

Why Study Church History?

James Detrich provides five reasons to study church history and allow our knowledge to build our confidence in our faith.

When I was in college, we had to do what was called “evangelism night.” It was a night in which a group of us would pile into someone’s old, broken-down car (we were all poor back then) and skirt downtown to the city’s walking bridge, a large half-mile overpass extending over the Chattanooga River. We were always sure that plenty of people would be there that needed our message. One night I began talking to a man about Christ and he quickly cut me off, “I am a Christian,” he exclaimed. “Great,” I replied. As we continue talking, though, I soon discovered that he was a “different” Christian than me. He said he believed in an expansive New Testament that contained many more books than the twenty-seven I was accustomed to, and he had six or seven Gospels, where I only had four. When I told him that I didn’t think he was right, that the New Testament only contained twenty-seven books and four Gospels, he asked me an important question, “How do you know that there are only four Gospels? Maybe there are more books to the Bible than you think!” I stood there, knowing that he was wrong. But I didn’t know *why* he was wrong. I had no idea of how to combat him—I didn’t know church history well enough in order to provide, as 1 Peter 3:15 says, an account of the assurance that lies within me.



This is one of the great reasons why we as Christians need to study church history. In this article I am going to make a passionate plea for the study of church history and give five reasons why I believe it is essential for every follower of Christ. Alister McGrath said that

“Studying church history . . . is like being at a Bible study with a great company of people who thought about those questions that were bothering you and others.”^{1} These bothering questions, much like the one I could not answer on the walking bridge, oftentimes can be answered through learning the stories and lessons of history. It was Martin Luther, the great reformer, who cried out: “History is the mother of truth.” This is the first reason why Christians need to study history, so that we can become better skilled to answer the nagging questions that either critics ask or that we ourselves are wrestling with. It would have been a tremendous help that day on the bridge to know that in the second and third centuries, the time right after Jesus and the apostles, that church pastors and theologians were exclaiming and defending the truth that we only possess four Gospels: Matthew, Mark, Luke, and John. If I had only known of this rich tradition, if I had only known my church history, I would have been able to give a reasonable account of that hope that lies within me.

Church History Provides Comfort

The first reason why Christians should study church history is that it helps Christians provide a more reasonable account of what we believe. The second reason is that Christians, just like any other people, go through many times of loneliness and despair. The book of Psalms reveals multiple times where various psalmists reveal that they feel as though God has left them, that their enemies are closing in, and that no one, including God, really cares. Suffice it to say that this often leads to a crisis of faith. Many of us suffer that same crisis from time to time, and the one thing that usually helps to be encouraged is to get around God’s people. When we are with others who believe as we do, it helps to stabilize, and to build, our faith. There is a sense in those moments of being with other Christians that our faith is bigger and more

expansive—that it is communal, not merely individual.

Studying church history is about being with the community of faith. Reading the stories, learning the truths, examining the insights of these faithful men and women down through the centuries gives to us the sense that our faith is not shallow, but as the song used to say, it is “deep and wide.” Church historian John Hannah claims that studying Christian heritage “dispels the sense of loneliness and isolation in an era that stresses the peripheral and sensational.”^{2} It breaks us away from this modern culture that emphasizes the glitz and the glamour of the here and now, and helps us to establish confidence in the faith by examining the beliefs central to our faith that have been developed over a long period of time. Christian theology does not invent beliefs; it finds beliefs already among Christians and critically examines them. The excavation site for Christian theology is not merely in the pages of Scripture, though that is the starting point, but it expands from there into the many centuries as we find the Holy Spirit leading His church. For us today, it gives us the ability to live each day absolutely sure that what we are believing in actually is true; to know and understand that for over 2000 years men and women have been worshipping, praising, and glorifying the same God that we do today.

It’s similar to those grand, majestic churches, the cathedrals that overwhelm you with the sense of transcendence. The expansive ceilings, high walls, and stained glass leaves the impression that our faith, our Christian heritage, is not small but large. Entering into a contemplation of our faith’s history is like going into one of those churches. It takes away the loneliness, the isolation, and reminds us of the greatness of our faith.

Church History Solidifies Our Faith

The third reason for studying church history takes us to the

task of theology. Have you ever wondered if something you heard being preached in church was essential? Maybe you've asked, Is this really so important to my faith? Understanding and articulating what is most important to Christianity is one of the crucial tasks that theology performs. This task is developed from a historical viewpoint. It asks the question, What has always been crucially important to Christians in each stage of church history? Over the centuries, Christian theologians have developed three main categories for Christian beliefs: dogma, doctrine, and opinion.^[3] A belief considered as dogma is deemed to be essential to the gospel; rejecting it would entail apostasy and heresy. Doctrines are developed within a particular church or denomination that help to guide that group in belief. What a church believes is found in its doctrine. Lastly, beliefs relegated to opinion are always interesting, but they are not important in the overall faith of the church. But dogma is important and history tells the story of how the church receives these important truths. It tells the story of how the church came to understand that God is three and one, the received truth of the Trinity; or how they came to understand that Jesus was both human and divine, the received truth of the Person of Christ. In examining these things, you begin to understand what is most essential and what is less important.

This is the same question that was being asked in the early fourth century. Some folks calling themselves Christians were going around proclaiming that Jesus Christ was different from God the Father, that even though He was deserving of worship, there was a time when He was created by the Father. Other Christians rose up and declared that to be heretical. They claimed that the words and actions of Christ as recorded in the Scripture clearly affirms Him to be equal with the Father. The Council of Nicaea in A.D. 325 sided with the latter group, claiming that Jesus was indeed equal with His Father. The exact wording of the council's conclusion is that Jesus is "of the same substance" with His Father. That dogmatic decision is

reflected in the church's doctrinal beliefs and it demonstrates its crucial importance for Christianity.

History is indeed the treasure chest of truth. Open it up. Discover the riches within it. Find out what is there and what is not—what is important and what is not!

Church History Helps Us Interpret the Bible

Why should we study church history? The answers already given are that it provides perspective in answering tough questions, gives a sense that our faith has gravitas, delineates that which is important; the fourth reason is that the study of church history helps us to interpret the Bible. You might be inclined to say, "We don't need church history, all we need is the Bible." But we must remember that people interpret the Bible in many and various ways. For instance, do you know that the largest meeting in North America that discusses the Bible is called the Society of Biblical Literature. It meets every year and boasts of having thousands of members. Among those within the society, only an astonishing 30% of them are evangelicals, or people who would have a more conservative interpretation of Scripture. People all over are reading the Bible, but they are reading it in different ways.

So, how do we know how to interpret the Bible? We believe that a certain interpretation or tradition of the text goes all the way back to Jesus and His apostles. Thus, Scripture must be interpreted in light of this tradition—the way that the early community of believers read the various texts of Scripture as they recognized its authority in matters of faith and practice. They recognized that these texts supported, explained, and gave evidence to the belief system that they held dear. For us, going back and reading the early church fathers is profitable for our understanding of the broader cultural and theological framework so that we can better

understand what Scripture is saying. For instance, as we discovered above, the Trinity is a crucial dogma of the church. Therefore, any interpretation of the Bible that contradicts that basic belief would be inadequate. History helps to paint the lines that we must stay within and it helps to construct the boundaries for a faithful reading of the text. Examining what was important to the apostles, and the generation that followed, and then the next generation, gives a basic tradition, a framework, of values and beliefs, that must guide our faith today. The study of church history helps us to develop that basic framework.

It was a second-century pastor that complained that the heretics of his day read the same Bible as he did, yet they twist it into something else. He equated it someone taking a beautiful picture of a king constructed with precious jewels and rearranging those jewels so that the picture now resembles a dog.[{4}](#) We would contest ruining such a beautiful piece of art! This is exactly what happens when the beauty of the Bible is misinterpreted. To keep that from happening, we must study church history and find out what the precious jewels actually are that construct the beauty of the Bible.

Church History Demonstrates the Working of God

We have listed four reasons to study church history: it helps answering questions, it presents a faith that is deep and wide, it delineates what is important, and it helps us to interpret the Bible. The fifth reason why we should study church history is that it demonstrates the working of God. More specifically, it gives evidence that the Holy Spirit is working through and among His people, the church of God. It is the same Spirit that was working in that early Christian community that is still at work today in the community of faith. In other words, history provides a further resource for

understanding the movement of God in the entire community of faith. We affirm that there is continuity between the early Christian community and the community today, because we serve one God and are the one people of that God. Hence, every sector of church history is valuable, because it is the same Spirit moving through every stage of history. Church history is His story and it tells of God's faithfulness to the community of believers as they have carried forth His truth and have given animation to His character. Just as Christ is the image of the invisible God, the church, through the Son and by the Spirit, is also the image of the invisible God. Church history is the story of how the community reflects that invisible God.

This is the concept that brings all the others into a connected whole. The reason why studying church history can provide answers to crucial questions of faith is due to the fact that the Spirit has been moving in the hearts of men and women down throughout history, aiding them in their questions of faith and the fruit of that work has been preserved for us today. The reason why studying church history can show us what is important to the faith is because the Spirit has been at work guiding the church into truth. The reason why studying church history can help us interpret the Bible is because the Spirit has illuminated the path for understanding the Bible for centuries. This is what is fascinating about church history: it is a study of His Story. He is there, just as Jesus said He would be. Remember it was Jesus who said that He was going away, but that He would send a Comforter. And this One would guide us in all truth. Church history is the story of that illuminated path where the God of the church guides His people into all truth. History is where He is.

Notes

1. Alister McGrath, "The State of the Church Before the Reformation" in *Modern Reformation* [January/February 1994]: 11.

2. John D. Hannah, "Notes on the Church to the Modern Era" (Dallas: Dallas Theological Seminary), 2.
3. Stanley Grenz and Roger Olson, *Who Needs Theology* (Downers Grove, IL: InterVarsity Press, 1996), 73.
4. This is a metaphor presented by Irenaeus in *Against Heresies*, 1.8.1.

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Spiritual Life and the Kingdom of God

Tom Davis explores how recovering the practice of classic spiritual disciplines can enhance believers' relationship with God and our impact on the world around us.

There is a loss of spiritual knowledge of the truth of Christianity and how we live in light of that truth. This loss of spiritual knowledge is the result of shifts in cultural attitudes toward faith, happiness, ethics, freedom, and tolerance. The answer to the loss of spiritual knowledge is a return to the practice of spiritual disciplines. After examining the benefits of suffering and the disciplines of study, prayer, and fasting, I will show how these disciplines restore spiritual knowledge in society.

Loss of Spirituality

Today's society is in spiritual turmoil. Most people are not knowledgeable about spiritual things. The National Study of Youth and Religion indicates that the Church has become less influential in the lives of people. The effects of modernity and post modernity have created a popular culture that is

suspicious of any claim to objective religious knowledge and any idea of an authoritative source of information concerning spiritual issues. Christian Smith writes, “In this culture religion lost, at least in theory, any remaining principled, authoritative standing to make truth claims that it has enjoyed in previous eras of history.”[\[1\]](#)

Basically, this means that most people have adopted a mindset that says, “You can’t know anything for sure about religion. And if you think you do, you’re an arrogant bigot.”

Five Steps to Spiritual Death

In his book, *Kingdom Triangle*, Biola professor and theologian J.P. Moreland claims that there are five cultural shifts that have contributed to today’s state of spirituality in the culture. The first shift separates knowledge from faith.[\[2\]](#) All spiritual beliefs are considered valid because they are not real knowledge. Many people think that all religions lead to the same God. They say that we should not criticize other religions because they call God by a different name or hold different theological beliefs. These things are a matter of faith, not knowledge. This kind of attitude relegates all things spiritual to the subjective arena of faith. The things of the spirit are relegated to the “upper story” of faith. Real knowledge only exists in the “lower story” of the academic disciplines.[\[3\]](#) The result of this view of faith is that spirituality becomes something that is neither true nor false. Separating faith and knowledge ultimately leads to a denial of spiritual truth.

The second shift is the definition of happiness.[\[4\]](#) In the Bible happiness is portrayed as part of a right relationship with God. To live the good life meant that a person had intellectual and moral virtue. God created people to live well according to what they were created to be. J.P. Moreland explains, “So understood, happiness involves suffering, endurance, and patience because these are important means to

becoming a good person.”{5} The pressure of modernism and postmodernism has changed this view. Happiness is now associated with pleasure. Television commercials promise to deliver happiness through the next fad diet that will increase your sex appeal. Male enhancement drugs promise to give men happiness by giving them back their youth and an increased sex drive. Happiness can be achieved by buying the newest car, toy, accessory, or a trip to an exotic place or amusement park. The good life now means having fun and collecting things so that you can feel good.

The third shift that Moreland notes is a shift from duty and virtue in morality to a minimalist view of ethics.{6} Previously, moral knowledge was viewed as an objective set of propositions about right or wrong, or good and evil. It used to be that everyone would agree it was always wrong to torture and kill small children. Now moral knowledge is viewed as subjective feelings or opinions. This change can be seen if we look at the language we use when making moral statements. People used to say things like, “I know,” or “I think that this is the right thing to do.” Now we say, “I felt that it was right for me to do this.”

Duty to one’s society used to be viewed as an essential part of a moral life. People were expected to help their neighbor. If an old lady was trying to cross the street, young men were expected to help her. Now, as long as they do not push the old lady into traffic, or rob her, the young men are considered to be moral. This change is the result of culture. People are no longer expected to contribute to their society. As long as people are not hurting anyone else, they are now considered to be moral. This view of morality changes a person’s view of life. Life is now about having the most fun without harming anyone. Life used to be about living for something bigger than the individual. People used to live for God and country. Now people live for themselves and their own pleasure.

The fourth shift is in how people view freedom.{7} Freedom

used to mean that people could live the way they ought to live. People were free to do what was right without government interference. Now freedom means the right of people to do what they want, when they want. Popular culture says that as long as you do not hurt anyone you can do what you want.

The last shift that Moreland notes is a shift in the meaning of tolerance.^[8] Classic tolerance is when people will allow others to be, do, or believe differently than they do, even though one person thinks that the view of another person is wrong. People were allowed to critique the views of other people, but respect for the other person was still maintained. Contemporary tolerance is the view that people are not allowed to critique another person's beliefs. People are no longer allowed to say that someone is wrong. This attitude ends all public discussion. Every idea must be tolerated, except ideas that claim that other ideas are wrong. Ironically, the new tolerance fails its own definition of tolerance because they do not tolerate intolerance.

Returning to Spiritual Health

The popular culture has raised five strongholds against the knowledge of God: separation of faith and knowledge, a self-centered view of happiness, a minimal view of ethics, a new view of freedom, and a new view of tolerance. How are Christians to respond to this? Paul writes, "For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. We destroy arguments and every lofty opinion raised against the knowledge of God and take every thought captive to obey Christ" (2 Corinthians 10:4-5). Christians must recapture our spiritual disciplines.

Theology, the Intellect, and Spirituality

The first thing that needs to be addressed is that Christians need a renewed interest in theology. J. I. Packer, while discussing the influence of the Puritans in his life, writes, "All theology is also spirituality, in the sense that it has

an influence, good or bad, positive or negative, on its recipient's relationship or lack of relationship to God." [{9}](#) Theology comes from two Greek words. *Theos* is the Greek word for God; *logos* is the Greek word for logic. Theology can be understood as the logic, or science of God. [{10}](#) Spirituality, in the Christian context, is a person's relationship with God. In order to claim to have a relationship with God a person has to have knowledge of who God is. It would be odd to have a man talk about having a relationship with a woman and then say he does not know her and has never met her. The concept of a relationship presupposes that each party in the relationship has knowledge of the other party.

