

The Scandal of Blood Atonement: “Why All the Blood and Cross-Talk, Christian?”

The story of Jesus’ death and resurrection raises accusations that Christianity is obsessed with blood. Many believers struggle with this too. Byron Barlowe explores the biblical reasons for the focus on Christ’s blood and why its shedding was necessary.

The Bloody Cross: A Tough Thing to Handle

Easter season is all about the death and resurrection of Christ—which centers on the blood sacrifice He endured. Christianity is called a bloody religion, focusing on the execution of Jesus Christ on a cross. Why is this true and what does it mean when we say His blood atones for our sin?



Millions of Americans—and billions of Christians around the world—celebrated the death and Resurrection of Christ during Passion Week and Easter Sunday. The topic was everywhere from sermons to a CNN docudrama titled *Finding Jesus: Faith, Fact, Forgery*.

You may have questions about all the talk of “the blood of Christ” and songs saying things like “Jesus’s blood washed away my sins.” This bloody theme does raise understandable concerns that are shared by believers, seekers and skeptics alike.

In fact, more and more skeptics are posting on the Internet things like this book promotion:

“Christians are obsessed with blood! They sing about it, declare they are washed in it and even drink it! In this

book you will discover the crazy background to this Christian obsession and the truth about the bloodthirsty God they claim to know and serve.”[\[1\]](#)

In this article, we’ll discuss whether these charges are true and fair and explain the doctrine of blood atonement.

Again, even many Christians—including me—have wondered deeply about all the biblical imagery of shed blood, what some call the Crimson Thread of Scripture. I mean the grotesqueness of Old Testament animal sacrifice and the belief in Jesus’s torturous slaying as the core of salvation. Radical stuff for modern ears.

So what is blood atonement and why does it matter? In historic orthodox Christian thought, God’s Son is at the very center of history doing these things:

- reconciling man to God,
- ransoming humans from slavery to sin and well-deserved death and
- justly recompensing God for the horrific offense of rebellion and disobedience to Him.

Thankfully, the gospel (or good news) is simple. The Bible claims, “Christ also died for sins once for all, the just for the unjust, so that He might bring us to God, having been put to death in the flesh, but made alive in the spirit.”[\[2\]](#)

The bottom line for all people is this: out of Christ’s death came the hope of eternal life—and His resurrection proved this. Our sin caused God’s Son to suffer and die. By grace, through faith, we can benefit. Otherwise, we suffer eternally for staying with the cosmic rebellion that started in a perfect Garden long ago.

Yet, this blood-centered good news is a scandal to both those who believe and those who deny it. In fact, the Greek root

word *skandalon* is used for Christ Himself.[\[3\]](#) You see, Jews denied Christ as the Promised One and Gentiles thought it was all nonsense. Nothing has changed for mankind: the choices are either do-it-yourself religion, being too smart for all that, or believing in this radical hope.

The Reason Someone Had to Die

Why did anybody have to die? God's justice and holiness demands a death penalty for the sinner.

We are all in a serious spiritual and moral pickle. Biblical Christianity declares that each person ever born is stuck under an irreversible “*sin*ndrome” for which there is no human answer. History sadly records the habitual and continual effects of sin: oppression, addictions, self-promoting power plays, deceit, war, on and on.

Now for a reality check: no moral order, either in a family, a company, military unit or society survives ambiguity or failure to enforce laws. Just ask the victims of unpunished criminals set loose to perpetrate again. If the Creator were to simply wink at sin or let people off scot-free, where would justice be? What kind of God would He be?

God is holy and He called Himself the Truth. There is no way God would be true to Himself and the moral order He created and yet fail to punish sin. Such impunity would mock justice. As one theologian puts it, “Pardon without atonement nullifies justice . . . A law without penalty is morally unserious, even dangerous.”

Ok, but penalties have levels of harshness. Why is death necessary? Scripture spells out clearly the decree that sinners must die. In God's original command He stated, “When you eat of [the tree of the knowledge of good and evil] you will surely die” (Genesis 2:17). In Ezekiel the same formula appears slightly reworded: “The soul who sins is the one who

will die” (Ezekiel 18:4, 20). Paul boiled it down this way: “For the wages of sin is death” (Romans 6:23).

God’s justice and holiness demand death for sin. Blood must be shed. Detractors of the cross tend to underestimate sin and know nothing of its offense to a holy God. Everyone wants justice—for others.

Ok, so what does a just and holy God do with impure, treasonous creatures He made to bear His image? God was in a quandary, if you will.

Yet, even in the Garden, He was already hinting at a plan to reconcile this dilemma. “God so loved the world” that he sent down His own Son as a man to pay the death penalty.[{4}](#)

Thomas Oden writes, “God’s holiness made a penalty for sin necessary . . . Love was the divine motive; holiness [was] the divine requirement. [Romans 5:8 reads] ‘God demonstrates His own love for us in this: While we were still sinners, Christ died for us’. [And as Romans 8 teaches,] This love was so great that God ‘did not spare His own Son, but gave Him up for us all’ (Romans 8:32).”[{5}](#)

Christ’s Death and Resurrection Was Unlike Other Religious Stories: It Was All for Love

God’s morally just demand for a death-payment is not the same as pagan gods, who maliciously demanded sacrifices. True for one big reason:

Isn’t this crucifixion thing simply about a grouchy god acting all bloodthirsty, as some atheists like popular author Richard Dawkins say? Should good people find this repugnant? One unbelieving critic wrote,

“Unfortunately, much of Christian art consists of depicting

the sufferings and agony of Jesus on the Cross. This reflects the obsession of Christianity with the Crucifixion . . . “Crosstianity” [in the contemptuous words of one skeptic]. The obsession with ‘our sins’ having been ‘washed away by the Blood of the Lamb’ would be regarded as evidence of a serious mental illness . . . but when this is an obsession of millions of people it becomes ‘religious faith’.”{6}

Wow! Did you know that you, if you are a believer, are part of an insane global crowd? This vividly illustrates the scandal of the cross: “which is to them that are perishing foolishness” as the Apostle Paul described it.{7}

No, biblical sacrifice is not a bloodfest, but the way to deal with a sad reality. Put it this way: If God said, “Nah, don’t worry about rebelling against your Creator,” would that be a just and righteous God? Would a deity who fails to punish wrongdoing be worth following? Would His laws mean anything? Yet, we are unable to keep laws, so He steps in to pay that penalty. With His lifeblood. This storyline is utterly unique in the long human history of religions. And the resurrection Christians celebrate shows its truth in actual time and on this dirty earth.

Pagan myths of savior gods who rise from the dead have only a surface resemblance to the biblical resurrection. Such deities are more like impetuous and tyrannical people than the one and only Yahweh. The biblical God’s love fostered the unthinkable: set up a sacrificial system for a one-of-a-kind people—the Israelites—that served as a foretelling of His *coup de grace*: dying in man’s place as the spotless sacrificial Lamb. What a novel religious idea that only the true God could dream up! Theologian Thomas Oden says it this way: “It was God who was both offering reconciliation and receiving the reconciled.”{8}

God’s merging of perfect holiness, just retributive punishment and allowance of His Son’s execution was actually a beautiful

thing. Francis of Assisi wrote that “love and faithfulness meet together [at the cross]; righteousness and peace kiss each other. Faithfulness springs forth from the earth, and righteousness looks down from heaven.”[\[9\]](#)

But Why a Violent, Bloody Death?

I get that death was demanded of someone to pay for sin. So why a bloody suffering and execution? Why the constant shedding of blood?

Mel Gibson's *The Passion of the Christ* hit movie theaters in 2004 to mixed reviews. It earned its R-rating for gory bloodshed and, ironically, became a cultural scandal itself. Seems that the bloody realism was too much for both soft-core Christians and high-minded unbelievers. But this vividly poignant portrayal of Christ's blood-stained Passion did raise a good question.

When it came to saving mankind, why the shedding of blood? Could God not have found another way? Church Father Athanasius believed that, if there were a better way to preserve human free will and still reconcile rebellious man to a holy God, He would have used it. Apparently, Christ's suffering and death was the only solution.

The Apostle Paul summarized Christ's entire earthly ministry this way: He “humbled Himself and became obedient unto death” (Philippians 2:8). At the cross, “human hate did all the damage it could do to the only Son of God.”[\[10\]](#) God used the realities available to Him, including the masterfully grim method of crucifixion, honed to a fine art by Roman pagans who viewed human life as dispensable.

Again, why is death demanded of God to atone for sin? The grounding for such a claim appears early in the Bible, after the murder of Abel by his brother Cain. In Genesis 9 Yahweh declares, “I will require a reckoning . . . for the life of

man. Whoever sheds the blood of man, by man shall his blood be shed, for God made man in His own image.”{11} Apparently, God has put the price of a man’s life as that of another’s life.

The highlight of Christ’s death was its substitutionary sense. The Apostle Peter wrote, “For Christ also died for sins once for all, the just for the unjust, so that He might bring us to God, having been put to death in the flesh, but made alive in the spirit.”{12} Justice, fairness, reality itself demanded a bloodguilt payment for sin. Christ paid it.

Substitutionary sacrifice was nothing new for the Jews who unwittingly had the Messiah crucified. From the beginning of God’s dealings with His people, agreements were blood covenants. What else could carry the weight of such momentous things? And, as the book of Hebrews teaches, “Indeed, under the law almost everything is purified with blood, and **without the shedding of blood there is no forgiveness of sins.**”{13}

One theologian plainly said, “Through this sacrificial system, the people of Israel were being prepared for the incomparable act of sacrifice that was to come in Jesus Christ.”{14}

His suffering, death and resurrection conquered sin and neutered the fear of death. Only blood could clean sin; only God’s Son’s blood could do it perfectly and forever.

Here’s the scandal we spoke of: only a perfect sacrifice would do for washing mankind’s sins away and reconciling us back to God.

Beautiful Obsession: God Was Glad to Allow This Brutality for Us!

God said it was His pleasure to pay the death penalty with His own self, in the Person of His son. Christianity’s so-called blood-obsession is a beautiful picture of perfect divine love.

Theologian Thomas Oden summarized well our discussion of

Christ's blood atonement. He wrote, "Love was the divine motive; holiness the divine requirement. 'God demonstrates His own love for us in this: While we were still sinners, Christ died for us' (Romans 5:8)."

Such claims trump the understandable disgust of doubters. But the red blood leads to clean white.

