

# **“I Am Deeply Hurt and Offended by Your Homosexual Myths Article”**

This is in regards to the outrageous essay “[Homosexual Myths](#)” by Sue Bohlin that is displayed on your web page. I realize that this woman is entitled to her opinion, but I am ashamed that (pardon my French) c\*\*p such as this is allowed to be published. I am homosexual, and I come from a Christian family, and I have tried to come to terms with both my sexuality and my religion, all the way through my teen years, and I considered suicide many times. Also she says it’s a myth that you aren’t born homosexual. My family is completely anti homosexuality, and I cannot remember a time when I haven’t been attracted to women, so I wasn’t “made” to be homosexual, it wasn’t a choice.

She also says that 2 people in love can’t get married if they are of the same sex, and once again excuse my French, but b\*lls\*\*t, absolute b\*lls\*\*t. If two people are in love they should have the same rights as any other couple.

I am deeply hurt by what she has said. And the fact that someone would publish it hurts more.

\_\_\_\_\_, 15

Dear \_\_\_\_\_,

I am SO GLAD you wrote to reply to my essay on homosexual myths, since it made you so angry. I am glad to have a chance to respond to you and hopefully to clarify some things.

First of all, I hear your anger and I wonder if perhaps, under your anger, is a great deal of pain. I wonder if maybe you are one of the many, many young women who were abused and hurt as

a child? In one study, 85-90% of the women who called a ministry helping people dealing with unwanted homosexuality report having been abused, usually sexually. If you grew up in a homophobic family (if that's what you mean by "completely anti-homosexuality"), then I can see how that alone would plant all sorts of mixed and hurtful messages in your head and make you feel confused and hurt. If you considered suicide many times, you must be under a horrible load of pain. That breaks my heart for you. I am so sorry.

You say you cannot remember a time when you haven't been attracted to women, but I wonder if—and very gently suggest—that's not a line you heard somewhere and you adopted it as yours, maybe? Because little girls aren't supposed to be sexually attracted to women—or men, or boys, or anybody else for that matter—until adolescence. But little girls often DO have crushes on other girls, and on female teachers. There's a big difference between having strong feelings for someone you like and admire, and being sexually attracted to her. (For one thing, the sex hormones aren't supposed to be running in young girls.) However, when little girls become sexual beings at an early age, that usually means someone has violated them by introducing them to sexual acts and feelings long before they were intended to experience those things.

I wonder, \_\_\_\_\_, did any of these things happen to you? Because you're very angry, and underneath your anger is either pain or fear, and I don't sense you're too afraid here. Just really, really angry.

You said you were raised in a Christian family, but I don't know if that means just a church-going family, or if you all truly know and love Jesus. Your statement about the family being "completely anti-homosexual" makes me think that maybe you heard a lot of judgmental, condemning comments that are very un-Christlike. It's because I have seen for myself how Jesus tenderly loves and can heal women caught in same-sex attraction that I know that the ideas in my essay are true and

they offer hope for change.

You said you were deeply hurt by what I said, but I promise, I didn't say anything to hurt you or anyone else. Nonetheless, I believe that you ARE deeply hurt, and I want to say I am so very, very sorry for whatever brought you to this place. I wonder if you are one of those young ladies who has never felt comfortable in her femininity, because being a female means being weak and being victimized and being vulnerable. . . and being hurt. If your feelings of being "different" go way back as far as you can remember, then something happened to interfere with the normal development that God intended for you to enjoy. You were supposed to feel comfortable being a girl, regardless of what part of the [spectrum of femininity](#) you fall in. That was His intent. If that's not where you ended up, I'm sorry for whatever caused that.

Please feel free to write back. My heart goes out to you. You seem to have more on your plate than a 15-year-old young lady should have to bear. I hurt for you, \_\_\_\_\_, and I am sending this e-mail back with a prayer that the Lord Jesus will wrap His arms around you and let you feel loved and protected and cherished and adored...because that's His heart for you. He really does feel that way about you.

Your friend, I hope,

Sue Bohlin  
Probe Ministries

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## **“How Do I Show Concern for My**

# Lesbian Co-Worker Without Approving of Her Lifestyle?"

Hi Sue! I read your questions and answers concerning the topic of homosexuality, but I still have a question.

I work in a public school district. My school district does not recognize same sex marriages, but a lesbian teacher and her partner have recently adopted a baby this summer. This teacher has asked staff members to sign a petition in favor of giving her partner insurance benefits. Her partner has chosen to stay home with the baby and has no insurance (the baby is covered).

A few teachers in my school have chosen not to sign the petition (different reasons: religious, cultural). I did not sign the petition because I do not agree with the lifestyle of homosexuality because of what the Bible says. If something ever happened to this teacher's partner and she needed insurance benefits I would feel terrible.

How do I articulate not agreeing with their lifestyle but caring for the person—and not sounding like a hypocrite? This teacher is starting to confront those who have not signed the petition.

Thank you in advance,

\_\_\_\_\_  
Dear \_\_\_\_\_,

I don't think it's hypocritical to honestly care about people without supporting them in lifestyle choices you disagree with. This teacher, by confronting those who haven't signed the petition, is not only demanding acceptance but APPROVAL of her lifestyle choice.

Look at it this way; if the teacher were a man with a live-in

honey (as Dr. Laura puts it), how would you feel if he demanded that his girlfriend be covered by his insurance?

The thing about lesbian and homosexual relationships is that they cannot produce children naturally; that's one reason they don't qualify as families, and why they shouldn't have the privileges of protection that society gives to families, like insurance coverage. The teacher and her lover have created an unnatural, immoral "family" and now demand that society treat them like a natural family.

So it's not hypocritical for you to remain steadfast in your beliefs. They are in a relationship and a dependency situation that they created. It's nobody's fault if the girlfriend gets sick and needs insurance.

Caring for someone doesn't mean you give in to their demands. It'll be hard and VERY uncomfortable, I know, but you might say something like, "I'm sorry to disappoint you, but what you're asking for is running right up against what I believe about right and wrong. I can't support your decision, though I support your right to make it. I'm sorry."