The Bible and Books

An essential step to gaining spiritual knowledge is a disciplined approach to reading the Bible. Billy Graham addresses the importance of studying the Bible: "Your spiritual life needs food. What kind of food? Spiritual food. Where do you find this spiritual food? In the Bible, the Word of God." [{11}](#) Paul writes, "All Scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, so that the person of God may be proficient, equipped for every good work" (2 Timothy 3:16-17). God gave the Bible to people so that people can learn about God. By studying the Bible a person will gain knowledge about God and strengthen that person's relationship with God.

Christians should also read other books. The Bible contains essential information for salvation and knowing God. However, the Bible is not exhaustive in its knowledge. Christians can grow intellectually and spiritually by gaining knowledge about God's creation. David Naugle, head of the philosophy department at Dallas Baptist University, sums up the impact of books on his life: "I have sought and still seek to be a person of the Book and of books, that I might know God and more and more about his world in the context of faith." [{12}](#)

The study of the disciplines of theology, philosophy, the humanities, and the sciences helps people develop a coherent worldview. A worldview gives people the ability to understand the world through the corrective lens of the knowledge of God.

The medieval priest Thomas à Kempis advises, “If you would profit from it, therefore, read with humility, simplicity, and faith, and never seek a reputation for being learned. Seek willingly and listen attentively to the words of the saints; do not be displeased with the saying of the ancients, for they were not made without purpose.”[\[13\]](#) We grow intellectually and spiritually when we read the books of others. We gain insight to their wisdom. We should humbly read the books written by the ancient teachers. They left their wisdom in writing so that we can learn from them.

Suffering

Contemporary society thinks that suffering should be avoided at all costs. However, suffering can have a good outcome. Paul writes, “More than that, we rejoice in our suffering, knowing that suffering produces endurance, and endurance produces character, and character produces hope” (Romans 5:3-4). When we suffer, we can learn to endure. Our endurance produces character—that is, we mature and learn to trust God. God is the only hope that will never fail. Matthew Henry writes, “He who, being thus tried, comes forth as gold, will thereby be encouraged to hope.”[\[14\]](#) When soldiers train, they punish their body; they suffer. Their suffering in training makes them better soldiers in combat because their suffering has made them stronger and given them more endurance. As a Navy veteran, I know this is true personally.

Prayer

Prayer is the spiritual discipline of talking to God. God speaks to us in the Bible like the way people communicate through writing letters; the communication is one way. Praying is more like a discussion between two people. In prayer we get

to talk with God.

Paul told the church at Thessalonica to “pray without ceasing” (1 Thessalonians 5:17). The best way to start a disciplined prayer life is to pray every day. This is easier if we begin each day with prayer. J. P. Moreland writes, “When you get up in the morning, start off with praise and thanksgiving to God for the things you honestly appreciate about him and his dealings with you. Then lift your burdens to him until you have a sense of rest before the Lord.”[{15}](#) By beginning each day with prayer we turn our minds and our hearts toward God and His will. Each day is a new opportunity to minister to someone in need. Our prayers will give us spiritual discernment so that we can recognize those in need. Our minds will also be turned towards God and the things of heaven, and we can continue to keep these things in our minds throughout the day.

John Calvin used four rules for prayer. First, we must “have our heart and mind framed as becomes those who are entering into converse with God.”[{16}](#) We must prepare ourselves to pray. Minds that are distracted do not make for good conversation. This is no ordinary conversation. People prepare themselves for meeting with important people. We should be prepared to open our hearts and minds to God when we pray. We should be aware that we are praying to our God, but that this God loves us and wants to bring our concerns to Him. Paul writes, “Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your request be made known to God” (Philippians 4:6). We should not be anxious when praying because we know that God cares for us and can do all things. We should pray about all our concerns. Our prayers should be full of worship, thanking God for all that He has done.

One way to prepare to pray is to remember what David Naugle calls the “Three P’s.” These are “(1) my purpose, or what I would live my life for, (2) my profession, or what I would

spend my life doing, and (3) my partner, or who I would spend my life with.”[\[17\]](#) David Naugle’s “Three P’s” cover the most important decisions we will make in our lives. Our purpose fills our life with purpose. We should pray for purpose so that God will align what we want our purpose in life to be with what He wants our purpose in life to be. Our profession is where we fulfill our purpose. A car mechanic can glorify God in fulfilling his purpose to be God’s representative in the auto shop. Our spouse is our ministry partner. Husbands and wives are not separated from each other. They share each other’s joys and burdens. Praying for these things will focus our minds on what is important and orient our hearts toward living a life pleasing to God.

John Calvin’s second rule is “That in asking we must always truly feel our wants, and seriously considering that we need all the things which we ask, accompany the prayer with a sincere, no, ardent desire of obtaining them.”[\[18\]](#) Our requests should be things that we truly want or need. When we pray for the wants and needs of others, we should try to feel their desire for the request so that we can better minister to them through prayer. James tells us, “Is anyone suffering? Let him pray. Is anyone cheerful? Let him sing praise” (James 5:13). We should be honest and sincere in our requests and in our thanksgiving. A sincere prayer would be praying for a loved one to get well when they are sick. An insincere prayer might look like praying for a job promotion when you know that you have not been putting your best effort into the job.

Third, “discard all self-confidence, humbly giving God the whole glory.”[\[19\]](#) When we pray, we should realize who we are, and who God is. Jesus said, “And when you pray, you must not be like the hypocrites. For they love to stand in the synagogues and at the street corners so that they may be seen by others” (Matthew 6:5). The hypocrites’ motivation to pray in the street corners was so that people would see them and think that these people were righteous. Jesus makes this point

with more clarity in the parable of the Pharisee and the tax collector:

Two men went up into the temple to pray, one a Pharisee and one a tax collector. The Pharisee, standing by himself prayed thus: "God, I thank you that I am not like other men, extortionist, unjust, adulterers, or even like this tax collector. I fast twice a week; I 9give tithes of all that I get." But the tax collector, standing far off, would not even lift up his eyes to heaven, but beat his breast, saying, "God, be merciful to me, a sinner!" (Luke 18:10-13)

The Pharisee came to God in prayer thinking that he was righteous and better than other men. He even pointed out his fasting and tithing as if God should be impressed with these things. The tax collector was humbled in the presence of God. He would not look up to heaven because he understood that he was guilty before God. The tax collector prayed sincerely for mercy. Asking God for mercy gives God glory and humbles the person.

John Calvin's fourth rule of prayer is, "We should be animated to p-ray with the sure hope of succeeding." [{20}](#) God is all powerful, able to meet our every need. Jesus teaches this same principle, "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened" (Matthew 7:7-8). By grace we have been made children of God. If we ask, God will give us what we need. When we humble ourselves before God, He will be merciful. God knows what we need and will give us what is good for us. Jesus said, "If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him" (Matthew 7:11).

Through our prayer life we should conform to the image of God revealed in Jesus. Andrew Murry taught:

And of all the traits of a life *like Christ* there is none higher and more glorious than conformity to Him in the work that now engages Him without ceasing in the Father's presence His all-prevailing intercession. The more we abide in Him, and grow unto his likeness, will His priestly life work in us mightily, and our life become what His is, a life that ever pleads and prevails for men.[{21}](#)

Our prayers should make us more Christlike. By praying, we conform to God's will. Christ makes intercessions to the Father for us. We have the privilege of making intercessions to Christ for others.

Fasting

Dietrich Bonhoeffer writes, "Strict exercise of self-control is an essential feature of the Christian's life."[{22}](#) One way to exercise self-control is by abstinence (saying no to ourselves by not doing something we want). Fasting is one of the most difficult abstaining disciplines. Calvin defines fasting as "when we retrench somewhat from our accustomed mode of living, either for one day or a certain period, and prescribe to ourselves a stricter and severer restraint in the use of that ordinary food."[{23}](#) In short, fasting is abstaining from food for a short period of time.

Jesus taught:

When you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you (Matthew 6:16-18).

Fasting is to be done in secret. Again, Jesus points to the hypocrite, who wants to gain a reputation from his spiritual discipline. Jesus taught that people would be rewarded by not

making a spectacle out of their spirituality.

What is the goal of fasting? Augustine taught, “While we live in the temporal order, we must fast and abstain from the enjoyment of what is temporal, for the sake of the eternity in which we desire to live.”[\[24\]](#) Fasting reminds Christians that they do not depend on temporal things. God wants Christians to rely on Him to supply our needs. In a world where tight schedules are kept and frivolous distractions are available everywhere, it can be easy to forget God. Fasting emphasizes the importance of a right relationship with the world by abstaining from the sustenance of food. John Calvin lists three goals for fasting: “We use it either to mortify and subdue the flesh, that it may not wanton, or to prepare the better for prayer and holy meditation; or to give evidence of humbling ourselves before God, when we would confess our guilt before him.”[\[25\]](#) Many times the flesh (the part of us that operates independently from God, either in active rebellion or passive indifference) will want to rebel against the spirit. Fasting deprives the flesh of sustenance and weakens it. The spirit can then rule the flesh. There are times when a Christian will need to place special focus on prayer and meditation. Fasting is one way to prepare the spirit for these activities.

Reversing the Shifts

In our contemporary culture faith is viewed as being completely separate from knowledge. This faulty view originates within Christianity with the ideas of some Christian philosophers and theologians. Soren Kierkegaard saw faith as “the highest passion in a human being.”[\[26\]](#) He applies this view to Jesus: “The proofs which Scripture presents for Christ’s divinity—His miracles, His resurrection from the dead, His ascension into heaven—are therefore only for faith, that is, they are not ‘proofs,’ they have no intention of proving that all of this agrees perfectly with reason: on the contrary they would prove that it conflicts

with reason and therefore is an object of faith.”{27} Kierkegaard believed that Jesus lived and died and rose from the dead. But he thought that Jesus was unknowable through knowledge and reason. One could only know Jesus through faith, and that meant that faith was opposed to knowledge and reason.

When writing to Theophilus, Luke says, “Just as those who from the beginning were eyewitnesses and ministers of the word have delivered them to us, it seemed good to me also, to write an orderly account for you” (Luke 1:2-3). John writes “That which we have seen and heard we proclaim to you” (1 John 1:3). The New Testament authors were writing about what they knew. These men walked, talked, and ate with Christ for three years. These men knew Christ face to face. Wayne Grudem addresses the harmony of faith and reason: “Rather, saving faith is consistent with knowledge and true understanding of facts.”{28} Faith is not separate from knowledge, it is trust in knowledge.

Once the facts of the Bible are known, faith in those facts will affect how we experience happiness. Happiness defined as satisfaction of desires is an empty pointless feel-good emotion that lasts only for a moment. But the joy of God does not fade. Jesus said, “These things I have spoken to you, that my joy may be in you, and that your joy may be full” (John 15:11). Christians get joy through meditating on the things of God. Neal Anderson and Robert Saucy state that “Meditation on the Word should produce thoughts that reach our emotions.”{29} A relationship with God produces happiness, a deep well-being of the soul, that lasts. The Psalmist writes, “Let the words of my mouth and the meditations of my heart be acceptable in your sight” (Psalm 19:14). What we study and put into our minds affects our relationship with God. When we have knowledge of God then we can meditate on God. It is impossible to meditate on an object that you have no knowledge of. Meditation on the things of God brings joy.

The cultural shift to a minimalist ethic, the idea of

contemporary freedom, and the meaning of tolerance are the result of relativism's effect on the culture. Relativism is the idea that there are no objective moral values, and morality is either decided by each person or each community. There are many problems with this view. Relativism makes it impossible to criticize others. If moral truths are subjective then each person gets to decide for himself what is right or wrong. Relativism cannot place blame for wrong doings. What people do is neither right nor wrong. Right or wrong is up to each individual. Why should we expect each person to reach the same conclusion? Relativists cannot promote tolerance because any definition of tolerance is an objective definition that, if true, applies to everyone.[\[30\]](#) But if morality is objective (meaning that there are things that are right and wrong for all people at all times), then freedom cannot mean that people can do what they want when they want. People will have responsibilities. They will be free to do what is right, and they will be free to do what is wrong. Being free means that we make choices of our own volition.

Conclusion

The loss of spiritual knowledge has caused a fractured society and people who lead fractured lives. The cultural shifts are a result of people not taking spiritual knowledge seriously. Spiritual knowledge must have absolutes to provide meaning for life. Francis Schaeffer observes, "we need absolutes if our existence is to have meaning—my existence, your existence, man's existence."[\[31\]](#) Absolutes are learned by practicing the spiritual disciplines. A careful study of the Bible will bring knowledge ABOUT God; heart-surrender to Him, coupled with learning to abide in Him, will bring knowledge OF God. Prayer will keep people in touch with God. Fasting will break down the resistance of the flesh to living a spiritual life. The five shifts of contemporary culture mean death. The spiritual disciplines bring people spiritual life. True spirituality can only be found in Christ. Only meditation and learning about

Christ can return wonder to life. I pray that through spiritual disciplines we may retain the wonder of a life given to us by God.

Notes

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7. Ibid., 98-99.
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29. Neal T. Anderson, Robert L. Saucy, *The Common Made Holy* (Eugene: Harvest House, 1997), 204.
30. Francis J. Beckwith, Gregory Koukl, *Relativism: Feet Firmly Planted in Mid-Air* (Grand Rapids: Backer Books, 1998). 61-69.
31. Francis A. Schaeffer, *How Should We Then Live?* (Wheaton: Crossway Books, 205), 145.

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Dealing with Doubt in Our Christian Faith

Dr. Michael Gleghorn points out that it is not having doubts about our Christian faith that is an issue, but rather how we respond to that doubt. Attacking this issue from a biblical worldview perspective, Michael helps us understand our doubts

and respond to them as an informed Christian.

Help! My Doubts Scare Me!

Have you ever doubted your faith? We all have doubts from time to time. We may doubt that our boss *really* hit a hole-in-one at the golf course last weekend, or that our best friend *really* caught a fish as big as the one he claimed to catch, or that the strange looking guy on that late night TV show was *really* abducted by alien beings from a distant galaxy! Sometimes the things we doubt aren't really that important, but other times they are. And the more important something is to us, the more personally invested we are in it, the scarier it can be to start having doubts about it. So when Christians begin to have doubts about something as significant as the truth of their Christian faith, it's quite understandable that this might worry or even frighten them.



Reflecting on this issue in *The Case for Faith*, Lee Strobel wrote:

For many Christians, merely having doubts of any kind can be scary. They wonder whether their questions disqualify them being a follower of Christ. They feel insecure because they're not sure whether it's permissible to express uncertainty about God, Jesus, or the Bible. So they keep their questions to themselves—and inside, unanswered, they grow and fester . . . until they eventually succeed in choking out their faith.[\[1\]](#)

So what can we do if we find ourselves struggling with doubts about the truth of Christianity? Why do such doubts arise? And how can we rid ourselves of these taunting Goliaths?

