“Is It OK for Christians to Drink in Moderation? Didn’t Jesus Drink?”

Is all alcohol “bad,” so to speak? I thought at a point in my studies that if someone imbibed alcohol at any point that it was a sin, but recently I’ve begun to read scripture that might be interpreted differently.

I know that any form of drunkenness is a sin. However, there are illusions to a possible use of alcohol as a healing agent in “a little wine for thy stomach’s sake, and thine often infirmities” (1 Tim. 5:23). The question I have, is that the gospel of Matthew speaks about John, and how he ate sparingly and drank nothing (indicating alcohol, unless by divine favor he could exist without fluid whatsoever). Then it says that the Son of Man, which I have been told is how Jesus referred to himself, ate and drank, even going so far as to say that people called him a “winebibber” (Matt. 11:12-20). Does this mean that Jesus drank wine, meaning that it is not a sin to drink wine? For we know that Jesus did not commit sin while here on earth, therefore if he did drink wine, it is not a sin to do so, unless you cross the boundaries of gluttony or alcoholism. Or is Jesus repeating one of those slanderous terms to refer to the way that people intended to demean his name?

Then we come to another verse that states that we as Christians should not do anything that could be perceived as wrong, that we may not lead another to do the same (1 Cor. 10). Would buying and drinking alcohol fall under this category of sin? Drinking beer or wine may appear sinful to those who believe it to be so, therefore would it not be a sin for me as a Christian to go purchasing a bottle of wine or brandy, even if for cooking or celebrating a special occasion?

Your reasoning appears quite sound from my perspective. I believe that Jesus did drink wine based on the accusation you mentioned and the fact that he turned water into “good” wine at Cana. Even if this wine was of a lesser alcohol content than our current choices, the fact remains he wouldn’t have made wine that he didn’t expect people to drink with his approval.

Your concern about choices we make that concern a weaker brother or sister are valid. This is also a personal choice. However, many Christians I know who do drink alcohol, only do so in the privacy of their home or at a restaurant where they do not expect to see someone who might be offended. This may seem risky but it also has a lot to do with the church you fellowship at. If the vast majority of your fellowship believe any drinking of alcohol is sin, this would seem a large risk not worth taking. Other churches are more tolerant and there may be little risk at all. This does explain why many pastors choose not to drink alcohol and many seminaries and Bible colleges require students, faculty and staff to sign statements promising not to drink while associated with the institution. Many of their constituents would not understand.

Using alcohol in food preparation is a different issue. If there is to be cooking involved, the alcohol from the beer, brandy or wine is boiled off by the time it gets to the dinner table (alcohol boils at a lower temperature than water). It’s the flavor you’re after. Various kinds of alcohol, depending on the recipe, add just the right flavor and no alcohol is consumed.

I see nothing in Scripture which forbids the drinking of any alcohol. There are plenty of warnings for over-indulging. Sometimes the decision of whether to drink at all needs to be based on the ability to resist the temptation to drink too much. Some people never really learn to just enjoy a glass of wine or a beer without adding two or three more. Such an individual is better off not drinking at all. (If your hand

causes you to sin, cut it off, Matt. 5:30.) And I do know of Christians who drink a little wine with certain meals because it actually does aid their digestion! This is not a myth. Some people have trouble digesting beef (a real uncomfortable feeling results) without some red wine. But the decision regarding a weaker brother or sister is one of individual conscience and the particular fellowship in which you reside.

I hope this helps.

Respectfully,

Ray Bohlin
Probe Ministries

Your Money, Your Life or Your Wine

Could offering a cup of human kindness save your life sometime? It helped protect guests from a menacing gunman at a recent Washington, DC, dinner gathering.

Comedian Jack Benny had a famous skit in which an armed robber pointed a gun at Benny, whose comedy often poked fun at his own miserly show business persona. In the routine, Benny told the robber to put the gun down. The robber persisted. "Your money or your life!" demanded the crook, irritated by the delay. "I'm thinking it over," deadpanned Benny.{1}

Quick thinking helped save the DC dinner guests.

Give me your money!

The Washington Post reports{2} that some friends had enjoyed

steak and shrimp at a DC home and were sitting on the back patio sipping wine around midnight. A hooded gunman slipped in through an open gate and held a pistol to a fourteen-year-old girl's head. "Give me your money, or I'll start shooting," demanded the intruder.

The guests—including the girls parents—froze. Then one adult—Cristina "Cha Cha" Rowan—had an idea.

"We were just finishing dinner," Rowan said to the uninvited guest. "Why don't you have a glass of wine with us?"

The robber sipped their French wine and said, "Damn, that's good wine."

