The Value of Christian Doctrine and Apologetics

Dr. Michael Gleghorn makes a case for why Christian doctrine and apologetics are important for spiritual growth and maturity.



Just prior to beginning college, I committed my life to Christ. Naturally, as a new believer wanting to grow in my faith, I embarked upon a program of daily Bible reading. When I came to Paul's letter to Titus in the New Testament, I was both struck and inspired by a particular command, which I found nestled among others, there in the first chapter.

Paul reminded Titus, whom he had left on the island of Crete, that he wanted him to "straighten out what was left unfinished and appoint elders" in the local churches which had been established (Titus 1:5). After listing various spiritual and moral qualifications that an elder was to have, Paul went on to insist that he must also "hold firmly to the trustworthy message as it has been taught, so that he can encourage others by sound doctrine and refute those who oppose it" (Titus 1:9). When I first read those words, it was as if a light went on inside my head and I thought, "That's exactly what I would like to do! I want to be able to 'encourage others by sound doctrine and refute those who oppose it'" (Titus 1:9). Paul's words thus encouraged me to take up, in a serious way, the study of Christian doctrine and apologetics.

But what exactly do I mean by "Christian doctrine" and "apologetics"? At its most basic level, Christian doctrine is essentially the same thing as Christian teaching. Such teaching aims at providing a logically consistent and "coherent explication of what the Christian believes."{1} Apologetics is a bit more complicated. It comes from the Greek

term, *apologia*, and means "defense." It was often used in law courts in the ancient world.{2} Indeed, the book of Acts records several instances in which the Apostle Paul was called upon to "make a defense" of himself before various governing authorities, like Felix, Festus, and Agrippa (e.g., Acts 24:10; 25:8; 26:1-2).

Of course, when we're talking about *Christian* apologetics, we're concerned with "making a defense" of the truth-claims of Christianity. The Apostle Peter tells us, "Always be prepared to make a defense to any one who calls you to account for the hope that is in you, yet do it with gentleness and reverence" (1 Peter 3:15). Christian doctrine and apologetics play an important role in the life and health of the church. So please keep reading as we delve more deeply into these issues.

The Value of Christian Doctrine

Why is Christian doctrine important for the life and health of the church? The Apostle Paul told Titus that he wanted him to appoint elders in the local church who would be able to "encourage others by sound doctrine and refute those who oppose it" (Titus 1:9). The teaching of sound Christian doctrine is important for several reasons, but for now let me simply mention two. First, sound Christian doctrine helps us to learn what is true about both God and ourselves. Second, it reminds us of the right way to live in light of such truths. And both of these are essential for the life and health of the church.

First, it's important to know what is true about God and ourselves. Indeed, our eternal destiny depends on it! Not only must we know that God is holy and righteous and will punish all sin, we must also realize that we are sinners (Numbers 14:18; Romans 3:23). But this, in itself, would lead to despair. Hence, we must also understand that God loves us and sent his Son to be the Savior of the world (John 3:16; 1 John

4:14). We need to grasp that
forgiveness and reconciliation with God are freely available to those who turn to Christ in repentance and faith (Acts 3:19; 16:31). Sound Christian doctrine is thus essential for salvation (John 14:6; Acts 4:12; 1 John 5:9-13; 2 John 1:9). Without it, true spiritual life and health is impossible.

But this does not exhaust the importance of Christian doctrine. For once we are saved through faith in Christ, God then calls us to grow up and become like his Son—and this would be exceedingly difficult apart from instruction in sound Christian doctrine. As Christian philosopher Bill Craig observes, "If we want to live correctly for Christ . . . we need to first think correctly about Christ. If your thinking is skewed and off-base, it is going to affect your life and your Christian discipleship."{3} Indeed, the Apostle Paul contrasts Christian *maturity*, characterized by genuine "knowledge of the Son of God," with spiritual *immaturity*, characterized by a lack of such knowledge and a proneness to being deceived (Ephesians 4:13-14).

God calls us to Christian maturity—and instruction in Christian doctrine plays an important role in our spiritual growth. But there is also a role for Christian apologetics—and we must now turn to consider that.

A Defense of Christian Apologetics

Many people question the value of Christian apologetics for the life and health of the church.{4} They contend that it's impossible to "argue" anyone into becoming a Christian. Instead of making a defense for the truth of Christianity, we ought rather to invest our limited resources in preaching the gospel of Christ, trusting that God will open people's hearts and draw them to himself.

Now while I certainly agree that we should be preaching the

gospel, and trusting that God will use it to draw men and women to himself, this negative view of apologetics is frankly unbiblical, untrue, and shortsighted.

In the first place, such a view is unbiblical. Both Jesus and the Apostle Paul used arguments and evidence to convince their listeners of particular theological truths (Matthew 22:15-46; Acts 17:16-34). Moreover, the
Apostle Peter tells us to always be ready to "make a defense" (or offer an apologetic) to those who ask about our hope in Christ (1 Peter 3:15). A negative view of Christian apologetics thus runs counter to the teaching of Scripture.

Second, it's simply untrue that no one ever comes to Christ through apologetic arguments and evidence.{5} Indeed, sometimes the Holy Spirit actually uses arguments and evidence to draw people to Christ!{6} And while such people may admittedly be in the minority, they can be extremely influential in commending the faith to others, for they are often prepared to offer good reasons for believing that Christianity is really true!

Finally, a negative view of Christian apologetics is shortsighted. The great theologian J. Gresham Machen argued that we should aim to create "favorable conditions for the reception of the gospel." Along these lines, he noted the difficulty of attempting to do evangelism once we've given up offering an intellectually credible case for the truth of Christianity. "We may preach with all the fervor of a reformer," he said, "and yet succeed only in winning a straggler here and there, if we permit the whole collective thought of the nation . . . to be controlled by ideas which . . . prevent Christianity from being regarded as anything more than a harmless delusion."{7} Machen understood that neglecting apologetics is shortsighted. For unless we offer arguments and evidence, we make it that much easier for people to simply shrug their shoulders and continue ignoring

Christianity's truth-claims.

Having now dismantled the arguments *against* apologetics, we'll next consider its *benefits* for the life and health of the church.

The Value of Christian Apologetics

Christian apologetics is concerned to offer a robust defense for the truth of Christianity. Hence, training in Christian apologetics can be of great value for the life and health of the church. This is because such training helps to instill within believers a deep confidence that Christianity is really true. And when one becomes convinced that Christianity is really true, one is typically more likely to share one's faith with others—and less likely to abandon the faith when confronted with various social, cultural, and intellectual pressures.

Let's consider that first point, that when one becomes convinced of Christianity's truth, one is more likely to share this truth with others. Many Christians admit to being hesitant about sharing their faith because they're afraid someone will ask them a question that they are ill-prepared to answer.{8} Training in apologetics can help counteract this fear. Granted, one may still be asked a question that is difficult to answer. But apologetics training can help alleviate the fear associated with such situations by helping believers understand that good answers are available—even if they can't remember what those answers are! To give an illustration, if I learn that there is excellent evidence that a particular drug can cure some disease, then I will be far more confident about sharing this fact with others—even if I can't answer all their questions about *how* the medicine works. I may not remember exactly *how* it works, but I do know that there is very good evidence *that* it works. And knowing this, I will naturally be more confident telling others about it, even

if I can't answer all their questions about how or why.

Moreover, training in apologetics can help insulate believers from abandoning the faith, for they now know that there are good reasons to believe that Christianity is really true. Of course, most people who abandon the faith do so for *non*-intellectual reasons. Still, as Paul Chamberlain observes, "A number of vocal critics who have moved from Christianity to atheism cite intellectual difficulties with Christianity" as a prime reason for quitting the faith.{9} While apologetics training can't completely prevent such outcomes, it can make them less likely. After all, it's far more difficult to abandon a view once you've become sincerely convinced of its truth.

Our Witness to the World

Over a hundred years ago, the theologian J. Gresham Machen forcefully argued that, for the faithful Christian, all of life—including the arts and sciences and every sphere of intellectual endeavor—must be humbly consecrated to the service of God.{10} Indeed, this should be true not only for every individual Christian in particular, but for the entire church in general. Our witness to the world depends on it.

Machen wrote:

> Christianity must pervade not merely all nations, but . . . all of human thought. The Christian, therefore, cannot be indifferent to any branch of earnest human endeavor. It must all be brought into some relation to the gospel. It must be studied either in order to be demonstrated as false, or else in order to be made useful in advancing the Kingdom of God. . . . The Church must seek to conquer not merely every man for Christ, but also the whole of man.{11}

In this article, we've been considering the importance of Christian doctrine and apologetics for the life and health of

the church. And clearly, Machen's proposal cannot be effectively implemented apart from a healthy understanding of these issues on the part of the church. After all, how can "all of human thought" be brought "into some relation to the gospel" unless we first understand what the gospel is? How can views "be demonstrated as false" unless we first have some idea of what's true—and how to reason correctly about it? How can views "be made useful in advancing the Kingdom of God" unless we first understand such views, along with how and why they can be useful in advancing God's kingdom? If we are ever to have a hope of carrying out a project like this, in a manner that is both practically effective and faithful to our God, then sound Christian doctrine and apologetics must occupy a central role in our endeavors.

