Historical Cycles

Kerby Anderson provides an overview of four world-changing cycles: a political/cultural cycle, a generational cycle, a technological cycle, and a financial cycle.

Are there cycles in history? Yes, even though there is a linear trajectory in history, there are generational cycles we can observe. No doubt you have heard the phrase: "Hard times create strong men, strong men create good times, good times create weak men, weak men create hard times." Or you may have heard: "History doesn't repeat itself, but it often rhymes." And you may have heard the phrase "the fourth turning" that predicts a crisis at the end of a four-fold cycle.



We are going to look at four of the most often quoted cycles: a political/cultural cycle, a generational cycle, a technological cycle, and a financial cycle. Today we take for granted democracy, capitalism, and the industrial revolution. These political, economic, and technological realities were not always in our world but came about because of revolutions.

One of the most significant revolutions took place 250 years ago. Andrew Wilson talks about this in his book, *Remaking the World*. He describes 1776 as "a year that witnessed seven transformations taking place—globalization, the Enlightenment, the Industrial Revolution, the Great Enrichment, the American Revolution, the rise of post-Christianity, and the dawn of Romanticism."

Some of the events in 1776 we know. That was the year the Declaration of Independence was ratified. It was the year when Adam Smith published the *Wealth of Nations* in 1776. It was also the year of James Watt's invention of the steam engine that spawned the industrial revolution. Both capitalism and

the industrial revolution led to a significant increase in life expectancy and the rise of social development.

In this article as we discuss each of these four cycles, we should remember this interesting fact: all these cycles seem to be converging today. The last time these cycles converged in 1776, the world changed.

We are fortunate to live in such a time as this (Esther 4:14). We should be like the sons of Issachar (1 Chronicles 12:32) who were “men who understood the times, with knowledge of what Israel should do.”

What does the future hold? Only God knows. As the song goes, “He’s got the whole world in His hands.” We may not know the future, but we can trust in the One who knows the future.

I think we are likely headed for a massive change in the future. But it is difficult to predict what political event or economic spark might inflame our world. Therefore, we should all be in prayer for our leaders and prepare ourselves for possible turmoil ahead.

Political/Cultural Cycle

Let us look at what appears to be an eighty-year political/cultural cycle. (It actually seems to average out to about 84 years). Go back to 1848 and you have Karl Marx publishing the *Communist Manifesto* and other works. The political and social impact of his Marxist perspective swept through Europe, changed the political structure of many countries, and is still an influence today. This idea not only introduced a new way of viewing the world but was also responsible for removing the monarchy from most nation states.

Another important political change happened 84 years later in the 1930s. In Europe, you have the rise of Adolf Hitler and Benito Mussolini. In this country, you had the election of

Franklin D. Roosevelt who signed into law a significant number of New Deal programs that vastly expanded the scope of government and are influential in our lives today. It is worth remembering that the federal government wasn't as large as it is today. Roosevelt was responsible for the creation of so many of the alphabet soup of programs and federal agencies. The following decades were the era of big government.

If you add another 84 years, you come to 2016. In Europe, you have the political battle known as Brexit and the beginning of some populist uprisings. In this country, you also had the rise of populism and a reaction to the size and scope of big government. That was best illustrated by the election of Donald Trump.

It was also a time of turmoil. In Europe, we had the farmer protests in the Netherlands and the yellow jacket protests in France. In the U.S., we had BLM protests and Antifa protests.

There is also a longer cycle that describes the rise and fall of empires. General John Glubb notices that most empires last about 250 years. If you apply that to the U.S., you find that we are entering the end of that cycle. One key date is 1776. That not only marks the beginning of the nation (Declaration of Independence) but the promotion of capitalism (Adam Smith and the publication of *The Wealth of Nations*). By the way, if you go back about 250 years before that you come to the Protestant Reformation that began when Martin Luther nailed the 95 theses to the Wittenberg Door.

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Generational Cycle

We now turn to looking at a generational cycle.

More than a quarter century ago, William Strauss and Neil Howe wrote their bestselling book, *The Fourth Turning: An American Prophecy*. In it, they argued that history could be understood as coming in turnings, which have cycles of four. Each cycle spans a length longer than human life, roughly 80 to 100 years. That unit of time was what the ancients called the saeculum. These four turnings of the saeculum comprise the historical rhythm of growth, maturation, entropy, and destruction.

The first turning is a High – an upbeat era of strengthening institutions and weakening individualism. That is when a new civic order develops and the old values decay. The second turning is an Awakening – which is a passionate era of spiritual upheaval. This is when the civic order comes under attack from new values. The third turning is an Unraveling – which is a downcast era of strengthening individualism and weakening institutions. This is when the old civil order decays and new values develop. The fourth turning is a Crisis – which is a decisive era of secular upheaval. The values regime propels the replacement of the old civil order with a new one.

The authors predicted that political, economic, and social upheavals would rattle the United States in and around the 2020s. The 2008 economic crisis and the changes just described from 2016 seemed to support the predictions made in the book.

Last year, Neil Howe wrote *The Fourth Turning Is Here*. The title tells it all. We are in crisis as illustrated by a government that does not seem to function, low public trust in just about any institution, political polarization, moral and legal chaos, and a collapse of families. He reminds us of the Abraham Lincoln quote that “a house divided against itself

cannot stand” and that the government “will become all one thing, or all the other.” He also reminds us of other fourth turning crises in America: World War II, the Civil War, and the American Revolution.

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Technological Cycle

Let’s look at a technological cycle.

There appears to be about a fifty-year technological cycle, in which we see important technological revolutions. In the late 18th century, we saw the beginnings of what today we refer to as the industrial revolution. Most people lived on farms. This revolution brought people out of the farms into the cities and factories.

Fifty years later was the age of steam and railways that changed the world significantly. Up until that time, we had manpower and horsepower. Trains that run on steam and steam ships changed the world in significant ways. Now people could move faster and carry heavier loads over a longer distance.

Fifty years after that we had steel and electricity. Steel was important in buildings. Brick buildings could only be a few stories high. Steel allowed designers to create skyscrapers and to build bridges over larger sections of water. Electricity literally lit up the dark night and provided numerous conveniences that we take for granted today.

Fifty years after that we had oil, automobiles, and a revolution in mass production. Automobiles provided people

with the ability to go wherever they wanted without having to walk, ride a horse, or catch a train. Advances in mass production enhanced the industrial revolution and made possible the vast array of products available to us today.

By the 1970s, we came into the age of information and telecommunications. This came about with the development of the transistor and then the microchip. Our digital world developed because of these inventions.

Today, we find ourselves in a world of fast computers, artificial intelligence, and genetic engineering. We have social media, but we also have social media censorship. We have creative graphics, but we also have deep fakes and growing questions about what is real and what is fake. We can genetically treat and cure diseases, but we can also genetically engineer humans. How much of this will be driven by politics or economics? It is worth noting this latest technological cycle raises significant questions and also coincides with the political cycles and the generational cycle.

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Financial Cycle

In this article we have looked at four important historical cycles. Now we conclude by covering a financial cycle. You will notice that some of the financial cycles parallel the technological revolutions.

America moved from an agricultural society to an industrial economy to an information society.

If you look at the wealth cycles of nations, you notice something interesting about which currency was dominant. The financial superpower changes over time, on average about 100 years. Perhaps you have seen a chart that shows these changes:

Portugal – Portuguese Real (15th century)
Spain – Spanish Real (16th century)
Netherlands – Dutch Guilder (17th century)
France – Franc (18th century)
Britain – Pound sterling (19th century)
U.S. – U.S. dollar (20th century)

Where are we today? The U.S. and other countries around the world are experiencing a debt crisis. One significant reason for this is the fact that the dollar is no longer "good as gold." For 5,000 years, money was gold. But protecting it and transporting it was difficult. Banks and nations held the gold and created paper certificates that represented the value. Sometimes, the amount of paper currency was not always backed by gold.

The greatest problem came in the 20th century. In 1944, the Bretton Woods conference fixed gold at $35 per ounce. But by 1971, President Nixon closed the gold window and we have seen over the last fifty-plus years that the value of the dollar has continually declined. Also, the possibility of the U.S. dollar remaining the reserve currency in the world is questionable.

At the same time, this country and other countries are facing a significant debt crisis. It is easy to spend more when all you need to do is print more money. That leads to inflation and a devaluation of your currency.

When faced with a debt crisis, you only have a few options. You can default on the debt, which some nations have done. You can tax the citizens, but there isn't enough wealth in any nation to cover the size of those national debts. You could

cut spending, but few politicians would ever consider that option. Instead, most countries (including the U.S.) print more money. Unfortunately, that can only last for so long. Just look at Weimar Germany or Zimbabwe or Venezuela.

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Living With an Eternal Perspective

Sue Bohlin considers several ways to develop a way of seeing our earthly life as part of the much bigger picture that extends into eternity.

What Does It Mean To Live With an Eternal Perspective?

Years ago, after spending his whole life on the mission field, a career missionary made his final trip home on a passenger ship. One of the other people on his sailing was a celebrity, and as the ship made its way into the harbor, all those on board beheld a huge throng of well wishers at the pier with signs and instruments to celebrate the famous person's return.



The missionary stood at the railing, watching wistfully, knowing that not a soul was there for him. He said, “Lord, I’ve served You my whole life. Look at all the recognition and revelry for that famous person, and there’s nobody here for me. It hurts, Lord.”

He heard the still, small voice say, “You’re not home yet, son.”

I love this story that helps me keep in mind the big picture that includes the eternal, unseen realm, and the long picture that extends into the forever that awaits on the other side of death.

The apostle Paul had a firm grasp on what it means to live with an eternal perspective. We can especially see this in 2 Corinthians 4:16-18—

> So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.

In these verses, Paul provides three aspects of an eternal perspective that kept him from losing heart, despite living with profound physical persecution and assault such as being hammered with stones, whipped by a cat-o’-nine-tails, beaten with rods, and shipwrecked. He knew what it was to go without sleep, food or drink, sometimes he was cold and naked. The man *knew* what it was to suffer! (2 Corinthians 11:23-29)

But Paul had a sort of spiritual periscope that allowed him to “see above” into the spirit realm while continuing to “live below” in this physical world. He saw the contrast between our

bodies and our souls, how earthly affliction prepares us for glory, and the need to focus on the unseen and eternal rather than the seen and temporary.

Paul's Eternal Perspective

The apostle Paul showed us in 2 Corinthians 4 that he understood what it was to live with an eternal perspective. He understood that our bodies can be growing older and weaker on the outside, while our spirits are growing stronger, brighter, and more mature on the inside. I get that; as a polio survivor who has also needed both my hips replaced, I am very aware that I keep getting weaker the longer I live in this compromised body. But I also know the beauty and glory of Jesus making me more and more like Himself, day by day, so by His grace I can keep growing in vitality and joy on the inside! I may have diminishing energy in my body, but my spiritual energy capacity keeps getting bigger!

Paul also understood that the hard parts of living in a fallen world, much less living with the pains and trials of persecution, are merely a "light and momentary affliction" compared to what's waiting on the other side: an eternal weight of glory beyond all comparison. Even horrible pain on earth is still "light and momentary" compared to the infinite length and glory of eternity with Christ. We can see how the Lord Jesus modeled this understanding as He faced the cross, and Hebrews tells us that He "despised its shame" because He was valuing the glory of the joy set before Him (12:2)

And Paul understood that we can shift our focus from the visible and temporary things of this world, to the unseen and eternal things of the spirit realm. We have to work at seeing the unseen and eternal. We do that with the eyes of our hearts (Ephesians 1:18). We do that by training ourselves to view everything through the lens of God's word.

I've been working at developing an eternal perspective for years. For me, it's about connecting the dots between earthly things and heavenly things.

I look at earthly things and wonder, "How does this connect to the spirit realm? How does this connect to what is unseen and eternal?" For examples, look at my blog posts, such as Glorious Morning Glories [probe.org/glorious-morning-glories/], Back Infections and Heart Infections [probe.org/back-infections-and-heart-infections/], Cruise Ships, Roller Coasters and Attitudes [probe.org/cruise-ships-roller-coasters-and-attitudes/], and Blowing Past Greatness [probe.org/blowing-past-greatness/].

Jesus' parables are the world's best examples of using the physical to provide understanding of the eternal. He was always connecting the dots between the things He was surrounded by—different types of soil, lost coins and sheep and sons, a wedding banquet—and explaining how these things related to the Kingdom of Heaven.

One of the most important prayers we can ask is, "Lord, help me see Your hand at work"—and then intentionally looking for it. For years I have kept a "God Sightings" Journal where I recorded evidence of God intervening in my life and the lives of others I have seen. I love to ask my friends and mentees, "Do you any God Sightings to share?" to help them identify the hand of God in their lives.

An Eternal Perspective on Suffering

As we talk about living with an eternal perspective, let's remember that we live in a permanent battle zone of spiritual warfare. We have an enemy who hates us because He hates God. He and his fellow demons continually attack us with lies and deceptions. Some are personal, but many of them constitute the cultural water we swim in.

When we forget that we live in a culture of anti-God, anti-truth, it's like going out in our underwear, needlessly exposing ourselves. Living with an eternal perspective means staying vigilant, donning our spiritual armor (Ephesians 6:10-18) and using it to fight back against the lies of the enemy.

Spiritual warfare is HARD. It means suffering. Sometimes physical, most often mental—because spiritual warfare is waged on the battlefield of the mind. But the suffering of spiritual warfare is temporary, because the vast majority of the believer's life will be spent in heaven where warfare of all kinds will be a distant memory.

But for right now, suffering is still part of life, and developing and maintaining an eternal perspective really helps us remind ourselves of the larger truth. Romans 8:18 says that "our present sufferings are not worth comparing with the glory that will be revealed in us." Being faithful when we're suffering means glory in the future.

