The Euphemism of ‘Death With Dignity’

There is a way that seems right to a man, but the end thereof is death. (Proverbs 14:12)



Brittany Maynard, a young woman with an incurable brain tumor, recently took her own life rather than suffer through a painful, difficult descent into natural death. She had moved from California to Oregon, which is a “right-to-die” state that allows terminally ill people to be assisted in ending their lives on their terms.

How should we think about this? It depends on your starting point.

If you leave God out of the picture, believing that man is autonomous with the right to make all our own choices independent of any outside source of moral truth, then avoiding needless pain and suffering makes sense. If you leave God out of the picture, then there is nothing particularly special about people as opposed to beloved pets, which we put down when their suffering becomes too great for us. If you leave God out of the picture, and you believe that life ends with your last breath on earth, then ending one’s life is really not much different from turning off a movie before its end because you’re tired and want to go to bed. If you leave God out of the picture, then it makes sense to do whatever you want.

But leaving God out of the picture doesn’t make Him go away.

It just means people are in denial about His existence. About

His right to determine life and death because He is the creator of life.

If your starting point is God Himself, who creates people for His pleasure and for His glory (Rev. 4:11, Eph. 1:6), then we are accountable to the Author of Life, and ending one's earthly life is not a choice we have the right to make. If your starting point is God Himself, who made us in His eternal image to live forever, then ending one's earthly life is the doorway to the next life. Not believing in life after death doesn't make it go away. As one character says in the movie *City of Angels*, "Some things are true whether you believe in them or not."

As far as we can tell from what the media presented, Brittany Maynard left God out of the picture in deciding to end her suffering. If she died as she may have lived her life, separated from the God who is created her, then even on her worst days of tumor-induced pain on earth, that was as close to heaven as she was ever going to get. If she remained separated from God as she drank a sedative mixture that allowed her to fall asleep and then die, she made a horrible choice to enter eternity remaining separated from God forever. That means separated from all that is good, from all that is kind, from all life and light and love and joy. Because all these things are found only in God, and if we remain separated from Him, we cut ourselves off from their source. We are left with evil, cruelty, death and darkness and isolation and despair. An eternity of it. There is no dignity in this kind of unending death.

It's possible that she cast herself on God's mercy in her last minutes; I don't know what the state of her soul was as she drew her last breath. I truly hope so.

But the horrific earthly suffering she opted out of, would be nothing compared to the eternal suffering of being cut off from all that is good. I don't mean to make light of the

indescribable suffering of those dying from terminal diseases. But it's essential to not leave God out of the picture, and to remember He does great things in people through suffering. Not just the one with the illness, but the family members and others around them.

Responding to this news about Ms. Maynard, one woman wrote of her husband, "a man who suffered well. It was agony… Watching him suffer. Knowing there was nothing I could do to heal him and little I could do to lessen his suffering. All I could do was hold his hand during biopsies and chemo. During the pain and nausea. I marveled at his strength, his faith, his refusal to give up. I held his hand when the doctor told us there wasn't anything else they could do. When the morphine caused hallucinations and he forgot we were married. I held his hand and discovered that if you love someone… If you have faith, you can tap unknown reserves of strength, you can endure pain unimaginable. Neither one if us picked the other for the ability to suffer well. But because we truly loved, we were able to put the other person first. That's love. All the feel good stuff is just romance. It's nice. It feels good. But it's small comfort when illness and death come knocking on your door. *I'm so blessed for having had the opportunity to suffer alongside B____*. He was an amazing man!"

I think that is what true "death with dignity" looks like: being faithful to the end, suffering well, trusting God when the storm rages on.

Speaking of suffering well . . .

Hero to many of us, Joni Eareckson Tada wrote an open letter to Brittany weeks before she died. Joni has lived longer, and suffered more, than the vast majority of quadriplegics. She knows something of suffering, dealing with a severe handicap plus cancer plus chronic pain. Joni's voice deserves to be heard above all others, I believe:

“If I could spend a few moments with Brittany before she swallows that prescription she has already filled, I would tell her how I have felt the love of Jesus strengthen and comfort me through my own cancer, chronic pain and quadriplegia. I would tell her that the saddest thing of all would be for her to wake up on the other side of her tombstone only to face a grim, joyless existence not only without life, but without God.”

This is a deeply sobering, difficult discussion. Please don’t leave God out of it.

This blog post originally appeared at blogs.bible.org/engage/sue_bohlin/the_euphemism_of_death_with_dignity on November 4, 2014.

A Doctor’s Journey with Cancer

When you suddenly learn you might have only 18 months to live, its a good time to sort out what really matters in life.

Last December, Yang Chen, MD, dismissed an aching pain under his shoulder as muscle strain. Five weeks later, as the pain persisted, a chest x-ray brought shocking results: possible lung cancer that might have spread.

A highly acclaimed specialist and medical professor at the University of Colorado Denver, Yang knew the average survival rate for his condition could be under 18 months. He didnt smoke and had no family history of cancer. He was stunned. His life changed in an instant.

I wondered how I would break the news to my unsuspecting wife and three young children, he recalls. Who would take care of my family if I died?

Swirling Vortex of Uncertainty

When I heard his story, I felt a jab of recognition. In 1996, my doctor said I might have cancer. That word sent me into a swirling vortex of uncertainty. But I was fortunate; within a month, I learned my condition was benign.

Yang did not get such good news. He now knows he has an inoperable tumor. Hes undergoing chemotherapy. Its uncertain whether radiation will help. Yet through it all, he seems remarkably calm and positive. At a time when one might understandably focus on oneself, hes even assisting other cancer patients and their families to cope with their own challenges. Whats his secret?

I learned about Yangs personal inner resources when we first met in the 1980s. He worked at the Mayo Clinic and brought me to Rochester, Minnesota, to present a seminar for Mayo and IBM professionals on a less ponderous theme, Love, Sex and the Single Lifestyle. With the audience, we laughed and explored relationship mysteries. He felt it was essential that people consider the spiritual aspect of relationships, as well as the psychological and physical.

Later he founded a global network to train medical professionals how to interact with patients on spiritual matters. Many seriously ill patients want their doctors to discuss spiritual needs and the profession is taking note.

Reality Blog

Now a patient himself, Yang exhibits strength drawn from the faith that has enriched his life. He has established a websitewww.aDoctorsJourneyWithCancer.netto chronicle his

journey and offer hope and encouragement to others. The site presents a compelling real-life drama as it happens.

As a follower of Jesus, Yang notes biblical references to Gods light shining in our hearts and people of faith being like fragile clay jars containing this great treasure. He sees himself as a broken clay jar through which Gods light can shine to point others who suffer to comfort and faith.

As he draws on divine strength, he reflects on Paul, a first-century believer who wrote, We are pressed on every side by troubles, but we are not crushed. We are perplexed, but not driven to despair.

A dedicated scientist, Yang is convinced that what he believes about God is true and includes information about evidences for faith. Hes also got plenty to help the hurting and the curious navigate through their pain, cope with emotional turmoil, and find answers to lifes perplexing questions about death, dying, the afterlife, handling anxiety, and more.

With perhaps less than 18 months to live, Yang Chen knows whats most important in his life. He invites web surfers to walk with me for part, or all, of my journey. If Im ever in his position, I hope I can blend suffering with service while displaying the serenity and trust I observe in him. Visit his website and youll see what I mean.

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Virginia Tech Massacre:

Coping with Grief

As the world joins Virginia Tech in mourning a terrible massacre, I've found myself experiencing poignant memories of an earlier visit to that campus when students also struggled with recent death. Though that tragedy was smaller in scope, grief and confusion abounded then as now.

Several months before my evening lecture at Virginia Tech, I had recommended that my hosts have me speak on love, sex, and dating . . . nearly always a popular campus draw. But they preferred I speak on death and dying: *One Minute After Death*. Reluctantly, I agreed; they publicized accordingly. Though they didn't claim clairvoyance, their selection proved providential.

A few days before my presentation, three Tech students died tragically in separate incidents involving suicide and a fire. The campus buzzed with concern about death and dying. The lecture venue was packed; the atmosphere electric.

Death's Shuddering Finality

I told the audience of similar sadness: The spring of my sophomore year at Duke, the student living in the room next to me was struck and killed by lightning. For some time after Mike's death, our fraternity was in a state of shock. My friends wrestled with questions like, "What's life all about?" "What does it mean if it can be snuffed out in an instant?" "Is there life after death?"

Our springtime happiness became gloom. A memorial service and personal interaction helped us process our grief. I vividly recall a classmate driving Mike's ashes home to Oklahoma at the end of the term. Death had a shuddering finality.

Now, in the recent massacre's immediate aftermath, stories both heartrending and inspiring are emerging. Rescue workers

removing bodies from Norris Hall, where the bulk of the killings occurred, encountered cellphones ringing, likely parents or friends trying to contact missing students. Parents wandered the campus that first evening seeking to learn their children's fate.

During the siege, engineering professor Liviu Librescu, an Israeli Holocaust survivor, blocked a door with his body, sacrificing his life so students could flee.{1}

God and Evil?

As mourners process their anguish, it's only natural to wonder where God is in all this. Virginia Governor Tim Kaine, who once served as a volunteer missionary, noted at the campus convocation that even Jesus, in his dark hour on the cross, cried out, "My God, my God, why have you forsaken me?"{2} He encouraged grieving students to embrace their community to help everyone process their pain.

