“Is It a Good Idea to Marry Someone I’m Not Attracted To?”

I’ve been dating a long time friend of mine for three years, and the subject of marriage came up. She is my best friend and we are both saved. Both of us have never married and are 45 years old. We enjoy each other’s company, and go to church together. But sometimes I don’t think she is pretty. I find myself looking at other girls at times. Would this be hindrance to marriage? I realize that beauty and brawn change over time. But I can’t date her forever and don’t want to lose her friendship. Do you have any advice?

It sure sounds like the Lord has blessed you with a wonderful friend. It’s quite possible you would be better off friends than spouses. If you don’t think she’s pretty, does that mean you’re not really attracted to her? If you’re not attracted to her after three years of dating, it’s probably not going to happen. And marriage to someone who only makes a good friend can range from empty and colorless to downright miserable when your heart longs for passion.

The fact that you find yourself looking at other girls is not a problem. It would be a problem if you LUST after other girls. And it would be a problem if your girlfriend catches you looking at other girls in her presence because I assure you, women’s egos are really just as fragile as men’s.

Read the Song of Solomon. Do you experience that kind of intense love and longing for your girlfriend? That’s God’s intention for marriage. If what you have is nothing more than a comfortable friendship that has been a convenient base for dating, and if it hasn’t developed into real romance after three years, then do yourself and your girlfriend a favor and

find someone that you CAN feel that kind of passion for. I'll tell you a secret about women: we long to be wanted. We long to be thought of as beautiful. We long to be lusted after with a holy lust. If you can't give that to your girlfriend, you are cheating both yourself and her. And that's no way to treat a friend.

Hope this helps.

Sue Bohlin
Probe Ministries

"Can You Give Examples of Subtle Invalidation?"

In Kerby Anderson's article Why Marriages Fail he writes, "Invalidation is a pattern in which one partner subtly or directly puts down the thoughts, feelings, or character of the other."

What other examples can you give of subtle invalidation?

I decided to answer your question because it's helpful to have a woman's perspective in addition to a man's (as what you read in Kerby's excellent essay). Here's what I came up with:

- *Rolling the eyes at something a spouse says*
- *Ignoring the spouse when they're talking*
- *A dismissing or contemptuous tone of voice in saying things like "I don't think so" or "You're wrong" or "Like you would know anything about that!" (Note: those very words can be used in affectionate banter when said with a smile and in the context of a spouse's strengths.)*
- *Any form of sarcasm*

• Making plans without consulting the spouse (which would affect the spouse)
• Ridiculing a spouse's dreams and hopes, even in jest
• Continually rejecting a spouse's romantic or sexual overtures
• Choosing to spend time chatting with internet friends (especially of the opposite sex) over being with one's spouse
• Not acknowledging the heart issues behind the words that a spouse shares
• Not looking at a spouse when they're talking
• Being critical of or ridiculing a spouse in public, even in jest
• In a dispute or disagreement that involves the children, ganging up with them against the spouse
• Saying things to one's kids like "Oh, your mother is just being wierd (stupid, illogical, emotional, etc.) again" or "Don't listen to your father, he doesn't know what he's talking about"

I hope this helps.

Sue Bohlin
Probe Ministries

"Is it a sin for a married couple to masturbate during sex?"

Is it a sin for a married couple to masturbate during sex? In many cases a woman can't get an orgasm without proper stimulation.

If a married couple is making love, then nothing they do together is considered masturbation. It's all part of holy sex. (Masturbation is self-pleasure by oneself.)

You're right, most women can't have an orgasm without stimulation, which is how God planned it, I think. . . .the idea being that her husband would be the one to give her pleasure that way. The Song of Solomon even has a verse about the wife asking her husband to do exactly that: "Let his left hand be under my head, and his right hand embrace me." (SoS 2:6).

Nothing a married couple does in the marriage bed is sin as long as it is mutually acceptable and it doesn't involve anyone else (for example, porn movies or fantasies that involve another person). I think God intends for us to experience far more freedom and enjoyment than a lot of people think! May I suggest you get an EXCELLENT book for married women called *Intimate Issues* by Linda Dillow and Lorraine Pintus. Absolutely the best book on the subject for women out there, I think. Please also see our article What's God's Plan for Sex in Marriage?"

Hope this helps!

Sue Bohlin
Probe Ministries

Cool Stuff About Love and Sex

Hey, kids. Want to read some cool stuff about love and sex that you might never hear from your folks? Hey, parents. Want to learn how to communicate with your kids about these important topics? Read on!

This article is also available in Spanish. 

Cool Stuff

Psst! Hey, kids! Want to hear some really cool stuff about love and sex that you might never hear from your parents? Listen up! (But . . . how about closing your ears for the next few seconds?)

Hey, parents! Want to learn how to talk to your kids about sex in a way they will understand and relate to? Keep listening.{1}

OK, kids. You can listen again.

"A fulfilling love life. How can I have one? How can I get the most out of sex?" University students worldwide ask these questions. As I've spoken on their campuses, I've tried to offer some practical principles because I believe both pleasure and emotional fulfillment are important facets of sex. These principles relate to teens, too. Teens of all ages.

Sex is often on our minds. According to two psychologists at the universities of Vermont and South Carolina, 95% of people think about sex at least once each day.{2} You might wonder, "You mean that 5% of the people *don't*?"

Why does sex exist? One of the main purposes of sex is pleasure. Consider what one wise man named Solomon wrote. Writing sometimes in "PG" (but not "R-rated") terms, he said:

Drink water from your own cistern
And fresh water from your own well.
Should your springs be dispersed abroad,
Streams of water in the streets?
Let them be yours alone
And not for strangers with you.
Let your fountain be blessed,
And rejoice in the wife of your youth.

As a loving hind and a graceful doe,
Let her breasts satisfy you at all times;
Be exhilarated always with her love.{3}

Solomon's ancient love sonnet, the "Song of Solomon," is one of the best sex manuals ever written. It traces the beauty of a sexual relationship in marriage and is an openly frank description of marital sexual intimacy. You might want to read it yourself. (Would it surprise you to know that it's in the Bible? You can dog-ear the good parts.)

Another purpose of sex is to develop oneness or unity. Fifteen hundred years before Christ, Moses, the great Israeli liberator, wrote, "For this reason a man shall leave his father and his mother, and be joined to his wife; and they shall become one flesh."{4} When two people unite sexually, they "become one flesh."

A third purpose for sex is procreation. That, of course, is how we all got here. You learn that in first year biology, right?

OK, so sex is for pleasure, unity, and procreation. But how can people get the most out of love and sex?

How to Have a Most Fulfilling Love Life

One way not to have a fulfilling love life in marriage is to concentrate solely on sexual technique. There is certainly nothing wrong with learning sexual technique—especially the basics—but technique by itself is not the answer.

The qualities that contribute to a successful sex life are the same ones that contribute to a successful interpersonal relationship. Qualities like love, commitment, and communication.

Consider love. As popular speaker and author Josh McDowell points out, those romantic words, "I love you," can be

interpreted several different ways. One meaning is “I love you *if*—If you go out with me . . . if you are lighthearted . . . if you sleep with me.” Another meaning is “I love you *because*—because you are attractive . . . strong . . . intelligent.” Both types of love must be earned.

The best kind of love is unconditional. It says, “I love you, *period*. I love you even if someone better looking comes along, even if you change, even if you have zoo breath in the morning. I place your needs above my own.”