My friend Holly has battled cancer three times on top of the horribleness of cystic fibrosis. She suffers literally every day of her life. Yet, with a beautiful, godly stubbornness, she reminds herself of what is true: "What if the worst thing happens? Oh wait, it can't. The worst thing that can possibly happen to anyone is to die apart from Christ and spend eternity in torment. For me, to die means instant joy and relief in the arms of my Savior!"

Like Joni Eareckson Tada, my friend Chris has lived with quadriplegia for almost fifty years. What comes to mind when I think of Chris is two words: "sweet joy." Because of his eternal perspective, Chris knows his suffering is temporary, and he chooses not to give into self-pity. People are drawn to him like honey because of how he radiates Jesus.

And then there's me. I've lived with a disability my whole

life. As a polio survivor, I have walked every step with a very noticeable limp. Living with an eternal perspective means that, by the grace of God, I know I will receive a beautiful, strong, perfectly healthy resurrection body in heaven. My polio days are limited, but my resurrection body days will be unlimited! Meanwhile, I get to see God use my disability for His glory and others' good in ways I never would have imagined. It really is okay!

Remembering the Long View

Another aspect of living with an eternal perspective is focusing on the reality that our time on earth is short, especially compared to the never-ending life on the other side of death.

One of my favorite questions is to ask, "A hundred years from now, when you are face to face with Jesus in heaven, what do you want to be glad you chose today? Indulging your flesh and doing whatever you think will make you happy right now, or making choices that honor God and bless other people?"

Probably my favorite question remains an essential part of my eternal perspective: passing everything through the grid of the great question, "In the scope of eternity, what does this matter?" [probe.org/in-the-scope-of-eternity/]The frustrations of traffic? Not getting our way? A loved one who does not know Christ? The answer determines what is worth getting upset about, what we should just let go, and where we should be investing time in prayer.

We can remember the long view by pre-deciding now that we will use our earthly days fully, engaged in ministry, as long as God gives us breath.

Years ago, my view of living with an eternal perspective was shaped by the story of a lady who decided to start college in her 70s. When they asked her why she would do such a thing

when her life was basically over, she said, “Oh no! It’s not over! I’m preparing for the next part of my life in heaven! The more equipped I can get on earth, the more ready I’ll be for what the Lord has for me on the other side!”

Another lady was homebound because she was so disabled. She got the word out that every afternoon, her home was open for anyone who needed prayer. Some days it was like there was a revolving door, so many coming and going! She had a vibrant ministry in the waning days of her life because she was determined to use her remaining earthly days fully, to the glory of God.

One of my friends is a TSA [Transportation Security Administration, part of the U.S. Government] agent at a major airport. She diligently reminds herself daily that every traveler who comes through the security line is infinitely valuable because they are made in the image of God, and Jesus died for them. She showers kindness on them because they are so important. One of her co-workers, for whom work is just a job where he punches a time clock, once told her, “In twelve months you’ll stop being nice to everyone.” We don’t think so. (Especially since she’s already had this job for several years.) She works at maintaining an eternal perspective, seeing the unseen.

In the time you have now, live well, to the glory of God. Keep reminding yourself that everything we do now has an eternal impact. Our choices, our behaviors, our words, ripple into eternity. Which is why we need to seek to do everything for the glory of God.

Eternal Perspective is What God Sees

As a mom of littles, Nicole Johnson was feeling sorry for herself when she met with a friend who had just returned from Europe. She writes,

> “My friend turned to me with a beautifully wrapped package, and said, ‘I brought you this.’ It was a book on the great cathedrals of Europe. I wasn’t exactly sure why she’d given it to me until I read her inscription: ‘With admiration for the greatness of what you are building when no one sees.’
>
> “In the days ahead I would read—no, devour—the book. And I would discover what would become for me, four life-changing truths, after which I could pattern my work:
>
> “1) No one can say who built the great cathedrals—we have no record of their names.
>
> “2) These builders gave their whole lives for a work they would
> never see finished.
>
> “3) They made great sacrifices and expected no credit.
>
> “4) The passion of their building was fueled by their faith that the eyes of God saw everything.
>
> “There’s a story in the book about a rich man who came to visit the cathedral while it was being built, and he saw a workman carving a tiny bird on the inside of a beam. He was puzzled and asked the man, ‘Why are you spending so much time carving that bird into a beam that will be covered by the roof? No one will ever see it.’
>
> “And the workman replied, ‘Because God sees it.’{1}

Living with an eternal perspective as we make choices and invest our time to glorify God is like building a cathedral that we won’t be able to see finished.

It means living with the long view in mind, aware that the things we can see, hear, and feel are temporary, but the spiritual realm is permanent.

An eternal perspective means that the things you do that no

one sees but God—the unseen and eternal—*they matter!*

God tells us in Isaiah that our purpose in life is to glorify Him (43:7). Paul puts a point on this in 1 Corinthians 10:31: "Whether you eat or drink or whatever you do, do it all for the glory of God."

And that's the key to living with an eternal perspective.

Notes

1. thejoysofboys.com/monday-motivation-the-invisible-mom/

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The Old Testament and Other Ancient Religious Literature

Do similarities in the Old Testament with other ancient Near Eastern literature prove that it is all the same kind of thing? Rick Wade shows why it's not.

The Challenge

In the 1870s a scholar named George Smith revealed the discovery of both creation and flood stories in ancient Babylonian literature.{1} Bible scholars were soon claiming that the writer of Genesis was merely borrowing from Babylonian mythology. Although competent scholars have since shown that the similarities between these accounts are largely superficial, the idea remains today in certain areas of academia and pop culture that the Bible is just another work of ancient mythology.



Although there are good reasons to see the Bible as very different from other religious literature, the problem for conservative Christians is in how similar it is to other ancient literature; it's because there are significant affinities that scholars made that leap in the first place. On the one hand, liberal scholars and a lot of ordinary lay people take the similarities to indicate that the Old Testament isn't any more divine than other ancient literature. On the other hand, conservatives, fearful of seeing the Bible lose its status, tend to shy away from the similarities. Most of us wouldn't say it, but we don't like to think there's much overlap between the worldview of the ancient Israelites and that of their neighbors. Where we run into problems is when we assume that God revealed Himself in ways that are always satisfactory to modern people, especially with regard to scientific and historical accuracy. Neither the giving-away-the-store approach nor the approach of turning a blind eye to genuine similarities will do. We must let the Bible be what it is and determine for us how we should understand and use it.

For all the similarities, there are fundamental differences that set the Bible apart. In this article I will spend more time on the differences. Before turning to those, however, it would be good to mention a few similarities.

For one thing, there is similarity in the form that religious practice took. Temples, priests, prophets, and sacrifices were a part of the practices of other religions as they were of the Israelites'. Old Testament scholar John Oswalt notes, for example, that "the layout of the tabernacle and of the temple following it is essentially the same as the layout of contemporary Canaanite sanctuaries. Furthermore, the decoration of the temple seems to have been similar to that of Canaanite sanctuaries."{2}

There were similarities in law as well. For example, the "eye for an eye" injunctions in Exodus 21:23-25 are similar to some found in the Babylonian *Code of Hammurabi.* Both include punishments for striking a pregnant woman and causing her to miscarry.{3}

Even here, though, there are differences, specifically in the purposes of these two. Old Testament scholar John Walton points out that the ancient codes, or treatises as he calls them, were not rules legislated by authorities. Rather, they were collections of principles, learned over time, assembled to show the worthiness and wisdom of the king in his role of maintaining order in society.{4} "This," Walton writes, "was the most fundamental expectation of the gods."{5}

By contrast, the Old Testament law was an important part of the covenant between God and His people; the laws were, as Walton says, the "stipulations of the covenant."{6}

More could be said about similarities, but we'll turn now to the differences between the Old Testament and other literature of the ancient Near East.

The One True God

Two fundamental differences between the Old Testament and ancient myths are the biblical claims that there is only one true God and that this God is not to be worshipped by means of idols.{7}

Israel's neighbors were polytheists or henotheists, meaning they believed there were multiple gods but they worshipped only one, or one primarily. This is why the steward of Joseph's house could speak to Joseph's brothers of "your God and the God of your father" (Gen. 43:23) and why Pharaoh could say to Moses and Aaron, "Go, sacrifice to your God within the land" (Ex. 8:25). The Egyptians had their gods, the Hebrews had theirs. The cultural "atmosphere" of belief in many gods

was as normal in that day as the modern secular mentality is in ours.

By contrast, Yahweh declared that there was only one God and it was Him. “I am the first and I am the last; besides me there is no God,” Yahweh said. “Who is like me? Let him proclaim it” (Isa. 44:6b-7a; see also 45:5,6).

Further, the true God was not to be worshipped through idols. That was a new idea. Idols were very important to the ancients. They were the actualized presence of deities. The idol received worship on behalf of the god. An example of that worship was providing food for the god by presenting it to the idol. John Walton says that through such expressions, “in this way the image mediated the worship from the people to the deity.”{8}

This entire understanding was declared false by Yahweh. Through Isaiah and Jeremiah God declared that idols were wood or stone, silver or gold, and nothing more (Isa. 44; Jer. 10). “Every goldsmith is put to shame by his idols,” God said through Jeremiah, “for his images are false, and there is no breath in them. They are worthless, a work of delusion” (Jer. 10:14-15a). Through the Psalmist, God asked rhetorically, “Do I eat the flesh of bulls or drink the blood of goats?” (Ps. 50:12-13).

Transcendence vs. Continuity

One of the ways we distinguish the Old Testament from other literature of the ancient Near East is to note the difference between actual history and myth. The stories of the gods in other literature we call mythological. The word myth is often used today to mean false, but it has a much richer meaning than that.

In his book *The Bible Among the Myths,* John Oswalt gives several definitions of myth which have to do with such things

as the definition of the word and sociological and theological factors and more.{9} A central feature of all of them is what Oswalt calls "continuity." By continuity he means an actual metaphysical connection between all things. A simple illustration of this principle is the claim, "I am one with the tree, not merely symbolically or spiritually, but actually. The tree is me; I am the tree."{10} In the ancient world, this continuity included the gods. The differences between nature and the gods were more of degree than of kind.

This connection is more than a matter of mere resemblance. Because the pagan gods were understood to be continuous with nature, what happened in nature was thought to be a direct result of the activities of the gods. If the crops didn't grow or the animals didn't reproduce, it must have had something to do with the gods. Moving in the other direction, people hoped to manipulate the gods by engaging in some ritualistic act on the level of nature. So, by retelling and acting out the mythical stories of the divine, ideal world, a connection was made between humanity and the gods. It was hoped that the outcomes of the mythical accounts would apply to the natural world.{11} This direct continuity between earth and "heaven" sheds light on such things as temple prostitution and fertility rituals. Through re-enactments of the mythological origins of the world, which involved the sexual activities of the gods, people hoped they could inspire the gods to make their crops grow and their animals fertile.

By contrast, the God of the Old Testament is not continuous with the created world. Yahweh is transcendent, above and separated in His very nature from the created order. This distinction marks a fundamental difference between the teachings of the Old Testament and those of the ancient myths.

This has several very important implications. I'll run through a few.

Being transcendent meant God could not be manipulated through rituals the way pagan gods could. Fertility rituals, for example, were meaningless because they had no relation whatsoever to how God created or governed the world. The Israelites engaged in certain ritualistic acts, but they were not for the purpose of making God do what they wanted. In fact, when they became substitutes for godly living, God told them to stop doing them. We read in Isaiah chapter 1 about how abhorrent the sacrifices and the rituals of the Israelites had become to God.

> What to me is the multitude of your sacrifices? says the LORD; I have had enough of burnt offerings of rams and the fat of well-fed beasts; I do not delight in the blood of bulls, or of lambs, or of goats. When you come to appear before me, who has required of you this trampling of my courts? Bring no more vain offerings; incense is an abomination to me. New moon and Sabbath and the calling of convocations—I cannot endure iniquity and solemn assembly. Your new moons and your appointed feasts my soul hates; they have become a burden to me; I am weary of bearing them. When you spread out your hands, I will hide my eyes from you; even though you make many prayers, I will not listen; your hands are full of blood (Isa. 1:11-17).

The pagan gods demanded the appeasement of sacrifices. Yahweh looked for a change of heart and behavior.

Here's another difference. Because the various acts of the pagan deities recounted in myths were thought to be eternally recurring, time and space lost their significance. The acts of the gods were timeless. They couldn't be connected to particular moments in history.{12} Thus, the mythological view reduced the significance of the historical.

By contrast, in Scripture we see the transcendent God acting in history through specific events and persons. The people of Israel were called not to re-enact but to remember particular

events in history, for it was in these things that the transcendent God of the Bible revealed Himself.

The transcendence/continuity distinction helps explain why idol worship was so strongly condemned in Scripture. It was more than just a matter of worshipping the wrong God. It showed a basic misunderstanding of the *nature* of God. To engage in idol worship was to give in to the idea of continuity between nature and the divine. This mentality was likely behind the creation of the golden calf by Aaron when Moses was on the mountain. The people had lived in a world where gods could be seen through physical idols. It was natural for them, when wondering where Moses and Yahweh were, to find reassurance in a physical representation of deity. But it was condemned by God.

A Few More Differences

Here are three more differences between the worldview and religion prescribed in the Old Testament and that seen in other ancient Near Eastern literature.

