# Trusting God on the Other Side of Bizarre

In my last blog post, <u>Trusting God in the Bizarre</u>," I shared how a diagnosis of tongue cancer had blown up my world and how I was wrestling with <u>my fear</u>—again—of pain and suffering.

It has now been 11 weeks since a surgeon removed a third of my tongue. I am still healing, both my tongue and my neck, from which he removed 20 lymph nodes—which were cancer free. I still thank the Lord for that graciousness. My speech is no longer impaired although it *is* affected. I sound like I have a cough drop in my mouth when I talk, and the "s" sound is still a challenge.

Let me share with you what "Trusting God in the Bizarre" looks like on the other side of surgery.

I continue to believe that this cancer is a form of spiritual warfare, and it was a very personal attack as retaliation for continually speaking out about the goodness of God's design for sex, gender, and sexuality. According to Ephesians 6:13, the outcome of successful spiritual warfare is to just stay standing. ("[W]hen the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.") I dug in my heels, so to speak, and determined to keep standing in the goodness of God, not allowing the enemy to knock me down. And to keep standing in my trust of His sovereignty, that a good and loving God is in control. As I praised Him for using pain as a sculpting tool to shape me like Jesus, my heart of thanksgiving repelled the enemy, for the Lord abides in the praise of His people (Psalm 22:3). I love the image of the God of light dwelling in the heart of the believer, because darkness cannot stand before light. It has to flee. And so did the enemy, as I thanked and praised God for His lovingkindness to me.

Before the surgery, I was pretty much terrified of the physically torturing pain that never came—a source of wonder and deep thanksgiving. What I was not prepared for was the emotional pain of soul-wrenching loss. The grief of losing my life before the surgery; the grief of losing a body part; the grief of losing my clear speech, which I had always taken for granted. In the first couple of weeks, my husband Ray told people at church, "She almost never smiles anymore," and when I did, it was lopsided, still affected by the surgery, the numbness, the cut nerves.

I journaled, I am depressed and sad and grieving and unhappy and feeling crummy. My life is not lost, it's put on hold. . . . STUPID HARD. That's my phrase for this. And the shock of it shows I'm blessed by how beautiful my life has been up to this point.

For two of those early post-op days I was deep in the weeds of grief, exhausted from frequent tears that came unbidden. Instead of a tissue box, I kept a stack of napkins next to my recliner and it was amazing how many I went through. Then the third day, I received such moving encouragement via texts from my son in California that tears of gratitude and appreciation flowed. I actually started to feel dehydrated from the crying. When the fourth day proved to be tear-free, I was amazed by how much energy I had! What a poignant reminder of how exhausting tears are, and why people overtaken by tears need to be given extra-large doses of grace and compassion.

Before my surgery, I asked God to give me a handle to hang onto when I woke up and then afterwards, and He gave me this: "Be a window." I journaled, A window doesn't work at being transparent and clear, just as a branch doesn't work at receiving the life of the vine. I just need to ABIDE. I will have the IV right there as a visual reminder to be "actively passive" in receiving the Lord's life and letting Him shine through me.

Wincing internally because of my speech, I kept using the phrase, "I'm not ready for prime time," but the Lord showed me that oh yes it is. I noticed that when people knew about my tongue cancer surgery, they were able to understand me easily, not like strangers who didn't know and would ask me to repeat myself. He impressed on me that I am in a window of time, ever-closing as I slowly heal, where people are listening more closely to me than ever before. I don't know if God is anointing me, or if He's anointing the ears of people I'm talking to, but something special is happening.

When I realized that rather than putting my life on pause, waiting for "prime time," I am in a limited-time window of blessing, I prayed, "Please don't let me miss any opportunity You are opening for whatever You want to do through me?" Various doors opened to speak or teach—at church, at a women's luncheon, in a couple of classes at a Christian high school—and when I am able to share about recovering from tongue cancer surgery, people listen extra hard.

So the first direction I got from God was, "Be a window." Now that's been expanded to, "Be a window IN this window."

Before the pathology report for my lymph nodes came back clear, I wrote:

I have been begging God for no cancer in the lymph nodes, but what if He says no? What if my path goes into the radiology unit?

God is good even when there is cancer. He loves me even if He has given a green light to more cancer. If He says yes to lymph nodes then He has a plan for me to bring glory to Himself through me, through my response. He will show others what the response of faithfulness and trust looks like, as I seek to "be a window." Lord, give me direction and wisdom in how to show YOU off without showing ME off. You know—oh, how You know!!—how I struggle with pride. I want to be the best

example of a faithful suffering Christian—but I don't want to suffer to do it! Thank You for using this trial to make me more like Jesus. Thank You that I will look back on this "light and momentary affliction" (2 Corinthians 4:17) and think, "TOTALLY WORTH IT!!" Thank You that this is how I glory in my suffering (Romans 5:3)—by focusing on You and on what is true, and not the pain. Just as Peter needed to focus on You and not the storm when he walked on water.

I recorded several videos for social media to give updates on how I was healing and how I was sounding. In this one, I was transparent about the fact that sometimes I have a hard time with the "s" sound. But it struck me that there is more value in people seeing the Spirit-enabled grace of self-acceptance in the face of loss, than if my speech were unaffected in the first place.

https://www.facebook.com/559034244/videos/1924001134618178/

Several people have asked, "What do you think God wanted you to learn from this trial?"

I honestly don't think it's about gaining more information about God or learning more life lessons. I think it's about building my character and perseverance. I think it's about growing my roots deeper in my dependence on Christ and maturing me spiritually, to make me more like Him. That's the spiritual fruit that the Lord wants to see His people bear, I think.

I'll keep you posted. \*still a little lop-sided smile\*

This blog post originally appeared at <a href="https://blogs.bible.org/trusting-god-on-the-other-side-of-biza">https://blogs.bible.org/trusting-god-on-the-other-side-of-biza</a> <a href="mailto:rre/">rre/</a> on March 22, 2023.