Michael Rabdau, the girl's father, offered the man the glass. Rowan offered the bottle. The man—with hood down, by this point—sipped more wine and sampled some Camembert cheese. Then he stowed the gun in his pocket and admitted, "I think I may have come to the wrong house. I'm sorry. Can I get a hug?"

Rowan hugged the man. Then Rabdau, his wife and the other two guests each hugged him. The man asked for a group hug; the five adults complied. He left with the wine glass. There were no injuries, no theft. The stunned guests entered the house and stared at each other silently. Police came. Investigators discovered the empty and unbroken wine glass on the ground in a nearby alley.

"I was definitely expecting there would be some kind of casualty," Rabdau recalled, according to the *Post*. "He was very aggressive at first; then it turned into a love fest. I don't know what it was."

"There was this degree of disbelief and terror at the same time," Rabdau observed. "Then it miraculously just changed. His whole emotional tone turned—like, we're one big happy family now. I thought: Was it the wine? Was it the cheese?" The entire encounter lasted about ten minutes. DC police

chalked it up as strange but true.

Gentle Answers

An old Jewish proverb says, “A gentle answer turns away wrath, but a harsh word stirs up anger.” {3} I suspect her friends are extremely grateful that Cha Cha Rowan had the presence of mind to offer a gentle reply to the intruder’s demands.

Sometimes the psychological approach can deter disaster. Kindness and hospitality often can defuse tension and help open hearts and minds. Was the robber lonely? Feeling sad or rejected? Weary of his lifestyle? Hungry for acceptance and friendship? Rowan and her friends struck an emotional chord that resonated, apparently deeply.

Brute force and overwhelming arguments are common cultural responses to danger or opposition and, of course, theyre sometimes necessary. Most of us are glad Hitler was defeated and that legislators outlawed slavery. But could gentle answers improve any disputes—or families, marriages, workplaces, political relationships—that you’ve seen?

Notes

1. George Grow, “Funnyman Jack Benny Won Hearts Mainly by Making Fun of Himself,” Voice of America News, 21 May 2005; at www.voanews.com/specialenglish/archive/2005-05/2005-05-21-voa1.cfm (accessed July 19, 2007).
2. Allison Klein, A Gate-Crasher’s Change of Heart, Washington Post, July 13, 2007; B01; at http://tinyurl.com/2q9mjc (accessed July 17, 2007).
3. Proverbs 15:1 NIV.

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“Jesus Contributed to Drunkenness!”

I know drunkenness is condemned in Scripture, yet it seems that Jesus contributed to the drunkeness at the wedding feast when he turned the water to wine.

I’m afraid we can’t agree with your conclusions. First of all, Scripture doesn’t say anything about drunkenness occurring at the wedding at Cana (John 2:1-11). Secondly, to blame the Lord Jesus for drunkenness by changing water into wine is like blaming God for the Great Chicago Fire because He created wood with the capacity to burn. No one is responsible for drunkenness except the person who chooses to overdrink. I think it’s important to draw a distinction between the fact that God created good things in the first place, and the possibility that those good things can be abused. He is never responsible for our sinful choices.

Sue Bohlin
Probe Ministries

“How Should A Christian Think About Alcohol?”

There are people who I am close to that believe having an occasional drink (keeping in mind that they aren’t drinking to get drunk) is okay.

Personally, in the short amount of time I’ve been alive, I have seen nothing but bad things produced from drinking alcohol (whether the purpose is to get drunk or not). Which is

why I have made the decision to stay away from it. My fiance has a different opinion. I know I can't push my convictions on others, but if we are to "become one" (which is what God has communicated to us both) then how is it possible for one of us to drink (just a little) and the other not drink?

Throughout the Bible it talks about wine; Jesus drank wine. How is the wine from back then different from now (if it is different)? Is it okay to drink alcohol upon occasion (New Year's, weddings, celebrations)? What do you believe about people that are called into the ministry that drink (on occasion)? I would appreciate any advice or references that you could send my way.

Let me give you some thoughts which hopefully are an accurate assessment of the question from the Bible's point of view.

First of all, the Bible never indicates that drinking wine (as well as other liquids with alcoholic content) is a sin. You have mentioned the fact that Jesus drank wine. In fact, He was accused by His enemies of being a "wine-bibber," or wine-drinker; that is, He was habitually observed doing this. Jesus admits that He has. When He compares His ministry lifestyle with that of John the Baptist's He says, "John came neither eating nor drinking, and they say, 'He has a demon!' The Son of Man came eating and drinking, and they say, 'Behold, a gluttonous man and a wine-drinker, a friend of tax-collectors and sinners!'" (Matthew 11:18,19).