Christian doctrine and apologetics are not antithetical to the life and health of the church. They are rather of fundamental importance. Only by knowing what we believe, and why it's really true, can we fulfill Peter's injunction to always be ready "to make a defense" to anyone who asks about our hope in Christ (1 Peter 3:15). And only thus can we progress to true spiritual maturity, avoiding the "craftiness of men in their deceitful scheming" (Ephesians 4:13-14). So if we care about the life and health of the church—along with its witness to the world—we must encourage a healthy dose of respect for sound Christian doctrine and apologetics.

Notes

1. Molly Marshall-Green, "Doctrine," in *Holman Bible Dictionary*, gen. ed. Trent C. Butler (Nashville: Holman Bible Publishers, 1991), 374.
2. Steven B. Cowan, "Introduction," in *Five Views on Apologetics*, ed. Steven B. Cowan (Grand Rapids, MI: Zondervan, 2000), 8, Kindle.
3. William Lane Craig, "Foundations of Christian Doctrine (Part 1)," *Reasonable Faith*, October 22, 2014, accessed August 22, 2018,

www.reasonablefaith.org/podcasts/defenders-podcast-series-3/s3-foundations-of-christian-doctrine/foundations-of-christian-doctrine-part-1/.
4. Many of the points made in this section are indebted to the discussion in William Lane Craig, "Foundations of Christian Doctrine (Part 2)," Reasonable Faith, October 29, 2014, accessed August 29, 2018, www.reasonablefaith.org/podcasts/defenders-podcast-series-3/s3-foundations-of-christian-doctrine/foundations-of-christian-doctrine-part-2/.
5. See, for example, the "Testimonials" section of the Reasonable Faith website, accessed August 29, 2018, www.reasonablefaith.org/testimonials.
6. William Lane Craig, *Reasonable Faith: Christian Truth and Apologetics*, 3rd ed. (Wheaton, IL: Crossway Books, 2008), 192.
7. J. Gresham Machen, "Christianity and Culture," *Princeton Theological Review* 11 (1913): 7.
8. Indeed, entire books have been written to help believers feel better prepared for such conversations. See, for example, Mark Mittelberg, *The Questions Christians Hope No One Will Ask: (With Answers)* (Tyndale, 2010).
9. Paul Chamberlain, "Why People Stop Believing," *Christian Research Journal* 41, no. 4:11.
10. Machen, "Christianity and Culture," 5.
11. Ibid., 6.

©2019 Probe Ministries

Make Your Faith Your Own

Kyle Skaggs encourages believers with practical suggestions for growing one's faith in Christ.

I was inspired to write this article when another believer

told me they weren't sure whether they continue to be a believer because they believe for themselves, or because of their parents' faith. It is that uncertainty I want to address.

One of the first questions our students are asked at Mind Games is, "Why are you a Christian?" Most of them can't give a good answer. There can be any number of reasons for this, but the one I am concerned with is a lack of spiritual maturity. Knowing and communicating why you are a Christian is one of the first steps to making your faith yours. Being able to definitively say that your faith in Christ is yours and not something inherited from family, friends, or culture gives you the confidence and the fortitude to be an effective witness to the world, which is critical these days.

The writer of Hebrews wrote, "For though by this time you ought to be teachers, you need someone to teach you again the basic principles of the oracles of God. You need milk, not solid food, for everyone who lives on milk is unskilled in the word of righteousness, since he is a child. But solid food is for the mature, for those who have their powers of discernment trained by constant practice to distinguish good from evil." (Hebrews 5:12-14)

To make your faith in Christ your own is to mature spiritually. Those who have grown up in the church, yet have not taken responsibility for their walk with Christ, are unable to discern good from evil because they are like children. At some point, you need to stop waiting to be spoon-fed by your parents or your pastor every Sunday and start being deliberate about your relationship with God. This means adopting a mindset that encourages spiritual growth.

To grow spiritually, we need to first desire to grow closer to God. If you lack that desire, then doing any activity to grow spiritually will become a chore. This requires prayer and introspection guided by the Holy Spirit. If you ask God for

it, He will change your heart to give you that desire. Put yourself in God's shoes: don't you think it would please Him to be asked, "Lord, I want to WANT to grow closer to You. Please give me a heart that seeks You more"?

Next, expect Him to work in your life. Trust that God will change you. Furthermore, trust that God will not lead you astray. Trust that He will speak to you through the scriptures, through other Christians, and through prayer. In our culture it is popular to be skeptical, and that is fine so long as that is used to discern God's word from man's; but we still need to be open to the fact that God can and will reveal His will to us. Trust that the Holy Spirit will guide your interpretation. You still need to learn to discern truth from falsehood. If what is said does not contradict scripture, then it may be true and helpful. Engage in activities that will form godly habits.

Spend more time with God. Just as you get to know someone better by spending more time with them, you will get to know God better as you spend more time with Him. Be deliberate about this, planning your day around that time you have set aside for Him. That looks like spending time in His word, meditating on what you have read, talking to Him in prayer by sharing your heart with Him and then listening for a response. It can look like cultivating mindfulness of God's presence with you and His gracious activity in your life through giving thanks for the ways in which He provides, protects, and shows His love for you.

It is frustrating to ask God to change you, only to continue to stumble over sinful habits. Stop relying on yourself to change your behavior. Don't simply ask God for help, yet change nothing about your life. The New Testament frequently uses the word translated "repent" to describe a U-turn in actions and direction. Repentance is something we need to do—with God's help, but it is still our responsibility. God does not do it for us. Start doing things that will help you

grow spiritually. Studies have shown that when people engage with the scriptures at least four times a week, the odds that they will engage with sins like drunkenness, marital infidelity, gambling, and pornography decrease significantly. Meanwhile, those who experience what researchers call “the power of 4” more than double the odds of sharing their faith, memorizing scripture, and discipling others.{1}

In the same way that you need to eat well in the weeks leading up to a race, you need to fill your head with godly things. For example, if all your music is about sex and violence, is it any surprise your thoughts drift to those subjects? Do whatever you can to increase the amount of godly things going into your head through your eyes (your screens) and ears (your playlist).

Trust that God will answer your prayers. If for example you sprain your ankle, and a friend lays their hands on you and prays for healing, trust that it was God who healed you. He is in control of all things, choosing to act directly, or through people, or through the natural processes He created. His actions do not need to be miraculous, so do not hesitate to give Him credit when your prayer is answered.

Remember the prayers God answers. It is in our nature to remember the bad things that happen to us more than the good. So it can be easy to allow every unanswered prayer to overshadow those that are answered. Keep track of what you are praying for, and as time goes on, see what prayers God has answered. Being able to see how God has been at work in your life will increase your faith, which in turn leads to spiritual maturity. Start praying and looking for opportunities to act in faith. To do this, you need to be listening to the promptings of the Holy Spirit.

Sometimes, these opportunities will seem random. Whether witnessing to somebody, or helping the needy, taking the opportunity to glorify God will increase your faith in Him.

Finally, always ask the Holy Spirit to reveal your heart to you. It is so easy to lie to yourself, and God cannot be pleased by the self-righteous.

To summarize, if you want to grow as a man or woman of God, you need to take responsibility for your faith. Decide that you want to grow spiritually. Develop godly habits that encourage your faith to grow. Pray for opportunities to glorify God. Trust God to reveal His will to you. Remember the prayers He answers. As you develop these habits and learn to make Christ the Lord over your life, your faith will grow.

Notes

1. Cole, A., & Ovwigho, P. C. (December 2009). *Understanding the Bible Engagement Challenge: Scientific Evidence for the Power of 4*, Center for Bible Engagement. bttbfiles.com/web/docs/cbe/Scientific_Evidence_for_the_Power_of_4.pdf

©2024 Probe Ministries

Putting Beliefs Into Practice Revisited: Twenty-somethings and Faithful Living

Rick Wade updates his earlier discussion of 3 major ingredients necessary for Christians' faithful living: convictions, character, and community.

A Turning Point

In recent months Probe has focused more and more attention on

the state of the younger generations in the evangelical church regarding their fidelity to basic Christian doctrines and Christian practices like prayer and church attendance. Our concern has deepened as we've become more aware of the fact that, not only is the grasp on Christian beliefs and practices loosening, but that some unbiblical beliefs and practices in our secular culture are seen as acceptable for Christians.



With this in mind it seems appropriate to revisit a program I wrote over ten years ago on the necessity of linking our beliefs with the way we live in order to practice a healthy Christian life. It was based on Steven Garber's book *The Fabric of Faithfulness.*{1} Garber's book was written with college students in mind. However, the principles are the same for people in other stages of life as well.

The Fabric of Faithfulness was written to help students in the critical task of establishing moral meaning in their lives. By "moral meaning" he is referring to the moral significance of the general direction of our lives and of the things we do with our days. "How is it," he asks, "that someone decides which cares and commitments will give shape and substance to life, for life?"{2}

In this article I want to look at three significant factors which form the foundations for making our lives fit our beliefs: convictions, character, and community.{3}

For many young people, college provides the context for what the late Erik Erikson referred to as a *turning point*, "a crucial period in which a decisive turn *one way or another* is unavoidable."{4} However, as sociologists Christian Smith and Patricia Snell report, graduation from college is no longer the marker for the transition of youth to adult.{5} Steve

Cable notes that “most young adults assume that they will go through an extended period of transition, trying different life experiences, living arrangements, careers, relationships, and viewpoints until they finally are able to stand on their own and settle down. . . . Some researchers refer to this recently created life phase as ‘emerging adulthood,’ covering the period from 18 to 29.”{6}
<h3>*Telos* and *Praxis*

The young adult years are often taken as a time to sow one’s wild oats, to have lots of fun before the pressures (and dull routine!) of “real life” settle in. Too much playing, however, delays one’s preparation for those pressures. In addition, bad choices can be made during that time that will negatively affect the course of one’s life.

