The Value of Suffering: A Christian Perspective

Sue Bohlin looks at suffering from a Christian perspective. Applying a biblical worldview to this difficult subject results in a distinctly different approach to suffering than our natural inclination of blame and self pity.

There is no such thing as pointless pain in the life of the child of God. How this has encouraged and strengthened me in the valleys of suffering and pain! In this essay I’ll be discussing the value of suffering, an unhappy non-negotiable of life in a fallen world.

Suffering Prepares Us to Be the Bride of Christ

Among the many reasons God allows us to suffer, this is my personal favorite: it prepares us to be the radiant bride of Christ. The Lord Jesus has a big job to do, changing His ragamuffin church into a glorious bride worthy of the Lamb. Ephesians 5:26-27 tells us He is making us holy by washing us with the Word—presenting us to Himself as a radiant church, without stain or wrinkle or any other blemish. Suffering develops holiness in unholy people. But getting there is painful in the Lord’s “laundry room.” When you use bleach to get rid of stains, it’s a harsh process. Getting rid of wrinkles is even more painful: ironing means a combination of heat plus pressure. Ouch! No wonder suffering hurts!

But developing holiness in us is a worthwhile, extremely important goal for the Holy One who is our divine Bridegroom. We learn in Hebrews 12:10 that we are enabled to share in His holiness through the discipline of enduring hardship. More ouch! Fortunately, the same book assures us that discipline is a sign of God’s love (Heb. 12:6). Oswald Chambers reminds us that “God has one destined end for mankind—holiness. His one aim is the production of saints.”{1}

It’s also important for all wives, but most especially the future wife of the Son of God, to have a submissive heart. Suffering makes us more determined to obey God; it teaches us to be submissive. The psalmist learned this lesson as he wrote in Psalm 119:67: “Before I was afflicted I went astray, but now I obey your word. It was good for me to be afflicted so that I might learn your decrees.”

The Lord Jesus has His work cut out for Him in purifying us for Himself (Titus 2:14). Let’s face it, left to ourselves we are a dirty, messy, fleshly people, and we desperately need to be made pure. As hurtful as it is, suffering can purify us if we submit to the One who has a loving plan for the pain.

Jesus wants not just a pure bride, but a mature one as well—and suffering produces growth and maturity in us. James 1:2-4 reminds us that trials produce perseverance, which makes us mature and complete. And Romans 5:3-4 tells us that we can actually rejoice in our sufferings, because, again,
they produce perseverance, which produces character, which produces hope. The Lord is creating for Himself a bride with sterling character, but it’s not much fun getting there. I like something else Oswald Chambers wrote: “Sorrow burns up a great amount of shallowness.”

We usually don’t have much trouble understanding that our Divine Bridegroom loves us; but we can easily forget how much He longs for us to love Him back. Suffering scoops us out, making our hearts bigger so that we can hold more love for Him. It’s all part of a well-planned courtship. He does know what He’s doing . . . we just need to trust Him.

**Suffering Allows Us to Minister Comfort to Others Who Suffer**

One of the most rewarding reasons that suffering has value is experienced by those who can say with conviction, “I know how you feel. I’ve been in your shoes.” Suffering prepares us to minister comfort to others who suffer.

Feeling isolated is one of the hardest parts of suffering. It can feel like you’re all alone in your pain, and that makes it so much worse. The comfort of those who have known that same pain is inexpressible. It feels like a warm blanket being draped around your soul. But in order for someone to say those powerful words—“I know just how you feel because I’ve been there”—that person had to walk through the same difficult valley first.

Ray and I lost our first baby when she was born too prematurely to survive. It was the most horrible suffering we’ve ever known. But losing Becky has enabled me to weep with those who weep with the comforting tears of one who has experienced that deep and awful loss. It’s a wound that—by God’s grace—has never fully healed so that I can truly empathize with others out of the very real pain I still feel. Talking about my loss puts me in touch with the unhealed part of the grief and loss that will always hurt until I see my daughter again in heaven. One of the most incredibly comforting things we can ever experience is someone else’s tears for us. So when I say to a mother or father who has also lost a child, “I hurt with you, because I’ve lost a precious one too,” my tears bring warmth and comfort in a way that someone who has never known that pain cannot offer.

One of the most powerful words of comfort I received when we were grieving our baby’s loss was from a friend who said, “Your pain may not be about just you. It may well be about other people, preparing you to minister comfort and hope to someone in your future who will need what you can give them because of what you’re going through right now. And if you are faithful to cling to God now, I promise He will use you greatly to comfort others later.” That perspective was like a sweet balm to my soul, because it showed me that my suffering was not pointless.

There’s another aspect of bringing comfort to those in pain. Those who have suffered tend not to judge others experiencing similar suffering. Not being judged is a great comfort to those who hurt. When you’re in pain, your world narrows down to mere survival, and it’s easy for others to judge you for not “following the rules” that should only apply to those whose lives aren’t being swallowed by the pain monster.

Suffering often develops compassion and mercy in us. Those who suffer tend to have tender hearts toward others who are in pain. We can comfort others with the comfort that we have received from God (2 Cor. 1:4) because we have experienced the reality of the Holy Spirit being there for us, walking alongside us in our pain. Then we can turn around and walk alongside others in their pain, showing the compassion that our own suffering has produced in us.
Suffering Develops Humble Dependence on God

Marine Corps recruiter Randy Norfleet survived the Oklahoma City bombing despite losing 40 percent of his blood and needing 250 stitches to close his wounds. He never lost consciousness in the ambulance because he was too busy praying prayers of thanksgiving for his survival. When doctors said he would probably lose the sight in his right eye, Mr. Norfleet said, “Losing an eye is a small thing. Whatever brings you closer to God is a blessing. Through all this I’ve been brought closer to God. I’ve become more dependent on Him and less on myself.”

Suffering is excellent at teaching us humble dependence on God, the only appropriate response to our Creator. Ever since the fall of Adam, we keep forgetting that God created us to depend on Him and not on ourselves. We keep wanting to go our own way, pretending that we are God. Suffering is powerfully able to get us back on track.

Sometimes we hurt so much we can’t pray. We are forced to depend on the intercession of the Holy Spirit and the saints, needing them to go before the throne of God on our behalf. Instead of seeing that inability to pray as a personal failure, we can rejoice that our perception of being totally needy corresponds to the truth that we really are that needy. 2 Corinthians 1:9 tells us that hardships and sufferings happen “so that we might not rely on ourselves but on God, who raises the dead.”

Suffering brings a “one day at a time-ness” to our survival. We get to the point of saying, “Lord, I can only make it through today if You help me . . . if You take me through today . . . or the next hour . . . or the next few minutes.” One of my dearest friends shared with me the prayer from a heart burning with emotional pain: “Papa, I know I can make it through the next fifteen minutes if You hold me and walk me through it.” Suffering has taught my friend the lesson of total, humble dependence on God.

As painful as it is, suffering strips away the distractions of life. It forces us to face the fact that we are powerless to change other people and most situations. The fear that accompanies suffering drives us to the Father like a little kid burying his face in his daddy’s leg. Recognizing our own powerlessness is actually the key to experience real power because we have to acknowledge our dependence on God before His power can flow from His heart into our lives.

The disciples experienced two different storms out on the lake. The Lord’s purpose in both storms was to train them to stop relying on their physical eyes and use their spiritual eyes. He wanted them to grow in trust and dependence on the Father. He allows us to experience storms in our lives for the same purpose: to learn to depend on God.

I love this paraphrase of Romans 8:28: “The Lord may not have planned that this should overtake me, but He has most certainly permitted it. Therefore, though it were an attack of an enemy, by the time it reaches me, it has the Lord’s permission, and therefore all is well. He will make it work together with all life’s experiences for good.”

Suffering Displays God’s Strength Through Our Weakness

God never wastes suffering, not a scrap of it. He redeems all of it for His glory and our blessing. The classic Scripture for the concept that suffering displays God’s strength through our weakness is found in 2 Corinthians 12:8-10, where we learn that God’s grace is sufficient for us, for His power is perfected in weakness. Paul said he delighted in weaknesses, hardships, and difficulties “for when I am weak, then I am strong.”

Our culture disdains weakness, but our frailty is a sign of God’s workmanship in us. It gets us closer
to what we were created to be—completely dependent on God. Several years ago I realized that instead of despising the fact that polio had left me with a body that was weakened and compromised, susceptible to pain and fatigue, I could choose to rejoice in it. My weakness made me more like a fragile, easily broken window than a solid brick wall. But just as sunlight pours through a window but is blocked by a wall, I discovered that other people could see God’s strength and beauty in me because of the window-like nature of my weakness! Consider how the Lord Jesus was the exact representation of the glory of the Father—I mean, He was all window and no walls! He was completely dependent on the Father, choosing to become weak so that God’s strength could shine through Him. And He was the strongest person the world has ever seen. Not His own strength; He displayed the Father’s strength because of that very weakness.

The reason His strength can shine through us is because we know God better through suffering. One wise man I heard said, “I got theology in seminary, but I learned reality through trials. I got facts in Sunday School, but I learned faith through trusting God in difficult circumstances. I got truth from studying, but I got to know the Savior through suffering.”

Sometimes our suffering isn’t a consequence of our actions or even someone else’s. God is teaching other beings about Himself and His loved ones—us—as He did with Job. The point of Job’s trials was to enable heavenly beings to see God glorified in Job. Sometimes He trusts us with great pain in order to make a point, whether the intended audience is believers, unbelievers, or the spirit realm. Quadriplegic Joni Eareckson Tada, no stranger to great suffering, writes, “Whether a godly attitude shines from a brain-injured college student or from a lonely man relegated to a back bedroom, the response of patience and perseverance counts. God points to the peaceful attitude of suffering people to teach others about Himself. He not only teaches those we rub shoulders with every day, but He instructs the countless millions of angels and demons. The hosts in heaven stand amazed when they observe God sustain hurting people with His peace.”

I once heard Charles Stanley say that nothing attracts the unbeliever like a saint suffering successfully. Joni Tada said, “You were made for one purpose, and that is to make God real to those around you.” The reality of God’s power, His love, and His character are made very, very real to a watching world when we trust Him in our pain.