The late William Sloane Coffin gained fame as a controversial peace and civil rights activist during the Vietnam War. He also served as chaplain of Yale University and had a helpful take on the question of God and suffering.

"Almost every square inch of the Earth's surface is soaked with the tears and blood of the innocent," Coffin told *Religion and Ethics Newsweekly*, "and it's not God's doing. It's our doing. That's human malpractice. Don't chalk it up to God."

"When [people] see the innocent suffering," continued Coffin, "every time they lift their eyes to heaven and say, 'God, how could you let this happen?' it's well to remember that exactly at that moment God is asking exactly the same question of us: 'How could you let this happen?'"{3}

The problem of evil has many complex facets, but the horror in Blacksburg resulted from human action. Students and faculty

face considerable healing. President Bush reminded them, “People who have never met you are praying for you…. In times like this, we can find comfort in the grace and guidance of a loving God…. ‘Don’t be overcome by evil, but overcome evil with good.'”{4} Sound counsel for a grieving campus community.

Notes

1. Laurie Copans, “Holocaust Survivor Killed in Virginia Shootings,” Associated Press, April 17, 2007; on ABC News at http://abcnews.go.com/US/story?id=3048967&page=1, accessed April 18, 2007. See also Richard T. Cooper and Valerie Reitman, “Virginia Tech professor gave his life to save students,” Los Angeles Times, April 18, 2007; http://tinyurl.com/2lnomg, accessed April 18, 2007.
2. Matthew 27:46, quoted here from the more contemporary language of the New Living Translation. Kaine appeared to be quoting from the King James Version. Audio of Governor Kaine’s April 17, 2007, Virginia Tech convocation speech is at http://www.vbdems.org/, accessed April 18, 2007.
3. “Profile: William Sloane Coffin,” Religion & Ethics Newsweekly interview with Bob Abernathy, Episode no. 752, originally broadcast August 27, 2004; rebroadcast in 2007; http://tinyurl.com/2vdr6t, accessed April 18, 2007.
4. Text of the president’s April 17, 2007 speech at the Virginia Tech memorial convocation is at http://tinyurl.com/2t6txa, accessed April 18, 2007. The third sentence in the Bush quotation here is from Romans 12:21.

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Grief and Grace

Former Probe staffer Rick Rood, a hospital chaplain who understands the pain of losing his beloved wife, addresses loss, grieving and God's grace.

Over the past eight years that I've had the privilege of serving in the hospitals, I've had the occasion and privilege of interacting with thousands of grieving people, and to become more than casually acquainted with the many aspects of the "grieving process." In seeking to become better able to comfort those who are grieving, I've read many books and attended numerous seminars. But I've observed that while it's one thing to learn about the grieving process, it's quite another to experience it. Australian pastor Donald Howard wrote in the preface to his short book entitled *Christians Grieve Too* that though he was prepared for the death of his wife from cancer at the age of forty-six, he was "ill-prepared for grief."

Part of me didn't want to write this short essay. I've gotten in the habit of writing about some of the painful things in life the past year or so (though from the perspective of faith). And I wanted to write something happy, or even humorous. But I guess it's one of the occupational hazards of a hospital chaplain that you are constantly confronted with the realities of life that most of us would rather forget about (until it's no longer possible). This past year, I didn't have to go to the hospital to be confronted with this kind of reality. So, please bear with me as I "reflect" one last time.

One of the things I've noticed about grieving people is that though all people do grieve their losses, everyone grieves differently. There must be a host of factors influencing how people grieve: the kind of relationship they had with the loved one, and its depth, the degree of dependence of one on

the other (either the dependence of the survivor on the deceased, or vice versa), the presence of ambivalence in the relationship (the presence of anger as well as love), the degree of guilt (whether real or imagined) experienced by the survivor, the kind of loss (sudden, traumatic, preventable, etc.), the person's temperament and personality, gender, ethnicity, family background, past losses and accumulated grief, one's world view and spirituality. Wow. That's just the short list! Knowing just this much has kept me from comparing how one person grieves from another, and from making judgments about things I know little or nothing about.

There are many excellent books and resources available on grief and loss these days, quite a number from a Christian perspective. But few of them take into consideration in much detail what the scriptures tell us about grief, except for some passing references. My work and my own personal experience have prompted me to pay more attention to this topic in my Bible reading than I normally would. And especially this past year I have tried to listen more closely to what the Lord says to us about it through his Word. Some of what I've found so far has surprised me. All of it has encouraged me.

Grief and Loss

This first section will of necessity be a bit more somber. But it is a necessary prelude to what will follow! The first and most obvious thing one notices in reading the scriptures is that death follows sin, like winter follows fall. God had warned that Adam's sin would result in death (Genesis 2:17). And it did. The solemn refrain "and he died" appears eight times in the list of Adam's descendants given in Genesis 5. Death is indeed the "wages of sin" (Romans 6:23a). Death is not (as we are sometimes told) "a natural thing" or "just a part of life." Death was not part of the created order when God pronounced it "very good" (Genesis 1:31). It is an

aberration, an alien invader into God's natural order. Isaiah describes death as a "covering which is over all peoples," and a "veil which is stretched over all nations" (Isaiah 25:7). It is the great equalizer.

The second most obvious thing one notices is that God promises that death will one day be destroyed. The day is coming when "He will swallow up death for all time" (Isaiah 25:8), when the sentence of death will be "abolished" (1 Corinthians 15:26), and it will "no longer be" (Revelation 21:4). For all who are in Christ, this is our great hope!

The third thing that becomes apparent as one reads the scriptures is that while the sentence on death awaits its fulfillment, sorrow and grief follow death and loss as naturally as spring follows winter. If death were just a natural thing, it would be unnatural to grieve the resulting loss. But since death and loss are not natural, grief and sorrow *are*. They are the expression of pain resulting from the severing of relational bonds that were originally designed by God to be permanent. But because of sin and death, they no longer are. And it hurts.

It's interesting that the first person described in the Bible as grieving is God! Scripture tell us that because of the evil and wickedness of man. God was "grieved in His heart" (Genesis 6:6). We don't understand everything about the emotional life of God. It is certainly not exactly like our own. But since we are created in his image, we should not be surprised to learn that our emotions are in some sense a reflection of his own. One of the most remarkable statements of scripture in this regard appears in Isaiah 63:9, "In all their affliction, he was afflicted." Edward J. Young, in his commentary on Isaiah (vol 3, p. 481) says, "God feels the sufferings of his people as his own sufferings." In fact, every member of the Godhead is described in scripture as experiencing grief. Not only God the Father, as in these passages, but also God the Son. In reflecting on his rejection by the nation's leaders in

Jerusalem, it is said that He “wept over it” (Luke 19:41). At the tomb of his friend Lazarus He “was deeply moved in spirit and was troubled,” and indeed that he “wept” (John 11:33, 35). In the garden of Gethsemane Jesus is described as pouring out His heart to God the Father “with loud crying and tears” (Hebrews 5:7). The Holy Spirit is described as experiencing grief as well. Compare Isaiah 63:10 and Ephesians 4:30, where we are warned against “grieving the Holy Spirit” by our sins. The psalmist says that God “remembers” our tears (Psalm 56:8). And it is even implied that He is in some sense moved by them (Isaiah 38:5, “I have heard your prayers, I have seen your tears”).

The fact that God experiences grief should not be seen as contradicting his sovereign control over all things. For it is clear that there are many things within God’s sovereign purpose that are nonetheless grievous to Him. In fact, there are many things within God’s purpose that are the cause of His anger and judgment.

If God, then, experiences grief, it should not surprise us to find many scriptures which describe God’s people as experiencing grief as well. Abraham is said to have “mourned and wept” over the death of his wife Sarah (Genesis 23:2). So Joseph at the death of his father Jacob (Genesis 50:1). The nation Israel at the death of Moses (Deuteronomy 34:8). Indeed, there is an entire book devoted to expressing the “Lamentations” of the nation Israel over the fall of Jerusalem to Babylon. True, God’s people were admonished not to mourn in the same way that the surrounding pagan nations did at the death of their own. Though we do not understand today the meaning of these practices, the Jews were forbidden to “cut themselves” or “shave their head” for the sake of the dead, as their pagan neighbors did (Leviticus 19:28; Deuteronomy 14:1). Nonetheless, there were traditional mourning practices among the Jews that were viewed as entirely appropriate (e.g., the covering of the head in 2 Sam 15:30, the baring of the feet in

Isaiah 20:2, and the covering of the lip in Leviticus 13:45 and Micah 3:7.) The fact that Ezekiel was forbidden these outward expressions of mourning at the death of his wife (Ezekiel 24:16-17) as a sign to the nation concerning their impending judgment (v. 24), indicates that such restraint was not considered normal.

