“Our Kids Have a Problem with Anger”

I read your commentary, “Supernatural Parenting.” I have 5 and 7 year old boys and a 9 year old girl and we have a family problem. I call it easy provocation to anger which is antithetical to the fruits of the spirit including patience. Do you know of any other resources to call upon supernatural power to meet the demands of parenting in this regard?

One of the things I would encourage you to remember is that there is no spiritual maturity without emotional maturity, and part of being a child is immaturity. So a big part of your family problem is simply developmental angst that comes from having kids!

I do want to suggest, however, three books:

- *Boundaries with Kids* by John Townsend and Henry Cloud
- *Parenting with Love and Logic* by Foster Cline and Jim Fay
- *The Heart of Anger* by Lou Priolo. It has a workbook as well.

As you trust the Lord to be patient in you as you deal with your kids and model His patience to them, these books will provide sound, biblical wisdom in practical parenting techniques. I really wish I’d had them when my two were growing up!

I hope this helps.

Warmly,

Sue Bohlin

Probe Ministries

“Is a Marriage Ceremony Necessary?”

I have been embroiled in a recent debate over the evils of cohabitation and sex before marriage. Another Christian agrees that fornication is a sin, but he doesn’t believe that two “committed” people living together should be considered fornication. In his mind, fornication is wanton sexual promiscuity with no commitment or sincerity. You know Spring Break sex. 🗞️

He believes that if two people intend to spend the rest of their lives together and have pledged themselves to one another, God sees their hearts and doesn’t require legality or ceremony.

I explained that this would be true if two people were stranded on a desert island with no opportunity to participate in the process. However, in America, it is our custom and law to have a ceremony, even if it is only between us and a justice-of-the-peace, and we have maximum opportunity to engage in this custom. If we choose not to then we are not
recognized as husband and wife by the state. Since we, as Christians, are bound to obey the authority that God has placed over us, such a non-recognition by our culture and authorities would amount to a non-recognition by our God.

Unfortunately, though, he doesn’t want to listen to what I consider sound reason. He demands scriptural proof that a ceremony is necessary for a marriage blessed by God. Do we have any other argument that may satisfy him?

God says in Genesis 2:24, “A man shall leave his father and mother and cleave unto his WIFE and the two shall be one flesh.” What changes a man into a husband and a woman into a wife? Only a wedding ceremony.

God says in Hebrews 13:4, “Marriage is to be held in honor among all, and the marriage bed is to be undefiled; for fornicators and adulterers God will judge.” What defines a marriage bed? A place where a husband and a wife sleep.

So what makes for marriage? A social ceremony in the presence of witnesses who are there to support and ratify (in a social sense) the public commitment of two coming together to become one. The role of witnesses in the formation of social contracts is a biblical principle. (Just do a word search for “witness” in any Bible software program.) No matter where you go in the world, wedding ceremonies occur in the context of community (witnesses) because a marriage creates a new social unit that becomes part of the community.

Two unmarried people who are “committed” to each other in their hearts are still unmarried people, and their sex is fornication. It’s God’s definition that matters, not ours. Fornication, by His definition, is sex outside of marriage.

Hope this helps!

Sue Bohlin
Probe Ministries

“How Do We Explain the Spirit to Children?”

Recently I attended the viewing and funeral of a dear Christian sister. One of her sons has two little children, a boy four years old and a girl two. They explained to them that Grandmother is asleep but her spirit went to be with our Lord Jesus Christ in heaven. They seem quite comfortable with this.

At the viewing celebration the mother asked me a question. She said, “My son asked me what is the spirit. How do I answer him?” This really made me think about how we can explain this type of Christian understanding to little children in a way they might be able to understand, yet will not seem frightening, confusing, or spooky to them.

Thank you for your help and your web site.

Probably the best way to explain the spirit to children is by saying that it’s the part of us that thinks
and loves and talks and chooses. That part is invisible and on the inside, just like our body is visible and on the outside.

