

# Helping Teens Understand Homosexuality – Facts to Help Youth Withstand the Current Culture

*Sue Bohlin provides practical ways to communicate with teens about common misunderstandings and the truth concerning homosexuality. Recognizing that teens deal with peer pressure to experiment and feelings of same sex attraction, she provides real ways to help teens make their way through this maze of contradiction and confusion.*

In this article we look at ways to communicate the truth about homosexuality to teens. We examine the lies they are told and the sexual pressure they are under. We also look at ways to help kids process their gender confusion, as well as address helpful ways to encourage teens who already identify themselves as gay or lesbian. And finally, we provide perspective on how to treat those who struggle with same-sex attraction in a compassionate and godly way. By looking at this topic, from a Christian, biblical worldview perspective, we can communicate the depth of God's love and His desire for us to experience the best life possible.



## The Lies They Hear

In many schools and in the rest of the culture today, only one perspective is allowed to be heard. Consider four lies that are very familiar to teens today:

First, *"Homosexuality is normal and healthy."* It's neither. The fact that it simply occurs (in about 2% of the population) doesn't make it normal. When we look at the way males and

females were designed to complement each other both emotionally and sexually, that tells us something about the nature of homosexuality, that something has gone wrong somewhere. This is not judging the people who experience same-sex attraction; it's like a red light on the dashboard of a car, denoting that something needs attention.

Acting physically on same-sex attractions is certainly not healthy. Those who do are at far greater risk for sexually transmitted diseases, including AIDS; alcoholism and drug abuse; depression; emotionally exhausting relationships; and a shortened lifespan.<sup>{1}</sup> Please see the "Facts About Youth" website from the American College of Pediatricians, especially this article: [Health Risks of the Homosexual Lifestyle](#).

Lie #2: *"If you're attracted to someone of the same sex, that means you're gay or lesbian."* Not so. It really means that there are unmet, God-given needs for love and attention that were supposed to be met earlier in life. Having crushes on other people, of both sexes, is also a normal part of adolescent development. It means teens are transitioning emotionally from child to adult.

The third lie is, *"Since you were born that way, you can't change."* First, there is no scientific evidence that anyone is born gay. It's a myth that has been repeated so often that people believe it. Second, thousands of people who were once gay have experienced significant changes in their attractions and behavior.<sup>{2}</sup> Change is possible.

The fourth lie is, *"Embrace and celebrate your gay identity, because gay life is cool."* Those in ministry to those dealing with unwanted homosexuality have heard many heartbreaking stories of the truth: a dark side of intense and difficult relationships, relational patterns of disillusionment and breakups, physical and emotional unhealthiness.

Countless people have said they wished they never entered the

gay community in the first place, but it's hard to leave.

## Teens and Sexual Pressure

Adolescents are under an extraordinary amount of sexual pressure. They live in a sex-saturated culture, and the messages they receive from the media and, unfortunately, in school, clearly communicate an expectation that sex is just part of having a social life. Rarely do they hear about the heart-wrenching consequences of being sexually active, both physically and emotionally. The agenda pushing sexual freedom is also engaged in trying to normalize homosexuality as well.

Teens are pushed to decide early if they are gay, straight, or bisexual, as young as elementary school. But kids in their early teens, much less even younger than that, are no more equipped to "decide" their sexual orientation than they are to choose a college major and career track. A landmark study done by the University of Minnesota determined that at age twelve, one fourth of the students were unsure of their sexual orientation. Their bodies were just beginning to experience the changes that would turn them from children into adults, and they were being asked if they were gay, straight, or bisexual. No wonder so many were confused! But by age seventeen, that number of kids unsure of their sexual orientation had dropped to 5%.[\[3\]](#)

And psychiatrist Dr. Jeffrey Satinover says, "[W]ithout any intervention whatsoever, three out of four boys who think they're gay at age 16 aren't by 25. So if we're going to treat homosexuality as a state, 75% of 'gays' become 'non-gay' spontaneously. That's a statement which I consider ludicrous, but if you accept this tacit proposition—that being gay is an actual state, like being short or being tall, black or white—then in three out of four people that condition changes itself spontaneously. . . That's with no outside intervention, just the natural processes of development."[\[4\]](#)

We need to tell teens, “It’s too soon to ‘declare a major’ in your sexuality.”

Teens are also pressured to experiment with both sexes as the only way they can know their sexual orientation. It’s presented as nonchalantly as our cruise ship table partner suggesting we try escargot—“Hey, how can you know if you like it unless you try it out?”

Teenage sexual behavior can have lifelong consequences, but they are not in a position to recognize that. Their brains don’t finish developing until age twenty-five, and they tend to make decisions out of the region of the brain that controls emotion. So they are easily swayed to make dangerous and irresponsible choices, like engaging in any kind of sexual behavior.

Teens need to be encouraged to face the sexual pressures and stand against them.

## **Gender Insecurity**

At a conference I attended, author and ministry leader Andy Comiskey<sup>[5]</sup> shared a painful experience in junior high where one day, out of the blue, the whole school was abuzz with the rumor that Andy was gay. There was even graffiti about it on the wall. He struggled with his sexual identity, but he had never acted out. He walked into a classroom on an errand and on his way out, two boys called “Faggot!” He was crushed and humiliated. Later on, he made it into a self-fulfilling prophecy and immersed himself in the gay lifestyle.

I went up to him and asked, “If you could rewrite the script of that incident, knowing what you do today, what would it look like?” He said, “Oh, I wish there had been some sensitive adults, especially in the church, to talk freely with me and other kids about ‘gender insecurity.’ They wouldn’t even have to talk about homosexuality or use the word—many kids can

relate to the idea of 'gender insecurity.' It would have been so freeing for me to have someone acknowledge that it's a real thing, but it didn't mean I was gay. I wish there were people who could have spoken truth into my life at that point."

One kind of truth that kids should hear is that around age ten, attraction for the same sex begins. This attraction is emotional, non-sexual, and involuntary. It doesn't mean teens are gay or lesbian; it means they are transitioning through normal adolescent development. We have to learn to attach to people of our same sex before we can learn to attach to people of the opposite sex. But most teens don't know this.

Some kids don't feel secure in their masculinity or femininity for a variety of reasons, usually having to do with not being affirmed by parents and peers. God gives each of us [needs for attention, approval and affection](#). When those needs are not met, the onset of hormones can sexualize this "hole in the heart." Some teens can find themselves longing for the attention, approval and affection of people of their same gender. When others put on them the false and hurtful labels of "homo," "fag," or "lez," they can easily find themselves believing the lies.

When teens are not secure in their gender, they *don't* need to be pointed to gay groups at school. They need to be affirmed and encouraged to develop their innate, God-given [masculinity or femininity](#), to see their gender as good. They need to have other kids reach out to make them feel "one of the guys" or "one of the girls." They need time to finish growing up.

## **Teens Who Identify as Gay or Lesbian**

Growing numbers of teens are self-identifying as gay or lesbian. In many circles, being gay—or claiming to be gay—is now considered cool, especially among girls.

Teenagers experiment with same-sex relationships for a variety

of reasons. Some experience normal crushes on same-sex peers and think this means they are gay—or their friends *inform* them that's what it means. What it really means is that they are learning to form deep and intense attachments which is a necessary precursor to maintaining long-term adult relationships like marriage.

Others experiment with same-sex relationships out of a legitimate need to belong. Some kids are simply curious; they just want to try it out like a new shade of lipstick.

Some teens experiment with same-sex relationships because others have labeled them gay or lesbian, and they wonder, "Am I? Do they know something I don't know? Maybe I am and I need to go in that direction." This is one reason it's so important to impress on all kids the absolute unacceptability of name-calling and other cruelties. It's not only bullying behavior, it can have terrible emotional consequences.

Some adolescents pursue same-sex relationships because they are anxious about growing into adolescence and the responsibilities of adulthood. So they hide behind immature and emotionally volatile same-sex feelings and behaviors.

Often, what teens are attracted to in same-sex peers are the characteristics they wish they had in themselves: popularity, good looks, a winsome personality, a strong physique. This kind of jealousy doesn't mean they are gay or lesbian; it means there is an area they need to build confidence in!

Most girls who get involved in same-sex relationships start out in friendships that grow increasingly controlling and needy. In these emotionally dependent relationships, girls can get so enmeshed with each other that their relationship turns physical.

Many people who later identify as gay or lesbian report feeling different from others, feeling like they don't fit in or belong. Girls can feel like they don't belong to the world

of girls, and guys almost always feel like they can't measure up in the world of males. This is gender insecurity, not homosexuality, but teens usually don't hear this message. They need to.

Labels such as "gay" and "lesbian" and "homo" and "dyke" are incredibly hurtful, and it is easy for those who are slapped with those labels to believe them. But God doesn't call anyone homosexual or lesbian; those labels are man's invention, not biblical truth. It's essential for teens to know who they are in God's sight—beloved, precious, and stamped with the imprint of His acceptance and delight.

## **When Teens Struggle with Same-Sex Attraction**

If you know teens who are struggling with feelings of same-sex attraction, or who seem to be experiencing gender insecurity, let me make some suggestions on how to minister to them.

First, don't address the issue of homosexuality head-on. Same-sex strugglers are always wrestling with feelings of inferiority, rejection, shame and fear, so it's extremely uncomfortable for anyone to bring up the subject. The heart of the issue for kids who find themselves attracted to others of the same sex are these dark and negative feelings. It's much better to ask indirect questions that encourage them to talk about the underlying feelings of disconnection with a parent, or the ridicule of their peers, or depression and sadness.

Second, don't use any labels. Teens who struggle with their gender identity already have a huge struggle with feeling that the rest of the world has put an unwelcome label on them. The false, man-made labels of "gay" and "lesbian" are hurtful, false, and restricting.

Consider what it would be like if we created a label such as "angro" for people who are easily ticked off and walk around

in a continual low-level state of hostility. What if people went around saying, "I'm an angry person. That's just the way I am—that's WHO I am. I'm an angro." They might believe they were born angry, that they have an "angro gene." Not only is the label of "angro" false and misleading, but it can lead people to believe the lie that it is a permanent state or condition rather than a description of one's current feelings.

That's what happened with the relatively recent labels of "gay" and "lesbian." They can become like jail cells, making people feel hopelessly trapped in a state or condition. It's much better to help teens deal with the fact that they are experiencing some attractions to their same gender, and those feelings are like the red light on the dashboard of a car. They mean there's something going on inside that needs some attention. And that's literally true: God creates all of us with the need for attention, affection and approval, and those are the things adolescents are craving when they have feelings for people of the same sex. The needs are legitimate; we need to help them be met in healthy ways. This is where the church and other Christian youth organizations can make all the difference in the world.

Third, communicate to kids who struggle that God did not make them gay. God doesn't make anyone gay, and there is no scientific evidence that there is a biological basis for homosexual feelings or behavior. Even if they feel that they were born gay, this is the result of being told a fairy tale. Were American kids born English speakers? That's all they ever knew, right? No, they weren't *born* English speakers, they were born *language* speakers. Which language they speak is a matter of the shaping influences of their upbringing. Kids who experience same-sex attraction were born to be relational creatures, but how those relationships shape their souls is a function of their temperaments, their home life, and how they relate to other kids.

Fourth, give them a safe place to process their feelings



without being shamed or condemned. For many teens, this unfortunately rules out their home, school, or church. I'm sure it grieves God's heart that for many people, church is the most unsafe place on the planet for those who struggle with various life-controlling sins and urges. But there is a great free, online support group for struggling youth, moderated by an experienced and understanding youth pastor, at [www.livehope.org](http://www.livehope.org). Kids can safely talk to others like themselves and learn how intimacy with Jesus Christ brings healing and change to broken and wounded hearts.

