How does God transform the lives of Christians? If you think the answer to that question is easy, perhaps you should talk with George Barna. Six years after beginning what he assumed would be a relatively typical research process that sought to better understand how God transforms people’s lives, he discovered he had tackled a deeply challenging and amazingly revealing journey. The end product was his new book, Maximum Faith.

After lots of research and exhausting surveys, he was able to describe what he calls ten stop points on the journey to wholeness. Stop 1 is ignorance of the concept or existence of sin. Millions of people grow up oblivious to the fact that God exists and that we have a sin nature. Stop 2 is an awareness and indifference to sin. As life goes on, people gain exposure to the idea of sin, but many do not accept it as valid or significant. Stop 3 is concerned about the implications of personal sin. And stop 4 is a decision to confess sin and ask Jesus Christ to be savior. It is worth noting that about 2/3rd of Americans are stuck in one of these four stops.

Stop 5 is a commitment to faith activities. A believer gets involved in church activities (church service, Sunday School classes, etc.). Another quarter of Americans are at this stop. This means that nearly 90 percent of Americans are stuck at one of the first five stops and are not therefore not experiencing the other five stops that George Barna has identified.

Stop 6 is a prolonged period of spiritual discontent. Stop 7 is an experience of personal brokenness. Stop 8 is a decision to surrender and submit fully to God. Stop 9 is enjoying a profound intimacy with the love for God. And stop 10 is experiencing a profound compassion and love for humanity.

It is worth noting that only a fraction of a percent find themselves in these last two stops. In general, Christians in America are not experiencing what God intends for them. Put another way, most Christians are captive to the culture and therefore unwilling to seek godliness. I’m Kerby Anderson, and that’s my point of view.