I hate it that you're put in this situation. Arrrggghhhh!!!

Sue Bohlin  
Probe Ministries

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**“Why Don't You Just Let  
Homosexuals Live and Let**

# Live?"

I find that you are very passionate about your thoughts and personal beliefs. At the same time, I think that the Bible also shares a very clear message that we are not God, and therefore should do as we believe God wants us to do. God never once asked us to become Gods; therefore we should not pass judgments on to others regarding their life styles, or beliefs. We get it, being gay is a sin, but all sin is on the same level. Killing a child and saying a curse word falls into one group of sin, one no greater than the other.

If you want to start a movement, how about protecting those that can not protect themselves? Children are being abandoned by their parents left and right... and even worse neglected, raped and molested. Adults choosing to be homosexual is just that, a choice. Live and let live, go after the helpless and innocent, they need passionate leader to protect them and their rights.

Thank you for writing. I appreciate your compassion for the hurting and those who need a voice. Bless you!

The reason we address the subject of homosexuality is that God does. He knows it is not His intention for the people He made and dearly loves. He knows that homosexual activity is destructive and hurtful. Yes, choosing to act on one's same-sex feelings is, indeed, a choice, but it is not a choice like deciding between chocolate or vanilla ice cream. It is more like a choice between drinking grape juice, or Kool-Aid laced with poison. But the message of our culture about homosexuality is that there is no difference because there is no poison.

But God knows there is.

And the loving thing to do is to take a stand for truth, which we can know because of what God says.

I would respectfully disagree that all sin is equal. While all sin separates us from God, and all sin requires the death of His Son in our place, the *consequences* of our sin vary hugely. It is a sin for me to have an uncharitable thought about someone; it is a very different sin for me to pull out a gun and shoot them. If you really believe that no sin is greater than another, do you really not care whether someone thinks critically of your driving, or if they run you off the road into a ditch? Maybe that idea works better in concept than reality.

We aren't interested in starting a movement. We just want to speak the truth in love, as God calls us to. And sometimes that involves judging that some beliefs and lifestyles are dangerous and destructive and hurtful, and pointing that there is another way to live. (May I respectfully point out the irony that of the fact that in writing your email, you are judging our beliefs?)

One final comment. What I think and write about homosexuality is not mere opinion or philosophy. My passion for this issue is fueled by the pain experienced by people I love who "drank the Kool-Aid" and entered into various kinds of gay relationships, and are now experiencing the hurtful consequences in their hearts and, in some case, their bodies. It is fueled by compassion for the hurting family members of those currently living in a way contrary to God's intention for them. This is more than personal beliefs; this is taking a stand for what God says is right so that others can avoid needless pain, and standing in compassion and understanding (and prayer) for those now in that pain.

I hope this helps you better understand where we're coming from.

Sue Bohlin

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# **“My Son Came Out As Gay”**

**My son has told me he is a homosexual, which I believe is not true. He went to a Gay Pride parade this past weekend. I'm asking for your prayers because I don't know how to deal with it. I've put up barriers between us, which I shouldn't because he's my son. I ask God to help me with this but I don't know where to even begin or how to talk to Him.**

I am so glad you wrote! For the past 8 or so years, I have been working with a ministry (Living Hope Ministries in Arlington TX) that helps people deal with unwanted homosexuality and the family members of those who identify as gay. I do send this with a prayer that you will allow this trauma to drive you closer to God and closer to your son, who desperately needs your respect, your attention, your affection, and your affirmation. He needs to know his dad loves him and wants to be a part of his life. Putting up barriers is the exact opposite of what will help your son. Invite him places. . . invest in what is important to him. . . ask him about himself. . . spend time just being WITH him so he gets the all-important message “my dad cares about me. I'm important to him.”

There is a free, anonymous, confidential, online support group for strugglers and family members like yourself at [www.livehope.org](http://www.livehope.org). In the “Family and Friends” support group, the executive director of Living Hope and I collaborated on a welcoming post called “So Your Loved One Just Came Out to You.” I hope you find it helpful.

Sue Bohlin

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Welcome to the Family and Friends forum. We are so glad you're here. . . and we're so sorry you have to be here at all. The Lord has been gracious in bringing you to this place of acceptance, warmth, understanding and prayer support. You are now a part of "The Fellowship of the Broken." That's why we're all here.

So now you know your loved one experiences same sex attraction (SSA). It's usually a horrible shock. You may feel like Alice, having just arrived at the bottom of the White Rabbit's chute. . . but this isn't Wonderland, is it? You'd prefer to be anywhere but this new reality that's been forced on you.

Most people, arriving in this place, have two questions: How can I fix my loved one? And, how do I get my old life back, before the disclosure?

Second question first: "How do I get my old life back?" Well, welcome to your "new normal." We are so sorry—but you can't go back to the place of not knowing. Praise God, though: He lavishes grace on us in times of transition, even (and perhaps especially) this adjustment to your new, post-disclosure world. We pray for you to experience "acceptance grace," that you may receive His empowering to live in this new and unwelcome reality.

Back to the first question: "How can I fix my loved one?" (Or a variation of this question: "Where can I send my loved one to be fixed?") You can't. Only God can. And He usually works on a timetable and with a methodology that is different from ours. Your loved one is not a broken car that you send to the shop, and he or she will resent being viewed as a problem or a project.

The best thing you can do is entrust your loved one into God's hands and leave them there. What you CAN do is wear out your knees in intercessory prayer. The most effective prayers are scripture prayers. May we suggest reading through Paul's

epistles and writing down his prayers for his beloved friends, which you then adjust on behalf of your loved one? For example, we have learned that grasping how much God loves us is a huge part of emotional healing, because God's love is the healing agent no matter what plagues us. Consider praying Ephesians 3:17-19 (NLT) on behalf of your loved one:

And I pray that Christ will be more and more at home in his/her heart as s/he trusts in him. May his/her roots go down deep into the soil of God's marvelous love. And may s/he have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love really is. May s/he experience the love of Christ, though it is so great s/he will never fully understand it. Then s/he will be filled with the fullness of life and power that comes from God.

