

# **“My Husband Wants to Engage in a Threesome”**

My husband is a Christian and has a good understanding of the Bible. However he has a desire/fantasy to engage in a threesome. I asked him if he believes that is OK with God and he replied yes. He says that the Bible speaks of men being with other men as sinful, however in the days that the Bible was written the men had more than one wife and it is acceptable with God as long as it is acceptable to each person involved. I disagree, but I have no biblical reference to back up my belief. Is the Bible clear about this issue?

Yes, the Bible is clear in teaching against this practice. Your husband is mistaken in stating that the Bible either condones or at least does not prohibit a threesome of one man and two women because some of the leaders of Israel practiced polygamy.

Although the Bible does not have a specific verse that says do not engage in a threesome, there is a long list of Biblical principles that make it clear that such behavior is outside of God's will for us as His children. The Bible clearly forbids a married man from having sex with a woman who is not his wife; i.e. adultery (Ex 20:14, Mt 5:27), and also forbids sex between two unmarried individuals, i.e. fornication (Acts 15:20, 1 Cor 6:18, 1 Thess 4:3). Jesus' teaching in the New Testament clearly shows that a man who is not rightfully divorced from his first wife and takes on another wife is also committing adultery (Matt 19:3ff).

In the light of the Biblical prohibition against fornication and adultery, a threesome of one man and two women could consist of the following situations:

- None of them are married to each other—fornication (and

adultery if one or more of them is married to someone not involved in the threesome);

- The man is married to one of the women and not to the other—he is committing fornication with the other woman and adultery against his wife at the same time; or
- The man is married to both women—according to Jesus' teaching in the NT, he is committing adultery against his first wife.

In all of these cases, the two women are acting in a depraved, unnatural manner toward one another (Rom 1:26)

A sampling of the Biblical principles which apply to this subject are summarized below:

**God's Intention for Marriage:** When God created marriage, He stated the man shall cleave to his wife and the two shall become one flesh (Gen 2:24). Note that He does not say the three or more shall become one flesh. God's purpose for marriage has always been a covenant relationship between one man and one woman. This is reaffirmed in Eph 5:31-33 where the marriage relationship is shown to be a picture of Christ's relationship with His one bride, the Church, and the passage from Genesis is quoted, "the two shall become one flesh." It goes on to say that each individual among you also is to love his own wife even as himself. Note that each individual has his own wife not his own wives.

**God's Standard for Adultery:** In interpreting the Bible, Jesus' instruction and interpretation of the Old Testament and any other topic should be our authoritative source. In Matthew 19:3-9, Jesus repeats this principle of becoming one flesh and adds, "So they are no longer two, but one flesh. What therefore God has joined together, let no man separate." He then goes on to say that the Law of Moses only allowed for divorce because of the hardness of their heart and that God's full standard is "And I say to you, whoever divorces his wife,

except for immorality, and marries another woman commits adultery." Jesus' teaching on this matter overrides any attempts to use Jacob, David, Solomon, etc. as examples that God supports polygamy. God allowed it in those cases and in every reported case polygamy only led to trouble and heartache.

**NT Standard for Maturity:** The standard for spiritual leadership and maturity in the NT is the husband of one wife. (1 Tim. 3:2,12, Titus 1:6) We don't know if the first century church forced a polygamist who came to Christ to divorce all of his wives, but he could not be a leader in the church, and the objective for believers was clearly marriages of one man and one woman. For additional insight, consider the passage where Paul is discussing marriage in 1 Corinthians 7. In that passage, he notes that a couple is not to withhold sex from one another except for a mutually agreed period for prayer and fasting. Note that he makes no mention of how this should be handled in a polygamous situation, because polygamy was not part of God's plan for marriage.

**Our Body Belongs to the Lord.** In 1 Corinthians 6, the Scripture is very clear about what God thinks of a man engaging in sex with someone other than his wife even when that sexual act was encouraged by the society in which he lived.

1 Cor 6:15-20 Do you not know that your bodies are members of Christ? Shall I then take away the members of Christ and make them members of a prostitute? May it never be! Or do you not know that the one who joins himself to a prostitute is one body with her? For He says, "THE TWO SHALL BECOME ONE FLESH." But the one who joins himself to the Lord is one spirit with Him. Flee immorality. Every other sin that a man commits is outside the body, but the immoral man sins against his own body. Or do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own? For you have been bought

with a price: therefore glorify God in your body.

Is this threesome going to glorify God? Is this something that Jesus wants to honor with His presence?

**Depravity between Women.** Clearly the threesome suggested by your husband includes sexual interaction between two women. Romans 1:26-27 clearly states that this degrading activity is the result of man's depravity and is not God's desire for his beloved children.

**Victory over Sensuality.** The purpose of sex in marriage is not to promote sensuality. The only purpose of a threesome is sensuality. The Bible is clear that sensuality is a deed of the flesh and not a fruit of the Spirit (Gal 5:19-23). In particular, Ephesians 4:17-24 says that we are no longer to walk in the futility of our mind, giving ourselves over to sensuality for the practice of every kind of impurity with greediness, but we are to put on our new self that has been created in righteousness.

I could go on and on with other passages that clearly teach against such practices. The only way to argue that the Bible supports such activity is to deceive oneself as to the nature of the activity and the clear teaching of Scripture.