I would also use an analogy with a visual aid by picking up a glove and showing them how lifeless it is when just lying on the table. But when you put your hand in it and start to move your hand, the glove “comes to life,” even though you can’t see the hand. Our spirit is like the hand—it’s what makes our outsides move and talk and love. So the children’s grandmother went to heaven, leaving her body on earth, the same way that you can take your hand out of the glove and leave it behind on the table.

Does this help?

Sue Bohlin
Probe Ministries

“How Does the Bible Show Abortion is Murder?”

In my “Introduction to Ethics” class, the topic for the night was abortion. As the discussion progressed, people all around me were saying that an abortion is good to do under any situation (rape, too young, the woman’s choice) and I argued my point on that abortion is murder. I stated that the Bible had claimed to that statement also. The teacher then told me that I have to prove to him and the class that the Bible says abortion is murder. Can you help me with verses, or anything I could possibly use to make my point valid?

Glad you asked!

The perspective that abortion is murder depends on two points: 1) The Bible condemns murder (taking the life of another human being), and 2) The unborn baby is a person—a human being.

Point #1: What is murder?

Exodus 20:13, usually translated “Thou shalt not kill,” one of the Ten Commandments, actually means “Thou shalt not murder.” (There is a difference. Taking the life of another person in war, for example, is not the same thing as murder.)

Point #2: The humanity of the unborn

1. Both Hebrew and Greek (the languages of the Bible) do not make a distinction between pre-born and born babies. Whether they live inside or outside the womb is not important as to their value or personhood.

2. For You created my inmost being; You knit me together in my mother’s womb. I praise You because I am fearfully and wonderfully made; Your works are wonderful, I know that full well. My frame was not hidden from You when I
was made in the secret place. When I was woven
together in the depths of the earth, Your eyes saw my
unformed body. All the days ordained for me were written
in Your book before one of them came to be. (Ps. 139:13-16)

This portion of scripture is written about the unborn baby.

3. The Lord called me from the womb;
from the body of my mother He named me. (Is. 49:1)

The prophet Isaiah says he received God’s calling and naming while still in the womb.

4. Surely I was sinful at birth, sinful from the time my mother conceived me. (Psalm 51:5)

The psalmist states that he was a spiritual being from the point of conception. This isn’t
saying that he sinned while in the womb, but that he recognizes that from the earliest
part of life, he was a sinner.

5. Now the word of the Lord came to me saying,
“Before I formed you in the womb I knew you, and
before you were born I consecrated you; I have
appointed you a prophet to the nations.” (Jer. 1:4-5)

Jeremiah declares that God knew him, consecrated him (set him apart), and appointed
him a prophet before he was even conceived! From God’s perspective, Jeremiah’s
humanity began even before conception.

6. At that time Mary got ready and hurried to a town
in the hill country of Judea, where she entered Zechariah’s
home and greeted Elizabeth. When Elizabeth heard Mary’s greeting,
the baby leaped in her womb, and Elizabeth was filled with the
Holy Spirit. In a loud voice she exclaimed: “Blessed are you among
women, and blessed is the child you will bear! But why am I
so favored, that the mother of my Lord should come to me? As
soon as the sound of your greeting reached my ears, the baby in
my womb leaped for joy. (Luke 1:39-44)

The unborn John the Baptist had a physical reaction to the presence of Mary and
ESPECIALLY her unborn Child. At this point, Jesus was probably only a week- or two-old
embryo. (Scripture tells us that as soon as the angel Gabriel spoke to Mary about God’s
plan for the Holy Spirit to overshadow her and conceive the Messiah in her and she
consented, she hurried to see Elizabeth, who lived about 70 or so miles from Nazareth.)

I believe that these verses indicate that abortion is murder, but all you can do is offer the light they
provide. Some people who don’t want to believe that abortion is murder or that an unborn baby is
anything more than a “potential human being” can and will refuse to accept it. (Remember what the
Word says in Jeremiah 17:9—“The heart is deceitful above all things, and desperately wicked: who
can know it?”) Your job is to pray for God to open the eyes of the hearts of the others in your class,
humbly offer the truth, and leave the results to God.

Hope this helps!
“Do You Have Statistics on Cohabitation?”

Do you have any statistics which indicate the dangers of cohabiting and the results on a relationship?