First, the biblical worldview regards humanity highly. In the Old Testament, we read that man and woman were created in God's image. They were the pinnacle of God's creative work. In the pagan myths, mankind was created merely to serve the needs of the lazy and conceited gods. Humans were only good for "food and adulation," as John Oswalt says.{13}

Second, Yahweh was concerned with people's moral lives. Among other ancient Near Eastern peoples, Oswalt writes, religion was "about sacrifice, ritual, ritual purity, prayer, offerings, and the like." Things like this were part of the covenant between Israel and Yahweh, but not the only things, and not even the most important, as we saw in the Isaiah 1 passage quoted earlier. Ethical obedience was and is an important part of our response to God. His people are to tell

the truth, to respect other people and their possessions, to keep the marriage bed pure, etc. Similar laws can be found in some other religious codes, but for Israel they weren't just the laws of the land; they were aspects of a *relationship* with God that were grounded in the *character* of God.{14}

Third, the people of Israel could know if they were pleasing or displeasing Yahweh and why. They knew what they were required to do and not do, and they got feedback, typically through the prophets.

By contrast, other gods didn't seem so concerned to communicate their thoughts or motives to people. When hardships came for no apparent reason, people thought they must have offended the gods, but they couldn't know for sure what they had done or not done. Walton writes that "the minds of the gods were not easily penetrated."{15} By contrast, he says, "nothing in the ancient Near East compares to the extent of revelation that Yahweh gives to his people and the depth of relationship that he desires with them."{16}

By countering the idea that the Bible is just another example of ancient literature, I have not proved that the Bible's message is true. The point is to clear away an objection that gets in the way of understanding. It provides a space for people to give more thought to the teachings of the Bible. The Bible is then able to speak for itself.

Notes

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2. John Oswalt, *The Bible Among the Myths: Unique Revelation or Just Ancient Literature?* (Grand Rapid: Zondervan, 2009), 91-92.
3. Peter Enns, *Inspiration and Incarnation: Evangelicals and the Problem of the Old Testament* (Grand Rapids: Mich.: Baker

Academic, 2005), 31-32.
4. John Walton, *Ancient Near Eastern Thought and the Old Testament: Introducing the Conceptual World of the Hebrew Bible* (Grand Rapids: Baker Academic, 2006), 290-91.
5. Ibid., 295.
6. Ibid., 299.
7. Enns, *Inspiration and Incarnation*, 57-58.
8. Walton, *Ancient Near Eastern Thought*, 114-115.
9. Oswalt, *The Bible Among the Myths*, chaps. 3 and 4.
10. Ibid., 43.
11. Ibid., 42.
12. Ibid., 43.
13. Ibid., 70.
14. Ibid., 77.
15. Walton, *Ancient Near Eastern Thought*, 307.
16. Ibid., 298.

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Ancient Perspectives on Happiness

After examining several pagan view of happiness from the ancient world, Dr. Michael Gleghorn argues for the view of Christian philosopher Augustine.

The Declaration of Independence says that all men "are endowed by their Creator with certain unalienable rights," including "life, liberty and the pursuit of happiness."{1} Although we could say a lot about this statement, I want to focus on that very last phrase: the pursuit of happiness. What exactly is happiness? And how should we pursue it in order to have the best chance of attaining it? These questions not only interest

us, they also interested some of the greatest thinkers from the far-flung past.



So what *is* happiness? An online dictionary says that happiness "results from the possession . . . of what one considers good."{2} A good start, but it raises another question, namely, what should we consider *good*? Many things can be described as *good*: a cat, a job, a lover, and a book may all qualify. And each of these things might even make us *happy* . . . at least, for a while. But is there a *good* that offers us genuine and lasting happiness? If so, what is it? Now we're getting closer to what the ancients were interested in knowing about happiness.

Of course, as you can probably guess, many different answers were proposed. A few thought that happiness could be found in the pleasures of the flesh. But most believed you needed something a bit more . . . *lofty*, shall we say, in order to experience *real* happiness, things like friendship, peace of mind, virtue, and even God. One thing they virtually all agreed on was that a truly good and happy life ought to be lived with a sense of mission or purpose. Hence, the ancients did not think about happiness primarily in terms of just "having a good time." Instead, they thought there was an important *moral* component to happiness. As Christian theologian Ellen Charry notes, for the ancients, happiness "comes from using oneself consistently, intentionally, and effectively, and hence it is a moral undertaking."{3}

The link between morality and happiness has, I fear, become rather under-appreciated in our own day. But important as it is, many (including myself) don't believe that this can be the *final* word on happiness. So in an effort to find out what is, we'll spend the rest of this article looking first at some of the most important pagan perspectives on happiness from the ancient world before concluding with a Christian proposal by possibly the greatest theologian in the early church, a man

named Augustine.{4}

Epicureanism

Let's begin with Epicureanism. Epicurus lived from 341–270 B.C. and is often viewed as the poster boy for a hedonistic lifestyle. A popular gourmet cooking site, epicurious.com, creatively plays off this reputation to celebrate the pleasures of a great meal.{5} But as we'll see, Epicurus was not the total "party animal" that people often think.{6}

Although he rightly regarded physical pleasure as a good thing, and believed that it was natural for us to want it, he personally thought that friendship and mental tranquility were even better. It was these latter sources of happiness, and not merely the pleasures of the flesh, which Epicurus thought of as the greatest goods. In order to attain them, he even commended a life of virtue. After all, it's the virtuous person, living at peace with his neighbors, who generally has far less cause for fear and worry than someone who's been up to no good. Such a person is thus more likely to experience the true joys of friendship and mental tranquility than his non-virtuous counterpart.{7}

As you can probably see, there are aspects of Epicureanism that even a Christian can appreciate. But there are problems with this view as well. For example, while Epicurus did not deny either God or the gods, he did teach that they were rather unconcerned about human affairs, and he denied that there would be a final judgment. For him, death was simply the end of existence and you didn't need to worry that God would judge you for your deeds in an afterlife. But these ideas made many people uncomfortable.

For instance, the Roman philosopher Cicero (106-43 B.C.) reacted strongly against Epicureanism in his book *The Nature of the Gods.* And Lactantius, an early Christian writer (A.D. 250-325), believed that only the fear of God "guards the

mutual society of men."{8} In his view, if people think they aren't accountable to God, society will likely be in trouble. Hence, many thinkers worried that Epicureanism might lead to an amoral—or even *immoral*—pursuit of pleasure as the highest good of life. And unfortunately, this "can just as easily lead to debauchery and . . . selfishness as it can to the simple, honest life style of Epicurus."{9}

So while the Epicurean view of happiness has some things in its favor, there are several reasons for rejecting it.

Stoicism

Stoicism was another important school of thought that addressed the issue of human happiness. In the ancient world, it "was the single most successful and longest-lasting movement in Greco-Roman philosophy."{10} The Stoics' manly, morally tough philosophy of life had broad appeal in the ancient world. It attracted slaves like Epictetus (ca. A.D. 55-ca. 135) as well as the Roman emperor, Marcus Aurelius (A.D. 121-180). Even many of the early church fathers admired the Stoic emphasis on moral virtue and integrity.{11}

So what did the Stoics think about human happiness? According to Ellen Charry, the Stoics viewed "the goal of life" as human flourishing. This was understood, however, not in terms of having a long life or being financially successful. Rather, it was viewed "as maintaining one's dignity and grace whatever may happen."{12} The Stoics understood that things don't always work out as we want. Life throws us many curve balls and, if we're not prepared, we're bound to be disappointed.

Their solution? In a statement reminiscent of the Buddha's teaching, the Stoic Epictetus declared, "Demand not that events happen as you wish, but wish them to happen as they do happen, and you will get on well."{13} We often don't have any control over what goes on around us. But we can control how we react to it. By knowing the good and morally virtuous thing to

do, and by consistently choosing to do this, one attains the highest happiness of which human beings are capable; namely, "the enjoyment of self that comes from the conviction that one is living a principled life of the highest integrity."{14} This, in a nutshell, is the Stoic conception of human happiness.

But there are some problems with this view. Although Christians will readily cheer the Stoic commitment to a life of moral virtue, they'll nonetheless deny that such a life is ever really possible apart from the grace of God. As the Christian theologian Augustine observed, Stoicism fails to adequately address the problem of human sinfulness. Moreover, he thought, it holds out the false hope that one can achieve happiness through self-effort. But as Augustine wisely saw, only God can make us truly happy. Hence, while there's much to admire about Stoicism, as a philosophy of human happiness it must ultimately disappoint.{15}

Neo-Platonism

Having now surveyed Epicureanism and Stoicism, and found each of them wanting, we must next turn to Neo-Platonism to see if it fares any better.

Probably the most important Neo-Platonist philosopher was a man named Plotinus, who lived in the third century A.D. Plotinus believed that in the beginning was the One, "the supreme transcendent principle" and the "ground of all being."{16} Everything which now exists ultimately originated from the One through a series of emanations. Since everything proceeds from the One *not* by a process of creation, but rather by a process of emanation, "Creator and creation . . . are not sharply distinguished in Plotinus's account."{17}

Although this is certainly different from the biblical view, in which there *is* a clear distinction between Creator and creation, it would probably not be fair to simply call

Plotinus a pantheist—that is, someone who believes that "all" of reality is "Divine." According to one scholar, Plotinus tried "to steer a middle course" between pure pantheism (on the one hand) and creation by God (on the other).{18} But since everything that exists emanates or proceeds from the One, Plotinus's view is certainly *close* to pantheism. And it is thus quite different from the biblical doctrine of creation.

But how is this relevant to Plotinus's perspective on the nature of human happiness? According to Plotinus, since everything (including mankind) emanates out of the One, human beings can only truly find happiness by realizing their "oneness" with the One. In Plotinus's view, "Happiness resides in a person's realization that she is one with divinity."{19} According to Plotinus, then, realizing one's "oneness" with the One is the key to human happiness.

Are there any problems with this view? Although there's much to admire about Neo-Platonism, and while it was quite influential in the early church, it was never entirely accepted, and that for several reasons. From a Christian perspective, Neo-Platonism ultimately has a defective view of God, creation, human nature, the meaning of salvation, and what happens to a person after death. In other words, while the system is very religious, it's *not* Christianity. And thus, while we can agree with Plotinus that happiness can only be found in God, we must nonetheless reject his system on the grounds that he's not pointing us to the one *true* God.

Augustinianism

Having previously surveyed some of the most important perspectives on happiness from the ancient world, we'll now bring our discussion to a close by briefly considering the thought of Augustine, one of the greatest theologians of the early church. Augustine lived from A.D. 354 to 430 and was familiar with the various perspectives on happiness which

we've already examined.

Like the Epicureans, he believed that our happiness is at least tangentially related to our physical well-being. Like the Stoics, he believed that a life of integrity and moral virtue was important for human happiness. And like the Neo-Platonist philosopher Plotinus, Augustine thought that true human happiness could only be found in God.

Nevertheless, Augustine views each of these perspectives as ultimately inadequate for all who long to experience *lasting* human happiness (and Augustine thinks that's pretty much all of us). After all, neither physical well-being nor a virtuous life can grant us lasting happiness if our existence ends at death. And while he agrees with Plotinus that happiness can only be found in God, Augustine (like all Christians) is convinced that Plotinus ultimately has a defective view of God.{20}

So where is true and lasting happiness to be found? Ellen Charry sums up Augustine's view quite nicely when she writes, "Happiness is knowing, loving, and enjoying God securely."{21} In Augustine's view, happiness is a condition in which one's desires are realized. Happy is he who has what" he wants," he writes in his little book on happiness.{22} But he also believed that what we all really want is the *everlasting* possession of the *greatest* good that can be had. That is, we want the best that there is—and we want it forever!

But since the greatest good can only be God, the source and foundation of every other good there is (or ever will be), it seems that what we ultimately want, whether we realize it or not, is God! And if we not only want the best that there is, but want it forever, it seems that we must ultimately want the very thing God freely offers us in Christ, namely, everlasting life in the presence of God. The psalmist urges us to "taste and see that the Lord is good" (Psalm 34:8). And those who do are promised joy in His presence and "eternal pleasures" at

His right hand (Psalm 16:11).

This, then, is Augustine's view on human happiness. In my opinion, it's far and away the best perspective that we've examined in this article, and I hope you'll think so, too.

Notes

1. Cited from the text of the Declaration of Independence at www.archives.gov/exhibits/charters/declaration_transcript.html (accessed August 26, 2011).

2. Dictionary.com Unabridged. Random House, inc., s.v. "happiness," dictionary.reference.com/browse/happiness (accessed August 26, 2011).

3. Ellen T. Charry, *God and the Art of Happiness* (Grand Rapids: Eerdmans, 2010), 3-4.

4. Ellen Charry surveys the views of each of these persons and perspectives in the first two chapters of her book *God and the Art of Happiness*, 3-62.

5. For more, check out www.epicurious.com

6. Robert C. Solomon and Kathleen M. Higgins, *A Short History of Philosophy* (New York: Oxford University Press, 1996), 70.

7. This paragraph is indebted to the discussion of Epicurus in Solomon and Higgins, *A Short History of Philosophy*, 70-71.

8. Lactantius, "A Treatise on the Anger of God," in *Fathers of the Third and Fourth Centuries*, ed. A. Cleveland Coxe, Ante-Nicene Fathers (Peabody, MA: Hendrickson, 1994), 269; cited in Charry, *God and the Art of Happiness*, 8.

9. Stanley R. Obitts, "Epicureanism," in Walter A. Elwell, ed., *Evangelical Dictionary of Theology* (Grand Rapids: Baker, 1984), 358.

10. Solomon and Higgins, *A Short History of Philosophy*, 71.

11. Gary T. Burke, “Stoics, Stoicism,” in Elwell, ed., *Evangelical Dictionary of Theology*, 1056.

12. Charry, *God and the Art of Happiness*, 9.

13. The Enchiridion, VIII; cited in Solomon and Higgins, *A Short History of Philosophy*, 71.

14. Charry, *God and the Art of Happiness*, 10.

15. This paragraph is indebted to Ellen Charry’s discussion of Augustine’s critique of Stoicism in *God and the Art of Happiness*, 14-15.

