

Why Radical Muslims Hate You

(Short op-ed piece)

If you are a Westerner, an American, a non-Muslim, or a Muslim of a different stripe than they, then some radical Muslims hate you.

Why? The complex answer involves history, culture, politics, religion and psychology. Of course, many—some would say most—Muslims are peace loving and deplore terrorism. Islam is quite diverse. Extremist Muslims do not represent all Muslims any more than white supremacists represent all Christians. Not all “radical” Muslims are violent or hateful. But understanding extremist Muslim hatred is essential to interpreting our post-9/11 world.

Osama Bin Ladin calls on Muslims to “obey God’s command to kill the Americans and plunder their possessions...to kill Americans and their allies, both civil and military...” He and his sympathizers want to eliminate Western influence and restore their version of Islam to the world.

Would you believe that dancing in American churches helped fuel some radical Muslim anger today? Princeton Near East scholar Bernard Lewis illustrates.

In 1948, Sayyid Qutb visited the United States for Egypt’s Ministry of Education. His stay left him shocked with what he perceived as moral degeneracy and sexual promiscuity.

He wrote that even American religion was tainted by materialism and consumerism. Churches marketed their services to the public like merchants and entertainers. Success, big numbers, “fun” and having “a good time” seemed crucial to American churches.

He especially deplored clergy-sanctioned dances at church

recreation halls. When the ministers lowered the lights, the dances became hot. Qutb's PG description: "The dance is inflamed by the notes of the gramophone...the dance-hall becomes a whirl of heels and thighs, arms enfold hips, lips and breasts meet, and the air is full of lust." He cited the famous Kinsey Reports as evidence of American sexual debauchery.

Qutb, who was dark skinned, also experienced racism in America. Back in Egypt, Qutb joined the Muslim Brothers organization. Imprisonment and torture made his writings more militant. Qutb became what Georgetown University religion and international affairs professor John Esposito calls "the architect of radical Islam."

Some Muslim Brotherhood groups, offshoots, and alumni are mainstream and nonviolent. Others have a violent legacy. A militant offshoot, Islamic Jihad, assassinated Egyptian president Anwar Sadat. Esposito notes that Abdullah Azzam, a radicalized former Muslim Brother, significantly influenced Osama bin Ladin. Former CIA Middle East case officer Robert Baer observes that a Kuwaiti Muslim Brother, Khalid Sheikh Muhammad, became a bin Ladin terror chief.

Princeton's Lewis notes that Sayyid Qutb's denunciation of American moral character became incorporated into radical Islamic ideology. For instance, he says Iran's Ayatollah Khomeini, in calling the U.S. the "Great Satan," was being consistent with the Koranic depiction of Satan not as an "imperialist" or "exploiter" but as a seducer, "the insidious tempter who whispers in the hearts of men."

The founder of the faith I follow, Jesus of Nazareth, told people to "Love your enemies and pray for those who persecute you." It is not emotionally easy for me to love Osama bin Ladin or to pray for him. I have to ask God for strength for that.

Certainly bin Ladin's hatred of me and my compatriots—flawed though we may be—does not justify his campaign of terror. His campaign rightly prompts national vigilance, a proverbial cost of freedom. But as we keep the powder dry, might it also be appropriate to individually reflect on the character that seems so offensive to him and his colleagues?

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Mel Gibson's Passion Film Ignites Passions

The storm of controversy surrounding Mel Gibson's film about Jesus death has had many facets. Is the movie anti-Semitic? Too violent for kids? Would Gibsons Jesus get married?

Representatives of the Jewish Anti-Defamation League and the Simon Wiesenthal Center feared provocation of anti-Jewish feelings and violence. Prerelease screenings found warm response from leaders including Vatican officials and Billy Graham. Others remained skeptical.

Much of the controversy centers on two questions about the film and the history it depicts: Were Jewish people responsible for Jesus death? And, if so, are all Jewish people thereby Christ killers? Anti-Semitism's ugly stains make certain fears understandable.

Raised as a Gentile in Miami, I had many Jewish friends. Miamis Jewish population exceeds that of many cities of Israel. My classmates talked of Hebrew school, synagogue, and bar mitzvahs. In school we sang Hanukah songs and Christmas carols. My parents taught and modeled respect and tolerance.

Anti-Semitism makes my blood boil.

After finding faith as a university student, I explored concerns about anti-Semitism in biblical accounts of Jesus death. Jesus was Jewish, as were his early followers. Jewish people who opposed him aligned against Jewish people who supported him. This was essentially a Jewish-Jewish conflict. One faction pressured Pilate, a Roman ruler, into executing Jesus.

Jewish leaders did not physically hang him on a cross; Roman executioners did that. But some Jewish people were part of the mix.

Should all Jewish people bear the guilt for Jesus execution? Of course not. Neither should all Germans bear guilt for the Holocaust nor all Christians for racism or anti-Semitism, pedophilia, corruption, or other outrageous acts of Christians. We all bear responsibility for our own decisions.

But there is another facet to the guilt question. After I spoke in a University of Miami anthropology class, one student asked if Jews are responsible for the death of Jesus. Absolutely, I replied. Jews are responsible for Jesus death. And so are Christians, Buddhists, Muslims, Hindus, atheists and agnostics.

Jesus said he came to help plug people into God, to give his life as a ransom for many. He believed his death would pay the price necessary to provide forgiveness for all who would accept it, becoming a bridge linking them to eternity.

According to this perspective, we – all of us – and our flaws are the reason Jesus went to the cross. Are we guilty of physically executing him? No. Was it because of us that he suffered? By his reasoning, yes.

Gibson's film is significant. Of course, I brought my own biases to the screening. I left impressed with the terrible

pain Jesus endured, especially poignant because I believe he endured it for me.

Rembrandt, the famous Dutch artist, painted a memorable depiction of the crucifixion. In it, several people help to raise the cross to which Jesus is nailed. Light emphasizes one particular face among the cross-raisers. The face is Rembrandt's, a self-portrait. The painter believed he himself was part of the reason Jesus died.

Gibson told the Associated Press, "I came to a difficult point in my life and meditating on Christ's sufferings, on his passion, got me through it." The Passion film and story are worth considering and discussing among friends of any faith or of no faith.

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7 Questions Skeptics Ask About the Validity of Christianity

Rusty Wright considers some common questions skeptics ask about our belief in Christianity. He shows us how to answer these questions from an informed biblical worldview.

Questions of Faith

Picture the scene. You're discussing your faith with a coworker or neighbor, perhaps over lunch or coffee. You explain your beliefs but your friend questions:

How could a loving God allow evil and suffering? The Bible

is full of contradictions. What about people who've never heard of Jesus?

How do you feel about these questions and objections? Anxious? Confused? Defensive? Combative?

Sensitively and appropriately answering questions that skeptics ask you can be an important part of helping them to consider Jesus. Peter told us, "In your hearts set apart Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect."[\[1\]](#) This series looks at seven common questions skeptics ask and gives you some pointers on how to respond. Consider first a story.

As the flight from Chicago to Dallas climbed in the sky, I became engrossed in conversation with the passenger to my left. "Aimee," a French businesswoman, asked me about my work. On learning I was a Christian communicator, she related that a professing Christian had signed a contract with her, attempted to lead her to Christ, then later deceitfully undercut her. "How could a Christian do such a thing?" she asked.

I told her that Christians weren't perfect, that some fail miserably, that many are honest and caring, but that it is Jesus we ultimately trust. Aimee asked question after question: "How can you believe the Bible?" "Why do Christians say there is only one way to God?" "How does one become a Christian?"

I tried to answer her concerns tactfully and explained the message of grace as clearly as I could. Stories I told of personal pain seemed to open her up to consider God's love for her. She did not come to Christ in that encounter, but she seemed to leave it with a new understanding.

Hurting people everywhere need God. Many are open to considering Him, but they often have questions they want answered before they are willing to accept Christ. As

Christian communicators seek to blend grace with truth,^{2} an increasing number of skeptics may give an ear and become seekers or believers.

