12 Films of 2003 — A Christian Reviews Key Movies

Lord of the Rings, Whale Rider, and Winged Migration

This year the first of twelve films from 2003 that were especially notable is the final installment of Tolkien's trilogy Lord of the Rings: The Return of the King, directed by Peter Jackson. The conclusion of the final installment is structured around the hobbits Frodo (Elijah Wood), and Sam (Sean Astin) as they attempt to return the Ring to Mount Doom where it can be destroyed and save Middle Earth from those who would use the Ring for evil.

Gollum, the grotesque creature who was once a hobbit, continues to struggle with his dual nature; he loves both Frodo and the power of the Ring, but can only have one or the other. This is a valuable lesson for all persons who must make decisions which will affect their lives for eternity. Unlike Gollum, Frodo, Sam, Gandalf, Arwen, and Aragorn are heroes who overcome great difficulties and extraordinary odds to do the right thing. They all simultaneously attempt to avoid the temptation of the Ring, and instead take the long road toward righteousness. Throughout all nine hours of the trilogy, and especially in this last installment, the epic battle in the heart of man and his nature to embrace evil instead of good serves as the thematic backdrop for some of the most amazing visuals in the history of film.

Those who enjoyed the *Lord of the Rings*, should also like *Whale Rider*. *Rider*, directed by Niki Caro, was the winner of audience awards at both the Sundance and Toronto Film Festivals. This film falls into categories of both coming-ofage films, and those which emphasize the triumph of the will.

A young New Zealand girl named Pai (Keisha Castle-Hughes) is the surviving twin of a difficult birth which also claimed her mother's life. Koro (Rawiri Paratene) is the tribal chief and grandfather of Pai. Koro is a traditional male in a traditional New Zealand tribe, and Pai is a less than traditional young girl who challenges the accepted way of thinking and dares to believe that she can become the next chief.

Third in a series of extremely good films which can be recommended to all audiences is Winged Migration, a documentary about birds directed by Jacques Perrin. The birds in this film are all flying long distances for the winter, either north or south depending upon their hemisphere of origin. The entire picture is like a nature documentary on steroids; it has all of the wildlife footage one would expect, coupled with seamless shots from ultra-light planes and balloons. This is state of the art documentary that allows the viewer to experience the lives of birds as never before seen.

Luther and Bonhoeffer

A second group of notable films for 2003 is *Luther*, a dramatic rendering of one of the greatest of the sixteenth-century reformers, and *Bonhoeffer*: *Agent of Grace*, a historical documentary style drama about the German theologian who worked against the Nazis, and posthumously became one of the most important voices in twentieth-century theology.

The film titled simply *Luther* begins with the young reformer bargaining with God and vowing to enter the monastic order if his own life will be spared. He soon become the chief voice standing against the Holy Roman Church's practice of indulgences and overall spiritual blindness. The indulgences are a major form of income for the Catholic church, and Luther (Joseph Fiennes) finds himself in a kind of David and Goliath position. One of Luther's chief opponents was Leo XII (Uwe Ochsenknecht), who took the young monk's teachings and sermons

to be a personal attack upon authority, as well as a financial threat to the empire. Fredrick the Wise (Peter Ustinov), the prince of Augsburg, begins to side with Luther's teaching, and a full scale religious schism erupts.

The film captures Luther's life from his call to become a monk through twenty five years of debate and persecution at the hands of the Roman Catholic Church, and ends with the start of what would become the Protestant Reformation.

Bonhoeffer: Agent Of Grace is a film about the life of Dietrich Bonhoeffer from the late 1930s to his death in Germany at the end of WW II in 1945. Bonhoeffer is in America observing the African-American style of worship when the film opens. America would be a safe place to sit out the war, but Bonhoeffer returns to Germany and begins a rhetorical campaign against Hitler, the Nazi party, and even the leaders of the church for their role in the rise of the Third Reich and of the persecution of the Jews.

Bonhoeffer joins the resistance movement when he returns to Germany, and soon he is being watched by the Gestapo. As the "final solution," the extermination of the Jews during the Holocaust, is implemented, he is arrested after a failed attempt on Hitler's life. Bonhoeffer's prison writings are very pragmatic, but they are also the reflections of a devout Christian who is wrestling with ethical dilemmas arising from the war. During times of war and great political evils, Christians must struggle with how much violence and evil can be used to resist an ultimately evil person or situation. Bonhoeffer was eventually executed in 1945 at the age of thirty-nine believing that there is a difference between the "cheap" grace we lavish on ourselves, and the more "costly" grace which may demand a man's life.

Master and Commander: The Far Side of the World and The Station Agent

Our list of notable films from 2003 continues with *Master and Commander*, an epic sea adventure set in 1805 when the British boasted that the sun never set on their empire. The film is based on the novels of Patrick O'Brian, and does for the early nineteenth century what *Saving Private Ryan* did for WW II; the film really makes viewers feel as though they are sailing the high seas in search of adventure.

Set on the *HMS Surprise*, the plot line follows the *Acheron*, a French warship, as it tries to catch the *Surprise* which is commanded by Capt. Jack Aubrey (Russell Crowe). Aubrey is contrasted with his friend, Stephen Maturin, the ship's surgeon. Capt. Aubrey is a pragmatist who pursues noble adventure and a life of war upon the sea. Maturin is a very introspective intellectual who travels with the British warship so he can collect animal and biological specimens. The contrast is highly textured and extremely well developed, affording the viewer a rare insight into the psyche of two very different, if not totally opposite, men. All of this and high sea adventure involving very violent war scenes make for a thoroughly delightful film.

Another fairly accessible film, but not one recommended for those under seventeen, is Thomas McCarthy's film, *The Station Agent*, which is centered around a dwarf named Finbar McBride (Peter Dinklage). McBride has a passion for trains, and uses that passion to protect himself from those who would mock and pester him. His devotion to all things relating to trains is fully realized when he inherits an old run-down train station in the town of Newfoundland, New Jersey when his only friend in the world, Henry Styles (Paul Benjamin), dies. Finbar moves into the train station seeking peace and solitude from a world that has a hard time understanding someone who appears to be so different, but who is actually more human than those people

who intentionally and unintentionally persecute him.

Finbar's hope for solitude is first interrupted by Joe Oramas (Bobby Cannavale), who drives a coffee truck and is always willing to give unsolicited advice to others. Finbar's solitude is further disrupted by Olivia Harris (Patricia Clarkson), a divorced woman who is working through the death of a child. Olivia almost hits Finbar with her car as he is coming and going from a nearby convenience store, presumably to emphasize his near invisibility to others. Like a good Flannery O'Connor short story, *The Station Agent* closes with a scene that will cause all viewers to examine their attitudes toward people who are different.

Elephant and Thirteen

Two films from 2003 that deal with teenagers are *Elephant*, from Gus Van Zant, and *Thirteen*, directed by Catherine Hardwicke.

Elephant's title comes from the familiar reference to an elephant being in the room, and everyone pretending that it is not there. The film is a chronicle of one day in a Columbine-like high school, and the complete inability of those involved, as well as those viewing the film, to comprehend what is happening. The camera simply tracks the activities of the killers and their victims in the hours that lead up to the massacre. Then the viewer gets a front row seat to the killings that any reporter would love to have for a spot on the evening news. Van Zant is uses violence to protest violence, presumably believing that much of the violence we have in this country is due to not understanding how pervasive and real such violence is, or that it could happen to anyone.

The killers laugh and carry on in such an unconcerned manner that the viewer cannot believe they would strike out against their world by shooting their classmates. Christian viewers, however, should be able to watch the film knowing that the explanation for such behavior rests in the doctrine of original sin and man's fall from grace. It can also remind people that things happen that do not always follow our expectations.

In *Thirteen*, another film dealing with teenagers, the emphasis is on the difficulties faced by many adolescent girls. Evie (Nikki Reed) is a wild child who loves to flirt with danger, and is exactly the kind of girl you would not want your daughter to have as a friend. She is popular, sexually experienced, and lives without shame or worry. Evie's character is a sharp contrast with that of Tracy (Evan Rachel Wood), the good and unassuming girl who just wants to be cool and hang out with a more popular crowd. Evie begins to relate stories of sexual conquests and shoplifting sprees that are particularly impressive to Tracy. It seems as though Evie wants to clone herself as many times as possible.

Melanie (Holly Hunter), Tracy's mother, is a divorcée and recovering alcoholic who can barely make ends meet. She is a little naïve concerning her daughter's behavior, but begins to have suspicions when Evie comes to live with them. Evie's behavior goes from bad to worse until a culminating scene where her lies are exposed, and Tracy begins to see the wisdom of her mother's advice.

Both *Elephant* and *Thirteen* are films which should be approached with caution. And while they are not for everyone, some people will find them to be among of the best examples of teen angst in recent years.

Mystic River, Stone Reader, and Finding Nemo

The last three films recommended as notable features from 2003 are Mystic River, Stone Reader, and Finding Nemo. Mystic River

is Clint Eastwood's twenty-fourth film, and one of the handful he has directed but not also starred in. The story is centered around the lives of three boyhood friends who grow up, get married, and live normal if not boring lives.

The three friends, Jimmy, Dave and Sean (played by Sean Penn, Tim Robins and Kevin Beacon respectively), have tried to forget the time when one of them was molested by a man in their Boston neighborhood. The emotional trauma the young boys suffered is revisited when Katie, Jimmy's daughter, is brutally beaten to death. The two main suspects are Brendon, Katie's boyfriend, and Dave, who came home mumbling about beating up a mugger and was covered in blood.

Jimmy takes the law into his own hands when he believes he has discovered Katie's murderer. There is a connection between the revenge Jimmy executes and the molestation the men witnessed when they were young. There is a "mystic river" that flows in a man's life, and rarely is the destination reached the same as the one hoped for. *Mystic River* finishes as a meditation on time, growing old, and the way in which the past continually affects the future.

Stone Reader, a documentary by filmmaker Mark Moskowitz, opens with a search for Dow Mossman, an author who wrote a single novel only to "retire" and disappear into obscurity. There are plenty of films based on books, and others with authors as major or minor characters, but there are very few films so purely about books, authors, editors, and the difficult task of seeing even a single novel through to publication.

Editors and publishers provide some of the most interesting dialogue, discussing everything from the difficulties of publishing, to the classic, but real, anxiety of the author, and the plight of the one-novel wonder.

The documentary is also a quest and road film. It is a kind of odyssey for anyone who has loved a particular novel or its

author, and wondered what became of them years later.

Finally, no list of notable films from 2003 would be complete without *Finding Nemo*, the animated film from Pixar, the studio responsible for *Toy Story*. In *Nemo*, the action is centered around an overprotective father and his son who are both fish. As in *Toy Story*, where the world of toys were brought to life, the Pixar people take viewers into the highly colorful world of the ocean. The viewer will be rooting for little Nemo as he is caught by a diver and is pursued by a loving father.

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The Urantia Book — A Biblical Worldview Perspective

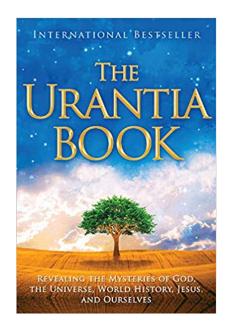
Dr. Michael Gleghorn takes a hard look at the claims of The Urantia Book and finds it lacking in substance and evidence.



This article is also available in <u>Spanish</u>.

Introduction to The Urantia Book

Not long ago a woman wrote to me about a very painful episode in her life. About fifteen years ago her husband embarked on a spiritual quest that ultimately destroyed their marriage and family. He began reading *The Urantia Book*, a massive tome of 2,097 pages that was allegedly revealed by celestial beings from higher universes. He also became involved in various occult practices such as channeling and astral projection. Eventually, she and her husband divorced,



leaving both her and her children hurt and confused.

Of course, it would probably not be fair to blame all of this family's difficulties on *The Urantia Book*. Although my correspondent's experience was quite negative, others describe their own encounter with *The Urantia Book* in very positive terms. If you visit the official Urantia Foundation Web site you can read many of these testimonials for yourself. {1} One woman wrote, "I have found *The Urantia Book* to be the most enlightened source of wisdom I have ever come across." And another person declares *The Urantia Book* to be "the most conclusive and inspiring book on our existence."

So what is *The Urantia Book*? Where did it come from and what does it teach? And how do its doctrines compare with those of biblical Christianity? These are just a few of the questions that we want to consider in this article.

The Urantia Book claims to have been revealed by superhuman personalities from higher universes. The word "Urantia" is simply the book's name for Earth. The book consists of 196 papers and is divided into four major parts entitled: 1. "The Central and Superuniverses," 2. "The Local Universe," 3. "The History of Urantia," and 4. "The Life and Teachings of Jesus." The alleged "authors" of these papers refer to themselves by their order of being with such glorious titles as Divine

Counselor, Perfector of Wisdom, Brilliant Evening Star and Chief of Seraphim. Although originally written in English, the book has since been translated into Dutch, Finnish, French, Korean, Portuguese, Russian, and Spanish. In addition, translations into a number of other languages are currently underway. These include Arabic, Chinese, German, Greek, Italian, Japanese, Polish, Romanian, and Swedish—just to name a few.

Although devoted Urantians are absolutely convinced that every part of *The Urantia Book* was revealed by celestial intelligences, there are a number of problematic issues that need to be addressed. We'll consider a few of these later in this article. Before we do so, however, it is first necessary to give some account of the origin of *The Urantia Book*.

The Origin of the Urantia Papers

The Urantia Book was first published in 1955. But the alleged "revelations" from extra-planetary personalities apparently began early in the twentieth century. {2} Who received these "revelations"? And who wrote them down in the massive volume that has come to be known as The Urantia Book?