## Trusting God in the Bizarre

I have tongue cancer. Bizarre, right? I'm not male, nor do I engage in the particularly bad combination of both smoking and drinking, which are the big markers for this nasty invasion. In two weeks I am scheduled for surgery to remove the cancer by cutting out a big chunk of my tongue—which is a particular challenge and sadness for a professional speaker.

One of the things I have discovered is that, even without any drugs, the weight of this diagnosis and the upcoming difficult surgery and recovery has consumed a lot of my mental and emotional energy. Everything in my life has taken a back seat to this crisis.

Let me share some observations from my "Cancer Journey" journal, in no thought-through order because . . . see the above paragraph.

The oral surgeon who biopsied my tongue is a dear believer from church. When he delivered the bad news to me with amazing tenderness and gentleness, he was "Jesus with skin on" to me. I truly sensed the Lord was telling me through my doctor-now-friend that He was allowing this challenge that was going to be hard, and a lot of work, but He is with me. I was so blessed to be able to freely respond by asking, "Would you please pray for me?" And he did. The first of many, many prayers I have received.

Years ago, when an older friend got breast cancer, I asked her if she struggled with anger at God for letting this bad thing happen to her. She said, "Oh no! God has been so faithful and so good to me all these years of walking with Him, I know that He is allowing this for a reason. I trust Him." And that's why she didn't ask the "Why me?" question, either: living in a

fallen world, why NOT her? At that time, I prayed, "Lord, I will continue to ask that You spare me from cancer, but if You don't, I am pre-deciding to respond the way Delores did." So I didn't have to work out my response when the diagnosis came.

My primary care doctor told me a long time ago to stop diagnosing myself; I'm never right. (And not to consult with Dr. Google either.) But that's what I had done concerning the soreness on the side of my tongue that has lingered for months. Two dentists advised me to see an oral surgeon and possibly get it biopsied, but I was so sure it couldn't be cancer that I dragged my feet following through. I am fully repenting of "leaning on my own understanding" (Proverbs 3:5) and diagnosing myself. And I now have a fuller understanding of why self-sufficiency is a sin . . . and I'm repenting of that too.

Early in this cancer journey, Jesus spoke to my heart through Revelation 2:10—"Do not fear what you are about to suffer." I know He was addressing the church in Smyrna with that verse, but He pretty much burned it into MY heart when I read it one morning. He knew that, being a pain weenie, I was going to struggle with fear. I have to keep reminding myself of what to do with my fear: Psalm 53:6 says, "When I am afraid, I will trust in You." And in these days of Advent, I get to be reminded frequently through Christmas music that Jesus is Immanuel, "God with us." I need to trust Him; I need to trust IN Him; I need to recall Isaiah 43:1-5, where He says, "Don't be afraid, for I am with you." Just like I used to soothe my frightened children when they were small with, "It's OK, it's OK, Mommy's with you."

One night as I prepared for bed and took my evening medication and supplements, I realized that taking oral pain meds post-surgery is going to be a challenge with a crippled tongue. Then I realized that I am going to be losing a body part, and I need to grieve that. The next morning, on the phone with our church's women's pastor who was checking on me, I shared about

this realization. As she prayed for me, choked up with compassion, my tears started to fall. The moment I hung up, great heaving sobs overtook me. And I grieved.

(As hard as it was on me, losing a body part because of disease, I also cried out of anger that the enemy has deceived so many people, especially young people, into thinking that they would be happy if they would just have perfectly healthy body parts amputated. I cried out of compassion for their inevitable double grief of not only losing a healthy body part, but the eventual realization that they were lied to about what would fix everything in their thoughts and feelings. And that evil spirits laugh at their pain.)

Instead of a women's Christmas Coffee at church, we were blessed to have 25 hostesses open their homes in multiple cities and multiple zip codes for 25 teachers to share the same basic message that each of us made our own. In my final point, about abiding in Christ, I was able to hold up an IV bag and tubing to illustrate what abiding is like: Jesus said He is the vine, we are the branches. Our job as branches is to stay connected so His "supernatural sap" can flow into us. Just like when we're hooked up to an IV, our job is to stay connected. I asked my hostess's husband to record that part of my message as well as my application about abiding in Christ as I wrestle with this cancer. I was able to edit it down to 6 minutes and post it on Facebook with a request for prayer.

### https://www.facebook.com/559034244/videos/703017111419005/

Now on my own Facebook feed, I see a very limited number of people's posts. But somehow (cue God to show up) my post made it to hundreds of people's feeds, and 400+ comments and over 3600 views of the video later, I am being prayed for—a LOT! Thank You Lord!

And I need the prayers. I think the cancer is spiritual warfare that God is allowing for His glory and my good. And

for other people's good as well, though I may never see it on this side of eternity. One of my friends said, "You are outspoken and the enemy wants to silence you. What better way than to go after your tongue?" On top of the attack on my body, I've also wrestled at times with fear about the pain. I think it's a spirit of fear. (I've been here before: see my blog post "I'm Scared, Lord.")

But God . . . because He loves me . . . just gave me a connection on Facebook with a young lady who is not only recovering from the same tongue cancer surgery, it was done by the same surgeon as mine! She has encouraged and reassured me about the pain management. We look forward to meeting face to face soon. That is a Christmas gift from the Lord, and it's part of His answer to the prayers of many people.

I have been in this place of experiencing peace from the prayers of God's people before. My last trip to Belarus, before I lost the ability to walk, I posted a request for people to pray daily for me for "stair grace." There are few elevators in Belarus, and the building where we were staying and teaching had two flights of stairs I had to climb several times a day. I asked for 10 people to pray, and 70 promised they would support me through prayer. And boy did they ever. It was amazing how easy it was to go up and down stairs for almost two weeks.

Until the last day, on my last stair climb, when I sensed the Lord telling me, "I have been answering your friends' prayers for stair grace all this trip. Now I'm going to remove the grace so you can experience what it would have been like without the enabling grace." And. It. Was. HARD!!! I was sore, I was out of breath, my polio leg yelled at me. So I know the huge difference prayer makes, and I am so grateful for the prayer support I've already received. I am desperate for the prayers of God's people!