16. Everett Ferguson, “Neoplatonism,” in Elwell, ed., *Evangelical Dictionary of Theology*, 756.

17. Solomon and Higgins, *A Short History of Philosophy*, 122.

18. Frederick Copleston, Greece and Rome, vol. 1 of *A History of Philosophy* (Garden City: Image Books, 1985), 467.

19. Charry, *God and the Art of Happiness*, 19.

20. This paragraph and the one that precedes it are generally indebted to Charry’s discussion in *God and the Art of Happiness*, 3-62.

21. Charry, *God and the Art of Happiness*, 29.

22. De beata vita 10; cited in John Bussanich, “Happiness, Eudaimonism,” in *Augustine through the Ages: An Encyclopedia*, ed. Allan D. Fitzgerald (Grand Rapids: Eerdmans, 2009), 413.

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Four Killer Questions: Power Tools for Great Question-Asking

Sue Bohlin provides helpful information for use in helping sharpen the question-asking skills of fellow believers as well as in evangelism. These "understanding questions" help Christians sharpen their biblical worldview and help unbelievers delve into the inconsistencies of their own worldview.



Dr. Jeff Myers of Bryan College and Summit Ministries shares our passion for helping others develop a biblical worldview. One of the tools he offers in developing critical thinking skills is how to use the right question at the right time.

He suggests four "killer questions" to help anyone think critically.{1} The first question is, *What do you mean by that?* In other words, define your terms. The second question is, *Where do you get your information?* The third is, *How do you know that's true?*, and the fourth killer question is, *What if you're wrong?*

Dr. Myers tells this story:

"A friend took a group of third graders to the Denver Museum of Natural History.

"Before he took them inside, he knelt down on their level and said, 'Kids, if anybody in this museum tells you anything, I want you to ask them, *how do you know that's true?*' Giving this question to a third grader is the intellectual equivalent of giving them a surface-to-air missile. These kids walked into the museum; all they knew was, Ask: *How do you know that's true?*

“A paleontologist was going to show them how to find a fossil. Apparently they had intentionally buried a fossil down in the soil sample and she said, ‘We’re going to find it.’ Very clever, right? No, not with this crowd. ‘Cause they started asking questions like, ‘Well, how do you know there’s a fossil down in there?’ ‘Well, because we just know there’s a fossil down there.’ ‘Why do you want to find it?’ ‘Well, because we want to study it.’ ‘Why do you want to study it?’ ‘We want to find out how old it is.’ Well, how old do you think it is?’ ‘About 60 million years old.’

“‘Lady, how do you know that is true?'”

“She patronized them. She said, ‘Well, you see, I’m a scientist, I study these things, I just know that.’ They said, ‘Well, how do you know that’s true?’ Anytime she said anything at all they just asked, ‘How do you know that’s true?’ What happened next proves that truth is stranger than fiction. She threw down her tools, glared at these children, and said, ‘Look, children, *I don’t know, OK?* I just work here!'”{2}

Question #1: What do you mean by that?

The first question is, *What do you mean by that?* You want to get the other person to define his terms and explain what he is saying. If you don’t make sure you understand what the other person means, you could end up having a conversation using the same words but meaning very different things.

When I was a new believer, I was approached on the street by some people collecting money for a ministry to young people. I asked, naively, “Do you teach about Jesus?” They said, rather tentatively, “Yesss. . . .” I gave them some money and asked for their literature (which was in the reverse order of what I should have done). Only later did I learn that they did indeed teach about Jesus—that He was the brother of Satan! I wish I had had this first killer question back then. I would have asked, “What do you teach about Jesus? Who is He to you?”

Get the other person's definition. Let's say you're talking to a neighbor who says, "I don't believe there is a God." Don't quarrel with him: "Oh yes there is!" "No, there's not." Second Timothy 2:24-25 says not to quarrel with anyone. Just start asking questions instead. "What do you mean by 'God'? What's your understanding of this God who isn't there?" Let him define that which does not exist! You may well find out that the god he rejects is a mean, cold, abusive god who looks a lot like his father. In that case, you can assure him that you don't believe in that god either. The true God is altogether different. If it were me, at this point I wouldn't pursue the existence of God argument, but rather try to understand where the other person is coming from, showing the compassion and grace of God to someone bearing painful scars on his soul.

Let's say someone says she is for a woman's right to choose abortion. You can ask, "What do you mean by 'woman'? Only adult women? What if the baby is a girl, what about her right to choose? What do you mean by 'right'? Where does that right come from?" Do you see how asking *What do you mean by that?* can expose problems in the other person's perspective?

Question #2: Where do you get your information?

The question *Where do you get your information?* is particularly important in today's culture, where we drown in information from a huge array of sources. Information is being pumped at us from TV, radio, music, Websites, email, blogs, billboards, movies, and conversations with people who have no truth filters in place at all. Consider the kind of responses you could get to the question, *Where do you get your information?*

"I heard it somewhere." Well, how's that for reliable? Follow with another killer question, *How do you know it's true?*

"Everybody says so." That may be so, but is it true? If you

say something loud enough, often enough, and long enough, people will believe it's true even if it isn't. For example, "everybody says" people are born gay. Doesn't everybody know that by now? That's what we hear, every day, but where is the science to back up that assertion? Turns out, there is none. Not a shred of proof that there is a gay gene.

Someone else may say, "I read it somewhere." So ask, in a legitimate newspaper or magazine? Or in a tabloid? Elvis is not alive, and you can't lose twenty-five pounds in a week. You might have read it somewhere, but there is a word for that kind of writing: *fiction*.

Did you see it on the internet? That could be a single individual with great graphics abilities pumping out his own totally made-up stuff. Or it could be a trustworthy, legitimate website like Probe.org.

Did you see it on TV? Who said it, and how trustworthy is the source? Was it fact, or opinion? Be aware of the worldview agenda behind the major media outlets. Former CBS reporter Bernard Goldberg exposed the leftist leanings of the media in his book *Bias: A CBS Insider Exposes How the Media Distort the News*. Most of what you see on TV is what the Bible calls "the world," and we are to be discerning and skeptical of the values and information it pumps out.

Don't be fooled by someone sounding confident and self-assured. Many people feel confident without any basis for feeling that way. Ask, *Where do you get your information?* It's a great killer question.

Question #3: How do you know that's true?

The third killer question is, *How do you know that's true?* This is probably the most powerful question of them all. It puts the burden of proof on the other person.

Most people aren't aware of what they assume is true; there's

simply no other way to see the world. They often believe what they believe without asking if it's true, if it aligns with reality. If you respectfully ask killer questions like *How do you know that's true?*, all of a sudden it can begin to occur to folks that what they believe, they believe by faith. But where is their faith placed?

Sometimes, the kindest thing we can do for people is gently shake up their presuppositions and invite them to think.

The reigning philosophy in science today is materialism, the insistence that the physical universe is all that exists. Something is only real if it can be measured and quantified. We need to ask, *How do you know* there is nothing outside the matter-space-time-energy continuum? *How do you know* that the instruments of physical measurement are the only ones that matter? *How do you know* there isn't something non-physical, which cannot be measured with physical measuring tools? If all you have is a ruler, how do you measure weight? (And if all you have is a ruler, and someone wants to talk about weight, it would be easy to deny there is such a thing as weight, only height and length, a lot like the materialists' insistence that since we can't measure the supernatural, it doesn't exist.)

At the heart of the debate over stem cell research is the question of the personhood of a human embryo. Those who insist that it's not life until implantation need to be asked, *How do you know that's true?* It's genetically identical to the embryo ten minutes before implantation. How do you know those are only a clump of cells and not a human being?

Postmodern thought says that no one can know truth. This philosophy has permeated just about every college campus. To the professor who asserts, "No one can know truth," a student should ask, *How do you know that's true?* If that sounds slightly crazy to you, good! A teacher who says there is no truth, or that if there is, no one can know it, says it

because he or she believes it to be true, or they wouldn't be saying it!

We get hostile email at Probe informing us of how stupid and biased we are for believing the Bible, since it has been mistranslated and changed over the centuries and it was written by man anyway. When I ask, "How do you know this is true?", I don't get answers back. Putting the burden of proof on the other person is quite legitimate. People are often just repeating what they have heard from others. But we have to be ready to offer a defense for the hope that is in us as well.{3} Of course, when we point to the Bible as our source of information, it's appropriate to ask the killer question, "How do you know that's true?" Fortunately, there is a huge amount of evidence that today's Bible is virtually the same as the original manuscripts. And there is strong evidence for its supernatural origins because of things like fulfilled prophecy. Go to the "Reasons to Believe" section of Probe.org for a number of articles on why we can trust that the Bible is really God's word.

There are a lot of mistaken, deceived people who believe in reincarnation and insist they remember their past lives. Shirley MacLaine claims to have been a Japanese Geisha, a suicide in Atlantis, an orphan raised by elephants, and the seducer of Charlemagne.{4} Here's where this killer question comes in. If you lose your life memories when you die, *how do you know* your past lives are real? When you're born into a new body and your slate is wiped clean, *how do you know* it's you?

So many people have embraced a pragmatic, expedient standard of, "Hey, it works for me." "It works for me to cheat on my taxes, as long as I don't get caught." "It works for me to spend hours on porn sites late at night since my wife doesn't know how to check the computer's history." "It works for me to keep God in his corner of the universe while I do my own thing; I'll get religious later in life." Well, *how do you know* it works? You haven't seen the whole, big picture. You

can’t know the future, and you can’t know how tomorrow’s consequences will be reaped from today’s choices.

Let me add a caveat here. The underlying question behind *How do you know that’s true?* is really, “Why should I believe you?” It can be quite disconcerting to be challenged this way, so be sure to ask with a friendly face and without an edge in your voice.

Question #4: What if you’re wrong?

One benefit of this question is that it helps us not to “sweat the small stuff.” There are a lot of issues where it just doesn’t matter a whole lot if we’re wrong. If you’re agonizing over a restaurant menu, trying to figure out the best entree, what if you’re wrong? It doesn’t matter. You can probably come back another time. If you can’t, because you’re traveling and you’ll never have another chance, is it going to wreck your life? Absolutely not.

Many of our youth (and, sadly, adults as well) believe that having sex is just part of being social. Many of them believe that sex qualifies as recreation, much like going to an amusement park. They need to be challenged: *What if you’re wrong?* Besides the high probability of contracting a number of sexually transmitted diseases, there is the ongoing heartache of the discovery that “casual” sex isn’t, because of its lasting impact on the heart.

The ultimate question where this matters is, *What do you believe about God?* What do you do with Jesus’ statement “I am the way, the truth, and the life; no one comes to the Father except by Me”?{5} What if you believe there is no God, or that you can live however you want and God will let you into heaven because you’re not a mass murderer? We need to ask, *What if you’re wrong?* You will be separated from God forever!

It’s only fair for Christ-followers to ask that of ourselves.

What if *we're* wrong? What if we're actually living an illusion that there is a God and a purpose to life? I would say, "You know what? I still lived a great life, full of peace and purpose and fulfillment. Ultimately, if there were no God, it wouldn't matter—nothing would matter at all!—but I still loved my life. Either way, if I'm right or I'm wrong, I win."

These four killer questions are powerful to spark meaningful conversation and encourage yourself, and others, to think critically. Use them wisely, be prepared for some interesting conversations . . . and have fun!

Notes

1. Our fellow worldview apologist Bill Jack of Worldview Academy (www.worldview.org) has also popularized these "killer questions," but they go back all the way to Socrates.
2. "Created Male and Female: Biblical Light for a Sexually Darkened World" conference sponsored by the International Council for Gender Studies, October 10-12, 2003.
3. 1 Peter 3:15.
4. www.fortunecity.com/emachines/e11/86/duncan2.html
5. John 14:6.

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Talking About the Problem of Evil

T.S. Weaver has put together an intellectual response to the problem of evil that includes a theology of evil and suffering, and a philosophical/theological series of proper defenses of God and His righteousness considering evil.

What is Evil?



The problem of evil is famous. This problem is personal because my wife stayed stuck as an agnostic for a long time. An agnostic, by the way, is a person who says they don't know if there is a God. Like so many people, she thought that if you believe in a God who is all good and all-powerful, then the presence of evil and suffering creates a problem.

Atheist philosopher David Hume said, "Epicurus's old questions are yet unanswered. Is he willing to prevent evil, but not able? Then he is impotent. Is he able to but not willing? Then he is malevolent. Is he both able and willing? Whence then is evil?"

Let's address this. I'll give you a roadmap of where we're going. First, we need to address how one can even object to evil. Second, I will talk about what evil is and is not. Then I will talk about some possible reasons God allows evil. Finally, I'll close with God's solution.

To start, if this challenge were raised by an atheist, we need to address the moral argument. If there is right and wrong, then they are grounded in the existence of a good and moral God. Because without an absolute Moral Law, which requires an absolute Moral Law Giver, the atheist has no grounds for a complaint against evil.

Former atheist C.S. Lewis summarizes how this thinking eventually guided him to Christianity: "My argument against God was that the universe seemed so cruel and unjust. But how had I got this idea of just and unjust? A man does not call a line crooked unless he has some idea of a straight line. What was I comparing this universe with when I called it unjust?"

Evil is not a "thing" that exists; and God is not the cause.

Both Augustine and Thomas Aquinas point out that evil is not a real entity in the world. This means evil is not a material or a phenomenon that exists by itself. It's like darkness, which is not a created thing; it's the absence of light. Evil describes a deficiency or denial of good. Philosophers call this deficiency a privation. Evil is what occurs once the good is altered or distorted. In Genesis 1 and 2, God told us all that existed was good. Evil was not an innovation, but a distortion. So, God is not the creator or author of evil.

The Best-of-All-Possible-Worlds

Let us consider the best-of-all-possible-worlds argument. The place to start is God's omniscience. This allows God to understand all possibilities. If God knows all possibilities, God knows all possible worlds. Since God is also completely good, He always wants and works out the best world and the best way.

