Veep Logic?

When you're the Vice President of the United States and your office uses farfetched arguments to defend your policies, maybe it's time to review your logic.

Dick Cheney's aides have supported his office's refusal to comply with an executive order because, they've said, the Veep is not part of the government's executive branch. Huh? Seems his duties as president of the Senate, part of the legislative branch, exempt him from executive orders.

The White House now has backed off Cheney's approach and welcomed him back into the executive branch—but he still doesn't have to comply.

Confused? Amused? Disturbed?

Civics Lesson

I've forgotten more of my early education than I care to admit, but I do remember junior high school civics class: Executive, legislative, and judicial. President and VP are executive branch, Congress is legislative, Supreme Court is judicial.

In 2003, President Bush amended an existing executive order about classified information in light of post-9/11 security concerns. Executive branch entities are to report to an oversight agency about how they handle classified material.

Bush's order applies to executive agencies and any other entity within the executive branch that comes into the possession of classified information. {1} You would think that includes the Office of the Vice President, but Cheney's office has refused since 2003 to comply.

Logical problems with the dual-role argument are legion.

Cheney in the past has invoked executive privilege to maintain secrets. Surely having legislative branch duties does not negate one's executive branch status. Can a student disobey school rules because s/he also participates in community service projects?

Cheney's Gift to Jon Stewart

Recently the dual-role logic made headlines. Administration critics howled. Humorists roared. "Cheney's gift to Jon Stewart," remarked one journalist friend. The Comedy Central's *Daily Show* TV anchor joked that Cheney was establishing himself as the fourth branch of government. {2}

Congressman Rahm Emanuel of Illinois proposed cutting funding for Cheney's office and home. "He's not part of the executive branch. We're not going to fund something that doesn't exist," said Emanuel according to the *Chicago Tribune*. "I'm following through on the vice president's logic, no matter how ludicrous it might be." {3} The funding cut narrowly failed in the House.

TheWashington Post noted that Emanuel also opposed Cheney's participation in the congressional baseball game because "he would remake the rules to his liking." {4}

Now a White House spokesman says the dual-role argument is not necessary. He says the executive order explicitly gives Cheney the same standing in the matter as Bush, who issued and enforces the order, so the subordinate oversight agency has no authority to investigate Cheney. {5}

That huge sigh you hear is America relieved that a constitutional crisis has been averted. The internal dispute was passed on to Attorney General Alberto Gonzales, who, of course, has his own critics.

The Question Remains

But the question remains, what are we to make of a high government office that would use such unreasonable reasoning in the first place? Are its leaders naive? Desperate? Covering up something? Blind to the obvious?

The entire episode hints of George Orwell's *Animal Farm*: All animals are equal, but some animals are more equal than others.

Cheney's distorted logic involves focusing on his lesser legislative responsibility and minimizing his major executive responsibilities. Another adept social critic, Jesus of Nazareth, once rebuked some legalistic leaders for majoring on the minors and minimizing what's important. "Blind guides!" he called them. "You strain your water so you won't accidentally swallow a gnat; then you swallow a camel!" {6}

Cheney seems to—or seems to want us to—strain the gnat and swallow the camel. Is it a wonder such tenuous logic makes observers suspicious?

Notes

1. George W. Bush, Executive Order: Further Amendment to Executive Order 12958, As Amended, Classified National Security Information; The White House, March 25, 2003; 6.1 (b);www.whitehouse.gov/news/releases/2003/03/20030325-11.html, accessed June 29, 2007.
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3. Leora Falk, "Emanuel seeks to cut funding for Cheney's office, home," Chicago Tribune, June 26, 2007; tinyurl.com/2mmdzt; accessed June 29, 2007.
4. Dana Milbank, "The Cheese Stands Alone," The Washington Post, June 26, 2007, A02; tinyurl.com/ywffjo; accessed June 29, 2007.

5. Jim Rutenberg, “White House Drops Vice President’s Dual-Role Argument as Moot,” The New York Times, June 28, 2007; www.nytimes.com/2007/06/28/washington/28cheney.html?ref=washington; accessed June 29, 2007.
6. Matthew 23:24 NLT.

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Civil Discourse?

Conservative Bridgebuilder

Think about the last time you channel-surfed the television news talk shows. Chances are, you encountered at least a few talking heads yelling at each other. Often, controversy reigns. Politics, religion, sex, or sports can ignite passion that can spill into incivility—on radio and TV, in workplaces, universities, neighborhoods, and families.

Are you exhausted or disgusted with debates and discussions that become food fights? This article considers some inspiring stories of risk-takers who build bridges of understanding across philosophical, political, and religious lines. They’re helping put the “civil” back into “civil discourse” and have good lessons for us all.

First up is conservative commentator Cal Thomas. As vice president of Jerry Falwell’s “Moral Majority,” Thomas saw his share of partisan political debate. But he tells a humorous story about civility.{1}

The Moral Majority often mentioned Senator Ted Kennedy in its

fund appeals. The senator and his liberal friends often mentioned Falwell in their own letters, each side alerting their constituents to concerns about the other.

Once, by mistake, Falwell's group sent Kennedy a "Moral Majority membership card." When *The Washington Post* asked Thomas if his organization would request the card back, Cal replied, "No, we don't believe any man is beyond redemption. In fact, we'd like to invite the senator to visit Lynchburg [Virginia] and visit Jerry Falwell's school." The *Post* ran the quote.

A couple of weeks later, a Kennedy aid phoned to say, "The senator has decided to accept your invitation." "What invitation?" replied Thomas. "The one for the senator to visit Lynchburg," came the response.

Kennedy made the trip, dined with Falwell and gave a warmly-received speech on tolerance and diversity at Liberty Baptist College (now Liberty University). Thomas says that began his own "treasured friendship" with Kennedy, who met with Falwell "on several subsequent occasions." Cal notes, "More of eternal value was accomplished that night and in the subsequent relationship than years of political bashing and one-upmanship had produced."

Thomas and his friend Bob Beckel, a liberal Democratic strategist who was Walter Mondale's presidential campaign manager, have co-written lively *USA Today* columns called "Common Ground." The two examine important issues—agreeing and disagreeing—but remain good friends. Disagreement needn't torpedo friendship.

A Jew Among the Evangelicals

What do you get when you assign a leftist Jewish journalist to the evangelical Christian beat for major newspapers on both US coasts?

Maybe you'd expect mutual animosity: "Those wacko God-squaders are at it again," or "The biased secular humanist liberal media is ruining America."

But this leftist Jewish journalist made a significant discovery, one he feels can instruct his colleagues and us all. He says to effectively cover the strange tribe to which he was assigned, it helps to know its members as neighbors and friends.

Mark Pinsky's book, *A Jew Among the Evangelicals: A Guide for the Perplexed*,{2} tells how this "nice Jewish boy from Jersey"{3} ended up attending church "more often than many Christians" and sometimes more often than he attends his own synagogue.{4} During his ten years covering religion for the *Los Angeles Times*, he focused on major evangelical leaders and had little connection with grassroots evangelicals.

When he moved to Florida in 1995 to write for the *Orlando Sentinel*, they were everywhere: in the neighborhood, at kids sporting events, birthday parties, PTA meetings, Scouts. Still a committed Jew, Pinsky found they were neither monolithic nor, as *The Washington Post* once claimed, "poor, uneducated and easy to command."{5}

Disclosure: Pinsky, whom I've known since our university days, is a personal friend. His *Duke Chronicle* column was titled "The Readable Radical." He was at the vanguard of late-1960s campus leftist causes. I didn't always agree with his politics, but I admired his concerns about justice, hypocrisy, and the disenfranchised.