I would like to end by encouraging your husband to consider his fantasy in the light of the following verses:

*1 Peter 3:7 You husbands in the same way, live with your wives in an understanding way, as with someone weaker, since she is a woman; and show her honor as a fellow heir of the grace of life, so that your prayers will not be hindered.* How does introducing another woman into the special intimacy you share with your wife show her honor? How does it show that you are living with her in an understanding way? The suggestion that her intimacy is not enough dishonors and degrades her dignity as a fellow heir of God's grace as it would any other woman involved in such a relationship.

*Rom 13:13-14 Let us behave properly as in the day, not in carousing and drunkenness, not in sexual promiscuity and sensuality, not in strife and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh in regard to its lusts.* Seeking to go beyond the marriage relationship is making provision for the flesh in regard to its lusts. Our lusts are great at tricking us into rationalizing foolish behavior that is going to damage ourselves and others. When we start making provision for them, we are moving ourselves outside of Christ's protection. We can be sure that Jesus Christ is intensely interested in your relationship with your wife and has NO interest in participating in a sexual threesome.

Even if the Bible was silent on the topic (which it clearly is not), 1 Cor 8 & 9 and Rom 14 would prevent you from pursuing it further in the light of your wife's feelings about the subject.

Understand that the reason God puts limits on our sensuality and promiscuity is not to deprive us of greater satisfaction in life. Just as we do with our own children, He puts those limits in place to protect us from harming ourselves and others. Please recognize this fantasy for what it is—a deceitful lust which needs to be taken captive in obedience to Christ (2 Cor 10:4-5). Don't feel ashamed for being under attack by lust (it is a common position to find ourselves in), and be sure and ask God for His way to escape from this deceit (1 Cor 10:13). Turning his back on this fantasy will lead to joy and satisfaction, whereas continuing to pursue it will lead to continual craving and heartache.

\_\_\_\_\_, if your husband is unwilling to consider the evidence presented above, you should seek competent, Christian counseling as a couple. In addition, I can recommend some good resource materials to better understand God's purpose for marriage and how you can grow as a couple. Here is a sampling of resources:

- ***The Marriage Masterpiece*** by Al Jansenn—a comprehensive look at God’s purposes for marriage
- ***Marriage Without Regrets***—a comprehensive inductive Bible study from Precept Ministries
- ***Sex According to God*** by Kay Arthur—what does the Bible teach about sex?
- ***A Lasting Promise: A Christian Guide to Fighting for Your Marriage*** by S. Stanley, et.al.—identifying and removing destructive behavior patterns
- ***When Bad Things Happen to Good Marriages***, Drs. Les and Leslie Parrott

I am praying that God will speak to you and your husband leading you into the joy of being one in Him.

Yours in Christ,

Steve Cable

© 2005 Probe Ministries

---

## “Am I Committing Adultery?”

I got married right out of high school (34 years ago), and my husband committed adultery and divorced me a year later. Neither of us were Christians. I married someone else four years later, and two years into our marriage, my husband and I became Christians.

Is it considered “committing adultery” if:

—My previous husband had committed adultery while we were

married?

—We weren't Christians when we did all this?

Are we **STILL** committing adultery by remaining married?? A few years ago, we wanted to join a church, and they said we couldn't because I had been married before. And they said we needed to separate because God did not recognize our marriage and we are still committing adultery by staying married. We have been happily married for 26 years now, with two wonderful children. What should we do??????

Dear friend,

I'm sitting here shaking my head at the insensitivity, not to mention the biblical misunderstanding, of the church that gave you such lousy counsel. It sounds to me like that was God's way of saying, "This is not the place for you, beloved!"

Bottom line: neither you nor your husband are committing adultery.

God specifically says in His word that when one person commits adultery, the other is free to remarry without committing adultery. Your first husband broke your marriage covenant, giving you freedom to marry your present husband to the glory of God. (And it would appear that God is glorifying Himself through your present marriage!)

In Matt 5:32 and 19:9, Jesus says that if someone divorces a spouse for any reason other than adultery, they commit adultery when they remarry. This is because the divorce is illegitimate, and the second marriage is bigamy since the first marriage is still in force regardless of what the civil authorities say. But if the other spouse has committed adultery, then that act has broken the sacred covenant, and it is not bigamous (and thus not adulterous) for the sinned-against spouse to remarry.

That church may have been standing on the second part of Matt.

5:32, which says “whoever marries a divorced woman commits adultery.” It’s important to understand the culture of that day. There was a popular movement in Jewish culture that said a man could divorce his wife for any reason at all, including burning the toast. (I am not kidding.) Such a wife, thus divorced, was single in the eyes of the culture, but still married in the eyes of God, so any man who married her committed adultery since she was still a married woman.

You did not fall in that category. When your first husband committed adultery, that dissolved the marriage in God’s eyes (in a manner of speaking), and you were free to remarry. I am so sorry that church refused to check into the circumstances of your divorce. If Jesus made an exception for adultery, and then Paul, writing with the very words God gave him, made an additional exception for abandonment by an unbelieving spouse (1 Cor. 7:15), then the church needs to follow ALL of scripture and not just one verse.

You did not commit adultery when you married your present husband, and you are not committing adultery by remaining married to him, and the Lord bless you for staying together for 26 years! Way to go!!! <smile>

I wish you were in Dallas. I’d invite you to our church where you would be honored and affirmed.