As you interact with skeptics, compliment them where you can. Jesus complimented the skeptical Nathanael for his pursuit of truth.^{3} Listen to their concerns. Your listening ear speaks volumes. It may surprise you to learn that your attitude can be just as important as what you know.

Dealing with Objections

How do you deal with questions and objections to faith that your friends may pose?

When I was a skeptical student, my sometimes-relentless questions gave my Campus Crusade for Christ friends at Duke University plenty of practice! I wanted to know if Christianity was true. After trusting Christ as Savior, I still had questions.

Bob Prall, the local Campus Crusade director, took interest in me. At first his answers irritated me, but as I thought them through they began to make sense. For two years I followed him around campus, watching him interact. Today, as I am privileged to encounter inquisitive people around the globe, much of my speech and manner derive from my mentor.

Consider some guidelines. Pray for wisdom, for His love for inquirers^{4} and for your questioner's heart. If appropriate, briefly share the gospel first. The Holy Spirit may draw your friends to Christ. Don't push, though. It may be best to answer their questions first.

Some questions may be intellectual smokescreens. Once a Georgia Tech philosophy professor peppered me with questions, which I answered as best I could.

Then I asked him, "If I could answer all your questions to

your satisfaction, would you put your life in Jesus' hands?"
His reply: "[Expletive deleted] no!"

Okay. This first objection is one you might have heard:

1. It doesn't matter what you believe as long as you are sincere.

I once gave a speech arguing *for* this proposition. Later, I reconsidered. In the 1960s, many women took the drug thalidomide seeking easier pregnancies. Often they delivered deformed babies. Sincerely swallowing two white pills may cure your headache if the pills are aspirin. If they are roach poison, results may differ.

After discussing this point, a widely respected psychologist told me, "I guess a person could be sincere in what he or she believed, but be sincerely wrong." Ultimately faith is only as valid as its object. Jesus demonstrated by His life, death and resurrection that He is a worthy object for faith.[\[5\]](#)

Focus on Jesus. Bob Prall taught me to say, "I don't have answers to every question. But if my conclusion about Jesus is wrong, I have a bigger problem. What do I do with the evidence for His resurrection, His deity and the prophecies He fulfilled? And what do I do with changed lives, including my own?"

I don't have complete answers to every concern you will encounter, but in what follows I'll outline some short responses that might be useful.

The second question is:

2. Why is there evil and suffering?

Sigmund Freud called religion an illusion that humans invent to satisfy their security needs. To him, a benevolent, all-powerful God seemed incongruent with natural disasters and human evil.

God, though sovereign, gave us freedom to follow Him or to disobey Him. Oxford scholar C.S. Lewis estimated that eighty percent of human suffering stems from human choice. Lewis called pain “God’s megaphone” that alerts us to our need for Him.[{6}](#) This response does not answer all concerns (because God sometimes does intervene to thwart evil) but it suggests that the problem of evil is not as great an intellectual obstacle to belief as some imagine.

Pain’s emotional barrier to belief, however, remains formidable. When I see God, items on my long list of questions for Him will include a painful and unwanted divorce, betrayal by trusted coworkers, and all sorts of disappointing human behavior and natural disasters. Yet in Jesus’ life, death, and resurrection[{7}](#) I have seen enough to trust Him when He says He “causes all things to work together for good to those who love God.”[{8}](#)

3. What about those who never hear of Jesus?

Moses said, “The secret things belong to the LORD.”[{9}](#) Some issues may remain mysteries. God’s perfect love and justice far exceed our own. Whatever He decides will be loving and fair. One can make a case that God will make the necessary information available to someone who wants to know Him. An example: Cornelius, a devout military official. The New Testament records that God assigned Peter to tell him about Jesus.[{10}](#)

A friend once told me that many asking this question seek a personal loophole, a way so they won’t need to believe in Christ. That statement angered me, but it also described me. C.S. Lewis in *Mere Christianity* wrote, “If you are worried about the people outside [of faith in Christ], the most unreasonable thing you can do is to remain outside yourself.”[{11}](#) If Christianity is true, the most logical behavior for someone concerned about those without Christ’s message would be to trust Christ and go tell them about Him.

Here's a tip: When someone asks you a difficult question, if you don't know the answer, admit it. Many skeptics appreciate honesty. Don't bluff. It's dishonest and often detectable.

4. What about all the contradictions in the Bible?

Ask your questioner for specific examples of contradictions. Often people have none, but rely on hearsay. If there is a specific example, consider these guidelines as you respond.

Omission does not necessarily create contradiction. Luke, for example, writes of two angels at Jesus' tomb after the Resurrection.^{12} Matthew mentions "an angel."^{13} Is this a contradiction? If Matthew stated that only one angel was present, the accounts would be dissonant. As it stands, they can be harmonized.

Differing accounts aren't necessarily contradictory. Matthew and Luke, for example, differ in their accounts of Jesus' birth. Luke records Joseph and Mary starting in Nazareth, traveling to Bethlehem (Jesus' birthplace), and returning to Nazareth.^{14} Matthew starts with Jesus' birth in Bethlehem, relates the family's journey to Egypt to escape King Herod's rage, and recounts their travel to Nazareth after Herod's death.^{15} The Gospels never claim to be exhaustive records. Biographers must be selective. The accounts seem complementary, not contradictory.

Time precludes more complex examples here. But time and again, supposed biblical problems fade in light of logic, history, and archaeology. The Bible's track record under scrutiny argues for its trustworthiness.

5. Isn't Christianity just a psychological crutch?

My mentor Bob Prall has often said, "If Christianity is a psychological crutch, then Jesus Christ came because there was an epidemic of broken legs." Christianity claims to meet real human needs such as those for forgiveness, love, identity and

self-acceptance. We might describe Jesus not as a crutch but an iron lung, essential for life itself.

Christian faith and its benefits can be described in psychological terms but that does not negate its validity. "Does it work?" is not the same question as, "Is it true?" Evidence supports Christianity's truthfulness, so we would expect it to work in individual lives, as millions attest.

A caution as you answer questions: Don't offer "proof" but rather evidences for faith. "Proof" can imply an airtight case, which you don't have. Aim for certainty "beyond a reasonable doubt," just as an attorney might in court.

Don't quarrel. Lovingly and intelligently present evidence to willing listeners, not to win arguments but to share good news. Be kind and gentle.[{16}](#) Your life and friendship can communicate powerfully.

6. How can Jesus be the only way to God?

When I was in secondary school, a recent alumnus visited, saying he had found Christ at Harvard. I respected his character and tact and listened intently. But I could not stomach Jesus' claim that "I am the way, and the truth, and the life; no one comes to the Father but through Me."[{17}](#) That seemed way too narrow.

Two years later, my spiritual and intellectual journey had changed my view. The logic that drew me (reluctantly) to his position involves three questions:

- *If God exists, could there be only one way to reach Him?* To be open-minded, I had to admit this possibility.
- *Why consider Jesus as a candidate for that possible one way?* He claimed it. His plan of rescuing humans – "by grace...through faith...not...works"[{18}](#) was distinct from those requiring works, as many other religions do. These two kinds

of systems were mutually exclusive. Both could be false or either could be true, but both could not be true.

- *Was Jesus' plan true?* Historical evidence for His resurrection, fulfilled prophecy^{19} and deity, and for the reliability of the New Testament^{20} convinced me I could trust His words.

One more common objection:

7. I could never take the blind leap of faith that believing in Christ requires.

We exercise faith every day. Few of us comprehend everything about electricity or aerodynamics, but we have evidence of their validity. Whenever we use electric lights or airplanes, we exercise faith – not blind faith, but faith based on evidence. Christians act similarly. The evidence for Jesus is compelling, so one can trust Him on that basis.

As you respond to inquirers, realize that many barriers to faith are emotional rather than merely intellectual.

As a teenager, I nearly was expelled from secondary school for some problems I helped create. In my pain and anger I wondered, “Why would God allow this to happen?” I was mad at God! In retrospect, I realize I was blaming Him for my own bad choices. My personal anguish at the time kept me from seeing that.