Theologian Jacques Ellul gives this charge to young people:

“Remember your Creator during your youth: when all possibilities lie open before you and you can offer all your strength intact for his service. The time to remember is not after you become senile and paralyzed! . . . You must take sides earlier—when you can actually make choices, when you have many paths opening at your feet, before the weight of necessity overwhelms you.”{7}

Living in a time when so many things seem so uncertain, how do we even *begin* to think about setting a course for the future? Steven Garber uses a couple of Greek words to identify two foundational aspects of life which determine its shape to a great extent: *telos* and *praxis*. *Telos* is the word for the end toward which something is moving or developing. It is the goal, the culmination, the final form which gives meaning to all that goes before it. The goal of Christians is to be made complete in Christ as Paul said in Colossians 1:28: “Him we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone mature [or complete or perfect] in Christ.” This over-arching *telos* or goal should

govern the entirety of our lives.

Garber's second word, *praxis,* means action or deed.{8} Jesus uses the word in Matthew 16:27 when he speaks of us being repaid according to our deeds or *praxis.*

While everyone engages in some kind of *praxis* or deeds, in the postmodern world there is little thought given to *telos* because many people believe no one can *know* what is ultimately real, what is eternal, and thus where we are going. We are told, on the one hand, that our lives are completely open and free and the outcome is totally up to us, but, on the other, that our lives are determined and it doesn't matter what we do. How are we to make sense of our lives if either of those is true?

Where we begin is the basic beliefs that comprise the *telos* of the Christian; i.e., our convictions.

Convictions: Where It Begins

When we think of our "end" in Christ we're thinking of something much bigger and more substantive than just where we will spend eternity. We're thinking of the goal toward which history is marching. In His eternal wisdom God chose to sum up all things in Christ (Eph. 1:10). New Testament scholar J. B. Lightfoot wrote that this refers to "the entire harmony of the universe, which shall no longer contain alien and discordant elements, but of which all the parts shall find their centre and bond of union in Christ."{9} It is the *telos* or "end" of Christians to be made perfect parts of the new creation.

Who is this Jesus and what did he teach? He said that He is the only way to God, and that our connection with Him is by faith, but a faith that results in godly living. He talked about sin and its destruction, and about true faith and obedience. What Jesus said and did provide the content and ground of our convictions, and these convictions provide the

ground and direction for the way we live. These aren't just religious ideas we've chosen to adopt. They are true to the way things are.

Garber tells the story of Dan Heimbach who served on President George H. W. Bush's Domestic Policy Council. Heimbach sensed a need while in high school to be truly authentic with respect to his beliefs. He wanted to know if Christianity was really true. When serving in Vietnam he began asking himself whether he could really live with his convictions. He says,

"Everyone had overwhelmingly different value systems. While there I once asked myself why I had to be so different. With a sense of tremendous internal challenge I could say that the one thing keeping me from being like the others was that deep down I was convinced of the truth of my faith; this moment highlighted what truth meant to me, and I couldn't turn my back on what I knew to be true."{10}

Christian teachings that we believe give meaning to our existence; they provide an intellectual anchor in a world of multiple and conflicting beliefs, and give direction for our lives. For a person to live consistently as a Christian, he or she must know at least basic Christian doctrines, and be convinced that they are "true truth" as Francis Schaeffer put it: what is really true.

Character: Living It Out

So our beliefs must be grounded in Christ. But we can't stop there. Not only do we need to receive as true what Jesus taught, we also need to live it out as He did. After telling the Corinthians to do all things to the glory of God, Paul added that they should "be imitators of me as I am of Christ" (1 Cor. 11:1).

Morality is inextricably wedded to the way the world is. A universe formed by matter and chance cannot provide moral

meaning. The idea of a "cosmos without purpose," says Garber, "is at the heart of the challenge facing students in the modern world."{11}This is a challenge for all of us, student and non-student. Such a world provides no rules or structure for life. Christianity, on the other hand, provides a basis for responsible living for there is a God back of it all who is a moral being, who created the universe and the people in it to function certain ways. To not live in keeping with the way things are is to invite disaster.

If we accept that Christianity *does* provide for the proper development of character in the individual based on the truth of its teachings, we must then ask *how* that development comes about. Garber believes an important component in that process is a mentor or guide.

Grace Tazelaar graduated from Wheaton College, went into nursing, and later taught in the country of Uganda as it was being rebuilt following the reign of Idi Amin. At some point she asked a former teacher to be her spiritual mentor. Says Garber, "This woman, who had spent years in South Africa, gave herself to Grace as she was beginning to explore her own place of responsible service." Grace saw her mentor's beliefs worked out in real life.{12}

The White Rose was a group of students in Germany who opposed Nazism. Brother and sister Hans and Sophie Scholl were strongly influenced in their work by Carl Muth, a theologian and editor of an anti-Nazi periodical. One writer noted that "The Christian Gospel became the criterion of their thought and actions." Their convictions carried them to the point of literally losing their heads for their opposition.

Being a mentor involves more than teaching others how to have quiet times. They need to see how Christianity is fleshed out in real life, and they need encouragement to extend themselves to a world in need in Jesus' name, using their own gifts and personalities.

Community: A Place to Grow

Garber adds one more important element to the mix of elements important in being a Christian. We've looked at the matter of convictions, the beliefs we hold which give direction and shape to our lives. Then we talked about the development of character, the way those beliefs are worked out in our lives. Community is the third part of this project of "weaving together belief and behavior" (the sub-title of Garber's book), the place where we see that character worked out in practice.

Christian doctrines can seem so abstract and distant. How does one truly hold to them in a world which thinks so differently? Bob Kramer, who was involved in student protests at Harvard in the '60s, said he and his wife learned the importance of surrounding themselves with people who also wanted to connect *telos* with *praxis*. He said, "As I have gotten involved in politics and business, I am more and more convinced that the people you choose to have around you have more to do with how you act upon what you believe than what you read or the ideas that influence you. The influence of ideas has to be there, but the application is something it's very hard to work out by yourself."{13}

The Christian community (or the church), if it's functioning properly, can provide a solid plausibility structure for those who are finding their way. To read about love and forgiveness and kindness and self-sacrifice is one thing; to see it lived out within a body of people is quite another. It provides significant evidence that the convictions are valid. "We discover who we are," says Garber, "and who we are meant to be—face to face and side by side with others in work, love and learning."{14}

During their university years and early twenties, if they care about the course of their lives, young people will have to make major decisions about what they believe and what those

beliefs mean. Garber writes, “Choices about meaning, reality and truth, about God, human nature and history are being made which, more often than not, last for the rest of life. Learning to make sense of life, for life, is what the years between adolescence and adulthood are all about.”{15}

Convictions, character, and community are three major ingredients for producing a life of meaningful service in the kingdom of God, for putting together our *telos* and our *praxis*.

Notes

1. Steven Garber, *The Fabric of Faithfulness: Weaving Together Belief and Behavior During the University Years* (Downers Grove: InterVarsity Press, 1996). An expanded edition was published in 2007 under the shortened title *The Fabric of Faithfulness: Weaving Together Belief and Behavior*.

2.Ibid., 27.

3. Ibid., 37.

4. Erik Erikson, *Insight and Responsibility: Lectures on the Ethical Implications of Psychoanalytic Insight* (New York: W.W. Norton, 1964), 138, quoted in Garber, 17.

5. Christian Smith and Patricia Snell, *Souls in Transition: The Religious and Spiritual Lives of Emerging Adults* (Oxford University Press, 2009).

6. Steve Cable, “Emerging Adults and the Future of Faith in America,” Probe Ministries, 2010, www.probe.org/emerging-adults-and-the-future-of-faith-in-america/.

7. Jacques Ellul, *Reason for Being: A Meditation on Ecclesiastes* (Grand Rapids: Eerdmans, 1990), 282-83, quoted in Garber, 39.

8. Colin Brown, ed., *The New International Dictionary of New Testament Theology* (Grand Rapids: Zondervan, 1976), s.v.

"Work," by H.-C. Hahn (3:1157-58). [Note: The hyphen is there in the source text.]

9. J. B. Lightfoot, *Notes on the Epistle of St. Paul*, 322, quoted in Brown, NIDNTT, s.v. "Head," by C. Brown (2:163).
10. Garber, Fabric, 122.

11. Ibid., 59.

12. Ibid., 130.

13. Ibid., 149.

14. Ibid., 147.

15. Ibid., 175.

© 2011 Probe Ministries

Instead of New Year's Resolutions

Fill in the blank: New Year's _____.

You probably either supplied "Eve" or "Resolutions," right?

Resolutions are intentions that may last days or weeks, but so often they peter out before we even get used to using the new year in our dates. May I suggest that instead of forming resolutions, we spend time asking some powerfully insightful questions that will help us evaluate ourselves truthfully and helpfully?