While there is not space to specifically mention everyone who played a role in this process, two individuals were key in the reception and recording of this "revelation." The first, Dr. William Sadler, lived from 1875 to 1969. He was a psychiatrist, teacher, and prolific writer. The other individual's identity cannot be known with certainty. Dr. Sadler referred to this person as the "contact personality" and the "sleeping subject." [3] In a manner similar to that of Edgar Cayce, the so-called "sleeping prophet," the "sleeping subject" of our story was the vehicle through whom the celestial visitors supposedly communicated their revelations to Dr. Sadler and others. This small group of people, known as the Contact Commission, "was the focal point for the

Although members of the Contact Commission were sworn to secrecy regarding the identity of the "contact personality," Martin Gardner has made a strong case that the evidence points to Wilfred Custer Kellogg, Sadler's brother-in-law and a relative of the famous Kellogg family. [5] Of course, not everyone agrees with Gardner's conclusions. Ernest Moyer, a Urantian researcher, while acknowledging his inability to determine the identity of the "sleeping subject," is nonetheless convinced that it was not Wilfred. [6]

Although the identity of the "sleeping subject" may never be known with certainty, we have a fairly good record of how the Urantia papers came into being. Although there is some debate about the precise date in which Dr. Sadler first became aware of the "sleeping subject," it was probably in the summer of 1912. [7] "In 1923 the Sadlers began to invite twenty or thirty friends over for Sunday afternoon teas to discuss religious topics. At about the fourth meeting Sadler began telling the group, which came to be called the Forum, about the sleeping subject and his startling revelations." [8] He invited Forum members to help prepare questions for the celestials. The following Sunday members returned with hundreds of questions. "Shortly thereafter," Sadler wrote, "the first Urantia paper appeared in answer to these questions . . . This was the procedure followed throughout the many years of the reception of the Urantia papers." {9} By the time this process was over there were 196 papers, consisting of 2,097 pages of material, that had allegedly been channeled through the "sleeping subject."

Problems with The Urantia Book

In his article, "A History of the Urantia Movement," Dr. Sadler stated, "The [Urantia] Papers were published just as we received them. The Contact Commissioners had no editorial

authority. Our job was limited to 'spelling, capitalization, and punctuation.'"{10} But is this really so? There is actually ample evidence for questioning this statement.

Urantian researcher Ernest Moyer has carefully documented that Dr. Sadler made changes to the text of *The Urantia Book. {11}* The unsettling thing about these changes, at least for loyal Urantians, is that they were made after 1935, the date that Dr. Sadler claimed *The Urantia Book* was "completed and certified" in its entirety. *{12}* The evidence for such changes is compelling. Matthew Block, another Urantian researcher, discovered that human sources published after 1935 were later incorporated into *The Urantia Book*. For example, a book by Charles Hartshorne, published in 1941, lists seven possible meanings of "absolute perfection." Block discovered that these same seven meanings were reprinted in *The Urantia Book* almost word for word. This is merely one of several examples that could be offered of human sources published after 1935 that were later plagiarized in *The Urantia Book*. *{13}*

But not only were changes made after the book had been "completed and certified," they were also made after The Urantia Book was first published in 1955. Many examples could be offered, but let me simply mention two. First, both Martin Gardner and Ernest Moyer point out that in the first printing of The Urantia Book, toward the end of the account of the Last Supper, Jesus is said to have addressed the twelve apostles. However, as the context makes clear, only eleven of the apostles were currently present. Judas had already left the group. According to Gardner, "in later printings 'the twelve' was replaced by 'the apostles,'" thus eliminating the error. {14} Second, both Gardner and Moyer also note that in the first printing of *The Urantia Book* the wise men are said to have visited the newborn Jesus "in the manger." However, according to a later passage in The Urantia Book, this visit must have occurred when Jesus and his parents were in a room at the inn. Gardner notes, "When this contradiction was

noticed, the words 'in the manger' were removed from the next printing."{15}

What are we to conclude from such known and acknowledged errors, contradictions and plagiarisms in *The Urantia Book?* Such problems clearly raise doubts about the integrity of this "revelation." Wherever the information in *The Urantia Book* has come from—whether extra-planetary personalities, human beings, demonic spirits, or some combination of these—the source of this information is not entirely trustworthy. Moreover, it is not entirely biblical either.

The Bible and The Urantia Book

In his appendix to *The Mind at Mischief*, Dr. Sadler stated that the information imparted through the "sleeping subject" was "essentially Christian." {16} Since this information is allegedly contained in *The Urantia Book*, we would expect the contents of this book to likewise be "essentially Christian." But are they?

If we compare the teachings of *The Urantia Book* with those of the Bible, we quickly discover that *The Urantia Book*, far from being consistent with biblical Christianity, actually denies or distorts almost every fundamental doctrine of the Christian faith. For example, contrary to the testimony of Jesus in the New Testament—that the Scriptures are the word of God (Matt. 15:3-6), inspired by the Holy Spirit (Matt. 22:43), and completely true and accurate in all details (Matt. 5:17-18; Luke 24:44; John 17:17)—*The Urantia Book* has Jesus declaring to Nathaniel, "the Scriptures are faulty and altogether human in origin" (*VB*, 1767).

The rejection of the Bible as a fallible human document sets the stage for the rejection of many other biblical doctrines as well. For example, *The Urantia Book* rejects the Bible's views about God, Christ, man, sin, and salvation. Contrary to the biblical position that there is only one God (Deut. 6:4; Isa. 45:21), The Urantia Book espouses polytheism, the belief in many "Gods." Martin Gardner points out that the term "Gods" (a capitalized plural) "appears more than a hundred times" in The Urantia Book. {17} For instance, on page 364 we read, "We are all a part of an eternal project which the Gods are supervising and outworking." Although The Urantia Book does acknowledge the existence of one supreme God, it rejects biblical Trinitarianism in favor of its own view that there is actually a "Trinity of Trinities" (UB, 1170-73). But this is only the beginning. According to Gardner, there are so many "gods" in The Urantia Book that its polytheism "puts Greek and Hindu mythology to shame." {18}

The view of Jesus presented in *The Urantia Book* is equally disturbing and unbiblical. To begin, the virgin birth is rejected. Jesus was simply born of Joseph and Mary (*UB*, 1344-45). Nevertheless, although he had human parents, he is also presented as the incarnation of Michael of Nebadon, the creator of our universe and one of "more than 700,000 Creator Sons of the Eternal Son."{19} This clearly conflicts with the New Testament's view of Jesus, which reveals that He was conceived by the Holy Spirit in the womb of the virgin Mary (Matt. 1:18-25; Luke 1:26-38). Furthermore, John tells us that Jesus is the one and only eternal Son of God in an absolutely unique sense (John 1:1-2, 14; 3:16). He is *not* merely one of more than 700,000 other Creator Sons; He is truly unique.

These doctrinal differences are only the tip of the iceberg. There are many other differences between *The Urantia Book* and the Bible. However, due to space considerations, I can only mention the following.

The Urantia Book declares, "There has been no 'fall of man.'" (UB, 846). This explains, at least in part, why there is also no need for any blood atonement for sin (UB, 60). The Urantia Book tells us, "The whole idea of ransom and atonement is incompatible with the concept of God as it was taught and

exemplified by Jesus of Nazareth" (*UB*, 2017). The notion of "substituting an innocent sufferer for a guilty offender" is dismissed as a "childish scheme" (*UB*, 2017). What, then, was the meaning of Jesus' death on the cross? According to *The Urantia Book*, "We know that the death on the cross was not to effect man's reconciliation to God but to stimulate man's realization of the Father's eternal love and his Son's unending mercy" (*UB*, 2019). Obviously, these teachings strike at the very heart of the Christian message.

Genesis 3-5 and Romans 5 make it quite clear that there has indeed been a "fall of man" into sin and rebellion against his Creator. The entire race was ruined and condemned because of Adam's disobedience. Paul tells us plainly that "the result of one trespass was condemnation for all men" (Rom. 5:18). The ideas of ransom and substitutionary atonement are not incompatible with Jesus' view of God. Indeed, Jesus Himself stated that He came "to give His life as a ransom for many" (Matt. 20:28). The Bible tells us that "all have sinned" (Rom. 3:23), but it also tells us that "Christ died for our sins" (1 Cor. 15:3). Contrary to The Urantia Book, Jesus did not die merely to stimulate man's realization of the Father's love; He died to reconcile us to God (Rom. 5:10; Col. 1:22). It is because Christ died for our sins that God can now offer us salvation as a free gift (Rom. 6:23). We cannot earn this gift; we can only gratefully receive it through faith in Christ (Rom. 3:22-28; Eph. 2:8-9).

The Urantia Book proclaims a different God, a different Jesus, and a different Gospel than the Bible. Its message, allegedly revealed by higher spiritual beings, is fundamentally at odds with biblical Christianity. In light of this, it's sobering to think of all the biblical warnings about lying and deceptive spirits (e.g. 1 Kings 22:22-23; John 8:44; 1 Tim. 4:1; Rev. 20:7-10). Dr. Sadler once wrote that if there was anything supernatural about mediumistic phenomena, it was probably demonic. {20} But when he actually encountered someone whose

channeling he thought genuine, he did not resort to this hypothesis. He embraced the revelations and eventually helped publish *The Urantia Book*. It's a pity he didn't stick with his original hypothesis. Who knows? It may have even been true. {21}

Notes

- See "What People Are Saying About The Urantia Book . . ." at http://www.urantia.org/about.html#What (Dec. 2, 2003).
- Martin Gardner, *Urantia: The Great Cult Mystery* (New York: Prometheus Books, 1995), 114.
- William S. Sadler, "A History of the Urantia Movement," at http://www.urantia.org/pub/ahotum.html.
- "Where Did The Urantia Book Come From?" at http://www.urantia.org/about.html#Where (Dec. 2, 2003).
- Gardner, *Urantia*, 97-134.
- See Ernest Moyer, The Birth of a Divine Revelation, chapters 16-17, at http://www.world-destiny.org/tocp.htm.
- Gardner, Urantia, 114-122.
- Ibid, 116.
- Sadler, "A History of the Urantia Movement," at http://www.urantia.org/pub/ahotum.html.
- Ibid.
- See Moyer, *The Birth of a Divine Revelation*, chapters 34, 37, and 43 at http://www.world-destiny.org/tocp.htm.
- Sadler, "A History of the Urantia Movement," at http://www.urantia.org/pub/ahotum.html.
- For more information, see Gardner, *Urantia*, 321-57.
- Gardner, Urantia, 126. See also Moyer, *The Birth of a Divine Revelation*, chapter 43, at http://www.world-destiny.org/tocp.htm.
- Ibid.
- Gardner, *Urantia*, 125.
- Ibid., 25.

- For example, see Sadler, *The Truth About Spiritualism* (Chicago: McClurg, 1923), 207-08 and *The Physiology of Faith and Fear* (Chicago: McClurg, 1912), 467.
- Sadler made a distinction between mediums and seers. He viewed the former as those who claim to communicate with the dead; the latter, as those who might genuinely be in touch with some sort of divine reality (see Gardner, Urantia, 109). Although Sadler thought it possible that demonic spirits might be behind some mediumistic phenomena, he believed the "sleeping subject" was a seer—not a medium. Nevertheless, if demonic spirits actually exist, and if they can impersonate the spirits of the dead, then why couldn't such spirits also impersonate celestial beings from higher universes?

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Race and Racial Issues — A Biblical Christian Perspective

Kerby Anderson looks at the issue of race from a Christian worldview perspective. The Bible clearly teaches that all people are valuable and loved by God with no distinction based on race. As Christians, we are called to set an example by seeing all peoples as worthy of our love and our respect.

This article is also available in Spanish.

Race has divided people in our world for millennia, and the

prejudice of racism is still with us today. So in this article we are going to focus on some important aspects of race and racial issues.

At the outset we should acknowledge that, although we will use the term "race" through this discussion, it is not a very precise term. First, the Bible really only talks of one race: the human race. Superficial differences in skin color, hair color, hair texture, or eye shape may provide physiological differences between people groups. But the Bible doesn't provide any justification for treating people differently simply because of these physical differences.

The Bible teaches that God has made "from one blood every nation of men" (Acts 17:26). Here Paul is teaching the Athenians that they came from the same source in the creation as everyone else. We are all from one blood. In other words, there are no superior or inferior races. We are all from the same race: the human race.

Race is also an imprecise term in large part because it is not based upon scientific data. People of every race can interbreed and produce fertile offspring. It turns out that the so-called differences in the races is not very great. A recent study of human genetic material of different races concluded that the DNA of any two people in the world would differ by just 2/10ths of one percent. {1} And of this variation, only six percent can be linked to racial categories. The remaining 94 percent is "within race" variation.

Let's put it another way. All the racial differences that have been so important to people for generations are statistically insignificant from a scientific point of view. These differences are trivial when you consider the 3 trillion base pairs of human DNA.

A third reason the term "race" also lacks precision is due to

interracial marriage. While it is probably true that the so-called races of the world were never completely divided, it is certainly true that the lines are becoming quite blurred today. Take golfer Tiger Woods as one example. His heritage is Thai, black, white, Chinese, and Native American.

Isn't it ironic that at a time when racial lines are blurring more and more each generation, the government still collects data that requires individuals to check one box that represents their racial or ethnic heritage? A growing number of people are finding it hard to classify themselves by checking just one box.

The Curse on Ham

Sadly, one of the most destructive false teachings supposedly based on the Bible is the so-called "curse on Ham." Ham was one of Noah's three sons (along with Shem and Japheth).

In the past, certain cults and even some orthodox Christian groups have held to the belief that the skin color of black people was due to a curse on Ham and his descendants. Unfortunately, this false teaching has been used to justify racial discrimination and even slavery.

One group said, "We know the circumstances under which the posterity of Cain (and later Ham) were cursed with what we call Negroid racial characteristics." {2} Another group argued that "The curse which Noah pronounced upon Canaan was the origin of the black race." {3}

First, let's clearly state that the Bible does not teach that people with black skin color are cursed by God. This curse was not the origin of the black race or black racial characteristics.

