“You Shouldn’t Talk About Evidence When the Subject Is Faith”

In your article “Evidence for the Existence of God,” the link between the remarkable things about earth and God is called “faith.” I believe in God. The author misuses the word “evidence.”

The author takes away from issues of religion and faith by throwing in a reference to “Saving the Whales” because there are all sorts of flawed and fraudulent environmental agendas floating around by various groups and the true conservationists are not represented by these groups. “Saving the Whales” is fraught with political ramifications and does not belong in a commentary supposedly “proving” the existence of God. The title of this article is inaccurate and is a disservice to your organization.

Thanks for your comments about my article.

If I indicated that I was trying to “prove” the existence of God, then please help me see where, so I can change it. I don’t think anyone can prove the existence of God, but we can point to evidence for Him. I am very aware that our sinfulness makes it easy for people to dismiss perfectly good evidence of our Creator NOT because the evidence isn’t good enough, but because they are disturbed by the implications of the existence of a God to whom we are all accountable.

My reference to “Saving the Whales” was simply to make the point that people resort to the moral argument regardless of their relationship to God, because our morality is ingrained in us as people made in the image of God. The politics of that movement really don’t have anything to do with the point I was making; I was only concerned with the motivation behind it.

I do think that evidence and faith are not diametrically opposed. We have faith not just because we choose to believe, but because there is good reason to believe; and that constitutes evidence. I think Christianity is an evidential faith; that's why Jesus appeared to over 500 people after His resurrection, so there would be eyewitness testimony (evidence) of the foundation of our faith. For some, the faith comes first, and for others, the evidence comes first and THEN they put their trust in God. Either way, the important thing is the object of our faith and not how we got to Him.

Thanks for writing.

Sue Bohlin
Probe Ministries

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7 Questions Skeptics Ask – Radio Transcript

Rusty Wright considers some common questions skeptics ask about our belief in Christianity. He shows us how to answer these questions from an informed biblical worldview.

Questions of Faith

Picture the scene. You're discussing your faith with a coworker or neighbor, perhaps over lunch or coffee. You explain your beliefs but your friend has questions:

> *How could a loving God allow evil and suffering? The Bible is full of contradictions. What about people who've never heard of Jesus?*

How do you feel about these questions and objections? Anxious? Confused? Defensive? Combative?

Sensitively and appropriately answering questions that skeptics ask you can be an important part of helping them to consider Jesus. Peter told us, “In your hearts set apart Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect.”{1} This series looks at seven common questions skeptics ask and gives you some pointers on how to respond. Consider first a story.

As the flight from Chicago to Dallas climbed in the sky, I became engrossed in conversation with the passenger to my left. “Aimee,” a French businesswoman, asked me about my work. On learning I was a Christian communicator, she related that a professing Christian had signed a contract with her, attempted to lead her to Christ, then later deceitfully undercut her. “How could a Christian do such a thing?” she asked.

I told her that Christians weren’t perfect, that some fail miserably, that many are honest and caring, but that it is Jesus we ultimately trust. Aimee asked question after question: How can you believe the Bible? Why do Christians say there is only one way to God? How does one become a Christian?

I tried to answer her concerns tactfully and explained the message of grace as clearly as I could. Stories I told of personal pain seemed to open her up to consider God’s love for her. She did not come to Christ in that encounter, but she seemed to leave it with a new understanding.

Hurting people everywhere need God. Many are open to considering Him, but they often have questions they want answered before they are willing to accept Christ. As Christian communicators seek to blend grace with truth,{2} an increasing number of skeptics may give an ear and become seekers or believers.

As you interact with skeptics, compliment them where you can. Jesus complimented the skeptical Nathanael for his pursuit of truth.{3} Listen to their concerns. Your listening ear speaks volumes. It may surprise you to learn that your attitude can be just as important as what you know.

Dealing with Objections

How do you deal with questions and objections to faith that your friends may pose?

When I was a skeptical student, my sometimes-relentless questions gave my Campus Crusade for Christ friends at Duke University plenty of practice! I wanted to know if Christianity was true. After trusting Christ as Savior, I still had questions.

Bob Prall, the local Campus Crusade director, took interest in me. At first his answers irritated me, but as I thought them through they began to make sense. For two years I followed him around campus, watching him interact. Today, as I am privileged to encounter inquisitive people around the globe, much of my speech and manner derive from my mentor.

Consider some guidelines. Pray for wisdom, for His love for inquirers{4} and for your questioner's heart. If appropriate, briefly share the gospel first. The Holy Spirit may draw your friends to Christ. Don't push, though. It may be best to answer their questions first.

Some questions may be intellectual smokescreens. Once a Georgia Tech philosophy professor peppered me with questions, which I answered as best I could.

Then I asked him, If I could answer all your questions to your satisfaction, would you put your life in Jesus' hands? His reply: "[Expletive deleted] no!"

Okay. This first objection is one you might have heard:

1. It doesn't matter what you believe as long as you are sincere.

I once gave a speech arguing *for* this proposition. Later, I reconsidered. In the 1960s, many women took the drug thalidomide seeking easier pregnancies. Often they delivered deformed babies. Sincerely swallowing two white pills may cure your headache if the pills are aspirin. If they are roach poison, results may differ.

After discussing this point, a widely respected psychologist told me, "I guess a person could be sincere in what he or she believed, but be sincerely wrong." Ultimately faith is only as valid as its object. Jesus demonstrated by His life, death and resurrection that He is a worthy object for faith.{5}

Focus on Jesus. Bob Prall taught me to say, "I don't have answers to every question. But if my conclusion about Jesus is wrong, I have a bigger problem. What do I do with the evidence for His resurrection, His deity and the prophecies He fulfilled? And what do I do with changed lives, including my own?"

I don't have complete answers to every concern you will encounter, but in what follows I'll outline some short responses that might be useful.

The second question is:

2. Why is there evil and suffering?

Sigmund Freud called religion an illusion that humans invent to satisfy their security needs. To him, a benevolent, all-powerful God seemed incongruent with natural disasters and human evil.

God, though sovereign, gave us freedom to follow Him or to disobey Him. Oxford scholar C.S. Lewis estimated that eighty percent of human suffering stems from human choice. Lewis

called pain “God’s megaphone” that alerts us to our need for Him.{6} This response does not answer all concerns (because God sometimes does intervene to thwart evil) but it suggests that the problem of evil is not as great an intellectual obstacle to belief as some imagine.

Pain’s emotional barrier to belief, however, remains formidable. When I see God, items on my long list of questions for Him will include a painful and unwanted divorce, betrayal by trusted coworkers, and all sorts of disappointing human behavior and natural disasters. Yet in Jesus’ life, death, and resurrection{7} I have seen enough to trust Him when He says He “causes all things to work together for good to those who love God.”{8}

3. What about those who never hear of Jesus?

Moses said, “The secret things belong to the LORD.{9} Some issues may remain mysteries. Gods perfect love and justice far exceed our own. Whatever He decides will be loving and fair. One can make a case that God will make the necessary information available to someone who wants to know Him. An example: Cornelius, a devout military official. The New Testament records that God assigned Peter to tell him about Jesus.{10}

A friend once told me that many asking this question seek a personal loophole, a way so they wont need to believe in Christ. That statement angered me, but it also described me. C.S. Lewis in *Mere Christianity* wrote, “If you are worried about the people outside [of faith in Christ], the most unreasonable thing you can do is to remain outside yourself.”{11} If Christianity is true, the most logical behavior for someone concerned about those without Christ’s message would be to trust Christ and go tell them about Him.

Here’s a tip: When someone asks you a difficult question, if you don’t know the answer, admit it. Many skeptics appreciate

honesty. Don't bluff. It's dishonest and often detectable.

4. What about all the contradictions in the Bible?

Ask your questioner for specific examples of contradictions. Often people have none, but rely on hearsay. If there is a specific example, consider these guidelines as you respond.

Omission does not necessarily create contradiction. Luke, for example, writes of two angels at Jesus' tomb after the Resurrection.{12} Matthew mentions "an angel."{13} Is this a contradiction? If Matthew stated that only one angel was present, the accounts would be dissonant. As it stands, they can be harmonized.

Differing accounts aren't necessarily contradictory. Matthew and Luke, for example, differ in their accounts of Jesus' birth. Luke records Joseph and Mary starting in Nazareth, traveling to Bethlehem (Jesus' birthplace), and returning to Nazareth.{14} Matthew starts with Jesus' birth in Bethlehem, relates the family's journey to Egypt to escape King Herod's rage, and recounts their travel to Nazareth after Herod's death.{15} The Gospels never claim to be exhaustive records. Biographers must be selective. The accounts seem complementary, not contradictory.

Time precludes more complex examples here. But time and again, supposed biblical problems fade in light of logic, history, and archaeology. The Bible's track record under scrutiny argues for its trustworthiness.

5. Isn't Christianity just a psychological crutch?

My mentor Bob Prall has often said, "If Christianity is a psychological crutch, then Jesus Christ came because there was an epidemic of broken legs." Christianity claims to meet real human needs such as those for forgiveness, love, identity and self-acceptance. We might describe Jesus not as a crutch but an iron lung, essential for life itself.

Christian faith and its benefits can be described in psychological terms but that does not negate its validity. "Does it work?" is not the same question as, "Is it true?" Evidence supports Christianity's truthfulness, so we would expect it to work in individual lives, as millions attest.

