

“What Makes the Bible a Reliable Text on Angels?”

You cite the bible as a source of insight into angels. What makes the bible a better source than any other fiction book that has been written by anyone at anytime? Say I wrote a book about angels because I wanted to get people to believe in something they have never seen or felt or touched or smelled or tasted. If I aged it 2 or 3 thousand years and there were people like you around, would they believe it? What if I gave it a prolific name like The Word, or Holy Text, or The Greatest Truest Book Ever Written, does it then become more plausible? What are your thoughts?

Hi _____,

My thoughts are that the Bible gives more than “insight” about angels; it gives actual revelation—information from “outside the box,” so to speak.

You can choose to call the Bible a book of fiction, but that would only be because you haven’t considered the evidence that shows it’s not. For instance, fulfilled prophecy alone is a staggering evidence that it was divinely inspired, for who else could write history in advance other than the God who is outside of time?

I invite you to try and debunk the truth and validity of the Bible. Many others have, and they have become its most convinced defenders. If it truly can be debunked, then it’s not worth believing in. But if it’s true, and I completely believe it is because of the evidence, then it’s worth paying attention to.

I have a suspicion you have an opinion of the Bible that is not based on anything more than a contempt for God and possibly for the people who believe in the Bible. (And allow

me to concede, regretfully, that a lot of religious people say and do things that make God wince because they misrepresent Him so egregiously, and it has a negative impact on others who are watching—people like you? I think God grieves over this.)

You might consider shoring up your reasons. Our website is full of resources that provide good evidence that Christianity, and the Bible, are both true. If you don't care to check anything out, then at least I would hope you would be honest enough to admit that your unbelief is based on a refusal to investigate and not because there are good reasons for it.

Respectfully,

Sue Bohlin
Probe Ministries

“Does Lucky Mean Lucifer Has Smiled on Me?”

I would like to know the meaning to the word LUCKY. I have been told that it means Lucifer has smiled on me and blessed me. If this is true where do I find this information?

If you go to dictionary.com, this is what you'll find:

lucky

adj. luckier, luckiest

1. Having or attended by good luck. See Synonyms at happy.
2. Occurring by chance; fortuitous.
3. Believed to bring good luck: *hoped to draw a lucky number.*

There's nothing there about Lucifer. What you heard is something someone made up, and there's nothing to it.

From a Christian worldview, there IS no such thing as luck, because God is in control of everything. There's such a thing as blessing, but not luck. God is in control; Satan is not. In fact, at the cross he was stripped of all real power (see Col. 2:15). All he has is wiles and lies, and if we arm ourselves with the truth we can fight him all the time.

Hope this helps.

Sue Bohlin
Probe Ministries

“Are Militant Angels Good, Bad or Ugly?”

Dear Sue,

Just recently we have been looking at some old photos of when we first moved into our old house and there was a sign out the front that said “BEWARE MILITANT ANGELS GUARD THIS PROPERTY.” And I was just wondering what this meant. Are these good, bad or ugly angels? Please email back even if you don't come up with anything.

Boy, the people who had the house before you had quite a sense of humor! There are no such things as militant guardian angels, since militants are people who are angry and rebellious. The demons who fell from heaven were militant against God, but they're into destruction, not protection. And the holy angels who protect us are submissive, not militant.

I think the sign is in the same category as the humorous signs I've seen that say "This property protected by an attack cat," and they mean a household kitten.

At any rate, your e-mail made me smile, and I appreciate it. Let me encourage you that it's cool and you have nothing to worry about.

Warmly,

Sue Bohlin
Probe Ministries

"Are Angels Male or Female?"

I've read your article ["Angels: The Good, the Bad and the Ugly,"](#) and I have a doubt about the angel story that describes an angel taking care of a child and her mother, but the angel appeared to be a hospital nurse.

I mean, is an angel a he or a she? Or can they be either man or woman?

Angels are not sexual beings; the Lord said they do not marry (Mark 12:25), and sexuality and gender would seem to be an element of humanity, not angel beings. So angels can take on human appearances of both males and females. It's like taking on a role in a play, complete with costume.

That being said, all biblical references to angels use the masculine pronoun "he." That doesn't mean they can't appear as female, but it's good to know the baseline from scripture.

Hope this helps.

Sue Bohlin

Student Mind Games Conference (radio transcript)

Conference Overview

There's one thing we do here at Probe that is our favorite part of ministry. Our [Student Mind Games Conference](#) is a week-long, total immersion, give-it-all-we've-got experience for high school and college students that changes minds and hearts forever.

We teach Christian students how to think biblically on a wide range of subjects: worldviews, basic apologetics, creation and evolution, human nature, the differences between guys and girls, the problem of evil, the value of suffering, campus Christianity, and even how to watch a movie without swallowing it whole. They learn about world religions, a compassionate but biblical view of homosexuality, science and Earth-history, feminism, and genetic engineering. We talk about how not to lose their faith in college and give specific, practical help connecting with the campus ministries at whatever college they're headed to.



The Probe teachers don't just give the lectures, though; we continue conversations at meals where we eat and visit with the students instead of each other. We assign readings by authors who don't have a Christian worldview, and break up into discussion groups to help the students develop their discernment skills and tune up their baloney detectors. There

is free time every afternoon for everybody to hike, swim, play basketball or card games, read or nap. They learn how to be discerning in watching movies, and get practice at it by watching several movies during the evenings.

The students are delighted to meet other thinking Christians from all over the country, students eager to think and grow in their faith as they learn to love God with their minds together. They enjoy getting to know us as the instructors, too. We're not only available the whole week; we look for opportunities to engage in conversations that will encourage and affirm what God is doing in the minds and hearts of these precious young people.

In what follows you'll hear a little bit from several lecturers, and also from several of our *Mind Games* alumni.

Sneak Peek of Probe Lectures

Here are snippets from lectures of four of our Probe *Mind Games* instructors, speaking on Apologetics, Origins, The Value of Suffering, and Nietzsche for Beginners:

Dr. Pat Zukeran:

When we begin apologetics, when you engage the non-Christian world, where do we begin? Worldviews. Very good. Now there are three major worldviews; what are they? The first one is. . . ? Theism. Theism teaches what? God made all. The second one is. . . ? Naturalism, or atheism: no God at all. And the third one is Pantheism, God is all. Remember all three of those.

Dr. Ray Bohlin:

That is why many were upset for a long time. Many rejected the Big Bang because of the philosophical implications of a beginning. Where does this particle come from? Here's the

problem. See, something must be eternal. Something has to have always been here. Otherwise, something had to come from absolutely nothing.

Sue Bohlin:

Pat explained to you the philosophical aspects of suffering and pain, and now I want to get intensely practical. I want to share with you five of the things that God showed me over a five-year period about the value of suffering. God never wastes our suffering, not a scrap of it. He redeems all of it for His glory and for our benefit. We have a God who scoops us up, and holds us to His chest where we can hear His heart beating, and says, "It's okay. I love you, buddy. Dad knows the way home. It's gonna be okay." And in the midst of our suffering, that's when God is holding us the closest.

Todd Kappelman:

What Nietzsche says is, "Listen, there are smart people, there are strong people, there are the artistically gifted, there are geniuses which comprise one percent or less of the population, and then there's the ninety-nine percent." What Nietzsche as an atheist wants to do is, he wants to look at good art. He wants to make a place in our culture for good art to be produced. The problem with good art being produced is you need a good audience that appreciates good art in order for good art to be produced.