I hope this helps!

Sue Bohlin  
Probe Ministries

P.S. I do want to make a distinction here: adultery does not *mandate* divorce, but God does allow divorce as a consequence of adultery. It’s even better for the unfaithful spouse to repent, for the violated spouse to forgive, and for them to forge a new, stronger relationship. This isn’t always possible due to the hardness of some people’s hearts, and God understands and allows for it.



---

# Divorce and You

*How can you cope with divorce if it comes your way? How can you help a friend who is going through it? What about divorce and the ministry? Practical—and personal—thoughts on this important issue.*



*This article is also available in [Spanish](#).*

## It's Over

Divorce. What thoughts and feelings does that word kindle in you?

Are you happily married and feel that divorce is not an option? Maybe the concept scares you. The fear of loss seems overwhelming.

Are you in a struggling marriage and the end is near? Perhaps you are confused, angry, depressed, or grieving. Or maybe you are happy and envision this as the necessary end of an unpleasant relationship.

Perhaps your parents are divorced. Maybe you recall their angry disputes during your childhood, fear over your family's future, anguish over deciding with whom you would live.

Got any friends whose marriage is on the rocks? You might care for both of them, but how should you relate to them now? Take sides? Remain neutral? Intervene? Keep out of it?

In 1975 I married a wonderful woman. She was kind, sensitive, beautiful, loving, intelligent, fun, talented . . . my best friend. We traveled the globe together speaking in universities, on television and radio, writing books and

articles about love, sex and marriage. She taught me much about love, kindness, sensitivity, communication. Much of the modest success I've seen in speaking and writing I owe in part to her excellent coaching.

Twenty years later, in 1995, she told me she wanted out. I felt devastated. The love of my life didn't love me any more. The pain of rejection ran deep. I had not committed adultery or desertion. I felt helpless. Legally, I was helpless. California's "no-fault" divorce laws mean that in our state it takes two to get married but only one to get divorced. One partner can simply claim "irreconcilable differences" – no proof is needed – and a judge will dissolve the union after a six-month waiting period. The unwilling partner is legally powerless to stop it.

Imagine the worst spat you've ever had with your spouse, partner, or friend. Multiply the pain of that by a jillion and you have a glimpse of the hurt. It felt as if I were being reamed out by an emotional Roto Rooter. I cried buckets. It was really, really awful. Are you getting the idea that I did not like this experience?

What does the Bible say about divorce? How can you cope with divorce if it comes your way? How can you help a friend who is going through it? And what about divorce in the ministry? This article offers you some practical thoughts on this controversial topic.

## **Biblical Issues**

Is divorce a solution or a cop-out?

I appreciate it when speakers or writers make clear their way of looking at the world. My worldview is a biblical one. You may agree or disagree, and I certainly respect that, but may I encourage you to consider what the biblical documents say on this issue?

Moses, the famous Jewish liberator, explained that God made the first man and woman for a close bond. "For this reason," Moses wrote, "a man shall leave his father and his mother, and be joined to his wife; and they shall become one flesh."[\[1\]](#)

Hundreds of years later, some religious leaders asked Jesus of Nazareth about divorce. He quoted Moses' statement, then added, "Since they are no longer two but one, let no one separate them, for God has joined them together."[\[2\]](#) Jesus held marriage in high esteem: "God has joined them together," He declared, ". . . let no one separate them."

But if divorce is wrong, these male religious leaders responded, why did Moses discuss how to handle certain complicated divorce situations? Jesus explained: "Moses permitted you to divorce your wives because your hearts were hard. But it was not this way from the beginning. I tell you," Jesus continued, "that anyone who divorces his wife, except for marital unfaithfulness, and marries another woman commits adultery."[\[3\]](#)

Strong words. What do they mean? Even dedicated followers of God differ about whether He allows divorce and under what circumstances. A thorough study exceeds the scope of this short series. I recommend Jay Adams' book, *Marriage, Divorce, and Remarriage in the Bible*,[\[4\]](#) for more detail.

Years before my own marriage began to crumble, I carefully studied a biblical perspective on divorce and remarriage. Here is what made the most sense to me. Partners should enter marriage for life, "until death do us part." If splits arise, reconciliation should always be the first aim. If reconciliation fails, I see two biblical bases for divorce and remarriage: adultery of one spouse[\[5\]](#), and desertion[\[6\]](#). Adultery or desertion do not mandate divorce, but they make it allowable.

As difficult as this subject may seem, remember that God loves

you and wants the very best for you.[\[7\]](#) If you are hurting right now, He understands. He wants to wrap His arms around you, be your friend, and help you handle your deepest disappointment.

## Coping With Divorce

What are some ways to cope with a shipwrecked marriage?

Divorce can teach you a lot. I'm a sinful person who made plenty of mistakes in marriage. I could have been more thoughtful, sensitive, and kind. Though I tried hard to be a good husband, I realized I could not be responsible for another's decision.

About a year after the divorce, at some friends' encouragement, I began to speak publicly about what I had learned. I was determined not to speak ill of my ex wife, but I wanted to encourage others. My story got several reactions, which I began reflecting to audiences to help them process it. Maybe you can relate.