Your questioners may be turned off because Christians haven't acted like Jesus. Maybe they're angry at God because of personal illness, a broken relationship, a loved one's death, or personal pain. Ask God for patience and love as you seek to blend grace with truth. He may use you to help skeptics become seekers and seekers become His children. I hope He does.

Notes

1. 1 Peter 3:15 NIV.

2. John 1:14.
3. John 1:45-47.
4. Romans 9:1-3; 10:1.
5. For useful discussions of evidences regarding Jesus, visit www.WhoIsJesus-Really.com.
6. C.S. Lewis, *The Problem of Pain* (New York: Macmillan, 1974), 89-103 ff. The Problem of Pain was first published in 1940.
7. A short summary of Resurrection evidences is at Rusty Wright and Linda Raney Wright, "Who's Got the Body?" 1976, www.probe.org/whos-got-the-body/.
8. Romans 8:28 NASB.
For more complete treatment of this subject, see Rick Rood, "The Problem of Evil," 1996, www.probe.org/the-problem-of-evil/; Dr. Ray Bohlin, "Where Was God on September 11?" 2002, www.probe.org/where-was-god-on-sept-11-the-problem-of-evil/.
9. Deuteronomy 29:29 NASB.
10. Acts 10.
11. C.S. Lewis, "The Case for Christianity," reprinted from *Mere Christianity*; in *The Best of C.S. Lewis* (Grand Rapids: Baker Book House, 1969), 449. The Case for Christianity is copyright 1947 by The Macmillan Company.
12. Luke 24:1-9.
13. Matthew 28:1-8.
14. Luke 1:26-2:40.
15. Matthew 1:18-2:23.
16. 2 Timothy 2:24-26.
17. John 14:6 NASB.
18. Ephesians 2:8-9 NASB.
19. A summary of some of the prophecies Jesus fulfilled is at Rusty Wright, "Are You Listening? Do You Hear What I Hear?" 2004, www.probe.org/are-you-listening-do-you-hear-what-i-hear/.
20. A summary of evidences for New Testament reliability is at Rusty Wright and Linda Raney Wright, "The New Testament: Can I Trust It?" 1976,

www.probe.org/the-new-testament-can-i-trust-it/.

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Animal House Revisited: Fraternity Fosters Faith

College fraternities don't always have the best reputations. Wild parties, hazing, elitism, substance abuse, gang rapes and more help perpetuate the Animal House image that the film of the same name portrayed. Parents – and many students – might wonder why any sane person ever would want to join.

Though the weaknesses of university Greek-letter societies are often what grab headlines, numerous national fraternities and sororities try hard to change both their image and substance. Believe it or not, many were founded to promote character development and strong cultural values and are seeking to return to their roots.

For example, my own fraternity, Lambda Chi Alpha, has a vision "...to prepare and encourage collegiate men of good character, high ethics, and noble ideals to contribute positively to the world in which they live." Lambda Chi's annual North American Food Drive has raised over 10.5 million pounds of food for the needy since 1993.

The liability crisis is one factor motivating "Greeks" to focus on character. In today's litigious society, a tragic injury or death can prompt lawsuits that could put them out of

business. Moderating local behavior helps perpetuate national survival.

But there is more going on here than mere survival. Often top leaders of national Greek organizations are deeply committed citizens who seek to live by and promote the principles their groups espouse.

Many Greek organizations were founded on biblical or quasi-biblical principles. Alpha Tau Omega (ATO) is one of the more prominent fraternities with over 240 active and inactive chapters and over 6,000 undergraduate members. ATO chief executive officer Wynn Smiley told me of his group's convictions.

It seems that ATO was founded in 1865 by a 19-year-old former Confederate soldier who wanted to promote brotherly love as a means of helping to reconcile North and South after the U.S. Civil War. The organization that young Otis Allan Glazebrook founded was not religious but sought to foster reconciliation and brotherhood based on the self-sacrifice and unconditional love demonstrated by Jesus.

Smiley and his colleagues emphasize these roots in their recruitment and educational development. "Jesus made the most radical statements on love," notes Smiley. An example: "You have heard that it was said, 'Love your neighbor and hate your enemy.' But I tell you: Love your enemies and pray for those who persecute you...."

Allen Wilson is ATO's Spiritual Leadership Consultant. Most chapters have chaplains and Wilson travels to help encourage spiritual development. ATO even has a devotional book with inspirational articles by alumni and others on practical themes like character, trust, humility, truth, servant leadership and persevering through disappointment.

Smiley readily admits that not every member or chapter exemplifies such values. But he points out that hidden

personal hurts – from family illness to depression – plus students' concerns for their own future, ethical dilemmas and faith raise questions that “brothers practicing brotherly love should help each other explore.” He says that “ATO is committed to talking about issues of faith” and to providing “a loving, trusting environment for brothers to explore, discuss, argue and perhaps even on occasion resolve questions.”

He is onto something significant here. Animal House, meet the competition.

Shark Victim Surfer Girl's Simple Faith

Bethany Hamilton looks like any fun-loving young American teenager—bright eyed, smiling, excited about what she enjoys doing. She's athletic, attractive, trim, tanned and blonde—qualities that in this culture can open many doors.

But Bethany faces a special challenge that many her age do not. She is missing her left arm just below the shoulder, lost to a shark attack while surfing in Hawaii in the fall of 2003. The 1,500-pound tiger shark also chomped a huge chunk from her surfboard. She's fortunate to be alive.

Bethany, who lives on Kauai, was the state's top-ranked female amateur surfer before the attack. Such a loss might seem devastating. *USA Today* reports that Bethany seems undismayed. Merely three months after the mishap, she was surfing competitively again. She aims to be among the world's best surfers.

Rather than hiding her left arm under clothing, she displays it in tank tops and calls it "Stumpy." When her prosthetic turned out to be too light in color to match her suntan, she nicknamed it Haole Girl, slang for a non-Hawaiian. She peels tangerines by holding them between her feet and using her right hand.

How to account for her bright spirits? Determination and dedication seem part of her makeup. But is there something more?

Her dad gives a clue. "She's not suffering," Tom Hamilton told the newspaper. "Somehow God gave Bethany an amazing amount of grace in this. I am in awe. She never says, 'Why me?'"

Bethany confirms her father's analysis: "This was God's plan for my life, and I'm going to go with it... I might not be here if I hadn't asked for God's help."

This surfer girl's simple faith astounds observers. She has become a media darling—with TV appearances on Oprah, 20/20 and Good Morning America. Book and movie offers have come. She threw out the first pitch for baseball's Oakland Athletics on opening day. Through it all, her family ties remain strong.

Her optimism echoes that of an early follower of Jesus, Paul, whose life-experience log included unjust imprisonments, beatings, stoning, shipwrecks and social ostracism. He was convinced that "God causes everything to work together for the good of those who love" Him.

Life can throw many curve balls: serious illness, accidents, terrorism, domestic strife, employment hassles, theft and more. Answers to "Why me?" and "What to do?" are often complex. Accompanying feelings of fear, confusion, grief or despair should not be ignored or minimized.

But perhaps a perspective that includes God in the picture can be a starting place for coping. Maybe the surfer girl's belief

and trust have something valuable to say to a society filled with pain and risk.

During a winter New York City media tour, Bethany spontaneously gave her ski jacket to a homeless girl sitting on a Times Square subway grate, then called off a shopping spree, citing her own material abundance.

Something very significant is happening in this young athlete's life. Watch for more.

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Cool Stuff About Love and Sex

Hey, kids. Want to read some cool stuff about love and sex that you might never hear from your folks? Hey, parents. Want to learn how to communicate with your kids about these important topics? Read on!

This article is also available in [Spanish](#).



Cool Stuff

Psst! Hey, kids! Want to hear some really cool stuff about love and sex that you might never hear from your parents? Listen up! (But . . . how about closing your ears for the next few seconds?)

Hey, parents! Want to learn how to talk to your kids about sex in a way they will understand and relate to? Keep listening. [\[1\]](#)

OK, kids. You can listen again.