Here are three questions that many community/accountability groups ask each other regularly (as in, weekly):

What am I doing to feed myself (spiritually)? *How am I spending time in God's word and other sources of spiritual truth and wisdom such as books?*

What am I doing to feed my flesh? *How am I indulging my appetites and desires in ways that glorify myself instead of God?*

What am I doing to feed others? *How am I pointing others to Christ and helping them grow spiritually?*

My pastor at Watermark Community Church-Plano, Kyle Kaigler, is especially good at pointed questions. Every morning, as he thinks back on the previous day, he examines himself in four areas:

Where was I hooked? (caught in a bad habit that controls me)

Where was I cold? (being so self-focused that I failed to be loving and kind to those around me)

Where was I scared? (allowing my fear of man to keep me from saying and doing the things I should be)

Where was I proud? (taking credit for what God did)

(Pastor Tim Keller asks these same questions: https://www.thegospelcoalition.org/blogs/erik-raymond/help-with-prayer-simple-clear-gospel-devotion-from-tim-keller/)

Kyle also offers these questions:

John Piper says that "God is most glorified in us when we are most satisfied in Him." So, looking back over the last 12 months:

What are the most God-glorifying occasions over this past year that came from finding satisfaction in Him? *When was I moved to erupt in gratitude and praise for what God did in my life? Were there sweet moments of deep connection with others, or a*

"lightbulb moment" when He revealed truth to me in a way that zapped lies and wrong beliefs? Were there moments of realizing I was just immersed *in His goodness?*

What was a distraction to the glory of God? *In what areas of my life is my stubborn affinity for my flesh, getting my way, insisting on staying in my comfort zone, serving like mud that covers up "Christ in me, the hope of glory"? Where did my entrenched habits (such as continually checking my phone) function like a stop sign, keeping God at a distance? How have I tuned Him out so that I miss the ways He wants to nudge me, direct me, lead me through the day?*

Here are some helpful spiritual assessment questions:

What has God been teaching me in His word? We should be recording the things the Holy Spirit is showing us in our time in His word so we can remind ourselves of His lessons and insights. Otherwise we are the guy from James 1 who looks in a mirror and then turns away, thoughtlessly unaware of what he looks like.

How's my time with the Lord?

a. Consistent and meaningful (It's ok to choose this option)
b. Consistent but not so meaningful (I am faithful to go before the Lord but I leave the time unfulfilled)
c. Inconsistent but meaningful (I don't do it very often but when I do, He is faithful to meet me there)
d. Inconsistent and not meaningful (it's just not happening)

(If a or c) **How is God transforming my life?** What is God revealing about Himself and His desire for my life? How is my heart being changed to more faithfully follow where He is leading? What have I surrendered (or still working on surrendering) to Jesus' control? How is my life changing so He is increasing, and I am decreasing?

(If b or d) **What are the barriers to consistent and meaningful**

time with God? (Busyness, worldliness, selfishness, sin—lust of the flesh, lust of the eyes, sinful pride of life)

Am I sharing my story of how Jesus Christ changed my life?

Am I being a good steward of the body God gave me?

Am I being a good steward of the resources He has given me?

And finally, again thanks to Kyle, here are some interesting survey questions for family members:

Spouse survey

1. What were the best memories that we made together this year as a *couple*?
2. What were the best memories that we made together this year as a *family*?
3. What would you consider the key challenges we faced as a family this past year? What about in our marriage?
4. If someone were to ask you, "Describe your current marriage relationship." What would you say and why?
5. If you could change anything about last year, what would it be and why?
6. Based on the experiences that we have had as a couple and as a family, what have you learned about God and His work in
   our lives?
7. What are 3 trips or activities that you would enjoy doing together this next year?
8. What do I do that really ministers to you and you would love it if I did it more?
9. What are your top fears/concerns for each of our children?

Kid Survey

1. What have been some of the best times you have had with me this past year?

2. If you had to give me some advice on being a better parent, what would it be and why?
3. What are some things that you would like to talk with me about and why?
4. What are some of your fears that you would like me to pray for you about?
5. What is something that you would like to do with me?
6. How can I help you grow as a Christian?
7. As you consider conversations and time together as a family over the past year, what new things have you learned or understood more about God?

I think these powerful questions, answered thoughtfully and truthfully, will serve us better than any New Years Resolution we've ever made.

This blog post originally appeared at blogs.bible.org/instead-of-new-years-resolutions/ on December 31, 2019.

Scraping Ceilings and Souls: Lessons on Sanctification From a Home Improvement Project

The process of upgrading and repairing Byron Barlowe's home helped him to see how God does the same kind of transformation in the souls of Christ-followers.

My wife and I are living in a suspended state of misery in our

own home. It's like camping in a plastic-lined dustbin after a tornado blew furniture and books into random piles. Hidden in every crevice there's a thin fog of whitish dust and snow that won't melt. "How long, O Lord?" This odyssey started as we launched a long-awaited kitchen remodel, which would be stress enough: "Where's that sink they took out with the bulk waste—we need it back until the granite people come to install the new one!" Camping indoors again.

But then we succumbed to the contractor's compelling sell-job on removing popcorn from our ceilings—you know, that lumpy stuff hanging from 20th century ceilings. "They'll get it done and clean it up for you." No sweat, right? Right!

Anyone who's lived through a major renovation or addition can testify to the disturbance. It's an all-encompassing project. "How many more trips to Home Depot?" I'm at the library writing this and will head to the shower at the YMCA. The paint makes it hard to sleep. Finally, we left for vacation. Disruption of routines and an exploded sense of place overwhelms and badgers us.

Yet God is in it. The ordeal is bringing out loads of attitudes and frustrations in me, especially since God seems to be doing an *attitude renovation* within me simultaneously. Is that dual lesson cruel of God, or spiritually strategic? Do I really grow when things sail smoothly along?

Yes, the promise of a new look and feel gets lost in the temporary tiresomeness of it all. The more you have, the more you pay in so many ways! Yet, what we had was not up to grade. Some of it was poised to cause disaster, like some plumbing in our kitchen. Replacing the working fridge with a cooler one (accidental pun) revealed a faulty valve. It had to be replaced. In the same way, my soul needs a makeover.

Like a master plumber, the Lord needs to hook up the new pipes of grace he has for me. He's renovating my heart. I need to

grow into the new creation I already am. New openings for new blessings, old things made new. Getting hung up on my way of seeing issues or settling for an inadequate view of God's goodness calls for a major overhaul. The Lord is committed to make this happen as I somewhat grudgingly lay my life before him in submission—again. It hurts and is a mess, like the unexpected plumbing issue. But like the fridge fix, it makes possible a bounty of unspoiled fruit and prevents a nasty flood!

Back to the originally intended project: the process for the ceiling redux is a multi-step process. It requires the following:

- **scraping**: complete with the roar of compressor to spray water, a sharp scraper, and the old junk that falls to floor (and into everything) like oatmeal or, well, wet popcorn
- "**mud**" to fill holes and fix gouges, a lot like grout for tile or what painters do with picture hanger holes
- **texture** for a new, updated look, smoother than the stuff from the days of puffy hairdos and disco music!
- And **paint** to "top" it off and complete the enjoyable and more livable change.

Simple processes aside, the disarray and disruption of either kind of renovation cannot be overstated. Every last physical item, habit, and way of life has been overturned, from sleeping to showering, eating to breathing itself. Repeat after me, self: *temporary pain for years of gain*. And isn't that what spiritual growth is like? Is it worth it? This is the operative question each time the Lord convicts us of sin or a character issue. Sanctification—the project of turning us into the real likeness of Christ—promises *eternal* reward and glory! It showcases the goodness and truth of God. Maturity matters, even though its development stinks at efficiency and convenience from a human perspective.

Because negative thought patterns burn into our minds and even have bodily effects, they need to be peeled off, removed. Kind of like the dragon skin of the character Eustace, the unbearably cynical and snooty boy character in C.S. Lewis's *Voyage of the Dawn Treader.* His spiritual blindness and insensitivity had to go but was painful to remove. Sin sticks and separates us from God, goodness and others. Due to its toxic spiritual effects, transformation can't be kept waiting. We, like young Eustace, need to release our sense of entitlement and thanklessness, rid ourselves of a false sense of pleasure and pride. He have to grow new skin. We too must be scraped over, repaired, remade and painted afresh.

What does this spiritual scraping of sanctification look like in more detail? Well, not unlike ceiling refurbishment in so many ways.

Necessary Disruption

First, like those old popcorn ceilings, coverings in my soul simply must be replaced, and not for reasons of fashion. *Scraping ceilings and hearts is inconvenient*—the workers are in our house all day. The Lord does his work while we do our lives. There is never a "good time" for it. You just have to suck it up and have your life turned around a bit. I have been forced, in no small part by dealing with contractors and suppliers, to wrestle down thoughts like, "People are clueless—I wish they'd smarten up and pay attention." While there is truth behind those convictions as we all know, people have reasons for distraction and the unredeemed have no choice but to be self-centered and confused. The Lord has been revealing what it means to "value others above yourselves" (Philippians 2:3). When my protective and cynical dragon skin layers are removed, I begin to appreciate how gentle and ordered others' minds can be. Their skills and especially their ability to roll with messy, changeable situations amazes me. They are better than me at a lot of things. Regardless of my perceptions, God sees them as priceless and since he loves

me supremely, so I can afford to regard them as more important than myself.