Thank you for your e-mail about cohabitation. Of course, the Bible has something to say about this subject, but let me focus merely on the statistics. (If you are looking for specific citations of these statistics, please see my article Cohabitation. It has 17 citation-rich endnotes.)

Research by Christians and non-Christians in this field consistently finds that living together before you are married will significantly increase your likelihood of a future divorce. There are lots of studies done in this field you would read, but here is a brief summary of the statistical facts about cohabitation:

1. Percentage of Americans who have cohabited at one time or another: 50%
2. Percentage of cohabiting couples who go on to marry: 50-60%
3. Percentage of cohabiting relationships involving children: 40%
4. Percentage of unions that survive two years:
   - Cohabiting unions not leading to marriage: 33%
   - Marital unions: 95%
5. Percentage of unions that survive ten years:
   - Cohabiting unions not leading to marriage: 12%
   - Marital unions: 90%
6. Likelihood of divorce within first ten years of marriage:
   - Those who cohabit prior to marriage are almost twice as likely to divorce as opposed to those who do not cohabit prior to marriage.

As you can see, living together before you are married can affect your marriage in a deleterious way. Christian and secular research is validating what the Bible has been saying all along.

Kerby Anderson
Probe Ministries

See Also:
“Cohabitation” by Kerby Anderson
“My Husband Wants to Put Our Daughter on Birth Control!”

Help! During a casual child raising discussion, I found out that my husband insists on putting our (unborn) daughter on birth control when she enters high school. He claims that it is the best thing “just in case” she gets caught up in temptation — he does not want her to “ruin” her life by having a baby so young nor does he want to raise the child for her. I tried to express my disagreement with the idea, indicating that I believe that placing her on birth control is a form of condoning the behavior and I do not want to give that impression to her. I even tried to use an analogy of telling her not to use drugs, but giving her a clean pipe to carry around “just in case” she is at a party one night and is tempted to smoke crack! Of course he saw the drugs as completely different, and he insists that birth control is the way to go. Your personal input backed by theological soundness is greatly appreciated.

I answer your question both as a mom and as someone who ministered to high school girls for several years.

First of all, you can relax. Making policy about unborn children is something lots of parents do and it completely changes when reality sets in.

Secondly, the cross-gender relationship between your husband and his little girl is going to be very different from what he expects. If he’s like most fathers he’s going to be extremely protective of her, and that means looking at the young men she hangs around with a very wary eye. Instead of putting her on birth control, there’s an even better chance he’ll have an eyeball-to-eyeball little “chat” with her male friends and let them know how he expects them to take extremely good care of her and that means not touching her sexually in ANY way. (With some dads, that “chat” happens without words by giving them the evil eye. . .<smile>)

Your drug analogy was really very good even if he blew you off about it. Here’s another one: what if he bought a Lambourghini that he kept in the garage, washed and waxed every week, was absolutely obsessive-compulsive about keeping it maintained to perfection. . . and then, when you daughter got her license at 16, said, “Here are the keys, honey, and of course, I got you insurance because you might get in a wreck but hey—no big deal. I expect you to wreck a car the first year of driving.” Uhh…..I’m thinkin’, NOT!!! <grin>

When parents get their teenagers birth control, they are making a statement about having low expectations of their kids. It’s amazing that we can expect that kids will exercise tremendous self-discipline for sports or academics, but when it comes to sexual activity we assume they are incapable of it! It’s entirely possible to start talking about the treasure of virginity and the importance of maintaining modesty as soon as kids are old enough to know what they are, and build a protective wall of positive expectations that help the kids maintain their purity. It has been a joy to see both our teenage sons accept a chastity ring and the challenge to stay virgins until they get married, and to fight the temptations of the flesh out of their own convictions. In other words, it CAN be done.

When my husband and I were growing up, we were told “Just say no” to sex, but not given any reasons why. When it was our turn to parent, we explained how God’s word tells us to keep the marriage bed pure and condemns fornication (sexual immorality), which is any kind of sexual activity
outside of marriage. As Josh McDowell communicates in his “Right From Wrong” conferences and book, God’s commands are given to both protect us from harm and provide us with good. We talked to our kids about sexually transmitted diseases (and showed them really gross photos of diseased sexual organs from the Medical Institute for Sexual Health [http://www.medinstitute.org/], where Ray got training for giving lectures on STDs). We also told them that sex in marriage is worth waiting for.