<u>The story continues</u> . . . in God's loving hands. . . as I

continue to trust Him in the bizarre.

This blog post originally appeared at

## Pain: God's Just-Right Tool

I wrote this blog post on May 7, 2012. When I ran it again almost five years later, I added this introduction:

Not quite five years ago, when I originally wrote this, I had no idea that by this point, I would hardly be walking, using a scooter 95% of the time and unable to move without a walker for the rest. Pain and serious weakness are my daily companions. As I noticed the counts on my most popular blog posts and discovered this one among the top, I am grateful that the wisdom God gave me five years ago is even more true today. And I am grateful that I can even minister to myself.

It's now almost ten years later, and I certainly had no idea that by THIS point, the Lord would have so incredibly graciously allowed me to have had both hips replaced so that I live free from pain. Never, ever saw that coming. But I also know that this is a sweet but temporary season, as I keep getting older and the late effects of polio continue to threaten. So I live with a deep sense of gratitude for this season of respite, knowing that any point I may be forced to re-enter the place of pain.

"You know, you're like the Martha Stewart of kitchen gadgets and tools," my friend observed as she unloaded our dishwasher.

"You've got stuff I never knew existed."



I really do like having just-right tools. I only use my cherry pitter during cherry season, but it's perfect for the job. I don't use my electric knife sharpener every day, but when I do pull it out to put a finely honed edge on a knife, it brings joy to my culinary tasks. I love being able to chop up nuts in my food chopper in no time flat—and no mess. Tools like these are a reason I enjoy cooking and baking.

Once as I was using a razor blade holder to scrape paint off the windows on our garage door, I said, "Thanks, Lord, for the blessing of a just-right tool." I sensed Him say, "Do you think it's any different for Me? I enjoy having the just-right tool in My hand as well." At the time I got the impression He was talking about using us as instruments of grace and blessing in His hand, but lately I've become aware of a different kind of just-right tool in God's hand.

#### Pain.

Physical pain, emotional pain, the pain of trials and suffering of all kinds. Pain is an incredibly effective tool to achieve God's purposes in our lives: transforming His children into the image of His Son Jesus, tearing down strongholds that keep us from being all that He made us to be, restoring what was lost in the Fall.



Since God has no magic wand and no Easy button (that's only for Staples commercials), He has to use other means to accomplish the considerable task of changing people who are far more broken and messy and less than we were created to be, into the people He intended us to be from the beginning.

Some of the just-right tools I have personally seen in God's hands:

George and Pam (not their real names) found the wheels coming off their lives when they learned their middle-schooler was doing drugs, followed shortly by dealing them. Though they were faithful church attenders, neither of them actually knew Jesus. They were directed to a grace-drenched, gospel-preaching church where they both trusted Christ and everything changed. George told me recently that as he had learned, "Suffering keeps us from the delusion of self-sufficiency. This delusion was my main problem. When the sufferings of my failure as a husband, father and man became crushing, I surrendered." They are now leaders in several ministries at their church.

Jennifer Clouse's second battle with cancer, which she shares generously via her <u>blog</u> and her friendships with about a gazillion people. Jen is teaching many people what the grace of humor looks like from inside a cancer diagnosis that moves her closer to heaven every day. Her ability to see God in everything is as instructive as when she stood before women teaching the Word. (Note: Jennifer has been with the Lord since 2016.)

Barbara Baker is a missionary in Mexico whose desire to minister to people is far greater than her body's ability to support it. As her frailty and weakness grows, so do her limitations. When Ray and I visited Barbara and Jonathan in Puebla last year, I saw what happens when the diameter of a spotlight is reduced; it becomes like a laser! Barbara's physical limitations mean that the things she *is* able to participate in are that much more valuable, that much more grace-filled. Her light is that much more concentrated.

**Holly Loughlin** has been fighting Cystic Fibrosis her whole life, which has now reached what used to be the upper limit for CF patients. On her most recent hospitalization, she started daily <u>blogging</u> what life was like for her, and I absolutely loved what she wrote on Day 10:

"The Lord is always in the business of redeeming. Sometimes I see that so clearly here. Everyone gushes about what a great CF patient I am and they are all eager to introduce me other CFers who are struggling because of my hope and outlook and work ethic. But, I wasn't always like this. I went through 3 really rough years where I refused to do anything that had anything to do with CF. I didn't take any pills, do any treatments, or even eat the way I was supposed to. All of those things felt like chains that held me at the mercy of CF. I suffered needlessly and went in the hospital many more times than was actually necessary during those years, but the Lord was gracious and allowed me to survive it. Somewhere around the time I went off to UNT at 18 I realized that CF wasn't something I was going to be able to escape, no matter how I lived and that I had been given a specific set of tools that, if anything could, would help me achieve the goals and dreams I had for my life. I realized that eating, sleeping, doing my treatments and taking my pills were the things that were going to give me the best shot at having a great life.

"I had no idea then how great my life was going to be one

day. Some of my dreams didn't come true. I had to give them up because my body just wouldn't accomplish them no matter what I did, but the Lord was so gracious to give me new dreams, better dreams. And here I am 20 years later with the best husband anyone could dream up, a daughter more amazing than I could ever have imagined, and a lot of life still ahead of me. That's our God. He loves to gives His children good gifts. He loves to be called upon. He loves to surprise us when we least expect it. And I'm thankful that He is even now using the folly of those years so long ago to reach out and give hope and encouragement to others.

"I could never have imagined that I would be sitting up in the hospital at this age being the go-to person for giving hope, love, and light to people who are as lost in the weeds of CF now as I was then. I'm so thankful that the Lord has let me live to see this, to be this. I know how much I would've given to have had someone for me like I am able to be for these folks."

