What God Says About Sex – A Christian Perspective on Human Sexuality

Sue Bohlin provides us a succinct Christian perspective on human sexuality. She points out that God created sex and has a purpose for it defined within the context of marriage. When we lose sight of God's perspective, sex can degrade into a pastime for pleasure that will ultimately hurt us physically, emotionally and spiritually.

The Pickle Principle



It's not surprising that in a time of growing biblical illiteracy, so few people have any idea what God thinks and says about the extremely important subject of sex. The world holds the Christian view of sex in contempt, considering it prudish, naïve and repressive. But the Bible elevates sexuality as God's gift to us that is both sacred and mysterious. The world's perspective degrades it to just something that feels good—another form of recreation or socialization.

Counselor Waylon Ward offers an insightful way to understand the problem, which he calls "the Pickle Principle." In order to make pickles, we put cucumbers in a brine solution of vinegar, spices, and water. After a cucumber soaks in the brine long enough, it is changed into a pickle. Most of us are like pickles. We sit in the brine of a sex-saturated culture, absorbing its values and beliefs, and it changes the way we think. Even most Christians are pickled today, believing and acting exactly like everyone else who has been sitting in the brine of a culture hostile to God and His Word.

The world's sex-saturated brine includes the belief that sex is the ultimate pleasure. The message of much TV, movies, and music is that there is no greater pleasure available, and that it is the right of every individual, even teenagers, to have this pleasure.{1} Another aspect of this pickling process is the belief that no one has the right to deprive anyone else of this greatest of all human pleasures, that no one has the right to tell anyone else what is right or wrong about the expression of his or her sexuality.{2}

If the purpose and goal of sex is primarily pleasure, then other people are just objects to be used for sensual gratification. Since people are infinitely valuable because God made us in His image, that is a slap in the face whether we realize it or not. The Christian perspective is that the purpose of sex is relational, with pleasure as the by-product. The Bible teaches that sex welds two souls together.{3} It is so powerful that it is only safe within a committed, covenant marriage relationship. It's like the difference between the wild energy of lightning compared to the harnessed power of electricity. God knew what He was doing when He limited sex to within marriage!

God wants to get His "pickled people" out of the world's brine and into an intimate relationship with Him. He wants to change our thinking and beliefs to be in alignment with His.

Sex is God's Invention! The Purpose of Sex

Sex is God's idea. He made it not only efficient for making babies, but pleasurable and deeply satisfying. He designed men's and women's body parts to complement each other. He created hormones to make everything work right and make us want to be sexual. Unlike animals, whose mating behavior is purely instinctive for the purpose of reproducing, human sexuality has several wonderful purposes. God means for all of

them to be contained within marriage.

In a lifelong covenant of faithfulness between husband and wife, we can express and enjoy God's two major purposes to sex: fruitfulness and intimacy. His first command to Adam and Eve was to "be fruitful and multiply" (Genesis 1:28); one very foundational purpose of sex is to create new living beings. Fruitfulness is not limited to having children, though. A mutually loving and serving sexual relationship between husband and wife can produce emotional and personal fruitfulness as well. Both people are nurtured to grow, develop, and soar, becoming more of what God means them to be.

The other big purpose for sex, emotional and physical intimacy, is only possible within marriage. In his little gem of a book called What God Says About Sex,{4} Eric Elder says that intimacy really means "into-me-see." It is only safe to reveal the fullness of who we are, "warts and all," to someone who loves us and has committed to be faithful and supportive "till death do us part." The fullest experience and freedom of sex is found within the marriage bed, which God says to keep holy or set apart.{5} God says that we are to use self-control to keep all expressions of sexuality limited to marriage.{6}

Sex also builds oneness, a mystical union of two lives and souls into one life together. The one-flesh union of sex is a picture of the way two souls are joined together into a shared life. In fact, we could say that sex is like solder that is used to fuse two pieces of metal together. Once they are joined, it is a strong bond that helps keep marriages and families intact, which is God's intention for our lives. Another purpose of sex is the pleasure that comes from being safe in another's love. The entire book of Song of Solomon is gorgeous poetry that glorifies married sexual relations.