Chick-fil-A restaurant employees are trained to say, "My pleasure" when serving customers. Imagine God saying that to believers regarding the cross of Christ! Paul explains in his letter to the Colossian church that "it was the Father's good pleasure for all the fullness of deity to dwell in Him . . . having made peace *through the blood* of His cross . . . He has now reconciled you in His fleshly body through death . . ."[{15}](#)

God was glad to stand in as the essential scapegoat to restore us to right relations with Himself, to buy us back from slavery to sin, fear and death, and to abolish sin and its effects. This doesn't sound like a bloodthirsty tyrannical deity demanding a whipping boy or abusing his own child, as some acidly accuse. "My pleasure" brings in new dimensions of lovingkindness and servant-heartedness.

But wait, there's more! Scripture lists lots of wonderful effects created by the blood of Christ. These include forgiveness, propitiation or satisfaction of God's righteous wrath, justification or being made right, reconciliation with God, cleansing, sanctification, freedom from sin, and the conquest of Satan.

Yes, you could say that Christianity is blood-obsessed. As accused, even its hymns often focus on the benefits bought at the highest of prices: the life of the God-Man Himself. One famous hymn goes:

For my pardon, this I see,
Nothing but the blood of Jesus;

For my cleansing this my plea,
Nothing but the blood of Jesus.

This beautiful blood obsession finds its highest hope in Revelation. The following is a prophecy about persecuted believers:

“These are the ones coming out of the great tribulation. They have *washed their robes and made them white in the blood of the Lamb* . . . For the Lamb in the midst of the throne will be their shepherd, and he will guide them to springs of living water, and God will wipe away every tear from their eyes.”[\[16\]](#)

Maybe the revelations here are as crazy as skeptics say. The foolishness of God. We believe they are the most glorious story ever told.

Notes

1. Promotion at Amazon.com for *Obsessed with Blood: The Crazy Things Christians Believe*, Book 1, by Ex-Preacher.
2. 1 Peter 3:18, NASB.
3. Romans 9:33, 1 Corinthians 1:23, 1 Peter 2:8.
4. John 3:16.
5. Oden, Thomas, *Classic Christianity: A Systematic Theology* (New York: Harper Collins, 1987), 405.
6. Meyer, Peter, “Why I Am Not a Christian”. Serendipity blog. Accessed 2-27-17, www.serendipity.li/eden/why_i_am_not_a_christian.htm.
7. 1 Corinthians 1:18.
8. Ibid., 414.
9. Ibid., 405.
10. Ibid., 389.
11. Genesis 9:4-6.
12. 1 Peter 3:18.
13. Hebrews 9:22-23, emphasis mine.
14. Oden, *Classic Christianity*, 413-414.

15. Colossians 1:19.

16. Revelation 7:14b-17, emphasis mine.

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The Lion, the Witch and the Wardrobe: Reflections on Its Meaning

A Very Brief Overview

With the recent release of the movie *The Lion, the Witch and the Wardrobe*, the public fascination with all things “Narnian” has once again been raised. But what are we to make of this wonderful story? What deeper truths might it contain?

In order to answer these questions, we must begin with a very brief overview of the story. Four children—Peter, Susan, Edmund and Lucy—are evacuated from London to the house of an old professor during World War II. Once there, they soon discover a magic wardrobe that leads to another world! First Lucy, then Lucy and Edmund, and then all four of the children find their way into the enchanted land of Narnia. The country is ruled by the White Witch, who has placed it under a spell so that it’s always winter but never Christmas.

Once in Narnia the children learn of Aslan, the great lion and true king of the country. After a long absence, he’s now returned. He will deal with the Witch, they’re told, and put everything right again. They also learn of an ancient prophecy, that when two Sons of Adam and two Daughters of Eve sit enthroned at the castle of Cair Paravel, then the Witch’s

reign (as well as her life) will be over. It's believed that the time for this must be near, since Aslan and the four children are now in Narnia.

But Edmund threatens to ruin everything. Unbeknownst to the others, on a previous visit to Narnia he'd met the Witch, eaten her food, and come under her power. Although he really knows that the Witch is bad, he nonetheless betrays his siblings, hoping the Witch will one day make him king. Knowing about the prophecy, however, she eventually decides to kill Edmund. But before she can do so, he's rescued by forces loyal to Aslan!

Not to be outdone, the Witch then appears before Aslan, demanding the traitor's life. Aslan acknowledges the validity of the Witch's claim on a now repentant Edmund, but gets her to renounce it by offering to die in his place. The Witch agrees, and that night she slays Aslan on the Stone Table. She believes her rule in Narnia is now assured. But with the rising of the sun, Aslan rises from the dead! He leads his army to victory against the Witch and her forces. After personally dispatching the Witch, he installs the four children as kings and queens of Narnia, thus fulfilling the ancient prophecy.

This, in a nutshell, is the story. But did the author, C. S. Lewis, intend some deeper meaning? And if so, what is it?

The Search for a Deeper Meaning

It seems that Lewis had at least three objectives in writing his famous *Chronicles*. First, he simply wanted to tell a good story. And almost everyone who's read the *Chronicles* will agree that he succeeded admirably here, for they're among the best-loved books of all time. Second, Lewis also aimed at using his stories to communicate moral truth, both by precept and example. In this regard, Paul Ford observes that Lewis is

something of a Christian Aesop. Like Aesop, he's more than *just* a storyteller; he's "also a moral educator."[{1}](#) As Gilbert Meilaender notes:

Lewis . . . believes that moral principles are learned indirectly from others around us, who serve as exemplars. . . . the Chronicles of Narnia . . . are not just good stories . . . they serve to enhance moral education, to build character. . . . To overlook the function of the Chronicles of Narnia in communicating images of proper emotional responses is to miss their connection to Lewis's moral thought.[{2}](#)

Finally, Lewis also purposed to communicate important truths of the Christian faith by translating them into the imaginary landscape of Narnia. But here we must be careful. Lewis insisted that the *Chronicles* should not be read as Christian allegories. Paul Ford observes that in an allegory there are "one-to-one correspondences between philosophical or religious concepts and the characters or events or objects in a story."[{3}](#) The *Chronicles*, said Lewis, are not allegories. They're rather what he called "supposals." He explained the difference in a letter, with special reference to the great lion Aslan:

[Aslan] is an invention giving an imaginary answer to the question, 'What might Christ become like, if there really were a world like Narnia and He chose to be incarnate and die and rise again in that world as He actually has done in ours?' This is not an allegory at all. . . . The incarnation of Christ in another world is mere supposal.[{4}](#)

So while the *Chronicles* should not be read as allegories, it's still quite true that they're informed throughout by Lewis's Christian faith and imagination. They are Christian "supposals"—and Aslan is *supposed* to be what Christ *might* look like if He became incarnate in a land like Narnia.

Having discussed Lewis's purposes in writing the *Chronicles*, and having seen that they do indeed contain a deeper meaning, we're now ready to look more closely at the most famous of these: *The Lion, the Witch and the Wardrobe*.

Temptation and Sin

Two of the major themes developed by Lewis are temptation and sin. By carefully weaving these into his story, Lewis is able to address issues of importance both for basic morality and for the Christian faith.

When Edmund first stumbles into Narnia through the wardrobe, he finds himself alone in a snow-covered wood. Cold, and not much liking the look of the place, he almost decides to go home when he hears the sound of bells in the distance. Shortly thereafter a sleigh comes into view, and in it sits the White Witch.

The Witch stops the sleigh and questions Edmund. She knows of the ancient prophecy that, when two Sons of Adam and two Daughters of Eve sit enthroned at Cair Paravel, then her reign (and life) will be over. When she learns that Edmund is human, she raises her wand as if she intends to turn him into stone. But she changes her mind and with feigned friendliness invites Edmund to sit in her sleigh. She asks if he would like something to eat and Edmund requests Turkish Delight (which she magically produces).

As he devours the sweets, the Witch continues to question him. She learns that he has a brother and two sisters. Together, the siblings could fulfill the prophecy that would spell her doom! But the Turkish Delight is enchanted; whoever tastes it will want more and more. Knowing this, the Witch tempts Edmund. She says that if he will bring his siblings to her house, then she will give him more Turkish Delight—something Edmund desperately wants. She also says that she would like to

make Edmund a prince. And later, when she's gone, he will even be king! So the Witch tempts him by appealing to his desire for power and pleasure.

And it works! Before Edmund returns home, "he [is] already more than half on the side of the Witch."[{5}](#) Later, when all four siblings get into Narnia together, Edmund slips away from the others and goes to betray them to the Witch. His desire for Turkish Delight and to be king leads him to yield to temptation—and sin. It reminds one of what James says in the New Testament: "But each one is tempted when, by his own evil desire, he is dragged away and enticed. Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death" (1:14-15).

Though we might not like to admit it, there's something of Edmund in all of us. Like Edmund, we've all sinned (Rom. 3:23). And unless Someone intervenes who can change both us and our circumstances, then like Edmund we're also doomed to die (Rom. 6:23; Rev. 20:14-15).

Sacrifice and Redemption

Lewis claimed that the idea for his story, *The Lion, the Witch and the Wardrobe*, "all began with a picture of a Faun carrying an umbrella and parcels in a snowy wood." "At first," he wrote, "I had very little idea how the story would go. But then suddenly Aslan came bounding into it. . . . [and] He pulled the whole story together."[{6}](#) It's a good thing He did. For without Aslan the traitorous Edmund would have met a very different fate than that which actually befell him.

You see, Aslan's Father, the great Emperor-Beyond-the-Sea, put some Deep Magic into Narnia at its beginning. The Witch, who accuses Edmund before Aslan, is quite knowledgeable about this Deep Magic. "Every traitor," she insists, "belongs to me as my lawful prey. . . . Unless I have blood as the Law says all

Narnia will . . . perish in fire and water.”[\[7\]](#) Aslan agrees that her claim is valid.

Although it looks like Edmund is as good as dead, Aslan, in a private conversation with the Witch, gets her to renounce her claim on Edmund’s blood. It’s only later that we learn why. The great lion made the Witch an offer she couldn’t refuse. He offered to die in Edmund’s place. True to His word, He arrives that night at the Stone Table and there He is slain by the Witch.

But that’s not the end of the story. Early the next morning, as the sun peers over the horizon, the Stone Table cracks in two and Aslan is raised from the dead. He’s conquered death through an even Deeper Magic, unknown to the Witch. As Aslan explains, “Her knowledge goes back only to the dawn of Time. But if she could have looked . . . into . . . the darkness before Time dawned . . . She would have known that when a willing victim who had committed no treachery was killed in a traitor’s stead, the Table would crack and Death itself would start working backwards.”[\[8\]](#)

It’s a beautiful picture of substitutionary atonement. Aslan willingly lays down His life for the traitorous Edmund, thereby redeeming him from the just demands of the Law. It reminds one of what Christ did for us. Paul told the Galatians, “Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: ‘Cursed is everyone who is hung on a tree’” (Gal. 3:13). Just as Aslan gave up His life for Edmund, so Christ gave up His life for each of us, dying as a substitute in our place so that we might forever share in the life of God!

