

The Euphemism of 'Death With Dignity'

There is a way that seems right to a man, but the end thereof is death. (Proverbs 14:12)



Brittany Maynard, a young woman with an incurable brain tumor, recently took her own life rather than suffer through a painful, difficult descent into natural death. She had moved from California to Oregon, which is a “right-to-die” state that allows terminally ill people to be assisted in ending their lives on their terms.

How should we think about this? It depends on your starting point.

If you leave God out of the picture, believing that man is autonomous with the right to make all our own choices independent of any outside source of moral truth, then avoiding needless pain and suffering makes sense. If you leave God out of the picture, then there is nothing particularly special about people as opposed to beloved pets, which we put down when their suffering becomes too great for us. If you leave God out of the picture, and you believe that life ends with your last breath on earth, then ending one’s life is really not much different from turning off a movie before its end because you’re tired and want to go to bed. If you leave God out of the picture, then it makes sense to do whatever you want.

But leaving God out of the picture doesn’t make Him go away.

It just means people are in denial about His existence. About

His right to determine life and death because He is the creator of life.

If your starting point is God Himself, who creates people for His pleasure and for His glory (Rev. 4:11, Eph. 1:6), then we are accountable to the Author of Life, and ending one's earthly life is not a choice we have the right to make. If your starting point is God Himself, who made us in His eternal image to live forever, then ending one's earthly life is the doorway to the next life. Not believing in life after death doesn't make it go away. As one character says in the movie *City of Angels*, "Some things are true whether you believe in them or not."

As far as we can tell from what the media presented, Brittany Maynard left God out of the picture in deciding to end her suffering. If she died as she may have lived her life, separated from the God who is created her, then even on her worst days of tumor-induced pain on earth, that was as close to heaven as she was ever going to get. If she remained separated from God as she drank a sedative mixture that allowed her to fall asleep and then die, she made a horrible choice to enter eternity remaining separated from God forever. That means separated from all that is good, from all that is kind, from all life and light and love and joy. Because all these things are found only in God, and if we remain separated from Him, we cut ourselves off from their source. We are left with evil, cruelty, death and darkness and isolation and despair. An eternity of it. There is no dignity in this kind of unending death.

It's possible that she cast herself on God's mercy in her last minutes; I don't know what the state of her soul was as she drew her last breath. I truly hope so.

But the horrific earthly suffering she opted out of, would be nothing compared to the eternal suffering of being cut off from all that is good. I don't mean to make light of the

indescribable suffering of those dying from terminal diseases. But it's essential to not leave God out of the picture, and to remember He does great things in people through suffering. Not just the one with the illness, but the family members and others around them.

Responding to this news about Ms. Maynard, one woman wrote of her husband, "a man who suffered well. It was agony... Watching him suffer. Knowing there was nothing I could do to heal him and little I could do to lessen his suffering. All I could do was hold his hand during biopsies and chemo. During the pain and nausea. I marveled at his strength, his faith, his refusal to give up. I held his hand when the doctor told us there wasn't anything else they could do. When the morphine caused hallucinations and he forgot we were married. I held his hand and discovered that if you love someone... If you have faith, you can tap unknown reserves of strength, you can endure pain unimaginable. Neither one if us picked the other for the ability to suffer well. But because we truly loved, we were able to put the other person first. That's love. All the feel good stuff is just romance. It's nice. It feels good. But it's small comfort when illness and death come knocking on your door. *I'm so blessed for having had the opportunity to suffer alongside B_____.* He was an amazing man!"

I think that is what true "death with dignity" looks like: being faithful to the end, suffering well, trusting God when the storm rages on.

Speaking of suffering well . . .

Hero to many of us, Joni Eareckson Tada wrote an [open letter](#) to Brittany weeks before she died. Joni has lived longer, and suffered more, than the vast majority of quadriplegics. She knows something of suffering, dealing with a severe handicap plus cancer plus chronic pain. Joni's voice deserves to be heard above all others, I believe:

“If I could spend a few moments with Brittany before she swallows that prescription she has already filled, I would tell her how I have felt the love of Jesus strengthen and comfort me through my own cancer, chronic pain and quadriplegia. I would tell her that the saddest thing of all would be for her to wake up on the other side of her tombstone only to face a grim, joyless existence not only without life, but without God.”

This is a deeply sobering, difficult discussion. Please don't leave God out of it.

This blog post originally appeared at blogs.bible.org/engage/sue_bohlin/the_euphemism_of_death_with_dignity on November 4, 2014.

A Probe Mom Looks at Halloween from a Christian Perspective

Sue Bohlin takes a hard look at Halloween celebrations, applying a biblical worldview. As Christians, we cannot shield our children from this popular cultural event, but Sue provides some ideas on bringing a Christian perspective to this time of year.

A number of articles are available advising Christians to have nothing to do with Halloween. And I do agree that Christians have no business *celebrating* a holiday that glorifies something that delights the enemy of our souls. And

potentially opens us up to demonic harrassment, to boot!

But if we've got kids, especially kids in public school or who hang around other kids in the neighborhood, it's entirely possible that parents can feel pressured to do *something* about Halloween. After all, it's pretty hard to hide under a rock for the whole month of October. A number of houses on our street are more decorated for Halloween than for Christmas!

It seems that the costume manufacturers have really cranked up production of all sorts of costumes to a degree we've never seen before. Gone are the days of burning a cork to blacken a face, put on some thrift-shop oversized clothes and dressing up as a hobo. (There's probably some politically-correct term for "hobo" these days anyway. . .)

Is there anything intrinsically wrong with dressing up in a costume and getting a bunch of candy from consenting adults? I don't think so; hey, the Bible tells us that God instructed the children of Israel to ask their neighbors for silver and gold their last night in Egypt in a VERY early version of "Trick or Treat" (Exodus 11:2). But we can cooperate with the forces of darkness, however unwittingly, by participating unwisely in Halloween festivities.

It is essential to exercise discernment in how we handle Halloween. If you can get away with ignoring it, wonderful! That would be the best solution. But you may find yourself in a place where you want to provide some way for your kids to have fun in a Halloween-immersed culture without compromising on our Christian values and beliefs. For instance, your child's school may invite all the students to dress up in a costume on October 31. I know a number of Christian schools that do this. May I make these suggestions:

Halloween Don'ts

God gave us some very strict guidelines for our own

protection, commanding us to stay away from items and practices of witchcraft and divination in Deuteronomy 18. These “doorways to the occult” make us wide open to the influence of Satan and the demons. For more information on this, click [here](#).

So stay away from anything that glorifies:

- **The occult.** Witches, warlocks, sorcerers and sorcery, casting spells, mediums, magic, ouija boards, crystal balls, tarot cards, and astrology are doors to the kingdom of darkness. Satan/Beelzebub masks and costumes have no place on a Christian or in a Christian family—not even “adorable”(??) little baby devil costumes complete with horns and pitchfork.
- **Darkness.** Satan and the demons are the rulers of darkness (Eph. 6:12). There’s a reason so many people are afraid of the dark; it is a fearful thing both physically and spiritually.
- **Death.** Satan has had the power of death over people (Heb. 2:14) ever since the Fall, and he uses it to control people through fear. Death is an enemy of God (1 Cor. 15:26), not something to flirt with. Vampires, ghosts, goblins and gargoyles (concepts rooted in the reality of demons) are all figures of death.
- **Fear.** Fear is both a feeling and a reality where Satan dwells. It is one of his most effective means of spiritual warfare against us. When we use Halloween events, decorations and costumes to cause and build fear in other people, we are cooperating with the sworn enemy of God and of God’s people. This would include anything spooky, such as cemeteries, haunted houses, and scary stories. You can now buy “The Scream” masks that are as disturbing as Edvard Munch’s original painting; their purpose is to make people afraid, even if they don’t know why.

Anything gruesome falls in this category as well; you can buy special effects like fake slash wounds, hanging eyeballs, and

stakes through the forehead. Blood and gore are neither funny nor godly. Needless to say, slasher movies and horror films that deliberately terrorize and stir up fear are a tool in Satan's hand. Scripture tells us that God does not give us a spirit of fear (2 Tim. 1:7), nor does He want us to be a slave again to fear (Rom. 8:15). That's Satan's arena.

Note: there are a number of churches that use the legitimate fear of an eternity in hell, separated from God, as a platform for drawing people into a creative presentation of the gospel. Many young people have been saved as a result. This is a God-honoring use of fear, not glorifying fear for fear's sake.

- **Worldliness.** Costumes that glorify some of the world's heroes and heroines can shape our values in ungodly, unchristian ways. Little girls dressing like female pop stars, exposing their midriffs and looking as sexy as possible, is completely against biblical values. God calls girls and women to dress and act modestly, decently and with propriety (1 Tim. 2:9). Costumes of movie and TV characters that represent anti-biblical values are inappropriate for believers (and believers' children).

Halloween Do's

- If your church sponsors a Halloween alternative event such as a fall festival, that's a great idea to allow kids to have fun within pre-set boundaries. (Note: it's important to specify what kind of costumes are NOT welcome!)

- [Child Evangelism Fellowship](http://www.cefonline.com) (www.cefonline.com) has reported that Halloween has been the best time of year for children to trust Christ, simply because the spirit of fear that pervades our culture at this time makes them more open than usual to hearing a good news of the gospel. Halloween is a great time to sponsor Good News Clubs and invite kids in your neighborhood to hear stories that will comfort, rather than terrorize, them.

- [American Tract Society](http://www.crossway.org/group/ats) (www.crossway.org/group/ats) has some terrific kid-friendly tracts to include with the candy you give out. This year, ATS has introduced the most practical Halloween evangelism resource yet! The Halloween Rescue Kit includes candy, bags, stickers and tracts – everything you need to reach 31 kids this Halloween. They suggest (and I think it's a great idea!) that if you expect kids to actually read the tracts once they get home from Trick-or-Treating (instead of tossing them out unread with the empty candy wrappers), that you tape them to popular candy bars that kids actually want. (Find out what kids in your area consider "cool" candy.) Or make your own tract kit by putting a tract plus quality candy inside sandwich bags. Either way, it forces kids to handle the tract in order to get to the candy. Sounds like following the Lord Jesus' command to be "shrewd as serpents, and innocent as doves" (Matt. 10:16) to me!