A caution as you answer questions: Don't offer "proof" but rather evidences for faith. "Proof" can imply an airtight case, which you don't have. Aim for certainty "beyond a reasonable doubt," just as an attorney might in court.

Don't quarrel. Lovingly and intelligently present evidence to willing listeners, not to win arguments but to share good news. Be kind and gentle.{16} Your life and friendship can communicate powerfully.

6. How can Jesus be the only way to God?

When I was in secondary school, a recent alumnus visited, saying he had found Christ at Harvard. I respected his character and tact and listened intently. But I could not stomach Jesus' claim that "I am the way, and the truth, and the life; no one comes to the Father but through Me."{17} That seemed way too narrow.

Two years later, my spiritual and intellectual journey had changed my view. The logic that drew me (reluctantly) to his position involves three questions:

- *If God exists, could there be only one way to reach Him? To be open-minded, I had to admit this possibility.*

- *Why consider Jesus as a candidate for that possible one way? He claimed it. His plan of rescuing humans "by grace…through faith… not…works"{18} was distinct from those requiring works, as many other religions do. These two kinds of systems were mutually exclusive. Both could be false or either could be true, but both could not be true.*

- *Was Jesus' plan true? Historical evidence for His resurrection, fulfilled prophecy{19} and deity, and for the reliability of the New Testament{20} convinced me I could trust His words.*

One more common objection:

7. I could never take the blind leap of faith that believing in Christ requires.

We exercise faith every day. Few of us comprehend everything about electricity or aerodynamics, but we have evidence of their validity. Whenever we use electric lights or airplanes, we exercise faith not blind faith, but faith based on evidence. Christians act similarly. The evidence for Jesus is compelling, so one can trust Him on that basis.

As you respond to inquirers, realize that many barriers to faith are emotional rather than merely intellectual.

As a teenager, I nearly was expelled from secondary school for some problems I helped create. In my pain and anger I wondered, "Why would God allow this to happen?" I was mad at God! In retrospect, I realize I was blaming Him for my own bad choices. My personal anguish at the time kept me from seeing that.

Your questioners may be turned off because Christians haven't acted like Jesus. Maybe they're angry at God because of personal illness, a broken relationship, a loved one's death, or personal pain. Ask God for patience and love as you seek to blend grace with truth. He may use you to help skeptics become seekers and seekers become His children. I hope He does.

Notes

1. 1 Peter 3:15 NIV.

2. John 1:14.

3. John 1:45-47.

4. Romans 9:1-3; 10:1.

5. For useful discussions of evidences regarding Jesus, visit www.WhoIsJesus-Really.com.

6. C.S. Lewis, *The Problem of Pain* (New York: Macmillan, 1974), 89-103 ff. The Problem of Pain was first published in 1940.

7. A short summary of Resurrection evidences is at Rusty Wright and Linda Raney Wright, "Who's Got the Body?" 1976, www.probe.org/whos-got-the-body/.

8. Romans 8:28 NASB.

For more complete treatment of this subject, see Rick Rood, "The Problem of Evil," 1996, www.probe.org/the-problem-of-evil/ ; Dr. Ray Bohlin, "Where Was God on September 11?" 2002, www.probe.org/where-was-god-on-sept-11-the-problem-of-evil/.

9. Deuteronomy 29:29 NASB.

10. Acts 10.

11. C.S. Lewis, "The Case for Christianity," reprinted from *Mere Christianity*; in *The Best of C.S. Lewis* (Grand Rapids: Baker Book House, 1969), 449. The Case for Christianity is copyright 1947 by The Macmillan Company.

12. Luke 24:1-9.

13. Matthew 28:1-8.

14. Luke 1:26-2:40.

15. Matthew 1:18-2:23.

16. 2 Timothy 2:24-26.

17. John 14:6 NASB.

18. Ephesians 2:8-9 NASB.

19. A summary of some of the prophesies Jesus fulfilled is at Rusty Wright, "Are You Listening? Do You Hear What I Hear?" 2004, www.probe.org/are-you-listening-do-you-hear-what-i-hear/.

20. A summary of evidences for New Testament reliability is at Rusty Wright and Linda Raney Wright, "The New Testament: Can I Trust It?" 1976, www.probe.org/the-new-testament-can-i-trust-it/.

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"Is Faith Fact, or Are They Opposites?"

A fellow Christian friend and I recently got into a discussion over faith and facts, and I would like your opinion on the subject. It started by her asking me "Is faith fact?" Well I replied yes, because our faith is grounded in the fact of the resurrection, our faith has to be based on something true or our faith is in vain. She was arguing faith is not fact and it takes faith to believe in the resurrection in the first place and she said because we walk by faith not sight that facts are a "worldly" way of doing things. I feel the Bible teaches fact and reason as being viable and complimentary to faith. I would appreciate your biblical opinion on this subject.

Facts and faith are different things, and both are necessary. In Acts 17 and 1 Corinthians 15 Paul exhorts his readers and listeners toward an examination of the facts. Paul clearly believed that the facts of creation, Jesus' life, death, and resurrection, made his case for the deity of Christ reasonable. Facts rarely prove a point but they do indicate its reasonableness. (That is why in a court room you are asked to convict beyond a "reasonable" doubt, they don't say beyond any doubt). What matters in faith is the object of our faith. I can believe the sun will not rise tomorrow, but the facts argue that this is not a reasonable faith. The same is true of our faith in Christ. I cannot prove that he lived, died, and rose from the dead, but I can gather facts of history which make that conclusion not only reasonable, but I believe, compelling. Based on my faith in the reality and person of Jesus Christ, I also have faith in the truth of what he said about spiritual things and future events. There are few facts if any to back up his statements, only those which verify his person and events which are significant enough to believe whatever he said, but there are no specific facts to back up his claim that He will come again.

I hope this helps.

Ray Bohlin

Probe Ministries

Grappling with Guilt

What Makes You Feel Guilty?

What makes you feel guilty?

Has a relationship gone sour and you find yourself agonizing about what might have been if you'd acted or spoken differently? Maybe your slave-driver boss hassles you for being behind. Are your kids wondering why they ended up with you as a parent?

These days, food guilt is common. With super-slim models gracing supermarket tabloids and magazine covers (admit it, now; you've peeked), even a fit, petite-sized former cheerleader can get depressed standing in the checkout line. "No-Guilt Nachos," offers a *Ladies' Home Journal* recipe.

America Online has a special guilt section dealing with "Relationship Guilt," "Parental Guilt," "Food Guilt," "Workforce Guilt," "Pricey Guilt," "I'm-a-Rotten-Person Guilt," "Stay-in-Touch Guilt," and "Trying-to-Please-Everyone Guilt." Whew!

Ever been late paying a family bill due to negligence or overspending? Been unfaithful to your spouse? Lied to the IRS or a friend? Been angry without reason?

When we fall short of our own – or others' – standards, guilt feelings can result. Unresolved guilt can bring anxiety, depression, ulcers, low self-esteem and more.

I am a recovering perfectionist. As a teenager, I could be pretty hard on myself. I once fouled out of a high school basketball game in the final seconds with our team ahead. The opposing player made his free throws, putting his team ahead. I felt bleak. Our team's desperation inbounds pass went to midcourt, where a teammate caught the ball and threw up a prayer. The ball swished through the net as time expired. We had won. I was the second happiest player there. I probably would have excoriated myself had he missed.

A single man I know became involved with another man's wife. Her rocky marriage had sent her lonely heart wandering and his youthful enthusiasm and libido met many of her wants. They

dreamed, schemed, sneaked, and rendezvoused. When discovered, he lied and sought to perpetuate the affair. Eventually, friends convinced him to break things off. He felt guilty for having the fling, guilty for lying about it, and guilty for dumping her.

Feeling guilty can cripple you emotionally. Serious ethical or moral lapses can bring blame and shame. A seemingly minor flaw can sometimes bug the daylights out of you. This article looks at healthy, biblical ways to deal with guilt, and how to know that you are really forgiven.

Some Causes of Guilt Feelings

Why does guilt affect us so, and how can we alleviate it? Some psychologists emphasize that problems in our past can plague us in the present. Inability to reconcile or move past unhealthy relationships with parents, siblings, teachers or classmates may color our emotions. Other authorities feel that people may be following overly rigid standards.

Suggested solutions have included discovering and resolving past hang-ups, relaxing moral codes or easing personal expectations. Certainly many people still suffer from past problems or set unrealistic standards. Forty-eight hours of tasks won’t fit into one day, so don’t necessarily castigate yourself when only half your ambitious to-do list gets accomplished. If you find yourself sneaking a diet-busting snack, maybe rewarding yourself occasionally is better than whipping yourself. But it seems wise to also consider that, at least in some instances, we may feel guilty because we are guilty.

If this is true, then therapy for a guilty person could begin with getting them to admit their shortcoming. That’s not always easy.

Admitting you’re wrong can be hard. Perhaps you’ve heard of

the writer who asked his domineering editor if he'd ever been wrong. "Yes," replied the editor. "I was wrong once. It was when I thought I was wrong but I wasn't."