In the New Testament we find similar expressions of grief on the part of God's people. We've already noticed our Lord's own grief. Indeed he was called "a man of sorrows and acquainted with grief" (Isaiah 53:3, cf. v. l0a). A curious description, if indeed Jesus rarely wept. One aspect of our growth in likeness to Christ is that we should be growing more transparent about our emotions, and more empathetic with those of others. We should also note the description of the "devout men" who when they buried the martyred Stephen "made loud lamentation over him" (Acts 8:2). A most interesting reference appears in Paul's letter to the Philippians (a letter devoted to promoting the joy of the Lord), where he states that should his friend Epaphroditus have died as a result of his recent illness, he would have experienced "sorrow upon sorrow" (2:27). Just as in the Old Testament, so in the New, God's people have reason not to "grieve as those who have no hope" (I Thessalonians 4:13). But there is nothing in the New Testament which suggests that God's people nonetheless do not or should not grieve the temporary loss of relationship with those they love. Theologian J. I. Packer has stated: "Grief is the human system reacting to the pain of loss, and as such it is an inescapable reaction" (*A Grief Sanctified*, p. 12).

Of particular interest to me is the fact that the removal of grief and sorrow from human experience is tied very closely in scripture with the ultimate removal of death and loss. Compare the following statements from both Old and New Testaments. "He will swallow up *death* for all time, and the Lord God will wipe *tears* away from all faces" (Isaiah 25:8). "And He will wipe away every *tear* from their eyes; and there will no longer be

any *death*" (Revelation 21:4). Though I believe (as we shall shortly see) there is substantial healing available from the Lord in our grieving now, its effects will not be entirely and completely relieved until the old order of life is fully replaced by the new.

With this context in mind, before moving on to a consideration of God's comforting grace, there is an intriguing passage in the Old Testament that we ought not overlook. It's found in the sometimes enigmatic book of Ecclesiastes: "It is better to go to a house of mourning than to go to a house of feasting, because that is the end of every man, and the living take it to heart. Sorrow is better than laughter, *for when a face is sad a heart may be happy*. The mind of the wise is in the house of mourning, while the mind of fools is in the house of pleasure" (7:2-4 NASB). As with many of Solomon's sayings in this book, the italicized phrase is not easily understood. But the RSV rendering seems to capture its meaning well when it says, "By sadness of countenance the heart is made glad." Or as the NKJV puts it, "For by a sad countenance the heart is made better." What the writer appears to be saying is that genuine "recovery" from grief comes not by denying it or repressing it, but by giving appropriate expression to it. This is obviously something that the Old Testament saints understood, and practiced. And so may we. Someone well may ask how sorrow and grief can be consistent with the joy of the Lord. But it is interesting that St. Paul saw no contradiction in describing himself on one occasion as "sorrowful, yet always rejoicing" (2 Corinthians 6:l0a). The former is the result of experiencing painful loss; the latter the result of contemplating the implications of the providence of God—simultaneously.

Few people have experienced losses greater than those that befell Job. Perhaps his initial response to news of the death of his children provides something of a paradigm for us. "Then Job arose and tore his robe and shaved his head, and he fell

to the ground and worshiped" (Job 1:20). Grieving, but worshiping. Grieving profoundly. Worshiping humbly.

Comfort and Grace

In God's economy, if grief follows loss, then comfort follows grief. And this is exactly what we find in many passages of scripture. Among the things for which the Lord is said to have anointed his Messiah is "To comfort all who mourn" (Isaiah. 61:2b). Among those upon whom Jesus pronounced God's blessing are those who mourn, "for they shall be comforted" (Matthew 5:4). A fact sometimes overlooked is that it is only those who mourn, who acknowledge their grief, who place themselves in a position of being comforted by the Lord. God's comforting grace is the answer to our grieving heart.

One of the most endearing descriptions of the Lord in scripture is found in 2 Corinthians 1:3, "The Father of mercies and God of all comfort." He is merciful and compassionate in nature. And He is the source of all genuine comfort and encouragement. The word used here for "comfort" is related to the word used to denote the Holy Spirit as the "Comforter" … one called alongside to encourage and help (John 14:16,26). He is "the divine fount of all consolation to His people—the 'all' both excluding any other source of comfort and also emphasizing the complete adequacy of that comfort for every circumstance that may arise" (P. E. Hughes, *II Corinthians*, p. 13). The following verse states that God "comforts us in all our affliction" (v. 4a). "The present tense of the verb shows that this God of ours comforts us constantly and unfailingly, not spasmodically and intermittently; and he does so in all our affliction, not just in certain kinds of affliction" (Hughes, p. 12). Furthermore, God comforts us "so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God" (v. 4b). "Nor is the comfort received from God intended to terminate in the recipient: it has a

further purpose, namely, to fit the Christian for the God-like ministry of comforting and encouraging others, whatever the affliction they may be suffering" (Hughes, p. 12). What a rich description of the comforting grace of God! From Him. To us. Through us.

But *how* does God's comfort come to us? One means through which God's comfort comes to us has been alluded to already. And that is that God identifies with us in our grief. We have noted above some of the passages that state this very fact. He "sympathizes with our weakness" (Heb. 4:15). "For He Himself knows our frame; He is mindful that we are but dust" (Psalm 103:14).

But beyond this, God has provided his word with a view to providing comfort in time of sorrow. "This is my *comfort* in my affliction, that your word has revived me" (Psalm 119:50). "My soul weeps because of grief; *strengthen* me according to your word" (Psalm 119:28). God's words seem to find their way into our heart particularly when they are set to music: "Your statutes are my songs in the house of my pilgrimage" (Psalm 119:54). I have found great comfort in the music of praise and worship to the Lord. St. Paul says that "through perseverance and the *encouragement* of the Scriptures we might have hope" (Romans 15:4). And concerning his teaching on our coming reunion with the Lord and with our departed loved ones, St. Paul says, "Therefore *comfort* one another with these words." It is in part through letting the word of God "richly dwell within" us (Colossians 3:16) that we can gain access to God's comforting grace. I have found it true in my own experience that the Word of God has been a river of grace to my heart.

We are comforted also by simply experiencing the loving acts of God in our life. "O may your lovingkindness comfort me, according to your word to your servant (Psalm 119:76)." It is for the direct experience of the faithful love of God that the psalmist is praying here. And I believe God does comfort and encourage us by leaving his "fingerprints" on our lives in

many ways during our days of grieving. He lets us know through his providential acts that we are not alone. That He is with us. That He loves us. That He has a purpose for us still (cf. Genesis 50:24).

As indicated in the passage examined above (2 Corinthians 1), much of God's comfort comes to us through his people. Later in this very letter, Paul tells us that he was comforted by God's sending his friend Titus. "But God, who comforts the depressed, comforted us by the coming of Titus" (2 Corinthians 7:6). When God provided Rebekah as a bride for Isaac, it is said that he "was comforted after his mother's death" (Genesis 24:67). When Paul was imprisoned in Rome, he wrote that he was "refreshed" by his friend Onesiphorus who searched for him and found him (2 Timothy 1:16-17). It is often overlooked that much of God's grace comes to us, not only directly from His Spirit or through His word, but through His people. Peter tells us that it is as we steward the gifts God has given us in serving one another that we administer "the manifold grace of God" (1 Peter 4:10). The Old Testament people of God seemed to put this understanding into practice in a very practical way. It was apparently their custom to surround their grieving neighbors with love and support by providing meals for them. The "bread of mourning" and "cup of consolation" were biblical terms meant to be taken in a very literal way (cf. Deuteronomy 26:14; Jeremiah 16:7; Hosea 9:4).

In what ways can God's people administer God's comforting grace? Certainly through following Jesus' example to "weep with those who weep" (Romans 12:15b; contra Proverbs 25:20). By learning to be comfortable and patient with those who are actively grieving their losses. By learning to be "quick to hear, slow to speak" (James l:19b). By being a "ready listener." I've personally found that those who have simply "listened to my story" have greatly comforted me. I once heard a pastor speak of this effect as "healing through the laying on of ears." What a great phrase! When Job's friends first

came “to sympathize with him and comfort him” (2:11b), it is said that “they sat down on the ground with him for seven days and seven nights with no one speaking a word to him, for they saw that his pain was very great” (2:13). (Oh that they would have remained in silent mode!) Later, Job made this telling statement: “For the despairing man there should be kindness from his friend; so that he does not forsake the fear of the Almighty” (6:14). The thought is that lack of kindness can serve only to push people further from God when they are despairing. I’ve talked with many people in the hospital through the years who have distanced themselves from various churches. When I’ve inquired about what occasioned their departure, too often I have been told that it was during a time of bereavement. You can fill in the rest of the story. One way I’ve learned that we “speak the truth in love” is by being sensitive to the recipient’s present ability to receive it and absorb it. (“I have many more things to say to you, *but you cannot bear them now*“, John 16:12.)

Closing Thoughts

A rather obscure passage that has served to guide me in all of this is found in 1 Samuel 30:1-6.

> “Then it happened when David and his men came to Ziklag on the third day, that the Amalekites had made a raid on the Negev and on Ziklag, and had overthrown Ziklag and burned it with fire; and they took captive the women and all who were in it, both small and great, without killing anyone, and carried them off and went their way. When David and his men came to the city, behold, it was burned with fire, and their wives and their sons and their daughters had been taken captive. Then David and the people who were with *him lifted their voices and wept until there was no strength in them to weep*. Now David’s two wives had been taken captive, Ahinoam the Jezreelitess and Abigail the widow of Nabal the Carmelite. Moreover David was greatly distressed because the

> people spoke of stoning him, for all the people were embittered, each one because of his sons and his daughters. *But David strengthened himself in the Lord his God.*"

What a great passage for summing up our thoughts in this article. We see first the experience of sudden loss. Then the expression of understandable sorrow and grief. They wept 'til there was no more strength in them to weep. But then, as he was able, *David strengthened himself in the Lord.*

It's that last phrase that I want to emphasize in closing. And there are two thoughts that emerge from it. First, the strength to move through our grief comes from the Lord. We go astray when we seek to find comfort for our grief apart from Him. I've seen many in the hospitals who have fallen into addictions or into unhealthy relationships due to their attempts to find comfort apart from the Lord. We've seen already some of the ways in which the Lord comforts and strengthens us in our grief, so that we can move on with our life and fulfill God's remaining purposes for us.