Comments from Alumni, Part 1

Sarah relates how she happened to come:

I'm Sarah, I have an older sister, this is her third year, and she got me into this. She's, like, "This, is the most awesome thing ever, you gotta go." I'm like, "Whatever." I came because she would always come back saying that she had

this awesome time and everything. I was just like, "Okay, I'll go, I've been to other conferences before so I don't think it'll be anything different." This was really amazing because other conferences that I've been to, it's been just lectures, lectures, lectures. But like Sue and Pat and Todd and Heather and Ray, they would talk back to you. They wanted to get to know you, they wanted to know what you thought, they let you ask questions and they would answer it in the best way that they do, and it was just really nice to have someone older and wise that could give their information to where you could understand it, and it's free to ask questions.

Here's Kayla:

I really enjoyed the variety of the workshops, realizing that Christianity does apply to all aspects of life, that we have a worldview that is livable, and that whether it be about homosexuality or abortion or genetic engineering, our worldview applies to that too, and knowing those answers will help me that much more in the secular university.

Austin shares what helped him the most:

It especially helped with the readings, the secular readings. It helped me to point out the flaws in their teachings and to see, okay, he's wrong here, here, here, here; he's kinda right here; this is where he needs to change a little. It helps me interpret what I'm reading better.

And Bekah responds to my question: *Do you feel equipped to handle the anti-Christian, the hostile influences on the college campus?*

Yes, because we had to interact with the "devil's advocate" so much here, and I think it really just prepared us for situations we're actually going to face.

We love and enjoy the students who come to *Mind Games*, and they know it.

Comments From Alumni, Part 2

Here are a few more: Jon, Ashli, Jonathan and a returning alumnus, Daniel:

Jon:

It was more than I expected. I thought I was going to come here and learn ways to defeat people's arguments and destroy what they believe, but that's not what I learned. I actually learned WHY people believe what they believe, and so because I can understand what they believe better, I can love them better as a person, and that's really how you witness to them: you love them first and then they'll ask you, "What's so special," and then you can do it. So Mind Games for me was about learning and understanding more of what other people believe so I could understand and love them better.

Ashli:

The lectures—I loved them, because my dad's always about, he wants you to gain the knowledge, he wants you to know stuff, and I . . . don't. I learned so much, and I got so much out of it, and I had so many questions that I had answered. I was almost embarrassed by the questions, that I should already know the answer, but I felt comfortable enough to ask them, and they answered them clearly, and it was awesome.

Jonathan:

There's just something amazing about this place where everyone wants to be here. The lectures were really great, there's just so much emotion and information to it. They just tell sides of things you never hear in the culture, it's just so informative. Like Ashli said, you really get just a zeal

for learning about this stuff and you realize how little you know about your faith, and how much you want to learn, so I'm definitely going to come back and try and learn some more.

Daniel:

I thought Mind Games was fantastic. It was a great experience, and while I did go to some of the same classes, I took more away from them than I did last year, partly because I stayed awake during different parts but mostly because I was paying better attention and you take different things away every time you go to the same lesson. So that was still valuable even though I'd been here before. And there were definitely talks that I hadn't attended last year that were really, really interesting, downright fascinating actually, which I was very glad to be a part of, some of which I felt pretty strongly about, so I was glad to be able to participate in those discussions.

Why Go to Mind Games?

We now know that three out of four high school seniors who had been part of a church youth group drop out of church within a year.[\[1\]](#) One reason for this is that they don't own their faith; they don't know *that* Christianity is true, and they don't know *why* it's true. They tend to equate faith with a warm fuzzy feeling that doesn't stand up to the challenges of life. Many students are afraid to express their doubts so they never learn that there are good, solid answers to their questions. They are sensitive to the disconnect that happens when those who profess to be Christ-followers act no differently from unbelievers.

For over fifteen years, Probe's *Mind Games* conferences have been preparing young people for the challenges to their faith. In that time, we have witnessed firsthand the incredible thirst for a reliable trustworthy faith. Again and again we

hear that some had despaired of ever finding something like *Mind Games*. The conference consistently exceeds expectations, and students often tell us they wish they had brought their friends.

Alumni from these summer conferences are going on to become leaders on their campuses and beyond. This weeklong immersion truly changes lives, giving them a new confidence in their God, His Word, and in their role as His ambassadors. We know this because some of them come back as alumni a second or third year, and because they contact us from college and let us know how *Mind Games* continues to impact them. Others have gone on to become leaders in ministry and heroes in the military.

Mornings start with an informal devotional by Probe staff and a time of prayer. They receive twenty-five hours of lecture using video clips, role play, Q and A, and other teaching techniques. They build their discernment muscles and sharpen their critical thinking skills by reading and analyzing articles by non-Christians, which we discuss in small groups. They worship together, they play together, and they make dear friends. We instructors share our meals and some of our free time with the students, which allows us to get to know and truly love them.

The Student *Mind Games* Conference is for those who have finished their junior or senior years of high school, and for college freshmen and sophomores. [Note: especially motivated students younger than that are welcome, though!] Please go to our Web site, Probe.org, and check out the [reports and pictures](#) of the last few *Mind Games* conferences. You can look at a [typical schedule](#), and find out all the details. And then register someone you love. It will make a difference in time and eternity.

Note

1. Steve Cable, Is This the Last Christian Generation?

www.probe.org/last-christian-generation.htm

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“Which Is It: Man’s Free Will or God’s Omniscience?”

A friend of mine posed this question to me. I would like to pass it along for your reflection:

When we say that God “knows the future”, are we saying that He possesses knowledge of all future events? My premise is that in order for free will for Man to exist, then it is impossible for God to know all future events. In other words, these concepts are mutually exclusive. If that is true, then which one exists – free will in humans, or knowledge by God of all future events? (Or is my premise wrong?) My opinion is that free will exists, and therefore God cannot know all future events. Furthermore, Christians should not be troubled by the concept of a God that does not possess knowledge of all future events. They should rest assured that – one way or another – He will execute His plan and carry out His promises.

Thanks for any insights that I could pass along to him.

This is a big issue in theological circles today—sort of the “God version” of the “what did he know and when did he know it?” question. The debate over the extent of God’s foreknowledge is called “open theism.” (Check out Rick Wade’s

article called "[God and the Future](#)").

But I can tell you what we believe. God does, indeed, know every single detail of the future, which is why the Bible contains accurate prophecy of future events—because not only did God know they would (and will) happen, but because He is sovereign, He superintends them.

I think many people misunderstand the concept of “free will,” which is not a biblical term. The reality is that while we have the ability to make truly significant choices, we don’t have truly “free” will. You cannot, for example, choose to wake up tomorrow morning in China when you go to bed in Chicago. Or wake up speaking Chinese when all you know is English. You cannot choose to be a different gender than what God made you. (Yes, I’m aware of sex-change operations and know people who’ve had them—we’re not even going there! <smile>) But we can make choices that make a difference: for example, in our attitudes, in who we marry and most importantly, which God we serve. We have limited freedom in our choices, and God does not force us to choose things His way; He respects our choices. But we do not have totally free will.

I think your friend misunderstands the concept of God’s sovereignty (“one way or another – He will execute His plan and carry out His promises”) if he thinks that God can have a plan and execute it if He doesn’t know everything that’s going to happen. You can’t have it both ways. A God who is not omniscient cannot be sovereign. A sovereign God MUST be omniscient.

Hope this helps!

Sue Bohlin
Probe Ministries

Protecting Your Family On the Internet

Protecting from Pornography

What's available for free and sometimes delivered without asking for it is not just airbrushed naked women anymore—it's very clear pictures of people actually engaging in various types of sex, bestiality, and adults molesting children.