First, we must always remember that sooner or later we'll probably *all* have to wrestle with doubts about our faith. As

Christian philosopher William Lane Craig observes, “Any Christian who is intellectually engaged and reflecting about his faith will inevitably face the problem of doubt.”^{2} Doubts can arise for all sorts of reasons. Sometimes they’re largely intellectual. We might doubt that the Bible is *really* inspired by God or that Jesus was *really* born of a virgin. But doubts can take other forms as well. If a person has experienced great sorrow or disappointment, such as personal wounds from family or friends, the loss of a job, a painful divorce, the death of a loved one, or the loss of health, they may be seriously tempted to doubt the goodness, love, and care of their heavenly Father.^{3}

Whenever they come and whatever form they take, we must each deal honestly with our doubts. To ignore them is to court spiritual disaster. But facing them can lead ultimately to a deeper faith. As Christian minister Lynn Anderson has said, “A faith that’s challenged by adversity or tough questions . . . is often a stronger faith in the end.”^{4}

It’s Not All in Your Head!

Sometimes people have sincere doubts about the truth of Christianity, intellectual obstacles that hinder them from placing their trust in Christ. In such cases, Christians have an obligation to respond to the person’s doubts and make a humble and thoughtful defense for the truth of Christianity. Nevertheless, as Craig observes, it’s important to realize that “doubt is never a purely intellectual problem.” Like it or not, there’s always a “spiritual dimension to the problem that must be recognized.”^{5} Because of this, sometimes a person’s objections to Christianity are really just a smokescreen, an attempt to cover up the *real* reason for their rejection of Christ, which is often an underlying moral or spiritual issue.

I once heard a story about a Christian apologist who spoke at

a university about the evidence for Christianity. Afterward, a student approached him and said, "I honestly didn't expect this to happen, but you satisfactorily answered all my objections to Christianity." The apologist was a bit startled by such a frank admission, but he quickly recovered himself and said, "Well that's great! Why not give your life to Christ right now, then?" But the student said, "No. I'm not willing to do that. I would have to change the way I'm living, and I'm just not ready to do that right now."

In this case all the student's reasons for doubting the Christian faith had, by his own admission, been satisfactorily answered. What was really holding him back were not his doubts about the truth of Christianity, but a desire to live life on his own terms. To put it bluntly, he didn't want God meddling in his affairs. He didn't want to be morally accountable to some ultimate authority. The truth is that a person's intellectual objections to Christianity are *rarely* the whole story. As Christian scholar Ravi Zacharias observed, "A man rejects God neither because of intellectual demands nor because of the scarcity of evidence. A man rejects God because of a moral resistance that refuses to admit his need for God." [\[6\]](#)

Unfortunately, Christians aren't immune to doubting their faith for similar reasons. I know of a young man who had converted to Christianity, but who's now raising various objections to it. But when one looks beneath the surface, one sees that he's currently involved in an immoral lifestyle. In order to continue living as he wants, without being unduly plagued by a guilty conscience, he must call into question the truth of Christianity. For the Bible tells him plainly that he's disobeying God. Of course, ultimately no one is immune to doubts about Christianity, so we'll now consider some ways to guard our hearts and minds.

I Believe, Help My Unbelief!

As He came down the mountain, Jesus was met by a large crowd of people. A father had brought his demon-possessed son to Jesus' disciples, but they were not able to cast the demon out. In desperation the father appealed to Jesus, "If You can do anything, take pity on us and help us!" Jesus answered, "If You can! All things are possible to him who believes." The father responded, "I do believe; help my unbelief."[\[7\]](#)

Can you identify with the father in this story? I know I can. Oftentimes as Christians we find that our faith is in precisely the same state as this father's. We genuinely believe, but we need help with our unbelief. It's always been an encouragement to me that after the father's admission of a faith mixed with doubt, Jesus nonetheless cast out the demon and healed the man's son.[\[8\]](#) But of course no Christian should be content to remain in this state. If we want to grow in our faith and rid ourselves of doubts, what are some positive steps we can take to accomplish this?

Well, in the first place, it's helpful to be familiar with the "principle of displacement." As Sue "Archimedes" Bohlin, one of my colleagues, has written:

The Bible teaches the principle of "displacement." That is, rather than trying to make thoughts shoo away, we are told to replace them with what is good, true, and perfect (Phil. 4:8). As the truth comes in the lies are displaced—much like when we fill a bathtub too full of water, and when we get in, our bodies displace the water, which flows out over the top of the tub.[\[9\]](#)

Once we grasp this principle, a number of steps for dealing with doubt quickly become evident. For one thing, we can memorize and meditate upon Scripture. We can also listen attentively to good Christian music. Paul speaks to the importance of both of these in Colossians 3:16: "Let the word

of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God.”

In addition, we can read good Christian books that provide intelligent answers to some of the questions we might be asking. Great Christian scholars have addressed almost every conceivable objection to the truth of Christianity. If you have nagging doubts about some aspect of your faith, there’s almost certainly a work of Christian scholarship that speaks to it in detail. Finally, we must never forget that this is a spiritual battle. So let’s remember to put on the full armor of God so we can stand firm in the midst of it!{10}

Faith and Reason

How can we [know if Christianity is really true?](#) Is it by reason, or evidence, or mystical experience? Dr. Craig has an answer to this question that you might find a bit surprising.{11} He distinguishes between *knowing* Christianity is true and *showing* that it’s true. Ideally, one attempts to *show* that Christianity is true with good arguments and evidence. But Craig doesn’t think that this is how we *know* our faith is true. Rather, he believes that we can *know* our faith is true because “God’s Spirit makes it evident to us that our faith is true.”{12}

Consider Paul’s statement in Romans 8:16, “The Spirit himself testifies with our spirit that we are God’s children.” Since every believer is indwelt by God’s Spirit, every believer also receives the Spirit’s testimony that he is one of God’s children. This is sometimes called the “assurance of salvation.” Dr. Craig comments on the significance of this:

Salvation entails that God exists, that Christ atoned for our sins . . . and so forth, so that if you are assured of your salvation, then you must be assured of . . . these

other truths as well. Hence, the witness of the Holy Spirit gives the believer an immediate assurance that his faith is true.{13}

Now this is remarkable. For it means we can *know* that Christianity is true, wholly apart from arguments, simply by attending to the witness of the Holy Spirit. And this is so not only for believers but for unbelievers, too. For the Spirit convicts the unbelieving world of sin, righteousness, and judgment, particularly the sin of unbelief.{14} So when we're confronted with objections to Christianity that we can't answer, we needn't worry. First, answers are usually available if one knows where to look. But second, the witness of the Spirit trumps any objections we might encounter.

Consider an illustration from the Christian philosopher Alvin Plantinga. Suppose I'm accused of stealing a document out of a colleague's office. Suppose I have a motive, an opportunity, and a history of doing such things. Suppose further that someone thought they saw me lurking around my colleague's office just before the document went missing. There's much evidence against me. But in fact, I didn't steal the document. I was on a walk at the time. Now should I doubt my innocence since the evidence is against me? Of course not! For I *know* I'm not guilty!{15}

Similarly, writes Dr. Craig, "I needn't be shaken when objections come along that I can't answer." {16} For my faith isn't ultimately based on arguments, but on the witness of God's Spirit.

Stepping into the Light

We've seen that both Christians and non-Christians can have doubts about the truth of Christianity. We've also seen that such doubts are never *just* an intellectual issue; there's *always* a spiritual dynamic that's involved as well. But since

we'll probably never be able to fully resolve every single doubt we might experience, I would like to conclude by suggesting one final way to make our doubts flee before us, much as roaches flee to their hidden lairs when one turns on the light!

In John 7:17 Jesus says, "If anyone chooses to do God's will, he will find out whether my teaching comes from God or whether I speak on my own." Here, Jesus frankly encourages us to put His teachings to the test and see for ourselves whether He really speaks for God or not. As biblical scholar Merrill Tenney comments, "Spiritual understanding is not produced solely by learning facts or procedures, but rather it depends on obedience to known truth. Obedience to God's known will develops discernment between falsehood and truth."[{17}](#) Are we *really* serious about dealing with our lingering doubts? If so, Jesus says that if we resolutely choose to do God's will, we can know if His teaching is really from God!

Sadly, however, many of us will *never* take Jesus up on His challenge. No matter how loudly we might *claim* to want to rid ourselves of doubt, the truth is that many of us just aren't *willing* to do God's will. But if you are, then Jesus says that "you will know the truth, and the truth will set you free."[{18}](#) In other words, we can know by *experience* that Jesus is from God, that His teachings are true, and that He really is who He claimed to be!

As Christian philosopher Dallas Willard observes, the issue ultimately comes down to what we *really* want:

The Bible says that if you seek God with all your heart, then you will surely find him. Surely find him. It's the person who wants to know God that God reveals himself to. And if a person doesn't want to know God—well, God has created the world and the human mind in such a way that he doesn't have to.[{19}](#)

The psalmist encourages us to “taste and see that the Lord is good.”^{20} If we do, we can know not only that God is good, but also that He exists. And even if we still have some lingering doubts and unanswered questions in the back of our minds, as we surely will, they’ll gradually fade into utter insignificance as we become more intimately acquainted with Him who loves us and who reconciled us to Himself through the death of His Son!^{21}

Notes

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3. Lynn Anderson, interviewed in Lee Strobel, *The Case for Faith*, 322.
4. Ibid., 326.
5. Craig, *Hard Questions, Real Answers*, 33.
6. Ravi Zacharias, quoted in Strobel, *The Case for Faith*, 343. See also John 3:19-21.
7. Mark 9:14-24.
8. See Mark 9:25-29.
9. Sue Bohlin, “I’m Having a Terrible Battle in My Mind,” Probe Ministries, probe.org/im-having-a-terrible-battle-in-my-mind/.
10. See Ephesians 6:10-20.
11. This section is largely just a summary of the discussion of faith and reason in Craig, *Hard Questions, Real Answers*, 35-39.
12. Ibid., 35.
13. Ibid., 36.
14. See John 16:7-11.
15. Alvin Plantinga, “The Foundations of Theism: A Reply,” *Faith and Philosophy* 3 (1986): 310; cited in Craig, *Hard Questions, Real Answers*, 38-39.
16. Ibid., 39.
17. Merrill C. Tenney, “The Gospel of John,” in *The*

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18. John 8:32.

19. Dallas Willard, quoted in Strobel, *The Case for Faith*, 352.

20. Psalm 34:8.

21. See 2 Corinthians 5:18-21.

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Spiritual Warfare – Applying A Biblical Worldview Perspective

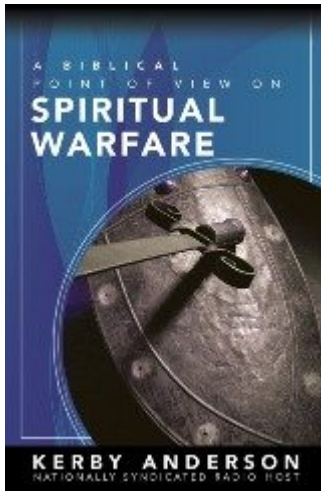
Kerby Anderson provides a concise, biblical worldview perspective on the important topic of spiritual warfare. Every Christian needs to understand that our battle is against spiritual forces not against other humans, who need Christ.

He gives us practical advice on understanding our spiritual weapons and applying them to take on the forces of Satan in this world.



Spiritual Warfare

Lots of books have been written about spiritual warfare. Most of them share anecdotes and experiences of the authors or the people they ministered to. In this article I merely want to answer the question, what is a biblical point of view on spiritual warfare? (For more information on this topic, see Kerby Anderson, [*A Biblical Point of View on Spiritual Warfare*](#) (Eugene, OR: Harvest House, 2009).



Spiritual warfare affects everyone. In fact, the day someone becomes a Christian, they are already involved in spiritual warfare. There is no place you can escape from this warfare. There are no “safe zones” or “secure bunkers” where you can hide.

Sadly, many Christians do not even know there is a spiritual war taking place around them. They may even become a spiritual casualty and never understand what has happened to them.

So many Christians have become mortally wounded in the spiritual conflict that takes place around them. They may be so emotionally spent or spiritually dead that they are essentially no longer of any use to God.

Others may have less serious wounds from this spiritual conflict, but are still affected by the battle. They still go about the Christian life but are not as effective as they could be because of the “battle scars” they carry with them.

Jesus never promised that the Christian life would be easy. In fact, He actually warned us of the opposite. He says in John 16:33 that “in this world you will have trouble.”

Anyone who takes even a brief look at the history of Christianity knows that is true. Jesus was beaten and crucified. Most of the disciples died martyrs deaths. Millions of Christians were persecuted throughout history.

Christians today suffer persecution in many lands, and all of

us wake up to a spiritual battle every day. That is why we need to be prepared for battle.

So where does this battle take place? Actually the Bible teaches that spiritual warfare takes place in various places in heaven and on earth.

First, we should remember that God dwells above in the heavens. Psalm 8:1 says that God has displayed His splendor above the heavens. Psalm 108:4-5 says God's lovingkindness is great above the heavens and that He is exalted above the heavens.

The Bible also talks about the battle in the heavens. When a passage in Scripture talks about heaven, it may be referring to one of three places: (1) The first heaven is what we would call the atmosphere, (2) The second heaven is where the angels fly and do battle (Revelation 12:4-12; 14:6-7), and (3) the third heaven is also called "Paradise" and is what Paul describes in 2 Corinthians 12: 2-4:

I know a man in Christ who fourteen years ago—whether in the body I do not know, or out of the body I do not know, God knows—such a man was caught up to the third heaven. And I know how such a man—whether in the body or apart from the body I do not know, God knows—was caught up into Paradise and heard inexpressible words, which a man is not permitted to speak.

Spiritual warfare also takes place below the heavens and on earth. This occurs on the face of the earth (Genesis 6:1; Acts 17:26) where Satan prowls like a roaring lion (1 Peter 5:8). And it will also take place in hell and the bottomless pit (Revelation 9:1-2; 20:1-3) and at the Lake of Fire (Revelation 19:20; 20:10-15) where final judgment will take place.

Spiritual Battles

Spiritual warfare is the spiritual battle that takes place in the unseen, supernatural dimension. Although it is unseen by humans, we can certainly feel its effects. And we are to battle against spiritual forces in a number of ways.

First, we need to realize that the weapons of this warfare are not human weapons fought in the flesh. Instead, they are spiritual weapons such as truth and righteousness that can tear down strongholds and philosophies that are in opposition to God.

For though we walk in the flesh, we do not war according to the flesh, for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses. We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ (2 Corinthians 10:3-5).

Second, the nature of this battle is different from an earthly battle. In Ephesians 6:12, Paul talks about the nature of this spiritual battle: "For our struggle is not against flesh and blood, but against rulers, against the powers, against the world forces of this darkness of this world, against spiritual forces of wickedness in heavenly places."

We can also have confidence because God "rescued us from the domain of darkness, and transferred us to the kingdom of His beloved Son, in whom we have redemption, the forgiveness of sins" (Colossians 1:13).

Many Christians do not like the warfare imagery in the Bible, but that is how the spiritual life is described. We need to prepare for this spiritual battle even if we would like to ignore the battle for truth and error as well as the battle for life and death that is taking place around us.

