5 Biblical Ways to Defend Your Mental Health Against Ongoing World Conflicts

As mental health issues continue to spread throughout our society and the world, Terrence Harris shares 5 important and practical Biblical insights to help protect your mental health, considering the ongoing wars and conflicts we see today.

1. Mental Health Needs God's Truth

God's truth demands obedience, even against personal preference. Repentance and faith in Jesus Christ gives us new life and compels us to joyfully obey God's truth. Christ offers salvation to those who receive Him as Lord and Savior. Some think they can save the world by their own actions. Many hope to make the world a better place through charity or a perverted version of peace, love and unity. Any vision of peace that denies the return of Christ rejects the truth and ultimately collapses.

World conflicts aren't just a political issue—they are the result of humanity rejecting God's truth and replacing it with deception. The Bible speaks of a humanity that desires everything they see, physical pleasures, and the pride of life. All of these come from a sinful world that refuses to obey and submit to the Living God (1 John 2:16, 17). Consequently, we live in a decaying world (2 Peter 3:10, 1 Corinthians 7:31) of which no human can control or stop.

Anxiety, another symptom of humanity's brokenness, exists as a major issue within the mental health crisis today. Anxiety can express itself through a sensation of "being choked" and suffocating. Those who suffer from anxiety, like I once did, tend to also experience the sensation of "falling." Without

anchoring ourselves in God's truth, our emotions begin to interpret reality instead of responding to it.

Medication helped during my struggle with anxiety and mental health issues, but I improved when I relied less on my truth and more on God's truth. He has full authority over heaven and earth. Humanity assumes absolute control over our lives because we take God's grace for granted. This illusion of control contradicts the truth that God alone has authority over heaven and earth. When we align our lives with God's truth, we can experience freedom from the pressure to hold everything together on our own. This reduces and even frees us from undue stress and worry.

2. When Community Grows, Mental Health Improves

Some people serve in the military overseas, have loved ones fighting, or worry about the war's impact on American soil. Navigating war's presence and uncertainty is challenging. While war and violence exist, God doesn't want us to bear these challenges alone. Sometimes, a kind reminder that fear doesn't come from God (2 Timothy 1:7) is needed. If fear arises, remember God's love and care through others (Galatians 6:2, Hebrews 10:24-25). Having a solid group of family, friends, and trusted people is wise (Ecclesiastes 4:9-12). Helping each other through hard times keeps our mental health from
deteriorating because God created humanity for connection. The Father, Son, and Holy Spirit have distinct functions but exist as one. Togetherness and community are essential to the Living God. Created in His image, humanity must imitate God's likeness, seeking and building meaningful, God-honoring relationships, unity, and community in Christ.

3. Solitude: Where Mental Health Speaks

Jesus sought solitude to spend time with the Father (Mark 1:35, Luke 5:16, Mark 14:23).

Solitude differs from isolation. The Bible says isolating oneself is foolish and contrary to God's standard for community. Biblical solitude seeks intimacy with God, hearing His voice, experiencing His presence, and minimizing distractions. Finding sacred time to enjoy God's company improves mental health. This connects our hearts to the Father who made us and our interests. Ask God for solutions to mental health and navigating the world's brokenness.

4. Fasting: A Secret Weapon Against Mental Oppression

Jesus said, "When you fast and pray . . ." His words sound like a command, not an option.

Christians tend to focus on the physical benefits of fasting rather than the supernatural benefits. Queen Esther called for the Jews to fast on her behalf before entering her king's throne room uninvited—which could have resulted in her death (Esther 4:15-17). All the people of Ninevah (Jonah 3:5-10) fasted and repented for sinning after hearing Jonah preach, turning God's coming judgment away from the city. Daniel fasted while mourning and for understanding (Daniel 10:2). In Mark 9:29 (in some manuscripts), Jesus tells His disciples that prayer and fasting invites supernatural authority in deliverance from demonic oppression. Fasting exchanges the natural pleasures of food for a complete focus on God. Sometimes, our mental health needs relief from anxiety or comfort from life's hardships—especially in times of world conflicts. Other times, we may need God's mercy, favor, or His supernatural strength to overcome the challenges of an immaterial nature. Scripture has shown how fasting can turn the tides of worldly conflicts and challenging circumstances. Incorporating a fast that Yahweh commands and respects could be the spiritual discipline necessary for life's journey.

5. Enjoying Life: A Gift for Mental Health

No matter the difficulties we face in life, we can still trust

and believe that God gave us life to appreciate and enjoy, as well as experiences to enjoy along with it. In Ecclesiastes 5:18–21, we can discover a desirable pattern, one blessed by Yahweh that most Christians may overlook. One of the best things you can do for your mental health is to enjoy the work you do, developing the ability to enjoy the wealth it produces, and using the resources to create wonderful and exciting memories and experiences for yourself, your family, and others.

Unstable circumstances cannot sustain mental health in a world marked by ongoing conflict, uncertainty, and moral confusion. The wars and tensions we see around us reveal a deeper reality—humanity's rejection of God's truth. When we try to carry the weight of a broken world or place our hope in human solutions, mental health issues such as anxiety increase, and peace fades. But God has not left us without help. When we anchor our minds in His truth, walk in community, seek Him in solitude, practice spiritual discipline through fasting, and choose to enjoy the life He has given, we begin to experience stability in our mental health that the world cannot offer. True peace exists outside of trying to control outcomes, but in trusting the God who is already in control. As we align our lives with His truth, we protect our minds, strengthen our faith, and learn to live with confidence—even in the midst of a world at war.

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The Self-Understanding of

Jesus

Dr. Michael Gleghorn examines some sayings and deeds of Jesus, accepted by many critical scholars as historically authentic, to see what they imply about Jesus' self-understanding.

Jesus and the Scholars

You might be surprised to learn that today many New Testament scholars don't believe that the historical Jesus ever claimed to be the Son of God, the Lord, or even the Messiah.{1} But if that's the case, how do they explain the presence of such claims in the Gospels? They believe the Gospel writers put them there! The actual Jesus of history never made such exalted claims for *himself*. It was the early church that started all that business.



Is this true? What are we to make of all this? Let's begin with a deceptively simple question: How did the early church come to believe in—and even worship—Jesus as both Lord and Messiah, if he never actually claimed such titles for himself? Just think for a moment about how strange this would be. Jesus' earliest followers were Jews. They firmly believed that there is only one God. And yet, shortly after his crucifixion, they began worshiping *Jesus* as God! As Dr. William Lane Craig asks, "How does one explain this worship by monotheistic Jews of one of their countrymen as God incarnate, apart from the claims of Jesus himself?"{2} In other words, if Jesus never made such exalted claims for *himself*, then why would his earliest followers do so? After all, on the surface such claims not only seem blasphemous, they also appear to contradict the deeply held Jewish conviction that there is only one God.

But there's another issue that needs to be considered. Although many critical scholars don't believe that Jesus ever made such radical personal claims, nevertheless, they *do* believe that he said and did things that seem to imply that he had a very high view of himself. In other words, while they might deny that Jesus ever *explicitly* claimed to be Israel's Messiah, or Lord, they acknowledge that he said and did things which, when you get right down to it, seem to imply that that's precisely who he *believed* himself to be! If this is correct, if Jesus really believed himself to be both Israel's Messiah and Lord, then notice that we are brought back once again to that old dilemma of traditional apologetics.{3} Jesus was either deceived in this belief, suffering from something akin to delusions of grandeur. Or he was a fraud, willfully trying to deceive others. Or he really was who he believed himself to be—Messiah, Lord, and Son of God.

In the remainder of this article, we'll examine some of the sayings and deeds of Jesus that even many critical scholars accept as historically authentic to see what they might tell us about Jesus' self-understanding.

Jesus and the Twelve

Today, even most critical scholars agree that Jesus probably chose a core group of twelve disciples just as the Gospels say he did. In fact, Dr. Bart Ehrman refers to this event as "one of the best-attested traditions of our surviving sources . . ."{4} Now you might be thinking that this sounds like a rather insignificant detail. What can this possibly tell us about the self-understanding of Jesus? Does his choice of twelve disciples give us any insight into what he believed about himself?

Let's begin with a little background information. E. P. Sanders, in his highly acclaimed book, *Jesus and Judaism*, observes that ". . . in the first century Jewish hopes for the

future would have included the restoration of the twelve tribes of Israel."{5} Now this hope was based on nothing less than God's prophetic revelation in the Hebrew Bible. Sometimes the primary agent effecting this restoration is said to be the Lord (e.g. Isa. 11:11-12; Mic. 2:12). At other times it's a Messianic figure who is clearly a human being (e.g. Isa. 49:5-6). Interestingly, however, still other passages describe this Messianic figure as having divine attributes, or as being closely associated with the Lord in some way (e.g. cp. Mic. 2:13 with 5:2-4). But why is this important? And what does it have to do with Jesus' choice of twelve disciples?

Many New Testament scholars view Jesus' choice of twelve disciples as symbolic of the promised restoration of the twelve tribes of Israel. The restoration of Israel is thus seen to be one of the goals or objectives of Jesus' ministry. As Richard Horsley observes, "One of the principal indications that Jesus intended the restoration of Israel was his appointment of the Twelve."{6} But if one of Jesus' consciously chosen aims was the restoration of Israel, then what does this imply about who he believed himself to be? After all, the Old Testament prophets attribute this restoration either to the Lord or to a Messianic figure possessing both divine and human attributes.

Might Jesus have viewed himself in such exalted terms? Some scholars believe that he did. Dr. Ben Witherington poses an interesting question: "If the Twelve represent a renewed Israel, where does Jesus fit in?" He's *not* one of the Twelve. "He's not just part of Israel, not merely part of the redeemed group, he's forming the group—just as God in the Old Testament formed his people and set up the twelve tribes of Israel."{7} Witherington argues that this is an important clue in uncovering what Jesus thought of himself. If he's right, then Jesus may indeed have thought of himself as Israel's Messiah and Lord!

Jesus and the Law

What was Jesus' attitude toward the Law of Moses? Some scholars say that Jesus was a law-abiding Jew who "broke neither with the written Law nor with the traditions of the Pharisees."{8} Others say the issue is more complex. Ben Witherington observes that Jesus related to the Law in a variety of ways.{9} Sometimes he affirmed the validity of particular Mosaic commandments (e.g. Matt. 19:18-19). At other times he went beyond Moses and intensified some of the commandments. In the Sermon on the Mount he declared, "You have heard that it was said, 'Do not commit adultery.' But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart" (Matt. 5:27-28). We shouldn't skip too lightly over a statement like this. The prohibition against adultery is one of the Ten Commandments. By wording the statement as he did, Jesus apparently "equated his own authority with that of the divinely given Torah."{10} Indeed, it's because of sayings like this that one Jewish writer complained: "Israel cannot accept . . . the utterances of a man who speaks in his own name—not 'thus saith the Lord,' but '*I* say unto you.' This 'I' is . . . sufficient to drive Judaism away from the Gentiles forever."{11}

But Jesus went further than this! In Mark 7 he declared all foods "clean" (vv. 14-19). That is, he set aside the dietary laws found in Leviticus and Deuteronomy. To really grasp the radical nature of Jesus' declaration one must only remember that these dietary laws had been given to Israel by God Himself! But what sort of person believes he has the authority to set aside the commandments of God? Ben Witherington notes, "Jesus seems to assume an authority over Torah that no Pharisee or Old Testament prophet assumed—the authority to set it aside."{12} And Jacob Neusner, a Jewish scholar, seems to agree: "Jews believe in the Torah of Moses . . . and that belief requires faithful Jews to enter a dissent at the

teachings of Jesus, on the grounds that those teachings at important points contradict the Torah."{13}

How does this relate to the self-understanding of Jesus? Think about it this way. What would Jesus have to believe about himself to seriously think he had the authority to set aside God's commandments? Although it may trouble some critical scholars, the evidence seems to favor the view that Jesus believed that in some sense he possessed the authority of God Himself!

Jesus and the Demons

One of the amazing feats attributed to Jesus in the Gospels is the power of exorcism, the power to cast out demons from human beings. Although this may sound strange and unscientific to some modern readers, most critical scholars agree that both Jesus and his contemporaries at least *believed* that Jesus had such power. Of course, this doesn't mean that the majority of critical scholars believe that demons *actually* exist, or that Jesus *actually* cast such spirits out of people. Many of them do not. But they do think there is persuasive historical evidence for affirming that both Jesus and his contemporaries *believed* such things.{14} In fact, Dr. Bart Ehrman notes that "Jesus' exorcisms are among the best-attested deeds of the Gospel traditions."{15} But why is this important? And what can it possibly tell us about Jesus' self-understanding?