We understand that our kids will make their own decisions about these things, but we gave them all the ammunition to fight temptation (and a culture that is absolutely saturated in sex) that we could.

The great news is that parents today have more help [for example, Aim for Success at http://www.aimforsuccess.org] in assisting their kids to value purity and chastity than ever before, especially in the church. I hope that by the time your daughter is old enough to handle this issue, there will be even more!

Sue Bohlin
Probe Ministries

“How Do I Recover From My Husband’s Adultery with Prostitutes?”

I have only been married four short years this December. I just learned my husband committed adultery on at least 2 occasions with a prostitute. He says he is sorry and wants to salvage the marriage. I have conflicting emotions from moment to moment. If we as Christians are supposed to forgive others for their sins, why does God allow for divorce when a spouse is unfaithful? I find it hard to believe that a marriage can survive infidelity and I am wondering how one ever trusts their spouse again after this type of betrayal? We are both Christians. He was saved three years ago, no religious upbringing. We do not have a Church home and share no Christian friends. We sought counsel from a Christian and that counselor told me that I had approximately 30 days from discovery to either remain, forgive and never speak of the adultery again or divorce. He says that the 30 days is biblical. I have never heard of this nor have I read it in the Bible. I think if I choose to stay within the marriage it should be based on my spouses behavior. I appreciate any information you may have and I thank you for your time.

I am so very, very sorry for the pain you are experiencing. Your conflicting emotions are totally normal and to be expected.

The biggest thing you need to know is that there is a difference between forgiving someone and trusting him again. They are not the same. When we forgive, we release the other person from our desire to exact revenge on them for hurting us. We let go of their sin against us into God’s hands so that He can deal with them. But broken trust is another matter; it needs to be earned back, and that
takes time. A good amount of time, consisting of one faithful, responsible, caring choice after another.

In order to understand God’s allowance for divorce, consider what the Lord Jesus said in Matthew 19:8—“Moses permitted you to divorce your wives because your hearts were hard. But it was not this way from the beginning.” The Lord allows for divorce as a matter of love and grace for the one being hurt by a hard-hearted spouse. In the case of infidelity, when a spouse is repentant and truly wants to mend the marriage, God’s desire is that He glorify Himself in the marriage by demonstrating His power and grace in the relationship.

There are many spouses who will attest to the fact that there is indeed trust after betrayal if the unfaithful one truly repents and commits to faithfulness. But it takes time, like I said. Probably close to a year minimum.

I disagree with the 30-day ultimatum. I see nothing in the Bible that says that. I do agree that if you choose to stay in the marriage it would depend on whether your husband shows remorse, demonstrates repentance, seeks accountability and is willing for his whereabouts to be checked on at all times. People who are hiding nothing have nothing to fear from accountability.

Here is a link to the Midlife Dimensions website, which offers help and resources for dealing with an affair: www.midlife.com/html/resources/articles/category_affairs.htm. I am concerned that you two are not plugged into a church home and therefore do not have any support system. This is going to make recovery unnecessarily difficult. I would hope that one way your husband could show you he’s serious about mending your marriage is to find a church home and get connected to other people who will help support your marriage. God never intended for us to be “Lone Ranger Christians.” His intent is for us to be knitted into the body of Christ for support and as a way to receive His various kinds of grace. You are cheating yourself and yourselves to not be connected to an important source of life and strength. I want to strongly suggest that you make this a priority.

I hope you find this helpful.

Sue Bohlin

P.S. You might also poke around the New Life website (www.newlife.com) and educate yourself on sex addiction. If it were me, I would want to know what drove my husband to a prostitute. I would also want to know if my actions played any part in it. (For example, this is one reason the apostle Paul tells married people not to deprive each other sexually.) It sounds like you have an opportunity to each look at your own “stuff” and see what you can both do to build the marriage, as long as he’s serious about it.