Second, it wasn't Ham who was cursed but his son Canaan (Gen. 9:18-27; 10:6). Only one of Ham's four sons (Cush, Mizraim,

Put, and Canaan) was cursed, so how could all black people be cursed?

As it turns out, the curse on Canaan has unfolded in history. The descendants of Canaan were perhaps one of the most wicked people to live on earth. They were the inhabitants, for example, of Sodom and Gomorrah.

Third, even if a curse is given, the Bible clearly places limitations on curses to three or four generations. In Exodus 20:5-6 God says, "You shall not worship them or serve them; for I, the LORD your God, am a jealous God, visiting the iniquity of the fathers on the children, on the third and the fourth generations of those who hate Me, but showing lovingkindness to thousands, to those who love Me and keep My commandments."

Notice that this passage seems to teach that curses based upon disobedience are reversed when people repent and turn back to obedience. So not only is a curse limited, obedience to God's principles can break it.

Fourth, the Bible teaches that the fulfillment of the curse on Canaan took place with the defeat and subjugation of Canaan by Israel (Joshua 9:23; 1 Kings 9:20-21). This had nothing to do with placing black people under a permanent curse.

Although the idea of "the curse on Ham" has been dying a well-deserved death, it is still important to remember that not so long ago people were misinterpreting a biblical passage to justify their racism and discrimination. No one race or people group is inferior to any other. In fact, the Bible teaches that preferences based upon race, class, or ethnic origin are sinful and subject to God's judgment (James 2:9-13). All of us are created in God's image (Gen. 1:27) and have value and dignity.

Racism

Racism has no doubt been the scourge of humanity. It usually surfaces from generalized assumptions made about a particular race or cultural group. While it is wrong and unfair to assign particular negative characteristics to everyone within a racial group, it is done all the time. The bitter result of these racial attitudes is intolerance and discrimination.

Often racism goes beyond just individual attitudes. These racial attitudes can become the mindset of a particular people group who may use cultural as well as legal means to suppress another race. These cultural norms and laws can be used by the majority race to exploit and discriminate against the minority race.

Although racism has existed throughout the centuries, it gained an unexpected ally in the scientific realm in the nineteenth century. In 1859, Charles Darwin published his famous work The Origin of Species by Means of Natural Selection of the Preservation of Favored Races in the Struggle for Life. It was the last part of that title that no doubt furthered some of the ideas of racial superiority that flourished during that time.

It is not at all clear that Darwin meant to apply the concept of favored races in this particular book to human beings. In fact, he did write more on this subject later, but the provocative nature of the subtitle was enough to fuel discussions about racial superiority and inferiority. Later Darwinists took the concept far beyond what Charles Darwin intended.

So why do people hold racist attitudes? Three reasons are: feelings of pride, feelings of inferiority, and feelings of fear. Pride and arrogance fuel racism. When we are proud of who we are, we can easily look down upon those who are

different from us and do not manifest the same characteristics that we do. We can start believing we are superior to another person or race.

Racism, however, can come from the opposite end of the emotional spectrum: inferiority. We may not feel good about ourselves. So in order to feel good about ourselves, we disparage another person or race.

Racism also results from fear. We fear what we don't understand. We fear what is strange and foreign. Racial and cultural differences may even seem dangerous to us. Racial attitudes can surface if we don't seek to know and understand those who are different from us.

We should stand strong against racism and racist attitudes wherever we find them: in the society, in individuals, even within the church.

Biblical Perspective

We have already noted that the Bible really only talks of one race: the human race. Superficial differences in skin color, hair color, hair texture, or eye shape may provide physiological differences between people groups, but the Bible doesn't provide any justification for treating people differently simply because of these physical differences. The Bible teaches that God has made "of one blood all nations of men" (Acts 17:26 KJV).

The Bible also teaches that it is wrong for a Christian to have feelings of superiority. In Philippians 2, Paul admonishes the Christians to live in harmony with one another. They are to have a gentle spirit toward one another, and to let this gentle spirit be known to others.

Christians are also admonished to refrain from using class distinctions within the church. In James 2, believers are told

not to make class distinctions between various people. They are not to show partiality within the church. Showing favoritism is called sin and the one showing favoritism is convicted by the law. Surely these commands would also apply to holding views of racial superiority and inferiority.

Likewise Paul instructs Timothy (1 Tim. 5:21) to keep his instructions without partiality and to do nothing out of favoritism. This command would also exclude making racial distinctions based on a view of racial superiority.

Finally, we see that Paul teaches the spiritual equality of all people in Christ. For example, he teaches in Colossians 3:11 that "there is no distinction between Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave and freeman, but Christ is all, and in all." This is a significant passage because it shows that Christ has removed four kinds of distinctions: national distinctions (Greek or Jew), religious distinctions (circumcised or uncircumcised), cultural distinctions (barbarian or Scythian), and economic distinctions (slave or free).

A similar passage would be Galatians 3:28: "There is neither Jew nor Greek, there is neither slave nor free man, there is neither male nor female; for you are all one in Christ Jesus." In Christ, our human distinctions lose their significance. No one is superior to another. A believing Jew is not superior to a believing Greek. A believing slave is of no higher rank than a believing free person.

Racism and racist attitudes are wrong. Christians should work to remove such ideas and attitudes from society.

Becoming Culturally Sensitive

Here are some suggestions on how to become more sensitive to differences in race and culture.

First, we need to take an accurate assessment of ourselves. Often our assumptions and predispositions affect the way we perceive and even treat others. A person who says he or she has no prejudices is probably in denial. All of us perceive the world differently and find it easier to accept people who are like us and harder to understand people who are different from us.

Our cultural worldview affects how we perceive others. It affects how we evaluate what others think and what others do. So an important first step in becoming more racial and culturally sensitive is to evaluate ourselves.

Second, we should try to empathize with others. We must start learning how to look at life and our circumstances from the viewpoint of others. Instead of trying to make others think like us, we should strive to begin to begin to think like them. That doesn't mean we have to agree with their viewpoint, but it does mean that becoming empathetic will be helpful in bridging racial and cultural barriers.

Third, learn to withhold judgment. Tolerance (in the biblical sense of the word) is a virtue we should cultivate. We should be willing to put aside our critical thinking and judgment until we know someone better. Taking the time to listen and understand the other person will help build bridges and dismantle barriers that often separate and isolate races and cultures.

Fourth, do not consider yourself superior to another. One of the root causes of racism is a belief in racial superiority. Paul tell us in Romans 12:3 that a man should not "think more highly of himself than he ought to think." Differences in race and culture should never be used to justify feelings of racial superiority which can lead to racist attitudes.

Fifth, develop cross cultural traits. A missionary who goes overseas must learn to develop personal traits that will make

him or her successful in a new and different culture. Likewise, we should develop these traits so that we can reach across a racial and cultural divide. Friendliness and open communication are important. Flexibility and open-mindedness are also important. Developing these traits will enhance our ability to bridge a racial and cultural gap.

Finally, we should take a stand. We shouldn't tell (or allow others to tell) racial and ethnic jokes. These are demeaning to others and perpetuate racism and racial attitudes. Instead we should be God's instrument in bring about racial reconciliation. We should seek to build bridges and close the racial and cultural divide between people groups and reach out with the love of Jesus Christ.

Notes

- 1. J. C. Gutin, "End of the Rainbow," *Discover*, Nov. 1994, 71-75.
- 2. Bruce McConkie, "Apostle of the Mormon Council of 12," Mormon Doctrine (Salt Lake: Bookcraft, 1958), 554.
- 3. "The Golden Age," The Watchtower, 24 July 1929, 702.
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Homosexuality: Questions and Answers from a Biblical Perspective

Sue Bohlin provides distinctly biblical answers to your questions about homosexuality. As a Christian, it is important to understand what the Bible says and to be able to

communicate this message of compassion.

Q. Some people say homosexuality is natural and moral; others say it is unnatural and immoral. How do we know?

A. Our standard can only be what God says. In Romans 1 we read,

God gave them over to shameful lusts. Even their women exchanged natural relations for unnatural ones. In the same way the men also abandoned natural relations with women and were inflamed with lust for one another. Men committed indecent acts with other men, and received in themselves the due penalty for their perversion (Romans 1:26-27).

So even though homosexual desires *feel* natural, they are actually *un*natural, because God says they are. He also calls all sexual involvement outside of marriage immoral. (There are 44 references to fornication—sexual immorality—in the Bible.) Therefore, any form of homosexual activity, whether a onenight stand or a long-term monogamous relationship, is by definition immoral—just as any abuse of heterosexuality outside of marriage is immoral.

Q. Is homosexuality an orientation God intended for some people, or is it a perversion of normal sexuality?

A. If God had intended homosexuality to be a viable sexual alternative for some people, He would not have condemned it as an abomination. It is never mentioned in Scripture in anything but negative terms, and nowhere does the Bible even hint at approving or giving instruction for homosexual relationships. Some theologians have argued that David and Jonathan's relationship was a homosexual one, but this claim has no basis in Scripture. David and Jonathan's deep friendship was not sexual; it was one of godly emotional intimacy that truly glorified the Lord.

Homosexuality is a manifestation of the sin nature that all people share. At the fall of man (Genesis 3), God's perfect creation was spoiled, and the taint of sin affected us physically, emotionally, intellectually, spiritually—and sexually. Homosexuality is a perversion of heterosexuality, which is God's plan for His creation. The Lord Jesus said,

In the beginning the Creator made them male and female. For this reason, a man will leave his father and mother and be united to his wife, and the two will become one flesh (Matthew 19:4, 5).

Homosexual activity and pre-marital or extra-marital heterosexual activity are all sinful attempts to find sexual and emotional expression in ways God never intended. God's desire for the person caught in the trap of homosexuality is the same as for every other person caught in the trap of the sin nature; that we submit every area of our lives to Him and be transformed from the inside out by the renewing of our minds and the purifying of our hearts.

Q. What causes a homosexual orientation?

A. This is a complex issue, and it is unfair to give simplistic answers or explanations. (However, for insight on this issue please consider our articles Answers to Questions Most Asked by Gay-Identifying Youth and "Why Doesn't God Answer Prayers to Take Away Gay Feelings?") Some people start out as heterosexuals, but they rebel against God with such passionate self-indulgence that they end up embracing the gay lifestyle as another form of sexual expression. As one entertainer put it, "I'm not going to go through life with one arm tied behind my back!"

But the majority of those who experience same-sex attraction sense they are "different" or "other than" from very early in life, and at some point they are encouraged to identify this difference as being gay. These people may

experience "pre-conditions" that dispose them toward homosexuality, such as a sensitive and gentle temperament in boys, which is not recognized as acceptably masculine in our culture. Another may be poor eye-hand coordination that prevents a boy from doing well at sports, which is a sure way to invite shame and taunting from other boys (and, most unfortunately, from some of their own fathers and family members). Family relationships are usually very important in the development of homosexuality; the vast majority of those who struggle with same-sex attraction experienced a hurtful relationship with the same-sex parent in childhood. The presence of abuse is a recurring theme in the early lives of many homosexual strugglers. In one study, 91% of lesbian women reported childhood and adolescent abuse, 2/3 of them victims of sexual abuse. {1} There is a huge difference, however, between predispositions that affects gender identity, and the choices we make in how we handle a predisposition. Because we are made in the image of God, we can choose how we respond to the various factors that may contribute to a homosexual orientation.

Q. Wouldn't the presence of pre-conditions let homosexuals "off the hook," so to speak?

A. Preconditions make it easier to sin in a particular area. They do not excuse the sin. We can draw a parallel with alcoholism. Alcoholics often experience a genetic or environmental pre-condition, which makes it easier for them to fall into the sin of drunkenness. Is it a sin to want a drink? No. It's a sin to drink to excess.

All of us experience various predispositions that make it easier for us to fall into certain sins. For example, highly intelligent people find it easier to fall into the sin of intellectual pride. People who were physically abused as children may fall into the sins of rage and violence more easily than others.

Current popular thinking says that our behavior is determined by our environment or our genes, or both. But the Bible gives us the dignity and responsibility missing from that mechanistic view of life. God has invested us with free will—the ability to make real, significant choices. We can choose our responses to the influences on our lives, or we can choose to let them control us.

Someone with a predisposition for homosexuality may fall into the sin of the homosexual behavior much more easily than a person without it. But each of us alone is responsible for giving ourselves permission to cross over from temptation into sin.

Q. What's the difference between homosexual temptation and sin?

A. Unasked-for, uncultivated sexual desires for a person of the same sex constitute temptation, not sin. Since the Lord Jesus was "tempted in every way, just as we are (Hebrews 4:15)," He fully knows the intensity and nature of the temptations we face. But He never gave in to them.

The line between sexual temptation and sexual sin is the same for both heterosexuals and homosexuals. It is the point at which our conscious will gets involved. Sin begins with the internal acts of lusting and creating sexual fantasies. Lust is indulging one's sexual desires by deliberately choosing to feed sexual attraction—you might say it is the sinful opposite of meditation. Sexual fantasies are conscious acts of the imagination. It is creating mental pornographic home movies. Just as the Lord said in the Sermon on the Mount, all sexual sin starts in the mind long before it gets to the point of physical expression.

Many homosexuals claim, "I never asked for these feelings. I did not choose them," and this may be true. That is why it is significant to note that the Bible specifically condemns

homosexual *practices*, but not undeveloped homosexual feelings (temptation). There is a difference between having sexual feelings and letting them grow into lust. When Martin Luther was talking about impure thoughts, he said, "You can't stop the birds from flying over your head, but you can keep them from building a nest in your hair."

Q. Isn't it true that "Once gay, always gay?"

A. It is certainly true that most homosexuals never become heterosexual—some because they don't want to, but most others because their efforts to change were unsuccessful. It takes spiritual submission and much emotional work to repent of sexual sin and achieve a healthy self-concept that glorifies God.