Most scholars are convinced that the historical Jesus declared, "But if I drive out demons by the Spirit of God, then the kingdom of God has come upon you" (Matt. 12:28). Prior to making this declaration, the Pharisees had accused Jesus of casting out demons "by Beelzebub, the ruler of the demons" (12:24). Jesus responded by pointing out how absurd it would be for Satan to fight against himself like that (v. 26). What's more, the charge was inconsistent. There were other Jewish exorcists in Jesus' day and it was widely believed that

their power came from God. Wouldn't it be more reasonable, then, to conclude that Jesus' power also came from God?

If so, then notice the startling implications of Jesus' claim: "*If I drive out demons by the Spirit of God, then the kingdom of God has come upon you*." At the very least, Jesus appears to be claiming that in himself the kingdom of God is in some sense a present reality. But his claim may actually be even more radical. Some scholars have observed that in ancient Jewish literature the phrase, 'kingdom of God,' is sometimes used as a roundabout way for speaking of God Himself. If Jesus intended this meaning in the statement we are considering, then William Lane Craig's conclusion is fully warranted: "In claiming that in himself the kingdom of God had already arrived, as visibly demonstrated by his exorcisms, Jesus was, in effect, saying that in himself God had drawn near, thus putting himself in God's place."{16}

It increasingly appears that Jesus thought of himself as much more than just another teacher or prophet. Even when we limit ourselves to material accepted as authentic by the majority of critical scholars, Jesus still seems to unquestionably communicate his divinity!

Jesus and the Father

In one of the most astonishing declarations of Jesus in Matthew's Gospel he states, "All things have been handed over to Me by My Father; and no one knows the Son, except the Father; nor does anyone know the Father, except the Son, and anyone to whom the Son wills to reveal Him" (11:27). Many scholars believe that this verse forms a unit with the two preceding verses. It's clear from the context that the "Father" referred to by Jesus is God, for Jesus begins this section by saying, "I praise Thee, O Father, Lord of heaven and earth" (11:25). So in the verse we are considering, Jesus claims to be God's Son in an absolutely unique sense. He

refers to God as “My Father,” and declares that no one knows the Father, “except the Son, and anyone to whom the Son wills to reveal Him.” Jesus not only claims to be God’s unique Son, he also claims to have special knowledge of the Father that no one else can mediate to others!

Because of the radical nature of these claims, it’s hardly surprising to learn that some critical scholars have denied that Jesus ever really said this. Nevertheless, other scholars have offered some very good reasons for embracing the saying’s authenticity. Dr. William Lane Craig notes that this saying comes from the hypothetical *Q* source, a source that both Matthew and Luke may have used in writing their Gospels. If that’s true, then the saying is quite early and thus has a greater likelihood of actually going back to Jesus. Additionally, “the idea of the mutual knowledge of Father and Son is a Jewish idea, indicating its origin in a Semitic-speaking milieu.”{17} Finally, Dr. Ben Witherington notes that the eminent New Testament scholar Joachim Jeremias showed “how this saying goes back to an Aramaic original” which “surely counts in favor of it going back to Jesus.”{18} Aramaic was probably the language most often used by Jesus and his disciples. After discussing this saying in some detail, Witherington concludes, “In the end, all the traditional bases for judging this saying to be inauthentic no longer will bear close scrutiny.”{19}

In this brief overview of the self-understanding of Jesus, I’ve attempted to show that even when we limit ourselves to Gospel traditions that are generally considered historically authentic by a majority of scholars, Jesus still makes impressive claims to deity. But as Dr. Craig observes, “. . . if Jesus was not who he claimed to be, then he was either a charlatan or a madman, neither of which is plausible. Therefore, why not accept him as the divine Son of God, just as the earliest Christians did?”{20}

Notes

1. William Lane Craig, *Reasonable Faith: Christian Truth and Apologetics* (Wheaton: Crossway Books, 1994), 242-43.
2. Ibid., 243.
3. Ibid., 252.
4. Bart D. Ehrman, *Jesus: Apocalyptic Prophet of the New Millennium* (New York: Oxford University Press, 1999), 186.
5. E. P. Sanders, *Jesus and Judaism* (Philadelphia: Fortress Press, 1985), 98.
6. Richard A. Horsley, *Jesus and the Spiral of Violence: Popular Jewish Resistance in Roman Palestine* (San Francisco: Harper & Row, 1987), 199.
7. Lee Strobel, *The Case for Christ* (Grand Rapids: Zondervan, 1998), 134.
8. Donald A. Hagner, *The Jewish Reclamation of Jesus: An Analysis and Critique of Modern Jewish Study of Jesus*, ed. Gerard Terpstra (Grand Rapids: Zondervan, 1984), 109-10. This quotation does not represent Hagner's own position.
9. Ben Witherington, *The Christology of Jesus* (Minneapolis: Fortress Press, 1990), 65.
10. Craig, 246.
11. Ahad ha' Am, "Judaism and the Gospels," in *Nationalism and the Jewish Ethic,* ed. H. Khon (New York: Schocken, 1962), 298, cited in Hagner, 101-02.
12. Witherington, 65.
13. Jacob Neusner, *A Rabbi Talks with Jesus* (New York: Doubleday,
1993), xii, cited in Craig, 247.
14. Ehrman, 197.
15. Ibid.
16. Craig, 249.
17. Ibid., 246.
18. Witherington, 224.
19. Ibid., 225.
20. Craig, 252.

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The Scandal of Blood Atonement: “Why All the Blood and Cross-Talk, Christian?”

The story of Jesus’ death and resurrection raises accusations that Christianity is obsessed with blood. Many believers struggle with this too. Byron Barlowe explores the biblical reasons for the focus on Christ’s blood and why its shedding was necessary.

The Bloody Cross: A Tough Thing to Handle



Easter season is all about the death and resurrection of Christ—which centers on the blood sacrifice He endured. Christianity is called a bloody religion, focusing on the execution of Jesus Christ on a cross. Why is this true and what does it mean when we say His blood atones for our sin?

Millions of Americans—and billions of Christians around the world—celebrated the death and Resurrection of Christ during Passion Week and Easter Sunday. The topic was everywhere from sermons to a CNN docudrama titled *Finding Jesus: Faith, Fact, Forgery.*

You may have questions about all the talk of “the blood of Christ” and songs saying things like “Jesus’s blood washed away my sins.” This bloody theme does raise understandable concerns that are shared by believers, seekers and skeptics alike.

In fact, more and more skeptics are posting on the Internet things like this book promotion:

> "Christians are obsessed with blood! They sing about it, declare they are washed in it and even drink it! In this book you will discover the crazy background to this Christian obsession and the truth about the bloodthirsty God they claim to know and serve."{1}

In this article, we'll discuss whether these charges are true and fair and explain the doctrine of blood atonement.

Again, even many Christians—including me—have wondered deeply about all the biblical imagery of shed blood, what some call the Crimson Thread of Scripture. I mean the grotesqueness of Old Testament animal sacrifice and the belief in Jesus's torturous slaying as the core of salvation. Radical stuff for modern ears.

So what is blood atonement and why does it matter? In historic orthodox Christian thought, God's Son is at the very center of history doing these things:

- reconciling man to God,

- ransoming humans from slavery to sin and well-deserved death and

- justly recompensing God for the horrific offense of rebellion and disobedience to Him.

Thankfully, the gospel (or good news) is simple. The Bible claims, "Christ also died for sins once for all, the just for the unjust, so that He might bring us to God, having been put to death in the flesh, but made alive in the spirit."{2}

The bottom line for all people is this: out of Christ's death came the hope of eternal life—and His resurrection proved this. Our sin caused God's Son to suffer and die. By grace, through faith, we can benefit. Otherwise, we suffer eternally for staying with the cosmic rebellion that started in a perfect Garden long ago.

Yet, this blood-centered good news is a scandal to both those who believe and those who deny it. In fact, the Greek root word *skandalon* is used for Christ Himself.{3} You see, Jews denied Christ as the Promised One and Gentiles thought it was all nonsense. Nothing has changed for mankind: the choices are either do-it-yourself religion, being too smart for all that, or believing in this radical hope.

The Reason Someone Had to Die

Why did anybody have to die? God's justice and holiness demands a death penalty for the sinner.

We are all in a serious spiritual and moral pickle. Biblical Christianity declares that each person ever born is stuck under an irreversible "***sin***drome" for which there is no human answer. History sadly records the habitual and continual effects of sin: oppression, addictions, self-promoting power plays, deceit, war, on and on.

Now for a reality check: no moral order, either in a family, a company, military unit or society survives ambiguity or failure to enforce laws. Just ask the victims of unpunished criminals set loose to perpetrate again. If the Creator were to simply wink at sin or let people off scot-free, where would justice be? What kind of God would He be?

God is holy and He called Himself the Truth. There is no way God would be true to Himself and the moral order He created and yet fail to punish sin. Such impunity would mock justice. As one theologian puts it, "Pardon without atonement nullifies justice . . . A law without penalty is morally unserious, even dangerous."

Ok, but penalties have levels of harshness. Why is death necessary? Scripture spells out clearly the decree that sinners must die. In God's original command He stated, "When you eat of [the tree of the knowledge of good and evil] you

will surely die" (Genesis 2:17). In Ezekiel the same formula appears slightly reworded: "The soul who sins is the one who will die" (Ezekiel 18:4, 20). Paul boiled it down this way: "For the wages of sin is death" (Romans 6:23).

God's justice and holiness demand death for sin. Blood must be shed. Detractors of the cross tend to underestimate sin and know nothing of its offense to a holy God. Everyone wants justice—for others.

Ok, so what does a just and holy God do with impure, treasonous creatures He made to bear His image? God was in a quandary, if you will.

Yet, even in the Garden, He was already hinting at a plan to reconcile this dilemma. "God so loved the world" that he sent down His own Son as a man to pay the death penalty.{4}

Thomas Oden writes, "God's holiness made a penalty for sin necessary . . . Love was the divine motive; holiness [was] the divine requirement. [Romans 5:8 reads] 'God demonstrates His own love for us in this: While we were still sinners, Christ died for us'. [And as Romans 8 teaches,] This love was so great that God 'did not spare His own Son, but gave Him up for us all' (Romans 8:32)."{5}

Christ's Death and Resurrection Was Unlike Other Religious Stories: It Was All for Love

God's morally just demand for a death-payment is not the same as pagan gods, who maliciously demanded sacrifices. True for one big reason:

Isn't this crucifixion thing simply about a grouchy god acting all bloodthirsty, as some atheists like popular author Richard Dawkins say? Should good people find this repugnant? One unbelieving critic wrote,

> "Unfortunately, much of Christian art consists of depicting the sufferings and agony of Jesus on the Cross. This reflects the obsession of Christianity with the Crucifixion . . . "Crosstianity" [in the contemptuous words of one skeptic]. The obsession with 'our sins' having been 'washed away by the Blood of the Lamb' would be regarded as evidence of a serious mental illness . . . but when this is an obsession of millions of people it becomes 'religious faith'."{6}

Wow! Did you know that you, if you are a believer, are part of an insane global crowd? This vividly illustrates the scandal of the cross: "which is to them that are perishing foolishness" as the Apostle Paul described it.{7}

No, biblical sacrifice is not a bloodfest, but the way to deal with a sad reality. Put it this way: If God said, "Nah, don't worry about rebelling against your Creator," would that be a just and righteous God? Would a deity who fails to punish wrongdoing be worth following? Would His laws mean anything? Yet, we are unable to keep laws, so He steps in to pay that penalty. With His lifeblood. This storyline is utterly unique in the long human history of religions. And the resurrection Christians celebrate shows its truth in actual time and on this dirty earth.

Pagan myths of savior gods who rise from the dead have only a surface resemblance to the biblical resurrection. Such deities are more like impetuous and tyrannical people than the one and only Yahweh. The biblical God's love fostered the unthinkable: set up a sacrificial system for a one-of-a-kind people—the Israelites—that served as a foretelling of His *coup de grace*: dying in man's place as the spotless sacrificial Lamb. What a novel religious idea that only the true God could dream up! Theologian Thomas Oden says it this way: "It was God who was both offering reconciliation and receiving the reconciled."{8}

God's merging of perfect holiness, just retributive punishment

and allowance of His Son's execution was actually a beautiful thing. Francis of Assisi wrote that "love and faithfulness meet together [at the cross]; righteousness and peace kiss each other. Faithfulness springs forth from the earth, and righteousness looks down from heaven."{9}

But Why a Violent, Bloody Death?

I get that death was demanded of someone to pay for sin. So why a bloody suffering and execution? Why the constant shedding of blood?

Mel Gibson's *The Passion of the Christ* hit movie theaters in 2004 to mixed reviews. It earned its R-rating for gory bloodshed and, ironically, became a cultural scandal itself. Seems that the bloody realism was too much for both soft-core Christians and high-minded unbelievers. But this vividly poignant portrayal of Christ's blood-stained Passion did raise a good question.