But second, as David did, we ourselves must take responsibility for obtaining God's comfort and strength. David *strengthened himself in the Lord his God*. Gaining God's comfort involves our active participation in the process. And if the people around us seem not to be helping us in this direction, then we must ask God to lead us to those who will. And seek them out. Not everyone is so equipped. A dear friend who had previously lost his wife told me, a good while before I lost Polly, "Rick, your recovery will be your responsibility."

The rate of recovery is unique for every person. But there is at least one passage in scripture which speaks of those who seemed to be stuck in their grief, "refusing to be comforted" (Jeremiah 31:15; cf. 2 Chronicles 15:7), in need of "restraining their eyes from tears" (Jeremiah 31:16), and of remembering that "there is a hope for (their) future"

(Jeremiah 31:17). We do this as we utilize the means of grace which God provides, placing our faith in Him one day at a time, in pursuit of his purpose for the remainder of our days. Part of that purpose may be (probably will be) serving others who are still on the path of grief.

> *Do not fear, for I am with you; do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, surely I will uphold you with My righteous right hand* (Isaiah 41:10).

Suggested reading:

Howard, Donald. *Christians Grieve Too*. The Banner of Truth Trust.

Lewis, C. S. *A Grief Observed*. Bantam Books.

Mitsch, Raymond R. and Lynn Brookside. *Grieving the Loss of Someone You Love*. Vine Books.

Packer, J. I. *A Grief Sanctified*. Vine Books.

Scazzero, Peter. *The Emotionally Healthy Church*. Zondervan.

Wright, H. Norman. *Helping Those Who Hurt*. Bethany House.

Wright, H. Norman. *Recovering from the Losses of Life*. Revell.

Wright, H. Norman. *Will My Life Ever Be the Same? Finding God's Strength to Hope Again*. Harvest House.

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One Minute After Death (radio transcript)

The Other Side of Life

Do you believe in life after death?{1}

Picture the operating room of a large hospital. A man is dying. As the doctors frantically try to save him, here is what he perceives and thinks:

> *"I am dying. I hear the doctor pronounce me dead. As I lie on the operating table, a loud, harsh buzzing reverberates in my head. At the same time, I sense myself moving very rapidly through a long, dark tunnel. Suddenly, I find myself outside of my own physical body. Like a spectator, I watch the doctor's desperate attempts to revive my corpse.*
>
> *"Soon I encounter a 'being' of light, a loving, warm spirit who shows me an instant replay of my life and helps me evaluate my past deeds.*
>
> *"Eventually, I learn I must return to my body. I resist, for my afterlife experience has been quite pleasant. Somehow, though, I am reunited with my physical body and live."{2}*

This composite account of a near-death experience or "NDE" is adapted from the best selling book, *Life After Life*, by Dr. Raymond Moody, who brought these experiences to wide public awareness. Often the episodes involve out-of-body experiences or "OBEs."

While writing a book on this subject, I interviewed people with some fascinating stories. A Kansas woman developed complications after major surgery. She sensed herself rising out of her body, soaring through space, and hearing heavenly

voices before returning to her body. An Arizona man in a coma for five months after a motorcycle accident said he saw his deceased father, who spoke to him.

Actress Sharon Stone has described her own close call with death. She was hospitalized with bleeding from an artery at her skull's base. "I feel that I did die," she relates. She tells of "a giant vortex of white light" and says "I kind of poof sort of took off… into this glorious bright…white light. I started to see and be met by some of my friends. people who were very dear to me. It was very, very fast, and suddenly I was back. I was in my body and I was in the room." Stone says the experience affected her "profoundly" and that she "will never be the same."{3}

What do these near-death experiences mean? How should we interpret them? This article offers a biblical perspective.

Interpreting Near-Death Experiences

What are some possible explanations for the NDEs? Hundreds of people claim that they have died and lived to tell about it. Are their near-death and out-of-body experiences genuine previews of the afterlife? Hallucinations caused by traumatic events? Or something else?

Some patients have been pronounced clinically dead and later are resuscitated. Others have had close calls with death, but were never really thought dead (such as survivors of automobile accidents). Still others did die permanently but described what they saw before they expired.

Determination of the point of death is a hotly debated issue. In the past, doctors relied merely on the ceasing of the heartbeat and respiration. More recently they have used the EEG or brainwave test. Whatever one considers the point of death, most would agree that these folks have come much closer to it than the majority of people living today.

A number of possible explanations for the OBEs have been offered. Different ones may apply in different situations.

The physiological explanations suggest that a "physical" condition may have caused some of the out-of-body experiences. For instance, cerebral anoxia (a shortage of oxygen in the brain) occurs when the heart stops. The brain can survive for a short while (usually only a few minutes) without receiving oxygen from the blood. Anoxia can produce abnormal mental states.{4} Patients who recover from heart failure and report OBEs may be merely reporting details of an "altered state of consciousness," some say.{5}

Electronic brain stimulation can produce out-of-body sensations. Researchers at the Universities of Geneva and Lausanne in Switzerland placed electrodes in the brain of a woman suffering from epilepsy. As they stimulated her brain's right angular gyrus, she reported sensing she was floating about six feet above her body.{6}

The pharmacological explanations say that drugs or anesthetics may induce some of the near-death experiences. Some primitive societies use drugs to induce OBEs in their religious ceremonies.{7} LSD and marijuana sometimes generate similar sensations.{8} Even many medically accepted drugs have produced mental states akin to those reported by the dying. Ketamine is an anesthetic that is administered intravenously{9} and produces hallucinatory reactions.{10}

Psychological and Spiritual Explanations

How should we interpret near-death experiences? What do they mean? So far this we have examined physiological and pharmacological explanations, that is, causes involving the body or drugs. Consider two other categories: psychological and spiritual explanations. The psychological explanations suggest that the individual's mind may generate the unusual

mental experience. Sigmund Freud, writing about the difficulty of coping with the thought of death, said it would be more comfortable in our minds to picture ourselves as detached observers.{11} Some modern psychiatrists theorize that the OBE is merely a defense mechanism against the anxiety of death. That is, since the thought of one's own death is so frightening, the patient's mind invents the OBE to make it seem as if only the body is dying while the soul or spirit lives on.

Other psychologists wonder if the patient may be confusing his or her *interpretation* of the experience with what actually happened.{12} The conscious mind needs an explanation for an unusual vision; therefore, it interprets the event in familiar terms. Thus, say these psychologists, resuscitated patients report conversations with deceased relatives or religious figures common to their culture.

The spiritual explanations view many of the OBEs as real manifestations of the spiritual.

Many have noted that earlier reports of NDEs seemed to contradict some traditional Christian beliefs about the afterlife. All of the patients Christian and non-Christian reported feelings of bliss and ecstasy with no mention of unpleasantness, hell, or judgment.

However, further research uncovered negative experiences. For instance, Raymond Moody wrote of one woman who was supposedly "dead" for 15 minutes and said she saw spirits who appeared "bewildered." "They seemed to shuffle," she reported, "as someone would on a chain gang not knowing where they were going. they all had the most woebegone expressions. It was quite depressing."{13}

Dr. Moody observed, "Nothing I have encountered precludes the possibility of a hell."{14}

Some have felt that OBEs are inconsistent with the biblical

concept of a final judgment at the world's end. No one reports standing before God and being judged for eternity. Dr. Moody responds that "the end of the world has not yet taken place," so there is no inconsistency. "There may well be a final judgment," he says. "Near-death experiences in no way imply the contrary."{15}

So, is there a life after death?

Is There Life After Death?

The spring of my sophomore year in college, the student living in the room next to me was struck and killed by lightning. For some time after Mike's death, our fraternity was in a state of shock. My friends were asking questions like, "Is there a life after death?" and "How can we experience it?"

Is it possible to know whether there is an afterlife? What method would you use to find out?

Some suggest using the *experimental method* of science and applying it to the near-death experiences. However, these events normally are not controlled, clinical situations. They're medical emergencies. Even if scientists could establish controls, we have no mind-reading machines to verify mental/spiritual experiences. And think about recruiting subjects. Would you volunteer to undergo clinical death for research purposes?

Some suggest relying on personal *experience* to answer the question. But the experiential method has its drawbacks, too. NDEs can provide useful information, but the mind can trick us. Dreams, fantasies, hallucinations, drug trips, drunkenness, states of shock all can evoke mental images that seem real but aren't.

What if we could find a *spiritual authority*, someone with trustworthy credentials, to tell us the truth about afterlife

issues?

Following Mike's death, I encouraged my friends to consider Jesus of Nazareth as a trustworthy spiritual authority. As somewhat of a skeptic myself, I'd found the resurrection of Christ to be one of the best-attested facts of history.{16} If Jesus died and came back from the dead, He could accurately tell us what death and the afterlife are like. The fact that He successfully predicted His own resurrection{17} helps us believe that He will tell us the truth about the afterlife.

