

“Should a Husband Divorce His Unfaithful Wife?”

Hi, Greetings in Jesus name, I would like to know what the Bible teaches about when a wife is having sex with other men. What should the husband do in this case—should he divorce her and remarry? Will that be a sin in the sight of God according to the Bible?

Wow. There's a lot of pain and anger connected to the situation that would result in asking this question! I'm sorry.

I do realize that some women are driven by such relational and sexual brokenness that their pathological pursuit of sexual partners outside the marriage indicates something is terribly wrong and needs attention. Telling such a woman, “Stop it!” will not have much of an impact. There's much more going on.

But because God created women to be so relational, and because we long for safety and security in our relationships, if a wife is having sex with other men, that is not the norm. Something is driving her to do that, and I would want to know what it is. Since the second greatest commandment is to love our neighbor as ourselves (Mark 12:31), we need to pass your question through the filter of love: what is the most loving response to this situation?

Because I am a wife, and because I know how much my heart, like most other women, longs to be loved and respected and cherished by my husband, my question is, “Why is this lady going outside her marriage for sex?” I wonder how her husband is treating her. A woman who feels cherished and respected and valued by her husband usually does not have any interest in going to other men for attention, affection and affirmation.

There is obviously conflict here, and the Bible instructs us

how to resolve conflict in God-honoring and people-honoring ways. First, it is always up to us to examine ourselves for our role in the conflict. "Why do you look at the speck that is in your brother's eye, but do not notice the log that is in your own eye?" (Matthew 7:3) So I would counsel the husband to ask himself, "What have I done to drive my wife to the arms of other men? Have I loved her as Christ loves the church, sacrificially? What part have my attitudes and choices played in what my wife has done?" Since there is a good chance that he has a blind spot about this, it would be wise to ask others who know the couple for their honest input: "Have you seen anything in me that is less than loving and kind toward my wife?" Whatever the answer is, the husband needs to acknowledge it, confess it to his wife, and ask her forgiveness—as well as change his ways of relating to her.

The next step of biblical conflict resolution is to talk to the other person in private. "If your brother sins, go and show him his fault in private; if he listens to you, you have won your brother" (Matt 18:15). This would mean a private husband-wife conversation where the husband talks to his wife about her sin, leading off with taking responsibility for any part he has played. It would be appropriate to share how her choices have deeply hurt him and ask her to stop and repent of her sin.

The third step, if the offender will not repent, is to escalate the conflict to involve others. "But if he does not listen to you, take one or two more with you, so that by the mouth of two or three witnesses every fact may be confirmed" (Matthew 18:16). This would mean bringing the situation into the light with others who are "doing life" with the couple.

The fourth step is to broaden the scope of the conflict to the larger community. "If he refuses to listen to them, tell it to the church; and if he refuses to listen even to the church, let him be to you as a Gentile and a tax collector" (Matthew 18:17).

If a husband has gone through all the steps of godly, biblical conflict resolution, and his wife is still hard-hearted and will not repent, then he does have the option of divorcing her. Jesus did give that option, but note the role of hard hearts in His teaching on divorce: "He said to them, 'Because of your hardness of heart Moses permitted you to divorce your wives; but from the beginning it has not been this way. And I say to you, whoever divorces his wife, except for immorality, and marries another woman commits adultery'" (Matthew 19:8-9). I find it interesting in view of your question about a man possibly divorcing his wife, that Jesus ascribes hard-heartedness to the men seeking divorce. Of course some women are hard-hearted and unrepentant, but I'd be interested in asking the unfaithful wife, "Why are you doing this? Tell me about your relationship with your husband. Do you feel safe, secure, respected and loved? Do his eyes light up when you enter a room? Do you feel God's love for you through your husband? What are you looking for in other men that you're not getting from your husband?"

Finally, you asked about remarriage. According to the Matthew 19 passage, it does appear that a husband whose wife was unfaithful has the freedom in the Lord to remarry without it being adultery for him. But I earnestly want to impress on you that what would far more please and glorify God is to find the reasons for the broken relationship and repair it with the glue of grace and forgiveness. Ephesians 5:9-10 exhorts us to "live as children of light and find out what pleases the Lord." Reconciliation pleases the Lord, and that is far more important than what a spouse is technically allowed to do in the wake of unfaithfulness.