When it came to saving mankind, why the shedding of blood? Could God not have found another way? Church Father Athanasius believed that, if there were a better way to preserve human free will and still reconcile rebellious man to a holy God, He would have used it. Apparently, Christ's suffering and death was the only solution.

The Apostle Paul summarized Christ's entire earthly ministry this way: He "humbled Himself and became obedient unto death" (Philippians 2:8). At the cross, "human hate did all the damage it could do to the only Son of God."{10} God used the realities available to Him, including the masterfully grim method of crucifixion, honed to a fine art by Roman pagans who viewed human life as dispensable.

Again, why is death demanded of God to atone for sin? The grounding for such a claim appears early in the Bible, after the murder of Abel by his brother Cain. In Genesis 9 Yahweh

declares, “I will require a reckoning . . . for the life of man. Whoever sheds the blood of man, by man shall his blood be shed, for God made man in His own image.”{11} Apparently, God has put the price of a man’s life as that of another’s life.

The highlight of Christ’s death was its substitutionary sense. The Apostle Peter wrote, “For Christ also died for sins once for all, the just for the unjust, so that He might bring us to God, having been put to death in the flesh, but made alive in the spirit.”{12} Justice, fairness, reality itself demanded a bloodguilt payment for sin. Christ paid it.

Substitutionary sacrifice was nothing new for the Jews who unwittingly had the Messiah crucified. From the beginning of God’s dealings with His people, agreements were blood covenants. What else could carry the weight of such momentous things? And, as the book of Hebrews teaches, **“**Indeed, under the law almost everything is purified with blood, and ***without the shedding of blood there is no forgiveness of sins.***“{13}

One theologian plainly said, “Through this sacrificial system, the people of Israel were being prepared for the incomparable act of sacrifice that was to come in Jesus Christ.”{14}

His suffering, death and resurrection conquered sin and neutered the fear of death. Only blood could clean sin; only God’s Son’s blood could do it perfectly and forever.

Here’s the scandal we spoke of: only a perfect sacrifice would do for washing mankind’s sins away and reconciling us back to God.

Beautiful Obsession: God Was Glad to Allow This Brutality for Us!

God said it was His pleasure to pay the death penalty with His own self*, in the Person of His son. Christianity’s so-called blood-obsession is a beautiful picture of perfect divine love.*

Theologian Thomas Oden summarized well our discussion of Christ's blood atonement. He wrote, "Love was the divine motive; holiness the divine requirement. 'God demonstrates His own love for us in this: While we were still sinners, Christ died for us' (Romans 5:8)."

Such claims trump the understandable disgust of doubters. But the red blood leads to clean white.

Chick-fil-A restaurant employees are trained to say, "My pleasure" when serving customers. Imagine God saying that to believers regarding the cross of Christ! Paul explains in his letter to the Colossian church that "it was the Father's good pleasure for all the fullness of deity to dwell in Him . . . having made peace *through the blood* of His cross . . . He has now reconciled you in His fleshly body through death . . ."{15}

God was glad to stand in as the essential scapegoat to restore us to right relations with Himself, to buy us back from slavery to sin, fear and death, and to abolish sin and its effects. This doesn't sound like a bloodthirsty tyrannical deity demanding a whipping boy or abusing his own child, as some acidly accuse. "My pleasure" brings in new dimensions of lovingkindness and servant-heartedness.

But wait, there's more! Scripture lists lots of wonderful effects created by the blood of Christ. These include forgiveness, propitiation or satisfaction of God's righteous wrath, justification or being made right, reconciliation with God, cleansing, sanctification, freedom from sin, and the conquest of Satan.

Yes, you could say that Christianity is blood-obsessed. As accused, even its hymns often focus on the benefits bought at the highest of prices: the life of the God-Man Himself. One famous hymn goes:

> For my pardon, this I see,

> Nothing but the blood of Jesus;
> For my cleansing this my plea,
> Nothing but the blood of Jesus.

This beautiful blood obsession finds its highest hope in Revelation. The following is a prophecy about persecuted believers:

> "These are the ones coming out of the great tribulation. They have *washed their robes and made them white in the blood of the Lamb* . . . For the Lamb in the midst of the throne will be their shepherd, and he will guide them to springs of living water, and God will wipe away every tear from their eyes."{16}

Maybe the revelations here are as crazy as skeptics say. The foolishness of God. We believe they are the most glorious story ever told.

Notes

1. Promotion at Amazon.com for *Obsessed with Blood: The Crazy Things Christians Believe*, Book 1, by Ex-Preacher.
2. 1 Peter 3:18, NASB.
3. Romans 9:33, 1 Corinthians 1:23, 1 Peter 2:8.
4. John 3:16.
5. Oden, Thomas, *Classic Christianity: A Systematic Theology* (New York: Harper Collins, 1987), 405.
6. Meyer, Peter, "Why I Am Not a Christian". Serendipity blog. Accessed 2-27-17, www.serendipity.li/eden/why_i_am_not_a_christian.htm.
7. 1 Corinthians 1:18.
8. Ibid., 414.
9. Ibid., 405.
10. Ibid., 389.
11. Genesis 9:4-6.
12. 1 Peter 3:18.
13. Hebrews 9:22-23, emphasis mine.

14. Oden, *Classic Christianity*, 413-414.
15. Colossians 1:19.
16. Revelation 7:14b-17, emphasis mine.

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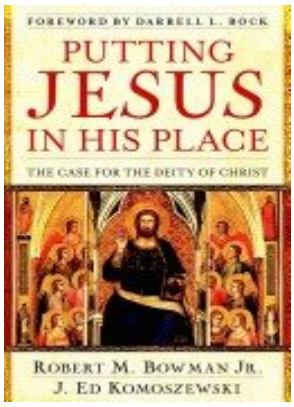
Jesus Is God: 5 Powerful Indicators That Reveal His Divine H.A.N.D.S

Don Closson explains the five lines of evidence that Jesus is God from the book Putting Jesus in His Place.

Jesus Shares the *Honor* Given to God



Defending the deity of Christ can be a source of anxiety for some believers. Perhaps it is because our defense often consists only of a couple of proof texts, which are quickly challenged by Jehovah's Witnesses and others. Even worse, some Christians themselves are troubled by passages that seem to teach that Jesus is something less than God, that He is inferior to the Father in some significant way. They are fine with Jesus being the suffering servant, the Messiah who died for our sins, but less sure of His role in creation or as a member of the triune everlasting "I Am" of the Old Testament.



A recent book by Robert Bowman and Ed Komoszewski titled *Putting Jesus in His Place* is a great confidence builder for those wrestling with this key doctrine. The book offers five lines of evidence with deep roots in the biblical material. The book is organized around the acronym H.A.N.D.S. It argues that the New Testament teaches that Jesus deserves the *honors* only due to God, He shares the *attributes* that only God possesses, He is given *names* that can only be given to God, He performs *deeds* that only God can perform, and finally, He possesses a *seat* on the throne of God.

Let's look at the first line of evidence for the deity of Christ: Jesus deserves the honor that should only be given to God. To honor someone is to acknowledge "their place in the scheme of things—to speak about them and to behave toward them in a manner appropriate to their status and position."{1} As creator of the universe, God deserves the highest level of honor and glory, since nothing can claim a higher degree of status or position. As a result, the Old Testament teaches that only God deserves the honor and glory that is part of human worship, and He will not share this honor with anything else. In Isaiah 42, God declares that "I am the LORD; that is my name! I will not give my glory to another or my praise to idols" (Isaiah 42:8).

So how does Jesus fit into this picture? In John 5, Jesus declares that the Father has entrusted judgment to the Son so that "all may honor the Son just as they honor the Father." He adds that "He who does not honor the Son does not honor the Father" (John 5:22, 23). Referring to his pre-existence with the Father before creation, Jesus says, "And now, Father, glorify me in your presence with the glory I had with you before the world began" (John 17:5). In these passages, Jesus is claiming the right to receive the same honor and glory due to the Father; in effect, He is claiming to be God in the same

way that the Father is God.

Jesus Shares the *Attributes* of God

If Jesus is honored in the New Testament in a manner reserved only for God, it follows that one who is given the honor and glory reserved for God is also worthy of worship. So it's not surprising that the book of Hebrews tells us that Jesus is to be worshipped by the angels or that in Matthew's Gospel the apostles worshipped him when he came to them walking on water (Hebrews 1:6; Matthew 14:33). Perhaps the most stirring image of Jesus being worshipped is in Revelation where every creature in heaven and on earth sing praises to the Father and to the Lamb, giving them both honor and glory and reporting that the four living creatures and the elders fell down and worshipped Him (Revelation 5:13-14).

The New Testament also teaches that Jesus shares divine attributes that only God possesses. When this claim is made, Muslims, Jehovah's Witnesses, and others protest by pointing out that Jesus exhibited the very human attributes of hunger, fatigue, and pain. This valid observation does not conflict with the traditional Christian teaching that Jesus possessed two essential natures—one divine and one human. There is no reason to assume that one set of attributes cancels out the other. It should be added that although Jesus shares a divine nature with the Father, He does not share the same properties within the Godhead or trinity. The Father sent Jesus into the world; Jesus died on the cross and assumed the role of our permanent high priest.

Jesus clearly states in John 14 that to see him is to see the Father; both are equally God (John 14:10). In Colossians, Paul goes to great lengths to argue that all of God's divine attributes are present in Christ. He writes that Jesus is "the image of the invisible God" and that ". . .God was pleased to have all his fullness dwell in him (Colossians 1:15, 19). He summarizes the same idea by adding that "in Christ all the

fullness of the Deity lives in bodily form" (Colossians 2:9). The writer of Hebrews concurs in the opening paragraph of that book, saying that "the Son is the radiance of God's glory and the exact representation of his being" (Hebrews 1:3).

Jesus shares the Father's attribute of pre-existing the created universe and His own physical incarnation. John's Gospel tells us that Jesus was with the Father in the beginning when the universe was created, and Paul adds that Jesus is before all things (John 1:1-3; Colossians 1:16-18). In other words, Jesus has always existed and is unchanging. He has been given all authority on heaven and earth (Matt. 28:18). He deserves the honor, praise, glory, and worship of all creation.

Jesus Shares the *Names* Given to God

Those who question the deity of Christ complain that the New Testament just doesn't teach it, that it doesn't come right out and say that Jesus is God. Is this really the case?

The New Testament uses two key words for God: *theos*, the general Greek word for deity, and *kurios,* usually translated as "lord." *Theos* is the word most often used to designate God the Father and is also used a number of times in direct reference to Jesus, especially in the Gospel of John. John begins his book with the familiar proclamation that Jesus, the Word, was with God (*theos*) in the beginning, and that the Word (Jesus) was God (*theos*). Later in the chapter, John adds that "No one has ever seen God, but God (*theos*) the One and Only, who at the Father's side, has made him known" (John 1:18). Jesus, the Word, is described by John as being with God in verse one, and at the Father's side in verse eighteen, and in both cases is given the title *theos* or God.

The Gospel John also contains the confession by Thomas that Jesus is his Lord (*kurios*), and God (*theos*). John makes sure that we understand that Thomas was talking about Jesus by

writing “Thomas said to Him,” that is, to Jesus, “’My Lord and my God.’”

Paul uses *theos* in reference to Jesus a number of times. In Romans 9:5 he describes Jesus as “Christ, who is God (*theos*) over all.” And in Titus he writes that we are waiting for our “blessed hope—the glorious appearing of our great God (*theos*) and Savior, Jesus Christ (2:13).” Peter portrays himself as a servant of Christ who is writing to those through whom “the righteousness of our God (*theos*) and Savior Jesus Christ have received a faith as precious as ours (2 Peter1:1).”

All four gospels begin with John the Baptist’s ministry of “preparing the way of the Lord” as fulfillment of Isaiah’s prophecy in Isaiah 40:3. The prophet wrote, “In the desert prepare the way for the LORD; make straight in the wilderness a highway for our God.” The Hebrew word translated LORD in this verse is the unspoken special word for God used by the Jews consisting of four consonants called the *tetragrammaton*. The New Testament Gospels are applying the word Lord to Jesus in the same way that the Old Testament referred to Yahweh as LORD.

Jesus Does the *Deeds* that Only God Can Do

It was universally recognized by the Jews of Jesus’ day that “God created the heavens and the earth (Genesis 1:1; cf. Isaiah 37:16).” So it might be surprising to some that the New Testament also gives Jesus credit for creation. Paul teaches in Colossians that Jesus created “all things.” To make sure that no one misunderstands his point, he adds that “all things” includes “things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by him and for him. He is before all things, and in him all things hold together” (Colossians 1:16-17). Paul wanted to be clear: Jesus is the creator God of the universe.

