

“Why Do Christians Have to Bash Pop Psychology?”

Dear Mr. Anderson,

I was just browsing the Probe Ministries website and read parts of your article about [Pop Psychology Myths](#).

Honestly, I just don't get it. Well, I should tell you I come from a strong Christian background, involved in Campus Crusade, youth groups, church ministries etc. But sometime during my senior year of college I just about HAD IT with Christian culture and all their myths.

Why is it wrong to have self-esteem? I hid behind the Bible for years to make me feel good about myself, but I was never convinced. My personal calling isn't to humble myself to meekness, never thinking for myself, in order to be “godly.” I feel better, accomplish more, and fulfill the talents God has given me when I act in ways to help my self esteem, like taking good care of myself, being assertive in my writing career and not letting people walk all over me, like I used to do, when I was a walking sin-o-meter... Why is it so important to make rules and laws and lists of myths when the whole essence of Christianity is Grace and Love? Doesn't this fear of the world seem somewhat legalistic?

I really don't know where I am going with this, I am just so frustrated with Christians who spend all their time worrying about the “world's ways” when things just AREN'T so black and white. There is wisdom in pop psychology—some of it is just plain nonsense, but there is some wisdom, just as there is some wisdom in Taoism. For goodness sakes, a great deal of it parallels scripture.

Anyway, something to chew on. I very much respect your degrees and figured you may be open to some discussion on the subject.

Thanks for writing. I thought the book by Chris Thurman (*Self-Help or Self-Destruction*) that was a basis of my week of radio programs was very well written and discerning. Perhaps I should do another week of programs on the other five myths of pop psychology mentioned in the book so that the analysis would be more complete.

I don't think that my transcript (nor the book) denies that there is any wisdom in pop psychology. But I do think we should be more discerning, and that's what we were trying to convey in the program. Anyway, thanks for your opinion.

Kerby Anderson
Probe Ministries

“Is It Spiritually Safe to Watch TV Shows Like Star Trek?”

I read your article on space aliens ([UF0s and Alien Beings](#)) and thought it was interesting. I have a question regarding watching TV shows such as the new Star Trek series. My husband is a big fan of it and a new Christian. I've expressed my opinion to him that I don't think there's life on other planets, and he feels there might be. Could this show be harmful by opening us up to a spiritual attack?

Thank you for your letter. I personally don't believe that there's anything wrong with watching the new Star Trek series. Further, I don't believe that simply watching this show poses any serious spiritual danger. Of course, with any movie or TV show, there's always the danger that the show will teach or

promote ideas that are actually false. It's therefore important to think carefully and critically about the ideas being presented. But this isn't simply a danger arising from movies or television. We can also be exposed to false ideas through radio, books, magazines, the internet, and even friends and relatives.

Thus, I don't think there's anything wrong with watching this TV series. But as the apostle Paul said to the Thessalonians, I think we need to "Test all things" and "hold fast what is good" (1 Thess. 5:19).

Hope this puts your mind at ease.

Shalom,

Michael Gleghorn
Probe Ministries

"Do Our Pets Go to Heaven?"

I have a dog that I love very much. She is starting to get old and will only be with me a few more years. Can you tell me if our pets that we love and care about with all our hearts will be with us in heaven?

All we have to go on is what God has revealed to us in His word. According to what the Bible says, there is no indication that our pets will join us in heaven. (However, this does not rule out the possibility; it's just that the Bible is silent on this issue.) Animals are God's creation, but they are not made in His image as human beings are. Animals have bodies and we can say that some are [souls](#) (Gen. 1:21 and 24 use the word for "soul" [*nephesh*] to describe the land creatures), but soul in that context means "a breathing creature." Because animals

are not made in the image of God, they do not have a spirit where God indwells like humans do. (Neither do angels, by the way.) As far as I can tell from scripture, it is this God-imaging spirit-soul that lives forever.

Revelation 19 does include a vision of the Lord Jesus on a white horse, along with the armies of heaven on white horses, but at this point we can't know if the horses are symbolic or not. And that would be a very tenuous (and unsupportable) connection to conclude that pets go to heaven.