I hope you find this helpful.

Sue Bohlin

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“What Do You Know About Landmark Forum?”

What do you know about Landmark Forum? Received an e-mail from a relative about how this has changed her life and invited me to check it out. I came straight to your website to see if you had anything on this organization.

We haven't done any research ourselves on The Landmark Forum, but others have:

[“Landmark Education” on Apologetics Index](#) (note the very beginning of this analysis: “NOTE: (Landmark Education lawyers, pay attention please!)” The litigious nature of Landmark is quite interesting! Note this corollary article:

[Landmark Education vs. A Link on Apologetics Index](#)

[Inside the Landmark Forum](#)

Watchman Fellowship, a trustworthy source of information on cults and false religions, took down their analysis of Landmark after being threatened with a lawsuit. However, someone else has put it back up:

web.archive.org/web/19980615070001/http://www.watchman.org/LandmarkProfile.htm

If you google Landmark Forum, you can find some intriguing information, including comments by people who have attended and/or experienced pressure from recruiters.

ask.metafilter.com/15619/Opinions-of-Landmark-Forum

www.ex-cult.org/Groups/Landmark/landmark-cherries.dir/_X00M/apostate/index.htm

For what it's worth, Landmark uses experiential exercises rooted in its history of Werner Erhard's "est" program, which eventually morphed into Landmark. Some of the exercises themselves are helpful and do not violate any biblical principles. [Dr. Phil McGraw](#), formerly associated with Pathways, a similar program to Landmark, brought TV cameras into the "training room" of some of these same exercises when he was featured on Oprah, and periodically uses elements of the exercises on his programs.

And several Christians have taken the helpful parts of Landmark, rejected the rest, and created God-honoring, people-honoring seminars that are about discipleship and personal growth, not making money.

www.heartconnexion.org (my son and I both participated in this one, and bless God for it)

www.graceadventure.org/

Hope you find this helpful.

Sue Bohlin

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Gay Teen Suicide and Bullying: A Christian Response

The rise in gay teen suicides is alarming and heartbreaking, whether it is an actual rise in suicides or a rise in the reporting and awareness of these needless deaths. Five teens

killed themselves in a recent three-week period because of bullying or “outing,” but no one knows for sure how many there are.

Teens who experience same-sex attractions are already stressed simply by the difficulties of adolescence. This is painfully exacerbated by the confusion that accompanies unwanted desires and feelings that make them feel “other than,” different, like they don’t belong. Many of those who struggle with gay and lesbian feelings are very emotionally sensitive, and they can feel their pain more deeply than many of their classmates. They can easily buy into the lies that life is too hard, the challenges too daunting, that the hopelessness is too overwhelming.

When one factors in the excruciating pain of being taunted and bullied for even being perceived as gay or lesbian, the shame can become too much. If one is overweight, there is a possibility of losing weight; if one is a poor student, there is a possibility of working hard and studying to do better. But if one feels disconnected from and unaccepted by their same-sex peers, and if they can’t explain and did not choose the attractions that plague them, then most students will despair, believing there is no hope of anything changing. This is especially true for those who have prayed—many of them every single day—for God to take away their feelings, and He doesn’t seem to answer. (There are [good reasons for this](#), but they don’t know that.) Gender identity is at the center of one’s identity; what do you do when you don’t feel comfortable in your own skin?

Given these stresses, Christians could and should be the first ones to reach out to the marginalized, the ostracized, and the bullied. Every single person is precious to God, made in His image, and deserving of dignity and respect.

The emphasis needs to be on “teen suicides,” not “gay suicides.” Any time a young person takes his or her own life

it is horrific and unacceptable—and, may I repeat myself, heartbreaking.

I am grateful for the way the media is highlighting the problem of bullying. This is a problem we can do something about—regardless of our particular beliefs about sexuality.