He still votes with the Democratic left, but he also understands the Christian subculture he covers better than many of its members. Mutual respect characterizes his relations with its leaders.

Mark's personal stories of "how people just like you wrestle with feelings, values, and beliefs that touch the core of

their beings" provide "a glimpse of someone learning to understand and get along with folks whose convictions differ from his own."{6}

Get to know your intellectual and philosophical adversaries, he recommends. Take them to lunch. Ratchet down the rhetoric. Maybe connection can produce understanding and civility can grow into bridgebuilding.{7}

Not bad advice in a world too-often filled with brickbats and name calling.

Confronting Our Liberal Bias

Religious and political conservatives often complain about bias in secular universities. Here's how two university professors faced that issue in their own teaching

Elizabeth Kiss is president of Agnes Scott College in Atlanta. Before that, she was a Duke political science professor and director of Duke's Kenan Institute for Ethics.{8} With public policy lecturer Alma Blount, she wrote an intriguing 2005 article, "Confronting Our Liberal Bias."{9} They note:

> *In the wake of the 2004 presidential election, we've witnessed the deep divide in this country around themes of religion and politics, the war in Iraq, and U.S. foreign policy. As faculty members at a leading university, we've also been struck by an uncomfortable realization: we need to confront liberal bias in the academy.*

They cite two seminal experiences. In one, "colleagues tried to block an invitation to a conservative faculty member to speak in a class." In another, comments about "how liberal bias threatens open inquiry" met anger and disbelief.

Kiss and Blount considered how their own liberal assumptions subtly influenced their teaching. "Creating a culture of open

inquiry on campus," they write, "means we first must face our everyday temptation toward political bias." They continue:

> *Political bias, from either the left or the right, is corrosive of open inquiry. It is the "in" joke or flippant comment suggesting that all rational people are on your side. It portrays opponents in the worst possible light, suggesting they are ignorant, self-righteous, or evil. Bias breeds an enclave mentality that encourages smug and lazy thinking. It blinds us to the complexity of public issues.*

Blount and Kiss are arguing not for academic neutrality, but rather for conviction with disclosure, appreciating dissent as part of the learning process. They advocate political diversity in assigned readings, welcoming differing student viewpoints in class, inviting guest speakers of various perspectives, plus modeling dialogue and debate. "Confronting liberal bias won't be easy," they conclude. "But it's the right thing to do."

Their refreshing candor is all too rare. An excellent example for all sides in making civil discourse more "civil."

"Gotcha" Politics

President Bill Clinton's Special Counsel and scandal spokesperson was Lanny Davis, a prominent attorney and now-ubiquitous television figure.

Now, some of my readers may consider Bill and Hillary Clinton to be Mr. and Mrs. Antichrist. But I ask you to please segment your emotions about the Clintons momentarily to consider their former coworker's passionate appeal for civility in public discourse.

Davis, a liberal Democrat, has authored an important book, *Scandal: How "Gotcha" Politics is Destroying America*.{10} He

says, “The politics of healthy debate have been replaced by the politics of personal destruction, and the media, politicians, lawyers, and the Internet revolution are all complicit,” as are the American people who reward the politicians and consume the media.{11} With admirable transparency, he admits concerning parts of his past, “I am ashamed to say all this today—but I was just as much caught up in the gotcha culture as partisans on the Republican right.”{12} He regrets having jumped into “food fight” TV on occasion,{13} and admits to some past blindness to “politically expedient hypocrisy.”{14}

Davis often seeks to build bridges. During the 1992 Democratic National Convention, Pennsylvania Governor Robert Casey “had been barred from delivering an anti-abortion, ‘pro-life’ speech to the convention.” Davis, who is pro-choice, asked some of his fellow liberal delegates to join him in a resolution to allow Casey to speak, in the name of freedom of expression and tolerance of dissent. Alas, he was shouted down.{15}

In 2000, his longtime friend Senator Joseph Lieberman—Democratic vice presidential candidate and an orthodox Jew—garnered liberal criticism for “bringing up God too much.” Reflecting on a famous Abraham Lincoln speech invoking divine assistance and encouraging prayer, Lanny wondered, “Would my liberal friends have regarded Abraham Lincoln as ‘bringing up God too much?'”{16} He decries intolerance and “contempt or disrespect for the deeply religious and those who believe in the power of prayer.”{17}

At the 2006 National Prayer Breakfast, rock star Bono, advocating bipartisan cooperation to fight poverty, cited Jesus’ statement, “Do to others as you would have them do to you.”{18} “You cannot believe in Bono’s words,” comments Davis, “without being tolerant of those whose religious faith leads them to political views vastly different from that of a pro-choice Democrat.”{19}

May his tribe increase.

Bridgebuilding: From Food Fights to Finding Common Ground

How can we cultivate respect and learn to disagree without being disagreeable? Maybe you'll enjoy this story.

I entered university in the turbulent late 1960s. The Vietnam War, Civil rights, sexual revolution, and campus upheaval permeated our lives. The fraternity I joined was quite diverse. We had political liberals and conservatives; athletes and scholars; atheists, agnostics, Christians, and Jews. Late night bull sessions kept us engaged and learning from each other.

When I was a freshman and a new believer in Jesus, our fraternity agreed to allow a Campus Crusade for Christ meeting in the chapter room. I posted a sign inside the front door for all the guys to see, announcing the date and time. As a gag, at the bottom I wrote "Attendance Mandatory." Needless to say, the sign quickly filled with graffiti. My favorite said, "Jesus and His Lambda Chi Alpha disciples will be autographing Bibles in the hallway during intermission."

The night of the meeting, one fraternity brother welcomed visitors from the head of the stairway, literally tied to a cross. Some members heckled the speaker, who gracefully engaged them in dialogue. He demonstrated how to disagree but remain friendly.

Our diversity taught me lots about tolerance and civility. We lived, worked, studied, and played together and forged friendships that have endured despite time and distance. Many of us still gather for reunions and still enjoy each others' company. That environment was a crucible that helped me develop communication and relationship skills.

How can you cultivate civility? Consider three suggestions:

> *1. Learn about views different from your own. Read what others believe and ascertain why they feel and think as they do. Ask yourself how you might feel in their situation.*
>
> *2. Discover Common Ground. Starting where you agree can help overcome many emotional barriers.*
>
> *3. Befriend people with differing views. Friendly conversation or shared meals can help open hearts. Conservatives, take a liberal to lunch, and vice versa.*

Paul, an early follower of Jesus, had good advice on how to deal with those who differ. It applies in many contexts. He wrote:

> *Be wise in the way you act toward outsiders; make the most of every opportunity. Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.{20}*

Notes

1. Cal Thomas and Ed Dobson, *Blinded By Might: Can the Religious Right Save America?* (Grand Rapids: Zondervan, 1999) 55-56.
2. Mark I. Pinsky, *A Jew Among the Evangelicals: A Guide for the Perplexed* (Louisville: Westminster John Knox, 2006).
3. Ibid., vii.
4. Ibid., 18.
5. Ibid.
6. Ibid., vii.
7. Ibid., 148.
8. http://kenan.ethics.duke.edu
9. Alma Blount and Elizabeth Kiss, “Confronting Our Liberal Bias,” *Duke University News & Communications*, May 19, 2005; http://www.dukenews.duke.edu/2005/05/politicalbias._print.ht,

accessed March 4, 2007. Article first appeared in the Spring 2005 issue of the *KIE Connection* newsletter, produced by the Kenan Institute for Ethics; http://kenan.ethics.duke.edu/newsletter/KIE.pdf, accessed March 4, 2007.
10. Lanny Davis, *Scandal: How "Gotcha" Politics is Destroying America* (New York: Palgrave Macmillan, 2006).
11. Ibid., 199.
12. Ibid., 188.
13. Ibid., 88.
14. Ibid., 125-126.
15. Ibid., 211-212.
16. Ibid., 212.
17. Ibid., 214.
18. Luke 6:31 NIV.
19. Davis, op. cit., 213.
20. Colossians 4:5-6 NIV.