Fifth, many students who experience same sex attraction often feel fake if they don't choose to identify with or act on their feelings. They have believed the lie that gay or lesbian is what they are. They want to be real. But getting real is becoming who God created them to be, despite their feelings of what those around them might say.<sup>[6]</sup> Finding out who God says they are is the true path to being real and not fake.

## **The Call to Understanding and Compassion**

Many teens feel, "I just don't get this whole gay/lesbian thing." That's perfectly understandable. Only 2-3% of the population deals with same gender attraction. The fact that it's such a huge issue in our culture is completely out of proportion to the actual number of people experiencing it.

Kids need to know a few things about those who do struggle with same-sex attractions and feelings. First, they didn't choose it. It's something people *discover*, not something they *decide on*. And almost every single person who discovers they have strong feelings and fantasies about the same sex is horrified and terrified by this discovery. It's a very painful part of their life, so it's important for others to be respectful and kind.

Second, having crushes and strong feelings for friends and teachers of the same sex is a normal part of adolescent

development. It doesn't mean a teen is gay or lesbian. When other kids assure them that it does, it is slapping a false and hurtful label on them that they may find almost impossible to take off. If someone walked up to you and put a "Hi, My Name Is" nametag on you that had someone else's name on it, you probably wouldn't have any trouble taking it off and saying, "There's a mistake here—that's not who I am." But when kids do the same thing with the "nametag" of "gay" or "lesbian," they usually put it on kids who don't have the security and self-confidence to realize that's not who they are, and they can go through the rest of their lives believing a lie.

Third, be compassionate. People don't know who around them is struggling, either with their own same-sex desires and attractions, or the painful burden of knowing a family member or loved one has them. They only have to show contempt once for those who experience same-sex feelings to show that they're not a safe person.

Fourth, be respectful. That means cutting phrases like "Oh, that's so gay" out of their vocabulary. It means not throwing around words like "homo" or "fag" or "queer." Every gay joke or insult is like sticking a dagger in the heart of those who carry a painful secret.

The bottom line for helping teens understand homosexuality is to call them to see God's design as good, and show grace and compassion to those who don't see it. Be "Jesus with skin on" in both His holiness *and* His kindness.

## Notes

1. Peter Freiberg, "Study: Alcohol Use More Prevalent for Lesbians," *The Washington Blade*, January 12, 2001, p. 21. Karen Paige Erickson, Karen F. Trocki, "Sex, Alcohol and Sexually Transmitted Diseases: A National Survey," *Family Planning Perspectives* 26 (December 1994): 261. Robert S. Hogg

et al., "Modeling the Impact of HIV Disease on Mortality in Gay and Bisexual Men," *International Journal of Epidemiology* 26 (1997): 657. Also note this article by Dr. John R. Diggs, Jr.: [The Health Risks of Gay Sex \(catholiceducation.org\)](http://catholiceducation.org).

2. Read a few of the testimonies at the Living Hope Ministries website, [www.livehope.org](http://www.livehope.org).

3. [www.freetobeme.com/yw\\_minn.htm](http://www.freetobeme.com/yw_minn.htm)

4. Homosexuality and Teens: An Interview with Dr. Jeffrey Satinover, Massachusetts Family Institute.

[www.mafamily.org/Marriage%20Hearing%202003/satinover2.htm](http://www.mafamily.org/Marriage%20Hearing%202003/satinover2.htm)

5. Founder and Director of Desert Stream Ministries, author of *Pursuing Sexual Wholeness and Strength in Weakness*.

6. [www.becomingreal.org](http://www.becomingreal.org)

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See also: answers to many questions in ["Probe Answers Our E-Mail: Homosexuality"](#)

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# Emerging Adults Part 2: Distinctly Different Faiths – Evangelical Views Declining

## National Study of Youth and Religion

The National Study of Youth and Religion (Wave 3) contains the detailed data from which Christian Smith presented a summary of the results in his book, *Souls in Transition: The Religious & Spiritual Lives of Emerging Adults*. My prior article, ["Emerging Adults and the Future of Faith in America,"](#) summarized some of the important results reported in his book.

One of his results showed that the number of young adults who identify themselves as not religious or as a religious liberal has grown from one in three young adults in 1976 to almost two out of three young adults in 2008. This huge difference in beliefs reflects that the dominant culture has changed from supporting Christian beliefs to now being basically counter to them. Today's emerging adults are immersed in a postmodern culture that "stressed difference over unity, relativity over universals, subjective experience over rational authorities, feeling over reason."[\[1\]](#)

This culture has produced a set of young Americans who may still claim to be associated with Protestant or Catholic beliefs but in reality have accepted the view that God and Christ are potentially helpful upon death, but are of little value until then. As these young adults moved from teenagers into emerging adults, Smith found that over four out of ten of them became less religious over a five year span. However, he did find that about one in three would identify themselves as evangelical and probably continue to identify themselves that way for the foreseeable future.

However, to look at the data more closely, we can access this study of 18- to 23-year-olds online at the Association of Religious Data Archives.[\[2\]](#) Using this data, we can look at the association between questions in ways that we could not see in Christian Smith's book. As we studied this data, we found an even bleaker view of the future of the evangelical church than that presented by his book.

Along with general demographic information, the questions asked by the survey can be generally divided into four segments: Religious Beliefs, Religious Practices, Cultural Beliefs, and Cultural Practices. When we analyze the data in these four segments, we find a significant disconnect between each of these four segments. One might expect that we would find a small but significant subset that shared an *evangelical* belief and practice *and* that applied those beliefs

consistently to their *cultural* beliefs and practices. Instead, what we find is that of 881 evangelicals, a grand total of zero (that is zilch, nada, none) share a common set of beliefs across all four categories. In other words, there is no set of common beliefs amongst these 18- to 23-year-olds who belong to an evangelical church.

It is worth noting here that the 881 evangelicals discussed here are down from the 1064 evangelicals in the study of this same group as teenagers. The 881 includes 728 who were among the 1064 plus 155 new evangelicals. The new evangelicals were about one-third from mainline protestant, one-third from catholic, and one-third from not religious or non-Christian religions. Of the 336 who left evangelical Christianity about half went to other Christian religions and the other half went to nonreligious or indeterminate religious beliefs. Almost undoubtedly, if we were to include these original evangelicals in our evangelical statistics we would get even worse data. We should also note here that this group was 18 to 23 in 2008 so now they are 20 to 25. However, we will refer to them as 18 to 23 in this article.

## **Religious Beliefs**

Let us begin by first considering the data on religious beliefs. By itself, this is very interesting. First, we find that four out of five of those associated with an evangelical church believe in God as a personal being and Jesus as His Son who was raised from the dead. Unfortunately, it also means we are starting with one-fifth of those still associated with an evangelical church who either don't believe in God or in Jesus as His Son. It is interesting to note that one-third of mainline Protestants and nearly half of Catholics have this same attitude of unbelief. However, the number of evangelicals who believe in God and Christ is still a significant number and is 28% of the total population of 18- to 23-year-olds in America. When we add in the mainline and Catholic believers,

we find approximately half of all young adults have a correct view of God and Jesus at this very basic level. Although half is not what we would like, it is probably more than we would expect to find with active Christians.

But when we add in the concepts that only people whose sins are forgiven through faith in Jesus Christ go to heaven and that there is only one true religion, the number of evangelicals in this age group who agree drops to 38%. Thus, only one in three ascribe to the most basic beliefs of evangelical Christianity. When we add in mainline Protestants and Catholics, the percentage of young Americans who believe in salvation only through Jesus Christ drops to less than one in five.

When one adds in the concepts that faith is important, that demons are real beings, and that there are some actions that are always right or wrong, and combine those with attending a worship service at least two times a month, the number among evangelicals drops to less than one in five. That is, four out of five young evangelicals do not agree with these basic concepts. For mainline Protestants and Catholics, the percentages are 9% and 2%, indicating that almost none of them have a basic set of Christian beliefs. Combining these together shows that only 7% of all young adults hold to these basic beliefs.

Clearly, we have a major disconnect of belief for this age group, even among those who are associated with an evangelical church. As we probe beyond God and Jesus, we find that most of them do not have a set of beliefs consistent with the basic truths of the Bible.

In his book, Smith points out that for emerging adults "evidence and proof trump blind faith."[\[3\]](#) By this he means that most emerging adults view scientific views as based on evidence and truth while religious beliefs are simply blind faith. As one young person put it, "I mean there is proven

fact and then there is what's written in the Bible—and they don't match up.”<sup>{4}</sup> Or as another young person put it, “You have to take the Bible as symbolic sometimes. If you take it as literal there's definitely a problem. There's scientific proof [that contradicts it]. So you have to take it piece by piece and choose what you want to believe.”<sup>{5}</sup>

The interesting result of this belief is that it does not primarily apply to the extremely small segment of the Bible which some might consider at odds with scientific theories (e.g., creation of the universe). Rather, they apply it to things like teachings on sexuality, the uniqueness of Jesus, and the beginning of life. So they use the excuse of science to modify any beliefs taught by the Bible that are inconsistent with current cultural beliefs.

## Religious Practices

Perhaps we have now found the truly religious 18- to 23-year-olds among the one-out-of-four evangelicals that express a set of core religious beliefs. Even if we add another seven questions on belief in things like life after death, heaven, judgment day, and miracles, we still have almost 15% of evangelical young adults who answer correctly. However, if this 15% is the core group of believers, then their religious behaviors will match their beliefs.

If this group of young adults is the core group, we would expect them to pray on a daily basis and to read the Bible at least once per week. When asked those questions, less than one in ten evangelical emerging adults hold the religious beliefs and engage in the religious practices. In fact, nearly half of those with the core beliefs do not read their Bibles or pray. When we add on questions about whether they are interested in learning more about their faith and have shared their faith with someone else, the number drops to less than one in twenty of the evangelical young adults. So, over 95 out of 100 young people affiliated with evangelical churches do not believe and

practice their belief. Sadly, if we look at those who do these things and attend Sunday School or some weekday group and have read a devotional book in the last year, the number drops to 3% of evangelicals.

This data clearly shows that, for 18- to 23-year-old evangelicals, beyond a belief in God and Jesus there is no common set of beliefs and practices. Virtually every evangelical young adult will depart from the faith on one or more basic core beliefs and practices. It appears that there is *no common core group* of dedicated faithful believers among this age group.

As Christian Smith points out, emerging adults view religious ideas as a cafeteria line where you take the ones you like and leave the rest behind. As he says, "People should take and use what is helpful in it, . . . and they can leave the rest. . . . At least some parts of religions are 'outdated.' Emerging adults are the authorities for themselves on what in religion is good or useful or relevant for them."[\[6\]](#) As one of the emerging adults put it, "Instead of fighting various religions, I just kinda combined religious ideas that were similar or sounded good."[\[7\]](#) So, since the emerging adult is the authority on what religious beliefs to accept rather than the Scriptures, their culture determines their religious beliefs rather than the other way around.

## Cultural Beliefs

The data from this survey indicates that there is not a set of doctrinally pure religious believers in the 18 to 23 age range. But perhaps they are clearer on cultural beliefs that should be informed by their faith. To make the analysis easier we will consider two different sets of beliefs. The first set looks at their beliefs about creation, waiting on sex until marriage, and respect for religion in America. The second set considers living meaningful but not guilty lives, caring about the poor, and being against unmarried sex and divorce.