**Suffering Gets Us Ready for Heaven**

Pain is inevitable because we live in a fallen world. 1 Thessalonians 3:3 reminds us that we are “destined for trials.” We don’t have a choice whether we will suffer—our choice is to go through it by ourselves or with God.

Suffering teaches us the difference between the important and the transient. It prepares us for heaven by teaching us how unfulfilling life on earth is and helping us develop an eternal perspective. Suffering makes us homesick for heaven.

Deep suffering of the soul is also a taste of hell. After many sleepless nights wracked by various kinds of pain, my friend Jan now knows what she was saved from. Many Christians only know they’re saved without grasping what it is Christ has delivered them from. Jan’s suffering has given her an appreciation of the reality of heaven, and she’s been changed forever.

I have an appreciation of heaven gained from a different experience. As my body weakens from the lifelong impact of polio, to be honest, I have a deep frustration with it that makes me grateful for the perfect, beautiful, completely working resurrection body waiting for me on the other side. My husband once told me that heaven is more real to me than anyone he knows. Suffering has done that for me. Paul explained what happens in 2 Corinthians 4:16-18:
“Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, for what is seen is temporary, but what is unseen is eternal.”

One of the effects of suffering is to loosen our grasp on this life, because we shouldn’t be thinking that life in a fallen world is as wonderful as we sometimes think it is. Pastor Dick Bacon once said, “If this life were easy, we’d just love it too much. If God didn’t make it painful, we’d never let go of it.” Suffering reminds us that we live in an abnormal world. Suffering is abnormal—our souls protest, “This isn’t right!” We need to be reminded that we are living in the post-fall “Phase 2.” The perfect Phase 1 of God’s beautiful, suffering-free creation was ruined when Adam and Eve fell. So often, people wonder what kind of cruel God would deliberately make a world so full of pain and suffering. They’ve lost track of history. The world God originally made isn’t the one we experience. Suffering can make us long for the new heaven and the new earth where God will set all things right again.

Sometimes suffering literally prepares us for heaven. Cheryl’s in-laws, both beset by lingering illnesses, couldn’t understand why they couldn’t just die and get it over with. But after three long years of holding on, during a visit from Cheryl’s pastor, the wife trusted Christ on her deathbed and the husband received assurance of his salvation. A week later the wife died, followed in six months by her husband. They had continued to suffer because of God’s mercy and patience, who did not let them go before they were ready for heaven.

Suffering dispels the cloaking mists of inconsequential distractions of this life and puts things in their proper perspective. My friend Pete buried his wife a few years ago after a battle with Lou Gehrig’s disease. One morning I learned that his car had died on the way to church, and I said something about what a bummer it was. Pete just shrugged and said, “This is nothing.” That’s what suffering will do for us. Trials are light and momentary afflictions . . . but God redeems them all.

Notes
1. Oswald Chambers, Our Utmost for His Highest, September 1.
2. Chambers, June 25.
5. Tada, 118.

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Glorious Morning Glories

This is what love looks like.

My husband planted morning glories for me on our back fence because they are my favorite.
I love that a whole new batch of brand new blooms pops out each morning, day after day of fresh beauty that reminds me of Lamentations 3:23, that God’s mercies are “new every morning—great is Your faithfulness!”

This year, we had to wait long into the fall for the flowers. The green foliage was crazy lush and full for months, but there were no gorgeous “blue happies,” as I think of them, until late October.

Finally they started exploding daily with beauty and color. Not long afterwards, an unseasonable cold snap hit us, and the green foliage started to wither and dry up.

But the “blue happies” kept popping out!

I had to smile at what was happening on our fence, because it was a powerful illustration of what it’s like for me to grow older. The green leaves were getting old and spent and dry and yucky, at the same time that every morning, there were still fresh and new morning glory blooms sprouting out. What a picture of what has become my new life verse, 2 Corinthians 4:16-18—

Therefore we do not lose heart, but **though our outer man is decaying, yet our inner man**
is being renewed day by day. For momentary, light affliction is producing for us an eternal weight of glory far beyond all comparison, while we look not at the things which are seen, but at the things which are not seen; for the things which are seen are temporal, but the things which are not seen are eternal.

My body is growing older and weaker, especially ravaged by the lingering effects of polio. Not long ago, I spent almost two years unable to walk at all because of severe arthritis in both hips. (The Lord has restored so very much to me on the other side of two hip replacements!) I’m able to walk and stand without pain these days, for which I give thanks every single day, but the march of time continues and, like everyone else, I’m going downhill physically.

But—the glorious but!—on the inside I get to be fresh and new every day! Just like the “blue happies”! As I walk in faithfulness with the Lord, seeking to abide in Him and allow the beauty and character of Christlikeness to flow into and through me, He keeps bringing renewed energy and joy to my soul. Every day! I love it!

The hope for us as believers, especially older believers, is that we get to be renewed daily with the radiance and vibrancy and joy of Jesus within that keeps getting better and better the older we get!

In fact, the Bible even speaks about our transformation as a special kind of glory: 2 Corinthians 3:17-18 says,

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And we all, who with unveiled faces contemplate the Lord’s glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit.

I LOVE being transformed, a little bit every day, into the image of Jesus, with ever-increasing glory! I get to be a spiritual morning glory!

This blog post originally appeared at blogs.bible.org/glorious-morning-glories/ on December 15, 2020.

Invisible Women

Sue Bohlin addresses the call for the church to meet the needs of single moms and those widowed by death, divorce, desertion, and imprisonment.

The other morning at church, I was talking to one of our church leaders as he spotted one of our three-year-olds making a run for the lobby. He called the boy’s name three times, including extending his hand for a high-five, and was ignored all three times. (I’m a boy mom. I get it. The little guy was completely focused on escaping the worship center—no room for any other thoughts!) Laughing, I asked my friend, “Hey, how are you doing with that ‘feeling invisible’ thing?”

He was fine with it. But there are a number of people in our churches for whom feeling invisible is no laughing matter. It hurts.
A few days later, I was privileged to teach on 1 Timothy 5, where Paul gives Timothy direction on caring well for the widows in his congregation. In preparing for my message, I learned that in the first century, “widow” referred to a much larger group of women than just those whose husbands had died.

Widows could be women who had lost husbands through death, divorce, desertion, or imprisonment. (We have all four of those in our church.) They could even be women whose polygamous husbands had come to faith in Christ and learned that God’s plan for marriage is one man and one woman, and they sent all but one wife away. Widows could also refer to unmarried women; the sense of “widow” in the first century was a “without-a-man woman.” And of course in that time, when women had so few rights and privileges, that was a scary situation.

Paul’s instruction to Timothy on superintending the care of widows resonates with how important vulnerable women are to God. The Old Testament has 32 references to widows or widows and orphans! If God says something once it’s important . . . but THIRTY-TWO TIMES??!! In the New Testament, the Lord’s brother James sums up this Old Testament value, defining true religion as caring for widows and orphans in their distress (1:27).

How should the church care for vulnerable women today? The ones who can easily feel invisible in the church?

One group we need to take better care of is single moms.

I asked my dear friend, a single mom, about her experience. She was grateful for the ways in which a few people from her church stepped in to provide physically in various ways:

- A new friend brought her son to the hospital when she was suddenly admitted, and then cared for him until she was discharged.
- They mowed her lawn
- Some folks gave her a break by taking her son for a few hours to several days
- One especially memorable year, a man took her son to the store to get my friend her one and only Mother’s Day gift

But she was always plagued by a constant longing—for belonging, for protection and help, for men to provide balance to her over-protective feminine mothering.

- She longed for a healthy family to draw them into their home and invite them for meals and family times together so they could see what “healthy” and “loving” and “respectful” looked like.
- She longed for a man to invest in her son so he could see how the boy treated his mom and take him aside to say, “Hey buddy, it’s not OK to talk to your mom that way.”
- She longed for a family to say, “Come spend Christmas with us” so it wasn’t just her and her son alone with the Christmas tree—again.

In addition to relational needs, many single moms have needs for practical assistance concerning their homes and cars. And another group of “invisible women” with the same kinds of needs are older single women.

Typical practical needs:

- Help with assembling furniture such as from Ikea
- Trimming trees and other kinds of yard work
- Home repair
• Changing out-of-reach light bulbs
• Winterizing (and then summerizing) a house
• Organizing a closet, room, or garage
• Changing the oil in the car
• Moving stuff (both to a new home and just moving heavy furniture in the house)
• Plumbing help such as installing a new faucet, fixing a dripping faucet or running toilet
• Installing a ceiling fan
• Grocery shopping
• Rides to the doctor, chemo appointments, tests, surgeries and procedures
• Babysitting and carting kids places they need to go
• Helping with budgeting and financial direction
• Meals: home-cooked and delivered, gift cards to restaurants

Just as in the church at Ephesus when Paul was helping Timothy love his people well, we need to connect those with needs, with the people gifted to serve. Or even those without supernatural giftings for service, but a generous, Christlike heart to love others. That’s how the church cares for its own.

So they don’t feel invisible.

This blog post originally appeared at blogs.bible.org/invisible-women/ on October 25, 2020.

Helping Teens Understand Homosexuality - Facts to Help Youth Withstand the Current Culture

Sue Bohlin provides practical ways to communicate with teens about common misunderstandings and the truth concerning homosexuality. Recognizing that teens deal with peer pressure to experiment and feelings of same sex attraction, she provides real ways to help teens make their way through this maze of contradiction and confusion.

In this article we look at ways to communicate the truth about homosexuality to teens. We examine the lies they are told and the sexual pressure they are under. We also look at ways to help kids process their gender confusion, as well as address helpful ways to encourage teens who already identify themselves as gay or lesbian. And finally, we provide perspective on how to treat those who struggle with same-sex attraction in a compassionate and godly way. By looking at this topic, from a Christian, biblical worldview perspective, we can communicate the depth of God’s love and His desire for us to experience the best life possible.
The Lies They Hear

In many schools and in the rest of the culture today, only one perspective is allowed to be heard. Consider four lies that are very familiar to teens today:

First, “Homosexuality is normal and healthy.” It’s neither. The fact that it simply occurs (in about 2% of the population) doesn’t make it normal. When we look at the way males and females were designed to complement each other both emotionally and sexually, that tells us something about the nature of homosexuality, that something has gone wrong somewhere. This is not judging the people who experience same-sex attraction; it’s like a red light on the dashboard of a car, denoting that something needs attention.