God also says that an important purpose of sex is to serve as an earthbound illustration of the mystical but real unity of Christ and the church, where two very different, very *other*

beings are joined together as one. This spiritual component to sex is what helps us see more clearly why any and all sex outside of marriage falls far short of God's intention for it to be holy and sacred—and protected.

So . . . What Does God Actually Say?

A lot of people believe the Bible says, "Sex is fun and it feels good, so don't do it." Nothing could be farther from the truth! Sex was God's great idea in the first place! But God's view of sex as a sacred and private gift to married couples, as well as a gift each spouse gives to the other, is at great odds with the world's perspective of sex as simply a pleasure no one should deny him- or herself.

The overarching statement God makes is that sex is to be completely contained within marriage.{7} As I said above, sex is so powerful that it's like the difference between the wild, uncontrollable power of lightning compared to the safety of harnessed electricity in our buildings. God wants us to harness the power of sex within marriage. This means that all other expressions of sexuality are off-limits, not because God is a cosmic killjoy, but because He loves us and knows what's best for us, namely, not playing with lightning! So God says not to engage in sex with anyone before marriage, with anyone else once we are married, with anyone of the same sex; or with prostitutes, or with family members, or with animals.

God says that sexual purity is a treasure to be guarded and valued. It is a reflection of God's own character, which is what makes it so valuable. In our culture, many people have been deceived into thinking that their virginity is worthless, something to get rid of. But God says it is special,{8} a gift that can we can only bestow on one person, one time. God calls us to purity after marriage as well by remaining faithful to our spouse. Purity before and during marriage prevents "ghosts" in the marriage bed; comparisons are nowhere as deadly as in the intensely intimate realm of sex. We glorify

God in our sexuality by using self-control to stay pure if single, and by loving our spouse sexually if married.

The good news is that purity can be restored if we confess our sin and put our trust in Jesus to forgive us and give us a new, holy quality of life. The Bible promises, "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."{9} God stands ready to forgive and cleanse us, and restore our purity the moment we ask.

God says that sex is to be reserved for adults only. Three times in the Song of Solomon, a beautiful book extolling the glory of married sex, it says, "Do not arouse or awaken love until it so desires," which means "until the time is right."{10} As I minister to sexually broken people,{11} most of them bear the still-painful scars of childhood sexual abuse from people who never should have opened a door to sexual experience. Their entire view of sex has been warped and skewed. God never meant for children to be introduced to sex. It's for adults. *Married* adults.

God wants us to actively fight sexual temptation. The battle is harder than it's ever been because of our sex-saturated culture. He says to flee immorality.{12} In fact, God says to offer not even a *hint* of sexual immorality.{13} That means that it is a violation of His intentions to engage in phone sex with strangers, or virtual sex in chat rooms and porn sites. The fact that you're not physically touching another person's body doesn't mean it's not sin, because Jesus said that sexual sin happens in the mind first.{14}

Eric Elder suggests asking a powerful question to help clarify the battle against sexual temptation: will this lead to greater intimacy and fruitfulness with the husband or wife God has created for me?{15} This filter is helpful for both married people and singles. If an action doesn't build intimacy or fruitfulness, it probably destroys them. Another

question to ask is, Can I glorify God in what my flesh wants to do? Can I invite Jesus into what I'm about to do? If the answer is no, God invites us to meet the struggle with *His* supernatural energy instead of our own puny human strength.{16}

Outside of the safety of marriage, sex is wounding and hurtful, but God created it for our pleasure and delight. In the Song of Solomon, God enthusiastically invites the newlyweds to enjoy His good gift of sex, where He says, "Eat, friends, and drink, o lovers!"{17} In fact, God wants married couples to bless each other by enjoying sex often and regularly.{18}

Are you surprised by what God says about sex?