When asked about the creation of the world, approximately half of the evangelical emerging adults said that God created the world without using evolution over a long period of time to create new species. Only one in four young evangelicals believe they should wait to have sex and don't need to try out sex with their partner before they get married. Interestingly, only 16% of mainline Protestants and less than one in ten Catholic young adults believe the same way. As Smith points out, this belief is odd given the numerous studies which show that couples who do not live together before marriage have a significantly greater chance of success than those who do. Forty-eight percent of evangelicals have respect for organized religion in this country and believe it is ok for religious people to try to convert other people to their faith. However when we combine these three beliefs together, i.e. about creation, sex, and evangelism, we find that only one in ten evangelicals, one in twenty mainline Protestants, and only one in a hundred Catholics agree with all three of these areas. Then when we look to see how many have the religious beliefs and practices *and* believe these cultural topics, we find that only 8 evangelicals (< 1%) and no mainline Protestants or Catholics qualify. Thus, we have only 8 people out of over 2500 who have a consistent set of evangelical religious beliefs, religious practices, and cultural beliefs.

Of course that is only a small subset of the cultural beliefs that should be impacted by our religious beliefs. Let's look at few more. Let's consider those who have not felt guilty about things in their life over the last year, who believe their life is meaningful and that they can change important things in their life as needed. We find that approximately one-third of each of the major groups agree with these statements. If we look at how many don't need to buy more and who care about the needs of the poor, we find that about one in four of all young adults agree with these objectives. However, when we combine these two areas, we find that only about one in ten young adults agree. Now add in the idea that

unmarried sex and divorce are not okay, a statement with which 28% of evangelicals and 14% of all emerging adults agree. When we combine all three of these belief areas, we discover that only 2% of evangelicals agree with all three areas. If we combine these areas with religious beliefs and practices, we find that only four evangelicals (or less than one in two hundred) agreed.

When we combine both sets of cultural beliefs with the religious beliefs and practices, we find that there is one emerging adult out of over 2500 who agrees with those beliefs.

In both sets of data above, we considered questions dealing with sexual activity. In the first, we saw that the idea of waiting to have sex until marriage was rejected by three out of four of the evangelical, emerging adults. In the second set of data, we saw that a similar number believe that unmarried sex and divorce are okay. These beliefs are clearly counter to the teaching of Christianity, but they are dominant beliefs among evangelical, emerging adults. As Christian Smith put it, “[M]ost emerging adults reduce a certain cognitive dissonance they feel—arising from the conflict of religious teachings against partying and sex before marriage versus their wanting to engage in those behaviors—by mentally discounting the religious teachings and socially distancing themselves from the source of those teachings.” In other words, they discount any religious teachings that would discourage them from doing what the culture promotes as acceptable, contrasted with the Bible which says, “Love not the world neither the things of the world. For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, are not of the Father but are of the world.”[\[8\]](#)

## Cultural Practices

Perhaps the disturbing cultural beliefs are belied by the cultural practices. Let’s look at some of the relevant cultural practices addressed in the National Study on Youth

and Religion. Let's begin with the number of people who have not smoked pot or engaged in binge drinking in the two weeks before the survey. Among evangelical, emerging adults over half (54%) have not engaged in these two activities. Of course this also means that almost half of them have engaged in one of both of these activities. Amongst Catholic emerging adults, two out of three have engaged in these behaviors.

How many have not engaged in viewing X-rated videos in the last year or unmarried sex (including oral sex)? This number begins at approximately one third of evangelicals not engaging in unmarried sex but drops to only one fifth when X-rated videos are added. So, 4 out of 5 evangelical, emerging adults are engaged in sexual sin, most of them on a regular basis.

On another venue of behavior, how many emerging adults have given money for charitable purposes, volunteered, and don't admire people based on how much money they have? We find that approximately 15% of evangelicals, mainline Protestants, and Catholics have done so. So, over 8 out of 10 have not given of themselves to help others.

Certainly Christians are called to "give thanks in all circumstances" (1 Thess. 5:18) and to "set their minds on heavenly things" (Col. 3:2). So let's consider those who are grateful for the present and sometimes think about the future. This includes about half of all emerging adults. Thus, over half of emerging adults seldom give thanks and rarely think about the future.

Now let's combine these thoughts and actions together and we find that only about 2% of all emerging adults hold to a biblical set of practices. So even though over half hold to a belief in abstaining from drugs and binge drinking, one-fifth affirm abstaining from illicit sexual activity, half hold to an attitude of gratitude for the present and the future, and 15% have given in some way of their time or money, when you combine them together only 2% have done all four items.

If we combine the four categories, Religious Beliefs, Religious Practices, Cultural Beliefs, and Cultural Practices, we find that no one holds to the set of beliefs which are most consistent with Scripture.

## Conclusions

There are many conclusions that could be drawn from the data above. Two of the most important conclusions are as follows. First, the basic religious beliefs of emerging adults largely depart from the Bible, and when you add in religious practices and cultural beliefs and practices we find that no one maintains a distinctly biblical worldview. Second, there does not appear to be uniformity in the beliefs of emerging adults. Rather than having a subset of evangelicals, say 15%, holding to a distinctly biblical worldview, you end up with none because they trip up in different areas.

As Christian Smith pointed out, “emerging adults felt entirely comfortable describing various religious beliefs that they affirmed but that appeared to have no connection whatsoever to the living of their lives.”[\[9\]](#) This is because religious teachings are not the authority on this world. Rather, it is what you choose to believe that is your authority for the “truth” in your life. As one emerging adult put it, “I think that what you believe depends on you. I don’t think I could say that Hinduism is wrong or Catholicism is wrong . . . I think it just depends on what you believe.”[\[10\]](#) This concept results in a set of evangelical, emerging adults who don’t hold to a set of common beliefs about God, Jesus, religion, and cultural practices, but instead hold to a wide variety of beliefs which are counter to the Bible. We must not say because they go to church that they believe the truth of the Bible. This survey shows that almost certainly they do not.

At Probe, we are committed to making a difference in this emerging generation. Over the next decade, we are committed to freeing the minds of 50 million Christians and converting them

into confident ambassadors for Christ. If we and others like us are not successful, the children of these emerging adults may have no Christian example to follow.

## Notes

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2. [www.thearda.com/Archive/Files/Descriptions/NSYRW3.asp](http://www.thearda.com/Archive/Files/Descriptions/NSYRW3.asp), "The National Study of Youth and Religion, [www.youthandreligion.org](http://www.youthandreligion.org), whose data were used by permission here, was generously funded by Lilly Endowment Inc., under the direction of Christian Smith, of the Department of Sociology at the University of Notre Dame.
3. Smith and Snell, *Souls in Transition*, 158.
4. Ibid., 158.
5. Ibid., 158.
6. Ibid., 157.
7. Ibid., 157.
8. 1 John 2:15-16 (NASU)
9. Smith and Snell, *Souls in Transition*, 155.
10. Ibid p. 156

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### See Also:

[Emerging Adults and the Future of Faith in America](#)  
[Emerging Adults A Closer Look](#)  
[The Importance of Parents in the Faith of Emerging Adults](#)  
[Cultural Captives – a book on the faith of emerging adults](#)

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# A Media Filter for the Glory of God

I've spent the last several days preparing a Powerpoint with extensive video and image illustrations for high school students. The hope is to get them to install an internal media filter that will stay in place whether they are watching TV or YouTube, Twittering or uploading photos to their Facebooks, playing video games, or texting on their phones. We are called to glorify God in everything we do (1 Cor. 10:31), and that certainly extends to processing media messages.

It was most enlightening me for to find illustrations for this presentation. The naturalistic worldview that characterizes our society runs from the merely godless (most of the *Harry Potter* books, up to the shock of the Christian elements at the end of the last book) to the openly hostile (*House, M.D.*'s contempt for all things and people of faith). When I read the lyrics of the top iTunes songs, I couldn't help but wince at the potty-mouth sexism of "Boom Boom Pow," the glorification of "Waking Up in Vegas" (hungover and married???), and the total insipidity of the "No Boundaries" song our brother Kris Allen was forced to sing on *American Idol*.

Finding illustrations for the way the media desensitize us wasn't hard. Consider that most high school students have a "ho-hum, yawn" apathy about same-sex marriage; they've been desensitized to the whole issue. And there is more blood and gore in the opening credits of *CSI*: than most people would have seen in a lifetime a generation ago, but we munch on chips through it all while not blinking an eye.

Nor was it hard to think of ways in which the media present an unreal view of our world. Girls are still in love with [Edward](#).

[the vampire hero](#) of the *Twilight* series. And back to *CSI*: the last time I was called to jury duty, during the *voir dire* process we were told of the “CSI Effect” that now leads juries to have unrealistic expectations about how crime evidence is harvested. Solving real-life crimes is harder than it appears to be in a 60-minute show. (I mean, c’mon, don’t we all just know that every partial print is going to show up in CODIS?)

We will be calling students to glorify God in their media consumption by engaging a filter comprised of questions through which they view and experience images and messages:

- \* What is their view of life? Where do they say life is found?
- \* Can you discern the philosophy of those pumping out images, information, or music?
- \* Are they telling the truth in what they’re saying?
- \* Is there hostility to certain values and beliefs, especially Christianity?
- \* How does this compare to what God tells us to keep in mind? (What is true, noble, right, pure, lovely, admirable, excellent, praiseworthy)

Come to think of it, maybe that’s not such a bad thing for all of us to do!

Note: I zipped up the Powerpoint and all the videos (plus an audio clip) in a folder which can be downloaded here: <http://www.box.net/shared/muz26dhvch>

Ray and I are providing the curriculum for Super Summer Arkansas, a youth ministry of the Southern Baptist Convention of Arkansas, and several other people will be teaching the messages we compiled. So each slide has information in the Notes view for other people to teach the material.

We just ask that if anyone ever uses this presentation, that Probe Ministries receives credit. ☐

Warning: it's 72 MB! Hope you have broadband!

Addendum: here's a link to just the Powerpoint:  
<http://www.box.net/shared/lc1nbc4m1j>

This blog post originally appeared at  
[blogs.bible.org/engage/sue\\_bohlin/a\\_media\\_filter\\_for\\_the\\_glory\\_of\\_god](http://blogs.bible.org/engage/sue_bohlin/a_media_filter_for_the_glory_of_god)  
on May 26, 2009.

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# MySpace: Parents and Kids Wisely Navigating Online Social Networking

*MySpace and other social networking sites can be a great boon or a great danger. Byron Barlowe cautions Christian parents of teens to exercise discernment in educating themselves about this important part of life, and look for a redemptive view of this social technology.*

## Very Big and Very Hip

*MySpace.com: It's big, it's growing, it's controversial for good reasons, and it's probably touched your family—and you may not even know it. In this section, we answer the questions, “What is it and why do you as a parent need to learn more about protecting your kids without cutting them off?”*

Is *MySpace* a harmless teen hangout or a treacherous trap? Should parents forbid your kids from using *MySpace* or similar social networking Web sites? Kids, do your parents, like, even



have a *clue*? And could Christians legitimately use *MySpace* as a mission field?

Controversy about *MySpace* still abounds, even in the fast-moving online world.

Imagine this: Your straight-A, straight-laced teenaged daughter Lori met Aaron online when he visited her *MySpace* profile, a Web page about her. Now she wants to go to the concert with Aaron and his online buddy, "PartyCrasher." "But mom, we've been 'friends' for weeks!" she whines. Mom and Dad, what do you do now?