Like the tobacco industry used to, the pornography industry aggressively targets young children as consumers. They position their Web sites to be found in seemingly innocent searches using words like toys, Disney, Nintendo, or dolls. According to NetValue, children spent 64.9 percent more time on pornography sites than they did on game sites in September 2000. Over one quarter (27.5%) of children age 17 and under visited an adult Web site, which represents 3 million unique underage visitors.[\[1\]](#)

But they are not the only ones struggling with easy and anonymous access to pornography—over 200,000 Americans, classified as “cybersex compulsives,” are hopelessly addicted to e-porn. The study, conducted by psychologists at Stanford and Duquesne universities, appears in the March 2001 issue of the journal *Sexual Addiction and Compulsivity*.

We personally know of people now in jail for stealing to support their porn addiction. Pastors are hearing from scores of people in their congregations who are secretly addicted to e-porn. Exposure to pornography, for some, escalates into more perverse and dehumanizing images. Online pornography is so strongly graphic, sending a hormonal power surge through the

brain, that it has been called “electronic crack cocaine.”

Protection from online pornography is essential. Parental involvement is the first line of defense. And Internet filters will add an additional layer of security in the home. Whether a filtered Internet service provider, a filtering software program, or even hardware filters just recently available, some level of filtering is better than none, but none are perfect. The technology is developing every day and filters are far more effective and less intrusive than a couple of years ago.

Many organizations have tested filtering technologies, and their evaluations and experience is available to parents. The Center for Decency (www.centerfordecency.org), the National Coalition for the Protection of Children and Families (www.filterreview.org) and a combination of several organizations at www.getnetwise.org are excellent resources.

Those sites will also provide excellent advice to parents about monitoring their children or spouse’s online activities as well as provide resources to deal with situations that arise if pornography is a problem in the home.

Put your computer in a public place in your home where anyone can see what’s on the screen. Determine how much time children can spend online. Some families link screen time to reading time: a half-hour of reading earns you 30 minutes of Internet time. Talk to your children about the dangers of pornography. We warned our boys about “mind dirt,” the kind of mental images that can’t be washed out of memory like the mud that was ground into their soccer uniforms. Talk about why pornography is wrong: because it destroys the dignity that God gives people made in His image, and because it fuels our flesh instead of our spirits. [{2}](#)

Protecting our families from Internet pornography in our homes, businesses, schools, and libraries is one of the most

loving and important things we can do for them.

Protecting from Predators

Several years ago when my son was about eight or nine, we had a memorable conversation when he decided he was going to run away from home. I used all the arguments from reason to try and dissuade him, but he was determined to leave. He was quite confident that if he met any bad guys, he'd just "beat 'em up," and that would be the end of that. I had to tell him about the *real* bad guys who are out there looking for vulnerable runaways, alone and defenseless, who either capture or lure them to places where they make horrible videos of grownups doing horrible things to kids—or worse. Thankfully, he decided to stay home.

As parents, of course we want to protect our kids from predators "out there" in the world; but it's just as important to protect them from predators online. Evil people and pedophiles know how to find children who don't know enough to be suspicious and self-protective, and they often rationalize their actions by saying that if parents don't protect their kids, then they deserve whatever happens.

One of the most unsafe places on the Internet is chat rooms. Conversations start out in a group, but one person can invite another into a private conversation. Anyone can initiate a private conversation, called an "instant message" or IM, with any other computer user once they know their nickname or screen name. I strongly suggest you teach your kids not to go into chat rooms or have private conversations unless you are supervising. Some "kids" they meet in chat rooms or IM's may not be kids at all, but adults with bad intentions.

It's essential to set down safety rules for our families. Teach your kids never to give out personal information like their age, phone number, school, or your town or city. Don't even let them use their real names. Kids must never call or

meet an online friend in person unless a parent is there. And it would be wise also not to have a personal profile, which is a big part of the America Online community, but also Web sites like Yahoo (www.yahoo.com). Predators prowl the profiles looking for likely victims.

Donna Rice Hughes, [{3}](#) a children's Internet safety advocate, suggests some excellent questions to ask your kids who spend time online:

- Have you seen any pornographic pictures?
- Has anyone online talked dirty to you?
- Have you met anyone online whom you don't know?
- Has anyone asked you for personal information?
- Has anyone asked to meet you in person?

Ask the questions, and watch their body language for clues that anything has happened. We need to stay alert. We need to protect our kids from predators.

Protecting Ourselves Emotionally

The Internet has opened an almost literal Pandora's box of emotional disasters for huge numbers of people.

An innocent looking computer screen or television set, for those with Web TV, turns out to be a portal to enormously addictive and powerful relationships with people we would never otherwise meet. People can be overwhelmed by the sense of truly connecting with people in an intense, compelling way. It can be a shock and a thrill to get a computer for doing mundane tasks like word processing or bookkeeping and discover that when it connects to the Internet, there are live people on the other side of the screen! The nature of online communication is different from the face-to-face or telephone communication we're used to in real life (or "RL" in net-speak). For one thing, people can project themselves as they wish to be. The painfully shy introvert can become a witty

conversationalist, the charismatic center of attention in a chat room. Overweight, slovenly people can pretend to be buff and beautiful. Middle-aged men can—and do—present themselves as young girls.

This means that online communication so often isn't between *people* as much as between *personas*. Add to that the development of a dizzily rapid sense of intimacy, and you have the potential for people to get hurt by not guarding their hearts as Proverbs 4:23 tells us to do.

For instance, one young man met disaster when, lonely after his divorce, he thought he fell in love with a young lady he met in a chat room. They started talking by phone. He professed his love for her; she professed her love for him. She visited him for a romantic weekend tryst. But it turns out she was a fourteen-year-old runaway, not eighteen as she had said, and when her parents tracked her down they had him arrested as a sex offender.[{4}](#)

Many married people have discovered how intrusive the Internet can be when their spouses start spending hours online in chat rooms and private conversation. Many marriages have broken up over online affairs. It doesn't matter if the relationships become physical or not; when people give their affections to another person, it's adultery of the heart.

How do we protect ourselves emotionally?

First, pre-decide to guard your heart (Prov. 4:23). If you start to think and daydream about someone in a way that you would be embarrassed if others knew what you were thinking, pull back. You're probably spending too much time online and spending too much emotional energy on that person. Redirect your thoughts to ones that are more righteous.

Second, if you're married, shore up your relationship. Spend at least as much time building into your marriage as you do with online friends. Resolve not to take your spouse for

granted or compare him or her to your image of your online friends. Remember that we tend to project onto online friends the qualities we want them to have, and it's not fair to compare the reality of the person you're married to with the fantasy of the *persona* on the other side of the screen. Consider that it is extremely rare, and frankly unwise, for married people to have close friends of the opposite sex.

Third, watch how much of your heart you share with people online. They are, after all, strangers. Our emotions follow our hearts, and when we give chunks of our hearts away by sharing our hopes and dreams and feelings, our affections are tied to those pieces of our hearts. I've heard it called "emotional fornication," and for good reason.

It's important to realize how quickly and easily we can fall into the false and fast intimacy of online relationships. We need to remember that the intimacy is not real, but the pain that might come from forgetting that *is* very real.

Protecting Ourselves Financially

Every year, more and more people are buying and selling on the Internet. That means more opportunity for fraud, mischief and flat-out evil intentions. How do we protect ourselves financially?[{5}](#)

First, protect your online identity. Identity theft is a growing problem, and the Internet has only made it easier. Don't store your personal information or credit card numbers with online retailers. Reputable merchants will ask if you want them to keep track of your personal information so you don't have to enter it every time. It's not that hard or time-consuming, and it's a good way to protect yourself. Don't give out more information than is necessary, especially your social security number. You're not being paranoid. You're being wise.