My friend Randy Thomas, executive vice-president of Exodus International, responded to the highly publicized suicide of Rutgers University student Tyler Clementi on the Exodus blog (Exodus is a ministry to those dealing with unwanted same-sex attractions):

Christians we need to speak out strongly against bullying and condemn vicious and violating behavior like this. God is the author of every breath. As long as there are Tylers in this world we have to defend their right to freedom and self-determination. We must afford them at least the very basics in human respect [and] dignity and defend them from those [who] would exploit and abuse them God is the author of every breath, and when we look into the face of another we are seeing a dim reflection of Him.

Whether they know Him or not.[{1}](#)

Christians should be at the forefront of the anti-bullying movement. Bullying is the opposite of the second greatest commandment, to love our neighbor as we love ourselves (Mark 12:31). The Gospels are full of stories of Jesus standing up for the underdog; consider how He stood up to the religious bullies who had entrapped a woman caught in adultery (John 8). When it comes to bullies, what would Jesus do? Stand up to them. Defend the bullied. Communicate that they are precious, valued, and loved.

I have read a number of stories of people who were bullied when they were growing up. I can't imagine how difficult it is to live through the painful isolation and rejection, of feeling that no one cares and nothing can fix the problem

(apart from the bullies disappearing). I can't imagine how painful it is to see teachers, bus drivers, and other adults say nothing and do nothing to come to the defense of kids being picked on—for being different, for being new, for being "other than," for no reason at all other than the arbitrary attack of someone who felt small, and who bullied someone else to feel "bigger than."

To understand the problem of gay teen suicides, it's helpful understand the issues for gay teens (please see my article ["Helping Teens Understand Homosexuality."](#)) We also need to understand more about bullying and what to do about it. The very wise and experienced Dr. Allan L. Beane offers "Tips for Parents, Assertiveness Skills for Students Who Are Bullied" and "Assertiveness Strategies for Siblings and Other Students (Bystanders)" on his web site.[{2}](#)

Parents, pastors, youth workers and students need to encourage one another to stand up against any bullying of any student. There is strength in numbers, especially when it comes to dealing with a bully, although it only takes one voice to say, "Stop it." Experienced teachers say a no-tolerance policy toward bullying is essential to taking power away from bullies. The key is the community—the school, the church, the neighborhood, the youth group: when the community says nothing, bullying explodes. When the community refuses to allow bullies to exploit others' weaknesses, it is quenched.

At the same time, however, as we encourage teens to reach out to their marginalized peers by standing with them against their bullies, we don't want to be naïve. Although community pressure on bullies to stop often works, Scripture makes it clear that living like Jesus and standing up for the outcast will not be easy. Just as the Pharisees were upset by the way Jesus interfered with their social hierarchy, so too things will get sticky for those who upset those at the top of the social ladder. High school bullies are often at the top of the social food-chain. We need to prepare our students for the

teasing and bullying they very likely will face for defending the marginalized, reminding and encouraging them that being persecuted for doing the right thing is to be expected, and is part of what makes the hope we have in a world and a kingdom beyond this one so sweet.

Gay teen suicides happen when students feel alone and isolated, when they feel “other than” and feel judged for that other-ness. Many of those who find themselves attracted to other boys or other girls are already uncomfortable with their desires; most of them try to pray or wish them away, but that’s not how those feelings are changed into the God-given, normal attractions for the opposite sex.

We can do something to prevent more gay teen suicides. The most influential people in gay teens’ lives are their peers, whose affirmation or shaming holds extreme power. But teens need to be instructed in how to fulfill the second greatest commandment, in loving their neighbor. We can teach them that all young people need to be loved, to be accepted as people made in God’s image, to be valued. They all need the “three A’s”: attention, affirmation, and affection. If sexually confused or gender-insecure teens, who are often marginalized by the other students, experienced Christians reaching out to them in friendship, simply communicating the grace of acceptance and value, that could make a big difference. It can be choices as simple as inviting someone to sit with them at lunch, or telling others to “lay off” if they make insulting and negative comments about one of those marginalized students. They can even say affirming things to the bullies like, “Hey. You’re better than that, dude. Leave him alone.”

Jim Wallis recently wrote something stellar in a blog post on “Christians and Bullying”:

My mother used to give us kids two instructions:

1. If there is a kid on the playground that nobody else is

playing with—you play with them.