This may not happen to your family, but something similar happened to a Michigan family whose previously trouble-free sixteen-year-old daughter sneaked a flight to the Middle East to rendezvous with a *MySpace* "friend"!{1}

So, what is *MySpace*? According to one top ranking site, in August 2007 it became the sixth-most-visited Web site on the Internet,{2} with over 100 million accounts.

A "perfect storm": millions of people—many of them in their teens and twenties—are connecting with friends, meeting new ones, producing Web pages and video and music, chatting, inviting back and forth to events—even doing business and art—all within virtual communities.

Think of it as a microcosm of the World Wide Web, only much more easily connected and organized, even by kids. If the Internet was the Wild West, social networking sites—sites like *MySpace*—are becoming its boomtowns.

*Wired* magazine explains, "*MySpace.Com*, the Internet's most popular social networking site...has helped redefine the way a generation communicates."{3}

One digital culture watcher wrote, "Community-based websites

are the fastest growing sites on the Internet. The teen social ecosystem *MySpace*” is the biggest.[{4}](#)

“According to some,” writes Connie Neal, author of *MySpace for Moms & Dads*, “MySpace marks a societal revolution as monumental as the industrial revolution.”[{5}](#)

*MySpace* owner Rupert Murdoch said, “The average person who is computer proficient is self-empowered in a way they never have [been] before.”[{6}](#)

It’s this newfound “empowerment” that rightly concerns parents.

Let’s keep perspective. It’s only natural that real life is replicated online. A Roper study found that “online communities represent a real and growing phenomenon, but one that is dwarfed by interest in *real-world* social networks . . . [like] extended family (94% interest), neighborhood or town (80%), religious or spiritual organization (77%), hobby/interest (69%)” and so forth.

The directors of *BlogSafety.com* have written a handy book entitled *MySpace Unraveled: A Parent’s Guide to Teen Social Networking*. (“Blog” is short for Weblog, an online diary or commentary page.) They write regarding the rapidly evolving topic of teens redefining blogging into more of a social interaction: “As we adults struggle to find the language that describes this phenomenon, teens are speeding ahead, making it up as they go. . . . To them, these sites are just another tool for socializing.”[{7}](#) Online and offline distinctions blur into oblivion.

What does this mean for Christian youth and parents?

## **Dangers and Solutions**

*MySpace and similar social networking sites can be*

*intimidating, even dangerous places. Threats like malicious software, cyberbullying, and sexual predators render it risky for the unprepared and unsupervised. MySpace is being called to account and is responding, but it's primarily up to parents to protect their children.*

One thoughtful parent and Christian school educator responded to the topic as I first did: "Isn't *MySpace* a waste of time or worse, a place where kids think they're experiencing real relationships but are *only* getting a risky situation?" His observation was that the kind of kids who were drawn to *MySpace* already had deep needs that weren't being fulfilled, primarily by parents.

As a parent of three pre-teens, I shared his skepticism. Yet, there's a bigger picture, I found. There's hope, too. Nonetheless, it can be scary, especially in light of greater autonomy for kids who naturally lack discretion.

Let's pretend you find your thirteen-year-old son pacing after something hits the wall with a crash. He blurts out, "They put up a site about me with nasty pictures and said I'm fat! Now everybody is messaging about it. I'm not going to school." He's been cyberslammed and feels his young world crashing in.

The sense of public humiliation caused by cyberbullying is coupled with the danger that online threats can spill into real life. *MySpace* and similar sites can be intimidating, even dangerous places. As a parent, you may choose to forbid or restrict use of *MySpace* in your home. But I suggest you choose in an informed, careful way.

Sexual dangers are the best known. Chatrooms and posted messages easily enable such temptations and threats. One recent trip to *MySpace* rendered solicitations to chat online with a sultry woman seeking American servicemen and a gang-type fellow with the screen name "King Pimpin'."

In 2002, fifteen-year-old Katie Canton met John in a live

online chat room. Since he lived far away, Katie felt free to send photos and flirt. Soon John was sending Katie gifts and e-mailing.

This story ended well: Katie testified at John's trial where he got twenty years in prison. But it had taken Katie participating in a role-playing video game to realize that her behavior and that of her would-be abuser was becoming a classic case of online predation.[\[8\]](#) This is why parental education and supervision are crucial.

Again, some perspective is in order. It's tempting to view sites like *MySpace.com* as a monolithic online ghetto. A more accurate word picture may be a high school campus. Enter on one side, see the "dopeheads"; enter another, see the "jocks" and cheerleaders. You can't paint with too broad a brush in assessing it accurately. And students can privately stay in the "nice part of town."

Concern is warranted, of course. The required minimum age for *MySpace* is fourteen. However, age verification is still technically impossible, largely due to lack of a public track record for minors—ironic, as many of them create public records openly on such sites.

Parents have sued on behalf of their abused daughters, and thirty-four state attorneys general are now demanding more age-verification controls.[\[9\]](#) Meanwhile, *MySpace* has reportedly discovered thousands of members who are convicted sex offenders. "The attorneys general of Georgia, Idaho, North Carolina, Ohio, Pennsylvania, Mississippi and New Hampshire joined Connecticut in signing a letter to the company asking it to turn over information."[\[10\]](#)

*MySpace* has responded. The company deleted two hundred thousand "objectionable" accounts.[\[11\]](#) (A similar move by networking site *Friendster* caused a mass exodus, a sad commentary on many of its users.) *MySpace* also began

developing parental tracking software, seen by many as just a start.

After hiring a former prosecutor with experience working on sex crimes against children as chief security officer, in January, 2007, *MySpace* donated a breakthrough national database to the National Center for Missing and Exploited Children (NCMEC). It features the first-ever method to match faces and body features like tattoos to often-elusive sex offenders. Providing “a way to filter convicted offenders from younger *MySpace* members, the database combines the records of individual state registries, plus allows searches based on images, which the NCMEC said is important.”[\[12\]](#)

A new senate bill would require—for the first time ever—sex offenders to register their email addresses. Donna Rice Hughes, president of the watchdog/activist group Enough Is Enough, says, “While there is no ‘silver bullet’ for protecting children from Internet dangers, this legislation will help to provide another protective barrier for millions of children. . . . Parents must remain proactive and educated about the safety rules and software tools available.”[\[13\]](#)

Child safety experts agree: parental guidance should be the first and strongest line of defense. Technology continues to outrun ethical reflection in a culture marked by the philosophy, “If it can be done, go for it!” Pragmatism, the myth of progress as always good, lack of a biblical understanding of sin’s pervasiveness and seriousness and sheer greed, drive many of the developments like the *MySpace* revolution.

But so do innately human needs and God-given desires to connect in a disjointed, wired world. Moral panic regarding teens and technology are nothing new. Doomsday prophecies—partially deserved—ensued with the advent motion pictures, television, and the Internet itself, as Internet researcher Danah Boyd points out.[\[14\]](#) Wise adaptation is

always essential to being “in the world but not of it.”[{15}](#)

## **Hanging Out and Friending**

*Kids hang out on MySpace because virtually everyone they know does, even if they would prefer not to. Another big draw: shared interests. But teens need to appreciate the distinction between acquaintances and true friends, as well as appropriate vs. illegitimate public intimacy while being truly “real.”*

What can make young men cry? Take away their online “space.”

At a conference panel discussion on social networking, four ministry leaders shared nearly identical experiences. Their teens had naturally migrated to *MySpace* with their peers and created profiles there, unknown to these conservative Christian dads. After perusing the site, three of the four outright forbade use of *MySpace*. One by one, they told tales of begging and weeping. One boy sobbed, “Dad, it’s the only time I’ve ever felt cool.”

This is tricky. Parents’ gut reaction may be to minimize or dismiss such a notion. Yet, socialization at this age happens naturally, inevitably, even critically. But online? Here?

But part of the vital process of adolescent socializing is decoding cues about where you fit into the youth culture and *who* you are perceived to be. If kids are deeply grounded in the love of their God and family, it’s just another “place.” It’s when this grounding is missing that *MySpace* can easily become a platform to present a false self.

Danah Boyd talks about the psychology of publicly viewable social networking: it’s performed. “Showing face” becomes key, being “real” has its limits while “friending” online. Note the use of “friend” as a verb there.[{16}](#)

Author Connie Neal lists ways *MySpace* meets the needs of teens

in uncanny ways, needs to:

- *Communicate with peers*
- *Try on different styles*
- *See what others are like*
- *Explore their generation's music, art, photography*
- *Hear, view, read stories through media*
- *Flirt*
- *Make friends*
- *Feel included in a group*[{17}](#)

For a time, *MySpace* also seemed unavoidable (it may be “like, so last year” at this point; *Facebook* is reportedly the social site of choice today among youth). Danah Boyd says, “For most teens, it is simply a part of everyday life—they are [at *MySpace*] because their friends are there and they are there to hang out with those friends. Of course, its ubiquitousness does not mean that everyone thinks that it’s cool. Many teens complain that the site is lame, noting that they have better things to do.

Yet, even those teens have an account which they check regularly because it’s the only way to keep up with the Joneses.”[{18}](#)

Social networking relies on clicking to “make” or invite “friends.” In contrast, an ancient Hebrew proverb states, “A man of too many friends comes to ruin, but there is a friend who sticks closer than a brother.”[{19}](#)

This leads to a deeper question: “What does the term ‘friend’ really mean?” Certainly more than a popularity contest, which many accuse *MySpace* of becoming. Stephanie Bennett, writing for *Breakpoint*, warns, “In many ways these technologies reduce

relationship to a commodity—something one possesses rather than a jointly developed friendship.”

Bennett continues:

*Just as the practice of [slow-paced] courtship . . . gave way to dating and the now common practice of objectifying “the other” [or “hooking up” and casual sex], the rules of relationship are . . . being rewritten, and . . . are being shaped by a distinctly media-centered worldview rather than a Christian one.*[{20}](#)

Author C. S. Lewis wrote:

*Friendship arises out of mere companionship when two or more of the companions discover that they have in common some insight or interest or even taste which the others do not share and which, till that moment, each believed to be his own unique treasure (or burden). The typical expression of opening Friendship would be something like, “What? You too? I thought I was the only one.”*[{21}](#)

Perhaps herein lies the greatest appeal of *MySpace*—shared interests. This is not lost on teenagers.

In balance, as one participant in a CNN.com forum wrote, “True friends . . . need to learn when to stop blogging and go across campus to help a friend.”[{22}](#)

C. S. Lewis also wrote, “Eros will have naked bodies; friendship naked personalities.”[{23}](#) The scantily clad girls parading on certain pages at *MySpace* reflect our culture. Sex is confused with intimacy nowadays; psychological nudity on the Internet is not so different.

Billed as a place to make friends and connect in community, *MySpace*, *Facebook*, *Xanga* and the like may be having the opposite effect, according to one study at San Diego State. It



uncovered “an attitude of ‘It’s all about me’” prevailing among college students, the *Chicago Tribune* reported, and “blogging and social networking are ‘playing a big role’ in this.”[\[24\]](#)

Nonsense, says tech educator Andy Carvin. Social networking largely entails “communities where people reinforce interpersonal relationships through sharing and creating content. . . . [They] want to be a part of something bigger than themselves.”[\[25\]](#)

Social sites should reflect and enhance relationships, not define them. Challenge the presumption of *instant-friendship-by-mouseclick* with your kids as necessary. Guard against not only physical but “psychological nudity.”

This presents one more important conversational topic for parents training their kids in a biblical worldview marked by serving others, not by parading themselves or sending false signals.

