

# Biblical Archaeology

*Kerby Anderson provides an update on recent archaeological finds that corroborate the historicity of the Bible.*

One of the most important proofs for the historical accuracy of the Bible can be found in archaeology. Ancient history and archaeology should confirm the accuracy of this record. That is what we find when comparing these finds with the written record of Scripture.

My focus will be to summarize a few of the past archaeological finds that confirm the Bible and then provide an update on some of the newest archaeological discoveries made in just the last few years that are very significant. On the Probe website, we have an excellent summary done twenty years ago of archaeology and the Old Testament ([probe.org/archaeology-and-the-old-testament/](http://probe.org/archaeology-and-the-old-testament/)) and archaeology and the New Testament ([probe.org/archaeology-and-the-new-testament/](http://probe.org/archaeology-and-the-new-testament/)).



Archaeology not only has confirmed the historical record found in the Bible, but it also provides additional details not found in the original writings of the biblical authors. Archaeology also helps explain Bible passages by providing context of the surrounding culture as well as the social and political circumstances.

We must also admit the limitations of archaeology. Although these archaeological finds can establish the historical accuracy of the record, they cannot prove the divine inspiration of the Bible. Also, we must admit that even when we have an archaeological find, it still must be interpreted. Those interpretations are obviously affected by the worldview perspective and even bias of the historians and archaeologists.

Even granting the skeptical bias that can be found in this

field, it is still amazing that many archaeologists acknowledge the biblical confirmation that has come from significant archaeological finds.

Dr. William Albright observed, "There can be no doubt that archaeology has confirmed the substantial historicity of Old Testament tradition."[\[1\]](#)

Archaeologist Nelson Glueck and president of Hebrew Union College concluded, "It may be stated categorically that no archaeological discovery has ever controverted a Biblical reference. Scores of archaeological findings have been made which confirm in clear outline or exact detail historical statements in the Bible. And, by the same token, proper evaluation of Biblical description has often led to amazing discoveries."[\[2\]](#)

Millar Burrows, Professor of Archaeology at Yale University, remarked that "On the whole, however, archaeological work has unquestionably strengthened confidence in the reliability of the Scriptural record. More than one archaeologist has found his respect for the Bible increased by the experience of excavation in Palestine."[\[3\]](#)

## **Old Testament Archaeology**

There are so many significant archaeological finds that confirm the historical accuracy of the Old Testament. Perhaps the most famous and most significant find is the Dead Sea scrolls. A young shepherd boy found the first of them in a cave in 1947. Eventually over 800 fragments were found. This includes a complete scroll of the book of Isaiah.

Many of these scrolls are from before the time of Jesus Christ. That is important because it provided a way to check the accuracy of the transmission of the Old Testament. The earliest copies of the Old Testament that we had before this discovery were a thousand years later. When we compare the

Dead Sea scrolls to these later manuscripts, we can see that there were very few variations (mostly due to changes in spelling or grammar). The transmission through the scribe was very accurate.

Another significant find was archaeological documentation of King David. Archaeologists working at one site uncovered an inscription that means "house of David" that dates to the ninth century BC.

Another important archaeological find was the Hittite nation. The Hittites are mentioned nearly 50 times in the Old Testament, but there was no solid archaeological evidence they existed until the 20th century. Some argued that the Bible must be wrong since it mentions this nation but archaeological evidence was lacking.

The Hittites were a major force against the Jews. Israel needed to conquer them in order to enter the Promised Land (Joshua 11:3-4). King David had Uriah the Hittite killed because of his adultery with his wife, Bathsheba (2 Kings 11:3-21). Fortunately, archaeologists did uncover abundant evidence of the Hittites in Turkey. They found a temple, sculptures, a storeroom with 10,000 clay tablets. Later they even uncovered the Hittite capital city of Hattusha.

Archaeologists with the Israel Antiquities Authority digging at Tel Lachish found an ancient toilet that confirms Old Testament history. To understand its significance, we need to look at the record of King Hezekiah. We read in 2 Kings that he removed the Asherah poles from the high places and smashed the sacred stones that were used in the Canaanite cultic worship.

Archaeologists discovered large rooms that appear to be a shrine where four-horned altars were destroyed. They also found a seat carved in stone with the hole in it that was used as a toilet. It was mostly likely placed there as a form of

desecration for the whole room.<sup>{4}</sup> This correlates with the biblical description in 2 Kings 10:27 that Jehu and his followers “demolished the pillar of Baal, and demolished the house of Baal, and made it a latrine to this day.”

## **New Testament Archaeology**

Jesus spent much of his time in Capernaum by the Sea of Galilee. It is mentioned 16 times in the New Testament. Archaeologists have uncovered evidence of the fishing industry there (anchors, fishhooks), which would have been used by many of the disciples. The houses were one-story buildings, with roofs of wooden beams or branches. This explains how men carried a man to the roof and let him down in front of Jesus (Mark 2:1-4). Jesus taught in the synagogue in Capernaum (Mark 1:21-22, Luke 4:31-36). The remains of a synagogue built in the 4th century sits atop the black basalt foundations of this synagogue that existed at the time of Jesus.

In Jerusalem are many archaeological discoveries from the time of Jesus. That includes the remains of the temple as well as the pool of Bethesda (John 5:1-15) and the pool of Siloam (John 9:1-7).

Archaeology (as well as history) verifies the existence of many political leaders mentioned in the New Testament. A Denarius coin shows a portrait of Tiberius Caesar. This is also significant because Jesus asked the people whose likeness was on the coin (Mark 12:17). The name Pontius Pilate was found in an inscription at Caesarea Maritima.