That's #1. But in our ministry, we have learned over the years that when family members come for support and assistance, the greatest need they have is to work on their own "stuff." Every one of us has garbage and scars from living in a fallen world. Every one of us grew up with imperfect parents in an imperfect family. Every one of us has been the recipient of countless "fiery darts" of the Enemy in spiritual warfare. And we all tend to hide our baggage and our scars, all the dark and hurting places of our souls. One wise counselor calls this "Christian denial," and defines it as "denying God access to those places He wants to heal for His glory, and our benefit."

God has brought you to this place in your life where you are ripe for God to do some wonderful, amazing work in your heart. Your loved one's homosexuality is the method He used to invite you to this place, but it's not the issue He wants to deal with in you. He wants your heart; He wants your vulnerability; He wants YOU.

So what do you do next?

Give God permission to work. Open your heart to Him: "Lord, what do you want to do in ME? What do you want me to know about my own heart, my own stuff, that I have been avoiding?" It will be tempting to keep your focus on your loved one—it's much less threatening!—but you need to keep your focus on Jesus. Expect Him to show you things you've been in denial about, but also expect that He will lavish His grace on you to see what He wants to show you. He will never expose the dark and hurting places of your heart to you but that He's not holding those places in His own loving and safe hands.

Spend daily time in the Word, expecting God to meet you there and speak to You through His Word. You may find the Psalms especially meaningful because they are so comforting.

It will be helpful for you to journal this "adventure with God." Many people have reported that it is far more satisfying and helpful to use an actual book (or at least paper) journal instead of a computer. The multi-sensory experience of handling paper—seeing it, hearing it rustle, feeling it in your hands, smelling its fragrance—makes a stronger impression on your brain. Write what's happening and how you feel about what's happening. Write what God is showing you in your time with Him, both in His Word and in prayer. Many people find that they are better able to process what God is doing internally through journaling than any other method, because wrapping words around thoughts and feelings helps us to sort through our jumbled confusion.

Remember and practice Psalm 46:10—"Be still and know that I am God." God wants to soothe and comfort you, but you have to be quiet and still for Him to do that. You may find that listening to praise music may be helpful at times, but there is a time to turn off the music and the TV and the mp3 player and just be still before your God. Let Him love you in those moments.

We tell the SSA (same-sex attracted) strugglers who come to

our ministry that the way God will bring healing and change to them is through intimacy with Christ. Many of them learn to also enjoy intimacy with their heavenly Father. That's the goal of all discipleship, which is what God invites you to as well. We're really a discipleship ministry, and whether people are here as overcomers, as strugglers, as family members of strugglers, or those with a passion for those in the struggle, God has the same goal for all of us: spiritual maturity. Abiding in Him is the way to grow more like Jesus, no matter which door into this place of growth and healing you came through—even a rabbit hole.

We are glad you're here, and we pray that you will allow God to do such a deep work in you that at some point, you will be able to look back at this time and say, "It was horrible, it was incredibly painful. . . and it was the best thing that ever happened to me."

With prayer for rich blessings in your journey,

Sue Bohlin (Living Hope Board Member)

From Ricky Chelette, Executive Director of Living Hope Ministries:

I AMEN to all that my wise sister has shared. I see so many parents, particularly of teens and young adults, that look at this struggle like a bad case of acne. They often think, "Well, this is a phase and after a bit of counseling, some more Bible study and rededication to Jesus, maybe even a conference or two, my kid is going to be fine." I wish it were that easy but you have to remember that we are dealing with relational brokenness. This is not making a bad decision to stay out past curfew, this is thinking the wrong things about who you are and believing those wrong things as truth.

As a result, God has to do some major work in the heart and

life of those who struggle. You are not God. Therefore YOU can't do anything but love and encourage your son/daughter to seek wise counsel, Godly advice, and more of Jesus. I really wish this didn't sound as "churchy" of an answer as it does, but the fact remains that we are broken and once broken, we forever carry the scars of that brokenness in our lives. Yes, Jesus does bring healing, that is His promise to us on Calvary, but the process of sanctification and total relational healing will likely not happen until He comes again to redeem and reclaim His creation at the end of time.

St. Athanasius, Bishop of Alexandria in 297 wrote, "That which Jesus has not assumed (or taken upon himself), He cannot heal."

He assumes our sins as WE are willing to confess our sins and bring them to Him. We can not confess sins for others, only for ourselves. Your son/daughter has to get to that place and what it might take to get them there is only God's knowledge. You cannot create contrition. That is the work of God's Spirit.

Also please understand that the problem your child has is not homosexuality (though that is what we label it), it is sin. Sin is sin and it always deceives, kills and destroys. It does that in your life, my life and it does it in your child's life as well. They have to grasp the sin problem and the ONLY one who can convict us of sin is the Holy Spirit (notice mom, that I've said that twice! <smile>). Therefore, pray that God would use His Holy Spirit to convict and convince the heart and mind of your son/daughter so that they might see the error of their way and return to living for the Lord.

Despite what I sometimes hear from evangelical Christians, homosexuality does NOT keep a person from heaven any more than cheating, stealing, or telling "white lies." All those things are sin and all are bad and separate us from God, but they are also all covered by the blood of Christ on the cross. Granted,

as humans, we tend to categorize sin and make some much worse than others. God doesn't do that. He says that what keeps us out of the Kingdom of heaven is not trusting in Him with our whole heart as our Savior and Lord. A person who thinks he/she is gay can be a Christian. They won't be a happy Christian, or truly intimately related to Christ, but they can be a Christian. I believe that God, in His incredible mercy and grace, will continue to reach out to them, woo them to Himself and draw them until that day when He calls them home. So never ever, ever give up! God will hear your prayers for He fights for the souls of those who have "wandered from the way" (Matt. 18:12-13). God loves them more than you do—so wow, that's a lot!!