One young engaged couple had popularity, intelligence, good looks, and athletic success that seemed to portend a bright future. Then the young woman suffered a skiing accident that left her paralyzed for life. Her fiancé deserted her.

This true story—portrayed in the popular film, “The Other Side of the Mountain”—was certainly complex. But was his love for her “love, period”? Or was it love “if” or love “because”? Unconditional love (or “less-conditional”, because none of us is perfect) is an essential building block for a lasting relationship.

Unconditional love with caring and acceptance can help a sexual relationship in a marriage. Sex, viewed in this manner, becomes not a self-centered performance but a significant expression of mutual love.

Commitment is also important for a strong relationship and fulfilling sex. Without mutual commitment, neither spouse will be able to have the maximum confidence that the relationship is secure.

Good communication is essential. If a problem arises, couples need to talk it out and forgive rather than stew in their juices. As one sociology professor expressed it, “Sexual foreplay involves the ’round-the-clock relationship.'”{5}

Why Wait?

After I'd spoken in a human sexuality class at Arizona State University, one student said, "You're talking about sex within marriage. What about premarital sex?" He was right. I was saying that sexual intercourse is designed to work best in a happy marriage and recommending waiting until marriage before experiencing sex.

This view is, of course, very controversial. You may agree with me. Or you may think I am from another planet, and I respect your right to feel that way. Here's why I waited.

First is a moral reason. According to the perspective I represent, the biblical God clearly says to wait.{6} Some people think that God wants to make them miserable. Actually, He loves us and wants our best. There are practical reasons for waiting.

Premarital sex can detract from a strong relationship and a fulfilling love life. Too often, it's merely a self-gratifying experience. After an intimate sexual encounter, one partner might be saying, "I love you" while the other is thinking, "I love it."

Very often premarital sex lacks total, permanent commitment. This can create insecurity. For instance, while the couple is unmarried, the nagging thought can persist, "If he or she has slept with me, whom else have they slept with?" After they marry, one might think, "If they were willing to break a standard with me before we married, will they with someone else after we marry?" Doubt can chip away at their relationship.

Premarital sex can also inhibit communication. Each might wonder, "How do I compare with my lover's other partners? Does he or she tell them how I perform in bed?" Each may become less open; communication can deteriorate and so can the

relationship. Premarital sex can lessen people's chances to experience maximum oneness and pleasure. I'm not claiming that premarital sex eliminates your chances for great sex in marriage. But I am saying that it can introduce factors that can be difficult to overcome.

A recently married young woman told me her perspective after a lecture at Sydney University in Australia. She said, "I really like what you said about waiting. My fiancé and I had to make the decision and we decided to wait." (Each had been sexually active in other previous relationships.) She continued: "With all the other tensions, decisions and stress of engagement, sex would have been just another worry. Waiting 'till our marriage before we had sex was the best decision we ever made."

Wise words. I waited because God said to, because there were many practical advantages, and because none of the arguments I heard for not waiting were strong enough.{7}

The Vital Dimension

So far we've looked at "Why sex?", "How to have a most fulfilling love life," and "Why wait?". Consider now the vital dimension in any relationship.

Powerful emotional factors can make it difficult for teens to wait until marriage for sexual intercourse or to stop having sex. A longing to be close to someone or a yearning to express love can generate intense desires for physical intimacy. Many singles today want to wait but lack the inner strength or self esteem. They may fear losing love if they postpone sex.

Often sex brings emptiness rather than the wholeness people seek through it. As one TV producer told me, "Frankly, I think the sexual revolution has backfired in our faces. It's degrading to be treated like a piece of meat." The previous night her lover had justified his decision to sleep around by

telling her, “There’s plenty of me for everyone.” What I suspect he meant was, “There’s plenty of everyone for me.” She felt betrayed and alone.

I explained to her and to her TV audience that sexuality also involves the spiritual. One wise spiritual teacher understood our loneliness and longings for love. He recognized human emotional needs for esteem, acceptance, and wholeness and offered a plan to meet them. His plan has helped people to become brand “new persons” inside.{8} He promised unconditional love to all who ask.{9} Once we know we’re loved and accepted, we can have greater security to be vulnerable in relationships and new inner strength to make wise choices for safe living.{10}

This teacher said, “You will know the truth, and the truth will make you free.”{11} Millions attest to the safety and security He can provide in relationships. His name, of course, is Jesus of Nazareth. Though I had been a skeptic, I placed my faith in Him personally my freshman year in college. Through a simple heart attitude, I said, “Jesus, I believe you died and rose again for me. I ask you to enter my life, forgive me, and give me the new life you promised.” He forgave all my flaws—and there were (and are) many of those. He said His own death and resurrection—once I accepted His pardon—erased my guilt.{12} That was great news!

Marriage with Jesus involved can be like triangle with God at the apex and the two spouses at the bottom corners. As each partner grows closer to God, they also grow closer to each other. Life doesn’t become perfect, but God’s friendship can bring a vital dimension to any relationship.

Parents and Kids

A nationwide survey of teens asked the question, “When it comes to your decisions about sex, who is most influential?” Forty-nine percent of teens responding said it was their

parents. The next closest response was “Friends” (16 percent). Eleven percent said the media influenced their decisions about sex the most. Only 5 percent said it was their romantic partner.{13} Kids, lots of your peers think that it is important to consider how their parents feel about sex.

And teens feel that talking with their parents about sex can make important sexual decisions easier. In a subsequent national survey, teens overwhelmingly expressed that they could more easily postpone sexual activity and avoid getting pregnant if they could only talk about these matters more openly with their folks.{14}

But there’s a problem. Too many parents are unaware how important what they think about sex is to their teens. Parents often think that their teenagers’ friends are the strongest influence on their teen’s decisions about sex. Yet teens don’t consider their friends as being nearly as influential as parents think they are.{15}

And mom, you are really, really important!

A major report based on two University of Minnesota studies involving national data found that teens having close relationships with their mothers are more likely than teens lacking close relationships with their mothers to delay first intercourse. The report authors note, “previous studies have shown that mothers tend to have a greater influence than fathers on teens’ sexual decision-making.”{16}

What can a parent do to help their teens develop positive, healthy sexual attitudes and behavior? Here are some ideas:

- Develop close, loving relationships with your kids from the time they are young.
- Model the types of behavior and attitudes you wish them to emulate.
- Listen to them and treat them with respect.
- Talk about sex, your own values, and why you hold them.

- Help your teen think through their life goals, including education, and how teenage sexual activity might affect their dreams.
- Discuss what types of media are appropriate for your son or daughter to consume.

Making sexual decisions can be hard for teens today. Parents and teens can help each other by becoming close friends and by communicating. It's not always easy, but the rewards can be significant.