Jesus and His early followers indicated that the afterlife would be personal, that human personalities would continue to exist.{18} Eternal life would be relational, involving warm, personal relationships with God and with each other.{19} Eternal life would be enjoyable, defying our description and exceeding our imagination. "No mind has conceived what God has prepared for those who love him," wrote one early believer.{20} And eternal life would be eternal. It would never end. "God has given us eternal life," wrote one of Jesus' closest friends, "and this life is in His Son."{21}

The sad thing is that some people don't want to take advantage of eternal life.

How to Be Sure You'll Live Forever

Maurice Rawlings, M.D., a cardiologist, tells of a patient who had a cardiac arrest in Dr. Rawlings' office. During the attempted resuscitation, the patient screamed, "I am in hell!" "Don't stop!" he begged in terror. "Each time you quit I go back to hell!"{22}

The biblical hell, or Hades, is the current home of those who do not accept God's forgiveness. The final abode of those who refuse forgiveness is called the "lake of fire."{23}

Not a pleasant subject. But remember, God loves you and wants

you to spend eternity with Him.{24} He sent Jesus, His Son, to die and pay the penalty for our sins (attitudes and actions that fall short of God's perfection). We simply need to receive His free gift of forgiveness we can never earn it to be guaranteed eternal life. "Whoever hears my word," Jesus says, "and believes him who sent me has eternal life and will not be condemned; he has crossed over from death to life."{25}

How should we interpret the near-death experiences? Here's my perspective as one who believes the evidence supports Jesus' and biblical reliability.{26} If a given NDE contradicts biblical statements or principles, I do not accept it as being completely from God. If the experience does not contradict biblical statements or principles, then it *could* be from God. (Body, drug or mind could also influence it.)

A given NDE could be completely spiritual and yet not be from God. Jesus spoke of an evil spiritual being, Satan. We are told that Satan "disguises himself as an angel of light,"{27} but Jesus called him "a liar and the father of lies."{28} I'm not accusing all near-death experiencers of being in league with the devil. Just a friendly word of caution that some may be being deceived.

Once a nightclub near Cincinnati was packed to the brim. Suddenly, a busboy stepped onto the stage, interrupted the program and announced that the building was on fire. Perhaps because they saw no smoke, many of the guests remained seated. Maybe they thought it was a joke, a part of the program, and felt comfortable with that explanation. When they finally saw the smoke, it was too late. More than 150 people died as the nightclub burned.{29}

Are you believing what you want to believe, or what the evidence shows is true? Jesus said, "I am the resurrection and the life; he who believes in Me will live even if he dies."{30} I encourage you to place your faith in Jesus if you haven't yet. Then you, too, will live, even if you die.

Notes

1. This article is adapted from Rusty Wright, “One Minute After Death,” *Pursuit* magazine, Vol. V, No. 2, 1996; Rusty Wright, “A Funny Thing Happened on the Way to the End, *Collegiate Challenge,* Vol. 17, 1978, pp. 2-5; and Rusty Wright, *The Other Side of Life* (Singapore: Campus Crusade Asia Limited, 1979, 1994).
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3. Carolyne Zinko, “When Stone saw the light, *San Francisco Chronicle,* November 28, 2002, The Features Page. The article relates Stone’s description of her experience to NBC TV’s Katie Couric.
4. Stanislav Grof, M. D., and Joan Halifax-Grof, “Psychedelics and the Experience of Death,” in Toynbee, Koestler, and others, *Life After Death* (New York: McGraw-Hill, 1976), 196.
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8. Grof and Halifax Grof, op. cit., pp. 193-195; Stanislav Grof, “Varieties of Transpersonal Experiences: Observations from LSD Psychotherapy,” *The Journal of Transpersonal Psychology,* 4:1, 1972, p. 67; Russell Noyes, Jr., M.D., and Roy Kletti, “Depersonalization in the Face of Life-Threatening Danger: An Interpretation,” *Omega: Journal of Death and Dying,* 7:2, 1976, p. 108.
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L.J. West (eds.), *Hallucinations: Behavior, Experience, and Theory* (New York: John Wiley & Sons, 1975), 292.

11. Sigmund Freud, "Thoughts for the Times on War and Death" (1915), *Collected Papers,* Vol. 4, Basic Books, 1959; quoted in Russell Noyes, Jr., M.D., "The Experience of Dying," *Psychiatry,* May 1972, p. 178.
12. Dr. Charles Tart in Robert A. Monroe, *Journeys Out of the Body* (Garden City, New York: Doubleday, 1971), 6,7.
13. Raymond A. Moody, Jr., *Reflections on Life After Life* (New York and Covington, Georgia: Bantam/Mockingbird, 1977), 19-21.
14. Ibid., 36.
15. Ibid., 36, 37.
16. See, for instance, Josh McDowell, *The New Evidence That Demands A Verdict* (Nashville: Thomas Nelson Publishers), 1999.
17. See, for example, Jesus' resurrection predictions in Luke 9:22 and 18:31-33; their fulfillment in Luke 24.
18. See for example Luke 23:42-43; Matthew 8:11; 2 Samuel 12:23; Matthew 17:1-8.
19. John 14:2-3; Philippians 1:23; John 17:3.
20. 1 Corinthians 2:9 NIV. See also Revelation 21:4; Hebrews 12:2.
21. 1 John 5:11 NASB.
22. Maurice Rawlings, M.D., *Beyond Death's Door* (Nashville: Thomas Nelson, 1978), 19-20.
23. Revelation 20:11-15.
24. John 3:16.
25. John 5:24 NIV.
26. See, for example, McDowell, op. cit.
27. 2 Corinthians 11:14 NASB.
28. John 8:44 NASB.
29. "They Didn't Believe It," *The New York Times,* May 30, 1977, p. 16; Hal Bruno, "The Fire Next Time," *Newsweek,* June 13, 1977, pp. 24, 27.
30. John 11:25 NASB.

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Euthanasia: A Christian Perspective

Kerby Anderson looks at euthanasia from a distinctly Christian perspective. Applying a biblical view gives us clear understanding that we are not lord of our own life or anyone elses.

 *This article is also available in Spanish.*

Debate over euthanasia is not a modern phenomenon. The Greeks carried on a robust debate on the subject. The Pythagoreans opposed euthanasia, while the Stoics favored it in the case of incurable disease. Plato approved of it in cases of terminal illness.(1) But these influences lost out to Christian principles as well as the spread of acceptance of the Hippocratic Oath: "I will neither give a deadly drug to anybody if asked for it, nor will I make a suggestion to that effect."

In 1935 the Euthanasia Society of England was formed to promote the notion of a painless death for patients with incurable diseases. A few years later the Euthanasia Society of America was formed with essentially the same goals. In the last few years debate about euthanasia has been advanced by two individuals: Derek Humphry and Dr. Jack Kevorkian.

Derek Humphry has used his prominence as head of the Hemlock Society to promote euthanasia in this country. His book *Final Exit: The Practicalities of Self-Deliverance and Assisted Suicide for the Dying* became a bestseller and further

influenced public opinion.

Another influential figure is Jack Kevorkian, who has been instrumental in helping people commit suicide. His book *Prescription Medicide: The Goodness of Planned Death* promotes his views of euthanasia and describes his patented suicide machine which he calls "the Mercitron." He first gained national attention by enabling Janet Adkins of Portland, Oregon, to kill herself in 1990. They met for dinner and then drove to a Volkswagen van where the machine waited. He placed an intravenous tube into her arm and dripped a saline solution until she pushed a button which delivered first a drug causing unconsciousness, and then a lethal drug that killed her. Since then he has helped dozens of other people do the same.

Over the years, public opinion has also been influenced by the tragic cases of a number of women described as being in a "persistent vegetative state." The first was Karen Ann Quinlan. Her parents, wanting to turn the respirator off, won approval in court. However, when it was turned off in 1976, Karen continued breathing and lived for another ten years. Another case was Nancy Cruzan, who was hurt in an automobile accident in 1983. Her parents went to court in 1987 to receive approval to remove her feeding tube. Various court cases ensued in Missouri, including her parents' appeal that was heard by the Supreme Court in 1990. Eventually they won the right to pull the feeding tube, and Nancy Cruzan died shortly thereafter.

Seven years after the Cruzan case, the Supreme Court had occasion to rule again on the issue of euthanasia. On June 26, 1997 the Supreme Court rejected euthanasia by stating that state laws banning physician-assisted suicide were constitutional. Some feared that these cases (*Glucksburg v. Washington* and *Vacco v. Quill*) would become for euthanasia what Roe v. Wade became for abortion. Instead, the justices rejected the concept of finding a constitutional "right to die" and chose not to interrupt the political debate (as *Roe*

v. Wade did), and instead urged that the debate on euthanasia continue “as it should in a democratic society.”

Voluntary, Active Euthanasia

It is helpful to distinguish between mercy-killing and what could be called mercy-dying. Taking a human life is not the same as allowing nature to take its course by allowing a terminal patient to die. The former is immoral (and perhaps even criminal), while the latter is not.

However, drawing a sharp line between these two categories is not as easy as it used to be. Modern medical technology has significantly blurred the line between hastening death and allowing nature to take its course.