**Daniel and Kelly Crawford** received the devastating news that their unborn son Abel had Trisomy18, a genetic condition incompatible with life. Shortly after he was born, they wrote on their <u>blog</u>,

"[W]e've been living in this challenging tension since last July... a total inability to control or manipulate an outcome, which forces you to make a decision: we can fall headlong into depression & despair, or we can return to the promises of the Faithful One.

"So just as we've tried to do all along, we want to live out Psalm 143:8 and remind ourselves of God's steadfast trustworthiness every morning. We want to cling to 2 Corinthians 4:16-18, setting our gaze on our great eternal Hope amidst affliction. And we want to remember James 4:14-15, seizing every precious hour of every precious day and knowing that even you & I are never guaranteed tomorrow.

"God's sovereignty is something I have subscribed to wholeheartedly for a good long while, but you really 'put your money where your mouth is' in these scenarios that truly are out of your hands."

Their precious little boy lived for 15 days before slipping out of his mama's arms into Jesus' arms. The just-right tool of Trisomy18 was what God used to fulfill what the Crawfords confidently told the thousands of people who prayed and wept and followed their story: "The ultimate plan and purpose for Abel's life (and our life) is to glorify the Glorious One." And he did.

And then there's me.

Advanced arthritis on top of Post-Polio Syndrome means I now need a walker instead of just a cane to walk and stand. Most steps hurt. Two ortho docs have said I will need both hips replaced, but post-surgery rehabbing is questionable when one of my legs is basically worthless. Could this be a just-right tool in God's hand?

I choose to believe it is. Every day I have the choice to remember and give thanks that *a good and loving God is in control*. I've always lived with a lot on my plate, but He has allowed my "plate" to get smaller. As I upgraded to a walker, I downgraded from a dinner plate to a bread plate. Like Barbara, limitations abound and I have to check with the Lord: what do *You* want me to do?

I have seen God do some marvelous things in my family through this new challenge. He is good. I may be falling apart on the outside, but my "inner man" is more vibrant than ever, as long as I cling to the truth that God is good.

My new life verse is 2 Corinthians 4:16-18-

Therefore we do not despair, but even if our physical body is wearing way, our inner person is being renewed day by

day. For our momentary, light suffering is producing for us an eternal weight of glory far beyond all comparison because we are not looking at what can be seen but at what cannot be seen. For what can be seen is temporary, but what cannot be seen is eternal.

That's my story and I'm sticking with it.

This blog post last appeared at <a href="mailto:blogs.bible.org/engage/sue\_bohlin/pain\_gods\_just-right\_tool">blogs.bible.org/engage/sue\_bohlin/pain\_gods\_just-right\_tool</a> on May 31, 2016.

## A Holy Limp

I got polio at eight months old. Every step of my life, I have walked with a limp. It was a source of great shame to me growing up because of people's stares. And my limp was probably the biggest reason I hated polio and hated how I saw myself, as the "ugly crippled girl."

One day, as I studied the scriptures, God gave me a divine "lightbulb moment." As I read in Genesis 32 about Jacob wrestling all night with God, the same Lord who touched his hip, asked me, "Do you see the souvenir I gave Jacob from his night with Me?" Jacob walked the rest of his life with a limp. He had been touched by God and it changed the way he walked.

It was a holy limp.

In that moment, I saw that there was nothing inherently shameful about a limp if God gave one to His beloved Jacob.

Certainly, this doesn't magically transform a limp into

something beautiful and good—after all, it means something is wrong. But God can, and does, bring something beautiful and good out of the limps of our lives.

Over the past few years of walking with hurting people, I have come to see how God uses my limp to connect with those whose hearts are still scarred and limited by the wounds they've received. As I wrote to a dear friend who left behind decades of life as a gay activist when she trusted Christ, and who still has to submit her feelings to Jesus every day of her life:

"You know, it's entirely possible your attractions to women won't change and you will walk with an emotional limp the rest of your life. . . just as I will continue to walk with a physical limp the rest of my earthly life. But both of us can glorify God in our limping by honoring Him with our choices, as we look to Him to restore us to a perfect future that includes running and jumping and leaping and loving perfectly, on the other side.

"I know that may sound weird, 'glorifying God in our limping,' but I think He receives more glory through limping people who are dependent on Him, than healthy people who breeze through life independent of Him."

Connecting the dots between my physical limp and my friend's emotional limp encouraged her greatly. Just as I was deeply encouraged by the godly response of my pastor, <u>Todd Wagner</u> of Watermark Community Church in Dallas, to the news that he has cancer in his foot. He wrote to his church family:

"So grateful for the prayers so many of you have offered on my behalf. I covet them for both wisdom in dealing with sarcoma (the cancer affecting my body) but especially sin (the cancer constantly waging war with my soul). There is no greater kindness than your earnest prayer for me. . . . In the coming weeks I will be watching, monitoring, imaging, praying,

continually consulting with caring docs, and trusting in a good and sovereign God Who is never asleep. Having to trust my perfect Father with one more thing is no burden—it is a blessing. Anything that reminds me of His goodness and my futility is a gift. Thank you for praying with me... may my every decision honor my King and may my every step—whether with two feet or one, with cancer or without — find me running hard in His way. Pray for my health... but double down on the health of my walk with Him over my ability to walk physically. If He will allow me both I rejoice. If the days ahead allow for only one, I would gladly choose to limp in this life over anything that would compromise my running toward His presence in faithfulness. (Habakkuk 3:17-19)" (Emphasis mine)

Can you imagine how Todd's last sentence made my heart soar?

But it doesn't end there. Watermark's worship pastor, <u>Jon Abel</u>, "plays with a limp." Several years ago, when mowing his lawn, his lawnmower blade sliced off his finger—his wedding ring finger, which he uses every day as a guitar player. The trauma of losing his finger, with the attendant threat of losing his livelihood, forced him to come face to face with the question of whether a good and loving God was in control. Jon's godly response to this trial, which is documented in this short YouTube video, is one reason he is one of my favorite worship leaders of all time.