Notes

1. Parts of this article are adapted from Rusty Wright, "Dynamic Sex: Unlocking the Secret to Love," Every Student's Choice, 1996 and Rusty Wright, "Safe Sex?", Cross & Crescent LXXXI:4, Winter 1994-95, pp. 19-21.
2. Kathleen Kelleher, "Entertaining Fantasies? Don't Worry, Everyone's Doing It," *Los Angeles Times,* August 15, 1995, E1. She cites Harold Leitenberg of the University of Vermont and Kris Henning, "now at the University of South Carolina Medical School".
3. Proverbs 5:15-19 NASB.
4. Genesis 2:24 NASB.
5. Emily Dale, Ph.D., Department of Sociology and Anthropology, Illinois Wesleyan University, Bloomington, Illinois, 1975.
6. 1 Corinthians 6:18; 1 Thessalonians 4:3.
7. For a summary of arguments for premarital sex, with responses, see Wright, "Dynamic Sex: Unlocking the Secret to Love," op. cit.
8. 2 Corinthians 5:17 NLT.
9. John 3:16; 13:34-35; 17:20, 23, 26; 1 John 4:7-21, 5:14-15.
10. Acts 1:8; Ephesians 5:18; Galatians 5:16-24; 1 Corinthians 6:18-20.
11. John 8:32 NASB.
12. Luke 24:44-47; Colossians 2:12-14.
13. "Faithful Nation: What American Adults and Teens Think

About Faith, Morals, Religion, and Teen Pregnancy," The National Campaign to Prevent Teen Pregnancy, September 2001, p. 5; http://www.teenpregnancy.org/resources/data/pdf/keeping.pdf.
14. "With One Voice 2002: America's Adults and Teens Sound Off About Teen Pregnancy," The National Campaign to Prevent Teen Pregnancy, December 2002, pp. 2, 26, 27; http://www.teenpregnancy.org/resources/data/pdf/WOV2002_fulltext.pdf.
15. Ibid., pp. 2, 22-23.
16. "Teens' Closeness With Their Mothers Linked to Delay in Initiation of Sexual Activity, Study Says," Kaiser Daily Reproductive Health Report, September 5, 2002, http://www.kaisernetwork.org/daily_reports/print_report.cfm?DR_ID=13275&dr_cat=2. The words quoted are those of the Kaiser Report summary of what the University of Minnesota research authors communicated.

This article is adapted with permission from Rusty Wright, "Cool Stuff About Love and Sex," *The Plain Truth,* January/February 2004, pp. 17-19.

© 2004 Probe Ministries.

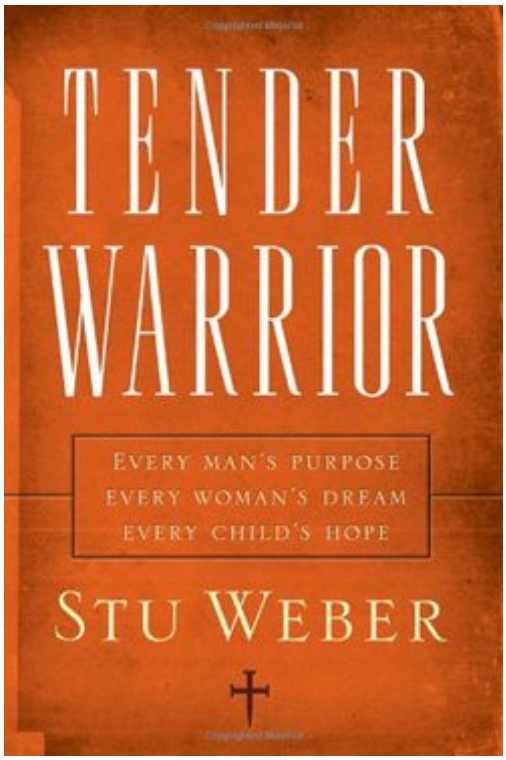
Is the Tender Warrior Wild at Heart? – Characteristics of Christian Manhood

Dr. Bohlin looks at two attempts to define the characteristics of a godly man according to a Scriptural, biblical worldview perspective. These characteristics give a Christian man a way to evaluate his walk with God and how it communicates Christ

to others.

The Four Pillars of a Man's Heart

Manhood continues to be in crisis. For many men today, their physical strength is rarely necessary. Technology and urban isolation have ripped up the landscape that men inhabit to such a degree that many men are wandering around wondering who they are and what they're here for. The extreme women's movement proclaims that a woman needs a man like a fish needs a bicycle.



Over the last fifteen years numerous books have been written from both secular and Christian authors to help men find their way. In this article we're going to spend some time with two of them. Stu Weber, a pastor in Oregon wrote the hugely influential *Tender Warrior* in 1993. *Tender Warrior* is full of stories and illustrations that irresistibly pull you along to Stu's appointed end: a vision of manhood mined from God's original intention for a man wrapped up in the New Testament vision of the Ultimate Tender Warrior, Jesus Christ.

At the core of Weber's vision is what he calls the four pillars of a man's heart: the Heart of a King, the Heart of a Warrior, the Heart of a Mentor, and the Heart of a Friend. I first read *Tender Warrior* in the mid 90s, and I was immediately caught up in his four-part description. I knew I didn't exemplify all of these characteristics as Weber describes them, but I knew I wanted to.

The Heart of the King reflects a man's provisionary heart. The

part of a man that wants to offer order, mercy and justice to the world he inhabits. Think of some of the Old Testament patriarchs, people like Abraham, Moses, and David. All of these men had a sense about them that drew others to them. They were leaders; they looked ahead and prepared those around them for what was coming.

The Heart of a Warrior portrays that part of a man that wants to shield, guard, defend and protect those around him. We intuitively understand this about men, but so many are inhibited from expressing this today. Movies and the entertainment industry often portray this aspect of manhood in its harsher tones. Consequently, this true aspect of manhood is more a target for suppression than for understanding.

The Heart of a Mentor reflects that part of a man that desires to model, train, and explain. Little boys particularly expect their dads to know everything. And a dad puffs up every time he can answer his son's questions. This aspect particularly is missing today in the church as young men from broken and dysfunctional families flounder, looking for an older man to help point the way.

The Heart of a Friend describes the part of a man that is truly compassionate, loving, and committed. The apostle Paul was a tough character as expressed in the list of hardships in 2 Cor. 11:23-28, yet he talked to the Thessalonians with gentle and tender words in 1 Thess. 2:7-8.

"Sourced in Scripture, observed in history, and experienced personally, these four pillars bear the weight of authentic masculinity. They coexist. They overlap. And when they come together in a man, you will know it. You will feel it. You will be touched by it. Like four strands of a steel cable, they will hold you."{1}

A Man and His Family

These four pillars encapsulate four essential qualities in a man of God: leadership, protectiveness, teaching, and compassion. A man with just three of the four is out of balance. A man who just emphasizes one of the four is a caricature of a real man. Nowhere is this more evident than in the biblical picture of headship and a man's role in his family.

Our culture is horribly confused on this point. Weber sums it up neatly when he says, "Men, as husbands you have been given a trust, a stewardship, a responsibility, a duty, to husband, or manage, or care for the gifts of your wife."{2} Part of my job as a husband is to create an environment in our home that allows my wife to be all God created her to be. She needs to be able to trust my leadership. She needs to know I will stand up for her and provide a secure environment. She needs to be comfortable in seeking my guidance and instruction. Finally, she needs to know that she is loved with a Christ-like self - sacrificing love. Weber adds, "A woman was made to be provided for, protected, and cared for. A man was made to be a provider, protector, and caregiver. Nothing is more pitiful than a man forfeiting his masculinity or a woman her femininity by transgressing the created order."{3}

Weber's discussion of a man and his lady provides numerous helpful insights, exercises, and illustrations on how a man is to love a woman. One commentator suggested that the chapter titled, "Does Anyone Here Speak Woman?" is worth the price of the book alone. Weber encourages men to realize that since men and women are inherently different, a man needs to learn a woman's language, to live with her in an understanding way as Peter commands (1 Pet. 3:7). We need to put our analytical minds to work to understand how she is put together. We won't ever get all the way there, but after all, a little mystery is what keeps marriage exciting, fresh, and interesting anyway.