University of Illinois psychologist O. H. Mowrer pointed out a common dilemma in trying to face your own shortcomings:

> *Here, too, we encounter difficulty, because human beings do not change radically until first they acknowledge their sins, but it is hard for one to make such an acknowledgement unless he has "already changed." In other words, the full realization of deep worthlessness is a severe ego "insult," and one must have a new source of strength to endure it.*[{1}]

I understand this inner weakness problem. As a teenager, I found success through athletics, academics, and student government. I was attending one of my nation's leading secondary schools. President John F. Kennedy and actor Michael Douglas were alumni. But my achievements didn't bring the personal satisfaction I wanted. Guilt, anxiety, and a poor self-image often plagued me on the inside.

My first year in university, I met some students who said that the spiritual side of life offered a solution to the guilt problem. A relationship with God, they said, could give me the "new source of strength" necessary to face my own flaws and seek help. Because of them, I discovered practical reasons why faith could help me overcome my guilt.

A Solution to Guilt

The hit movie *Bruce Almighty* depicts God's attempts to contact the main character (played by Jim Carrey) by leaving a number on his pager. Turns out the phone number is valid in many area codes. After the film's release, people and businesses began getting calls from folks asking for God.

A Florida woman threatened to sue the film studio after twenty

calls per hour clogged her cell phone. A Denver radio station built a contest around the fluke. Some callers to the station seemed to think they'd really discovered a direct line to God. One even left a message confessing her adultery.{2}

Owning up to guilt can help clear your conscience.

Those college students I mentioned earlier had a joy and enthusiasm that attracted me. They claimed to have a personal relationship with Jesus of Nazareth. I couldn't believe it all. I kept returning to their meetings because I was curious and because it was a good place to get a date. Especially because it was a good place to get a date!

They explained that God loved me, but that my own self-centeredness or sin had separated me from Him. They said His Son, Jesus, died to pay the penalty for my sins, and rose from the dead so I could receive forgiveness as a free gift. Eventually, it made sense.{3} Through a simple heart attitude, I invited Jesus to enter my life, forgive me, and become my friend. There was no thunder and lightning, no angels appeared, and I did not become perfect overnight. But I found a new inner peace, freedom from guilt, assurance that I would be with God forever, and the best friend I could ever have.

Of course, my experience is not unique. Harvard psychologist William James, in his classic book *The Varieties of Religious Experience* cites Henry Alline who placed his faith in Christ: "the burden of guilt and condemnation was gone . . . my whole soul, that was a few minutes ago groaning under mountains of death . . . was now filled with immortal love . . . freed from the chains of death and darkness…."{4}

One early believer wrote: "God made you alive with Christ. He forgave all our sins. He canceled the record that contained the charges against us. He took it and destroyed it by nailing it to Christ's cross."{5} I found that my own guilt was gone, but I also had to draw on His power daily.

A friend of Jesus wrote, “If we confess our sins to him, he [God] is faithful and just to forgive us and to cleanse us from every wrong.”{6} Some call this statement the believer’s “bar of soap.” We confess, being honest with God. He forgives and cleanses us.

But what if you don’t feel forgiven? Is there such a thing as false guilt?

True or False?

A reader who signed his e-mail “Guilt plagued” told me of his struggles:

> *A few years ago, out of desperation, I made a series of terrible mistakes. I am committed to the Lord and confessed my sins. I’m terribly ashamed and embarrassed about what I have done, and I feel ten times worse because I can’t make restitution. . . . I’m having a difficult time processing the idea that He has forgiven me. . . . Please help me . . . what should I do? The guilt is eating me alive.*

Sometimes we feel guilty because we are guilty. Other times we feel guilty without cause. Is your guilt true or false, and what can you do about the feelings?{7}

When my wife, Meg, was in graduate school at Stanford, she regularly parked on the street near her campus office. One afternoon she discovered a parking ticket on her windshield. During that day – while she was parked there – campus management had painted the curb red, signifying “No Parking.” (The curb had never had paint during her tenure.) Was she guilty?

Her dilemma was both laughable and burdensome. Meg would have to either pay a fine or go to court. She appeared in court and told the judge what had happened. He dropped the charges. (I should *hope* he would!)

The law and the judge's application of it determined guilt or innocence. Similarly, if we violate God's proscriptions, we stand guilty. If we do not violate biblical principles, then we may or may not be guilty.

If you know your guilt is real, your solution begins with placing your trust in Christ to forgive you. Once you have, and you become aware of sins in your daily life, simply admit them to God.

Keep short accounts with God. As the proverbial country preacher said, "I 'fesses 'em as I does 'em." Feelings may lag behind, but if you've admitted your sin to God, He has forgiven you.

What if you're unsure if your guilt is true or false, or if you confess your sins but still don't feel forgiven?

Consider *the Holy Spirit's guidance.* Jesus sent His Holy Spirit to guide us into truth,{8} especially concerning sin.{9} If the Bible doesn't prohibit certain behaviors, you – if you're a follower of Jesus – can ask the Holy Spirit for wisdom about them. Jesus' brother James wrote, "If you need wisdom—if you want to know what God wants you to do—ask him, and he will gladly tell you."{10} Discerning God's guidance is not a perfect science, but His inner conviction can help you sort things out.

Making Things Right

What do you do if you're not sure if your guilt feelings are legitimate, or if you don't feel forgiven?

Realize that *God's promises trump your own self-criticism.* Members of God's family can trust His opinion even when they don't feel like it's true. We can "set our hearts at rest in his presence whenever our hearts condemn us. For God is greater than our hearts, and he knows everything."{11} Does your heart condemn you unjustly? You can say, "Listen, heart.

I'm a child of God. I've confessed my sin and He says I'm forgiven. I refuse to believe your condemnation."

I recommend that you converse with yourself in private rather than in public! For a variety of psychological and spiritual reasons, your guilt feelings may not disappear immediately. Changing established emotional patterns can take time. Choosing to believe God is good starting point.

Realize also that *God's promises trump the real enemy.* This may be hard to swallow, but it's important. Jesus taught the existence of "Satan," a "liar and the father of lies,"{12} the "accuser" of believers.{13}

I once considered myself too intellectual to believe in Satan. Our university mascot was the "Blue Devil." To me, the devil was some guy in a blue costume with a pitchfork who ran around at basketball games. Then I heard that Satan the deceiver has some people so deceived that they don't believe he exists. Jesus' life and teachings eventually convinced me that Satan was real. If you experience false guilt feelings, realize that they may have a lower source. You needn't deny the feelings, but you can deny false guilt based on Jesus' friendship with you.{14}

You may need to *make restitution.* My second year in college, I swiped a plastic bucket from behind the lectern in the psychology lecture hall. It had been there every day during the semester. "No one wants it," I convinced myself. "It deserves to be taken." I used it to wash my car.

Two years later, I read a booklet about God's forgiveness. That bucket kept coming to mind. I not only needed to admit my theft to God. I needed to make restitution.

My booty long since lost, I purchased a new bucket and carried it sheepishly across campus one afternoon. Finding no one in the psychology building to confess to, I left the bucket in a broom closet with a note of explanation. Maybe a janitor read

it. My conscience was clear.

After hearing of this stolen bucket episode in a lecture, one friend wrote his former employer to confess all the items he had stolen and to offer restitution. “We all probably have some plastic buckets in our lives,” observed another associate.

Feeling guilty? You may just need to relax unrealistic standards in a stress-filled world. But you also may need to face genuine personal shortcomings. If you do, you can know that the complete forgiveness that Jesus offers is free and that His truth trumps all challengers.

This article is adapted with permission from Rusty Wright, “Grappling with Guilt,” *In Touch*, February 2005, pp. 18-20; Copyright © Rusty Wright 2005.

Notes

1. O. H. Mowrer, “Sin, the Lesser of Two Evils,” quoted in Henry R. Brandt, *The Struggle for Peace* (Wheaton, IL: Scripture Press Publications, 1965).
2. Mitch Stacy, “‘Bruce Almighty’ Phone Number Annoys Many,” *Associated Press/AOL News*, May 28, 2003.
3. For detailed information on Jesus and evidence to support His claims, see www.WhoIsJesus-Really.com.
4. *The Life and Journal of the Rev. Mr. Henry Alline* (Boston, 1806), 31-40; selection abridged in Henry James, *The Varieties of Religious Experience* (New York: The Modern Library/Random House, 1936 [original copyright 1902]), 214-215.
5. Colossians 2:13-14 NLT.
6. 1 John 1:9 NLT.
7. For more on false guilt, see, Kerby Anderson, “False Guilt,” www.probe.org/false-guilt/and Sue Bohlin, “It’s Not Your Fault!” www.probe.org/its-not-your-fault/.
8. John 16:13.
9. John 16:8.

10. James 1:5 NLT.
11. 1 John 3:18-20 NIV.
12. John 8:44 NASB.
13. Revelation 12:9-10 NASB.
14. 1 John 4:4 NLT.

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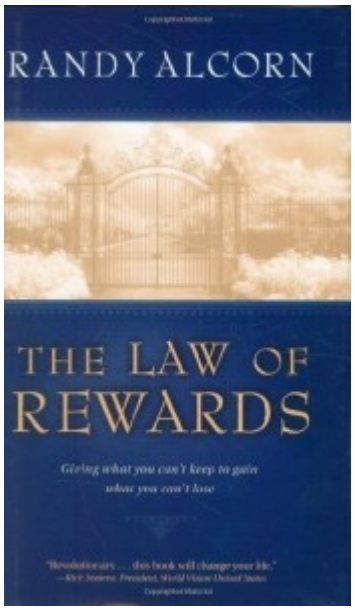
The Law of Rewards

Dr. Michael Gleghorn explore the biblical doctrine of eternal rewards. The Bible promises believers heavenly rewards for earthly obedience.