Keep in mind too that your task is not to "save your kid," but to show Jesus to them in everything you do. That is such a hard order for everyone and especially if your child has a partner. Do you allow the partner to come to your house, participate in your family activities, hang out with the rest of the family? Of course this is a very personal choice and one that you need to make with lots of prayer and discussion with your spouse. That being said, the question remains: How do you show Jesus to your child and their partner? Is kicking them out of family gatherings the way to do that? Personally, I don't think so, but maybe others here will feel differently. Remember, however, that your child loves this person and rejecting the partner will be akin to rejecting the child even though that is NOT what you are trying to communicate. I DO think it is perfectly reasonable to ask them NOT to show public displays of affection, not to sleep in the same room/bed, etc. Those are things that you would ask your child to do if they were in a heterosexual relationship and you were trying to uphold Biblical standards in your home. If there are small children around, you might have to think about the implications of that as well and if/how you want to talk to the children about it. I use to think that it was not good to expose them to such things, but with the popularity of

homosexuality in our culture and media (need I say, “Brokeback Mountain” or “Will and Grace”), I think it might be best for them to hear the TRUTH from you rather than an interpretation of truth they would get in the streets.

We all know that this journey can be overwhelming, confusing and at times, even debilitating. Do not allow the devil to steal from you the hope that is in Christ Jesus. Do not be worn down by the familiarity and insistence of your child that this is “normal” so that you redefine Truth. Come here and post your frustrations, concerns, joys and victories. We have seen many make it out, hundreds of thousands in fact, and we have seen God do amazing things in the lives of the struggler as well as their family members. If you will allow it, this can be the greatest thing that has happened in your family. I am convinced that God wants to use it for good if you will let Him.

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## **“Is There a Genetic Component to Homosexuality?”**

Dear Dr. Bohlin,

I noticed that you have some background in genetics. I am writing an article involving homosexuality for my own website. Many homosexuals want to say they are “born” that way, or that God made them homosexual. However, the evidence so far is unconvincing.

I am a student of science and scientific knowledge and have some background in science as well. I believe that there may

be a genetic component to what some homosexuals experience.

Also, I've been thinking that some homosexuals may have a genetic defect somewhere that we may discover. They may not want to hear or believe this, but I think it is a possibility. They don't seem to realize that just because they may be "born" homosexual does not mean that they were meant to be homosexual. For example, some are born with sickle-cell anemia, but we know that this is due to a genetic defect and that this is abnormal for red blood cells. This is a problem that needs to be fixed. I think we may find in the genetic code a defect that leads some to homosexuality. I purposely used the word "some" in my statements because I think it is pretty well established by now that homosexuality is not a monolith and that some of them do choose this lifestyle deliberately. So what do you think?

No one has identified any gene that has been linked to homosexuality. Dean Hamer reportedly found a chromosomal region that was prevalent in male homosexuals but his work was unrepeatable and has been largely discarded.

It certainly is possible that there may be a gene or sets of genes that predispose someone to homosexuality. But you correctly surmise that this in no way would determine homosexual behavior. We all probably have genetic predispositions of one sort or another that make it easier for us to sin in some areas than in others. This could be similar to suspected predispositions for some to alcoholism (as found in some races and ethnic groups). This does not mean their alcoholism is excused or acceptable. The same would be true of any predisposition to homosexuality.

Keep in mind also that many who desire to leave the homosexual lifestyle can and do, and many have successfully worked to change their romantic and sexual attractions. If it were in any way genetically determined, this would not be possible. It would be like choosing to have genetically blue eyes and



blonde hair (hair coloring and colored contact lenses aside).

Also, many in the gay community are distancing themselves from any genetic component to homosexuality because that would mean a genetic test could eventually be developed for it. They know full well that many parents would likely choose to have any embryo/fetus testing positive for homosexuality to be aborted or simply not implanted in the case of IVF.

Respectfully,

Ray Bohlin, PhD  
Probe Ministries

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## **“Can You Suggest Reasons Why I Am a Lesbian?”**

I just read Kerby Anderson's article on [Homosexual Theology](#). Very well written, although I do disagree on some points. I consider myself homosexual. I am a 36 year-old female. As far back as I can remember, from the age of 2 or 3, I've have “felt” like a boy. This goes beyond just same-sex attractions. It goes into wanting to play army and trucks as a child, rather than play with dolls and, eventually, being sexually attracted to females (even in grade school), rather than males. For me, as I can only speak for myself, it is not all about sex. I would rather share my life with a female, even if we never had sex. I want the same thing I assume most heterosexuals want; a home, family, decent job, vacation time, and hope for a healthy, happy future.

I guess my question for you is, what do you think caused my

homosexuality? I grew up in the "All-American Family." Stay at home mom, dad who always worked, middle-class, church on Sundays. I am the youngest of three, and the only girl. I was always encouraged to act and dress like a female by my parents. I had no doubt about my parents love for me and felt very secure and safe in my environment. I grew up about as "normal" as anyone can in American. So, can you shed any light? Thanks, \_\_\_\_\_

Dear \_\_\_\_\_,

Kerby Anderson forwarded your e-mail to me because I am very familiar with the homosexuality issue.

The difficulty in trying to explain the foundations for another person's same gender attraction is always increased when we are only given selective details. What you wrote to Kerby isn't your whole story, and you couldn't possibly be able to GIVE your whole story, especially when the most important parts are what happened inside your head and heart.

One of the things we have discovered over the past several years is that the contributing factors to homosexuality include not only events (such as sexual abuse) and relationships (especially with parents), but how a child PERCEIVES events and relationships. For example, dads can show and tell their love in one way, but if his son or daughter doesn't hear it or see it, s/he can feel unloved even though the love was there. Parents can feel that they are accepting their children, but sometimes the kids don't feel that acceptance. And that makes sense, since we are all broken people living in a fallen world, and sometimes our "love receptors" are broken just like a radio can be broken and not receive the radio waves that would translate into sound if it weren't broken.

There is an intriguing detail you DID include, which was being sexually attracted to females, even in grade school.

Emotionally healthy children do not experience sexual attraction until adolescence. (Kids sometimes develop crushes on other kids, but it's an intense emotional attraction, not a sexual attraction.) Becoming sexual at an early age isn't normal; all the examples I ever heard of were the result of sexual exposure (which is actually sexual abuse) at an early age.