Weber devotes three chapters to the incredible power of fathering. Our culture today is in dire need of real men willing to father their children. So many dads are absent either physically or emotionally. This alone accounts for so many wayward kids, both male and female alike. A father has a powerful multigenerational impact on his sons and daughters whether intentional or not. It's the nature of God's design.

Like arrows in a quiver, each child needs to be constructed, aimed, and released according to the bent God has given them. Skillful parenting does not come naturally, especially in our culture today that is so confused and off course. It will require biblical and rational thinking in advance.

A Man and His Friends

In his book, *Tender Warrior*, Stu Weber titles the first chapter about a man and his friends, "Real Men Stand Together." In our increasingly mobile and fragmented society, it's harder than ever for men to know each other well enough to be willing to stand together. Upon hearing that Jonathan was dead, the future King David commented that Jonathan's love was wonderful, more wonderful than that of a woman (2 Sam. 1:26).

Men who have weathered tough times together, even fought together, develop a bond that can be stronger than that between a man and a woman. But how many men have such a friendship? There are numerous forces in our culture that leave most men isolated and cut-off. We see the lonely male model in the movies all the time. Characters played by John Wayne, Bruce Willis, Sylvester Stallone, and Arnold Schwarzenegger tend to be the isolated lonely male types: able, or perhaps, forced to handle life's pressures on their own.

Neighborhoods rarely have block parties today. We live in our closed up homes (no open windows in summer or people out on

the porch on summer evenings) with tall fences keeping things private. We drive our own cars to work, work long hours, and relax in front of the TV or a book isolated from those around us. A sense of community has been lost in our cities and even small towns. Men, therefore, have no one to connect with outside of office mates or sports teammates. We think we do just fine on our own, thank you.

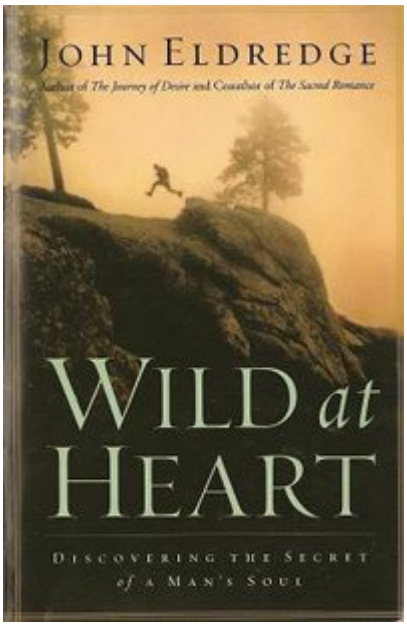
However, as we grow older, we hunger for someone of the male species to truly share what we are experiencing. But there is no Jonathan or David, someone I fought with in the trenches, someone who really knows me and my successes and struggles.

Men long for someone to lock arms with in a struggle greater than themselves. Looking again at David and Jonathan, we learn in 1 Samuel 14 that Jonathan was a warrior just like David, and when David slew Goliath (1 Samuel 18), Jonathan immediately made a connection. They had shared values. They became one in spirit. Jonathan made a covenant with David that basically said what's mine is yours. They developed an unselfish love for each other. Jonathan exhibited a deep loyalty to David when he intervened on his behalf when his father, King Saul, sought David's life.

In 1 Samuel 20, David and Jonathan expect that they may never see each other again and weep in each other's embrace. They were transparent. They weren't afraid to be emotional in the other's presence. Do you have a friend like that? I encourage you to seek a friend who shares your values, and work to develop an unselfish, loyal, and transparent relationship that the Lord will use to guide you through today's muddy waters.

Battle to Fight, an Adventure to Live, and a Beauty to Rescue

In the continuing parade of books from Christian authors for men comes a book that has taken the evangelical community by storm. Counselor and writer John Eldredge claims that men are wild at heart and desperately need to recapture this essential part of maleness. In his book, *Wild at Heart*, Eldredge claims that every man needs a battle to fight, an adventure to live, and a beauty to rescue.



Eldredge's triumvirate lines up quite well with Weber's four pillars, the Heart of the King, Warrior, Mentor, and Friend. Both Weber and Eldredge assert that a man needs a cause outside himself to fully live out the image of God in him. They just use different terminology.

However, *Wild at Heart* sometimes leaves you a little too wild. Yes, men need to be free to explore that wild side, but responsibility is not just a duty that shackles a man's God-given wildness. Eldredge can sometimes run roughshod over the state of men in the church and seems to encourage men to be little boys rather than grown men with both needs *and* responsibilities.

For instance, Eldredge uses many illustrations from physically demanding backcountry experiences to highlight his call to be wild at heart. Early in the book he retells how he and his sons faced the flooded, muddy, and debris-filled Snake River with nothing but a canoe. He says, "I have never floated the Snake in a canoe, nor any other river for that matter, but what the heck. We jumped in and headed off into the unknown, like Livingstone plunging into the interior of dark Africa."{4} Wild? Sure, but reckless and irresponsible, too!

But despite the occasional excess, Eldredge uncovers that same

need for a cause outside himself, and identifies it as a battle to fight, an adventure to live, and a beauty to rescue.

Eldredge proclaims that there is something fierce inside every man, whether it is slaying the dragons of business or whacking a little white ball on a golf course. Men naturally compete. If there is no winner, we quickly get bored.

The adventurous spirit is not just about having fun. Adventure requires something of a man. Deep down inside we wonder if we have what it takes, whatever the task that presents itself. Most men watch war movies wondering how they would have responded if presented with the same situation.

But there's more. Men need someone to fight for and with. A companion. A beauty. A helpmate. Adam had a great and wonderful world to explore at his creation. But God recognized that he needed something else, a helpmate suitable for him.

In summary then, at the heart of every man there is something fierce, wild, and passionate. But all this can only be properly harnessed as we seek a relationship with the Ultimate Tender Warrior, Jesus Christ. But in a fallen world, we are all walking wounded. If that is the case, does Eldredge have a recipe for healing?

Healing the Wound

John Eldredge likens many men to a huge male lion in his local zoo. The lion, as powerful and ferocious as he is, is caged in a small cell where he lies around, bored except at feeding time, and is but a shadow of what he was created to be. In a fallen world, where our enemy prowls around looking for someone to devour, most if not all men have been wounded at the heart of their masculinity. It has sapped their strength and put them on the sidelines.

Most often this wound comes from someone close to us, either a parent (usually the father), sibling, relative or peer. Most

of us can remember someone telling us, either by words or actions, that we don't have what it takes to be a man. This can often be due to a series of events over an extensive period of time rather than to a single event. As a result, we go through life wondering if we have what it takes.

In today's culture, this wound can come from a school system that is telling our boys that there is something wrong with them. Boys are far more likely to be medicated than girls, and often it is only for just being boys. And with so many fatherless homes due to either physical absence or an extremely passive father who never gets involved, nobody is showing boys and young men what it means to be a man.

So men will often try to answer their question, to heal their wound, by going to some very unwise places. Some rebel, others try to earn their father's respect by becoming driven overachievers. Others retreat into passivity or are haunted by pornography or even drugs. Some search for their masculinity from women or maybe just one woman. But femininity can never bestow masculinity.

There ends up being a false self we create to distance ourselves from the question we fear, that gives others the impression we have it all figured out, when deep inside everything is mush. The answer lies in going to the One who created us for a very specific purpose and indeed knows who we are (Psalm 139). Jesus never shied away from acknowledging that He was totally dependent on the Father. Many times He said things like, "I and the Father are one." Or "I do nothing apart from the Father."