"Some of you feel uncomfortable with this topic," I would tell listeners. "You wish I would change the subject. I've felt that way. Others of you think, I wish the person I love would be as open with his heart as you're being.' Some of you are skeptical," I'd continue. "You'd like to hear *her* side of the story! I can appreciate that. Maybe you're angry. Perhaps I remind you of your ex-spouse. You think, He talks so sweet. But I bet he's a tyrant in private!' I realized that I cannot assume responsibility for all the people who have hurt you. But I can offer hope. Maybe people will reason, He's hurt; I've hurt. He says Jesus helped him with his hurt. Maybe Jesus can help me with my hurt.'"

Jesus can help you with your hurt. He said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I

am humble and gentle, and you will find rest for your souls.”[{8}](#)

Often divorcees experience the classic stages of loss: denial, anger, bargaining, depression, and acceptance.[{9}](#) You may not believe you’re experiencing this. You may be mad at your mate or God. You may promise God you’ll follow Him if He restores your marriage. You may become depressed when the end seems certain. Eventually you may accept reality.

What helped my journey through grief? I had to believe that God really did cause “all things to work together for good to those who love” Him.[{10}](#) I sought to walk closely with Him. I asked forgiveness of my ex-wife for my many shortcomings. I forgave her and forgave myself.

I saw a skilled counselor. A wonderful divorce recovery group helped me understand what I was experiencing and feeling. I did not date for about two years after the divorce was final, to allow time to sort things out. And some fine friends helped me to land on my feet.

## **Responding to a Friend’s Divorce**

How might you be a friend to someone in the midst of divorce?

The couple next door is splitting up. One partner is bailing on the marriage. You and your family have known them for years. You’ve babysat each other’s kids, carpooled to work, vacationed together, laughed and cried together. You are members of the same church.

How should you relate to them now? Take sides? Remain neutral? Intervene? Keep out of it?

If you are a follower of Jesus, you likely will want to seek divine wisdom. Every situation is different, and marital strife can be explosive. Jesus’ mother Mary once had some wise advice that relates well to these situations. She said,

"Whatever He [Jesus] says to you, do it." [{11}](#)

I was quite fortunate to have a circle of good friends who reached out in loving care. Perhaps their examples can give you some ideas of what you might do.

My friends did not abandon me in my darkest hour. They stuck with me, let me know that they cared, asked how they could help, arranged opportunities for us to spend time together. One couple had me over to dinner every Friday night during the fall. Then we would watch their son play high school football. It helped take my mind off of my problems, relax, and enjoy being around other people.

Some recommended books, [{12}](#) met me for lunch, and invited me to a concert. One couple listened as I poured my heart out and helped me plan my future. Some organized a prayer meeting among close friends, helped me move, sat with me in court. They would call to ask how I was doing, especially when I felt particularly lonely or burdened.

Two friends tried to contact my estranged wife to encourage her to drop the divorce action.

After the divorce, many gracious folks welcomed me into their circles and encouraged me to serve others. Some pastors and theologians who knew me well told me they thought it was appropriate biblically for me to remarry. I was reluctant. I wondered if I could ever open my heart to another woman.

Then, at a conference, I met Meg Korpi, a beautiful, sensitive, kind, wise, caring, brilliant, fun woman. She was as dedicated to God as she was wise and gorgeous. (I get points for saying all this in writing, you understand!) I knew what I liked and I liked what I saw! We began to date almost three years after the divorce ended and were married about a year-and-a-half later. We are very happy together. We thank God often.

# Divorcees and the Ministry

What about divorce and the ministry? If a ministry leader divorces, should he or she remain in ministry?

If a leader initiates an unbiblical divorce – or commits adultery or otherwise acts inappropriately – one should confront him or her as described in Matthew 18. In my view (not all will agree), with a change of mind and heart – and after appropriate time – it may be possible to restore a fallen leader to effective service. Paul wrote, “If someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted.”[\[13\]](#)

What about the victim of an unbiblical divorce? There are both wise and unwise ways to deal with such tragedies. Ministry boards and executives should take special care to act biblically. They may be tempted to value public image and donations above biblical principles.

Perhaps my case will be instructive. My first wife and I were international speakers with a prominent evangelical movement with thousands of wonderful staff. We traveled the world together, wrote books, appeared on television. In my twenty-fifth year with this organization, my wife filed for divorce without – in my opinion – biblical grounds. This caused quite a stir.

Though initially expressing concern and care, corporate leaders claimed they had a policy requiring me to leave if my spouse divorced me. I was told I was a PR risk and would need to go. At one point they wanted me to agree never to speak or write about marriage, divorce, or remarriage (mine in particular or these themes in general). Things got “curiouser and curiouser.”

Again, this movement has done much good around the globe. It helped me come to faith when I was a student. Please

understand that I am seeking here the proper blend of grace and truth, not an easy task in these matters.

My employer owned a seminary, a separate corporation that had no automatic divorce restriction. The seminary president hired me. He took some heat for acting biblically, but those like him who refused to convict me of a sin – divorce – that I did not commit were God's instruments of grace in my life. After a time of healing, I returned to the lecture circuit. Today, I am privileged to enjoy an even larger global influence via speaking and writing.

Divorce does not have to end ministry. Has any sin been dealt with in a biblical fashion? If so, then the divorced servant of Christ can, with God's direction and power – and with appropriate accountability – continue to touch lives for Him. Jesus welcomed the denying Peter into fellowship and service.