Reflections on the Movie

As many fans of Lewis’s classic story *The Lion, the Witch and the Wardrobe* have already observed, the movie is really quite

good and well worth seeing. It is a generally faithful rendition of Lewis's beautiful and imaginative original. Indeed the film is really at its best when it adheres most closely to the book. It was reported that at one time another group of filmmakers was planning to produce a very different version of the story. Supposedly their plan was to set Lewis's wonderful children's classic "in present-day Brentwood. Instead of a White Witch wooing young Edmund with Turkish Delight, a cool Californian would win him with cheeseburgers." [\[9\]](#) If this is really true, we can all rejoice that such an absurd retelling of Lewis's famous story never saw the light of day. All those involved with bringing *The Lion, the Witch and the Wardrobe* to the big screen are to be commended for adhering so closely to Lewis's original vision.

But of course no movie is perfect, and *The Lion* is no exception. Possibly two of the biggest disappointments for fans of the book are the diminished role given to some of Lewis's most important dialogue and the diminished importance of the great lion himself. For example, compared to his counterpart in the book, wise old professor Kirke has precious little to say in the movie.

Even more troubling, the extended conversation which the four children have with Mr. and Mrs. Beaver about Aslan lacks many of the Beavers' most important declarations. Unlike the book, the movie never refers to Aslan as "the son of the great Emperor-Beyond-the-Sea." And Mr. Beaver is also denied his famous response to Lucy's question about whether Aslan is actually safe. "Safe?" he asks, "Who said anything about safe? 'Course he isn't safe. But he's good. He's the King, I tell you." [\[10\]](#) Not only was such important dialogue cut, but as Jeffrey Overstreet noted, Aslan's appearances are "painfully brief." He doesn't "have the time onscreen to earn our affection and awe the way we might have hoped." [\[11\]](#)

In spite of such shortcomings, however, the movie still possesses much of the book's magic. What's more, it retains

the crucially important themes of temptation and sin, sacrifice and redemption. Aslan still dies as a substitute for the traitorous Edmund, thereby redeeming him from the just demands of the Law. Finally, as Overstreet observed, "Those who respond to the movie's roar by running to Lewis's book will find Deeper Magic in its pages. Meeting them there, Lewis himself will lead them 'further up, further in'."[\[12\]](#) If the movie leads a new generation of readers to tackle this classic story, then it will indeed have served as a fitting tribute to its author.

Notes

1. Paul F. Ford, "Introduction," in *Companion to Narnia* (San Francisco: Harper, 1994), xxviii.
2. *Gilbert Meilaender, The Taste for the Other* (Grand Rapids: Eerdmans, 1978), 212-13, cited in Ford, *Companion to Narnia*, xxxi.
3. Ford, *Companion to Narnia*, xxv.
4. C. S. Lewis, *Letters of C.S. Lewis*, ed. W.H. Lewis (New York: Harcourt, Brace & World, 1966), 283, cited in Ford, *Companion to Narnia*, xxv-xxvi.
5. C. S. Lewis, *The Lion, the Witch and the Wardrobe* (New York: Collier Books: Macmillan Publishing Co., 1970), 39.
6. C. S. Lewis, *Of Other Worlds*, ed. Walter Hooper (New York: Harcourt Brace & Company, 1966), 42.
7. Lewis, *The Lion, the Witch and the Wardrobe*, 139.
8. *Ibid.*, 159-60.
9. Andrew Coffin, "The Chronicles of Making Narnia," *World*, December 10, 2005, 21.

10. Lewis, *The Lion, the Witch and the Wardrobe*, 75-76.

11. Jeffrey Overstreet, "The Chronicles of Narnia: The Lion, The Witch and The Wardrobe," www.christianitytoday.com/movies/reviews/lionwitchwardrobe.html, posted December 8, 2005.

12. Ibid.

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"Did Christ HAVE to be Deity?"

Greetings Don,

I came across [your website article](#) concerning the deity of Christ and thought I would respond. if you have the time and interest, please entertain some of my thoughts and get back with me if time allows. My questions surround the topic of the necessity of Christ being deity. I accept that He is, but wonder if He MUST be for both the atonement and eternal salvation. What I would like to do is copy the text from my interaction with a good friend yesterday. That way I won't have to rewrite our dialogue. When you have time, please interject if you would. WB is my good friend, a pastor. I am DB.

WB: Your questions about Christ's deity in regards to salvation do sound like the JW's. "God can do it anyway he so

pleases" (even Calvin suggests this as well). If God wanted, he could have made a world without the possibility for sin as well. He can do it any way he pleases, but he has reasons for doing it the way he does.

DB: Yes, he does. But as God, he could do it any number of ways. If you hold to the middle/knowledge position, you would have to agree to this idea, and the idea that he chose the best possible way to redeem mankind. That, in-and-of-itself, doesn't demand that Christ be deity.

WB: The early church fathers reasoned (there, I used the dirty word "reason") that Christ had to be God for our salvation to be effectual. You have heard it before, even from me. Be patient as I explain it again. If I sin against you, how long does the sin remain? Answer: until you forgive me or until you die. Even if I die first, the sin remains as an offense against you.

DB: No problems here at all. I agree wholeheartedly.

WB: If I sin against God, how long does the sin remain? Until he forgives me or until he dies. Since he does not die, and is an infinite being, then the sin is eternal: actually, my sin against him becomes an infinite offense. Now: how can an infinite transgression be forgiven? (I hope we don't have to revisit justification in all of this). Only an infinite being can pay for an infinite sin – only an infinite being can absorb an infinite curse and satisfy the infinite penalty of an infinite crime. Only an infinite being can bear an infinite wrath. If Jesus was a man, his death would have no efficacy.

DB: Here's where questions arise on my part. I agree that my sin is an infinite offense against God. Actually, God is eternal and infinite and we are neither (in the absolute definitions of those terms—i.e. "immeasurable or without beginning or end"). Hence, maybe there is some reservation on my part to claim I, a finite being, can commit an infinite

act. I suppose since we live forever (in glory or judgment), our sins remain always or are cleansed and forgiven always; hence, they are infinite or erased. All that being said (I'm typing out my thoughts), I don't feel it requires that Christ must be deity to be a sufficient sacrifice for my sins. What is required is a perfect sacrifice. If Christ was a created being, one who was higher than angels and who took on the form of man, lived a perfect, sinless life with free will (like Satan but succeeding), his sacrifice would be sufficient. I don't understand how, using reason, it would not. Like us, he would have had a beginning. Like us, free will. Unlike Adam, he did not sin (even if he could have—if he was not deity, this would give even more credence to the example that even though he was a man, he did not sin vs. our position as Trinitarians). As he was sinless, created or not, his perfect example and sacrifice would be sufficient. It seems that if there coexisted TWO forms of deity at the same time, and it was possible for them to sin against each other as does man, then a mediator, who would then have to be deity, would be required. To require deity to be sacrificed for the sins of finite man seems overkill and doesn't pan out in my mind as reasonable. It's certainly plausible, but I don't see how it has to be. Please correct me here. If God requires a perfect sacrifice, Jesus would have been a sufficient sacrifice if God said he was having lived a perfect life (as a perfect man or perfect Adam).

WB: The applicability of Christ's atoning work to us as human beings depends upon the reality of his humanity.

DB: Absolutely.

WB: The efficacy depends upon the genuineness and completeness of his deity. DB: Not if God only requires a perfect, sinless sacrifice vs. the sacrifice of a deity. I still fail to understand why reason disallows this. It seems to me we are predisposed to this position to embrace our view of the trinity vs. the other way around. Reason, in my mind, doesn't

exclude this argument.

WB: The JW's reject this saying that God can do anything he pleases. Okay, why didn't he just let a muskrat die for our sins then? The beauty of the cross is not that we have been redeemed, but that the eternal Holy God was willing to undergo the kenosis (humiliation from glory to earth to servant to criminal to death to tomb).

DB: I agree—that is the beauty of the cross. But if God created for himself a son with free will (much like Satan—and NO, I don't think they were brothers!!!) to be a sacrifice for a lower mankind who despises them both and who hates them, then his suffering and sacrifice on our part for the love of his father, who he could disobey at will, is a lovely story as well. That's just as moving in my mind. If he was deity and couldn't sin (if he was impeccable), we can only glory in his suffering, not his resistance to sin. Again, reason warrants that conclusion.

WB: This reveals God. And it is this that is the centerpiece of the Christian faith (our salvation was the result, and the reason, but the emphasis is on the grand mystery of God himself. (How boring it would be to send someone else to do his dirty work)).

DB: I addressed this above.

Hello _____,

Thanks for your e-mail. Don is overwhelmed with other duties and asked me to respond in his place. I hope you understand.

Since you claim to accept the doctrine of Christ's deity, I will simply assume this is a belief we share. Thus, rather than offering any arguments for this important doctrine, I will simply assume it is true for the purpose of this response.

Let me make just a few points by way of introduction. First, I think you raise an important issue that needs to be carefully considered and discussed. Second, I will have to reply in a somewhat abbreviated fashion, merely outlining what I consider to be some important points. Third, at the time of this writing, I freely admit that I CANNOT offer a conclusive argument that it was necessary for Christ to be God in order to provide an acceptable atonement for the sins of man. However, I want to offer a cumulative case for this position which I think is nonetheless compelling. This will involve both a response to some of your statements, as well as a brief, positive presentation of some evidence which I think makes it at least highly probable that Christ would indeed have to be God to provide an acceptable atonement for our sins. Finally, I offer these thoughts for your consideration since you wrote to Probe requesting a response. Although I have to reply rather quickly because of many other pressing duties, I am also offering a tolerably thoughtful response that I ask you to read carefully.

Please allow me to focus on your statements beginning with the remark, "Here's where questions arise on my part." You state:

"I don't feel it requires that Christ must be deity to be a sufficient sacrifice for my sins. What is required is a perfect sacrifice. If Christ was a created being, one who was higher than angels and who took on the form of man, lived a perfect, sinless life with free will (like Satan but succeeding), his sacrifice would be sufficient. I don't understand how, using reason, it would not."

I wonder HOW you actually KNOW this to be true? Granted, you MAY be right. But HOW do you really KNOW? I note that you appeal to "reason" – a faculty for which I too have great respect – but it's important to remember that reason, like ALL of man's faculties, is fallen. This remark is not intended to denigrate reason. But it's common knowledge that man often

makes errors in reasoning about all sorts of things. Not only that, we often begin our reasoning from false presuppositions, which often results in correctly reasoning to false conclusions. Finally, we almost never have all the essential information which we would need to reason to the right answer – even if we didn't continually commit errors in our reasoning.