Acting physically on same-sex attractions is certainly not healthy. Those who do are at far greater risk for sexually transmitted diseases, including AIDS; alcoholism and drug abuse; depression; emotionally exhausting relationships; and a shortened lifespan. Please see the “Facts About Youth” website from the American College of Pediatricians, especially this article: Health Risks of the Homosexual Lifestyle.

Lie #2: “If you’re attracted to someone of the same sex, that means you’re gay or lesbian.” Not so. It really means that there are unmet, God-given needs for love and attention that were supposed to be met earlier in life. Having crushes on other people, of both sexes, is also a normal part of adolescent development. It means teens are transitioning emotionally from child to adult.

The third lie is, “Since you were born that way, you can’t change.” First, there is no scientific evidence that anyone is born gay. It’s a myth that has been repeated so often that people believe it. Second, thousands of people who were once gay have experienced significant changes in their attractions and behavior. Change is possible.

The fourth lie is, “Embrace and celebrate your gay identity, because gay life is cool.” Those in ministry to those dealing with unwanted homosexuality have heard many heartbreaking stories of the truth: a dark side of intense and difficult relationships, relational patterns of disillusionment and breakups, physical and emotional unhealthiness.

Countless people have said they wished they never entered the gay community in the first place, but it’s hard to leave.

Teens and Sexual Pressure

Adolescents are under an extraordinary amount of sexual pressure. They live in a sex-saturated culture, and the messages they receive from the media and, unfortunately, in school, clearly communicate an expectation that sex is just part of having a social life. Rarely do they hear about the heart-wrenching consequences of being sexually active, both physically and emotionally. The agenda pushing sexual freedom is also engaged in trying to normalize homosexuality as well.

Teens are pushed to decide early if they are gay, straight, or bisexual, as young as elementary school. But kids in their early teens, much less even younger than that, are no more equipped to “decide” their sexual orientation than they are to choose a college major and career track. A landmark study done by the University of Minnesota determined that at age twelve, one fourth of the students were unsure of their sexual orientation. Their bodies were just beginning to experience the changes that would turn them from children into adults, and they were being asked if they were gay, straight, or bisexual. No wonder so many were confused! But by age seventeen, that number of kids unsure of their sexual orientation had dropped to 5%. 
And psychiatrist Dr. Jeffrey Satinover says, “Without any intervention whatsoever, three out of four boys who think they’re gay at age 16 aren’t by 25. So if we’re going to treat homosexuality as a state, 75% of ‘gays’ become ‘non-gay’ spontaneously. That’s a statement which I consider ludicrous, but if you accept this tacit proposition—that being gay is an actual state, like being short or being tall, black or white—then in three out of four people that condition changes itself spontaneously. . . That’s with no outside intervention, just the natural processes of development.” {4}

We need to tell teens, “It’s too soon to ‘declare a major’ in your sexuality.”

Teens are also pressured to experiment with both sexes as the only way they can know their sexual orientation. It’s presented as nonchalantly as our cruise ship table partner suggesting we try escargot—“Hey, how can you know if you like it unless you try it out?”

Teenage sexual behavior can have lifelong consequences, but they are not in a position to recognize that. Their brains don’t finish developing until age twenty-five, and they tend to make decisions out of the region of the brain that controls emotion. So they are easily swayed to make dangerous and irresponsible choices, like engaging in any kind of sexual behavior.

Teens need to be encouraged to face the sexual pressures and stand against them.

**Gender Insecurity**

At a conference I attended, author and ministry leader Andy Comiskey{5} shared a painful experience in junior high where one day, out of the blue, the whole school was abuzz with the rumor that Andy was gay. There was even graffiti about it on the wall. He struggled with his sexual identity, but he had never acted out. He walked into a classroom on an errand and on his way out, two boys called “Faggot!” He was crushed and humiliated. Later on, he made it into a self-fulfilling prophecy and immersed himself in the gay lifestyle.

I went up to him and asked, “If you could rewrite the script of that incident, knowing what you do today, what would it look like?” He said, “Oh, I wish there had been some sensitive adults, especially in the church, to talk freely with me and other kids about ‘gender insecurity.’ They wouldn’t even have to talk about homosexuality or use the word—many kids can relate to the idea of ‘gender insecurity.’ It would have been so freeing for me to have someone acknowledge that it’s a real thing, but it didn’t mean I was gay. I wish there were people who could have spoken truth into my life at that point.”

One kind of truth that kids should hear is that around age ten, attraction for the same sex begins. This attraction is emotional, non-sexual, and involuntary. It doesn’t mean teens are gay or lesbian; it means they are transitioning through normal adolescent development. We have to learn to attach to people of our same sex before we can learn to attach to people of the opposite sex. But most teens don’t know this.

Some kids don’t feel secure in their masculinity or femininity for a variety of reasons, usually having to do with not being affirmed by parents and peers. God gives each of us needs for attention, approval and affection. When those needs are not met, the onset of hormones can sexualize this “hole in the heart.” Some teens can find themselves longing for the attention, approval and affection of people of their same gender. When others put on them the false and hurtful labels of “homo,” “fag,” or “lez,” they can easily find themselves believing the lies.

When teens are not secure in their gender, they don’t need to be pointed to gay groups at school. They need to be affirmed and encouraged to develop their innate, God-given masculinity or
femininity, to see their gender as good. They need to have other kids reach out to make them feel “one of the guys” or “one of the girls.” They need time to finish growing up.

Teens Who Identify as Gay or Lesbian

Growing numbers of teens are self-identifying as gay or lesbian. In many circles, being gay—or claiming to be gay—is now considered cool, especially among girls.

Teenagers experiment with same-sex relationships for a variety of reasons. Some experience normal crushes on same-sex peers and think this means they are gay—or their friends inform them that’s what it means. What it really means is that they are learning to form deep and intense attachments which is a necessary precursor to maintaining long-term adult relationships like marriage.

Others experiment with same-sex relationships out of a legitimate need to belong. Some kids are simply curious; they just want to try it out like a new shade of lipstick.

Some teens experiment with same-sex relationships because others have labeled them gay or lesbian, and they wonder, “Am I? Do they know something I don’t know? Maybe I am and I need to go in that direction.” This is one reason it’s so important to impress on all kids the absolute unacceptability of name-calling and other cruelties. It’s not only bullying behavior, it can have terrible emotional consequences.

Some adolescents pursue same-sex relationships because they are anxious about growing into adolescence and the responsibilities of adulthood. So they hide behind immature and emotionally volatile same-sex feelings and behaviors.

Often, what teens are attracted to in same-sex peers are the characteristics they wish they had in themselves: popularity, good looks, a winsome personality, a strong physique. This kind of jealousy doesn’t mean they are gay or lesbian; it means there is an area they need to build confidence in!

Most girls who get involved in same-sex relationships start out in friendships that grow increasingly controlling and needy. In these emotionally dependent relationships, girls can get so enmeshed with each other that their relationship turns physical.

Many people who later identify as gay or lesbian report feeling different from others, feeling like they don’t fit in or belong. Girls can feel like they don’t belong to the world of girls, and guys almost always feel like they can’t measure up in the world of males. This is gender insecurity, not homosexuality, but teens usually don’t hear this message. They need to.

Labels such as “gay” and “lesbian” and “homo” and “dyke” are incredibly hurtful, and it is easy for those who are slapped with those labels to believe them. But God doesn’t call anyone homosexual or lesbian; those labels are man’s invention, not biblical truth. It’s essential for teens to know who they are in God’s sight—beloved, precious, and stamped with the imprint of His acceptance and delight.

When Teens Struggle with Same-Sex Attraction

If you know teens who are struggling with feelings of same-sex attraction, or who seem to be experiencing gender insecurity, let me make some suggestions on how to minister to them.

First, don’t address the issue of homosexuality head-on. Same-sex strugglers are always wrestling with feelings of inferiority, rejection, shame and fear, so it’s extremely uncomfortable for anyone to bring up the subject. The heart of the issue for kids who find themselves attracted to others of the same sex are these dark and negative feelings. It’s much better to ask indirect questions that
encourage them to talk about the underlying feelings of disconnection with a parent, or the ridicule of their peers, or depression and sadness.

Second, don’t use any labels. Teens who struggle with their gender identity already have a huge struggle with feeling that the rest of the world has put an unwelcome label on them. The false, man-made labels of “gay” and “lesbian” are hurtful, false, and restricting.

Consider what it would be like if we created a label such as “angro” for people who are easily ticked off and walk around in a continual low-level state of hostility. What if people went around saying, “I’m an angry person. That’s just the way I am—that’s WHO I am. I’m an angro.” They might believe they were born angry, that they have an “angro gene.” Not only is the label of “angro” false and misleading, but it can lead people to believe the lie that it is a permanent state or condition rather than a description of one’s current feelings.

That’s what happened with the relatively recent labels of “gay” and “lesbian.” They can become like jail cells, making people feel hopelessly trapped in a state or condition. It’s much better to help teens deal with the fact that they are experiencing some attractions to their same gender, and those feelings are like the red light on the dashboard of a car. They mean there’s something going on inside that needs some attention. And that’s literally true: God creates all of us with the need for attention, affection and approval, and those are the things adolescents are craving when they have feelings for people of the same sex. The needs are legitimate; we need to help them be met in healthy ways. This is where the church and other Christian youth organizations can make all the difference in the world.

Third, communicate to kids who struggle that God did not make them gay. God doesn’t make anyone gay, and there is no scientific evidence that there is a biological basis for homosexual feelings or behavior. Even if they feel that they were born gay, this is the result of being told a fairy tale. Were American kids born English speakers? That’s all they ever knew, right? No, they weren’t born English speakers, they were born language speakers. Which language they speak is a matter of the shaping influences of their upbringing. Kids who experience same-sex attraction were born to be relational creatures, but how those relationships shape their souls is a function of their temperaments, their home life, and how they relate to other kids.