I recently learned from my sister—on Facebook, of all places!—that the doctors told my mother I would never walk. Mom decided they were wrong, and worked patiently with me every day, exercising my once-paralyzed leg in the bathtub as she taught me the ABCs and who knows what else.

I don't know why my mother didn't tell me this fact, but I do know this: limping means I can walk!

I am grateful for the gift of perspective. Whether it's my

polio-caused limp, or Todd's possibility of limping from losing a foot, or Jon's limited ability to play guitar from a once-severed finger, I just know that if God can be more glorified from our limps than from physical perfection, we'll take the holy limp every time.

This blog post originally appeared at <a href="mailto:blogs.bible.org/a-holy-limp/">blogs.bible.org/a-holy-limp/</a> on November 15, 2013

### Headed to the Courtroom

June 18, 2013

Yesterday I was selected to serve on a jury for a trial that is anticipated to last three to four weeks. The jury selection process was an all-day affair, lasting over twelve hours and creating quite a sense of camaraderie in the process.

I keep thinking about the three major take-aways from this experience.

First, the multiple defense attorneys for the four defendants (thus the long trial) repeatedly reminded us that the American justice system is built on the foundation of "presumed innocent until proven guilty." And that is a very, very good thing, as horror stories emerge from countries where instant "justice" is meted out in cutting off or crushing limbs of those accused of stealing. And in countries where "mob justice" is part of everyday life. (See my blog post When God Does Nothing About Injustice.)

But it's not like that before God. Not a single one of us can protest innocence. Not only is every single one of us a sinner from conception (Ps. 51:5), but God knows every thought we

think before we ever act on it. A totally holy, perfect God knows that we may be innocent of crimes before other men, but we are not innocent before Him.

Except that Jesus swapped His perfection and righteousness for our messed up guilt. It's like the judge coming down from his elevated seat, taking off his robes, and saying to a defendant that was just declared guilty, "I'll be taking your punishment for you." Amazing.

My second takeaway is gratitude for the teaching and experience in filtering life through a biblical filter. I am especially grateful for the wisdom of Proverbs 18:17—"The first to present his case seems right, till another comes forward and questions him." All of us potential jurors were strongly encouraged to use common sense, and evaluate carefully everything we would hear. And (not surprisingly), the defense attorneys asked us not to draw any conclusions until we had heard everything. Those could be just platitudes, but since I know that God's Word said it first, it is my determined course of action.

The third takeaway is the importance of embracing God's right to put a long trial on my calendar. He is God; He has the right to interrupt my plans and put whatever He wants on my schedule. I had an idea of what I would be doing during the day over the next month, but God had different plans. I choose to trust Him and keep letting go of my impatient, wrong-headed belief that I should get to decide my agenda.

Then in one breathtaking moment, I had a paradigm shift that erupted in a heartfelt "Oh, thank You Lord!": the realization that this is nothing compared to the way a cancer diagnosis crashes into one's schedule, with a very different set of unwanted appointments on it. I'm pretty sure my sister Nanci, fighting breast cancer, would swap her chemo treatments with my courtroom dates in a heartbeat.

So the adventure with God continues . . .

This blog post originally appeared at blogs.bible.org/tapestry/headed-to-the-courtroom

# When the Church Is More Cultural than Christian

July 7, 2011

So, I'm reading this excellent biography of Bonhoeffer right now, and I've been mulling this question. Well, I guess it's twofold, really.

Background: You probably know this already, but just in case. In Nazi Germany the German church pretty much abandoned any form of orthodox Christianity in order to fit in with the culture. Bonhoeffer, Niemoller and others formed the Confessing Church as a stand for true Christianity in the face of the cultural abdication of the wider church. Most were either imprisoned or killed for their efforts.

- 1 Do you think that the American church is undergoing a similar shift to fit in with cultural norms on a broad scale that could threaten orthodox Christianity (clearly, hopefully, not to the extent of the Reich church, but still, I see some possible parallels)? What do you think are the areas in which the American church is most at risk? Why?
- 2 Do you think we have leadership that is taking a stand for orthodoxy in a counter-cultural and true way on the national scene? If so, who?

Yes. The American church acquiesces to the culture in various

ways which are detrimental to the Gospel. It's tricky because it is vital to the Gospel that the Gospel (whose hands and feet are the church) be relevant. Churches which are highly separatist and never adapt to or accommodate culture do violence to the Gospel as well, so it's tricky. And we'll none of us ever get it 100% right. Ever. I keep trying to tell God humility is overrated; he never listens.

I think there are two veins in which American churches are perhaps more American than Christian. One is liberal; one is conservative. (Brilliant, I know.) The tendency is to point the finger at the other and overreact for fear of falling into the other's traps. We're so focused on not falling into this trap, that we don't even notice that what we think is a bunker is merely another trap of another sort.

Now to your actual question: What are these traps? Liberal:

Of course there are the far left examples like: Employing poor hermeneutics which 1) Undercut Scripture as a text which is not historical or literal at all, and 2) justify sin, usually sexual sin such as premarital sex and homosexual sex and the sexually-related sin of abortion. And then there is the slightly more subtle trap of feeling the need to bend over backwards to kiss the keister of Science. Finally, there is the acquiescence of the (pseudo)tolerance mantra of hypermodernism: partly out of fear of being legalistic, partly because it is more comfortable, we succumb to Relativism.

#### Conservative:

Employing poor hermeneutics which truncate Scripture as a text which is entirely literal (it seems to me that this is a very Western thing to do, but I could be wrong; it could simply be a human thing to do… we feel more comfortable in black and white). Such a lack of hermeneutic leads to overly hard-nosed positions about creation and "the woman issue" among other things. It also leads to, instead of justifying sin, creating an extra hedge of rules so that we can be darn sure we avoid

the undignified, socially unacceptable sins, perhaps especially, sexual sin.

And then of course there's the idea of a Christian America; or that politics can fix every(one else)thing.

