# Paris Hilton and What We Want

Paris Hilton. Paris Hilton. Paris Hilton. Paris Hilton. Paris Hilton.

Please excuse the repetition, but I want this article to score highly in Google searches.

You see, <u>Google Zeitgeist</u>, the mega-search engine's report on its most popular search topics, says the heiress scored number one on 2006 Google News searches. The report presents a glimpse of the "spirit of the times," giving clues to websurfers' interests.

In news (yes, I said "news," not "entertainment") searches, Paris beat Orlando Bloom, cancer, and Hurricane Katrina. Borat and Hezbollah topped "Who is" searches. Among U.S. searches for "Scandal," the <u>Duke Lacrosse</u> episode took three of the first four slots.

What else do people want to know about? Google's top-ten lists in various categories include MySpace, Nicole Kidman, Tom Cruise, Britney Spears, Paul McCartney, Pamela Anderson, Reggie Bush, and Clay Aiken.

Why do celebrities and entertainment rank so high? Perhaps it's the desire to connect with something larger than ourselves. Maybe boredom explains some celebrity obsession. And don't rule out diversion.

For some-maybe many-daily life ranges from harried to overwhelming: soured relationships, job conflict, financial pressure, health distress. Diverting focus can ease your troubled mind, at least temporarily.

Of course, everyone needs mental and emotional breaks. Diversion can be a healthy coping mechanism—until it becomes obsessive. Then it can lead to denying reality, perhaps obscuring genuine wants and needs.

Suppose we had a mind/heart/soul reader to discover what people really want once their basic physical needs are met. What would we find? Psychologist Abraham Maslow's renowned hierarchy of basic needs includes safety, love, esteem and self-actualization. [1] Perhaps our soul reader would detect desires for acceptance, thriving personal friendships, peace of mind, health, security.

Maslow also realized that several profound fears—including the fear of death—trouble humanity. {2} Our soul reader might find that people also want an answer to death.

Anthropologist Ernest Becker argued in his Pulitzer Prizewinning book, <u>The Denial of Death</u>, {3} that much human behavior can be explained by a deep desire to deny death's reality, to repress "the terror of death." No wonder. Which would you enjoy more, right this minute: contemplating your own death and its aftermath . . . or reading, exercising, web- or channel surfing, conversing, partying, working, shopping, etc.?

If we don't have a solution to fear of death, we can invent ways to avoid thinking about it. Alas, attractive and even worthwhile pursuits can become enslaving. Amassing the most "toys"; rat-race schedules; obsession with career, job, education, sports or even friends can insulate people from facing their own mortality.

The biblical book of Hebrews presents a similar analysis of the human dilemma, reasoning that people "have lived all their lives as slaves to the fear of dying." <u>{4}</u> It claims that Jesus died to "deliver" people from this slavery so they might connect with God in time and eternity.

It seems morbid to always be thinking about your own death. But could avoiding it altogether constitute unhealthy denial? Could excessive focus on certain pursuits become risky diversion from life's real issues, like personal meaning, personal worth, fulfilling relationships, and what Sigmund Freud called "the painful riddle of death"?

Could obsession with Paris Hilton and her *Google Zeitgeist* pals conceal deep longings, insecurities and fears in individual websurfers and in society at large?

As the esteemed British philosopher and rocker Sir Mick Jagger <u>famously counseled</u>, "You can't always get what you want. But if you try sometime . . . you just might find you get what you need." <u>{6}</u> A friendly question for my fellow websurfers: Is what you want, what you need?

### Notes

1. A. H. Maslow (1943), "A Theory of Human Motivation"; Originally Published in Psychological Review, 50, 370-396; at http://psychclassics.yorku.ca/Maslow/motivation.htm, accessed December 28, 2006.

2. Abraham H. Maslow, *Religions, Values, and Peak-Experiences* (Penguin Books Limited, ©1964 by Kappa Delta Pi and ©1970 [preface] The Viking Press), Appendix A, "Religious Aspects of Peak-Experiences," items 8 & 14; at

http://www.druglibrary.org/schaffer/lsd/maslowa.htm, accessed December 28, 2006.