Fourth, give them a safe place to process their feelings without being shamed or condemned. For many teens, this unfortunately rules out their home, school, or church. I’m sure it grieves God’s heart that for many people, church is the most unsafe place on the planet for those who struggle with various life-controlling sins and urges. But there is a great free, online support group for struggling youth, moderated by an experienced and understanding youth pastor, at www.livehope.org. Kids can safely talk to others like themselves and learn how intimacy with Jesus Christ brings healing and change to broken and wounded hearts.

Fifth, many students who experience same sex attraction often feel fake if they don’t choose to identify with or act on their feelings. They have believed the lie that gay or lesbian is what they are. They want to be real. But getting real is becoming who God created them to be, despite their feelings of what whose around them might say.{6} Finding out who God says they are is the true path to being real and not fake.

The Call to Understanding and Compassion

Many teens feel, “I just don’t get this whole gay/lesbian thing.” That’s perfectly understandable. Only 2-3% of the population deals with same gender attraction. The fact that it’s such a huge issue in our culture is completely out of proportion to the actual number of people experiencing it.
Kids need to know a few things about those who do struggle with same-sex attractions and feelings. First, they didn’t choose it. It’s something people discover, not something they decide on. And almost every single person who discovers they have strong feelings and fantasies about the same sex is horrified and terrified by this discovery. It’s a very painful part of their life, so it’s important for others to be respectful and kind.

Second, having crushes and strong feelings for friends and teachers of the same sex is a normal part of adolescent development. It doesn’t mean a teen is gay or lesbian. When other kids assure them that it does, it is slapping a false and hurtful label on them that they may find almost impossible to take off. If someone walked up to you and put a “Hi, My Name Is” nametag on you that had someone else’s name on it, you probably wouldn’t have any trouble taking it off and saying, “There’s a mistake here—that’s not who I am.” But when kids do the same thing with the “nametag” of “gay” or “lesbian,” they usually put it on kids who don’t have the security and self-confidence to realize that’s not who they are, and they can go through the rest of their lives believing a lie.

Third, be compassionate. People don’t know who around them is struggling, either with their own same-sex desires and attractions, or the painful burden of knowing a family member or loved one has them. They only have to show contempt once for those who experience same-sex feelings to show that they’re not a safe person.

Fourth, be respectful. That means cutting phrases like “Oh, that’s so gay” out of their vocabulary. It means not throwing around words like “homo” or “fag” or “queer.” Every gay joke or insult is like sticking a dagger in the heart of those who carry a painful secret.

The bottom line for helping teens understand homosexuality is to call them to see God’s design as good, and show grace and compassion to those who don’t see it. Be “Jesus with skin on” in both His holiness and His kindness.

Notes

2. Read a few of the testimonies at the Living Hope Ministries website, www.livehope.org.
4. Homosexuality and Teens: An Interview with Dr. Jeffrey Satinover, Massachusetts Family Institute.
   www.mafamily.org/Marriage%20Hearing%202003/satinover2.htm
5. Founder and Director of Desert Stream Ministries, author of Pursuing Sexual Wholeness and Strength in Weakness.
6. www.becomingreal.org

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See also: answers to many questions in “Probe Answers Our E-Mail: Homosexuality”
On Suicide

The incidence of depression, anxiety, and suicide has skyrocketed as the isolation and life-disruption from Covid-19 has ravaged our world. I wrote this post in April 2013, but it’s even more salient today.

Over the weekend, Rick Warren (pastor of Saddleback Church in California, author of The Purpose Driven Life) and his wife Kay revealed that their son Matthew had taken his life after a lifelong struggle with mental illness. In an email to his church, Pastor Warren wrote, “[O]nly those closest knew that he struggled from birth with mental illness, dark holes of depression, and even suicidal thoughts. In spite of America’s best doctors, meds, counselors, and prayers for healing, the torture of mental illness never subsided.”

Many years ago, I was privileged to take a three-year lay counseling class from a wise and experienced man who taught us that those who commit suicide don’t really want to die; they just want the pain to end. Deep depression feels like being locked in a dark dungeon with no way out. The pain can become intolerably intense; one friend likened it to being forced to hold a large cauldron of boiling liquid with no hot pads. Those of us who have been spared from deep depression cannot really imagine how dark and how painful it is.

Psalm 139:16 says, “All the days ordained for me were written in Your book before one of them came to be.” That means that before God even creates us, He knows the day of our death. That also means that those who commit suicide are dying on their ordained last day. Most of the time, though, God intervenes in people’s plans to end their lives, each story different and drenched in grace.

When one teenage girl learned she was pregnant, she planned to drive one of her family’s cars into an embankment at the end of the week—but her parents sold that car before she could carry out her plan, and she decided she couldn’t wreck the one remaining vehicle. Today, she is so glad she gave birth to her baby girl, who brought immeasurable joy to her adoptive parents, and enjoys her life of service to God which includes her own family.

Another friend lay in bed one night planning to end her life by walking out in front of an 18-wheeler on the nearby interstate. As she thought about making her way in her nightgown across the empty field that lay between her house and the highway, she suddenly thought, “I can’t walk across that field in my bare feet!” . . . and turned over and went back to sleep.

When our son was suicidally depressed in high school, his friend came to us and told us of his plan to hurt himself a few days later. He was not pleased that his friend had “betrayed” him, but we were so grateful—and it enabled us to get him some badly-needed help.

There are so many stories of God’s intervention that when we do hear of someone taking their own life, I do believe it means God allowed it because it was their ordained day. This doesn’t diminish the pain for the survivors, though.

My dear friend Caren Austen, responding to the news of Matthew Warren’s suicide, wrote an essay revealing her own struggles with mental illness and suicidal depression so that people would know what it’s like. With her permission, I gratefully share these excerpts:

“I am not weak, lacking in faith, demon-possessed or oppressed or anything else but suffering from faulty brain chemistry.
"The disorder affects my daily life: my ability to work, interact with other people, activities of daily living to the point of sometimes being unable to get out of bed or leave my house. I hate it. I hate that God has chosen this path for my growth and sanctification. Depression is my nearly constant companion. I rarely get a break. I wake up with it. I work with it. I go to sleep with it, knowing that tomorrow I’ll wake up and live it all over again.

“There are so many of us who suffer silently, because it is not acceptable to discuss mental illness. Cancer is OK. People have sympathy and understanding for that. Cystic Fibrosis, diabetes, MS and the multitude of other terrible diseases and disorders are acceptable. Mental illness is considered taboo. The stigma attached to it prevents people from getting the help they need, from picking up the phone, from asking for prayer.

“Many, many people, especially Christians, negatively judge people with mental illness and especially those who have made the awful decision to take their own lives. A common statement is: ‘It’s the ultimate selfish act.’ I’d ask you to consider what agony any individual must be enduring to fight every natural instinct for survival to choose instead to die. To be feeling psychic pain so incredible that the very thought of even one more moment is unendurable. I have, in the past, been completely and thoroughly convinced that if I loved my family, especially my children, as I said I did, I would remove the evil (me) from their lives, so I would no longer influence them for evil.

“These are the kinds of thoughts that people who choose suicide experience. They are not to be judged harshly. They are to be seen with compassion. Yes, it is an unspeakable tragedy that leaves those left behind with the worst kind of pain. A pain that I can’t even imagine as they believe that the one who died didn’t love them enough to fight. I know those are the thoughts, the feelings of those left behind, but they are not the actual reasons suicide was chosen. In fact, just the opposite is likely true. The one who chooses suicide often does it out of love for those they care most about, as strange as that may seem.”

Please, please pray for the Warren family and for all those teetering on the edge of suicide. God knows who they are. It may even be someone you know and love.

This blog post originally appeared at blogs.bible.org/on_suicide/.

What a Biblical Worldview Looks Like

*Sue Bohlin explores elements of a way of looking at life that provides a biblical world and life view.*

**What Is a Worldview?**

A young Christian couple I know married with high hopes for the future. Within three years they were divorced; the husband handled his hatred for his job by snapping at his wife and retreating to online gaming, and the wife shut down her heart to him and opened it to someone else.
In her book *Total Truth*, Nancy Pearcey tells of a Christian lawyer whose job was to find loopholes in the contracts with clients his law firm wanted to get rid of—that is, which enabled his company to break promises. She tells another story of a Christian who worked at an abortion facility and never saw any conflict between the Bible she studied and its command not to murder.

This disconnect between biblical teaching and the way it’s lived out is not just an American problem. Many African Christians go to church on Sundays and pray to Jesus for healing or prosperity, but when He doesn’t answer the way they wanted, they go to the village witch doctor.

All these people profess to be Christ-followers and agree that the Bible is the Word of God, yet they don’t view reality or live out their lives as if Jesus were Lord and the Bible is true. They don’t have a biblical worldview. They don’t “think Christianly.”

Nancy Pearcey writes, “‘Thinking Christianly’ means understanding that Christianity gives the truth about the whole of reality, a perspective for interpreting every subject matter.” It means we learn to interpret everything in light of its relationship to God. The title of Nancy’s book, *Total Truth*, reflects her premise: that Christianity is not just a collection of religious truths, it is total truth. Thinking Christianly—which equips us to then live out a biblical worldview—means we understand that natural and supernatural are seamlessly woven into one reality.

Our worldview is like an invisible pair of glasses through which we see reality and life. If we have the wrong prescription, the wrong beliefs and assumptions, what we see will be fuzzy and unependable. If we have the right prescription, we will see things as they are. The prescription of these glasses consists of our beliefs and the things we assume to be true. These beliefs and assumptions comprise the filter through which we experience and interpret life. And we all have a filter.

For example, let’s say you walk into a Walmart and discover you are their zillionth customer. Balloons drop, strobe lights go off, and you are handed a $1000 gift card, a trip to Disneyworld, and the keys to a new car. Your worldview will determine how you interpret that event. If you believe in fate, you will think, “It’s my lucky day! The stars are shining on me!” If you believe in only this physical, material universe, you will think, “Nice, but it’s a totally random and meaningless occurrence.” If you believe that Jesus is Lord over everything, you will think, “I so do not deserve this gift of grace, but I thank You for it, Lord. How do You want me to be a good steward of this amazing blessing?”

Everyone has a worldview, even though most people aren’t aware of it. We believe a biblical worldview is the right prescription for both living and understanding life.