Introducing the Law of Rewards



The hit movie *Gladiator* begins with a powerful scene. Just before engaging the German barbarians in battle, General Maximus addresses some of his Roman soldiers. “Brothers,” he says, “what we do in life echoes in eternity.” Although Maximus was a pagan, his statement is entirely consistent with biblical Christianity, particularly the Bible’s teaching on eternal rewards.



In *The Law of Rewards*,{1} Randy Alcorn writes: "While our faith determines our eternal destination, our behavior determines our eternal rewards"{2}. The Bible clearly teaches that we are saved by God's grace, through personal faith in Christ, apart from any works whatever (Eph. 2:8-9). But it also teaches, with equal clarity, that we must all appear before the judgment seat of Christ, that we may be recompensed for what we have done in the body, whether good or bad (2 Cor. 5:10). This judgment (which is only for believers) is not to determine whether or not we are saved. Its purpose is to evaluate our works and determine whether we shall receive, or lose, eternal rewards (1 Cor. 3:10-15).

Alcorn writes, "Our works are what we have done with our resources—time, energy, talents, money, possessions."{3} The apostle Paul describes our works as a building project. At the judgment seat of Christ the quality of our work will be tested with fire. If we have used quality building materials (gold, silver, precious stones), then our work will endure and we will be rewarded by the Lord. If we have used poor building materials (in this case, wood, hay, or straw), then our work will be consumed and we will suffer the loss of rewards (1 Cor. 3:10-15).

This raises some important questions. What are we doing with the resources that God has entrusted to us? Are we seeking to build God's kingdom, in God's way, empowered by God's Spirit? Or are we merely engaged in empire-building for our own glory? Are we investing our resources in reaching the world for Christ, making disciples, and helping the poor and needy? Or are we only concerned with satisfying our own immediate wants and desires?

It's here that the worldview dimensions of our subject can be

most clearly seen. Most of us would probably find it difficult to use our resources in the service of God or our fellow man if we thought that this life was all there is and that death is the end of our personal existence. But Christianity says that there's more – a *lot* more. And if Christianity is true, then Maximus was right: "What we do in life echoes in eternity." Randy Alcorn has observed, "The missing ingredient in the lives of countless Christians today is *motivation*. . . . The doctrine of eternal rewards for our obedience is the neglected key to unlocking our motivation."{4}

Questioning Our Motivation

Is the desire for eternal rewards a proper or legitimate motivation for serving Christ? Isn't it somewhat shallow, maybe even selfish, for our service to Christ to be motivated by a desire for heavenly rewards? Furthermore, shouldn't we serve Christ simply because of who He is, rather than for what we can get out of it? To some people, the promise of eternal rewards sounds like a crass appeal to our baser instincts. But is it?

Before we jump to any unwarranted conclusions and possibly overstate the case, we may first want to take a step back, take a deep breath, and remind ourselves of a few things. In the first place, as Randy Alcorn observes, "it wasn't *our* idea that God would reward us. It was *his* idea!"{5} If we search the pages of the New Testament, we repeatedly find promises of heavenly rewards for earthly obedience. Indeed, Jesus himself urges our obedience in light of future rewards (Luke 6:35). Not only that, in Matthew 6:20 he *commands* us to store up for ourselves "treasures in heaven." Now this leads to an interesting little twist. In John 14:21 Jesus says, "Whoever has my commands and obeys them, he is the one who loves me." We *could* make the argument, then, that the one who does *not* seek to store up treasures in heaven is being disobedient to Christ's command and demonstrating a lack of love for him!

In a somewhat similar vein, Alcorn wrote:

> It is certainly true that desire for reward should not be our only motivation. But it is also true that it's a fully legitimate motive encouraged by God. In fact, the two most basic things we can believe about God are first that he exists, and second that he is a rewarder of those who diligently seek him (Heb. 11:6). If you don't believe God is a rewarder, you are rejecting a major biblical doctrine and have a false view of God.{6}

Of course, we must always remember that the Lord knows the motivations of our hearts – and these will be taken into account at the judgment seat of Christ (1 Cor. 4:5). In addition, Jesus solemnly warns us: "Be careful not to do your 'acts of righteousness' before men, to be seen by them. If you do, you will have no reward from your Father in heaven" (Matt. 6:1).

The biblical picture of rewards, then, would seem to go something like this. The Lord is absolutely worthy of our obedience and service, whether we ever personally profit from it or not (e.g. see Luke 17:10). Nevertheless, the Lord is a rewarder of those who seek Him and He commands us to seek His rewards as well! And when one really thinks about it, "Hearing our Master say, 'Well done' will not simply be for our pleasure but for *his*!"{7}

The Life God Rewards

What kind of life does God reward? For what sort of works will believers be rewarded when they stand before the judgment seat of Christ? The simplest answer to this question, and the most general, is that we will be rewarded for everything we've done that was motivated by our love for the Lord and empowered by His Spirit. Indeed, Jesus said that we would even be rewarded for simply giving a cup of cold water to someone because he is

a follower of Christ (Matt. 10:42).

But the Bible specifically mentions many other things for which we can also be rewarded. The New Testament describes as many as five different crowns which will be given to believers for various works of faithfulness, obedience, discipline, and love. For example, there is the *imperishable crown* (1 Cor. 9:25), which appears to be rewarded for "determination, discipline, and victory in the Christian life."{8} There is the *crown of righteousness* which, according to Paul, will be awarded by the Lord "to all who have longed for his appearing" (2 Tim. 4:8). There is the *crown of life*, "given for faithfulness to Christ in persecution or martyrdom."{9} In the book of Revelation, Jesus tells the church in Smyrna, "the devil will put some of you in prison to test you, and you will suffer persecution for ten days. Be faithful, even to the point of death, and I will give you the crown of life" (2:10; see also James 1:12). Additionally, there is the *crown of rejoicing* (1 Thess. 2:19; Phil. 4:1), "given for pouring oneself into others in evangelism and discipleship."{10} And finally, there is the *crown of glory* (1 Pet. 5:4), "given for faithfully representing Christ in a position of leadership."{11}

Of course, as Alcorn observes, "There's nothing in this list that suggests it's exhaustive."{12} Indeed, as we've already seen, the Bible seems to say that we will be rewarded for every act of love and service which we did for the glory of God. But there's another side to this discussion which we dare not overlook. The Bible not only indicates that we can gain rewards; it also warns us that we can lose them as well.

Paul compared the Christian life to an athletic competition in which our goal is to win the prize. This is why, he told the Corinthians, "I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize" (1 Cor. 9:27). The Bible suggests that the works of some believers will be completely consumed

at the judgment seat of Christ (1 Cor. 3:15). Tragically, these believers will enter heaven without any rewards from their Lord. To avoid this catastrophe, let us heed Paul's advice and "run in such a way as to get the prize" (1 Cor. 9:24).

Power, Pleasures, and Possessions

What should we think about power, pleasures, and possessions? Are they merely temptations that should be avoided, or genuine goods that can be legitimately sought and desired? Although some may find it surprising, each of these things *is* good—at least considered simply in itself. Each finds its ultimate source in God. And each existed *before* sin and evil corrupted His good creation. God has always been *powerful*. He clearly took *pleasure* in His work of creation, repeatedly describing it as "good" (Gen. 1:4, 10, 12, 18, 21, 25, 31). And as the Creator of all that exists (other than himself, of course), everything ultimately belongs to God (1 Cor. 10:26). Indeed, the Bible sometimes describes Him as the "*possessor* of heaven and earth" (Gen. 14:19). Clearly, then, there's nothing inherently wrong with power, pleasures, or possessions.

So why have these things gained such tainted reputations? Probably because they've so often been misused and abused by sinful men and women. Indeed, describing sin and evil as the misuse, abuse, perversion or corruption of some good gift of God is part of a long and venerable tradition in the history of philosophy and theology. And one doesn't have to look very far to find plenty of examples of man's sinful misuse of power, pleasures, and possessions. Just turn on the evening news, or read the local paper, and you'll find many such examples. But we must always remember that it's the *misuse* of these things that is sinful and wrong; the things in themselves are good and desirable. And this is confirmed by the teaching of Scripture.

Consider the kind of rewards God offers us. For faithful and obedient service now, He promises power, pleasures, and possessions in eternity! Jesus made it clear that those who are faithful with the little things in this life, will be rewarded with great power and authority in the next (Luke 19:15-19). He taught that those who invest their time, talents, and treasures in building God's kingdom here and now are laying up great treasures in heaven for themselves in the hereafter (Matt. 6:19-21; 19:21). And pleasures? The psalmist wrote of God, "In Thy presence is fullness of joy; in Thy right hand there are pleasures forever" (16:11).

Randy Alcorn has written, "God has created us each with desires for pleasure, possessions, and power."{13} We want these things "not because we are sinful but *because we are human.*"{14} Although our sinfulness can, and often does, lead us to misuse these things, we've seen that they're actually good gifts of God. "Power, possessions, and pleasures are legitimate objects of desire that our Creator has instilled in us *and* by which he can motivate us to obedience."{15} May we faithfully serve the Lord, trusting him as "the Rewarder of those who diligently seek him."{16}

Investing in Eternity

A Christian worldview must be fleshed-out in the rough and tumble world of our daily lives if we're going to be salt and light to the surrounding culture. Now, as always, true disciples must be "doers of the word, and not merely hearers who delude themselves" (Jas. 1:22).