Healing Takes Time, Repetition

Second, *filling in the holes and cracks means going over the same "ground" again*. It's detailed work and has to set up and dry before you can move on. This does not feel efficient, yet it ensures that things are permanently restored. Often, the soulish equivalent of this comes in the form of deep fellowship and counseling—filling in the injury done to our souls with solid truth and love. The old becomes new again, the cracked smooth, the damaged healed. "Restore to me the joy of your salvation and grant me a willing spirit, to sustain me" (Psalm 51:12).

The Grace of Preparation and Protection

In fact, prepping the house took the most time: taping plastic to the floor, draping furniture and ceiling fans, disconnecting light fixtures and removing air vents. It's as if the protection of our belongings and dwelling takes precedence over the new look and underlying stuff. Isn't this God's way? As his Spirit renovates our lives, he lines us with protective layers of grace and love, draping us with the encouragement of prayers he evokes on our behalf and the love of fellow Christ-followers.

Renovation Takes Force

Third, just like ceiling overhauls, *retexturing* is yet another wearying pass over the same square footage for the purpose of renewal—*and it has to be forced*. Workers hold a little orange plastic tank attached to a hose that's hooked up to a compressor, then spray the new coating on the freshly prepared surface. The pneumatic motor kicks into a whining screech that fills the house. Without that push, the spray can't come out of the nozzle ten feet in the air. Similarly, the Spirit's regeneration of our souls is noisy, messy, pushy and downright

unpleasant. We may tire of reaching up to do our part in spreading newness onto the same surface from which God has removed the old stuff. Our shoulders and hearts get exhausted, sore from holding up our part of the work. The air is a bit nasty to breathe. But if our new life is to be realized, it has to be done, forcibly.

The Stuff of Spiritual Renovation

Just what is such *spiritual newness*? The material used is God's Word illumined by his Spirit, creating new pathways for our minds, hearts and wills, right down to the bone and marrow of our beliefs. It means filling our minds with "whatever is true . . . honorable . . . right, . . . pure . . . lovely . . . of good repute . . . any excellence [and] anything worthy of praise" (Philippians 4:8), being "transformed" and "renewed" in our minds (Romans 12:1-2), reckoning (deciding to be so) ourselves dead to sin and alive to God in Christ Jesus" (Romans
6:11). All of these fresh Spirit-pumped coatings can cover our internal overheads with new, living realities. That is, thinking and believing in a life-giving outlook that takes seriously the promise that "if anyone is in Christ, he is a new creation; the old has passed away, and see, the new has come!" (2 Corinthians 5:17) is the ultimate renewal. Now, the house has a new sky, if you will, and the sun is ready to shine a bit brighter. As we capitulate to the often onerous process of scraping, mudding, and texturing, we experience a brand new covering for ceilings and souls-in-Christ. And now for the *coup de grace*!

New Paint, New Spiritual Robes

Painting is the final stage of this household transformation. Gone are the ugly, useless bits, replaced with the smoothness of shalom—peace-filled blessedness—where defects get filled in and fixed as we submit to the work. Likewise, as we are molded into Christ's likeness, we put on robes of pure white

righteousness (Revelation 19:8; 3:4). So much can be said about the glory of holiness produced in willing saints. Suffice to say that the glory that awaits us outshines even the brightest hues applied to earthly surfaces. Our spiritual man is growing brighter, even as our bodies break down and fade. “We do not lose heart, but though our outer man is decaying, yet our inner man is being renewed day by day” (2 Corinthians 4:16).

Many of us have ceilings that overhang us with old, outdated looks. All believers in Christ have rooms—perhaps whole houses—that need reworking. Let the scraping begin. It’s worth it!

Maximum Faith

May 31, 2011

How does God transform the lives of Christians? If you think the answer to that question is easy, perhaps you should talk with George Barna. Six years after beginning what he assumed would be a relatively typical research process that sought to better understand how God transforms people’s lives, he discovered he had tackled a deeply challenging and amazingly revealing journey. The end product was his new book, *Maximum Faith*.

After lots of research and exhausting surveys, he was able to describe what he calls ten stop points on the journey to wholeness. Stop 1 is ignorance of the concept or existence of sin. Millions of people grow up oblivious to the fact that God exists and that we have a sin nature. Stop 2 is an awareness and indifference to sin. As life goes on, people gain exposure to the idea of sin, but many do not accept it as valid or

significant. Stop 3 is concerned about the implications of personal sin. And stop 4 is a decision to confess sin and ask Jesus Christ to be savior. It is worth noting that about 2/3rd of Americans are stuck in one of these four stops.

Stop 5 is a commitment to faith activities. A believer gets involved in church activities (church service, Sunday School classes, etc.). Another quarter of Americans are at this stop. This means that nearly 90 percent of Americans are stuck at one of the first five stops and are not therefore not experiencing the other five stops that George Barna has identified.

Stop 6 is a prolonged period of spiritual discontent. Stop 7 is an experience of personal brokenness. Stop 8 is a decision to surrender and submit fully to God. Stop 9 is enjoying a profound intimacy with the love for God. And stop 10 is experiencing a profound compassion and love for humanity.

It is worth noting that only a fraction of a percent find themselves in these last two stops. In general, Christians in America are not experiencing what God intends for them. Put another way, most Christians are captive to the culture and therefore unwilling to seek godliness. I'm Kerby Anderson, and that's my point of view.

Zap the Lies, Hug the Truth – 1

As the scriptures tell us that King Saul stood head and shoulders above everybody else, there is one aspect of the spiritual growth process that seems to stand head and shoulders above the rest: identifying and renouncing the lies

that hold us in bondage, and embracing God's truth which sets us free.

Recently, I have been blessed by the experiences of two dear friends, both dealing with the fallout of trauma, as Jesus lovingly takes them through this process.

One of them is a college student whose parents wisely equipped her in how to think through negative thoughts and feelings:

1. Is _____ the truth? [No.]
2. That makes it a . . . [Lie.]
3. Where do lies come from? [Satan.]
4. God tells us truth because He is truth. So what does He say about it?

Armed with this powerful weapon, my friend successfully handled a molestation that happened in the middle of the night while she spent the night at the home of a friend. Wounds like that are "lie factories" that pump out pain and destruction. But she was able to pull out the arrows that had pierced her heart and let Jesus' truth bring healing.

Lie #1: "You got what you deserved. It's YOUR fault, because you didn't lock the door." **Truth:** I did NOT deserve it. That man is responsible for his own sinful choice to violate me. 1 Corinthians 6:18 – Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body.

Lie #2: "Ha! Hypocrite! You make everyone think you're leading a pure life, but you're nothing but a soiled dove." **Truth:** I'm a hypocrite when it was something done TO me?? 1 Timothy 5:2b – [exhort] younger women as sisters, with all purity. He did not treat me with purity. I did not invite his mistreatment of me.

Lie #3: "You want your husband to be a virgin on your wedding day. Why should he be? You only have your 'technical'

virginity left." **Truth:** My innocence was not freely given; it was taken. My "full" virginity has been restored. Psalm 147:3 – He heals the brokenhearted and binds up their wounds.

Lie #4: "No guy will want a soiled dove. That guy you are growing to love? Ha! You aren't good enough for him." **Truth:** I may not be good enough for HIM, but Jesus thinks I'm to die for! John 3:16; Jeremiah 29:11-13…

Since this was the biggest lie and the deepest wound, God also provided these powerful verses: Psalm 37:4 – Delight yourself also in the LORD, and He shall give you the desires of your heart. Psalm 84:11 – For the LORD God is a sun and shield; The LORD will give grace and glory; No good thing will He withhold from those who walk uprightly.

Praise God that His truth is powerful enough to show lies for what they are, and destroy their power to shackle us! His word is sharper than any two-edged sword, able to zap lies and allow us to embrace the truth that gives life and light.

Next time I'll share the way Jesus revealed truth to zap the lies binding the heart of my other friend.

This blog post originally appeared at
blogs.bible.org/engage/sue_bohlin/zap_the_lies_hug_the_truth

How Change Happens

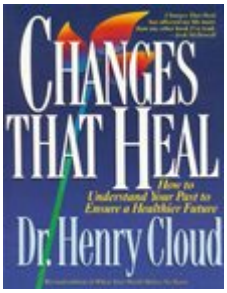
On my recent trip to Australia (2010), one of the topics I was asked to address at a conference featuring a redemptive view of homosexuality was "Is Change Possible?" This is a controversial question because there are some loud, insistent

voices in the culture who say, “Unless you never again have a homosexual thought or feeling, you haven’t changed. And since no one admits to that, any claim of change is an illusion.”

No one would apply that strict a standard to any other issue! Former alcoholics living sober and free from the chaos of their drinking for decades still would like a cold beer on a hot day, but that doesn’t mean they haven’t changed!

Is change possible? Change is part of life! But transformation is also part of what it means to be a Christ-follower. Understanding how change happens, on the other hand, is another matter. So I have been thinking about the process for a long time as I prepared for my message.

One of my favorite explanations comes from Dr. Henry Cloud in his book *Changes That Heal*. He gives a delightful application to one of Jesus’ parables in Luke 13.