I should tell you that this is not a hill I'm willing to die on. If I'm wrong, that is perfectly okay with me. <smile> Perhaps there is a spiritual parallel to *The Velveteen Rabbit* where pets who are loved by people are made "real" in a forever sense. But if it turns out that pets will be in heaven after all, it will be by God's grace, because their presence can somehow add to God's glory and our worship. There is no loss in heaven, so if they are not, then we will be so joy-soaked and absorbed in the presence of God that we won't notice or be troubled by their absence.

Sue Bohlin

“Is Smoking Marijuana Okay for Christians?”

Genesis: 1:29: “And God said , behold, I have given you every herb bearing seed, which is upon the face of all the earth....” My question is, Does this mean that it (herb) is OK for Christians? And I am talking about the herb that you smoke.

Consider the whole verse:

Gen 1:29 Then God said, "Behold, I have given you every plant yielding seed that is on the surface of all the earth, and every tree which has fruit yielding seed; it shall be food for you."

God gives Adam and Eve seed-yielding plants and fruit trees for *food*. The herbs are for eating, not smoking.

Consider this also: the eternal principle behind the biblical command not to be drunk (Eph 5:18) is that we are not to become intoxicated with anything that would deprive us of self-control and the ability to be filled with (controlled by) the Spirit. Getting high is wrong for the same reason getting drunk is wrong.

Secondly, marijuana is illegal. Smoking weed is also wrong because the government, which is God's instrument, has laws against it.

Additionally, consider this: smoking ANYTHING harms your lungs. We are commanded to be good stewards of all that God has put in our hands (Gen. 1:28), which includes our bodies. And we are furthermore instructed to glorify God in our body, which is not our own: "Or do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own? For you have been bought with a price: therefore glorify God in your body" (1 Cor 6:19-20.) 1 Cor 10:31 says, "Whether, then, you eat or drink or whatever you do, do all to the glory of God." If getting drunk is a sin, how does one get high to the glory of God?

So no. Any kind of herb that you would smoke is not OK.

Sue Bohlin

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“Will Jesus Still Forgive Me?” – Did My Sin Re-crucify Christ?

Please help—I'm really worried Jesus won't forgive me. I regressed and viewed a pornographic image. While praying for forgiveness a voice in my mind said it hurt like nails and that I had re-crucified Christ and that there was no sacrifice left for me. I'd heard of this verse but now I'm really worried is there any hope of forgiveness for me. Please, I'm worried really bad.

Sounds to me like you were hearing from a demon who was sending what scripture calls a “fiery dart” at you. Yes, your sin hurt the Lord. (Sometimes the Enemy throws some truth into the midst of his lies.) No, you did not crucify Christ because if you recall, His last words on the cross before He died were “it is finished,” or actually more accurately, “it is paid in full.” Lord Jesus fully paid for your sin of looking at porn 2000 years ago.

And no, it is not true that there is no sacrifice left for you. The verse you are thinking of is Hebrews 10:26, “If we deliberately keep on sinning after we have received the knowledge of the truth, no sacrifice for sins is left.” But consider that equally true is the promise of 1 John 1:9, “If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”

When a born-again Christian sins, God promises to forgive us. What you are exhibiting is the regret and remorse that shows God is continuing to give you the grace of repentance. The people Jesus doesn't forgive are the hard-hearted ones who

refuse to ask for it.

Concerning Hebrews 10:26, listen to what theologian Dr. Wayne Grudem says about this verse:

“A person who rejects Christ’s salvation and ‘has treated as an unholy thing the blood of the covenant that sanctified him’ (Hebrews 10:29) deserves eternal punishment. This again is a strong warning against falling away, but it should not be taken as proof that someone who has truly been born again can lose his or her salvation. When the author talks about the blood of the covenant ‘that sanctified him, ‘the word sanctified is used simply to refer to ‘external sanctification, like that of the ancient Israelites, by outward connection with God’s people.’ The passage does not talk about someone who is genuinely saved, but someone who has received some beneficial moral influence through contact with the church.” (Bible Doctrine, p 343.)

Be encouraged, brother. Receive Gods forgiveness and cleansing according to the riches in Christ, which he has lavished on you (Eph. 1:8).

Blessings, Sue

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“How Do I Overcome My Hurts and Disappointments From My

Church?"