3. Ernest Becker, *The Denial of Death* (New York: Free Press Paperbacks, 1997; original copyright was 1973).

4. Hebrews 2:15 NLT.

5. Sigmund Freud, *The Future of an Illusion* (New York: W.W. Norton, 1961 edition; James Strachey translator and editor; original work was published in 1928) 19.

 Mick Jagger and Keith Richards (songwriters), "You Can't Always Get What You Want." Lyrics at

http://rollingstones.com/discog/index.php?v=so&a=1&id=124; accessed December 28, 2006.

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## Scientology: Religion of the Stars – A Christian Perspective

Don Closson gives an overview of the Church of Scientology and its founder, L. Ron Hubbard, from a biblical perspective, including analysis of why it is incompatible with Christianity.

This article is also available in <u>Spanish</u>.

Depending on your perspective, Scientology was either discovered or invented by the successful pulp and science fiction writer L. Ron Hubbard. He and his followers claimed to have uncovered deep secrets of the mind and spirit. But while adherents say Hubbard's discoveries can eradicate most of what ails humanity, critics argue that Hubbard invented a new religion with the same creative mind that fashioned popular works of science fiction. Hubbard's critics add that this new religion was formulated to make its founder and close associates very wealthy.

The details of Hubbard's life are highly contentious. The Church of Scientology offers a version that is remarkable in every way. According to the Church, Hubbard was studying Shakespeare and Greek philosophy soon after he learned to read. By



age six, he had become a blood brother of the Blackfoot Indians and had learned their tribal secrets and legends, an honor that supposedly few white men could claim. The Church of Scientology also maintains that he became the youngest Eagle Scout ever, and by age nineteen had traveled over a quarter of a million miles to China, Japan, Guam, the Philippines, and other countries. [1] By his late teens they claim that he had absorbed the philosophies of the East. These facts are questioned by Hubbard's critics who have posted their counterevidence on the Web and in published materials.

The Church claims that Hubbard combined his unique background with personal research that resulted in a manuscript titled "The Original Thesis" which laid the foundation for his book *Dianetics: The Modern Science of Mental Health*, published in 1950. This work sold over 150,000 copies that year alone and continues to sell well today. In 1953, Hubbard founded the first Church of Scientology in Camden, New Jersey, and eventually planted churches around the world. In 1967, he appointed himself Commodore of a small fleet of ships from which he managed his empire while sailing the Mediterranean Sea. He returned to science fiction writing near the end of his life, publishing bestsellers *Battlefield Earth* and the enormous Mission Earth series.

Hubbard taught that the principles in Dianetics could do more for the common man than all the traditional psychological theories and therapies combined. Understandably, the American Psychological Association became alarmed. When challenged, Hubbard and his organization would sue health care professionals and anyone else who questioned their auditing therapy. Those who questioned the movement from the inside were labeled "Suppressive Persons," and were punished and driven from the Church.

### The Worldview of Scientology: Cosmology

Scientology claims that its belief system does not conflict with the beliefs of Christianity. However, upon investigation the religion holds fundamental propositions about reality that create an impassible gulf between the two worldviews. If one accepts L. Ron Hubbard's view of the cosmos, it will impact every other worldview component. Scientology has unique beliefs about the nature of humanity, ethics, what happens at death, the direction of history, and even how we come to know what is true. These beliefs reveal differences that are not just surface issues; they go to the heart of our existence as human beings.

Scientology assures us that it leaves the nature of God or a supreme being undefined so that it is open to people of various faith traditions. However, it does make claims about the origin of the cosmos we live in and how things have gotten the way they are. In fact, these ideas have much in common with Gnosticism. It appears that L. Ron Hubbard, the founder of Scientology, was both aware of this ancient belief system and added original features to it in coming up with a new story of human origins.

Gnosticism competed with the early Christian church and was written about and refuted by church leaders. It combined ideas from Jewish, Christian, and pagan sources, and taught that the material universe is a mistake; in fact, it is evil. Its focus was on enlightened individuals who came to see this physical world for the illusion and mistake that it really is. By discovering secret knowledge, this person would lead others to the truth and eventually help them to transcend the trap of this earthly prison. Hubbard claimed to have been one of these enlightened people and that he had acquired knowledge that no other person has ever possessed, calling himself a "celestial mediator."