In the Sermon on the Mount, Jesus told his followers:

> Do not store up for yourselves treasures on earth, where moth and rust destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moth and rust do not destroy, and where thieves do not break in

> and steal. For where your treasure is, there your heart will be also (Matt. 6:19-21).

Many of us read these verses and only hear Jesus' command not to store up treasures on earth. But if this is all we hear, then we're missing the main point that Jesus is trying to make. As Alcorn observes, the central focus of this passage "is not the renunciation of earthly treasures but the accumulation of heavenly treasures. We're to avoid storing up unnecessary treasures on earth not as an end in itself, but as a life strategy to lay up treasures in heaven."{17} In a sense, Jesus is calling us to adopt a long-term investment strategy.

Think about the fate of all our earthly treasures. Isn't Jesus right? Won't they either wear out, break down, rust, become outdated, or get stolen? And even if none of this happens, we can't hold on to earthly wealth forever, can we? "Either it leaves us while we live, or we leave it when we die."{18} So is it really smart to pour all our time and energy into the accumulation of earthly treasures? Is this really a wise investment strategy?

We've been discussing issues raised by Randy Alcorn's excellent book, *The Law of Rewards*. I can think of no better way to conclude than with this powerful and thought-provoking citation:

> Gather your family and go visit a junkyard or a dump. Look at all the piles of "treasures" that were formerly Christmas and birthday presents. Point out things that people worked long hours to buy and paid hundreds of dollars for, that children quarreled about, friendships were lost over, honesty was sacrificed for, and marriages broke up over. Look at the remnants of gadgets and furnishings that now lie useless after their brief life span. Remind yourself that most of what you own will one day end up in a junkyard like this. And even if it survives on earth for a while, you

> won't. . . . When you examine the junkyard, ask yourself this question: 'When all that I ever owned lies abandoned, broken, useless, and forgotten, what will I have done with my life that will last for eternity?{19}

Notes

1. Much of the material for this article comes from Randy Alcorn, *The Law of Rewards* (Wheaton: Tyndale House Publishers, 2003). If you're interested in exploring this topic further, you may also want to read Bruce Wilkinson (with David Kopp), *A Life God Rewards: Why Everything You Do Today Matters Forever* (Sisters, Ore.: Multnomah Publishers, Inc., 2002).
2. Alcorn, 7.
3. Ibid., 6.
4. Ibid., 99-100.
5. Ibid., 105.
6. Ibid., 116.
7. Ibid., 92.
8. Ibid., 91.
9. Ibid.
10. Ibid.
11. Ibid.
12. Ibid., 92.
13. Ibid., 111.
14. Ibid., 112.
15. Ibid., 113.
16. Ibid., 121.
17. Ibid., 22.
18. Ibid., 23.
19. Ibid., 23.

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Mel Gibson’s Passion Film Ignites Passions

The storm of controversy surrounding Mel Gibson’s film about Jesus death has had many facets. Is the movie anti-Semitic? Too violent for kids? Would Gibsons Jesus get married?

Representatives of the Jewish Anti-Defamation League and the Simon Wiesenthal Center feared provocation of anti-Jewish feelings and violence. Prerelease screenings found warm response from leaders including Vatican officials and Billy Graham. Others remained skeptical.

Much of the controversy centers on two questions about the film and the history it depicts: Were Jewish people responsible for Jesus death? And, if so, are all Jewish people thereby Christ killers? Anti-Semitisms ugly stains make certain fears understandable.

Raised as a Gentile in Miami, I had many Jewish friends. Miamis Jewish population exceeds that of many cities of Israel. My classmates talked of Hebrew school, synagogue, and bar mitzvahs. In school we sang Hanukah songs and Christmas carols. My parents taught and modeled respect and tolerance. Anti-Semitism makes my blood boil.

After finding faith as a university student, I explored concerns about anti-Semitism in biblical accounts of Jesus death. Jesus was Jewish, as were his early followers. Jewish people who opposed him aligned against Jewish people who supported him. This was essentially a Jewish-Jewish conflict. One faction pressured Pilate, a Roman ruler, into executing Jesus.

Jewish leaders did not physically hang him on a cross; Roman executioners did that. But some Jewish people were part of the mix.

Should all Jewish people bear the guilt for Jesus execution? Of course not. Neither should all Germans bear guilt for the Holocaust nor all Christians for racism or anti-Semitism, pedophilia, corruption, or other outrageous acts of Christians. We all bear responsibility for our own decisions.

But there is another facet to the guilt question. After I spoke in a University of Miami anthropology class, one student asked if Jews are responsible for the death of Jesus. Absolutely, I replied. Jews are responsible for Jesus death. And so are Christians, Buddhists, Muslims, Hindus, atheists and agnostics.

Jesus said he came to help plug people into God, to give his life as a ransom for many. He believed his death would pay the price necessary to provide forgiveness for all who would accept it, becoming a bridge linking them to eternity.

According to this perspective, we – all of us – and our flaws are the reason Jesus went to the cross. Are we guilty of physically executing him? No. Was it because of us that he suffered? By his reasoning, yes.

Gibsons film is significant. Of course, I brought my own biases to the screening. I left impressed with the terrible pain Jesus endured, especially poignant because I believe he endured it for me.

Rembrandt, the famous Dutch artist, painted a memorable depiction of the crucifixion. In it, several people help to raise the cross to which Jesus is nailed. Light emphasizes one particular face among the cross-raisers. The face is Rembrandts, a self-portrait. The painter believed he himself was part of the reason Jesus died.

Gibson told the Associated Press, “I came to a difficult point in my life and meditating on Christ’s sufferings, on his passion, got me through it.” The Passion film and story are worth considering and discussing among friends of any faith or

of no faith.

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“Help Me Know That God is Really There”

I read your article Evidence for God’s Existence. I have always believed in God until recently when I read some articles by James Randi known to most people as “The Amazing Randi.” He seems to be able to disprove the divine power of people who claim to be able to talk to the dead and move objects with their minds with scientific proof that they are merely just cheap parlor tricks. I believe he is correct not only because he says so but because the bible tells us that Jesus was the last person on earth who could do such things as tell the future or perform miracles etc. But what if Jesus knew these parlor tricks which are as old as the hills? I saw Siegfried and Roy make an elephant disappear right before my very eyes in front of a thousand people and admit to trickery. Who is to say that Jesus didn’t know how to fool the average person in the same way thousands of years ago? Please understand that I am not being a wise guy. I truly have issues with this because I was such a firm believer in God and Jesus Christ. If God doesn’t exist, then I am truly alone and have wasted many hours and prayers on things that would or wouldn’t happen anyway with or without my prayers.

Also, I have been talking to myself all these years and I must be crazy. I realize the consequences of my decision not to believe in God if I am wrong. Somehow that seems trivial while I am still alive. I still go to church every Sunday with my wife. I don’t let on that my faith has been diminished because

my wife is such a good God-fearing woman and I don’t want to impose my beliefs on her or anyone else. Especially if I am wrong. What it boils down to is if science can prove that the existence of God is only something that exists in my mind, and the voice I hear inside myself is my own self, then I am guilty of being a fool. For he who teaches himself has a fool for a master. True the earth is a miracle in itself and surely no parlor trick. I can’t explain how it all began if there is no God. But we as just mankind can’t even begin to explain any theory with our limited knowledge of the universe. If Siegfried and Roy can make an elephant disappear in front of all those people and admit it is a trick, yet nobody can figure out how it was done, than it is understandable that the beginning of the world which must be a far greater “trick” and is something that we as ordinary individuals can never figure out. Bad things happen in this world that I feel shouldn’t. I love my family and my pets. I don’t want to see them die. But they must die just as I must die. What if there isn’t anything after death and you just lie there in the ground. That beautiful gift of life has been destroyed. I can’t accept that a loving God would take these things away from me or anyone who hold them so near and dear to their heart. Could it be that God is for the weak minded who need direction and discipline to get through life without going off course for their own good? Is life just a crap shoot anyway where what ever happens, happens whether you pray or not? Please forgive me if I have offended you with my talk of disbelief but I thought if anyone could answer my questions, you could. I don’t mean any disrespect. I need to know that God is really there to hear my prayers and help me to make decisions. I need to know that I am not on my own in this world and my prayers are heard and answered according to his word not just my imagination or wishful thinking.

Dear _____,

Bless your heart! Thank you you SO MUCH for sharing your deep

thoughts and fears with me. I have two things to say in response.

1. The best thing Jesus ever did to prove that what He did was true miracles and not tricks was to rise from the dead. How do you counterfeit THAT? The resurrection is the strongest evidence for the truth of Christianity that we have. Consider that the disciples, who had been so disheartened by His death (even though He had promised several times to rise from the dead), were so turned around by seeing Him alive again that they changed the world and were willing to die for their belief in a risen Savior. If it were only a trick, no one would have died for a lie. May I suggest you get a hold of Lee Strobel's book *The Case for Christ* and shore up your faith? I think that book will really help. (Consider also other people—like Strobel the former skeptic—who set out to prove the resurrection false, like Frank Morison, and were so overwhelmed by the evidence that they became believers and wrote books like *Who Moved the Stone?*)

2. I believe that the doubts that assail you are nothing more than spiritual warfare. I think you are being attacked by the spiritual forces of darkness, and I gently suggest you read Ephesians 6 and put on the armor of faith to fight these horrible attacks. I have also been impressed by Kay Arthur's book *Lord, Is It Warfare?* to help deal with spiritual warfare in the form of attacking doubts.