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Virginia Tech Massacre: Coping with Grief

As the world joins Virginia Tech in mourning a terrible massacre, I've found myself experiencing poignant memories of an earlier visit to that campus when students also struggled with recent death. Though that tragedy was smaller in scope, grief and confusion abounded then as now.

Several months before my evening lecture at Virginia Tech, I had recommended that my hosts have me speak on love, sex, and dating . . . nearly always a popular campus draw. But they preferred I speak on death and dying: *One Minute After Death*.

Reluctantly, I agreed; they publicized accordingly. Though they didn't claim clairvoyance, their selection proved providential.

A few days before my presentation, three Tech students died tragically in separate incidents involving suicide and a fire. The campus buzzed with concern about death and dying. The lecture venue was packed; the atmosphere electric.

Death's Shuddering Finality

I told the audience of similar sadness: The spring of my sophomore year at Duke, the student living in the room next to me was struck and killed by lightning. For some time after Mike's death, our fraternity was in a state of shock. My friends wrestled with questions like, "What's life all about?" "What does it mean if it can be snuffed out in an instant?" "Is there life after death?"

Our springtime happiness became gloom. A memorial service and personal interaction helped us process our grief. I vividly recall a classmate driving Mike's ashes home to Oklahoma at the end of the term. Death had a shuddering finality.

Now, in the recent massacre's immediate aftermath, stories both heartrending and inspiring are emerging. Rescue workers removing bodies from Norris Hall, where the bulk of the killings occurred, encountered cellphones ringing, likely parents or friends trying to contact missing students. Parents wandered the campus that first evening seeking to learn their children's fate.

During the siege, engineering professor Liviu Librescu, an Israeli Holocaust survivor, blocked a door with his body, sacrificing his life so students could flee.{1}

God and Evil?

As mourners process their anguish, it's only natural to wonder

where God is in all this. Virginia Governor Tim Kaine, who once served as a volunteer missionary, noted at the campus convocation that even Jesus, in his dark hour on the cross, cried out, "My God, my God, why have you forsaken me?"{2} He encouraged grieving students to embrace their community to help everyone process their pain.

The late William Sloane Coffin gained fame as a controversial peace and civil rights activist during the Vietnam War. He also served as chaplain of Yale University and had a helpful take on the question of God and suffering.

"Almost every square inch of the Earth's surface is soaked with the tears and blood of the innocent," Coffin told *Religion and Ethics Newsweekly*, "and it's not God's doing. It's our doing. That's human malpractice. Don't chalk it up to God."

"When [people] see the innocent suffering," continued Coffin, "every time they lift their eyes to heaven and say, 'God, how could you let this happen?' it's well to remember that exactly at that moment God is asking exactly the same question of us: 'How could you let this happen?'"{3}

The problem of evil has many complex facets, but the horror in Blacksburg resulted from human action. Students and faculty face considerable healing. President Bush reminded them, "People who have never met you are praying for you…. In times like this, we can find comfort in the grace and guidance of a loving God…. 'Don't be overcome by evil, but overcome evil with good.'"{4} Sound counsel for a grieving campus community.

Notes

1. Laurie Copans, "Holocaust Survivor Killed in Virginia Shootings," Associated Press, April 17, 2007; on ABC News at http://abcnews.go.com/US/story?id=3048967&page=1, accessed April 18, 2007. See also Richard T. Cooper and Valerie Reitman, "Virginia Tech professor gave his life to save

students," Los Angeles Times, April 18, 2007; http://tinyurl.com/2lnomg, accessed April 18, 2007.
2. Matthew 27:46, quoted here from the more contemporary language of the New Living Translation. Kaine appeared to be quoting from the King James Version. Audio of Governor Kaine's April 17, 2007, Virginia Tech convocation speech is at http://www.vbdems.org/, accessed April 18, 2007.
3. "Profile: William Sloane Coffin," Religion & Ethics Newsweekly interview with Bob Abernathy, Episode no. 752, originally broadcast August 27, 2004; rebroadcast in 2007; http://tinyurl.com/2vdr6t, accessed April 18, 2007.
4. Text of the president's April 17, 2007 speech at the Virginia Tech memorial convocation is at http://tinyurl.com/2t6txa, accessed April 18, 2007. The third sentence in the Bush quotation here is from Romans 12:21.

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Starting Over: Facing the Future after Significant Loss

February 13th fell on a Tuesday that year, but it seemed like my unlucky day.

My wife of twenty years was divorcing me; it would be final in two days. February 1, my employer had shown me the door—on the twenty-fifth anniversary of my employment. Now, on February 13, I was in my physician's office getting test results. Unaware of my difficulties, he asked, "Have you been under stress recently?" Perhaps he was assessing my emotional state to help him gently ease into the difficult subject he was about to address.

He said I might have cancer.

That evening, a longtime friend called to encourage me. As we spoke, I felt the weight of my world crashing in. Would the haunting pain of spousal rejection ever end? Where would I work? What of my life's mission? Would life itself last much longer? I wept into the phone as I struggled to make sense of the swirling vortex of uncertainty.

Relationships, work and health absorb our time, energy, memories and hopes. Ever had a fulfilling relationship turn to ashes? Maybe you've excelled at work; then a new or insensitive boss decides your services are no longer wanted or affordable. Or perhaps your health falters. Your parent or best friend dies suddenly of a heart attack or perishes in an auto wreck.

What do you feel? Shock? Grief? Anger? Desires for revenge or justice? Discouragement and depression? How do you cope with the loss, and how can you start over again?

Over dinner, a new friend told me he had lost both his parents in recent years. "How did you cope?" I inquired. He related painful details of their alcohol-related deaths. I listened intently and tried to express sympathy. "But how did you deal with their deaths?" I asked, curious to know how he had handled his feelings. "I guess I haven't," he replied. Painful emotions from deep loss can be difficult to process. Some seek solace by suppressing them.

My wife lost her father, then her mother, during a five-year span in her late twenties and early thirties. Focusing on her mother's needs after her father's passing occupied much of her thought. After her mother's death, she felt quite somber. "People who always were there, whom you could always call on for advice, were no longer around," she recalls. "That was very sobering." Over time, the pain of grief diminished.

How can you adjust to significant loss and start over again? I

certainly don’t have all the answers. But may I suggest ideas that have worked for me and for others along life’s sometimes challenging journey?

Grieve the loss. Don’t ignore your pain. Take time to reflect on your loss, to cry, to ask questions of yourself, others or God. I remember deep, heaving sobs after my wife left me. I would not wish that pain on anyone, but I recommend experiencing grief rather than ignoring and stuffing it. This tends to diminish ulcers and delayed rage.

A little help from your friends. During divorce proceedings and my rocky employment ending, good friends hung close. We ate meals together, watched football games, attended a concert and more. A trusted counselor helped me cope. A divorce recovery group at a nearby church showed me I was not the only one experiencing weird feelings. Don’t try to handle enormous loss alone.