I have been a Christian for over 14 years. I love God very much, but I have become truly discontent with church. I have suffered from many hurts and many disappointments. I know this may sound childish but I have been badly hurt by people who say that they are trying to be more like Jesus.

When my husband and I lost our 4th child at 11 weeks, I was accused of having an abortion. I was told to "stay in my calling." When I asked for the youth leader position I knew my call, my children (I have six) knew my call, but my pastor refused to acknowledge it. Over the next several years, more than a dozen different people took that position, and I cried each time the position went to someone else. I was told that I was not faithful enough.

I always was ready and willing to help where needed but was pushed aside. I am very outspoken and speak when God says to, which produces a lot of friction. I have been lied about, talked about and pushed aside. I have cried over so many lost hopes and dreams.

I left that church, but am still suffering from the things that I endured. I feel like I don't fit in anywhere I go. I live in a small town and feel that no matter where I go my "reputation" precedes me. How can I overcome this? Or should I just wait and not go back to church? I can't move from this area.

I have been told I will do great things for God. That I am called. But I can't do it here. I am always under someone's microscope. Is there hope for me?

I am so very sorry to hear your story! My husband and I know personally how the wounds from one's church weigh heavily on the heart. You have my complete sympathy. I hurt for you, and I am asking the Lord to bring comfort and peace to you.

You ask, "How can I overcome this? Or should I just wait and not go back to church?" Not going back to church is not an option if you want to walk in obedience, since God's word tells us not to forsake the assembling of ourselves together (Heb. 10:25). The only way to overcome this pain is to forgive those who hurt and disappointed you. I suggest you make a list: ask the Lord to show you every person you are still hurting over, every person you are still holding a grudge about. Write down his or her name, along with everything they said or did to hurt you—or that you took as hurtful. (Sometimes, our perception is different from what people intended, but we can't know that unless we do a reality check with them. For your purposes, though, if you are still hurting, you are still harboring unforgiveness, and you need to deal with things as you perceived them.)

Before the Lord, remember that Jesus was tortured and crucified for every single one of those sins and hurts. He paid for them all. In His strength, release each of those offenses to the Cross, and let go of them. Forgiveness means choosing to let go of our desire to make the other person hurt or pay for what they did, and the reason we can do that is because Jesus both hurt and paid for what our offenders did.

Sometimes, people hesitate to release the offenses because they so deeply want the other person to *understand* how much they hurt us. We have no control over making another person understand; but we can know that Jesus understands. He was there, receiving into Himself, everything that happened to us. (Remember what He told Saul on the road to Damascus? Every time he persecuted Christians, Jesus said he was persecuting HIM.) Not being understood, not receiving compassion from One with a full knowledge of what happened and how much it hurt, is not an obstacle to us forgiving because Jesus does understand, and His heart is filled with compassion.

I do hope you will get before the Lord and forgive those who hurt you. Otherwise, you will be stuck in pain and the

temptation to wallow in self-pity.

One other thing that I wanted to mention, which I wonder might not be a major cause of your difficulties: you said, "I am very outspoken and speak when God says to, which produces a lot of friction."

Uh-oh.

I understand the importance of obeying God. However, people who see themselves as outspoken can be blunt to the point of being needlessly insensitive and abrasive. I'm not saying this is true of you, since I don't know you—but I am just making an observation based on years of watching people. Since you say your outspokenness produces a lot of friction, do you think it's possible that you have set yourself up? Is it possible that you have been prevented from serving where you feel called because the friction you cause disqualifies you as a leader? Consider what the Word commands us about what we say and how we say it:

Speaking the truth in love. . . (Eph. 4:15)

Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear. (Eph. 4:29)

There is one who speaks rashly like the thrusts of a sword, but the tongue of the wise brings healing. (Prov. 12:18)

She opens her mouth in wisdom, and the teaching of kindness is on her tongue. (Prov 31:26)

Let me just ask you: as the mother of six children (bless your heart!!), how prone are you to give a lot of responsibility to a child who causes friction among his or her siblings? Why would it be any different for those in church leadership?