But for the person caught in the trap of homosexual desires who wants sexual and emotional wholeness, there is hope in Christ. In addressing the church at Corinth, the Apostle Paul lists an assortment of deep sins, including homosexual offenses. He says,

And that is what some of you were. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ (1 Corinthians 6:11).

This means there were former homosexuals in the church at Corinth! The Lord's loving redemption includes eventual freedom for all sin that is yielded to Him. Some (rare) people experience no homosexual temptations ever again. But for most others who are able to achieve change, homosexual desires are gradually reduced from a major problem to a minor nuisance that no longer dominates their lives. The probability of heterosexual desires returning or emerging depends on a person's sexual history.

But the potential for heterosexuality is present in everyone because God put it there.

See our article "Can Homosexuals Change?" at www.probe.org/can-homosexuals-change/.

Q. If homosexuality is such an abomination to God, why doesn't it disappear when someone becomes a Christian?

A. When we are born again, we bring with us all of our emotional needs and all of our old ways of relating. Homosexuality is a relational problem of meeting emotional needs the wrong way; it is not an isolated problem of mere sexual preference. With the power of the indwelling Spirit, a Christian can cooperate with God to change this unacceptable part of life. Some people-a very few-are miraculously delivered from homosexual struggles. But for the majority, real change is slow. As in dealing with any besetting sin, it is a process, not an event. Sin's power over us is broken at the moment we are born again, but learning to depend on the Holy Spirit to say no to sin and yes to godliness takes time. 2 Corinthians 3:18 says, "We…are being transformed into His likeness from glory to glory." Transformation (this side of eternity!) is a process that takes a while. Life in a fallen world is a painful struggle. It is not a pleasant thing to have two oppositional natures at war within us!

Homosexuality is not one problem; it is symptomatic of other, deeper problems involving emotional needs and an unhealthy self-concept. Salvation is only the beginning of emotional health. It allows us to experience human intimacy as God intended us to, finding healing for our damaged emotions. It isn't that faith in Christ isn't enough; faith in Christ is the beginning.

Q. Does the fact that I had an early homosexual experience mean I'm gay?

A. Sex is strictly meant for adults. The Song of Solomon says three times, "Do not arouse or awaken love until it so desires." This is a warning not to raise sexual feelings until

the time is right. Early sexual experience can be painful or pleasurable, but either way, it constitutes child abuse. It traumatizes a child or teen. This loss of innocence does need to be addressed and perhaps even grieved through, but *doesn't* mean you're gay.

Sexual experimentation is something many children and teens do as a part of growing up. You may have enjoyed the feelings you experienced, but that is because God created our bodies to respond to pleasure. It probably made you feel confused and ashamed, which is an appropriate response to an inappropriate behavior. Don't let anyone tell you it means you're gay: it means you're human.

Even apart from the sexual aspect, though, our culture has come to view close friendships with a certain amount of suspicion. If you enjoy emotional intimacy with a friend of the same sex, especially if it is accompanied by the presence of sexual feelings that emerge in adolescence, you can find yourself very confused. But it doesn't mean you're gay.

It is a tragic myth that once a person has a homosexual experience, or even *thinks* about one, that he or she is gay for life.

Q. Are homosexuals condemned to hell?

A. Homosexuality is not a "heaven or hell" issue. The *only* determining factor is whether a person has been reconciled to God through Jesus Christ.

In 1 Corinthians 6, Paul says that homosexual offenders and a whole list of other sinners will not inherit the kingdom of God. But then he reminds the Corinthians that they have been washed, sanctified, and justified in Jesus' name. Paul makes a distinction between unchristian behavior and Christian behavior. He's saying, "You're not pagans anymore, you are a holy people belonging to King Jesus. Now act like it!"

If homosexuality doesn't send anyone to hell, then can the believer indulge in homosexual behavior, safe in his or her eternal security? As Paul said, "May it never be!" If someone is truly a child of God, he or she cannot continue sinful behavior that offends and grieves the Father without suffering the consequences. God disciplines those He loves (Hebrews 12:6). This means that ultimately, no believer gets away with continued, unrepented sin. The discipline may not come immediately, but it will come.

Q. How do I respond when someone in my life tells me he or she is gay?

A. Take your cue from the Lord Jesus. He didn't avoid sinners; He ministered grace and compassion to them—without ever compromising His commitment to holiness. Start by cultivating a humble heart, especially concerning the temptation to react with judgmental condescension. As Billy Graham said, "Never take credit for not falling into a temptation that never tempted you in the first place."

Seek to understand your gay friends' feelings. Are they comfortable with their gayness, or bewildered and resentful of it? Understanding people doesn't mean that you have to agree with them—but it is the best way to minister grace and love in a difficult time. Accept the fact that, to this person, these feelings are normal. You can't change their minds or their feelings. Too often, parents will send their gay child to a counselor and say, "Fix him." It just doesn't work that way.

As a Christian, you are a light shining in a dark place. Be a friend with a tender heart and a winsome spirit; the biggest problem of homosexuals is not their sexuality, but their need for Jesus Christ. At the same time, pre-decide what your boundaries will be about what behavior you just cannot condone in your presence. One college student I know excuses herself from a group when the affection becomes physical; she just gets up and leaves. It is all right to be uncomfortable around

blatant sin; you do not have to subject yourself—and the Holy Spirit within you—to what grieves Him. Consider how you would be a friend to people who are living promiscuous heterosexual lives. Like the Lord, we need to value and esteem the person without condoning the sin.

Note

1. Anne Paulk, *Restoring Sexual Identity* (Eugene OR: Harvest House, 2003), p. 246.

For further reading:

- Bergner, Mario. Setting Love in Order: Hope and Healing for the Homosexual. Baker, 1995.
- Paulk, Anne. Restoring Sexual Identity. Eugene OR: Harvest House, 2003.
- Dallas, Joe. *Desires in Conflict*. Eugene, OR: Harvest House, 1991. (Particularly good!)
- Konrad, Jeff. You Don't Have to Be Gay. Pacific Publishing, 1987. (This is directed at young men. I can't recommend this one highly enough.)
- Satinover, Jeffrey. Homosexuality and the Politics of Truth. Baker, 1996.
- Schmidt, Thomas E. Straight & Narrow? : Compassion & Clarity in the Homosexuality Debate. Intervarsity Press, 1995.
- Worthen, Anita and Bob Davies. Someone I Love is Gay: How Family and Friends Can Respond. Intervarsity Press, 1996.
- The website of Living Hope Ministries, an outreach in the Dallas/Ft. Worth area. Of particular interest are the online testimonies and especially an excellent online support group, a confidential, free, moderated message board for strugglers, overcomers and those who seek to encourage and uplift.

Alternative Medicine — A Christian Perspective

Dr. Pat Zukeran applies a biblical worldview perspective as he assesses the rise of alternative medicine in the mainstream of American culture. He points out the types that a purely fraud and those which may be useful for some people.



This article is also available in **Spanish**.

The Rise of Alternative Medicine

Alternative medicine has blazed its way into the mainstream of American culture while also making significant gains in the medical community. Nearly half of all U.S. adults now participate in some kind of alternative therapy. {1} A recent study showed that Americans spend almost \$30 billion a year on alternative treatments. {2}

Alternative medicine remains a controversial issue. Do these medicines actually work? Do these alternative therapies embrace an Eastern religious system? Should Christians be involved with alternative treatments? How do we evaluate a particular practice that is unconventional?

The sudden rise of alternative medicine can be attributed to a growing dissatisfaction with conventional medical practices. Modern methods have mainly focused on the physical symptoms. However, we are spiritual, social and emotional creatures as

well. Healing improves when all of these components are addressed. Conventional medicine has also been criticized for its impersonal approach. Overworked doctors may spend only a few minutes diagnosing the problem without much follow-up.

The main reason people may be flocking to alternative medicine is that it offers hope when conventional medicine has failed. The frightened and discouraged look there as a last resort. Many therapists profess to heal cancer or know the secret to prolonged youth. For example, Hollywood guru Deepak Chopra writes that his therapies can take us to ". . . a place where the rules of everyday existence do not apply." Through his methods we can ". . . become pioneers in a land where youthful vigor, renewal, creativity, joy, fulfillment, and timelessness are the common experience of everyday life, where old age, senility, infirmity and death do not exist and are not even entertained as a philosophy." {3} These are attractive temptations to those without hope.

As discerning individuals, we must not be enticed by such claims. The Bible teaches that we live in a fallen world. Despite our best efforts people get sick, and sometimes they die. When faced with a serious illness, we first must accept the consequences of the Fall. God can heal any time He chooses using whatever method He wills. However, He does not work contrary to His nature or revealed truth. If an apparent healing leads someone to embrace teachings contrary to Scripture, we should question whether that healing came from God.

So when the test results are bad, we should not panic in fear, but trust God's sovereignty and control over our lives. We should seek wise counsel from doctors and our pastors. Then, if an alternative medicine is recommended, we should make sure it has been medically tested and does not promote a false teaching or false hope. In dealing with illness, we can honor God or we can blemish our testimony. In the following sections, let us consider how to wisely evaluate alternative

Getting a Handle on Alternative Medicines

Today there are hundreds of therapies labeled "alternative medicine," but what exactly does that mean? A broad definition would be any therapy that is not accepted by the dominant medical establishment of our culture. There are several characteristics of alternative medicine. For example, these therapies are not practiced in hospitals or physicians' offices. They focus on natural methods of healing with an emphasis on preventing disease. They are also more likely to treat chronic ailments after conventional medicine has failed.

Alternative medicine originates from the traditions of ancient cultures, particularly China and India. For instance, 370 different healing drugs were used in Mesopotamia while 600 were common in India. The Chinese had 2000 herbs, metals, and minerals as ingredients in 16,000 different preparations. [4] Despite the variety, many historians agree that these ancient medical practices had little success in actually curing disease. The real effects are still under scrutiny today including comparisons with the strides made by modern medicine. Despite the shortfalls of conventional medicine, we live longer and are healthier than people of long ago.

Ancient alternative medicine was greatly influenced by Eastern religions. That is why today's users of so-called "rediscovered" alternative medicines can still see those religious concepts interwoven with the treatments. Many alternative medicine proponents approach holistic health from a pantheistic worldview. Central to pantheism is the idea of monism—the idea that everything in the universe is one ultimate reality. If all is one, then man is divine. Since we are divine, we are without sin. Sin is merely an illusion that creates false guilt. This guilt is what leads to illness.

Deepak Chopra writes, ". . . the seeds of $\operatorname{\mathsf{God}}$ are inside us. .

. . When we make the journey of the spirit, we water these divine seeds. . . In the eyes of the spirit, everyone is innocent, in all senses of the word. Because you are innocent, you have not done anything that merits punishment or divine wrath."{5}

Some advocates of alternative medicine would point out that the biblical view of health is also considered holistic. Indeed, God made man a complex being with physical, mental, social and spiritual dimensions, and He cares about every aspect of our personhood. (You can see these aspects in Hebrews 4:12 and 1 Thessalonians 5:23.) Contrary to pantheism, the Bible teaches God is a personal being and we are His created beings. We were meant for a personal relationship with Him, but we are separated from this by sin. Biblical health begins with a right relationship with a personal God through His Son, Jesus Christ. Rather than ignoring sin, it must be dealt with through repentance and restoration. Finally, a Christian must acknowledge that God may have a purpose for suffering, and that there is value to yielding to His plan.

Should a Christian Use Alternative Medicine?

When it comes to selecting an alternative therapy, there is a smorgasbord of choices. How can a Christian discern an acceptable alternative medicine from one that is unacceptable? In making a decision, it is helpful to identify the different alternative medicines. The authors of Basic Questions on Alternative Medicine: What Is Good and What Is Not? [6] give five categories of alternative therapies.

The first category is *complementary* therapies. These deal with lifestyle issues such as diet, exercise and stress. The next category is *scientifically unproven* therapies. These have undergone scientific research, but with little evidence for their effectiveness. Herbal remedies would be an example of

scientifically unproven therapies.

A third category is scientifically questionable therapies. These are therapies which contradict basic scientific principles or that cannot be easily verified. An example is Chinese acupuncture that teaches a contradictory understanding to what is known about human physiology. A fourth category is life energy therapies. These assume life energy called "Chi" or "Prana" that can be manipulated using a variety of techniques. Maybe you have heard of "Reiki" and therapeutic touch. The final category of therapies is quackery and fraud. These are therapies that have been shown to have no reasonable benefit.

Before deciding to use an alternative medicine, a Christian should consider first under which category the particular therapy falls. Generally speaking, complementary therapies provide important insights into maintaining good health. Scientifically unproven and questionable therapy must be studied and decisions made on a case-by-case basis. Many of the proofs for alternative medicine are based on controversial interpretations of scientific theories or testimonies of users. {7} The wisest approach is to only use cures endorsed by sound medical research and controlled testing. Christians should avoid therapies that fall under the life energy and fraud categories.

Consult your physician and pharmacist. Too often individuals will engage in alternative treatments without informing their physician. Proponents of alternative medicine try to discourage their clients from using conventional medical methods, claiming their way to be the best. This can be a dangerous concept. An alternative therapist may prescribe approaches contrary to your doctor's recommendation, or give you medicines that may react negatively with your prescribed medications.

Finally, be a wise steward. Don't spend your resources on

therapies that have been proved ineffective or questionable. Watch out for practitioners of a false religious system. In my pastoral experience, I have witnessed Christians turn to shamans and Chinese folk medicine when diagnosed with a serious illness. In all cases the alternative therapy did not help the situation and cost the family monetarily. More importantly, it impaired their witness for Christ. Make your lifestyle, especially the way you handle illness, a testimony for Christ.