I would argue that the question of whether or not it was necessary for Christ to be God in order to provide an acceptable atonement for the sins of man is the sort of question about which it would be quite easy to reason incorrectly. I would also argue that YOU BEAR THE BURDEN OF PROOF here. This is so for the simple reason that Christ was in fact God (as you admit), and the Father did in fact send His Son to be “the propitiation for our sins” (1 JN. 2:2). Since God is a rational moral agent, it seems fair to assume that He had some good reason for actually doing things as He did. Not only this, I think it's fair to ask whether God would have sent His only Son as the sacrifice for our sins if He could have achieved this end in some other way. It is at least odd that God would have sent His only Son to do what a morally perfect creature could just as easily have accomplished. Since God did in fact send His Son, however, you clearly bear the burden of proof in demonstrating that this was, in fact, not necessary. I don't think you can do so. Hence, I think your argument is ultimately unsuccessful.

Let me briefly illustrate this last point from a section of the dialogue between you and your friend:

WB: The applicability of Christ's atoning work to us as human beings depends upon the reality of his humanity. DB: Absolutely. WB: The efficacy depends upon the genuineness and completeness of his deity. DB: Not if God only requires a perfect, sinless sacrifice vs. the sacrifice of a deity. I still fail to understand why reason disallows this. It seems to me we are predisposed to this position to embrace our view

of the trinity vs. the other way around. Reason, in my mind, doesn't exclude this argument."

Concerning your final comments, I would agree that reason, in itself, doesn't necessarily exclude the possibility that God only requires a perfect, sinless sacrifice rather than a Divine one. But remember my comments on "reason" again. Just because human reason cannot exclude the possibility that you mention does not in any way prove that a Divine sacrifice was not necessary! And since you bear the burden of proof here, I must ask you HOW, specifically, you KNOW that God does NOT REQUIRE A DIVINE SACRIFICE? Since this is what God actually did, I would argue that it is more reasonable to believe it was necessary than that it was not. Admittedly, this does not PROVE my argument is true, but I do think it's more reasonable. And I am not obligated to assume the burden of proof here anyway.

I think you make an interesting, and potentially revealing, comment when you write:

"It seems that if there coexisted TWO forms of diety at the same time, and it was possible for them to sin against each other as does man, then a mediator, who would then have to be diety, would be required."

Again, I wonder HOW you KNOW this? Why, specifically, would a Divine mediator be required? Certainly reason does not demand this! Why would any mediator "be required" at all? It's quite possible that the gods could mediate their own dispute, just as two men might do. It's also possible that a man, or a talking raccoon, could serve as a mediator. But here's what's interesting. If your logic is valid, and a god must mediate between gods, why would it not also follow that a God-Man must mediate between God and man?

But here's another point. The example of reconciling two gods

likely involves the reconciliation of equals. But this is not the case when we consider the reconciliation of man to God. Here, the parties are NOT equal. God is the Creator, man is His creation. It seems at least reasonable to believe (and is in fact true, I think) that the Creator may have a particular character which requires that reconciliation be achieved ONLY through a means which is perfectly consistent with all His attributes. And this, of course, may radically limit the means by which such reconciliation can actually be achieved. Again, I personally think it would be odd for the Father to send His only Son to accomplish on behalf of man what a morally perfect creature was capable of. Indeed, you yourself confess:

"To require deity to be sacrificed for the sins of finite man seems overkill and doesn't pan out in my mind as reasonable. It's certainly plausible, but I don't see how it has to be."

But since this is what God actually did, you bear the burden of proof in demonstrating that such a sacrifice was, in fact, overkill! Since God is a rational moral agent, it is at least reasonable to think that a Divine sacrifice may indeed have been NECESSARY. And if it was necessary it cannot, by definition, be overkill.

Let me conclude with two more observations. First, we both agree that Jesus was, in fact, the God-Man. I could easily demonstrate from the Scriptures both that Jesus believed this of Himself and that His disciples believed it as well. But here's the point. Every time that Jesus, or one of His disciples, makes the claim that He is the ONLY way to God there is, at least potentially, an implicit argument that only a God-Man can reconcile man to God! I could quote many verses, but let me offer just a few. When Jesus says to Nicodemus, "As Moses lifted up the serpent in the wilderness, even so MUST THE SON OF MAN BE LIFTED UP; that whoever believes may in Him have eternal life" (JN. 3:14-15, emphasis mine), He is speaking as the God-Man. I admit that it is not necessary to

interpret such a statement as requiring a Divine sacrifice, but it certainly has this potential – and that's something to think about. In other words, since Jesus is the God-Man, He could be implicitly understood as saying that ONLY such a One as He is capable of reconciling man to God. It's the same with many such statements of Jesus (e.g. JN. 14:6, etc.). And Jesus' disciples, who also believed in His deity, repeatedly claim that there is no other way for man to be reconciled to God. For example, in Acts 4:12 Peter declares, "And there is salvation in no one else; for there is no other name under heaven that has been given among men, by which we must be saved." Again, this does not PROVE that a Divine sacrifice was necessary (the burden is yours to show it was not), but it may certainly be read as implying its necessity.

Second, consider this. In Paul's famous verse on substitution, 2 Cor. 5:21, we read: "He (the Father) made Him (the Son) who knew no sin to be sin on our behalf, that we might become the righteousness of God in Him." Luther referred to this as the "Great Exchange." Christ takes our sin on Himself and gives us His righteousness in its place! Now an argument could be made that, in order to be acceptable to God, man must be clothed in His righteousness. If this is so, then it would seem to follow that a Divine substitute was not superfluous, but ESSENTIAL. For how could we become "the righteousness of God" in Christ, unless Christ was actually God? It's reasonable to believe He could only give us God's righteousness if He was, in fact, God. And if such righteousness is essential for our reconciliation to God, then it follows that a Divine substitute would be necessary to achieve this goal. Again, I fully admit that this argument is NOT CONCLUSIVE—it is merely suggestive. But as I've said repeatedly (I'm sure you're sick of it!), you bear the burden of proof – not me. Thus, I think I've offered some good reasons to believe that a Divine sacrifice was indeed necessary and not overkill. I also think I've demonstrated that you're far from proving your own position (if in fact it's actually your position; I'm not

saying it necessarily is).

Wishing you God's richest blessings,

Michael Gleghorn

Probe Ministries

The Meaning of the Cross

Mel Gibson's film 'The Passion of the Christ' has brought the topic of Jesus' suffering and death into the national conversation. Rick Wade explores the meaning of the cross.



This article is also available in [Spanish](#).

A Scandal At the Center

Mel Gibson's *The Passion of the Christ* has created quite a bit of controversy, both inside the church and out. One objection from Christians is that the film is imbalanced for not giving due attention to the resurrection of Jesus. There is at least one reason I disagree. That is because, as theologian Alister McGrath has pointed out, the focus today is primarily on the resurrection, and the cross takes second place.^{1} I recall Carl Henry, the late theologian, noting in the 1980s that the emphasis in evangelicalism had shifted from justification by faith to the new life. We talk often about the positive differences Christianity can make in our lives because of the resurrection. Gibson has forced us to focus on the suffering and death of Christ. And that's a good thing.

Before the foundation of the world, it was established that redemption would be accomplished through Jesus' death (Matt. 25:34; Acts 2:23; Heb. 4:3; 1 Pet. 1:20; Rev. 13:8). Peter

wrote that we were “ransomed . . . with the precious blood of Christ” (1 Pet. 1:18,19). Isaiah 53:5 reads: “But he was wounded for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his stripes we are healed.”

But what a way to save the world! It flies in the face of common sense! From the time of Christ, the crucifixion as the basis of our salvation has been a major problem. “For the message of the cross is foolishness to those who are perishing,” Paul wrote (1 Cor. 1:18a). The Greeks saw the cross as foolishness (literally, “moronic”), for they believed that truth was discovered through wisdom or reason. For the Jews it was a scandal, a stumbling block, for they couldn’t believe God would save through a man accursed. They asked for signs, but instead got a crucified Messiah.

In modern times the cross was a problem because it meant we could not save ourselves through our own ingenuity. In postmodern times, while many young people feel an affinity with Jesus in His suffering, they have a hard time accepting that this is the only way God saves. And the atonement was much more than a simple identification with suffering humanity.

It is easy for us to rush past the cross and focus on the empty tomb in our evangelism. Think about it. How many of us make the cross central in our witness to unbelievers? The new life of the resurrection is a much easier “sell” than the suffering of the cross. We want to present a Gospel that is appealing to the hearer that grabs people’s attention and immediately makes them want it.

In our apologetics, our arguments and evidence must be presented in terms unbelievers understand while yet not letting unbelievers set the standards for us. Paul was an educated man, and he had the opportunity to show off his intellectual abilities with the philosophers in Corinth. But

Paul wouldn't play the game on their turf. He wouldn't rest the Gospel on philosophical speculation as a system of belief more elegant and persuasive than the philosophies of the Greeks. In fact, he unashamedly proclaimed a very unelegant, even repulsive sounding message. He knew the scandal of the cross better than most, but he didn't shy away from it. He made it central.

A key word today among Christians is "relevant." We want a message that is relevant to contemporary society. But in our search for relevance, we can unwittingly let our message be molded by what current fashion considers relevant. We become confused between showing the relevance of the Gospel to our true situation and making the Gospel relevant by shaping it to fit the sensibilities of our neighbors.

Os Guinness had this to say about relevance:

By our uncritical pursuit of relevance we have actually courted irrelevance; by our breathless chase after relevance without a matching commitment to faithfulness, we have become not only unfaithful but irrelevant; by our determined efforts to redefine ourselves in ways that are more compelling to the modern world than are faithful to Christ, we have lost not only our identity but our authority and our relevance. Our crying need is to be faithful as well as relevant.[\[2\]](#)

Guinness doesn't deny the relevance of the Gospel. Indeed, it is part of our task to show how it is of ultimate relevance to our situation as fallen people. If the message of Scripture is true—that we are lost and in need of a salvation we cannot secure on our own—then there is nothing more relevant than the cross of Christ. For that was God's answer to our problem. But it is relevant to our true situation as God sees it, not according to our situation as we see it.

Sin and Guilt in Modern Times

The cross of Christ addresses directly the matter of sin. But

what does that mean? Do people “sin” anymore? What a silly question, you think. But is it? Of course, we all agree that people do things we call “bad”. But what is the nature of this “badness”? Is it really sin? Or, is something “bad” just something inconvenient or harmful to me? Or maybe a simple violation of civil laws? Sin is a word used to describe a violation of God’s holiness and law. While the majority of people in our country still believe in God, the consensus about what makes for right and wrong is that we are the ones to decide that, that there is no transcendent law. If there is no transcendent law, however, what are we to make of guilt? Is there such a thing as objective guilt? What do we make of subjective guilt—of guilt feelings?