The wounded servant may become even more effective, able to connect with people on a deep level and to point them to the One who can heal their broken hearts.

## **Notes**

1. Genesis 2:24 NASB.
2. Matthew 19:6 NLT.
3. Matthew 19:8-9 NIV.
4. Jay E. Adams, *Marriage, Divorce, and Remarriage in the Bible* (Grand Rapids: Zondervan, 1980).
5. Matthew 19:9.
6. 1 Corinthians 7:12-15, taken with Matthew 18:15-17. An outline of this argument regarding desertion is as follows: 1 Corinthians 7:12-15 can be understood to mean that when a spouse who does not believe in Christ deserts a spouse who does have faith in Christ, the deserted believer is not bound from remarriage. Regarding a marriage between two believers, a deserted spouse should first seek reconciliation. If the deserter will not reconcile, the deserted spouse should follow



the biblical “progressive correction” prescription in Matthew 18:15-17. That is, s/he should confront the deserter with his/her sin individually, then (if the deserter continues to resist) with one or two others, then involving the church. If the deserting spouse still resists, then the Lord’s admonition to the church (which includes the deserted spouse) is “let him be to you as a Gentile and a tax collector.” In other words, relate to that person just as you would to someone outside the church, as to an unbeliever. How does the church relate to unbelievers? One of the many biblical teachings regarding relationships between believers and unbelievers is that an unbelieving spouse who deserts a believer does not bind that believer from remarriage (1 Corinthians 7:12-15). See Adams, op. cit., for a more complete discussion of desertion as allowable grounds for remarriage.

7. Romans 8:35-39; Psalm 23.

8. Matthew 11:28-29 NLT.

9. Elisabeth Kübler-Ross, M.D., *On Death and Dying*, reprint edition (New York: Simon and Schuster, reprint, 1997).

10. Romans 8:28, NASB.

11. John 2:5 NASB.

12. Especially helpful are Joseph Warren Kniskern, *When the Vow*

*Breaks* (Nashville: Broadman & Holman, 1993); and many of the Fresh Start resources

at [www.freshstartseminars.org](http://www.freshstartseminars.org).

13. Galatians 6:1 NIV.

©2005 Probe Ministries

---

# “What’s God’s Plan for Sex in Marriage?”

I’m wondering if the bible addresses the issue of sexuality after marriage. Is sex only for pleasure acceptable once a couple is married? If so are there certain ways married couples can have sex? I.e., different positions that are appropriate and others that are not?

I look forward to the day when I have a wife and can enjoy these gifts, but I want to make sure that I’m doing it in a God honoring way.

It sure does! A whole book about sexuality after marriage! The Song of Solomon is extremely erotic, but it’s written in symbolism so a lot of people miss it if they’re looking for only the literal. For instance, the use of “fruit” usually refers to the husband’s genitals, and “garden” to the wife’s. God’s word on sex after marriage is “Eat, O friends, and drink; drink your fill, O lovers.” (SoS 5:1)

Jody and Linda Dillow have written two excellent books on God’s view of sex; Jody wrote *Solomon on Sex* (which is out of print, but you can find it used online), and Linda co-wrote (along with Lorraine Pintus) the book *Intimate Issues*. They offer three guidelines for discerning what God permits in sexual expression:

1. Is it prohibited in God’s word?
2. Is it beneficial? (In other words, does it harm people or hinder the sexual relationship?)
3. Does it involve anyone else?

Here’s their list of what God prohibits in His Word:

Fornication (immoral sex, which is any sex outside of marriage)

Adultery  
Homosexuality  
Impurity  
Orgies  
Prostitution  
Lustful passions  
Sodomy  
Bestiality  
Incest  
Obscenity and coarse jokes

There is more freedom than there are restrictions for married couples. If God doesn't prohibit something, and it doesn't involve anyone else (whether through video, the internet, print media or in the flesh), and it's acceptable to both people, then God gives a green light and says, "Enjoy!"

The Dillows also provide six reasons God gave the gift of sex:

1. To create life
2. For intimate oneness
3. Knowledge
4. Pleasure
5. Defense against temptation
6. Comfort

As you can see, only one is procreation!

I hope this helps.

Sue Bohlin

---

# **“Is Lust Justification for Divorce?”**

I have a question. In Matthew 5:27ff. Jesus says that if a man lusts after a woman he has already committed adultery in his heart. Then, in v. 32 Jesus indicates that sexual immorality is the only justification for divorce. Is, then, lust justification for divorce? If so, what degree of lust is justification for divorce? Or, if it is not Jesus' intention to allow divorce for lust, please substantiate this position. Thanks.

Good question!

The bottom line answer to your question is no, lust is not grounds for divorce.

If you look at the context of the Lord Jesus' remarks about lust in Matthew 5, what you see is that He is “pulling back the rug,” so to speak, on outward sins to expose the underlying problem, which is sin in the heart. Murder doesn't start with murder; it starts with sinful anger in the heart (vv. 21-22). Don't be as concerned about the proper words in taking an oath; be people of such integrity that your simple word alone will suffice and no oath is necessary (vv. 33-37). Instead of carefully measuring the retaliatory consequences of an offense against you, give in and don't fight back (vv. 38-42). Instead of loving your neighbor and hating your enemy, love your enemies and pray for them (vv. 43-44).