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“Do You Have More Information on School Discipline Problems?”

In the late 1940s teachers listed the worst problems they faced in school as chewing gum,
running in the hall, etc. A few years ago teachers listed some violent crimes as the worst problems. Do you have more detail on this?

One example often used to demonstrate social decline is the list of discipline problems in the public schools. Usually the list contrasts school problems 50 years ago with those today.

Supposedly the top problems in the schools 50 years ago were: talking, chewing gum, running in the halls, making noise, getting out of line, violating the dress code, and littering. According to the survey, today’s school problems are: drugs, alcohol, pregnancy, suicide, rape, and robbery.

Unfortunately, the school discipline list is an invention. The lists are not the result of research or surveys. The first list (50 years ago) catalogues daily disturbances. The second list (today) is actually composed of items from a “Safe School” questionnaire. To read more about these school discipline lists, see Barry O’Neill, “The invention of the school discipline lists,” School Administrator, 51 (1994): 8-11. I would NOT recommend you use these lists to demonstrate social decline.

Perhaps the best way to illustrate social and moral decline in this country would be to cite many of the statistics in Bill Bennett’s book Index of Leading Cultural Indicators (New York: Simon & Schuster, 1994) or at the Empower America Web Site (www.empower.org). These show a dramatic change in social statistics from 1960 and use respected instruments of measurement.

Kerby Anderson
Probe Ministries

“What is the Pervading Christian Thought on Birth Control?”

I have a question about birth control. Until recently, I was under the impression that being on “the pill” meant that a woman did not ovulate and therefore, could not get pregnant. Upon some research, I was horrified to find out that women taking the pill can actually ovulate up to 50% of the time. When this occurs, the egg is harder to fertilize, but if it does become fertilized, the lining of the uterus will not allow the zygote to be attached, therefore causing the zygote to be aborted without the woman ever knowing it.

What is the pervading Christian thought on this? My husband and I are not Catholic, and we do not have a problem with birth control, but if it is essentially working like the morning after pill I want nothing to do with it. We were both surprised that no church other than the Catholic church has taken a stance on this.

There IS no pervading Christian thought on this issue. There is no pervading thought even among Christian OB-GYNs, it turns out. The reason is that they truly don’t know the pill’s effect on the uterine lining and just exactly how abortifacient it is. There is no data to support the claim that the pill causes miscarriages. It would be very helpful if such data existed!
I read an excellent booklet by Dr. Bill Cutrer about a Christian perspective on birth control (Family Building: Fact, Fallacy and Faith) and he didn’t say anything about women on the pill ovulating up to 50% of the time. Frankly, I am suspicious of that claim for more than a few women. He also said that a fertilized embryo is amazingly able to start growing in the most inhospitable environments, such as the fallopian tubes, intestines and even spleen, so the abortifacient characteristics of COC (combination oral contraceptives) are not absolute.

His perspective is that couples should be aware of the risks of the pill to both the mother and the unborn baby, and alternative contraceptives should be considered. The evidence is not as strong as some would make it out to be, but nonetheless other forms of contraception would be good to discuss.

I hope this helps; I would suggest you get the pamphlet and read it for yourself (you can order it from FamilyLife at www.familylife.com).

Sue Bohlin
Probe Ministries

“What Does the Bible Say about Marrying Cousins?”

What does the Bible say about marrying cousins? Can first cousins marry? I am also interested in the relationship of third or fourth cousins. If two children of first cousins marry, is this relationship considered third or fourth cousins?

The Bible does not forbid marriage between cousins. However, marriage between first cousins is illegal in about half the states in the U.S.; the Biblical principle here is that God has instituted the government’s authority, so there may be a legal issue depending on where you live. But it’s not a sin biblically.
The children of one’s first cousin are actually “first cousins, once removed.” The children of first cousins are second cousins to each other. Here’s a helpful page to keep all that straight, an essay and chart called “What Is a First Cousin, Twice Removed?“: https://wehavekids.com/family-relationships/What-Is-a-Second-Cousin-Twice-Removed-Chart-Explains-All

Hope this helps!

Sue Bohlin
Probe Ministries