“A fulfilling love life. How can I have one? How can I get the most out of sex?” University students worldwide ask these questions. As I’ve spoken on their campuses, I’ve tried to offer some practical principles because I believe both pleasure and emotional fulfillment are important facets of sex. These principles relate to teens, too. Teens of all ages.

Sex is often on our minds. According to two psychologists at the universities of Vermont and South Carolina, 95% of people think about sex at least once each day.^{2} You might wonder, “You mean that 5% of the people *don’t*?”

Why does sex exist? One of the main purposes of sex is pleasure. Consider what one wise man named Solomon wrote. Writing sometimes in “PG” (but not “R-rated”) terms, he said:

Drink water from your own cistern
And fresh water from your own well.
Should your springs be dispersed abroad,
Streams of water in the streets?
Let them be yours alone
And not for strangers with you.
Let your fountain be blessed,
And rejoice in the wife of your youth.
As a loving hind and a graceful doe,
Let her breasts satisfy you at all times;
Be exhilarated always with her love.^{3}

Solomon’s ancient love sonnet, the “Song of Solomon,” is one of the best sex manuals ever written. It traces the beauty of a sexual relationship in marriage and is an openly frank description of marital sexual intimacy. You might want to read it yourself. (Would it surprise you to know that it’s in the Bible? You can dog-ear the good parts.)

Another purpose of sex is to develop oneness or unity. Fifteen hundred years before Christ, Moses, the great Israeli liberator, wrote, “For this reason a man shall leave his

father and his mother, and be joined to his wife; and they shall become one flesh.”[\[4\]](#) When two people unite sexually, they “become one flesh.”

A third purpose for sex is procreation. That, of course, is how we all got here. You learn that in first year biology, right?

OK, so sex is for pleasure, unity, and procreation. But how can people get the most out of love and sex?

How to Have a Most Fulfilling Love Life

One way not to have a fulfilling love life in marriage is to concentrate solely on sexual technique. There is certainly nothing wrong with learning sexual technique—especially the basics—but technique by itself is not the answer.

The qualities that contribute to a successful sex life are the same ones that contribute to a successful interpersonal relationship. Qualities like love, commitment, and communication.

Consider love. As popular speaker and author Josh McDowell points out, those romantic words, “I love you,” can be interpreted several different ways. One meaning is “I love you *if*—If you go out with me . . . if you are lighthearted . . . if you sleep with me.” Another meaning is “I love you *because*—because you are attractive . . . strong . . . intelligent.” Both types of love must be earned.

The best kind of love is unconditional. It says, “I love you, *period*. I love you even if someone better looking comes along, even if you change, even if you have zoo breath in the morning. I place your needs above my own.”

One young engaged couple had popularity, intelligence, good looks, and athletic success that seemed to portend a bright future. Then the young woman suffered a skiing accident that

left her paralyzed for life. Her fiancé deserted her.

This true story—portrayed in the popular film, “The Other Side of the Mountain”—was certainly complex. But was his love for her “love, period”? Or was it love “if” or love “because”? Unconditional love (or “less-conditional”, because none of us is perfect) is an essential building block for a lasting relationship.

Unconditional love with caring and acceptance can help a sexual relationship in a marriage. Sex, viewed in this manner, becomes not a self-centered performance but a significant expression of mutual love.

Commitment is also important for a strong relationship and fulfilling sex. Without mutual commitment, neither spouse will be able to have the maximum confidence that the relationship is secure.

Good communication is essential. If a problem arises, couples need to talk it out and forgive rather than stew in their juices. As one sociology professor expressed it, “Sexual foreplay involves the 'round-the-clock relationship.'”[\[5\]](#)

Why Wait?

After I’d spoken in a human sexuality class at Arizona State University, one student said, “You’re talking about sex within marriage. What about premarital sex?” He was right. I was saying that sexual intercourse is designed to work best in a happy marriage and recommending waiting until marriage before experiencing sex.

This view is, of course, very controversial. You may agree with me. Or you may think I am from another planet, and I respect your right to feel that way. Here’s why I waited.

First is a moral reason. According to the perspective I

represent, the biblical God clearly says to wait.[{6}](#) Some people think that God wants to make them miserable. Actually, He loves us and wants our best. There are practical reasons for waiting.

Premarital sex can detract from a strong relationship and a fulfilling love life. Too often, it's merely a self-gratifying experience. After an intimate sexual encounter, one partner might be saying, "I love you" while the other is thinking, "I love it."

Very often premarital sex lacks total, permanent commitment. This can create insecurity. For instance, while the couple is unmarried, the nagging thought can persist, "If he or she has slept with me, whom else have they slept with?" After they marry, one might think, "If they were willing to break a standard with me before we married, will they with someone else after we marry?" Doubt can chip away at their relationship.

Premarital sex can also inhibit communication. Each might wonder, "How do I compare with my lover's other partners? Does he or she tell them how I perform in bed?" Each may become less open; communication can deteriorate and so can the relationship. Premarital sex can lessen people's chances to experience maximum oneness and pleasure. I'm not claiming that premarital sex eliminates your chances for great sex in marriage. But I am saying that it can introduce factors that can be difficult to overcome.

A recently married young woman told me her perspective after a lecture at Sydney University in Australia. She said, "I really like what you said about waiting. My fiancé and I had to make the decision and we decided to wait." (Each had been sexually active in other previous relationships.) She continued: "With all the other tensions, decisions and stress of engagement, sex would have been just another worry. Waiting 'till our marriage before we had sex was the best decision we ever

made.”

Wise words. I waited because God said to, because there were many practical advantages, and because none of the arguments I heard for not waiting were strong enough.{7}

The Vital Dimension

So far we’ve looked at “Why sex?”, “How to have a most fulfilling love life,” and “Why wait?”. Consider now the vital dimension in any relationship.

Powerful emotional factors can make it difficult for teens to wait until marriage for sexual intercourse or to stop having sex. A longing to be close to someone or a yearning to express love can generate intense desires for physical intimacy. Many singles today want to wait but lack the inner strength or self esteem. They may fear losing love if they postpone sex.

Often sex brings emptiness rather than the wholeness people seek through it. As one TV producer told me, “Frankly, I think the sexual revolution has backfired in our faces. It’s degrading to be treated like a piece of meat.” The previous night her lover had justified his decision to sleep around by telling her, “There’s plenty of me for everyone.” What I suspect he meant was, “There’s plenty of everyone for me.” She felt betrayed and alone.

I explained to her and to her TV audience that sexuality also involves the spiritual. One wise spiritual teacher understood our loneliness and longings for love. He recognized human emotional needs for esteem, acceptance, and wholeness and offered a plan to meet them. His plan has helped people to become brand “new persons” inside.{8} He promised unconditional love to all who ask.{9} Once we know we’re loved and accepted, we can have greater security to be vulnerable in relationships and new inner strength to make wise choices for safe living.{10}

This teacher said, “You will know the truth, and the truth will make you free.”[{11}](#) Millions attest to the safety and security He can provide in relationships. His name, of course, is Jesus of Nazareth. Though I had been a skeptic, I placed my faith in Him personally my freshman year in college. Through a simple heart attitude, I said, “Jesus, I believe you died and rose again for me. I ask you to enter my life, forgive me, and give me the new life you promised.” He forgave all my flaws—and there were (and are) many of those. He said His own death and resurrection—once I accepted His pardon—erased my guilt.[{12}](#) That was great news!

Marriage with Jesus involved can be like triangle with God at the apex and the two spouses at the bottom corners. As each partner grows closer to God, they also grow closer to each other. Life doesn’t become perfect, but God’s friendship can bring a vital dimension to any relationship.

Parents and Kids

A nationwide survey of teens asked the question, “When it comes to your decisions about sex, who is most influential?” Forty-nine percent of teens responding said it was their parents. The next closest response was “Friends” (16 percent). Eleven percent said the media influenced their decisions about sex the most. Only 5 percent said it was their romantic partner.[{13}](#) Kids, lots of your peers think that it is important to consider how their parents feel about sex.