I know several families who have purchased tracts for the neighborhood ADULTS, and when their kids go trick-or-treating, when the adults give them candy the kids will hand them a tract (aimed at adults) and say, "Thank you for the candy. Here's a treat for you!" How often do people open their doors and make themselves open to this kind of opportunity?

- [Let the Little Children Come](http://www.letthelittlechildrencome.com) (www.letthelittlechildrencome.com) has a wonderful "Is anything better than candy?" Box-tract. Give out more than just candy this Halloween! This attractive pumpkin shaped Box-Tract is designed to contain children's favorite candies. More importantly, the pumpkin opens up to answer the question, "Is There Anything Better Than Candy?" Yes, there is something much, much better than candy. It's being God's friend!

- Look for teachable moments to relate the things of Halloween to spiritual truth. Talk to your kids about the way fear is glorified at Halloween, and teach them what Jesus said about it: "Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be

troubled, nor let it be fearful" (John 14:27), and "These things I have spoken to you, so that in Me you may have peace. In the world you have tribulation, but take courage; I have overcome the world" (John 16:33).

Talk to your kids about ["God's no-no list"](#) in Deuteronomy 18 and have them help you identify those things when they see them advertised or used as decorations. (You might keep a running total of all the witches you'll see just to quantify this concept.) This is probably the best way to prevent your children from getting desensitized to things of the occult. Help them identify all the Halloween items that strike fear in them, and encourage them to take a stand against their power by saying out loud, "God has not given me a spirit of fear!" Show them this verse in their Bibles (2 Timothy 1:7) so they know they are using the sword of the Spirit against one of the wiles of the enemy.

This story making its rounds on the internet is a good pumpkin-carving object lesson:

A lady had recently been baptized. One of her co-workers asked her what it was like to be a Christian. She was caught off guard and didn't know how to answer, but when she looked up she saw a jack-o-lantern on the desk and answered, "It's like being a pumpkin."

The co-worker asked her to explain that one.

"Well, God picks you from the patch and brings you in and washes off all the dirt on the outside that you got from being around all the other pumpkins. Then he cuts off the top and takes all the yucky stuff out from inside. He removes all those seeds of doubt, hate, greed, etc. Then he carves you a new smiling face and puts his light inside of you to shine for all to see. It is our choice to either stay outside and rot on the vine or come inside and be something new and bright."

Sue Bohlin
Probe Ministries Mom

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Same Sex Marriage: A Facade of Normalcy

Sue Bohlin takes a look at the arguments for same sex marriage and finds them lacking from a Christian, biblical worldview perspective. She explains that those pushing for same sex marriage have redefined it into something it never was and was never intended to be.

What's Marriage For?

In any discussion on same sex marriage, we need to start at the beginning: What is marriage is for, anyway? Marriage begins a family. The family is the basic building block of society. It has always been this way from Adam and Eve down to today.

Man did not invent marriage; God did. He invented and ordained marriage as the foundation for all human society when He gave Eve to Adam and pronounced them man and wife. Marriage is one of those institutions that is found in every human culture. Across the globe and across the ages, marriage has always been defined the same way: one man and one woman in a committed relationship, providing a safe place to bear and raise children. I would suggest that since this pattern for marriage applies to all cultures and all times, this indicates that God is its inventor and creator. It's such an intrinsic part of the way we relate to each other that even those who have lost

track of the story of the true God (the non-Judeo-Christian cultures) still practice marriage according to the pattern God designed: one man and one woman in a committed relationship, providing a safe place to bear and raise children.

God has woven “marriage into human nature so that it serves two primary purposes throughout all societies.”^{1} The first is the way men and women were created to complement each other. Marriage balances the strengths and weaknesses of masculinity and femininity. Women help civilize men and channel their sexual energy in productive rather than destructive ways. Men protect and provide for women—and any children they produce together.

Marriage is built on a basic building block of humanity—that we exist as male and female. The strong benefit of marriage as God intended it is that males and females are designed with profound and wonderful differences, and these differences are coordinated in marriage so that each contributes what the other lacks.^{2}

The second purpose of marriage is producing, protecting, and providing for children. Marriage ensures that children have the benefits of both mother and father. Each gender makes a unique and important contribution to children’s development and emotional health, and marriage provides the best possible environment for children to thrive as they enjoy the benefits of masculinity and femininity.

Those who are pushing for same sex marriage don’t see marriage this way. They seek to redefine it as a way to get society’s stamp of approval on their sexual and emotional relationships, and a way to secure financial and other benefits. Both of these reasons are about the adults, not about children. Both reasons are driven by the philosophy of “How can I get what I want? How can I be happy?” It’s a very self-centered movement.

Many homosexuals want the right to marry only because it

confers society's ultimate stamp of approval on a sexual relationship—*not* because they want to participate in the institution of marriage.

Why Same Sex Relationships Are Wrong

Let's look at several reasons (though not an exhaustive list by any means) that same sex relationships are wrong.

First, homosexuality is an attempt to meet legitimate needs in illegitimate, ungodly ways. We all have God-given heart hungers to feel loved and known and validated—to feel that we matter. God intends for us to have those needs met first by our parents and then by our peers, but sometimes something goes wrong. People find themselves walking around with a gaping, aching hole in their souls, longing to make the connections that didn't happen when they were supposed to, earlier in their lives. From both the women and the men that I know who are dealing with unwanted homosexuality, I hear the same thing: "I just want to be held, I just want to be known, I just want to be special to someone." But turning to homosexual or lesbian relationships to get those needs met is not God's intention for us.

Second, same sex relationships are outside of (and fall far short of) God's created intention for sex. God made us male and female, designed to complement each other physically, emotionally, and spiritually. Two men or two women coming together can never live out God's intent for His creation. The biology of our gender shows us that same sex relationships don't work, but opposite sex relationships do. It is unwise to ignore the obvious about how the pieces fit, or don't fit, as the case may be.

Third, marriage is an earthbound illustration of the mystery of Christ and the church.^{3} There is a mystical unity of two very different, very *other* beings coming together as one. Only

the profound differences of man and woman display this mystery. "If the man represents Christ and the woman represents the church, then a male to male partnering would be, in essence, a symbolic partnering of God with Himself apart from His people. Likewise, a lesbian relationship would become a symbolic partnering of God's people without Him. Either option is incomplete, unnatural, and abhorrent." {4}

Fourth, same sex relationships are idolatrous. In Romans 1, Paul describes the downward spiral of people who worship the creature instead of the Creator. When God says intimate relationships with people of the same sex are forbidden, and people insist on pursuing them anyway, they have elevated something else to the position of a god. It could be the other person, or sexual pleasure, or even just one's own feelings, but all these things become idols because they are more important than anything else, including God.

Homosexual and lesbian relationships are wrong because God designed us for something far better. The nature of the gospel is to bring transformation to every aspect of a believer's life, and many people have discovered the "something better." (See my article, "[Can Homosexuals Change?](#)")

The Differences Between Heterosexual and Homosexual Relationships

Sometimes you hear gays or lesbians say, "We're just like anybody else. We have two kids, a dog, a mortgage, and we worry about the economy. We just don't want anybody telling us who we can love." My friend Brady, who used to be part of that gay sub-culture, calls the homosexual lifestyle "a façade of normalcy." And it is *only* a façade.

Consider the huge variance in the stability of relationships. Despite a high divorce rate, 57% of heterosexual marriages last over twenty years. {5} The average length of homosexual

relationships is two to three years.[{6}](#) Only 5% of them last 20 years.[{7}](#)

And consider the issue of promiscuity. In heterosexual marriages, over three-fourths of the men and 88% of the women remain faithful to their marriage vows.[{8}](#) Most sexually active gay men are promiscuous, engaging hundreds of sexual partners over a lifetime.[{9}](#)

The concept of a committed relationship is very different for the two groups. Most heterosexual couples are faithful and stable. When homosexual men are in what they call a "committed" relationship, this usually includes three to five outside partners each year.[{10}](#) Rev. Troy Perry, founder of the Metropolitan Community Church, told the *Dallas Morning News*, "Monogamy is not a word the gay community uses. . . . We talk about fidelity. That means you live in a loving, caring, honest relationship with your partner. Because we can't marry, we have people with widely varying opinions as to what that means. Some would say that committed couples could have multiple sexual partners as long as there's no deception. Each couple has to decide."[{11}](#)

In Holland, which legalized gay marriage in 2001, the average is eight outside partners.[{12}](#) One study of gay men who had been together for over five years could not find one single monogamous relationship.[{13}](#) Not one!

Women in lesbian relationships often stay together not because they want to, but because they're stuck financially and emotionally. "I heard one speaker say at a Love Won Out conference, "We don't have partners, we have prisoners." Of course, that's not universally true, but over the years of walking toward Jesus with women who were no longer in lesbian partnerships, I have heard over and over, "We didn't know how to do life apart from each other."

Heterosexuals live longer, happier lives. Sexually active

homosexual men live a dangerous and destructive lifestyle. They are at huge risk for contracting AIDS, and run a much higher risk of sexually transmitted diseases than straight men. The gay community experiences three times more alcoholism and drug abuse,[{14}](#) and much more promiscuity and domestic violence than the straight world.[{15}](#) Gay men can expect to live twenty years less than their straight neighbors.[{16}](#)

And finally, a home with a mom and a dad is the best possible place for children. Homosexual parents put kids at risk. The American College of Pediatrics discovered that children raised by gay parents tend to be more dissatisfied with their own gender, suffer a greater rate of molestation in the family, have homosexual experiences more often, and are encouraged to experiment in dangerous, destructive lifestyle choices.[{17}](#)

Please hear me: We're commenting on the extremely high-risk *behavior* that is part and parcel of a homosexual lifestyle. That's not the same thing as condemning the *people* who engage in it. A homosexual lifestyle *is* a façade of normalcy, but it can be changed.