Sometimes archaeology can shed light on what seems like a sharp disagreement in the Bible. In Paul's letter to the Galatians, he recounts what he said to Peter who stopped eating meals with gentile Christians. He argued that Peter lived like a Gentile even though he was a Jew.

The answer lies in the fact that Paul was a devout Pharisee,

who took kosher food laws and purity very seriously. Peter, though Jewish, was not a Pharisee and grew up in Bethsaida on the north shore of the Sea of Galilee. Archaeological excavations uncovered some non-kosher evidence. Some were eating wild boar and catfish, which were considered unclean and not to be eaten by Jew following the Torah.[\[5\]](#)

Archaeological finds at Corinth include the city's *bema* seat, where Paul stood trial (Acts 18:12-17) and an inscription with the name Erastus, a city administrator who was an associate of Paul (Acts 19:22; 2 Timothy 4:20; Romans 16:23).

Critics have challenged the historical record of Luke because of alleged inaccuracies. Classical scholar Colin Hemer documents that Luke is a very accurate historian.[\[6\]](#) He identifies 84 facts in the Book of Acts that have been confirmed by historical and archaeological research. This includes nautical details, names of gods, designation of magistrates, and proper names and titles.

These are just a few of the archaeological discoveries in the past that have confirmed the Old Testament and the New Testament. In the next section we will look at some of the most recent archaeological discoveries.

## **Recent Archaeological Discoveries**

Within the last few years, there have been major archaeological discoveries that further confirm biblical history. An article in *Christianity Today* provides a list of the top ten archaeological discoveries.[\[7\]](#) Here are just a few of these important discoveries.

The Israel Antiquities Authority announced the discovery of a limestone column on which the word "Jerusalem" was spelled out in Aramaic. This is the oldest inscription of this nature found so far. You might expect that there would be lots of such inscriptions, but that turn out to be very rare.

The inscription was found in an ancient potter's village that must have served pilgrims making their way to the Temple in Jerusalem. A potter's field calls to mind the one bought by the priests (Matthew 27:7) with the money Judas returned.

The Jewish tabernacle and the Ark of the Covenant were located for a time in Shiloh. Excavation there produced a clay pomegranate. In the Bible, the pomegranate was a common temple decoration (1 Kings 7:18; 2 Kings 25:17). Small pomegranates embroidered with blue, purple, and scarlet yarns hung from the hems of the priestly robes (Exodus 28:33). This discovery affirms the sacredness of Shiloh.

Scientists and archaeologists believe they made have found the site of the destruction of Sodom and Gomorrah. They found evidence that a "high-heat" explosive event north of the Dead Sea wiped out all civilization in the affected area. It killed all the people within a 25-kilometer circular area. The fertile soil would have been stripped of nutrients by the high heat. Waves of briny salt would have washed over the surrounding area and spread through hot winds.

The scientists suggest that a cosmic airburst event from a meteor was the reason for the disappearance from the site. It apparently took 600 years for the region to recover before it could once again be inhabited. This fits with the description in Genesis 19, which says that burning sulfur rained down on Sodom and Gomorrah and killed all the people and all the vegetation of the land.

Archaeologist Dr. Stephen Collins says that there was a violent conflagration that ended occupation at the site. There is "melted pottery, scorched foundation stones, and several feet of ash and destruction debris churned into a dark gray matrix as if in a Cuisinart." He and another author in a joint paper conclude that all of this provides "signs of a highly destructive and thermal event that one might expect from what is described in Genesis 19." [\[8\]](#)

## Recent Archaeological Discoveries

Above we looked at a few of the most recent archaeological discoveries that confirm the historical accuracy of the Bible. Most of them were found in an article in *Christianity Today*. Here are a few more significant discoveries.

An inscribed piece of limestone discovered in a tomb along the west bank of the Nile was revealed to be a Semitic abecedary (alphabet in ABC order). It dates back to the time of Moses and fits with the statement that “Moses wrote down everything the Lord had said” (Exodus 24:4). It turns out he wasn’t the only one writing in a Semitic script in Egypt at that time.

When ISIS terrorists captured Mosul, they blew up the tomb of the prophet Jonah. This uncovered the remains of a palace of the Assyrian King Esarhaddon. Previous archaeological teams stopped digging in certain sites in Iraq for fear of destroying them. That was a case of the traditional tomb of Jonah, until ISIS started digging beneath it to find artifacts to sell. As one article put it, “ISIS Accidentally Corroborates the Bible.”[\[9\]](#) The tunnels they dug revealed a previously untouched Assyrian palace in the ancient city of Ninevah. Inscriptions found in the old city of Nineveh give an order of Assyrian kings that matches perfectly with the biblical order.

Extra careful processing of dirt from an archaeological dig in the southwest corner of the Temple Mount provided a *beka* weight. This was used (Exodus 38:6) to measure the silver in the half-shekel temple tax that was collected from each member of the Jewish community.

Another seal impression seems to be (a letter is missing) the name “Isaiah the prophet.” It was found near the Temple Mount near another seal impression that says “King Hezekiah of Judah” that was uncovered two years earlier. Hezekiah and the prophet Isaiah are mentioned in the same verse 17 times. This

clay seal gives the impression that Isaiah had access to the king's palace as his adviser.

A ring with the name "Pontius Pilate" on it was excavated decades ago but only could be read recently due to advanced photographic techniques. Of course, this is not the first time that his name has surfaced in archaeology, but it is still a significant find. The ring is not fancy enough to have been worn by Pilate. It was probably worn by someone authorized to act on his authority and would use it to seal official communications.

This is an exciting time for archaeological investigation. New finds provide even more evidence of the historical accuracy of the Old Testament and the New Testament. Archaeology has provided abundant confirmation of the Bible.