**Creation, Fall, and Redemption**

My friend Dr. Jeff Myers of Summit Ministries says, “[A] person’s worldview is his default answers to life’s most pressing questions: Where did I come from? How should I live? What happens when I die?, and How do I know my answers to these questions are true?”

We all buy into an overarching story that explains much of why things are the way they are. For
example, people who believe in traditional folk religion (animism) believe there are spirits connected to every physical item and event and place, and this way of looking at life shapes their response to the things that happen in life. People who embrace pantheism—a view of life that sees everything connected as part of a divine but impersonal force with no personal God and no distinctions between good and evil—will respond differently.

If we draw our worldview from the story of God’s dealing with mankind from the Bible, a helpful way to structure it is terms of creation, fall, and redemption. They answer the big three universal questions: Where did we come from? Why are things so messed up? How can it be fixed? Everything that exists and everything that happens falls into one of these categories.

*Creation* answers the question, where did we come from? as well as a basic philosophical question, why is there something rather than nothing at all? God created us in His image for the purpose of having a relationship with us, and He created the universe and our world as well. This explains the exquisite design we see in the human body, right down to the molecular machines inside cells. Creation explains why the earth is so finely tuned for life—just the right distance from just the right kind of star and the right kind of moon, just the right temperature for liquid water, just the right kind of atmosphere for us to breathe.

The relational God, whose very being consists of Father, Son, and Holy Spirit, created us in His image to draw us into the circle of divine mutual love and fellowship and delight. The reason we are here is so God could lavish love on us by sharing Himself with us and inviting us to participate in the divine life. That explains why we are so relational, and why we need and enjoy other people. It explains why we are hard-wired to be spiritual—because He made us for Himself, and He is spirit. He created the universe and our planet as an expression of His love and glory, and because physical people need a physical place to live. A beautiful God creating us in His image explains why we love beauty in the world, in art, in music, and in every other expression of human culture.

The *Fall* answers the question, what went wrong? Adam and Eve’s rebellion against God brought sin into His marvelous creation, resulting in brokenness, blindness, and nothing working the way it did in the perfect, pre-fall world. The fall explains why death feels so unnatural, why there is suffering and sickness. It explains why there is moral evil like murder, rape and theft, and why there is natural evil like earthquakes and tsunamis and tornadoes. Many people are angry at God at these things. But they are all effects of the fall. He didn’t create the world this way; we’re the ones who messed it up. This fallen world breaks His heart far more than it breaks ours.

The good news is *Redemption*. God is working to set things right and restore His damaged, distorted creation. This explains why our souls long for justice, for the wicked to face the consequences of their evil choices, and for things to be fair and right. A just God will fulfill our longing for justice. He will make the wrongs right and the shattered whole. Good will triumph over evil once and for all. God’s promise of restoration explains why we still long for the perfection of Eden, even while we live immersed in a world and relationships that are far from perfect: He’s going to bring it back. The Lord Jesus Christ, who came to earth as fully God and fully man, living as one of us and then dying in our place, rising again, and ascending back to the Father’s right hand, promises He is making all things new (Rev. 21:5). God’s got a plan and He’s working it!

**Living in Two Worlds**

One of my favorite things to do is go snorkeling in the crystal clear waters of the Caribbean. When I’m wearing a mask and a snorkel tube, I can float on the water’s surface and enjoy the beautiful fish and corals that live in the underwater world. But I can also breathe air from the above-water world.
When snorkeling, I get to enjoy two worlds, two spheres of life, at the same time.

This is a picture of what it looks like to live out a biblical worldview. Paul exhorts us to focus “not [on] the things which are seen, but at the things which are not seen; for the things which are seen are temporal, but the things which are not seen are eternal” (2 Cor. 4:18). We live in a physical world, but looking at life biblically also means living in awareness of the unseen, eternal spiritual reality that also surrounds us. Many believers make the mistake of living as if they were functional naturalists—as if the material, physical world were all there is.

Thinking biblically means staying aware and focused on the spiritual and eternal part of life, letting that guide our interpretation of physical and temporal events. That doesn’t mean dismissing or denying the physical, living like some sort of ascetic who refuses to engage with the world; we just keep it in perspective.

I believe this is what the Lord Jesus intended when He said to “seek first the Kingdom of God” (Matt. 6:33). The physical world is so in-your-face about its reality—especially when we get tired, hungry, thirsty every day—that we don’t have any trouble being aware of this sphere of life. But focusing on (or even just staying aware of) the unseen, eternal part of life, like donning snorkel gear and going face-down in the water, allows us to function in both worlds at the same time. Next time you’re in a group where people share prayer requests, pay attention to how many of them are in the physical realm: health, finances, jobs, etc. These things are important, but according to Jesus’ priorities, the Kingdom—the unseen realm where He is Lord—is more important. I wonder what would happen if our prayer requests started reflecting this priority?

The seventeenth century monk Brother Lawrence lived out an important spiritual discipline he called “practicing the presence of God.” When we do this, we are able to process the heartbreak of living in a fallen world and the apparent unfairness of what looks like evil winning. When we read what the prophet Habakkuk wrote, and what Asaph recorded in Psalm 73, we see what it looks like to remember that God is sovereign, and He is able to make all things work together for good for those who love God and are called according to His purpose (Rom. 8:28). It helps us see all people as beloved image bearers for whom Christ died, even the jerks who cut us off in traffic. It helps us remember that what may feel like a bizarre random event may actually be the attack of spiritual warfare. It helps us balance our now-fallen feelings, which were impacted by the Fall like everything else, with the truth of God’s word. For example, one Christian woman filed for divorce from her husband with no biblical grounds, claiming that it must be okay since she didn’t feel “convicted by God.”

Thinking biblically means cultivating an awareness of the spiritual realm: the eternally important things, and the activity of God, angels, and demons. It’s like going through life wearing snorkel gear!

**Refusing the Sacred/Secular Split**

Have you ever heard someone saying something like, “Well, I personally oppose abortion, but I would never say that it’s wrong for anyone else because that’s a private issue.” Or, do you give ten percent of what you think of as your money to the Lord because that’s His portion? Do you think of your spiritual life as time spent reading the Bible and going to church, but the rest of the week is yours? One of the ways Christians fail to live out a biblical worldview is when we buy into the false division of the sacred and the secular.

Thinking biblically means not only believing that Jesus is Lord at the moment of our deaths, but He is also Lord over every aspect of our lives and every aspect of His creation. He created this world,
He owns it, He entered it, and He redeemed it. He created us in His image, and then commanded us to take the salt and light of our image-bearing influence into every aspect of life: business, science, law, education, politics, and art, to name a few. The “Creation Mandate” is found in Genesis 1:2:

God blessed them; and God said to them, “Be fruitful and multiply, and fill the earth, and subdue it; and rule over the fish of the sea and over the birds of the sky and over every living thing that moves on the earth” (emphasis mine).

Let’s look at some examples:

• I’ve had a freelance calligraphy business for thirty years. Beyond showing honesty and integrity in my business dealings, there is also value in the beauty I bring into people’s lives through my hand lettering as a reflection of God’s beauty.

• All of my husband Ray’s education is in biology. He lives out his biblical worldview by seeking to explore and understand God’s creation through science, then explaining it to others in a way that gives glory to God.

• Christian educators who express a biblical worldview are teaching about God’s world and God’s truths whether they mention Him or not. Whether it’s the glorious patterns of mathematics or the themes of great literature, the Lordship of Christ ties it all together.

• My son’s undergraduate education was in art, and we loved seeing how he wove his biblical worldview into his art pieces. He suggests that a Christian artist has the opportunity to express both the brokenness of life in a fallen world as well as the hope and redemption found in Christ.

• Christians in law can live out their biblical worldview by using their knowledge of the law to create protection for the weak and defenseless, to criminalize criminal behavior, and to codify making restitution, all of which are biblical values.

One element of living out a biblical worldview is refusing to compartmentalize life into our religious activities and then everything else, as if spiritual truth and concepts were unrelated to how we live our lives. One of my dear friends has lived in moral and emotional purity for three years after repenting of her lesbian relationship. The temptation can be strong some days, but she consistently chooses Jesus over her feelings. One day her supervisor, who goes to a large church, asked if she were gay. My friend replied that she used to claim a gay identity, but she’s been emotionally and sexually sober for three years. Her supervisor asked why, and my friend said, “Because it’s sin! It’s not God’s design or intention.”

“Oh, it’s not sin!” her supervisor cheerfully assured her. “God wants you to be happy! You just need to find the right girl and settle down.” My friend is living out a biblical worldview; her Christian supervisor, who most definitely does not, relegates the Bible to religious topics that don’t intersect with where the rest of life is lived. (Not only that: the Enemy used the supervisor’s lies and wrong beliefs to harass my friend as part of an all-out spiritual warfare attack.)

Jesus is Lord, and He loves and provides for His creation through people, whether we are delivering milk or delivering babies, serving in the military or the government, growing corn or managing hedge funds, raising our family or even serving in ministry. It’s all God’s work and we get to share in it (1 Cor. 3:9). Just as we can’t divide colors into sacred and secular, we shouldn’t do it with the rest of life either.
Processing Life Through a Biblical Worldview

I said earlier that a worldview is like a pair of glasses that is comprised of our beliefs and assumptions through which we see and interpret life. My husband, Ray, and I got a chance to put our biblical worldview into practice a few years ago when someone ran a red light and slammed into his car. He sustained a concussion but, miraculously, no cuts or scratches or broken anything. It took almost a year for him to recover from both the impact on his body and the mental fuzziness of his concussion.

As we processed this accident and the difficulties that unfolded from it, we experienced the wisdom that comes from interpreting life according to the truth of God’s word. Other worldviews would have interpreted this experience differently:

- **Naturalism**, the belief that the physical world is all there is, and there is no spiritual or supernatural component to life, would say, “Ray was in a car wreck, but there’s no meaning to it. It was just another accident; everything is an accident without purpose. Whether he survived or had been killed, ultimately that wouldn’t make any difference anyway since all of life is a random, meaningless existence.”

- **Pantheism**, the belief that all of life is a spiritual reality and the physical world is an illusion, would say, “Ray, his car, the other driver, and her car, are all part of ‘the one,’ the unifying essence of the universe. All of these particulars are an illusion, since there is only one reality where everything and everyone is divine.” And since many pantheists also share many of Eastern mysticism’s beliefs, we would hear, “Ray must have done something terrible in a previous life to have experienced this trauma in this life. He was working off his bad karma from an earlier existence.”