The main point to all of these illustrations in the Sermon on the Mount is that a sinful heart lurks behind every offensive action. By shining the light of His perfection on our dark hearts, the Lord very effectively makes us aware of how short we fall of God's standard of righteousness. That's why we need to receive Christ's righteousness, since we have none of our

own.

So the point about lust is made to expose the sinful motives of the heart, showing that even before one actually enters into an adulterous relationship, there's a heart problem that's just as serious in God's eyes as acting on it.

But if the Lord had meant to set lust as an acceptable ground for divorce, He would have said so. He doesn't play games with us to keep us guessing about what pleases Him. Personally, this makes sense to me, since a person can fall into the sin of lust for another person, and repent and receive forgiveness, without his/her spouse ever getting hurt. They don't ever need to know about it; it's a internal war of the one struggling with lust. As sinful creatures, we are going to struggle with various sins all our lives. But there's still a big difference *in consequence* between fighting the internal battle against the sin nature and going out and *acting* on it.

Furthermore, engaging in sexual immorality is an external act that can be proven by witnesses and/or testimony. Experiencing lust is internal, and can only be judged by another without any proof. Only God can know whether someone truly lusts or not. Kind of hard to hold up in a court of law!

I hope this helps.

Sue Bohlin  
Probe Ministries

---

## Online Affairs – A Christian

# Look at a Major Problem

*Kerby Anderson highlights online affairs, the sin of adultery with an “electronic” relationship on the Internet.*



*This article is also available in [Spanish](#).*

## The Allure of Cyber-Relationships

The Internet is becoming a breeding ground for adultery, so say many experts who track the pattern of extramarital affairs. So we will discuss the phenomenon of online affairs.

Peggy Vaughn is the author of *The Monogamy Myth* and also serves as an expert for America Online on problems caused by infidelity. She predicts that one “role of the Internet in the future will be as a source of affairs.” She is writing a second book on the subject of adultery and says she could base half of it just on the letters she receives from people who started an affair online.[\[1\]](#)

An online affair (or cyberaffair) is an intimate or sexually explicit communication between a married person and someone other than their spouse that takes place on the Internet. Usually this communication takes place through an online service such as America Online or CompuServe. Participants usually visit a chat room to begin a group conversation and then often move into a one-to-one mode of communication. Chat room categories range from “single and liking it” to “married and flirting” to “naked on the keyboard.”

Women in a chat room are often surprised at what develops in a fairly short period of time. At first the conversation is stimulating, though flirtatious. Quickly, however, women are often confronted with increasingly sexual questions and comments. Even if the comments don't turn personal, women find themselves quickly sharing intimate information about

themselves and their relationships that they would never share with someone in person. Peggy Vaughn says, "Stay-at-home moms in chat rooms are sharing all this personal stuff they are hiding from their partners." She finds that the intensity of women's online relationships can "quickly escalate into thinking they have found a soulmate."

Online affairs differ from physical world affairs in some ways, but are similar in others. Cyberaffairs are based upon written communication where a person may feel more free to express herself anonymously than in person. Frequently the communication becomes sexually graphic and kinky in ways that probably would not occur if a real person were hearing these comments and could act on them. Participants in an online affair will often tell their life stories and their innermost secrets. They will also create a new persona, become sexually adventurous, and pretend to be different than they really are.

Pretending is a major theme in cyberaffairs. Men claim to be professionals (doctors, lawyers) who work out every day in the gym. And they universally claim that if their wives met their needs, they wouldn't be sex shopping on the Internet. Women claim to be slim, sexy, and adventurous. The anonymity of the Internet allows them to divulge (or even create) their wildest fantasies. In fact, their frank talk and flirtation pays great dividends in the number of men in a chat room who want to talk to them and get together with them.

Just as the Internet has become a new source of pornography for many, so it seems that it has also become a new source for affairs. Relationships online frequently go over the line leaving pain, heartbreak, and even divorce in their wake. Even though these online affairs don't involve sex, they can be very intense and threaten a marriage just the same.

## **Current Statistics on Adultery**

In a [previous article](#), I talked about some of the statistics

concerning adultery. Before we continue, let me update some of those numbers with a multitude of studies all coming to similar conclusions.

One conclusion is that adultery is becoming more common, and researchers are finding that women are as likely as men to have an affair. A 1983 study found that 29 percent of married people under 25 had had an affair with no statistical difference between the number of men and women who chose to be unfaithful to their spouses early in life.[{2}](#) By comparison, only 9 percent of spouses in the 1950s under the age of 25 had been involved in extramarital sex. Another study concluded that by age 40 about 50 to 65 percent of husbands and 45 to 55 percent of wives become involved in an extramarital affair.[{3}](#)

Affairs are usually more than a one-time event. A 1987 study surveyed 200 men and women and found that their affairs lasted an average of two years.[{4}](#) In fact, affairs go through transitions over time. They may begin as romantic, sexual, or emotional relationships and may become intimate friendships. Affairs that become friendships can last decades or a lifetime.

Online affairs differ from other affairs in that they may not involve a physical component, but the emotional attachment is still there. Online affairs develop because of the dual attraction of attention and anonymity. Someone who has been ignored by a spouse (or at least perceives that he or she is ignored) suddenly becomes the center of attention in a chat room or a one-on-one e-mail exchange. A woman finds it exciting, even intoxicating, that all these men want to talk to her. And they are eager to hear what she says and needs.