We have been created to be dependent on God, yet we as men continually try to convince ourselves we can do it on our own. In order to bring us to a point of recognizing our daily need to walk with Him, the Lord will bring us through trials that force us to depend on Him. The false self is stripped away until there is nothing left for us to do. Here and only here

can the wound be healed. The Lord will walk us through an intensely personal awakening to reveal whom He created us to be if we will only trust Him.

So when troubles arise, instead of whining or complaining, we should ask, What is it the Lord wants me to see? What is He trying to teach me? What do I need to learn? Then we will be on the road to true masculinity.{5}

Notes

1. Stu Weber, *Tender Warrior* (Sisters, Ore.: Multnomah Books, 1993), p. 43.
2. Ibid., p. 92.
3. Ibid., p. 92.
4. John Eldredge, *Wild at Heart* (Nashville: Thomas Nelson, 2001), p. 5.
5. This last section summarizes chapters 3-7, which are the heart of Eldredge's book, *Wild at Heart.* When reading *Wild at Heart,* one needs to be aware that Eldredge's language is sometimes imprecise and can leave the wrong impression. I'm convinced that Eldredge sees that the real battle we all must face is with spiritual forces, and that our physical tests of strength are only rehearsals for the real thing. But his book can be misinterpreted as an excuse for men to overindulge in risky behavior and some men to take dangerous risks they are not prepared for. For some, *Wild at Heart* can only serve as an appeal to the flesh.
So, is the tender warrior wild at heart? Yes, but not to the degree some choose to believe.
Eldredge uses a great illustration on page 83. "Yes, a man is a dangerous thing. So is a scalpel. It can wound or it can save your life. You don't make it safe by making it dull; you

put it in the hands of someone who knows what he's doing." Only the Ultimate Tender Warrior, Jesus Christ qualifies.

©2003 Probe Ministries

Trash Your Marriage in Eight Easy Steps – A Christian Perspective

Sue Bohlin helps us take a biblical perspective on eight activities and attitudes that will tear down our marriage. Fortunately, she also provides us eight Christian alternatives that will help build up our marriages.

The divorce rate is at an all-time high, and marriages are falling apart everywhere you look. Marriages of church-going people are crashing and burning especially fast. There are forces in our culture that contribute to marriage stresses such as pornography, the prevalence of drivenness, two-career families, and the dynamics of the blended family. But people also make foolish choices to destroy their marriages from within.

Talking about the family, Proverbs 14:1 says, "The wise woman builds her house, but the foolish tears it down with her own hands." Ephesians 5:28 exhorts husbands to love their wives as their own bodies, nourishing and cherishing them. God's plan is that we treasure and cultivate our marriages, but it's very easy to trash them instead. Let's take a tongue-in-cheek look at eight ways that people trash their marriages.

Be Selfish

The first step is to *be selfish*. My pastor once said that the AIDS of marriage is justified self-centeredness. Everything needs to revolve around you because, let's face it, you *are* at the center of the universe, right? If you find something you like to do that ignores your spouses' feelings and interests, go ahead and do it! Too bad if they don't like it! You only go around once in life, so grab for all the gusto you can get!

Always insist on having things your own way. If you don't get your own way, throw a tantrum. Or freeze your spouse out. Get your kids involved in this game by saying things like, "Would you please ask your father to pass the salt?" Don't be afraid to withhold sex if your spouse isn't letting you have things your own way. There's a *lot* of power in that, so don't waste it!

If there's only enough money in your budget for what one of you wants, make sure you get what *you* want. Especially if you're the wage earner, or if you make more than the other. Money is power, and don't be afraid to use it against your spouse!

Make demands instead of requests. Wives, let your husband know that he *will* do things your way, or you'll make his life miserable. Husbands, when you want your wife to do something, just *tell* her to do it. "Please" and "thank you" are for the kids. This is your spouse you're talking about—they don't need it. Save all your courtesy for strangers; don't waste it on the person you said you'd spend the rest of your life with.

What we really mean to say:

Selfishness is guaranteed to hurt marriages, so ask for God's help in putting your husband or wife ahead of yourself so you *don't* trash your marriage.

Pick at Each Other

The second step is to *pick at each other.* If you know that something you do annoys your spouse, be sure to do it often. And intentionally. When she complains about it, tell her to buzz off, it's not as annoying as the stupid things she does to bug *you*. The more childish the annoying habit, the better.

Be critical of the smallest thing the other one says and does. Don't let your spouse get away with anything! Stay vigilant for every little offense. Be sure to address these small details with an air of superiority . . . unless it works better for you to act like a martyr, as if you deserve the Nobel Prize for putting up with someone who doesn't squeeze the toothpaste from the end.

Always get the last word when you're arguing. Dr. Phil McGraw has said that the most accurate predictor of divorce is when people don't allow their partners to retreat with dignity. So make your spouse feel whipped and defeated at the end of a fight. As long as you win, that's what matters.

Let The Kids Be More Important

A third step to trashing your marriage is to *let the kids become more important than your spouse.* Moms, make your husband feel left out of the intimate, secret relationship between you and your baby. As the baby grows, continue to draw the line where it's you and your child on one side, your husband on the other. Keep your Mommy hat on all day and all night. Your kids don't care if your hair is brushed and if you put on perfume and a little makeup before Daddy comes home, so why should he?

Dads, invest all your energies into making your child succeed at what he's good at, or what you *want* him to be good at. Squeeze out Mom so that you will be your kid's favorite parent. Work so hard on homework and school projects that

there’s no time for family time.

Let the kids and your other priorities crowd out your “alone together” time. Date nights are for unmarried people! In order to be fulfilled as a person, it is essential to invest all your energies in parenting, career, housework, church commitments and hobbies, so don’t worry if there isn’t enough time left over for the two of you. It’s no big deal. There’s always tomorrow. Or next year.

What we really mean to say:

Hey! If you find yourself doing these things, *stop*! You don’t have to trash your marriage!

Show Disrespect

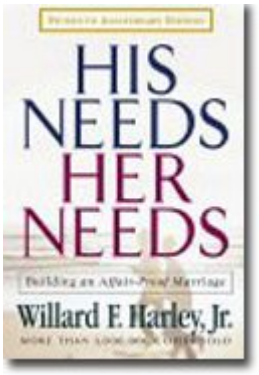
Show disrespect for your spouse, especially in public. One of the best ways to disrespect your partner is ugly name-calling, especially about things he or she can’t change. However, the old standbys of “stupid,” “fat,” “ugly,” “weak,” and “loser” are always effective, too.

Complain about your spouse to your friends. It’s even more powerful if you do it in front of your spouse. Then, if he objects, punch him in the arm and say, “I’m just kidding! You take everything so *seriously!*”

There are a number of ways to show disrespect with nonverbal communication. Roll your eyes, cluck your tongue, narrow your eyes in contempt. The heavy sigh is a real winner, too.

Wives: Straighten out your husband when he makes a mistake, especially in front of others. Lecture him. Ridicule him: his feelings, his behavior, his dreams, his thoughts. Do everything you can to emasculate your husband. Husbands: Let your wife know you think your opinion is better than hers. Interrupt her when she’s speaking.