Third, the Bible tells us that to prepare for battle. We must wear the right armor and have the right weapons, which include truth, righteousness, the gospel, faith, salvation, and prayer:

Stand firm therefore, having girded your loins with truth, and having put on the breastplate of righteousness, and having shod your feet with the preparation of the gospel of peace; in addition to all, taking up the shield of faith, with which you will be able to extinguish all the flaming arrows of the evil one. And take the helmet of salvation, and the sword of the Spirit, which is the Word of God. With all prayer and petition pray at all times in the Spirit (Ephesians 6:14-18a).

The Bible also calls upon us to be strong in the Lord. We should be steadfast in our resistance to the Devil. We do this by putting on the whole armor of God and resisting Satan. Ephesians 6:10-11 says, "Finally, be strong in the Lord, and in the strength of His might. Put on the full armor of God, so that you will be able to stand against the schemes of the devil."

The Three Ws

One way to understand the nature of spiritual warfare is to consider the three Ws: our walk, our weapons, and our warfare.

First let's consider our walk. Paul says, "For though we walk in the flesh, we do not war according to the flesh" (2 Corinthians 10:3). Our war is not an earthly one but a spiritual one. So even though we do walk in the flesh, our warfare is not fleshly.

We should understand that we didn't start this war but it has been going on long before we came on the scene. For a war to exist, there must be threat from those intend to harm others.

For the battle to be successful, those who are threatened must be willing to stand up and fight. Many wars have been lost because good people refused to fight. And many Christians believe that the reason Satan has been so successful in the world is because either (1) Christians have been unwilling to fight, or (2) Christians have not even been aware that there is a spiritual battle.

The second W is our weapons. Paul also teaches, “for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses” (2 Corinthians 10:4). One of the most important weapons of our warfare is the Word of God. Paul calls it the “Sword of the Spirit” (Ephesians 6:17).

We are also instructed to wear armor before we go into battle (Ephesians 6). We are to gird our loins with truth (vs. 14a). That means we need to define the truth, defend the truth, and spread the truth. We are also to wear the breastplate of righteousness (vs. 14b). That means we are to rely on the righteousness of Jesus and live holy and righteous lives. We are also to take up the shield of faith (vs. 16). When we have bold faith, we are able to extinguish all the flaming arrows of Satan. And we are to take the helmet of salvation (vs. 17). We need to be assured of our salvation and stand firm in that assurance.

The third W is our warfare. What is the goal of spiritual warfare? Paul says, “We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ” (2 Corinthians 10:5). We cannot fight this war with physical weapons because our targets are not physical. They are intellectual and spiritual. So we cannot fight them with guns or planes or bombs.

The word “speculations” (which is sometimes translated “imagination”) refers to the mind. It includes our thoughts

and our reflections. So we should challenge the false ideas that Satan has encouraged in the world by countering unbiblical speculations and proclaiming God's truth.

The World, the Flesh, and the Devil

How does spiritual warfare affect us?

When the New Testament uses the term "world," most of the time it is a translation from the word *kosmos*. Sometimes it can mean simply the planet earth (John 1:10; Acts 17:24). But when we talk about the influence of the world on our spiritual life and on our souls, we are talking about the worldly system in which we live. This world system involves culture and philosophy that is ultimately in opposition to God. That doesn't mean that everyone is evil or that the world's system is filled with nothing but error. But it does mean that the world can have a negative influence on our souls.

Paul warns not to be conformed to this world (Romans 12:1). He also warns us not to let our hearts and minds be taken captive to these false ideas: "See to it that no one takes you captive through philosophy and empty deception, according to the tradition of men, according to the elementary principles of the world, rather than according to Christ" (Colossians 2:8).

The Bible teaches that many temptations come from the world's system. We read in 1 John 2:15-16, "Do not love the world nor the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, is not from the Father, but is from the world."

The second influence is the flesh. Like our previous term, the word flesh can have different meanings. Sometimes it merely refers to our body: our flesh and bones (Luke 24:39; Acts 2:26). In this context, however, flesh is a second area of temptation and thus an important instrument of sin. We see

this in the fact that we are born with a sin nature (Romans 7:14-24; 8:5-9). It is part of our bodies (Romans 7:25; 1 John 1:8-10) even after we have accepted Jesus Christ. But the good news is that its power over us has been broken (Romans 6:1-14) so that we can have victory over sin (Romans 8:1-4).

A third influence is the Devil. The ruler and mastermind behind the world's system is Satan. He can use the various distractions of the world's system to draw us into sin, temptation, and worldliness. We read in 1 John 2:15 that "If any one loves the world, the love of the Father is not in him." So the Devil can use the world to turn our affections from God to the world.

Satan can also attack us through our flesh. He can entice our flesh with various temptations. We read in 1 John 2:16 that "For all that is in the world, the lust of the flesh, the lust of the eyes, and the boastful pride of life, is not from the Father, but is from the world." He can draw our attention away from God by manipulating the desires of the flesh.

Spiritual Weapons

The weapons of our warfare are spiritual because the battle we are fighting is spiritual. Paul clearly states this in Ephesians 6:12: "For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places." This is a spiritual battle that takes place in the heavenly places.

We should also realize that we are not warring against flesh and blood but against a spiritual enemy. So even though we might be tempted to think that people are our real enemy, our real enemy is Satan and his demons. People are merely pawns in the heavenly chess game being played out in our lives and in our world.

Paul tells us that “though we walk in the flesh, we do not war according to the flesh, for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses” (2 Corinthians 10:3-4). So what are those weapons? It is interesting that Paul does not give a list to those who he is writing to in the church in Corinth. Therefore, we must assume that they were already aware of what those weapons are based on other letters Paul wrote to the various churches.

One obvious weapon is the weapon of truth. Believers are given insight into both the earthly realm and the heavenly realm because of what has been revealed in Scripture. We know what is behind the forces we wrestle with (Ephesians 6:12).

Another weapon is love. In fact, the Bible links truth with love (“speaking the truth in love” –Ephesians 4:15). Love is also a very powerful weapon in this spiritual warfare that we encounter. We should not approach people with anger or judgmentalism. But we must understand how important love is in dealing with others (1 Corinthians 13).

A third weapon is faith. Faith is defined as “the assurance of things hoped for, the conviction of things not seen” (Hebrews 11:1). Notice that faith is a conviction of things that are not seen. This is an important attribute since spiritual warfare is an invisible war. Faith is the recognition of this invisible world and the confidence that God is still in control.

And a very important weapon is prayer. We are told in 1 Thessalonians 5:17 to pray continually (some translations say to pray without ceasing). We are exhorted to pray about the circumstances we encounter and to use prayer as a weapon in our spiritual battle. When Paul talks about Christians putting on the armor to fight spiritual battles, he says that “with all prayer and petition” we are to “pray at all times in the Spirit” (Ephesians 6:18).

What's Your Superpower?

If you could choose a superpower, which one would it be? When asked this question as an icebreaker, I've heard some people say they'd love to fly; others say they would choose mindreading. Some would love to be invisible.

But for the believer in Jesus, the idea of having superpowers isn't a fantasy.

It is the *reality* of being indwelt by God Himself, the source of actual and real supernatural power. And He gives gifts, spiritual gifts, that consist of supernatural enabling. We find the spiritual gifts in four places in the New Testament: 1 Corinthians 12 and Romans 12, Ephesians 4 and 1 Peter 4.

Consider these spiritual gifts—superpowers, if you will—given by the Holy Spirit to allow His people to minister to others:

Teaching – The supernatural ability to explain clearly and apply effectively the truth of the Word of God.

Pastor/Teacher – One who is supernaturally equipped to shepherd and feed the flock of God with the result of their growth and maturity.

Evangelism – The supernatural capacity to present the gospel

message with exceptional clarity and an overwhelming burden for those who don't know Christ.

Word of Knowledge – The supernatural ability to receive information and truth directly from God without natural means. To know without knowing how you know.

Word of Wisdom – The supernatural ability to have insight concerning God's perspective and relay this insight succinctly to others. "Deep insight with handles."

Faith – The supernatural ability to believe God for the impossible.

Exhortation (Encouragement) – The supernatural ability to come alongside and help others by comforting, encouraging, challenging, and rebuking.

Showing Mercy – The supernatural ability to minister compassionately and cheerfully to those who are difficult to minister to.

Giving – The supernatural ability to give of one's material goods to the work of the Lord consistently, generously, sacrificially, with wisdom and cheerfulness.

Leadership/Administration – The supernatural ability to organize and lead projects while handling people tactfully and providing the vision to keep them at the task.

Service – The supernatural ability to serve faithfully and joyfully behind the scenes, in practical ways, in long-term commitments to service.

Helps – The supernatural ability to minister joyfully to God's people in short-term service with flexibility and sensitivity to what needs to be done.

Discernment of Spirits – A supernatural ability to distinguish between the spirit of truth and spirit of error, between holiness and evil. Can instantly sniff out when someone's a phony or lying.

My husband and I created a list of diagnostic questions to help people find their superpowers, which you can find here: www.probe.org/how-do-you-determine-your-spiritual-gift/

Flying and mind-reading aren't on our list, but you might find your superpower here!

This blog post originally appeared at blogs.bible.org/engage/sue_bohlin/whats_your_superpower on Apr. 4, 2017.

The Tug of War of Reason and Faith in C.S. Lewis's Favorite Novel

Byron Barlowe examines the timeless battle between reason and faith in C.S. Lewis's novel—his favorite—Till We Have Faces. Are they mutually exclusive or can they balance one another? How do we reconcile them? “To rationally look at love and logic and to gaze along, to creatively depict and model its living out, may soon be all that is left to us to reach a new

generation.”

“You think the gods have sent you there? All lies of priests and poets, child . . . The god within you is the god you should obey: reason, calmness, self-discipline.”

– The Fox, Greek tutor in *Till We Have Faces* [\[1\]](#)

“Heaven forbid we should work [the garden of our human nature] in the spirit of . . . Stoics . . . We know very well that what we are hacking and pruning is big with a splendour and vitality which our rational will could never of itself have supplied. To liberate that splendour, to let it become fully what it is trying to be, to have tall trees instead of scrubby tangles, and sweet apples instead of crabs, is part of our purpose.”

– C.S. Lewis, *The Four Loves* [\[2\]](#)

A strong relationship between C.S. Lewis’s conceptions of Contemplation and Enjoyment persists throughout his novel *Till We Have Faces*. It seems most fruitful for today’s apologist to examine two primary characters’ relationship to the concepts in this way: the Greek slave-tutor known as the Fox, represents cold, hard, factual rationality which grudgingly gives a nod to the divine, but only in a limited, controlling way. He represents Stoicism more than any other school of thought. Meanwhile, the barbarian-pagan Priest of the god Ungit represents a less worldly wise, more mysterious and superstitious faith, rooted in earthy experience (fertility rites, blood sacrifice, etc.). Either worldview can limit human nature, truth and meaning. The Greek-infused contemplative life-view (nowadays seen most strongly in Modernism and its irreligious pupils), largely eschews the heartfelt experience of the latter, while the latter’s religiosity often dismisses the thoughtful, discerning caution

of the former. This artificially strict dichotomy and lack of balance shows forth at every turn in the Church today, creating a blindly loyal fideism with few answers for contemplative questions; or we see, in an overcorrection, a clinical, spiritless, formulaic religion of pure reason. The former, an unreflective *modus operandi*, chills—and according to testimonies of many apostates and atheists, creates—skeptics, who much like the Fox, seizing on pure reason, ceaselessly explain away the immaterial and numinous. In doing so they, like the Fox's star student Orual, act as plaintiffs against God or the gods. One apologist recently found that nearly all the young men he surveyed who serve as leaders of college atheist/agnostic groups in the U.S. were raised in church and attended Christian youth groups. Given the ubiquity of broken families, where little love borne of God-given freedom exists—much like the main character Orual's situation—and know-nothing, superstitious Christians, it is no wonder that a mass exodus of youth from the Church continues. One antidote to the current state of imbalance of Contemplation (reasoned examination toward applied wisdom) and Enjoyed faith (in Lewis's sense, experientially realized) may be to use and model the dual approach of Lewis's *The Four Loves* alongside *Till We Have Faces*. To rationally look at love and logic and to gaze along, to creatively depict and model its living out, may soon be all that is left to us to reach a new generation.

In the mythic *Till We Have Faces*, which we will discuss here, the dual (and often dueling) dynamics of reason (often couched in secularized religion) versus mystical religion (often superstitious) interplay in various characters. It may help to explore these chief characters Lewis creates to embody the story of clashing worlds and worldviews, as well as the Fox's prize student, Orual. Meanwhile, we will briefly attempt to apply the lessons Lewis teaches apologists into the modern milieu.

First, Lewis revealed the predominant worldview, the Fox's philosophy, early in the novel as he tutored Orual. His Platonic views were summarized thus, "'No man can be an exile if he remembers that all the world is one city,' and 'Everything is as good or bad as our opinion makes it.'" [3] As a well-taught classical Greek, he sets out to import real learning into the barbarian kingdom to which he is enslaved. Orual admired her "grandfather's" constant quest for knowledge and carried on his tendency to question, Socratically, all that went on. Yet, since her dear Fox, always the philosopher, seemed "ashamed of loving poetry ('All folly, my child'), she overachieves in philosophy to "get a poem out of him." [4] Foretelling the dismissiveness and globalizing of the numinous by today's naturalistic thinkers, the Fox scoffs at surpranatural / supernatural explanations with a curt, "these things come about by natural causes." [5] In an ancient instance of positive-mental-attitude-laced freethinking, he lectures, "we must learn, child, not to fear anything that nature brings." [6] When Orual's sister Psyche goes about ostensibly healing the townspeople, and Orual asks about the validity of the claims, Fox the Naturalist characteristically keeps the options limited but somewhat open. "It might be in accordance with nature that some hands can heal. Who knows?" [7] Herein lies a bit of epistemic humility, somewhat disingenuous it seems, something this writer detects quite a lot among materialist-naturalists.

The Fox's framework of Platonic forms emerges in his assessment of Psyche's ethereal beauty, "delight[ing] to say, she was 'according to nature'; what every woman, or even every thing, ought to have been and meant to be, but had missed by some trip of chance." [8] While talk of gods peppered his language ("Ah, Zeus" and "by the gods"—more than curses?), fate seems to drive the universe's cause and effect. He considers suicide and opines about returning to the elements in death, fatefully acquiescing, to which Orual beseeches, "But, Grandfather, do you really *in your heart* believe nothing

of what is said about the gods and Those Below? But you do . . . you are trembling.” His Gnostic-tinged response: the body fails me. I am a fool, being trapped in it so long.[\[9\]](#) From what little the writer knows of Greek theology, its progeny thrives in and out of the Church today as an admixture of practical atheism, pantheism and pragmatism. Lewis sneaks in the side door of the skeptical fortress by characterizing so strongly the Fox, whose loving humanity belies his deadening philosophy. If Lewis’s retelling of ancient myth can be refashioned again, or better, simply read, truth and meaning may get through.