Life Energy Therapies

As mentioned earlier, there are five categories of alternative medicines. Christians should avoid *life energy* and *quackery* and *fraud* therapies.

Let us take a careful look at life energy therapies. Although there are over 60 different names for these therapies, they are all based on six fundamental principles. [8] Practitioners believe that life energy flows throughout the universe. There are numerous names for this impersonal energy. Traditional Chinese medicine calls this energy "Chi" while Indian Ayurvedic medicine titles it "Prana." Some Christians mistakenly equate this with the Holy Spirit. The two are not the same.

Life energy therapists believe that humans are composed of energy surrounded by a material body. Life energy therapy directs this energy so that it flows throughout the body unhindered. Disease is believed to be the result of an imbalance or blockage in the energy flow. Traditional Chinese medicine describes an elaborate system of channels within the body called meridians. To cure an illness, the body must be manipulated to restore the flow of energy through the meridians.

Traditional Chinese and Indian practitioners believe they can determine one's energy flow by looking at the skin color,

symptoms, tongue, and pulse. Therapeutic touch practitioners say they can sense the energy flow by moving their hands above the skin. Supposedly there are now high tech machines that can measure this energy flow. Many of these machines, for example the Vegatest and its spin-offs, have been deemed fraudulent and are illegal. {9}

It is said that life energy can be re-directed to treat an offending illness. Life energy therapists believe they can adjust the flow of energy through physical manipulation or invisible transfer from healer to patient. In traditional Chinese medicine, needles are used to unplug holes or stimulate the flow of this energy. Massage, exercise, and herbs are also believed to restore Chi as are breathing and meditation techniques.

Miracles are believed to occur by altering the life energy. This is the message presented in *Star Wars*. In the movie, the Jedi masters could control the life energy, or Force, to perform miraculous feats. The concept of God and energy are used interchangeably. From this we can conclude that life energy is, in essence, God. Since we are energy, we are divine because we are of the same essence as the Divine.

Christians should avoid therapists who expound life energy therapy. Many ideas are built on a pantheistic worldview, causing these therapies to embrace or at least acknowledge Eastern mysticism. Also, their teachings have drifted far from objective knowledge of the human body. Finally, God is not an impersonal force, and He cannot be manipulated by formulas or healing rituals. God will not heal through any practice that is contrary to His Word.

Herbal Treatments

Wherever you look, it seems like there is an infomercial or ad for herbal products. According to a 1998 study in *The Journal of the American Medical Association*, between 1990 and 1997,

there was a 380 percent rise in herbal remedies and a 130 percent increase in high dose vitamin use in the US. {10} Current estimates say 60-72 million Americans use herbal supplements. {11} Many herbal treatments make remarkable claims of healing cancer, arthritis, depression, and other illnesses. What are we to make of the herbal craze?

Be discerning if you choose to use herbs. *Natural* does not guarantee *safe*. There are many natural herbs that can produce dangerous, and even deadly, side effects. Be wary of the marketing hype. Despite the ads, the truth of the matter is that research has concluded that the effectiveness of herbal use is questionable at best. You also need to consider quality control. Unlike prescription and non-prescription drugs that are tightly regulated by the FDA, no organization is directly responsible for monitoring the quality or concentrations of herbal products. Be skeptical of "a pill for every ill" mentality. Finally, be sure to avoid anyone who claims to have a secret formula, especially if he reports to have been persecuted by the American Medical Association or Federal Drug Administration. Avoid any retailer, radio ad, or person who is bent on selling his product as a cure-all.

Some herbal treatments are costly and provide no enhancement. However, some herbal supplements have shown some promising benefits. Herbal treatments may prove to be helpful additions to conventional treatments. Herbs like ginseng have shown to be beneficial for Type 2 diabetes, for example. Herbal preparations are sometimes less potent in dosage than prescriptions drugs and may be less toxic.

It is important to thoroughly research the product you are considering using. Inform your doctor and pharmacist. They know your medical history and can alert you to any potentially dangerous interactions between herbs and pharmaceutical drugs. Be leery of thinking that if taking a little is good, a heavier dose must be even better. Find out whether the herbs are for long or short term. Check the quality of the product

and be aware of the possible side effects. Don't assume that if the product has been used for a while, even for centuries, it must be better.

There is no biblical admonition forbidding the use of herbal products. However, Christians should approach the herbal market from an informed perspective. Some excellent books on the subject are *The American Pharmaceutical Association Practical Guide to Natural Medicines* and *Alternative Medicine: A Christian Handbook*. Excellent Web sites include herbalgram.com and naturalmedicines.therapeuticresearch.com/.

In times of health and especially in dealing with illness, our goal is always to honor the Lord.

Notes

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Communicating with the Dead — A Christian Perspective on Its Reality

Can John Edward and James Van Praagh really communicate with the dead? Michael Gleghorn takes a skeptical and biblical look at the phenomenon of after-death communication.

https://www.ministeriosprobe.org/docs/comunicacion-muertos.htm

This article is also available in <u>Spanish</u>.

Mediums and the Media

Both John Edward and James Van Praagh are highly sought-after mediums who claim to possess the ability to communicate with the dead. Each has his own Web site and hit television show. They have both authored best-selling books, been interviewed by television personalities and news journalists, and each has about a three-year waiting list for personal readings.

"According to a recent Gallup Poll, 38 percent of Americans believe ghosts or spirits can come back in certain situations. In 1990, it was 25 percent. Today, 28 percent think some people can hear from or 'mentally' talk to the dead, compared with 18 percent 11 years ago." {1} Some believe that the increased interest in after-death communication is a "spillover from the growing interest in alternative medicine and Eastern spirituality." {2} But whatever the cause, the popularity of self-proclaimed mediums like Edward and Van Praagh has soared in recent years.

John Edward was 15 when he first learned of his life's work. {3} He received a reading from a psychic who told him that he would help bring comfort to the living by reuniting them with those who had crossed over to the other side. Since



then, John has gone from doing private readings in his home to making appearances on popular radio and television shows. He has been a guest on *Entertainment Tonight*, *The Crier Report*, and *The Maury Povich Show*, just to name a few. He's also been interviewed by *The New York Times*, *Entertainment Weekly*, and others. He's authored three books, produced a series of audio tapes that explain how to communicate with the other side, and, since June 2000, he's had his own television show, *Crossing Over with John Edward*.



The story of James Van Praagh is similar. On his Web site we learn that James was 24 when a medium told him that he would be in the same line of work within just two years. {4} Although James was initially skeptical, he soon realized that he indeed had the ability to communicate with the dead. Since that time, James has gone from doing psychic readings for friends, to making television appearances on such

shows as NBC's *The Other Side*, *Oprah*, and *20/20*. In addition to writing four books, he's produced two meditation tapes and a video about psychic development. The popular CBS miniseries, *Living with the Dead*, was based on his life and work. And since September 2002, he's been the star of his own television show, *Beyond with James Van Praagh*.

What are Christians to make of all this? Is there good evidence that Edward and Van Praagh can really communicate with the dead? And what, if anything, does the Bible say about such matters? These are just a few of the questions that we will wrestle with in this article.

The Tricks of the Trade

Both John Edward and James Van Praagh claim the mediumistic ability to communicate with the dead. And thousands of adoring fans believe these claims are true. One reporter tells the story of Sally Morrison, who visited Edward after the death of her husband. {5} During the reading, Edward reportedly asked her, "I'm getting a screwdriver; what does that mean to you?" Ms. Morrison remembered that the day before she had spent an hour looking for a screwdriver in her late husband's tool box. Afterward she told the reporter, "It was such an everyday thing to bring up. But to me, it was incredibly comforting, a sign that Paul had been there." Apparently, Ms. Morrison was persuaded that Edward had really made contact with her late husband. Similar stories could also be told of James Van Praagh's apparent successes.

But if this is so, why haven't Edward and Van Praagh managed to convince the skeptics? Michael Shermer, who I must point out is also skeptical of Christianity, observes that there are three techniques commonly used by mediums to convince people of their alleged paranormal powers: cold reading, warm reading, and hot reading. {6} These techniques might be thought of as the tricks of the trade, so to speak.

In cold reading, mediums make use of methods that help them "read" a person who was unknown to them in advance. Such methods may include observing body language, asking questions, and inviting the subject to interpret vague statements. {7} For instance, by carefully observing body language and facial expressions, the medium can often get a good idea of whether

or not he's on the right track. Also, by asking questions and inviting the subject to interpret vague statements, the medium can gain valuable information. This information can then be used later in the reading to make what appear to be stunningly precise revelations from the spirit world. Indeed, Shermer contends that by effectively applying these techniques, the medium actually gets the subject to do the reading for him! {8} Skeptics hold that both Edward and Van Praagh make use of such methods.

Warm reading involves making statements that tend to apply to most anyone. For example, many people carry a piece of jewelry that belonged to their dead loved one. By asking if the subject is carrying such jewelry, the medium has a good chance of making a "hit." This can give the impression that the information was divined from a paranormal source. In reality, of course, it may have been nothing more than a highly probable guess.

The last technique, hot reading, actually involves getting information about a subject *before* the reading begins! But surely Edward and Van Praagh have not availed themselves of such methods. Not according to the skeptics! It appears that both mediums have apparently been caught red-handed using "hot reading" techniques.

Caught in the Act

Skeptics contend that self-proclaimed mediums John Edward and James Van Praagh have both been caught red-handed using "hot reading" techniques. "Hot reading" involves gathering information about a subject *prior* to doing the reading. Although most skeptics agree that such techniques are probably not used as much now as they were by spiritists in the past, there seem to be strong indications that both Edward and Van Praagh have, on occasion, attempted to obtain information about their subjects in advance.

In an article written for the *Skeptical Inquirer*, Joe Nickell describes one such episode involving John Edward. {9} The incident occurred on a *Dateline* special. During a group reading, Edward indicated that the spirits were telling him to acknowledge someone named Anthony. The cameraman signaled Edward that that was his name. Edward appeared surprised and asked, "Had you not seen Dad before he passed?" John Hockenberry, the *Dateline* reporter, was initially quite impressed with this revelation. The cameraman's name was Anthony and his father was dead. Hockenberry later learned what really happened.

Earlier in the day, Anthony "had been the cameraman on another Edward shoot." {10} The two men had talked and Edward had learned of the death of Anthony's father. When confronted by Hockenberry in a later interview, Edward reluctantly admitted as much. Of course, Edward still maintained that he got this information from the spirits as well. But can anyone blame the skeptic for being suspicious?

Michael Shermer relates a similar incident, this one involving James Van Praagh, which occurred on 20/20.{11} While relaxing during a break, Van Praagh asked a young woman, "Did your mother pass on?" The woman shook her head, but said that her grandmother had died. Unfortunately for Van Praagh, the cameras had accidentally been left rolling during the break. The entire episode was caught on tape! Unaware of this, Van Praagh later turned to the woman during his reading and said, "I want to tell you, there is a lady sitting behind you. She feels like a grandmother to me." Afterward, when confronted by 20/20's Bill Ritter with the video evidence captured during the break, Van Praagh insisted, "I don't cheat. I don't have to prove . . . I don't cheat. I don't cheat. I mean, come on. . . . " Shermer concludes, "Interesting. No one said anything about cheating. The gentleman doth protest too much." {12}

The fact that both Edward and Van Praagh have been caught using information in their readings that they gained

beforehand ought to alert us to the possibility that these men may not really be what they claim. Still, to be fair, we must at least admit the possibility that these men not only had advanced information about their subjects, but that they also received such information later through a spiritistic revelation. But is this really possible? Let's see what the Bible says about after-death communication.

Saul and the Spirit Medium

In 1 Samuel 28, we read that Israel and the Philistines were preparing to make war with one another. When Saul, the king of Israel, saw the Philistine army, he was filled with fear. Desperate for a word from God, he inquired of the Lord, but the Lord did not answer him. Hoping for guidance by another means, Saul told his servants to find him a medium. At this point in Israel's history this may not have been an easy task, for "Saul had put the mediums and the spiritists out of the land" (1 Sam. 28:3). But why had he done this?

It was actually an act of obedience to the Word of God. In Deuteronomy 18 the Lord had said, "There shall not be found among youa medium, or a spiritist, or one who calls up the dead. For all who do these things are an abomination to the Lord" (vv. 10-12). The Lord had also told His people that they were not to seek out mediums (Lev. 19:31), that the person who did so was to be cut off from his people (Lev. 20:6), and that mediums were also to be put to death (Lev. 20:27). In spite of all these prohibitions against turning to mediums, Saul was apparently so desperate for guidance that he ordered his servants to find him one. They did, and he disguised himself and went to her by night.

Although initially hesitant to practice her art, the medium, not recognizing her client as Saul, eventually agreed to call up the prophet Samuel who had died some time before. "When the woman saw Samuel, she cried out with a loud voice," suddenly

realizing that her client was Saul! (1 Sam. 28:12)

Samuel's message to Saul was both tragic and prophetic: "The Lord will . . . deliver Israel with you into the hand of the Philistines. And tomorrow you and your sons will be with me" (1 Sam. 28:19). Reflecting on these events, the author of Chronicles wrote, "So Saul died for his unfaithfulness . . . against the Lord, because he did not keep the word of the Lord, and also because he consulted a medium for guidance" (1 Chron. 10:13). Whatever truths we may glean from the story of Saul and the medium, it clearly does not sanction man's attempt to communicate with the dead.{13}

But does it confirm that after-death communication is really possible? Although some have speculated that the spirit of Samuel was actually a demonic spirit, the text repeatedly identifies the spirit as Samuel (vv. 12, 14, 15-16) and nowhere even hints that it might be a demon. Thus, we are forced to conclude that after-death communication is not intrinsically impossible. But here we must be careful. Possibility does not suggest probability. The text seems to imply that God allowed Samuel's special return in order to pronounce judgment against Saul (vv. 16-19). And as we'll see, there are good reasons to believe that this was, in fact, an exceptional event.