Anonymity feeds this intoxication because the person on the other end of this cyberaffair is unknown. He or she can be as beautiful and intelligent as your dreams can imagine. The fantasy is fueled by the lack of information and the anonymity. No one in cyberland has bad breath, a bald head,



love handles, or a bad temper. The sex is the best you can imagine. Men are warm, sensitive, caring, and communicative. Women are daring, sensual, and erotic.

Is it all too good to be true? Of course it is. Cyberaffairs are only make-believe. Usually when cyberlovers meet, there is a major letdown. No real person can compete with a dream lover. No marriage can compete with a cyberaffair. But then an online affair can't really compete with a real relationship that provides true friendship and marital intimacy.

Nevertheless, online affairs are seductive. An Internet addict calls out to a spouse "one more minute" just as an alcoholic justifies "one more drink." Cyberaffairs provide an opportunity to become another person and chat with distant and invisible neighbors in the high-tech limbo of cyberspace. Social and emotional needs are met, flirting is allowed and even encouraged, and an illusion of intimacy feeds the addiction that has caught so many unsuspecting Internet surfers.

## **Motivations for Affairs**

Affairs usually develop because the relationship meets various social and psychological needs. Self-esteem needs are often at the top of the list. Self-esteem needs are met through knowing, understanding, and acceptance. Psychologists say that those needs are enhanced through talking intimately about feelings, thoughts, and needs. This can take place in person or take place through the Internet.

Even though online affairs may not involve a physical component, the emotional attachment can be just as strong and even overwhelming. And when they end, this strong attachment usually leaves participants in emotional pain.

Women report feeling thrilled by their lover's interest in them physically, emotionally, and intellectually. They are

also excited about the chance to know a different man (how he thinks and feels). They also feel intimate with their lovers because they can talk about their feelings openly. However, when the affair ends, they feel a great deal of guilt with regard to their husband and children. They also regret the deceit that accompanied the affair.

Men report feeling excited about the sexual experience of the affair. They try to control their feelings in the affair and do not compete with their feelings for their wife. Often they limit the emotional involvement with their lover. Men also feel guilt and regret over deceit when an affair ends, but less so than most women.

Men and women have affairs for different reasons. Research has shown that women seek affairs in order to be loved, have a friend, and feel needed. Men seek affairs for sexual fulfillment, friendship, and fun.[{5}](#)

It appears that the percentage of women who have extramarital sex has increased the last few decades. In 1953 Alfred Kinsey found that 29 percent of married women admitted to at least one affair.[{6}](#) A *Psychology Today* survey in 1970 reported that 36 percent of their female readers had extramarital sex.[{7}](#) One study in 1987 found that 70 percent of women surveyed had been involved in an affair.[{8}](#)

It also appears that women who are employed full-time outside of the home are more likely to have an affair than full-time homemakers. Several studies come to this same conclusion. One study found that 47 percent of wives who were employed full-time and 27 percent of full-time homemakers had been involved in an affair before they were 40 years old.[{9}](#) And *New Woman* magazine found that 57 percent of employed wives who had an affair met their lover at work.[{10}](#)

Contrary to conventional wisdom, an affair will not help your marriage. In 1975, Linda Wolfe published *Playing Around* after

she studied twenty-one women who were having affairs to keep their marriages intact.[\[11\]](#) The reasoning for many of these women was that if they could meet their own needs, their marriages would be more successful. Many said they were desperately lonely. Others were afraid, believing their husbands did not love them or were not committed to their marriage. Five years after the initial study, only three of the twenty-one women were still married.

Adultery can destroy a marriage, whether a physical affair or an online affair.

## Preventing an Affair

The general outline for some of these ideas comes from family therapist Frank Pittman, author of *Private Lies: Infidelity and the Betrayal of Intimacy*, although I have added additional material. He has counseled 10,000 couples over the last forty years, and about 7,000 have experienced infidelity. He has nineteen specific suggestions for couples on how to avoid affairs.[\[12\]](#) Let's look at a few of them.

First, accept the possibility of being sexually attracted to another and of having sexual fantasies. Frank Pittman believes we should acknowledge that such thoughts can develop so that you don't scare them into hiding. But he also says you shouldn't act on them.

Second, we should hang out with monogamous people. He says, "They make a good support system." To state it negatively, "Do not be deceived: Bad company corrupts good morals" (1 Cor. 15:33).

Third, work on your marriage. He says to keep your marriage sexy and work to be intimate with your spouse. He also says to make marriage an important part of your identity. "Carry your marriage with you wherever you go."

Fourth, be realistic about your marriage. Pittman says, "Don't

expect your marriage to make you happy. See your partner as a source of comfort rather than a cause of unhappiness." Accept the reality of marriage; it isn't always beautiful. Also accept that you are both imperfect.

Fifth, keep the marriage equal. Share parenting duties. "If not, one partner will become the full-time parent, and the other will become a full-time child" without responsibilities, who seeks to be taken care of. And keep the relationships equal. Pittman says, "The more equal it is, the more both partners will respect and value it."