On the second worldview, Lewis sets forth the theme of a grounding darkness, holy and otherworldly, chiefly through the pagan Priest of the local goddess Ungit. The Priest served as prophet, harbinger of judgment. He repeats the warning of Ungit’s all-hearing ears and vengefulness to the irreligious king on two occasions[\[10\]](#) He carries out shadowy, ancient rituals without explanation and in dark places, sticky with blood offerings. Even outside the dank and sacred temple, “every hour the Priest of Ungit walked around [the sacred fire],” narrates Orual, “and threw in the proper things.”[\[11\]](#) Throughout, Lewis equates the *holy* with the mysterious, the hidden and darkened. Divine silence, corresponding to the biblical God’s hiddenness and holiness, presents as a major theme of *Till We Have Faces*. The Priest offers few and brief explanations.[\[12\]](#) The god judging Orual in the afterlife allows her lifelong complaints to speak for themselves. Her resultant epiphany balances the equation between reason and religion, witty words and wordless (if corrupted) wisdom, and reconciles the silence: “I saw well why the gods do not speak to us openly, nor let us answer. Till that word [of inner secret] can be dug out of us, why should they hear the babble we think we mean?”[\[13\]](#) These characters serve as foils for one another, a creative way to tie Modern rationalism to man’s inexorable and entirely unnatural acknowledgment of both the spiritual, or numinous and the moral law.

Sixteen years previous, Lewis had published *The Problem of Pain*, wherein he explores this undeniable yet insanely irrational or rather supernaturally revealed sense of numinous awe and moral law inherent in every man and culture. As if foreshadowing the clash of worldviews in discussion, Lewis writes, "Man . . . can close his spiritual eyes against the Numinous, if he is prepared to part company with half the great poets and prophets of his race, with his own childhood, with the richness and depth of uninhibited experience [the Fox, to a high degree, or] . . . He can refuse to identify the Numinous with the righteous, and remain a barbarian, worshipping sexuality, or the dead, or the life force, or the future [the old Priest]." [\[14\]](#) The concepts of Contemplation and Enjoyment intertwine through a scholar and a man of the altar, through the gods and humans alike. In life and in myth, "men, and gods, flow in and out and mingle." [\[15\]](#)

The Fox's and Priest's views of one another and each other's worldview clashed like contemporary apologetic debates. The Fox saw the Priest's work as "mischief" [\[16\]](#) and nonsense. "A child of six would talk more sense" was the Fox's response to the apparent contradictions of the Priestly doctrines regarding the Great Offering. [\[17\]](#) Contrarily, the Priest reflexively dismisses the Fox's Greek wisdom. According to Orual, "like all sacred matters, [a sacred, acted ritual] is and it is not (so that it was easy for the Fox to show its manifold contradictions)." [\[18\]](#) Yet, "even Stoicism finds itself willy-nilly bowing the knee to God." [\[19\]](#) The Fox at times let down his learned persona, evidencing the axiom that man is inherently religious. Yes, he gave a regular nod to the gods, and at the birth of Orual's sister Psyche he says wistfully, almost wishfully, "Now by all the gods . . . I could almost believe that there really is divine blood in your family." Though his comment regards the family bloodline, one picks up here and elsewhere a religious man, who then quickly covers the sentiment with appeals to reason, even rationalization. Such characterization seems both

autobiographical on Lewis's part and testimony to his many dealings with materialist, humanist, secularist, liberal Christian, and unbelieving scholars and laymen.

The Priest's mythical, experiential religious conviction versus the Fox's worldly wisdom weaves itself through a climactic showdown. A death sentence falls on Psyche as the Accursed, to be offered to the goddess Ungit. (Here is the clash of wills between man and the divine in a crisis of state and religion so often seen in history.[\[20\]](#)) "Ungit will be avenged. It's not a bull or ram [sacrifice] that will quiet her now," pronounces the Priest.[\[21\]](#) He mentions "the Brute," who legend says will take away the human sacrifice. In classic rational fashion, the King challenges, "Who has ever seen this Brute . . . What is it like, eh?" In this moment, the Fox presents himself as the King's counsellor, living out his reasonable *raison d'être*. Prosecution-style, he determines that the Brute only exists as an image, a shadow, six-year-old nonsense. The Priest dismisses this as "the wisdom of the Greeks," and seeks the peoples' fear as a fallback position. (Interestingly, many who either believe in or dismiss the supernatural and mystical seek strength in numbers, popular opinion to make their case, which is no argument at all.) The high stakes exchange illustrates the gravity and consequences of the age-old clash. If religion is to be followed, it must be regulated by reason; if reason is to properly play its part, it must bow to realities beyond its grasp.

The Priest and Fox provide an extremely stark contrast of views during this conflict. The Fox presents a compare-and-contrast list of the Priest's teachings, revealing what he believes defies the Law of Non-Contradiction.[\[22\]](#) The Priest first responds to the abstractions by appeal to concrete realities. Greek wisdom "brings no rain and grows no corn." He portrays such constricting logic as unable to offer "understanding of holy things . . . demand[ing] to see such things clearly, as if the gods were no more than letters

written in a book . . . nothing," he continues, "that is said clearly [about the gods] can be said truly about them . . . Holy wisdom is not clear and thin like water, but thick and dark like blood." [23] The apologist cannot help but think of the frustration of trying to communicate the mysterious paradoxes of spiritual truth and meaning to skeptics who demand only linear logic from a naturalist point of view. (The Fox continually appeals to "the Nature of things" and says "according to Nature.") One must also guard against becoming Fox-like, limiting inquiry and explanation merely to that accessible to the physical senses and human reason. Either philosopher or accommodating priest / poet can make that mistake; via their opposite approaches, whether overly from man's reason or God's assumed reasons, deny the paradoxes of reality.

Ironically, Orual's conversion to real belief in the numinous—halting and years-long—begins during this fight. Though she'd "have hanged the Priest and made the Fox a king" if she could, she realized the power lay in the Priest's position. [24] Her convincing comes in a climactic moment, when pressed at literal knifepoint to stop prophesying the unwelcome judgment, the Priest shows unearthly peace, calm, and indeed a willingness to die. "While I have breath," he intoned, "I am Ungit's voice." Resolute and full of faith at death's door, his was evidence beyond reason, much as the testimony of Christ's Apostles in their martyrdoms. This was not lost on Orual, who narrates, "The Fox had taught me to think—at any rate to speak of—the Priest as of a mere schemer and a politic man" who pretended and said whatever would provide him power or gain, in Ungit's name. [25] The Fox's prize student now saw through personal experience—the kind he taught her to guard against—that the Priest was sincere unto death. "He was sure of Ungit." [26] He may have been mistaken or misled, but he did not pretend. One of the modern apologist's greatest arguments is a convinced life and a faith, well-tested, sometimes right in front of the skeptic.

The ultimate witness: a life and death scenario.

After a lifetime, in the afterlife, the Fox repents of his constraints and biases of the supernatural and religious. In this, Lewis communicates a truth applicable today. "I taught [Orual], as men teach a parrot, to say 'Lies of poets,' and 'Ungit's a false image.' . . . I never told her why the old Priest got something from the dark House [of Ungit] that I never got from my trim sentences . . . I made her think a prattle of maxims would do, all thin and clear as water." [\[27\]](#) How like so many testimonies of those who, in our day, come to Christ after years of dismissing and rationally ruling out the reality of the transcendent. Words are cheap and book knowledge only gets one so far, the Fox admits. What a mirror of teachers who lead people of faith away from that which requires revelation using smart-sounding verbiage. Hence, for those enamored with the Richard Dawkinses of our time, a reading of this novel may be the foxiest way of all to reach them.

Orual is a product of her own Need-Love [\[28\]](#), which is serviced alternately by her Fox-taught Greek rationalism and belief in humanoid gods, whom she thinks she can control. As a young woman being flirted with by a prince on the lam, she characteristically staunches true emotions. "I had a fool's wish to lengthen" the encounter, she says. "But I came to my senses." On her odyssey to save her sister from a supposedly evil god, Orual blocks every sentiment with controlling motherly logic, eschewing all glimpses of and desires for the divine. She chooses to outwit the gods. She ends up the pawn in the hands of the gods, however gracious, that she fancied to be her equals.

The Orual-Queen-Psyche's-twin character spends a lifetime employing Greek wisdom learned under the Fox to seek out life's mysteries of human and divine relations, up to the bittersweet end, constantly denouncing the gods for the woes she experiences. Face to face with divinity, her bitter hiding

reveals her glorious humanity. Now, true-faced, she is free. Up until then the helpless, yet defiantly and impressively skillful independence she exhibits as a mothering sister, and later as regent, so well illustrate fallen human defiance of the true God of the Bible, seen most vividly in well-educated apostates and atheists today. Those unbelievers, consumed by angry confusion regarding suffering and life's seeming futilities, should find both empathy and resolution in this novel.[\[29\]](#) While doing excellently (in human terms) for a lifetime, as Orual did, one can still deny the existence of the divine while cursing the god's or God's supposed effects on mere mortals. Orual's torturous private thought life increasingly revealed her sin nature, which she turned back into ravings against the fate of the gods. Control was her only weapon, until the deaths of all who propped up her life and kingdom, and until visions of her corrupted affections forced humility upon her. Such desperate machinations to live a meaningful life in the face of deadening routine punctuated by tragedy, in turn, raises the biggest questions of life: Why are we here? Are we mere mortals or eternal beings with a destiny? If the latter, what or who determines our fate—is there really meaningful choice or only divine whim or something else? Lewis creates multi-layered characters who live out the quest for ultimate answers.

In another resolution of sorts, the myth comes full circle through the Fox and priesthood back to Greece. Arnom, the new Priest of Ungit, adds a notation on Orual's book (at our novel's end) entreating anyone travelling to Greece to take it there,[\[30\]](#) which may ironically imply that the barbarians had something to teach the world's greatest philosophers. Likelier, Arnom, who put himself under the tutelage of the Fox, meant to dedicate the Queen's life saga to a greater civilization. Is this a symbolic merging and maturing of the two schools of thought and faith? A reference to Arnom as "priest of Aphrodite," likely indicates his fuller "Greekification." Whether this change was for ill, good or

neutral is hard to say. Perhaps the former priest of the crude barbarian goddess Ungit was effectively sending a message, as if to preach: "To those in Greece, supreme land of learning and reason, place of the gods of the philosophers, we commend you this account of a Being beyond description who revealed our Queen's aching fallenness, journey into redemption, and glorified revelation as a goddess in her own right." This writer's weak grasp of Greek mythology and theology notwithstanding, it seems clear Lewis offers much resolution of reason and religion, of the contemplative and the Enjoyed, however incomplete it must naturally be.

[\[1\]](#) C.S. Lewis, *Till We Have Faces*, (San Diego and New York: A Harvest Book / Harcourt, 1956), 302-303.

[\[2\]](#) C.S. Lewis, *The Four Loves*, (San Diego and New York: A Harvest Book / Harcourt, 1960), 117.

[\[3\]](#) Lewis, *Till We Have Faces*, 7.

[\[4\]](#) Ibid., 8.

[\[5\]](#) Ibid., 10.

[\[6\]](#) Ibid., 14.

[\[7\]](#) Ibid., 31

[\[8\]](#) Ibid., 22.

[\[9\]](#) Ibid., 17-18.

[\[10\]](#) Ibid., 15,54.

[\[11\]](#) Ibid., 14.

[\[12\]](#) Ibid., 15-16, etc.

[\[13\]](#) Ibid., 293-294.

[\[14\]](#) Lewis, *The Problem of Pain* (New York: HarperCollins,

1940), 14-15.

[15] Lewis, *Till We Have Faces*, 301.

[16] Ibid., 33.

[17] Ibid., 49.

[18] Ibid., 268.

[19] Lewis, *The Problem of Pain*, 13.

[20] From the little the writer knows of Plato's *Republic*, there seem to be echoes of it here in the Fox's views. Worth exploring.

[21] Lewis, *Till We Have Faces*, 46.

[22] Ibid., 49-50.

[23] Ibid., 50.

[24] Ibid., 51.

[25] Ibid., 54.

[26] Ibid.

[27] Ibid., 295.

[28] Lewis, *The Four Loves*, chapter 2 ("Affection").

[29] The writer plans to use the novel and its contemplative companion, *The Four Loves*, to reach out to a struggling apostate with mother issues on both sides of her adoption.

[30] Lewis, *Till We Have Faces*, 308-309.

Emerging Adults and the Future of Faith in America

Steve Cable looks at the results of the National Study on Youth and Religion and concludes the real need for evangelicals in America is not redirecting a pent-up spiritual interest into orthodox Christianity, or overcoming an emotional aversion to organized religion, but instead, demonstrating that spiritual issues are worthy of any real attention at all.

This article examines the trajectory of Christianity in America by looking at what researchers are learning about “the religious and spiritual lives of emerging adults.” This last phrase is the subtitle of a recent book by Christian Smith and Patricia Snell which summarizes the results of a groundbreaking study based on the results of the National Study of Youth and Religion (NYSR).[\[1\]](#) In 2002/3, Smith and his team surveyed over three thousand teenagers and conducted detailed interviews with over 250 of the survey respondents. These same people were surveyed again in 2005 and again in 2007/8. The 2007/8 survey also included over 230 in-depth interviews. Through this effort, we can gain insight not only into the current beliefs and practices of these young adults but also how those beliefs and practices have changed over the five year transition from teenager to young adult.

Emerging Adults: A New Life Stage

These 18- to 23-year-olds represent the future leaders of our nation and our churches and will be the parents of the children who will lead America into the second half of the twenty-first century. Barring a major change in our culture, their attitudes toward Christianity are a preview of the role of Christianity in America in the near future. Those of us

committed to Jesus' Great Commission should recognize the importance of understanding these cultural trends so that we effectively communicate the truth of the gospel to an increasingly confused culture.

Let's begin by highlighting a few aspects of the culture which shape the thinking and actions of these young adults. The first point that Smith and Snell make is that a new life phase has developed in American culture. The experience of young Americans as they age from 18 to 30 is much different today than during most of the twentieth century. Full adulthood "is culturally defined as the end of schooling, a stable career job, financial independence, and new family formation."[\[2\]](#) Four factors have contributed to making the transition to full adulthood an extended, complex process:

- 1. the dramatic growth in higher education*
- 2. the delay of marriage*
- 3. the expectation of an unstable career*
- 4. the willingness of parents to extend support well into their children's twenties*

Because of these factors, most young adults assume that they will go through an extended period of transition, trying different life experiences, living arrangements, careers, relationships, and viewpoints until they finally are able to stand on their own and settle down. Many of those surveyed are smarting from poor life choices and harmful lifestyles, yet they profess to have "no regrets" and are generally optimistic about their personal future when they finally get to the point they are able to stand on their own. Some researchers refer to this recently created life phase as "emerging adulthood," covering the period from 18 to 29. Through the rest of this article, we will refer to this age range as *emerging adults*. Keep in mind that the surveys and interviews are limited to the range from 18 to 23 and there will certainly be some difference between 29-year-olds and this lower range.

Although, these emerging adults face a period of significant changes, we will see that for many that profess to be Christians, they have already established a set of beliefs and attitudes that have them on a trajectory moving away from a vital Christian walk with Jesus Christ. To put it in the words of Paul, they have already been “taken captive” by their culture (Col. 2:8).

Emerging Adults: Cultural Themes

Through their interviews and the results of other studies, Smith and his team identified over forty cultural themes that impact the overall religious perspective of emerging adults. A sample of those themes gives a feel for the general cultural milieu shaping the lives of today’s emerging adults.