2. If there is a bully picking on other kids—you be the one to stand up to him or her.^{3}

Being “Jesus with skin on.” That’s how teen suicides, regardless of sexual identity, can be prevented. May God use His people to love these hurting young women and men whom He loves dearly.

Notes

1. Thomas, Randy, “Step Up, Speak Out Against Bullying: The Tragic Case of Tyler Clementi,” Exodus International Blog, posted Oct. 1, 2010, accessed Nov. 11, 2010: blog.exodusinternational.org/2010/10/01/step-up-speak-out-against-bullying-the-tragic-case-of-tyler-clementi.

2. Beane, Dr. Allan, Bully Free Program, “Tips for Parents” and other posts: www.bullyfree.com/free-resources/tips-for-parents accessed Nov. 11, 2010.

3. Wallis, Jim, “Christians and Bullying: Standing with Gays and Lesbians,” God’s Politics blog: blog.sojo.net/2010/10/21/christians-and-bullying-standing-with-gays-and-lesbians, accessed Nov. 11, 2010.

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Your Board of Directors

At a conference several years ago I was given a thought-provoking challenge, to identify the people on the board of directors of my life: whose voices do I listen to? Whose

counsel do I follow? Whose values do I respond to?

The speaker pointed out that some people ought to be kicked off our board—like parents, if their voices of shame and criticism still control and restrict us. So should voices of much of the media, especially TV. And we can replace them with wiser, more godly voices who can offer us direction and perspective. There was a discussion of categories of potential board members. They don't have to be alive, and we don't have to personally know them, either.

The Lord Jesus, of course, needs to be the #1 board member. If we're married, our spouse should be on our board. The Apostle Paul is a good board member. Peter and James are good too, as is Solomon. So are some of the church fathers and Christian writers like C.S. Lewis. Or a pastor, and not necessarily our own. (I have a friend in a distant city who has adopted my pastor as hers, and listens to every audio recording my church puts online.) Mentors are great board members, and so are wise and trusted friends.

A few weeks ago, John Townsend, one of the co-authors of [the Boundaries series](#), was at my church. I love what he writes and listen to him on the radio show "New Life Live" whenever possible. I had a chance to talk to him briefly, so I told him about my board of directors. "John," I said, "Several years ago I installed you as a permanent member of my board. Other people have come and gone, but you're always there. I really appreciate your wisdom and godly perspective, and you have equipped me to respond to various life challenges. Just wanted you to know how you've blessed me even though we've never met."

(To my delighted surprise, he lit up and asked if he could hug me!)

Who's on your board? Who can you kick off to the glory of God? (Hint: magazines that make you unhappy with how God made you

as you compare yourself to the celebrities and models inside, certain internet sites, particular TV shows. . .)

Who can you put on your board? Let's hear it.

This blog post originally appeared at
blogs.bible.org/engage/sue_bohlin/your_board_of_directors
in July 2009.

Zap the Lies, Hug the Truth – 1

As the scriptures tell us that King Saul stood head and shoulders above everybody else, there is one aspect of the spiritual growth process that seems to stand head and shoulders above the rest: identifying and renouncing the lies that hold us in bondage, and embracing God's truth which sets us free.

Recently, I have been blessed by the experiences of two dear friends, both dealing with the fallout of trauma, as Jesus lovingly takes them through this process.

One of them is a college student whose parents wisely equipped her in how to think through negative thoughts and feelings:

1. Is _____ the truth? [No.]
2. That makes it a . . . [Lie.]
3. Where do lies come from? [Satan.]
4. God tells us truth because He is truth. So what does He say about it?

Armed with this powerful weapon, my friend successfully handled a molestation that happened in the middle of the night while she spent the night at the home of a friend. Wounds like that are “lie factories” that pump out pain and destruction. But she was able to pull out the arrows that had pierced her heart and let Jesus’ truth bring healing.

Lie #1: “You got what you deserved. It’s YOUR fault, because you didn’t lock the door.” **Truth:** I did NOT deserve it. That man is responsible for his own sinful choice to violate me. 1 Corinthians 6:18 – Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body.