## Notes

1. William F. Albright, *Archaeology and the Religions of Israel* (Baltimore: Johns Hopkins University Press, 1956), 176.
2. Nelson Glueck, *Rivers in the Desert* (New York: Farrar, Strous and Cudahy, 1959), 136.
3. Millar Burrows, *What Mean These Stones?* (New York: Meridian Books, 1956), 1.
4. Richard Gray, "The wrong kind throne: Toilet discovered 2-800-year-old shrine," *Daily Mail*, 28 September 2016.
5. Craig A. Evans, "Why Archaeology Matters for Bible Study," *Bible Study Magazine*, March/April 2019, 18-19.
6. Colin J. Hemer, *The Book of Acts in the Setting of Hellenistic History* (University Park, PA: Eisenbrauns, 1990).
7. Gordon Govier, "Biblical Archaeology's Top 10 Discoveries of 2018," *Christianity Today*, December 27, 2018.
8. Amanda Borschel-Dan, "Evidence of Sodom? Meteor blast cause of biblical destruction, say scientists," *Times of Israel*, 22 November 2018.
9. "ISIS Accidentally Corroborates the Bible," *Facts and Trends*, March 19, 2018.

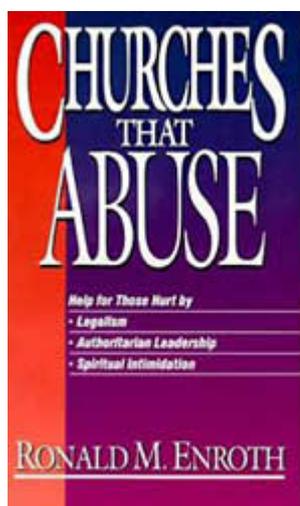
# Abusive Churches

*What characterizes abusive churches is their cultic method of ministry. Although outwardly orthodox in their theology, these churches use abusive and mind control methods to get their followers to submit to the organization. In this article Dr. Pat Zukeran covers eight characteristics of abusive churches.*

[This article is also available in Spanish.](#)



We are all familiar with traditional cults such as the Mormons and the Jehovah's Witnesses. There are, however, other groups with cultic characteristics that do not fit the same profile as the traditional cults. Sometimes called "abusive churches" or even "Bible-based cults," they appear outwardly orthodox in their doctrinal beliefs. What distinguishes these groups or churches from genuine orthodox Christianity is their abusive, cultic-like methodology and philosophy of ministry.



In his book *Churches That Abuse*, Dr. Ronald Enroth carefully examines several of these churches throughout the United States. He reveals the cultic methods these groups use and points out several distinguishing marks of abusive churches. At this point I will briefly introduce each of these characteristics and some of my own. Later, I'll discuss all these characteristics in detail.

First, abusive churches have a control-oriented style of

leadership. Second, the leaders of such churches often use manipulation to gain complete submission from their members. Third, there is a rigid, legalistic lifestyle involving numerous requirements and minute details for daily life. Fourth, these churches tend to change their names often, especially once they are exposed by the media. Fifth, denouncing other churches is common because they see themselves as superior to all other churches. Sixth, these churches have a persecution complex and view themselves as being persecuted by the world, the media, and other Christian churches. Seventh, abusive churches specifically target young adults between eighteen and twenty-five years of age. The eighth and final mark of abusive churches is the great difficulty members have in getting out of or leaving these churches, a process often marked by social, psychological, or emotional pain.

Those involved in a church that seems to reflect these characteristics would be wise to evaluate the situation thoroughly and leave the church if it is appropriate. Staying may increase the risks of damaging your family relationships and multiplies the likelihood of losing your perspective. Members of such churches often develop a distorted view of reality, distrust everyone, and suffer from stress, fear, and depression. Some former members even continue to experience these things after escaping from an abusing church. There are also several documented cases in which associating with an abusive church has led to the deaths of individuals or their relatives.

Some of these groups have networks of many sister churches. In some cases these groups have split off from more mainstream denominations. Occasionally the new groups have even been denounced by the founding denomination. Such groups often disguise themselves by frequently changing the name of their organization, especially following adverse publicity. This practice makes the true nature of these organizations more

difficult to determine for the unsuspecting individual. Some abusive churches have college ministries all across the country. On some university campuses such student movements are among the largest groups on their respective campuses.

It is important that Christians today know the Bible and know how to recognize such churches so as not to fall into their traps. In order to help people become more aware of churches which may be abusing their members, I now want to go through in more detail the eight characteristics I mentioned earlier.

## **Control-Oriented Leadership**

A central feature of an abusive church is control-oriented leadership. The leader in an abusive church is dogmatic, self-confident, arrogant, and the spiritual focal point in the lives of his followers. The leader assumes he is more spiritually in tune with God than anyone else. He claims insight into Scripture that no one else has. Or, he may state that he receives personal revelations from God. Because of such claims, the leader's position and beliefs cannot be questioned; his statements are final. To members of this type of church or group, questioning the leader is the equivalent of questioning God. Although the leader may not come out and state this fact, this attitude is clearly seen by the treatment of those who dare to question or challenge the leader. The leader of the movement often makes personal decisions for his followers. Individual thinking is prohibited; thus the followers become dependent on the leader.

In the hierarchy of such a church, the leader is, or tends to be, accountable to no one. Even if there is an elder board, it is usually made up of men who are loyal to, and will never disagree with, the leader. This style of leadership is not one endorsed in the Bible. According to Scripture all believers have equal access to God and are equal before Him because we are made in His image, and we are all under the authority of the Word of God. In 1 Thessalonians 5:21 believers are

directed to measure all teachings against the Word of God. Acts 17:11 states that even the apostle Paul was under the authority of the Bible, and the Bereans were commended because they tested Paul's teachings with the Scriptures. Leaders and laity alike are to live according to Scripture.