We actually have an account in John 2 where John describes the wedding at Cana (which Jesus and the disciples attended) and lays out in detail the fact that the hosts had run out of wine. You know the story. At His mother's request for Him to help, Jesus ordered the servants to fill up seven huge clay pots with water, which He turned into wine.

Was this grape juice, or wine? The context tells us which. After this newly-created wine was served, the headwaiter came

to the bridegroom and complimented him: “Every man serves the good wine first, and when men have drunk freely, then that which is poorer; but you have kept the good wine until now!” (John 2:10). Every bartender knows instantly what this man is saying: “Serve the good wine first, and then, when people have become affected by it, and their taste has been dulled, serve them the cheap, inferior wine.”

Another instance which lets us know that these ancient wines contained alcohol is confirmed from the lips of Peter on the day of Pentecost. The Holy Spirit has just fallen upon the believers and they were empowered miraculously to speak in other languages. Since there were Jews present from all over the Mediterranean world (cf. Acts 2:9-11) all of these different people who spoke different languages heard the gospel spoken in their own tongue. They are amazed at this and some of those present suggest that these Christians are drunk (2:13). But Peter comes to their rescue and says, “Men of Judea,. . .let this be known to you, and give heed to my words. For these men are **not drunk** as you suppose, for it is **only the third hour of the day!**” The Jewish day begins at 6:00 A.M., so it is only 9:00 in the morning and Peter is reminding them that it was too early for them, or any other men, to be drunk yet.

Fermentation is also implied in our Lord’s discussion about not pouring new wine into an old wineskin (Matt. 9:17; Mark 2:22; Luke 5:37). The process is as follows: You kill a sheep or a goat. You take the skin of say, the hind leg. You tie the bottom tightly so it won’t leak, and you have a nice flask. The skin is new and pliable, a “green skin.” You bring freshly crushed grape juice from the winepress, and pour it into your wineskin. Then you tie the top. Inside, the grape juice ferments and becomes wine. Since the skin is pliable, it expands and the pressure builds up inside. Then it is hung up in a cool place, a cellar, just as wine is attended to today, and two or three years later, you drink it. During that

storage time, the skin, in its expanded state hardens, and becomes rigid.

Jesus' point is that you would never take this old wine skin after you have drunk all the wine in it and recycle the wineskin with more new wine. The fermentation process would burst it. The application Jesus is making alludes to the fact that what He is proclaiming, the New Covenant, cannot be contained in the old "wineskin" of the Jewish Law system. The book of Hebrews personifies this same vivid contrast between the Old Mosaic Law system and its replacement with the Gospel of Grace found in Christ Jesus.

I hope with the above, we have proven our point that the wine in the days of Jesus did the same thing to those who drank it as it does to those who drink too much wine today.

Some Christians who do not wish to believe that there is any alcoholic beverage mentioned in the Bible and seek an alternative have suggested that "new wine" (*gleukos)* actually means "grape juice." However, this is the exact word used in Acts 2:13 associated with their accusation of "drunkeness."

On the other hand, while drinking wine is not a sin in the Bible, getting drunk definitely *is*. There is an extended passage in the Proverbs warning people about the danger of wine:

> *Who has woe? Who has sorrow?*
> *Who has contentions? Who has complaining?*
> *Who has wounds without cause?*
> *Who has redness of eyes?*
> *Those who linger long over wine,*
> *Those who go to taste mixed wine.*
> *Do not look on the wine when it is red,*
> *When it sparkles in the cup,*
> *When it goes down smoothly;*
> *At the last it bites like a serpent,*

And stings like a viper.
Your eyes will see strange things,
And your mind will utter perverse things.
And you will be like one who lies down in the middle of the sea,
Or like the one who lies down on the top of a mast.
They struck me, but I did not become ill;
They beat me, but I did not know it.
When shall I awake?
I will seek another drink. (Proverbs 23:39-35)

Drunkenness is mentioned many times in both Old and New Testaments in a negative light. Get a concordance and look under "drink" and "drunk." You'll see what I mean. Drunkenness is also included in the list of the works of the flesh in Galatians 5:19-21. It is also mentioned by Paul in the context of Christian leadership in the Church. One of the qualifications for elders is "not *addicted to wine*" (1 Timothy 3:3). This is repeated in Titus 1:7. I take it that there is a distinction between drinking in moderation and addiction. I don't think Jesus was addicted to wine, do you? But He drank wine. And here is where it gets "fuzzy." When do you pass the point when you qualify as either drunk or addicted? I think the question that needs to be continually asked if one drinks is **"Do I have it, or does it have me?"** And there is a danger here, as we saw in the Proverbs passage above. We could ask the same question about money, or television, or food, or travel, or sports, or exercise, and on and on. The Bible seems to call for *moderation*, for an awareness that things can *gain control* over us which will be detrimental to our life, our family, our ministry.