Lie #2: “Ha! Hypocrite! You make everyone think you’re leading a pure life, but you’re nothing but a soiled dove.” **Truth:** I’m a hypocrite when it was something done TO me?? 1 Timothy 5:2b – [exhort] younger women as sisters, with all purity. He did not treat me with purity. I did not invite his mistreatment of me.

Lie #3: “You want your husband to be a virgin on your wedding day. Why should he be? You only have your ‘technical’ virginity left.” **Truth:** My innocence was not freely given; it was taken. My “full” virginity has been restored. Psalm 147:3 – He heals the brokenhearted and binds up their wounds.

Lie #4: “No guy will want a soiled dove. That guy you are growing to love? Ha! You aren’t good enough for him.” **Truth:** I may not be good enough for HIM, but Jesus thinks I’m to die for! John 3:16; Jeremiah 29:11-13...

Since this was the biggest lie and the deepest wound, God also provided these powerful verses: Psalm 37:4 – Delight yourself also in the LORD, and He shall give you the desires of your heart. Psalm 84:11 – For the LORD God is a sun and shield; The LORD will give grace and glory; No good thing will He withhold from those who walk uprightly.

Praise God that His truth is powerful enough to show lies for what they are, and destroy their power to shackle us! His word is sharper than any two-edged sword, able to zap lies and allow us to embrace the truth that gives life and light.

[Next time](#) I'll share the way Jesus revealed truth to zap the lies binding the heart of my other friend.

This blog post originally appeared at
blogs.bible.org/engage/sue_bohlin/zap_the_lies_hug_the_truth

Zap the Lies, Hug the Truth – 2

In my last blog post [“Zap the Lies, Hug the Truth – 1,”](#) I shared how one of my friends faced the lies of the enemy in the wake of a molestation, and successfully stood against them in the truth of God's word.

Today I will let another friend share how the Lord Jesus has met her on prayer walks, addressing the lies that have held her in bondage since her trauma-filled childhood and then adulthood.

This is what she wrote to me:

Jesus said, “First I will take off the lie you have believed, then I will wash you with the water of the word of truth, then I will put on your real identity in Me.”

I saw a picture, and realized it was me—as a beggar. My whole body was covered in rags and filth. The filth was

garbage and dirt and waste that had been there so long it had hardened into a thick leathery shell all over my body. This shell adhered to my skin like glue, penetrating the rags I was wearing as clothes.

"This is going to hurt some," Jesus said, "and your soul will be naked and exposed before Me, but it will be all right."

I nodded my assent.

He then reached out and pulled off a piece from my shoulder to my elbow on the front side of my arm. The skin underneath was very pink and soooo tender.

Jesus: "Tell Me the lie you believe about your weight."

Me: "I'm fat and it makes me ugly and undesirable. I'm huge and when people look at me they just see the fat lady. I'm gross."

Jesus (commanding tone): "NOW, tell Me the truth I have shown you about this." (With that, He put water on the exposed skin, and it healed and tanned.)

Me: "That I'm 20 lbs. overweight, that I have a sedentary lifestyle due to chronic pain and damaged joints. That I am making appropriate efforts by walking and watching what I eat. That my body type will NEVER be 5'5" and 100 lbs. and that is okay with You because You made me to be this size."

Jesus: "What is another lie you believe?"

Me: "That I am worthless, of no value, that I benefit no one and that people would be better off without me. I am refuse."

Jesus: "Now what is the truth I am showing you?"

Me: *tears* "That You, Lord God, wanted spiritual offspring,

and I am that. You, God, benefit, You gain a daughter. That my kids gain because they needed a mom who could make it alone (with You) with five kids. That my students benefit because others have given up on them. That my pastor benefits because he is seeing someone walk out of sexual brokenness first hand. Sue benefits because she sees how my relationship with You works. The online community of women benefit because You speak through me to encourage them.”

Abba: “You are Mine, My daughter, heiress, friend. Your purchase price is set, the holy blood of the son of God. I did not find that price too high. You are precious in My eyes.”

So my friend writes me these healing scriptural truths she hears from the heart of God as they go walking, and then when she forgets them, I have the privilege of reminding her what He has said. It’s like that old saying, “A friend is one who knows the song of your heart, and will sing it back to you when you forget the words.”