So I would suggest there are parts to your story—your true relationship with your parents, possible experiences you don't mention—that are a big part of what you have experienced. Having boy-like interests at an early age, in and of itself, doesn't say that anything was wrong; there is a wide spectrum of what it means to be a female, just as there is a wide spectrum of what it means to be male. And that, I believe, is by divine design, because God is delighted to make people with great variety. But that doesn't mean He gave you same-gender attraction, and it doesn't mean He made you gay. It means something happened, even if you don't know what it is. Homosexuality is really about gender confusion, and something interfered with you embracing your femininity if you have closed yourself off from wanting intimate relationships with men.

I hope this helps.

Most respectfully,

Sue Bohlin  
Probe Ministries

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# **“How Can I Help My Gay Friend?”**

I have a friend who confessed to me that she was gay. I was shocked...but yet...something inside of me knew that there was something different about her. I have been searching of ways to tell her about the truth. Please understand...it has been so easy for me to lead others to the truth...but with her...I'm baffled. I have been speaking to her over the Internet mostly. She has had close family members that have been diagnosed with cancer, etc. I've been helping her stand on the word by giving her Biblical scriptures on healing. I “gently” tell her in a roundabout way (when given the opportunity) about sins in our lives etc...etc...etc...

I'm trying to tell her that God loves her but not the way she's living her life. As you can tell... I'm even having a hard time explaining it to you. I wish I knew of a book that helps Christians talk to gays to lead them to the truth. She once told me that men were so iffy and that her girlfriends treated her better. I should have caught on then...but I didn't. I don't think she's ready to give up this lifestyle...but I can't go on acting as though it's not a problem. I try to stay away from talking about this issue with her. She has a girlfriend at this time and lives about 3 hours from where I live. I just thought you may know of something that may help me minister to her or help me to understand before I leap out there and push her further away from knowing the truth. She is always sending me thank you notes saying that she knows that there was a reason why we met and that she would not be where she is with God if we didn't meet. Honestly...I couldn't believe her attitude. She started going to a Christian church...joined a Bible study from Genesis to Revelation... stood in faith for a job (when she lost hers). It's like God is doing all He can to show her He's real, but deep down in my heart...I feel she's

**lost in another way. Before I keep going on....I'll close and ask again.... Do you know of anything that will help me to reach her God's way?**

I am so glad to hear of your friendship with this dear lady who needs the freedom Jesus offers!! You should know that almost all the people involved in ministries to those with unwanted homosexuality (you can check out [Restored Hope Network](#) and [Living Hope Ministries](#)) did so because of friends and family who showed a willingness to BE THERE for them and love them through the process of change.

Yes, there is a book I would recommend for women, *Out of Egypt* by Jeanette Howard. May I suggest that a good way to offer it is to say, "If you ever get to the point where your life isn't working for you, you might want to read this book." It's not threatening, and it leaves the door open to pursue something different when the Lord reveals truth to her. And nothing will change apart from HIM allowing her to see the truth instead of being deceived by the enemy. Which is why your prayers for her are of utmost importance.

If you want to educate yourself to better know how to minister to her, read *Someone I Love Is Gay* by Anita Worthen and Bob Davies. It's written for friends and family of those in the lifestyle.

I hope this helps; I know these resources have helped many, many other people in exactly your shoes.

In His grip,

Sue

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# When Someone In Your Congregation Says “I’m Gay”

## Things to Remember

1. **No one is born gay**, and no one chooses to be gay. Because of relational brokenness in families and among peers, some people experience emotional needs that they try to meet in ungodly ways. Many of them are uncomfortable with their own gender; later, they discover they are attracted to others of the same sex, but this is not their choice. Acting on it, however, is.

2. **Change is possible.** Even going back to the first-century church, the apostle Paul wrote to former homosexuals in the Corinthian church, “and such were some of you” (1 Cor. 6:11).

3. Because we live in a fallen world, **we are all broken.** Many people in our churches are sexually broken—victims of incest, pornography and masturbation addicts, and compulsive sex addiction. Homosexuality is only one form of brokenness.

4. **Homosexuality grows out of broken relationships and is healed in healthy relationships**, especially same-sex relationships. This is one of the reasons it is essential for recovering homosexuals and lesbians to be actively involved in the church, because this is where they can find healthy, God-honoring friendships. Their homosexuality is not contagious!

5. **Treat them with respect like you would anyone else.** They are people made in the image of God for whom Christ died—they are not their sexuality. Many people trying to come out of the gay lifestyle expect to find respect and acceptance only in the gay community. Finding it in church is immensely healing to their souls.

6. **Accept them where they are, just as Jesus did.** Choose to accept the person, but not sinful behavior. People don't change unless they experience the grace of acceptance first. But once they know they are loved and accepted, many of them are willing to do what it takes to live a life of holiness.

7. **Seek to see them with God's eyes** of love and acceptance, with His intention for their wholeness, healing and freedom. This means depending on the Holy Spirit for divine perspective and exercising humility to recognize that first impressions are often incomplete and inaccurate.

8. This is a great opportunity to lead people to an understanding of **what it means to have a personal relationship with Jesus Christ.** Some homosexual strugglers, especially men, feel that they have committed the unpardonable sin. They've heard they are going to hell no matter what they do, so they are permanently separated from God. They need to know this is a lie, because when we confess our sins, the blood of Jesus covers them ALL and cleanses us from all unrighteousness (1 John 1:9).

9. Because of abuse issues, most **strugglers seem to have an especially hard time relating to Father God** and to receiving His love. Yet it is the masculine voice (first in earthly fathers, and ultimately in our Heavenly Father) that calls gender out from both men and women, and it is the Father's personal and powerful love that is the most important healing agent in human hearts.

10. Because most pastors are men in authority, **most strugglers (men and women) are INCREDIBLY intimidated** by them. Pastors need to know this and really understand in order to minister to strugglers. This means respecting the fragility of strugglers' relationships with pastors and choosing to be deliberately tender and gentle. They really need "good shepherds." Verbalize to them that God can not only change them, but He is very proud of them (as you are) for sharing

this with you and desiring to change.

