.(3)

Remember that God created mankind as male and female to be His image in the world. Thus, there is no better way to attack God and His creation or to destroy His relationship with mankind than to deface the image of God.(4) "Satan's effectiveness in destroying God's image through male-female alienation, by whatever means, has been incalculably costly to the human race."(5) This is where the current battle rages.

The first pillars started to wobble a long time ago. In the Garden of Eden, Adam began as a four-pillared man. But he disobeyed God and blamed Eve. Then the first pillar fell, and the remaining ones were weakened or compromised. For the first time enmity and tension came into his relationship with Eve. Since then there has always been the potential of strife between the sexes. In recent years there has been a concerted effort to blur gender distinctives. But blurring gender differences results in disintegration, disorientation, destruction, and death. No society that persists at it will survive. The answer is to return to the instruction book, the Bible.

The purpose of Weber's book is to point the way for men to become all they should be biblically so that they and their wives and children can flourish in an often hostile world. Weber writes:

What kind of man builds a civilization, a small civilization that outlives him? What kind of man has shoulders broad enough to build upon? A four-pillared man:

A man of vision and character . . . a King.

A man of strength and power . . . a Warrior.

A man of faith and wisdom . . . a Mentor.

A man of heart and love . . . a Friend.(6)

Man as Shepherd-King

In Stu Weber's new book, *Four Pillars of a Man's Heart*, the "first pillar" represents the kingly aspect of man's nature.

The king, as pictured by Weber, is a Shepherd-king. This figure is modeled after Jesus Christ, the Lord of Lords and the King of Kings, who sometimes spoke of himself as the Good Shepherd. The first pillar in Weber's book, therefore, is the pillar of the Shepherd-King who combines the position of a king with the heart of a shepherd.

Weber's key thought about the king or shepherd-king is that he is a provider, though it is a very broad conception of provision. If we say, "He is a good provider," we mean, "He makes a good living," or meets the *physical* needs of the family. The meaning here, however, is that the shepherd-king looks out for *all* the needs of his flock—emotional, physical, social, spiritual. The kingly man is looking ahead and planning for ways to meet tomorrow's needs as well as today's. His has a *vision to provide* the resources for the needs of his family.

Among the minimum requirements of the Shepherd-king is work to do that provides for the family. He works hard at whatever it is and stays with it. The work may not be exciting or glamorous, but he shoulders the load and provides for the little flock God has entrusted to him. His wife may work for paycheck; she may even make more than he does, but no matter

what she does, the *obligation and the burden of provision* is his, to see that it is done.

Another major duty of the shepherd-king is to provide direction for the family. "As for me and my house, we will serve the Lord." (7) A shepherd-king points the way for his flock, followers, and his family. To lead or set the pace, one doesn't need to be a master of every skill or field of knowledge. For example, Lee Iacocca doesn't need to be a great mechanic; he can hire the best. What he does best is set the policies, give the company direction, and make sure the infrastructure is in place to make the automobiles. In the same way, the man with a king's heart doesn't have to know everything, but he is expected to set the tone, the boundaries, and point the way for the flock.

The king in a man cares deeply about every aspect of his family. He models by actions and words biblical standards of behavior. He is gracious and just. He shows justice, mercy, and honor to everyone he meets.

A shepherd-king never abandons his flock. To do so is to violate the most basic ingredient of his calling to-protect. To abandon one's flock is cowardice, the equivalent of desertion in time of war.

The shepherd-king figure could also be called the servant-king. This is based on Christ's service to his disciples.

If the king pillar is not in balance, it leans to one extreme or another. He becomes either a tyrant who uses his strength to force people to do his bidding, or an abdicator who is weak, passive, or absent (whether in fact or in effect). Such a man's kingdom is filled with disorder, chaos, family dysfunction, or oppression. When the king pillar is in balance in a man's life, harmony and tranquility are possible in the home and the community.

Next, we will discuss the second pillar which represents the

warrior aspect of man's makeup.