Certain analgesics, for example, ease pain, but they can also shorten a patient’s life by affecting respiration. An artificial heart will continue to beat even after the patient has died and therefore must be turned off by the doctor. So the distinction between actively promoting death and passively allowing nature to take its course is sometimes difficult to determine in practice. But this fundamental distinction between life-taking and death- permitting is still an important philosophical distinction.

Another concern with active euthanasia is that it eliminates the possibility for recovery. While this should be obvious, somehow this problem is frequently ignored in the euthanasia debate. Terminating a human life eliminates all possibility of recovery, while passively ceasing extraordinary means may not. Miraculous recovery from a bleak prognosis sometimes occurs. A doctor who prescribes active euthanasia for a patient may unwittingly prevent a possible recovery he did not anticipate.

A further concern with this so-called voluntary, active euthanasia is that these decisions might not always be freely made. The possibility for coercion is always present. Richard

D. Lamm, former governor of Colorado, said that elderly, terminally ill patients have “a duty to die and get out of the way.” Though those words were reported somewhat out of context, they nonetheless illustrate the pressure many elderly feel from hospital personnel.

The Dutch experience is instructive. A survey of Dutch physicians was done in 1990 by the Remmelink Committee. They found that 1,030 patients were killed without their consent. Of these, 140 were fully mentally competent and 110 were only slightly mentally impaired. The report also found that another 14,175 patients (1,701 of whom were mentally competent) were denied medical treatment without their consent and died.(2)

A more recent survey of the Dutch experience is even less encouraging. Doctors in the United States and the Netherlands have found that though euthanasia was originally intended for exceptional cases, it has become an accepted way of dealing with serious or terminal illness. The original guidelines (that patients with a terminal illness make a voluntary, persistent request that their lives be ended) have been expanded to include chronic ailments and psychological distress. They also found that 60 percent of Dutch physicians do not report their cases of assisted suicide (even though reporting is required by law) and about 25 percent of the physicians admit to ending patients’ lives without their consent.(3)

Involuntary, Active Euthanasia

Involuntary euthanasia requires a second party who makes decisions about whether active measures should be taken to end a life. Foundational to this discussion is an erosion of the doctrine of the sanctity of life. But ever since the Supreme Court ruled in *Roe v. Wade* that the life of unborn babies could be terminated for reasons of convenience, the slide down society’s slippery slope has continued even though the Supreme Court has been reluctant to legalize euthanasia.

The progression was inevitable. Once society begins to devalue the life of an unborn child, it is but a small step to begin to do the same with a child who has been born. Abortion slides naturally into infanticide and eventually into euthanasia. In the past few years doctors have allowed a number of so-called "Baby Does" to die—either by failing to perform lifesaving operations or else by not feeding the infants.

The progression toward euthanasia is inevitable. Once society becomes conformed to a "quality of life" standard for infants, it will more willingly accept the same standard for the elderly. As former Surgeon General C. Everett Koop has said, "Nothing surprises me anymore. My great concern is that there will be 10,000 Grandma Does for every Baby Doe."(4)

Again the Dutch experience is instructive. In the Netherlands, physicians have performed involuntary euthanasia because they thought the family had suffered too much or were tired of taking care of patients. American surgeon Robin Bernhoft relates an incident in which a Dutch doctor euthanized a twenty-six-year-old ballerina with arthritis in her toes. Since she could no longer pursue her career as a dancer, she was depressed and requested to be put to death. The doctor complied with her request and merely noted that "one doesn't enjoy such things, but it was her choice."(5)

Physician-Assisted Suicide

In recent years media and political attention has been given to the idea of physician-assisted suicide. Some states have even attempted to pass legislation that would allow physicians in this country the legal right to put terminally ill patients to death. While the Dutch experience should be enough to demonstrate the danger of granting such rights, there are other good reasons to reject this idea.

First, physician-assisted suicide would change the nature of the medical profession itself. Physicians would be cast in the

role of killers rather than healers. The Hippocratic Oath was written to place the medical profession on the foundation of healing, not killing. For 2,400 years patients have had the assurance that doctors follow an oath to heal them, not kill them. This would change with legalized euthanasia.

Second, medical care would be affected. Physicians would begin to ration health care so that elderly and severely disabled patients would not be receiving the same quality of care as everyone else. Legalizing euthanasia would result in less care, rather than better care, for the dying.

Third, legalizing euthanasia through physician-assisted suicide would effectively establish a right to die. The Constitution affirms that fundamental rights cannot be limited to one group (e.g., the terminally ill). They must apply to all. Legalizing physician-assisted suicide would open the door to anyone wanting the "right" to kill themselves. Soon this would apply not only to voluntary euthanasia but also to involuntary euthanasia as various court precedents begin to broaden the application of the right to die to other groups in society like the disabled or the clinically depressed.

Biblical Analysis

Foundational to a biblical perspective on euthanasia is a proper understanding of the sanctity of human life. For centuries Western culture in general and Christians in particular have believed in the sanctity of human life. Unfortunately, this view is beginning to erode into a "quality of life" standard. The disabled, retarded, and infirm were seen as having a special place in God's world, but today medical personnel judge a person's fitness for life on the basis of a perceived quality of life or lack of such quality.

No longer is life seen as sacred and worthy of being saved. Now patients are evaluated and life-saving treatment is frequently denied, based on a subjective and arbitrary

standard for the supposed quality of life. If a life is judged not worthy to be lived any longer, people feel obliged to end that life.

The Bible teaches that human beings are created in the image of God (Gen. 1:26) and therefore have dignity and value. Human life is sacred and should not be terminated merely because life is difficult or inconvenient. Psalm 139 teaches that humans are fearfully and wonderfully made. Society must not place an arbitrary standard of quality above God's absolute standard of human value and worth. This does not mean that people will no longer need to make difficult decisions about treatment and care, but it does mean that these decisions will be guided by an objective, absolute standard of human worth.

The Bible also teaches that God is sovereign over life and death. Christians can agree with Job when he said, "The Lord gave and the Lord has taken away. Blessed be the name of the Lord" (Job 1:21). The Lord said, "See now that I myself am He! There is no god besides me. I put to death and I bring to life, I have wounded and I will heal, and no one can deliver out of my hand" (Deut. 32:39). God has ordained our days (Ps. 139:16) and is in control of our lives.

Another foundational principle involves a biblical view of life- taking. The Bible specifically condemns murder (Exod. 20:13), and this would include active forms of euthanasia in which another person (doctor, nurse, or friend) hastens death in a patient. While there are situations described in Scripture in which life-taking may be permitted (e.g., self-defense or a just war), euthanasia should not be included with any of these established biblical categories. Active euthanasia, like murder, involves premeditated intent and therefore should be condemned as immoral and even criminal.

Although the Bible does not specifically speak to the issue of euthanasia, the story of the death of King Saul (2 Sam. 1:9-16) is instructive. Saul asked that a soldier put him to

death as he lay dying on the battlefield. When David heard of this act, he ordered the soldier put to death for “destroying the Lord’s anointed.” Though the context is not euthanasia per se, it does show the respect we must show for a human life even in such tragic circumstances.

Christians should also reject the attempt by the modern euthanasia movement to promote a so-called “right to die.” Secular society’s attempt to establish this “right” is wrong for two reasons. First, giving a person a right to die is tantamount to promoting suicide, and suicide is condemned in the Bible. Man is forbidden to murder and that includes murder of oneself. Moreover, Christians are commanded to love others as they love themselves (Matt. 22:39; Eph. 5:29). Implicit in the command is an assumption of self-love as well as love for others.

Suicide, however, is hardly an example of self-love. It is perhaps the clearest example of self-hate. Suicide is also usually a selfish act. People kill themselves to get away from pain and problems, often leaving those problems to friends and family members who must pick up the pieces when the one who committed suicide is gone.

Second, this so-called “right to die” denies God the opportunity to work sovereignly within a shattered life and bring glory to Himself. When Joni Eareckson Tada realized that she would be spending the rest of her life as a quadriplegic, she asked in despair, “Why can’t they just let me die?” When her friend Diana, trying to provide comfort, said to her, “The past is dead, Joni; you’re alive,” Joni responded, “Am I? This isn’t living.”(6) But through God’s grace Joni’s despair gave way to her firm conviction that even her accident was within God’s plan for her life. Now she shares with the world her firm conviction that “suffering gets us ready for heaven.”(7)

The Bible teaches that God’s purposes are beyond our understanding. Job’s reply to the Lord shows his

acknowledgment of God's purposes: "I know that you can do all things; no plan of yours can be thwarted. You asked, 'Who is this that obscures my counsel without knowledge?' Surely I spoke of things I did not understand, things too wonderful for me to know" (Job 42:2-3). Isaiah 55:8-9 teaches, "For my thoughts are not your thoughts, neither are your ways my ways, declares the Lord. As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts."

Another foundational principle is a biblical view of death. Death is both unnatural and inevitable. It is an unnatural intrusion into our lives as a consequence of the fall (Gen. 2:17). It is the last enemy to be destroyed (1 Cor. 15:26, 56). Therefore Christians can reject humanistic ideas that assume death as nothing more than a natural transition. But the Bible also teaches that death (under the present conditions) is inevitable. There is "a time to be born and a time to die" (Eccles. 3:2). Death is a part of life and the doorway to another, better life.