I am praying as I type that God will soften your heart and enable you to receive this letter, since I know it must be painful to hear that you might be responsible for some of the pain and disappointment you are experiencing. (Again: I do not know this is true since I don't know you.) I do pray that you will have grace to hear my words as coming from a sister who longs to encourage and bless, not to inflict more pain. Please invite the Lord to give you His perspective on my answer and ask Him for help to lay down any defensiveness and sort out what is true.

The Lord bless you and keep you today, _____.

Cordially,

Sue Bohlin

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“How Can I Make It to Heaven If My Boyfriend and I Play House?”

Do you think you will go to heaven if you and your boyfriend stay together like married people? I mean everything, from having sex to going to church? Being faithful to one another? All I'm trying to do is see how can I make it to heaven.

I see married people everyday, getting a divorce. The Bible says “until death do us part.” Does a piece of paper matter when you love someone? Pastors, teachers, preachers, etc. marry people everyday and half of the time they're doing wrong, trying to tell us right from wrong.

I am SO glad you wrote!!

There are really two issues in your question: first, how can I go to heaven, and secondly, will "playing house" with my boyfriend when we're not married keep me out?

So let me address them both.

The heaven issue has nothing to do with being "good enough." It has everything to do with Jesus Christ. See, the problem is that all of us are born separated from God. We are sinners and He is a holy God. (God is not responsible for our separation from Him; that's the result of the first man, Adam, choosing to rebel against God. Ever since, all of Adam's children were born as enemies of God.)

But God creates us for Himself and He hates our separation from Him as much as He hates our sin. So He provided a way to solve the separation problem. He sent His Son, Jesus, to earth to live as 100% God and 100% man. After living a perfect, sinless life, Jesus allowed Himself to be crucified to pay the penalty for our sin. He is God-the-Son, but He was willingly separated from God-the-Father to take all of our sins on Himself. He died because of our sin, and then three days later God raised Him from the dead because the debt of our sin was paid in full. And He is alive today—unlike the founder of any world religion.

This is where you come in. You need to decide if you will pay the penalty for your own sin by being separated from God forever—here on earth and then forever in hell when you die. . . or if you will trust in Jesus because He loved you so much He paid for your sin. If you put your trust in Jesus instead of in yourself, your separation from God will be over and you will continue your friendship with God forever in heaven.

When Jesus was here on earth, He asked His followers, "Who do you say that I am?" He's asking you the same question today. (If you want more information, I invite you to read my story

of how I became a Christ-follower [here.](#))

Your second question is about marriage. There is a big problem: every day, as you have noticed, people say “do the right thing,” and then they turn around and do wrong. I think this breaks God’s heart. But I also think God understands that we are broken and weak people who desperately need Him to live right, but we desperately don’t want to surrender our wills to follow Him. We are often like rebellious, disobedient children, spoiled brats who constantly throw temper tantrums because we want our own way and don’t want to obey.

None of this detracts from the fact that God’s rules for marriage and family are the ones that will keep our marriages and families intact. And one of God’s rules is that we enter into marriage, which is where that “piece of paper” becomes important. It’s the ceremony before witnesses of making promises and becoming a new family unit that transforms two single people into a married couple. If you talk to those who lived together before they got married, most of the time they will tell you that, even though it surprised them, things were just *different* after the wedding. It really does make a difference. (See also our article [“Is a Marriage Ceremony Necessary?”](#))

I’m glad you wrote. Feel free to ask any further questions.

Sue Bohlin

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“Should a Single Christian

Woman Use In Vitro Fertilization?"

We have an unmarried, believing woman in our church who is considering in vitro fertilization. I believe this is against God's intent for marriage and the family according to Genesis 2:21-25, and also Paul's teaching about marriage in Ephesians 5:18ff. Your input with other Scriptures and your ideas would be much appreciated. Perhaps you can suggest a good book or pamphlet on this subject that we could give this woman who seems intent on her mission.

I am in full agreement with your reasoning.

In your discussion of Genesis 2 may I suggest including that the notion of the two becoming one flesh certainly includes the production of children that are a clear expression of this principle. From two people has come one person or one (new) flesh. While the children of single parents are to be honored and supported in our culture once they are conceived, it is certainly not a part of God's initial plan. To deliberately plan on being a single parent from the beginning implies selfish motives. The child is a commodity, something to meet a need or provide something for the parent. The story of Hannah and Samuel in 1 Samuel 1 indicates that Hannah saw parenting as a gift and Samuel himself as a gift from God, not a right.