This blog post originally appeared at
blogs.bible.org/tapestry/sue_bohlin/zap_the_lies_hug_the_truth_part_2
on Sept. 15, 2009.

Swords of Blessing

This Father’s Day weekend, my to-do list included personalizing almost three dozen wooden swords. A dear friend has a wonderful boys’ summer camp called [“Warrior Week”](#) where men sow love and truth (along with a fair share of messy fun)

into the souls of boys. I am privileged to use my calligraphy experience to letter each boy's name and a prayed-over character trait that is a blessing for each boy concluding his last year of Warrior Week. So I lettered blessings like "Justin the Magnanimous" and "David the Faithful" and "Cooper the Strong," under which was lettered "Dangerous for Good."



The camp leaders asked each boy's father to write a letter affirming his son, in his own handwriting, and walked them through what to say. Affirmation is a mystery for many dads, who never received it from their own fathers. "You can say whatever encouraging words you'd like to in your letter," the dads were told, "but we would like for you to at least include these four points:

1. I love you.
2. I am pleased with you.
3. I am for you/in your corner no matter what.
4. God has a plan for your life."

Wow. This is powerful stuff! I rejoice in the power of a father's words of affirmation because I have seen firsthand what a difference it makes in the lives of our sons. For all our gifts and strengths, women cannot imprint masculinity on the souls of boys and men. We can confirm what we see, but we can't put it there. And a father's voice, whether spoken or verbal, can have a "weight of glory," to use C.S. Lewis' term, that lasts for an eternity.

While I'm thrilled for the boys who will be receiving this amazing blessing, I am also reveling in the truth that my heavenly Father delights to affirm each of us. He says, "I

love you, I delight in you, I am for you, and I know the plans I have for your life!"

Even if we don't get a sword. . . at least we get the letter. It's bound in a Book.

This blog post originally appeared at
blogs.bible.org/engage/sue_bohlin/swords_of_blessing on June
23, 2009

Try Jesus???

The other day I saw a bumper sticker: "Try Jesus." *Try Jesus?* Whoever wrote and printed that soooo doesn't get it. They don't get Jesus, they don't get the Christian life, they don't get the relational aspect of biblical Christianity, they don't understand the Cross.

Try Jesus? We might as well print bumper stickers for plants that say "Try Light." Or for appliances: "Try Electricity." Or for pens: "Try Ink."

Try Jesus. The mentality of this thought permeates our culture, and even worse, it permeates many churches: Jesus as God's best self-help tool. Jesus as an addition to our lives, like vitamins or exercise.

The other day I was having a texting conversation with a young lady when I had reason to suggest that she was a functional atheist: claiming to love God but living and thinking in ways that are no different from an atheist. She said, "Sue, how can you say that? I have God in my life!"

I responded, “YOU have God in YOUR life. . . can you see how backwards that is?” God as an additive completely misses the point of why He made us, why He calls us to be reconciled to Himself. Not so we can “have us some God in our lives,” as they say in the South, but so that we can join the love-fest of Father, Son and Spirit in an ongoing dance of friendship, fellowship and celebration.

Recently, I’ve been thinking a lot about the Trinity and how the Three-Personed God wants us to join in on Their party. It has impacted my prayer life: now, when I pray for someone, I envision her in the middle of a divine group hug, surrounded by Father, Son and Spirit loving each other with the person caught up in the middle, getting “loved on” on all sides.

It’s so much bigger, so much better than the puny “Try Jesus.”

This blog post originally appeared at
blogs.bible.org/engage/sue_bohlin/try_jesus
on Dec. 8, 2009.

Turn to Jesus, Tiger

Yesterday (Jan. 5, 2010), Fox News commentator and analyst Brit Hume *became* the news with his delightfully provocative comments about and to scandalized über-golfer Tiger Woods, which instantly showed up in places like an entertainment “news” show and in several YouTube videos.

“Tiger Woods will recover as a golfer. Whether he can recover as a person, I think, is a very open question, and it’s a tragic situation. He’s lost his family; it’s not clear to me whether he’ll be able to have a relationship with his children, but the Tiger Woods that emerges, once

the news value dies out of this scandal, the extent to which he can recover, it seems to me, depends on his faith. He's said to be a Buddhist; I don't think that faith offers the kind of forgiveness and redemption that is offered by the Christian faith. So my message to Tiger would be, 'Tiger, turn to the Christian faith and you can make a total recovery and be a great example to the world.'"