Theme #1: Reality and morality are personal and subjective, not objective.

Most emerging adults cannot even conceive of, much less believe in, the existence of a common shared reality that applies to all people. According to Smith and Snell, “They cannot, for whatever reason, believe in—or sometimes even conceive of—a given, objective truth, fact, reality, or nature of the world that is independent of their subjective self-experience and that in relation to which they and others might learn or be persuaded to change. . . . People are thus trying to communicate with each other in order to simply be able to get along and enjoy life as they see fit. Beyond that, anything truly objectively shared or common or real seems impossible to access.”^{3} It appears that the perceived inability to know objective truth causes emerging adults to settle for getting along and enjoying life as the highest good they can aspire to. This cultural theme is driving them into the life of vanity Solomon warns us of in Ecclesiastes rather than the life of higher calling Paul knew when he wrote:

One thing I do: forgetting what lies behind and reaching forward to what lies ahead, I press on toward the goal

This subjective view of reality is clearly reflected in the conversations of emerging adults. Based on their interviews, the authors report,

The phrase “I feel that” has nearly ubiquitously replaced the phrases “I think that,” “I believe that,” and “I would argue that”—a shift in language use that express[es] an essentially subjectivistic and emotivistic approach to moral reasoning and rational argument . . . which leads to speech in which claims are not staked, rational arguments are not developed, differences are not engaged, nature is not referenced, and universals are not recognized. Rather, differences in viewpoints and ways of life are mostly acknowledged, respected, and then set aside as incommensurate and off limits for evaluation.”{4}

Our young people are growing up into a culture where there is no context for real dialogue about truth and truth’s impact on our life choices.

The inability to believe in or search for objective truth stands in contrast to Jesus’ claims that He came “to testify to the Truth” (John 18:37) and that He is “the Truth” (John 14:6) and Paul’s instruction to Christians to “speak the truth in love” (Eph 4:15).

Without any concept of an objective standard, morality is determined by one’s individual feelings. If you feel good about an action then it is right. If you feel bad about an action it is wrong. Most emerging adults would say, “If something would hurt another person, it is probably bad; if it does not and is not illegal, it’s probably fine.”{5}

Theme #2: It’s up to the individual, but don’t expect to

change the world.

Most emerging adults have no concept of a common good that would motivate us to put another's interests ahead of our own or to attempt to influence another's behavior for the common good. "The most one should ever do toward influencing another person is to ask him or her to consider what one thinks. Nobody is bound to any course of action by virtue of belonging to a group or because of a common good."[{6}](#)

The authors continue:

Again, any notion of the responsibilities of a common humanity, a transcendent call to protect the life and dignity of one's neighbor, or a moral responsibility to seek the common good was almost entirely absent among the respondents. . . .[{7}](#)

Most emerging adults in America have extremely modest to no expectations for ways society or the world can be changed for the better. . . . Many are totally disconnected from politics, and countless others are only marginally aware of what today's pressing political issues might be. . . . The rest of the world will continue to have its good and bad sides. All you can do is live in it, such as it is, and make out the best you can.[{8}](#)

Theme #3: Uncertain about purpose, but consumerism is good stuff.

Most emerging adults are still unsure as to what their purpose in life might be. Is there something greater that they should devote themselves to? Lacking any concept of a common good takes the teeth out God's command to "love your neighbor as yourself" (Matt 22:39) and to "regard others as more important than yourself, do not merely look out for your own personal interests, but also for the interests of others" (Phil 2:3–4).

Self-sacrifice for others was clearly not a part of their life purpose, but almost all of them are sure that being able to buy the things they want and to live a comfortable affluent lifestyle are key aspects of their purpose. There does not appear to be any tension in their thinking between loving God and loving material things as well. "Not only was there no danger of leading emerging adults into expressing false opposition to materialistic consumerism; interviewers could not, no matter how hard they pushed, get emerging adults to express any serious concerns about any aspect of mass-consumer materialism."[{9}](#) In this cultural environment, Jesus' admonition in Luke 12 is desperately needed:

Beware, and be on your guard against every form of greed; for not even when one has an abundance does his life consist of his possessions (Luke 12:15).

Theme #4: Sex is not a moral issue.

Partying, hooking up, having sex, and cohabitating are generally viewed as an essential aspect of the transition from teen years to adulthood. This cultural theme creates a dissonance with their attitude toward serious practice of religion since they recognize that most religions are not favorable towards partying and sex outside of marriage. Choosing to ignore any religious moral teaching from their teen years, "the vast majority of emerging adults nonetheless believe that cohabiting is a smart if not absolutely necessary experience and phase for moving toward an eventual successful and happy marriage. . . . None of the emerging adults who are enthusiastic about cohabiting as a means to prevent unsuccessful marriages seem aware that nearly all studies consistently show that couples who live together before they marry are more, not less, likely to later divorce than couples who did not live together before their weddings."[{10}](#)

Emerging Adults: Cultural Perspective on Religion

Within these broader cultural themes, Smith and Snell identified a set of prevailing religious cultural themes which create a framework for how many emerging adults view religion. These themes were dominant messages across the 230 interviews and the survey results, but do not reflect the views of all emerging adults.

Feelings towards religion

The general feelings of emerging adults toward religion appear to be driven by their years of diversity training and adherence to religious pluralism. Religion does not seem to be viewed as a controversial topic by emerging adults. They are not averse to talking about religion, but they are not very likely to bring it up for discussion. As the authors discovered,

there are many more important things to think and talk about. In any case, for most it's just not a big issue, not a problem, nothing to get worked up over. . . . For very many emerging adults, religion is mostly a matter of indifference. Once one has gotten belief in God figured out . . . and . . . feels confident about going to heaven . . . there is really not much more to think about or pay attention to. In this way, religion has a status on the relevance structures or priority lists of most emerging adults that are similar to, say, the oil refinery industry.[{11}](#)

Even though they realize that religions claim to be different and to have the truth, most emerging adults believe that all religions share the same basic principles. Basically, religion is about belief in God and learning to be a good person. One respondent put it this way: "The line of thought that I follow is that it doesn't matter what you practice. Faith is

important to everybody, and it does the same thing for everybody, no matter what your religion is.” Another said, “I find it really hard to believe that one religion is exactly true. I would say that if anything’s right, it would be probably something common in most religions.”[{12}](#)

Consequently, even for the faith that you affiliate with it is fine to only select those aspects that feel right to you and mix in aspects from other faiths to find what works for you.

Purpose of religion

All major world religions answer the major questions of life: Where did I come from? Why am I here? What happens when I die? Is there anything I can do during this life which will impact what happens to me after I die? Consequently, religions provide a perspective on how to be in a right relationship with our creator during this life and how to maximize our benefits in the afterlife (or after-lives, for some religions). However, most emerging adults take a more pragmatic view. According to the interviews, “The real point of religion, ultimately, in the eyes of most emerging adults, is to help people be good, to live good lives.”[{13}](#)

In fact, it is not really important if they have true answers to these key questions. As one of the interviewees stated, “What do you mean by religious truth? Because all religions pretty much have a good message that people can follow. I would say that basic premise of the religions, like where they get their message from, is false, but the message itself is good.”[{14}](#)

Kids learn right and wrong from church activities. “By the time a kid becomes a teenager or young adult, that person has pretty much learned his or her morals and so can effectively ‘graduate’ and stop attending services at the congregation. What is the point, after all, of staying in school after you have been taught everything it has to teach?”[{15}](#)

The results of this research confirm that the “cultural captivity” or “sacred/secular split” (identified by [Nancy Percy](#) as a major challenge for American Christianity) is a dominant factor among emerging adults. Most emerging adults have religious beliefs, but “they do not particularly drive the majority’s priorities, commitments, values, or goals.” One observed, “I don’t think it’s the basis of how I live, it’s just, I guess I’m just learning about my religion and my beliefs. But I still kinda’ retain my own decision or at least a lot of it on situations I’ve had and experiences.”[\[16\]](#)

Perhaps the most chilling quote from Smith and Snell is their conclusion on this theme: “It was clear in many interviews that emerging adults felt entirely comfortable describing various religious beliefs that they affirmed but that appeared to have no connection whatsoever to the living of their lives.”[\[17\]](#)

These insights make it very clear that it is not enough to equip teenagers with a set of basic Christian doctrines that define a good Christian. We must also get them to understand that these truths relate to the real, everyday world, and that we can trust them to inform and enlighten our daily choices, attitudes, and activities.

Some of the other themes identified by Smith and Snell are listed below:

- *The family’s faith is associated with dependence.*
- *Religious congregations are not a place of real belonging.*
- *Friends hardly talk about religion.*
- *Moral Therapeutic Deism (MTD) is still alive and well. (see [“Is This the Last Christian Generation.”](#))*
- *What seems right to me” is authoritative.*
- *Take or leave what you want.*
- *Evidence and proof trump “blind faith.”[\[18\]](#)*
- *Mainstream religion is fine, probably.*
- *Religion is a personal choice—not social or institutional.*

· *There is no way to finally know what is true.*

Emerging Adults: Trends in Religious Participation and Belief

What impact does this postmodern cultural milieu have on the religious lives of emerging adults? The survey results provide a lot of insight into that question.

First we find that these emerging adults are much less involved in organized religion and personal religious practice than are older adults. For example, the percentage of emerging adults praying daily is only about two-thirds of the percentage of Baby Boomers who currently are daily pray-ers. Similarly, the percentage of emerging adults who regularly attend worship services is only about half of the percentage of Baby Boomers who currently are regular worship service attendees. It is important to note that when these metrics are compared against the behavior of Baby Boomers when they were in their twenties, the Baby Boomers had numbers that were almost as low as today's emerging adults. This comparison gives some reason to believe that today's emerging adults will exhibit increased levels of religious involvement as they mature.

However, before banking on that historical trend, we need to remember that these emerging adults will be entering their thirties in a culture very different than the culture of the late 70s and early 80s. During this period, as Smith points out, "the larger popular culture of that era was still oriented around the outlook of ideological modernity." This outlook supported the ideal that if we applied ourselves diligently we could uncover absolute truths on which to base a successful life. Today's emerging adults are immersed in a postmodern culture that "stressed difference over unity, relativity over universals, subjective experience over

rational authorities, feeling over reason." In this cultural environment there is little reason to be hostile toward organized religion, but there is also little reason to pursue it either.

The effects of this can be seen in two major differences between the religious practices of Baby Boomers during their early twenties and those of today's emerging adults. First, the survey results show that the number of mainline Protestants and Catholic young adults regularly attending church has dropped by almost fifty percent from the 1970s to today. Today, less than fifteen percent of Catholic emerging adults and less than ten percent of mainline Protestants attend religious services on a weekly basis. In contrast, the attendance percentage for evangelical Protestants has actually grown slightly over the same time period. Second, the number of young adults who identify themselves as not religious or as a religious liberal has grown from thirty-seven percent in 1976 to sixty-one percent in 2006; an increase of sixty-five percent.

The NSYR not only gives us insight into the differences between generations and age groups, it also lets us examine the changes in the practices and thinking of these young people as they moved from teenage high school students into their early twenties. For our purposes, we will look at two primary areas of change: religious affiliation and religious beliefs. At the top level, these surveys show that there is a high degree of continuity in these two areas. That is, the majority of the young adults surveyed have retained the same affiliation and basic beliefs through this five year period. At the same time, there is a large minority that has experienced changes in these areas.

Over one third of the emerging adults surveyed are now affiliated with a different religious group than they were five years ago. On the positive side, twenty-five percent of those who originally identified themselves as Not Religious

are now affiliated with a Christian religion (mostly evangelical denominations). However, over the same period, seventeen percent of those who originally identified themselves as Christian now identify themselves as Not Religious. The greatest changes were seen among mainline Protestant denominations where fully one half of the emerging adults changed their affiliations with half of those identifying as Not Religious and most of the rest now affiliated with evangelical Protestant denominations.

Lest we mistake these changes for a positive trend, keep in mind that the absolute number of emerging adults converting to Not Religious is five times the number of those converting from Not Religious to a Christian affiliation. In fact, when we analyze the change in religious beliefs and activities as those surveyed moved from teenagers to emerging adults, we find that over forty-one percent of them became less religious over the five year span while only 3.6 percent of them became more religious during that period.

If we define cultural captivity as looking to the culture rather than to Christ and the Bible as truth and our primary guide for living, then the following seven beliefs would give a good indication of someone who is not culturally captive.

**Percent of those surveyed who ascribed
to a particular religious belief**

Belief	U.S.	CP		MP
	2008	2003	2008	2008
My religious faith is very or extremely important in shaping my daily life.	44	70	57	33

Jesus was the Son of God who was raised from the dead.	68		83	59
Only people whose sins are forgiven through faith in Jesus go to heaven.	43		64	33
Only one religion is true.	29	49	45	22
Morals are not relative; there is a standard.	51		65	50
God is a personal being involved in the lives of people today.	63	79	74	57
Demons or evil spirits exist.	47	66	63	32
Ascribe to seven biblical beliefs above (based on 2008 affiliation).	10		22	10

CP – Conservative Protestant MP – Mainline Protestant

As seen in the last row of the table, nine out of ten emerging adults do not hold to a consistent set of basic biblical teachings. For those affiliated with an evangelical Protestant church the number drops to about eight out of ten, an alarming figure for denominations which stress the authority and accuracy of the Bible. For those affiliated with a mainline

Protestant church, the number remains at nine out of ten, consistent with the average for all emerging adults.

Christian Smith and other researchers suggest that one interpretation of this data is that it is a result of the success of liberal Protestantism capturing the culture. The views taken by the majority of emerging adults are more consistent with those espoused by liberal Protestant theologians than by those espoused by conservative theologians. However, this success has the effect of making mainline Protestant churches irrelevant to the younger generations since the church offers the same relativism as the culture.

Emerging Adults: Teenage Factors Influencing Current Behavior

One topic of interest to evangelicals is what aspects of a teenager's life will most impact their religious beliefs and behaviors as an emerging adult. In his study, Smith analyzed the religious trajectories from the teenage years into emerging adulthood. As these teenagers left home for college and careers, moving out from under the more or less watchful eyes of their parents, how did their religious beliefs and behaviors change? Overall, they found a significant decline in religiousness with the percent of the group that was highly religious dropping from thirty-four percent in 2003 down to twenty-two percent in 2008. Basically, one in three highly religious teenagers is no longer highly religious as an emerging adult.

Smith and his team used statistical analysis techniques, comparing the original teenage survey results with the emerging adult survey results taken five years later, to identify the factors in teenage lives that were associated with significantly higher levels of religiousness during emerging adulthood. The teenage period factors they found

consistently very important in producing emerging adults with higher involvement in their religion were:

- *frequent personal prayer and scripture reading*
- *parents who were strongly religious*
- *a high importance placed on their own religious faith*
- *having few religious doubts*
- *having religious experiences (e.g., making a commitment to God, answered prayers, experiencing a miracle)*

Some teenage practices had a surprisingly weak correlation with emerging adult religious involvement. These weaker factors included:

- *level of education*
- *frequency of religious service attendance*
- *frequency of Sunday School attendance*
- *participating in mission trips*
- *attending a religious high school*

Let's explore some of these influencing factors to see what lessons we can glean.