Answering Arguments for Same Sex Marriage

Let's look at several arguments being offered for same sex marriage.

The first is that marriage will encourage faithfulness and stability in volatile homosexual relationships. But the nature of homosexual and lesbian relationships is broken to begin with. Two broken people will not create a whole, healthy relationship. The best description I've ever heard of same sex relationships is "one broken little boy looking for his daddy, connecting with another broken little boy, looking for *his* daddy." And the same is true of women. Neither a marriage license, nor the approval of society, can fix the nature of a relationship that is irretrievably broken at its core.

Another argument is that we need same sex marriage to insure hospital visitation. But it's the patient who decides. If he appoints his partner as a health-care proxy, even if he's in a coma that document will insure access to the hospital. We don't need marriage for that. It's a smokescreen.

A third argument is that we need same sex marriage to insure survivorship benefits. But that's what a will is for. You don't need marriage for that.

Some say that we need same sex marriage for Social Security benefits. This is an interesting argument, since Social Security benefits were created to address the financial inequity of father as breadwinner and mother as stay-at-home caregiver. Homosexual relationships are usually two-incomes. It's very rare to have one stay-at-home caregiver of the kids, since homosexual relationships do not and cannot produce children naturally. When they do, they are borrowing from God's plan for creating families.

Then there's the discrimination argument. There are really two issues that fall under this argument: *denied liberties* and *denied benefits*.

Concerning the issue of denying the liberty to marry, this argument doesn't hold water. Any person can marry whoever he or she pleases, with certain restrictions that are true for everyone. You can't marry a child, a close blood relative, a person who is already married, or a person of the same sex. These restrictions apply equally to everyone; there is no discrimination here. The problem is, some people don't like the restrictions.

True discrimination functions against an unchangeable identity, such as gender or color. Homosexuality is a lifestyle, a chosen behavior. Even sexual orientation is changeable. It's not easy, but it *is* possible.

The other issue of discrimination is denied benefits. But

benefits are granted to families because society has an interest in providing a safe place for children to grow up and be nurtured. So the government provides child-oriented benefits such as inheritance rights and tax relief to ease the financial burden of children. Insurance policies and Social Security benefits provide for the money gap between wage-earner and caregiver. These benefits are inherent to *families*. The essence of marriage is about building families. Homosexual relationships cannot build families legitimately. They have to borrow from heterosexual relationships or technology to create children.

Final Points to Consider

Joe Dallas draws on his wisdom and experience as a former homosexual to address the issue of same sex marriage in his book *When Homosexuality Hits Home*. He provides some excellent points to consider about this subject.[{18}](#)

We can recognize that people genuinely love each other, and we can respect their right to form a partnership, even if we disagree with the nature of their partnership. We can say a relationship is wrong without disrespecting or condemning the people in that relationship.

For example, look at the relationship between Spencer Tracy and Katharine Hepburn. Tracy was a married man when he met and fell in love with her. For decades they had a deeply committed and affectionate relationship although they never married. Note two glaring and conflicting facts about their relationship: it was adulterous, and therefore wrong, and they truly loved each other. You can find a number of good things about their relationship, such as the way they respected each other and cared deeply for each other and seemed to be good for each other. When we say it was morally wrong, this does not deny the good things about their relationship. But to recognize the good things does not change the fact that it was

morally wrong. The two are not mutually exclusive.

With gay or lesbian couples, we can acknowledge that there may, indeed, be deep love and commitment to each other. After all, humans have an amazing God-given capacity to love—even outside the bounds of His design and commands. But God cannot and does not sanction homosexual relationships, so we cannot either. We can respect those involved without capitulating to their demands.

Redefining marriage is especially unacceptable to Christians, since it is spelled out in both Testaments as a type of God's relationship with His people. In the Old Testament, God is portrayed as the husband of the nation of Israel, and in the New Testament, Jesus is the bridegroom of the Church. Marriage is far more than a social construct that provides for the creation of new families. It is a living parable that helps us to understand the dynamic, mysterious relationship between God and His people. How can we redefine something that has such a deep, spiritual meaning? Even if that were not part of the equation, we would still need to deal with the truth that marriage was created by God, and we do not have the right to tinker with His creation.

The problem with same sex marriage is that it doesn't work, it doesn't fit, and it is an attempt to make right something that is intrinsically, irretrievably wrong. God created us in His image as both male and female, and intends that His full image be expressed as men and women come together in designed complementarity. This is impossible in same sex marriage.

Notes

1. Glenn T. Stanton and Dr. Bill Maier, *Marriage on Trial* (Downers Grove, IL: InterVarsity Press, 2004), 22.
2. Stanton and Maier, 24.
3. Ephesians 5:22-32.
4. Joe Dallas, *When Homosexuality Hits Home* (Eugene, OR:

Harvest House, 2004), 164-165.

5. Rose M. Kreider and Jason M. Fields, "Number, Timing, and Duration of Marriages and Divorces: 1996" *Current Population Reports*, P70-80, U.S. Census Bureau, Washington, D.C. (February 2002): 5.

6. M. Saghir and E. Robins, *Male and Female Homosexuality* (Baltimore: Williams and Wilkins, 1973): 225; L. A. Peplau and H. Amaro, "Understanding Lesbian Relationships," in *Homosexuality Social, Psychological, and Biological Issues*, ed. J. Weinrich and W. Paul (Beverly Hills: Sage, 1982).

7. "Largest Gay Study Examines 2004 Relationships," GayWire Latest Breaking Releases, www.glcensus.org.

8. Michael W. Wiederman, "Extramarital Sex: Prevalence and Correlates in a National Survey," *Journal of Sex Research* 34 (1997): 170.

9. A. P. Bell and M. S. Weinberg, *Homosexualities: A Study of Diversity Among Men and Women* (New York: Simon and Schuster, 1978), pp. 308, 309; See also A. P. Bell, M. S. Weinberg, and S. K. Hammersmith, *Sexual Preference* (Bloomington: Indiana University Press, 1981).

10. David H. Demo, et al., editors, *Handbook of Family Diversity* (New York: Oxford University Press, 2000): 73.

11. *Dallas Morning News*, July 5, 2003.

12. Maria Xiridou, et al, "The Contribution of Steady and Casual Partnerships to the Incidence of HIV Infection among Homosexual Men in Amsterdam," *AIDS* 17 (2003): 1031.

13. This study by McWhirter and Mattison lasted five years, studying 156 male couples (312 individuals). Cited in "Long-term Gay Relationships" by Louis Berman, Ph.D., <http://www.narth.com/docs/1996papers/berman.html>

14. Peter Freiberg, "Study: Alcohol Use More Prevalent for Lesbians," *The Washington Blade*, January 12, 2001, p. 21. Karen Paige Erickson, Karen F. Trocki, "Sex, Alcohol and Sexually Transmitted Diseases: A National Survey," *Family Planning Perspectives* 26 (December 1994): 261.

15. Lettie L. Lockhart et al., "Letting out the Secret: Violence in Lesbian Relationships," *Journal of Interpersonal*

Violence 9 (1994): 469-492. D. Island and P. Letellier, *Men Who Beat the Men Who Love Them: Battered Gay Men and Domestic Violence* (New York: Haworth Press, 1991): 14.

16. Robert S. Hogg et al., "Modeling the Impact of HIV Disease on Mortality in Gay and Bisexual Men," *International Journal of Epidemiology* 26 (1997): 657.

17.

<http://www.acped.org/?CONTEXT=art&cat=22&art=50&BISKIT=2920801063>

18. Dallas, p. 162-165.

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See Also:

- [Can Homosexuals Change?](#)
 - [Did Phil Get It Wrong? Is Homosexuality Sin?](#)
 - [Homosexual Myths](#)
 - [Homosexuality: Questions and Answers](#)
 - [Homosexual Theology](#)
 - [When Someone In Your Congregation Says "I'm Gay"](#) (Pastors' Brochure)
- [And also our answers to e-mails about homosexuality issues](#)

**Can Homosexuals Change? – A
Christian View of**

Homosexuality

Sue Bohlin looks at the real evidence showing people who have changed from homosexuality. From a Christian perspective, Sue presents some proven paths to recovery from homosexual thoughts and practice. When we let Christ begin to heal our underlying hurts and feelings of inadequacy, it is truly possible to experience a fundamental change.



This article is also available in [Spanish](#).

Is It Possible for Homosexuals to Change?

Mike^[1] was marching in a Gay Pride parade when God got a hold of him. He had been high for four days and his “buzz” suddenly evaporated as he heard a voice in his head say, “You don’t have to live like this.” He knew beyond a shadow of a doubt that it was God offering him a way out. He put down his Gay Pride sign, left the parade, sat down in a nearby stairwell, and repented of his rebellion. He gave his heart to Jesus Christ and starting walking out of homosexuality that day. Today, several years later, he is married with a child, and living a very different kind of life. Not just on the outside; his heart was changed from the inside out.

Paul was on a self-destructive path of drug and alcohol abuse and homosexual activity. When he told his mother he was gay, she threw him out of the house, and the only place he could find belonging, safety, and identity was the gay community. As he spent more and more time “escaping” the pain in his life through sex and alcohol, he began to realize how bad his life was. He wanted to die but God had something else in mind.

Paul was invited to a Bible study where he met a man who had left the gay lifestyle and was living a changed life. For the first time he honestly called out and said, “God, please help me.”

One of his friends became a Christian. He asked her about homosexuality and was angered by her initial response. She said, "I now believe it is a sin—but God wouldn't call it a sin if there weren't something better." Paul eventually realized that he was a sinner who needed God's love and grace, and in 1992 he trusted Christ as his Savior. Two months later, he was led to an organization that helps people deal with unwanted homosexuality through an intimate relationship with Jesus Christ. He left his homosexual identity behind and embraced his true identity as a child of God, committed to holiness and purity. Paul is now director of that ministry and is helping others walk out of homosexuality. He's not perfect, he's still growing . . . just like me and every other Christian I know. But the "something better" God had in mind for him is an intimacy with Christ that is breathtaking.