Watch your vulnerabilities. In our coed divorce recovery group, I appreciated learning how women as well as men processed their pain. It also was tempting to enter new relationships at a very risky time. Some members, not yet divorced, were dating. Some dated each other. Attractive, needy divorcés/divorcées can appear inviting. After each group session, I made a beeline to my car. “Guard your heart,” advises an ancient proverb, “for it affects everything you do.”{1}

Look for a bright spot. Not every cloud has a silver lining, but maybe yours does. After my divorce and termination, I returned to graduate school and saw my career enhanced. My cancer scare turned out to be kidney stones, no fun but not as serious. I met and—four years after the divorce—married a wonderful woman, Meg Korpi. We are very happy.

CNN star Larry King once was fired from the *Miami Herald*. “It was very difficult for me when they dropped me,” he recalls.

King says one can view firing as “a terrible tragedy” or a chance to seek new opportunities.{2}

Cherish your memories. Displaying treasured photos of a deceased loved one can help you adjust gradually to their loss. Recall fun times you had together, fulfilling experiences with coworkers or noteworthy projects accomplished. Be grateful. But don’t become enmeshed in past memories, because the time will come to. . .

Turn the page. After appropriate grieving, there comes a time to move on. One widow lived alone for years in their large, empty house with the curtains drawn. Her children finally convinced her to move but in many ways she seemed emotionally stuck for the next three decades until her death.

Significant steps for me were taking down and storing photos of my ex-wife. Embracing my subsequent job with enthusiasm made it fulfilling and productive. Consider how you’ll emotionally process and respond to the common question, “Where do you work?” Perhaps you’ll want to take a course, exercise and diet for health, or develop a hobby. Meet new people at volunteer projects, civic clubs, church, or vacations. Consider what you can learn from your loss. Often, suffering develops character, patience, confidence and opportunities to help others.

Sink your spiritual roots deep. I’m glad my coping resources included personal faith. Once quite skeptical, I discovered spiritual life during college. Students whose love and joy I admired explained that God loved me enough to send His Son, Jesus, to die to pay the penalty due for all my wrongdoing. Then He rose from the dead to give new life. I invited Him to enter my life, forgive me, and become my friend. I found inner peace, assurance of forgiveness, and strength to adapt to difficulties. Amidst life’s curve balls, I’ve had a close Friend who promised never to leave.

One early believer said those who place their faith in Christ "become new persons. They are not the same anymore, for the old life is gone. A new life has begun!"{3} Jesus can help you start all over with life itself. He can help you forgive those who have wronged you.

As you grieve your loss, seek support in good friends, watch your vulnerabilities, and seek to turn the page. . . may I encourage you to meet the One who can help you make all things new? He'll never let you down.

This article first appeared in *Answer* magazine 14:1 January/February 2007. Copyright © 2007 by Rusty Wright. Used by permission. All rights reserved.

Notes

1. Proverbs 4:23 NLT.
2. Harvey Mackay, *We Got Fired!…And It's the Best Thing That Ever Happened to Us* (New York: Ballantine Books, 2004), pp. 150-153 ff.
3. 2 Corinthians 5:17 NLT.

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Forgiveness, Reconciliation, and You

Forgiveness Can Be Good for Your Health

Have you ever been cheated or mistreated? Got any lingering grudges you're holding onto? Is there any "unclear air" between you and a family member, neighbor, or coworker

regarding a dispute, a slight, an offense? Could those situations use some forgiveness?

More and more medical doctors and social scientists are extolling the benefits of forgiveness and reconciliation, benefits both to individuals and to society. This article examines some of these benefits and presents several inspiring case studies, stories of forgiveness in action.

Would you believe that forgiveness can be good for your health? Lingering anger, stress, or high blood pressure could indicate that you need to forgive someone (or to be forgiven yourself). Many religions—including, of course, the Christian faith—have long held that forgiveness is an important component of a fruitful life. Now secular research supports its value.{1}

In the early 1980s, Kansas pschologist Dr. Glenn Mack Harnden searched in vain to find studies on forgiveness in the academic digest *Psychological Abstracts*. Today there exist an International Forgiveness Institute and a ten-million-dollar "Campaign for Forgiveness Research" (Jimmy Carter and Desmond Tutu have been among the ringleaders). The John Templeton Foundation awards grants in the field.

Harnden says forgiveness "releases the offender from prolonged anger, rage, and stress that have been linked to physiological problems, such as cardiovascular diseases, high blood pressure, hypertension, cancer, and other psychosomatic illnesses."{2}

He's big on this theme. When I ran into him in Washington, DC, a while back, he spoke enthusiastically about attending an international gathering in Jordan that saw forgiveness between traditional individual enemies like Northern Irish and Irish Republicans, Israelis and Palestinians.

George Washington University medical professor Christina Puchalski cites forgiveness benefits supported by research

studies. Writing in *The Yale Journal for Humanities in Medicine*, she says, “The act of forgiveness can result in less anxiety and depression, better health outcomes, increased coping with stress, and increased closeness to God and others.” {3}

Daily life brings many sources of conflict: spouses, parents, children, employers, former employers, bullies, enemies. If offense leads to resentment and bitterness, then anger, explosion, and violence can result. If parties forgive each other, then healing, reconciliation, and restoration can follow.

Startling Contrition

Robert Enright is an educational psychology professor at the University of Wisconsin–Madison and president of the International Forgiveness Institute. He laments the fact that despite society’s conflicts, “almost never do we hear public leaders declaring their belief that forgiveness can bring people together, heal their wounds, and alleviate the bitterness and resentment caused by wrongdoing.”{4}

The year 2006 brought a startling example of contrition by Adriaan Vlok, former Law and Order Minister under South Africa’s apartheid regime. During the 1980s, racial conflict there boiled.

In 1998, Adriaan Vlok confessed to South Africa’s Truth and Reconciliation Commission that ten years earlier in 1988 he had engineered the bombing of the headquarters of the South African Council of Churches, a prominent opposition group. The bombing campaign also included movie theaters showing “Cry Freedom,” an anti-apartheid film.{5} I had tickets to see “Cry Freedom” in Pretoria the night it opened, but the screening was cancelled. The next morning, a bomb was discovered in the theater I would have attended.

You can imagine my interest when BBC television told of Vlok's 2006 attempt to reconcile personally with Rev. Frank Chikane, former head of the South African Council of Churches, the group whose headquarters Vlok had bombed. Chikane, now director general of the South African president's office, reports that Vlok visited his office and gave him a Bible with these words inscribed: "I have sinned against the Lord and against you, please forgive me (John 13:15)." That biblical reference is Jesus' Last Supper admonition that his disciples follow his example and wash one another's feet.

Chikane tells what Vlok did next: "He picked up a glass of water, opened his bag, pulled out a bowl, put the water in the bowl, took out the towel, said 'you must allow me to do this' and washed my feet in my office." Chikane gratefully accepted the gesture.{6}

Vlok, a born-again Christian, later told BBC television it was time "to go to my neighbor, to the person that I've wronged." He says he and his compatriots should "climb down from the throne on which we have been sitting and say to people, 'Look, I'm sorry. I regarded myself as better than you are. I think it is time to get rid of my egoism . . . my sense of importance, my sense of superiority.'"{7}

Startling contrition, indeed.

Strength to Forgive

Have you ever unexpectedly encountered someone who has wronged you? There you are, suddenly face-to-face with your nemesis. How do you feel? Frederic Luskin, director of the Stanford Forgiveness Project, says, "Our bodies react as if we're in real danger right now to a story of how someone hurt us seven years ago. . . . You're feeling anger, your heart rhythm changes . . . breathing gets shallow."{8}

Corrie ten Boom and her Dutch family hid Jews from the Nazis

during World War II. For this she endured Ravensbruck, a concentration camp. Her inspiring story became a famous book and film, *The Hiding Place*.