When does death occur? Modern medicine defines death primarily as a biological event; yet Scripture defines death as a spiritual event that has biological consequences. Death, according to the Bible, occurs when the spirit leaves the body (Eccles. 12:7; James 2:26).

Unfortunately this does not offer much by way of clinical diagnosis for medical personnel. But it does suggest that a rigorous medical definition for death be used. A comatose patient may not be conscious, but from both a medical and biblical perspective he is very much alive, and treatment should be continued unless crucial vital signs and brain activity have ceased.

On the other hand, Christians must also reject the notion that everything must be done to save life at all costs. Believers, knowing that to be at home in the body is to be away from the

Lord (2 Cor. 5:6), long for the time when they will be absent from the body and at home with the Lord (5:8). Death is gain for Christians (Phil. 1:21). Therefore they need not be so tied to this earth that they perform futile operations just to extend life a few more hours or days.

In a patient's last days, everything possible should be done to alleviate physical and emotional pain. Giving drugs to a patient to relieve pain is morally justifiable. Proverbs 31:6 says, "Give strong drink to him who is perishing, and wine to him whose life is bitter." As previously mentioned, some analgesics have the secondary effect of shortening life. But these should be permitted since the primary purpose is to relieve pain, even though they may secondarily shorten life.

Moreover, believers should provide counsel and spiritual care to dying patients (Gal. 6:2). Frequently emotional needs can be met both in the patient and in the family. Such times of grief also provide opportunities for witnessing. Those suffering loss are often more open to the gospel than at any other time.

Difficult philosophical and biblical questions are certain to continue swirling around the issue of euthanasia. But in the midst of these confusing issues should be the objective, absolute standards of Scripture, which provide guidance for the

Notes

1. Plato, *Republic* 3. 405.

2. R. Finigsen, "The Report of the Dutch Committee on Euthanasia," *Issues in Law and Medicine*, July 1991, 339-44.

3. Herbert Hendlin, Chris Rutenfrans, and Zbigniew Zylicz, "Physician-Assisted Suicide and Euthanasia in the Netherlands: Lessons from the Dutch," *Journal of the American Medical Association* 277 (4 June 1997): 1720-2.

4. Interview with Koop, “Focus on the Family” radio broadcast.

5. Robin Bernhoft, quoted in *Euthanasia: False Light*, produced by IAETF, P.O. Box 760, Steubenville, OH 43952.

6. Joni Eareckson, *Joni* (Grand Rapids: Zondervan, 1976).

7. Joni Eareckson, *A Step Further* (Grand Rapids: Zondervan, 1978).

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The Truth About Heaven

Rick Rood analyzes the teaching of the Bible about heaven, as well as the practical effects of the Christian belief in heaven.

 *This article is also available in Spanish.*

What images come to mind when you think of Heaven? Do you think of a mode of life that is exciting and fulfilling? Or do the words of the epitaph of one dear soul come nearer to hitting the mark?

> *Weep not for me, friend, tho’ death do us sever, I am going to do nothing forever and ever.{1}*

Does Heaven awaken for you a sense of anticipation, or does it evoke visions of monotonous and boring inactivity?

What is Heaven really like? Is Heaven even something we should spend much time thinking about? Or should we relegate thoughts of Heaven to the dusty corners of our mind, lest we render ourselves of little earthly good?

In this essay we want to focus on what the Bible teaches about Heaven, and how these teachings should impact the way we live. We will note some of the foundational truths about Heaven revealed in Scripture.

We know first of all that Heaven is the spiritual realm in which the glory of God's presence is manifest, and in which dwell the angels of God, and all believers who have departed this world (Heb. 12:22-24). The few glimpses of Heaven given in Scripture reveal a pervading sense of the holiness of God (Isa. 6; Rev. 4-5), which had an alarming and overwhelming impact on those who were granted such visions (Isa. 6; Dan. 7:9-28). Isaiah, when he saw the Lord sitting on His throne, said, "Woe is me . . . for my eyes have seen the King, the Lord of hosts."

We are also informed that it is a place which human words are inadequate to fully describe. Ezekiel could only describe what the glory of Heaven was "like" or "resembles" (Ezek. 1). In reporting on his apparent visit to heaven, the apostle Paul said that he "heard inexpressible words, which a man is not permitted to speak" (2 Cor. 12:4). What he saw was not only impermissible but impossible to describe in human terms! Heaven is certainly among those things he described elsewhere as "things which eye has not seen and ear has not heard, and which have not entered into the heart of man" (1 Cor. 2:9)! No wonder Paul says in another place that we shall be "astonished" when we see the Lord at His coming in glory (2 Thess. 1:10)!

Third, we know that for those who belong to Christ, Heaven is their immediate destination after death. To the thief on the cross, Jesus said, "Today you shall be with me in Paradise" (Luke 23:43). Paul said that "to be absent from the body (is to be) at home with the Lord" (2 Cor. 5:8), and that should he depart this world, he would "be with Christ" (Phil. 1:23).

Many wonder if in Heaven we will still be subject to time. But

there is really no reason to believe we will not be. To be infinite in relation to time is an attribute only God can possess. We know that Scripture speaks of "months" in Heaven (Rev. 22:2) and even "ages" to come (Eph. 2:7). Certainly also, the music which will be sung in Heaven requires a temporal mode of existence. It seems apparent also that in Heaven we will be cognizant, to some degree, of what is transpiring on earth. When Moses and Elijah met the Lord on the Mount of Transfiguration, it's recorded that they discussed Jesus' coming return to glory (Luke 9:30-31). And during the coming tribulation period we are told that the saints in Heaven will be anxiously awaiting the completion of God's purposes on earth (Rev. 6:10-11). Until His kingdom comes, even in Heaven the question will be asked, "How long, O Lord?" (as these saints are recorded as imploring).

Oswald Sanders said: "God has not told us all we'd like to know, but He has told us all we need to know" about Heaven {2}. So, let's look closer now at more of what the Bible does tell us about existence in heaven.

What Will Life in Heaven Be Like? Spiritual Changes!

Mark Twain once sarcastically asserted that in Heaven, for twelve hours every day we will all sing one hymn over and over again.{3} Hardly an inviting thought! The Bible, however, paints a much different picture of what life in Heaven will be like. Consider just a few of Heaven's most significant characteristics.

First, we know that our transition to heaven will result in a change in our spiritual nature. Paul spoke of "the hope of righteousness" for which we wait (Gal. 5:5); the expectation of being made wholly righteous. In Romans chapter 7 he spoke of being released from the internal struggle against indwelling sin, through being set free from our mortal body

(Rom. 7:23-24). John said that when Jesus appears, “we shall be like Him, because we shall see Him just as He is” (1 John 3:2). Even now, we are told that as we behold “the glory of the Lord” we are gradually transformed into His image (2 Cor. 3:18). One day we will see Him “just as He is.” And when we do, there will be something about our vision of Him that will purify our hearts from all sin and bond us eternally to Him! One result of this transformation will be the perfecting of our relationships with one another. On earth, even among the most mature of us, our relationships are hindered by barriers created by fear, pride, jealousy, and shame. But the Bible says that “perfect love casts out fear” (1 John 4:18). When we fully apprehend the perfect love which God has for us, and are cleansed from the sin that presently indwells us, our relationships with one another will finally be what God intended them to be.

Second, in Heaven our comprehension of the nature of God will be greatly expanded. The apostle Paul says that “though now we see through a glass darkly,” then we shall “see face to face” and “shall know fully, as we are known” (1 Cor. 13:12). It is this knowledge I am convinced that will move us to spontaneously join the heavenly chorus in singing hymns of praise to Almighty God. From the few glimpses of heavenly worship we are granted in Scripture, we learn that our praise of God will focus both on who He is—the eternal, holy, almighty God (cf. Isa. 6:3; Rev. 4:8)—and on what He has done (Rev. 4:11; 5:9-14). If our worship of God is muted now, it is at least partially because we do not yet fully comprehend the greatness of His glory and the awesomeness of His creative and redemptive work. But in Heaven we will gain much clearer insight into the wisdom of God displayed in the intricacies of His creation, and of His marvelous purposes manifest in His redeeming work. Some have wondered how we could be happy in heaven knowing that some of God’s creatures are enduring His eternal judgment. It seems apparent, however, that in Heaven we will gain a much clearer perspective on the justice of God

(cf. Rev. 18:20; 19:1-4). Perhaps the most perfect happiness of Heaven is impossible apart from some element of sorrow over the eternal loss of those who have rejected God's grace. No doubt, however, many of the mysteries of life and of God's ways in our individual lives will be more clearly understood, prompting us to join in His praise.

Finally, there is every reason to believe that there will be opportunity for growth in Heaven . . . not growth toward perfection, but growth in perfection. As a man, Jesus was indeed perfect. Yet Scripture tells us that He "grew in wisdom, in stature, and in favor with God and man." Scripture also tells us that one of the three virtues that will abide forever is hope (1 Cor. 13:13). And what is hope but the expectation of better and better things yet to come . . . the prospect of all for whom Heaven is our eternal home!

What Will Life in Heaven Be Like? Physical Changes!

George Bernard Shaw one said, "Heaven, as conventionally conceived, is a place so inane, so dull, so useless, so miserable, that nobody has ever ventured to describe a whole day in heaven, though plenty of people have described a day at the seashore" {4}. The interesting thing about Shaw's statement is that he was right . . . at least when it comes to Heaven as it is "conventionally conceived!"{5} But the Bible informs us that the life that awaits us is not only "better" than anything we could ever dream of here, or even "much better," but according to the apostle Paul, "very much better" (Phil. 1:23)! Now we want to continue our consideration of some of these "very much better" things that await us in Heaven.