The Rich Man and Lazarus

Jesus' story of the rich man and Lazarus (Luke 16:19-31) clearly suggests the immense improbability of the dead communicating with the living. Both the rich man and Lazarus died. Lazarus went to "Abraham's bosom," a place of paradise for the righteous dead (Luke 16:22). The rich man went to Hades, a place of conscious torment for the unrighteous. Though separated by a great chasm, the rich man could still see and speak with those dwelling in paradise. He called out to Abraham, asking that Lazarus be sent to warn his brothers,

lest they share his torment in the afterlife. But Abraham refused, saying that if they would not listen to the Word of God, they also would not listen if someone rose from the dead.

But why didn't the rich man just go and warn his brothers himself? After all, if it were a simple matter for the dead to communicate with the living, then why did the rich man ask that Lazarus be sent to warn his brothers? Apparently, the rich man was not able to warn his brothers. He could not escape his place of punishment to do so.

But wouldn't it also, then, be impossible for Lazarus to warn them? Not necessarily. Although it seems to be a rare occurrence, it appears that the righteous dead are, on occasion, permitted by God to communicate with those still alive on earth. The Old Testament records the appearance of Samuel to Saul (1 Samuel 28), and the New Testament records the appearance of Elijah and Moses to Jesus and some of his disciples on the Mount of Transfiguration (Matthew 17). Nevertheless, the biblical evidence indicates that after-death communication is extremely rare.

Does this mean that mediums like John Edward and James Van Praagh are charlatans? Skeptics certainly think so, and the skeptics may be right. But the Bible allows for another possibility; namely, that the spirits with whom Edward and Van Praagh claim to communicate are not human at all, but demonic. Consider the following.

The Bible indicates that messages from the human dead are extremely rare. It's therefore unlikely that Edward and Van Praagh should receive such messages all the time. In addition, listen to what the spirits are alleged to say. Do any of them, like the rich man, strive to warn their relatives about a place of conscious torment? Do they urge repentance for sin or the need for personal faith in Christ? On the contrary, such important Christian doctrines are typically either ignored or denied. But if the Bible is truly God's Word, and the spirits

deny its teachings, then who are these spirits likely to be?

Of course, maybe Edward and Van Praagh aren't really communicating with spirits at all. But if at times they are, I fear it's probably with demonic spirits — not spirits of the human dead.

Notes

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- 4. See the information about James on his Web site at http://www.vanpraagh.com/bio.cfm.
- 5. La Ferla.
- 6. See Michael Shermer, "Deconstructing the Dead: Cross Over One Last Time to Expose Medium John Edward,"
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- 7. See Joe Nickell, "John Edward: Hustling the Bereaved," Skeptical Inquirer, November/December 2001, Vol. 25, No. 6, p.
- 20. I have relied on some of Nickell's observations in what follows.
- 8. Shermer.
- 9. Nickell.
- 10. Ibid.
- 11. See Michael Shermer, "How Psychics and Mediums Work: A Case Study of James Van Praagh," http://www.skeptic.com/. See also Michael Shermer, "Does James Van Praagh Talk To The Dead?

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Christian Science: Mary Baker Eddy and the Bible

Introduction

The First Church of Christ, Scientist is a towering presence in the city of Boston. It owes its centrally located architecture and nationwide Christian Science "reading rooms" to the ingenuity of Mary Baker Eddy. She's credited with being an entrepreneur in religion, journalism, education, and women's rights. Her innovation as a religious leader remains impressive to this day, being that she began such a large movement before women were even allowed to vote. But what of this faith she's so known for?

Mary Baker Eddy grew up in 19th century New England, a time and place that saw tremendous religious dissatisfaction. Out of this same time and locale Joseph Smith started Mormonism and Charles Russell founded the Jehovah's Witnesses.

Eddy was a sickly woman from early on. She was well versed in general Bible knowledge. At the age of seventeen she joined

the Congregational Church. She had somewhat of a rocky social life. She had three husbands by the time she was in her fifties. In her early forties, after her second marriage, Eddy met a man named Phineas P. Quimby. {1} She seems to have learned at least some of her healing concepts from Mr. Quimby.

Her adult life appears to have been characterized by great paranoia and outrageous allegations. She even blamed her third husband's death from heart disease on poisoning from enemies of the Eddy's.{2} She also related to one of her associates just before her death that she wished to be remembered as being "mentally murdered."{3}

The followers of Mary Baker Eddy say she loved God and His word so vastly that she was given revelation about the truths of scientific healing hidden beneath the surface of the Bible. She recorded these truths in her *Science and Health with Key to the Scriptures*. With this newfound ability to heal came the birth of Christian Science. Christian Scientists claim to possess basic spiritual methods for healing and comfort for participants of any and all religions.

Eddy founded the Church of Christ, Scientist in 1879. She established such periodicals as The Christian Science Journal, The Christian Science Sentinel, and the Pulitzer Prize winning Christian Science Monitor. By the time of her death in 1910, she had even founded the Massachusetts Metaphysical College. Her amazing initiative in the face of poor health for most of her life is not to be questioned. However, what ought to be challenged are the conclusions she arrived at due to such extreme initiative Eddy claimed that "the Bible was her sole teacher" for developing the methodical treatments for sickness as well as sin. {4} If this is so, then it's appropriate to use that same source as a measure of her claims. Here we will examine the claims of Christian Science and weigh them with the established standard of God's word. We will see that Christian Science is neither Christian nor science. Let's see how Christian Science measures up to biblical Christianity.

Prayer

Mary Baker Eddy founded the First Church of Christ, Scientist upon the notion that everything she taught came from her examination of the Scriptures. Today we'll begin evaluating her assertions according to the standard of those same Scriptures. Let's first look at the subject of her first chapter in *Science and Health*: prayer.

She deduces from Scripture that audible prayer is a meaningless attempt to draw attention to one's pretentiousness. Prayer changes nothing. True change comes from putting Truth into practice. Eddy robs prayer of its true effectiveness in communicating with God. For instance, Eddy says that prayer for the sick is not what will lead to one's healing, only enlightened understanding heals. {5} Otherwise, why would some people remain sick after prayer and others get well? Surely if God is consistent and willing to heal He wouldn't withhold healing from one and grant it to another.

But God's wisdom is infinitely beyond our attempts to understand why He heals some and doesn't heal others. Paul pleaded for God to take the thorn in his flesh from him and Christ responded, "My grace is sufficient for you, for my power is made perfect in weakness" (2 Corinthians 12:7-9). God allows us to experience difficulty in order to fulfill His grander purposes, of which we often know very little (1 Peter 4:19).

Mary Eddy accentuated Jesus' call to "go into your room and shut the door and pray to your Father who is in secret." [6] To her, this was not a simple command to be humble in prayer. She believed this statement communicated that true prayer is not to be spoken or have anything to do with the physical senses. She said,

In order to pray aright, we must enter into the closet and shut the door. We must close the lips and silence the

material senses. . . . Practice not profession, understanding not belief, gain the ear and right hand of omnipotence and they assuredly call down infinite blessings. {7}

Not only does prayer become suspect in Christian Science, but so do the orthodox concepts of belief and confession, which are necessary components of prayer and the Christian faith. Eddy misses the point of prayer altogether. Christians don't pray to manipulate fate. We pray in order to verbally express our hearts to God and communicate our concerns. Jesus said that our Father already knows our needs before we ask of Him, but we are to pray nonetheless (Matthew 7:8-9). Eddy's Christian Science has its roots in Gnosticism, saying that salvation is obtained through some sort of secret knowledge. That flies in the face of the historic Christian truth that simple belief in Christ as Lord and confession of faith in Him leads to justification (Romans 10:9). This issue, of faith versus understanding, is what we will address in the next section of this article.

Belief and Disbelief

Basic to Christian Science is belief and disbelief in error. Once again, like the Gnostics the Christian Scientists see all things in the physical world as an evil opposition to the virtue of the spiritual world. So error comes from an infiltration in the mind by the material. Eddy wrote, "We treat error through the understanding of Truth, because Truth is error's antidote." [8] If one denies the reality of pain, due to its material nature, one may be delivered from such pain. We read in Science and Health, "The dream that matter and error are something must yield to reason and revelation. Then mortals will behold the nothingness of sickness and sin, and sin and sickness will disappear from consciousness." [9] Basically, Christian Scientists believe that pain is an illusion. If you deny the existence of this deception, it will go away.

As a matter of fact, material things are evil, because they don't really exist. Remember, to a Christian Scientist error is the embodiment of evil. To think something exists that doesn't is error. So anything resulting from the physical is also evil. This is the context for understanding sickness and death from a Christian Science perspective. It's inaccurate to Christian Scientists to say only that sin, death, and sickness are results of a fallen world. They believe sickness and death are intrinsically evil themselves. This explains why Christian Scientists reject drugs and human medicine. Drugs are a material attempt at curing what only the spiritual can heal.{10}

Christian Scientists oversimplify sickness and death. Regardless of whether we like to admit it, death, brought on by sickness or suffering of some sort, is inevitable (Hebrews 9:27). Wouldn't belief in spirituality or "disbelief in error" have rescued at least some from such human suffering? From what I can gather, even Christian Scientists still suffer and die. What about Eddy herself? If she was right, then why did she die?

Sickness and death result from the sin that we all answer for in Adam (Romans 5:12). Therefore, God has opted to rescue us from this fallen world through the means of faith in the gospel of Jesus Christ. Knowledge does not relieve one's sinful predicament. Faith in Christ is the sole deliverer from this condemnation (Ephesians 2:8-9). Even deliverance does not always come in this life, but we have a hope that in the life to come there will be no sickness, no pain, and no death (Revelation 21:4). We have this hope because of that one event in history to which all Christians ought to find unity, the death of Christ. Next, let's look at the Christian Scientist's perspective of the atonement.

The Atonement

As we look at Christian Science we are measuring it according to the standard of God's Word, which it claims to use as the source for its beliefs. In this section, we will discuss Christian Science's perspective on the atonement of Jesus Christ.

Mary Baker Eddy's unique view of the atonement of Christ has supreme bearing on the supposedly biblical nature of Christian Science. To Eddy, the cross of Christ was not meant to save sinful people from death by Christ's death in their place. She stated "The material blood of Jesus was no more efficacious to cleanse from sin when it was shed upon 'the accursed tree,' than when it was flowing in his veins as he went daily about his Father's business." {11} Instead, Jesus' death and subsequent resurrection was a sign to His followers that the type of life He lived was effective in overcoming death.

To Eddy death is an enemy to Truth, another deception. Jesus was not subject to death, nor are we. She writes, "To him, therefore, death was not the threshold over which he must pass into living glory." [12] Jesus is alleged to have survived the cross through the mastery of mind over matter. [13] This was the ultimate example of Christian Science in practice. Jesus healed Himself with no medicine, bandages, or surgery. Only the disciples thought that Jesus was dead. [14] But Jesus overcame all laws of matter in healing Himself from a near-death experience and He shed His material existence to reveal only the "Soul."

Eddy contends that the disciples originally misunderstood Jesus' appearance after the crucifixion by calling Him a ghost. But soon after they realized that He never died at all. If this is so then why is the tradition passed on to Paul by those same apostles in a sequence of events detailed here in 1 Corinthians 15:3-4?

For I delivered to you as of first importance what I also received: that Christ died for our sins in accordance with the Scriptures, that he was buried, that he was raised on the third day. . . .

In that same chapter Paul defends the idea that Christ was raised from the dead, and that if this were not so then we're all still in our sins and of all people most to be pitied (15:17,19). Hebrews 8:12 says of Jesus "he entered once for all into the holy places, not by means of the blood of goats and calves but by means of his own blood, thus securing an eternal redemption." To imagine that Jesus did not die, but simply healed Himself, is biblically and historically preposterous.

To Mary Baker Eddy, Jesus' death is no longer the redemptive sacrifice that gives life to all who believe. Instead, she establishes Jesus as the first Christian Scientist, a sort of "way-shower," leaving a prime example of how we all can conquer sin, suffering, and death. {15}

Human Suffering

As we've been discussing the biblical nature of Christian Science, we conclude with some final thoughts. The central issue in Christian Science seems to be human suffering. Sin, sickness, and death are real threats to the human condition. Mary Baker Eddy was truly bothered by this. Instead of leaning on the God of the Bible for His comfort in times of crisis (2 Corinthians 1:3-4), Eddy devised her own plan to serve as an immediate solution to the burdens she carried.

Contrary to Eddy's charges, Christianity does *not* deny the reality of Jesus' healing ministry. In fact, healing is *still* a valid way for God to show Himself to a generation of hurting people. Nevertheless, healing, even in Jesus' ministry was never intended to be the end all. It was a means for all who

witnessed the event to credit Jesus with the Father's seal of approval. The kingdom of God had come. Jesus affirmed this in Matthew 11:4 when He sent John's messengers back to him to respond to the question of whether He was the Messiah with the message, "Go and tell John what you hear and see: the blind receive their sight and the lame walk, lepers are cleansed and the deaf hear, and the dead are raised up, and the poor have good news preached to them."

Healing of suffering, as well as sin must be recognized for what it truly is: God bringing glory to God. When we put humans and their suffering at the center of Jesus' ministry or even our own ministries we are doomed to misunderstand God's mercy and compassion in relation to human suffering. "For my thoughts are not your thoughts, neither are your ways my ways, declares the Lord" (Isaiah 55:8). The Master Architect who is also orchestrating all of history to end the way He planned it has to have latitude in bringing this about. That means many of the problems that may not make sense to us will go unanswered until He has the final word.