As the battles of World War I raged in Europe, P.T. Forsyth reflected on the question of God and evil and the meaning of history. He reviewed the ways people had sought peace and unity and found them all wanting. Reason, basic emotions or sympathies, the fundamental workings of nature, and faith in progress all were found wanting. Turning back in history he could find no “plan of beneficent progress looking up through man’s career.”^{3} Anytime it seemed enlightenment had come, it would be crushed by war. In his own day, World War I dashed the rosy-eyed hopes of progress being voiced. He said, “As we become civilised [sic], we grow in power over everything but ourselves, we grow in everything but power to control our power over everything.”^{4} But what if we looked to the future? Could hope be found there? If the past couldn’t bring in a reign of love and unity, he asked, why should we expect the future to? What is there to make sense of the world we know?

The problem was, and is, a moral one, Forsyth said. “All deep and earnest experience shows us, and not Christianity alone, that the unity of the race lies in its moral centre, its moral crisis, and its moral destiny.” What could possibly deal adequately with the guilt, “the last problem of the race”?^{5}

Is there anything in the history of our race that offers hope?

From the beginning, the church has taught that our fundamental problem is sin, and the cross of Christ provides hope that sin can and will one day be overcome. In modern times, however, the concept of “sin” seems rather quaint, a hold-over from the days of simplistic religious beliefs. Arthur Cushman writes:

The concept of sin is largely outmoded in modern secular thinking because sin implies some form of disobedience against an absolute moral law having to do with man's relationship with God, and not too many people believe any such relationship exists. It would not be the same as social misconduct which has to do with man's relationship to man and is highly relative but obviously cannot be denied. We have reached the point where social custom has displaced the law of God as the point of reference, where mores have replaced morals. [\[6\]](#)

We seem to be caught between two poles. On the one hand, we accept the Darwinist belief in our accidental and even materialistic nature—really no more than organic machines. On the other, we can't rid ourselves of the thought that there's something transcendent about us, something about us which is other than and even greater than our physical bodies which relates to a transcendent realm of some kind. We recognize in ourselves a moral nature that expresses itself through our conscience. In short, we know we do wrong things, and we know others do them, too. The problem is that we don't seem to know the nature and extent of the problem nor its solution. Many believe that there is no God against whom we sin, or if there is a God, He is too loving to hold our mistakes against us.

From a historical perspective, this is quite a turn-about, says Cushman:

Throughout history there has never been a society like our own in which the reality of sin has been so generally

denied. Even in the worst days of the Roman Empire men felt the need to propitiate the gods, not so much because they had an exalted view of the gods but because they had a more realistic view of their own worthiness. It is a curious thing that even some of the cruelest of the Roman Emperors, like Marcus Aurelius, for example, were very conscious of themselves as sinners. We may call it superstition, but it was a testimony to a very real sense of inward unworthiness which was not based on man's relationship to man but rather man's relationship to the gods.{7}

On the other hand, despite the contemporary dismissal of sin, guilt is still a constant presence in the human psyche. Karl Menninger writes:

I believe there is a general sentiment that sin is still with us, by us, and in us—somewhere. We are made vaguely uneasy by this consciousness, this persistent sense of guilt, and we try to relieve it in various ways. We project the blame on to others, we ascribe the responsibility to a group, we offer up scapegoat sacrifices, we perform or partake in dumb-show rituals of penitence and atonement. There is rarely a peccavi [confession of sin or guilt], but there's a feeling.{8}

"This is a phenomenon of our day," writes Cushman: "a burden of guilt but no sense of sin."{9}

But to what is the nature of this guilt? If there is no objective moral law that stands outside and above us all, what is guilt and who is guilty? Who judges us?

In the film, *A Walk on the Moon*, Pearl begins to have an affair with a traveling salesman. Pearl's husband, Marty, is a good man, but a bit of a square. It's 1969; Woodstock is about to make the news. And Pearl, who got pregnant by Marty when she was 17, is feeling a need to experiment, to capture what she missed by having to get married and starting the family life so early. When Pearl's affair is discovered, her husband

is distraught. So is her daughter, Alison, who saw Pearl with her lover at Woodstock behaving like the teenagers around them. She's broken up that her mother might leave them.

But in all that happens following Pearl's confession, there is no mention of her affair being morally wrong. When she confessed, she told Marty she was sorry. Later, she told him she was sorry she'd hurt him. But her deed was at least somewhat excusable because there were things Pearl wanted to try, and her husband was too square, he didn't listen, he made jokes when she tried to suggest experimenting, especially sexually. Even in her interactions with others, there is no mention of her act being morally wrong. When Alison told Pearl she had seen her at Woodstock, her complaint was that she was the teenager, not Pearl (implying it would be okay for Alison to go wild at Woodstock but not Pearl). Pearl's mother-in-law pointed out what the early marriage cost Marty: a college education promised by Marty's boss, who withdrew the offer when Pearl got pregnant. "Do you think you're the only one with dreams that didn't come through?" she asked.

So the affair was understandable given Marty's old-fashioned ways (which he shows to be shedding by switching the radio from a big band station to rock station, and when he's shown dancing to Jimi Hendrix on the stereo). The problem was the hurt Pearl cost a good man and a teenage girl. And that's about all there is to sin and guilt anymore.

According to one modern view, guilt is nature's way of teaching us what not to do in the future that has caused us problems in the past. Dr. Glenn Johnson, clinical psychologist and psychotherapist, said "Guilt seems to be a very primitive mental mechanism that was programmed into us to protect us in the future from mistakes we made in the past." It is a "simple debriefing and rehearsal process that the mind engages in after perceiving that something negative has taken place and has caused painful and/or anxious feelings. . . . By forcing repeated reviews of a painful experience and the behaviors and

elements leading up to it and associated with it, guilt essentially burns into our brains the connection between our behavior and the uncomfortable feelings we feel.”{10}

What can we do about guilt? According to Dr. Johnson, the issue is behavior and what might need to be changed to prevent future problems for us. “When guilt is appropriate,” says Dr. Johnson, “tell yourself that. You might modify intensity with anti-anxiety medications or relaxation exercises—but if the bulk of the guilt feelings are avoided, so will the learning be.” In other words, learn from your mistakes. Inappropriate, excessive guilt, says Dr. Johnson, can be dealt with using “hypnosis, meditation, guided imagery, NLP, Reiki, etc. . . . The focus of the self-help stuff should be on letting one’s self grow from experience,” he says, “trusting in one’s own ability to be a better person, allowing one’s self permission to make mistakes and go through losses, trusting in some form of higher power, etc.”

People come up with all kinds of ways to rid themselves of guilt feelings. One of the strangest I found on the internet, one with a New Age flavor, was Aromatherapy Angelic Bath Kits provided by Guru and Associates Wellness, Inc.{11} All one needs to do is pour some special herbs and oils in the tub, climb in, and read some prescribed meditations to “foster positive thoughts and reinforcements.”{12} One of these kits is a “ritual to clear feelings of guilt.” We’re asked, “Who hasn’t felt guilty in their lives? Who doesn’t still feel guilty about something? There are two kinds of guilt: good guilt and bad guilt. Good guilt is when you have truly done something that you feel remorse for. Bad guilt is for the rest.” The forgiveness kit includes “special mixtures [which] help wash the guilty feeling away.” Notice that “good guilt” has to do with things “you feel remorse for,” not necessarily for things that are truly wrong. It’s your feelings about such things that matter.{13} This may seem silly to you. Who would even bother with such a thing? we wonder. But people do.

Somehow, such remedies don't seem to be working. Maybe it's because we can't rid ourselves of the knowledge Paul said we have by nature: a knowledge of the law written on our hearts (Rom. 2:15).

Sin and Guilt According to God

What does God say about sin and guilt? Briefly put, God has declared us guilty of violating His holy law by our sin and deserving of eternal banishment from His presence. Contrary to current opinion, there is transcendent law that has been broken and for which there must be payment.

Imagine that someone has done something to offend you, and his reaction to your complaint is something like, "Yeah, that really bothered me, too. But I've forgiven myself of that, and I'm fine with it now." This is only a slight caricature of the mentality we all encounter today. The person clearly has missed the point that there was a real, objective violation against you!

The message of the cross is that there is a very real fracture in our relationship with God. We're told in Scripture that there is nothing we can do to make up for what we've done. Is there anything to offer us hope?

There is: the cross of Christ, "the race's historic crisis and turning-point," says Forsyth.[\[14\]](#) The cross dealt with our greatest need, namely, redemption. Humanists of a secular stripe who trumpeted the inevitable progress of humanity saw our fundamental nature as one of ordered process. The truth, though, is that it is "tragic collision and despair." All of man's efforts have been unable to reach down into the depths of our sinfulness and bring about fundamental change. All except that of the God-man Jesus Christ, who attacked the moral problem head on to the point of dying on the cross and came out victorious.

Several understandings of the atonement—what Jesus accomplished on the cross—have been offered through history, and several of them have some truth in them. The key aspect of Christ's cross work was that it satisfied the demand for punishment for our sin. This is called substitutionary atonement: Jesus was substituted for us, so He took the punishment for sin in being separated from God and dying, thus paying the penalty for us. "God made Him who had no sin to be sin for us." (2 Cor. 5:21) Paul wrote to the Romans that "what the law was powerless to do in that it was weakened by the sinful nature, God did by sending his own Son in the likeness of sinful man to be a sin offering." (Romans 8:3) And to the Galatian church he said that "Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: Cursed is everyone who is hung on a tree.'" (Gal. 3:13)

By His death on the cross, Jesus, the one who "knew no sin, became sin for us." This was done because of His love for us: "Christ loved us and gave Himself up for us." (Eph. 5:2; Rom. 5:8) Jesus' sacrifice is appropriated by faith: "It is by grace you have been saved through faith," Paul wrote (Eph. 2:8). By putting our faith in Him, we participate in the payment He made. It counts for those who believe it and who receive Him.

I should note quickly, however, that the reality of our objective guilt isn't dependent upon our subjective guilt. In other words, whether we feel guilty or not, we are. And because we are guilty of violating God's law, we must do more than just forgive ourselves as we're taught today. We must, and may, participate in God's solution through Christ.

The Moral Triumph of the Cross

What I've been talking about is the judicial aspect of the cross work of Christ. Jesus paid the penalty for our sin.

However, this payment isn't to be thought of like making a payment to the utility company for electricity. All that matters is that the money gets there. What it takes to get it there isn't really significant. The cross, by contrast, was a triumph over sin; it was a moral victory in itself. Jesus overcame evil through His perfect obedience and righteousness; "through one act of righteousness there resulted justification of life to all men," Paul wrote (Rom. 5:18). His death on the cross was the capstone of a life of moral victories over sin and Satan.