Now let's talk about making a purchase online. You don't have

to be afraid to do this if you're dealing with a reputable company or organization. Be sure you're dealing with a real company or organization. Look for a physical address and at least one customer service number. (Call it to make sure it's active.) Check out the company online at the Better Business Bureau (www.bbb.org).

Before entering personal information, make sure you're using a secure, or encrypted, connection. Look at the site's Web address. If it changed to "https," the 's' shows that it's secure. Although, not all secure connections use the https designation. The one thing you absolutely must see is that the padlock icon on your Web browser is locked.

Once you make your purchase, print a copy of your online order and keep it for the length of the return or warranty period. Your printed copy may be the only proof of your purchase.

Use a credit card instead of a debit card. Credit cards give you bargaining leverage if you need to dispute a charge—for instance, if the item never arrived. With debit cards, it's like spending cash; once the money is out of your account, it's gone.

If you participate in online auctions like eBay or Amazon.com, be aware that auctions are the number one online scam today.^{6} If you don't want to gamble, you can use a third-party escrow service where the seller doesn't get paid until the buyer receives and approves his purchase. The most money lost in Internet scamming is through the Nigerian money offers.^{7} "These offers, which used to come by airmail but now are increasingly arriving by email, promise millions of dollars in exchange for allowing your bank account to be used to safeguard someone else's riches. But the real intent is to take money out of your account, not put money in it."^{8}

We need to be just as good stewards of God's money online as we do every other place.

Protecting Ourselves from Unnecessary Losses

The rise of the Internet has opened new doors to all kinds of unnecessary losses from which the wise person protects himself or herself. Probably the biggest loss is time. And probably the biggest time-waster is chat rooms. They are not productive, and many are not safe because predators prowl there. They encourage a false sense of intimacy and community. Chat rooms are a way to spend time, but when we stand before the judgment seat of Christ, one wonders how much of that activity will withstand the fiery test and endure into eternity? (1 Cor. 3:12-15)

Another consumer of time is e-mail. The problem with this is that, like handwritten letters, some e-mail is valuable for true communication. And like newspapers, some is valuable for disseminating information. But a lot of time is spent forwarding messages that are actually hoaxes and urban legends. Like fake virus warnings, for instance. I get several of these a week, and often per day, urging me to forward the letter to everyone in my address book. Please, before passing on a virus warning, check it out at one of the sites that expose virus warning hoaxes, like www.Vmyths.com. And please don't waste your time or anybody else's by passing on e-mails that promise goodies in exchange for forwarding the message to a certain number of people. There is no such thing as e-mail tracking. Nobody will know if you forwarded the message, and you won't ever get the goodies.

But real viruses are a true threat, and they can wipe out data on your computer. That is a completely unnecessary loss because of the excellent virus-protection software available today, such as Norton Anti-Virus or McAfee VirusScan. Don't open e-mail attachments if you don't know what they are or if you don't know the person who sent them. (You generally [9](#) don't need to worry about opening the e-mail message itself,

though. It's the attachments you need to be concerned about.) Many programs infect a person's computer and send out copies of themselves to people in their address books and the sender doesn't even know it's happening. I regularly receive messages containing viruses and worms from people I don't know because I'm the one who sends out our online newsletter, the [Probe-Alert](#), and some people's infected e-mail programs automatically reply back with nasty surprises for my computer.

In this article we've looked at ways to protect ourselves and our families from online pornography and online predators. We suggested how to prevent emotional and financial disasters. And finally we've examined some unnecessary losses. Hopefully, you've found something that will help you pursue the worthy scriptural goal of "doing all to the glory of God," (1 Cor. 10:31) even in your online life.

Notes

1. "The NetValue Report on Minors Online," *Business Wire*, December 19, 2000.
2. I enthusiastically recommend two Web sites for people addicted to porn and those who love them. The first is divided into two sections, targeted at both groups of people, with different articles on each. www.pureintimacy.org. The second is www.settingcaptivesfree.com, which features an online Bible study program ("Pure Freedom") through which many have found freedom from sexual addiction for the first time in their lives.
3. <http://www.protectkids.com>
4. <http://www.ozarkcountry.com/jerry>.
5. The Kim Komando National Talkradio Show E-Zine, May 26, 2001.
6. <http://www.natlconsumersleague.org/susantestimony52301.html>

7.

<http://www.fraud.org/scamsagainstbusinesses/tips/nigerian.htm>

8. <http://www.natlconsumersleague.org/susantestimony52301.html>

9. There are exceptions, such as the Wscript.Kakworm that someone sent me. According to the Symantec web site, "The worm utilizes a known Microsoft Outlook Express security hole so that a viral file is created on the system without having to run any attachment. Simply reading the received email message causes the virus to be placed on the system." This shows the importance of running an up-to-date virus protection program, because I was alerted to the presence of the worm as soon as it arrived in my inbox and before I opened the e-mail message that contained it.

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How to Handle the Things You Hate But Can't Change

Sue Bohlin presents her personal testimony of how Christ led her to a biblical worldview understanding of her physical state. She explains how understanding her situation ministered to her and others spiritually and emotionally.

The most unique and distinctive thing about me is something I absolutely HATED when I was growing up. I'm one of the last polio babies. I got polio when I was eight months old, in October of 1953, just a few months before the vaccine was developed. My left leg was paralyzed from the hip down, but a couple days after I got sick with polio, some limited use started to return to my virtually dead leg.

Polio left me with one leg shorter than the other, one foot smaller than the other, weakened muscles, and a serious limp. I had several orthopedic surgeries and went to physical therapy once a week. Every day until I was 14, I did exercises with a weighted boot strapped onto my shoe. I would cry, "But I don't *want* to do my exercises!!!" and my mother would insist, "But you *have* to do your exercises!!!" Before I learned to walk, I was fitted with a full-length steel and leather brace. I was so glad when the movie *Forrest Gump* came out, because my kids were able to see what braces looked like, since they never knew that part of my life!

Polio profoundly affected my body, but it only crippled my body a little compared to what it did to my self image. I hated the way I looked. I hated what the polio had done to me, and I despaired every time I looked in the mirror, thinking, "Ugly! You are so UGLY!!!"

So I got good at two things. One was repressing the polio altogether. I got in the habit, which I actually have to this day, of avoiding looking in mirrors, or seeing my reflection in store windows, or even acknowledging my shadow. I don't want to see the way I walk, because it hurts to see the way I walk. I consider myself an expert on denial; in fact, one of these days I have to get that T-shirt that says, "Call me Cleopatra—Queen of Denial!"

The other thing I got good at was a very special fantasy. It was so private, so personal, that I never even wrote it down. I loved to fantasize that when I grew up, I would become a princess, and my polio troubles would be behind me because those sorts of things don't bother princesses! Now, the chances of a vacuum cleaner salesman's daughter from Highland Park, Illinois, becoming a princess are mighty slim, but I loved my fantasy.

In high school, the polio got in the way of dating. No one seemed able to just accept *me* as someone worth going out with.

I had friends who were boys, but hardly anyone was interested in anything more than friendship. My sixteenth birthday was bittersweet because I was "sweet sixteen and never been kissed." High school boys then, like now, weren't exactly paragons of sensitivity and acceptance! My self-esteem dropped even lower.

I went to college at the University of Illinois to work on a degree in Elementary Education. One day in my sophomore year, something happened that changed the entire course of my life.