Religiously Strong Parents

First, teenagers who view their parents as strongly committed to their religion are more likely to be highly religious as emerging adults. Even though the teenage years begin the process of developing independence from one's parents, it does not mean that what parents think, do, and say is not important. As Smith points out,

the best empirical evidence shows that . . . when it comes to religion, parents are in fact hugely important . . . By contrast it is well worth noting, the direct religious influence of peers during the teenage years . . . proved to have a significantly weaker and more qualified influence on emerging adult religious outcomes than parents. Parental

influences, in short, trump peer influences. [{19}](#)

Note this result is true regardless of whether the emerging adult felt close to their parents during their teen years. These results led Smith to chastise American adults for swallowing the myth that “parents of teenagers are irrelevant.” He encourages us not to back away from discussing and promoting our religious beliefs with our children during their teenage years when they are first able to begin asking some of life’s basic questions.

Personal Religious Disciplines

Second, the analysis showed that it was not participation in religious events, trips, or peer groups, but rather commitment to individual religious disciplines that was a strong factor in predicting high religious involvement as an emerging adult. In other words, putting teenagers into a religious setting is not sufficient. However, if they come to the point where they realize the value of personal interaction with God through prayer and Scripture, they are much more likely to continue in that path. One reason for that correlation is that the practice of personal devotion which is *not* directly observed by peers, parents, or youth leaders, indicate a teenager that has placed a high value on the role of God and His truth in their lives. Another reason is that a consistent intake of God’s truth helps to confirm the power and validity of the Scriptures as our guide for living. As Jesus told his followers, “If you abide in My Word, you are truly disciples of mine and you will know the truth and the truth will set you free” (John 8:32).

One take-away from this finding: perhaps we should judge the success of our youth groups less on the number of teenagers attending events, trips, and classes and more on the number who are committed to personal spiritual disciplines because they recognize the value they bring. Perhaps it is worth

risking the “attendance hit” of having fewer fun times in order to teach them the importance of “longing for the pure milk of the Word” (1 Peter 2:2).

College vs. Culture

One somewhat surprising result dealt with the impact of college attendance on religious faith and practice. Prior research on Baby Boomers has shown that higher education had an undermining effect on the religious and spiritual lives of young adults in these preceding generations. Many of us Baby Boomers discovered that the social network of our high school years which was generally supportive of religious belief and involvement was in stark contrast to our college campus where those beliefs were often viewed as backward and inappropriate for a college educated person. This environment contributed to a higher decline in religiousness among college attendees compared to those who did not attend college. Today, however, several studies, including the NYSR, have shown that “in fact those who do not attend college are the most likely to experience declines in religious service attendance, self-reported importance of religion and religious affiliation.”[\[20\]](#) For most measures, the differences are not large, but they are certainly counter to the results from the 70s and 80s.

Smith and other researchers have suggested several reasons for this major change. These possible causes include:

- *the growing influence of campus-based religious groups*
- *colleges changing attitudes to be more supportive of religious interests*
- *a growing number of committed Christian faculty*
- *the growth of religious colleges and universities*
- *the major long-term decline in American college students' interest in answering questions about the meaning of life*
- *the influence of postmodern relativism which undercuts the authority of the professors as a source of truth*

· adolescents who are less rebellious and more conventional than earlier generations

However, I would suggest that if all of these factors were significant, we should see less decline in religiousness from the teen to emerging adult years than we saw for the Baby Boomer generation. As we saw earlier, this is not the case. The decline in religious involvement and belief is greater for today's emerging adults as a whole than it was for the Baby Boomers. The transition period is just as corrosive if not more so. A reasonable conclusion would be that the culture itself has become just as corrosive as the college. Movies, television, music, and public schools are promoting the same counter-religious message once found primarily in academia.

Other studies have found that many teenagers have already conformed to the culture in their "real lives" before leaving high school and are maintaining the appearance of religiousness to please their parents and authority figures. Once they leave that environment to attend college or pursue a career, they are relieved to be able to set aside their faux religion and focus on their real-life pursuits.

One conclusion I would propose is that this data shows that the types of training and perspective that Probe offers to prepare students for the college environment are equally important for those students who are not headed for college. All teenagers need to be shown why they should value the perspectives taught in the Bible over the perspectives of their popular culture because the biblical perspectives are rooted in verifiable reality rather than the subjective postmodern morass of our popular culture.

Emerging Adults: Exposing Some Myths

As is often the case, a careful examination of well-designed cultural research identifies weaknesses in popularly held

perceptions of reality; that is, facts often expose myths. Let's look at three popular myths that must be modified or discarded in the light of the NYSR results.

Myth 1: Emerging adults are very spiritual but are not into religion.

A popular perception is that although most young adults are not that interested in the external practice of organized religion, they are strongly committed to a personal faith and development of their spirituality. Although their outward involvement has declined, their inward commitment remains strong and their public involvement can be expected to return as they settle down into marriage and children. However, the data does not support this perception. As Smith states, "little evidence supports the idea that emerging adults who decline in regular external religious practice nonetheless retain over time high levels of subjectively important, privately committed, internal religious faith. Quite the contrary is indicated by our analysis."[{21}](#)

Smith and his team used the survey responses to categorize the respondents into six different religious types. Four of these types, representing seventy percent of emerging adults, are generally indifferent to both traditional religions and spiritual topics. Of the remaining thirty percent, half of those are what Smith labels Committed Traditionalists who are actively involved with organized religion. Another half of the remaining (i.e., fifteen percent of the total) are labeled Spiritually Open. It is important to understand that Spiritually Open is not the same as Spiritually Interested. Smith reports, "Most are in fact nothing more than simply open. They are not *actively* seeking, not taking a lot of initiative in pursuit of the spiritual."[{22}](#) So, when the data is analyzed, it appears that less than five percent of emerging adults could be considered as spiritual but not religious.

Consequently, it appears that the challenge for the church is not redirecting a pent-up spiritual interest into orthodox Christianity, but, instead, demonstrating that spiritual issues are worthy of any real attention at all.

Myth 2: Emerging adults are hostile toward the church.

Several recent books have suggested that the dominant attitude of unchurched young adults is one of critical hostility toward the church.[{23}](#) Their research suggests that emerging adults view the church as hypocritical, hateful and irrelevant. Although he acknowledges that some of these feelings exist, Smith believes that the data demonstrates that these attitudes are not as prevalent as others suggest. In fact, eight out of ten emerging adults state that they have “a lot of respect for organized religion in this country” and seven out of ten disagree that “organized religion is usually a big turnoff for me.” Going a step further, a strong majority of emerging adults would disagree with the statement that “most mainstream religion is irrelevant to the needs and concerns of most people my age.”[{24}](#)

Given these results, why are we presented with strong cases to the contrary? First, there are a significant minority who view the church as an irrelevant turnoff, and a majority who believe that too many religious people are negative, angry, and judgmental. Second, Smith surmises that some of this perception comes from conducting “interviews with non-representative samples of emerging adults . . . by authors who are themselves alienated from mainstream religion . . . (or) by pastoral and ecclesial reformers within mainstream religion who want to make the case that traditional churches are failing to reach young people today and so need to be dramatically transformed in a postmodern or some other allegedly promising way.”[{25}](#)

Once again this is a good news / bad news story. The good news is that most emerging adults do not have strong emotional

barriers build up against organized religion. However, the vast majority of them are indifferent to religion and confused about its role in life. According to Smith,

Most emerging adults are okay with talking about religion as a topic, although they are largely indifferent to it—religion is just not that important to most of them. . . . To whatever extent they do talk about it, most of them think that most religions share the same core principles, which they generally believe are good.[{26}](#)

Myth 3: Religious practice does not impact personal behavior.

Another common perception is that religiously devoted young adults are not appreciably different from other young adults in their actual life practices when it comes to sexuality, generosity, community service, drug use, and integrity. We are often told that out of wedlock pregnancy, cheating, and drug use are the same for evangelical young adults as for the rest of society. It is certainly true that affiliation with an evangelical denomination makes only a small difference in those behaviors. But does a deep personal commitment to a relationship with Jesus Christ make a difference? The survey data allowed Smith and his team to differentiate between simple affiliation and devotion. What he discovered is that those emerging adults who are devoted to their faith exhibit significantly different lifestyles than the norm. In particular, these devoted emerging adults are:

- *more than twice as likely to give and volunteer their time*
- *more than four times less likely to engage in binge drinking or drugs*
- *twenty-five percent more likely to have attended college*
- *almost two times less likely to think that buying more things would make them happier*
- *twice as likely to abstain from pornography*
- *more than twice as likely to have abstained from sexual*

The results clearly show that a deep commitment to a Christian religious faith has a significant impact on one's lifestyle. As Smith concludes, "emerging adult religion—whatever its depth, character, and substance—correlates significantly with, and we think actually often acts as a causal influence producing, what most consider to be more positive outcomes in life for emerging adults."[\[27\]](#)

Exposing these myths helps us focus on the key challenge for the future. It is not redirecting a pent-up spiritual interest into orthodox Christianity, or overcoming an emotional aversion to organized religion, but instead, demonstrating that spiritual issues are worthy of any real attention at all.

Notes

1. Christian Smith and Patricia Snell, *Souls in Transition: The Religious and Spiritual Lives of Emerging Adults* (Oxford University Press, 2009).
2. Ibid., 5.
3. Smith and Snell, *Souls in Transition*, 46.
4. Ibid., 51
5. Ibid., 47.
6. Ibid., 49
7. Ibid., 68.
8. Ibid., 72
9. Ibid., 67.
10. Ibid., 63.
11. Ibid., 145.
12. Ibid., 146.
13. Ibid., 148.
14. Ibid., 149.
15. Ibid., 149.
16. Ibid., 154.
17. Ibid., 154.

18. Meaning, since religion belongs to the category of faith, there can only be knowledge and truth in other areas.
19. Ibid., 285.
20. Ibid., 249.
21. Ibid., 252
22. Ibid., 296.
23. For example, David Kinnaman and Gabe Lyons, *unChristian: What a New Generation Really Thinks About Christianity . . . And Why it Matters* (Baker Books: Grand Rapids, MI, 2007).
24. Smith and Snell, *Souls in Transition*, 133, Table 4.15.
25. Ibid., 296.
26. Ibid., 286.
27. Ibid., 297.

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See Also:

[Emerging Adults Part 2: Distinctly Different Faiths](#)

[Emerging Adults A Closer Look](#)

[The Importance of Parents in the Faith of Emerging Adults](#)

[Cultural Captives – a book on the faith of emerging adults](#)

“What is the Relationship Between Worldview and Salvation?”

Dear Don,

1) What is the relationship between worldview and salvation? Can you have a predominantly non-Christian worldview and yet accept Christ as your savior? Likewise, can you have a perfectly accurate Christian worldview (perhaps like the

demons who shudder) and yet not be saved?

2) What is the relationship between worldview and Christian maturity? How much “accurate Christian worldview” is needed in order to mature as a believer in Christ? Conversely, is there any indication that an increase of worldview data brings about Christian maturity (e.g. fruit of the spirit, characteristics of elders, etc.)?

A quick answer to question 1) is yes and yes. People often come to Christ with a less than biblical worldview. Hopefully they don't stay there. Fortunately, we aren't the judge of how much information is necessary for salvation. If someone claims that they have placed their trust in Christ's work on the cross, God judges the adequacy of their faith. However, we are told to measure someone's maturity when leadership in the church is the issue.

The issue of having correct knowledge but not being saved is a real problem. Traditionally, faith has been described as having three components.

*a) Faith as **Knowledge** (notitia – Latin, literally: knowledge, from notus, known) Jude 3 “ . . . I felt I had to write and urge you to contend for the faith that was once for all entrusted to the saints.” Consists of the propositions or content of the Christian faith. Knowledge is a necessary ingredient to having faith.*

*b) Faith as **Assent** (assensus – assent, agreement, belief; approval, approbation, applause) This aspect of faith goes beyond simple knowledge to being in agreement with or accepting the truth of Christian teaching.*

*c) Faith as **Commitment** (fiducia – trust, confidence, faith, reliance) In the case of Christianity, it is commitment to both truth claims and to the person of Jesus Christ as*

indicated by the way one lives his or her life. Christians may experience different levels of confidence in specific truth claims.

Merely having the knowledge of Christ's saving work is insufficient for salvation.

Regarding your second question, you might want to look at Barna's book *Think Like Jesus*. It makes the argument that living a life of righteousness depends upon having a worldview similar to that of Christ. Both Romans 12:2 and the verse below seem to imply that knowledge and the renewing of the mind are important components of living a righteous life.

Philippians 1:9-11 "And this is my prayer: that your love may abound more and more in knowledge and depth of insight, 10 so that you may be able to discern what is best and may be pure and blameless until the day of Christ, 11 filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God."

Don Closson

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Lessons from Camp Quest

In August of this year, the North Texas Church of Freethought (NTCOF) hosted Camp Quest Texas on a farm outside of Dallas. This eight-hour event for children of atheists, agnostics and other "free thinkers" included nearly 40 children between the ages of five and 15. According to a published report^{[\[1\]](#)}, the day began with an exercise in making up creation myths based on the Apache story of fire before leading into activities

with exotic animals, fossils and staged UFO sightings. The primary purposes of the event were twofold:

- *Encourage the children to have open minds and embrace scientific skepticism*
- *Provide a fun experience for the children where they could make friends among the community of non-believers. This objective was partially motivated by a desire to counter negative experiences some of the children had experienced with schoolmates who believed in God.*

Let me begin by stating that I applaud the organizers and parents for taking positive steps to encourage their children to ask good questions and look for good answers. Even though I suspect that the event was slanted towards promoting an atheistic worldview, I believe all parents should assume an obligation to steer their children toward the truth as they see it. At the very least, they should equip their children to see through the illogical arguments of some enthusiastic proponent of a cultic religion (even if they think that I am just such a proponent!).

The newspaper account of this event and an accompanying interview with the executive director of NTCOF can teach us several lessons as we evangelicals take on the task of raising younger generations.

Background

Before looking for takeaway lessons, let's investigate a little more background. Zachary Moore, the executive director for NTCOF, described their church this way:

"We're a church of freethinkers, which means that we try to understand the natural world by relying on reason and evidence. Like most people, we enjoy spending time with others who share our values and have similar interests. Forming a

church just seemed like the natural thing to do, since many of us thought the only thing wrong with churches were the strange things they told you to believe in.”[\[2\]](#)

At one time, Zachary considered himself a believer in Christianity. At some point, he came to the conclusion that the evidence did not support his belief in God. As he said,

“If Christianity were true, then I would want at least what Doubting Thomas got. If another theistic worldview were true, then I’d need something equivalent. I don’t think it’s too much to ask to be able to talk to a deity personally before I’m asked to worship it.”[\[3\]](#)

This question, “If God wants me to believe in Him, why doesn’t He present me personally with overwhelming evidence?” is one of the classic hard questions raised against our faith. The purpose of this article is not to answer this question, but if you want more information you can find it at Probe.org (see related articles).

Zachary and the NTCOF represent a point of view that is heavily in the minority among Americans, but is growing more vocal as it grows numerically. Recent Pew Institute surveys indicate that the number of atheists, agnostics and others who claim no faith is less than 10% of the population. However, a 2007 Barna survey provides a revealing look inside that statistic.