Compassion is an essential requirement of the Christian message. But too many, like Mary Baker Eddy, have confused godly compassion for humanistic ideology. We ought to pray that none of us are found guilty of imposing our own circumstances upon the Word of God, in order for it to better address our perceived problems. God is faithful. He won't do anything without purpose. But His purpose in our suffering cannot always be obvious. Remember, He loves His creation and will do all that's necessary to bring about "good, for those who are called to his purpose" (Romans 8:28). Often pain, suffering, and death are a means of God's character development in His children. "[H]e disciplines us for our good, that we may share his holiness" (Hebrews 12:10). It takes eyes of faith to see His good in our difficulties. He who has eyes to see, let him see.

Notes

- 1. She credited Quimby with healing her. She became a huge proponent of Quimby's abilities. Quimby claimed to have rediscovered Jesus' very own methods for healing. Later this relationship went sour. There is a great deal of controversy over whether Eddy taught the same things as Quimby or not. Both Quimby and Eddy claimed originality and that the other was borrowing his or her ideas. Hoekema, Anthony A., Christian Science. (Grand Rapids MI: William B. Eerdmans, 1963), 10-11.
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- 3. Hoekema, 17.
- 4. Science and Health with Key to the Scriptures, viii.
- 5. Ibid., 12.
- 6. Matthew 6:6.
- 7. Science and Health, 15.
- 8. Ibid., 346.
- 9. Ibid., 347.
- 10. Ibid., 345.
- 11. Ibid., 25.
- 12. Ibid., 39.
- 13. Ibid., 44.
- 14. Ibid.
- 15. Ibid., 26.

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See Also Probe Answers Our Email:

"You Got Christian Science Wrong"

Supernatural Parenting

Sue Bohlin points out that we can be supernatural parents when we are relying on a supernatural God for direction and strength. It is important that we include parenting as an integral part of our Christian worldview. Applying a biblical perspective is crucial to imparting the truth needed for our children to live truly successful lives.

There are certain universal truths in parenting.

- If you hook a dog leash over a ceiling fan, the motor is not strong enough to rotate a 42 pound boy wearing Pound Puppy underwear and a Superman cape. It is strong enough, however, to spread paint on all four walls of a twenty by twenty foot room.
- If you use a waterbed as home plate while wearing baseball shoes it does not leak—it explodes. A king size waterbed holds enough water to fill a 2000 square foot house four inches deep.
- The spin cycle on the washing machine does not make earth worms dizzy. It will, however, make cats dizzy.
- Cats throw up twice their body weight when dizzy.

Dr. Dobson says that parenting isn't for cowards. It ain't such a hot job for mere mortals, either. What a daunting task—being completely responsible for an infant who cannot do a single thing for himself except make a lot of noise and a lot of dirty diapers! Teaching them to walk. And talk. And act like civilized human beings. Even more importantly, their eternal destiny is in our hands, and we have the awesome opportunity to show them what God is like, and to lead them to saving faith in Christ!

Praise God, as believers we're not limited to our own strength

and power. Christ died for us, to give His life to us, to live HIS life THROUGH us. We can parent with the same supernatural energy that raised Christ from the dead. We can parent with the same infinite supply of wisdom and patience that Jesus had. We can let Him parent through us—we can be supernatural parents!

The Bible says that Christ is our life. What does that mean when you're about to change your fourteenth diaper today? "Lord Jesus, I don't have the stomach or the strength to do this, so You change this diaper through me. Here are my hands—use them—here's my face—show love to my baby by smiling through me."

"I have been crucified with Christ, and the life I live in the flesh, I live by faith in the Son of God who loved me and gave Himself for me." What does that mean when you've been giving, giving, giving all day and you're on empty? "Lord, I'm empty and weak and out of resources. You be strong in my weakness. I will do this in Your strength because I don't have any left."

"For me, to live is Christ and to die is gain." How do we live that out in parenting kids who would rather snarl at us than look at us, who have swallowed the junior-high-culture's dictum that the only good parent is a dead parent? "Lord Jesus, Thank You for giving me this child. I choose to remember she is a gift and not a punishment. I don't have what it takes to be kind today, Lord. You be kind in me. I cannot love this child today, Lord, so You channel Your perfect love through me. I am Your willing vessel but I'm fresh out of unconditional love and acceptance. So You be a loving and wise parent through me."

You can be a supernatural parent. Even without a Superman cape.

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A Biblical View of Economics - A Christian Life Perspective

Kerby Anderson shows that economics is an important part of one's Christian worldview. Our view of economics is where many of Christ's teachings find their daily application.

In this article we are going to be developing a Christian view of economics. Although most of us do not think of economics in moral terms, there has (until the last century) always been a strong connection between economics and Christian thought.

If you look at the *Summa Theologica* of Thomas Aquinas, you find whole sections of his theological work devoted to economic issues. He asked such questions as: "What is a just price?" or "How should we deal with poverty?"

Today, these questions, if they are even discussed at all, would be discussed in a class on economic theory. But in his time, these were theological questions that were a critical and integral part of the educational curricula.

In the Protestant Reformation, we find the same thing. In John Calvin's *Institutes of the Christian Religion*, whole sections are devoted to government and economics. So Christians should not feel that economics is outside the domain of Christian thinking. If anything, we need to recapture this arena and bring a strong biblical message to it.

In reality, the Bible speaks to economic issues more than any other issue. Whole sections of the book of Proverbs and many of the parables of Jesus deal with economic matters. They tell us what our attitude should be toward wealth and how a Christian should handle his or her finances. The Bible also provides a description of human nature, which helps us evaluate the possible success of an economic system in society.

The Bible teaches that there are two aspects to human nature. First, we are created in the image of God and thus able to control the economic system. But second, human beings are sinful and thus tend towards greed and exploitation. This points to the need to protect individuals from human sinfulness in the economic system. So Christians have a much more balanced view of economics and can therefore construct economic theories and analyze existing economic systems.

Christians should see the fallacy of such utopian economic theories because they fail to take seriously human sinfulness. Instead of changing people from the inside out as the gospel does, Marxists believe that people will be changed from the outside in. Change the economic base, they say, and you will change human beings. This is one of the reasons that Marxism was doomed to failure, because it did not take into account human sinfulness and our need for spiritual redemption.

It is important for Christians to think about the economic arena. It is a place where much of everyday life takes place, and we can evaluate economics from a biblical perspective. When we use the Bible as our framework, we can begin to construct a government and an economy that liberates human potentiality and limits human sinfulness.

Many Christians are surprised to find out how much the Bible says about economic issues. And one of the most important aspects of the biblical teaching is not the specific economic matters it explores, but the more general description of human nature.

Economics and Human Nature

When we are looking at either theories of government or theories of economics, an important starting point is our view of human nature. This helps us analyze these theories and predict their possible success in society. Therefore, we must go to the Scriptures to evaluate the very foundation of each economic theory.

First, the Bible says that human beings are created in the image of God. This implies that we have rationality and responsibility. Because we have rationality and volition, we can choose between various competing products and services. Furthermore, we can function within a market system in which people can exercise their power of choice. We are not like the animals that are governed by instinct. We are governed by rationality and can make meaningful choices within a market system.

We can also assume that private property can exist within this system because of the biblical idea of dominion. In Genesis 1:28, God says we are to subdue the earth and have dominion over the creation. Certainly one aspect of this is that humans can own property in which they can exercise their dominion.

Since we have both volition and private property rights, we can then assume that we should have the freedom to exchange these private property rights in a free market where goods and services can be exchanged.

The second part of human nature is also important. The Bible describes the fall of the world and the fall of mankind. We are fallen creatures with a sin nature. This sinfulness manifests itself in selfishness, greed, and exploitation. Thus, we need some protection in an economic system from the sinful effects of human interaction.

Since the Bible teaches about the effects of sinful behavior

on the world, we should be concerned about any system that would concentrate economic power and thereby unleash the ravages of sinful behavior on the society. Christians, therefore, should reject state-controlled or centrally controlled economies, which would concentrate power in the hands of a few sinful individuals. Instead, we should support an economic system that would disperse that power and protect us from greed and exploitation.

Finally, we should also recognize that not only is human nature fallen, but the world is fallen. The world has become a place of decay and scarcity. In a fallen world, we have to be good managers of the limited resources that can be made available in a market economy. God has given us dominion over His creation, and we must be good stewards of the resources at our disposal.

The free enterprise system has provided the greatest amount of freedom and the most effective economic gains of any economic system ever devised. Nevertheless, Christians often wonder if they can support capitalism. So the rest of this article, we are going to take a closer look at the free enterprise system.

Capitalism: Foundations

Capitalism had its beginning with the publication of *The Wealth of Nations*, written by Adam Smith in 1776. He argued that the mercantile economic system working at that time in Great Britain was not the best economic foundation. Instead, he argued that the wealth of nations could be increased by allowing the individual to seek his own self-interest and by removing governmental control over the economy.

His theory rested on three major premises. First, his system was based upon the observation that people are motivated by self-interest. He said, "It is not from the benevolence of the butcher, the brewer, or the baker that we expect our dinner, but from their regard to their own interest." Smith went on to

say that "neither intends to promote the public interest," yet each is "led by an invisible hand to promote an end that was not part of [his] intention."

A second premise of Adam Smith was the acceptance of private property. Property was not to be held in common but owned and freely traded in a market system. Profits generated from the use and exchange of private property rights provided incentive and became the mechanism that drives the capitalist system.

From a Christian perspective we can see that the basis of private property rests in our being created in God's image. We can make choices over property that we can exchange in a market system. The need for private property grows out of our sinfulness. Our sinful nature produces laziness, neglect, and slothfulness. Economic justice can best be achieved if each person is accountable for his own productivity.

A third premise of Adam Smith's theory was the minimization of the role of government. Borrowing a phrase from the French physiocrats, he called this laissez-faire. Smith argued that we should decrease the role of government and increase the role of a free market.

Historically, capitalism has had a number of advantages. It has liberated economic potential. It has also provided the foundation for a great deal of political and economic freedom. When government is not controlling markets, then there is economic freedom to be involved in a whole array of entrepreneurial activities.

Capitalism has also led to a great deal of political freedom, because once you limit the role of government in economics, you limit the scope of government in other areas. It is no accident that most of the countries with the greatest political freedom usually have a great deal of economic freedom.

At the outset, let me say that Christians cannot and should

not endorse every aspect of capitalism. For example, many proponents of capitalism hold a view known as utilitarianism, which is opposed to the notion of biblical absolutes. Certainly we must reject this philosophy. But here I would like to provide an economic critique.

Capitalism: Economic Criticisms

The first economic criticism is that capitalism leads to monopolies. These develop for two reasons: too little government and too much government. Monopolies have occurred in the past because government has not been willing to exercise its God-given authority. Government finally stepped in and broke up the big trusts that were not allowing the free enterprise system to function correctly.

But in recent decades, the reason for monopolies has often been too much government. Many of the largest monopolies today are government sanctioned or sponsored monopolies that prevent true competition from taking place. The solution is for government to allow a freer market where competition can take place.

Let me add that many people often call markets with limited competition monopolies when the term is not appropriate. For example, the three major U.S. car companies may seem like a monopoly or oligopoly until you realize that in the market of consumer durables the true market is the entire western world.

The second criticism of capitalism is that it leads to pollution. In a capitalistic system, pollutants are considered externalities. The producer will incur costs that are external to the firm so often there is no incentive to clean up the pollution. Instead, it is dumped into areas held in common such as the air or water.

The solution in this case is governmental intervention. But I don't believe that this should be a justification for building

a massive bureaucracy. We need to find creative ways to direct self-interest so that people work towards the common good.

For example, most communities use the water supply from a river and dump treated waste back into the water to flow downstream. Often there is a tendency to cut corners and leave the waste treatment problem for those downstream. But if you required that the water intake pipe be downstream and the waste pipe be upstream you could insure less pollution problems. It is now in the self-interest of the community to clean the wastewater being pumped back into the river. So while there is a need for governmental action, much less might be needed if we think of creative ways to constrain self-interest and make it work for the common good.

We can acknowledge that although there are some valid economic criticisms of capitalism, these can be controlled by limited governmental control. And when capitalism is wisely controlled, it generates significant economic prosperity and economic freedom for its citizens. Next, let us discuss some of the moral problems of capitalism.

Capitalism: Moral Critiques

One of the first moral arguments against capitalism involves the issue of greed. And this is why many Christians feel ambivalent towards the free enterprise system. After all, some critics of capitalism contend that this economic system makes people greedy.

To answer this question we need to resolve the following question. Does capitalism make people greedy or do we already have greedy people who use the economic freedom of the capitalistic system to achieve their ends? In light of the biblical description of human nature, the latter seems more likely.

Because people are sinful and selfish, some are going to use

the capitalist system to feed their greed. But that is not so much a criticism of capitalism as it is a realization of the human condition. The goal of capitalism is not to change people but to protect us from human sinfulness.

Capitalism is a system in which bad people can do the least harm, and good people have the freedom to do good works. Capitalism works well if you have completely moral individuals. But it also functions adequately when you have selfish and greedy people.

Important to this discussion is the realization that there is a difference between self-interest and selfishness. All people have self-interest and that can operate in ways that are not selfish. For example, it is in my self-interest to get a job and earn an income so that I can support my family. I can do that in ways that are not selfish.

Adam Smith recognized that every one of us have self-interest and rather than trying to change that, he made self-interest the motor of the capitalist system. And before you react to that, consider the fact that even the gospel appeals to our self-interest. It is in our self-interest to accept Jesus Christ as our savior so that our eternal destiny will be assured.

By contrast, other economic systems like socialism ignore the biblical definitions of human nature. Thus, they allow economic power to be centralized and concentrate power in the hands of a few greedy people. Those who complain of the influence major corporations have on our lives should consider the socialist alternative of how a few governmental bureaucrats control every aspect of their lives.

Greed certainly occurs in the capitalist system. But it does not surface just in this economic system. It is part of our sinfulness. The solution is not to change the economic system, but to change human nature with the gospel of Jesus Christ. In conclusion, we may readily acknowledge that capitalism has its flaws as an economic system, but it can be controlled to give us a great deal of economic prosperity and economic freedom.