A friend was handing out flyers inviting students to see that evening's performance of an illusionist-magician. I thought, "Great! I love magic!" I love to see women get sawn in two, and the fake levitating, and all that David Copperfield sort of stuff, and I started to get excited about it. But then I noticed the small letters at the bottom of the flyer: this performance was sponsored by a campus religious organization. "Forget it," I thought. "I am NOT interested in Jesus freaks." But as the day wore on, I felt like a huge magnet was pulling me to the performance, and I found myself buying a ticket and planning on going. I'm so glad I did.

The illusionist, Andre Kole with Campus Crusade for Christ, was excellent. But I don't remember his magic nearly as much as I remember his message. For one thing, he stopped halfway through the evening and said, "Ladies and gentlemen, we're going to take a short intermission. After the break I'm going to use my illusion to illustrate some spiritual principles. If this will offend you, I want to give you an opportunity to leave during the intermission." I thought, "What in the world is this guy going to say?" Besides, I had spent one whole dollar on my ticket and I was going to get my money's worth!

When he started again, he said some things I'd never heard before, but which were quite intriguing. He quoted a famous philosopher who said that we each have a God-shaped vacuum within us, and nothing will fit that shape or fill that

emptiness except for God Himself. He quoted someone else who had said that our hearts are restless until they find their rest in God. He pointed out that there's a huge difference between Christianity and "Churchianity." Churchianity, he said, is man trying to earn favor with God, trying to work his way to heaven. But Christianity as the Bible explains it is a relationship. It's God reaching down to man and calling us into an intimate friendship with Himself, not because of anything we deserve or anything we can do to please Him, but because He desires to have a relationship with us.

Andre Kole really got my attention when he asked, "Do you know what a Christian really is?" I thought, "Of course I do! A Christian is someone who isn't Jewish!" But he said that according to the Bible, Christian means "Christ-in-one," and that a true Christian is actually indwelled by Jesus Christ Himself. That blew me away.

Then he said, "I'm going to use my illusion to illustrate some points. Just as there are physical laws that govern the physical universe, so there are spiritual laws that govern the spiritual universe.

The Four Spiritual Laws

"The first law is that God loves you and He offers a wonderful plan for your life. When Jesus was on earth, He said, 'I have come that you might have life and have it abundantly.' Now what do you suppose He meant by 'abundant life'? I think He meant a life filled with purpose and joy and direction and fulfillment. But as you look around the world today, you see that, obviously, most people are not living that kind of life. Something is terribly wrong.

"That brings us to the second spiritual law: Man is sinful and separated from God. We don't like to use the word 'sin' today, but it's a word the Bible uses a lot. It's actually an archery term, and it means missing the mark or the target. It doesn't

matter if you miss the target by one inch or one mile, you're still missing it. God commands us to be holy and perfect, just as He is holy and perfect. But we don't even meet our *own* standards, much less God's!

"The Bible also tells us that 'the wages of sin is death.' That means that the penalty for missing the mark of being absolutely perfect and holy is death—not only the physical death of our bodies, but that when we die, we can't ever be with God in heaven. It means the death of our spirits as well. And once we commit one sin, there's nothing we can do to restore ourselves. We're stuck. There's a huge chasm between us and God, and there's nothing we can do to cross it.

"That's where the really good news comes in. The third spiritual law is that God has provided a solution to this dilemma. Since the Bible says that the punishment for sin is death, someone has to die because of our sin. God didn't want us to have to pay that penalty, so He sent His own Son, Jesus, from heaven to earth. He took on human flesh—that's what Christmas is about—and lived a perfect life. Then He died a heinous death on a cross, even though He was innocent, and He died in our place. Three days later, God raised Him from the dead because He was pleased with Jesus' sacrifice."

Now, I had heard a lot of this stuff before when I was growing up in church, but it had never had any impact on me. I knew a lot of religious facts, but they didn't affect my life in any way. I believed that George Washington was the Father of our Country, I believed that Abraham Lincoln was the best president (I was from Illinois, remember. . ."the Land of Lincoln"!), and I believed that Jesus Christ died for the sins of the world. They were all in the same category in my head, and they all had the same affect on me— which is to say, none at all.

But I had never, ever heard what he said next, the fourth spiritual law. "Each of us must accept Christ's gift of

eternal life *personally*." He explained that Jesus was offering each of us the gift of eternal life, which means not only going to heaven when we die but, starting that moment, He would live His powerful, holy, beautiful life from INSIDE US. Whoa!! This was a *totally* new concept!! I thought that God stayed in His corner of the universe, and I limped along in my little corner, and never the twain shall meet. But suddenly I was hearing something completely new and different—that God Himself loved me so much He wanted to come live IN MY HEART!!!! As I sat there, reveling in this new information and this incredible offer, I saw that all along, I had thought I was doing all right with God because I was basically a "good girl." But now I realized that I was missing the boat entirely, because I had never entered into a personal relationship with God at all; I had been caught up in rules and rituals and traditions, and had rejected them all because they had no meaning to me. And here was God offering me HIMSELF instead of those dead rules and rituals and traditions!

My whole spirit cried out in one big "YES!!!!!" It felt rather like a flower turning to the sun and bursting forth in full blossom. Andre Kole prayed a short prayer, which I followed along in my heart, but my real prayer consisted of one incredibly joyful "YES!!!"

I went home to my dorm, where I told my roommates, "Guess what? When I left tonight, we were in a triple, but now we're in a quadruple, because Jesus is now living in my heart!" They just groaned, "OH NO!! You got RELIGION!!" They dismissed what I was saying: "We know what this means, Sue. There's a guy involved in this somewhere. We know how you work. Every two weeks or so you fall in love with somebody new, and whatever the guy believes, that's your new philosophy. Last month you were in love with Tony Hunter, and you thought you were Jonathan Livingston Seagull! So this is nothing more than a fad, and it will pass when THIS guy doesn't work out either."

So my roommates waited for the fad to pass. That was 1973.

Just a fad? No way!

It wasn't a fad, and it didn't pass, because my new relationship with Jesus Christ was the most real thing that had ever happened to me. My life became a perpetual surprise box. No one warned me that when God came to live inside me, He'd be making all sorts of wonderful changes! They just started happening.

For one thing, my language cleared up. When I was still at home, I was a "good girl." But when I went to college, my crippled self-esteem made me crave the acceptance of my friends. And since they all had mouths like sailors, I started talking like that too. I was never really comfortable with it (because princesses don't swear!). But within about two weeks of the night I trusted Christ, I realized that it was as if God reached down into my vocabulary box with a great big soapy sponge and cleaned out all the garbage that was in there—without asking Him to!

I discovered that, for the first time in my life, I wanted to go to church. The friend who had invited me to the Andre Kole show also invited me to his church, which was a block from my dorm but somehow I had never noticed it. I didn't even own a dress, but I got one, and went to church of my own free will for the first time in my life. I made a startling discovery. The church was filled with college students who were there because they WANTED to be, not because their parents had made them go! From the very first time I went, I was captivated by the lights on in everyone's eyes. These people were honestly joyful and so glad to be there! Not only that, but they sang all the verses of the hymns, with enthusiasm! This was a *whole* new experience for me. Then, the pastor got up and taught us from the Bible, relating it to our 20th-century lives. I loved it!