In 1947 in a Munich church, she told a German audience that God forgives. "When we confess our sins," she explained, "God casts them into the deepest ocean, gone forever."{9} After her presentation, she recognized a man approaching her, a guard from Ravensbruck, before whom she had had to walk naked. Chilling memories flooded back.

"A fine message, *Fraulein*!" said the man. "How good it is to know that, as you say, all our sins are at the bottom of the sea!" He extended his hand in greeting.

Corrie recalled, "I, who had spoken so glibly of forgiveness, fumbled in my pocketbook rather than take that hand. He would not remember me. . . . But I remembered him and the leather crop swinging from his belt. I was face to face with one of my captors, and my blood seemed to freeze."

The man continued: "You mentioned Ravensbruck in your talk. . . . I was a guard there. . . . But since that time . . . I have become a Christian. I know that God has forgiven me for the cruel things I did there, but I would like to hear it from your lips as well, *Fraulein*." He extended his hand again. "Will you forgive me?"

Corrie stood there, unable to forgive. As anger and vengeance raged inside her, she remembered Jesus' death for this man. How could she refuse? But she lacked the strength. She silently asked God to forgive her and help her forgive him. As she took his hand, she felt a "healing warmth" flooding her body. "I forgive you, brother!" she cried, "With all my heart."

"And so," Corrie later recalled, "I discovered that it is not on our forgiveness any more than on our goodness that the world's healing hinges, but on [God's]. When He tells us to

love our enemies, He gives, along with the command, the love itself."

"My Father, the Town Alcoholic"

When Stanford education and psychology professor Carl Thoresen and his colleagues began recruiting adult subjects for the Stanford Forgiveness Project, they had trouble signing up males. When they started using the terms "grudge" and "grudge management" in the recruiting, the men came. Thoresen thinks some men felt "forgiveness" was a feminine activity, but a "grudge" was something they probably should deal with.{10}

Consider a guy who had a longstanding grudge involving a family member. And aren't family conflicts often causes of intense stress?

As a teenager on the family farm, Josh McDowell loved his mother but despised his father "more than anyone else in the world."{11} His friends would joke about his dad being drunk. It tore him up inside. "I hated my father for the embarrassment and shame his alcoholism caused my family," McDowell relates. "I also resented what it caused him to do to my mother. I'd go out in the barn and see my mother beaten so badly she couldn't get up, lying in the manure behind the cows." Eventually his mother lost the will to live and died, Josh says, "of a broken heart."

In college, Josh met some followers of Jesus whom he liked. Skeptical about Christianity's validity, he accepted their challenge to examine evidence regarding Jesus' claims and found it convincing.{12} He thanked Jesus for dying for him, admitted his flaws to God, and asked Christ to enter his life and take over. Soon he realized he no longer hated his father.

Josh says, "I had confessed to God my feelings for my dad, asked God to forgive me, and prayed that I could forgive. And it happened as quickly as I asked. No longer was my dad a

drunk to be hated. Now I saw him as a man who had helped give me life. I called him and told him two things I had never told him before: 'Dad, I've become a Christian and . . . I love you.'"

"But how . . . how can you love a father like me?" Josh's dad asked on another occasion. Josh explained how to place his faith in Christ and his father made that decision, too. About fourteen months later, his alcohol-ravaged body gave out and he died. But the changed life of the town alcoholic influenced scores of people to place their lives in God's hands. "My dad's life was brand new those last 14 months," recalls Josh. "His relationship with me and with God were both reconciled. Jesus Christ is a peacemaker."

Forgiveness, Reconciliation, and You

Secular research supports the value of forgiveness, a concept at the core of Christian faith. You might wonder, "How does all this relate to me personally?" May I offer some suggestions?

As a starting point, *become forgiven yourself.* The late and renowned ethicist Lewis Smedes wrote, "Forgiving comes naturally to the forgiven."{13} Josh McDowell says once he was forgiven by God, he could forgive his alcoholic father. If you've never known for sure that God is your friend, I encourage you to ask Him to forgive you. You might say something like this to Him right now:

> *Jesus, I need you. Thanks for dying for my flaws and rising again. I ask you to forgive me and enter my life. Please help me to become good friends with you.*

If you asked Jesus to forgive you and enter your life, He did. Tell another believer about your decision. Contact this radio station or the Web site Probe.org and ask how you can grow in your faith.

If you've already come to faith in Christ, *keep short accounts with God*. One early follower of Jesus wrote, "If we confess our sins to [God], he is faithful and just to forgive us and to cleanse us from every wrong."{14} The proverbial country preacher said, "I 'fesses 'em as I does 'em."

Ask God to give you the strength to forgive others and love them as He does. Lewis Smedes mentions three components of forgiving others: "First, we surrender our right to get even. . . . Second, we rediscover the humanity of our wrongdoer . . . that the person who wronged us is a complex, weak, confused, fragile person, not all that different from us. . . . And third, we wish our wrongdoer well."

Contact the person you've wronge‐or who has wronged you—and seek to make peace if appropriate and possible. The biblical prescription is that the offender and the offended should run into each other as each is en route to contact the other.{15} Of course, not everyone will want to reconcile, but you can try.

Realize that forgiving may take time. Shortly before his death, Oxford and Cambridge scholar C. S. Lewis wrote, "I think I have *at last* forgiven the cruel schoolmaster who so darkened my youth. I had done it many times before, but this time I think I have really done it."{16}

Forgiveness and reconciliation can be contagious. They can make an important difference in families, neighborhoods, workplaces, and nations. A good relationship takes two good forgivers.

Is there anyone with whom you need to reconcile?

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attribution.

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Paris Hilton and What We Want

Paris Hilton. Paris Hilton. Paris Hilton. Paris Hilton. Paris Hilton.

Please excuse the repetition, but I want this article to score highly in Google searches.

You see, *Google Zeitgeist*, the mega-search engine's report on its most popular search topics, says the heiress scored number one on 2006 Google News searches. The report presents a glimpse of the "spirit of the times," giving clues to websurfers' interests.

In news (yes, I said "news," not "entertainment") searches, Paris beat Orlando Bloom, cancer, and Hurricane Katrina. Borat and Hezbollah topped "Who is" searches. Among U.S. searches for "Scandal," the Duke Lacrosse episode took three of the first four slots.

What else do people want to know about? Google's top-ten lists in various categories include MySpace, Nicole Kidman, Tom Cruise, Britney Spears, Paul McCartney, Pamela Anderson, Reggie Bush, and Clay Aiken.

Why do celebrities and entertainment rank so high? Perhaps it's the desire to connect with something larger than ourselves. Maybe boredom explains some celebrity obsession. And don't rule out diversion.

For some—maybe many—daily life ranges from harried to

overwhelming: soured relationships, job conflict, financial pressure, health distress. Diverting focus can ease your troubled mind, at least temporarily.

Of course, everyone needs mental and emotional breaks. Diversion can be a healthy coping mechanism—until it becomes obsessive. Then it can lead to denying reality, perhaps obscuring genuine wants and needs.

Suppose we had a mind/heart/soul reader to discover what people really want once their basic physical needs are met. What would we find? Psychologist Abraham Maslow's renowned hierarchy of basic needs includes safety, love, esteem and self-actualization.{1} Perhaps our soul reader would detect desires for acceptance, thriving personal friendships, peace of mind, health, security.