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A Short Look at Six World Religions — Understand the Beliefs of Non-Christians

An overview of Islam, Hinduism, Buddhism, Judaism, Mormonism and Jehovah's Witnesses from a conservative Christian perspective.

Islam

There are three monotheistic religions in the world, religions that teach that there is only one God: Christianity, Judaism, and Islam.

The term "Islam" means "submission" to the will of God, and the person who submits is called a "Muslim."

The founder of Islam is Muhammad, who was born in 570 A.D. At age 40 he claimed to begin receiving revelations from a spirit being he believed was the angel Gabriel. These later were recorded and became the Qur'an, Islam's holy book.

There are Six Articles of Faith that all Muslims hold to. The first is that "there is no God but Allah." The second Article of Faith is belief in a hierarchy of angels, of which the archangel Gabriel is the highest. Each Muslim is assigned two

angels, one to record his good deeds and the other to record the bad deeds. At the bottom of the angelic hierarchy are the jinn, from which we get the word "genie." They are a Muslim version of demons.

The third Article of Faith is belief in 104 holy books, with the Koran as the final revelation. The fourth is belief in the prophets. According to the Qur'an, God has sent a prophet to every nation to preach the message that there is only one God. 124,000 prophets have been sent, most of them unknown but some of them biblical characters, including Jesus. Muhammed, though, is the prophet for all times, the "Seal of the Prophets."

The fifth Article of Faith is belief in predestination. All things, both good and evil, are the direct result of the will of Allah. Islam is a very fatalistic religion.

The sixth Article of Faith is the day of judgment. Those whose good deeds outweigh their bad will be rewarded with Paradise; those whose bad deeds outweigh their good will be judged to hell. Islam is a religion of human works. The Bible tells us, though, that we can never earn God's acceptance on the basis of our deeds.

There are Five Pillars of Islam, obligations every Muslim must keep. The first is reciting the creed, "There is no God but Allah, and Mohammed is his messenger." The second is prayer: 17 cycles of prayer, spread out over five times of prayer each day. They must wash in a prescribed manner before they kneel down and face toward Mecca.

The third pillar is almsgiving, 2.5% of one's income for the poor. The fourth pillar is fasting during the lunar month of Ramadan. Muslims must forego food, water and sex during daylight hours. The fifth pillar is making the pilgrimage to Mecca at least once in their lives.

Sometimes you will hear people say that Allah is another name

for the God of the Bible. Is it the same? "Allah" is the Arabic name for God, and Arab Christians use the name Allah to describe the God of the Bible. Mohammed taught that there is one true God who is the same God that Jews and Christians ("the People of the Book") worship. He began Islam on the foundation of the God of the Bible. We can say that in principle, we worship the same God. Islam began on the foundation of belief in the one true God to combat the pagan polytheism of the area. However, Mohammed departed from this foundation, and we differ in our understanding of how God has fully revealed Himself. In the Qur'an, Allah is a distant spiritual being, but Yahweh is a Father to His children. Allah does not love wrongdoers, but God demonstrates His love for us in that while we were still sinners, Christ died for us. Allah has predetermined everything about life; the God of the Bible invites us to share our hearts with Him.

Hinduism

Hinduism may seem like an alien religion of people on the other side of the world, but it has infiltrated our culture in all sorts of ways. You're probably familiar with most of the basic Hindu concepts without even realizing it. Have you seen the *Star Wars* movies? They are filled with Hindu ideas. Ever watch *Dharma and Greg* on TV? "Dharma" is an important Hindu term for moral duty. 30% of Americans believe in reincarnation, which is a Hindu concept. Transcendental Meditation is thinly disguised Hinduism. George Harrison's song "My Sweet Lord" invokes a Hindu chant. New Age philosophy is Hinduism wrapped in Western garb.

Hinduism is tremendously diverse. It encompasses those who believe in one reality, Brahman, as well as those who believe in many gods—as many as 330 million! Some Hindus believe the universe is real; most believe it is illusion, or maya. (This world view isn't consistent with reality. You won't find Hindus meditating on railroad tracks, for instance.) Some

believe Brahman and the universe are one; others see them as two distinct realities.

Despite the diversity within Hinduism, there are five major beliefs of this religion. The first is that ultimate reality, called Brahman, is an impersonal oneness. In *The Empire Strikes Back*, Yoda tells Luke that everything—the tree, the rock, etc.—is all part of "The Force." This is monism: the belief that all is one. Nothing is distinct and separate from anything else.

Another Hindu belief is that just as the air in an open jar is identical to the air around the jar, we extend from and are one with Brahman. All is one, all is god—and that means that we are god. In her book and movie "Out on a Limb," Shirley MacLaine relates a time when she stood on a beach, embracing this concept and declaring, "I am god! I am god!" It's a very Hindu concept.

Humanity's primary problem, according to Hinduism, is that we have forgotten we are divine. The consequence is that we are subject to the Law of Karma, another important Hindu belief. This is the moral equivalent to the natural law of cause and effect. You always reap what you sow. There is no grace, there is no forgiveness, there is never any escape from consequences. It's a very heavy burden to carry. Not only that, but Hinduism says that the consequences of our choices, both bad karma and good karma, follow us from lifetime to lifetime. This is another Hindu concept: samsara, the ever-revolving wheel of life, death, and rebirth, also known as reincarnation. A person's karma determines the kind of body—whether human, animal, or insect—into which he or she is incarnated in the next lifetime.

The final major Hindu concept is liberation from the wheel of birth, death, and rebirth. One can only get off the reincarnation merry-go-round by realizing that the idea of the individual self is an illusion, and only the oneness of

Brahman is real. There is no heaven, though—only losing one's identity in the universal oneness.

Praise God that through the Lord Jesus, Christianity offers hope, forgiveness, grace, and a personal relationship with a personal God in heaven. Jesus means there's a point to life.

Buddhism

Buddhism does not believe in a personal God. It does not have worship, prayer, or praise of a divine being. It offers no redemption, no forgiveness, no hope of heaven, and no final judgment. Buddhism is more of a moral philosophy, an ethical way of life.

In his essay "De Futilitate," C.S. Lewis called Buddhism "a heresy of Hinduism." Buddhism was founded by a Hindu, Siddhartha Gautama, during the sixth century B.C. After being profoundly impacted by seeing four kinds of suffering in one day, Siddhartha committed himself to finding the source of suffering and how to eliminate it. One day he sat down under a fig tree and vowed not to rise again until he had attained enlightenment. After some time, he did so and became the Buddha, which means "enlightened one." He started teaching the "The Four Noble Truths," the most basic of Buddhist teachings.

The First Noble Truth is that life consists of suffering. The Second Noble Truth is that we suffer because we desire those things that are impermanent. This is absolutely central to Buddhism: the belief that desire is the cause of all suffering.

The Third Noble Truth is that the way to liberate oneself from suffering is by eliminating all desire. (Unfortunately, it's a self-defeating premise: if you set a goal to eliminate desire, then you desire to eliminate desire.) The Fourth Noble Truth is that desire can be eliminated by following the Eight-Fold path.

In the Eight-Fold Path, the first two steps are foundational to all the others. Step one is Right Understanding, where one sees the universe as impermanent and illusory and believes that the individual does not actually exist. If you ever hear someone say, "The world is an illusion, and so am I. I don't really exist," they're probably exploring Buddhism. (You might want to pinch them and see what they do.) Right Thought means renouncing all attachment to the desires and thoughts of oneself, even as he recognizes that the self doesn't exist.

Other parts of the Eight-Fold path are Right Speech, Right Action, Right Livelihood, Right Effort, Right Awareness, and Right Meditation. Ethical conduct is very important in Buddhism. There are commands to refrain from the taking of any life (that includes ants and roaches in your house), stealing, immorality, lying, and drinking.

The Eight-Fold Path is a set of steps that describe not only a good life but one which will move the follower toward Nirvana, the goal of Buddhism. Nirvana is not heaven; it is a state of extinction, where one's essence—which does not actually exist in the first place—is extinguished like a candle flame, marking the end of desire and thus the end of suffering.

One of the important concepts in Buddhism is samsara, a cycle of birth, death and rebirth. It differs from the Hindu concept of reincarnation in that Buddhism teaches there is no self to continue from one life to the next. Another important concept is karma, the belief that you reap what you sow, and your karma follows you through the cycles of samsara. Note the inherent inconsistency here: there is no self to continue from one life to the next, but one's karma does?!

Buddhism says there are many paths to the top of the mountain, so there are many ways to God. Jesus says, "I am the way, the truth, and the life. No one comes to the Father but through Me."

Judaism

Both Christianity and Judaism have their roots in Old Testament faith. But Christianity is really a sister, rather than a daughter, to Judaism, which is the religion developed by rabbis from 200 B.C. on.

When the Temple was destroyed in 70 A.D., that spelled the end of sacrifices and the priesthood. Instead of being guided by prophets, priests and kings, the Jewish people turned to rabbis as their authorities on matters of laws and practice.

There was basically one kind of Judaism until the eighteenth century when the Age of Enlightenment swept through Europe. That's when the three major branches of Judaism arose.

That one basic kind of Judaism is what is now called "Orthodox Judaism." It has a strong emphasis on tradition and strict observance of the Law of Moses.

Reform Judaism began in Germany at the time of the Enlightenment. Reform Judaism is the humanistic branch. In fact, there are many Reform Jews who don't believe in God at all. For them, Judaism is a way of life and culture with a connection to one's ancestors that is about legacy, not faith.

The middle-ground branch, seeking to find moderate ground between the two extremes of the Orthodox and Reform branches, is Conservative Judaism.

If there is any religious principle that Judaism explicitly affirms and teaches, it is the unity of God. You may have heard of the *Shema*, found in Deuteronomy 6:4¾"Hear O Israel, the Lord our God, the Lord is One." This one all-important principle is the reason so many Jewish people have a hard time understanding Christianity, which they see as a religion of three gods, not one God in three Persons.

The Old Testament is the Scripture of Judaism. Many Jews,

though, do not consider the Old Testament to be the Word of God or inspired, although they do give it respect as a part of Jewish tradition and history.

There are some lifestyle practices that set people apart as distinctively Jewish. Traditional Jews, usually Orthodox but including some from other branches, observe the Sabbath. This means abstaining from work, driving, and lighting a fire from Friday night to Saturday night. Orthodox Jews also keep kosher, which means keeping the Old Testament dietary laws. The most well known is the prohibition against mixing meat and milk at the same meal, although many people are also aware that most Jewish people do not eat pork or shellfish.

It is difficult for Jewish people to place their faith in Jesus as Messiah because it is not considered a Jewish thing to do. In fact, they see "Jewish Christian" as an oxymoron. For many, being Jewish equals "Not Christian." But there's another big reason it is so hard for Jewish people to come to faith in Christ. They don't see a need for "salvation," because there is nothing to be saved from. If there is a God, then Jewish people already have a special relationship with Him as His chosen people. Jesus is superfluous for Jews.

If you know someone who is Jewish, pray that God will cause the scales to fall from the eyes of their heart and they will see the truth: that there's nothing more Jewish or more godly than submitting in faith to one who was, and is, the very Son of God, and who proved His love for them by dying in their place on the cross.

Mormonism and Jehovah's Witnesses

Have you ever answered your door to find a couple of nicely-dressed people asking to talk to you about spiritual things? Chances are they were either Mormons or Jehovah's Witnesses. Since both groups send many missionaries not only into American homes but to foreign countries, it makes sense to

cover them in a discussion of world religions.

Many people think of Mormons and Jehovah's Witnesses as Christians in slightly different denominations, but this is not the case. To put it bluntly, both religions teach another gospel and another Jesus. They are cults, not Christian denominations.

Mormonism was founded by Joseph Smith, a teenage boy in New York. He claimed that he was visited by first God the Father and the Son, and then by the angel Moroni, who gave him golden plates, which he translated into the Book of Mormon. He said that Christianity had been corrupted since the death of the last apostle, and God appointed him to restore the truth. But Joseph Smith provided nine different versions of these events, which set the tone for the rest of his teachings.

Deuteronomy 18:22 gives God's standards for His prophets: 100% accuracy. Joseph Smith wrote a lot of prophecies, many of which never came true. He was a false prophet, and the religion he founded is not from God.

Mormonism is not Christian because it denies some of the essential doctrines of Christianity, including the deity of Christ and salvation by grace. Furthermore, Mormon doctrine contradicts the Christian teaching that there is only one God, and it undermines the authority and reliability of the Bible.

Jehovah's Witnesses was founded by Charles Taze Russell, another false prophet. His Watchtower Bible and Tract Society has produced a prodigious amount of literature. It has prophesied the return of Christ in 1914, 1925, and 1975. Again, by God's standards, the representatives of the Watchtower Society are false prophets.

Jehovah's Witnesses deny the basics of the Christian faith. They deny the Trinity. They believe there is one singular God, Jehovah. Jesus is actually the created being Michael the Archangel, and who became flesh at the incarnation. The Holy

Spirit is not God but an active force much like electricity or fire. They deny the bodily resurrection of Christ. Like Mormons, they deny the existence of hell and eternal punishment.

Both of these religions teach salvation by works, not God's grace. And they teach that salvation is only found in their organizations.

What do you do if they come to your door? First, don't do anything without sending up a prayer of dependence on God. If you are not well-grounded in your own beliefs, unless you know not only what you believe but why it's true, then you should probably politely refuse to talk to them, and work on your own understanding of your faith. Both Mormons and Jehovah's Witnesses are very successful at drawing in church-goers who can't recognize false teaching because they don't know what's true.

If you do know the Bible and what you believe, then prayerfully and humbly answer their questions and comments by showing them what the Bible says. And pray that God's Spirit will show them the truth. He is grieved that people for whom Jesus died are so deceived.

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