_____, I am completely convinced that this period of doubts in your life is like being outside on a bright sunny day when the sun disappears because it is obscured by a cloud. . . temporarily. You are not alone—you would not BELIEVE how many e-mails I get just like yours. You have put your faith in an eternal truth, not in lie. I promise.

Cheerily in Jesus,

Sue Bohlin

7 Questions Skeptics Ask About the Validity of Christianity

Rusty Wright considers some common questions skeptics ask about our belief in Christianity. He shows us how to answer these questions from an informed biblical worldview.

Questions of Faith

Picture the scene. You're discussing your faith with a coworker or neighbor, perhaps over lunch or coffee. You explain your beliefs but your friend questions:

> *How could a loving God allow evil and suffering? The Bible is full of contradictions. What about people who've never heard of Jesus?*

How do you feel about these questions and objections? Anxious? Confused? Defensive? Combative?

Sensitively and appropriately answering questions that skeptics ask you can be an important part of helping them to consider Jesus. Peter told us, "In your hearts set apart Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect."{1} This series looks at seven common questions skeptics ask and gives you some pointers on how to respond. Consider first a story.

As the flight from Chicago to Dallas climbed in the sky, I

became engrossed in conversation with the passenger to my left. “Aimee,” a French businesswoman, asked me about my work. On learning I was a Christian communicator, she related that a professing Christian had signed a contract with her, attempted to lead her to Christ, then later deceitfully undercut her. “How could a Christian do such a thing?” she asked.

I told her that Christians weren’t perfect, that some fail miserably, that many are honest and caring, but that it is Jesus we ultimately trust. Aimee asked question after question: “How can you believe the Bible?” “Why do Christians say there is only one way to God?” “How does one become a Christian?”

I tried to answer her concerns tactfully and explained the message of grace as clearly as I could. Stories I told of personal pain seemed to open her up to consider God’s love for her. She did not come to Christ in that encounter, but she seemed to leave it with a new understanding.

Hurting people everywhere need God. Many are open to considering Him, but they often have questions they want answered before they are willing to accept Christ. As Christian communicators seek to blend grace with truth,{2} an increasing number of skeptics may give an ear and become seekers or believers.

As you interact with skeptics, compliment them where you can. Jesus complimented the skeptical Nathanael for his pursuit of truth.{3} Listen to their concerns. Your listening ear speaks volumes. It may surprise you to learn that your attitude can be just as important as what you know.

Dealing with Objections

How do you deal with questions and objections to faith that your friends may pose?

When I was a skeptical student, my sometimes-relentless

questions gave my Campus Crusade for Christ friends at Duke University plenty of practice! I wanted to know if Christianity was true. After trusting Christ as Savior, I still had questions.

Bob Prall, the local Campus Crusade director, took interest in me. At first his answers irritated me, but as I thought them through they began to make sense. For two years I followed him around campus, watching him interact. Today, as I am privileged to encounter inquisitive people around the globe, much of my speech and manner derive from my mentor.

Consider some guidelines. Pray for wisdom, for His love for inquirers{4} and for your questioner's heart. If appropriate, briefly share the gospel first. The Holy Spirit may draw your friends to Christ. Don't push, though. It may be best to answer their questions first.

Some questions may be intellectual smokescreens. Once a Georgia Tech philosophy professor peppered me with questions, which I answered as best I could.

Then I asked him, "If I could answer all your questions to your satisfaction, would you put your life in Jesus' hands?" His reply: "[Expletive deleted] no!"

Okay. This first objection is one you might have heard:

1. It doesn't matter what you believe as long as you are sincere.

I once gave a speech arguing *for* this proposition. Later, I reconsidered. In the 1960s, many women took the drug thalidomide seeking easier pregnancies. Often they delivered deformed babies. Sincerely swallowing two white pills may cure your headache if the pills are aspirin. If they are roach poison, results may differ.

After discussing this point, a widely respected psychologist

told me, “I guess a person could be sincere in what he or she believed, but be sincerely wrong.” Ultimately faith is only as valid as its object. Jesus demonstrated by His life, death and resurrection that He is a worthy object for faith.{5}

Focus on Jesus. Bob Prall taught me to say, “I don’t have answers to every question. But if my conclusion about Jesus is wrong, I have a bigger problem. What do I do with the evidence for His resurrection, His deity and the prophecies He fulfilled? And what do I do with changed lives, including my own?”

I don’t have complete answers to every concern you will encounter, but in what follows I’ll outline some short responses that might be useful.

The second question is:

2. Why is there evil and suffering?

Sigmund Freud called religion an illusion that humans invent to satisfy their security needs. To him, a benevolent, all-powerful God seemed incongruent with natural disasters and human evil.

God, though sovereign, gave us freedom to follow Him or to disobey Him. Oxford scholar C.S. Lewis estimated that eighty percent of human suffering stems from human choice. Lewis called pain “God’s megaphone” that alerts us to our need for Him.{6} This response does not answer all concerns (because God sometimes does intervene to thwart evil) but it suggests that the problem of evil is not as great an intellectual obstacle to belief as some imagine.

Pain’s emotional barrier to belief, however, remains formidable. When I see God, items on my long list of questions for Him will include a painful and unwanted divorce, betrayal by trusted coworkers, and all sorts of disappointing human behavior and natural disasters. Yet in Jesus’ life, death, and

resurrection{7} I have seen enough to trust Him when He says He "causes all things to work together for good to those who love God."{8}

3. What about those who never hear of Jesus?

Moses said, "The secret things belong to the LORD."{9} Some issues may remain mysteries. God's perfect love and justice far exceed our own. Whatever He decides will be loving and fair. One can make a case that God will make the necessary information available to someone who wants to know Him. An example: Cornelius, a devout military official. The New Testament records that God assigned Peter to tell him about Jesus.{10}

A friend once told me that many asking this question seek a personal loophole, a way so they won't need to believe in Christ. That statement angered me, but it also described me. C.S. Lewis in *Mere Christianity* wrote, "If you are worried about the people outside [of faith in Christ], the most unreasonable thing you can do is to remain outside yourself."{11} If Christianity is true, the most logical behavior for someone concerned about those without Christ's message would be to trust Christ and go tell them about Him.

Here's a tip: When someone asks you a difficult question, if you don't know the answer, admit it. Many skeptics appreciate honesty. Don't bluff. It's dishonest and often detectable.

4. What about all the contradictions in the Bible?

Ask your questioner for specific examples of contradictions. Often people have none, but rely on hearsay. If there is a specific example, consider these guidelines as you respond.

Omission does not necessarily create contradiction. Luke, for example, writes of two angels at Jesus' tomb after the Resurrection.{12} Matthew mentions "an angel."{13} Is this a contradiction? If Matthew stated that only one angel was

present, the accounts would be dissonant. As it stands, they can be harmonized.

Differing accounts aren't necessarily contradictory. Matthew and Luke, for example, differ in their accounts of Jesus' birth. Luke records Joseph and Mary starting in Nazareth, traveling to Bethlehem (Jesus' birthplace), and returning to Nazareth.{14} Matthew starts with Jesus' birth in Bethlehem, relates the family's journey to Egypt to escape King Herod's rage, and recounts their travel to Nazareth after Herod's death.{15} The Gospels never claim to be exhaustive records. Biographers must be selective. The accounts seem complementary, not contradictory.

Time precludes more complex examples here. But time and again, supposed biblical problems fade in light of logic, history, and archaeology. The Bible's track record under scrutiny argues for its trustworthiness.

5. Isn't Christianity just a psychological crutch?

My mentor Bob Prall has often said, "If Christianity is a psychological crutch, then Jesus Christ came because there was an epidemic of broken legs." Christianity claims to meet real human needs such as those for forgiveness, love, identity and self-acceptance. We might describe Jesus not as a crutch but an iron lung, essential for life itself.

Christian faith and its benefits can be described in psychological terms but that does not negate its validity. "Does it work?" is not the same question as, "Is it true?" Evidence supports Christianity's truthfulness, so we would expect it to work in individual lives, as millions attest.

A caution as you answer questions: Don't offer "proof" but rather evidences for faith. "Proof" can imply an airtight case, which you don't have. Aim for certainty "beyond a reasonable doubt," just as an attorney might in court.

Don't quarrel. Lovingly and intelligently present evidence to willing listeners, not to win arguments but to share good news. Be kind and gentle.{16} Your life and friendship can communicate powerfully.

6. How can Jesus be the only way to God?

When I was in secondary school, a recent alumnus visited, saying he had found Christ at Harvard. I respected his character and tact and listened intently. But I could not stomach Jesus' claim that "I am the way, and the truth, and the life; no one comes to the Father but through Me."{17} That seemed way too narrow.

Two years later, my spiritual and intellectual journey had changed my view. The logic that drew me (reluctantly) to his position involves three questions:

- *If God exists, could there be only one way to reach Him?* To be open-minded, I had to admit this possibility.

- *Why consider Jesus as a candidate for that possible one way?* He claimed it. His plan of rescuing humans – "by grace…through faith…not…works"{18} was distinct from those requiring works, as many other religions do. These two kinds of systems were mutually exclusive. Both could be false or either could be true, but both could not be true.