Maslow also realized that several profound fears—including the fear of death—trouble humanity.{2} Our soul reader might find that people also want an answer to death.

Anthropologist Ernest Becker argued in his Pulitzer Prize-winning book, *The Denial of Death*,{3} that much human behavior can be explained by a deep desire to deny death's reality, to repress "the terror of death." No wonder. Which would you enjoy more, right this minute: contemplating your own death and its aftermath . . . or reading, exercising, web- or channel surfing, conversing, partying, working, shopping, etc.?

If we don't have a solution to fear of death, we can invent ways to avoid thinking about it. Alas, attractive and even worthwhile pursuits can become enslaving. Amassing the most "toys"; rat-race schedules; obsession with career, job, education, sports or even friends can insulate people from facing their own mortality.

The biblical book of Hebrews presents a similar analysis of the human dilemma, reasoning that people "have lived all their

lives as slaves to the fear of dying." {4} It claims that Jesus died to "deliver" people from this slavery so they might connect with God in time and eternity.

It seems morbid to always be thinking about your own death. But could avoiding it altogether constitute unhealthy denial? Could excessive focus on certain pursuits become risky diversion from life's real issues, like personal meaning, personal worth, fulfilling relationships, and what Sigmund Freud called "the painful riddle of death"?{5}

Could obsession with Paris Hilton and her *Google Zeitgeist* pals conceal deep longings, insecurities and fears in individual websurfers and in society at large?

As the esteemed British philosopher and rocker Sir Mick Jagger famously counseled, "You can't always get what you want. But if you try sometime . . . you just might find you get what you need." {6} A friendly question for my fellow websurfers: Is what you want, what you need?

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Responding to Poverty – As a Christian

Poverty’s Devastating Effects

I can still remember the feelings of curiosity, confusion and discomfort I felt as a watched the young boys. “What did those kids want?” I wondered.

As a child visiting Cuba with my parents, I was startled when some boys at a city park opened our taxi doors, then held out their hands. Later I asked my mother, “Did they work there? Did they want a tip?” She gently told me they were begging. My young upper-middle-class North American sensibilities were jolted by the harsh reality of poverty I had never seen.

One summer during university, while visiting Tijuana, Mexico, I was stunned to see people living in the city dump. Later that summer, I spent time with a friend in one of Miami’s ghettos. One day, as I drove away, I noticed an ambulance headed toward the apartment building near where my friend hung out. The next day, my friend told me a woman had shot the man who was trying to seduce her, then she shot herself. Shocking as that news was for me, almost as much so was my friend’s

nonchalance. He seemed accustomed to events like this.

Those experiences kindled my personal interest in this theme. What is poverty? Why does it exist? How does it destroy minds and souls as well as bodies? What is a biblical perspective on poverty? And what should we do about it?

Income level and standard of living are often-used but insufficient measures of poverty. Some townships in South Africa and shanty towns in the Philippines make some North American housing projects seem like the Ritz.

Localized "relative deprivation" (i.e., large socioeconomic disparity between the poor and middle class) can multiply feelings of low self-esteem. Many social scientists emphasize psychological manifestations of poverty. Yale psychologist Ira Goldenberg defined poverty as "a psychological process which destroys the young before they can live and the aged before they can die. . . . [It] is a condition of being in which one's past and future meet in the present—and go no further."{1}

The precise economic line may be difficult to draw, but poverty's effects can be devastating. Columbia University economist Jeffrey Sachs says, "More than 8 million people around the world die each year because they are too poor to stay alive. Every morning our newspapers could report, 'More than 20,000 people perished yesterday of extreme poverty.'"{2} They die from disease, lack of medicine, unsafe drinking water.

Homeless Assistance

The little girl was sleeping so peacefully on a cot in the nursery playroom. As I watched her, I imagined how she might have felt only a few days earlier, maybe trying to sleep in the tropical heat under a noisy highway overpass. Now she was inside a lovely, air conditioned room with nice toys. She and

families just like hers could feel safe, clean and protected at Miami's Homeless Assistance Center, a facility organized and run through a coalition of community leaders, government agencies, churches, and faith-based organizations.

By its twelfth year, Miami's Community Partnership for Homeless had helped over twenty-seven thousand men, women and children leave the streets for a better life. Their Homeless Assistance Centers are a community success story in which private and public sectors teamed to create a national model for eliminating homelessness. Would you believe all this started from a church Bible class?

My friend Alvah Chapman served Knight Ridder Publishers as president and chairman for fourteen years. (Knight Ridder owned, for example, the *Miami Herald*, *Philadelphia Inquirer* and *San Jose Mercury News*.) At retirement, he and his wife Betty participated in a thirty-nine-week church Bible study class that required personal application.

Alvah had become distressed observing the plight of Miami's homeless and the lack of community leadership. He recalls, "The county said it was a city problem. The city said it was a county problem. And the Chamber of Commerce was not sure it was their problem."{3} The Chapmans decided to tackle homelessness. "The commitment to 'do something' was very strong" in their hearts, he explains: "We made a commitment to our [Bible] class and to our God that we would together provide leadership to the homeless problem in Miami."{4}

Today the Homeless Assistance Centers{5} they founded provide meals, showers, clothing, temporary housing, laundry facilities, health care, transportation, and job training—helping residents get back on their feet with dignity. The success rate for departed residents has been as high as sixty percent, considered remarkable in this field. Churches and synagogues have provided evening meals, companionship, and encouragement.

Often the poor feel trapped in poverty with no way out. Vicious circles breed feelings of worthlessness and despair. Drunkenness, violence, teen pregnancy, and sexually transmitted diseases are just some of the physical manifestations of coping with life out of control. Efforts like the Homeless Assistance Centers can help break the cycle of poverty.

Helping the Total Person

Poverty brings multiple problems: physical, psychological, and spiritual. Which should we emphasize in seeking solutions? Consider three approaches.

1. The *Outside-In Approach* changes circumstances to alleviate stress factors. Education and job training can enhance employment and living standards, thus decreasing psychological problems. Right? Not necessarily. Anthropologist Oscar Lewis argued that an elimination of physical poverty may not by itself eliminate the culture of poverty.{6} Perhaps you know some wealthy but unhappy people.

2. The *Inside-Out Approach* emphasizes counseling to encourage self-help. Attitude change is important, but if the economic system blocks options, what then?

3. The *Total-Person Approach* blends the other two, treating humans as physical, psychological, and spiritual creatures. The often-overlooked spiritual area, properly tapped, can influence both poor and rich.

John Perkins, an African-American, left his poor rural hometown of Mendenhall, Mississippi, vowing never to return. His brother had been shot by a policeman in that racially oppressed town. Later, Perkins placed his faith in Christ and returned to Mendenhall to help.

The organization he founded facilitated an inexpensive health

care center, cooperative farms, a cooperative food store, house construction, tutoring, and raising college scholarships. Perkins' emphasis has been on helping local people help themselves. At the same time he's said, "I believe that the only commitment able to bring [interpersonal and community] healing is a commitment to Jesus."{7}

Jesus of Nazareth emphasized the total person. He healed the sick and fed the hungry. He also told people how they could find meaning and fulfillment through faith in Him. Many Christian development programs have a similar focus, operating on the time-honored philosophy that if you give someone a fish you can feed them for a day; if you also teach them how to fish you can feed them for a lifetime.