And teens feel that talking with their parents about sex can make important sexual decisions easier. In a subsequent national survey, teens overwhelmingly expressed that they could more easily postpone sexual activity and avoid getting pregnant if they could only talk about these matters more openly with their folks.[{14}](#)

But there’s a problem. Too many parents are unaware how important what they think about sex is to their teens. Parents

often think that their teenagers' friends are the strongest influence on their teen's decisions about sex. Yet teens don't consider their friends as being nearly as influential as parents think they are.[{15}](#)

And mom, you are really, really important!

A major report based on two University of Minnesota studies involving national data found that teens having close relationships with their mothers are more likely than teens lacking close relationships with their mothers to delay first intercourse. The report authors note, "previous studies have shown that mothers tend to have a greater influence than fathers on teens' sexual decision-making."[{16}](#)

What can a parent do to help their teens develop positive, healthy sexual attitudes and behavior? Here are some ideas:

- Develop close, loving relationships with your kids from the time they are young.
- Model the types of behavior and attitudes you wish them to emulate.
- Listen to them and treat them with respect.
- Talk about sex, your own values, and why you hold them.
- Help your teen think through their life goals, including education, and how teenage sexual activity might affect their dreams.
- Discuss what types of media are appropriate for your son or daughter to consume.

Making sexual decisions can be hard for teens today. Parents and teens can help each other by becoming close friends and by communicating. It's not always easy, but the rewards can be significant.

Notes

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Our Cheatin' Hearts (Radio Version)

From classroom to boardroom, from sports to shoplifting, people try to get something that's not rightfully theirs. What are the roots of dishonesty? Why do people cheat? How does cheating impact society? Is there a solution? Rusty Wright considers cheating.



This article is also available in [Spanish](#).

Cheating Ways

Cheating is rampant these days. Just ask the nation's retailers, educators, and investors. From classroom to boardroom, from filling stations to airplanes, folks everywhere are trying to get something that's not rightfully theirs.

The *Wall Street Journal* has reported a rash of petty personal cheating ranging from zipping through turnpike tollbooths without paying to pocketing restaurant silverware.[\[1\]](#)

One Los Angeles network television employee described the rush

he felt from sneaking into an airline First Class seat from his coach section. "It was exhilarating," he explained of his stealth upgrade. "I felt like I robbed a bank."

A Las Vegas restaurant lost \$10,000 in pilfered ashtrays during its first two weeks of operation. A New Jersey engineer refuses to pay automated tolls on the Garden State Parkway because he feels the toll plazas are poorly designed and irritating. The state established a bad system, he reasons, so "you have to abuse it." Convenience stores report massive losses from "pump-and-flee" customers who fill their gas tanks and take off without paying.

A Knoxville-based theater chain watches for discount cheaters who purchase pay-by-phone automated tickets at undeserved senior discounts and hope ticket takers won't notice. Shoppers buy party dresses and power tools, use them, and return them for refunds. A California bookseller laments the customers who try for full-price refunds on books they've purchased from discount outlets. "You want to send them to Miss Manners," she says.[{2}](#)

Prominent sports figures have been flagged for un-citizen-like conduct. George O'Leary lost the head football coaching job at Notre Dame within a week of his hiring for padding his résumé. U.S. Olympic Committee president Sandra Baldwin resigned after confessing lies about her academic background.[{3}](#)

Golfers not only adjust the lay of the ball. Some duck pricey greens fees by sneaking onto the course.

I know something about golf ethics. My childhood Miami home bordered a golf course. Occasionally, stray balls landed in our back yard. Neighborhood kids decided a ball was fair game only after the golfer had walked by without retrieving it. But it was entirely ethical, we determined, to cover the ball with a large almond leaf until the golfer passed.

What are the roots of dishonesty? Why do people cheat? How

does cheating impact society? Is there a solution, and what is it? This article explores these themes.

Campus Cheating

What part does education play in cheating? Duke University president Nannerl Keohane says that 45 percent of Duke students have cheated at least once during college. *US News and World Report* quoted one Duke student who plagiarized an assignment: "It's not a big deal because it's just a mindless assignment. It's not a final or a midterm."[\[4\]](#)

The Center for Academic Integrity reports that:[\[5\]](#)

- On most university campuses more than 75 percent of students admit to some cheating.
- About one-third of students in one nationwide survey admitted to "serious test cheating."
- Half of the students in that survey admitted to "one or more instances of serious cheating on written assignments."

The Internet expands choices and convenience. Web access and a credit card can buy ready-made term papers or customized writing. Cybercheating can backfire though. Special computer searches sometimes allow suspicious professors to discover the original sources in only minutes.[\[6\]](#)

Cheating is bad enough when students do it to boost their academic standing. It's a mess when teachers and administrators orchestrate it. So-called "high-stakes testing" has tempted some educators to cheat to retain their jobs, earn merit pay or even preserve their schools. Some states base financial allocations on school test scores. Administrators anxious over funding cuts prompt teachers to provide, shall we say, inappropriate assistance.

New York City teacher Stacey Moscovitz gave her students answers to tests, raising their scores and the school's

academic ranking. She says the school principal encouraged the practice. Later, Moscowitz felt she had betrayed her kids. Students needing remedial help did not qualify for it due to their artificially high test scores.

Moscowitz blew the whistle, prompting an investigation by Edward Stancik, the New York City School District independent investigator. Stancik found fifty-two educators implicated in thirty-two schools. Among the methods he uncovered was the “scrap paper” method: Students took the exam on scrap paper, a teacher corrected the answers, then the answers went onto the standardized answer sheets, so as not to reflect erasures. In the “group testing” method, students called out the answers, the group agreed on the correct answer, and everyone filled it in. [\[7\]](#)

Cheating in school might seem fairly harmless to some. Lots of people do it. But what happens when corporate leaders cheat?

Corporate Cheaters

Corporate cheating has had devastating effects. U.S. corporate scandals have seen thousands of employees lose their jobs while stocks plummet and corporate executives are led off in handcuffs. Enron, WorldCom, Arthur Anderson, AOL Time Warner, Adelphia, Xerox . . . sometimes the patterns of financial scandals can be confusing.

Consider a simple illustration. Suppose you want your local bank to lend you money so you can purchase your dream house. The bank views you as a means for them to make money. They want to assess their risk of investing in you to be sure you can pay them back faithfully and with interest. So they check your credit, income, assets and liabilities, and get you to fill out lots of forms.

Suppose you deceive the bank into believing that your financial status is better than it really is. You lie about

your income and indebtedness. They believe you and lend you the funds. You buy your castle, then can't make the payments. You default on the loan, declare bankruptcy, and the bank loses its money.

That's a snapshot of just one type of scandal plaguing corporate America. Corporations that cook the books look like better investments than they really are. Investors buy their stock, driving the price up and enriching leaders who profit personally from stock gains. When irregularities are exposed, companies restate their actual earnings and indebtedness and lay off employees. Investors, realizing they've been hoodwinked, sell their stock. Stock prices plummet. Investors question the sincerity of other corporations and are reluctant to buy. The market system falters.

Federal Reserve Chairman Alan Greenspan summarized for Congress corruption's impact on the nation: "Fraud is theft. . . . It is indistinguishable from going into a bank and stealing something. . . . Our free market capitalist system cannot function in an environment in which fraud and misrepresentation are critical elements, because trust is so essential to making that system work."[\[8\]](#)

Corrupt CEOs wielded power similar to economic "weapons of mass destruction," said University of Minnesota accounting professor Brian Shapiro.[\[9\]](#) Consumer advocate Ralph Nader called it "greed on steroids."[\[10\]](#)

Moses, the great liberator of ancient Israel, once received some counsel on leadership from his father-in-law, who advised him to pick able leaders who "fear God" and "hate dishonest gain."[\[11\]](#) Not bad advice. As national scandals have shown, to do otherwise can be disastrous.

Cheating's Costs

Epidemic cheating has serious costs. Whom can you trust?

TIME magazine compared what executives of seven troubled companies received (in stock sales and severance) with what their shareholders got.{12} Adelphia's John Rigas gained \$4.2 million in severance. When Adelphia filed for bankruptcy, its stock was worth 14 cents, a decline of over 99 percent in about a year. Enron's Jeffrey Skilling made \$78 million in stock sales over a two-year period. Shareholders got a bankrupt company.