Refuse to Meet Emotional Needs



Another easy way to trash your marriage is *to refuse to meet your spouse's emotional needs.* Men and women need different things from their life partners. Dr. Willard Harley discovered and examined a pattern in his excellent book *His Needs, Her Needs.* Husbands' top needs, it turns out, are: first of all sexual fulfillment; second, recreational companionship; third, an attractive spouse; fourth, domestic support; and fifth, admiration. Wives, if you want to trash your marriage, ignore his need for sex and that you be there for him in leisure time. Blow off his desire that you look your best and he can be proud that you're his wife. Make your home as stressful and chaotic as you can, and never, ever tell him what you admire about him.

Wives' top needs are: first of all affection; second conversations; third, honesty and openness; fourth, financial commitment; and fifth, family commitment. So guys, if you want to trash your marriage, don't show your wife you love and appreciate her. Don't talk to her. Close off your heart to her. Make her constantly worry about finances. Don't be a faithful husband and father.

Dr. Harley's got a Web site, MarriageBuilders.com, that has a lot of good, practical information for building strong marriages, so you'd better stay away from there if you're not interested in being intentional and constructive!

Remember, we're being tongue-in-cheek here. We want you to *build* your marriage, not *trash* it!

Treat Your Friends Better than Your

Spouse

The sixth easy step to trashing your marriage is to *treat your friends better than your spouse.* Since a lot of men unfortunately don't even have friends, this is something women tend to do more. Women know how to treat their girlfriends. They call them up just to encourage them. They drop off flowers for no reason. They send them cards, and they listen intently to whatever's going on in their lives. They are emotionally invested in their friends. They are quick to mention when someone looks nice or does something well because women are usually good at affirming each other. If you want to trash your marriage, don't do any of these thoughtful kindnesses for your husband. If your girlfriend is having a bad day, go out of your way to take her a wonderful casserole *and* fresh salad *and* dessert . . . but serve your husband Spaghetti-O's.

But husbands, if your wife needs you for something at home, and your buddy scores some tickets to a game, tell your wife "too bad, so sad." After all, she'll be around forever but tonight's hockey game won't. If someone at church or in the neighborhood needs something fixed, drop everything to take care of it, even if it means that the broken things around *your* house will continue to go unfixed.

Be a Pansy

Step number seven for trashing your marriage has two parts. Husbands, *be a pansy*. Retreat into the safety of passivity. Refuse to take initiative or responsibility in making plans or suggestions. That way, when things go wrong, you can say, "Don't blame me! It's not my fault!" These are great ways to trash your marriage.

Be His Mother

Wives, *be a mother* to your husband. When people ask how many children you have, say things like, “Two—three, if you count my husband.” Tell him to wear a coat when it’s cold and take an umbrella when it’s raining, because he can’t figure it out on his own. Be sure to say “I told you so” as often as possible. If he is passive or irresponsible, jump in and rescue him so he won’t have to deal with the consequences of his own choices. Make sure he feels three years old. Tell him how to live his life, down to the smallest detail.

What we really mean to say:

Please, if you find yourself doing these things, ask for God’s help in being *con*structive instead of *de*structive. We want to help you *build* your marriage, not *trash* it.

When You’re Angry, Blow Up

Let’s talk about one final way to trash your marriage. Yell and scream, or quietly say hurtful words; it doesn’t matter. Inflicting pain is the important thing. Call each other names in the heat of your emotion. Dredge up the past and bring up old hurts. You can hit or slap with words as well as with hands, and they each leave a different kind of lasting damage to your spouse and to your marriage. Losing control when you’re angry is a powerful way to hurt your spouse.

Build Your Marriage in Eight *Harder* Steps

Well, enough of ways to trash your marriage—how about eight steps to build it? All we have to do is look at the opposite of this article’s negative, destructive steps.

To build your marriage, fight selfishness by developing a servant’s heart. Commit yourself to acting in your spouse’s best interests. Do at least one unselfish deed for your

husband or wife every day.

Second, instead of picking at each other, choose to let things go. Be grace-givers. Remember that "love covers a multitude of sins" (1 Pet. 4:8).

Third, be intentional in keeping your marriage at the center of your family. Have regular date nights, and schedule times away to invest in the intimacy of your relationship. Go to a FamilyLife Marriage Conference (www.familylife.com).

Fourth, commit to actively be respectful to your spouse by never saying anything negative to other people. Be kind in your words and actions. Treat each other as courteously and with the kind of honor you would bestow on a stranger or a dear friend.

Fifth, talk about your spouse's particular emotional needs. Read Willard Harley's excellent book *His Needs, Her Needs.* Find out which ones are most important to *your* partner, and do everything in your power to meet them.

Sixth, treat your husband or wife at least as well as you treat your friends. Be as thoughtful and encouraging and affirming as you can possibly be.

Seventh: Ladies, resign as your husband's mother. You married an adult; treat him with the respect an adult deserves. Men: Your wife needs a servant-leader—someone who refuses either passivity or tyranny—to love her as Christ loves the church.

And last, when you're angry, express it wisely and constructively. Use words like "I'm angry about this" instead of yelling or hurtful silence. If you're too mad to speak with self-control, wait till you cool down. And don't go to bed without dealing with the situation (Eph. 4:26).

You don't *have* to trash your marriage. You can treasure it instead.

© 2003 Probe Ministries

“My Boyfriend and I Are Committed to Each Other, So Why is Sex Sinful?”

My boyfriend and I have both have been faithfully committed to each other for 4 years. He is now questioning the issue of fornication and is having a hard time in dealing with this issue. He believes that it is a sin to have sex out of marriage.

I agree, but I believe that we are committed to each other, and in God’s eyes I am committed 100%. The only difference is that we are not legally married. We do plan to marry, maybe in a few more years. We do not live together. Please help me understand why do I see it OK??

Dear _____,

I would gently take issue with your choice of words. If you and your boyfriend are not married, you may like each other and even love each other, but you are not in a committed relationship. A committed relationship is marriage. Right now all you have is strong feelings and good intentions. God’s standard for what makes sex holy and right and not sinful is a marriage relationship, which means you have gone through a wedding, a public declaration of commitment that makes you a new social unit in the eyes of the community.

I’m glad you care about this issue. But how can you say you are committed in God’s eyes when He has already told us what

He thinks? In God’s eyes you are committing fornication, because you are not married. It really is that black and white.

Hope this helps!

Sue Bohlin
Probe Ministries

Romantic Hyperbole: A Humorous Look at Honesty in Love

It seemed like a good idea at the time.

It would be a great way to express my enduring affection for my wife. I would find seven romantic birthday cards and give one to Meg each day for a week, starting on her birthday. It would continue a sweet tradition begun before we married.

Each card would have a simple picture that would tenderly convey our feelings for one another. Inside would be an endearing slogan or affirmation to which I would add a personal expression of my love for her.

I didn’t foresee that Day Three would bring an ethical dilemma.

I carefully selected the cards and arranged them in an appropriate sequence. Day One showed a cute puppy with a pink rose. Inside: “You’re the one I love.”

Day Two featured a picture of a little boy and girl in a

meadow with their arms over each other's shoulders. The slogan: "Happy Birthday to my favorite playmate."

Day Three depicted a beautiful tropical sunset: bluish pink sky, vast ocean, silhouetted palm trees. You could almost feel the balmy breeze. Inside: "Paradise is anywhere with you", to which I added personal mention of places holding special memories for us: an island vacation spot, a North Carolina hotel, our home.

I completed the remaining cards, dated the envelopes, and planned to bestow one card each morning of her birth week. Then reality happened.