- **Traditional folk religion (Animism)**, the belief that the spirit world is constantly manipulating life in the physical world, because there is a spirit or spiritual force behind every event, might say, “Ray must have made some spirit angry with him. He needs to say some magic words or burn some incense or build an altar or do something to get the angry spirit to not be angry with him anymore.”

Since we seek to make the truth of God’s word the pair of glasses through which we view life, our filter includes the question, what does God say about this? Together, we practiced responding to this trauma according to our Christian worldview.

The most important truth was that God exists, and He has revealed Himself to be all-powerful and all-knowing. That means that getting “t-boned” was not a random accident that just happened. We reminded ourselves that He was still sovereign; a loving God was in control, even though He allowed Ray to get hit and his car totaled by a driver without insurance. God is all-powerful and could have prevented the accident, but for some reason He didn’t. We determined to trust Him even though He wasn’t explaining Himself.

This was a very bad car wreck, and the witnesses couldn’t believe he wasn’t killed instantly. Instead, he was protected from serious injury. We have thanked God many times for His amazing protection that resulted in 100% recovery.

Ray experienced very real pain and suffering, but we know from the Bible where that comes from: the fall of man is responsible for most pain and all suffering. He was not troubled by the possibility that his suffering might be meaningless because there was no one “up there” or “out there” giving meaning to it, like the view of life that atheists and agnostics have to face.
Ray’s car wreck had a special impact on me. At the time, I was dealing with my fear for my son’s safety since he was about to enter the Air Force during a war. Because Ray’s car wreck happened just three blocks from home, God impressed on me that His protection has nothing to do with geography. The best place to be, the safest place to be, is in God’s hand, and He has promised that no one can snatch us from His hand (John 8:28-29). I sensed Him impressing me that I could trust Him with my son the same way He protected my husband from lasting damage.

I hope this article helps you grow in your ability to think biblically so you can see life as it really is—one reality comprised of both the physical and spiritual, God’s world, God’s life—that He invites you into.

Notes
2. Ibid., 97-98.
3. Ibid., 34.
4. Email from Dr. Jeff Myers, April 19, 2011.

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**Grace and Truth About LGBT**

*Sue Bohlin provides a compassionate, biblically based look at what is happening as LGBT ideology has taken root in the culture.*

**What Does God Think About LGBT?**

This article is about grace and truth in the context of LGBT, those who identify as lesbian, gay, bisexual or transgender. What does God think about people for whom this is their primary (or even secret) identity?

After 20-plus years of walking with dear friends dealing with unwanted same-sex attraction, the very first thing that comes to my mind is the deep compassion and tenderness of our God toward wounded and deceived people that He loves very much. I am reminded of Isaiah’s words (42:3), “A bruised reed he will not break, and a smoldering wick he will not snuff out.”

People *discover* attractions toward those of the same sex. They don’t initially choose them. These disordered feelings are like the warning lights on the dashboard of a car. They are saying, “Something’s wrong under the hood; check it out!” So in the beginning, same-sex attractions constitute *temptation* rather than sin, but it easily crosses over to sin when people choose to feed and nurture thought patterns that God’s word says are sin.
And God’s word has always called sexual behavior outside of marriage between a man and woman, sin. That’s because sex is deeply spiritual as well as physical, and He wants to protect us from the harmful consequences of sexual sin. His word will last forever, and it doesn’t change. So I believe God is grieved when people reject His clear biblical statements about sexual sin, as is now happening in many churches and individuals.

God’s word calls us to be transformed by the renewing of our minds. An important part of the Kingdom message is that God changes believers more and more into the likeness of Jesus. That means that God endorses change, which makes sense since growth and change are an intrinsic part of life.

But the cultural narrative says that your sexuality can’t be changed. If people don’t want their broken same-sex attractions, and seek help recovering God’s intended design for them, it is becoming illegal to do that. It’s labeled as “Conversion therapy.” But if someone says they’re transgender and seek to inject their healthy body with artificial hormones and mutilate it with surgery to pretend they are something they’re not, that’s called “gender affirmation.” Yes, it’s backward.

God addressed this backward thinking in Isaiah 5:20—“Woe to those who call evil good and good evil, who put darkness for light and light for darkness, who put bitter for sweet and sweet for bitter.”

Back to the cultural narrative says that your sexuality can’t be changed. That’s not what some social scientists have found, which is that sexuality can be quite fluid and changeable. There is no magic switch to flip from homosexual to heterosexual; but when people invite God into the wounding and deficits of their earlier life and receive healing in their souls, some can develop attractions to the opposite sex. I have personally seen this happen multiple times. The problem is that people aren’t telling their stories, or when they try, they aren’t believed.

Disordered thinking and unnatural desires are not too hard for God to handle. Remember, He can raise the dead!

Cultural Lies vs. God’s Truth

There is a massive clash between the lies of our sex-saturated culture, and the eternal truth of God’s word.

**CULTURE’S LIE: Who I am is a sexual being.** Whether it’s a culture or an individual, when God is left out of the equation, sex is elevated to the #1 most important spot because it’s so powerful and a source of such intense pleasure (or can be). So people define themselves by their sexuality.

**GOD’S TRUTH: Who I am is God’s beloved creation.** Made in the image of God, created for intimacy and fellowship with Him, my worth proven by what the Son was willing to pay for me: His very life.

**CULTURE’S LIE: Sex is a need and a right for everyone to experience.** Many people believe it is on the same level of necessity as food, water and sleep.

**GOD’S TRUTH: Sex is so powerful it is to be contained only within marriage between one man and one woman.** The mingling of bodies and souls through sex is deeply spiritual as well as physical. God’s prohibitions against sex outside of marriage are His gift to us, meant for our protection from the painful consequences of sexual sin. They are like guard rails on a treacherous mountain road, intended to keep us from going off the cliff to pain and destruction.

**CULTURE’S LIE: I create my own identity depending on what I feel.** Untethered from a
connection to God as Creator, people live out the sad, repeated description of Israel in the book of Judges, where “all the people did whatever seemed right in their own eyes.” (Judges 17:6, for one).

**GOD’S TRUTH:** My identity is who my Creator says I am. All of us exist because God wanted us and hand-crafted each of us (Psalm 139). Feelings are real but they’re not reliable. Jeremiah 17:9 instructs us on why our feelings can’t be trusted: “The heart is more deceitful than all else and is desperately sick; who can understand it?”

**CULTURE’S LIE:** Gender is whatever we want it to be. Biological sex has been separated from gender (how one feels about maleness and femaleness). (Personally, this strikes me as illegitimate as proclaiming that the white keys on a piano are bad and the black keys are good.)

**GOD’S TRUTH:** God created man in His own image, in the image of God He created him; male and female He created them. (Genesis 1:27) The first words in the room when a baby is born are still, “It’s a girl!” or “It’s a boy!” Gender is still binary because God still creates only male and female.

**CULTURE’S LIE:** I can create my own reality. For example, recently a man abandoned his wife and seven children, announcing his chosen identity of a 6-year-old girl.{2}

Another man, deciding his identity is a female dragon, cut off his ears and nose, dyed his eyes, and inserted horns in his forehead.{3}

**GOD’S TRUTH:** There is objective truth and objective reality because God is real and true. We do not have the freedom to dismiss what is objectively true and real; 2 + 2 will always be 4, not 7 or 200, and gravity will always be operational on the planet. These things are real and true because a real and true God rooted His creation in His own nature.

**CULTURE’S LIE:** “Born this way.” This lie has so much traction because it’s repeated so often people assume it to be true.

**GOD’S TRUTH:** No Evidence. There is actually no scientific evidence of a gay gene or any other determiner of same-sex attraction. And in identical twins (who share the same DNA), when one identifies as gay or lesbian, the other one only identifies as gay or lesbian about 11% of the time. If homosexuality were a genetic issue, the correspondence would be 100%.

American culture continues to pump out the illusion—the fantasy, the myth—that sexuality is the
most important thing about life and about us, and that sexual identity and expression is where life is found.

Life is found in Jesus, and nowhere else.

**Transgender: The Emperor’s New Clothes**

In the old story of the Emperor’s New Clothes, scam artists appeal to the pride of a conceited emperor, claiming they can create a magical outfit for him that is invisible to anyone who is unfit for their position, stupid, or incompetent. He parades his new suit of clothes before his subjects, which of course no one can see because it’s a scam. But no one will say they don’t see it lest they be seen as stupid. Finally a little boy pipes up and blurts out the truth: “But he isn’t wearing anything at all!”

The transgender narrative is the equivalent of the Emperor’s New Clothes. The objective truth is that there is no such thing as magical clothes, and there’s no such thing as changing genders. People can only deceive themselves (and others), damage their bodies, and mutilate themselves—but our God-ordained maleness and femaleness, our biological sex, is stamped into every cell of our bodies.

It's especially alarming when parents, educators and other authorities feed a child’s fantasy that they are the other gender. We would never do that if a child declared herself to be a cat or a unicorn; we would gently and lovingly correct her wrong thinking by speaking the truth to her. But if a boy insists he’s a girl or vice versa, many progressive-minded adults are so proud of their “wokeness” that they rush to board the child on the transgender train.

Most often, children who reject their gender are reacting to gender stereotypes. Girls can think that boys get to do cooler stuff than girls, and sensitive boys who love pink and purple sparkly things can think it’s better to be a girl. Both sexes who experience abuse can believe that it would be safer to be the opposite sex.

Children never see the big picture—that’s why God gives them parents to help them see their world more accurately. One little boy told his parents he wanted to be a girl but no one inquired why, they just jumped on the transgender bandwagon. Turns out that when his baby sister was born and consumed a lot of attention because she was very sick, he concluded that if he were a girl, he would get the same attention.

**Transgender - Part 2**

When a person experiences a conflict between their biological sex and their internal sense of whether they are male or female, that’s called gender dysphoria. Various studies have shown that this very painful emotional state resolves itself about 85% of the time simply by going through puberty. It appears to reset things. So the best and wisest treatment is no treatment at all, but of course wise parents and other adults will continue to speak truth about a child’s identity—especially the truth that God who is good, loving and wise chose their gender for them, so we need to receive it as His gift.