Why Sexual Sin Hurts So Much

Pastors and counselors will tell you that there is a greater intensity of shame and pain in the people they counsel when the issues involve sexual sin.{19} Paul says that all other sins are outside our bodies,{20} but sexual sin touches you deep in your heart and soul.

As mentioned above, it may be helpful to think of sex like solder. God created it to make a strong, powerful bond that creates healthy, stable families into which children are welcomed. But when people fuse their souls through sexual sin without the safety and commitment of marriage, it causes tremendous pain when the relationship rips apart. (Have you ever seen a broken weld? It's pretty ugly.) When sex is disconnected from love and commitment, it also disconnects the body from the soul. This inflicts deep wounds of shame and guilt on a heart that has been used for gratification instead of love.

Waylon Ward says that sex sins expose and exploit our deepest emotional and spiritual vulnerabilities. He writes, "In the

counseling office, individuals rarely if ever weep scalding tears about any other sense of loss like they do for a sexual relationship when it ends. There are soul ties that bind two partners together in unseen ways and there is a sense that part of you has been stolen. There is a hole in your soul where the connection was ripped from you."{21}

The pickling brine of our culture's increased sensuality says, "If it feels good, do it. You're entitled." But while this belief about sex may *feel* good, it is most definitely not good for us. Note the runaway epidemic of sexually transmitted diseases, and the resulting increase in infertility. Note the number of broken hearts and broken families. Note the alarming amount of sexual abuse. Note the soaring rates of depression, especially in teens, much of which is related to sexual activity outside of marriage.

God invented sex for His glory and our benefit. His basic rule—keep sex inside marriage—isn't meant to be a killjoy, but to protect our hearts and bodies and relationships and families. He knows what He's doing, and we do well to follow.

Notes

1. Waylon Ward, *Sex Matters: Men Winning the Battle* (McKinney, Texas: Allison O'Neil Publishing Company, 2004), 7.

2. Ibid., 8.

3. Genesis 2:24;1 Corinthians 6:15-16.

4. Eric Elder, *What God Says About Sex* (Inspiringbooks.com, an imprint of Eric Elder, 2006). Contact theranch.org/2006/07/03/bookstore-what-god-says-about-sex/ for more information.

5. Hebrews 13:4.

6. 1 Corinthians 6:18.

7. There are 44 prohibitions of *porneia* (sexual expression outside of marriage, usually translated "sexual immorality"), just within the New Testament alone. This is where God draws the line between sex within marriage and sex outside of marriage, which determines what is sin and what is not.

8. Song of Solomon 4:12.

9. 1 John 1:9.

10. Song of Solomon 2:7, 3:5, 8:4.

11. I have the privilege of serving with Living Hope Ministries (www.livehope.org), a support group for those dealing with unwanted same-sex attractions, and the families of those who struggle. (Or who don't struggle because they are just fully immersed in a gay identity.) I mainly minister to women, for whom a history of sexual abuse has long been a common denominator.

12. 1 Corinthians 6:18.

13. Ephesians 5:3.

14. Matthew 5:28.

15. Elder, *What God Says About Sex*, 37.

16. Colossians 1:29, Ephesians 6:10.

17. Song of Solomon 5:1.

18. 1 Corinthians 7:5.

19. Ward, *Sex Matters*, 16.

20. 1 Corinthians 6:18.

21. Ward, *Sex Matters*, 17.

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When Ex-Gays Return to a Gay Identity

I recently received an envelope in the mail with no return address and no personal note, just copies of three articles about men who used to be part of Exodus International, who used to identify themselves as "ex-gay," and now repudiate that part of their histories. It is consistent with emails and blog comments I have received pointing this out, and asking if that doesn't negate my position that homosexuality is changeable.

No. The fact that some people, denouncing something they used to support, now represent themselves as proud gays and lesbians, doesn't change anything. Just as people who lived in sobriety from alcohol and drugs for years have been known to get sucked back into their addictions, it isn't surprising that some would get weary of the struggle against their temptations and stop fighting.