You see, I had agreed to go camping with her for Days One and Two. Camping is something Meg thrives on—outdoor living, clean air, hiking, camp fires. It's in her blood. Camping is something I did in Boy Scouts—dust, mosquitoes, noisy campers, smelly latrines. It ranks just below root canals on my list of favorites.

We camped at a state park only fifteen minutes from our home. On her birthday morning, she liked the fluffy puppy. Day Two, the cute kids made her smile. So far, so good.

Meanwhile, I was tolerating camping, doing my best to keep my attitude positive. The food was OK; the bugs were scarce. After two days, I was ready to go home as planned. Meg wanted to stay an extra day. We each got our wish.

Once home and alone, I pulled out Meg's card for "Day Three," the one with the tropical sunset and the "paradise is anywhere with you" slogan.

Should I give her the card? I had chosen to leave the campground. "But," I reasoned with myself, "the slogan was true lots of the time."

I settled on a compromise, a post-it note on the envelope

explaining, “You may find that this card contains just a bit of romantic hyperbole.”

Might giving it a clever-sounding label defuse my hypocrisy?

The echoes of her laughter still reverberate through our home. I got off easy.

“Speak the truth to each other,” wrote a Jewish sage. “Speak. . . . the truth in love,” advocated a first-century biblical writer. Wise advice for just about any relationship.

“Romantic hyperbole” has become a humorous gauge of truthfulness in our relationship, a test for honesty. Neither of us enjoys every location on earth. She feels some sporting events are a waste of time. I can get bored at shopping malls. But as long as we are honest with each other about our feelings, the bond seems to grow stronger.

That’s no hyperbole.

© 2002 Rusty Wright

Love Myths

Soul Mates

In this article we are going to focus on a few of the myths surrounding love and romance that can have a negative effect on dating and marriage. Some of these ideas have become so pervasive in our society that it may seem heretical to label them as myths. But as we will see, they can have a devastating impact if they are accepted uncritically.

The first myth is the belief that you will know when you meet

“the one.” Of course, this assumes that there is only one person who is right for you—a soul mate you must find and marry. Garry Friesen in his book *Decision Making & the Will of God* (along with many other Christian writers) question whether there is *only* one right person for you to marry. But I will set aside this theological question to focus on some relevant practical issues.

First, is the problem of a false positive. We have all heard stories about couples who met and immediately one or both of them knew they were going to marry the other person. Often we call this “love at first sight.” But we don’t hear as much about the many other people who met, thought they had met “the one,” but later decided not to get married or ended up getting married and then divorced.

Certain people come into our lives and we immediately “click” with them. Why? We carry around in our minds a template of what that certain ideal person may be. It is influenced by our family background, our own expectations, books, movies, and personal experiences. When that template comes into our lives sparks fly. We may not even know much about that person’s social, family, and religious background, but we are immediately attracted to him or her. We may feel that he or she is “the one,” but over time our relationship may surface concerns that might be detrimental to a successful marriage. Unfortunately, many people can be blinded by a belief that they have met “the one” and thus ignore important warning signs.

Second is the problem of the false negative. We also no doubt have heard stories of couples who weren’t attracted to each other when they first met. Many didn’t even like the other person. Only over time did they get to know each other and began to see admirable qualities in what became their marriage partner.

Pepper Schwartz in her book *Everything You Know About Love and*

Sex Is Wrong (New York: Pedigree, 2000) says we are a romance-addicted society. We love movies with Tom Hanks and Meg Ryan, but life is more complicated than what is portrayed in movies with skillfully written plots, blended music, beautiful actors, and exotic locations.

Choosing a marriage partner requires more than romance and emotion. For every story someone tells of finding "the one" and experiencing "love at first sight," there are many more where those initial emotions turned out to be wrong.

Two Peas in a Pod

The second love myth is the belief that you should be similar to your partner. This myth is quite pervasive in part because there is some truth to it. Obviously, there should be some common basis of belief within a marriage. The Bible warns Christians not to be "unequally yoked together with unbelievers." (2 Cor. 6:14) And there should be some common areas of social and cultural similarity.

But I believe we should question the prevailing belief that your life partner should be the same age, height, and race while having the same interests, gifts, and abilities. As some marriage counselors have said, "If your mate is exactly like you, then one of you is redundant." Strong marriages celebrate the differences and work to have each person's gifts and abilities complement the other. One partner may be good with the finances. The other partner may be good in the kitchen. One partner may be good at details. The other partner may be able to look at the bigger picture and plan for the future. Each partner's gifts complement the other partner's gifts.

In many cases, having a similar partner can actually be a source of conflict. Kevin Leman has found that two "first-borns" bring their perfectionist tendencies into a marriage. They will often "pick" at each other leading to increased marital conflict. Does that mean that two first-born children

should never marry? Of course not. But they might want to reconsider whether they want to marry someone who is so similar to them.

What about differences in age? Couples should obviously consider the implications of vast differences in age in terms of energy level, hobbies, activities, and friendships. But there is also good reason to begin to rethink the prevailing assumption that compatibility must be based upon similar ages. Once again different ages and life experiences might be a significant way to bring complementarity into a marriage.

The same could be said about difference in ethnicity. Not so long ago, society frowned upon so-called mixed marriages. Today, more and more marriage partners come from different ethnic and racial backgrounds. While we still tend to marry people who come from the same social and cultural background, this trend seems to be changing.

The key point is this: you don’t have to be similar to your partner to have a good marriage. In fact, your differences might actually help you to complement each other in marriage.

Annoying Habits

Now I would like to focus on the question of whether little annoying habits are unimportant in a long-term relationship.

When we are in love, little things like bad manners or chronic lateness may seem insignificant. Besides, we reason, we can always change our partner later on so that this is no longer a problem. We may even convince ourselves that these little annoying habits are kind of cute.

Well, they may seem cute in the courtship phase of a relationship, but they usually don’t stay cute once you are married and have to deal with them every day. In fact, small habits often grow into bigger habits once they are indulged.

The book *Everything You Know About Love and Sex Is Wrong* describes a study done by Professor Diane Femly at the University of California-Davis. The researcher asked people why they married and then why they divorced. The reasons for both were often quite similar. The only difference is that what was once sweet had now turned sour.

For example, a person might say: “I married him for his incredible sense of humor.” When asked why they broke up, she might say: “He was always silly, he was a lightweight.” Another person might cite her partner’s creativity and spontaneity as a big attraction, but later said of her spouse that he was “a dreamer” who “couldn’t stick with any one thing, couldn’t plan anything ahead of time.”

So it wasn’t that these people didn’t know who they married. Their spouse hadn’t changed, but their tolerance of their habits had changed. What was a minor annoyance before they married, became a major reason for their breakup later on.

Frankly, I believe one of the real tests in a marriage are the minor annoyances of everyday life because they accumulate day after day. A quirky habit might be even attractive when you first encounter it, but with daily repetition can become annoying and irksome.

A related issue is the iceberg problem. Most of the mass of an iceberg is below the surface. Likewise, most of the really difficult problems a person may have will stay below the surface during the dating and courtship phase of a relationship. Many couples, in fact, awake on their honeymoons to an entirely different person than the one they thought they married.

Here are a few issues to consider:

- *Cleanliness: what might at first seem like an admirable lack of vanity may indicate a general lack of personal hygiene.*

> • *Neatness: although keeping things in order may seem like a small thing, it can develop into a major problem in marriage reminiscent of scenes from "The Odd Couple."*

The bottom line is this: consider the long-term impact these little annoying habits will have in your marriage, *before* you get married.