And the third thing that happened was a new hunger to read the Bible. I didn't own one of those, either. I had tried it a couple of times; when I was in elementary school, a priest had told us one day that if we wanted to read a love letter from God, to go home and look in our family Bible and read the epistles. So I tried it. Didn't look like any love letter *I* wanted to read! It was too hard to understand, and seemed so dull and boring, I shut the dusty book and put it back on the shelf. Another time, another priest told us that if we wanted to see how the end of the world would happen, to read the last book of the Bible. What a disaster *that* was! But now I really wanted to read and understand the Bible, so I went to the college bookstore and found the Living Bible, a modern-day paraphrase that I could easily understand. In the first few pages, I found just what I needed: "If you're new to this book..." It gave a suggested order for reading certain books, and I knew I had the help I needed. I couldn't wait for 4 o'clock every day, when I could go back to my dorm room and read about Jesus, this new, wonderful Friend who was now living in my heart.

But it wasn't the immediate changes that I want to talk about. Far more important are the long-term changes that God has been working in my life, healing my self-image and helping me deal with the polio.

Healing a Crippled Self-Image

The more I read and studied the Bible, the more I learned to see myself as God said I was, and realized that what He said was so much more accurate and trustworthy than how I felt. I'm a woman, and the way I felt about myself completely depended on external things like whether my hair was clean, whether I was wearing make-up, and the time of the month. So I could wake up, force myself to look in the mirror, and whimper in defeat—then, 30 minutes later, not be so depressed once I'd had a chance to do something about myself. But as I learned to

embrace the truth about what God said I was, that it was more valid than my fleeting feelings, it profoundly changed the way I felt about myself.

When I studied Genesis, the first book of the Bible that explains the beginnings of everything, I learned that when God made Adam and Eve in His image, that made them infinitely valuable—not because of themselves, but because of their Creator. And, because I'm descended from Adam and Eve, I learned that I was also made in the image of God, and that makes me infinitely valuable as well. But this was a truth I only learned in my head; I didn't learn it in my heart until my first son was born.

The whole time I was pregnant with Curt, I prided myself on being a thoroughly modern, non-emotional mother. I knew that newborn human babies weren't particularly beautiful, as compared to, say, newborn lambs. When I saw my baby, I was going to say, "Yes, that's a baby all right. Take him and clean him up, and when you bring him back we'll bond."

And then Curt was actually born.

When I first laid eyes on this child who was made in my husband's and my image, this child that God had made by taking Ray's intangible love for me and my intangible love for him and creating a tangible baby that we could hold and love, I thought, "WHOA! This is THE most BEAUTIFUL baby the world has ever seen!" I instantly fell in love with this little bundle of baby, and he was infinitely valuable to me, NOT because of anything intrinsic with him—I mean, all babies do is eat and sleep and poop and cry—but because he was made in our image.

A few days later, in the hospital, I had him on my lap doing a finger and toe check, and just sort of smelling his awesome newborn-baby smell, when I suddenly realized with a rush of mother-tiger protective love, that IF ANYONE SO MUCH AS LAID A HAND ON THIS CHILD, I WOULD PERSONALLY TEAR THEM LIMB FROM

LIMB!!!! I didn't know I could love anyone that much, but I loved my baby with a ferocious, passionate love that surprised and overwhelmed me. (Okay, okay, I realized this was probably hormones, but it sure felt real enough at the time!) Then, as I lay there in the hospital bed overtaken with these strong emotions, I suddenly realized something else: that if I, being such a finite and limited human being, could love my child so ferociously and passionately, how much more must my heavenly Father, who is infinitely huge and powerful, love me? God loved me even more ferociously and passionately than I could imagine, and that meant that even if the rest of the world thumbed their noses at me and rejected me, if I knew that God loved me like that, it wouldn't matter.

Another truth that God used to heal my broken self-image came when I read in the gospel of John that "as many as received Christ [and I had], to them He gave the right to become children of God, even to those who believe in His name." I learned that simply being a human being doesn't make us a child of God—that just means we are creatures made in His image. I became a child of God when I trusted Christ to save me from my sins, and according to what Jesus said, I was born again at that point into God's family. Shortly after I learned about being a child of God, I came across one of my favorite names for God in the Bible: "King of Kings and Lord of Lords." Then suddenly I put the two things together: if God is the King of Kings, and I am a child of God, then the female child of a King is a PRINCESS!!



I made it!! When you look at me, I might not look like much on the outside, but I know that I am a princess on the inside because my heavenly Father the King made me one when I became His child!!

The Hole in My Soul

The other area where God keeps working with me is the whole issue of polio. After I'd been a new Christian for a few months, I heard about a counselor who was sometimes able to pray for people and they received physical healing. So I made an appointment and went to see her.

I said, "Look, I've had polio almost all my life and I don't want it anymore. Would you please pray for me and heal me?"

She replied, "Well, I must tell you that sometimes God chooses to heal people in heaven, but first, tell me about how you feel about your polio."

"I don't like it, and I want you to heal me."

"Not so fast. How do you feel about God for letting this terrible thing happen to you?"

"Everything's fine with God and me. Could we just get on with this?"

"No, wait. Having polio is an awful thing. Aren't you just a little bit angry with God for letting this bad thing happen to you?"

I instantly thought, "Good girls don't get mad at God," and said, "NO, I'M NOT ANGRY WITH GOD!! Please, just pray for me and I'll get out of here."

The counselor smiled gently at me and said, "Sue, I'm afraid that no amount of healing is going to happen in your life until you're honest with God. I can see that you have a great deal of anger and bitterness and resentment toward God for

letting you have polio, and you need to deal with that first.”

“You’re not going to heal me?” I asked plaintively.

She shook her head and said, “I’m not the One who does the healing. I think you need to go pray about what’s going on inside of you first.”

I was terribly disappointed. I had had such hope that finally—FINALLY—I would be rid of the awful, horrible effects of this disease! Polio had ripped a huge wound in my soul as well as damaging my body, but this woman wasn’t going to do things my way. Sadly, I got in my car and drove home.

Along the highway, I prayed, “God, this woman seems to think I have all this anger and bitterness and resentment stored up against You because of the polio. Is there anything to this?”

It was as if God said, “Finally, My precious daughter, you ask the right question!” I realized that I had been stuffing a lifetime of disappointment and pain into an emotional basement, and God was opening the door that I had kept shut for years. Feelings and memories started coming back to me out of the basement, like the time I was about ten years old.

I knelt next to my bed one night and poured out my heart to God. “God, please PLEASE heal me! I *hate* this polio, You know how much I hate this polio! Please, please give me two normal legs! I hate my body, I hate limping, I hate doing the exercises with the boot, I hate going to physical therapy. I hate the lift on my shoe, and I hate having my left leg shorter than the other, and I hate having to wear such ugly shoes. Oh God, I want to go into a shoe store and buy one pair of beautiful shoes so bad! I hate having to wear different size shoes! And You know I can’t wear high heels with my leg and foot being so weak. And God, if I can’t wear high heels, how can I get married? Everybody knows that brides wear high heels on their wedding day! Besides, who would want to marry me with polio anyway? I hate this toothpick leg, and I hate

hate HATE the way people stare at me in public, especially little kids. God, please PLEASE heal me tonight while I'm sleeping!"

Then I proceeded to help God out by giving Him helpful suggestions on how to go about healing me. "You can take the extra muscle from my right leg and transfer it over to my left leg. Then stretch the left leg so it's as long as the right, and pull on my toes so they're not crumpled up anymore. And in the morning I'll run downstairs yelling, "Mom! Mom! God healed me!" and she'll call the *Chicago Sun Times*, and it'll be on the front page: "God Heals Suburban Girl." And I won't be able to go to school because I'll need to go to a shoe store and pick out some beautiful shoes like everybody else's, since my different-sized shoes won't fit. Oh! And God, I'll be able to SKIP down the street! I've never been able to skip!! It'll be great! Now, I'll just go to sleep and while I'm sleeping, You work a miracle. Then, in the morning, I won't even have to throw back the covers to see what You've done. I'll *know*." I fell into bed exhausted, having poured out my hurting heart to God, and so hopefully confident that He had heard me and would do what I asked.