- *Was Jesus' plan true?* Historical evidence for His resurrection, fulfilled prophecy{19} and deity, and for the reliability of the New Testament{20} convinced me I could trust His words.

One more common objection:

7. I could never take the blind leap of faith that believing in Christ requires.

We exercise faith every day. Few of us comprehend everything about electricity or aerodynamics, but we have evidence of

their validity. Whenever we use electric lights or airplanes, we exercise faith – not blind faith, but faith based on evidence. Christians act similarly. The evidence for Jesus is compelling, so one can trust Him on that basis.

As you respond to inquirers, realize that many barriers to faith are emotional rather than merely intellectual.

As a teenager, I nearly was expelled from secondary school for some problems I helped create. In my pain and anger I wondered, "Why would God allow this to happen?" I was mad at God! In retrospect, I realize I was blaming Him for my own bad choices. My personal anguish at the time kept me from seeing that.

Your questioners may be turned off because Christians haven't acted like Jesus. Maybe they're angry at God because of personal illness, a broken relationship, a loved one's death, or personal pain. Ask God for patience and love as you seek to blend grace with truth. He may use you to help skeptics become seekers and seekers become His children. I hope He does.

Notes

1. 1 Peter 3:15 NIV.
2. John 1:14.
3. John 1:45-47.
4. Romans 9:1-3; 10:1.
5. For useful discussions of evidences regarding Jesus, visit www.WhoIsJesus-Really.com.
6. C.S. Lewis, *The Problem of Pain* (New York: Macmillan, 1974), 89-103 ff. The Problem of Pain was first published in 1940.
7. A short summary of Resurrection evidences is at Rusty Wright and Linda Raney Wright, "Who's Got the Body?" 1976, www.probe.org/whos-got-the-body/.
8. Romans 8:28 NASB.

For more complete treatment of this subject, see Rick Rood, "The Problem of Evil," 1996,

www.probe.org/the-problem-of-evil/; Dr. Ray Bohlin, "Where Was God on September 11?" 2002, www.probe.org/where-was-god-on-sept-11-the-problem-of-evil/ .
9. Deuteronomy 29:29 NASB.
10. Acts 10.
11. C.S. Lewis, "The Case for Christianity," reprinted from *Mere Christianity*; in *The Best of C.S. Lewis* (Grand Rapids: Baker Book House, 1969), 449. The Case for Christianity is copyright 1947 by The Macmillan Company.
12. Luke 24:1-9.
13. Matthew 28:1-8.
14. Luke 1:26-2:40.
15. Matthew 1:18-2:23.
16. 2 Timothy 2:24-26.
17. John 14:6 NASB.
18. Ephesians 2:8-9 NASB.
19. A summary of some of the prophesies Jesus fulfilled is at Rusty Wright, "Are You Listening? Do You Hear What I Hear?" 2004, www.probe.org/are-you-listening-do-you-hear-what-i-hear/ .
20. A summary of evidences for New Testament reliability is at Rusty Wright and Linda Raney Wright, "The New Testament: Can I Trust It?" 1976, www.probe.org/the-new-testament-can-i-trust-it/ .

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Shark Victim Surfer Girl's Simple Faith

Bethany Hamilton looks like any fun-loving young American teenager—bright eyed, smiling, excited about what she enjoys doing. She's athletic, attractive, trim, tanned and blonde—qualities that in this culture can open many doors.

But Bethany faces a special challenge that many her age do not. She is missing her left arm just below the shoulder, lost to a shark attack while surfing in Hawaii in the fall of 2003. The 1,500-pound tiger shark also chomped a huge chunk from her surfboard. She's fortunate to be alive.

Bethany, who lives on Kauai, was the state's top-ranked female amateur surfer before the attack. Such a loss might seem devastating. *USA Today* reports that Bethany seems undismayed. Merely three months after the mishap, she was surfing competitively again. She aims to be among the world's best surfers.

Rather than hiding her left arm under clothing, she displays it in tank tops and calls it "Stumpy." When her prosthetic turned out to be too light in color to match her suntan, she nicknamed it Haole Girl, slang for a non-Hawaiian. She peels tangerines by holding them between her feet and using her right hand.

How to account for her bright spirits? Determination and dedication seem part of her makeup. But is there something more?

Her dad gives a clue. "She's not suffering," Tom Hamilton told the newspaper. "Somehow God gave Bethany an amazing amount of grace in this. I am in awe. She never says, 'Why me?'"

Bethany confirms her father's analysis: "This was God's plan

for my life, and I’m going to go with it… I might not be here if I hadn’t asked for God’s help.”

This surfer girl’s simple faith astounds observers. She has become a media darling—with TV appearances on Oprah, 20/20 and Good Morning America. Book and movie offers have come. She threw out the first pitch for baseball’s Oakland Athletics on opening day. Through it all, her family ties remain strong.

Her optimism echoes that of an early follower of Jesus, Paul, whose life-experience log included unjust imprisonments, beatings, stoning, shipwrecks and social ostracism. He was convinced that “God causes everything to work together for the good of those who love” Him.

Life can throw many curve balls: serious illness, accidents, terrorism, domestic strife, employment hassles, theft and more. Answers to “Why me?” and “What to do?” are often complex. Accompanying feelings of fear, confusion, grief or despair should not be ignored or minimized.

But perhaps a perspective that includes God in the picture can be a starting place for coping. Maybe the surfer girl’s belief and trust have something valuable to say to a society filled with pain and risk.

During a winter New York City media tour, Bethany spontaneously gave her ski jacket to a homeless girl sitting on a Times Square subway grate, then called off a shopping spree, citing her own material abundance.

Something very significant is happening in this young athlete’s life. Watch for more.

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Freudian Slip

His “True Enemy”

In 1937, shortly before World War II, a Jewish doctor had a colleague who urged him to flee Austria for fear of Nazi oppression. The doctor replied that his “true enemy” was not the Nazis but “religion,” the Christian church. What inspired such hatred of Christianity in this scientist?{1}

His father Jakob read the Talmud and celebrated Jewish festivals. The young boy developed a fond affection for his Hebrew Bible teacher and later said that the Bible story had “an enduring effect” on his life. A beloved nanny took him to church as a child. He came home telling even his Jewish parents about “God Almighty”. But eventually the nanny was accused of theft and dismissed. He later blamed her for many of his difficulties, and launched his private practice on Easter Sunday as (some suggest) an “act of defiance.”

Anti-Semitism hounded the lad at school. Around age twelve, he was horrified to learn of his father’s youthful acquiescence to Gentile bigotry. “Jew! Get off the pavement!” a so-called “Christian” had shouted to the young Jakob after knocking his cap into the mud. The son learned to his chagrin that his dad had complied.

In secondary school, he abandoned Judaism for secular science and humanism. At the University of Vienna, he studied the atheist philosopher Ludwig Feuerbach and carried his atheism into his career as a psychiatrist. Religion for him was simply a “wish fulfillment,” a fairy tale invented by humans to satisfy their needy souls.

This psychiatrist was Sigmund Freud. He became perhaps the most influential psychiatrist of history, affecting medicine, literature, language, religion and culture. Obsessed with what

he called the “painful riddle of death,” he once said he thought of it daily throughout life. His favorite grandson’s death brought great grief: “Everything has lost its meaning to me…” he wrote. “I can find no joy in life.” He called himself a “godless Jew.” In 1939, he slipped into eternity, a willful overdose of morphine assuaging his cancer’s pain.

What factors might have influenced Freud’s reaction to Christianity? Have you ever been discouraged about life or angry with God because of a major disappointment or the way a Christian has treated you? In the next section, we’ll consider Freud’s encounter with bigotry.

Anti-Semitism

Have you ever observed a Christian acting in un-Christlike ways? How did you feel? Disappointed? Embarrassed? Disgusted? Maybe you can identify with Sigmund Freud.

When Freud was about ten or twelve, his father Jakob told him that during his own youth, a “Christian” had knocked Jakob’s cap into the mud and shouted “Jew! Get off the pavement!” Jakob had simply picked up his cap. Little Sigmund found his father’s acquiescence to Gentile bigotry unheroic. Hannibal, the Semitic general who fought ancient Rome, became Sigmund’s hero. Hannibal’s conflict with Rome came to symbolize for Freud the Jewish-Roman Catholic conflict.{2}

In his twenties, Freud wrote of an ugly anti-Semitic incident on a train. When Freud opened a window for some fresh air, other passengers shouted for him to shut it. (The open window was on the windy side of the car.) He said he was willing to shut it provided another window opposite was opened. In the ensuing negotiations, someone shouted, “He’s a dirty Jew!” At that point, his first opponent announced to Freud, “We Christians consider other people, you’d better think less of your precious self.”

Freud asked one opponent to keep his vapid criticisms to himself and another to step forward and take his medicine. "I was quite prepared to kill him," Freud wrote, "but he did not step up…{3}

Sigmund's son Martin Freud recalled an incident from his own youth that deeply impressed Martin. During a summer holiday, the Freuds encountered some bigots: about ten men who carried sticks and umbrellas, shouted "anti-Semitic abuse," and apparently attempted to block Sigmund's way along a road. Ordering Martin to stay back, Sigmund "without the slightest hesitation … keeping to the middle of the road, marched towards the hostile crowd." Martin continues that his "…father, swinging his stick, charged the hostile crowd, which gave way before him and promptly dispersed, allowing him free passage. This was the last we saw of these unpleasant strangers." Perhaps Sigmund wanted his sons to see their father boldly confronting bigotry rather than cowering before it, as he felt his own father had done.{4}

Jews in Freud's Austria suffered great abuse from so-called Christians. No wonder he was turned off toward the Christian faith. How might disappointment and loss have contributed to Freud's anti-Christian stance?