This whole transgender phenomenon has ignited where children have access to the internet on their smart phones. The illusion of transgender is easily spread by social contagion. Children and teens talk about their beliefs that they are transgender on social media, and their impressionable peers are influenced to start thinking and feeling the same way. The popularity of social media has sped up the spread of this fantasy, especially on the Tumblr platform. One academic who studied the reports
of parents alarmed by sudden changes in their children coined the term “rapid onset gender
dysphoria.” {5}

Anyone who has been around adolescents for any length of time doesn’t need to be surprised by this
dynamic. Teens copy each other in all kinds of ways.

Many adolescents who identify as transgender suffer from anxiety, depression, and self-injury.{6} There is a whole constellation of painful mental health struggles all bound up together. We are also finding that a disproportionate number of teens who explore the transgender identity are on the autism spectrum.{7}

They already feel the shame of being different, of being “other than,” and it’s easy for them to
mislable themselves as transgender instead of just different.

One final note on transgender: we must not go along with the Emperor’s New Clothes story that
athletes can compete as the opposite sex just by declaring themselves so. It’s not just heartbreaking,
it’s wrong for teenage boys to rob girl athletes of scholarships{8}, not to mention dignity, by
unfairly competing against them and demanding to use their restrooms and locker rooms.{9}

**Why Have So Many Christians and Entire Churches Become Pro-Gay?**

More and more individuals and churches have come out in support of homosexuality and gay
marriage. Why is that?

I think there are two big reasons so many confessing believers in Christ have allowed themselves to
be more shaped by the culture than by the truth of God’s word, drifting into spiritual compromise
and even into apostasy, which means abandoning the truth of one’s faith.

**Reason One: Rejecting the Authority of God’s Word**

The first reason is that millions of people are rejecting the authority of God’s word.

The bitter fruit of several decades of shallow preaching, teaching and discipleship is that many
believers have been especially vulnerable to Satan’s deceptive question to Eve in the Garden of
Eden: “Did God really say . . .?” When Christians ignore or flat-out reject the unmistakably clear
biblical statements condemning homosexual behavior, they are playing into the enemy’s temptation
to justify disobedience by making feelings and perceptions more important than God’s design and
standards.

There are now two streams of thought on same-sex relationships and behavior: the Traditional,
Biblical View and the Revisionist View. {10} The Revisionist View basically says, “It doesn’t matter
what the Bible actually says, it doesn’t mean what 2000 years of church history has said it means, it
means what we want it to say.” And we want it to say that God endorses all relationships that invoke
love.”

**Reason Two: Snagged by the Gay Agenda**

When people don’t submit themselves to the truth of the Word of God, they are easily shaped and
swayed by the six points of a brilliantly designed “Gay Manifesto” spelled out in a book called After
the Ball: How America Will Conquer Its Fear and Hatred of Gays in the 90s. {11} This gay agenda
has been executed perfectly in the United States. (Note: these are the authors’ words, not mine.)

1. **Talk about gays and gayness as loudly and often as possible.**
2. **Portray members of the LGBTQ community as victims.** Indoctrinate mainstream America that members of the LGBTQ community were “born this way.”

3. **Give protectors a just cause: anti-discrimination.**

4. **The use of TV, music, film and social media to desensitize mainstream Americans to their plight as gay people.**

5. **Portray Gays and Lesbians as pillars in society.** Make gays look good.

6. **Once homosexuals have begun to gain acceptance, anti-gay opponents must be vilified, causing them to be viewed as repulsive outcasts of society.**

This is how I see how we got to this place where so many people have been deceived. They didn’t anchor themselves to the Truth of the Word of God, and they opened themselves to the cultural brine of Kirk and Madsen’s plan to overhaul straight America.

I will close with four personal observations about this situation:

1. Christians have bought into the culture’s worship of feelings over God’s unchanging revelation

2. People love how making themselves an ally and protector of the underdog makes them feel, despite God’s design and standards for sexuality and marriage.

3. Not enough of us Christ-followers are living lives that demonstrate the beauty and satisfaction of abiding in Christ.

4. The church has been dismal at loving those who struggle with their sexuality and showing them the grace that is in God’s heart toward them. It’s essential to both speak the truth in love (Ephesians 4:15), and seek to show love filled with truth.

**Notes**

1. www.sciencealert.com/sexual-orientation-continues-to-change-right-through-our-teens-and-into-adult hood
3. unbelievable-facts.com/2016/04/transgender-dragon-lady.html
4. en.wikipedia.org/wiki/The_Emperor%27s_New_Clothes
10. bible.org/article/reformation-church doesnt-need-answering-revisionist-pro-gay-theology-part-i
The Internet Dad With Millions of Kids

A father’s YouTube channel went viral during the pandemic as he kindly taught adulting skills to the fatherless. Sue Bohlin just loves this sunny spot on the internet!

This Father’s Day, millions of people worldwide will have a new dad to salute and appreciate. The “Internet Dad” is a warm, loving father-figure whose YouTube channel “Dad How Do I?” exploded during the Coronavirus quarantine.

Rob Kenney creates unfussy, easy-to-understand how-to videos on practical adulting tasks like how to change the tire on a car, how to iron a dress shirt, how to shave, and how to use tools like a stud finder, pliers and a wrench. He’s a natural teacher, but what has captivated over two million subscribers in just a couple of months is his heart.

Every single video radiates kindness. You know, the fruit of the Spirit that seems to be in alarmingly short supply these days?

He starts his videos with a smiling, “Hi kids!” and always includes a dad joke. A perfect dad joke, even when he messes up. (“Did you hear the joke about the butter? . . . Oh, I just blew it. Did you hear the rumor about the butter? Well, I’m not gonna spread it . . .”) As a response to the overwhelming number of views and heartfelt comments, Rob started creating simple messages from the heart; his “Thank You” (for people’s enthusiastic response) video has had over 1.6 million views in just under a month. His description for a video titled “I Am Proud of You” reads, “The internet can’t understand what you all just did! Apparently it doesn’t have an algorithm for kindness. :0) I am proud of all of you!” He has read a children’s book with the intention to read one a month.

He’s being the dad every heart longs for.

Viewers’ comments on Rob’s videos are the most eloquent expression of the worldwide father hunger I’ve ever seen.

One repeated sentiment Rob himself has responded to, which really touched his heart, was the sweetly defensive “Protect this man at all costs!”
In the comments on the “I Am Proud of You” video, I was moved to tears by a long thread of “kids” from different countries responding to one poster’s heartbreaking comment: “The words any Asian child dreams of hearing their whole life.” Then “amens” from around the globe: China. India. Eastern Europe. Arabia. Indonesia. And, of course, the United States.

Such heart hunger! Such pain from absent, or distant, or abusive, fathers!

- My dad.. Actually tried to kill me when I was little... He never loved me . . . Will you be my new dad? . . . My Internet dad?
- I’ve always been scared that when I grow up and if I become a father I won’t be able to teach my children “dad” things because no one taught me. Thank you this might change that.
- As someone who’s dad left behind 6 girls and a wife, i have NEVER ever appreciated a mans help before. []this makes my heart hurt in a good way[]
- “You got this and I’m proud of you.” I have a dad and I’m still crying
- Everytime he says hi kids i just wanna say hi dad.
- “I Love you, I’m proud of you, God bless you.” All of the internet crying

(OK, I’m gonna stop pasting in comments now. I can’t see for the tears.)

What delights me the most about this “Mister Rogers for Adults” is that Rob is a Christ follower. He allows Father God to love His hurting (and not-so-hurting) children through him. The millions of people who watch his videos, and especially the over 100,000 commenters, are experiencing the affection and warmth of the God who loves them more than they can imagine, and this God is using technology to reach millions of people around the world with His love—packaged in a way they can receive.

And It. Is. Glorious!

In the midst of a very hard time for us as a society, it seems that God the Father has bestowed a Father’s Day gift on people they didn’t know they needed.

God bless you, Internet Dad. I’m proud of you, too. And Happy Father’s Day, brother.


Two Sides to Every Story. Especially Now.

Sue exhorts us to make Proverbs 18:17 our filter to find the balance in news stories, analyses, and opinion pieces by asking wise questions and finding trustworthy sources.

Please, please, please, make this powerful Proverb the filter through which you process information, especially during this Corona-Crazy time:

*The one who states his case first seems right, until the other comes and*
examines him.
Proverbs 18:17

We HAVE to remember that there are two sides to every story, particularly now when we have to navigate a slippery slope of opinion, and fake news, and deliberately skewed news, and trustworthy reporting of facts.

Many people are grabbing one compelling-sounding video or article or even just a meme on social media, and they stop thinking there. We need to be asking ourselves the power questions that help us think:

**What do they mean by ____?** We need to make sure that we understand what others mean by the words and terms they use. Politically- and ideologically-charged rhetoric often uses language that means something very different from what it appears on the surface. For example, the innocuous-sounding “Equality Act” is intended to severely restrict and punish those who hold to a biblical perspective on gender and sexuality—who, it is clear, are not considered equal to those who hold pro-LGBT values.

**Where do they get their information?** There are extreme-right and extreme-left sources that pump out nothing but slanted and unbalanced ideas. We need to be aware of the difference between reports from the very conservative Infowars and The Blaze, and the leftist MSNBC and CNN.

**How can we know it’s true?** Much of what appears to be journalism today is analysis and opinion pieces. How are your discernment skills? Can you tell the difference between factual reporting and spin? Probably not if you live in a bubble of only opinions and voices you agree with. “Confirmation bias” is a powerful dynamic that keeps us from considering anything from a different perspective. This is why it’s essential to keep in mind, as Proverbs 18:17 reminds us, that there are two sides to every story, and we need to delay clamping down our minds on a position until we have more information and perspective. Do you know about allsides.com? That’s a good place to find news from the left, from the center, and the right.