In the morning, I was right: I didn't have to throw back the covers to see what had happened during the night. I knew without checking: absolutely nothing. NOTHING!! God had ignored me! I was *furious*. "God, how could You? I poured out my heart to You and You ignored me! You KNOW how much I hate the polio, You KNOW how much I want to be healed! It's no big deal for You to do this for me! If You could part the Red Sea, I know you could heal me! HOW COULD YOU?????" Then suddenly, I realized that, in my little ten-year-old heart, I was yelling at God, and I was horrified. Good girls don't get mad at God! So I took all the feelings of anger and disappointment and grief and stuffed them all down in my basement, along with all the other feelings I'd stuffed down there over the years.

And now, here I was, 20 years old, and all these feelings and

memories were flooding back, and I realized that the counselor was right. I *did* have a huge amount of anger and bitterness and frustration stored up against God. . .and I didn't have a clue as to what to do about it. I'd never heard anyone speak on "What To Do When You're So Mad At God You Want to Spit in His Face." That sounds blasphemous! But that's how I felt, and I didn't know what to do about it.

So I prayed, "God, I don't know how to handle all these feelings, so I'm asking You to show me what to do. And God, it looks like You're not going to heal me of the polio either, are You? So please help me deal with it. I've always hoped that when I was grown up, it would magically go away, but that isn't going to happen. You're going to have to show me how to deal with the polio, too."

God is faithful, and He answered my prayer. In two ways.

God is Always in Control

First, I learned what has been the single most comforting truth I've ever learned as a Christian: that God has always been in control, and nothing has happened to me that He did not allow to pass through the grid of His love and purpose for my life. It was as if there were a suit of armor around me from the moment I was conceived, and nothing has touched my life that God did not purposely allow to get past the armor. I did not get polio by accident; there was a reason for it. When God saw that polio virus heading for me, He allowed it to do the exact amount of damage to my body that was in His plan for me. But once again, this was a truth I only learned in my head, and the heart-understanding didn't come until the day I took my second son Kevin to an immunization clinic for a shot.

I held him in my arms so that he was facing outward, his little thigh exposed. When the nurse stuck him, he wheeled around, and just before letting out a huge yell, he fixed me with a look of intense betrayal. I knew that if he had been

able to put into words what he was feeling, he would have screamed, "You're my MOTHER!! I can't believe you let this woman attack me with that huge STICK!!" I thought, "Oh Kevin, I know you can't understand why I would allow this woman to attack you with that stick. Honey, I *drove* you here so she could attack you with that stick."

What I wanted to say, but it would have been pointless, was "Baby, I know how hard it is for you to understand what's happening. But my Mommy mind is so much bigger than your Baby mind, there's no way I can explain that I know what I'm doing, and I'm letting you hurt because I love you and I'm acting in your best interests, even though all you can feel right now is the pain. I'm so sorry, but you're just going to have to trust me."

I thought, "I'm going to take you home and give you some Tylenol, and you'll start to feel better, and in a few days all the pain and discomfort will be gone, but the good medicine inside you will make you strong and healthy for many years. Some day you won't even remember that today happened, but the benefits of this shot will last for a long, long time."

Right about then we walked out into the sunlight, and God spoke to me very quietly, on the inside: "My precious Sue, I know how much you hurt because of the polio. I hate it too—in fact, I hate it even more, because it was never part of My perfect Creation in the beginning. When sin entered the world and spoiled everything, polio was unleashed into My beautiful world. I hate for you to suffer like this. But just as My ways are higher than your ways, and My thoughts are higher than your thoughts, I can't explain to you what I'm doing with the polio any more than you can explain what you're doing to Kevin, and that his suffering is good. Sweetheart, you're just going to have to trust Me."

Then I realized that just as Kevin's pain was going to go away

in a matter of days, leaving him years and years free from the pain from the diseases he wasn't going to contract, I needed to see the pain of my polio'd body in the scope of eternity. If my body lives to be 100, which is a very generous estimate, and I have to deal with polio for over 99 years, all that time is still only going to be the length of a pinprick compared to the billions and billions of "years" I'm going to live in heaven—in a *perfect* body. My life on earth does have its difficulties and pain, but it's still temporary when I remember that the majority of my life will be lived in heaven where all pain will be behind me. And just as Kevin's vaccination produced health in his body, I realized that God was using polio to produce character and depth and His kind of beauty in me, which will last for all eternity.

Giving Thanks for Everything

The other way God answered my prayer was in discovering a little book (Merlin Carrothers' *Power in Praise*) that said God wants us to give thanks for *everything* that happens to us. Not just *in* everything, not just the things we think will work out all right, but everything that comes into our lives. The reason we can give thanks is because of the first lesson I learned, which is that God is in control and has unseen, unknown purposes for what touches our lives. The Bible never tells us to FEEL thankful; it just says to give thanks, which is an act of the will and not of emotion. I looked it up, and sure enough, in black and white, there it was Ephesians 5:20. Even in the Greek!

The book is full of story after story of how God changed people's hearts when they thanked Him for things they hated but couldn't change, and I knew I had stumbled across some wonderful wisdom. I remember where I was the first time I told God "thank You" for the one thing I never, ever thought I could give thanks for: my polio.

"God," I started, "I certainly don't FEEL thankful for polio,

but Your word doesn't say to go by feelings but by faith, and Your word says to give thanks for all things. So I thank You for letting me have polio. Thank You for my limp. Thank You for the problem that shoes constantly give me, and how hard it is to find them for my mismatched feet. Thank You that I will never be able to wear high heels. Thank You for the way people stare at me. Thank you for all the physical therapy I had to go through, thank You for the boot, thank You for the surgeries, thank You for the brace I had to wear. Thank you that I don't know how well my body will hold up as I get older. I thank You for all these things."

As I disciplined myself to say "thank You" for these things I hated but couldn't change, something interesting started to happen. I realized that saying "thank You" enabled me to relinquish all the pain and anger I had stored up in my emotional basement, and God took it away and replaced it with His peace. Pain had carved huge caverns in my heart, but now instead of being filled with all the negative emotions I had hidden in there, all that space was now filled with peace and a marvelous joy that came from trusting in the One who loves me perfectly. (In fact, since I'm only 5 feet tall, sometimes I think I'm bigger on the inside than I am on the outside!)

Something else that was interesting happened as I made myself give thanks for this horrible thing I hated but couldn't change. In addition to giving thanks by faith but not by feeling, I found that there were a bunch of things that I could easily, and with feelings of gratitude, give thanks for. I thank God for my parents, who loved me enough to make me exercise and endure surgeries so that I could walk as well as I did. I thank God for my husband, who, even though he's a runner, has never made me feel in the least bit inferior for not being able to keep up with him, and who is exceptionally gracious and sensitive in making allowances for my limitations. I thank God that if I had to have polio, it was in my leg and not in my arms. I'm a calligrapher, and it would

be awfully hard to do hand lettering with my toes! I thank God that, even though I have to use a wheelchair in places like airports and amusement parks and malls, when I get to where I'm going, I can get up and walk. And there isn't a day that goes by that I don't thank God for my handicap permit! I get the best parking spaces!

I love happy endings, but this story doesn't have one. At least not as far as my earthly life is concerned. I still have to discipline myself in my reactions and attitudes concerning my body, because I'm now forced to deal with post-polio syndrome. 30 to 35 years after the onset of polio, a whole new set of symptoms crop up: bone-crushing fatigue, increasing muscle weakness, and pain. So far I don't have much trouble with the pain part (thank You LORD!!!!), but I've had to completely restructure my lifestyle to accommodate a body that is losing strength and ability.