Have your medical insurance premiums been rising? Some of the increase may be offsetting corruption losses. Big names in healthcare like Columbia/HCA, National Health Laboratories, and GlaxoSmithKline have paid millions in fines to settle billing or fraud charges or investigations. While corporate accounting scandals may seem complex, much of the healthcare crisis involves outright theft such as overcharging for hospital care. This profitable game has even drawn drug criminals and the Russian mafia. Some have called the healthcare industry terminally ill.{13}

The African Union claims "corruption costs Africa almost \$150 billion a year." That's about one quarter of the continent's gross domestic product.{14} One Nigerian doctor told me bribery had become so commonplace in his country that corporations were including bribery allowances in staff budgets. They called it "public relations." Problems arose when employees began pocketing the "public relations" money instead of using it for bribes.

Identity thieves use computers to snoop. The biggest identity theft in U.S. history garnered information on 30,000 people. Thieves used pilfered data to siphon bank accounts and tap credit card accounts. The prosecutor described the situation as "every American's worst financial nightmare multiplied tens of thousands of times."{15}

Cheating that may begin in school can have disastrous results in society. Duke's president Keohane aptly summarizes: " (A)n

education that involves cheating instead of learning . . . is no education at all. . . . (I)n the real world, when you set out to build a bridge or craft a legal document or begin brain surgery, just knowing what the result is supposed to be is of mighty little use in making it happen; pity the poor patients and clients!"[\[16\]](#)

Why do people cheat, and what is the solution?

The Psychology of Cheating

Why do people cheat? Some seek the thrill of beating the system. Others want to make ends meet, protest high prices or achieve difficult—perhaps unattainable—standards.

Actress Winona Ryder's shoplifting conviction prompted questions about why a wealthy person would steal items they could easily afford. Often anxiety or depression accompanies kleptomania. The rush of theft may assuage deep emotional pain. Young shoplifters have stolen on dares from their peers.[\[17\]](#)

Desires for approval, advancement, avoiding embarrassment—all influence self-esteem. People sometimes take foolish risks to feel good about themselves.

Self-centeredness and lax standards seem obvious roots of dishonesty. The Securities and Exchange Commission began requiring CEO's of major companies to personally affirm "in writing, under oath and for publication " that their corporate reports are "complete and accurate."[\[18\]](#)

Restructuring business relationships to avoid conflicts of interest could reduce temptation. Stiff penalties—suspension, expulsion, prosecution—may help slow moral hemorrhaging. Strong role models, peer support, and ethical codes are significant.

Ultimately, honesty is an individual matter. Alan Greenspan

told Congress of “an infectious greed” that influenced corporate scandals. “Greed is not an issue of business,” he emphasized, “it’s an issue of human beings.”[\[19\]](#)

My sophomore year in college, I swiped a plastic bucket from behind the lectern in the psychology lecture hall. It had been there every day during the semester. “No one wants it,” I convinced myself. “It deserves to be taken.” I used it to wash my car.

Two years later, I encountered a statement by an early follower of Jesus: “If we confess our sins to him, he (God) is faithful and just to forgive us and to cleanse us from every wrong.”[\[20\]](#) I not only needed to admit my theft to God. I needed to make restitution.

My booty long since lost, I purchased a new bucket and carried it sheepishly across campus one afternoon. Finding no one in the psychology building to confess to, I left the bucket in a broom closet with a note of explanation. Maybe a janitor read it. My conscience was clear.

Solid spiritual commitment can help develop inner strength to resist temptation and act honorably. It can provide reasonable standards for civil society. And it can bring forgiveness and power to rebound from personal failure.

This article is adapted with permission from Rusty Wright, “Our Cheatin’ Hearts,” *The Plain Truth*, September/October 2003, pp. 6-10.

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Athlete Ranks New Life Greater Than Olympic Gold

Suppose you had a chance to win a medal at the Athens Olympics. Could anything make you turn it down?

Olympic success can bring fame, lifetime honor and lucrative endorsement contracts. Olympic games usually bring many inspiring stories of victory through determination and achievement despite adversity. Stars are born and careers receive quantum boosts.

Consider British hurdler Tasha Danvers-Smith. She has been ranked sixth in the world in her event. Her Olympic prospects looked bright.

But her ticket to the Athens track was never punched. It wasn't injury or defeat that kept her from competing in the games. It was her personal choice.

Tasha Danvers married her coach, Darrell Smith, in November 2003. In early 2004, she was in excellent physical shape and keenly focused on her training. Then, as she told the

Telegraph newspaper, she felt tired all the time, feeling flat for no reason.

In the spring, a home pregnancy test showed positive and she learned she was nine weeks pregnant. "I was in shock, reports Danvers-Smith. I only took the test because I wanted to stop myself worrying about it. Not for one minute did I think it would be positive. The couple had not planned to start a family until after the Olympics.

Having a baby in December would eliminate her chances of competing in Athens in August. It would increase their expenses and mean lean times. They did not own a home and were living with her husband's parents. She – through her athletic competition – was the main source of income.

As she put it, When my body is my business, then if my body is not functioning, there is no business.

Feeling devastated, the couple considered an abortion. It would seem a simple solution to an inconvenient problem, a comparatively easy way to eliminate an obstacle to the success and recognition she sought.

The thought [of an abortion] did cross our minds as an option," recalls Danvers-Smith. But this line from the Scriptures kept coming into my head: 'For what shall it profit a man, if he shall gain the whole world and lose his own soul?

She tried to convince herself that she should terminate her pregnancy but struggled through her tears with an alternative she could not accept: "For me, the whole wide world was the Olympics. At the same time, I felt I would be losing my soul. It just wouldn't fit well. It would be a forced decision . . . something that wasn't going to make me happy at all.

Aiming now for the 2008 games, she seems happy with her choice and philosophical about her mixed metaphor situation: Life throws you curve balls and you just have to roll with the

punches.”

Abortion is, of course, one of today’s most controversial issues. But regardless of one’s views on this emotionally explosive topic, it seems appropriate to admire the dedication of a woman who wrestled with an agonizing decision and made her choice to bear her child and postpone possible future glory and fortune.

Regardless of what success eventually comes her way, might that choice become Danvers-Smith’s lifetime golden moment?

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The Psychology of Prisoner Abuse

Those Awful Pictures

Do you remember how you felt as the Iraq prisoner abuse scandal began to unfold in spring 2004? Maybe you saw the disturbing pictures when they were first aired on CBS television’s *60 Minutes II*. Soon they were transmitted around the globe. They greeted you on the front page of your morning newspaper and on the evening news. The stream seemed endless.

You saw naked Iraqi prisoners in various stages of humiliation: hooded, naked men stacked in a pyramid; others

lying on the floor or secured to a bed; one in a smock standing on a box with his arms outstretched and wires attached to him. In some of the photos, male and female American soldiers grinned and pointed. In one picture, a female soldier stood holding a leash around the neck of a naked male prisoner. In others, soldiers grinned over what appeared to be a corpse packed in ice.

What feelings did you experience? Shock? Anger? Rage? Disgust? Maybe you felt embarrassed or ashamed. "How could they do such degrading things to other human beings?" you might have wondered. Perhaps you feared how the growing storm might affect the life of your friend or family member serving in Iraq. Or wrestled with how to explain the abuse to your children.

Finger pointing began almost as soon as the story broke. High-ranking military and government officials announced that these were aberrations carried out by a few unprincipled prison guards. Accused military police claimed they were merely following orders of military intelligence officials to soften prisoners up for interrogation. Others insisted soldiers had a moral obligation to disobey orders to do wrong. The accused countered that the harsh techniques were in place before they arrived for duty at the prison. Ethical arguments surfaced that the war on terror demanded tough methods to help prevent another 9/11.

What factors prompt people to abuse others in such degrading ways? What goes on inside the minds of the abusers? Are there special social forces at work? While this article won't attempt to analyze specific cases in the Iraq prison scandal, it will consider some fascinating psychological experiments that reveal clues to the roots of such behavior. The results -- and their implications -- may disturb you. A biblical perspective will also offer some insight.