### Traps for all:

Moralistic Therapeutic Deism is probably a problem for both sides. So is materialism of course, privatism and spiritual professionalization—You'd better keep your hands off of my individual rights and my private life… and: spiritual things go in one compartment, which is private and has no business interfering in the public sphere: ie. faith and science and/or faith and business. Professionalization is also quite Western. I love this quote from GK Chesterton's Heretics:

But if we look at the progress of our scientific civilization we see a gradual increase everywhere of the specialist over the popular function. Once men sang together round a table in chorus; now one man sings alone, for the absurd reason that he can sing better. If scientific civilization goes on (which is most improbable) only one man will laugh, because he can laugh better than the rest.

Professionalization probably also includes running our churches too much like businesses.

Finally, Q number 2: Yes. What's tricky about this is that one must sometimes be under the radar to be counter-cultural, partly because when you're counter-cultural, no one wants to listen to you! Eugene Peterson, Tim Keller, NT Wright, Nancy Pearcey, Os Guinness (an outside perspective is always helpful) and the Trinity Forum, Jamie Smith, especially in the area of how we do church and spiritual formation... I'm sure there are others, including my colleagues who are currently working on assessing and addressing this issue of cultural captivity: first creating an Ah-ha moment about our cultural captivity, and secondly, creating a way out of captivity and

into freedom.

Good question!

# What Not To Say When Someone is Grieving

Last week my dear friend Sandi Glahn wrote another boffo <a href="blog">blog</a>
<a href="post">post</a> about the myths of infertility, which included some of the dumb things people say.

It may be insensitivity or a lack of education that spurs people to say things that are unhelpful at the least and downright hurtful much of the time. I still remember my own daggers to the heart after our first baby died nine days after her birth. And for the past several years, I have been collecting actual quotes said to those already in pain.

So here's my current list of What Not To Say when someone is hurting:

### Don't start any sentence with "At least. . . ."

- "At least you didn't have time to really love her."
- "At least he's in heaven now."
- "At least you have two other children."
- "At least that's one less mouth you'll have to feed."
- "At least it didn't have to go through the pain of birth."
- "At least you've had a good life so far, before the cancer diagnosis."

### Don't attempt to minimize the other person's pain.

- "Cancer isn't really a problem." (e.g., Shame on you for thinking that losing your hair/body part/health is a problem.)
- "It's okay, you can have other children."

### Don't try to explain what God is doing behind the scenes.

- "I guess God knew you weren't ready to be parents yet."
- "Now you'll find out who your friends are."
- "This baby must have just not been meant to be."
- "There must have been something wrong with the baby."
- "Just look ahead because God is pruning you for great works."
- "Cancer is really a blessing."
- "Cancer is a gift from God because you are so strong."

### Don't blame the other person:

- "If you had more faith, your daughter would be healed."
- "Remember that time you had a negative thought? That let the cancer in."
- "You are not praying hard enough."
- "Maybe God is punishing you. Have you done something sinful?"
- "Oh, you're not going to let this get you down, are you?" (Meaning: just go on without dealing with it.)

# Don't compare what the other person is going through to ANYTHING else or anyone else's problem:

- "It's not as bad as that time I. . ."
- "My sister-in-law had a double mastectomy and you only lost one breast."

### Don't use the word "should":

• "You should be happy/grateful that God is refining you."

### Don't use clichés and platitudes:

- "Look on the bright side."
- "He's in a better place."
- "She's an angel now." (NO! People and angels are two

different created kinds! People do not get turned into angels when they die.)

• "He's with the Lord."

### Don't instruct the person:

- "This is sent for your own good, and you need to embrace it to get all the benefit out of it."
- "Remember that God is in control."
- "Remember, all things work together for good for those that love God and are called according to His purpose." (Romans 8:28 is powerful to comfort oneself, but it can feel like being bludgeoned when it comes from anyone else.)

### What TO say:

- "I love you."
- "I am so sorry." You don't have to explain. Anything.

#### What TO do:

- A wordless hug.
- A card that says simply, "I grieve with you."
- Instead of bringing cakes, drop off or (better) send gift certificates for restaurants or pizza places.

And pray. Then pray some more. It's the most powerful thing we can say or do.

This blog post originally appeared at <a href="mailto:blogs.bible.org/what-not-to-say-when-someone-is-grieving/">blogs.bible.org/what-not-to-say-when-someone-is-grieving/</a>

on January 20, 2009, and you can read the many comments there.

## A Doctor's Journey with

### Cancer

When you suddenly learn you might have only 18 months to live, its a good time to sort out what really matters in life.

Last December, Yang Chen, MD, dismissed an aching pain under his shoulder as muscle strain. Five weeks later, as the pain persisted, a chest x-ray brought shocking results: possible lung cancer that might have spread.

A highly acclaimed specialist and medical professor at the University of Colorado Denver, Yang knew the average survival rate for his condition could be under 18 months. He didnt smoke and had no family history of cancer. He was stunned. His life changed in an instant.

I wondered how I would break the news to my unsuspecting wife and three young children, he recalls. Who would take care of my family if I died?

### Swirling Vortex of Uncertainty

When I heard his story, I felt a jab of recognition. In 1996, my doctor said I might have cancer. That word sent me into a swirling vortex of uncertainty. But I was fortunate; within a month, I learned my condition was benign.

Yang did not get such good news. He now knows he has an inoperable tumor. Hes undergoing chemotherapy. Its uncertain whether radiation will help. Yet through it all, he seems remarkably calm and positive. At a time when one might understandably focus on oneself, hes even assisting other cancer patients and their families to cope with their own challenges. Whats his secret?

I learned about Yangs personal inner resources when we first met in the 1980s. He worked at the Mayo Clinic and brought me to Rochester, Minnesota, to present a seminar for Mayo and IBM professionals on a less ponderous theme, Love, Sex and the Single Lifestyle. With the audience, we laughed and explored relationship mysteries. He felt it was essential that people consider the spiritual aspect of relationships, as well as the psychological and physical.