While Jesus' role in creation is enough to establish his divine nature, He also exhibited supernatural divine power during His ministry on earth. Unlike the Old Testament prophets and New Testament apostles, Jesus did not have to petition a higher power to heal or cast out demons. He had inherent divine power to accomplish his will. Other than giving thanks, Jesus did not pray before performing miracles. In fact, the apostles reported that some demons obeyed them only when they invoked Jesus' name. There were a number of occasions when Jesus realized that power had gone out from Him even without His intention to heal (Luke 6:19; Mark 5:30; Luke 8:46).

Jesus not only healed and cast out demons, but also had direct power over nature. When the disciples were frightened on a boat, He "rebuked the winds and the waves, and it was completely calm" (Matthew 8:26). When thousands were following him without food, He fed them miraculously (Matthew 14:20-21).

The New Testament teaching that salvation is possible through Jesus Christ alone would also have serious implications for Jewish readers. The Old Testament teaches that God is the only source of salvation. For instance, Psalm 62 teaches that "My soul finds rest in God alone; my salvation comes from Him. He alone is my rock and my salvation." How then does one explain the numerous references claiming Jesus to be the source of salvation? Matthew points out that Mary will call her son Jesus because he will save his people from their sins (Matthew 1:21). Jesus declares of himself that "God did not send his Son into the world to condemn the world, but to save the world through Him (Jn. 3:17)." There are also instances where Jesus directly forgives the sins of individuals, thus attracting hostile attention from the Jews (Luke 7:47-49; Mark 2:5-7).

The Psalmist writes that it is the Lord God "who will redeem Israel from all its iniquities" and that "Salvation belongs to the Lord." John summarizes nicely when he writes, "Salvation belongs to our God who is seated on the throne, and to the

Lamb!”

Jesus Has a *Seat* on God’s Throne

Our last line of argument for the deity of Jesus Christ refers to his claim to have a place on the very throne of God. From this throne, Jesus rules over creation and will judge all of humanity. He literally possesses all authority to rule.

Jesus made this claim clear during His questioning by the high priest Caiaphas the night of his capture. Caiaphas asked him, “Are you the Christ, the Son of the Blessed One?” (Mark 14:61). If Jesus wasn’t God, this would have been a great opportunity for Him to clear up any misconceptions. But instead of denying His divinity, Jesus says “I am,” admitting to being God’s unique Son, and goes on to say, “you will see the Son of Man sitting at the right hand of the Mighty One and coming on the clouds of heaven” (Mark 14:62). The high priest’s response was dramatic; he tore his clothes and declared that those present had heard blasphemy from the lips of Jesus. They understood that Jesus was making a direct claim to being God, for only God could sit on the throne of the mighty one.

In His response to the high priest, Jesus draws from a number of Old Testament passages. The book of Daniel describes this “Son of Man” as having an everlasting dominion that will never be destroyed (Daniel 7:13-14). The passage adds that the Son of Man has been given authority to rule over all people and nations, and that men of every language will worship him. He is also described as coming with the clouds of heaven, imagery that is used a number of times in the Old Testament to indicate divine presence. Exodus describes a pillar of cloud that designated God’s proximity to the Jews, while the book of Psalms and the prophet Isaiah both picture God riding on clouds in the heavens (Psalm 104:3; Isaiah 19:1). The point here is that Jesus is connecting Himself to this “Son of Man” who will sit at the right hand of the Father, have everlasting

dominion and authority, and will be worshipped by all men. This kind of language can only be used to describe God.

The New Testament makes it clear that there is nothing not under the authority and power of Jesus. John writes that the Father put all things under His power (John 13:3). Paul adds that the Father seated Jesus at His right hand in the heavenly realms, far above all rule and authority and power and dominion and above every name that is named (Ephesians 1:20-21). Jesus sits on the judgment seat, He sent the Holy Spirit, He forgives sinners, and is our perfect eternal high priest (2 Corinthians 5:10; Acts 2:33; 7:59-60; Hebrews 7-10).

The New Testament provides multiple lines of evidence to make the case that Jesus is God. The only question remaining is whether or not we will worship him as a full member of the triune Godhead, the only eternal, self-existing, creator God of the universe.

Note

1. Robert M. Bowman and J. Ed Komoszewski, *Putting Jesus In His Place* (Grand Rapids: Kregel, 2007), 31.

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When You Can’t Forgive Yourself

“I know that God forgives me, but I can’t forgive myself.”

Lots of people find themselves trapped in self-recriminations, overwhelmed by regret and sorrow for things they have done (or not done). They beat themselves up, often secretly hoping this

will make up for their sin. But they can’t get past it.

You can read the Bible from cover to cover and not find a single instruction on forgiving oneself. That’s because it’s not there.

We don’t have the power to forgive ourselves. It’s like trying to separate ourselves from our shadow.

As I understand it, this idea comes from humanistic psychology. For millennia, people have recognized the freedom and beauty that comes from being forgiven and released from bad things we have done. But what do you do when you leave God, the ultimate Forgiver, out of the picture? Either because of not believing in Him, or because of ignoring Him, but you still need forgiveness?

Forgive yourself?

What does that look like? Looking in the mirror and declaring, “OK, I forgive you”? That usually doesn’t work—those are empty words.

We need, instead, to look to the Lord and receive His gift of forgiveness. For every wrong (or even dumb) thing we have ever done, Jesus says, “I died for that. I paid for that with My life.”

The thing about forgiveness is that since we are the image of a just God, our souls cry out for justice, which pretty much means that in order for things to be made right, “Somebody’s got to PAY!” And Jesus did pay, with His life, on the cross. His last words were, “It is finished—it is paid in full.”

So instead of focusing on forgiving ourselves, we need to focus on Jesus and thank Him for His incredible gift of taking our sin off us and onto Himself. Thank Him over and over, until the truth soaks down deep into our hearts and we own it as true.

For a lot of people, there is a stain of shame that weighs heavy on their heart. They may even embrace the truth that God has forgiven them, but they still *feel* guilty. And that's why they say, "I guess I just can't forgive myself."

First John 1:9 offers us two magnificent promises: If we confess our sins (that means to agree with God that what we did was wrong), He is faithful and just to **forgive** us our sins and **cleanse** us from all unrighteousness. When God forgives us of a sin, He sends it away (that's what biblical forgiveness means) forever. He takes it off our account and puts it on Jesus' account. But that's not all. He also cleanses us with the purifying power of Jesus' blood, which removes the stain of sin and shame.

But our culture elevates feelings to the level of an idol, and it's easy for us to say, "Well, that may be what the Bible says, but I'm not feeling it. So it must not be real. Or it's true for other people but not me."

If God says it, it's true. So the way to overcome the faulty thinking and feeling is to repeat (daily is a good plan), "Lord, Your word says that if I confess my sins, and You know I have, You are faithful and just to forgive me and cleanse me from all unrighteousness. I thank You for cleansing me even if my feelings haven't caught up to reality. I choose to receive Your forgiveness and Your cleansing, especially since it cost You Your life, Lord Jesus."

Repetition is often the key to allowing truth to soak down into our hearts and minds.

But some will still say, "Well, God may forgive me, and maybe Jesus paid for my sin on the cross, but I still just can't forgive myself."

Let me reframe what that may mean.

"Well, God may forgive me, but He's God so He has to. I am

clinging to the guilt and shame, and I'm going to keep beating myself up because that's all I know. I have to pay for it somehow."

Taking that position is saying, "Jesus, my sin may have cost You Your life, but it wasn't enough. I have to add to it with self-condemnation. My standard is higher than Yours because I'm that kind of holy."

Whoa.

In that case, wise people have suggested that instead of focusing on the sin one can't forgive themselves for, the right next step is to repent of what is actually pride and arrogance before the Lord. As author Randy Alcorn says, refusing to humbly receive God's forgiveness as enough is "making ourselves and our sins bigger than God and His grace."

Romans 8:1 is one of the most glorious promises in scripture: "There is therefore now no condemnation for those who are in Christ Jesus." If God doesn't condemn us, we have no right to disagree with Him and condemn ourselves.

The bottom line for those who are stuck in not forgiving themselves? Stop trying to do what you can't. Receive the amazing gift of God's forgiveness, which cost Him everything, and start thanking Him over and over for setting you free and cleaning you up from the inside out.

This blog post originally appeared at blogs.bible.org/when-you-cant-forgive-yourself/ on Sept. 19, 2023.

The Value of Christian Doctrine and Apologetics

Dr. Michael Gleghorn makes a case for why Christian doctrine and apologetics are important for spiritual growth and maturity.



Just prior to beginning college, I committed my life to Christ. Naturally, as a new believer wanting to grow in my faith, I embarked upon a program of daily Bible reading. When I came to Paul's letter to Titus in the New Testament, I was both struck and inspired by a particular command, which I found nestled among others, there in the first chapter.

Paul reminded Titus, whom he had left on the island of Crete, that he wanted him to "straighten out what was left unfinished and appoint elders" in the local churches which had been established (Titus 1:5). After listing various spiritual and moral qualifications that an elder was to have, Paul went on to insist that he must also "hold firmly to the trustworthy message as it has been taught, so that he can encourage others by sound doctrine and refute those who oppose it" (Titus 1:9). When I first read those words, it was as if a light went on inside my head and I thought, "That's exactly what I would like to do! I want to be able to 'encourage others by sound doctrine and refute those who oppose it'" (Titus 1:9). Paul's words thus encouraged me to take up, in a serious way, the study of Christian doctrine and apologetics.

But what exactly do I mean by "Christian doctrine" and "apologetics"? At its most basic level, Christian doctrine is essentially the same thing as Christian teaching. Such teaching aims at providing a logically consistent and "coherent explication of what the Christian believes."{1} Apologetics is a bit more complicated. It comes from the Greek

term, *apologia*, and means "defense." It was often used in law courts in the ancient world.{2} Indeed, the book of Acts records several instances in which the Apostle Paul was called upon to "make a defense" of himself before various governing authorities, like Felix, Festus, and Agrippa (e.g., Acts 24:10; 25:8; 26:1-2).

Of course, when we're talking about *Christian* apologetics, we're concerned with "making a defense" of the truth-claims of Christianity. The Apostle Peter tells us, "Always be prepared to make a defense to any one who calls you to account for the hope that is in you, yet do it with gentleness and reverence" (1 Peter 3:15). Christian doctrine and apologetics play an important role in the life and health of the church. So please keep reading as we delve more deeply into these issues.

The Value of Christian Doctrine

Why is Christian doctrine important for the life and health of the church? The Apostle Paul told Titus that he wanted him to appoint elders in the local church who would be able to "encourage others by sound doctrine and refute those who oppose it" (Titus 1:9). The teaching of sound Christian doctrine is important for several reasons, but for now let me simply mention two. First, sound Christian doctrine helps us to learn what is true about both God and ourselves. Second, it reminds us of the right way to live in light of such truths. And both of these are essential for the life and health of the church.

First, it's important to know what is true about God and ourselves. Indeed, our eternal destiny depends on it! Not only must we know that God is holy and righteous and will punish all sin, we must also realize that we are sinners (Numbers 14:18; Romans 3:23). But this, in itself, would lead to despair. Hence, we must also understand that God loves us and sent his Son to be the Savior of the world (John 3:16; 1 John

4:14). We need to grasp that
forgiveness and reconciliation with God are freely available to those who turn to Christ in repentance and faith (Acts 3:19; 16:31). Sound Christian doctrine is thus essential for salvation (John 14:6; Acts 4:12; 1 John 5:9-13; 2 John 1:9). Without it, true spiritual life and health is impossible.

But this does not exhaust the importance of Christian doctrine. For once we are saved through faith in Christ, God then calls us to grow up and become like his Son—and this would be exceedingly difficult apart from instruction in sound Christian doctrine. As Christian philosopher Bill Craig observes, "If we want to live correctly for Christ . . . we need to first think correctly about Christ. If your thinking is skewed and off-base, it is going to affect your life and your Christian discipleship."{3} Indeed, the Apostle Paul contrasts Christian *maturity*, characterized by genuine "knowledge of the Son of God," with spiritual *immaturity*, characterized by a lack of such knowledge and a proneness to being deceived (Ephesians 4:13-14).

God calls us to Christian maturity—and instruction in Christian doctrine plays an important role in our spiritual growth. But there is also a role for Christian apologetics—and we must now turn to consider that.

A Defense of Christian Apologetics

Many people question the value of Christian apologetics for the life and health of the church.{4} They contend that it's impossible to "argue" anyone into becoming a Christian. Instead of making a defense for the truth of Christianity, we ought rather to invest our limited resources in preaching the gospel of Christ, trusting that God will open people's hearts and draw them to himself.

Now while I certainly agree that we should be preaching the

gospel, and trusting that God will use it to draw men and women to himself, this negative view of apologetics is frankly unbiblical, untrue, and shortsighted.