(Please see my article “Four Killer Questions: Power Tools for Great Question-Asking”)

My extremely wise colleague at Probe Ministries, Steve Cable, offered this counsel in his article “Seeing Through News Media Bias: Exposing Deception and Proclaiming Truth in an Age of Misinformation”:

“[W]e need to be on the alert for the warning signs of misinformation. When we recognize the need for discernment, begin by asking God for wisdom in looking for and applying the truth:

But if any of you lacks wisdom, let him ask of God, who gives to all generously and without reproach, and it will be given to him (James 1:5-6).

“Then we need to ask ourselves some tough questions about the article or news report:

1. Does it begin with truth?
2. Is it logical?
3. Does it consider all of the evidence?
4. Does the conclusion make sense apart from the argument?
5. Does it stand up to close examination?”

These are great questions.
And we need to hang on tight to common sense, not being afraid to ask questions of what we’re reading and hearing. Biological viruses will not be transmitted through cell towers. Washing our hands thoroughly will ALWAYS be a good idea. We were told not to wear masks, now we’re told to wear masks; maybe there’s not a one-size-fit-all rule?

Conspiracy theories abound; is anybody addressing the assertions in them? At this point in time, Google is still our friend in finding the answer to that question.

The bottom line is that we need to always remember that “the first to make his case seems right, until the other comes and examines him.” If we’ve only heard the first side, we need to hold our thoughts and judgments loosely until we hear if there is another side.

And be kind the whole time.

This blog post originally appeared at blogs.bible.org/two-sides-to-every-story-especially-now/ on May 23, 2020.

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**Mind Games (radio transcript)**

There’s one thing we do here at Probe that is my favorite part of ministry. Our Student Mind Games Camp is a week-long, total immersion, give-it-all-we’ve-got experience for high school and college students that changes minds and hearts forever.

Beautiful Camp Copass in the Dallas-Ft. Worth area is surrounded by a lake on three sides and it feels very secluded—even though it’s not far from the Dallas-Ft. Worth airport, so students can easily fly in. We teach Christian students how to think biblically on a wide range of subjects: understanding how others think as they understand their worldviews, how they can know that Christianity is true, creation and evolution, human nature, the differences between guys and girls, the problem of evil and the value of suffering, campus Christianity, and even how to watch a movie with their brain
turned on. They learn about Islam, a compassionate but biblical view of homosexuality, different views of science and Earth-history, and genetic engineering.

Returning campers get to experience what is always a highlight for our students, a special alumni track with new lectures in an intimate, personal setting. The alumni always tell the first-timers what an amazing difference it makes to come back a second or even third time, because they get so much more out of the conference than they ever thought possible.

The Probe teachers don’t just give the lectures, though; we continue conversations at meals where we eat and visit with the students instead of each other. We break up into discussion groups to help the students process what they’re learning in the sessions. There is free time every afternoon and evening to hike, swim, play basketball or card games, read or nap. Or of course, just hang out with new friends.

The students are delighted to meet other thinking Christians from all over the country, students eager to think and grow in their faith as they learn to love God with their minds together. They enjoy getting to know us as the instructors, too. We’re not only available the whole week; we look for opportunities to engage in conversations that will encourage and affirm what God is doing in the minds and hearts of these precious young people.

We’ll be talking about Mind Games in this article, but you can go to our website, Probe.org/mindgames, and check out our videos, a typical week’s schedule, and lots of other information. In the next sections you’ll hear a little bit from several lecturers, and also from several of our Mind Games alumni.

**Sneak Peek of Probe Lectures**

Here are snippets from lectures of four of our Probe Mind Games instructors, speaking on the Biology of Human Uniqueness, LGBT, Islam, and Nietzsche for Beginners:

*Dr. Ray Bohlin:*

Fire is also necessary for creating tools, particularly metal tools. You have to be able to heat metals to a really high temperature: copper, silver, gold—all their melting temperatures are over a thousand degrees centigrade. So you have to get a really hot fire to do that, and to be able to make the tools liquid, to make them malleable. So you’ve got not only to be able to make a fire, you have to be intentional as to how you make a really hot fire.

*Sue Bohlin:*

What I really love is my title for this, which is “Grace and Truth About Homosexuality,” because I think we need both. We need to be coming from a heart of compassion and sympathy and understanding for the sexual and relational brokenness that results in homosexuality, but we also need to be absolutely camped out on the truth of the Word of God.

*Paul Rutherford:*

The third of the five pillars of Islam is the giving of alms, what they call zakat. It’s much similar to Christian charity, to giving to a church or giving to the poor; Muslims likewise have a heart for their community, have a heart for those who are down and out. This is the giving to “the least of these,” as Christians might call it. The fourth pillar of Islam is Ramadan, and Ramadan is a fast. It is a month-long fast. This is a time when they train themselves in discipline, of practicing not eating during the
day, and when they train themselves in increasing their desire for God, for Allah.

Todd Kappelman:

Adolph Hitler, when he was coming to power after 1939, he ordered just crates and crates and crates of *Thus Spake Zarathustra* and would give to his captains and his commanders and everything, and we believe by this action in some of Hitler’s own words that he saw himself to be the inheritor of much of Nietzsche’s philosophy and especially the aspect of the overman, the great world historical figure that Nietzsche is going to advocate for solving some of the problems that he’s going to look at.

Comments from Alumni, Part 1

In this article we’re talking about our memorable, life-impacting, week-long summer Mind Games conference. But you don’t have to take our word for it. Consider what some of our alumni have to say.

Here’s three-time alumnus, Noah:

Mind Games is a fun place of fellowship, you get a lot of excitement, there’s a ropes course that you go on so there’s a lot of excitement there, you do a lot of team-building activities, it’s a ton of fun, you get to learn a whole lot about life, about faith, about people, about relationships. You get to experience a whole new world of things that you’ve never experienced before in the faith. A lot of people, they just have a surface-level faith, but here at Mind Games we go a whole lot deeper into that faith, we lay it out and we explain philosophically how it works, reasonably how it works, how it works with science, how it works with other people, how it works with suffering, how it works with everything, just how the world works with faith.

Here’s Esther:

My faith before Mind Games was a little crazy . . . I had thoughts about suicide a few times, and then I started to doubt, “Is God even there?” Like, if He was there, then wouldn’t I feel His presence? Then I came to Mind Games and I was like, there’s no way He’s not real. For someone who hasn’t been here, Mind Games is a great experience. You not only gain friends and family, but you learn more about God and how to stay stronger in your faith.

Tyler had a major shift between his first and second time at Mind Games:

I’m Tyler Lord from Athens, Georgia. Last year when I came I was actually agnostic, so I didn’t really know. But kinda having experiences throughout the year after Mind Games and coming back, I’ve become a Christian. It’s lots of fun. You come and, you know, it’s not really all about religion. There’s a bunch of free time you get to play around. You come in, and you don’t really know what to expect, When you get here and you think, oh, it’s gonna be a bunch of lectures, but it’s really not. You get a good bond with everybody’s who’s here, like the other campers. And even though there are lectures, they’re really interesting. The apologetics ones are great for like if someone comes up to you and they’re like, “Why are you a Christian?”

Comments From Alumni, Part 2

Here are a few more alumni comments, starting with Arty:
Mind Games is a wonderful time of fellowship, worship and just gaining a lot of knowledge into why Christianity is reasonable, how Christianity can work with science, how your faith and science can work together and not against each other. Mind Games is fun, it’s very much about the relationships that you build, it’s about the people who you interact with on a daily basis for the week.

This was Anya’s second time through:

After this second round of Mind Games, I feel like I’ve grown much more as a person, not just due to time but also how much Mind Games has affected me personally, If I had to describe Mind Games to someone who’s never been here before, I would say it’s something that completely blows your mind away. Not in the sense that it’s all weighing over your head, but just how much they describe, how much detail and information you have on how to defend your faith. First year it was amazing, and second year it got even better.

Ben also returned:

Well it’s really that the first Mind Games for me was like planting the seed, this time it’s nurturing the plant. It was really so I could re-establish what they had taught me last year, cause last year was such an eye-opener I wanted to see if either I could experience that or build upon it this year, which I have.

Amy set a record of coming to Mind Games!

My name is Amy Klaschus, I’m from Orlando Florida, and I’ve been to Mind Games five times now! What keeps me coming back to Mind Games is the people, because I love the teachers—they’re very nice and they’re always willing to help and answer questions. Every year there have been at least a few people among the students who are just so welcoming and so Christian in a way I can’t really find back home as much. I know that in shaping my growth in faith, Mind Games has been just completely essential, because it’s given me the perspective and the ability to think biblically about all the problems I face, all the problems I faced in high school and now all the problems I’ve been facing this past year of college.

**Why Go to Mind Games?**

We now know that three out of four high school seniors who had been part of a church youth group drop out of church within a year.\(^1\) One reason for this is that they don’t own their faith; they don’t know that Christianity is true, and they don’t know why it’s true. They tend to equate faith with a warm fuzzy feeling that doesn’t stand up to the challenges of life. Many students are afraid to express their doubts so they never learn that there are good, solid answers to their questions. They are sensitive to the disconnect that happens when those who profess to be Christ-followers act no differently from unbelievers.

For over twenty years, Probe’s Mind Games conferences have been preparing young people for the challenges to their faith. In that time, we have witnessed firsthand the incredible thirst for a reliable trustworthy faith. Again and again we hear that some had despaired of ever finding something like Mind Games. The conference consistently exceeds expectations, and students often tell us they wish they had brought their friends.

Alumni from these summer conferences have gone on to become leaders on their campuses, the government and the military. This week-long immersion truly changes lives, giving them a new confidence in their God, His Word, and in their role as His ambassadors. We know this because some
of them come back as alumni a second or third year, and because they contact us years later and let us know how Mind Games continues to impact them.

Mornings start with an informal devotional by Probe staff and a time of prayer. They receive twenty-five hours of lecture using video clips, role play, Q and A, and other teaching techniques. They connect with each other and process what they’re learning in small groups. We as staff get to know and truly love them.

The Student Mind Games Camp is for those who have finished their junior or senior years of high school, and for college freshmen and sophomores. [Note: especially motivated students younger than that are welcome, though!] Please go to our Web site, Probe.org/mindgames, and check out videos. You can look at a typical schedule, and find out all the details. And then register someone you love. It will make a difference in time and eternity.

Note

1. Steve Cable, Is This the Last Christian Generation? probe.org/is-this-the-last-christian-generation/

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