Some people gave up earlier than others, hoping and expecting that if they just kept living "the straight life," their feelings would catch up with their resolutions. They kept waiting for homosexual desires and temptations to disappear, and they didn't. So they decided that they were done with trying to pretend to be something they weren't. I'm good with not pretending; I'm a huge believer in authenticity and transparency.

But if someone continues to experience same-sex attraction even if they don't act on it, does it mean they're gay, as the culture insists?

What the culture says—if you ever have same-sex feelings, it

means you're gay—doesn't matter compared to what God says.

God calls us to make choices every day that contradict and violate our feelings and temptations, but which we choose because they are the right thing to do. From the basics of the Ten Commandments to the ultimate example of Christ in the Garden of Gethsemane, He calls us to choose obedience and behavior that honors Him and other people despite our feelings. What if we don't *feel* like telling the truth? Don't lie anyway. What if we don't *feel* like not killing the person who really ticks us off? Don't murder anyway. What if we don't *feel* like remaining faithful to our spouse? Don't commit adultery anyway.

So what if someone doesn't *feel* like stewarding their sexuality in purity and self-control? Regardless of the nature of the temptation, whether same-sex or opposite-sex, God calls us to possess our own body in holiness and honor (1 Thess. 4:4).

Sadly, some men who had come out of homosexuality have left their wives and children to return to living as gay men. This isn't really much different from men who leave their wives and children for another woman. Succumbing to temptation, regardless of who tempts us, is still sin. Heartbreaking, home-breaking sin.

We're hearing people saying, "I'm not ex-gay anymore because trying to be ex-gay doesn't work. 'Pray away the gay' (a rather offensive term used by scoffers) doesn't work. Trying hard to be straight doesn't work. 'Claiming my healing' doesn't work. I'm done."

And they're right.

What doesn't work:

Name-it-and-claim-it theology, the religious version of "wishing will make it so." Trying to speak reality into

existence, as in "I am no longer gay because I'm a Christian," doesn't work because we don't create reality through our words. Only the Creator God can do that.

Casting out the demon of homosexuality. While there is always a demonic component to idolatry and unrepentant sin, homosexuality is not caused by a demon, any more than bigotry, selfishness or gossip are.

Trying harder, praying harder, reading the Bible, begging God to make the gay feelings to go away. These human efforts are the religious equivalent of mowing the grass to get rid of dandelions. (For a completely different approach—grace—check out True-Faced.)

What does work:

Laying aside one's sexuality as the measure of identity. "Who I really am" according to our flesh is always going to be at odds with "who God says I am" according to His word. Seeking a deeper relationship with our heavenly Father and the Lord Jesus Christ through the spiritual disciplines moves us toward reframing our faulty identity, no matter who we are or what we struggle with. We need to choose to find our identity in what God says about us—most importantly, receiving and owning the truth that He says, "You are My beloved child in whom I am well pleased."

Looking at the contributing factors that shaped the same-sex "hole" in one's heart (and the lies connected to them) to process them in light of God's love and sovereignty, and then forgive the people who inflicted the wounds.

Choosing to learn to live with a tension: our flesh wants things that are dishonoring to God, dysfunctional and dangerous, but God calls us to do the right thing anyway. Regardless of our desires and feelings. Right from the beginning, He told Cain, "[I]f you do not do what is right, sin is crouching at the door. It desires to dominate you, but

you must subdue it" (Gen 4:7). God didn't say to Cain, "I know, you're angry because I didn't accept your offering. That's who you are, an angry soul. Go and let your anger explode!" In the New Testament, we read, "The thief must no longer steal. Instead, he must do honest work with his own hands, so that he has something to share with anyone in need" (Eph. 4:28). God didn't say to the thief, "I know, you feel compelled to take what doesn't belong to you. That's who you are, a stealing soul. Go and act on your desires to steal!"