The Stanford Prison Experiment

CBS News correspondent Andy Rooney said the Iraq prisoner abuse is “a black mark that will be in the history books in a hundred languages for as long as there are history books.”{1}

Stanford University psychologist Philip Zimbardo was not surprised by the Abu Ghraib prison abuse. He had observed similar behavior in his famous 1971 experiment involving a mock prison in the basement of the Stanford psychology building.{2} The experiment showed that otherwise normal people can behave in surprisingly outrageous ways.

Zimbardo and his colleagues selected twenty-four young men considered from interviews and psychological tests to be normal and healthy. Volunteers were randomly assigned to be either “prisoners” or “guards.” Guards wore uniforms and were told to maintain control of the prison and not to use violence.

On the second day, prisoners rebelled, asserting their independence with barricades, taunting and cursing. Guards suppressed the rebellion. Zimbardo reports that the guards then “steadily increased their coercive aggression tactics, humiliation and dehumanization of the prisoners.”{3} He says the worst abuse came at night when guards thought no psychology staff were observing.{4} Zimbardo remembers that the guards “began to use the prisoners as playthings for their amusement... They would get them to simulate sodomy. They also stripped prisoners naked for various offenses and put them in solitary for excessive periods.”{5} They dressed them in smocks, chained them together at the ankles, blindfolded them with paper bags on their heads, and herded them along in a group.{6} Sound familiar?

It was Berkeley professor Christina Maslach, Zimbardo’s then romantic interest whom he later married, who jolted him back to reality. On Day Five, she entered the prison to preview the experiment in preparation for some subject interviews she had agreed to conduct the next day. Shocked by what she saw, she

challenged Zimbardo's ethics later that evening – screaming and yelling in quite a fight, she recalls. That night, Zimbardo decided to halt the experiment.{7}

Zimbardo feels that prisons are ripe for abuse without firm measures to check guards' lower impulses.{8} He recommends "clear rules, a staff that is well trained in those rules and tight management that includes punishment for violations." {9}

An old Jewish proverb says, "Like a roaring lion or a charging bear is a wicked man ruling over a helpless people." {10} Unfettered prison officials -- or most anyone -- can yield to their baser natures when tempted by power inequalities.

The Perils of Obedience

What about those who say they were only obeying authority? How far will people go to inflict harm under orders? In the 1960s, Yale psychologist Stanley Milgram conducted classic experiments on obedience.{11} (Ironically, Milgram and Stanford psychologist Philip Zimbardo were high school classmates.{12})

At Yale, Milgram set up a series of experiments "to test how much pain an ordinary citizen would inflict on another person simply because he was ordered to by an experimental scientist." He writes, "Stark authority was pitted against the subjects' strongest moral imperatives against hurting others, and, with the subjects' ears ringing with the screams of the victims, authority won more often than not." {13}

Milgram's basic design involved a volunteer "teacher" and a "learner." The learner was actually an actor who was in on the deception. The learner was strapped to "a kind of miniature electric chair" with an electrode on his wrist. The teacher sat before an impressive-looking "shock generator " with switches indicating voltages from 15-450 volts.{14}

The teacher asked test questions of the learner and was

instructed to administer increasingly large shocks for each incorrect answer. (You say you've known some teachers like that?) The machine here was a fake -- no learner received shocks -- but the teacher thought it was real.

In the initial experiment, over 60 percent of teachers obeyed the experimenter's orders to the end and punished the victim with the maximum 450 volts. Milgram found similarly disturbing levels of obedience across various socioeconomic levels. His conclusions after hundreds of experiments were chilling:

...Ordinary people, simply doing their jobs, and without any particular hostility on their part, can become agents in a terrible destructive process. Moreover, even when the destructive effects of their work become patently clear, and they are asked to carry out actions incompatible with fundamental standards of morality, relatively few people have the resources needed to resist authority.[{15}](#)

Why did they obey? Milgram offers several possibilities. Fears of appearing rude, desires to please an authority, aspirations to do one's best, and lack of direct accountability can all cloud judgment. But could there be something deeper, something in human nature that influences abuse? A famous novel illustrates how the dark side of human nature can affect group behavior.

Lord of the Flies

Prisoner abuse shows what can happen when power inequalities and inappropriate devotion to authority distort one's moral compass. Nobel laureate William Golding's short novel, *Lord of the Flies*,[{16}](#) illustrates through a fictional story how similar flaws can manifest in society. A film version of the book helped inspire the popular television series *Survivor*.[{17}](#)

Lord of the Flies opens on a remote, uninhabited island on

which some British schoolboys, ages six to twelve, find themselves after an airplane crash. An atomic war has begun, and apparently the plane was evacuating the boys when it was shot down. The island has fresh water, fruit, and other food. The setting seems idyllic. Best of all, the boys discover, there are no grownups (the plane and its crew presumably have washed into the sea).

Four central characters soon emerge. Ralph is elected leader. Piggy, an overweight asthmatic and champion of reason, becomes Ralph's friend. Simon is a quiet lad with keen discernment. Jack becomes a hunter.

At first, the boys get along without much conflict. Soon, though, fears envelop them, and they debate whether an evil beast might inhabit the island. Jack and his followers kill a wild pig and, in frenzied blood lust, dance to chants of "*Kill the pig! Cut her throat! Bash her in!*"[{18}](#) When Ralph criticizes Jack for breaking some tribal rules, Jack replies, "Who cares?" His hunting prowess will rule.[{19}](#)

One night, some boys see a dead parachutist, which they mistake for the "evil beast" and flee. Jack posts a pig's head onto a stick in the ground as a gift for the beast. The decaying, fly-covered pig's head soon becomes for Simon the "Lord of the Flies," a sort of personification of evil.[{20}](#) Later, Simon discovers that the feared "beast" is only a human corpse. Running to tell the group this good news, he encounters their mock pig-killing ritual. The crazed boys attack Simon and kill him. Nearly all the boys follow Jack and, acting like savages with painted bodies and spears, kill Piggy and hunt down Ralph. Only the surprise appearance of a British naval officer, drawn by the smoke from a fire, halts the mad pursuit. Ralph and the boys dissolve in tears. Ralph weeps, as Golding writes, "for the end of innocence, the darkness of man's heart..."[{21}](#)

Lord of the Flies is filled with symbolism, both biblical and

from Greek tragedy. But Golding's stated purpose was "to trace the defects of society back to the defects of human nature."[{22}](#) Could his point that darkness lurks in the human heart help explain the prisoner abuse?

Animal House Meets Lord of the Flies

Prisoner abuse is a sad reality in the U.S. and abroad.[{23}](#) The Iraq prisoner abuse scandal smacks of fraternity hazing on steroids, *Animal House* meets *Lord of the Flies*. Consider from this sad episode some lessons for both prison reform and society in general:

- *Establish clear rules for prison staff; train them well and punish them for violations*, as Stanford psychologist Philip Zimbardo recommends.
- *Educate against blind conformity*. Some of Milgram's experimental subjects found the strength to resist abusive authority.[{24}](#) Some psychologists feel that strong moral values and experience with conformity can strengthen moral courage.[{25}](#)
- *Involve external observers and critics*. Often outsiders, not emotionally swept up in a project or event, can through their psychological distance more clearly assess ethical issues. For example, Christina Maslach, Philip Zimbardo's friend and colleague who challenged the ethics of his prison experiment, credits her late arrival on the scene with facilitating her concern. The experimenters who had planned and had been conducting the experiment for five days were less likely to be startled by the developing misconduct, she maintained.[{26}](#)
- *Realistically appraise human nature's dark side*. Again, Golding said *Lord of the Flies* was "an attempt to trace the defects of society back to the defects of human nature."[{27}](#) Jesus of Nazareth was, of course, quite clear on this point. He said, "From within, out of a

person's heart, come evil thoughts, sexual immorality, theft, murder, adultery, greed, wickedness, deceit, eagerness for lustful pleasure, envy, slander, pride, and foolishness. All these vile things come from within..."{28}

Some dismiss as simplistic any analyses of human suffering that begin with alleged defects in human nature. They would rather focus on changing social structures and political systems. While many structures and political systems need changing, may I suggest that a careful analysis of the human heart is not simplistic? Rather it is fundamental.