## Parents and Teens Cooperating

*Picture yourself or your child in a situation like this: “We’re sorry, Caitlyn, but we just cannot hire you. Your online history isn’t in keeping with our company’s standards.” A growing host of those among the Internet generation with online regrets have walled off their online socializing from prying parents and ended up miring their futures in controversy.*

Another problem with *MySpace* and social sites is what Boyd calls *persistence in digital publics*. Unable to envision the future, kids don’t grasp the lasting ramifications of their youthful foolishness, often captured publicly and permanently in cyberspace. “Without impetus,” Boyd says, “teens rarely choose to go private on *MySpace* and certainly not for fear of predators or future employers. They want to be

visible to other teens, not just the people they've "friended." They would just prefer [that] adults go away. All adults. Parents, teachers, creepy men."[{26}](#)  
Natural teenage feelings indeed.

Boyd continues:

*While the potential predator or future employer doesn't concern most teens, parents and teachers do. Reacting to increasing adult surveillance, many teens are turning their profiles private or creating separate accounts under fake names. In response, many parents are demanding complete control over teens' digital behaviors. This dynamic often destroys the most important value in the child/parent relationship: trust.*[{27}](#)

While hers may sound like a throwback to the 1960s "Question authority!" mantra, Boyd raises a good point. She points out that nowadays adults control youth environments as never before due to fear of abduction and safety issues. "Teens have increasingly less access to public space. Classic 1950s hang outs like the roller rink and burger joint are disappearing while malls and 7-11s are banning teens unaccompanied by parents."[{28}](#) Balancing the imperative to protect against the need to let go is tough.

At the same time, parents, teachers, and youth leaders need to inculcate and model a biblical respect for God-given authority. When kids disrespect this, their Internet privileges should be at stake. Some practical safety tips for parents:

- *Make sure your kids profile themselves online privately, only to well-chosen friends.*
- *Ask your kids to invite you online as a "friend"—but don't embarrass them!*

- *Openly discuss your concerns about social networking with your child.*
- *Tour their online space and those of their friends.*
- *Be alert to kids who are very secretive about their Internet use.*
- *Use the computer in a common area of the house.*
- *Monitor mobile online use and set up accountability with meaningful consequences. Yet, too many rules could exasperate older kids.*[{29}](#)

Remember the story of the crying kids who had *MySpace* privileges revoked? One dad took a different approach. He entered into his daughter's online world and began exploring how to safely navigate and do ministry outreach together. Connie Neal describes *MySpace for Moms and Dads* how she participates with her daughter's willing friends as spiritual and relational advisor.[{30}](#)

The eventual goal of child-rearing is increasing autonomy and decreasing dependency. Social networking allows kids some autonomy, but they need to be careful in such a public arena. We as parents do well to act knowledgeably, not react out of sheer emotion.

## **Redeeming *MySpace***

*MySpace* has effectively tapped into youth culture *and* human nature. Teens are riding a culture-wide wave of self-expression.

But adult audiences there—and especially at other networking sites—are even bigger. Companies are now glomming onto the model for business purposes. *AnimalAttraction.com*, a social networking site for people who love pets, started as a dating

service. Now, you can create a tailor-made social network through services like *Ning*.

Up to ten thousand Virginia Tech students conversed on social sites the day thirty-two were murdered in a shooting rampage.[{31}](#) Presidential candidates are leveraging networking sites today.

Why is this idea so powerful? Could it be that self-expression is a sign of *imago dei*, the image of God imprinted into the soul of everyone? God spoke the world into existence, and we, his highest creatures, create ideas in much the same way. We seem to have an insatiable need to be heard, especially as we emerge into young manhood or womanhood.

What if we're really after much more—eternally satisfying relating that nothing on earth can compare to? For many folks, online “friends” or a bigger-than-life Web identity are just new ways to reach out for what's unreachable in this life. As C. S. Lewis wrote, “If we discover a desire within us that nothing in this world can satisfy . . . we should begin to wonder if perhaps we were created for another world.”[{32}](#)

*MySpace* can be surprisingly redemptive. It served as a clearinghouse of mourning for Anna, murdered in cold blood while working at a McDonald's. A youth-led movement to help Ugandan orphans is building to huge proportions.

The head of Internet outreach for one of the world's largest ministries encourages viewing *MySpace* as a mission field. He tells kids, “It's where your friends and *their* friends are already. Jesus called us to be smart, not safe.” As Paul wrote to the Roman church, “Do not be overcome by evil, but overcome evil with good.”[{33}](#)

If you decide that *MySpace* is not for your family, there are Christian alternatives created for fellowship, evangelism, and discipleship; [Meetfish.com](#) and [MyPraise.com](#) are two.

Rather than “circle the countercultural wagons,” why not explore the frontier of online social networking with your child? In a few years, the choice will be theirs, and they will likely default to socializing online as well as offline. They need to learn how to:

- **Be discerning online**, asking things like, “Do I know and trust this person? Will this help me or hurt me?”
- **Reflect Christ online**: “How am I coming across? Does it honor my family and God? Am I teasing with moral compromise?”
- Ask themselves “Who seems lost, alone, afraid? Who needs the gospel?” **That is, see their online life as a calling of Christ.**

Dr. Kathy Koch of *Celebrate Kids* offers a real-life prescription for healthy self-esteem: “Parents and teachers who pay attention to children and teens for who they are and not just what they do, believe in kids’ present value and not just their future potential, and encourage kids by celebrating them on more than their birthdays.”<sup>{34}</sup>

Do this while teaching discernment and a thoroughly biblical worldview, and social networking may not be a problem. It could be a blessing in disguise.

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30. Ibid.
31. *ABC Nightline*, April 16, 2007. "At one point today, up to 10,000 Virginia Tech students were using social Web sites like Facebook & MySpace to communicate about the tragic events that unfolded on their campus."
32. C.S. Lewis, *Mere Christianity*.
33. [Romans 12:21](#) (ESV).
34. Dr. Kathy Koch, Celebrate Kids, [celebratekids.com](http://celebratekids.com).

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## Sex Education

Christians are increasingly confronted with arguments in favor of sex education in the public schools. Often the arguments sound reasonable until the scientific reports that advocate these programs are carefully analyzed. I am going to be discussing a number of these studies and will conclude by providing a biblical perspective on sex education.

I want to begin by looking at reports released by the Alan Guttmacher Institute, the research arm of Planned Parenthood. One of these reports was entitled, "Teenage Pregnancy in



## Developed Countries: Determinant and Policy Implications.”

Alan Guttmacher was president of Planned Parenthood from 1962 until his death in 1974, so it is not surprising that the Guttmacher report supports the Planned Parenthood solution to teenage pregnancy. The Guttmacher report concludes that the adolescent pregnancy rate in the U.S. is the highest among developed nations and implies that this rate will decline if sex-education programs are instituted and contraceptive devices are made readily available.

There are a number of problems with the report, not the least of which is the close connection between the Guttmacher Institute and Planned Parenthood. But even if we ignore this policy-making symbiosis, we are still left with a number of scientific and social concerns.

First, the authors of the report selected countries that had lower adolescent pregnancy rates than the U.S. and looked at the availability of contraceptive devices. But what about countries like Japan, which has a very low teenage pregnancy rate but does not have a national sex-education program? Japan was excluded from the final “close” comparison of countries. In a footnote, Charles Westoff says that “conservative norms about early marriage and premarital sex may explain this phenomenon better than the availability of fertility control.” So we are given only a selected look at developed countries; those with conservative morality (like Japan) were excluded.

Second, the researchers cite statistics that make a case for sex education but seemingly ignore other statistics of concern to society at large. For example, the Guttmacher report suggests we can learn a great deal from Sweden’s experience with sex education, which became compulsory in 1954. While it has a much lower teenage pregnancy rate than the U.S., Sweden has paid a heavy price for this rate. Here are a few crucial statistics that should have been cited along with the Guttmacher report.

From 1959 to 1964, the gonorrhea rate in Sweden increased by 75 percent, with 52 percent of the reported cases occurring among young people. Between 1963 and 1974, the number of divorces tripled and the number of people bothering to get married dropped 66 percent. By 1976, one in three children born in Sweden was illegitimate, despite the fact that half of all teenage pregnancies were aborted.

So while it is true that the teenage pregnancy rate in Sweden is down, the percentages of venereal disease, illegitimate births, and teenage disillusionment and suicide are up.

## **School-Based Health Clinics**

With more than one million teenage girls becoming pregnant each year, family-planning groups are pushing school-based health clinics (SBCs) as a means of stemming the rising tide of teenage pregnancy.

These groups argue that studies of teen sexuality demonstrate the effectiveness of these clinics. Yet a more careful evaluation of the statistics suggests that SBCs do not lower the teen pregnancy rate.

The dramatic increase in teen pregnancies has not been due to a change in the teen pregnancy rate but rather to an increase in the proportion of teenage girls who are sexually active (28 percent in 1971, 42 percent in 1982). The approximately \$500 million in federal grants invested in sex-education programs since 1973 has not reduced the number of teen pregnancies. So proponents now argue that health clinics located in the public schools can reduce the rate of teen pregnancy by providing sex information and contraception.

The most oft-cited study involves the experience of the clinic at Mechanics Arts High School in St. Paul, Minnesota. Researchers found that a drop in the number of teen births during the late 1970s coincided with an increase in female

participation at the SBCs. But three issues undermine the validity of the study.

First, the Support Center for School-Based Clinics acknowledges that "most of the evidence for the success of that program is based upon the clinic's own records and the staff's knowledge of births among students. Thus, the data undoubtedly do not include all births."

Second, an analysis of the data done by Michael Schwartz of the Free Congress Foundation revealed that the total female enrollment of the two schools included in the study dropped from 1268 in 1977 to 948 in 1979. The reduction in reported births, therefore, could be attributed to an overall decline in the female population.

Finally, the study shows a drop in the teen birth rate, not the teen pregnancy rate. The reduction in the fertility rate was probably due to more teenagers obtaining an abortion.

A more recent study cited by proponents of clinics is a three-year study headed by Dr. Laurie Zabin at Johns Hopkins University. She and her colleagues evaluated the effect of sex education on teenagers. Their study of two SBCs showed a 30 percent reduction in teen pregnancies.

But even this study leaves many unanswered questions. The size of the sample was small, and over 30 percent of the female sample dropped out between the first and last measurement periods. Moreover, the word abortion is never mentioned in the brief report, leading one to conclude that only live births were counted. On the other hand, an extensive national study done by the Institute for Research and Evaluation showed that community-based clinics used by teenagers actually increase teen pregnancy. A two-year study by Joseph Olsen and Stan Weed (*Family Perspective*, July 1986) found that teenage participation in these clinics lowered teen birth rates. But when pregnancies ending in miscarriage or abortion were

factored in, the total teenpregnancy rates increased by as much as 120 pregnancies per 1000 clients. Olsen and Weed's research had been challenged because of their use of weighting techniques and reliance on statewide data. But when they reworked the data to answer these objections for a second report, the conclusion remained.

School-based health clinics are not the answer. They treat symptoms rather than problems by focusing on pregnancy rather than promiscuity. And even if we ignore the morality of handing out contraceptives to adolescents, we are left with a claim that cannot be substantiated.

## **Planned Parenthood**

Planned Parenthood has been running ads in newspapers around the country that adopt a lesson from George Orwell and engage in a heavy dose of "newspeak." One ad, for example, contains an impassioned plea for the continued legalization of abortion by defeating what they call "compulsory pregnancy laws."

I take it that by "compulsory pregnancy laws," they mean anti-abortion laws. But the ads seem to imply that the people who want to stop the killing of unborn babies are also bent on coercing women into getting pregnant. That is not what the ads really mean, but isn't it a bit odd to label laws against abortion "compulsory pregnancy laws?"