> “A man had a fig tree, planted in his vineyard, and he went to look for fruit on it, but did not find any. So he said to the man who took care of the vineyard, ‘For three years I’ve been coming to look for fruit on this fig tree and haven’t found any. Cut it down! Why should it use up the soil?’
>
> “’Sir,’ the man replied, ‘leave it alone for one more year, and I’ll dig around it and fertilize it. If it bears fruit next year, fine! If not, then cut it down.’ (vv. 6-9)
>
> Grace and truth in this parable are symbolized by the actions of “digging around” and “fertilizing.” Using the trowel of God’s truth, we must dig out the weeds and encumbrances of falsehood, sin and hurt that keep the soil of our souls cluttered. In addition, we must add the fertilizer of love and relationship to “enrich the soil.”

As a Bible teacher, a lay counselor, and one involved in helping those deal with unwanted homosexuality, I have seen the truth of Dr. Cloud's suggestion over and over again. As we study God's word with an open heart and pursue knowledge of God and intimacy with Him in a personal relationship ("the trowel of God's truth"), change comes when we identify the lies we have believed about life, about ourselves, about other people, and about God, and replace them with the truth. Change comes when we repent of how our coping mechanisms have become sin because they keep us from trusting God. Change comes when we forgive those who hurt us so we are no longer in bondage to those who left wounds on our souls. Change comes when we live in community, engaging with the Body of Christ who can be "Jesus with skin on" to us. Change comes when people love us and accept us as we are so we can be courageous to deal with our "stuff" and cooperate with God in the changing, healing process.

Dr. Cloud continues,

> But the Bible tells us that in order for grace and truth to produce fruit, we need a third key element: time.
>
> Look again at verses 8 and 9. "'Sir,' the man replied, 'leave it alone for one more year, and I'll dig around it and fertilize it. If it bears fruit next year, Fine! If not, then cut it down.'" The gardener, who certainly symbolizes our Lord, the "author and perfecter" of our faith, realized that his work and the fertilizer need time to take effect. In short, *it takes time to grow*. And time alone will not do it. *Time must be joined by grace and truth.* When we respond responsibly to these three elements, we will not only heal, but also bear fruit.

We live in a microwave culture that has trained us to have unrealistic expectations about time. We want instant everything, and we hate waiting. I received an email from a young man in his early 20s who hated his same-sex attractions

and wondered how long it would take to get rid of them. I explained to him that it's not like a bad case of acne, it's far more complex than that, and that it's our experience that for people his age, three to five years of actively "digging around" in the soil of their hearts and minds produces lasting change. He thought that was too long. I wondered, "What will your life look like in three to five years if you keep going down the path you're on? Bless your heart!"

Change is normative. Change is expected. Change is hard work, but we have the assistance of our divine Gardener to make it happen.

This blog post originally appeared at
blogs.bible.org/how-change-happens/
on Sept. 14, 2010

"What Will Keep Us From Being Jealous About Others' Rewards in Heaven?"

If Christians in heaven are given different amounts of rewards in heaven, what prevents us from being jealous over other people's reward in heaven? I know that our body, mind, and soul all changed after we have got into heaven and that we should have no thoughts about jealousy. But if that is true, are we just like dummies, where we just think about good things? Are we prevented from thinking about jealousy in heaven? How can God prevent us from ever sinning again in heaven if He doesn't mind control us, because Angels in heaven were once good, but Satan turned bad. How can an angel turn bad? If God wasn't able to prevent angels from turning bad,

how can He prevent people in heaven from turning bad without mind controlling them?

Boy, lots of questions! Let me do my best:

> *If Christians in heaven are given different amounts of rewards in heaven, what prevents us from being jealous over other people's reward in heaven? I know that our body, mind, and soul all changed after we have got into heaven and that we should have no thoughts about jealousy.*

The best way to understand this that I have encountered is this: When we become a Christian, God gives us a new heart, and He comes to dwell in our spirits. Our spirits are the part of us that were designed to be indwelled by God, but ever since the fall of Adam, all of us were born with our spirits dead. At salvation they become alive.

Now imagine that He plants a tiny seed of new life in our spirits at salvation. As we trust and obey Him, as we learn to love Him, as we pursue growth through prayer, Bible study, discipleship and submission, our spirit grows. Some people's growth is much greater than others who are content to coast along in spiritual mediocrity. (That has something to do with the differing rewards in heaven, too.) So our spirits can grow bigger and stronger inside. On the outside is our flesh, that part of us that functions apart from God—our own strength and power. This is the part of us where jealousy dwells (as well as other fruits of the flesh in Galatians 5:19-21).

It has been suggested that at death, our flesh disappears, leaving our spirits and souls (personalities) to enter heaven. (That would make sense, since our flesh is unholy and only holy things can be in heaven.) So there we are in heaven, with whatever level of spiritual maturity and growth we had attained at death. No matter how "big" our spirits are, there is nothing in those God-indwelled, God-built spirits that can be jealous like our flesh was. It's sort of like what happens

after you have an appendectomy or a tonsillectomy—there's nothing there to get infected anymore, so you can't get appendicitis or tonsillitis. It's gone forever. Our flesh is "infected" with sin, so after the flesh falls away at death, there's no spiritual infection anymore.

> *But if that is true, are we just like dummies, where we just think about good things? Are we prevented from thinking about jealousy in heaven?*

Let's go back to my appendectomy illustration. Would you remember the pain of appendicitis after your appendix is out? Sure. Would you want your appendix back? Not usually! We'll remember feeling jealous like all our other sins, and we'll be delighted to be rid of the infection of our sin. It will be like returning to health after a long illness, except that it will be more like gaining a new dimension of health we have never experienced on earth. It's not that we'll be robots, unable to think anything but "happy thoughts". . . We will be free to ONLY think good thoughts and ONLY do good things, for the first time in our lives. That will be true freedom—to be the people we were created to be, without the dragging, disgusting, difficult influence of sinful flesh.

Or, to give another illustration, have you ever had a shopping cart with a wobbly wheel that kept veering off course when you wanted to go straight? It takes a lot of energy to make it go in the direction you want to go because of that corrupt, wobbly wheel. In heaven, it will be like having four perfect wheels that always take you where your true self wants to go—in ways that always glorify and please God. And you!

> *How can God prevent us from ever sinning again in heaven if He doesn't mind control us?*

This is a great time to point to the Lord Jesus as the perfect example of what mankind was supposed to be. The First Adam sinned and became so much less than what God intended us to

be; but Jesus, the Second Adam, showed us what Adam's character would have looked like without sin. How did God the Father prevent God the Son from sinning when He was on earth? He didn't have to: the very nature of God the Son was to do the will of God and GLORY in that obedience and fellowship with the Father. Just as the nature of a fruit tree is to bear fruit and the nature of a domestic dog is to love and be loyal to its master, the true nature of man is to love God and enjoy Him forever. When we're in heaven, all the things that prevent us from being the people God made us to be will have been taken out of the way, and we will be free to be who we really are. There won't be anything in heaven tempting us or influencing us to sin, because the part that is vulnerable to sin (our flesh) will be gone. Just like the inflamed appendix.

> *because Angels in heaven were once good, but Satan turned bad. How can an angel turn bad? If God wasn't able to prevent angels from turning bad, how can He prevent people in heaven from turning bad without mind controlling them.*

The angels, like us, had the gift of choice, to serve and obey God, or to rebel. God gave them the choice for the same reason He gave US the choice: because He wants to be freely wanted and pursued and loved, just like we do! They made their choice sometime between the creation of the world and the fall of Adam. They have been living with the eternal consequences of that choice ever since, either for good or for evil. When we're in heaven, we will be living with the delightful eternal consequences of our choice to trust Christ. It's not a matter of God mind-controlling us—it's a matter of God saying, "OK, the fight is over, now enjoy the freedom that comes with having made the right choice on earth. Your true heart's desire to BE good and DO good won't be compromised by your flesh here in heaven. Enjoy!" That's a long way from making us puppets. It's like my privilege as a parent to say to my about-grown kids, "I'm so glad you chose to spend the weekend here with us instead of out carousing with people bent on

self-indulgence and destruction. I've made your favorite dinner and I'd like to take you to your favorite store and get you a gift. Enjoy the fruits of your wise choice!" That's not controlling my sons—it's lavishing love on them. You could ask them if they feel that their dad and I are controlling them, and they'd look at you like, "Huh?"

I hope this helps.

Sue Bohlin

© 2001 Probe Ministries

Published November, 2001.

Putting Beliefs Into Practice

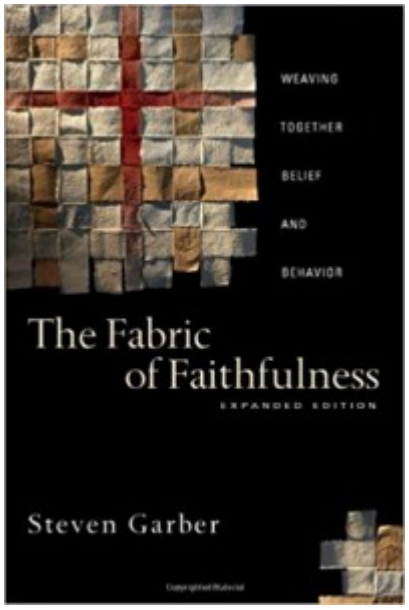
Rick Wade uncovers and analyzes three major ingredients to help students produce a life of meaningful service in the kingdom of God: convictions, character, community.