## **Manipulation of Members**

Abusive churches are characterized by the manipulation of their members. Manipulation is the use of external forces to get others to do what someone else wants them to do. Here manipulation is used to get people to submit to the leadership of the church. The tactics of manipulation include the use of guilt, peer pressure, intimidation, and threats of divine judgment from God for disobedience. Often harsh discipline is carried out publicly to promote ridicule and humiliation.

Another tactic is the "shepherding" philosophy. As practiced in many abusive churches this philosophy requires every member to be personally accountable to another more experienced person. To this person, one must reveal all personal thoughts, feelings, and discuss future decisions. This personal information, is not used to *help* the member, but to *control* the member.

Another means of control is isolation. Abusive churches may cut off contact between a new member and his family, friends, and anyone else not associated with the church.

How different this style of leadership is from the leadership of Jesus, the Good Shepherd who lovingly, gently, humbly, and sacrificially leads His sheep.

## **Rigid, Legalistic Lifestyle**

The third characteristic of abusive churches is the rigid, legalistic lifestyle of their members. This rigidity is a natural result of the leadership style. Abusive churches

require unwavering devotion to the church from their followers. Allegiance to the church has priority over allegiance to God, family, or anything else.

Often members are required or pressured to attend Bible studies five, six, or seven days a week. There is a requirement to do evangelism; a certain quota of contacts must be met, and some churches even require members to fill out time cards recording how many hours they spent in evangelism, etc. Daily schedules are made for the person; thus he is endlessly doing the church's ministry. Former members of one church told me they were working for their church from 5:00 am to 12:00 midnight five days a week.

Members of such churches frequently drop out of school, quit working, or even neglect their families to do the work required by the church. There are also guidelines for dress, dating, finances, and so on. Such details are held to be of major importance in these churches.

In churches like these, people begin to lose their personal identity and start acting like programmed robots. Many times, the pressure and demands of the church will cause a member to have a nervous breakdown or fall into severe depression. As I reflect on these characteristics I think of Jesus' words concerning the Pharisees who "tie up heavy loads and put them on men's shoulders, but they themselves are not willing to lift a finger" (Matt. 23: 4). What a contrast from the leadership style of Jesus who said, "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you. . . .For my yoke is easy and my burden is light" (Matt. 11:28-30).

## **Frequent Changing of Group/Church Name**

A fourth characteristic of abusive churches is a pattern of constantly changing the name of the church or campus ministry. Often a name change is a response to unfavorable publicity by

the media. Some abusive churches have changed their name several times in the course of a few years.

If you are in such a church, one that has changed its name several times because of bad publicity, or if you feel unceasing pressure to live up to its demands, it is probably time to carefully evaluate the ministry of the church and your participation in it.

## **Denouncing All Other Churches**

Let us now take a look at the fifth characteristic: abusive churches usually denounce all other Christian churches. They see themselves as spiritually elite. They feel that they alone have the truth and all other churches are corrupt. Therefore, they do not associate with other Christian churches. They often refer to themselves as some special group such as, "God's Green Berets," "The faithful remnant," or "God's end-time army." There is a sense of pride in abusive churches because members feel they have a special relationship with God and His movement in the world. In his book *Churches That Abuse*, Dr. Ron Enroth quotes a former member of one such group who states, "Although we didn't come right out and say it, in our innermost hearts we really felt that there was no place in the world like our assembly. We thought the rest of Christianity was out to lunch." However the Bible makes it clear, that there are no spiritually elite groups or churches. Ephesians 4:36 states, "Make every effort to keep the unity of the Spirit through the bond of peace. There is one body and one Spirit, just as you were called to one hope, when you were called, one Lord, one faith, one baptism; One God and Father of all."

The Christian church universal is united by the same God, the same Holy Spirit, and the fundamental beliefs of the Bible which include such things as the Trinity, authority of the Bible, the death and resurrection of Jesus, the deity of Christ, justification by faith alone, and so on. In these

central truths we stand united. A church which believes itself to be elite and does not associate with other Christian churches is not motivated by the spirit of God but by divisive pride.

## **Persecution Complex**

The sixth characteristic follows naturally. Because abusive churches see themselves as elite, they expect persecution in the world and even feed on it. Criticism and exposure by the media are seen as proof that they are the true church being persecuted by Satan. However, the persecution received by abusive churches is different from the persecution received by Jesus and the Apostles.

Jesus and the Apostles were persecuted for preaching the truth. Abusive churches bring on much of their negative press because of their own actions. Yet, any criticism received, no matter what the source—whether Christian or secular—is always viewed as an attack from Satan, even if the criticisms are based on the Bible. This makes it difficult to witness to a person in such a church for he will see your attempt to share the gospel with him as persecution. Often in cases like these, when I am accused of persecuting, I simply reply, “I am here talking to you with the Word of God which you say you believe. How can this be persecution?” This approach often helps in continuing the dialogue with a member of an abusive church who has been brainwashed to believe that all opposition is persecution.

## **Targeting Young Adults**

The seventh characteristic of abusive churches is that they tend to target young adults ages 18-25 who are in the middle class, well educated, idealistic, and often immature Christians. Young adults are the perfect age group to focus on because they are often looking for a cause to give their lives to, and they need love, affirmation, and acceptance. Often

these churches will provide this, and the leaders frequently take the role of surrogate parents.