**11. Most same-sex strugglers have very weak and broken boundaries.** Their deep neediness causes them to lapse into emotionally dependent relationships with everyone who gets close. We encourage you to only counsel these folks at your office during regular business hours where others can be aware of your activities. This gives a sense of security to the struggler and a protection for you as the pastor.

**12.** The most success in overcoming same-gender attraction has occurred when strugglers experienced **God as Healer through heterosexual people who were willing to come alongside them** in their journeys—men helping men, and women helping women. It would be helpful for you to find someone willing to befriend and mentor the struggler. This takes a person willing to seriously invest in the life of a very needy person. They will need to be available and accessible. Their presence in the struggler's life can be powerful and healing.

**13. If someone comes in with an agenda** of arrogance, demanding acceptance of their sexual sin, don't let them bully you. There is a difference between welcoming the sinner and allowing him to continue in his rebellion. Homosexuality is sin. Lev. 18:22-23; Rom. 1:26-27, 1 Cor. 6:9-11. Note that these verses condemn homosexual behavior, not feelings.

## **Five DON'TS:**

**1. Don't panic.** An excellent resource for understanding the issue of homosexuality is *Someone I Love is Gay* by Bob Davies and Anita Worthen (published by InterVarsity Press). Also Exodus International ([exodusinternational.org/](http://exodusinternational.org/)), a Christ-centered ministry that helps people deal with unwanted homosexuality, has numerous resources. Living Hope Ministries ([www.livehope.org](http://www.livehope.org)) is an Exodus referral ministry in the Dallas/Ft. Worth area with excellent online forums for parents, spouses, men and women, and youth (ages 13+) who



struggle with homosexuality

**2. Don't make false assumptions or accusations.** For example, please do not assume he is HIV positive. Many aren't. And if he is, AIDS is sexually transmitted; the people in your congregation are safer than many fear. Respect the seriousness of HIV with commonsense precautions (such as contact with bodily fluids), but don't ostracize the person. Handshakes and hugs are perfectly safe.

**3. Don't shut down pastorally or emotionally.** The person coming to you has known a lifetime of rejection and desperately needs to know that a representative of Jesus Christ will extend grace to him. Hug them when they leave. It may be the first positive touch they have had in years.

**4. Don't pass judgment.** All of us have besetting sins! As Billy Graham said, "Don't take credit for not falling into a temptation that never tempted you in the first place."

**5. Don't disclose this person's secret without permission,** even among church staff. There is nothing safe about the gay lifestyle; people struggling with same-sex attraction need to find safety in the church.

*This is the text of a brochure from Living Hope Ministries, written by Sue Bohlin, who serves on the Board of Directors of Living Hope and moderates one of the online forums. A PDF version of this brochure is also available for download [here](#); you will need the free Adobe Acrobat reader to see it.*

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# Homosexuality: Questions and Answers from a Biblical Perspective

*Sue Bohlin provides distinctly biblical answers to your questions about homosexuality. As a Christian, it is important to understand what the Bible says and to be able to communicate this message of compassion.*

**Q. Some people say homosexuality is natural and moral; others say it is unnatural and immoral. How do we know?**

A. Our standard can only be what God says. In Romans 1 we read,

God gave them over to shameful lusts. Even their women exchanged natural relations for unnatural ones. In the same way the men also abandoned natural relations with women and were inflamed with lust for one another. Men committed indecent acts with other men, and received in themselves the due penalty for their perversion (Romans 1:26-27).

So even though homosexual desires *feel* natural, they are actually *unnatural*, because God says they are. He also calls all sexual involvement outside of marriage immoral. (There are 44 references to fornication—sexual immorality—in the Bible.) Therefore, any form of homosexual activity, whether a one-night stand or a long-term monogamous relationship, is by definition immoral—just as any abuse of heterosexuality outside of marriage is immoral.

**Q. Is homosexuality an orientation God intended for some**

## **people, or is it a perversion of normal sexuality?**

A. If God had intended homosexuality to be a viable sexual alternative for some people, He would not have condemned it as an abomination. It is never mentioned in Scripture in anything but negative terms, and nowhere does the Bible even hint at approving or giving instruction for homosexual relationships. Some theologians have argued that David and Jonathan's relationship was a homosexual one, but this claim has no basis in Scripture. David and Jonathan's deep friendship was not sexual; it was one of godly emotional intimacy that truly glorified the Lord.

Homosexuality is a manifestation of the sin nature that all people share. At the fall of man (Genesis 3), God's perfect creation was spoiled, and the taint of sin affected us physically, emotionally, intellectually, spiritually—and sexually. Homosexuality is a perversion of heterosexuality, which is God's plan for His creation. The Lord Jesus said,

In the beginning the Creator made them male and female. For this reason, a man will leave his father and mother and be united to his wife, and the two will become one flesh (Matthew 19:4, 5).

Homosexual activity and pre-marital or extra-marital heterosexual activity are all sinful attempts to find sexual and emotional expression in ways God never intended. God's desire for the person caught in the trap of homosexuality is the same as for every other person caught in the trap of the sin nature; that we submit every area of our lives to Him and be transformed from the inside out by the renewing of our minds and the purifying of our hearts.

## **Q. What causes a homosexual orientation?**

A. This is a complex issue, and it is unfair to give simplistic answers or explanations. (However, for insight on this issue please consider our articles [Answers to Questions](#)

[Most Asked by Gay-Identifying Youth](#) and [“Why Doesn’t God Answer Prayers to Take Away Gay Feelings?”](#)) Some people start out as heterosexuals, but they rebel against God with such passionate self-indulgence that they end up embracing the gay lifestyle as another form of sexual expression. As one entertainer put it, “I’m not going to go through life with one arm tied behind my back!”