Later he founded a global network to train medical professionals how to interact with patients on spiritual matters. Many seriously ill patients want their doctors to discuss spiritual needs and the profession is taking note.

### Reality Blog

Now a patient himself, Yang exhibits strength drawn from the faith that has enriched his life. He has established a websitewww.aDoctorsJourneyWithCancer.net to chronicle his journey and offer hope and encouragement to others. The site presents a compelling real-life drama as it happens.

As a follower of Jesus, Yang notes <u>biblical references</u> to Gods light shining in our hearts and people of faith being like fragile clay jars containing this great treasure. He sees himself as a broken clay jar through which Gods light can shine to point others who suffer to comfort and faith.

As he draws on divine strength, he reflects on Paul, a first-century believer who wrote, We are pressed on every side by troubles, but we are not crushed. We are perplexed, but not driven to despair.

A dedicated scientist, Yang is convinced that what he believes about God is true and includes information about evidences for faith. Hes also got plenty to help the hurting and the curious navigate through their pain, cope with emotional turmoil, and find answers to lifes perplexing questions about death, dying, the afterlife, handling anxiety, and more.

With perhaps less than 18 months to live, Yang Chen knows whats most important in his life. He invites web surfers to

walk with me for part, or all, of my journey. If Im ever in his position, I hope I can blend suffering with service while displaying the serenity and trust I observe in him. Visit his website and youll see what I mean.

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# Starting Over: Facing the Future after Significant Loss

February 13th fell on a Tuesday that year, but it seemed like my unlucky day.

My wife of twenty years was divorcing me; it would be final in two days. February 1, my employer had shown me the door—on the twenty-fifth anniversary of my employment. Now, on February 13, I was in my physician's office getting test results. Unaware of my difficulties, he asked, "Have you been under stress recently?" Perhaps he was assessing my emotional state to help him gently ease into the difficult subject he was about to address.

He said I might have cancer.

That evening, a longtime friend called to encourage me. As we spoke, I felt the weight of my world crashing in. Would the haunting pain of spousal rejection ever end? Where would I work? What of my life's mission? Would life itself last much longer? I wept into the phone as I struggled to make sense of the swirling vortex of uncertainty.

Relationships, work and health absorb our time, energy, memories and hopes. Ever had a fulfilling relationship turn to ashes? Maybe you've excelled at work; then a new or

insensitive boss decides your services are no longer wanted or affordable. Or perhaps your health falters. Your parent or best friend dies suddenly of a heart attack or perishes in an auto wreck.

What do you feel? Shock? Grief? Anger? Desires for revenge or justice? Discouragement and depression? How do you cope with the loss, and how can you start over again?

Over dinner, a new friend told me he had lost both his parents in recent years. "How did you cope?" I inquired. He related painful details of their alcohol-related deaths. I listened intently and tried to express sympathy. "But how did you deal with their deaths?" I asked, curious to know how he had handled his feelings. "I guess I haven't," he replied. Painful emotions from deep loss can be difficult to process. Some seek solace by suppressing them.

My wife lost her father, then her mother, during a five-year span in her late twenties and early thirties. Focusing on her mother's needs after her father's passing occupied much of her thought. After her mother's death, she felt quite somber. "People who always were there, whom you could always call on for advice, were no longer around," she recalls. "That was very sobering." Over time, the pain of grief diminished.

How can you adjust to significant loss and start over again? I certainly don't have all the answers. But may I suggest ideas that have worked for me and for others along life's sometimes challenging journey?

**Grieve the loss.** Don't ignore your pain. Take time to reflect on your loss, to cry, to ask questions of yourself, others or God. I remember deep, heaving sobs after my wife left me. I would not wish that pain on anyone, but I recommend experiencing grief rather than ignoring and stuffing it. This tends to diminish ulcers and delayed rage.

A little help from your friends. During divorce proceedings

and my rocky employment ending, good friends hung close. We ate meals together, watched football games, attended a concert and more. A trusted counselor helped me cope. A divorce recovery group at a nearby church showed me I was not the only one experiencing weird feelings. Don't try to handle enormous loss alone.

Watch your vulnerabilities. In our coed divorce recovery group, I appreciated learning how women as well as men processed their pain. It also was tempting to enter new relationships at a very risky time. Some members, not yet divorced, were dating. Some dated each other. Attractive, needy divorcés/divorcées can appear inviting. After each group session, I made a beeline to my car. "Guard your heart," advises an ancient proverb, "for it affects everything you do." {1}

Look for a bright spot. Not every cloud has a silver lining, but maybe yours does. After my divorce and termination, I returned to graduate school and saw my career enhanced. My cancer scare turned out to be kidney stones, no fun but not as serious. I met and—four years after the divorce—married a wonderful woman, Meg Korpi. We are very happy.

CNN star Larry King once was fired from the *Miami Herald*. "It was very difficult for me when they dropped me," he recalls. King says one can view firing as "a terrible tragedy" or a chance to seek new opportunities. {2}

Cherish your memories. Displaying treasured photos of a deceased loved one can help you adjust gradually to their loss. Recall fun times you had together, fulfilling experiences with coworkers or noteworthy projects accomplished. Be grateful. But don't become enmeshed in past memories, because the time will come to. . .

Turn the page. After appropriate grieving, there comes a time to move on. One widow lived alone for years in their large,

empty house with the curtains drawn. Her children finally convinced her to move but in many ways she seemed emotionally stuck for the next three decades until her death.

Significant steps for me were taking down and storing photos of my ex-wife. Embracing my subsequent job with enthusiasm made it fulfilling and productive. Consider how you'll emotionally process and respond to the common question, "Where do you work?" Perhaps you'll want to take a course, exercise and diet for health, or develop a hobby. Meet new people at volunteer projects, civic clubs, church, or vacations. Consider what you can learn from your loss. Often, suffering develops character, patience, confidence and opportunities to help others.