Hubbard used the acronym *MEST* to represent the material, energy, space, and time of our universe. He argued that MEST is the product or projection of a vast number of spirit creatures called *thetans* who became bored with a non-material existence and decided to emanate a universe to play in. Over a long period of time, these thetans forgot that this reality, this universe, is a product of their own design, and they began to perceive it as being real. According to Hubbard, this "agreed upon" reality is not the product of a self-existing creator God who exists outside of the cosmos as the Judeo-Christian worldview teaches, but is instead an illusion and a barrier to overcome in order to advance as an individual. Much like Hinduism and Buddhism, Scientology finds that the reality in which we dwell is part of our problem instead of a gift from a holy God. This belief alone should be enough to keep Christians from trusting in the gospel according to Hubbard.

# The Worldview of Scientology: Human Nature

Hubbard claimed to have mastered Eastern thinking at an early age, so it is not surprising that his view of human nature borrows from Hindu and Buddhist thought. Much like Vedanta Hinduism, Scientology teaches that the only real component of humanity is an inner spirit being or spiritual spark. According to Hubbard, our minds are just a database of pictures or a conduit for the spirit, and that our bodies, along with the rest of the cosmos, are only imagined and are a hindrance to discovering the truth about our real nature.

Scientology teaches that this inner spirit being is a thetan that is both "good" and "divine." It is a being of infinite creative potential that projects or creates the universe in partnership with all other thetans. Thetans are immortal creatures who dwell in illusionary physical bodies, but over time have become confused and now believe that their physical bodies are real.

According to Scientologists, thetans who have not benefited from the practices of Scientology are trapped in a reactive state of mind and cannot operate normally. In this state, humans are more like conditioned machines rather than individuals with a free will. Even worse, they have collected negative experiences called *engrams* as they have migrated again and again into new bodies in a never-ending cycle of reincarnation. Each of these engrams must be tracked down by a trained Church of Scientology auditor and removed before a person can advance to a healthier mental state.

Once freed by the practices of Scientology, the thetan within is promised increased freedom, intelligence and even spiritual powers. This increased capacity is claimed by many who have been "cleared" through auditing. Church publications make no guarantee regarding the results of auditing, but they do say that "auditing techniques work 100 percent of the time if they are applied correctly."{2}

According to Hubbard, the problems facing humanity are educational rather than moral; a lack of training, not rebellion against a holy God. We are not morally deficient, but instead ignorant of our true nature. Our only "fall" is our belief that we are primarily physical beings rather than spiritual entities.

Scientology offers us a plan for self improvement; through hard work and applying Hubbard's discoveries, anyone can reach a god-like existence. Through successful auditing, you too can become an OT or Operating Thetan, and wear Scientology's OT bracelet, a sign that you have reached "total spiritual independence and serenity."{3}

This is directly in conflict with the message of Christianity which states that our problem is a moral one, and the only solution is accepting the gift of forgiveness provided by Christ's death on the cross.

### Scientology and Knowledge

Hubbard was enthralled by creative people and the creative process. As a successful screen and science fiction writer, he placed the artist at the pinnacle of culture. He wrote that "A culture is only as great as its dreams, and its dreams are dreamed by artists."<sup>{4}</sup> His stated desire was to better the entire culture by improving the lives of its most creative thinkers. As a result, the Church of Scientology built Celebrity Centres around the world for the special needs of artists and celebrities. Here, celebrities can go through the necessary process of auditing to clear themselves of negative engrams that is provided by the Church, while in an environment that keeps fans and the paparazzi at a distance. Artists are also highlighted in Scientology's publications, and celebrity Church members Tom Cruise, Kirstie Alley, and John Travolta are all outspoken proselytizers for the church.