Randy brings glory to God every day of his life by living out the abiding truth that change is possible.

Stories of Women

Carol grew up in a religious home with parents whose standards were too strict to allow her to please them. But she was smart, and a good student, and her teachers gave her the affirmation and encouragement her heart longed for. She developed very strong bonds with her teachers, some of which became profound emotional dependencies.

In graduate school, she was hit by the unexpected pain of loneliness and emptiness. Carol got into an intense relationship with a married woman, facing completely new temptations. She was totally unprepared to resist the strength of same-gender attraction, and quickly found herself emotionally and physically involved in a relationship she couldn't believe was happening. Now she was not only emotionally needy, she was shackled by deep shame, woundedness, and guilt.

A friend told her about a ministry to those dealing with same-sex attraction, and it was like finding a door to another world. Through the support she found there, Carol was challenged to identify the lies of Satan which she had believed her whole life and replace them with the truth of Scripture. God is renewing her mind, meeting her deep heart-needs, and bringing her to a place of freedom and hope.

Diane's story is different. She spent eighteen years in a committed lesbian relationship with another woman she believed to be her soul-mate. They went through a commitment ceremony in a gay church, and raised a daughter together. She enjoyed a position of leadership as a bright and articulate spokesperson for a gay church.

Through all those years, Diane's mother was steadfast in three things. She loved Diane unconditionally. She never backed down about her belief that her daughter's lifestyle was sinful because God says it's wrong. And third, she prayed faithfully for her daughter.

Diane and her partner sought the Lord about everything except their sexuality. At one point, they were praying together for wisdom and truth about a situation that had nothing to do with their relationship. God answered their prayer in an unexpected way; He showed them the truth about the sinful nature of their relationship. It was a terribly painful and unwelcome discovery to learn that they had been deceived. Together, they decided out of obedience to God to separate and break off their relationship. It's still painful, even as Diane experiences God's healing touch in the deepest parts of her wounded soul. He's changing Diane and Carol from the inside out.

Three Claims for Change

Some people deal with same-sex attraction by pretending it's not there. Denial is unfortunately the time-honored

“Christian” response. But this is not the way God wants us to deal with problems; Psalm 51:6 says, “Surely you desire truth in my inmost parts.” Acknowledging one has a homosexual orientation is like seeing the red light on your car’s dashboard; it means something is wrong somewhere. A homosexual orientation isn’t the actual problem; it’s the symptom of a deeper issue—legitimate, God-given needs for relationship and intimacy that have been channeled in unhealthy and sinful directions.

But it is not a simple matter, and it would be disrespectful to imply that there is an easy solution to the complex issue of homosexuality. Among those who claim that change is possible, there are three main schools of thought on how to get there.

The first is the deliverance ministries. They say that homosexuality is caused by a demon, and if we can just cast out the demon, the problem is gone. Sounds like an easy fix, but it ends up causing even more problems because homosexuality isn’t caused by a demon. The person who was “delivered” may experience a temporary emotional high, but the same temptations and thought patterns that plagued him before are going to return because the root issue wasn’t dealt with. Only now, he’s burdened by the false guilt of thinking he did something wrong or that he’s not good enough for God to “fix” him.

A second and more effective treatment for homosexuality is reparative therapy. There is a lot of wisdom to be found here because many therapists believe that homosexuality has its roots in hurtful relationship patterns, especially with family members, and many homosexual men and women report exactly that. But reparative therapy is often just behavior modification, and it deals only with the flesh, that part of us independent of God. Reparative therapy can make people feel better, but it can’t bring true inner healing.

The third, and I believe best, way to bring about real and lasting change is a redemptive approach. Ministries that disciple men and women in intimate relationship with Jesus Christ are able to lead them into inner healing because God transforms His people. It's excruciatingly difficult to leave homosexuality without support. Fortunately, even for people who do not live in an area where there is a ministry tailored for those dealing with unwanted homosexuality, there are online support forums that can be almost as powerful as face-to-face groups. I especially recommend Living Hope Ministries' online support groups at www.livehope.org. There are also some wonderful books available, particularly *Coming Out of Homosexuality* by Bob Davies, and *Someone I Love is Gay* by Anita Worthen and Bob Davies. Another excellent book is *You Don't Have to Be Gay* by Jeff Konrad for men and *Restoring Sexual Identity* by Anne Paulk for women. My all-time favorite author on this topic is [Joe Dallas](#); anything he writes is exceptionally good. But discipleship is hard work, and there is no simple and easy fix.

The Path to True Change

The most effective route to real, lasting change for those caught in same-gender attraction is a redemptive approach. This means discipleship, being taught and encouraged and held accountable to develop intimacy with Christ. Interestingly, it doesn't seem to matter what the particular stronghold is in a person's life—whether it be homosexuality, gluttony, drug dependency, compulsive gambling or shopping, alcoholism, sexual addiction, or any other stronghold—the most effective solution is the same: intimacy with Christ.

True discipleship is hard work. And God even gives us the energy for discipleship! But it takes tremendous self-discipline to choose to operate in the Spirit instead of in our own flesh, to depend on God's strength instead of our own. The real battle is in the mind.

The steps to overcoming homosexuality also apply to overcoming any stronghold.

First, the person has to stop the sinful behavior. It's best to ask for God's help. This is no different from the requirement for any drug or alcohol abuse treatment. You can't work on a problem when you're still totally controlled by it.

The second step is to work on learning what the Bible says about who you are in Christ. Just as people learning to identify counterfeit money examine real currency so they can spot the fakes, the struggler needs to fill their mind with God's Word so they can enter into their true identity as a beloved, valuable child of God.

The third step is working on the thought life, since this is where the battle is. It's important to identify Satan's lies playing as tapes in one's head, and stop the tape player! Then, deliberately replace the lies with the truth. Instead of "I'm never going to change," repeat the truthful promise that "I can do all things through Christ who strengthens me" (Phil. 4:13). Instead of obsessing over the aching and longing for the unhealthy and sinful behavior or relationship, fill your mind with praise and worship and Scripture.

Next, face the fact that it feels lousy! When we stop trying to meet our needs in our own ways, we start experiencing the emotional pain that our strongholds had covered up. When it feels really really bad, we are at that very point where God can make the biggest difference. Ask, *What is my true need?* What is it my heart is truly longing for? Go to Jesus and let Him meet your deepest heart-needs. Let Him direct you to get your divinely-designed needs for relationship with other people met in godly ways.

This is where powerful healing happens.

Ex-Ex-gays

For the last several years, people who had left homosexuality have slowly but surely gained a hearing in telling their stories. Word is getting out: change is possible!

And there are also the voices of the frustrated and disillusioned souls who tried to leave homosexuality, who tried to change, and gave up. There's even a name for it: "Ex ex-gays." Their stories are full of tremendous pain, and some have even lost their faith over it. What happened?

Well, I think the same thing that happened to people who tried AA but couldn't stop drinking, or those who tried Weigh Down Workshop but couldn't lose weight. I have a friend who was in Weigh Down Workshop, and it didn't do a thing for her. The problem is, she never made the commitment to "die to self," to use an old spiritual term^{2}. She never got to the point of saying, "Jesus, I choose You over food. I choose a holy relationship with You over an unhealthy relationship with my appetite. And I will do whatever it takes to allow You to change my heart."

Many people who tried to change their homosexuality could win contests for praying and reading their Bibles. They really did try very very hard. But the prayers are often misdirected: "God, change me. Take away my desires. Let me start liking people of the opposite sex." Unfortunately, as well-intentioned as this prayer is, it's a lot like trying to get rid of dandelions in your back yard by mowing them. They keep coming back because you're not dealing with their roots. The basic cause of a homosexual orientation isn't genetics or choice; it's a wrong response to being hurt. It's about protecting oneself and trying to get legitimate needs met in ways God never intended. True change can only happen with the hard work of submitting to God, allowing Him to expose the deep hurts and needs of one's heart, which means facing horrible pain, and inviting Him to bring healing to those

wounded places. That's why intimacy with Christ is the answer. A wise friend observed that homosexuality is the fruit of sinful ways of dealing with pain—sinful because they cut us off from the One who can heal and meet our needs, sinful because they place us at the center of our universe and we don't belong there. Jesus does.

I hope you can see that real change is hard and it costs a great deal because it requires strong motivation, hard work, and perseverance. But hundreds of former homosexuals have found a large degree of change, attaining abstinence from homosexual behaviors, lessening of homosexual temptations, strengthening their sense of masculine or feminine identity, and correcting distorted styles of relating with members of the same and opposite gender. Some former homosexuals marry and some don't, but marriage is not the measuring stick; spiritual growth and obedience are.

The bottom line is, change is possible.

Notes

1. All names in this article are changed.
2. This term is not actually biblical, but the concept is. See Romans 6.

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See Also: [See also "Probe Answers Our E-Mail: Homosexuality"](#)

Gentle and Quiet . . .

Whaaaaa???

A lot of women, women like me, have come to a full stop when reading in 1 Peter 3:3-4, where he challenges us:

“Your beauty should not consist of outward things like elaborate hairstyles and the wearing of gold ornaments or fine clothes. Instead, it should consist of what is inside the heart with the imperishable quality of **a gentle and quiet spirit**, which is very valuable in God’s eyes.”

A gentle and quiet spirit? Uh-oh.

Some of us have thought, “Oh man. I’m sunk. Is that what it means to be a godly woman? Gentle and quiet?”

Others have wondered, “But God! You made me with a big, loud personality! Why would Your word call me to be something other than who I am?”

And still others have fretted, “If a gentle and quiet spirit is valuable to God, what does that say about us party girls who love to laugh?”

Good news! A gentle and quiet SPIRIT is different from a gentle and quiet PERSONALITY. The Greek word for spirit is different from the word for soul, or personality. Our spirit is the part of us where God dwells, where He makes His home. A woman can have a dynamic, energetic, live-out-loud personality—and still glorify God in her gentle and quiet spirit.

If you look up the meaning of the words “gentle” and “quiet” in the New Testament’s original language, a treasure awaits—especially for us not-so-gentle-and-quiet personalities.