Why Do You Get Up in the Morning?

"Why do you get up in the morning?"

That's a question Steven Garber likes to ask college students. It might sound like a rather silly question at first. We get up in the morning because there are things to be done that won't get done if we lie in bed all day. But Garber wants to know something more important. What are the things that lie ahead of us that make it worth getting out of bed? What do we intend to accomplish? Are our ambitions for the day worthy ones? More importantly, How do they fit with our view of life, or our worldview?

Wait a minute. This is getting rather heavy. Should the activities of our day—routine and non-routine—be tied somehow to a worldview? This implies that our basic beliefs are significant for the way we live, and, conversely, that what we do with our days reflects what we really believe.



Steven Garber believes both are true. Garber is on the faculty of the American Studies Program in Washington, D.C. In 1996 he published a book titled *The Fabric of Faithfulness: Weaving Together Belief and Behavior During the University Years.* {1} The purpose of this book is to help students in the critical task of establishing moral meaning in their lives. By *moral meaning* he is referring to the moral significance of the general direction of our lives and of the things we do with our days. What do our lives mean on a moral level? "How is it," he asks, "that someone decides which cares and commitments will give shape and substance to life, for life? This question and its answer are the heart of this book." {2}

In this article we will look at the three significant factors to which Garber draws attention, factors that form the foundations for making our lives fit our beliefs: convictions, character, and community. {3}

For many young people, college provides the context for what the late Erik Erikson referred to as a *turning point*, "a crucial period in which a decisive turn *one way or another* is unavoidable." {4} College students no longer have Mom and Dad looking over their shoulders; their youth pastors are back home; their friends and other significant adults are not around to keep those boundaries in place that once defined their lives. They are on their own, for the most part. *In loco parentis* was the place the university once held in students' lives: "In the place of the parents." No more. One writer says

tongue in cheek that the new philosophy is *non sum mater tua*: "I'm not your mama."{5}

Even worse for Christian students, when they are on campus they don't find themselves on their own in a perfectly innocuous environment that seeks to continue in the students' lives what their parents began. Professor J. Budziszewski, a faculty member at the University of Texas at Austin, says that "The modern university is profoundly alienated from God and hostile to Christian faith." {6} Thus it is that in the college environment Christian students are really put to the test. Given the loss of the support group at home, on the one hand, and the input of new ideas and activities that are antithetical to their faith, on the other, how will they not only stand firm in their faith, but actively move forward in developing a life that is consistent with what they believe?

Before considering what Garber says about convictions, character, and community, let's think about beliefs and practice in general.

Telos and *Praxis*

Many students think of the college years as their chance to finally break loose of the constraints of home and have a good time—a *really* good time—before settling down into the hum-drum routine of adult life. They see education simply as a means for getting good jobs. Thus, academics are too often governed by the marketplace. Students who try to discuss ideas and issues outside the classroom are often put down by their peers. The attitude seems to be to do just enough to get the grades, and let the party begin! {7}

Is this why we send our children to college? Just to get good grades to get good jobs? For the Christian student this question is ever so vital.

Hear how Jacques Ellul expands the message of Ecclesiastes

chapter 12:

> Remember your Creator during your youth: when all possibilities lie open before you and you can offer all your strength intact for his service. The time to remember is not after you become senile and paralyzed! Then it is not too late for your salvation, but too late for you to serve as the presence of God in the midst of the world and the creation. You must take sides earlier—when you can actually make choices, when you have many paths opening at your feet, before the weight of necessity overwhelms you. {8}

Students don't understand the pressures that will come with career and marriage and family and all the other ingredients of adult life. The time to think, choose, and begin acting is when the possibilities still lie open before them.

Steven Garber uses two Greek words to identify the two aspects of life which must be united: *telos* and *praxis*. *Telos* is the Greek word for the end toward which something is moving or developing. It isn't just the end in the sense of the final moment in time; it is the goal, the culmination, the final form that gives meaning to all that goes before it. The goal that defines all human life is the time when Christ will return and reign forever and believers will be conformed to His image completely. This *telos* or goal should govern our actions. In fact, the adjectival form of the word, *teleios*, is the word Paul and James use when they call us to be perfect or complete (Col. 1:28; James 1:4).

Garber's second word, *praxis*, means action or deed. {9} In Matthew 16:27, for example, Jesus speaks of us being repaid according to our deeds or *praxis*.

The question we all need to ask ourselves is whether we are ordering our *praxis* in keeping with our *telos*. Does the end toward which we are heading as children of God define the activities of our lives?

While everyone engages in some kind of *praxis* or deeds, in the postmodern world there *is* no *telos*, no end toward which everything is moving. Westerners no longer even look for the perfection of man, as in modernism. College students are told in so many different ways that their lives are either completely open—the "freedom" of existentialism, or completely determined—in which case freedom is an illusion. So either there is nothing bigger than us to which we might aspire, or we're just being carried along by forces we can't control. In either case, how are students to make any sense of their lives in general or their studies in particular? Emotivism and pragmatism rule. We choose based upon our own feelings or desires—which can change frequentlyor in accordance with what works or both. And what "works" is what gives them the best chance in the marketplace. Is there anything bigger that should give students a focus for their studies and their lives?

Convictions—The Foundation of Basic Beliefs

Foundational to how we live is the body of basic beliefs we hold. I noted earlier Garber's use the words *telos* and *praxis* to refer to the end toward which we are moving and the practice or deeds of our lives. The matter of *telos* or end points to the content of our faith, or our worldview, which forms our basic convictions. Let's look more closely at the importance of convictions.

When we think of our end in Christ we're thinking of something much bigger and more substantive than just where we will spend eternity. We're thinking of the goal toward which history is marching. In His eternal wisdom God chose to sum up all things in Christ (Eph. 1:10). Here's how J. B. Lightfoot puts it. It speaks of "the entire harmony of the universe, which shall no longer contain alien and discordant elements, but of which all the parts shall find their centre and bond of union in

Christ." {10} It is the *telos* or end of Christians to be made perfect parts of the new creation.

This isn't mere philosophical or theological speculation, however, for we have the reality of the historical presence of God in Christ on earth which gave evidence of the truth of these beliefs of a sort we can grasp. This is so important in our day of religious pluralism, an approach to religion that abstracts ideas from various religions in the search for ultimate truth. Christianity isn't an abstract set of beliefs; it is true religion grounded in objective, historical events. Historical events and revealed meanings provide the objective ground for our convictions. And these convictions provide the ground and direction for the way we live.

It is critical, then, for students to understand Christian doctrine thoroughly and its meaning and application to the various facets of life.

This whole matter of doctrine grounded in historical fact is troublesome in itself today because there has been a rift created between fact and value. Facts are those things that can be measured scientifically. All else, especially religion and morality, is considered value; it is subjective and varies according to personal preference, culture, etc. Students are told that their most basic beliefs are "noncognitive emotional responses or private subjective preferences." {11} They are told that it doesn't matter whether what they believe is objectively true; all that matters is whether it is meaningful to them. But as Garber notes, "What is real?' informs What is true?' which informs What is right?'" {12} Our beliefs and actions find their ultimate meaning—apart from how we might feel about them—in the fact that they are based on reality.

Garber tells the story of Dan Heimbach who, among other things, served on President Bush's Domestic Policy Council. Heimbach was raised in a Christian home, but sensed a need while in high school to be truly authentic with respect to his

beliefs. He wanted to know if Christianity was really true. When serving in Vietnam he began asking himself whether he could really live with his convictions. He says:

> Everyone had overwhelmingly different value systems. While there I once asked myself why I had to be so different. With a sense of tremendous internal challenge I could say that the one thing keeping me from being like the others was that deep down I was convinced of the truth of my faith; this moment highlighted what truth meant to me, and I couldn't turn my back on what I knew to be true. {13}

Likewise, when some of Jesus' disciples left Him, He asked those who remained if they would leave also. Peter answered, "Lord, to whom shall we go? You have words of eternal life" (Jn. 6:68). It was what Peter believed that kept him close to Jesus when circumstances called for retreat.

What we believe gives meaning to our existence; it provides an intellectual anchor in a world of multiple and conflicting beliefs, and it gives broad direction for our lives. For a student to live consistently as a Christian, he or she must know what Christianity is, and be convinced that it is "true truth" as Francis Schaeffer put it: the really true.

Character—Living One's Beliefs

So convictions grounded in reality are significant for the way we live. But convictions alone aren't enough in the Christian life. They need to be matched by character that is worthy of the One who redeemed us, the One whom we represent on earth. It can be hard for students, though, to feel encouraged to develop Christ-like character given the attitudes of people all around them.

Steven Garber sees the TV show *Beavis and . . .* (well, that other guy) as symptomatic of the attitude of many young people today. He quotes a Harvard student who described the show this

way: “Two teenaged losers . . . mindlessly watch videos, and they snicker. . . . [They] help us understand what the next century will be like. The founding principle will be nihilism. Rampant disregard for other living things . . . will be in. Taking responsibility for one’s actions will be out. . . . It’s proof that there is a whole new generation out there that completely understands all of this society’s foibles. And can only snicker.” {14}

How shall we inspire our students to develop character in keeping with their convictions so they don’t end up “getting all A’s but flunking life,” in Walker Percy’s words? {15} How can we turn them away from the destructiveness of a nihilistic worldview in which nothing has meaning?

