Invisible Women

Sue Bohlin addresses the call for the church to meet the needs of single moms and those widowed by death, divorce, desertion, and imprisonment.

The other morning at church, I was talking to one of our church leaders as he spotted one of our three-year-olds making a run for the lobby. He called the boy's name three times, including extending his hand for a high-five, and was ignored all three times. (I'm a boy mom. I get it. The little guy was completely focused on escaping the worship center—no room for any other thoughts!) Laughing, I asked my friend, "Hey, how are you doing with that 'feeling invisible' thing?"

He was fine with it. But there are a number of people in our churches for whom feeling invisible is no laughing matter. It hurts.

A few days later, I was privileged to teach on 1 Timothy 5, where Paul gives Timothy direction on caring well for the widows in his congregation. In preparing for my message, I learned that in the first century, "widow" referred to a much larger group of women than just those whose husbands had died.

Widows could be women who had lost husbands through death, divorce, desertion, or imprisonment. (We have all four of those in our church.) They could even be women whose polygamist husbands had come to faith in Christ and learned that God's plan for marriage is one man and one woman, and they sent all but one wife away. Widows could also refer to unmarried women; the sense of "widow" in the first century was a "without-a-man woman." And of course in that time, when women had so few rights and privileges, that was a scary situation.

Paul's instruction to Timothy on superintending the care of widows resonates with how important vulnerable women are to

God. The Old Testament has 32 references to widows or widows and orphans! If God says something once it's important . . . but THIRTY-TWO TIMES??!! In the New Testament, the Lord's brother James sums up this Old Testament value, defining true religion as caring for widows and orphans in their distress (1:27).

How should the church care for vulnerable women today? The ones who can easily feel invisible in the church?

One group we need to take better care of is single moms.

I asked my dear friend, a single mom, about her experience. She was grateful for the ways in which a few people from her church stepped in to provide physically in various ways:

- A new friend brought her son to the hospital when she was suddenly admitted, and then cared for him until she was discharged.
- They mowed her lawn
- Some folks gave her a break by taking her son for a few hours to several days
- One especially memorable year, a man took her son to the store to get my friend her one and only Mother's Day gift

But she was always plagued by a constant longing—for belonging, for protection and help, for men to provide balance to her over-protective feminine mothering.

- She longed for a healthy family to draw them into their home and invite them for meals and family times together so they could see what "healthy" and "loving" and "respectful" looked like.
- She longed for a man to invest in her son so he could see how the boy treated his mom and take him aside to say, "Hey buddy, it's not OK to talk to your mom that way."
- She longed for a family to say, "Come spend Christmas

with us” so it wasn’t just her and her son alone with the Christmas tree—again.

In addition to relational needs, many single moms have needs for practical assistance concerning their homes and cars. And another group of “invisible women” with the same kinds of needs are older single women.

Typical practical needs:

- Help with assembling furniture such as from Ikea
- Trimming trees and other kinds of yard work
- Home repair
- Changing out-of-reach light bulbs
- Winterizing (and then summerizing) a house
- Organizing a closet, room, or garage
- Changing the oil in the car
- Moving stuff (both to a new home and just moving heavy furniture in the house)
- Plumbing help such as installing a new faucet, fixing a dripping faucet or running toilet
- Installing a ceiling fan
- Grocery shopping
- Rides to the doctor, chemo appointments, tests, surgeries and procedures
- Babysitting and carting kids places they need to go
- Helping with budgeting and financial direction
- Meals: home-cooked and delivered, gift cards to restaurants

Just as in the church at Ephesus when Paul was helping Timothy love his people well, we need to connect those with needs, with the people gifted to serve. Or even those without supernatural giftings for service, but a generous, Christlike heart to love others. That’s how the church cares for its own.

So they don’t feel invisible.

This
blog post originally appeared at blogs.bible.org/invisible-women/ on October 25, 2020.

"Is God Punishing Me With Singleness?"

At times I feel tormented regarding sexual issues. I was 21 when I got saved and still a virgin. I committed at that time to be obedient to God's sexual standards. For 27 years I have prayed for marriage and family. I am now 48 and still a virgin. There have been times over the years that the God-given(?) sexual feelings were just tortuous. However, God has not answered my prayers for marriage.

Even though I know that I am within God's will, I feel tremendous shame because I feel like I'm just not good/attractive enough to attract a husband. I look at other women who have husbands and/or children and I just feel like I am defective compared to them.

Also, it seems that plenty of people have premarital sex with impunity and that the way to get a husband is to fornicate (This is what I see demonstrated). Also, a church in my area is going to great lengths this Mother's Day to celebrate and honor single mothers. Those of us who waited and those of us who did it right and married before having children are expected to serve and bless the single mothers, most of whom are single mothers by choice. This just kind of makes me feel like my choice is silly.

I even kind of blame God for making me unattractive so that men won't want me. I just feel so much shame, torment, and low

self-esteem. I feel like God might be punishing me or playing games with me.

I am so sorry. That is a very difficult burden to bear. And you are not alone! Proverbs says, “Hope deferred makes the heart sick” (13:12), and there are a lot of heartsick people who would so love a spouse and children, but it hasnt happened.

It sounds like you may have been listening to the enemy’s slanderings about God—that He is not good, and He does not really love you, and He is withholding goodies from you because He is capricious. In order to live in peace with your life as it is, may I respectfully suggest that it starts with learning to “live loved,” as the author of *The Shack* puts it? I suggest that you pray every day, “Lord, show me how You love me.” And be looking for the various ways in which He shows His love to you. It is essential to seek God’s help in being content; otherwise, we can turn into grumpy, critical, self-pitying people that others dont want to be around. An “attitude of gratitude” goes a long way in embracing life as it is instead of focusing on what we DONT have. Thats why I strongly encourage people to keep a gratitude journal, recording three things every day for which we can thank the Lord.

I do understand shame, and lived with a “shame disability” for many years before God set me free from it when I accepted His gift of His acceptance, as well as the gift of self-acceptance. I pray you will receive this gift as well, learning to embrace His love for you and see the many ways in which He communicates His love and delight in you, every day.

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