The Greek word translated “gentle” actually means *meekness*. Too bad we have no English word that properly translates this

word. Meekness is seen as weakness or mildness. It's not.



It's more like "power wrapped in gentleness." Or "strength wrapped in love." Remember Arnold Schwarzenegger in the movie "Kindergarten Cop"? It's not the actual movie, but the idea behind the title, that I think illustrates meekness: when a big, strong, burly man has to restrain his strength because he is dealing with very small children.

The concept behind meekness is, "Don't be fooled by this gentle exterior; there is strength and power underneath."

Meekness is the result of a strong trust in God, when we are able to accept His dealings with us as good, and therefore we do not resist Him or dispute how He deals with us. Meekness is closely linked with humility. It means not fighting against God, and because we trust in God's goodness, we don't fight against men either—even evil people.

Meekness is the opposite of self-assertiveness and self-interest; it is a settled, balanced spirit that is neither high on self nor down in the dumps, simply because it's not occupied with self at all.

There is a picture of a meek woman in Proverbs 31:25 – "She is clothed with strength and dignity; she can laugh at the days to come." She can laugh because she trusts God and knows He is good, and she doesn't fight Him as He deals with her.

The greatest example is the Lord Jesus, who said, "Take My

yoke upon you and learn from Me, for I am meek and lowly of heart.”

And then there’s the matter of a quiet spirit.

This is not about being an [introvert](#) or being a woman of few words, but of a tranquil spirit, where the tranquility arises from within. The root word means “firm, immovable, steadfast.”

A quiet spirit is tranquil because it believes God for who He is. A woman with a tranquil spirit knows how to rest in her trust in God. Many women exuding the beauty of a tranquil spirit are very familiar with Psalm 91, the great antidote for tranquility-stealers.

God says that a gentle and quiet spirit is of “great worth” in His sight. That’s a pretty weak translation. It means VERY precious, of great price. The same word is used of the spikenard ointment that Mary lavished over Jesus’ feet when she anointed Him just before His death. It was worth three years’ wages, and it greatly blessed the Lord that she poured it out on Him. A gentle and quiet spirit blesses Him the same way.

A woman with a gentle and quiet spirit is NOT passive, and she is not weak. She has a lot of power inside her because she is yielded to the Lord and takes great joy in trusting Him. She expects that His dealings with her are all good, and it gives her a great peace and tranquility.

One of the best things about a gentle and quiet spirit is that it’s contagious. It can whet the appetite of others to trust God in the same way, with the beauty of an intimate love and trust that brings a calming influence to those she touches. Others go away thinking, “everything’s going to be okay,” because she lives it.

So . . . whew. On behalf of us not-so-gentle-and-quiet personality types. . . It’s all good!

This blog post originally appeared at blogs.bible.org/engage/sue_bohlin/gentle_and_quiet_whaaaaa on September 23, 2014.

The Dark Underside of Abortion: A Christian Worldview Perspective

Sue Bohlin looks at the common effects of an abortion on the women who choose it. From a biblical worldview perspective, it is not surprising that many women experience guilt, shame and denial. Christ can bring forgiveness and healing for those who have taken this brutally wrong path in their past.

Laura's Story

No matter how many times Laura^[1] took the home pregnancy test, it kept showing up positive. She was pregnant, and seventeen years old. She'd gotten an A on her paper against abortion in school. Her parents would never understand, especially since her mother volunteered at the crisis pregnancy center! Her boyfriend was hot, but hardly husband material. He was more committed to skateboarding than to her. Laura had never felt more confused in her life.

When she called her boyfriend to tell him she was pregnant, he just said, "That stinks. Well, I gotta go," and he was gone. She carried her horrible secret for three weeks before finally telling her parents. Her father exploded: "What did I ever do to deserve this? Well, we'll just have to get rid of it. It's the best thing for everybody. You're too young to be a mother." When Laura's eyes flooded with tears, he said, "You

may hate me for a while, but I'm willing to take that risk. You'll get over it. You're young. You can have a real life with a real future this way."

Her mother, visibly shaken, said, "How could you do this to us? What would people think of us, to have a pregnant daughter? You've really gone and done it now, Laura." Two days later, her mother took her to a Planned Parenthood clinic. Laura cried the whole way there: "Please, no! Don't make me do this, don't make me do this!" Nobody listened, nobody cared that she didn't want the abortion. When a counselor asked if she was sure, she just shrugged her shoulders, beaten and defeated.

As soon as it was over, everyone seemed to forget about it. Her parents never brought it up again. All her relationships fell apart. Laura was deeply depressed, not knowing how to handle her feelings. She was too ashamed to talk about the abortion with her friends, and her parents made her promise not to tell anyone.

She didn't get over it. She was stuck in a place filled with anger and hurt. She couldn't overcome the loss of her baby, and she didn't even have words for that. Anything related to babies made her cry: new baby announcements at church, diaper commercials, even driving by Babies-R-Us. Everything triggered relentless heartache. There was a wound in her soul that would not stop bleeding.

Abortion is not the cure to a problem pregnancy. It is what counselor Theresa Burke calls an "emotionally draining and physically ugly experience."² The majority of those who have an abortion experience a variety of problems afterwards. One post-abortal woman described it as "emotional torture."

In what follows, we're going to explore the ugly underside of abortion.

Why Women Choose Abortion

The banner of the pro-choice movement is, “Every woman has the right to choose.” But why do women choose to have an abortion? Many women report that they didn’t want one. Various studies have found that sixty-five to seventy percent of women who get abortions also believe it’s morally wrong.[{3}](#) When women violate their conscience or betray their maternal instincts, that’s going to cause a lot of stress.

Years after their abortion, women will often say that they didn’t want to have one but they felt forced to. They thought it was wrong, but they did it anyway because they felt pressure—from circumstances, or from one or more key people in their lives. Often it’s boyfriends, sometimes husbands. When a boyfriend threatens to leave unless a girl has an abortion, most of the time they break up anyway. Then she has lost both her baby and her boyfriend. Crisis pregnancy counselor Dr. Julie Parton says that almost as often, the pressure comes from parents, especially Christian parents.[{4}](#) She says that there are three main factors influencing Christian mothers to push their daughters toward abortion: selfishness, shame, and fear.[{5}](#)

But the bottom line reason for abortion is spiritual. Even though they’re usually not aware of it, people are listening to the voice of the enemy, who Jesus said came to steal, kill, and destroy.[{6}](#) Satan hates women, and he hates the image of God in the unborn baby. Abortion hurts women and destroys babies.

And for every woman who has had an abortion, there is a man whose baby has died. Whether he pushed for the abortion or fought it,[{7}](#) God’s design of his masculine heart to protect and provide has been violated as well. Dr. Parton points out that over forty-five million men have bottled-up feelings about their abortions, and wonders if there is a connection with the heightened amount of violence in our culture of

death. Could road rage be the boiling over of deep-seated anger in some of these men?

We need to talk more about the ways that abortion steals, kills and destroys. But it is crucial that you know that *abortion is not the unpardonable sin*. Jesus Christ died to pay for all sins, including abortion. He extends cleansing and forgiveness to every man and woman who has been wounded by abortion. He offers reconciliation with God and the grace to forgive ourselves. No sin is greater than His love or His sacrifice to pay for that sin. There is peace and joy waiting for those who have received Christ's gift of forgiveness and cleansing from guilt.[{8}](#)

Post-Abortion Syndrome: Self-destruction, Guilt and Anger

Abortion is deeply troubling because it touches on three central issues of a woman's self-concept: her sexuality, her morality, and her maternal identity. She also has to deal with the loss of a child. This loss must be confronted, processed, and grieved in order for a woman to resolve her experience.[{9}](#)

Many women find themselves troubled after their abortion because they don't think through these issues before their abortion. The fact that they experience relief immediately after the abortion is no guarantee that problems won't surface later. Unresolved emotions will demand our attention sooner or later.

For millions of women, Post-Abortion Syndrome is an ugly after-effect of abortion, consisting of a number of powerful emotions that can erupt in dangerous and destructive behaviors. Far from being "no big deal," which is how abortion is often minimized in our culture, abortion is a traumatic event in the life of most women who have one. Life becomes divided into "before the abortion" and "after the abortion."

So it is no surprise that so many experience some degree of post-traumatic stress disorder. They used to call this “shell shock” after World War II. PTSD is a collection of negative, destructive behaviors and ways of thinking.

In many women with a history of abortion there is an alarming increase of self-destructive behavior. Many women are consumed with self-hatred, expressing it in drug and/or alcohol abuse. Millions of women battle depression and suicidal thoughts.[{10}](#) One woman said, “I became a tramp and slept with anyone and everyone. I engaged in unprotected sex and each month when I wasn’t pregnant I would go into a deep depression. I was rebellious. I wanted my parents to see what I had become. I dropped out of college. I tried suicide, but I didn’t have the guts to slit my wrists or blow my brains out. I couldn’t get my hands on sleeping pills, so I resorted to over the counter sleep aids and booze.”[{11}](#)

The majority of post-abortive women are plagued by guilt.[{12}](#) As one woman put it, “I hated myself. I felt abandoned and lost. There was no one’s shoulder to cry on, and I wanted to cry like hell. And I felt guilty about killing something. I couldn’t get it out of my head that I’d just killed a baby.”[{13}](#) This high guilt rate is unique to abortion compared to any other medical procedure. There are no support groups for those who had their appendix or gall bladder removed, and people don’t seek counseling after orthopedic surgery. Guilt is a painful aftereffect of abortion.

Some women react with anger and rage. They feel deeply isolated and angry at anyone who hurt them and their baby. They are irritated by everyone and everything, and no one can do anything right. They can fly into rages with the slightest provocation. Often, they are not aware of the connection between their abortion and a constantly simmering heart full of anger, especially since most women feel pressured to have the abortion in the first place.