Leibniz (the philosopher who came up with this defense) wrote, "The first principle of existences is the following proposition: God wants to choose the most perfect."

The power of this argument is to show that out of every world that a good God could have produced, His decision to generate *this* one means this creation is good.

There are several principles that tie into this defense.

The first major principle is centered on the truth that God acts for worthy causes. Again, God's omniscience presumes that before God decides which world to produce, He understands the value of every possible world. This also implies God always decides on the base of sensible, stable rationales. This is called the "principle of sufficient reason."

To believe God can intercede in what he has formed with sufficient reason, even to avoid or restrict evil, would be

like a soldier who abandons his post and knowingly allows enemy infiltration to instead stop a colleague from drinking while in uniform. The soldier ends up allowing a greater evil in order to stop a lesser evil.

Another principle that reinforces this argument is the principle of "pre-established harmony."

Leibniz describes it this way: "For, if we were capable of understanding the universal harmony, we should see that what we are tempted to find fault with is connected to the plan most worthy of being chosen; in a word we should see, and should not believe only, that what God has done is the best."

Human Free Will

Above, we covered the principle of sufficient reason as part of the best-of-all possible worlds. The last principle of the best-of-all-possible-worlds is human free will. For Leibniz, this idea was just a principle in part of his greater defense. For Augustine, C.S. Lewis, and Alvin Plantinga it was an entire defense by itself. In its simplest form, it goes something like this: God set us up not to be machines but free agents with the power to choose.

If God were to make us capable of freely choosing the good, He had to create us also able to freely choose evil. Consequently, our free will can be misused and that is the explanation for evil.

Jean-Paul Sartre communicates this wonderfully: "The man who wants to be loved does not desire the enslavement of the beloved. . . . If the beloved is transformed into an automaton, the lover finds himself alone." God knows that a better world is created, if human beings are infused with free will, even if they decide to behave corruptly.

Were God to force us to make good choices, we would not be

making choices at all, but simply implementing God's instructions like when a computer runs a program.

For humans to have the capability to be ethically good, free will is necessary. Morality hangs on our capability to freely choose the good.

Plantinga asserts, "God creates a world containing evil, and he has a good reason for doing so." John Stackhouse Jr. says, "God, to put it bluntly, calculates the cost-benefit ratio and deems the cost of evil to be worth the benefit of loving and enjoying the love of these human beings."

Stackhouse sums up Plantinga's argument like this:

"God desired to love and be loved by other beings. God created human beings with this in view. To make us capable of such fellowship, God had to give us the freedom to choose, because love, though it does have its elements of 'compulsion,' is meaningful only when it is neither automatic nor coerced. This sort of free will, however, entailed the danger that it would be used not to enjoy God's love and to love God in return, but to go one's own way in defiance of both God and one's own best interest."

God created us with free will because our decision to say "yes" to Him is only a real choice if we are also free to say "no" to Him.

The Greater Good

To review, so far, we've addressed how one can even object to evil, in the moral argument. We've talked about what evil is and is not, and the idea of it being a privation. We've talked about some possible reasons God allows evil, which included the best-of-all-possible-worlds argument and the free will defense. Now I want to go over the greater good principle. While all the arguments I've given so far are intellectual and

do not necessarily help with the emotional side of evil and suffering, this principle is especially delicate. I say “delicate” because this defense may not help a questioner much if they have been a victim of a seemingly very unwarranted evil, and/or if they are still carrying anger or bitterness.

Again, the topic we are examining is the greater good principle, which argues that certain evils are needed in the world for certain greater goods to happen. To put it another way, certain evils in this world are called for, as greater goods stem after them. For instance, nobody would believe a doctor who cuts out a cancerous tumor is being evil because he made an incision on the patient. The surgery incision is much less evil than letting the tumor develop. The greater good is the patient being cancer-free. Parents who penalize children for poor conduct with the loss of toys or privileges or even giving spankings are instigating pain (particularly from the kid’s viewpoint). Although, without this discipline, the other possibility is that the kid will develop into a grownup with no discipline and would consequently face much more suffering. We do not understand in this world all the good God is preparing; therefore, we need to trust that God is good even when we can’t see it and we can’t understand the larger picture of what He’s doing.

Plus, nearly all individuals will award some truth to the saying ascribed to Nietzsche: “Whatever doesn’t kill me makes me stronger.” Consequently, the principle of allowing pain in the short term to bring about a greater contentment eventually is legitimate and one we know and use ourselves. That implies there is no mandatory contradiction between God and the reality of evil and suffering.

The Cross

Finally, I end with the cross and the hope of Christianity. Jesus agonized in enduring the nastiest evil that can be

thrown at him: denial by His own adored people; abhorrence from the authorities in His own religion; unfairness at the hands of the Roman court; unfaithfulness and disloyalty from His closest friends; the public disgrace of being stripped nude and mocked as outrageous “King of the Jews”; anguish in the agony of crucifixion; and the continuous weight of the lure to despair altogether, to crash these unappreciative beings with shocks of heaven, to recommence with a new race, to assert Himself. Instead, Jesus remained there, embracing into Himself the sins of the world, keeping Himself in position as His foes wreaked their most terrible treatment.

Our faith in a good God is sensible, because Jesus suffered on our behalf, and took the punishment we deserve. *He* understands what it is to suffer. *He* has lived there.

The cross was a world-altering occasion where the love and compassion of God dealt efficiently with the immensity of human sin. His death and resurrection show evil is trounced, and death has been slain. Contemplate the many implications of the atonement: Jesus is the Victor, He has paid our ransom, God’s wrath has been satisfied, and Jesus is the substitution for the offenses we have perpetrated.

As if that is not enough, the Christian narrative ends with faith in the future where complete justice will be done, and all evils will be made right. When Christ returns, He will not once more give in to mortal agencies and quietly accept evil. He will come back to deliver justice. The Bible’s definitive solution to the problem of evil is that evil will be dealt with. God will create a new heaven and a new earth for persons God has loved so long and so well. This is the core of our faith in the middle of pain and suffering.

In conclusion, what I’ve just presented to you, and what my wife eventually figured out, is that evil is not a thing created by God. A valid complaint against evil cannot be made without the existence of God. God has plausible reasons for

allowing evil. And He clearly has a plan to defeat it. All He wants you to do is trust Him.

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The Contrasting Worldviews in 'That Hideous Strength'

Dr. Michael Gleghorn demonstrates how C.S. Lewis's 'That Hideous Strength' illustrates the cosmic war of good and evil through supernatural spiritual warfare.

A Study in Contrasts

In this article we're concluding a three-part series examining C.S. Lewis's "Cosmic Trilogy."{1} We've already looked at *Out of the Silent Planet* and *Perelandra*, which you can find on our website at Probe.org. Now we turn to *That Hideous Strength*, the third and final novel of the trilogy, originally published in 1945. In many ways, the story is a study in contrasts between two very different communities characterized by two very different worldviews.{2}

On the one hand there is the National Institute for Coordinated Experiments (or N.I.C.E.), which might initially appear to embrace a naturalistic worldview, but which is actually governed by a kind of pragmatism that accepts whatever is useful for advancing its own nefarious purposes. On the other hand, there is the community at St. Anne's, which is generally animated by a Christian worldview.

Ransom, the hero of the first two novels, comes into this story as the "Head" or "Director" of St. Anne's, and he's a

very different leader than the “Head” of the N.I.C.E. (as we’ll see later). Whereas the first two novels largely took place on Mars and Venus respectively, this story takes place on Earth, specifically in England, sometime after World War 2.{3}

That Hideous Strength is a long novel. It covers a lot of ground and deals with an incredible variety of ideas and issues. Because of this, we can only hit a few of the highlights here.

With this in mind, let’s begin by noticing two important statements on the book’s title page. First, the book’s subtitle: “A Modern Fairy-Tale for Grown-Ups.” This tells us something about the genre of the story. It’s intended as a kind of “fairy-tale.” But this is a “fairy-tale” for *grown-ups.* And indeed, much of this novel would be inappropriate for children.

Second, there’s a quotation from the 16th century Scottish poet, Sir David Lyndsay. In fact, the title of Lewis’s book is taken from this quotation, for Lyndsay mentions “that hyddeous strength” with reference to the Tower of Babel, a story originally told in Genesis 11. The Tower of Babel, you may recall, was a monument to human pride and rebellion against the Lord. In response, the Lord came down in judgment and confused the languages of those building the tower, and they were subsequently scattered over the face of the earth.

If we are to correctly interpret Lewis’s novel, then, we must not lose sight of these two clues. Lewis intends this story as a kind of modern-day “fairy-tale” that, in one way or another, also alludes to something like the Tower of Babel.

Supernatural Influences

Above, I mentioned Lewis’s subtitle for the novel: “A Modern Fairy-Tale for Grown-Ups.” This, I said, tells us something

about the genre of the story. Lewis intended the story as a kind of fairy-tale. But what *are* fairy-tales, and how might this help us interpret Lewis's novel?

On the English-Studies website, we learn that fairy-tales "are types of literature . . . featuring magical elements, mythical creatures, and moral lessons. Characterized by simple . . . characters, these stories typically involve a protagonist overcoming challenges with the help of magic or supernatural aid."{4} As we'll see, this description fits Lewis's novel fairly well.

Consider, for example, the concluding statement about "overcoming challenges with the help of magic or supernatural aid." In Lewis's novel, Ransom and the community at St. Anne's overcome the challenges posed by the National Institute of Coordinated Experiments (or N.I.C.E.) with help *both* magical *and* supernatural. From the depths of Arthurian legend, Merlin the magician returns to lend his aid to St. Anne's. Moreover, the community is also helped by powerful angelic authorities who can best be described as something like a cross between Christian archangels and Roman gods or goddesses.{5} Hence, Mercury, Venus, Mars, Jupiter, and Saturn all descend from the heavens to help the community in its time of need.

And this helps us see an important contrast between St. Anne's and the N.I.C.E., for it turns out that *both* are receiving a kind of supernatural aid, though the source of that aid is very different. The Christian community at St. Anne's is receiving supernatural aid from loyal, angelic, servants of God. The N.I.C.E., however, is receiving aid from dark spirits, who are in rebellion against God. The leaders of the N.I.C.E. refer to these spirits as "macrobes," and recognize that they are "more intelligent than Man."{6} While the good spirits communicate to the company of St. Anne's through Ransom, the "Head" of that community, the evil spirits communicate to the leaders of the N.I.C.E. through the decapitated "Head" of a former criminal, which is being

artificially preserved in a laboratory. We thus begin to see how the contrasting worldviews of these two communities have led them into very different spiritual alliances.

Science and Magic

One of the strangest aspects of C. S. Lewis's novel, *That Hideous Strength*, concerns the return of Merlin to help the community of St. Anne's in their battle against the National Institute of Coordinated Experiments (or N.I.C.E.). Stranger still is the fact that the leaders of the N.I.C.E. initially hope to recruit Merlin to their *own* side in this struggle. But isn't the N.I.C.E. a scientific institute? Why would its leaders want to enlist the aid of an enigmatic magician from the days of King Arthur? It would seem that the governing principles of the N.I.C.E. are really rather different from what one might expect from a scientific institute.

Consider, for example, the character of William Hingest. Lewis describes him as "a physical chemist" and one of only two men at his college "who had a reputation outside England."{7} Hingest is a true scientist. But when he visits the N.I.C.E. to find out more about it, he quickly decides to leave. As he tells Mark Studdock, another character in the novel, "I came here because I thought it had something to do with science. Now that I find it's something more like a political conspiracy, I shall go home."{8}

Hingest realizes that the N.I.C.E. is quite different from a scientific institute. He rightly senses that there is something dark and corrupt at the institute's core. As readers, we learn that the leaders of the N.I.C.E. are actually taking orders from demonic spirits. They want to recruit Merlin because they hope to make use of his powers to advance their own agenda. What they fail to realize, however, is that in the world of Lewis's novel, Merlin is a Christian, and he joins forces with the company at St. Anne's.

In his book, *The Abolition of Man*, Lewis described the birth of magic and applied science as "twins." Both desired "to subdue reality to the wishes of men," but only science was successful.{9} In Lewis's novel, however, the leaders of the Institute have stumbled upon a source of power that might arguably trump that of science, namely, the demonic "macrobes." They want Merlin because he will increase their power still further. The leaders of the N.I.C.E. are not really interested in truth, beauty, or goodness, but only in the power "to subdue reality" to their own wishes. Like the ancient builders of Babel, they are in prideful rebellion against the Lord. And this is why, in Lewis's "fairy-tale" novel, their work also must be destroyed.{10}

The Problem of Violence

C. S. Lewis's novel, *That Hideous Strength*, has often been criticized for its alarming depictions of violence. Near the end of the novel, when the leaders of the National Institute of Coordinated Experiments (or N.I.C.E.) are destroyed by Merlin and the heavenly powers, Lewis describes their deaths in rather grisly detail. Some are trampled and torn apart by wild animals, others are shot or decapitated, and one character chooses to be incinerated by his own hands.{11} Why does Lewis include such horrific scenes?

David Downing has a good discussion of this issue in his book, *Planets in Peril: A Critical Study of C.S. Lewis's Ransom Trilogy*. He first observes that "Lewis was writing" this novel "during the bleakest years of World War II and that he draws explicit parallels between the leaders of N.I.C.E. and the Nazis."{12} He notes that, like the Nazis, the N.I.C.E. also rely upon a "secret police" force. Like the Nazis, they too "control the press . . . use criminals for barbaric medical experiments" and "dream of creating a master race." Hence, just as it was necessary for the Allies to fight and defeat the Nazis, so also it is necessary for Ransom, Merlin, and the

heavenly powers to fight and defeat the N.I.C.E.