In the first place, such a view is unbiblical. Both Jesus and the Apostle Paul used arguments and evidence to convince their listeners of particular theological truths (Matthew 22:15-46; Acts 17:16-34). Moreover, the
Apostle Peter tells us to always be ready to "make a defense" (or offer an apologetic) to those who ask about our hope in Christ (1 Peter 3:15). A negative view of Christian apologetics thus runs counter to the teaching of Scripture.

Second, it's simply untrue that no one ever comes to Christ through apologetic arguments and evidence.{5} Indeed, sometimes the Holy Spirit actually uses arguments and evidence to draw people to Christ!{6} And while such people may admittedly be in the minority, they can be extremely influential in commending the faith to others, for they are often prepared to offer good reasons for believing that Christianity is really true!

Finally, a negative view of Christian apologetics is shortsighted. The great theologian J. Gresham Machen argued that we should aim to create "favorable conditions for the reception of the gospel." Along these lines, he noted the difficulty of attempting to do evangelism once we've given up offering an intellectually credible case for the truth of Christianity. "We may preach with all the fervor of a reformer," he said, "and yet succeed only in winning a straggler here and there, if we permit the whole collective thought of the nation . . . to be controlled by ideas which . . . prevent Christianity from being regarded as anything more than a harmless delusion."{7} Machen understood that neglecting apologetics is shortsighted. For unless we offer arguments and evidence, we make it that much easier for people to simply shrug their shoulders and continue ignoring

Christianity's truth-claims.

Having now dismantled the arguments *against* apologetics, we'll next consider its *benefits* for the life and health of the church.

The Value of Christian Apologetics

Christian apologetics is concerned to offer a robust defense for the truth of Christianity. Hence, training in Christian apologetics can be of great value for the life and health of the church. This is because such training helps to instill within believers a deep confidence that Christianity is really true. And when one becomes convinced that Christianity is really true, one is typically more likely to share one's faith with others—and less likely to abandon the faith when confronted with various social, cultural, and intellectual pressures.

Let's consider that first point, that when one becomes convinced of Christianity's truth, one is more likely to share this truth with others. Many Christians admit to being hesitant about sharing their faith because they're afraid someone will ask them a question that they are ill-prepared to answer.{8} Training in apologetics can help counteract this fear. Granted, one may still be asked a question that is difficult to answer. But apologetics training can help alleviate the fear associated with such situations by helping believers understand that good answers are available—even if they can't remember what those answers are! To give an illustration, if I learn that there is excellent evidence that a particular drug can cure some disease, then I will be far more confident about sharing this fact with others—even if I can't answer all their questions about *how* the medicine works. I may not remember exactly *how* it works, but I do know that there is very good evidence *that* it works. And knowing this, I will naturally be more confident telling others about it, even

if I can't answer all their questions about how or why.

Moreover, training in apologetics can help insulate believers from abandoning the faith, for they now know that there are good reasons to believe that Christianity is really true. Of course, most people who abandon the faith do so for *non*-intellectual reasons. Still, as Paul Chamberlain observes, "A number of vocal critics who have moved from Christianity to atheism cite intellectual difficulties with Christianity" as a prime reason for quitting the faith.{9} While apologetics training can't completely prevent such outcomes, it can make them less likely. After all, it's far more difficult to abandon a view once you've become sincerely convinced of its truth.

Our Witness to the World

Over a hundred years ago, the theologian J. Gresham Machen forcefully argued that, for the faithful Christian, all of life—including the arts and sciences and every sphere of intellectual endeavor—must be humbly consecrated to the service of God.{10} Indeed, this should be true not only for every individual Christian in particular, but for the entire church in general. Our witness to the world depends on it.

Machen wrote:

> Christianity must pervade not merely all nations, but . . . all of human thought. The Christian, therefore, cannot be indifferent to any branch of earnest human endeavor. It must all be brought into some relation to the gospel. It must be studied either in order to be demonstrated as false, or else in order to be made useful in advancing the Kingdom of God. . . . The Church must seek to conquer not merely every man for Christ, but also the whole of man.{11}

In this article, we've been considering the importance of Christian doctrine and apologetics for the life and health of

the church. And clearly, Machen's proposal cannot be effectively implemented apart from a healthy understanding of these issues on the part of the church. After all, how can "all of human thought" be brought "into some relation to the gospel" unless we first understand what the gospel is? How can views "be demonstrated as false" unless we first have some idea of what's true—and how to reason correctly about it? How can views "be made useful in advancing the Kingdom of God" unless we first understand such views, along with how and why they can be useful in advancing God's kingdom? If we are ever to have a hope of carrying out a project like this, in a manner that is both practically effective and faithful to our God, then sound Christian doctrine and apologetics must occupy a central role in our endeavors.

Christian doctrine and apologetics are not antithetical to the life and health of the church. They are rather of fundamental importance. Only by knowing what we believe, and why it's really true, can we fulfill Peter's injunction to always be ready "to make a defense" to anyone who asks about our hope in Christ (1 Peter 3:15). And only thus can we progress to true spiritual maturity, avoiding the "craftiness of men in their deceitful scheming" (Ephesians 4:13-14). So if we care about the life and health of the church—along with its witness to the world—we must encourage a healthy dose of respect for sound Christian doctrine and apologetics.

Notes

1. Molly Marshall-Green, "Doctrine," in *Holman Bible Dictionary*, gen. ed. Trent C. Butler (Nashville: Holman Bible Publishers, 1991), 374.
2. Steven B. Cowan, "Introduction," in *Five Views on Apologetics*, ed. Steven B. Cowan (Grand Rapids, MI: Zondervan, 2000), 8, Kindle.
3. William Lane Craig, "Foundations of Christian Doctrine (Part 1)," *Reasonable Faith*, October 22, 2014, accessed August 22, 2018,

www.reasonablefaith.org/podcasts/defenders-podcast-series-3/s3-foundations-of-christian-doctrine/foundations-of-christian-doctrine-part-1/.
4. Many of the points made in this section are indebted to the discussion in William Lane Craig, "Foundations of Christian Doctrine (Part 2)," Reasonable Faith, October 29, 2014, accessed August 29, 2018, www.reasonablefaith.org/podcasts/defenders-podcast-series-3/s3-foundations-of-christian-doctrine/foundations-of-christian-doctrine-part-2/.
5. See, for example, the "Testimonials" section of the Reasonable Faith website, accessed August 29, 2018, www.reasonablefaith.org/testimonials.
6. William Lane Craig, *Reasonable Faith: Christian Truth and Apologetics*, 3rd ed. (Wheaton, IL: Crossway Books, 2008), 192.
7. J. Gresham Machen, "Christianity and Culture," *Princeton Theological Review* 11 (1913): 7.
8. Indeed, entire books have been written to help believers feel better prepared for such conversations. See, for example, Mark Mittelberg, *The Questions Christians Hope No One Will Ask: (With Answers)* (Tyndale, 2010).
9. Paul Chamberlain, "Why People Stop Believing," *Christian Research Journal* 41, no. 4:11.
10. Machen, "Christianity and Culture," 5.
11. Ibid., 6.

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Prophecies of the Messiah

Dr. Michael Gleghorn argues that the Bible contains genuine prophecies about a coming Messiah that were accurately fulfilled in the life, ministry, death and resurrection of

Jesus.

The Place of His Birth

Biblical prophecy is a fascinating subject. It not only includes predictions of events that are still in the future. It also includes predictions of events that were future at the time the prophecy was given, but which have now been fulfilled and are part of the past. This latter category includes all the prophecies about a coming Messiah that Christians believe were accurately fulfilled in the life, ministry, death, and resurrection of Jesus. If the Bible really does contain such prophecies, then we would seem to have evidence that's at least consistent with the divine inspiration of the Bible. One can see how an all-knowing God could accurately foretell the future, but it's not clear how a finite human being could do so. Thus, if there are accurately fulfilled prophecies in the Bible, then we have yet another reason to believe that the biblical worldview is true.



Let's begin with a prophecy about the Messiah's birthplace. "Messiah" is a Hebrew term that simply means "anointed one." When translated into Greek, the language of the New Testament, the term becomes "Christ." Christians believe that Jesus is the Christ, the Messiah promised in the Hebrew Scriptures (see Mark 14:61-62).

In Micah 5:2 we read, "But you, Bethlehem Ephrathah, though you are small among the clans of Judah, out of you will come for me one who will be ruler over Israel, whose origins are from of old, from ancient times." This prophecy was given in the eighth century B.C., more than seven hundred years before the birth of Jesus!

Notice, first, that it refers to a future ruler who will come from the town of Bethlehem. When King Herod, shortly after Jesus' birth, asked the Jewish religious leaders where the Christ (or Messiah) was to be born, they told him that he was to be born in Bethlehem and cited this verse from Micah as support (Matt. 2:1-6). Both Matthew and Luke confirm that Jesus was born in Bethlehem (Matt. 2:1 and Luke 2:4-7). So He clearly meets this necessary qualification for being the promised Messiah.

But that's not all. Micah also says that the origins of this ruler are "from of old, from ancient times." How should we understand this? One commentator notes, "The terms 'old' . . . and 'ancient times' . . . may denote 'great antiquity' as well as 'eternity' in the strictest sense."{1} Dr. Allen Ross states, "At the least this means that Messiah was pre-existent; at the most it means He is eternal."{2} Micah's prophecy thus suggests that the Messiah will be a supernatural, perhaps even divine, person. And this astonishing conclusion is precisely what Jesus claimed for Himself!{3}

The Time of His Appearing

Let's now consider a fascinating prophecy that, in the opinion of many scholars, tells us when the Messiah would make His appearance. It's found in Daniel 9.

Daniel was one of the Jewish captives who had been brought to Babylon by King Nebuchadnezzar. The prophecy in Daniel 9 was given in the sixth century B.C. While much can be said about this passage, we must focus on a few important points.

To begin, verse 24 gives us the time parameters during which the prophecy will unfold. It reads, "Seventy 'sevens' are decreed for your people and your holy city to finish transgression, to put an end to sin," and so on. Although we

can’t go into all the details, the ‘seventy ‘sevens'” concern seventy distinct seven-year periods of time, or a total of 490 years.

Next, verse 25 tells us that from the issuing of a decree to rebuild Jerusalem until the coming of the Messiah, there will be a total of sixty-nine “sevens,” or 483 years. There are two views we must consider. The first holds that this decree was issued by the Persian ruler Artaxerxes to Ezra the priest in 457 B.C.{4} Adding 483 years to this date brings us to A.D. 27, the year many scholars believe Jesus began His public ministry! The second view holds that the reference is to a later decree of Artaxerxes, issued on March 5, 444 B.C.{5} Adding 483 years to this date takes us to A.D. 38. But according to this view, the years in question should be calculated according to a lunar calendar, consisting of twelve thirty-day months.{6} If each of the 483 years consists of only 360 days, then we arrive at March 30, 33 A.D. Dr. Allen Ross says “that is the Monday of the Passion week, the day of the Triumphal entry of Jesus into Jerusalem.”{7} The views thus differ on the date of Jesus’ death, but each can comfortably fit the evidence.{8}

Finally, verse 26 says that after the period of sixty-nine “sevens” the Messiah will be “cut off” and have nothing. According to one scholar, “The word translated ‘cut off’ is used of executing . . . a criminal.”{9} All of this fits quite well with the crucifixion of Jesus. Indeed, the accuracy of this prophecy, written over five hundred years before Jesus’ birth, bears eloquent testimony to the divine inspiration and truth of the Bible.

The Nature of His Ministry

In Deuteronomy 18:15 Moses told the Israelites, “The LORD your God will raise up for you a prophet like me from among your own brothers. You must listen to him.” This verse promised a

succession of prophets who would speak God's words to the people. Ultimately, however, it refers to Jesus Christ. One commentator notes that the Messianic interpretation of this passage is mentioned not only in the New Testament, but also among the Essenes, Jews, Gnostics, and others.{10} Peter explicitly applied this passage to Jesus in one of his sermons (Acts 3:22-23).

But not only was the Messiah to be a great prophet, it was also foretold that he would be a priest and king as well. The prophet Zechariah was told to make a royal crown and symbolically set it on the head of Joshua, the high priest. The Lord then said, "Here is the man whose name is the Branch . . . he will . . . sit and rule on his throne. And . . . be a priest on his throne. And there will be harmony between the two" (Zechariah 6:12-13). 'The title "Branch" is a messianic title."{11} So the scene symbolizes the future Messiah, here referred to as "the Branch," uniting the offices of king and priest in one person.

But why is it important that the Messiah be a priest? As a prophet he speaks God's word to the people. As a king he rules from his throne. But why must he also be a priest? "Because priests dealt with sin," says Michael Brown, a Christian scholar who is ethnically Jewish. "Priests bore the iniquities of the people on their shoulders."{12} And this, of course, is precisely what Jesus did for us: "He . . . bore our sins in his body on the tree" (1 Pet. 2:24).