Part of Scientology's attraction to, and reliance on, artists and celebrities results from Hubbard's view of reality and the nature of knowledge itself. He believed that reality is the projection of billions of thetans who created it out of boredom. Matter, energy, space, and time have no independent or objective reality; they are dependent on thetan creativity. Hubbard argued that truth itself is so strange that a typical person cannot distinguish between science and science fiction. At one point Hubbard compared being a thetan to the fantasy world in *Alice in Wonderland*. He noted that thetans can "mock up [invent, or make] white rabbits and caterpillars and Mad Hatters," implying that they would find themselves right at home in Lewis Carroll's Wonderland.{5}

Only operating thetans can see reality for what it is and Hubbard claimed to have greater insight than everyone else. Since Hubbard was considered to be the most enlightened thetan, anything he declared to be true was to be accepted by his followers without question. He used and nurtured this obedience when the Church came under attack by individuals and the government, especially when someone inside the organization began to question his authority. As noted earlier, those who disagreed with Hubbard were labeled "Suppressive Persons" and marked as fair game to be deprived of property via lawsuits or even to be physically injured by other Scientologists.

Christianity acknowledges and celebrates humanity's artistic gifts which they believe reflect our being created in the image of God, the ultimate creator and artist. It also affirms the role of reason in the process of investigating the nature of God's creation. But as the book of Hebrews says, "in these last days he has spoken to us by his Son . . . through whom he made the universe." {6} Our faith is in this Jesus, not the words of L. Ron Hubbard or the Church of Scientology.

## Scientology and the Christian Faith

I recently received an email from someone who was dialoguing with a Scientologist. The Scientologist confidently claimed that Jesus died on the cross because the Jews could not accept his Buddhist teachings. She explained how Jesus had studied in China and become a Buddhist prior to his ministry in Palestine, and that the traditional view of what Jesus taught and why he died was only an opinion. Finally, this follower of L. Ron Hubbard and the Church of Scientology argued that one's sins can be forgiven only if a person pays to experience the auditing process offered by the church and eventually become an OT or Operating Thetan.

Other beliefs held by Scientologists add to the chasm that separates it from biblical Christianity. People who have left Scientology claim that it teaches a "back-story" to the current human condition. But only those who have attained the highest levels within the organization are given access to the information.

Hubbard's story goes something like this. Seventy five million years ago an evil leader called Xenu decided to eliminate the excess population from a galactic confederacy consisting of twenty-six stars and seventy-six planets. With the help of psychiatrists, he tricked billions of people into submission and exported them to the planet Teegeeack or Earth. The paralyzed victims were stacked around active volcanoes in which hydrogen bombs were placed. According to the story, the bombs were detonated and the disembodied souls or thetans were captured and brainwashed into believing in the existence of a God and the devil. Hubbard blamed the evil Xenu for planting the ideas of Catholicism and the image of crucifixion into the minds of the hapless thetans. This process also deprived the thetans of their own sense of identity, resulting in their clinging to the few physical bodies that remained after the explosions.

As a result, those who have not benefited from Scientology's auditing process are possessed by a collection of dysfunctional thetans trying to control their every thought and action. Once cleared by Hubbard's auditing, all the confusion supposedly disappears. There is more to this "history according to L. Ron Hubbard," but it quickly becomes obvious that Scientology and its founder are teaching another gospel.

Either one can be saved via Hubbard's auditing process, which promises to give people "total spiritual independence and serenity," or we are saved by placing our faith in what Jesus Christ did on the cross, but not both.{7} Either we are divine-like beings who can overcome all our moral and mental deficiencies in the Church of Scientology, or we are creatures that were created "good" but are fallen due to rebellion against a holy God. To argue that the two systems are compatible doesn't make much sense.

#### Notes

1. What is Scientology? (Bridge Publications, 1993) p. 26-32.

- 2. Ibid., 93.
- 3. Ibid., 150.
- 4. Ibid., 259.

5. John Weldon, Scientology: From Science Fiction to Space-Age Religion

(Christian Research Institute, Statement DS-170, 1993). PDF available at <a href="http://www.equip.org/free/DS170.pdf">www.equip.org/free/DS170.pdf</a>

6. Hebrews 1:2

- 7. What is Scientology?, 150.
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