Perhaps that's why Paul, a leader who agreed with Jesus' assessment of human nature,{29} focused on changing hearts. Paul was a former persecutor of Jesus' followers who zealously imprisoned them{30} but later joined them and became a prisoner himself.{31} Paul eventually claimed that when people place their faith in Jesus as he had, they "become new persons. They are not the same anymore, for the old life is gone. A new life has begun!"{32} Could this diagnosis and prescription have something to say to us amidst today's prisoner abuse scandals?

Notes

1. Andy Rooney, "Our Darkest Days are Here," CBS 60 Minutes, May 23, 2004, <http://www.cbsnews.com/stories/2004/05/20/60minutes/rooney/main618783.shtml>.

2. Kathleen O'Toole, "The Stanford Prison Experiment: Still powerful after all these years," Stanford University News Service, January 8, 1997, <http://www.stanford.edu/dept/news/pr/97/970108prisonexp.html>. A slideshow presentation of the experiment is at www.prisonexp.org. See also W. Lawrence Neuman, *Social Research Methods: Qualitative and Quantitative Approaches*,

Third Edition (Boston: Allyn and Bacon, 1997), 447; Claudia Wallis, "Why Did They Do It?" TIME.com, posted May 9, 2004 (from *TIME* magazine, cover date May 17, 2004), <http://www.time.com/time/covers/1101040517/wtorturers.html>; John Schwartz, "Simulated Prison in '71 Showed a Fine Line Between 'Normal' and 'Monster'," *New York Times*, May 6, 2004, <http://www.nytimes.com/2004/05/06/international/middleeast/06PSYC.html?pagewanted=print&position=>.

3. O'Toole, loc. cit.

4. Ibid.

5. Wallis, loc. cit.

6. O'Toole, loc. cit.

7. Ibid.

8. Schwartz, loc. cit.

9. Wallis, loc. cit. The words are Wallis'.

10. Proverbs 28:15 NIV.

11. Stanley Milgram, "The Perils of Obedience," *Harper's*, December 1973, 62-66, 75-77. (The article is adapted from Milgram's book, *Obedience to Authority* [Harper and Row, 1974]). See also Neuman, loc. cit.; O'Toole, loc. cit.; Schwartz, loc. cit.; Wallis, loc. cit.; Anahad O'Connor, "Pressure to Go Along With Abuse Is Strong, but Some Soldiers Find Strength to Refuse," *New York Times*, May 14, 2004, <http://www.nytimes.com/2004/05/14/international/14RESI.html?ei=5059&en=854c94250243f62d&ex=1084593600&partner=AOL&pagewanted=print&position=>.

12. O'Toole, loc. cit.

13. Milgram 1973, op. cit., 62.

14. Ibid., 62-63.

15. Ibid., 75- 76.

16. William Golding, *Lord of the Flies* (New York: Perigee, 1988). This "Casebook Edition" includes the 1954 novel plus notes and criticism edited by James R. Baker and Arthur P. Ziegler, Jr.

17.

<http://www.cbs.com/primetime/survivor8/show/episode14/s8story3.shtml>.

18. Golding, op. cit., 69; emphasis Golding's.

19. Ibid., 84.

20. Many have noted that the phrase "lord of the flies" translates the word "Beelzebub." See, for instance, E.L. Epstein, "Notes on Lord of the Flies," in Golding, op. cit., 279: "'The lord of the flies' is, of course, a translation of the Hebrew Ba'alzevuv (Beelzebub in Greek) which means literally 'lord of insects.'" Theologian Louis A. Barbieri, Jr., commenting on Matthew 10:24 ff. says, "Beelzebub (the Gr. has Beezeboul) was a name for Satan, the prince of the demons, perhaps derived from Baal-Zebub, god of the Philistine city of Ekron (2 Kings 1:2). 'Beelzebub' means 'lord of the flies,' and 'Beezeboul' or 'Beelzeboul' means 'lord of the high place.'" (In "Matthew," John F. Walvoord and Roy B. Zuck, *The Bible Knowledge Commentary* [Wheaton, Illinois: Scripture Press Publications, Inc., 1983, 1985], Logos Research Systems digital version.) Biblical references to Beelzebub include Matthew 12:24, 27; Mark 3:22; Luke 11:15, 18, 19. In a 1962 interview, Golding himself referred to "the pig's head on the stick" as "Beelzebub, or Satan, the devil, whatever you'd like to call it...." (James Keating, "Interview with William Golding," in Golding, op. cit., 192.)

21. Golding, op. cit., 186-187.

22. Epstein, op. cit., 277-278. The words are Golding's.
23. For example, see "Missouri 'Rain' Leads to Toilet Duty," *Inside Journal: The Hometown Newspaper of America's Prisoners*, 14:7, November/December 2003, 5. Inside Journal publisher Prison Fellowship, www.pfm.org, and its affiliates seek to help rehabilitate prisoners and promote restorative justice.
24. Milgram 1973, op. cit., 63-64.
25. O'Connor, loc. cit.
26. O'Toole, loc. cit.
27. Epstein, loc. cit.
28. Mark 7:21-23 NLT.
29. For detailed information on Jesus and evidence to support His claims, see www.WhoIsJesus-Really.com.
30. Acts 8:3; 22:3-5 ff.
31. E.g., Acts 16:19-40.
32. 2 Corinthians 5:17 NLT.

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Fear and Its Remedies

All set for the next terrorist attack? Got your biohazard suit? How 'bout your gas mask, radiation detector and potassium iodide pills? A new store opened in Manhattan recently, only a few blocks from Ground Zero. "Safer America" markets personal safety products for a post-9/11 world.

Work in a high-rise? Have you considered a personal parachute? It comes in two models: the streamlined Executive Chute and the deluxe "HOPE" system (High Office Parachute Escape; opens automatically, good from heights over 100 feet, accommodates persons up to 300 pounds).

Safer America President Harvey Kushner takes a pragmatic approach to homeland security: "These products are no different than safety devices already commonplace in most homes, such as fire extinguishers, smoke detectors, and first-aid kits. We are enabling people to alleviate their fears by doing something smart and productive: preparing to overcome that which they most fear."

Fears abound these days. CIA director George Tenet recently warned Congress that al-Qaida could attack at any time here or abroad. A sampler, from a guy who is privy to more intelligence data than most of us: "Based on what we have learned about the 11 September [attacks], an attempt to conduct another attack on U.S. soil is certain."

"You must make the analytical judgment that the possibility exists that people are planning to attack you inside the United States—multiple simultaneous attacks. We are the enemy, we're the people they want to hurt inside this country," Tenet said.

As Tenet spoke, the nation was still on alert code yellow—"significant risk of terrorist attacks"—because officials had no specific details about time and location of possible attacks. Frightening times. How should we deal with fear?

We trust military and law enforcement to keep us safe from harm. But we can never completely prepare for every risk in life. And eventually life will end for each of us. What then?

Besides taking reasonable precautions, might it also be worth considering something deeper as an ultimate solution to fear?

An Israeli shepherd who became a king knew dangers from wild beasts and wild political enemies who sought his life.

“The Lord is my shepherd,” he wrote. “I have everything I need. Even when I walk through the dark valley of death, I will not be afraid, for you [God] are close beside me. Your rod and your staff protect and comfort me.”

A descendant of this king, Jesus of Nazareth, offered similar advice to His friends: “Don’t be afraid of those who want to kill you. They can only kill your body; they cannot touch your soul. Fear only God,” He taught. God loves people, values them and saves a spot in eternity for those who trust Him.

It’s hard to turn on the news these days without finding cause for fear: terrorism, snipers and financial woes augment personal concerns about relationships, family and job future. Maybe it’s time to look more closely toward One who can calm fears and who holds the future in His hands.