Dr. Brown points to a tradition in the Talmud that says that on the Day of Atonement there were three signs that the animal sacrifices offered by the high priest had been accepted by God. According to this tradition, in the forty years prior to the temple's destruction in A.D. 70, all three signs turned up negative every single time.{13} Dr. Brown comments, "Jesus probably was crucified in A.D. 30, and the temple was destroyed in A.D. 70."{14} So during this forty-year period God signaled that he no longer accepted these sacrifices. Why?

Because final atonement had been made by Jesus![15]

The Significance of His Death

Without any doubt, one of the most astonishing prophecies about the promised Messiah is found in Isaiah 52-53. The verses were written about seven hundred years before the birth of Jesus. They largely concern the death of the Lord's "Suffering Servant." According to many scholars, a careful comparison of this passage with the Gospels' portrayal of Jesus' suffering and death reveals too many similarities to be merely coincidental.

In some of the most-cited verses from this intriguing passage we read: "He was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed. We all, like sheep, have gone astray, each of us has turned to his own way; and the Lord has laid on him the iniquity of us all" (Isa. 53:5-6). Here we have a vivid depiction of substitutionary atonement. The Lord lays upon His servant "the iniquity of us all" and punishes him "for our transgressions." In other words, God's servant dies as a substitute in our place. This is precisely what Jesus claimed for himself, saying, "the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many" (Mark 10:45).

The parallels between Isaiah's "Suffering Servant" and Jesus are certainly impressive. But some scholars have suggested that Isaiah's "servant" is actually the nation of Israel and not the Messiah. Dr. Michael Brown dismisses this notion however, insisting that 'nowhere in the . . . foundational, authoritative Jewish writings do we find the interpretation that this passage refers to the nation of Israel. References to the servant as a people actually end with Isaiah 48:20."[16] What's more, he says, "Many . . . Jewish

interpreters . . . had no problem seeing this passage as referring to the Messiah . . . By the sixteenth century, Rabbi Moshe Alshech said, 'Our rabbis with one voice accept and affirm . . . that the prophet is speaking of the Messiah, and we shall . . . also adhere to the same view.'"{17}

For his part, Dr. Brown is so convinced that this passage prophetically depicts the suffering and death of Jesus that he feels "as if God would have to apologize to the human race and to the Jewish people for putting this passage into the scriptures" if Jesus is not the one in view!{18} Although this is a strong statement, it's not unjustified. For Isaiah 53 not only foretells the death of God's servant for the sins of the people, it also implies his resurrection!

The Mystery of His Resurrection

In the opinion of many scholars, Isaiah 53 not only foretells the death of God's servant; it also implies his resurrection from the dead!

It's important to notice that Isaiah 53 makes it absolutely clear that the Messiah is put to death. It says that "he was cut off from the land of the living" (v. 8), and that 'he poured out his life unto death" (v. 12). On the other hand, however, it also says that 'he will see his offspring and prolong his days" (v. 10), and that after his suffering "he will see the light of life and be satisfied" (v. 11). So the text teaches both that the Messiah will die and that he will live again. And although the passage doesn't explicitly teach the Messiah's resurrection, it's certainly consistent with it. This is really staggering in light of the compelling historical evidence for the death and resurrection of Jesus!{19}

Let's now pause to consider what we've learned in this brief article. Micah 5:2 teaches that the Messiah would come out of

Bethlehem, the birthplace of Jesus. Also, by teaching the preexistence, or even eternality, of the Messiah, the prophecy suggests that he'll be a supernatural, possibly even divine, figure. In Daniel 9:24-27 we saw that the Messiah would appear to Israel sometime around A.D. 27 – 33, precisely the time of Jesus' public ministry! Deuteronomy and Zechariah teach that the Messiah would minister as prophet, priest, and king. As a prophet, Jesus spoke God's word to the people. As a priest, he offered himself as a perfect sacrifice for our sins. And while he didn't reign as king during his first advent, he was called "the king of the Jews" (Matt. 27:11, 37). And Christians believe that he's in some sense reigning now from heaven and that he'll one day reign on earth as well (Luke 1:32-33). Finally, Isaiah 53 teaches that the Messiah would die for our sins—and then somehow live again. This is consistent with the New Testament's record of Jesus' substitutionary death and bodily resurrection.

Of course, we've not been able to consider all the prophecies. But hopefully enough has been said to conclude with Dr. Brown that if Jesus isn't the Messiah, "there will never be a Messiah. It's too late for anyone else. It's him or no one."{20} Well, you've now heard the evidence; the verdict is up to you.

Notes

1. Thomas E. McComiskey, "Micah," in *The Expositor's Bible Commentary*, ed. Frank E. Gaebelein, vol. 7 (Grand Rapids: Zondervan Publishing House, 1985), 427.
2. Allen Ross, "Messianic Prophecies," at www.bible.org/page.php?page_id=2764. Accessed on September 6, 2007.
3. See, for example, Matthew 11:27; John 8:58 and 10:30.
4. Gleason L. Archer, Jr., "Daniel," in *The Expositor's Bible Commentary*, ed. Frank E. Gaebelein, vol. 7 (Grand Rapids: Zondervan Publishing House, 1985), 114. See also Ezra 7:11-26.
5. J. Dwight Pentecost, "Daniel," in *The Bible Knowledge*

Commentary: Old Testament, eds. John F. Walvoord and Roy B. Zuck (Colorado Springs, CO: Victor Books, 1985), 1362. See also Nehemiah 2:1-8.
6. See, for example, the discussion in Ross, "Messianic Prophecies," at www.bible.org/page.php?page_id=2764. Accessed on September 6, 2007.
7. Ibid.
8. The first holds that He was crucified in A.D. 30, the second in A.D. 33.
9. Pentecost, "Daniel," 1364.
10. Earl S. Kalland, "Deuteronomy," in *The Expositor's Bible Commentary*, ed. Frank E. Gaebelein, vol. 3 (Grand Rapids: Zondervan Publishing House, 1992), 122.
11. F. Duane Lindsey, "Zechariah," in *The Bible Knowledge Commentary: Old Testament*, eds. John F. Walvoord and Roy B. Zuck (Colorado Springs, CO: Victor Books, 1985), 1558. See also Zechariah 3:8.
12. Michael Brown, interviewed in Lee Strobel, *The Case for the Real Jesus* (Advance Reader Copy) (Grand Rapids, Michigan: Zondervan, 2007), 199.
13. See Babylonian Talmud, Yoma 39a.
14. Brown, interviewed in Strobel, *The Case for the Real Jesus*, 201.
15. Ibid.
16. Ibid., 213.
17. Ibid.
18. Ibid., 212.
19. For a defense of this important claim, please see some of the excellent articles by William Lane Craig at www.reasonablefaith.org. For more scriptural support, please compare Peter's sermon in Acts 2:22-36 with Psalm 16:8-11.
20. Brown, interviewed in Strobel, *The Case for the Real Jesus*, 203.

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Truth You Can Sing About – Part 3

Probe radio producer Steven Davis provides spiritual truth in five Christmas carols, backed by new music written and performed by his son Jon Clive Davis.

Coventry Carol



Songs about Jesus' birth have been close friends with Christmas for generations, but when's the last time you thought about the great truth found in these Christmas hymns and carols? In this article we're highlighting five Christmas songs, and first up is *Coventry Carol*.

Herod the King in his raging charged he hath this day,
His men of might in his own sight all children young to slay…

Following a star, Magi arrive in Jerusalem, and ask Herod where they can find this new born King of the Jews. Herod rouses his biblical scholars to research this, and they find in Micah (5:2):

> But as for you, Bethlehem . . . too little to be among the clans of Judah,
> from you One will go forth for Me to be ruler in Israel.
> His goings forth are from long ago, from the days of eternity.

This King was a much bigger deal than Herod ever would be. Still, Herod chooses to inform the Magi, encouraging them to return and tell him where they found this King, so that he too could "Worship Him (Matthew 2:8)."

But God knowing his heart, warns the Magi to return home another way. When Herod found out he was furious, and instructed his soldiers to kill all the baby boys two years old and younger. A second prophecy is fulfilled from Jeremiah: “A voice was heard in Ramah, weeping and great mourning, Rachel weeping for her children; and she refused to be comforted, because they were no more.” (31:15)

It was this event which stirred the writing of the hauntingly beautiful *Coventry Carol*. Even though this is a dark and tragic theme, we need to know and to feel the entire context surrounding the birth of Christ.

One child born, and who knows how many dozens, if not hundreds, were slaughtered.

2000 years later, few would respond to Christ as Herod did; but to even do something as “harmless” as ignore Him, places you at eternal risk. So, how do you respond to the Christ?

In the Bleak Midwinter

Enough for Him, whom Cherubim worship night and day,
a breastful of milk and a mangerful of hay;
Enough for Him, whom Angels fall down before,
the ox and ass and camel which adore.

The third verse speaks to something we often forget, especially when it comes to applying it. The Christmas narratives from the Gospels, prophecies and subsequent teaching speak plainly and forcefully to the deity and humility of Christ. The Apostle Paul explains it well:

> Though he was God, he did not think of equality with God as something to cling to. Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being. When he appeared in human form, he humbled himself in obedience to God and died a criminal’s death on a cross. (Philippians 2: 6-8 NLT)

Jesus Christ gives us the greatest example of a life of humility, first by laying aside His “divine privileges,” then humbled Himself further by dying for our sins on the cross. Going from the non-stop worship of the cherubim to mother’s milk and a bed of hay was entirely within His character. As was the stark contrast between angels falling prostrate before Him to simple barnyard beasts adoring Him.

Perhaps God’s greatest goal for your life and for mine is to make us like Jesus. Paul tells us in Romans: “For those whom he foreknew he also predestined to be conformed to the image of his Son.” (Romans 8:29) So do you think humility would be part of that process for us? Of course.

The author of the song Christina Rossetti wraps up her verses with an application:

Yet what I can I give Him, give my heart.

Humility is what brings us to Christ. Will you give your heart to Him this Christmas?

God Rest Ye Merry, Gentlemen

God rest ye merry, gentlemen, let nothing you dismay,
Remember Christ our Savior was born on Christmas Day,
To save us all from Satan’s power when we were gone astray.
O tidings of comfort and joy, comfort and joy, O tidings of comfort and joy.

Even though this is one of the oldest Christmas Carols still being sung today, it offers a unique blending of historic and contemporary perspectives.

The first and last verses are for us (the contemporary perspective), while the middle verses are about shepherds, angels, the Christ Child, and His mother Mary. Let’s look at the verses which apply to you and me.

The first line tells us how we are to rest merry and are not to dismay. How can we do that? Because Christ was born to save. The angel said: “Do not be afraid” (Luke 2:10). In other words, don’t be dismayed. And, “there has been born for you a Savior” (Luke 2:11), which allows us to rest merry. We learn more from Matthew 1:21, “He will save His people from their sins.” So not just saved—but saved from our sins.

The next line talks about how “we were gone astray.” Isaiah 53 shows us how far we’ve gone astray, listing the things Christ has done for us: bore our griefs, carried our sorrows, was pierced for our transgressions, crushed for our iniquities; chastised for our peace, and His wounds healed us. And after all Christ has done for us, it says: “All we like sheep have gone astray; we have turned—everyone—to his own way.” Despite this, the Lord “Laid on him the iniquity of us all.”

What typically is the last verse, with the contemporary perspective, says:

Now to the Lord sing praises, all you within this place.

That’s what you do when the Son of God has come into the world, to save you from your sins.

While Shepherds Watched

While shepherds watched their flocks by night, all seated on the ground,
An angel of the Lord came down, and glory shone around.
“Fear not,” said he for mighty dread had seized their troubled mind
“Glad tidings of great joy I bring to you and all mankind.”

Well, there’s no doubt from the title it’s all about the shepherd’s perspective of what happened the night Christ was born.

When you compare the lyrics of the carol with Luke 2, you

discover that the shepherd's perspective in this song is extremely Biblical. Examine all the main points from the Gospel narrative, and you find them in the song: the cast, the location, angelic appearance, fear, angelic announcement, new location, signs, chorus, praise.

Now a word about the cast, and their perspective. *They were shepherds!* But wait, wasn't this the birth of the Son of God? King of kings and Lord of Lords? Why would God make such a stellar announcement to the working class? Two reasons:

The first reason is found in both Luke 2 and the first verse of the song. Here's Luke's account: "And the angel said to them, 'Fear not, for behold, I bring you good news of great joy that will be for all the people.'" This good news was for ALL the people.

The second reason the shepherds were the recipients of such good news was pride. Had the message been brought to the elite, the royal, the upper class, do you think they would have shared such a great message with those of us less fortunate? Probably not. We wouldn't have access to their social circles. Why would they seek us out to share this good news? Pride would have cut the Good News off from the rest of the world.