## **Painful Exit Process**

The eighth characteristic is a painful and difficult exit process. Members in many such churches are afraid to leave because of intimidation, pressure, and threats of divine judgment. Sometimes members who exit are harassed and pursued by church leaders. The majority of the time, former members are publicly ridiculed and humiliated before the church, and members are told not to associate in any way with any former members. This practice is called shunning.

Many who leave abusive churches because of the intimidation and brainwashing, actually feel they have left God Himself. None of their former associates will fellowship with them, and they feel isolated, abused, and fearful of the world. One former member of a particular campus ministry said, "If you leave without the leadership's approval, condemnation and guilt are heaped upon you. My pastor told me he thought it was satanic for me to leave and wondered if I could continue my salvation experience."

Let me conclude this discussion by sharing some practical ways of reaching those who are involved in abusive churches. First, we must begin with prayer. Witnessing to those brainwashed in abusive churches is often intimidating and difficult. Often leaders will not allow an individual member to meet with an outsider unless accompanied by an older, more experienced person who is trained in debating and/or intimidation. Therefore, we must pray (1) for a chance to speak with the individual<sup>{1}</sup> and that he would be open to what we have to share.<sup>{2}</sup>

Second, lovingly confront the person and surface some biblical issues. Often, abusive churches have a bizarre teaching or a theological error that can be pointed out. In his book

*Churches That Abuse*, Dr. Ron Enroth documents several examples of this. For instance, the leader of one church had strange teachings based on his claims of extra-biblical revelations from God.<sup>{3}</sup> These included dietary laws, sexual behavior, home decorations, and others. The leader of another group called doctors “medical deities.” He also claimed medicines had demonic names and if taken, opened a person up to demonic influence.<sup>{4}</sup> Pointing out errors, inconsistencies, and bizarre beliefs may open the individual’s mind and prompt him to begin asking questions.

Third, share articles you may find in the newspaper or in magazines on the particular church under discussion. The book that I have often quoted from, *Churches That Abuse*, is an excellent resource. The key is to get the individual to start asking questions and research answers for himself. Tell him to test everything with the Scriptures and not to be afraid to ask questions. If the leader is afraid or hesitant to answer a member’s honest questions, the maturity of that leadership may be suspect.

Jesus, however, said that truth is a means of freedom, not bondage. He said, “You shall know the truth, and the truth shall make you free” (John 8:32).

## **Notes**

1. Ronald Enroth, *Churches That Abuse* (Grand Rapids, Mich.: Zondervan, 1992), p. 118.
2. Ibid., p. 181.
3. Ibid., p. 128.
4. Ibid., p. 170.

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# God Space: Where Spiritual Conversations Happen Naturally

*Dr. Michael Gleghorn offers an introduction and overview of Doug Pollock's book by the same title. Those who want to learn more about how to have natural and effective spiritual conversations are encouraged to read (and apply) Pollock's book for themselves.*

## Creating God Space

If you're a Christian, you probably wrestle from time to time with how best to share your faith with non-Christian friends and family. I mean, let's face it. We often *want* to share our faith. But we're a bit confused (maybe even overwhelmed) with how to go about it in a natural and non-threatening way. *Is there a way to have spiritual conversations naturally?*



According to Doug Pollock, the answer is “Yes”—and it all begins with something he calls “God Space.” “I often wonder,” he says, “what would happen if . . . the body of Christ could create low-risk, high-grace places for people to pursue their need to have spiritual conversations.”[\[1\]](#) But Doug not only wonders about it, he's also spent the better part of his adult life actually doing it—and training others to do it too. Although he's had many roles, he's probably best known for his work as an author, speaker, and evangelism trainer for Athletes in Action.[\[2\]](#) His passion, however, is pointing people to Christ through spiritual conversations in which

people have the freedom to simply be themselves.

You see, Doug believes that people actually want (and even need) to have such conversations. Moreover, they're often even willing to have them. The problem, of course, is that such conversations can often seem intimidating—even threatening—to both Christian and non-Christian alike. So Doug advocates creating a “safe space” in which to have such conversations. But he warns us that for many non-Christians in our world today, the church is often *not* perceived as safe.<sup>{3}</sup> Hence, he says, if we want to reach people for Christ, then we've got to go to *them*—and help create a “safe space” for spiritual conversations right where they are.

Doug calls it “God Space” —a space where “God is . . . encountered in . . . ways that address the longings and cries of the heart.” In God Space “the ‘unworthy’ feel safe enough to bring their real selves . . . into the light, and to journey, one step at a time, toward the magnetic pull they sense deep in their souls.” It's a space where “spiritual curiosity is aroused, and the message of Christianity becomes plausible.”<sup>{4}</sup>

Does this sound like something you'd be interested in learning more about? Then keep reading as we consider Doug's book in more detail.

## **Spiritual Conversation-Killers**

Doug Pollock offers some great advice about how to have natural, non-threatening spiritual conversations with those who don't know Christ. Before discussing this advice in more detail, however, we first need to pause and consider some of the ways in which we might unintentionally shut-down, or “kill,” a spiritual conversation before it even has a chance to get going.

Doug describes ten “spiritual conversation-killers” in

his book. Although we can't discuss them all, we'll at least mention a few of them. To get started, think of the non-Christian people you know and interact with on a somewhat regular basis. How many of them would be interested in having a "low-risk, high-grace" spiritual conversation with you? If your answer is few to none of them, then you might be guilty of the most basic spiritual conversation-killer of them all: "an unbelieving heart."[{5}](#) If we assume that the non-Christians we know aren't interested in talking about spiritual things, then we probably won't have many spiritual conversations with them.