Post Abortion Syndrome: Shame and Denial

A huge aspect of Post-Abortion Syndrome is shame. Post-abortal women often feel like second-class citizens. They live in fear of others finding out their terrible dark secret. One woman told me that whenever she would walk into a room, she was constantly scanning the faces: *Do they know? Can they tell by looking at me?* Some women are afraid to attend an abortion recovery group where anyone would know them, even though everyone is there for the same reason. When a Christian has an abortion, she often goes into one of two directions; she either cuts herself off from God because she's so ashamed of herself, or she tries to become the ultimate "Martha," wearing herself out in service to try and earn her way to back to God's approval and blessing. The shame of abortion drives many women to perfectionism because they feel so deeply flawed and sinful.

Denial – Many women spend huge amounts of mental energy trying not to think about their abortion. Romans 1 calls this "suppressing the truth in unrighteousness." The horror of participating in the death of one's child is too painful to face, and many women work hard at maintaining denial for five to ten years.[\[14\]](#) But eventually reality usually comes to the surface.

Some women find themselves falling apart when their youngest child leaves home, or at menopause. Others become uncontrollably sad when they hold their first grandchild. One woman's denial system shattered when she saw a museum exhibit of pre-born babies and saw what her baby looked like when she aborted him. Another woman almost lost it in nursing school when she learned about prenatal development. The abortion counselor had told her it was just a blob of tissue. Even those who deny their unborn child was a human being and not a clump of cells admit they have to work at maintaining denial. One woman said, "I didn't think of it as a baby. I just didn't

want to think of it that way.”[{15}](#)

Child abuse – As the number of abortions continues to rise, so does the incidence of child abuse.[{16}](#) Unresolved post-abortion feelings are tied to patterns of emotional or physical abuse of living children. One mother erupted in intense rage whenever her newborn baby cried. She came to realize that she hated her daughter for being able to do all the things that her aborted baby could never do.[{17}](#) One woman beat her three year old son to death shortly after an abortion which triggered a “psychotic episode” of grief, guilt, and anger.[{18}](#)

Healing After Abortion

Post-Abortion Syndrome is a dark, ugly underside of abortion. Researchers have reported over a hundred psychological effects of abortion stress, including depression, flashbacks, sleep and eating disorders, anxiety attacks, a diminished capacity for bonding with later children, increased tendency toward violent outbursts, chronic problems in maintaining intimate relationships, and difficulty concentrating.[{20}](#)

Death – Women who abort are approximately four times more likely to die in the following year than women who carry their pregnancies to term.[{21}](#)

Breast Cancer – The risk of breast cancer almost doubles after one abortion, and rises even further with two or more abortions.[{22}](#)

Cervical, Ovarian and Liver Cancer – Women with one abortion face a 2.3 relative risk of cervical cancer, compared to non-aborted women, and women with two or more abortions face a 4.92 relative risk. Similar elevated risks of ovarian and liver cancer have also been linked to single and multiple abortions. These increased cancer rates for post-aborted women are apparently linked to the unnatural disruption of the

hormonal changes which accompany pregnancy and untreated cervical damage.[{23}](#)

Damage to Cervix and Uterus – This causes problems with subsequent deliveries, and can result in handicaps in subsequent newborns.[{24}](#)

Increased Risks for Teenagers – Teenagers, who account for about thirty percent of all abortions, are also at much higher risk of suffering many abortion related complications. This is true of both immediate complications and of long-term reproductive damage.[{25}](#)

What do you say to someone who's experienced the trauma of abortion? It's a terrible loss. How do you help someone grieve? What do you say? Perhaps something like, "I'm so sorry. It must be very difficult for you. Do you want to tell me about it?" We can offer a listening ear, full of compassion and grace: "What was the abortion like? What has it been like to live with it?" Seek to validate the woman or man's grief with honor and respect so they can get to a place of healing peace.

What if you're the one who's had an abortion? You need to grieve. Grief is a natural and necessary response to loss. It's more than a single emotion of sadness. It includes feelings of loss, confusion, loneliness, anger, despair, and more. It can't be turned on and off at will. Working through your grief means confronting your loss, admitting it, grieving it with tears and other expressions of sadness.

The pain and grief of abortion is complicated by the fact that it is also sin. But it is not the unpardonable sin. Confess it, and receive the cleansing and forgiveness that Jesus offers. He paid for your abortion on the Cross. He offers you the healing that allows you to be at peace with God and with yourself. He offers you the courage to tell your story with someone safe, which transforms your pain into something

redemptive. He offers you the stability that means you don't fall apart if someone else is talking about abortion, or pregnancy, or babies in general.

Dr. Parton suggests three steps toward healing. First, acknowledge the wound that needs to be healed. It may take ten to fifteen years before a woman may be willing to take this step. Second, reach out for help. The Bible tells us, "Confess your sins to one another and pray for one another that you may be healed."[\[26\]](#) Find others who have walked the same path, either in person or online.[\[27\]](#) Dr. Parton says there is an unusual strength of emotional bonding in post-abortive groups. Receive God's forgiveness and cleansing in community; that's His plan. Third, get into God's Word. It's a supernatural source of comfort and encouragement.

There is a dark and ugly underside to abortion, but it's not too dark for God to redeem. Praise the Lord!

Notes

1. This account is based on a true story, with the name changed, found in Theresa Burke and David C. Reardon, *Forbidden Grief: The Unspoken Pain of Abortion* (Springfield, IL: Acorn Books, 2002), 23-25.

2. Ibid., 41.

3. Ibid., xx.

4. Personal conversation with the author, Sept. 21, 2007.

5. **Selfishness** – because she had all these dreams, plans, hopes, and ambitions for her daughter. When the daughter turns up pregnant, mom has to grieve the loss of all her dreams for her precious daughter. She'll say things like, "I just can't stand by and watch you throw your life away" or "If you have a baby right now you're just going to be stuck for the next eighteen years."

Shame – Mom feels that if her daughter's pregnancy becomes public knowledge, everyone will know she was not a good mother. She failed at teaching her daughter morality and

purity and the things a good Christian mother should have taught her.

Fear – of rejection. She fears that her Christian friends will judge and reject her. So she thinks, or says, “How could you do this to me?” The mom can be so focused on her own stuff, her selfishness and shame and fear, that she can’t or doesn’t step up to the plate and help her daughter do what they both know is right, because these other factors are overwhelming her.

6. John 10:10.

7. I am aware that many men never know about the abortion of their child. Some find out later and they often experience deep grief and anger, not only at the loss of their child’s life, but the unilateral decision to keep them in the dark about their own child’s life or death.

8. Come to our website at Probe.org for help with that. [“The Most Important Decision of Your Life”](#) and [“How to Handle the Things You Hate But Can’t Change”](#).

9. Burke and Reardon, *Forbidden Grief*, 33.

10. Sixty-three percent of women who have had an abortion seek mental health care. There is a one hundred and fifty-four percent increase in suicide. The suicide rate within one year after an abortion was three times higher than for all women, seven times higher than for women carrying to term, and nearly twice as high as for women who suffered a miscarriage. Suicide attempts appear to be especially prevalent among post-abortion teenagers. Afterabortion.org,

www.afterabortion.info/psychol.html (accessed Feb. 23, 2008).

11. “Before I Had Time to Think,” Afterabortion.org, www.afterabortion.org (accessed Feb. 23, 2008).

12. A poll by the *LA Times* revealed that fifty-six percent of those who admitted to an abortion felt guilty. But since another poll showed that seventy-four percent of those who admitted to having an abortion believe it’s morally wrong, I believe that number is way too low. See Burke and Reardon, *Forbidden Grief*, 47.

13. Linda Bird Francke, *The Ambivalence of Abortion* (New York:

Random House, 1978), 61. Cited in www.abortionfacts.com/reardon/women_who_abortion_and_their_views.asp (accessed February 23, 2008).

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2) The weakening of maternal instincts. Killing one's own child violates the God-given instinct to nurture and protect. It can result in a hardened heart as a way of protecting herself from the truth of her action.

3) Reduced inhibitions against violence, particularly toward children. (Theresa Karminiski Burke and David C. Reardon, "Abortion Trauma and Child Abuse," Afterabortion.org, www.afterabortion.org.)

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“How Do You Respond to Vicky Beeching’s Coming Out as Gay and Proud?”

Dear Sue,

Did you happen to see this in the past few days? [Vicky Beeching, Star of the Christian Rock Scene: I’m Gay. God Loves Me Just the Way I Am](#)

What am I supposed to make of it? I have searched the scriptures, poured my heart out to God over the years and still struggling. I cannot work out how she came up with this view, but it is really rocking my world view and I am in serious danger of coming unstuck. I am starting to wonder if my understanding of Scripture, of this being wrong and the reasons why for all these years is incorrect and it has made me so depressed since I read this article.

My heart hurts for Vicky.

Yes, she experiences same-sex attraction (SSA) and yes, God loves her just the way she is, but He loves her too much to leave her there. Her SSA is like the red light on the dashboard of a car. It means something is wrong under the hood that needs attention. God loves her just the way she is but He

wants to bring healing to her heart. She may identify as gay, but God won't agree to that identity. He would say, "You are My beloved daughter, created in My image and for My glory."

100 years from today, when she is in heaven, she will not be saying she's gay. Sexuality is only for this earth. If something about us is temporary, then it shouldn't be our identity. That's why God, who doesn't make anyone gay (anymore than He makes anyone selfish or bigoted or self-centered), won't agree with her confusion about her identity.

I think it's good to acknowledge when one has a "thorn in the flesh" (2 Cor. 12:7). But saying it is good and it's fine and God accepts it as His intention and design is wrong. It would be better to say, "I experience same-sex attraction, and I need help to find out where it came from and what to do about it." And I would say, after fifteen years of helping people deal with unwanted SSA, that the way to deal with the holes in one's heart is [intimacy with the Father and the Son and the Spirit](#). The problem driving SSA is a sense of disconnection, of not belonging or being attached. The way that is resolved is by focusing on Jesus, who said in John 14:23 of His Father, "We will come to him and make Our home with him." Resting in the indwelling Father, Son and Spirit is how that hole is filled.

Blessing you,

Sue Bohlin

Posted Sept. 2014

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Dumb . . . or Dangerous?