But was it necessary for Lewis to describe the deaths of his villains in such "gruesome detail"?{13} Why not simply have the angelic-god Jupiter destroy the leaders of the N.I.C.E. with a well-aimed thunderbolt? Why does Lewis insist on narrating their deaths in such graphic terms? Downing argues that Lewis was using Dante's *Inferno* as a "subtext" for this novel.{14} He shows how the journey of Mark Studdock (a major character in the novel) into the heart of the N.I.C.E. parallels Dante's journey through the nine circles of hell.{15} As Downing observes, the leaders of the N.I.C.E. joined forces with dark spirits. They thus experience a dark end to their earthly pilgrimage.{16}

The violence in *That Hideous Strength* makes more sense when we remember the comparisons Lewis makes between the N.I.C.E. and the Nazis, as well as the many literary connections between his own story and Dante's *Inferno*. Moreover, we must not forget that such violence fits in rather well with Lewis's description of the story as a kind of "fairy-tale." Fairy tales, after all, often have a dark side, and Lewis's tale is no exception.

Babel and the Word of God

C. S. Lewis intended the final novel of his "Cosmic Trilogy," *That Hideous Strength*, to be read as a kind of fairy tale with allusions to the biblical Tower of Babel. We've mentioned several ways in which Lewis's novel resembles a fairy tale, but we've said little about its allusions to the Tower of Babel. Although Lewis draws several connections between the National Institute for Coordinated Experiments (or N.I.C.E.) and the Tower of Babel, we here have time to mention only a couple.

The story of the Tower of Babel occurs in Genesis 11. In that

story, all humanity speaks the same language, and they determine to build “a city and a tower with its top in the heavens” (Genesis 11:4). They do this in order to “make a name” for themselves. But the Lord, who has told humanity to “fill the earth” (Genesis 9:1), comes down and confuses their language, thus dispersing them throughout the world (Genesis 11:8-9).

Like the builders of Babel, the leaders of the N.I.C.E. also want to “make a name” for themselves. The N.I.C.E. aims to achieve something like the deification of humanity, though this will only be accomplished by the destruction of virtually everything that makes human life worthwhile (and only a few, and eventually perhaps just one person, will be the beneficiary of their evil schemes).{17} For this reason, God permits some of His loyal servants, the Heavenly Powers, to descend to earth and bring linguistic confusion to the leaders of the N.I.C.E., thus forcing them to abandon their project.{18}

Merlin the magician, who has joined forces with Ransom and the community at St. Anne’s, is the human instrument through which the Heavenly Powers work to release the “curse of Babel” upon the N.I.C.E. The leaders of this institute have joined forces with dark spirits to achieve their ends. Hence, once the “curse of Babel” is in full force among them, Merlin 7calls out over the din of confusion: “They that have despised the word of God, from them shall the word of man also be taken away.”{19} The inability of the leaders of the N.I.C.E. to understand one another plays a significant role in ending their tyranny, thus saving humanity from their evil intentions.

In *That Hideous Strength*, Lewis has contrasted two very different communities, with two very different worldviews. Presented as a kind of fairy-tale, with allusions to the biblical Tower of Babel, he has developed an intriguing story about the ongoing battle between good and evil.

Notes

1. Wayne Shumaker uses this terminology in the title of his essay, "The Cosmic Trilogy of C. S. Lewis," in *The Longing for a Form: Essays on the Fiction of C. S. Lewis*, ed. Peter J. Schakel (Kent State University Press, 1977), 51-63.
2. See Richard L. Purtill, "*That Hideous Strength*: A Double Story," in *The Longing for a Form*, 91-102, for an excellent treatment of this issue.
3. C. S. Lewis, *That Hideous Strength: A Modern Fairy-Tale for Grown-Ups* (New York, NY: Macmillan, 1965), 7.
4. See English Studies, "Fairy Tale: A Literary Genre," English Studies, english-studies.net/fairy-tale-a-literary-genre/#google_vignette (accessed October 29, 2024).
5. I discuss this issue in my first program on the trilogy: "Smuggling Theology into Out of the Silent Planet," which you can find here: Smuggling Theology into *Out of the Silent Planet*
6. Lewis, *That Hideous Strength*, 257.
7. Ibid., 56.
8. Ibid., 70.
9. C. S. Lewis, *The Abolition of Man* (New York: Macmillan, 1955), 87-89.
10. Lewis, *That Hideous Strength*, 293-94.
11. Ibid., 343-358. See the chapter, "Banquet at Belbury."
12. All the quoted material in this paragraph can be found in David Downing, *Planets in Peril: A Critical Study of C.S. Lewis's Ransom Trilogy* (University of Massachusetts Press, 1995), 152.
13. Ibid.
14. Ibid., 94.
15. Ibid., 94-99.
16. Ibid., 99.
17. See Lewis, *That Hideous Strength*, 176-80.
18. Ibid., 320-58.
19. Ibid., 351. In the story, Merlin says this in Latin, but there is a translation in the footnote on this page.

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Make Your Faith Your Own

Kyle Skaggs encourages believers with practical suggestions for growing one's faith in Christ.

I was inspired to write this article when another believer told me they weren't sure whether they continue to be a believer because they believe for themselves, or because of their parents' faith. It is that uncertainty I want to address.

One of the first questions our students are asked at Mind Games is, "Why are you a Christian?" Most of them can't give a good answer. There can be any number of reasons for this, but the one I am concerned with is a lack of spiritual maturity. Knowing and communicating why you are a Christian is one of the first steps to making your faith yours. Being able to definitively say that your faith in Christ is yours and not something inherited from family, friends, or culture gives you the confidence and the fortitude to be an effective witness to the world, which is critical these days.

The writer of Hebrews wrote, "For though by this time you ought to be teachers, you need someone to teach you again the basic principles of the oracles of God. You need milk, not solid food, for everyone who lives on milk is unskilled in the word of righteousness, since he is a child. But solid food is for the mature, for those who have their powers of discernment trained by constant practice to distinguish good from evil." (Hebrews 5:12-14)

To make your faith in Christ your own is to mature

spiritually. Those who have grown up in the church, yet have not taken responsibility for their walk with Christ, are unable to discern good from evil because they are like children. At some point, you need to stop waiting to be spoon-fed by your parents or your pastor every Sunday and start being deliberate about your relationship with God. This means adopting a mindset that encourages spiritual growth.

To grow spiritually, we need to first desire to grow closer to God. If you lack that desire, then doing any activity to grow spiritually will become a chore. This requires prayer and introspection guided by the Holy Spirit. If you ask God for it, He will change your heart to give you that desire. Put yourself in God's shoes: don't you think it would please Him to be asked, "Lord, I want to WANT to grow closer to You. Please give me a heart that seeks You more"?

Next, expect Him to work in your life. Trust that God will change you. Furthermore, trust that God will not lead you astray. Trust that He will speak to you through the scriptures, through other Christians, and through prayer. In our culture it is popular to be skeptical, and that is fine so long as that is used to discern God's word from man's; but we still need to be open to the fact that God can and will reveal His will to us. Trust that the Holy Spirit will guide your interpretation. You still need to learn to discern truth from falsehood. If what is said does not contradict scripture, then it may be true and helpful. Engage in activities that will form godly habits.

Spend more time with God. Just as you get to know someone better by spending more time with them, you will get to know God better as you spend more time with Him. Be deliberate about this, planning your day around that time you have set aside for Him. That looks like spending time in His word, meditating on what you have read, talking to Him in prayer by sharing your heart with Him and then listening for a response. It can look like cultivating mindfulness of God's presence

with you and His gracious activity in your life through giving thanks for the ways in which He provides, protects, and shows His love for you.

It is frustrating to ask God to change you, only to continue to stumble over sinful habits. Stop relying on yourself to change your behavior. Don't simply ask God for help, yet change nothing about your life. The New Testament frequently uses the word translated "repent" to describe a U-turn in actions and direction. Repentance is something we need to do—with God's help, but it is still our responsibility. God does not do it for us. Start doing things that will help you grow spiritually. Studies have shown that when people engage with the scriptures at least four times a week, the odds that they will engage with sins like drunkenness, marital infidelity, gambling, and pornography decrease significantly. Meanwhile, those who experience what researchers call "the power of 4" more than double the odds of sharing their faith, memorizing scripture, and discipling others.{1}

In the same way that you need to eat well in the weeks leading up to a race, you need to fill your head with godly things. For example, if all your music is about sex and violence, is it any surprise your thoughts drift to those subjects? Do whatever you can to increase the amount of godly things going into your head through your eyes (your screens) and ears (your playlist).

Trust that God will answer your prayers. If for example you sprain your ankle, and a friend lays their hands on you and prays for healing, trust that it was God who healed you. He is in control of all things, choosing to act directly, or through people, or through the natural processes He created. His actions do not need to be miraculous, so do not hesitate to give Him credit when your prayer is answered.

Remember the prayers God answers. It is in our nature to remember the bad things that happen to us more than the good.

So it can be easy to allow every unanswered prayer to overshadow those that are answered. Keep track of what you are praying for, and as time goes on, see what prayers God has answered. Being able to see how God has been at work in your life will increase your faith, which in turn leads to spiritual maturity. Start praying and looking for opportunities to act in faith. To do this, you need to be listening to the promptings of the Holy Spirit.

Sometimes, these opportunities will seem random. Whether witnessing to somebody, or helping the needy, taking the opportunity to glorify God will increase your faith in Him. Finally, always ask the Holy Spirit to reveal your heart to you. It is so easy to lie to yourself, and God cannot be pleased by the self-righteous.

To summarize, if you want to grow as a man or woman of God, you need to take responsibility for your faith. Decide that you want to grow spiritually. Develop godly habits that encourage your faith to grow. Pray for opportunities to glorify God. Trust God to reveal His will to you. Remember the prayers He answers. As you develop these habits and learn to make Christ the Lord over your life, your faith will grow.

Notes

1. Cole, A., & Ovwigho, P. C. (December 2009). *Understanding the Bible Engagement Challenge: Scientific Evidence for the Power of 4*, Center for Bible Engagement. bttbfiles.com/web/docs/cbe/Scientific_Evidence_for_the_Power_of_4.pdf

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Religious Trends Over the Last Decade

Probe VP Steve Cable examines some of the findings of the Probe Survey 2020: The Changing Face of Christianity in America.

Religious Trends Over the Last Fifty Years

In late 2020, Probe administered a new survey{1} to over 3,000 Americans ages 18 through 55 as a follow up to our 2010 survey{2}. Comparing these two surveys reveals a striking decline in Christian religious beliefs and practice across America over the last decade. Before focusing on these changes, let's begin with a foundational question.

How have young adult religious affiliations changed over the last five decades?



As documented in the General Social Surveys{3} from 1970 through 1990, their religious affiliations remained fairly constant. Since then, there have been significant changes.

The most dramatic change is found in young adults under thirty who select a non-Christian affiliation. This group grew from about one fifth of the population in 1990 to almost half today. Those non-Christians from other religious faiths{4} such as Judaism, Islam, and Mormonism, grew slightly up to about 10% of the U.S. young adult population. At the same time, **the Unaffiliated (i.e. Atheist, Agnostic or Nothing in Particular) almost tripled** to over a third of the population. Among the Unaffiliated, the Nothing in Particular category had by far the largest growth. The Pew Research surveys show an

even greater increase, growing from 27% in 1996 to 59% in 2020.

Now bringing in the data from GSS 2010 survey, we learn that 26% of those in their twenties were Unaffiliated in 2010, growing to 30% of those in their thirties in 2018. This result means that more people in their twenties became Unaffiliated in their thirties. This result runs directly counter to the supposition of many that the growth in Unaffiliated would dissipate as young adults age and return to churches to raise their families.

Conversely, **Christian groups declined** with Other Protestants{5} dropping by half, from about one in four down to less than one in eight young adult Americans. Catholics also experienced major losses, dropping by one quarter down to less than one in five young adult Americans over this thirty-year period.

Although less affected, the Evangelical affiliation also experienced a drop in recent years. GSS reported a small decline in young adult, born again Protestants, from about one in four down to around one in five Americans. Pew Research{6} reported a steeper decline in young adult Evangelicals, from 28% in 2007 down to 20% in 2019.

Perhaps this decline is a winnowing out of those whose Christian beliefs are not vital to their lives. In which case, a greater percentage of born again Christians should hold a strong biblical worldview now in 2020 than in 2010. In the next section, we will explore this topic to find out the truth of the matter.

Born Again Young Adults and a Biblical Worldview

In the next sections, we will be focusing on Born Again

Christians in our Probe results. A Born Again Christian is someone who says:

1. I have made a personal commitment to Jesus that is still important in my life today and
2. I will go to heaven because I confessed my sins and accepted Jesus Christ as my savior.

We can compare the responses of Born Again Christians to those of Other Protestants and Catholics.

What portion of these three groups have a Basic Biblical Worldview strongly affirming that:

1. God is the all-powerful, all knowing, perfect creator who rules the world today.{7}
2. The Bible is totally accurate in all of its teachings.
3. A person cannot be good enough to earn a place in heaven.
4. While on earth, Jesus committed no sins like other people do.

All four concepts above are key components of God's redemptive plan. For example, Jesus being sinless made it possible for his death to redeem us.{8} Or, if the Bible is inaccurate in some of its teachings how could we know that it is correct in teaching about redemption?

In 2020 for those ages 18 through 39, one of four Born Again Christians, one of twenty Other Protestants and one of one hundred Catholics affirmed all four of these foundational beliefs. The statement least likely to be affirmed by all three groups was "a person cannot earn a place in heaven". Perhaps many have been influenced by the current postmodern thinking that what's not true for you can be true for someone else.

Only Born Again Christians had a sizable minority of one fourth affirming this worldview. In contrast, nearly half of Born Again Christians affirmed it in 2010. Clearly, this last

decade had a serious impact on the perception of what it means to be a Christian.