Another ad carries the title, "Five Ways to Prevent Abortion (And One Way that Won't)." According to the ad, outlawing abortion won't stop abortions. But it will. While it may not stop all abortions, it certainly will curtail hundreds of thousands that are now routinely performed every year. And it will force many women who presently take abortion for granted to consider what they are doing.

But what are some of the ways Planned Parenthood suggests will stop abortion? One of their proposals is to "make

contraception more easily available.” The ad states that, since the early 1970s, Title X for national family planning has been supported by all administrations except the Reagan and Bush administrations. The ad therefore encourages readers to lobby for increased funding of Title X.

By the way, Planned Parenthood has been the largest recipient of Title X grants. In other words, the solution to abortion requires we give more of our tax dollars to Planned Parenthood.

Foundational to this proposal is a flawed view of teenage sexuality that sees cause-and-effect in reverse order. Accepting a distorted fatalism that assumes teenage promiscuity as inevitable, Planned Parenthood calls for easy access to birth control. But isn't it more likely that easy access to contraceptives encourages easy sex? Another proposal listed in the ad is to “provide young people with a better teacher than experience.” As commendable as that suggestion may sound, what is really being proposed is increased funding for sex-education courses in public schools and the community. Again, notice the presupposition of this proposal. The ad writers assume promiscuity and propose further sex education in order to prevent pregnancy. The emphasis is on preventing pregnancy, not preventing sexual intercourse.

Hasn't Planned Parenthood ignored a better option? Isn't chastity still the most effective means of preventing pregnancy as well as a multitude of sexual diseases? Shouldn't we be encouraging our young people to refrain from sex before marriage? Shouldn't we teach children that premarital sex is immoral?

Arguments for sex education frequently ignore the reality of human sinfulness. We simply cannot teach sexuality in the schools and expect sexual purity unless we also teach moral principles. The greatest problem among young people today is not a lack of education, but a lack of moral instruction.

# Parental Notification

Next I want to focus on state laws that require parental notification when minor children are given prescription birth-control drugs and devices.

Opponents refer to these requirements as “squeal rules” and denounce them as an invasion of privacy. This reaction illustrates how far our society has deviated from biblical morality.

High-school students must routinely obtain parental consent in order to go on field trips, participate in athletics, or take driver’s education classes. Many school districts even require parental consent before a student can take a sex-education class. But opponents of parental notification believe these regulations constitute an invasion of privacy.

Critics argue that such regulations will not change the sexual mores of our teenagers. Perhaps not, but they do encourage parental involvement and instruction in the area of sexual morality. The moral burden is placed upon the parent rather than the family- planning clinic.

Without such rules, government ends up subverting the parent’s role. Each year taxpayers subsidize thousands of family-planning clinics that provide medical treatment and moral counsel, yet balk at these meager attempts to inform parents of their involvement with their children.

Ultimately, who has authority over teenagers: the clinics or the parents? Opponents of these “squeal rules” would have you believe that these clinics (and ultimately the government) are sovereign over teenagers. But parents are not only morally but legally responsible for their children and should be notified of birth- control drugs and devices dispensed to teenagers.

But even more important than the question of authority is the question of morality. Premarital sex is immoral. Just because

many teenagers engage in it does not make it right. Statistics are not the same as ethics, even though many people seem to have adopted a “Gallup poll” philosophy of morality.

Critics of the squeal rule believe government should be neutral. They argue that government’s responsibility does not include “squealing” to teenagers’ parents. But in this situation an amoral stance is nothing more than an immoral stance. By seeking to be amoral, government provides a tacit endorsement of immorality. Secretly supplying contraceptives through government-subsidized clinics will not discourage premarital sex. It will encourage teenage sexual promiscuity.

Again, critics of the squeal rule see cause-and-effect acting in only one direction. They contend that the fact of sexually active teenagers requires birth control clinics. But isn’t the reverse more accurate? The existence of birth control clinics, along with the proliferation of sex-education courses, no doubt contributes to teenage promiscuity.

Experience with these rules shows that parental notification will increase parental involvement and thus reduce teenage pregnancy and abortion. Parents should not be denied the opportunity to warn their children about the medical, social, and moral effects of premarital sex.

Make no mistake—parental notification laws will not stop teenage promiscuity; secrecy, however, will do nothing but ignite it.

## **A Biblical Perspective**

I would like to conclude with a biblical discussion of sex education. As Christians, we need to understand the basic assumptions behind the movement to place sex-education programs and clinics in public schools.

Proponents of sex education often make naturalistic assumptions about human sexuality. They tend to argue as if

young people were animals in heat who are going to have sexual relations despite what is taught at home, in church, and in school. The Bible clearly teaches that we are created in the image of God and have the capacity to make choices and exercise self-control. Sex-education advocates would have us believe that young people cannot exercise sexual control; thus we must capitulate to the teenager's sexual urges.

A second false assumption is the tendency of sex-education programs to ignore human sinfulness. Although we are created in the image of God, we all are born with a sin nature. Frequently, sex education panders to that fallen nature.

We cannot teach sexuality and expect sexual purity without also teaching moral principles. Most sex-education programs present data in a so-called value neutral way. But, in trying to be amoral, these programs become immoral. Human sexuality must be related to moral values. Young people need information about sex, but it must be placed in a moral context. The greatest problem among young people today is not a lack of education about sex, but a lack of moral instruction about sex.

I believe we are involved in a moral civil war over teenage sexuality. Here is how we lost a number of battles. First, the old morality was declared passe. The sexual revolution in the 1960s made words like virginity, celibacy, purity, and chastity seem out of date. In previous generations, peer pressure kept young people from sex; today, peer pressure pushes them into it.

We lost a second battle when we turned sexuality over to scientists and took it away from moralists and theologians. Alfred Kinsey's studies "Sexual Behavior in the Human Male" (1948) and "Sexual Behavior in the Human Female" (1953) presented comprehensive statistics, but no moral reflection. Today, discussions about sex are supposed to be done in value-neutral settings. Inevitably, demographics determine morality.



What is the solution? Christians must reassert their parental authority and instruct their children about God's view of sex. We must teach them to flee fornication just as Joseph did in the Old Testament. We must teach them to avoid temptation by making no provision for the flesh. We must teach them to exercise self-control in every area of their lives, including the sexual. In other words, we must educate them about the dangers of premarital sex and the wisdom of obeying God's commands regarding human sexuality. Instead of capitulating to teenager's sexual urges, as sex-education advocates want us to do, we should provide them with biblical principles and moral leadership in the area of sexuality.

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## Teen Drug Abuse

A Nine Inch Nails album *The Downward Spiral* features a song "My Self Destruct" with the lyrics: "I am the needle in your vein and I control you, I am the high you can't sustain and I control you." Another song, "Hurt," explores drugs as a means of escape with lyrics like, "The needle tears a hole, the old familiar sting, try to kill it all away."

Five Dodge City, Kansas teenagers, high on marijuana, killed a stranger for no obvious reason. Three West Palm Beach, Florida teenagers mixed beer, rum, marijuana and cocaine. They then kidnapped and set ablaze a tourist from Brooklyn.

Nearly everywhere we look, the consequences of drug abuse can be seen. Violent street gangs, family violence, train crashes, the spread of AIDS, and babies born with cocaine dependency all testify to the pervasive influence of drugs in our world.

The statistics are staggering. The average age of first alcohol use is 12 and the average age of first drug use is 13. According to the National Institute on Drug Abuse, 93 percent of all teenagers have some experience with alcohol by the end of their senior year of high school and 6 percent drink daily. Almost two-thirds of all American young people try illicit drugs before they finish high school. One out of sixteen seniors smokes marijuana daily and 20 percent have done so for at least a month sometime in their lives. A recent poll found that adolescents listed drugs as the most important problem facing people their age, followed by crime and violence in school and social pressures.

Drugs have changed the social landscape of America. Street gangs spring up nearly overnight looking for the enormous profits drugs can bring. Organized crime is also involved in setting up franchises that would make McDonald's envious. But these are not hamburgers. In the world of drugs, homicidally vicious gangs compete for market share with murderous results. Many gang members outgun the police with their weapons of choice: semi-automatic pistols, AK-47s, and Uzis. Drug dealers have also gone high tech using cellular phones and computers to keep track of deals, while their teenage runners wear phone beepers in school.

The Parents' Resource Institute for Drug Education (PRIDE) reports that children who abuse illicit drugs are significantly more likely to carry a gun to school, take part in gang activities, think of suicide, threaten harm to others, and get in trouble with the police than children who abstain.

One survey released by the University of Colorado shows that the problem of drug use is not just outside the church. The study involved nearly 14,000 junior high and high school youth and compared churched young people with unchurched young people and found very little difference. For example, 88 percent of the unchurched young people reported drinking beer as compared to 80 percent of churched young people. When asked

how many had tried marijuana, 47 percent of the unchurched young people had done so compared to 38 percent of the church youth. For amphetamines and barbiturates, 28 percent of the unchurched had tried them while 22 percent of the church young people had tried them. And for cocaine use, the percentage was 14 percent for unchurched youths and 11 percent for church youth.

Fighting drugs often seems futile. When drug dealers are arrested, they are often released prematurely because court dockets are overloaded. Plea bargaining and paroles are standard fare as the revolving doors of justice spin faster. As the casualties mount in this war against drugs, some commentators have begun to suggest that the best solution is to legalize drugs. But you don't win a war by surrendering. If drugs were legalized, addiction would increase, health costs would increase, and government would once again capitulate to societal pressures and shirk its responsibility to establish moral law.

But if legalization is not the answer, then something must be done about the abuse of drugs like alcohol, cocaine, marijuana, heroin, and PCP. Just the medical cost of drug abuse was estimated by the National Center for Health Statistics to be nearly \$60 billion, and the medical bill for alcohol was nearly \$100 billion.

## **How to Fight the Drug Battle**

Society must fight America's drug epidemic on five major fronts. The first battlefield is at the border. Federal agents must patrol the 8426 miles of deeply indented Florida coastline and a 2067 mile border with Mexico. This is a formidable task, but vast distances are not the only problem.

The smugglers they are up against have almost unlimited funds and some of the best equipment available. Fortunately, the federal interdiction forces (namely Customs, DEA, and INS) are

improving their capability. Customs forces have been given an increase in officers and all are getting more sophisticated equipment.

The second battlefield is law enforcement at home. Police must crack down with more arrests, more convictions, longer sentences, and more seizures of drug dealers' assets. Unfortunately, law enforcement successes pale when compared to the volume of drug traffic. Even the most effective crackdowns seem to do little more than move drugs from one location to another.

An effective weapon on this battlefield is a 1984 law that makes it easier to seize the assets of drug dealers before conviction. In some cities, police have even confiscated the cars of suburbanites who drive into the city to buy crack.

But attempts to deter drug dealing have been limited by flaws in the criminal justice system. A lack of jail cells prevents significant prosecution of drug dealers. And even if this problem were alleviated, the shortage of judges would still result in the quick release of drug pushers.

A third battlefield is drug testing. Many government and business organizations are implementing testing on a routine basis in order to reduce the demand for drugs.

The theory is simple. Drug testing is a greater deterrent to drug use than the remote possibility of going to jail. People who know they will have to pass a urine test in order to get a job are going to be much less likely to dabble in drugs. In 1980, 27 percent of some 20,000 military personnel admitted to using drugs in the previous 30 days. Five years later when drug testing was implemented, the proportion dropped to 9 percent.