But the majority of those who experience same-sex attraction sense they are “different” or “other than” from very early in life, and at some point they are encouraged to identify this difference as being gay. These people may experience “pre-conditions” that dispose them toward homosexuality, such as a sensitive and gentle temperament in boys, which is not recognized as acceptably masculine in our culture. Another may be poor eye-hand coordination that prevents a boy from doing well at sports, which is a sure way to invite shame and taunting from other boys (and, most unfortunately, from some of their own fathers and family members). Family relationships are usually very important in the development of homosexuality; the vast majority of those who struggle with same-sex attraction experienced a hurtful relationship with the same-sex parent in childhood. The presence of abuse is a recurring theme in the early lives of many homosexual strugglers. In one study, 91% of lesbian women reported childhood and adolescent abuse, 2/3 of them victims of sexual abuse.<sup>{1}</sup> There is a huge difference, however, between predispositions that affects gender identity, and the choices we make in how we handle a predisposition. Because we are made in the image of God, we can choose how we respond to the various factors that may contribute to a homosexual orientation.

**Q. Wouldn’t the presence of pre-conditions let homosexuals “off the hook,” so to speak?**

A. Preconditions make it easier to sin in a particular area. They do not excuse the sin. We can draw a parallel with

alcoholism. Alcoholics often experience a genetic or environmental pre-condition, which makes it easier for them to fall into the sin of drunkenness. Is it a sin to want a drink? No. It's a sin to drink to excess.

All of us experience various predispositions that make it easier for us to fall into certain sins. For example, highly intelligent people find it easier to fall into the sin of intellectual pride. People who were physically abused as children may fall into the sins of rage and violence more easily than others.

Current popular thinking says that our behavior is determined by our environment or our genes, or both. But the Bible gives us the dignity and responsibility missing from that mechanistic view of life. God has invested us with free will—the ability to make real, significant choices. We can choose our responses to the influences on our lives, or we can choose to let them control us.

Someone with a predisposition for homosexuality may fall into the sin of the homosexual behavior much more easily than a person without it. But each of us alone is responsible for giving ourselves permission to cross over from temptation into sin.

**Q. What's the difference between homosexual temptation and sin?**

A. Unmasked-for, uncultivated sexual desires for a person of the same sex constitute temptation, not sin. Since the Lord Jesus was "tempted in every way, just as we are (Hebrews 4:15)," He fully knows the intensity and nature of the temptations we face. But He never gave in to them.

The line between sexual temptation and sexual sin is the same for both heterosexuals and homosexuals. It is the point at which our conscious will gets involved. Sin begins with the internal acts of lusting and creating sexual fantasies. Lust

is indulging one's sexual desires by deliberately choosing to feed sexual attraction—you might say it is the sinful opposite of meditation. Sexual fantasies are conscious acts of the imagination. It is creating mental pornographic home movies. Just as the Lord said in the Sermon on the Mount, all sexual sin starts in the mind long before it gets to the point of physical expression.

Many homosexuals claim, "I never asked for these feelings. I did not choose them," and this may be true. That is why it is significant to note that the Bible specifically condemns homosexual *practices*, but not undeveloped homosexual feelings (temptation). There is a difference between having sexual feelings and letting them grow into lust. When Martin Luther was talking about impure thoughts, he said, "You can't stop the birds from flying over your head, but you can keep them from building a nest in your hair."

**Q. Isn't it true that "Once gay, always gay?"**

A. It is certainly true that most homosexuals never become heterosexual—some because they don't want to, but most others because their efforts to change were unsuccessful. It takes spiritual submission and much emotional work to repent of sexual sin and achieve a healthy self-concept that glorifies God.

But for the person caught in the trap of homosexual desires who wants sexual and emotional wholeness, there is hope in Christ. In addressing the church at Corinth, the Apostle Paul lists an assortment of deep sins, including homosexual offenses. He says,

And that is what some of you were. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ (1 Corinthians 6:11).

This means there were former homosexuals in the church at Corinth! The Lord's loving redemption includes eventual

freedom for *all* sin that is yielded to Him. Some (rare) people experience no homosexual temptations ever again. But for most others who *are* able to achieve change, homosexual desires are gradually reduced from a major problem to a minor nuisance that no longer dominates their lives. The probability of heterosexual desires returning or emerging depends on a person's sexual history.

But the potential for heterosexuality is present in everyone because God put it there.

See our article "Can Homosexuals Change?" at [www.probe.org/can-homosexuals-change/](http://www.probe.org/can-homosexuals-change/).

**Q. If homosexuality is such an abomination to God, why doesn't it disappear when someone becomes a Christian?**

A. When we are born again, we bring with us all of our emotional needs and all of our old ways of relating. Homosexuality is a relational problem of meeting emotional needs the wrong way; it is not an isolated problem of mere sexual preference. With the power of the indwelling Spirit, a Christian can cooperate with God to change this unacceptable part of life. Some people—a very few—are miraculously delivered from homosexual struggles. But for the majority, real change is slow. As in dealing with any besetting sin, it is a process, not an event. Sin's power over us is broken at the moment we are born again, but learning to depend on the Holy Spirit to say no to sin and yes to godliness takes time. 2 Corinthians 3:18 says, "We...are being transformed into His likeness from glory to glory." Transformation (*this* side of eternity!) is a process that takes a while. Life in a fallen world is a painful struggle. It is not a pleasant thing to have two oppositional natures at war within us!

Homosexuality is not one problem; it is symptomatic of other, deeper problems involving emotional needs and an unhealthy self-concept. Salvation is only the beginning of emotional

health. It allows us to experience human intimacy as God intended us to, finding healing for our damaged emotions. It isn't that faith in Christ isn't enough; faith in Christ is the *beginning*.

**Q. Does the fact that I had an early homosexual experience mean I'm gay?**

A. Sex is strictly meant for adults. The Song of Solomon says three times, "Do not arouse or awaken love until it so desires." This is a warning not to raise sexual feelings until the time is right. Early sexual experience can be painful or pleasurable, but either way, it constitutes child abuse. It traumatizes a child or teen. This loss of innocence does need to be addressed and perhaps even grieved through, but *doesn't* mean you're gay.

Sexual experimentation is something many children and teens do as a part of growing up. You may have enjoyed the feelings you experienced, but that is because God created our bodies to respond to pleasure. It probably made you feel confused and ashamed, which is an appropriate response to an inappropriate behavior. Don't let anyone tell you it means you're gay: it means you're human.

Even apart from the sexual aspect, though, our culture has come to view close friendships with a certain amount of suspicion. If you enjoy emotional intimacy with a friend of the same sex, especially if it is accompanied by the presence of sexual feelings that emerge in adolescence, you can find yourself very confused. But it doesn't mean you're gay.