I love it that someone spoke the plain, un-PC truth that Buddhism offers no solution to the weight of grief and shame that Tiger is carrying.

But Jesus does.

Our culture has become voracious in its appetite for celebrity and celebrity news, which is why a man's unfortunate and self-indulgent choices to engage in numerous extramarital affairs gets much more attention than it deserves. This isn't just about news that sells newspapers and magazines; this is a real life train wreck, with real life trauma and pain to a man and his family. And that's why what we believe matters, because real life in a fallen world involves pain and suffering—some because of our own sinful choices, some because of others' sinful choices, and some because pain and suffering is inextricably linked with a world hostile to God and intent on operating independently from Him.

Pain and suffering is not optional, but we have choices in how we interpret our experiences and how we respond. Brit Hume, himself a Christ-follower, knows that God can bring hope and change and redemption out of the most painful parts of life. He knows, because he is a man forgiven by God and others for his own sins, that there is freedom and relief in the forgiveness made possible by Jesus' death and resurrection.

Tiger needs to know.

Would you join me in praying for the man, every time you hear or see him mentioned in the media? Pray for grace to repent

and not merely grieve that he got caught. Pray that he turns to Jesus.

This blog post originally appeared at
blogs.bible.org/engage/sue_bohlin/turn_to_jesus_tiger

Vain Imaginations

Not long ago, I attended a retreat at which a college student, freshly discovering his call to an intercessory prayer ministry, spent hours every night praying by name for everyone on the retreat. The last morning when I ran into him, he said, "Sue! As I was praying for you, I received a word from the Lord for you."

Uh-oh. I'd heard this before. And every time I had taken it to the Lord, asking if there were anything to it, the answer was no.

My defenses up, I smiled and said, "I'm listening." He got a very thoughtful look on his face and said, "I have to get it exactly right. . . OK, the words were, 'Guard against vain imaginations.'"

I thanked him for this and promised to immediately take it to the Lord. I had barely breathed, "Lord, is there anything to this?" when the lightbulb came on in my spirit and I knew EXACTLY what this was about.

Oh yeah. This was from God, all right.

For about a year, my husband and I had been carrying around an open wound on our souls. We had been deeply hurt by several

people we had trusted and loved, and it is not exaggeration to call it traumatic. Every single day of that time I had engaged in fantasy conversations in my head with the people who inflicted so much pain—except they weren't really so much conversations as monologues, with me lecturing on how badly they hurt us and how dishonoring their actions were to us and to God. . . yada yada yada.

Vain imaginations. Yep, this word was right on the money.

And God was so incredibly tender and grace-ful to merely exhort me to “guard against” them. Not, “You bad girl, you’ve been sinning against my sons in your mind. Repent!” Not, “And who are YOU to set yourself up as judge and jury? Look at your own fleshly heart, kiddo!”

Just, guard against them.

So I confessed my sin of indulging in self-vindicating fantasy, and resolved not to go there again. It didn't take long, of course, before my mind returned to what had become a familiar and comforting indulgence—an emotional “binkie.” I stopped and said, “Well Lord, what am I supposed to do instead?” He didn't even have to say anything, just wait for me to connect the dots since I already knew. “Oh. I should be praying for them instead, huh?”

Okay. Fleshly sigh.

The biblical pattern for changing behaviors is to replace and displace the old with something new, and eventually the temptation to indulge in vain imaginations about this issue faded with disuse. It still pops up occasionally, but I know what to do with it.

“Vain imaginations” is a good term for a lot of popular mental sin we so easily rationalize: engaging in internal arguments with people who aren't even there, the lusting that accompanies sexual pornography for men or emotional

pornography for women (steamy romance novels). We all spend time thinking about things that are empty, fruitless, and harmful to our spirits.

And we all need to guard against them.

This blog post originally appeared at
blogs.bible.org/engage/sue_bohlin/vain_imaginations on
February 3, 2009.