If this unmarried woman is going to seek parenthood via in vitro she will also need a sperm donor. That directly violates the one-flesh principle above since the sperm donor will not be her husband. This also creates a necessary "relationship" with this man as the father of her child. This is inherently unwise and creates the very real possibility of future disputes and tensions with no clear guidelines for resolution. She would be at the mercy of the court and that particular

judge as to what relationship this man will have with her and her child. Even when the donation is anonymous, it won't necessarily remain anonymous throughout the life of the child. Children have been granted access to the identity of anonymous sperm donors who fathered them. Some men simply won't care. But what if he does? What if he desires to know something about the mother of his child as well as the child himself/herself?

A booklet I can recommend is from the BioBasic series from Kregel Publications titled *Basic Questions on Sexuality and Reproductive Technology*. While this circumstance is not directly addressed, questions 5, 6, 7 and 13 do relate some of the principles I have discussed above. This booklet can be obtained from the Center for Bioethics and Human Dignity at www.cbhd.org.

I pray this helps.

Respectfully,

Ray Bohlin, Ph.D.

President

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“Is Cremation Wrong?”

Is it wrong to cremate the body at death? Most of my family members were cremated.

The practice of cremation is connected with pagan burial practices. Pantheists such as Buddhists and Hindus believe the body is bad and that the true self (sometimes referred to as the soul) is trapped in the body. Therefore, cremation

symbolizes the deliverance from the prison house of the body and dissolving of the individual personhood. There are a few occurrences of cremation in the Bible but the reason is that the body was desecrated (1 Sam. 31:12). Under normal circumstances, Jews and Christians buried the body. For Christians the body is buried because the body is good and created and given by God (1 Cor. 6:19). We also await the resurrection of the body, which will occur when Christ returns and our bodies will be resurrected in their new glorified state (1 Thess 4:16-18).

Having said that, cremation is not the unpardonable sin. God will recreate the body no matter what state it may be in; that is no problem for Him. Burial is the Christian practice for the reasons I stated and as a general rule we want to honor God in our death and burial and not associate with pagan practices. However, there are times where cremation may be necessary or preferred and I am sure God grants grace in those circumstances.

I hope this helps.

Pat Zukeran

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“Can the Truly Saved Commit Such Sins as Adultery and Murder?”

I wanted to ask if a truly saved person can fall into the sin of fornication, adultery or murder... Wouldn't the Holy Spirit

deal with a truly saved person if he/she is tempted? Please explain in detail. Thanks and God bless you!

Yes, a truly saved person can indeed fall prey to such sins. A good example is King David. He was truly saved and yet committed the grievous sins of adultery (2 Samuel 11:2-5) and murder (2 Samuel 11:6-17). Because of his sins, God sent Nathan the prophet to rebuke David and he repented (2 Samuel 12:1-13). Nathan told David that the Lord had taken away his sin, but that there would still be negative consequences for it (2 Samuel 12:13-14).

It's important to realize that, like believers today, David was indwelt by the Holy Spirit. We know this because, in Psalm 51 (David's psalm of repentance), He prays that the Lord will not take His Holy Spirit away from him (see v. 11). Of course, today believers are permanently indwelt by the Holy Spirit (John 14:16-17), but this was not so in David's day. Hence, David's request in Psalm 51:11.

Of course, the Holy Spirit will certainly convict us when we sin and it is God's desire that we so depend on the Holy Spirit that we do not sin (Galatians 5:16-26). Furthermore, God always provides a way of escape when we are tempted (1 Cor. 10:13). Thus, if we avail ourselves of God's provision, and rely on the Holy Spirit, we can resist our fleshly desires. We need not fall into such sins as fornication, adultery or murder. And we need to be ever mindful, and appropriately fearful, of future judgment (2 Cor. 5:11). But if we do sin, we have an advocate who pleads the blood of Christ on our behalf (1 John 2:1).

Shalom,

Michael Gleghorn

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