Man as Warrior

The primary duty of the warrior is to defend and guard his flock. Though he is primarily a protector of his family, he is also the protector of his church, the wider community or nation, and the weak and powerless.

The author's models for the warrior are Christ and David. Weber reminds us of the passage in Revelation 19 in which Christ, as a knight riding a white horse, leads the armies of heaven into battle. David was a bold and courageous fighter, but was also a man after God's own heart.

The warrior in a godly man doesn't love war. But, because he is a man of high moral standards and principles, he is willing to *live by* those principles and moral standards, spend himself for them, and, if necessary, *die for* them.

The warrior is not a popular figure in today's society. This attitude is understandable, particularly from those who have experienced life around men whose warrior pillar has leaned toward the brute. Women and children need to be protected from such men by faithful warriors whose lives are in balance.

Though the concern many have about the strong side of man's nature (king, warrior) is understandable to a degree, it can't be wished away. Someone once remarked that when most men are soft, a few hard men will rule. The reality is that the warrior is here to stay. So, the answer is not to deny the fact, but to channel the warrior energy to constructive ends.

The warrior in a man can be a great asset, but if the pillar of the warrior is out of balance, the situation can become disastrous. Consequently, the warrior must be under the authority of God because his energy needs to be focused, and the Holy Spirit must be allowed full control over his mind, soul, and body.

There is no such thing as a soldier or warrior without a line of authority. Even if no specific orders are in effect, every soldier is under the authority of what is called "general orders," such as: "walk your post," "be alert," "remain on station until relieved," etc. In a similar manner all Christian men are under general orders from the Lord of Hosts. We are "to spend time with the Lord," "to love our wives at all costs," "to bring up our children to know and honor God," and "to be involved in the local church." God's warrior is not a mercenary; he is under God's authority. God's warrior remains on call. Oh, sure, he takes some needed rest and recreation, but at the first sign of need or danger, he reports for duty. He never becomes passive or careless during on his watch. On or off duty, he is alert for any threat to his flock.

A warrior's life is full of sacrifice; he is called to sacrifice himself for his wife, his children, his church, the spiritually lost, and the weak and helpless. He sometimes finds it necessary to sacrifice his popularity by saying and doing the hard things that others won't say. On the other hand, the godly warrior has a heart of mercy for the weak and the helpless. The price of being a warrior is high, but the rewards are great.

The third pillar represents the mentoring role inherent in a balanced man's nature.

Man as Mentor

The primary function of the mentor is to teach. Weber's key concept is that the mentor has something valuable (i.e., life wisdom) that is important to pass on to others. That process can be as formal and conscious as a Bible scholar instructing a seminary class of eager young men. Or, it can be as informal and unconscious as the ongoing presence of an older, more experienced man working beside a boy or a younger man. Said another way, mentoring can take the form of modeling over time

(even a lifetime), instinctive coaching (at appropriate times), or systematic teaching (at scheduled times). Jesus, for example, used all three methods of mentoring.

The mentor's core characteristic is the fact that he communicates transparently with the person he is mentoring. He imparts himself and his knowledge without undue self-consciousness. In other words, he is transparent enough to share his successes, and even his failures, if these experiences will edify his students. If a mentor fails to pass on the baton of knowledge or wisdom, then he has not succeeded in his role.

Weber emphatically believes that there is a mentor in every man's heart; that is, the potential for mentoring is inherent within us. Many men, however, are nervous about this and feel unqualified. But, in reality, we are all involved in mentoring already in one way or another, whether we realize it or not.

Mentoring is basically passing on the secrets of life: lessons from our life experiences. The purpose of mentoring is straightforward: mentoring builds men who understand life and pass their knowledge on to others. The attitude and posture of a good mentor is quite transferable to others because mentoring has its own built in process of duplication. In other words, when it is done well it is very duplicatable because it has already been modeled by the mentor. The expression, "It's easier caught than taught," can apply here. The goal of mentoring is to advance an ever increasing network of mentored mentors who will keep passing on their life wisdom to others. It helps us understand why Jesus spent so much time with 12 men, doesn't it? He apparently thought that mentoring a group of men was the most productive way of leaving a lasting and ongoing legacy. The fact that His message has spread to most areas of the globe and has persisted for 2000 years illustrates that He was correct.