And Doug says this is a big mistake. "I've had spiritual conversations with people all over the world," he writes, "including the supposed 'tough places.' I think it's because the Holy Spirit has given me a conviction that if God has put eternity in every person's heart, which is what Ecclesiastes 3:11 tells us, then *all* people were made for spiritual conversations."[{6}](#) So let's not "kill" an opportunity for spiritual conversations because of unbelief. Instead, let's assume that if we approach such conversations wisely, we'll find people eager to talk with us.

Okay, so how do we approach such conversations wisely? In my opinion, the best way to have good *spiritual* conversations is simply to apply some of the very same principles that go into having good conversations of any sort.[{7}](#) For example, how well would my conversation go if I was disrespectful of the other person's beliefs or opinions? Or what if I came across as harsh, combative, or domineering? Would such conversations be successful? Probably not. And if that's the case with everyday conversations, then it's probably the case with spiritual conversations too. So if we want to have good spiritual conversations, we need to be humble, gracious, kind and polite. If not, we'll probably "kill" whatever spiritual conversations we might otherwise have had. And when that happens, no one wins.

# Wondering Your Way Into Spiritual Conversations

In *God Space: Where Spiritual Conversations Happen Naturally*, Doug has four great chapters on *noticing*, *serving*, *listening*, and *wondering* your way into spiritual conversations. For our purposes, let's direct our attention to that final chapter, which involves "wondering" our way into spiritual conversations. "Of all the things you'll read in this book," Doug tells us, "this chapter holds the most promise if you truly want to see the quality and quantity of your spiritual conversations increase."[{8}](#)

So how does it work? How do we *wonder* our way into spiritual conversations? As Doug lays it out for us, there are essentially two steps. First, we have to be really good listeners.[{9}](#) If we're not actively listening to what people are telling us, then we're not going to have much to wonder about. That's because we *wonder* our way into spiritual conversations by asking good questions about what another person is telling us. That's step two. After listening carefully to what the other person is saying, we begin to wonder "out loud" by asking questions that are relevant to the conversation we're having.[{10}](#)

According to Doug, "good wondering questions" will "flow naturally out of your context and . . . conversations." They reveal "that you have listened thoughtfully." They "are open-ended and promote more dialogue and reflection." They "probe sensitively and reflectively into someone's belief systems." And finally, such questions encourage "others to investigate the Christian life" for themselves.[{11}](#)

So by listening carefully and asking good "wondering" questions about what you're being told, you can open the door to all sorts of spiritual conversations. Doug even offers some examples of "good ways to

start wondering.”{12} Suppose your conversation partner has made an interesting claim or expressed an intriguing perspective on some issue. You might respond by saying, “That’s an interesting perspective; I’m wondering how you arrived at that conclusion?”{13} Notice how such a question not only demonstrates an interest in, and respect for, the other person and their views—it also serves to keep the conversation moving forward in a positive direction. Indeed, once you get a knack for listening carefully and asking good wondering questions, who knows how many spiritual conversations you might find yourself having!

## **Bringing the Bible Into Your Conversations**

Let’s now discuss Doug’s advice about bringing the Bible into our conversations.{15}

The word of God is powerful. Paul describes it as “the sword of the Spirit.”{16} And the author of Hebrews tells us it can “judge the thoughts and intentions of the heart.” {17} Indeed, it’s partly because the Bible *is* so powerful, that we need to be careful about the way in which we bring it into our conversations.

As Doug reminds us, “If people sense you’re trying to use the Bible as an authoritative ‘crowbar’ to beat them into submitting to your viewpoint, your conversation is likely over. However, if you humbly ask for permission to introduce the Scriptures into your dialogue, ‘deep spiritual magic’ begins to happen.”{18} The key point here, of course, is *asking for permission*. This is important and Doug encourages us to always make a habit of it.{19} After all, if the person has given you permission to share something from the Bible, then they won’t feel awkward or threatened when you do so. And if they *haven’t* given you permission, then it’s probably better just to wait and pray for a more opportune time.

Okay, that sounds good. But how can we know when it's right to ask for permission? Here we need a measure of wisdom and even plain common sense. In general, however, when the person expresses an *interest* in some issue about which the Bible speaks, it might be a good time to ask for *permission* to share what the Bible says. Doug gives the example of talking with some non-Christian college students about the meaning of love.<sup>{20}</sup> The students were intensely interested in this topic, but they were having a hard time defining what the word even meant. After discussing the issue for a bit, Doug asked for permission to share what the Bible has to say about love. Having gotten their permission, he directed them to the famous love passage in 1 Corinthians 13. Primed and ready, the students eagerly listened to what the Bible had to say. Its message had suddenly become relevant to them, for it spoke directly to an issue about which they cared deeply.

If we could learn how to introduce the Bible like *that*, our non-Christian friends might be more eager to hear what it says. In the next section we'll conclude our discussion of Doug's book by considering "missed opportunities" and "burned bridges."<sup>{21}</sup>

## **Missed Opportunities and Burned Bridges**

We've considered several ways to improve our conversations, but it's easy to make mistakes. So now we'll consider Doug's advice about "missed opportunities" and "burned bridges." Can "missed opportunities" be reclaimed and "burned bridges" be rebuilt? And if so, then how do we do it?