First, once God's purposes for life on earth are through, our physical bodies will be resurrected to a new order of life. Philippians 3:20 tells us that the Lord Jesus himself will

“transform the body of our humble state into conformity with the body of His glory” (Phil. 3:21). In 1 Corinthians 15, the relationship between our present mortal body and our future resurrection body is likened to that between a seed and the plant that comes to be when it is sown in the ground and “dies” (1 Cor. 15:35-38). When a plant rises from the soil, it brings into actuality all the potential that was packed in the seed from which it grew. When our bodies are transformed, they will possess in actuality all that we can now only dream of being capable of. Not only will our bodies be freed from illness and aging, but our capacities will be immensely expanded and transformed! Paul describes it as a body that is “spiritual, honorable, imperishable, and powerful!”

The second “very much better” thing that will await us is the creation of a new heaven and earth in which we shall live with Christ forever. Jesus referred to this transformation of the creation as “the regeneration” (Matt. 19:28) the same term used to describe the new birth of a believer. Paul described it as the time when it will be “set free from its slavery to corruption” (Rom. 8:21). In the Revelation we are told that in the new creation there will be “no more sorrow, pain or death” (Rev. 21:4). And in Isaiah’s prophecy we read that the glories of the new creation will be so marvelous that “the former things shall not be remembered or come to mind” (Isa. 65:17)! Not only will the sufferings of this present life fade in comparison to the glory of this new world order (Rom. 8:18), but even the most wonderful of life’s experiences will be so overshadowed by our new life that they will barely survive in our memory! When the apostle John was given a vision of life in the new creation, he was so overwhelmed that he had to be reminded to record what he was witnessing (Rev. 21:5), and to be assured twice that what he was beholding would really come to pass (Rev. 21:5; 22:6)!

And how will we occupy our time in this new order of life? The Scriptures tell us that in addition to engaging in united

worship of God, we will serve (Rev. 22:3) and reign with Christ (Rev. 20:6; 22:5). The domain over which we will reign will no doubt encompass all of creation, for we're told that for Christ "all things have been created" (Col. 1:16), and that with Him we will inherit "all these things" (Rev. 21:7)! Though in many respects there will be a certain continuity between our present and future life, many tasks and occupations of the present order will no longer be needed. The enterprises in which we will engage will be totally creative and productive far more fulfilling and exciting than anything we know on earth today!

What Will Life in Heaven Be Like? The Prospect of Heavenly Reward

So far in our discussion on Heaven we have noted aspects of our heavenly experience that will be true for all of us who will ultimately make it our home.

We want to focus now on the fact that there are some things about Heaven that will not be equally enjoyed by all.

Jesus on more than one occasion stated that not all who enter Heaven will enjoy its blessings to the same degree. Not that there will be any judgment or punishment for those who are heavenbound. "There is no condemnation for those who are in Christ Jesus" (Rom. 8:1). But Jesus did say that in His kingdom "many who are first shall be last, and the last first" (cf. Matt. 19:30).

The apostle John stated that it was possible for believers to enter Christ's presence "with confidence," or "to shrink away from Him in shame" (1 John 2:28). Peter wrote that it was possible for us to enter Heaven triumphantly, or in a "stumbling" fashion (2 Pet. 1:10-11). The apostle Paul said that we can either be "rewarded," or "suffer loss"; that it is possible to be "saved, yet so as through fire" (1 Cor. 3:13-15). Perhaps the "fire" referred to here is a reference

to the searching gaze of the glorified Christ, whose eyes John described as “a flame of fire” (Rev. 1:14). “We must all appear before the judgment seat of Christ, that each one may be recompensed for his deeds in the body, according to what he has done, whether good or bad” (2 Cor. 5:10). The word for “bad” in this case refers not merely to what is “evil” but to what from God’s perspective is “worthless.” Not only will our “works” be evaluated, but also the very motives of our heart (1 Cor. 4:5). The Scriptures tell us that praise will come from God to every believer (1 Cor. 4:5), but for some there will be more, and for others less.

What is the nature of the reward that may be won or lost? Many passages speak of our heavenly reward in terms of the responsibility with which we will be entrusted by God when we reign with Christ in the new heaven and new earth. In Jesus’ parable of the talents, He spoke of rewarding those who had been faithful by putting them “in charge of many things” in His kingdom (Matt. 25:21 23). In another place He spoke of putting some of us in places of authority over cities in His kingdom (Luke 19:17,19). To those who had stood by Him in His earthly trials, Jesus promised to place them “on thrones judging the twelve tribes of Israel” in His future kingdom, as well as to seat them at His side at His table (Luke 22:28-30)! Not only would they be worthy of being entrusted with greater responsibility, but also capable of enjoying the closest fellowship with Christ!

In many passages heavenly rewards are likened to the “crowns” worn by victors in athletic contests. Whether literal or metaphorical, these crowns represent different aspects of our heavenly reward. The “crown of life” is promised to those who persevere under trial (James 1:12; Rev. 2:10), the “crown of righteousness” to those who long for Christ’s return (2 Tim. 4:8), an “incorruptible crown” to those who exercise self control (1 Cor. 9:25), the “crown of rejoicing” to those who lead others to Christ (1 Thess. 2:19), and the “crown of

glory" to those who serve unselfishly as spiritual leaders (1 Pet. 5:2-4).

The most important fact about our heavenly rewards is that they are based not on our position or ability, but on our faithfulness. Time and again Jesus told His followers that "he who is faithful in a little thing, will be faithful also in much" (Luke 16:10; 19:17).

What Difference Does Heaven Make?

Before we conclude, we want to think about just a few of the ways in which our life on earth should be impacted by what we believe about Heaven.

First, the hope of Heaven transforms our perspective on the disappointments and sufferings of this life. D. A. Carson was right when he wrote: "There is nothing in Scripture to encourage us to think we should always be free from the vicissitudes that plague a dying world" {6}. But one thing the hope of Heaven can do is help us to put the "dark side" of life in perspective. Paul wrote: "For I consider that the sufferings of this present time are not worthy to be compared with the glory that is to be revealed to us" (Rom. 8:18). The glory to come will be immeasurably greater than the depth of any sorrow we may know today!

But Scripture also tells us that our present sufferings actually play a role in preparing us for that glory to come! As the apostle put it: "For momentary, light affliction is producing in us an eternal weight of glory far beyond all comparison" (2 Cor. 4:17). The very qualities and virtues that will fit us for Heaven are today being woven into our soul through the many afflictions of our present life . . . freeing us from the bonds of self-indulgence, creating in us a heart of compassion for others, and prodding us to draw ever closer to the One whose presence we shall enjoy for eternity to come.

Second, the hope of Heaven transforms our perspective on the true nature of success. On every side we hear the message that the "good life" consists in the accumulation of material possessions, the acquisition of power, or the enjoyment of sensual pleasure. Scripture does encourage us to enjoy the many good things of life with which we may be blessed (1 Tim. 6:17); but the hope of Heaven should remind us that this world and all that is in it is passing away, that its glory is for only a season (1 John 2:15 17), that we truly are "strangers and aliens" in this world (1 Pet. 2:11).

That's why it exhorts us to set our minds and hearts on Heaven and to seek the things that are above (Col. 3:1-3). God is urging us to turn aside from what in His eyes are "trivial pursuits" that end only in emptiness, and to devote ourselves to those ambitions that will yield fruit that will accompany us into the next world. When Jesus said to "seek first His kingdom and His righteousness," He was encouraging us to make these things our highest priority in life.

Finally, the hope of Heaven transforms our perspective on death. The Scriptures nowhere teach that as believers we are immune from or should deny the reality of the sorrow that death can bring. But in Christ, we share in His victory over death! We grieve, but we grieve not as those who have no hope (1 Thess. 4:13), rather as those who are certain of our reunion with loved ones who have gone before, of receiving a glorious body that will never weaken or decay, of entering a wonderful new life beyond our fondest dreams, and of forever being with the Lord!

At the end of his beloved "Narnia Tales" C. S. Lewis describes the events that transpire as the characters in his story enter Heaven: "(T)he things that began to happen after that were so great and beautiful that I cannot write them. And for us this is the end of all the stories, and we can most truly say that they all lived happily ever after. But for them it was only the beginning of the real story. All their life in this world

and all their adventures in Narnia had only been the cover and the title page: now at last they were beginning Chapter One of the Great Story, which no one on earth has read: which goes on for ever: in which every chapter is better than the one before."{7}

Notes

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2. Sanders, J. Oswald. *Heaven Better By Far*. Grand Rapids, Mich.: Discovery House Publishers, 1993, p. 10.

3. Sanders, p. 19.

4. Stedman, Ray C. *God's Final Word: Understanding Revelation*. Grand Rapids, Mich.: Discovery House Publishers, 1991, p. 334.

5. Stedman, 334.

6. Carson, D. A. *How Long, O Lord?* Downers Grove, Ill.: InterVarsity Press, 1990, p. 250.

7. Lewis, C. S. *The Last Battle*. New York: Macmillan, 1970, pp. 183-184.

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