Now we have people saying, "I am attracted to the same sex. Since everyone says I am defined by my feelings, I now realize that's just who I am." And God does not say to them, "I know, you are gay/lesbian/transgender/bi-sexual. That's who you are, so go act on it!" God calls everyone to the same standard: sexual holiness and integrity, which means keeping all sex within the bounds of marriage between one man and one woman.

Adjusting one's expectations. Accepting the truth that one's attractions and desires may always be warped to some degree; they may always remain an area of weakness that can drive the disciple to a deeper level of dependence on God, which is essential for growing in relationship with Him. That may mean learning to live with a "thorn in the flesh" (2 Cor. 12:7-10) instead of insisting that the only culturally acceptable change is a 180-degree shift in attractions from homosexual to heterosexual.

There is no "easy button." Submitting to the process of sanctification means crucifying the flesh, and that's *hard*. For any Christ-follower. And that's where lasting change happens—as we are made into the image of Christ (Gal. 4:19), as we are transformed by the renewing of our minds (Rom. 12:2). And that might, or might not, extend to our feelings. Regardless of who we are.

This blog post originally appeared at blogs.bible.org/tapestry/sue_bohlin/when_ex-gays_return_to_a_gay_identity on May 7, 2013.

"Am I Judging When I Recognize Sin in a Friend's Life?"

Dear Sue,

My question is about judging. There are several of us friends and we are all Christians but go to different churches. One of our friends was widowed several years ago. After several failed relationships where she became sexually intimate with each of the men, she is now in another relationship with what seems like a nice man. She is also very active in her church and is involved in a discipleship ministry. After she leaves the meetings to prepare for these discipleship events, she leaves town to go stay the weekend with her new friend.

I told one of the other friends that I did not think it was right that she was doing that and that may be why she had problems with her relationships, and that I felt it was wrong that she would be speaking before another group of women on this retreat. My other friend told me I was judging and that only God should do that and no one is without sin and that one sin is no greater than any other sin. I do not interpret the bible that way. I feel that if she is putting herself before others as a leader of God she should be striving to live sin free and be repenting when she does sin. Am I judging when I recognize a sin in another person's life? I do not want to be a judgmental person and am very confused about this. Please

help me to understand and how I should have responded to her.

You are right. There is a huge misunderstanding about judging both outside and inside the church, and it comes from not knowing what the Bible teaches about judging. Everybody seems to stop with "Judge not, lest ye be judged" (Matt. 7:1). That is the Lord Jesus' call not to judge hypocritically. But in John 7:24 He also calls us to judge rightly. And remember the passage about pulling the plank out of our own eye so we can see clearly to remove the speck from our brother's eye (Matt. 7:5)? That's about judging as well. The point there is about examining ourselves first before dealing with another's sin, *not* to ignore other people's behavior.

But then there's the "big daddy" passage of 1 Corinthians 5:9-13:

> *I have written you in my letter not to associate with sexually immoral people—not at all meaning the people of this world who are immoral, or the greedy and swindlers, or idolaters. In that case you would have to leave this world. But now I am writing you that you must not associate with anyone who calls himself a brother but is sexually immoral or greedy, an idolater or a slanderer, a drunkard or a swindler. With such a man do not even eat.*
>
> *What business is it of mine to judge those outside the church? Are you not to judge those inside? God will judge those outside. "Expel the wicked man from among you."*

This passage clearly says that we are to judge those inside the Body of Christ. (News to your other friend, I'm sure!) Judging doesn't mean condemning, though; in the case of your immoral friend, it would be a matter of comparing her behavior with what is right, and pointing out the dangers of her choices, the way we would want to warn someone in a burning building to get out, or urge someone headed toward a cliff to

turn around.

It might sound like, “This is a hard conversation but I need to talk to you because I care about you. You’re making decisions that are not consistent with the Christ-follower and the woman of God I know you want to be. Sexual immorality is still sin, and sin has consequences, and I don’t want you to be hurt. But even more than that, you are dishonoring the Lord by your disobedience to His word. I am concerned that you are continuing in a leadership position while you are engaged in unrepented, continual sin. James 3:1 says that teachers will be judged more strictly, and I am concerned for what that might look like for you down the road. I just want to plead with you to choose chastity and integrity, and make choices that honor both God and yourself.”