We see a similar drop when comparing those ages 18 to 29 in 2010 with the same cohort now 30 to 39 in 2020, once again belying the notion that young adults will return to a conservative faith in their thirties. Instead of a noticeable increase as the cohort aged, we see a sizeable drop in those who affirm these key Christian doctrinal statements.

As the percent of true Christians drops, the ability to reach out with the gospel is surely reduced. However, Christians in the Roman Empire in AD 60 were an even smaller portion. Three hundred years later virtually the entire empire was nominally Christian. If we "proclaim the excellencies of Him who called us out of darkness into His marvelous light{9}," God will bring many to repentance.

Born Again Young Adults and Pluralism

Pluralism is the belief that there are multiple ways to be right with God. **Pluralism and Christianity are not compatible**. Jesus clearly stated, "*No one comes to the Father except through me*."{10} The
high price paid through Jesus' life and death excludes the possibility of Jesus being one of several options. As the Apostle Paul wrote, "*There is salvation in no other name under heaven . . . by which we must be saved*."{11}

What does Probe's new survey reveal about pluralism? Confronted with the statement, "Muhammad, Buddha and Jesus all taught valid ways to God," how did American Christians respond? Do they align with clear biblical teaching by strongly disagreeing? For those ages 18 through 39, we found that about one third of Born Again Christians, one in eight Other Protestants, and one in twenty Catholics did so. An overwhelming majority of Christians chose to accept a belief

that devalues the death and resurrection of our Lord. Once again, only Born Again Christians had a sizeable minority of one third who agreed with Jesus and the New Testament.

Looking back to 2010, was there a significant change among Born Again Christians during this decade? For the same age group, the percent in 2010 strongly disagreeing was almost one half, compared to the one third in 2020. So, more Christians than ever have no reason to share their faith with people of other religions. As the need for evangelism increases, the number of Christians who believe evangelism is even needed by people of other religions decreases.

The age group 18 to 29 saw 45% choosing a non-pluralist view in 2010 with that same age cohort (now 30 to 39) dropping to 35% in 2020. Once again, we see that as Born Again Christians are maturing, more of them are abandoning rather than clinging to the strong truth of the gospel of Jesus Christ.

To counter this slide with the young adults we know, please:

1. Pray for the Lord to send laborers into the harvest, opening their to the infinite value of the gospel.

2. Explain that the chasm is so great only God can make a way of reconciliation. As Paul wrote, "*God desires all men to be saved and to come to the knowledge of the truth. For there is one God and one intermediary between God and humanity, Jesus . . . who gave himself as a ransom for all . . .*"
{12}

3. Explain that your accepting pluralism will not get your non-Christian friends into heaven. Only the truth of Christ presented to them by willing lips has power over their eternal destiny.

Young Adults and Jesus Our Savior

Probe's new survey shows that professing to be born again does not equate to orthodox biblical beliefs. In this section, we will see this borne out in beliefs about Jesus Christ.

First, why did Jesus die on a cross? The Bible is clear Jesus chose the cross**. "He did it to redeem us by taking our sins and our punishment upon Himself."** Close to nine out of ten 18- to 39-year-old, Born Again Protestants selected this answer.{13} All Christian leaders should want their people to know Jesus' role in their redemption, even those with a works-based gospel. Yet less than two thirds of Other Protestants and Catholics selected that answer.

Many said either the Jewish or Romans leaders caused Jesus' death. But Christians should know that prior attempts by those groups were supernaturally thwarted.

Second, "Jesus will return to this earth to save those who await his coming."

This statement comes from scripture, " *. . . so Christ, having been offered once to bear the sins of many, will appear a second time, . . . to save those eagerly waiting for him*."{14} As you can see, this verse answers both questions. The apostle Paul wrote, "*For the Lord himself will come down from heaven . . . and the dead in Christ will rise first*."{15}

Around two thirds of Born Again Protestants strongly agree that Jesus will return to save. Apparently, the remaining third are not sure.

For other Christian groups, only about one third of them strongly agreed.

The third question is: "When he lived on earth, Jesus committed sins like other people."

The Bible clearly states, "*God made the one who did **not know sin** to be sin for us so that in Him we would become the righteousness of God*."{16} God laid our sins upon Jesus in his earthly death. If Jesus were a sinner like you and I, His death would have been for His own sin.

Once again, about one third of Born Again Protestants did not select Disagree Strongly. Having this large group who don't understand biblical Christianity is disappointing.

Young adult Born Again Protestants drop down to about one half when looking at **all three questions together**. It appears the other half are trusting Jesus to save them, without a good understanding of who Jesus is. All other Christian groups drop to one in ten or less professing these truths about Jesus.

Finally, we find nine out of ten people with a Basic Biblical Worldview also select a biblical answer for the three Jesus questions. This shows a strong correlation between a Basic Biblical Worldview and an understanding of Jesus' purpose.

Are the Unaffiliated Uncommitted Christians?

In this section we will access Probe's 2020 survey to learn about those identifying as Agnostic or Nothing in Particular. We will call them AGNIPS. Perhaps, as some have suggested, a significant percentage are really Christians not affiliated with any denomination.

Among those ages 18 through 39, one in five are AGNIPS. About one third of these were Protestants as children but only three out of one hundred profess to being born again. So, it appears unlikely that any significant portion of the AGNIPS are latent Born Again Christians.

Of course, many people professing to be Christians do not qualify as Born Again. So perhaps many AGNIPS are latent Other

Protestants or Catholics. Let's look at three different metrics to see if this proposition is supported by data.

First, look at a nominal level of religious activity: pray at least daily and read your Bible at least weekly. I think anyone not doing these has little interest in their faith. For this young adult segment, 35% of Born Again Christians and almost 30% of Other Protestants and Catholics *but* less than 5% of AGNIPS perform these activities. Compared to professing Christians, the AGNIPS have very few doing these activities.

Looking only at AGNIPS who were affiliated with a Protestant faith as a child, we find only 3% performing these activities.

A second metric: how about those who believe God is creator and active in the world and do not believe good works will get them into heaven? We find: 33% Born Again Christians, 4% Other Protestants and Catholics, around 0.5% of all AGNIPS and only 0.4% of AGNIPS with a childhood Protestant affiliation.

Finally, of those who strongly agrees with the statement, "I believe that the only path to a true relationship with God is through Jesus Christ." Once again: 64% of Born Again Christians, 28% of Other Protestants and Catholics, 5% of all AGNIPS and 5% of AGNIPS with a childhood Protestant affiliation.

All of these metrics agree that very few young adults who are Agnostics or Nothing in Particular appear to have latent Christian beliefs. Even those who were affiliated with a Protestant church as a child did not have a higher level of affiliation with Christian beliefs.

Over this last decade, among Born Again Christians, a basic biblical worldview and understanding of Jesus is decreasing while pluralism is increasing. And the growing AGNIP population is far removed from Christian thought. Those who follow Christ, must respond by speaking the truth about Christ in our churches, our neighborhoods, and the world. We cannot

expect any of these groups to just come back to a solid Christian belief. We must reach out to them.

Notes

1. Our new 2020 survey looks at Americans from 18 through 55 from all religious persuasions. Although still focused on looking at religious beliefs and attitudes toward cultural behaviors, we expanded the scope surveying 3,106 Americans ages 18 through 55. Among those responses, there are 717 who are Born Again allowing us to make meaningful comparisons with our 2010 results while also comparing the beliefs of Born Again Christians with those of other religious persuasions.
2. Our previous survey, the 2010 Probe Culturally Captive Christians survey, was limited to Born Again American's ages 18 through 40. This survey of 817 people was focused on a obtaining a deeper understanding of the beliefs and behaviors of young adult, Born Again Christian Americans. For a detailed analysis of the outcomes of our 2010 survey and other surveys from that decade, go to our book Cultural Captives: The Beliefs and Behavior of American Young Adults
3. General Social Survey data was downloaded from the Association of Religion Data Archives, www.TheARDA.com, and were collected by the National Opinion Research Center.
4. Note that the Other Religions category includes Christian cults (e.g. Mormon, Jehovah's Witnesses), Jews, and other world religions.
5. Protestants who did not profess to being born again
6. U.S. Religious Landscape Survey 2007, U.S. Religious Landscape Survey 2014, Religious Knowledge Survey 2019 Pew Forum on Religion & Public Life (a project of The Pew Research Center). The Pew Research Center bears no responsibility for the analyses or interpretations of the data presented here. The data were downloaded from the Association of Religion Data Archives, www.TheARDA.com, and were collected by the Pew Research Center.
7. Other answers to select from:

- God created but is no longer involved with the world today.
- God refers to the total realization of personal human potential.
- There are many gods, each with their different power and authority.
- God represents a state of higher consciousness that a person may reach.
- There is no such thing as God.
- Don’t know

8. See for example 2 Corinthians 5:21, Hebrews 4:15
9. 1 Peter 2:9
10. John 14:6
11. Acts 4:12
12. 1 Timothy 2:4-6
13. Other answers included:

- He threatened the Roman authority’s control over Israel.
- He threatened the stature of the Jewish leaders of the day.
- He never died on a cross.
- He failed in his mission to convert the Jewish people into believers.

14. Hebrews 9:27-28 ESV
15. 1 Thessalonians 4:16
16. 2 Corinthians 5:21 NET

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Spiritual Life and the

Kingdom of God

Tom Davis explores how recovering the practice of classic spiritual disciplines can enhance believers' relationship with God and our impact on the world around us.

There is a loss of spiritual knowledge of the truth of Christianity and how we live in light of that truth. This loss of spiritual knowledge is the result of shifts in cultural attitudes toward faith, happiness, ethics, freedom, and tolerance. The answer to the loss of spiritual knowledge is a return to the practice of spiritual disciplines. After examining the benefits of suffering and the disciplines of study, prayer, and fasting, I will show how these disciplines restore spiritual knowledge in society.

Loss of Spirituality

Today's society is in spiritual turmoil. Most people are not knowledgeable about spiritual things. The National Study of Youth and Religion indicates that the Church has become less influential in the lives of people. The effects of modernity and post modernity have created a popular culture that is suspicious of any claim to objective religious knowledge and any idea of an authoritative source of information concerning spiritual issues. Christian Smith writes, "In this culture religion lost, at least in theory, any remaining principled, authoritative standing to make truth claims that it has enjoyed in previous eras of history."{1}

Basically, this means that most people have adopted a mindset that says, "You can't know anything for sure about religion. And if you think you do, you're an arrogant bigot."

Five Steps to Spiritual Death

In his book, *Kingdom Triangle*, Biola professor and theologian J.P. Moreland claims that there are five cultural shifts that

have contributed to today's state of spirituality in the culture. The first shift separates knowledge from faith.{2} All spiritual beliefs are considered valid because they are not real knowledge. Many people think that all religions lead to the same God. They say that we should not criticize other religions because they call God by a different name or hold different theological beliefs. These things are a matter of faith, not knowledge. This kind of attitude relegates all things spiritual to the subjective arena of faith. The things of the spirit are relegated to the "upper story" of faith. Real knowledge only exists in the "lower story" of the academic disciplines.{3} The result of this view of faith is that spirituality becomes something that is neither true nor false. Separating faith and knowledge ultimately leads to a denial of spiritual truth.

The second shift is the definition of happiness.{4} In the Bible happiness is portrayed as part of a right relationship with God. To live the good life meant that a person had intellectual and moral virtue. God created people to live well according to what they were created to be. J.P. Moreland explains, "So understood, happiness involves suffering, endurance, and patience because these are important means to becoming a good person."{5} The pressure of modernism and postmodernism has changed this view. Happiness is now associated with pleasure. Television commercials promise to deliver happiness through the next fad diet that will increase your sex appeal. Male enhancement drugs promise to give men happiness by giving them back their youth and an increased sex drive. Happiness can be achieved by buying the newest car, toy, accessory, or a trip to an exotic place or amusement park. The good life now means having fun and collecting things so that you can feel good.

The third shift that Moreland notes is a shift from duty and virtue in morality to a minimalist view of ethics.{6} Previously, moral knowledge was viewed as an objective set of

propositions about right or wrong, or good and evil. It used to be that everyone would agree it was always wrong to torture and kill small children. Now moral knowledge is viewed as subjective feelings or opinions. This change can be seen if we look at the language we use when making moral statements. People used to say things like, "I know," or "I think that this is the right thing to do." Now we say, "I felt that it was right for me to do this."

Duty to one's society used to be viewed as an essential part of a moral life. People were expected to help their neighbor. If an old lady was trying to cross the street, young men were expected to help her. Now, as long as they do not push the old lady into traffic, or rob her, the young men are considered to be moral. This change is the result of culture. People are no longer expected to contribute to their society. As long as people are not hurting anyone else, they are now considered to be moral. This view of morality changes a person's view of life. Life is now about having the most fun without harming anyone. Life used to be about living for something bigger than the individual. People used to live for God and country. Now people live for themselves and their own pleasure.

The fourth shift is in how people view freedom.{7} Freedom used to mean that people could live the way they ought to live. People were free to do what was right without government interference. Now freedom means the right of people to do what they want, when they want. Popular culture says that as long as you do not hurt anyone you can do what you want.

The last shift that Moreland notes is a shift in the meaning of tolerance.{8} Classic tolerance is when people will allow others to be, do, or believe differently than they do, even though one person thinks that the view of another person is wrong. People were allowed to critique the views of other people, but respect for the other person was still maintained. Contemporary tolerance is the view that people are not allowed to critique another person's beliefs. People are no longer

allowed to say that someone is wrong. This attitude ends all public discussion. Every idea must be tolerated, except ideas that claim that other ideas are wrong. Ironically, the new tolerance fails its own definition of tolerance because they do not tolerate intolerance.