Sue Bohlin blogs about the viral video of Victoria Osteen teaching that we should worship God and do good for ourselves.

The latest video to go viral, at least in the Christian sphere, is a clip of Victoria Osteen at the massive Lakewood Church in Houston, followed immediately by a completely out-of-context (but hilarious) snippet from The (Bill) Cosby Show.

Here is the transcript of her 33-second message:

“I just want to encourage every one of us to realize when we obey God, we’re not doing it for God—I mean, that’s one way to look at it—we’re doing it for ourselves, because God takes pleasure when we’re happy. That’s the thing that gives Him the greatest joy this morning. So I want you to know this morning, just do good for your own self. Do good ‘cause God wants you to be happy. When you come to church, when you worship Him, you’re not doing it for God really. You’re doing it for yourself, because that’s what makes God happy. Amen?”

Then we see an incredulous Bill Cosby: “That’s the dumbest thing I’ve ever heard in my life!”

I found myself unable to stop thinking about this video, it was so disturbing to me.

Is it true? Does our happiness give God the greatest joy? Should we obey Him and do good so we can be happy? When we go to church and worship God, is it really for and about us?

:::shudder:::

As the apostle Paul was fond of saying, “May it never be!” Or, as Rick Warren said in his opening sentence of the mega-hit *The Purpose Driven Life*, “It’s not about you.”

The Osteens preach a “gospel of self.” Jesus, on the other hand, said, “If anyone would come after Me, let him deny himself and take up his cross and follow Me” (Matthew 16:24). Denying ourselves means taking ourselves off the throne of our lives and making Jesus Lord, following Him in obedience and submission. The crazy (as in, crazy-beautiful) thing is that when we follow Him by abiding—staying connected and dependent on Him, He flows HIS joy into us: “These things I have spoken to you so that My joy may be in you, and that your joy may be made full” (John 15:24). Denying ourselves and abiding in Jesus leads to a supernatural degree of happiness and joy—but it’s not the kind of “God wants you to be happy” we see in Mrs. Osteen’s teaching.

There is a massive disconnect between a false god who is all about making ME happy and the true God of the Bible. One of the greatest minds in Christianity, A.W. Tozer, wrote about our concept of God:

“What comes into our minds when we think about God is the most important thing about us. . . . [T]he gravest question before the Church is always God Himself, and the most portentous fact about any man is not what he at a given time may say or do, but what he in his deep heart conceives God to be like. We tend by a secret law of the soul to move toward our mental image of God. This is true not only of the individual Christian, but of the company of Christians that composes the Church. Always the most revealing thing about the Church is her idea of God.” (*The Knowledge of the Holy*, New York: HarperCollins, 1961, p.1)

It is dangerous teaching that promotes a god who is all about our happiness. This sets people up for all kinds of disastrous beliefs about the way life really is. And when they expect God to make and keep them happy, they are frustrated and turn away in disbelief because their [expectations](#) were not met—expectations that the true God never promised. A few days ago, Probe Ministries received an email asking for advice from

a woman whose life had skidded off the rails, and she was confused because she just *knew* God wanted her to be “happy above all.”

Ultimately, that is true in a way: God delights in His children being full of joy and the kind of biblical happiness that is found in every reference to being blessed. (See the Beatitudes in the Sermon on the Mount, Matthew 5, for starters.) But we find that kind of happiness NOT in ourselves but in intimate connection with the true God. Again, it’s not about us.

Think about what happens when parents indulge their children’s every whim because they want them to be happy. Do you get stable, productive people who are others-aware and open to serving them? No! You get spoiled brats! Can you imagine our heavenly Father indulging His children’s immature, self-centered ideas of what would make us happy to create a world of spoiled brats? “May it never be!”

God does want us to be happy. By His definition, in His way, in His timing. And it’s so much more than the “spoiled brat” concept of happiness, it’s about finding our happiness in relationship with Him.

Because it’s not about us.

It’s about Him.

This blog post originally appeared at
blogs.bible.org/engage/sue_bohlin/dumb_or_dangerous on Sept.
1, 2014

Evidence for God's Existence

Romans chapter 1 says that God has planted evidence of Himself throughout His creation so we are without excuse. Sue Bohlin looks at different types of evidence indicating that God really does exist.

A "Just Right" Universe

There's so much about the universe, and our world in particular, that we take for granted because it works so well. But Christian astronomer Dr. Hugh Ross has cited twenty-six different characteristics about the universe that enable it to sustain life. And there are thirty-three characteristics about our galaxy, our solar system, and the planet Earth that are finely-tuned to allow life to exist.^{1} I do well to make the meat, potatoes, vegetables, and bread all come out at the same time for dinner; we're talking about fifty-nine different aspects all being kept in perfect balance so the universe hangs together and we can live in it!

Our Earth, for instance, is perfectly designed for life. It's the "just right" size for the atmosphere we need. Its size and corresponding gravity hold a thin, but not too thin, layer of gases to protect us and allow us to breathe. When astronaut John Glenn returned to space, one of the things that struck him was how thin and fragile our atmosphere is (only 50 miles above the Earth). If our planet were smaller it couldn't support an atmosphere, like on Mercury. If it were larger, like Jupiter, the atmosphere would contain free hydrogen, which is poison for us.^{2} Earth is the only planet we know of that contains an atmosphere that can support human, animal, and plant life.

The Earth is also placed at a "just right" distance from the sun and the other planets in our solar system. If we were closer to the sun, we'd burn up. If we were farther away, we'd

freeze. Because Earth's orbit is nearly circular, this slightly elliptical shape means that we enjoy a quite narrow range of temperatures, which is important to life. The speed of Earth's rotation on its axis, completing one turn every 24 hours, means that the sun warms the planet evenly. Compare our world to the moon, where there are incredible temperature variations because it lacks sufficient atmosphere or water to retain or deflect the sun's energy.

Speaking of the moon, it's important that there is only one moon, not two or three or none, and it's the "just right" size and distance from us. The moon's gravity impacts the movement of ocean currents, keeping the water from becoming stagnant. [\[3\]](#)

Water itself is an important part of a "just right" world. Plants, animals and human beings are mostly made of water, and we need it to live. One of the things that makes Earth unique is the abundance of water in a liquid state.

Water has surface tension. This means that water can move upward, against gravity, to bring liquid nutrients to the tops of the tallest plants.

Everything else in the world freezes from the bottom up, but water freezes from the top down. Everything else contracts when it freezes, but water expands. This means that in winter, ponds and rivers and lakes can freeze at the surface, but allow fish and other marine creatures to live down below.

The fact that we live on a "just right" planet in a "just right" universe is evidence that it all was created by a loving God.

The Nagging Itch of "Ought"

As a mother, I was convinced of the existence of a moral God when my children, without being taught, would complain that something wasn't "fair." Fair? Who taught them about fair? Why

is it that no one ever has to teach children about fairness, but all parents hear the universal wail of “That’s not fa-a-a-a-a-air!” The concept of fairness is about an internal awareness that there’s a certain way that things ought to be. It’s not limited to three-year-olds who are unhappy that their older siblings get to stay up later. We see the same thing on “Save the Whales” bumper stickers. Why should we save the whales? Because we ought to take care of the world. Why should we take care of the world? Because we just should, that’s why. It’s the right thing to do. There’s that sense of “ought” again.

Certain values can be found in all human cultures, a belief that we act certain ways because they’re the right thing to do. Murdering one’s own people is wrong, for example. Lying and cheating is wrong. So is stealing. Where did this universal sense of right and wrong come from? If we just evolved from the apes, and there is nothing except space, time, and matter, then from where did this moral sense of right and wrong arise?

A moral sense of right and wrong isn’t connected to our muscles or bones or blood. Some scientists argue that it comes from our genes – that belief in morality selects us for survival and reproduction. But if pressed, those same scientists would assure you that ultimate right and wrong don’t exist in a measurable way, and it’s only the illusion of morality that helps us survive. But if one researcher stole another’s data and published results under his own name, all the theories about morality as illusion would go right out the window. I don’t know of any scientist who wouldn’t cry, “That’s not fair!” Living in the real world is a true antidote for sophisticated arguments against right and wrong.

Apologist Greg Koukl points out that guilt is another indicator of ultimate right and wrong. “It’s tied into our understanding of things that are right and things that are wrong. We feel guilty when we think we’ve violated a moral

rule, an “ought.” And that feeling hurts. It doesn’t hurt our body; it hurts our souls. An ethical violation is not a physical thing, like a punch in the nose, producing physical pain. It’s a soulish injury producing a soulish pain. That’s why I call it ethical pain. That’s what guilt is – ethical pain.”[\[4\]](#)

The reason all human beings start out with an awareness of right and wrong, the reason we all yearn for justice and fairness, is that we are made in the image of God, who is just and right. The reason we feel violated when someone does us wrong is that a moral law has been broken – and you can’t have a moral law without a moral law giver. Every time we feel that old feeling of, “It’s not fa-a-a-a-a-air!” rising up within us, it’s a signpost pointing us to the existence of God. He has left signposts pointing to Himself all over creation. That’s why we are without excuse.

Evidence of Design Implies a Designer



If you’ve ever visited or seen pictures of Mount Rushmore (South Dakota USA), you cannot help but look at the gigantic sculpture of four presidents’ faces and wonder at the skill of the sculptor. You know, without having to be told, that the natural forces of wind and rain did not erode the rock into those shapes. It took the skilled hands of an artist.

William Paley made a compelling argument years ago that the intricacies of a watch are so clearly engineered that it cannot be the product of nature: a watch demands a watchmaker. In the same way, the more we discover about our world and ourselves, the more we see that like an expertly-fashioned watch, our world and we ourselves have been finely crafted with intentional design. And design implies a designer.