Sink your spiritual roots deep. I'm glad my coping resources included personal faith. Once quite skeptical, I discovered spiritual life during college. Students whose love and joy I admired explained that God loved me enough to send His Son, Jesus, to die to pay the penalty due for all my wrongdoing. Then He rose from the dead to give new life. I invited Him to enter my life, forgive me, and become my friend. I found inner peace, assurance of forgiveness, and strength to adapt to difficulties. Amidst life's curve balls, I've had a close Friend who promised never to leave.

One early believer said those who place their faith in Christ "become new persons. They are not the same anymore, for the old life is gone. A new life has begun!" {3} Jesus can help you start all over with life itself. He can help you forgive those who have wronged you.

As you grieve your loss, seek support in good friends, watch your vulnerabilities, and seek to turn the page. . . may I encourage you to meet the One who can help you make all things new? He'll never let you down.

This article first appeared in *Answer* magazine 14:1

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#### **Notes**

- 1. Proverbs 4:23 NLT.
- 2. Harvey Mackay, We Got Fired!...And It's the Best Thing That Ever Happened to Us (New York: Ballantine Books, 2004), pp. 150-153 ff.
- 3. 2 Corinthians 5:17 NLT.

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### Paris Hilton and What We Want

Paris Hilton. Paris Hilton. Paris Hilton. Paris Hilton. Paris Hilton.

Please excuse the repetition, but I want this article to score highly in Google searches.

You see, <u>Google Zeitgeist</u>, the mega-search engine's report on its most popular search topics, says the heiress scored number one on 2006 Google News searches. The report presents a glimpse of the "spirit of the times," giving clues to websurfers' interests.

In news (yes, I said "news," not "entertainment") searches, Paris beat Orlando Bloom, cancer, and Hurricane Katrina. Borat and Hezbollah topped "Who is" searches. Among U.S. searches for "Scandal," the <u>Duke Lacrosse</u> episode took three of the first four slots.

What else do people want to know about? Google's top-ten lists in various categories include MySpace, Nicole Kidman, Tom

Cruise, Britney Spears, Paul McCartney, Pamela Anderson, Reggie Bush, and Clay Aiken.

Why do celebrities and entertainment rank so high? Perhaps it's the desire to connect with something larger than ourselves. Maybe boredom explains some celebrity obsession. And don't rule out diversion.

For some—maybe many—daily life ranges from harried to overwhelming: soured relationships, job conflict, financial pressure, health distress. Diverting focus can ease your troubled mind, at least temporarily.

Of course, everyone needs mental and emotional breaks. Diversion can be a healthy coping mechanism—until it becomes obsessive. Then it can lead to denying reality, perhaps obscuring genuine wants and needs.

Suppose we had a mind/heart/soul reader to discover what people really want once their basic physical needs are met. What would we find? Psychologist Abraham Maslow's renowned hierarchy of basic needs includes safety, love, esteem and self-actualization. [1] Perhaps our soul reader would detect desires for acceptance, thriving personal friendships, peace of mind, health, security.

Maslow also realized that several profound fears—including the fear of death—trouble humanity. {2} Our soul reader might find that people also want an answer to death.

Anthropologist Ernest Becker argued in his Pulitzer Prizewinning book, <u>The Denial of Death</u>, {3} that much human behavior can be explained by a deep desire to deny death's reality, to repress "the terror of death." No wonder. Which would you enjoy more, right this minute: contemplating your own death and its aftermath . . . or reading, exercising, web- or channel surfing, conversing, partying, working, shopping, etc.?

If we don't have a solution to fear of death, we can invent ways to avoid thinking about it. Alas, attractive and even worthwhile pursuits can become enslaving. Amassing the most "toys"; rat-race schedules; obsession with career, job, education, sports or even friends can insulate people from facing their own mortality.

The biblical book of Hebrews presents a similar analysis of the human dilemma, reasoning that people "have lived all their lives as slaves to the fear of dying." {4} It claims that Jesus died to "deliver" people from this slavery so they might connect with God in time and eternity.

It seems morbid to always be thinking about your own death. But could avoiding it altogether constitute unhealthy denial? Could excessive focus on certain pursuits become risky diversion from life's real issues, like personal meaning, personal worth, fulfilling relationships, and what Sigmund Freud called "the painful riddle of death"? {5}

Could obsession with Paris Hilton and her *Google Zeitgeist* pals conceal deep longings, insecurities and fears in individual websurfers and in society at large?

As the esteemed British philosopher and rocker Sir Mick Jagger famously counseled, "You can't always get what you want. But if you try sometime . . . you just might find you get what you need." {6} A friendly question for my fellow websurfers: Is what you want, what you need?

#### **Notes**

- 1. A. H. Maslow (1943), "A Theory of Human Motivation"; Originally Published in *Psychological Review*, 50, 370-396; at <a href="http://psychclassics.yorku.ca/Maslow/motivation.htm">http://psychclassics.yorku.ca/Maslow/motivation.htm</a>, accessed December 28, 2006.
- 2. Abraham H. Maslow, *Religions, Values, and Peak-Experiences* (Penguin Books Limited, ©1964 by Kappa Delta Pi and ©1970 [preface] The Viking Press), Appendix A, "Religious Aspects of

Peak-Experiences," items 8 & 14; at <a href="http://www.druglibrary.org/schaffer/lsd/maslowa.htm">http://www.druglibrary.org/schaffer/lsd/maslowa.htm</a>, accessed December 28, 2006.

- 3. Ernest Becker, *The Denial of Death* (New York: Free Press Paperbacks, 1997; original copyright was 1973).
- 4. Hebrews 2:15 NLT.
- 5. Sigmund Freud, *The Future of an Illusion* (New York: W.W. Norton, 1961 edition; James Strachey translator and editor; original work was published in 1928) 19.
- 6. Mick Jagger and Keith Richards (songwriters), "You Can't Always Get What You Want." Lyrics at <a href="http://rollingstones.com/discog/index.php?v=so&a=1&id=124">http://rollingstones.com/discog/index.php?v=so&a=1&id=124</a>; accessed December 28, 2006.

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