But drug testing is not without its opponents. Civil libertarians feel this deterrent is not worth the loss of personal privacy. Some unions believe that random testing in

the workplace would violate the Fourth Amendment's prohibition against unreasonable searches. A fourth battleground is drug treatment. Those who are addicted to drugs need help. But the major question is, Who should provide the treatment and who should foot the bill? Private hospital programs are now a \$4 billion-a-year business with a daily cost of as much as \$500 per bed per day. This is clearly out of the reach of many addicts who do not have employers or insurance companies who can pick up the costs.

A fifth battleground is education. Teaching children the dangers of drugs can be an important step in helping them to learn to say no to drugs. The National Institute on Drug Abuse estimates that 72 percent of the nation's elementary and secondary-school children are being given some kind of drug education.

## **Should We Legalize Drugs?**

Those weary of the war on drugs have suggested that we should decriminalize drugs. Former Surgeon General Joycelyn Elders suggested we study the impact of legalizing drugs. For years, an alliance of liberals and libertarians have promoted the idea that legalizing drugs would reduce drug costs and drug crimes in this country. But would it? Let's look at some of the arguments for drug legalization.

### **1. Legalization will take the profit out of the drug business.**

As surprising as it may sound, relatively few drug dealers actually earn huge sums of money. Most in the crack business are low-level runners who make very little money. Many crack dealers smoke more crack than they sell. Drug cartels are the ones making the big profits.

Would legalizing drugs really affect large drug dealers or drug cartels in any appreciable way? Drug cartels would still control price and supply even if drugs were legalized in this

country. If government set the price for legalized drugs, criminals could undercut the price and supply whatever the government did not supply.

Addicts would not be significantly affected by legalization. Does anyone seriously believe that their behavior would change just because they are now using legal drugs instead of illegal drugs? They would still use theft and prostitution to support their habits.

Proponents also argue that legalizing drugs would reduce the cost of drugs and thus reduce the supply of drugs flowing to this country. Recent history suggests that just the opposite will take place. When cocaine first hit the United States, it was expensive and difficult to obtain. But when more was dumped into this country and readily available in less expensive vials of crack, drug addiction rose and drug-related crimes rose.

## **2. Drug legalization will reduce drug use.**

Proponents argue that legalizing drugs will make them less appealing they will no longer be "forbidden fruit." However, logic and social statistics suggest that decriminalizing drugs will actually increase drug use.

Those arguing for the legalization of drugs often point to Prohibition as a failed social experiment. But was it? When Prohibition was in effect, alcohol consumption declined by 30 to 50 percent and death from cirrhosis of the liver fell dramatically. One study found that suicides and drug-related arrests also declined by 50 percent. After the repeal of the 18th amendment in 1933, alcoholism rose. So did alcohol-related crimes and accidents. If anything, Prohibition proves the point. Decriminalization increases drug use.

Comparing alcohol and drugs actually strengthens the argument

against legalization since many drugs are even more addictive than alcohol. Consider, for example, the difference between alcohol and cocaine. Alcohol has an addiction rate of approximately 10 percent, while cocaine has an addiction rate as high as 75 percent.

Many drugs are actually “gateway drugs” to other drugs. A 1992 article in *The Journal of Primary Prevention* found that marijuana is essentially a “necessary” condition for the occurrence of cocaine use. Other research shows that involvement with illicit drugs is a developmental phenomenon, age correlates with use, and cigarette and alcohol use precedes marijuana use.

Dr. Robert DuPont, former head of the National Institute on Drug Abuse, argues that the potential market for legal drugs can be compared to the number of Americans who now use alcohol (140 million persons). If his analysis is correct, then approximately 50 million Americans would eventually use cocaine if it were a legal drug.

But the real question is not, Which is worse: alcohol or drugs? The question is whether we can accept both legalized alcohol and legalized drugs. Legalized alcohol currently leads to 100,000 deaths/year and costs us \$99 billion/year. We don't need to legalize drugs too.

### **3. Legalizing drugs will reduce social costs.**

“We are losing the war on drugs,” say drug legalization proponents, “so let's cut the costs of drug enforcement by decriminalizing drugs.”

Currently the U.S. spends \$11 billion/year to combat drug-related crime. If drugs were made legal, some crime-fighting costs might drop but many social costs would certainly increase: other forms of crime (to support habits), drug-related accidents, and welfare costs.

Statistics from states that have decriminalized marijuana demonstrate this concern. In California, within the first six months of decriminalization, arrests for driving under the influence of drugs rose 46 percent for adults and 71.4 percent for juveniles. The use of marijuana doubled in Alaska and Oregon when it was decriminalized in those states.

Crime would certainly increase. Justice Department figures show that approximately one-third of inmates used drugs prior to committing their crimes.

And juvenile crime would no doubt increase as well. A 1990 study published in the Journal of Drug Issues found a strong association between the severity of the crime and the type of substance used the more intoxicating the substance, the more serious the incident.

Meanwhile, worker productivity would decrease and student productivity would decrease.

The Drug Enforcement Administration estimates that drug decriminalization will cost society more than alcohol and tobacco combined, perhaps \$140-210 billion a year in lost productivity and job-related accidents.

Government services would no doubt have to be expanded to pay for additional drug education and treatment for those addicted to legal drugs. And child protective services would no doubt have to expand to deal with child abuse. Patrick Murphy, a court-appointed lawyer for 31,000 abused and neglected children in Chicago, says that more than 80 percent of the cases of physical and sexual abuse of children now involve drugs. Legalizing drugs will not reduce these crimes; it would make the problem worse.

And is it accurate to say we are losing the war on drugs? Drug use in this country was on the decline in the 1980s due to a strong anti-drug campaign. Casual cocaine use, for example, dropped from 12 million in 1985 to 6 million in 1991. You



don't win a war by surrender. Legalizing drugs in this country would constitute surrender in the drug war at a time when we have substantial evidence we can win this battle on a number of fronts.

#### **4. Government should not dictate moral policy on drugs.**

Libertarians who promote drug legalization value personal freedom. They believe that government should not dictate morals and fear that our civil liberties may be threatened by a tougher policy against drugs.

The true threat to our freedoms comes from the drug cartels in foreign countries, drug lords in this country, and drug dealers in our streets. Legalizing drugs would send the wrong message to society. Those involved in drug use eventually see that drugs ultimately lead to prison or death, so they begin to seek help.

Obviously some people are going to use drugs whether they are legal or illegal. Keeping drugs illegal maintains criminal sanctions that persuade most people their life is best lived without drugs. Legalization, on the other hand, removes the incentive to stay away from drugs and increases drug use.

William Bennett has said, "I didn't have to become drug czar to be opposed to legalized marijuana. As Secretary of Education I realized that, given the state of American education, the last thing we needed was a policy that made widely available a substance that impairs memory, concentration, and attention span. Why in God's name foster the use of a drug that makes you stupid?"

## **Biblical Perspective**

Some people may believe that the Bible has little to say about drugs, but this is not so. First, the Bible has a great deal to say about the most common and most abused drug: alcohol. Ephesians 5:18 admonishes Christians not to be drunk with

wine. In many places in Scripture drunkenness is called a sin (Deut. 21:20-21, Amos 6:1, 1 Cor.6:9-10, Gal. 5:19-20). The Bible also warns of the dangers of drinking alcohol in Proverbs 20:1, Isaiah 5:11, Habakkuk 2:15-16. If the Bible warns of the danger of alcohol, then by implication it is also warning of the dangers of taking other kinds of drugs.

Second, drugs were an integral part of many ancient near East societies. For example, the pagan cultures surrounding the nation of Israel used drugs as part of their religious ceremonies. Both the Old Testament and New Testament condemn sorcery and witchcraft. The word translated "sorcery" comes from the Greek word from which we get the English words "pharmacy" and "pharmaceutical." In ancient time, drugs were prepared by a witch or shaman.

Drugs were used to enter into the spiritual world by inducing an altered state of consciousness that allowed demons to take over the mind of the user. In that day, drug use was tied to sorcery. In our day, many use drugs merely for so-called "recreational" purposes, but we cannot discount the occult connection.

Galatians 5:19-21 says: "The acts of the sinful nature are obvious: sexual immorality, impurity and debauchery, idolatry and witchcraft [which includes the use of drugs]; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions, and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God." The word witchcraft here is also translated "sorcery" and refers to the use of drugs. The Apostle Paul calls witchcraft that was associated with drug use a sin. The non-medical use of drugs is considered one of the acts of a sinful nature. Using drugs, whether to "get a high" or to tap into the occult, is one of the acts of a sinful nature where users demonstrate their depraved and carnal nature.

The psychic effects of drugs should not be discounted. A questionnaire designed by Charles Tate and sent to users of marijuana documented some disturbing findings. In his article in *Psychology Today* he noted that one fourth of the marijuana users who responded to his questionnaire reported that they were taken over and controlled by an evil person or power during their drug induced experience. And over half of those questioned said they have experienced religious or “spiritual” sensations in which they meet spiritual beings.

Many proponents of the drug culture have linked drug use to spiritual values. During the 1960s, Timothy Leary and Alan Watts referred to the “religious” and “mystical” experience gained through the use of LSD (along with other drugs) as a prime reason for taking drugs.

No doubt drugs are dangerous, not only to our body but to our spirit. As Christians, we must warn our children and our society of the dangers of drugs.

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## **The Teen Sexual Revolution – Abstinence Programs Are The Only Biblical Response**

*Kerby Anderson considers the real problems created by the new American attitude extolling the virtues of teen sexual activity. He examines the effectiveness of various programs designed to stem the tide of teen sexual activity. He*

*concludes the only reasonable approach is teaching the reasons for and benefits of abstinence prior to marriage.*

One of the low points in television history occurred September 25, 1991. The program was "Doogie Howser, M.D." This half-hour TV show, aimed at preteen and teenage kids, focused on the trials and tribulations of an 18-year-old child prodigy who graduated from medical school and was in the midst of medical practice. Most programs dealt with the problems of being a kid in an adult's profession. But on September 25 the "problem" Doogie Howser confronted was the fact that he was still a virgin.

Advance publicity drove the audience numbers to unanticipated levels. Millions of parents, teenagers, and pajama-clad kids sat down in front of their televisions to watch Doogie Howser and his girlfriend Wanda deal with his "problem." Twenty minutes into the program, they completed the act. Television ratings went through the roof. Parents and advertisers should have as well.

What is wrong with this picture? Each day approximately 7700 teenagers relinquish their virginity. In the process, many will become pregnant and many more will contract a sexually transmitted disease (STD). Already 1 in 4 Americans have an STD, and this percentage is increasing each year. Weren't the producers of "Doogie Howser, M.D." aware that teenage pregnancy and STDs are exploding in the population? Didn't they stop and think of the consequences of portraying virginity as a "problem" to be rectified? Why weren't parents and advertisers concerned about the message this program was sending?

Perhaps the answer is the trite, age-old refrain "everybody's doing it." Every television network and nearly every TV program deals with sensuality. Sooner or later the values of every other program were bound to show up on a TV program aimed at preteens and teenagers. In many ways the media is

merely reflecting a culture that was transformed by a sexual revolution of values. Sexually liberal elites have hijacked our culture by seizing control of two major arenas. The first is the entertainment media (television, movies, rock music, MTV). The second is the area of sex education (sex education classes and school-based clinics). These two forces have transformed the social landscape of America and made promiscuity a virtue and virginity a “problem” to be solved.