Since we live in our bodies and take so much of our abilities for granted, it's understandable that we might miss the evidence of design within ourselves – much like a fish might be oblivious to what it means to be wet. Dr. Phillip Bishop at the University of Alabama, challenges us to consider what would happen if we commissioned a team of mechanical engineers to develop a robot that could lift 500 pounds. And let's say we also commissioned them to design a robot that could play Chopin. They could probably do that. But what if we asked them to come up with a robot that could do both, and limit the robot's weight to 250 pounds, and require that it be able to do a variety of similar tasks? They'd laugh in our faces, no matter how much time or money we gave them to do it. But you know, all we'd be asking them to do is to come up with a very crude replication of former football player Mike Reid.[\[5\]](#)

Probably the greatest evidence of design in creation is DNA, the material of which our genes are made, as well as the genetic material for every living thing on the planet. One of the startling discoveries about DNA is that it is a highly complex informational code, so complex that scientists struggle hard to decipher even the tiniest portions of the various genes in every organism. DNA conveys intelligent information; in fact, molecular biologists use language terms – code, translation, transcription – to describe what it does and how it acts. Communication engineers and information scientists tell us that you can't have a code without a code-maker, so it would seem that DNA is probably the strongest indicator in our world that there is an intelligent Designer behind its existence.

Dr. Richard Dawkins, a professor of biology who writes books and articles praising evolution, said in his book *The Blind Watchmaker*, "Biology is the study of complicated things that give the appearance of having been designed for a purpose."[\[6\]](#) Even those who desperately fear the implications of design keep running into it.

Those who deny the evidence of a designer are a lot like the foolish fisherman. If he fails to catch a fish, he says, "Aha! This proves there are no fish!" He doesn't want to consider the possibility that it might be he is an inept fisherman. Since science cannot measure the intangible or the supernatural, there are many people who say, "Aha! There is no Creator." {7} Foolish fishermen deny the evidence that God exists and has left His fingerprints all over creation.

The Reliability of the Bible

Every religion has its own holy book, but the Bible is different from all the others. It claims to be the very Word of God, not dropped out of the sky but God-breathed, infused with God's power as He communicated His thoughts and intent through human writers.

The Bible was written over a period of 1500 years, by about forty different writers, on three different continents. They addressed a wide variety of subjects, and yet the individual books of the Bible show a remarkable consistency within themselves. There is a great deal of diversity within the Bible, at the same time displaying an amazing unity. It presents an internally consistent message with one great theme: God's love for man and the great lengths to which He went to demonstrate that love.

If you pick up any city newspaper, you won't find the kind of agreement and harmony in it that is the hallmark of the biblical books. A collection of documents that spans so much time and distance could not be marked by this unity unless it was superintended by one Author who was behind it all. The unity of the Bible is evidence of God's existence.

One other aspect of the Bible is probably the greatest evidence that God exists and that He has spoken to us in His holy book: fulfilled prophecy. The Bible contains hundreds of details of history which were written in advance before any of

them came to pass. Only a sovereign God, who knows the future and can make it happen, can write prophecy that is accurately and always – eventually – fulfilled.

For example, God spoke through the prophet Ezekiel against the bustling seaport and trade center of Tyre. In Ezekiel 26:3-6, He said He would bring nations against her: “They shall destroy the walls of Tyre and break down her towers; and I will scrape her soil from her, and make her a bare rock.” Ezekiel 26-28 has many details of this prophecy against Tyre, which would be like Billy Graham announcing that God was going to wipe New York off the map.

Tyre consisted of two parts, a mainland city and an island a half- mile offshore. The first attack came from the Babylonian king Nebuchadnezzar, who laid siege to Tyre for thirteen years. Finally, his battering rams broke through the walls, and he tore down the city’s towers. But the island part of the city wasn’t yet destroyed, because this prophecy was fulfilled in stages. For 250 years it flourished, until Alexander the Great set his sights on Tyre. Even without a navy, he was able to conquer this island city in what some consider his greatest military exploit. He turned the ruined walls and towers of Old Tyre into rubble, which he used to build a causeway from the mainland to the island. When he ran out of material, he scraped the soil from the land to finish the land- bridge, leaving only barren rocks where the old city used to be. He fulfilled the prophecy, “They will break down your walls and destroy your pleasant houses; your stones and timber and soil they will cast into the midst of the waters”(Ez. 26:12).

Fulfilled prophecy is just one example of how God shows He is there and He is not silent. How else do we explain the existence of history written in advance?

Jesus: The Ultimate Evidence

The most astounding thing God has ever done to show His

existence to us is when He passed through the veil between heaven and earth and came to live among us as a man.

Jesus Christ was far more than just a great moral teacher. He said things that would be outrageous if they weren't true, but He backed them up with even more outrageous signs to prove they were. Jesus claimed not to speak for God as a prophet, but to be God in human flesh. He said, "If you've seen Me, you've seen the Father" (John 14:9), and, "The Father and I are one" (John 10:30). When asked if He was the Messiah, the promised Savior, He said yes.[\[8\]](#) He told his contemporaries, "Before Abraham was, I am" (John 8:58). The fact that His unbelieving listeners decided then to kill Him shows that they realized He was claiming to be Yahweh, God Almighty.

When Jesus told His followers that He was the Good Shepherd (John 10:11-18), they would immediately be reminded of a passage in the book of Ezekiel where Yahweh God pronounced Himself shepherd over Israel (Ez. 34:1-16). Jesus equated Himself with God.

But words are cheap, so Jesus backed up His words with miracles and signs to validate His truth-claims. He healed all sorts of diseases in people: the blind, the deaf, the crippled, lepers, epileptics, and even a woman with a twelve-year hemorrhage. He took authority over the demons that terrorized and possessed people. He even raised the dead.

Jesus showed His authority over nature, as well. He calmed a terrible storm with just a word. He created food out of thin air, with bread and fish left over! He turned water into wine. He walked on water.

He showed us what God the Father is like; Jesus was God with skin on. He was loving and sensitive, at the same time strong and determined. Children and troubled people were drawn to Him like a magnet, but the arrogant and self-sufficient were threatened by Him. He drenched people with grace and mercy

while never compromising His holiness and righteousness.

And after living a perfect life, He showed His love to us by dying in our place on a Roman cross, promising to come back to life. Who else but God Himself could make a promise like that and then fulfill it? The literal, bodily resurrection of Jesus Christ is the final, greatest proof that there is a God, that Jesus is God Himself, and that God has entered our world and showed us the way to heaven so we can be with Him forever. He said, "I am the way, the truth, and the life; no one comes to the Father except by Me" (John 14:6).

God exists, and He has spoken. He made a "just right" universe that is stamped with clues of its Maker. He placed eternity in our hearts, as Ecclesiastes tells us, and all people have a strong moral streak because we are made in the image of a moral God. The evidence of design in our bodies, our world and the universe is a signpost pointing to a loving, intelligent Designer behind it all. The unity of the Bible and the hundreds of fulfilled prophecies in it show the mind of God behind its creation. And we've looked at the way Jesus punched through the space-time continuum to show us what God looks like, and opened the doorway to heaven. Jesus is the clearest evidence of all that God does exist.

Notes

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2. R.E.D. Clark, *Creation* (London: Tyndale Press, 1946), 20.
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4. Gregory Koukl, "Guilt and God," Stand to Reason Commentary. <http://www.str.org/free/commentaries/theology/guiltngod.htm>.
5. Phillip Bishop, "Evidence of God in Human Physiology." <http://www.leaderu.com/science/bishop.html>
6. Richard Dawkins, *The Blind Watchmaker* (New York: W.W. Norton & Co., 1986), 1.

7. Bishop.

8. Mark 14:61-62; Matthew 26: 63-65; Luke 22:67-70

The author gratefully acknowledges the insights of Marilyn Adamson, whose article "Is There a God?" on LeaderU.com formed the basis for much of this essay.

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"Is Animal Homosexuality Proof that It's Normal?"

A teenage girl in my church has just been confronted by discussions on homosexuality in her high school classroom. When she told the class that homosexuality was not "normal" behavior because it did not exist among animals, the teacher said that studies have "proven" that homosexuality is prevalent among animals, esp. elephants. While browsing on the web, I have found this to be a widely used "proof." What would you answer? How can I help this girl?

First of all, I would encourage her to ask with humility and softness (i.e., no edge in her voice) where she can find the studies that "prove" the prevalence of homosexuality in animals. People toss off assertions all the time (such as, "science has proven homosexuality is genetic") but when we ask where the articles are, they don't have an answer. They're just parroting what they've heard.

Same-sex behavior DOES exist in the animal kingdom, for a number of reasons. Usually, it's either playful antics, or dominance behavior to assert hierarchy. For one male to mount, or attempt to mount, another male is a very powerful way to

communicate his higher position in the “pecking order” of the community. But if you bring in a female in heat, suddenly the male-male behavior is abandoned in favor of the female. Sometimes males mount other males in a type of practice before the females come into heat.

Secondly, I have read of same-sex attachments in animals, but the fact that they exist doesn't make it normal any more than the fact that cystic fibrosis or diabetes exists makes those diseases normal. From a Christian perspective, we live in a fallen world, and that fallenness extends to the entire creation on the planet. It would make sense that things would go wrong even among the animals. For instance, I understand that a hormonal imbalance can result in homosexual behavior in some animals. (Here are links to a couple of articles concerning that. Note the naturalistic bias underlying them: “What is, is normal and natural and therefore to be embraced.” <http://www.noglstp.org/bulletin/1997spring.html> and <http://www.libchrist.com/other/homosexual/sheepandanimals.html>)

Even from a godless evolutionary perspective, there is no benefit to homosexual behavior since those who engage in it do not reproduce, and from an evolutionary perspective, the only purpose in life is to make babies (the bottom line for the more scientific-sounding “survive and reproduce”).

I recently discovered an excellent article on the “animal homosexuality myth” at the NARTH (National Association for the Research and Treatment of Homosexuality) website. This article points out that we can find occurrences of “homosexuality,” cannibalism and infanticide in the animal kingdom, but the fact that these aberrant behaviors exist should not lead us to deduce that they are acceptable and normal HUMAN behaviors to engage in! www.narth.org/docs/animalmyth.html

Hope this helps!

Sue Bohlin
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Published Oct. 2002, updated Aug. 2014