Returning to Spiritual Health

The popular culture has raised five strongholds against the knowledge of God: separation of faith and knowledge, a self-centered view of happiness, a minimal view of ethics, a new view of freedom, and a new view of tolerance. How are Christians to respond to this? Paul writes, "For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. We destroy arguments and every lofty opinion raised against the knowledge of God and take every thought captive to obey Christ" (2 Corinthians 10:4-5). Christians must recapture our spiritual disciplines.

Theology, the Intellect, and Spirituality

The first thing that needs to be addressed is that Christians need a renewed interest in theology. J. I. Packer, while discussing the influence of the Puritans in his life, writes, "All theology is also spirituality, in the sense that it has an influence, good or bad, positive or negative, on its recipient's relationship or lack of relationship to God."{9} Theology comes from two Greek words. *Theos* is the Greek word for God; *logos* is the Greek word for logic. Theology can be understood as the logic, or science of God.{10} Spirituality, in the Christian context, is a person's relationship with God. In order to claim to have a relationship with God a person has to have knowledge of who God is. It would be odd to have a man talk about having a relationship with a woman and then say he does not know her and has never met her. The concept of a relationship presupposes that each party in the relationship has knowledge of the other party.

The Bible and Books

An essential step to gaining spiritual knowledge is a disciplined approach to reading the Bible. Billy Graham addresses the importance of studying the Bible: "Your spiritual life needs food. What kind of food? Spiritual food. Where do you find this spiritual food? In the Bible, the Word of God."{11} Paul writes, "All Scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, so that the person of God may be proficient, equipped for every good work" (2 Timothy 3:16-17). God gave the Bible to people so that people can learn about God. By studying the Bible a person will gain knowledge about God and strengthen that person's relationship with God.

Christians should also read other books. The Bible contains essential information for salvation and knowing God. However, the Bible is not exhaustive in its knowledge. Christians can grow intellectually and spiritually by gaining knowledge about God's creation. David Naugle, head of the philosophy department at Dallas Baptist University, sums up the impact of books on his life: "I have sought and still seek to be a person of the Book and of books, that I might know God and more and more about his world in the context of faith."{12} The study of the disciplines of theology, philosophy, the humanities, and the sciences helps people develop a coherent worldview. A worldview gives people the ability to understand the world through the corrective lens of the knowledge of God.

The medieval priest Thomas à Kempis advises, "If you would profit from it, therefore, read with humility, simplicity, and faith, and never seek a reputation for being learned. Seek willingly and listen attentively to the words of the saints; do not be displeased with the saying of the ancients, for they were not made without purpose."{13} We grow intellectually and spiritually when we read the books of others. We gain insight to their wisdom. We should humbly read the books written by

the ancient teachers. They left their wisdom in writing so that we can learn from them.

Suffering

Contemporary society thinks that suffering should be avoided at all costs. However, suffering can have a good outcome. Paul writes, “More than that, we rejoice in our suffering, knowing that suffering produces endurance, and endurance produces character, and character produces hope” (Romans 5:3-4). When we suffer, we can learn to endure. Our endurance produces character—that is, we mature and learn to trust God. God is the only hope that will never fail. Matthew Henry writes, “He who, being thus tried, comes forth as gold, will thereby be encouraged to hope.”{14} When soldiers train, they punish their body; they suffer. Their suffering in training makes them better soldiers in combat because their suffering has made them stronger and given them more endurance. As a Navy veteran, I know this is true personally.

Prayer

Prayer is the spiritual discipline of talking to God. God speaks to us in the Bible like the way people communicate through writing letters; the communication is one way. Praying is more like a discussion between two people. In prayer we get to talk with God.

Paul told the church at Thessalonica to “pray without ceasing” (1 Thessalonians 5:17). The best way to start a disciplined prayer life is to pray every day. This is easier if we begin each day with prayer. J. P. Moreland writes, “When you get up in the morning, start off with praise and thanksgiving to God for the things you honestly appreciate about him and his dealings with you. Then lift your burdens to him until you have a sense of rest before the Lord.”{15} By beginning each day with prayer we turn our minds and our hearts toward God and His will. Each day is a new opportunity to minister to someone in need. Our prayers will give us spiritual

discernment so that we can recognize those in need. Our minds will also be turned towards God and the things of heaven, and we can continue to keep these things in our minds throughout the day.

John Calvin used four rules for prayer. First, we must "have our heart and mind framed as becomes those who are entering into converse with God."{16} We must prepare ourselves to pray. Minds that are distracted do not make for good conversation. This is no ordinary conversation. People prepare themselves for meeting with important people. We should be prepared to open our hearts and minds to God when we pray. We should be aware that we are praying to our God, but that this God loves us and wants to bring our concerns to Him. Paul writes, "Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your request be made known to God" (Philippians 4:6). We should not be anxious when praying because we know that God cares for us and can do all things. We should pray about all our concerns. Our prayers should be full of worship, thanking God for all that He has done.

One way to prepare to pray is to remember what David Naugle calls the "Three P's." These are "(1) my purpose, or what I would live my life for, (2) my profession, or what I would spend my life doing, and (3) my partner, or who I would spend my life with."{17} David Naugle's "Three P's" cover the most important decisions we will make in our lives. Our purpose fills our life with purpose. We should pray for purpose so that God will align what we want our purpose in life to be with what He wants our purpose in life to be. Our profession is where we fulfill our purpose. A car mechanic can glorify God in fulfilling his purpose to be God's representative in the auto shop. Our spouse is our ministry partner. Husbands and wives are not separated from each other. They share each other's joys and burdens. Praying for these things will focus our minds on what is important and orient our hearts toward

living a life pleasing to God.

John Calvin's second rule is "That in asking we must always truly feel our wants, and seriously considering that we need all the things which we ask, accompany the prayer with a sincere, no, ardent desire of obtaining them."{18} Our requests should be things that we truly want or need. When we pray for the wants and needs of others, we should try to feel their desire for the request so that we can better minister to them through prayer. James tells us, "Is anyone suffering? Let him pray. Is anyone cheerful? Let him sing praise" (James 5:13). We should be honest and sincere in our requests and in our thanksgiving. A sincere prayer would be praying for a loved one to get well when they are sick. An insincere prayer might look like praying for a job promotion when you know that you have not been putting your best effort into the job.

Third, "discard all self-confidence, humbly giving God the whole glory."{19} When we pray, we should realize who we are, and who God is. Jesus said, "And when you pray, you must not be like the hypocrites. For they love to stand in the synagogues and at the street corners so that they may be seen by others" (Matthew 6:5). The hypocrites' motivation to pray in the street corners was so that people would see them and think that these people were righteous. Jesus makes this point with more clarity in the parable of the Pharisee and the tax collector:

> Two men went up into the temple to pray, one a Pharisee and one a tax collector. The Pharisee, standing by himself prayed thus: "God, I thank you that I am not like other men, extortionist, unjust, adulterers, or even like this tax collector. I fast twice a week; I 9give tithes of all that I get." But the tax collector, standing far off, would not even lift up his eyes to heaven, but beat his breast, saying, "God, be merciful to me, a sinner!" (Luke 18:10-13)

The Pharisee came to God in prayer thinking that he was

righteous and better than other men. He even pointed out his fasting and tithing as if God should be impressed with these things. The tax collector was humbled in the presence of God. He would not look up to heaven because he understood that he was guilty before God. The tax collector prayed sincerely for mercy. Asking God for mercy gives God glory and humbles the person.

John Calvin's fourth rule of prayer is, "We should be animated to p-ray with the sure hope of succeeding."{20} God is all powerful, able to meet our every need. Jesus teaches this same principle, "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened" (Matthew 7:7-8). By grace we have been made children of God. If we ask, God will give us what we need. When we humble ourselves before God, He will be merciful. God knows what we need and will give us what is good for us. Jesus said, "If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him" (Matthew 7:11).

Through our prayer life we should conform to the image of God revealed in Jesus. Andrew Murry taught:

> And of all the traits of a life *like Christ* there is none higher and more glorious than conformity to Him in the work that now engages Him without ceasing in the Father's presence His all-prevailing intercession. The more we abide in Him, and grow unto his likeness, will His priestly life work in us mightily, and our life become what His is, a life that ever pleads and prevails for men.{21}

Our prayers should make us more Christlike. By praying, we conform to God's will. Christ makes intercessions to the Father for us. We have the privilege of making intercessions to Christ for others.

Fasting

Dietrich Bonhoeffer writes, “Strict exercise of self-control is an essential feature of the Christian’s life.”{22} One way to exercise self-control is by abstinence (saying no to ourselves by not doing something we want). Fasting is one of the most difficult abstaining disciplines. Calvin defines fasting as “when we retrench somewhat from our accustomed mode of living, either for one day or a certain period, and prescribe to ourselves a stricter and severer restraint in the use of that ordinary food.”{23} In short, fasting is abstaining from food for a short period of time.

Jesus taught:

> When you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you (Matthew 6:16-18).

Fasting is to be done in secret. Again, Jesus points to the hypocrite, who wants to gain a reputation from his spiritual discipline. Jesus taught that people would be rewarded by not making a spectacle out of their spirituality.

What is the goal of fasting? Augustine taught, “While we live in the temporal order, we must fast and abstain from the enjoyment of what is temporal, for the sake of the eternity in which we desire to live.”{24} Fasting reminds Christians that they do not depend on temporal things. God wants Christians to rely on Him to supply our needs. In a world where tight schedules are kept and frivolous distractions are available everywhere, it can be easy to forget God. Fasting emphasizes the importance of a right relationship with the world by abstaining from the sustenance of food. John Calvin lists

three goals for fasting: “We use it either to mortify and subdue the flesh, that it may not wanton, or to prepare the better for prayer and holy meditation; or to give evidence of humbling ourselves before God, when we would confess our guilt before him.”{25} Many times the flesh (the part of us that operates independently from God, either in active rebellion or passive indifference) will want to rebel against the spirit. Fasting deprives the flesh of sustenance and weakens it. The spirit can then rule the flesh. There are times when a Christian will need to place special focus on prayer and meditation. Fasting is one way to prepare the spirit for these activities.

Reversing the Shifts

In our contemporary culture faith is viewed as being completely separate from knowledge. This faulty view originates within Christianity with the ideas of some Christian philosophers and theologians. Soren Kierkegaard saw faith as “the highest passion in a human being.”{26} He applies this view to Jesus: “The proofs which Scripture presents for Christ’s divinity—His miracles, His resurrection from the dead, His ascension into heaven—are therefore only for faith, that is, they are not ‘proofs,’ they have no intention of proving that all of this agrees perfectly with reason: on the contrary they would prove that it conflicts with reason and therefore is an object of faith.”{27} Kierkegaard believed that Jesus lived and died and rose from the dead. But he thought that Jesus was unknowable through knowledge and reason. One could only know Jesus through faith, and that meant that faith was opposed to knowledge and reason.

When writing to Theophilus, Luke says, “Just as those who from the beginning were eyewitnesses and ministers of the word have delivered them to us, it seemed good to me also, to write an orderly account for you” (Luke 1:2-3). John writes “That which we have seen and heard we proclaim to you” (1 John 1:3). The New Testament authors were writing about what they knew. These

men walked, talked, and ate with Christ for three years. These men knew Christ face to face. Wayne Grudem addresses the harmony of faith and reason: “Rather, saving faith is consistent with knowledge and true understanding of facts.”{28} Faith is not separate from knowledge, it is trust in knowledge.

Once the facts of the Bible are known, faith in those facts will affect how we experience happiness. Happiness defined as satisfaction of desires is an empty pointless feel-good emotion that lasts only for a moment. But the joy of God does not fade. Jesus said, “These things I have spoken to you, that my joy may be in you, and that your joy may be full” (John 15:11). Christians get joy through meditating on the things of God. Neal Anderson and Robert Saucy state that “Meditation on the Word should produce thoughts that reach our emotions.”{29} A relationship with God produces happiness, a deep well-being of the soul, that lasts. The Psalmist writes, “Let the words of my mouth and the meditations of my heart be acceptable in your sight” (Psalm 19:14). What we study and put into our minds affects our relationship with God. When we have knowledge of God then we can meditate on God. It is impossible to meditate on an object that you have no knowledge of. Meditation on the things of God brings joy.

The cultural shift to a minimalist ethic, the idea of contemporary freedom, and the meaning of tolerance are the result of relativism’s effect on the culture. Relativism is the idea that there are no objective moral values, and morality is either decided by each person or each community. There are many problems with this view. Relativism makes it impossible to criticize others. If moral truths are subjective then each person gets to decide for himself what is right or wrong. Relativism cannot place blame for wrong doings. What people do is neither right nor wrong. Right or wrong is up to each individual. Why should we expect each person to reach the same conclusion? Relativists cannot promote tolerance because

any definition of tolerance is an objective definition that, if true, applies to everyone.{30} But if morality is objective (meaning that there are things that are right and wrong for all people at all times), then freedom cannot mean that people can do what they want when they want. People will have responsibilities. They will be free to do what is right, and they will be free to do what is wrong. Being free means that we make choices of our own volition.

Conclusion

The loss of spiritual knowledge has caused a fractured society and people who lead fractured lives. The cultural shifts are a result of people not taking spiritual knowledge seriously. Spiritual knowledge must have absolutes to provide meaning for life. Francis Schaeffer observes, "we need absolutes if our existence is to have meaning—my existence, your existence, man's existence."{31} Absolutes are learned by practicing the spiritual disciplines. A careful study of the Bible will bring knowledge ABOUT God; heart-surrender to Him, coupled with learning to abide in Him, will bring knowledge OF God. Prayer will keep people in touch with God. Fasting will break down the resistance of the flesh to living a spiritual life. The five shifts of contemporary culture mean death. The spiritual disciplines bring people spiritual life. True spirituality can only be found in Christ. Only meditation and learning about Christ can return wonder to life. I pray that through spiritual disciplines we may retain the wonder of a life given to us by God.

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