The table below shows the number of people with “no faith” in each age demographic based on surveys taken in 1992 and 2007. The data reveals two important trends. First, the number of people claiming no faith in God in 2007 grows markedly higher with each younger generation, more than tripling from the 6% for those over 61 to 19% for those from 18–22. Second, the percentages for each generation have not changed significantly in the last fifteen years. We don’t see more people turning to faith as they grow older. It appears that the skeptics remain

skeptics as each generation ages.

Percent of Americans who are atheist or agnostic^[4]:

<u>Generation</u>	<u>Ages in 2007</u>	<u>1992 Survey</u>	<u>2007 Survey</u>
Adult Mosaics	18-22	—	19%
Boomers	23-41	16%	14%
Busters	42-60	8%	9%
Elders	61+	4%	6%

Could it be that our secular schools, culture and public square are creating their expected result—generations that are becoming more and more secular? It also appears that on average, once people reach the age of 18, their belief in God is pretty much set for life.

How should we respond to this trend of succeeding generations turning away from God? I believe the report on Camp Quest reveals some lessons we can take away and apply to this question. I want to consider three possible lessons:

- *Respect those who express doubts*
- *Understand that the Truth is not afraid of skepticism (or scientific inquiry)*
- *Don't be intimidated by an unfriendly world.*

Respect Those Who Express Doubts

Many of the children attending Camp Quest felt like they are living in a culture where it is taboo to ask the question, “Why should I believe in God?”

One fourteen year old boy “was at camp hoping to meet some nonbelievers his age. All his friends in Allen believe in God,

he said, and he tries to keep his atheism a secret from them. 'They'd probably avoid me if they knew,' he said."

{5}

"Another boy, 14, whose stepfather requested his anonymity, started home-schooling this year after enduring years of bullying for his open atheism."

{6}

In my opinion, looking at the experience of the Quest campers gives startling insight into the issue of teenagers from Christian homes turning away from the church in their college years.

Consider a teenager from a Christian family who has questions about the God they learned about in Sunday school. Where can they get some answers to the tough questions? They look around and see how their peers and parents react to other children who question the party line. They realize they may risk status with their peers if they ask these questions. So, at a time when they are around Christian adults on a regular basis who could help them deal with the tough questions and the evidence for God, they are intimidated into keeping silent. Once they leave the home for college or other vocations, they enter an environment where the primary people that claim to have answers to these questions are belittling Christianity as a crutch for people who believe in myths.

In other words, if the children of atheists are afraid to bring up their doubts in public, how much more do many children from Christian families feel forced to go through the motions while hiding their major doubts and concerns?

If we teach our children to respect those with genuine questions about God, we receive a double benefit:

- *Our children will be more willing to bring up questions that cause them to struggle.*
- *Our children will have opportunities to hear the questions of others who need to know Christ. If we model for our*

children a gentle and respectful response to peoples' questions/beliefs, their friends are more likely to be willing to share their questions with them.

Understand That the Truth Is Not Afraid of Skepticism (or Scientific Inquiry)

Most parents at Camp Quest indicated that they did not want to dictate their children's beliefs, but clearly they wanted to impact the thought process. As one mother stated:

"Our job isn't to tell children what to think," she said. "It's about opening up their minds and learning how to ask good questions." [\[7\]](#)

Just as we hope that the children at Camp Quest will ultimately ask the right questions about the purpose of life and their eternal destinies, we should encourage our children to examine the truth claims of Christianity. After all, Jesus told Pilate:

'For this I have been born, and for this I have come into the world, to testify to the truth. Everyone who is of the truth hears My voice.'" John 18:37-38 (*NASU or New American Standard Updated.*)

Lies and hoaxes are afraid of skeptics. The Truth welcomes skeptics because it shines in the light of examination. If we are willing to examine the truth with our children, it will build their confidence in their faith.

Many teenagers in Sunday School and youth meetings learn the things that Christians do (and don't do) and some things that Christians believe, but never learn about why we believe that the evidence for Christianity is strong and a biblical worldview answers the hard questions better than any other worldview. I suspect that many teenagers get the impression that their pastors and teachers are afraid of hard questions

and want to avoid them. Perhaps in too many cases this suspicion is reality.

This reinforces what we have stated in prior articles on the subject of youth retention (see *The Last Christian Generation*, related articles). We need to:

- *Encourage students to ask tough questions and respect them for doing so.*
- *Equip parents and student leaders with solid answers for the tough questions.*
- *Take the initiative and address these topics in Sunday school and youth meetings even before the students ask the questions.*
- *Point them to resources like Probe for those that want to go deeper into these topics.*
- *Expose them to Christian adults who are living out a mature biblical worldview*

Don't Be Intimidated By An Unfriendly World.

How many of us can identify with the following statement:

Just as evangelical adults need social support from their church, our children need it even more. Many of our kids are ostracized at school because their parents are evangelicals, or because they're sharing their own faith at school. It can also be challenging to be an evangelical parent when most people assume that you're intolerant and ignorant if you teach your children to believe in hell and in Jesus as the only way to heaven. Christian camps provide a valuable resource for parents, plus they are full of fun activities for kids that reinforce our values—faith in Christ, love for

God and our neighbors, good morals, and a desire for others to receive eternal life.

It rings true, doesn't it? It is interesting to consider that the statement above is a slight modification of a statement made by Zachary Moore:

Just as freethinking adults need social support from groups like the NTCOF, our children need it even more. Many of our kids are ostracized at school or in their neighborhoods because their parents are freethinkers, or because they're developing their own freethinking perspective. It can also be challenging to be a freethinking parent when most people assume that you're immoral if you don't teach your children to believe in a god. Camp Quest Texas provides a valuable resource for parents, plus it's full of fun activities for kids that reinforce our freethinking values – science, critical thinking, ethics and religious tolerance.[\[8\]](#)

American society as a whole does not have a high regard for atheism. However, in many ways, our public sector and public schools are more supportive of the NTCOF than they are of evangelicals. This is the reality our children will become adults within. We need to encourage them through a community of like-minded believers while at the same time preparing them to stand up in an unsympathetic and sometimes hostile public square.

Youth groups and Christian camps are not refugee camps to protect our children from the world. They need to focus on equipping them and encouraging them to stand for the Truth in whatever cultural setting they encounter.

You may not be excited about the prospect of a Church of Freethought. However, their experience and reactions may help expose some of our inadequacies in preparing our children to stand firm in their faith in this world. Let's make sure that

our children know that we are open to their hard questions and are prepared with real answers.

“For he who comes to God must believe that He is and that He is a rewarder of those who seek Him” Heb 11:6-7 (NASU).

Notes

1. Avi Selk, “Secular kids’ camp in Collin County aims to provide questions, not answers,” *Dallas Morning News*, August 31, 2009.

2. Rod Dreher, “A church for skeptics,” *Dallas Morning News*, August 31, 2009.

3. Ibid.

4. Barna Group, “Atheists and Agnostics Take Aim at Christians”, June 11, 2007, www.barna.org/barna-update/article/12-faithspirituality/102-at-heists-and-agnostics-take-aim-at-christians.

5. Selk.

6. Ibid.

7. Ibid.

8. Dreher.

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Related Articles:

- [The Answer is the Resurrection](#)
 - [The Last Christian Generation](#)
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Welcome to College: Great Worldview Gift for Graduates

The world is changing so quickly it's hard to keep up. Christians who take the Scriptures seriously as a guide for life and knowing God usually agree that we're sliding down a very slippery slope morally and spiritually. Non-biblical worldviews not only abound but gain star status. Christ-followers can easily feel overwhelmed, wondering how to make a difference. Nowhere is this cultural decay more manifest than on college campuses.

For years, my wife and I have seized the small window of opportunity of choosing a gift for a college-bound graduate. We realize this represents one good chance to help shape a still-moldable life and, by extension, potentially touch the culture for Christ. 'Tis the season of graduation right now and I invite you to consider following suit.

Our habit is to give college-bound graduates J. Budiszewski's excellent *How to Stay Christian in College: An Interactive Guide to Keeping the Faith*. I recently discovered a book by a new graduate that I'm adding to our graduation gift bag. It's a helpful-older-brother styled "guide for the journey" by a young man who has obviously been trained by some of the sharpest minds in contemporary Christian worldview thinking and apologetics.

If Probe ever hired someone to write an organizational brochure, it might be Jonathan Morrow. His book, *Welcome to College: A Christ-Follower's Guide for the Journey*, contains one of the most succinct rationales for what we do—*Christian apologetics*, that is, a defense of the faith—of anything I've read. Morrow's gift for profound insight coupled with brevity

is keen. He shows a sweeping knowledge, yet he includes just enough material for busy students. "I have tried to keep the chapters short and sweet since this won't be the only thing you'll be reading this semester," Morrow writes.

Morrow's experience as a recent college graduate and his unself-conscious approach should resonate with younger readers. I would have wanted to write this book when my street credibility with young readers was potentially higher, but I was nowhere near his level of maturity, awareness or comprehension in my 20s!

Of course, some would say Morrow's work is simply a *Cliff's Notes* version of all he's been taught at Biola University, Talbot School of Theology, and through apparent involvement with Campus Crusade for Christ. There is little or no truly original thinking here, perhaps. So be it.

Sure, this material is generally sprinkled throughout any well-read Christians' bookshelves, expounded profusely by the authors Morrow draws upon. But that's the genius of his book for today's graduate: a young yet well-schooled voice covering the gamut of worldview *and* personal life issues in brief, accessible terms.

The young man or woman being pummeled by secular professors—many of whose worldviews and intentions are in direct opposition to their Christian faith—need help *now*. This book makes that possible.

Welcome to College isn't filled with abstractions about controversial Bible passages or archaeological discoveries, interesting as that might be. Again, one strength of *Welcome to College* is its scope. Mixed in with the basic faith-defending ammunition like the problem of evil and suffering, Christology, ethics and so on, students will find a broad collection of pragmatic topics: health, sex and dating, finances, Internet use, alcohol, even a chapter on dealing

with the death of a loved one. This provides unique and much-needed help for navigating the head-spinning new freedoms of college life.

Not content to simply write a how-to-get-by manual, Morrow challenges students to consider the privilege of a college education and “spend it ‘Christianly’.” He discusses questions like:

- *How can you discover what you are supposed to do with your life?*
- *How do you share your faith in a hostile environment?*
- *How do you manage your time so that you can study and have fun?*
- *Is all truth relative?*
- *Are there good reasons to be a Christian?*
- *How should you think about dating and sex as a Christian?*[{1}](#)

Since the book offers in its beginning chapters a treatment of three major worldviews, I could have been reading one of our [Probe Student Mind Games](#) graduates. One of the first sessions in Probe’s basic student curriculum contains a session on *theism, naturalism* (with a sub-section on *postmodernism*), and *pantheism*. Morrow uses a nearly identical breakdown of worldviews: *scientific naturalism, postmodernism* and *Christian theism*.

As Morrow directly points out, these three systems of thought predominate at the root level for people of all cultures. You base your beliefs on one or more of these, knowingly or not. Great similarity between a new book and a worldview apologetics curriculum like Probe’s may be unsurprising. How many variations on basic themes could there be? Yet it is striking as a compact manifesto for what Morrow, his alma mater, Probe, and a growing host of authors and organizations are seeking to do, which is to *help people think biblically*.

The fundamental importance of another theme appears, as it should, in the book's opening pages as well. College kids need to enter post-secondary classrooms with eyes wide open, being aware that the world at large (and academia in particular) scoffs at the idea of religion as possessing absolute, universal truth. Nancy Pearcey's treatment of what she calls the *fact / value split* in contemporary culture has become a go-to concept of culturally aware apologetics.[\[2\]](#) It also informs Morrow's book. This "two-realm theory of truth" places religious claims into an upper story of noncognitive, nonrational values. They supposedly offer the individual some personal meaning but hold no truth-telling power over anything or for anyone else. "True for you but not for me" is the slogan. This "upstairs" portion of life is just opinions—private, personal preferences not fit for the public sphere.

In contrast, the supposed lower story is made up of rational, verifiable, scientific claims that are binding on everyone. This is not opinion; it's truth by gosh. On this view, the only possible source of real knowledge is verifiable science. One professor in New York told his class that anyone who believed in the supernatural was "an idiot." That's why such war stories involving unwitting Christian students getting broadsided by scoffing professors abound. Academic authorities simply pronounce knowledge unattainable outside of the scientific method.

But understanding the anatomy of this view and its faulty presuppositions equips believing students to challenge prevailing campus biases. Though Morrow offers only a passing understanding, any student interested in pursuing further help will find direction here.

One example of Morrow's agility with big, tough ideas is this statement rounding out his brief discussion of one major worldview: "Postmodernism is a fundamental redefinition of truth, language and reality." Elsewhere he writes:

If the Christian worldview best answers the most profound of human questions (e.g., where we came from, who we are, how we should live, why the world is such a mess, and what our ultimate destiny is, to name a few) then it is true for more than just two hours on a Sunday morning.[*{3}*](#)

That's just good writing!

Given its forty-two chapters, I only sampled the book. But that's in keeping with the reality of any busy, overwhelmed new (or not so new) college reader. Its usefulness lies partially in its accessibility as a reference. If questions arise in class or due to new life experiences, undergrads (others, too) can crack the book and get a quick, cogent, biblical viewpoint on it.

Chapter titles like "Ladies: Pursue the Real Beauty" may pull readers in before felt needs drive them there. Many others like "Discovering the Will of God," "Ethics in a Brave New World" or "Science Rules!" lend themselves to future thumbing on an as-needed basis. The *Big Ideas* chapter summations will serve as a useful preview, refresher, and set of talking points for young faith-defenders.

One surprising thought I had while reading the chapter entitled "Getting Theological: Knowing and Loving God" was its value as an evangelistic tool. If I met an average inquirer or skeptic who is unaware of the unified biblical *metanarrative* (big story) of Christianity—asking, *What is it you Christians really believe?*—I'd hand them *Welcome to College* bookmarked here. Morrow gives the doctrinal summary of the story, anyway. Here once again, clarity and brevity meets with completeness and orthodoxy.

Kudos to Morrow and his editors, not to mention all the fine teachers whose wisdom permeates the pages: Dallas Willard and William Lane Craig, Craig Hazen and Nancy Pearcey and many others. Simply refer to the endnotes and Further Reading

sections at each chapters' end for a collection of apologetics resources for the ages.

And don't forget to consider adding this book to your gift list for graduates and students at all levels. You may help a young person to understand Morrow's charge that:

God has already defined reality; it is our job to respond thoughtfully and engage it appropriately. Don't buy into the lie that you need to keep your Christian faith to yourself. It is personal, but not private. As a college student you have the opportunity to establish the biblical habit of living an integrated life for God's glory. In other words, think Christianly![\[4\]](#)

Notes

1. Jonathan Morrow, *Welcome to College: A Christ-Followers Guide for the Journey* (Kregel, Grand Rapids, MI, 2008), Amazon Kindle version locations 97-103.
2. Nancy Pearcey, *Total Truth* (1995 Wheaton, IL: Crossway) p. 20ff.
3. Morrow, Amazon Kindle version locations 197-201.
4. Ibid, 222-226.

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