If she gets defensive and starts pushing back, making comments like, “And you’re so perfect yourself?” I would counsel you to not get defensive yourself. Just say something like, “You know, I’m aware that I’m a sinner in need of God’s mercy and grace every single day. I would hope that if my eyes were blinded by my own feelings and sin and I were headed toward a cliff, you would love me enough to warn me and challenge me to live consistently with who God says I am.”

I’m so glad you wrote. I hope you find this helpful.

Sue

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“What Sins Disqualify Me For

Ministry?”

I’m a guy in my mid twenties and a few months ago, I resigned from my work as director of a local ministry because I just can’t get over my struggle with pornography. I’ve been “clean” for weeks and sometimes months, but it seems that inevitably I fall again. I really want to break this cycle of sin and live a life of sexual purity, both inwardly and outwardly. To do that I am seeking the Lord in His Word and through prayer (though not as consistently as I should). I have people that keep me accountable. I meet weekly with a few older men for a study on sexual purity. At the same time, I want to serve the Lord in anyway he wants me to serve. But there is some confusion…I have been presented with many opportunities to serve God (leading worship, camp counselor, teaching Bible study, and doing part-time youth ministry at a local church), but I don’t know if I should serve in these ways since I haven’t been able to break free of this sin. So my questions: Which sins disqualify me from Christian service and/or leadership? And for which roles would those sins disqualify me?

It breaks my heart to read your question (though I am SO glad you wrote!). Not because of your actual question, but because of the mentality that indeed permeates so many churches and ministries that one has to be perfect (especially in the area of sexuality) in order to serve God. We can’t be perfect, so either we allow the enemy to persuade us to disqualify ourselves, or we can find ourselves immersed in an atmosphere of impossible expectations and standards that results in secret sin and resulting hypocrisy.

I prayed about my response and talked to a number of men in leadership at my church (Watermark Community Church in Dallas), where transparency, honesty and accountability are bedrock values.

First, let me affirm you in your decision to step down from ministry for the purpose of focusing on your relationship with Christ. It's also essential to listen to your accountability group to determine whether and when you are ready to resume a leadership position like the ones you list in your email.

From what you describe, it sounds like you may already have components in place for successfully achieving sexual purity, which is a process and not an event:

1) It's essential to actively pursue intimacy with Christ through prayer, the Word, and developing the habit of daily surrender and dependence on Him. Meditate on the truth of 2 Corinthians 12:9-10 until it soaks down into your soul and you "own" it:

> And He has said to me, "My grace is sufficient for you, for **power is perfected in weakness**." Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me. Therefore I am well content with weaknesses, with insults, with distresses, with persecutions, with difficulties, for Christ's sake; for **when I am weak, then I am strong**.

(This is the part that differentiates trustful empowerment from "white-knuckling" it.)

The fact that you admit inconsistency in your time in the Word and in prayer is really key. Allow me to strongly encourage you to make these disciplines your highest priority in this time of learning to become an overcomer. Otherwise, it would be the equivalent of trying to train for a marathon without eating or drinking regularly!

2) It's also essential to build an accountability support system as you live in community with other Christ-followers. Naturally, there are different understandings of what constitutes accountability, but what works very well at Watermark is a network of people with whom we can be honest,

on whom we can depend to show us grace at the same time that they speak the truth to us, and who are safe people to whom we can confess our sins immediately before getting caught in a downward spiral of secrecy and dread that allows sin to continue, unrepented, for a period of time. Even people in leadership, when they confess immediately and ask for help, prayer and continued accountability, do not lose their jobs or, for volunteer leaders, their opportunity to serve through leading, if they are proactive in confessing and repenting to their accountability "safety net." One of my pastors wrote, "There are times when we need to step back from leadership positions to devote all our energies to focusing on Jesus so that we can deal with the sin that sometimes entangles us. That has happened to a number of our staff who are back in leadership positions today."