Let's first consider missed opportunities. Suppose you had a conversation with a neighbor who made a comment that left a wide-open door for spiritual conversation—and you said . . . nothing. We've probably all had conversations like this. Maybe the comment caught us off guard, and we just weren't sure how to respond. Or maybe we felt too tired, or scared, or something else. Whatever the reason, we can "reclaim" such

missed opportunities. It's often not even that hard. Doug tells of missing out on a great opportunity because he just wasn't sure what to say. About a month later, however, he got another opportunity. He told the person that he'd been thinking a lot about a comment which they had previously made. Intrigued, the person asked what it was—and almost immediately they were right back where they had left off a month earlier!{22}

Okay, that's the easy one. But what if we *didn't* remain silent. What if we said the *wrong* thing— and now feel like we've burned our bridges with another person? Granted, this is more difficult. But Doug throws down a challenge. For once we recognize and admit our mistake to ourselves, we can then confess it to God and bring the issue before Him in prayer. After praying about it, Doug says, we can actually go to the person and let them know that we've been thinking about how we "come across" in spiritual conversations. We can even ask if they'd be willing to give us "some honest feedback" about how others might perceive us in this area. And if so, then we can listen carefully and apologize for any mistakes we might have made. Of course, we can't predict how the other person will respond. But by taking this approach, we can go a long way toward restoring the relationship.{23}

If you'd be interested in creating some "God Space" for your own conversations, then I encourage you to get (and read) Doug's book for yourself. I think you'll be really glad you did.

## Notes

1. Doug Pollock, *God Space: Where Spiritual Conversations Happen Naturally* (Loveland, CO: Group, 2009), 11-12.
2. For more on Doug, check out his website: [www.godsgps.com/](http://www.godsgps.com/)
3. Pollock, *God Space*, 16.
4. The citations in this paragraph can be found in Pollock, *God Space*, 20-21.

5. This is "Killer 1" in Doug's view. See Pollock, *God Space*, 24.
6. Ibid., 25.
7. In what follows, I briefly mention several of the spiritual conversation-killers which Doug discusses on pp. 29-32. Specifically, Doug mentions conversation "killers" like disrespect, control, judgment and combativeness.
8. Pollock, *God Space*, 65.
9. See Doug's chapter, "Listening Your Way Into Spiritual Conversations," in Pollock, *God Space*, 53-64.
10. Ibid., 14.
11. All of the quoted material in this paragraph comes from a section on "Good Wondering Questions" in Pollock, *God Space*, 73.
12. See the examples under this section heading in Pollock, *God Space*, 73.
13. Ibid., 73.
14. This is one way in which Doug likes to refer to non-Christians. See Pollock, *God Space*, 16.
15. See Pollock's chapter 9, "Bringing the Bible into your Conversations," in *God Space*, 87-99.
16. Ephesians 6:17.
17. Hebrews 4:12 (NASB).
18. Pollock, *God Space*, 95.
19. Ibid., 93.
20. See the discussion in Pollock, *God Space*, 90-94.
21. Doug discusses this topic in chapter 10, "Reclaiming Missed Opportunities and Rebuilding Burned Bridges," 100-106.
22. Doug shares this story on pp. 101-103.
23. The citations in this paragraph come from Doug's discussion on p. 106.

# The Professor: Why Are You a Christian? – When Challenged, Can You Defend Your Faith in Christ

*Are our adults ready to give a defense of the gospel? When challenged, can they give a reasonable explanation of their faith? Dr. Bohlin presents a sobering view of this question based upon years of experience questioning high school and college-age students on the basis for their belief in Christ. By exposing their lack of cogent answers to questions they may be asked, he challenges them to spend time exploring the questions and developing biblical worldview-based answers.*

## The Professor

Over the last ten years, I have used a very effective technique to help teens realize their unpreparedness for the step toward college. It seems our young people are heading into public and even Christian colleges thinking they are ready for the challenge to their faith that higher learning can be.

☒ Probe Ministries has sponsored a [college prep conference](#) since 1991 that was designed to help young people gain some insights and even some knowledge on how to address the intellectual challenges that college will provide.

If you remember the thousands of college radicals who protested and picketed in the '60s and '70s, they found their push for change was not very effective. Instead, many of them stayed in college, obtained Masters Degrees and PhDs. After all, it was easier than getting a real job! As a result, they are now your children's professors!

The college campus was an anti-Christian breeding ground several decades ago and now it is even worse. Christianity is not so much openly mocked as it is marginalized and deemed a false and mischievous mythology.

If you haven't already heard some of these statistics, you need to hold onto your hat.

In 2007, LifeWay surveyed 23- to 30-year-olds and found that seventy percent had taken at least a one year break from church during their college years.<sup>{1}</sup> Now, almost two-thirds of these return to some level of church attendance, but mainly to please family or friends who encouraged them to return. That means that most of our churched youth are making many of their life decisions, including marriage and career, apart from a church context. Even many who return carry numerous scars from bad choices during those years.<sup>{2}</sup>

With this statistical background, it's plain our young people need some preparation before going on to college or the military. But as most parents of teens know, just telling them they need this is less than likely to be convincing.

Enter the Professor. The technique I mentioned at the beginning is to impersonate an atheistic college professor doing research on the religious beliefs of young people. Sometimes the students know I am playing a role with them, but occasionally I play the professor and the students are none the wiser.

## **A Simple Question**

When I step to the front of the room, I introduce myself as Professor Hymie Schwartz (a name borrowed from my late colleague Jerry Solomon who played this role far better than I do). I tell the group that, since I am conducting research on the religious beliefs of young people, their youth pastor, counselor, principal, teacher—whatever, has allowed me to

visit with them.

I begin the conversation something like this: "Since this is a church or Christian school I presume you are all Christians. Is anyone not a Christian?" Of course no one raises their hand. But I am always aware that some may indeed not be believers and may not appreciate my questioning so I am always paying attention.

At this point I simply call on someone, usually someone who isn't really paying attention or is engrossed in conversation with a neighbor. "You! Are you a Christian?" No one has ever answered no. Upon receiving an affirmative answer, with hands casually stuck in my pockets, I demand, "Why?"