We're so used to thinking about Jesus as God and as sinless that we don't often think about His obedience. He said and did the things the Father told Him (Jn. 5:19, 30; 8:28). To the Jews he said, "When you have lifted up the Son of Man, then you will know that I am He, and that I do nothing on my own authority, but speak just as the Father taught me" (Jn 8:28). In His high priestly prayer recorded in John 17, Jesus said, "I glorified You on the earth, having accomplished the work which You have given Me to do." (v. 4) Before He gave up His spirit on the cross, Jesus knew that "all things had already been accomplished." (Jn 19:28) He fulfilled the law perfectly (Matt. 5:17), and thus put the basis of our salvation on our faith in him as the one who did so, thus robbing the law of its power to encourage us to sin (cf. Rom. 8:2-4; Gal. 3:13; 1 Cor. 15:55-57). Jesus had defeated Satan; He had not given in to any temptation to not give up His life. He was obedient to death. (Phil. 2:8). And by His obedience He was made perfect or complete and able to be the source of eternal salvation to all who obey Him (Heb. 5:9; see also 2:10; 5:8; and Rom. 5:19).

P.T. Forsyth wrote that the cross "is the moral victory which recovered the universe. The Vindicator has stood on the earth," he said. "It is the eternal victory in history of righteousness, of holiness, of the moral nature and character of God as Love." [\[15\]](#) He continued:

The most anomalous thing, the most poignant and potent crisis that ever happened or can happen in the world, is the death of Christ; the whole issue of warring history is condensed there. Good and evil met there for good and all. And to faith that death is the last word of the holy omnipotence of God.{16}

What is the significance of Jesus' cross work—indeed, His whole life—as a moral victory? Forsyth said that in creating the world, God revealed His omnipotence, His absolute power. In the new creation inaugurated through the cross, He revealed His moral power, His ability to triumph over His worst enemy, Satan, and the sin that infects His creation. God's power has been revealed as "moral majesty, as holy omnipotence" said Forsyth. "The supreme power in the world is not simply the power of a God but of a holy God."{17}

In the cross and resurrection, we see that good can triumph over evil now, and we have the promise that one day that triumph will be complete. Not only us but all of creation will be set free from the bondage of sin (Rom. 8:18-24).

But this isn't just a promise for the future. Because, like Jesus, we have the Spirit living in us, we can live in obedience to God; we can stand firm in the presence of the evil that wages war against us (Heb. 2:14-18; Gal. 2:19-20). The cross bears witness to that.

The secular humanism and new spiritualism of our day have no resources for affecting us so deeply on the moral level. Christianity does—the cross of Christ—and it is this that makes it relevant for our day and for all time.

A Fully-Engaged God

It's easy to think of God as remote from us, as a judge way up there making His laws and wreaking vengeance on anyone who violates them. We hear about the love of God, but how does

love fit in with a God of judgment? And if God does love us, how does He show it? Love comes near; it isn't afraid to get its hands dirty. Is God willing to come near? To get His hands dirty with us?

In the cross of Jesus we see both the judgment of God and His love. Herein lies its beauty. In the cross we find a God who does not stand afar off, but takes on the worst of what His own law requires! He has pronounced judgment, but He so much wants us saved that He is willing to take on the burden of paying for it Himself. "For God so loved the world that He gave His Son," says John (3:16).

In all the brouhaha surrounding the release of Mel Gibson's *The Passion of the Christ*, one complaint heard several times was that a God who would put His Son through that isn't a God to be worshipped.[\[18\]](#) But Jesus did this freely. "No one takes [my life] from me," He said, "but I lay it down of my own accord" (Jn.10:18). And He did this knowing that as He laid His life down, so also would He take it up again (Jn.10:17). For the joy set before Him, He took up the cross (Heb. 12:2).

We wonder if God can reach us in the messiness of our lives. But God is no stranger to mess. The Bible reveals a God who isn't afraid to get dirty, who engages life even with all kinds of difficulties it may bring. This message is appealing in our day especially, to GenXers who have suffered the fallout of the excesses of earlier generations. The optimism Boomers inherited from their parents fizzled out for a lot of their children. Regarding that generation, Tom Beaudoin says this:

I have witnessed a sadness and anger about the generation's suffering and dysfunction, a suffering that—whatever its economic reasons may be—expresses itself in psychological and spiritual crises of meaning. Clothing styles and music videos suggest feelings of rage, with the videos expressing this in apocalyptic images. Despair is common and

occasionally leaps overboard into nihilism. Xers' relation to suffering lays the groundwork for religiousness. . . . Suffering is a catalyst for GenX religiosity.[\[19\]](#)

While they often reject the form of religion their parents embraced, many GenXers have a fascination and respect for Jesus, for his suffering didn't make sense, and yet it was redemptive.[\[20\]](#)

Here the true awesomeness of the cross is made plain. God, who deserves all glory and is so far above us in holiness and purity, became man, and endured horrific torture at the hands of people He created . . . for their benefit! The life and death of Christ make plain that God was willing to roll up his sleeves and engage life on earth fully, even accepting the worst it had to offer.

But, one might wonder, since Christ took on evil and won, shouldn't we be done with suffering? Eventually it will end. In the meantime we, too, learn obedience through what we suffer. If that was Jesus' way of learning, and the servant isn't above his master (Matt. 10:24), can we expect anything else? Furthermore, we mustn't lose sight of the fact that hardship isn't just an inconvenience on the road of discipleship. Redemption wasn't brought about in spite of the cross but through it.[\[21\]](#) Likewise, our growth comes not in spite of hardship but through it.

Someone who has suffered for many years might complain that Jesus' suffering doesn't compare. Jesus' sufferings and resurrection spanned a short period of time. But what He suffered was the experience of the weight of the guilt of the whole world on the shoulders of one who was sinless. It isn't anything new for us to feel guilt; we can become somewhat hardened to it. But Jesus felt it to the fullest extent imaginable. This isn't to mention the hurt of the betrayal of Judas (and to a lesser extent, of Peter). Worse yet, He experienced separation from the Father, the worst thing that

can happen to anyone. Jesus knew suffering.

In the cross and resurrection we see what God has promised to do for us in a compressed timeframe. But what happened to Jesus will happen for all who believe. He suffered . . . and He arose. We suffer . . . and we will rise.

Jesus allowed people to see what God is like. He not only taught truth, he lived it. People could touch Him, and feel Him touch them. They could see how He lived and how He died. The cross was a real, live illustration of love.

In Jesus, people saw goodness and love demonstrated even toward those who persecuted Him. That should be no surprise, because it was just that kind of person Jesus came to die for! Sin was overcome through a love that gave all. This is the meaning and the message of the cross, the message we, too, are to take to our world.

Notes

1. Cf. Alister McGrath, *The Mystery of the Cross* (Grand Rapids: Zondervan, 1988), 28ff.
2. Os Guinness, *Prophetic Untimeliness* (Grand Rapids: Baker Book House, 2003), 15.
3. P.T. Forsyth, *The Justification of God* (London: Independent Press, 1948), 17.
4. Forsyth, 18.
5. Forsyth, 19.
6. Arthur C. Custance, *The Doorway Papers*, vol. 3, *Man in Adam and in Christ* (Grand Rapids; Zondervan, 1975), 267.
7. Custance, 274.
8. Karl Menninger, *Whatever Became of Sin?* (New York: Hawthorn

Books, 1973), 17.

9. Custance, 273.

10. Dr. Glenn Johnson, head-cleaners.com,
www.head-cleaners.com/guilt.htm (February 17, 2004).

11. Guru and Associates Wellness, Inc.,
www.wellnessguru.com/wellness_about.htm (February 17, 2004).

12. Guru and Associates Wellness, Inc.,
www.wellnessguru.com/ritual_package.htm (February 17, 2004).

13. Guru and Associates Wellness, Inc.,
www.wellnessguru.com/rituals_guilt.htm (February 17, 2004).

14. Forsyth, 19.

15. Forsyth, 121.

16. Forsyth, 122.

17. See Forsyth, 123.

18. See for example the comment by Kip Taylor in Susan Hogan/Albach, "The Purpose of the Passion," *The Dallas Morning News*, Feb. 21, 2004, 1G.

19. Tom Beaudoin, *Virtual Faith: The Irreverent Spiritual Question of Generation X* (San Francisco: Jossey-Bass, 1998), 99.

20. Beaudoin, 99.

21. Cf. Alister McGrath, *The Mystery of the Cross* (Grand Rapids: Zondervan, 1988), 30.

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Jesus: Political Martyr or Atoning God?

Introduction

Every Easter season journalists feel obliged to write something relating to Jesus and the passion narratives. This year our paper covered the current struggle many are having over the meaning of Christ's death on the cross. The paper quotes a seminary professor in Atlanta who has observed that more and more of his students are rejecting the traditional view of why Christ died and what His death accomplished. The professor says, "They don't consider Jesus a ransom for sin. They shudder at hymns glorifying the 'power of the blood.' They cringe at calling the day Jesus died Good Friday."[\[1\]](#) Yet even more serious is their rejection of a God who required a human sacrifice in order to forgive people. This version of God simply does not mesh with their views of how a God who "is love" would behave.

Although disturbing, we shouldn't be surprised. Our culture has been moving away from a biblical view of truth and toward the acknowledgment of just one moral duty or virtue, that is—tolerance. This new absolute requires that we be tolerant of every possible faith assumption and moral system except, it seems, the traditional Christian view of God and salvation. It's not that we have new information about the life of Jesus or the reason for His death. As a society we no longer want to hear about a God who is holy and requires satisfaction when His moral order is violated. This view applies the notion "I'm OK, you're OK to God." Maybe if we tolerate Him, even with His outdated notions of holiness, He will tolerate us in our

fallenness.

Was Jesus just a political martyr, or was his death an atonement for sin? What is remarkable is that some individuals who claim to be Christian, who desire seminary training, reject what the Bible teaches about the nature of God and the salvation He has provided in Christ. When cut-off from the Bible, our perception of God can become a mere reflection of our culture's likes and dislikes. Even when the Bible is consulted, it is often interpreted through the lens of absolute tolerance. However, if the necessity of Christ's death for our sins is denied, the Gospel is no longer Good News and Christianity's message of grace is abandoned, leaving us with an ethical system with no basis for forgiveness or reconciliation with God.

Unfortunately, the Bible contains a lot of bad news. It says that because of the Fall we are in bondage to sin and the kingdom of Satan, and that without Christ everyone is separated from God and under His wrath. As a result, we all deserve death and eternal punishment. Why then do we call the biblical message Gospel or good news? How does the death of Christ relate to mankind's precarious condition? How has the church attempted to explain what the death of Christ accomplished? Lets take a deeper look at what theologians call the atonement.