Living Together

Next I would like to look at the question of living together before marriage.

In our society today, cohabitation has become an extension of dating and courtship. Couples see living together as an audition for marriage, reasoning that you want to get to know someone intimately before you marry them. Although the logic seems sound, it not only goes against biblical injunctions but against sound sociological research.

A 1999 study by sociologists David Popenoe and Barbara Dafoe Whitehead released through the National Marriage Project at Rutgers University confirms earlier studies about the danger of cohabiting and added additional detail. They found that cohabiting appears to be so counterproductive to long-lasting marriage that unmarried couples should avoid living together, especially if it involves children. Whitehead says that living together is "a fragile family form that poses increased risk to women and children."

Part of the reason for the danger is the difference in perception. "Women tend to see [living together] as a step toward eventual marriage, while men regard it more as a sexual opportunity without the ties of long-term commitment." And people who live together in uncommitted relationships may be unwilling to work out problems, and instead will seek less fractious relationships with a new partner.

The National Institute for Healthcare Research has found that couples who live together and then marry report less satisfaction in their marriages than other couples. Scott Stanley at the University of Denver has found that cohabiting couples who get married have a significantly higher rate of divorce than those who did not live together.(*A Lasting Promise: A Christian Guide to Fighting for Your Marriage*. Josey-Bass, 1998)

Couples argue that living together will provide important information about how a partner will behave and interact once married. But a cohabiting person may be quite different from a person within marriage. Marriage is a commitment for life, while cohabitation is usually a commitment for a season. That makes a big difference in a relationship. It's like the difference between being in a play and auditioning for the play. In the first example, you are in the stage production and working to make the play the best it can be. In the second example, you are trying out for the play and have much less invested.

Couples may also argue that they can live together and eventually get married when they are ready for children. But will that day ever come? The living together arrangement actually erodes a foundation of commitment rather than strengthening it. And if the woman becomes pregnant during cohabitation rather than marriage, it is less likely that the children will have a legal (and committed) father.

Living together before marriage may sound like a good idea, until you look at the facts.

Got Problems? Have Kids

Finally I would like to conclude by focusing on the idea that children bring a couple closer.

To begin, let's acknowledge that Psalm 127:3 says that

children are a gift from the Lord. Children are wonderful. A Christian family with children is delightful.

The issue here is the prevailing belief that bringing a child into a relationship that has problems will improve the situation. There is good evidence to believe that is not the case. If anything, a child can increase the tensions that are already present. Pepper Schwartz in her book *Everything You Know About Love and Sex Is Wrong* believes this may be the most damaging myth of the 25 myths she addresses in her book.

The fantasy that children will increase love and intimacy needs to be balanced by the reality that child-rearing also involves time and energy that can increase stress, fatigue, and worry. It will also decrease privacy and communication between partners. Unfortunately, many young couples may underestimate the impact of children on their marriage and be unprepared for the constant daily attention necessary to be a successful parent.

While having a child may be one of the most intimate things a man and a woman can do, the erosion of intimacy after the child arrives often surprises many couples. Even before the child arrives, a pregnant mother often begins to feel fat and unattractive. Once the baby arrives, she must give most of her time and attention to the child. On the positive side, she is madly in love with the child but may tend to squeeze her husband out of the picture. On the negative side, she may be so exhausted from caring for a child all day that she has little energy left for her husband.

Even good marriages must work hard not to allow their marriage to be pulled into two parallel worlds. It is natural to begin to divide tasks and focus on those, but couples need to schedule “date nights” and “talk times” to make sure their two worlds intersect. Isolation is a natural drift in any marriage. Children and children’s activities can increase isolation if marriage partners don’t attempt to counter-

program against the pressures that naturally will push a couple apart.

Couples should also plan ahead for a time when children are not a constant focus of the marriage. In my article on *The Second Half of Marriage,* I talk about the time when children begin to leave the nest. No longer does the marriage have to be child-focused. It should return to a partner-focused marriage. Even while a couple is traveling through "the valley of the diapers," they should keep a clear focus on the need to invest time, energy, and emotions in their partner.

Children are a gift from the Lord, but couples should understand their impact on a marriage. If a marriage has problems, having children will not bring that couple closer.

©2002 Probe Ministries.

"My Racist Parents Disapprove of My Boyfriend"

I am a Christian. I have had a boyfriend for almost three years. He is a wonderful guy…inside and out. He is a strong Christian and we have great chemistry and are very like-minded in our habits, finances, etc. I love him very, very much.

The only thing is that we are an interracial couple… with him being Chinese-American and me being white. There are some cultural differences in that his family depends on him for support….and that worries me. (That in the future, he will never leave his family so we can start our own family.)

Also, he loves his mother and sister dearly and I feel that he compares me to them…which I can never meet up. I can't help

but to feel jealous for the way he loves and puts his sister on a pedestal. I compare myself to her frequently and it is killing my confidence.

Furthermore, my parents (they are non-Christians) strongly disapprove of our relationship because of his race.

I guess my questions are: 1) What does the bible say about interracial dating/marriage and 2) Should I obey my parents or give in to their racism?

I am just overwhelmed and have lost myself in all these problems. I know God will keep us together if it is in His will…but I could really use some godly truth and insight to all these things. Can you offer some insight into my problem?

The Bible makes distinctions between two kinds of people: believers and non-believers. It says nothing about interracial marriages. We have an article on that here: www.probe.org/what-does-the-bible-say-about-interracial-marriages/

Obeying your parents is a command for children. Once we become adults, we are commanded to *honor* our parents. The difference is that once we're adults, we take our direction directly from God. We honor, not obey, our parents by listening to what they say and seriously considering it, and then doing whatever God leads us to do.

However, the cautions you express about your relationship are very serious and should be explored even if your parents were 100% for your marriage. You not only have a cultural difference, you have a situation where your boyfriend's relationship with his mother and sister could very well be more important than his relationship with you. That's why Gen. 2:24 (later re-emphasized by Jesus Himself) says that a man should leave his mother and father (both physically and emotionally) and cleave (i.e., stick like Superglue) to his wife. If a man's primary emotional connection is to his family

of origin instead of his wife, the marriage will be in trouble from day one.

You need to have a very frank talk with him about his emotional priorities. It may well be that this is a matter of your perception and not his reality, because of your own insecurities. If you fight jealousy and insecurity NOW, there's a good chance it will only get worse. That's a part of finishing growing up that you need to deal with before you marry anyone, but spend some time finding out who you are and what your strengths and "gift package" are so that you are content with YOU. If you're content with yourself and able to accept yourself, you won't waste emotional energy comparing yourself with others.

One other thing: if your boyfriend's emotional warmth toward his mother and sister is actually healthy and he would truly have no problem putting you first, then the fact that he has a good relationship with them is a good thing. It's when men are hostile and disrespectful toward female relatives that there is a red flag. (The other red flag is when a man bonds more with his female relatives than with his male relatives.)

I would suggest that you spend more time talking to him about this, especially your fears that he will never leave his family so you can start your own. There are many, many forces against marriages today. If you get married knowing that both families are not in agreement, you are adding a huge amount of stress to your relationship, because I can verify after 28 years of marriage that you don't just marry a person, you marry a family.

You need to read some good books on Christian marriage: FamilyLife.com is a wonderful resource.

In the wise words of Dr. Laura, sometimes love just isn't enough.

I hope this helps.

Sue Bohlin

© 2002 Probe Ministries