God did not want this message to miss anyone. Christ came humbly, and his announcement came humbly. After all, *God so loved the* ***world****.*

O Holy Night

O holy night! The stars are brightly shining
It is the night of the dear Savior's birth!
Long lay the world in sin and error pining
Till he appeared and the soul felt its worth.
A thrill of hope, the weary world rejoices,
For yonder breaks a new and glorious morn.

Long lay the world in sin and error pining. Although one rarely "pines" anymore, as I read this line, I feel the hopelessness and helplessness pressing in. In the seventh chapter of Paul's letter to the Romans, he said: "And I know that nothing good lives in me, that is, in my sinful nature. I want to do what is right, but I can't. I want to do what is good, but I don't . . . I am a slave to sin." Yeah, that's hopeless.

Speaking of slavery, the third verse declares: **Chains shall He break for the slave is our brother; and in His name all oppression shall cease.** In 1847, when the lyrics were written, slavery was rampant, especially in these United States. And a century and a half later, oppression still hasn't ceased. Why?

Well, Paul said it in the previous passage: "I am a slave to sin." We are *all* slaves to sin . . . until Christ breaks those chains.

The result of Christ breaking the chains of oppression is found in the choruses:

Fall on your knees;
and
Behold your King! Before Him lowly bend!

Christ humbled Himself to embrace our human weaknesses, and humbled Himself even further, unto death on the cross. And our response is to fall on our knees in humility and praise. I wonder if humility has a place in breaking the chain of oppression. Seems to work for Jesus.

This program's scripts were written by the producer of Probe Radio, Steven Davis. The music was composed and performed by his son and Mind Games Camp alumnus Jon Clive Davis. May your Christmas be filled with praise!

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5 Things You Need to Know About Jesus

Tom Davis provides an overview of 5 extremely important aspects of Jesus' life: His birth, baptism, claims to deity, death and resurrection, and ascension.

The Birth of Jesus

Knowing about Jesus, who he was, what he did, and what he taught is essential for Christian discipleship. By studying Jesus, we know how we ought to live and what the redemption that he provides for us means. In this article we discuss five things you need to know about Jesus, starting with the meaning of the birth of Jesus.



The story of His birth is found in Matthew chapters 1 and 2, and in Luke chapters 1 and 2. Matthew gives us his understanding of what Jesus' birth meant in the angel Gabriel's proclamation to Joseph and in an Old Testament prophecy.

When the angel appeared to Joseph the angel told him that Jesus will "save his people from their sins."{1} Jesus left heaven to come down to His people at His birth.

In order for His people to be saved from their sins Jesus must come to His people. The virgin birth of Jesus is directly linked to His death and resurrection.

The first prophecy is, "See, the virgin will become pregnant and give birth to a son, and they will name him Immanuel."{2} This prophecy comes from Isaiah 7:14. In Isaiah this prophecy is a promise to King Ahaz of Judah that God will defeat His

enemies. Immanuel is an important name because it means “God with us.” Matthew is telling us that through the virgin birth of Jesus God is with us, and is a sign that sin and death will be defeated.

In Luke, the praise of a man named Simeon and the proclamation of the heavenly host helps tell us what Jesus’ birth means.

When Simeon saw Jesus in the temple he prayed, “For my eyes have seen your salvation. You have prepared it in the presence of all peoples-a light for revelation to the Gentile and glory to your people Israel.”{3} Simeon tells us that Jesus will reveal God to all people. God’s salvation is for all people, not only for the Jews.

When the heavenly hosts appeared to the shepherds out in the fields they proclaimed, “Glory to God in the highest heaven, and peace on earth to people he favors!”{4} The proclamation of the angels tells us that the people Jesus favors, those who follow and trust Him, will have peace.

To recap, we see that the birth of Jesus is God coming down to be with us, and to save us from our sins. This salvation is not only for the Jews, but is for all people.

Jesus’ Baptism

Matthew, Mark, and Luke mention that when Jesus was baptized the heavens opened and the Holy Spirit descended in the form of a dove.{5} A voice from heaven said, “You are my beloved Son; with you I am well-pleased.”{6}

Jesus was sinless, so why does he receive baptism from John? Jesus told John it was to fulfill righteousness. Jesus is identifying with Israel, and all mankind, and fulfilling righteousness for our sake. Because Jesus identifies with us and our sins, His baptism is the beginning of His ministry of atonement that is accomplished at His crucifixion.{7}

All the gospels mention that the Holy Spirit descended in the form of a dove. Have you ever wondered why in the form of a dove? In Genesis when God created the heavens and the earth the Spirit of God hovered over the waters. This signifies God's presence at creation. Some biblical scholars think that Noah sending the dove out from the ark signifies a kind of new creation after God destroyed the world with a flood. In the same way, the Spirit appearing in the form of a dove and descending on Jesus means that Jesus is the beginning of new creation.{8}

At Jesus' baptism the Father pronounced, "You are my beloved Son; with you I am well-pleased."{9} What does this mean? Most Bible scholars think this statement references Psalm 2:7{10} and Isaiah 42:1.{11} Psalm 2 is a Psalm that was used at the coronation of a new king. Isaiah 42 is about God's suffering servant who will bring "justice to the nations." Biblical Scholar Craig Blomberg concludes, "Therefore it would appear that God is forthrightly declaring Jesus to be both kingly Messiah and suffering servant."{12}

Jesus' baptism means that Jesus identifies with us. Jesus is the beginning of new creation and begins His ministry of atonement for our sins. God's voice from heaven also declares that Jesus is the kingly Messiah and the suffering servant.

Jesus' Claims to Deity

Jesus claimed to be God in several ways. He not only used words to make these claims, but His actions also made a claim to deity.

Jesus' actions showed that he had authority over evil spirits by repeatedly casting out demons. Jesus commanded the weather. This is something mortal men do not do, but God and heavenly beings do. Jesus was a man, but this event shows that he was more than a man, he was God in human flesh.

But let's look specifically at how Jesus claimed to be the divine Son of Man during His trial by the Jewish authorities. The night before His trial Jesus was arrested and tried by the Jewish authorities. There were many who accused Jesus of various things. The problem was that the testimony of the witnesses who were accusing Jesus did not match. This led to the high priest asking, "Are you the Messiah, the Son of the Blessed One?" Jesus answered, "I am, and you will see the Son of Man seated at the right hand of power and coming with clouds of heaven." The Jewish authorities then condemned him for blasphemy.{13} Why?

Jesus was condemned because he identified himself with the Son of Man in Daniel 7. In this chapter the Ancient of Days, God the Father, is sitting in judgment when the Son of Man comes with the "clouds of heaven" and approaches the Ancient of Days. The Son of Man is given dominion, glory, and a kingdom that will not be destroyed. The Son of Man is a human and divine figure who seems to sit in judgment alongside the Ancient of Days. When Jesus claims to be the Son of Man he is claiming to be a human and divine figure. Jesus is claiming that he will be vindicated and that the Jewish authorities will be condemned by God.{14}

Jesus claimed to be God by casting out demons, calming a storm, and by claiming to be the Son of Man in Daniel 7.

Jesus' Death and Resurrection

Jesus' death and resurrection is the foundation of Christianity. The death and resurrection of Jesus is a climactic confrontation between God and Satan that involves forgiveness of sin, the abolition of death, and the defeat of evil.

The narratives of this event are found in all four gospels. However, the most important passage that helps us understand

the meaning of the resurrection is not in one of the Gospels; it is in one of Paul's letters, 1 Corinthians 15.

In verse 3, Paul states that "Jesus died for our sins." In Hebrews 9 and 10, the author explains that in the Old Testament sacrificial system bulls, goats, and sheep had to be sacrificed every year to purify the people. However, Jesus only had to die once to cover the sins of all people. Therefore, the death of Jesus for our sins is superior to the sacrificial system and makes it obsolete.

Paul states, "For just as in Adam all die, so also in Christ all will be made alive."{15} We live life knowing that someday we will die. We live in the shadow of death's approach. Jesus confronts death on the cross, then returns from the grave three days later. Through the death and resurrection of Jesus, death has been abolished. New Testament scholar Craig Keener states, "As death in every case is established in Adam, so life in all cases is established in Christ."{16}

In Colossians 2:15 Paul is addressing the implications of Jesus' resurrection. He writes, "He (Jesus) disarmed the rulers and the authorities and disgraced them publicly; he triumphed over them in him." The rulers and authorities that Paul mentions are Satan and his demons.{17} Through the death and resurrection of Jesus, Satan and his demons are defeated publicly. When Christians proclaim the resurrection, these rulers and authorities are humiliated publicly for everyone to see.

The death and resurrection of Jesus cleanses us of our sins, pays the penalty for our sins, abolishes death, and defeats Satan and the forces of evil.

Jesus' Ascension

Jesus' return to heaven is described in Acts 1:9-11. After His resurrection Jesus spent forty days with His disciples. After

forty days the disciples watched Jesus ascend into heaven in a cloud. But what does this mean?

In John chapter 16 Jesus told His disciples that he will be leaving them. Jesus said, “It is for your benefit that I go away, because if I don’t go away the Counselor will not come to you. If I go, I will send him to you.”{18} The Counselor that Jesus referred to is the Holy Spirit. Jesus’ promise to the disciples is fulfilled on the day of Pentecost in Acts 2. Jesus told His disciples “When the spirit of truth comes, he will guide you into all truth.”{19} When Jesus ascended into heaven, he sent the Holy Spirit to us. The Holy Spirit does not only counsel us; he guides us to truth and intercedes for us.

Jesus’ ascension has other implications as well. Paul tells us, “Christ Jesus is the one who died, but even more, has been raised; he also sits at the right hand of God and intercedes for us.”{20} There are two things to pay attention to in this verse. First, Jesus now sits at the right hand of the Father. Jesus is on His throne, which means he is ruling now. Second, Jesus also prays for us. There are many other things that could be mentioned in a discussion of things we need to know about Jesus. One example is Jesus’ temptation in the desert. When Adam and Eve were tempted in the Garden of Eden, they failed to resist Satan’s temptation. Jesus succeeded in resisting Satan.

When we consider Jesus’ birth, baptism, claims to deity, temptation, casting out evil spirits, death, resurrection, and ascension, we have an image of a God that became man. God rescues us from our sin and from the evil powers and principalities that are active in this world. Jesus will return and make all things new with the new creation and new Jerusalem in Revelation 20 and 21. The first Christians saw all of this. New Testament scholar N. T. Wright sums things up this way, “The first Christians saw the message and accomplishment of Jesus as the long-awaited arrival of God’s

kingdom, the final dealing-with sin that would undo the powers of darkness and break through to the 'age to come.'"{21}

Notes

1. Matthew 1:21
2. Matthew 1:23
3. Luke 2:30-32
4. Luke 2:14
5. Jesus' baptism is found in Matthew 3:13-17, Mark 1:9-11, Luke 3:21-22, and is alluded to in John 1:29-34.
6. Mark 1:11 CSB
7. Keener, Craig S., *Matthew* (Downers Grove, InterVarsity Press,1997), 85.
8. Evens, Craig A., *The Bible Knowledge Background Commentary: Matthew-Luke*, (Colorado Springs, Victor, 2003) 78.
9. Mark 1:11 CSB
10. I will declare the Lord's decree. He said to me, "You are my Son; today I have become your Father. – Psalm 2:7 (CSB)
11. This is my servant; I strengthen him, this is my chosen one; I delight in him. I have put my Spirit on him; he will bring justice to the nations. – Isaiah 42:1 (CSB)
12. Blomberg, Craig L. *Jesus and the Gospels* (Nashville, Broadman & Holman Press, 1997), 222.
13. Matt. 26:62-65; Mark 14:60-6
14. Quarles, Charles L. "Lord or Legend: Jesus as the Messianic Son of Man," *Journal of the Evangelical Theological Society Vol. 62, No. 1* (2019) 103-124. Heiser, Michael S. *The Unseen Realm: Recovering the Supernatural Worldview of the Bible* (Bellingham: Lexham Press), 249-151.
15. 1 Corinthians 15:22 CSB
16. Keener, Craig S., *The IVP Bible Background Commentary: New Testament* 2nd ed. (Downers Grove, IVP Academic 2014) 494. Gilbrant, Thoralf Ed. *The Complete Biblical Library: The New Testament Study Bible Romans-Corinthians* (Springfield, World Library Press 1986) 465.
17. Ibid., 574.
18. John 17:7 CSB

19. John 16:3 CSB
20. Romans 8:34 CSB
21. Wright, N. T. *The Day the Revolution Began: Reconsidering the Meaning of Jesus's Crucifixion* (San Francisco, HarperOne, 2016), 280.

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The Value of Suffering: A Christian Perspective

Sue Bohlin looks at suffering from a Christian perspective. Applying a biblical worldview to this difficult subject results in a distinctly different approach to suffering than our natural inclination of blame and self pity.

This article is also available in Spanish.