World Relief, a Christian organization, provides worldwide disaster relief as well as self-help efforts like well-digging and agricultural training. Their microenterprise development programs establish community banking, savings and lending programs to help the poor become self sufficient. For example, a $75 loan to a Cambodian grandmother allowed her to expand her small home-front stand. She repaid the loan in full, entitling her to another, slightly larger loan. Eventually, she could support her sixteen grandchildren and serve as a role model for women in her village.{8}

World Vision, the Salvation Army, and most major Christian denominations have programs to help the poor.

Money and Poverty

We've been examining physical, psychological, and spiritual factors related to poverty and its possible remedies. Consider a common question.

Will money given to developing nations solve their poverty problems? Maybe it will help, but the extent depends largely on how the funds are managed. Sadly, Africa, for instance, is

replete with examples of crooked officials diverting financial aid and national wealth into their own pockets. For instance, Nigeria's President Obasanjo estimates that corrupt African leaders have stolen at least $140 billion from their people in the decades since independence.{9}

Obasanjo is a follower of Jesus who has tried to root out corruption in his own nation. The *New York Times* gives a glimpse into the task he still faces. Nigeria export billions of dollars of oil each year and returns thirteen percent of revenues from its states back to the states. The *Times* notes that "Much of that is siphoned off by corrupt regional officials who often pocket the money or waste it on lavish projects that do little, if anything, for ordinary people. For instance, one state produces a third of Nigeria's oil and has an annual budget of more than half a billion dollars to spend on its three million people. But most of [that money] goes to white elephants like a mansion for the governor and his deputy."{10}

On one of my speaking tours to Nigeria, a local doctor told me how businesses had adapted to the common custom of using bribes. Seems they started budgeting bribe money for their traveling representatives to use. The budget item was called public relations. But a problem arose when employees began to pocket the public relations money instead of using it for bribes.

Financial aid givers—nations, businesses and individuals—would be wise to focus on strict accountability measures and perhaps character education programs for government and business leaders and students in such situations.

In fairness, I should note that this corruption caveat has its critics. Columbia economist Jeffrey Sachs, who also heads an ambitious United Nations anti-poverty effort, feels the corruption charge is too often a simplistic explanation for poverty's root problems. While I feel that corruption is

indeed a major concern, I agree with Sachs that poverty is complex and situations differ. Disease plays a significant role. If people are sick with malaria or AIDS, its hard for them to help themselves. Sachs also advocates international commitments to economic assistance, scientific advancement, and justice.{11}

What Can You Do?

Would you believe that by losing weight, you could help the poor overseas? Consider how some upscale U.S. secondary school students made a difference in Zambia.{12}

Student leaders at Wheaton Academy in suburban Chicago had a burden to raise $53,000 from their fellow students for a schoolhouse in Zambia. They found little enthusiasm at first, but then they began to pray regularly. Things took off and they exceeded their goal. Over a three-year stretch, the Christian students raised nearly a quarter of a million dollars for HIV/AIDS relief in Africa. Students encourage each other to forgo movies, Starbucks runs, and even Christmas presents and prom dresses.{13} The campus chaplain estimates that ninety percent of students have participated financially to build the schoolhouse and a medical clinic and to feed a villages children for a year. Students feel a personal connection with their Zambian peers. Some have visited the village they support.

Even adults joined the effort. Now, what they did is great. I bet you're going to like this! It was a weight-loss fundraising campaign, the Zambia Meltdown. Fourteen teachers and administrators lost 460 pounds over 100 days. That brought in $19,000 in pledges for lost weight. And get this: The headmaster and principal each lost 70 pounds.{14}

What can you do to help alleviate poverty? Consider some suggestions:

First, pray. God's concern for the poor far exceeds our own. Those Wheaton Academy students saw answers to their prayers. (Probably some faculty spouses did, too!)

Second, give. An ancient Jewish proverb says, If you help the poor, you are lending to the Lord—and he will repay you!{15} Many fine organizations can use your donations to effectively fight poverty. New York Times columnist Nicholas Kristof says, "Nobody gets more bang for the buck than missionary schools and clinics, and Christian aid groups like World Vision and Samaritan's Purse save lives at bargain-basement prices."{16} I would add World Relief, the Salvation Army and your local church to the list.

Third, go. Maybe you can volunteer with Habitat for Humanity or an international mission group. CNN highlighted Campus Crusade for Christ college students spending Spring Break helping to rebuild New Orleans after Hurricane Katrina. You even may want to devote your life or career to relief and development. It is a worthy cause. I like what Jesus' mother Mary advised: "Whatever He [Jesus] says to you, do it."{17} And another of those ancient Jewish proverbs says, "Blessed are those who help the poor."{18}

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A Little Kramer in All of Us?

Comedian Michael Richards—"Kramer" on TV's *Seinfeld*—saw his racist tirade at African-American hecklers ignite a firestorm. Mel Gibson, whose earlier anti-Semitic rant made headlines, said he felt compassion for Richards.{1}

Lots of people have dark sides. Maybe everyone. Maybe you.

I do.

Remember Susan Hawk? Her infamous diatribe against another CBS *Survivor* contestant declared if she found her "laying there dying of thirst, I would not give you a drink of water. I would let the vultures take you and do whatever they want with you."{2}

Richards—like Gibson—apologized profusely. Prominent African-American comic Paul Mooney says Richards told him privately, "He didn't know he had that ugliness in him."{3}

I can identify with Richards' surprise at his darker inner impulses. My own failing was private rather than public, differing in degree but not in kind. It taught me valuable lessons.

Growing up in the US South, I learned from my parents and educators to be tolerant and accepting in a culture that often was not. Racism still makes my blood boil. I've sought to promote racial sensitivity.

One summer during university, I joined several hundred students—most of us Caucasian—for a South Central Los Angeles outreach project. We spent a weekend living in local residents' homes, attending their churches, and meeting people in the community.

A friend and I enjoyed wonderful hospitality from a lovely couple. Sunday morning, their breakfast table displayed a mountain of delicious food. Our gracious hostess wanted to make sure our appetites were completely satisfied. It was then, eying that bountiful spread, that it hit me.

I realized that for the first time in my life, I was living in Black persons' home, sitting at "their" table, eating "their" food, using "their" utensils. Something inside me reacted negatively. The strange feeling was not anger or hatred, more like mild aversion. Not powerful, not dramatic, certainly not

expressed. But neither was it rational or pleasant or honorable or at all appropriate. It horrified and shamed me, especially since I had recently become a follower of Jesus.

The feeling only lasted a few moments. But it taught me important lessons about prejudice. Much as I might wish to deny it, I had inner emotions that, if expressed, could cause terrible pain. I who prided myself on racial openness had to deal with inner bigotry. How intense must such impulses be in those who are less accepting? Maybe similar inner battles—large or small&edash;go on inside many people. I became deeply impressed that efforts at social harmony should not neglect the importance of changing human hearts.

Holocaust survivor Yehiel Dinur testified during the trial of Adolph Eichmann, the Nazi leader responsible for killing millions of Jews. When he saw Eichmann in the courtroom, he sobbed and collapsed to the floor. Dinur later explained, "I was afraid about myself. I saw that I am capable to do this. . . . Exactly like he. . . . Eichmann is in all of us."{4}

Jeremiah, an ancient Jewish sage, wrote, "The human heart is most deceitful and desperately wicked. Who really knows how bad it is?"{5} A prescription from one of Jesus' friends helped me overcome my inner struggles that morning in South Central: "If we say we have no sin, we are only fooling ourselves and refusing to accept the truth. But if we confess our sins to [God], he is faithful and just to forgive us and to cleanse us from every wrong."{6}

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South African Apartheid Leaders Apology for Racial Sins

Could the world use a bit more contrition, forgiveness and reconciliation?