Most of us would like for the world to be black and white. Clear-cut. No gray. But gray is a biblical color. All of these things I have mentioned above fall not in a "yes/no" pattern, but a "maybe/maybe not" pattern. We could place these into an area we might call "doubtful things." The signature passage on

this is Romans 14. And I think this passage speaks directly to the communication you have described you are having with your fiancé. Let's look at some verses:

"Now accept the one who is weak in faith, but not for the purpose of passing judgment on his opinions. One man has faith that he may eat all things, but he who is weak eats vegetables only. Let not him who eats regard with contempt him who does not eat, and let not him who does not eat judge him who eats, for God has accepted him. Who are you to judge another man's servant?" (14:1-4)

Use the word "wine" or "alcoholic beverage" and "drink" and re-read the passage. Both parties have a responsibility. The one who "eats" is not to look on the other with *contempt*. The one who does not "eat" is not to *judge* the one who does. God is able to bless both people though they do different things.

"One man regards one day above another, another regards every day alike. *Let every man be fully convinced in his own mind*"(v.5). It is okay to hold different positions on some of these things, and neither should judge the other.

But Paul brings in another factor: "Therefore let us not judge one another any more, but rather determine this—that no one is to put an *obstacle* or a *stumbling block* in a brother's way. I know and am convinced in the Lord Jesus that *nothing is unclean in itself; but to him who thinks anything to be unclean, to him it IS unclean*" (13,14).

"For if because of food (or drink) your brother is hurt, you are no longer walking according to love. Do not destroy with your food him for whom Christ died. Therefore do not let what is for you a *good* thing be spoken of as evil, for the kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Spirit. . . So then let us pursue the things which make for peace and the building up of one another. Do not tear down the work of God for the sake of food

(or drink). All things indeed are clean, but they are evil for the man who eats (drinks) and gives offense. It is good not to eat meat or to *drink wine*, or to do anything by which your brother stumbles. The faith which you have, have as your own conviction before God. Happy is he who does not condemn himself in what he approves. But he who doubts is condemned if he eats (drinks), because his eating (drinking) is not from faith; and whatever is not from faith is sin. . . .Now we who are strong ought to bear the weaknesses of those without strength and not just *please ourselves.* Let each of us please his neighbor for his good, to his edification. For even Christ did not please Himself" (14:15-15:3).

What we have in this wonderful passage gives both freedom and restraint. God has provided many wonderful things for the human race, including wine "to make glad the heart of man" (Psalm 104:15). Yet we have additional responsibilities to behave in such a way that we might not offend another's conscience. There is what we might call the "Law of Love" which would make us careful not to exercise our freedom at the expense of someone else's expectation of us. A second law might be called the "Law of Expediency." Paul says, "All things are *lawful*, but not all things are *expedient* (I Corinthians 6:12)" In other words, if I have freedom to have a glass of wine, I still have to look to the leading of the Holy Spirit to help me decide whether it would be expedient in a particular context for me to exercise my freedom.

So _____, I would suggest that you and your fiancé get together and look at this material and have a good discussion about it. I would not make this issue the pivot upon which your shared life together will turn. If he wants a glass of wine at a meal at home, you do not have to have one too, but you also should not judge him for having one. If it becomes something habitual, and seems to be gaining greater control, I think you have a right to talk to him about it and express your concern. "Becoming one" in a marriage is not something

based upon both people thinking the same things or doing the same things. It is about being open to one another and sharing your lives. It is possible for him to have a glass of wine and you deciding not to.

The word "becoming" is most important. It is a process. It takes many years for a couple to become one. Couples who have "pulled in the harness" for thirty or forty years together are the ones who best exhibit this "oneness," since they know each other so well, and have fought their "fights," and made their adjustments to each other, and there is a harmony between them that has been hammered out over their married life.

You are just embarking on that great journey called marriage. Realize that you both bring what you are to the relationship. You will discover that you are very different people Sometimes those differences will bring friction. You will rub on each other. This is part of the process of any meaningful relationship. Your differences should not be considered a threat, but rather a union which should be viewed as complementary, rather than competitive. Someone has said that marriage is like a tennis match. But it's not singles; it's doubles! You are both on the same side of the net giving all *you've* got—each of you, to make your relationship and your marriage a winner.

I hope this helps answer your question, _____.

Warm regards in Christ,

Jimmy Williams, Founder
Probe Ministries

See Also:

- "Is It OK for Christians to Drink in Moderation? Didn't Jesus Drink?"
- "Jesus Contributed to Drunkenness!"