Having abandoned the Christian *telos* our society is characterized by “an ethic of emotivism, one which asserts that all moral judgments are nothing but expressions of preference.'” {16} This goes back to the split between fact and value I spoke of earlier. Values are person-centered; they have no force beyond the individual’s power to live them out and impose them on others. They aren’t grounded in anything more ultimate than an individual or at best a particular society.

What has this gotten us? We’re free to construct our reality any way we wish now that God is supposedly dead. But what have we done with our freedom? Henry Grunwald, former ambassador to Austria and editor-in-chief of Time, Inc., said this:

> Secular humanism . . . stubbornly insisted that morality need not be based on the supernatural. But it gradually became clear that ethics without the sanction of some higher authority simply were not compelling. The ultimate irony, or perhaps tragedy, is that secularism has not led to humanism. We have gradually dissolved—deconstructed¾the human being into a bundle of reflexes, impulses, neuroses, nerve endings. The great religious heresy used to be making man

> the measure of all things; but we have come close to making man the measure of nothing. {17}

Morality is inextricably wedded to the way the world is. A universe formed by matter and chance cannot provide moral meaning. The idea of a "cosmos without purpose," says Garber, "is at the heart of the challenge facing students in the modern world." {18} It provides no rules or structure for life. Christianity, on the other hand, provides a basis for responsible living for there is a God back of it all who is a moral being, who created the universe and the people in it to function certain ways, and who will call us to give an account in the end.

Bob Kramer was a campus leader for student protest at Harvard in the '60s. He wanted to bring about social change, but when he discovered in his classes that his basic beliefs about right and wrong, truth and justice were wrong, he dropped out. "There was no real foundation for what I believed," he says, "beyond that I believed it." {19}

If we accept that Christianity does indeed provide direction and firm foundations for the development of character in the individual, still we must ask how that development comes about. Can we expect students to just read the Bible and go out and live Christianly? For Steven Garber, this leads us to consider the importance of a mentor, a person under whom the student can learn how to live as a person of high moral character.

Garber tells the story of Grace Tazelaar who graduated from Wheaton College and then went into nursing. She then taught in the country of Uganda as it was being rebuilt following the reign of Idi Amin. At some point she asked a former teacher to be her spiritual mentor. Says Garber, "This woman, who had spent years in South Africa, gave herself to Grace as she was beginning to explore her own place of responsible service. At the core of her teacher's life, Grace recalls, I saw much love

amidst trauma.'" "Those lessons," says Garber, "cannot be taught from a textbook; they have to be learned from a life." {20}

The White Rose was a group of students in Germany who opposed Nazism. Brother and sister Hans and Sophie Scholl were strongly influenced in their work by Carl Muth, a theologian and editor of an anti-Nazi periodical. One writer noted that, "The Christian Gospel became the criterion of their thought and actions." {21} Their convictions carried them to the point of literally losing their heads for their opposition.

The development of moral character was once an integral part of education. Christians must once again seek the development of the whole person in education. That means, on the one hand, finding adults who are willing to become mentors for students, and, on the other, drawing students out and interesting them in forming significant relationships with adults, whether they be relatives, professors, pastors, or perhaps professionals in their fields of interest. This involves more than teaching students how to have quiet times. The kind of pietistic Christianity which pulls into itself to simply develop one's own spiritual experience won't do if we're to have an impact on our world. Students need to be shown how to apply the "do not's" in Scripture, but also how to find the "do's" and . . . well, do them. They need to see how Christianity is fleshed out in real life, and they need encouragement to extend themselves in Jesus' name to a world in need using their own gifts and personalities.

Community—Finding and Giving Support

If convictions provide our foundations and our instructions, mentors can be our guides as we see in them how those convictions take shape in someone's life. Community, the third element, then provides a context within which to practice . . . our practice!

Garber notes that “community is the context for the growth of convictions and character. What we believe about life and the world becomes plausible as we see it lived out all around us. This is not an abstraction, though. Its reality is seen in time and space, in the histories and circumstances of real people living real lives.” Working together with other believers “allows for young people to make stumbling and fumbling choices toward a *telos* whose character is not altogether known at the time; it also allows for grace, which is always a surprise.” {22}

Christian doctrines can seem so abstract and distant. How does one truly hold to them in a world which thinks so differently? When Donald Guthrie, who has worked with the Coalition for Christian Outreach, was asked what makes it hard to connect beliefs with life’s experience, he replied, “The cynical nature of our culture, as it permeates the lives of people around me—and me. And only community can stand against that.” {23} “We discover who we are,” he continued, “and who we are meant to be—face to face and side by side with others in work, love and learning.” {24} Bob Kramer, whom we spoke of earlier, said he and his wife believed it was important to surround themselves with people who also wanted to connect *telos* with *praxis*. He says, “As I have gotten involved in politics and business, I am more and more convinced that the people you choose to have around you have more to do with how you act upon what you live than what you read or the ideas that influence you. The influence of ideas has to be there, but the application is something it’s very hard to work out by yourself.” {25} “My best friend’s teachers were my best friends. We were all trying to figure this out together.” {26}

The Christian community, if it’s functioning properly, can provide a solid plausibility structure for those who are finding their way. To read about love and forgiveness and kindness and self- sacrifice is one thing; to see it lived out within a body of people is quite another. It provides

significant evidence that the convictions are valid.

During the university years, if they care about the course of their lives, students will have to make major decisions about what they believe and what those beliefs mean. “Choices about meaning, reality and truth, about God, human nature and history are being made which, more often than not, last for the rest of life. Learning to make sense of life, for life, is what the years between adolescence and adulthood are all about.” {27} Says the Preacher, “Remember also your Creator in the days of your youth.”

Convictions, character, community. Three major ingredients for producing a life of meaningful service in the kingdom of God. Students who would put together *telos* and *praxis*, the goal of life and the practice of life, must know what they believe and determine to live in accordance with those beliefs. They should consider finding a mentor and learning from that person how one weaves faith and life. And they should embed themselves in a group of Christians equally committed to living the Christian life fully. “Somewhere, deep in the mysteries of how we learn to see and hear, and what we learn to care for and about, there is a place where presupposition meets practice, where belief becomes behavior,” says Steven Garber. {28}

Let me encourage you to get a copy of Steven Garber’s book, *The Fabric of Faithfulness*, both to read yourself and to give to your students. It’s published by InterVarsity Press. You might also want to consider how to apply what it says in your church. Let’s make it our common aim to help our young people be and live the way God intended.

Notes

1. Steven Garber, *The Fabric of Faithfulness: Weaving Together Belief and Behavior During the University Years* (Downers Grove, IL: InterVarsity Press, 1996).

2. Ibid., 27.
3. Ibid., 37.
4. Erik Erikson, *Insight and Responsibility: Lectures on the Ethical Implications of Psychoanalytic Insight* (New York: W.W. Norton, 1964), 138, quoted in Garber, 17.
5. David Hoekema, *Campus Rules and Moral Community: In Place of In Loco Parentis* (Lanham, MD: Rowman & Littlefield Pub., 1994), 140, cited in William H. Willimon and Thomas H. Naylor, *The Abandoned Generation: Rethinking Higher Education* (Grand Rapids: Eerdmans, 1995), 51.
6. J. Budziszewski, *How to Stay Christian in College: An Interactive Guide to Keeping the Faith* (Colorado Springs: Navpress, 1999), 25.
7. For an alarming look at the attitude of students and especially the importance of alcohol on campus, see Willimon and Naylor, chaps. 1 and 2.
8. Jacques Ellul, *Reason for Being: A Meditation on Ecclesiastes* (Grand Rapids: Eerdmans, 1990), 282-83, quoted in Garber, 39.
9. Colin Brown, s.v. "Work," by H.C. Hahn.
10. Colin Brown, s.v. "Head," by C. Brown.
11. Richard Bernstein, *Beyond Objectivism and Relativism: Science, Hermeneutics and Praxis* (Philadelphia: University of Philadelphia Press, 1983), 18, quoted in Garber, 53.
12. Garber, 56.
13. Ibid., 122.
14. Joe Matthews, "Beavis, Butthead & Budding Nihilists: Will Western Civilization Survive?" *Washington Post*, October 3, 1993, p. C1, quoted in Garber, 40-41.
15. Walker Percy, *The Second Coming* (New York: Farrar, Straus & Giroux, 1980), 32, 93, quoted in Garber, 43.
16. Alister McIntyre, *After Virtue: A Study in Moral Theory* (Notre Dame: University of
Notre Dame Press, 1984), 11-12, quoted in Garber, 50-51.
17. Henry Grunwald, "The Year 2000," *Time*, March 30, 1992, 75, quoted in Garber, 54.
18. Garber, 59.

19. Ibid., 61.
20. Ibid., 130.
21. Inge Jens, ed. *At the Heart of the White Rose: Letters and Diaries of Hans and Sophie Scholl* (New York: Harper and Row, 1987), xi, quoted in Garber, 167.
22. Garber, 146.
23. Ibid., 147.
24. Ibid., 147.
25. Ibid., 149.
26. Ibid., 152.
27. Ibid., 175.
28. Ibid., 174.

©2000 Probe Ministries.