Recent international news reports brought a startling example of contrition by Adriaan Vlok, former Law and Order Minister under South Africa’s apartheid regime.

Robert Enright is an educational psychology professor at the University of Wisconsin-Madison and president of the International Forgiveness Institute. He laments the fact that despite society’s conflicts, “almost never do we hear public

leaders declaring their belief that forgiveness can being people together, heal their wounds, and alleviate the bitterness and resentment caused by wrongdoing.” {1}

Here’s an exception.

During the 1980s, conflict raged between South Africa’s white minority Afrikaner government and the black majority opposition. One former African National Congress operative—now a government official—told me over breakfast in Cape Town that his responsibilities back then had been “to create chaos.” Mutual hostility and animosity often reigned.

Bombing Campaign

In 1998, Adriaan Vlok confessed to South Africa’s Truth and Reconciliation Commission that in 1988 he had engineered the bombing of the headquarters of the South African Council of Churches, a prominent opposition group. The bombing campaign also included movie theaters showing “Cry Freedom,” an anti-apartheid film. {2}

I had tickets to see “Cry Freedom” in Pretoria for opening night, but the screening was cancelled. The next morning, a bomb was discovered in the theater I would have attended.

You might imagine my interest when BBC television told of Vlok’s recent attempt to reconcile personally with Rev. Frank Chikane, former head of the South African Council of Churches, the group whose headquarters Vlok had bombed. Chikane, now director general of the South African president’s office, reports that Vlok visited his office and gave him a Bible with these words inscribed: “I have sinned against the Lord and against you, please forgive me (John 13:15).”

An Example to Follow?

That biblical reference is Jesus’ Last Supper admonition that his disciples follow his example and wash one another’s feet.

The inscription's words echo those of the Prodigal Son who in the famous biblical story returns home after squandering his inheritance, hopes his father will accept him as a hired hand, and says, "I have sinned against heaven and against you." {3} The father rejoices over his return, warmly receives him as son, and throws a welcome celebration.

Chikane tells what Vlok did next: "He picked up a glass of water, opened his bag, pulled out a bowl, put the water in the bowl, took out the towel, said 'you must allow me to do this' and washed my feet in my office." Chikane gratefully accepted the gesture. {4}

Vlok, a born-again Christian, later told BBC television it was time "to go to my neighbor, to the person that I've wronged." He says he and his compatriots should "climb down from the throne on which we have been sitting and say to people, 'Look, I'm sorry. I regarded myself as better than you are. I think it is time to get rid of my egoism my sense of importance, my sense of superiority.'" {5}

Startling contrition, indeed.

Forgiveness Components

The late and renowned ethicist Lewis Smedes stressed three components of forgiving others: "First, we surrender our right to get even…. Second, we rediscover the humanity of our wrongdoer…that the person who wronged us is a complex, weak, confused, fragile person, not all that different from us…. And third, we wish our wrongdoer well." {6}

Former U.S. Senator Alan Simpson has quipped that those in Washington, DC traveling "the high road of humility" won't encounter "heavy traffic." {7} Too often the same holds in workplaces, neighborhoods and families. Could Vlok's example inspire some changes?

Notes

1. Gary Thomas, “The Forgiveness Factor,” Christianity Today, January 10, 2000, 38.
2. “Botha implicated in Church bombing,” BBC News online, July 21, 1998; news.bbc.co.uk/2/hi/africa/136504.stm; accessed September 3, 2006.
3. Luke 15:21 NIV.
4. “Feet washed in apartheid apology,” BBC News online, 28 August 2006; news.bbc.co.uk/2/hi/africa/5292302.stm; accessed September 3, 2006.
5. “Minister atones for race sins,” BBC News video, 3 September 2006; http://tinyurl.com/g899l; accessed October 4, 2006.
6. Lewis B. Smedes, “Keys to Forgiving,” Christianity Today, December 3, 2001, 73; www.christianitytoday.com/ct/2001/015/42.73.html.
7. Harry Kreisler, “Let ‘er Rip! Reflections of a Rocky Mountain Senator: Conversation with Alan K. Simpson, Former U.S. Senator, Wyoming,” Conversations with History, Institute of International Studies, University of California-Berkeley, September 17, 1997; globetrotter.berkeley.edu/conversations/Simpson/simpson1.html; accessed October 2, 2006.

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Superman Returns: Superhero Still Needed?

Does the world still need a superhero?

Watch out, bad guys, as *Superman Returns* . . . fighting movie villains, rescuing the imperiled, desiring Lois Lane (now a single mom), saving the world.

The guy is everywhere. Superman's promotional ties include Burger King, Duracell, got milk?, even a dating website. NBA star Shaquille O'Neal has a Superman logo tattooed on his arm. Archvillain Lex Luthor hacked Superman's website, linking to his own MySpace.com webpage. Marketers work every angle.

Why has the Superman story remained so popular? What is it about the Man of Steel that captures the public imagination?

In the 1930's, the Great Depression had the world slumping. Fascist and Nazi menaces haunted Europe. Two Cleveland teenagers dreamed up a hero who would rescue the troubled, inspire hope, and set things right. The story was born.

In the new film, *Daily Planet* editor Perry White instructs his staff to cover everything they can about Superman's return. He especially wants to know, "Does he still stand for truth, justice, all that stuff?"

He does, and that's one reason Superman's appeal endures. Some probably many want to identify with someone bigger than themselves who embodies what's honorable, a hero to admire or emulate.

Look, up in the sky!

Lots of people need rescuing these days from crime on the streets and in the boardrooms, troubled relationships, terrorism, war, disease, nuclear threats. Superman has power. He cares for distressed people. And he's humble.

Plain, ordinary Clark Kent could be everyhuman. His mild mannered disguise hides phenomenal abilities. Ever dream of your peers, your foes, or the world glimpsing the real you, the one with more to offer than ever gets appreciated?

My childhood heroes included Superman, the Lone Ranger, and Zorro. I wore their costumes as I watched their television programs. Their struggles for good energized my youthful

imagination.

Of course, not everyone believes the world needs saving. The new Lois Lane says, “The world doesn’t need a savior; neither do I.” Superman tells her, “But every day I hear people crying for one.”

Superman’s biological father, JorEl (voiced by the late Marlon Brando), prepared counsel for his child, KalEl, whom he launched into space as their planet, Krypton, exploded. Of earthlings: “They can be a great people, KalEl. They wish to be. They only lack the light to show the way. For this reason above all their capacity for good I have sent them you . . . my only son.”

My only son . . .

Spiritual parallels have not been lost on media observers. *Rolling Stone* feels Brando’s words “establish . . . (Superman) as a Christ figure.” Jesus, of course, referred to himself as God’s “only Son” sent to rescue the world: “I have come as a light to shine in this dark world, so that all who put their trust in me will no longer remain in the darkness.”

Superman creators Jerry Siegel and Joe Shuster were Jewish. “El” is a Hebrew word for “God.” The biblical Moses’ mother hid him in a basket in the Nile River to save his life.

Superman Returns director Bryan Singer, who is Jewish, acknowledges that biblical imagery both messianic and Mosaic have influenced the Superman saga. An adopted only child, picked on in youth, Singer says he’s often felt like an outcast.

How does Superman inspire him? “I think most people do believe in that kind of integrity and virtue,” Singer observed in a documentary. “They want to see goodness. People have a deep need to believe that it exists out there.”

Superhero a real one still needed.

Anyone out there “still stand for truth, justice, all that stuff?” Anyone qualify as “the Light of the world”?

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