What Did Jesus' Death Accomplish?

As we mentioned earlier, the notion of God requiring a blood sacrifice for sin is becoming less and less palatable to modern tastes. It is not surprising then that many question the idea that the death of Christ was an atoning sacrifice for humanity's sins.

What did the death of Jesus accomplish? As we investigate this issue, we should keep in mind that the answer depends on what one believes to be true concerning the kind of person God the

Father is, who Jesus Christ is, and the current condition of mankind. For instance, if God the Father is not all that upset by sin, or if Jesus was just a good man and no more, the death of Christ might be seen as an encouragement or example to mankind, not as a payment for sin. This, in fact, is the first view of the atonement we will consider.

In the sixteenth century Laelius Socinus taught that the obedience and death of Jesus were part of a perfect life that was pleasing to God and should be seen primarily as an example for the rest of humanity. Socinians rejected the idea of Jesus being a payment for sin. To support this view they point to 1 Peter 2:21 which says "For to this you have been called, because Christ also suffered for you, leaving you an example, that you should follow in His steps." As mentioned earlier, one's view of the atonement depends on his or her view of God and humanity. The Socinians taught that mankind is capable of living in a manner pleasing to God, both morally and spiritually. They accepted the teachings of Pelagius, a 4th century theologian who argued that mankind is able to take the initial steps toward salvation independent of God's help. This Socinian tenet became the foundation of Unitarian thought which rejects the notion of the Trinity as well.

There are a number of passages in the Bible that make the Socinian perspective untenable. Even the passage in 1 Peter 2 works against their view. Jesus was an example for us, but verse 24 adds that, "He Himself bore our sins in His body on the tree, so that we might die to sins and live for righteousness; by his wounds you have been healed." The entire sacrificial system of the Old Testament taught the Jews the need for atonement, a way for God's people to return to a harmonious relationship with God. The annual "Day of Atonement" sacrifice was instituted to cleanse Israel from all of her sins, thus removing God's wrath from the nation. The book of Hebrews teaches that Jesus was the perfect high priest as well as the perfect sacrifice, making the final atonement

for the sins of the people (Hebrews 2:17). Yes, Jesus was an example of a sinless human life, but He was so much more than that.

Views of the Atonement

Many modern day theologians argue that Jesus did no more than die a martyr's death on behalf of the poor and marginalized people of the world. His death was more a political act than a spiritual one. As one scholar writes, "The salvation he brings is a transformation of the social order. . ."^{2} According to this view, Jesus is to be seen as a political figure who challenged the power structures of His day and offered salvation through class warfare and the redistribution of wealth. Needless to say, this has not been the position held by the church for the last two thousand years.

In light of the Socinian theory, that the death of Jesus was merely an example and that salvation comes by living like Jesus lived, a response quickly followed by a man named Hugo Grotius (1583-1645). Where Socinus taught that we were only required to do our best and respond to God's love for salvation, Grotius pictured God differently. Grotius focused on the holiness and righteousness of God, and the fact that this holy God has established a universe governed by moral laws. Sin is defined as a violation of these laws. Sin is not necessarily an attack on the person of God but on the office of ruler that God holds. As ruler, God has the right, but not necessarily the obligation, to punish sin. God can forgive sin and remove humanity's guilt if He so chooses. Grotius held that God did indeed choose to be gracious and yet acted in a manner that teaches the severity of sin. As one theologian has written:

It was in the best interest of humankind for Christ to die. Forgiveness of their sins, if too freely given, would have

resulted in undermining the law's authority and effectiveness. It was necessary to have an atonement which would provide grounds for forgiveness and simultaneously retain the structure of moral government.[\[3\]](#)

Often called the “governmental theory” of the atonement, it argues that the death of Christ was a real offering to God, enabling Him to deal mercifully with mankind. The chief impact of the act was on man, not on God. God didn't need to have His wrath satisfied by blood atonement, but humanity did need to be taught the severity of sin and only an act of great magnitude could accomplish this lesson.

Although this is an interesting approach, it lacks scriptural confirmation. As one critic notes, “We search in vain in Grotius for specific biblical texts setting forth his major point.” Being a lawyer, Grotius was attracted to the Old Testament idea expressed in Isaiah 42:21 which says that God will magnify His law and make it glorious. Fortunately, the New Testament reveals that God had a plan to both maintain His law and provide a gracious plan of substitutional atonement in Christ.

Views of the Atonement

Modern theologians like Dr. Marcus Borg, who teaches at Oregon State University, doubt that Jesus understood His death to be an atonement for sin. He teaches that Jesus was only aware of the political and religious implications of His actions.[\[4\]](#) How does this compare with teaching on this subject down through the centuries?

So far we have considered the historical views of Socinus and Grotius regarding the atonement. Both taught that the death of Christ primarily affected humanity. Socinus argued that Christ gave us a model to follow: a blueprint for living a good life. Grotius taught that Christ's death served to give humanity an

accurate picture of the devastating impact of sin.

One of the earliest views of the atonement was quite different from both of these perspectives. Often called the ransom theory, this teaching was developed by the Church Fathers Origen and Gregory of Nyssa. It was probably the way Augustine thought about the atonement as well, and it was popular until the time of Anselm in the eleventh century (1033-1109).

Origen held that the Bible teaches believers “were bought at a price” (1 Cor. 6:20), and that Jesus told His followers that He was a ransom for many and that His death has delivered us from the dominion of darkness (Mk. 10:45, Col. 1:13). From this he surmised that Christ’s death actually was a payment to Satan, buying, if you will, those held hostage by the fallen angel. Origen argued the death of Christ mostly impacted Satan, paying him off in order to gain the release of his captives. While it is true that we were bought at a price and have been delivered from darkness, the Bible never mentions that sinners owe anything to Satan.

Gregory of Nyssa held that God actually tricked Satan to gain our release. Satan thought he was getting a perfect man to replace the many already in his grasp. Instead God tricked him by wrapping Christ’s humanity around His deity. However, the notion that Jesus was offered primarily as a sacrifice to Satan didn’t fit well with Scripture.

Instead, the Bible often speaks of the need to appease the wrath of God. Romans 3:25 tells us that God presented Jesus as a sacrifice of atonement or a propitiation. The Greek word used here carries that meaning of “a sacrifice that turns away the wrath of God—and thereby makes God propitious (or favorable) towards us.”[\[5\]](#) Hebrews 2:17 states: “For this reason he (Jesus) had to be made like his brothers in every way, in order that he might become a merciful and faithful high priest in service to God, and that he might make atonement for the sins of the people.” 1 John 2:1-2 adds that

Jesus “Speaks to the Father in our defense” and “is the atoning sacrifice for our sins.” The impact of the atonement is not on Satan, but on God the Father.

The Satisfaction Theory

Did he die as a political martyr, having no notion that His death might accomplish something eternally significant? Or did Jesus and His followers assume that his death fulfilled a divine purpose? It is common for modern thinkers to discount the supernatural elements in their explanations of his death. For instance, historian Paula Fredriksen, professor at Boston University, argues that both his arrest and the events that followed probably shocked Jesus.[\[6\]](#) She implies that the death of Jesus and the birth of Christianity are to be thought of and analyzed only at the political or sociological level: that nothing miraculous occurred. This is obviously not the traditional view of the church.

Most evangelical Christians hold to an Anselmic view of the atonement. Anselm (1033-1109) was the archbishop of Canterbury in the twelfth century. He constructed a logical argument that God must, and did, become a man in the person of Jesus Christ because of the necessity of the atonement. According to Anselm, when mankind sinned it took something from God. By rebelling against God’s holiness and failing to recognize the authority that God has to rule, humanity failed to render God His due. Not only have we taken from God what is His, we have injured His reputation and owe compensation.

God must act in a manner consistent with His role of creator and ruler of the cosmos. He cannot arbitrarily choose to ignore a challenge to His authority. We cannot merely pay back or make reparations for our personal sin. Compensation is necessary for the damage done to all creation since the Fall, and this compensation is greater than what our deaths alone would repay: thus the necessity of both the incarnation and the atonement.

The Anselmic view carries with it some important implications.

First, it holds that humanity is unable to satisfy the harm done by sin. God had to act on our behalf or salvation would be impossible.

Second, God's actions show that He is both holy and just, and at the same time a remarkably loving God.

Third, this view highlights the centrality of grace in Christian theology. Each person must accept the infinitely valuable and gracious gift of God's provision for sin because our own efforts to please God will always fall short.

The Anselmic perspective gives believers a great deal of security. We know that it is not our works that earn salvation, but Christ's sacrificial death that paid the price for sin even before we committed our first transgression.

Finally, Christ's death on the cross highlights the horrible price for sin. With this knowledge we should be eternally grateful for what God has done on our behalf.[\[7\]](#)

Notes

1. Susan Hogan-Albach, "Christians struggle with the meaning of the cross," *Dallas Morning News*, Saturday, April 7, 2001, 2G.

2. Ibid., 3G.

3. Millard J. Erickson, *Christian Theology*, (Grand Rapids, MI: Baker Book House, 1985), 790.

4. Hogan-Albach, 3G.

5. Wayne Grudem, *Bible Doctrine*, (Grand Rapids, MI: Zondervan Publishing House, 1999), 254.

6. Hogan-Albach, 3G.

7. Erickson, 822-823.

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False Guilt – Refusing Christ's Atonement

Kerby Anderson provides an insightful look at the important topic of false guilt. He helps us look at the sources of false guilt, it's consequences and the cure in Jesus Christ. If we refuse to fully accept Christ's atonement we can be trapped in false guilt, instead we should embrace His atonement and accept what He did on the cross for us.

Introduction

Have you ever felt guilty? Of course you have, usually because you were indeed guilty. But what about those times when you have feelings of guilt even when you didn't do anything wrong? We would call this false guilt, and that is the subject of this essay.

False guilt usually comes from an overactive conscience. It's that badgering pushing voice that runs you and your self-image into the ground. It nags: "You call this acceptable? You think this is enough? Look at all you've not yet done! Look at all you have done that's not acceptable! Get going!"

You probably know the feeling. You start the day feeling like you are in a hole. You feel like you can never do enough. You

have this overactive sense of duty and can never seem to rest. One person said he “felt more like a human doing than a human being.” Your behavior is driven by a sense of guilt. That is what we will be talking about in these pages.

Much of the material for this discussion is taken from the book entitled *False Guilt* by Steve Shores. His goal is to help you determine if you (1) have an overactive conscience and (2) are driven by false guilt. If these are problem areas for you, he provides practical solutions so you can break the cycle of false guilt. I recommend his book especially if you can recognize yourself in some of the material we cover in this essay.