Sixth, if you aren't already married, be careful in your choice of a marriage partner. For example, marry someone who believes in, and has a family history of, monogamy. Frank Pittman says, "It is a bad idea to become the fifth husband of a woman who has been unfaithful to her previous four." Also, marry someone who respects and likes your gender. "They will get over the specialness of you yourself and eventually consider you as part of a gender they dislike."

Seventh, call home every day you travel. "Otherwise, you begin to have a separate life." And stay faithful. "If you want your partner to (stay faithful), it is a good idea to stay faithful yourself." And make sure you are open, honest, and authentic. Lies and deception create a secret life that can allow an affair to occur.

Finally, don't overreact or exaggerate the consequences of an affair if it occurs. Pittman says, "It doesn't mean there will be a divorce, murder or suicide. Catch yourself and work your way back into the marriage."

Affairs can destroy a marriage. Take the time to affair-proof your marriage so you avoid the pain, guilt and regret that inevitably results. And if you have fallen into an affair, work your way back and rebuild your marriage.

# Consequences of Affairs

When God commands, “You shall not commit adultery” (Ex. 20:14), He did so for our own good. There are significant social, psychological, and spiritual consequences to adultery.

A major social cost is divorce. An affair that is discovered does not have to lead to divorce, but often it does. About one-third of couples remain together after the discovery of an adulterous affair, while the other two-thirds usually divorce.

Not surprisingly, the divorce rate is higher among people who have affairs. Annette Lawson (author of *Adultery: An Analysis of Love and Betrayal*) found that spouses who did not have affairs had the lowest rate of divorce. Women who had multiple affairs (especially if they started early in the marriage) had the highest rate of divorce.

A lesser known fact is that those who divorce rarely marry the person with whom they are having the affair. For example, Dr. Jan Halper’s study of successful men (executives, entrepreneurs, professionals) found that very few men who have affairs divorce their wife and marry their lovers. Only 3 percent of the 4,100 successful men surveyed eventually married their lovers.[{13}](#)

Frank Pittman has found that the divorce rate among those who married their lovers was 75 percent.[{14}](#) The reasons for the high divorce rate include: intervention of reality, guilt, expectations, a general distrust of marriage, and a distrust of the affairer.

The psychological consequences are also significant, even if they are sometimes more difficult to discern. People who pursue an affair often do so for self-esteem needs, but often further erode those feelings by violating trust, intimacy, and stability in a marriage relationship. Affairs do not stabilize

a marriage, they upset it.

Affairs destroy trust. It's not surprising that marriages formed after an affair and a divorce have such a high divorce rate. If your new spouse cheated before, what guarantee do you have that this person won't begin to cheat on you? Distrust of marriage and distrust of the affairee are significant issues.

Finally, there are spiritual consequences to affairs. We grieve the Lord by our actions. We disgrace the Lord as we become one more statistic of moral failure within the body of Christ. We threaten the sacred marriage bond between us and our spouse. We bring guilt into our lives and shame into our marriage and family. Affairs extract a tremendous price in our lives and the lives of those we love and hold dear.

And let's not forget the long-term consequences. Affairs, for example, can lead to unwanted pregnancies. According to one report, "Studies of blood typing show that as many as 1 out of every 10 babies born in North America is not the offspring of the mother's husband."<sup>[15]</sup> Affairs can also result in sexually transmitted diseases like syphilis, chlamydia, herpes, or even AIDS. Many of these diseases are not curable and will last for a lifetime.

Adultery is dangerous, and so are online affairs. The popularity of the recent movie *You've Got Mail* has helped feed the fantasy that you are writing to Tom Hanks or Meg Ryan. In nearly every case, nothing could be further from the truth. An online affair could happen to you, and the plot might be more like *Fatal Attraction*.

## Notes

1. Karen Peterson, "Spouses Browse Infidelity Online," *USA Today*, 6 July 1999, 1D.
2. Philip Blumstein and Pepper Schwartz, *American Couples* (New York: William Morrow, 1983).
3. Maggie Scarf, *Intimate Partners* (New York: Ballantine,

1996).

4. Trish Hall, "Infidelity and Women: Shifting Patterns," *New York Times*, 1 June 1987, B8.
5. Annette Lawson, *Adultery: An Analysis of Love and Betrayal* (New York: Basic Books, 1988).
6. Alfred Kinsey, et. al. *Sexual Behavior in the Human Female* (Philadelphia: W.B. Saunders, 1953).
7. R. Athanasiou, et.al. "Sex: A Report to *Psychology Today* Readers," *Psychology Today*, July 1970, 39-52.
8. Shere Hite, *Women and Love* (New York: Alfred Knopf, 1987).
9. Carol Travis and Susan Sadd, *The Redbook Report on Female Sexuality* (New York: Delacorte Press, 1977).
10. "Infidelity Survey," *New Woman*, October-November 1986.
11. Linda Wolfe, *Playing Around: Women and Extramarital Sex* (New York: William Morrow, 1975).
12. "Reducing the risks of a wandering eye," *USA Today*, 6 July 1999, 10D.
13. Jan Halper, *Quiet Desperation: The Truth About Successful Men* (New York: Warner Books, 1988).
14. Frank Pittman, *Private Lies: Infidelity and the Betrayal of Intimacy* (New York: Norton, 1989).
15. William Allman, "The Mating Game," *U.S. News and World Report*, 19 July 1993, 57-63.

© 1999 Probe Ministries International