Suffering's Distress

Have you ever been abandoned, lost a loved one, or endured illness and wondered, "Where is God?" Perhaps you can relate to Freud.

Earlier, I spoke about Freud's Catholic nanny whom he loved dearly, who was accused of theft and was dismissed. As an adult, Freud blamed this nanny for many of his own psychological problems.{5} The sudden departure—for alleged theft—of a trusted Christian caregiver could have left the child with abandonment fears{6} and the adult Freud with disdain for the nanny's faith. Freud wrote, "We naturally feel

hurt that a just God and a kindly providence do not protect us better from such influences [fate] during the most defenseless period of our lives."{7}

Freud's daughter, Sophie, died suddenly after a short illness. Writing to console her widower, Freud wrote: "…it was a senseless, brutal stroke of fate that took our Sophie from us . . . we are . . . mere playthings for the higher powers.{8}

A beloved grandson died at age four, leaving Freud depressed and grief stricken. "Fundamentally everything has lost its meaning for me," he admitted shortly before the child died.{9}

Freud's many health problems included a sixteen-year bout with cancer of the jaw. In 1939, as the cancer brought death closer, he wrote, "my world is . . . a small island of pain floating on an ocean of indifference."{10} Eventually a gangrenous hole in his cheek emitted a putrid odor that repulsed his beloved dog but attracted the flies.{11}

Like many, Freud could not reconcile human suffering with a benevolent God. In a 1933 lecture, he asserted:

> *It seems not to be the case that there's a power in the universe which watches over the well-being of individuals with parental care and brings all their affairs to a happy ending. On the contrary, . . . Obscure, unfeeling, unloving powers determine our fate.{12}*

Freud's suffering left him feeling deeply wounded. Could that be one reason he concluded that a benevolent God does not exist? Do you know people whose pain has made them mad at God, or has convinced them He doesn't exist? Intellectual doubt often has biographical roots.

Spiritual Confusion

Hypocritical Christians angered Sigmund Freud. The deaths of

his loved ones and his own cancer brought him great distress. His loss and suffering seemed incompatible with the idea of a loving God. So what did he think the main message of the Christian faith was?

In the book, *The Future of An Illusion*, his major diatribe against religion, Freud outlined his understanding of Christianity. He felt it spoke of humans having a "higher purpose"; a higher intelligence ordering life "for the best"; death not as "extinction" but the start of "a new kind of existence"; and a "supreme court of justice" that would reward good and punish evil.{13}

Freud's summary omits something significant: an emphasis on human restoration of relationship to God by receiving His free gift of forgiveness through Jesus' sacrificial death on the cross for human guilt.

Discussions of the biblical message often omit or obscure this important concept. I used to feel I had to earn God's love by my own efforts. Then I learned that from a biblical perspective, no one can achieve the perfection necessary to gain eternal life.{14} Freud's view of Christianity at this point seemed to be missing grace, Jesus, and the cross.

Two years after he wrote *The Future of An Illusion*, he seemed to have a clearer picture of Christian forgiveness. He wrote that earlier he had "failed to appreciate" the Christian concept of redemption through Christ's sacrificial death in which he took "upon himself a guilt that is common to everyone."{15}

Freud also attacked the intellectual validity of Christian faith.{16} He objected to arguments that one should not question the validity of religion and that we should believe simply because our ancestors did. I don't blame him. Those arguments don't satisfy me either. But he also felt the biblical writings were untrustworthy. He shows no awareness of

the wealth of evidence supporting, for example, the reliability of the New Testament documents or Jesus' resurrection.{17} His apparent lack of familiarity with historical evidence and method may have been a function of his era, background, academic pursuits or profession.

Perhaps confusion about spiritual matters colored Freud's view of the faith. Do you know anyone who is confused about Jesus' message or the evidence for its validity?

Freud's Christian Friend

Freud often despised Christianity, but he was quite fond of one Christian. He actually delayed publication of his major criticism of religion for fear of offending this friend. Finally, he warned his friend of its release.{18} Oskar Pfister, the Swiss pastor who had won Freud's heart, responded, "I have always believed that every man should state his honest opinion aloud and plainly. You have always been tolerant towards me, and am I to be intolerant of your atheism?"{19} Freud responded warmly and welcomed Pfister's published critique. Their correspondence is a marvelous example of scholars who differ doing so with grace and dignity, disagreeing with ideas but preserving their friendship. Their interchange could well inform many of today's political, cultural and religious debates.

Freud's longest correspondence was with Pfister. It lasted 30 years.{20} Freud's daughter and protégé, Anna, left a glimpse into the pastor's character. During her childhood, Pfister seemed "like a visitor from another planet" in the "totally non-religious Freud household." His "human warmth and enthusiasm" contrasted with the impatience of the visiting psychologists who saw the family mealtime as "an unwelcome interruption" in their important discussions. Pfister "enchanted" the Freud children, entering into their lives and becoming "a most welcome guest."{21}

Freud respected Pfister's work. He wrote, "[Y]ou are in the fortunate position of being able to lead . . . [people] to God."{22}

Freud called Pfister "a remarkable man a true servant of God, . . . [who] feels the need to do spiritual good to everyone he meets. You did good in this way even to me."{23}

"Dear Man of God," began Freud after a return home. "A letter from you is one of the best possible things that could be waiting for one on one's return."{24}

Pfister was a positive influence for Christ. But in the end, so far as we know, Freud decided against personal faith.

People reject Christ for many reasons. Hypocritical Christians turn some off. Others feel disillusioned, bitter, or skeptical from personal loss or pain. Some are confused about who Jesus is and how to know Him personally. Understanding these barriers to belief can help skeptics and seekers discern the roots of their dilemmas and prompt them to take a second look. Examples like Pfister's can show that following the Man from Nazareth might be worthwhile after all.

Notes

1. Much of this article is adapted from Russell Sims Wright, *Belief Barriers and Faith Factors: Biographical Roots of Sigmund Freud's Reaction to the Christian Faith and Their Relevance for Christian Ministry*, unpublished M.Th. dissertation, University of Oxford (Westminster College), May 2001.

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3. Sigmund Freud; Ernst L. Freud (ed.); Tania and James Stern (translators), *Letters of Sigmund Freud 1873-1939* (London: Hogarth, 1961[1970 reprint]), pp. 92-94.

4. Martin Freud, *Sigmund Freud: Man and Father* (New York: Jason Aronson, 1983), pp. 68-71.

5. Sigmund Freud, Letters 70 (October 3-4, 1897) and 71 (October 15, 1897) to Wilhelm Fliess. In *S.E., Volume I*, pp. 261-265.

6. Sigmund Freud, The Psychopathology of Everyday Life, 1901. In *S.E. Volume VI*, pp. 49-51.

7. Sigmund Freud, Leonardo da Vinci and a memory of his childhood, 1910. In *S.E. Volume II*, pp. 136-137; quoted in Ana-Maria Rizzuto, *Why Did Freud Reject God? A Psychodynamic Interpretation* (New Haven: Yale University Press, 1998), pp. 241-242. The bracketed word is apparently Rizzuto's.

8. Ernst Freud, Lucie Freud, and Ilse Grubrich-Simitis, eds., *Sigmund Freud: His Life in Pictures and Words* (London: Andre Deutsch, 1978), p. 220.

9. Sigmund Freud, *Letters of Sigmund Freud,* ed. Ernst L. Freud, trans. Tania and James Stern (New York: Dover, 1960 [1992 unaltered reprint of 1960 Basic Books edition]), pp. 343-344.

10. Max Schur, M.D., *Freud: Living and Dying* (New York: International Universities Press, Inc., 1972), p. 524.

11. Ibid., pp. 526-527.

12. Armand Nicholi, Jr., M.D., "When Worldviews Collide: C. S. Lewis and Sigmund Freud: A comparison of their thoughts and viewpoints on life, pain and death," Part One, *The Real Issue* 16:2, January 1998, p. 11.

13. Sigmund Freud, *The Future of An Illusion,* ed. and trans.

James Strachey (New York: W.W. Norton, 1961 edition of the 1928 work), pp. 23-24.

14. Ephesians 2:8-9; Romans 1-5.

15. Sigmund Freud, *Civilization and Its Discontents* ed. and trans. James Strachey (New York: W.W. Norton, 1961 edition of the 1930 work), pp. 99-100.

16. Sigmund Freud, *The Future of An Illusion,* p. 33.

17. See, for instance, Josh McDowell, *The New Evidence That Demands A Verdict* (Nashville: Thomas Nelson Publishers, 1999).

18. Heinrich Meng and Ernst L. Freud, eds., Eric Mosbacher trans., *Psycho-Analysis and Faith: The Letters of Sigmund Freud and Oskar Pfister* (London: Hogarth Press/Institute of Psycho-Analysis, 1963), pp. 109-110.

19. Ibid., p. 110.

20. Nicholi, loc. cit.

21. Meng and E. Freud, op. cit., p. 11.

22. Ibid., p. 16.

23. Ibid., p. 24.

24. Ibid., p. 29.

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