In his book, Steve Shores poses three sets of questions, each with some explanation. An affirmative answer to any or all of these questions may indicate that you struggle with false guilt and an overactive conscience.

1. Do you ever feel like this: “Something is wrong with me. There is some stain on me, or something badly flawed that I can neither scrub out nor repair”? Does this feeling persist even though you have become a Christian?

2. Is Thanksgiving sort of a difficult time of year for you? Do you find it hard to muster up the Norman Rockwell spirit—you know... Mom and Dad and grandparents and kids all seated around mounds of food? Dad is carving the turkey with a sure and gentle expression on his face, and everyone looks so...well, so thankful? Do you find yourself, at any time of the year, dutifully thanking or praising God without much passion?

3. How big is your dance floor? What I mean is, How much freedom do you have? Do you feel confined by Christianity? To you, is it mainly a set of restrictions? Is it primarily a source of limits: don't do this, and don't do that? Does your Christianity have more to do with walls than with windows? Is it a place of narrowness or a place where light and air and

liberty pour in?

Usually a person driven by false guilt is afraid of freedom because in every act of freedom is the possibility of offending someone. Offending someone is unacceptable. Other people are seen as pipelines of approval. If they're offended, the pipeline shuts down.

False guilt, along with an overactive conscience, is a hard master. As we turn now to look at the causes and the cures for false guilt, we hope to explain how to break down the confining walls and tiresome chains that may have kept you or a loved one in bondage to false guilt.

The Source of False Guilt

Next, I would like to focus on the source of false guilt: an overactive conscience. What is an overactive conscience? How does it function? Steve Shores says, "The mission of a person's overactive conscience is to attract the expectations of others."

Imagine a light bulb glowing brightly on a warm summer's night. What do you see in your mind's eye? Bugs. Bugs of every variety are attracted to that light. The light bulb serves as a magnet for these insects. Imagine that light is an overactive conscience. The expectations of others are the "bugs" that are attracted to the "light" of an overactive conscience.

Now imagine a light bulb burning inside a screened porch. The bugs are still attracted, but they bounce off the screen. The overactive conscience has no screen. But it is more than that. The overactive conscience doesn't want a screen. The more "bugs" the better. Why? Because the whole purpose is to meet expectations in order to gain approval and fill up the emptiness of the soul. This is an overactive conscience, a light bulb with lots of bugs and no screen.

A key to understanding the overactive conscience is the word "active." Someone with false guilt has a conscience that is always on the go. False guilt makes a person restless, continually looking for a rule to be kept, a scruple to observe, an expectation to be fulfilled, or a way to be an asset to a person or a group.

The idea of being an asset is a crucial point. When I am an asset, then I am a "good" person and life works pretty well. When I fear I've let someone down, then I am a liability. My life falls apart, and I will work hard to win my way back into the favor of others.

So an overactive conscience is like a magnet for expectations. These expectations come from oneself, parents (whether alive or not), friends, bosses, peers, God, or distorted images of God. False guilt makes the overactive conscience voracious for expectations. False guilt is always looking for people to please and rules to be kept.

An overactive conscience is also seeking to keep the "carrot" of acceptance just out of reach. This "carrot" includes self-acceptance and acceptance from others and from God. The guilt-ridden conscience continually says, "Your efforts are not good enough. You must keep trying because, even if your attempts don't measure up, the trying itself counts as something."

For that reason, an overactive conscience is not happy at rest. Though rest is the birthright of the Christian, relaxing is just too dangerous, i.e., relaxing might bring down my guard, and I might miss signs of rejection. Besides, acceptance is conditional, and I must continually prove my worthiness to others. I can never be a liability if I am to expect acceptance to continue. It is hard to relax because I must be ever fearful of letting someone down and must constantly work to gain acceptance.

In summary, a person with false guilt and an overactive

conscience spends much of his or her life worn out. Unrelenting efforts to meet the expectations of others can have some very negative consequences.

The Consequences of False Guilt

Now I would like to focus on the consequences of false guilt. An overactive conscience can keep you in a state of constant uncertainty. You never know if you measure up. You never know if you have arrived or not. You are always on the alert. According to Steve Shores there are a number of major consequences of false guilt.

The first consequence he calls “striving without arriving.” In essence, there is no hope in the system set up by the overactive conscience. You must always try harder, but you never cross the finish line. You seem to merely go in circles. Or perhaps it would be better to say you go in a spiral, as in a downward spiral. Life is a perpetual treadmill. You work hard and strive, but you never arrive. Life is hard work and frustration with little or no satisfaction.

The second consequence is “constant vigilance.” The overactive conscience produces constant self-monitoring. You are constantly asking if you are being an asset to other people and to God. You are constantly evaluating and even doubting your performance. And you never allow yourself to be a liability to the group or to any particular individual.

A third consequence is “taking the pack mule approach to life.” An overactive conscience involves a lifelong ordeal in which you attempt to pass a demanding test and thus reveal your worth. The test consists of accumulating enough evidences of goodness to escape the accusation that you are worthless. For the guilt-ridden person, this test involves taking on more duties, more responsibilities, more roles. As the burdens pile higher and higher, you become a beast of burden, a “pack mule” who takes on more responsibility than is healthy or necessary.

Just as there is no forward progress (e.g., “striving without arriving”), so there is also an ever-increasing sense of burden. Each day demands a fresh validation of worthiness. There is never a time when you can honestly say, “that’s enough.”

Finally, the most devastating consequence of false guilt is its effect not just on individuals but the body of Christ. Christians who struggle with an overactive conscience can produce weak, hollow, compliant believers in the church. They are long on conformity and short on passion and substance. They go to church not because they crave fellowship, but because they want to display compliance. They study God’s word not so much out of a desire to grow spiritually, but because that is what good Christians are supposed to do. We do what we do in order to “fit in” or comply with the rules of Christianity.

Steve Shores says that the central question of church becomes, “Do I look and act enough like those around me to fit in and be accepted?” Instead we should be asking, “Regardless of how I look and act, am I passionately worshiping God, deeply thirsting for Him, and allowing Him to change my relationships so that I love others in a way that reflects the disruptive sacrifice of Christ?”

The Continuation of False Guilt

Next, I would like to talk about why people continue to feel false guilt even though they know they are forgiven. After all, if Christ paid the penalty for our sins, why do some Christians still have an overactive conscience and continue to feel guilt so acutely? Part of the compulsion comes from feeling the noose of false guilt tighten around our necks so that we panic and fail to think rationally about our situation.

Steve Shores uses the example of a death-row inmate who has

just learned of an eleventh-hour stay of execution. He has just been pardoned, but his body and emotions don't feel like it. He has been "sitting in the electric chair, sweaty-palmed and nauseated, when the wall phone rings with the news of the reprieve." He may feel relief, but the feeling of relief is not total. He is only off the hook for awhile. He will still return to his cell.

The person with a overactive conscience lives in that death-row cell. The reprieve comes from responding to that guilt-driven voice in his conscience. For Bill it manifested itself in a compulsive need to serve others. If he were asked to teach AWANA or to teach a Sunday school class, he would have great difficulty saying "No." He had to say "Yes" or else he would feel the noose of false guilt tighten around his neck.

Bill's comments were sad but illuminating. He said: "I felt as though not teaching the class would confirm that I am a liability. The disappointment...would inflict shame I felt as a boy. Disappointing others always meant that there would be some sort of trial to decide whether I really belonged in the family."

He went on to tell of the time he made a "C" on his report card (the rest of the grades were "A's" and "B's"). His father lectured him unmercifully. At one point, his father declared that "it was Communist to bring home such a bad grade." Bill didn't know what a Communist was or what Communism had to do with bad grades. But he did understand that if he didn't bring home good grades he was unworthy.

Bill even remembered the six agonizing weeks until the next report card. When it arrived he received five "A's" and one "B." What was his father's response? Was it delight? Was it an apology for his previous comments? Not at all. His father merely said, "That's more like it." The reprieve was halfhearted and temporary.

In essence, false guilt is a stern warden that may give a temporary reprieve but is always ready to call upon you to prove your worthiness once again. We may know that Christ died for our sins. We may know that our sins are forgiven. We may know that we have value and dignity because we are created in God's image. But we may feel unworthy and feel as if we must prove ourselves at a moment's notice.

The key, as we will see in the next section, is to embrace Christ's atonement rather than our own. We must not only know that we are forgiven through Jesus Christ, but act upon that reality so that we live a life through grace rather than legalism.

A Cure for False Guilt

Finally, I would like to conclude by talking about Christ's atonement for us. If we are to break the chain of false guilt, then we must embrace Christ's atonement rather than our own. Although that statement may seem obvious, it is difficult for someone with an overactive conscience to truly embrace emotionally. For such a person, perfection is the means of achieving salvation. If I can be perfect, then I will no longer feel shame, and I will no longer feel guilt. This is the personal atonement that someone with false guilt often is seeking.

The Bible clearly teaches that Christ's atonement was for our sins. Sin is "any attitude, belief, or action that constitutes rebellion against or transgression of God's character." Clearly sinful man is incapable of making restitution because our best works are as filthy rags before a holy and omnipotent God (Isaiah 64:6). Our atonement must be made by someone with clean hands and a sinless life. Christ, of course, fulfilled that requirement and died in our place for our sins.

Nevertheless, someone with false guilt seeks a form of self-atonement. Why? Well, there are at least two reasons:

indiscriminate shame and doubt about the character of God. The first is indiscriminate shame. We should feel guilty and we should feel shame for sinful behavior. The problem comes when we feel guilt and shame even when a sinful action or attitude is not present. Steve Shores believes that the “weeds of shame” can begin to sprout even when we have a legitimate need. We then tend to use the machete of false guilt to trim these weeds back. We say, “If I can do enough things right, I can control this and no one will know how bad and weak I am.” This performance-oriented lifestyle is a way of hacking at the weeds that grow in the soil of illegitimate shame.

The second reason for false guilt is a stubborn propensity to doubt the character of God. Many Christian psychologists and counselors have argued that the reason we may question our Heavenly Father’s character is because we question our earthly father’s character. And for those who have been abused or neglected by their fathers, this is an adequate explanation. But we even see in the Garden of Eden, Adam and Eve doubting God and they did not even have earthly fathers. So I believe it is more accurate to say that our sin nature (not our family of origin) has a lot to do with our tendency to doubt God’s character.

This is manifested by two tendencies: blaming and hiding. When we feel false guilt, we tend to want to blame others or blame ourselves. If we blame others, we manifest a critical spirit. If we blame ourselves, we feel unworthy and don’t want others to see us as we are and we hide emotionally from others. The solution is for us to embrace Christ’s atonement and accept what He did on the cross for us. Christ died once for all (Romans 6:10) that we might have everlasting life and freedom from guilt and the bondage to sin.

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