Watermark has the largest Celebrate Recovery ministry in the U.S., so some of the recovery vocabulary spills over into the rest of the church culture. We are all familiar with the phrase "struggling well," which means actively denying our flesh's tendencies and desires to stumble and sin, and when we do fall into sin, we immediately confess and repent, receive forgiveness and cleansing from the Lord (1 John 1:9), and get back up again. And we get that struggling is just an expected part of living in a fallen world, and we all struggle against various temptations. One of the pastors I talked to in preparation to answer your email stressed that what disqualifies someone from serving in leadership is not "struggling well," which is good, but engaging in continuing, unrepented sin—which also includes a rebellious, increasingly hard heart. That doesn't sound like it describes you, but that's something you and your accountability team would determine.

The CR Men's director wrote, "His struggle with pornography sounds like it has been ongoing with consistent defeat. I am saddened that he felt the need to resign, instead of "sitting

the bench" for a season. This indicates to me that he couldn't be honest with his employer (my assumption, of course). In the future, I hope and pray that _____ will see his struggle with porn as a platform of authenticity that God can use in his life to relate to and minister to others. As he relates to and ministers to others, he will experience freedom and fellowship like never before (1 John 1, 2 Cor. 1). He just needs the opportunity to begin sharing. I would highly recommend CR or some other Christ-centered recovery program."

You asked for a list of disqualifying sins and "off-limits" places of service and leadership. I don't know that such a list exists, although I do think it's important to keep in mind Paul's command and statement in 1 Cor 6:18–"Flee immorality. Every other sin that a man commits is outside the body, but the immoral man sins against his own body." Sexual sin (defined as "illicit intercourse," the meaning of *porneia*, translated "immorality") is in a different category than other sins. For example, if a man or woman in church leadership has an ongoing sin problem with having sex with anyone they're not married to, they need to direct their energies into learning chastity and purity, learning to keep their passions under control (1 Thess. 4:3-5), rather than continuing to minister to others in the name of Jesus while practicing the hypocrisy that Jesus condemned.

One of the themes that runs throughout the gospels is the importance of the heart as opposed to outward appearance. What grieved the Lord Jesus was not sinners who came to Him with a broken, contrite spirit (Ps. 51:17), but religious leaders with a hard, rebellious heart. In the Sermon on the Mount, He revealed the way God sees the sinfulness of the heart, even if it doesn't manifest in outwardly apparent sin. So I would respectfully suggest that what disqualifies someone for a position of responsibility is a hard, rebellious heart.

This may have been more than you expected when you wrote, but I do hope you find it helpful.

Warmly,
Sue Bohlin

Update 2018: Watermark is no longer using the Celebrate Recovery curriculum, though we parted from the CR folks on very good terms. We have written our own program called "re:generation," which a growing number of other churches have brought to their congregations: www.regenerationrecovery.org/.

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"At What Point Is It Lust?"

At what point is it lusting? I often find myself looking at a girl's back side a lot. But not to the point of looking at her in a sexual way. Just admiring the figure. It sounds stupid, but I know other Christian guys that do it, but I feel convicted every time I casually look at a girl.

There is nothing wrong at first glance with noticing and even admiring that a woman is attractive. God created women to be attractive to men and that's normal.

Wise people have said that lusting starts when you either give a second look, or you let your look linger. When that happens, it's usually because you're filling your eyes on the woman's physical appearance, not who she is as a person made in the image of God.

You don't have to be sexually aroused to be lusting. If you're "looking at a girl's backside a lot," you're headed toward lusting. Allowing your gaze to linger so you can admire a girl's figure is something that should wait for your wife. It's a husband's prerogative, but not anyone else's. You may be admiring God's handiwork, but you are letting your eyes

rest too long on someone else’s wife, either present or future.

How would you feel if you knew there were guys watching your future wife’s backside?

Hope this helps!

Sue Bohlin
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