One day, as I was reading 2 Corinthians 12, I puzzled over Paul's re-statement of what God told him concerning his thorn in the flesh: that His power was perfected in weakness. I knew there was a nugget of comforting wisdom in that, and asked God to reveal to me what He meant. He answered my prayer one day when I was looking out a large plate glass window. Next to it was an expanse of brick wall. I was able to look out through the window and see not only a beautiful landscape outside, but I noticed that the sunlight was streaming in through the window. The sun was shining on the other side of the brick wall, too, but I couldn't see it. Then I realized that a glass window is fragile, transparent, and easily broken, but it lets the light shine through. A brick wall is strong, opaque, and is difficult to break it down, but nothing gets through it. When we are weak, whether physically or emotionally, we're like the fragile glass window, and God's power can stream through us, bringing power where we are powerless. When we're strong, like the brick wall, it's difficult to trust God because we're content in our own human strength—but no light,

no supernatural power comes through. I am at the place where I'd rather be a window than a wall, because I want God's power and light to shine through me more than I want strength within myself.

At the time of this writing, I've had a chance to share my story with over 10,000 women, and I've never yet found a person who didn't have some sort of private heartache. Everyone has something about herself that she hates but can't change. Mine is on the outside, but for the majority of women, their heartbreak is on the inside. Allow me to encourage you to think about two things as you consider *your* private heartache.

What To Do With the Things You Hate but Can't Change

First, think about how much God loves you. He proved it once and for all by sending His only Son to die a horrible death in your place, so that you could be reconciled to Him. One truth has been of untold comfort to me: His love is stronger than my pain.

Second, the way to truly relinquish the anger about your private heartache is to give thanks for it. It occurred to me one day that every difficulty in our lives is a beautiful gift wrapped in really ugly wrapping paper. That's because God loves paradoxes, and He wraps His best gifts in tremendously daunting "paper." Imagine if someone held out a gift to you wrapped in the newspaper that had spent several days at the bottom of the garbage can, soaked in chicken juice (ew YUCK!) and covered with coffee grounds, with maggots crawling all over it. You'd say, "What in the world kind of gift could possibly be inside such a grotesque wrapping?" and shrink back from it. But God does exactly that. Many of us never get past the paper to open the gift. But that's what giving thanks will do for you—get you past the ugly wrapping paper to the choice

gift inside. For me, it was a heart full of peace and joy. For others, who were sexually abused for example, it's the delight of discovering He will restore the chunks of your soul that other people stole from you. For still others, it's learning that even though you never had the earthly Daddy you should have had, you have a heavenly Daddy who loves you more perfectly and intimately than you can ever know till heaven.

But giving thanks is not a magic formula; it doesn't do any good unless you first have a personal relationship with God by knowing and trusting His Son, Jesus Christ. It is essential that you turn from depending on yourself and your own efforts, and trust Jesus to save you from your sin, placing yourself in God's hands. If you're feeling like there's a rope wrapped around your heart and it's being tugged from the other end, please let me encourage you to identify that as God Himself, pulling you toward Himself and saying, "I love you! I created you to be in fellowship with Me! Please come to Me and give Me yourself so I can give you Myself." If that's what you're feeling, I suggest you tell God something similar to what I'm going to share with you, and what Andre Kole shared with me the night I trusted Jesus:

"Dear God, I realize I'm a sinner and You are a holy, perfect God. Thank You for sending Your Son Jesus to die on the cross in my place. I trust Him now to save me from my sin and to come live inside me. Please make me into the person You want me to be. Amen."

"Is It Wrong to Be a Sperm or

Egg Donor?"

Dear Sue,

Quick question. What is your view on sperm/egg donations? Do you think it is wrong to be a donor? Why or why not? This is an interesting topic.

Quick answer. Yes, I think it's wrong to seek—or be—a donor. Because the creation of a new human being is supposed to be the product of love and commitment in a marriage relationship, not a consumer commodity that we produce simply because we want a baby. Any time there is a sperm or egg donor, that means people are going outside the marriage relationship to get what they want, which means a type of adultery.

In the case of infertility, this is a difficult and emotional issue, but I think we should remember that no one has the "right" to have a baby. It's like saying, "OK, God, You're not cooperating to give me what I want, so I'm going to get it my way." Same thing for people who want to be parents but aren't married; having a baby is about getting what they want, not about what's in a child's best interests (which is always going to be a mother and father in a stable marriage).

This is a great example of why the "technological imperative" is wrong; simply because we CAN, doesn't mean we SHOULD.

Thanks for asking.

Sue Bohlin
Probe Ministries

“It’s So Hard to Be a Christian on My Job!”

I am a commercial airline pilot and a born-again Christian. I am frequently confronted with a very in-your-face, sexually explicit, lewd, and immoral environment from the crew members I fly with. I let people know that I am a Christian, that I attend church and that I attend a men’s group. However, it seems the barrage of sex jokes and immorality just keeps coming even though they know I am not into those things. I know that I am not the morality police and I try very hard not to be critical and judgmental. I try to find other “common ground” and try to serve my crew members and get to know them. But sometimes, I feel like maybe I need to let them know more emphatically that I don’t want to participate or be a part of those types of conversations and jokes. I don’t want to come across as judgmental and holier than thou but I also would like to establish healthy boundaries and establish a clear identity so people know who I am and what I am and am not about. Sometimes, I feel so frustrated about how to handle a situation that I just say nothing but then I feel like it’s not healthy to just sit there and listen to garbage all the time. I was wondering if you have any suggestions that might help me approach future situations with maturity and clarity. I truly desire to serve God on my job. I have a heart for people and would like to find the balance between being judgmental and just sitting back and saying nothing.

I asked my friend Mike Cleveland, the writer and webservant of Setting Captives Free (www.settingcaptivesfree.com), who is also a commercial pilot, how to answer your question.

Dear Sue, I’m glad to see him desiring to be in the world but not of it. Of course I’m in these same situations as he is. I do not normally let them know, with my words, that I am a

born-again, blood-bought child of God, but I do try to show it in my actions hoping that doors will open that I can speak of Him with my words. Normally when the crew goes down to eat in the hotel together is where most of this coarse joking takes place. People get together, have a few drinks and the foul speaking begins. I don't partake of it at all, I get silent and don't laugh at the filthy jokes whatsoever but simply turn away and look out the window or read the menu, or find some other way to disengage from the conversation. I have discovered that the strong man can be around that stuff and neither have to laugh at it nor declare how juvenile it is and how spiritual we are, but rather we can be silent and strong. For the past couple of years I haven't had this type of joking go on around me; though I don't get "in your face" about my beliefs, there is the "aroma of heaven" that accompanies a child of God who knows who he is in Jesus. If someone does slip with a bad word they normally look at me and say, "oh sorry Mike" yet they may not have even heard me say I'm a Christian. It's called silent intimidation, letting them "hear" our character by having them watch our deeds and the way we live. We are the light of the world, and a light cannot be hidden. A light "speaks" simply by its presence. Help him to learn to enjoy the presence of the Lord and wherever he goes he will BE a light. The enjoyment of God is what we have that the world doesn't, and that joy in the Lord can't be hidden. "They took notice of them, that they had been with Jesus" (Acts 4:13). Of course every now and then God opens a door where we can be bold with our words and proclaim the gospel freely. I love those times. But they are few and far between because the road to life is narrow and few find it. Mike

Hope this helps!

Sue Bohlin

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