There is no such thing as pointless pain in the life of the child of God. How this has encouraged and strengthened me in the valleys of suffering and pain! In this essay I'll be discussing the value of suffering, an unhappy non-negotiable of life in a fallen world.

Suffering Prepares Us to Be the Bride of Christ

Among the many reasons God allows us to suffer, this is my personal favorite: it prepares us to be the radiant bride of Christ. The Lord Jesus has a big job to do, changing His ragamuffin church into a glorious bride worthy of the Lamb. Ephesians 5:26-27 tells us He is making us holy by washing us with the

Word—presenting us to Himself as a radiant church, without stain or wrinkle or any other blemish. Suffering develops holiness in unholy people. But *getting there* is painful in the Lord's "laundry room." When you use bleach to get rid of stains, it's a harsh process. Getting rid of wrinkles is even more painful: ironing means a combination of heat plus pressure. Ouch! No wonder suffering hurts!

But developing holiness in us is a worthwhile, extremely important goal for the Holy One who is our divine Bridegroom. We learn in Hebrews 12:10 that we are enabled to share in His holiness through the discipline of enduring hardship. More ouch! Fortunately, the same book assures us that discipline is a sign of God's love (Heb. 12:6). Oswald Chambers reminds us that "God has one destined end for mankind—holiness. His one aim is the production of saints."{1}

It's also important for all wives, but most especially the future wife of the Son of God, to have a submissive heart. Suffering makes us more determined to obey God; it teaches us to be submissive. The psalmist learned this lesson as he wrote in Psalm 119:67: "Before I was afflicted I went astray, but now I obey your word. It was good for me to be afflicted so that I might learn your decrees."

The Lord Jesus has His work cut out for Him in purifying us for Himself (Titus 2:14). Let's face it, left to ourselves we are a dirty, messy, fleshly people, and we desperately need to be made pure. As hurtful as it is, suffering can purify us if we submit to the One who has a loving plan for the pain.

Jesus wants not just a *pure* bride, but a mature one as well—and suffering produces growth and maturity in us. James 1:2-4 reminds us that trials produce perseverance, which makes us mature and complete. And Romans 5:3-4 tells us that we can actually rejoice in our sufferings, because, again, they produce perseverance, which produces character, which produces hope. The Lord is creating for Himself a bride with sterling

character, but it’s not much fun getting there. I like something else Oswald Chambers wrote: “Sorrow burns up a great amount of shallowness.”{2}

We usually don’t have much trouble understanding that our Divine Bridegroom loves us; but we can easily forget how much He longs for us to love Him back. Suffering scoops us out, making our hearts bigger so that we can hold more love for Him. It’s all part of a well-planned courtship. He does know what He’s doing . . . we just need to trust Him.

Suffering Allows Us to Minister Comfort to Others Who Suffer

One of the most rewarding reasons that suffering has value is experienced by those who can say with conviction, “I know how you feel. I’ve been in your shoes.” Suffering prepares us to minister comfort to others who suffer.

Feeling isolated is one of the hardest parts of suffering. It can feel like you’re all alone in your pain, and that makes it so much worse. The comfort of those who have known that same pain is inexpressible. It feels like a warm blanket being draped around your soul. But in order for someone to say those powerful words—”I know just how you feel because I’ve been there”—that person had to walk through the same difficult valley first.

Ray and I lost our first baby when she was born too prematurely to survive. It was the most horrible suffering we’ve ever known. But losing Becky has enabled me to weep with those who weep with the comforting tears of one who has experienced that deep and awful loss. It’s a wound that—by God’s grace—has never fully healed so that I can truly empathize with others out of the very real pain I still feel. Talking about my loss puts me in touch with the unhealed part of the grief and loss that will always hurt until I see my daughter again in heaven. One of the most incredibly

comforting things we can ever experience is someone else's tears for us. So when I say to a mother or father who has also lost a child, "I hurt with you, because I've lost a precious one too," my tears bring warmth and comfort in a way that someone who has never known that pain cannot offer.

One of the most powerful words of comfort I received when we were grieving our baby's loss was from a friend who said, "Your pain may not be about just you. It may well be about other people, preparing you to minister comfort and hope to someone in your future who will need what you can give them because of what you're going through right now. And if you are faithful to cling to God now, I promise He will use you greatly to comfort others later." That perspective was like a sweet balm to my soul, because it showed me that my suffering was not pointless.

There's another aspect of bringing comfort to those in pain. Those who have suffered tend not to judge others experiencing similar suffering. Not being judged is a great comfort to those who hurt. When you're in pain, your world narrows down to mere survival, and it's easy for others to judge you for not "following the rules" that should only apply to those whose lives aren't being swallowed by the pain monster.

Suffering often develops compassion and mercy in us. Those who suffer tend to have tender hearts toward others who are in pain. We can comfort others with the comfort that we have received from God (2 Cor. 1:4) because we have experienced the reality of the Holy Spirit being there for us, walking alongside us in our pain. Then we can turn around and walk alongside others in their pain, showing the compassion that our own suffering has produced in us.

Suffering Develops Humble Dependence on

God

Marine Corps recruiter Randy Norfleet survived the Oklahoma City bombing despite losing 40 percent of his blood and needing 250 stitches to close his wounds. He never lost consciousness in the ambulance because he was too busy praying prayers of thanksgiving for his survival. When doctors said he would probably lose the sight in his right eye, Mr. Norfleet said, “Losing an eye is a small thing. Whatever brings you closer to God is a blessing. Through all this I’ve been brought closer to God. I’ve become more dependent on Him and less on myself.”{3}

Suffering is excellent at teaching us humble dependence on God, the only appropriate response to our Creator. Ever since the fall of Adam, we keep forgetting that God created us to depend on Him and not on ourselves. We keep wanting to go our own way, pretending that we are God. Suffering is powerfully able to get us back on track.

Sometimes we hurt so much we can’t pray. We are forced to depend on the intercession of the Holy Spirit and the saints, needing them to go before the throne of God on our behalf. Instead of seeing that inability to pray as a personal failure, we can rejoice that our perception of being totally needy corresponds to the truth that we really are that needy. 2 Corinthians 1:9 tells us that hardships and sufferings happen “so that we might not rely on ourselves but on God, who raises the dead.”

Suffering brings a “one day at a time-ness” to our survival. We get to the point of saying, “Lord, I can only make it through today if You help me . . . if You take me through today . . . or the next hour . . . or the next few minutes.” One of my dearest friends shared with me the prayer from a heart burning with emotional pain: “Papa, I know I can make it through the next fifteen minutes if You hold me and walk me through it.” Suffering has taught my friend the lesson of

total, humble dependence on God.

As painful as it is, suffering strips away the distractions of life. It forces us to face the fact that we are powerless to change other people and most situations. The fear that accompanies suffering drives us to the Father like a little kid burying his face in his daddy's leg. Recognizing our own powerlessness is actually the key to experience real power because we have to acknowledge our dependence on God before His power can flow from His heart into our lives.

The disciples experienced two different storms out on the lake. The Lord's purpose in both storms was to train them to stop relying on their physical eyes and use their spiritual eyes. He wanted them to grow in trust and dependence on the Father. He allows us to experience storms in our lives for the same purpose: to learn to depend on God.

I love this paraphrase of Romans 8:28: "The Lord may not have planned that this should overtake me, but He has most certainly permitted it. Therefore, though it were an attack of an enemy, by the time it reaches me, it has the Lord's permission, and therefore all is well. He will make it work together with all life's experiences for good."

Suffering Displays God's Strength Through Our Weakness

God never wastes suffering, not a scrap of it. He redeems all of it for His glory and our blessing. The classic Scripture for the concept that suffering displays God's strength through our weakness is found in 2 Corinthians 12:8-10, where we learn that God's grace is sufficient for us, for His power is perfected in weakness. Paul said he delighted in weaknesses, hardships, and difficulties "for when I am weak, then I am strong."

Our culture disdains weakness, but our frailty is a sign of

God’s workmanship in us. It gets us closer to what we were created to be—completely dependent on God. Several years ago I realized that instead of despising the fact that polio had left me with a body that was weakened and compromised, susceptible to pain and fatigue, I could choose to rejoice in it. My weakness made me more like a fragile, easily broken window than a solid brick wall. But just as sunlight pours through a window but is blocked by a wall, I discovered that other people could see God’s strength and beauty in me because of the window-like nature of my weakness! Consider how the Lord Jesus was the exact representation of the glory of the Father—I mean, He was all window and no walls! He was completely dependent on the Father, choosing to become weak so that God’s strength could shine through Him. And He was the strongest person the world has ever seen. Not His own strength; He displayed the Father’s strength because of that very weakness.

The reason His strength can shine through us is because we know God better through suffering. One wise man I heard said, “I got theology in seminary, but I learned reality through trials. I got facts in Sunday School, but I learned faith through trusting God in difficult circumstances. I got truth from studying, but I got to know the Savior through suffering.”

Sometimes our suffering isn’t a consequence of our actions or even someone else’s. God is teaching other beings about Himself and His loved ones—us—as He did with Job. The point of Job’s trials was to enable heavenly beings to see God glorified in Job. Sometimes He trusts us with great pain in order to make a point, whether the intended audience is believers, unbelievers, or the spirit realm. Quadriplegic Joni Eareckson Tada, no stranger to great suffering, writes, “Whether a godly attitude shines from a brain-injured college student or from a lonely man relegated to a back bedroom, the response of patience and perseverance counts. God points to

the peaceful attitude of suffering people to teach others about Himself. He not only teaches those we rub shoulders with every day, but He instructs the countless millions of angels and demons. The hosts in heaven stand amazed when they observe God sustain hurting people with His peace."{4}

I once heard Charles Stanley say that nothing attracts the unbeliever like a saint suffering successfully. Joni Tada said, "You were made for one purpose, and that is to make God real to those around you."{5} The reality of God's power, His love, and His character are made very, very real to a watching world when we trust Him in our pain.

Suffering Gets Us Ready for Heaven

Pain is inevitable because we live in a fallen world. 1 Thessalonians 3:3 reminds us that we are "destined for trials." We don't have a choice whether we will suffer—our choice is to go through it by ourselves or with God.

Suffering teaches us the difference between the important and the transient. It prepares us for heaven by teaching us how unfulfilling life on earth is and helping us develop an eternal perspective. Suffering makes us homesick for heaven.

Deep suffering of the soul is also a taste of hell. After many sleepless nights wracked by various kinds of pain, my friend Jan now knows what she was saved from. Many Christians only know they're saved without grasping what it is Christ has delivered them from. Jan's suffering has given her an appreciation of the reality of heaven, and she's been changed forever.

I have an appreciation of heaven gained from a different experience. As my body weakens from the lifelong impact of polio, to be honest, I have a deep frustration with it that makes me grateful for the perfect, beautiful, completely working resurrection body waiting for me on the other side. My

husband once told me that heaven is more real to me than anyone he knows. Suffering has done that for me. Paul explained what happens in 2 Corinthians 4:16-18:

> *"Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, for what is seen is temporary, but what is unseen is eternal."*

One of the effects of suffering is to loosen our grasp on this life, because we shouldn't be thinking that life in a fallen world is as wonderful as we sometimes think it is. Pastor Dick Bacon once said, "If this life were easy, we'd just love it too much. If God didn't make it painful, we'd never let go of it." Suffering reminds us that we live in an abnormal world. Suffering is abnormal—our souls protest, "This isn't right!" We need to be reminded that we are living in the post-fall "Phase 2." The perfect Phase 1 of God's beautiful, suffering-free creation was ruined when Adam and Eve fell. So often, people wonder what kind of cruel God would deliberately make a world so full of pain and suffering. They've lost track of history. The world God originally made isn't the one we experience. Suffering can make us long for the new heaven and the new earth where God will set all things right again.

Sometimes suffering literally prepares us for heaven. Cheryl's in-laws, both beset by lingering illnesses, couldn't understand why they couldn't just die and get it over with. But after three long years of holding on, during a visit from Cheryl's pastor, the wife trusted Christ on her deathbed and the husband received assurance of his salvation. A week later the wife died, followed in six months by her husband. They had continued to suffer because of God's mercy and patience, who did not let them go before they were ready for heaven.

Suffering dispels the cloaking mists of inconsequential distractions of this life and puts things in their proper perspective. My friend Pete buried his wife a few years ago after a battle with Lou Gehrig's disease. One morning I learned that his car had died on the way to church, and I said something about what a bummer it was. Pete just shrugged and said, "This is nothing." That's what suffering will do for us. Trials are light and momentary afflictions . . . but God redeems them all.

Notes

1. Oswald Chambers, *Our Utmost for His Highest,* September 1.
2. Chambers, June 25.
3. *National and International Religion Report,* Vol. 9:10, May 1, 1995, 1
4. Joni Eareckson Tada, *When Is It Right to Die?* (Grand Rapids, MI: Zondervan, 1992), 122.
5. Tada, 118.

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