It should be an encouragement to comprehend that God can use

both the good and the bad experiences from our lives to help others. And, we all have a measure of wisdom and experience to share. However, just because we are capable of mentoring at some level just as we are, we should not conclude that we can't or shouldn't try to improve as mentors. One of the primary ways for us to improve as mentors is to grow in our knowledge of the Bible. When our life experiences are filtered through a deep knowledge of the Bible and a life lived for Christ, then our mentoring potential is greatly enhanced. The consequence of vast networks of men mentoring others who will in turn mentor others can change the world.

Finally, we will look at man's role as friend to other men. This is the fourth pillar.

Man as Friend

The primary function of a friend is "to connect," that is, to link hearts. Someone is a true friend if that person loves to connect, or to link one heart, with another. A true friend is one who, in spite of his own needs at the time, connects deliberately with another who has a need or a burden. He doesn't just connect when it's convenient and he feels like it. If a man is unable or unwilling to connect, he has failed in his primary duty as a friend.

To truly connect in deep friendship or to minister to hurting people, we must be not be afraid of a rich variety of emotions—whether they be the emotions of others or our own. It is just here that many men have difficulty. We can usually express anger, but other emotions are tougher. Weber believes that *allowing* (notice the word) himself to weep (in appropriate situations) was a milestone in his life. He suggests that many men need to be able to weep and to express other emotions as well. In fact, it appears that for many men, allowing themselves to weep breaks up the emotional logjam in their lives and gives them a new sense of freedom. Follow the author's thoughts as he explains how he felt after witnessing

the birth of his youngest son:

For the first time in my memory, I wept uncontrollably. . . . Me? Crying in front of people? Stu Weber, the football captain. The Airborne Ranger. The Green Beret trooper. The man. Bawling like a kid? Oh, I had cried before somewhere along the line. . . . But this was different. New. There was no shame, and there was lots of connection.(8)

He goes on to add:

And I have to admit something else. . . . Emotions are such a great gift from God. And after a lifetime of stuffing them for athletic, military, and “manly” purposes, I love them.(9)

He sides against what he calls emotionalism, but calls for men to learn to express and enjoy real emotions. As an older soldier, with nothing left to prove, he could finally face his humanity and embrace the honest, clean emotions that earlier he had always stifled. If we do so, our ability to connect as a true friend will be greatly enhanced.

Man's Best Friend

Men need friends, but many American men have only acquaintances and no close friends. Thankfully, there is already a Friend out there looking for us, the Ultimate Friend, Jesus Christ. No discussion of friendship, then, would be complete without referring to Him. Our Ultimate Friend has been trying to connect with us, because He wants a relationship with us. Even the best human friend will disappoint us and let us down, but once connected with us, the Lord will never leave us or forsake us.

If our relationship with the Lord were dependent on our own steadfastness, then we'd have a reason to fear. Fortunately, the Lord who sought us can keep us safe because nothing can steal us from the Lord's hand (John 10:29).

There is, my friend, somewhere down inside you, the power to connect. There is in every man's chest a friend, and emotionally connecting friend. Find yours. Unchain him. And find life on a richer level than you'd ever dreamed possible.(10)

Notes

1. Stu Weber, *Four Pillars of A Man's Heart: Bringing Strength into Balance* (Sisters, Ore.:Multnomah, 1997), 13.
2. Ibid., 13.
3. Ibid., 39.
4. Ibid., (Halverson, cited in *Four Pillars*, p. 39)
5. Ibid, Halverson, 40.
6. Weber, 13.
7. Joshua 24:15
8. Weber, 229.
9. Ibid.
10. Ibid., 237.

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