## **The Teenage Sexuality Crisis**

We face a teenage sexuality crisis in America. Consider these alarming statistics of children having children. A New York Times article reported: “Some studies indicate three-fourths of all girls have had sex during their teenage years and 15 percent have had four or more partners.” A Lou Harris poll commissioned by Planned Parenthood discovered that 46 percent of 16-year-olds and 57 percent of 17-year-olds have had sexual intercourse.

Former Secretary of Education William Bennett in speaking to the National School Board Association warned that “The statistics by which we measure how our children how our boys and girls are treating one another sexually are little short of staggering.” He found that more than one-half of America’s young people have had sexual intercourse by the time they are seventeen. He also found that more than one million teenage girls in the U.S. become pregnant each year. Of those who give birth, nearly half are not yet eighteen.

“These numbers,” William Bennett concluded, “are an irrefutable indictment of sex education’s effectiveness in reducing teenage sexual activity and pregnancies.” Moreover, these numbers are not skewed by impoverished, inner city youths from broken homes. One New York polling firm posed questions to 1300 students in 16 high schools in suburban areas in order to get a reading of “mainstream” adolescent attitudes. They discovered:

- *57% lost virginity in high school*
- *79% lost virginity by the end of college*
- *16.9 average age for sex*
- *33% of high school students had sex once a month to once a week*
- *52% of college students had sex once a month to once a week.*

Kids are trying sex at an earlier age than ever before. More than a third of 15-year-old boys have had sexual intercourse as have 27 percent of the 15-year-old girls. Among sexually active teenage girls, 61 percent have had multiple partners. The reasons for such early sexual experimentation are many.

Biology is one reason. Teenagers are maturing faster sexually due to better health and nutrition. Since the turn of the century, for example, the onset of menstruation in girls has dropped three months each decade. Consequently, urges that used to arise in the mid-teens now explode in the early teens. Meanwhile the typical age of first marriage has risen more than four years since the 1950s.

A sex-saturated society is another reason. Sex is used to sell everything from cars to toothpaste. Sexual innuendos clutter most every TV program and movie. And explicit nudity and sensuality that used to be reserved for R-rated movies has found its way into the home through broadcast and cable television. Media researchers calculate that teenagers see approximately five hours of TV a day. This means that they see each year nearly 14,000 sexual encounters on television alone.

Lack of parental supervision and direction is a third reason. Working parents and reductions in after-school programs have left teenagers with less supervision and a looser after-school life. In the inner city, the scarcity of jobs and parents coupled with a cynical view of the future invites teenage

promiscuity and its inevitable consequences. Adolescent boys in the suburbs trying to prove their masculinity, herd into groups like the infamous score-keeping Spur Posse gang in California.

Even when teenagers want to sit out the sexual revolution, they often get little help from parents who may be too embarrassed or intimidated to talk to their children. Parents, in fact, often lag behind their kids in sexual information. At one sex-education workshop held by Girls Inc. (formerly Girls Club of America), nearly half of the mothers had never seen a condom. Other mothers did not want to talk about sex because they were molested as children and were fearful of talking about sex with their daughters.

Teenagers are also getting mixed messages. In any given week, they are likely to hear contradictory messages. "No sex until you're married." "No sex unless you're older." "No sex unless you're protected." "No sex unless you're in love." No wonder adolescents are confused.

## **The Report Card on Sex Education**

For more than thirty years proponents of comprehensive sex education have told us that giving sexual information to young children and adolescents will reduce the number of unplanned pregnancies and sexually transmitted diseases. In that effort nearly \$3 billion has been spent on federal Title X family planning services, yet teenage pregnancies and abortions rise.

Perhaps one of the most devastating popular critiques of comprehensive sex education came from Barbara Dafoe Whitehead. The journalist who said that Dan Quayle was right also was willing to say that sex education was wrong. Her article in the October 1994 issue of *Atlantic Monthly* entitled "The Failure of Sex Education" demonstrated that sex education neither reduced pregnancy nor slowed the spread of STDs.

Comprehensive sex education is mandated in at least 17 states, so Whitehead chose one state and focused her analysis on the sex education experiment in New Jersey. Like other curricula the New Jersey sex education program rests on certain questionable assumptions.

The first tenet is that children are “sexual from birth.” Sex educators reject the classic notion of a latency period until approximately age twelve. They argue that you are “being sexual when you throw your arms around your grandpa and give him a hug.”

Second, sex educators hold that children are sexually miseducated. Parents, in their view, have simply not done their job, so we need “professionals” to do it right. Parents try to protect their children, fail to affirm their sexuality, and even discuss sexuality in a context of moralizing. The media, they say, is also guilty of providing sexual misinformation.

Third, if miseducation is the problem, then sex education in the schools is the solution. Parents are failing miserably at the task, so “it is time to turn the job over to the schools. Schools occupy a safe middle ground between Mom and MTV.”

*Learning About Family Life* is the curriculum used in New Jersey. While it discusses such things as sexual desire, AIDS, divorce, condoms, and masturbation, it nearly ignores such issues as abstinence, marriage, self-control, and virginity. One technique promoted to prevent pregnancy and STDs is noncoital sex, or what some sex educators call outercourse. Yet there is good evidence to suggest that teaching teenagers to explore their sexuality through noncoital techniques will lead to coitus. Ultimately, outercourse will lead to intercourse.

Whitehead concludes that comprehensive sex education has been a failure. For example, the percent of teenage births to unwed



mothers was 67 percent in 1980 and rose to 84 percent in 1991. In the place of this failed curriculum, Whitehead describes a better program. She found that “sex education works best when it combines clear messages about behavior with strong moral and logistical support for the behavior sought.” One example she cites is the *Postponing Sexual Involvement* program at Grady Memorial Hospital in Atlanta, Georgia, which offers more than a “Just Say No” message. It reinforces the message by having adolescents practice the desired behavior and enlists the aid of older teenagers to teach younger teenagers how to resist sexual advances. Whitehead also found that “religiously observant teens” are less likely to experiment sexually, thus providing an opportunity for church-related programs to stem the tide of teenage pregnancy. The results of Whitehead’s research are clear: abstinence is still the best form of sex education.

## **Is “Safe Sex” Really Safe?**

At the 1987 World Congress of Sexologists, Theresa Crenshaw asked the audience, “If you had the available partner of your dreams and knew that person carried HIV, how many of you would have sex depending on a condom for your protection?” When they were asked for a show of hands, none of the 800 members of the audience indicated that they would trust the condoms. If condoms do not eliminate the fear of HIV-infection for sexologists and sex educators, why do we encourage the children of America to play STD Russian Roulette?

Are condoms a safe and effective way to reduce pregnancy and STDs? To listen to sex educators you would think so. Every day sex education classes throughout this country promote condoms as a means of safe sex or at least safer sex. But the research on condoms provides no such guarantee.

For example, Texas researcher Susan Weller writing in the 1993 issue of *Social Science Medicine*, evaluated all research published prior to July 1990 on condom effectiveness. She

reported that condoms are only 87 percent effective in preventing pregnancy and 69 percent effective in reducing the risk of HIV infection. This translates into a 31 failure rate in preventing AIDS transmission. And according to a study in the 1992 Family Planning Perspectives, 15 percent of married couples who use condoms for birth control end up with an unplanned pregnancy within the first year.

So why has condom distribution become the centerpiece of the U.S. AIDS policy and the most frequently promoted aspect of comprehensive sex education? For many years, the answer to that question was an a priori commitment to condoms and a safe sex message over an abstinence message. But in recent years, sex educators and public health officials have been pointing to one study which appeared to vindicate the condom policy.

The study was presented at the Ninth International Conference on AIDS held in Berlin on June 9, 1993. The study involved 304 couples with one partner who was HIV positive. Of the 123 couples who used condoms with each act of sexual intercourse, not a single negative HIV partner became positive. So proponents of condom distribution thought they had scientific vindication for their views.

Unfortunately that is not the whole story. Condoms do appear to be effective in stopping the spread of AIDS when used "correctly and consistently." Most individuals, however, do not use them "correctly and consistently." What happens to them? Well, it turns out that part of the study received much less attention. Of 122 couples who could not be taught to use condoms properly, 12 became HIV positive in both partners. Undoubtably over time, even more partners would contract AIDS.

How well does this study apply to the general population? I would argue the couples in the study group were quite dissimilar from the general population. For example, they knew the HIV status of their spouse and therefore had a vested interest in protecting themselves. They were responsible

partners and in a committed monogamous relationship. In essence, their actions and attitudes differ dramatically from teenagers and single adults who do not know the HIV status of their partners, are often reckless, and have multiple sexual partners.

Contrary to popular belief, condoms are not as reliable as public health pronouncements might lead you to think. Abstinence is still the only safe sex.

## **Only Abstinence-Only Programs Really Work**

Less than a decade ago, an abstinence-only program was rare in the public schools. Today directive abstinence programs can be found in many school districts while battles are fought in other school districts for their inclusion or removal. While proponents of abstinence programs run for school board or influence existing school board members, groups like Planned Parenthood bring lawsuits against districts that use abstinence-based curricula arguing that they are inaccurate or incomplete. At least a dozen abstinence-based curricula are on the market, with the largest being *Sex Respect* (Bradley, Illinois) and *Teen-Aid* (Spokane, Washington).

The emergence of abstinence-only programs as an alternative to comprehensive sex education programs was due to both popularity and politics. Parents concerned about the ineffectiveness of the safe sex message eagerly embraced the message of abstinence. And political funding helped spread the message and legitimize its educational value. The Adolescent Family Life Act enacted in 1981 by the Reagan Administration created Title XX and set aside \$2 million a year for the development and implementation of abstinence-based programs. Although the Clinton Administration later cut funding for abstinence programs, the earlier funding in the 1980s helped groups like *Sex Respect* and *Teen-Aid* launch abstinence programs in the schools.

Parents and children have embraced the abstinence message in significant numbers. One national poll by the University of Chicago found that 68 percent of adults surveyed said premarital sex among teenagers is "always wrong." A 1994 poll for USA Weekend asked more than 1200 teens and adults what they thought of "several high profile athletes [who] are saying in public that they have abstained from sex before marriage and are telling teens to do the same." Seventy-two percent of the teens and 78 percent of the adults said they agree with the pro-abstinence message.

Their enthusiasm for abstinence-only education is well founded. Even though the abstinence message has been criticized by some as naive or inadequate, there are good reasons to promote abstinence in schools and society.

1. Teenagers want to learn about abstinence. Contrary to the often repeated teenage claim, not "everyone's doing it." A 1992 study by the Centers for Disease Control found that 43 percent of teenagers (age 14 to 17) had engaged in sexual intercourse at least once. Put another way, the latest surveys suggest that a majority of teenagers are not doing it.

2. Abstinence prevents pregnancy. Proponents of abstinence-only programs argue that it will significantly lower the teenage pregnancy rate and cited lots of anecdotes and statistics to make their case. For example, the San Marcos Junior High in San Marcos, California, adopted an abstinence-only program developed by Teen- Aid. The curriculum dropped the school's pregnancy rate from 147 to 20 within a two-year period. An abstinence-only program for girls in Washington, D.C., has seen only one of 400 girls become pregnant.

3. Abstinence prevents sexually transmitted diseases (STDs). After more than three decades, the sexual revolution has taken lots of prisoners. Before 1960 there were only two STDs that doctors were concerned about: syphilis and gonorrhea. Today, there are more than 20 significant STDs ranging from the

relatively harmless to the fatal. Twelve million Americans are newly infected each year, and 63 percent of these new infections are in people less than 25 years old. Eighty percent of those infected with an STD have absolutely no symptoms.

The conclusion is simple: abstinence is the only truly safe sex.

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