It is a tragic myth that once a person has a homosexual experience, or even *thinks* about one, that he or she is gay for life.

**Q. Are homosexuals condemned to hell?**

A. Homosexuality is not a "heaven or hell" issue. The *only*



determining factor is whether a person has been reconciled to God through Jesus Christ.

In 1 Corinthians 6, Paul says that homosexual offenders and a whole list of other sinners will not inherit the kingdom of God. But then he reminds the Corinthians that they have been washed, sanctified, and justified in Jesus' name. Paul makes a distinction between unchristian behavior and Christian behavior. He's saying, "You're not pagans anymore, you are a holy people belonging to King Jesus. Now *act like it!*"

If homosexuality doesn't send anyone to hell, then can the believer indulge in homosexual behavior, safe in his or her eternal security? As Paul said, "May it never be!" If someone is truly a child of God, he or she cannot continue sinful behavior that offends and grieves the Father without suffering the consequences. God disciplines those He loves (Hebrews 12:6). This means that ultimately, no believer gets away with continued, unrepented sin. The discipline may not come immediately, but it will come.

**Q. How do I respond when someone in my life tells me he or she is gay?**

A. Take your cue from the Lord Jesus. He didn't avoid sinners; He ministered grace and compassion to them—without ever compromising His commitment to holiness. Start by cultivating a humble heart, especially concerning the temptation to react with judgmental condescension. As Billy Graham said, "Never take credit for not falling into a temptation that never tempted you in the first place."

Seek to understand your gay friends' feelings. Are they comfortable with their gayness, or bewildered and resentful of it? Understanding people doesn't mean that you have to agree with them—but it *is* the best way to minister grace and love in a difficult time. Accept the fact that, to this person, these feelings are normal. You can't change their minds or their

feelings. Too often, parents will send their gay child to a counselor and say, "Fix him." It just doesn't work that way.

As a Christian, you are a light shining in a dark place. Be a friend with a tender heart and a winsome spirit; the biggest problem of homosexuals is not their sexuality, but their need for Jesus Christ. At the same time, pre-decide what your boundaries will be about what behavior you just cannot condone in your presence. One college student I know excuses herself from a group when the affection becomes physical; she just gets up and leaves. It is all right to be uncomfortable around blatant sin; you do not have to subject yourself—and the Holy Spirit within you—to what grieves Him. Consider how you would be a friend to people who are living promiscuous heterosexual lives. Like the Lord, we need to value and esteem the person without condoning the sin.

### **Note**

1. Anne Paulk, *Restoring Sexual Identity* (Eugene OR: Harvest House, 2003), p. 246.

### **For further reading:**

- Bergner, Mario. *Setting Love in Order: Hope and Healing for the Homosexual*. Baker, 1995.
- Paulk, Anne. *Restoring Sexual Identity*. Eugene OR: Harvest House, 2003.
- Dallas, Joe. *Desires in Conflict*. Eugene, OR: Harvest House, 1991. (Particularly good!)
- Konrad, Jeff. *You Don't Have to Be Gay*. Pacific Publishing, 1987. (This is directed at young men. I can't recommend this one highly enough.)
- Satinover, Jeffrey. *Homosexuality and the Politics of Truth*. Baker, 1996.

- Schmidt, Thomas E. *Straight & Narrow? : Compassion & Clarity in the Homosexuality Debate*. Intervarsity Press, 1995.
- Worthen, Anita and Bob Davies. *Someone I Love is Gay: How Family and Friends Can Respond*. Intervarsity Press, 1996.
- The website of Living Hope Ministries, an outreach in the Dallas/Ft. Worth area. Of particular interest are the online testimonies and especially an excellent online support group, a confidential, free, moderated message board for strugglers, overcomers and those who seek to encourage and uplift.  
[www.livehope.org](http://www.livehope.org)

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## **“Can’t Homosexuality Be Seen as Population Control?”**

**From an evolutionary perspective, wouldn’t homosexuality be seen as a population control? This would then make it useful, contradicting to your assumptions made in the obviously biased partial commentary.**

Many evolutionary biologists have wrestled with the widespread presence of homosexuality in human populations. Essentially, their quandry is not that homosexuality is present in large numbers (2-3% at most in any population), but that it is found in virtually all cultures and societies at least to some degree. Evolutionarily, this implies that there is some evolutionary benefit and some genetic component, which usually means it contributes to survival and reproductive success in some way. But how can that be when homosexuals reproduce at a far lesser rate than heterosexuals? The original

sociobiologist, E. O. Wilson, stated the problem this way: "The homosexual state itself results in inferior genetic fitness, because of course homosexual men marry much less frequently and have far fewer children than their unambiguously heterosexual counterparts." (*Sociobiology: The New Synthesis*, Belknap/Harvard, 1975, p. 555.) Evolutionary explanations require an immediate genetic benefit for the individual expressing the trait or behavior. Things such as "population control," as you suggest, require a cooperative spirit (technically referred to as group selection) that is normally considered outside direct genetic influence and is therefore rejected by most evolutionary biologists.

Most evolutionary biologists have tried to deal with the problem by one of two suggestions. First, the genes involving homosexuality (if there are indeed any at all, but so far there is no evidence for any) could be advantageous somehow in the heterozygous state (individuals who have one copy of a gene leading to homosexuality but not both and therefore not truly expressing the trait), and therefore the gene or genes are kept in the population that way even though when both copies are expressed in the same individual (homozygosity) reproduction is prevented. Second, some have suggested that homosexuals may gain a genetic fitness by being primarily helpers in raising offspring of their brothers and sisters, therefore preserving their own genes through aiding the survival of their nieces and nephews who carry about 1/8 of their own genes (technically referred to as kin selection). Aiding the survival of eight or more such nieces and nephews preserves a full complement of your genes into the next generation which is how natural selection supposedly works. Both of these options may at first sound reasonable but, neither of these options has a shred of evidence in support of it.

Respectfully,

Ray Bohlin, Ph.D.

Probe Ministries