Students are paying attention now. This is for real. Now consider my question for yourself. If Peter warns us to always be ready to give an answer to anyone who asks to give a defense for the hope that we have, this is a pretty basic question. In our highly secular culture, if someone finds out you're a Christian, they may indeed ask you why. Peter says you ought to have an answer.

But this simple question why is usually something our young people, and even their parents, have never really considered. Their Christian faith is certainly something they would claim is central to their lives, but the dumbfounded looks on their faces tells me repeatedly that this question is a new one.

It's usually about this time that any parents sitting in the back are suddenly quite relieved I'm not talking to them!

By asking such questions, I can get them pretty riled up and confused. The point is not to have fun but to help them see that they need to be prepared and think a little about why Christianity is important to them and why they think it's true.

## **“I Asked Jesus into My Heart!”**

Having their Christianity questioned usually comes as a surprise and even shock. Rather than directly answering the question, they try to tell me *how* they became a Christian. It usually takes the form of confidently saying they asked Jesus into their heart.

The professor quickly fires back, “You asked Jesus into your heart?! That sounds pretty gross, really. What’s he doing in there with all that blood? Yuck!” That always gets a surprised reaction and a little befuddlement. The student typically tries to recover by saying something like, “No, I mean it’s like I trusted Jesus as my Savior.”

Again the professor will fire back quickly with a question like, “Why did you do that?” or “Savior? What did you need saving from?” I think you can see where this is going. It really is not difficult to pick something from what he or she said and challenge it. I either pretend I don’t understand what they said, forcing them to better explain themselves (which is rare), or I deliberately ask them why they think that way, or how they know that.

In answer to “How do you know that?” I am often told that “It says so in the Bible!” They usually can’t tell me where the Bible says that. I also ask if the Bible is true, and they say it is. But when I ask, “How do you know it’s true?” the blank stare reemerges.

Sometimes a student will say, “Because it’s the word of God!” Now I can really dig a little deeper. In response to further questioning, they usually can’t tell me where the Bible says it’s the Word of God nor can they tell me why the Bible is different from The Book of Mormon or the Qur’an. If there is a youth pastor or chaplain present there is usually an embarrassed look on their face or a head buried in their hands.

By this time the class is very tense and full of nervous laughter. When I reach a dead end with a student—for instance when they say, “I don’t know” with a very resigned and defeated voice—I look for one of the laughing students and ask, “What about you?” Of course that gets everybody’s attention again and off we go.

While I admit I have a little fun playing this role, it never ceases to break my heart at how ill-prepared our young people are to follow Peter’s advice to always be prepared with an answer. I have yet to find a student in ten years who is willing and able to go toe-to-toe with the professor.

## **“You’re a Narrow-Minded, Self-Righteous Bigot!”**

Here are three other directions our conversations have frequently taken.

When I have challenged students to tell me why they think or believe Christianity is true, some will turn to their own subjective experience. Technically, there is nothing wrong with this, specifically when speaking to a Christian audience. But someone who doesn’t even believe in God will frequently find ways to truly make fun of this element.

A student may describe that Jesus speaks to them in their prayer time, to which I quickly ask what His voice sounds like or how they know it was Jesus and not indigestion. The blank stares usually resume at this point. We have become so comfortable in our Christian bubble sometimes that we frequently don’t see how unintelligible our language is to those outside the community of faith. It’s tough to share the gospel that way.

Sometimes a student will interject that they believe in Jesus because that’s what their family has taught them or it’s what

they learned in church. I usually pounce on that pretty quickly and repeat that this student believes Christianity is true because their parents told them so. The student usually agrees. After commending them for honoring their parents I tell them that's really pretty stupid. Pausing a second for the shock to register, I go on about the boy raised in India whose parents are Hindu and he respects his parents and believes Hinduism is true, so the boy in India and this student are both headed to heaven because they trusted their parents!

One time a student stammered around and eventually agreed with my statement as his youth pastor put his head in his hands.

Finally in talking about salvation I ask what happens to those who don't believe in Jesus. Most will hesitatingly say they go to hell. The professor predictably rants, "Just because I don't believe the same fairy tale as you, I'm going to hell?" When they predictably shake their head yes, I get down eye to eye and spit out, "You're a narrow minded, self-righteous bigot!"

## **Always Be Ready to Give an Answer, with Gentleness and Respect**

Students enjoy the interactive nature of this routine even though they are routinely embarrassed by their inability to handle the challenge. When Peter admonished all of us to always be ready to give an answer to everyone who asks us for a reason for the hope that we have, yet with gentleness and respect (1 Pet. 3:15), they fail miserably. Perhaps as a parent, you may be glad that I don't do this with adult groups.

Often students will try to turn the conversation in their favor by asking the professor a question. I quickly dismiss that idea by simply answering that *I'm* asking the questions.

But when we're done, if time allows I attempt to leave them with hope by quickly summarizing how I, Dr. Ray Bohlin, Vice-President of Probe Ministries, would answer the same question.

Here's the outline of my response. In a calm voice I quickly assert that I know there is a God. As a scientist I look principally at how marvelously our universe, galaxy, solar system, and planet are designed for complex life here on earth. The number of highly improbable coincidences rules out chance and strongly implies design. This is reinforced by the evidence from biology of the incredible complexity of life, particularly the coded information in DNA. This remarkable molecule with its accompanying system of transcription and translation screams for intelligence.

The fact that all people have some sense of right and wrong, even though we may disagree sometimes, tells us we are comparing our morality to some invisible standard outside ourselves that must come from a supreme Law Giver. I am convinced there is a supernatural God.

If this God exists, then has He spoken to man? I quickly tell about the uniqueness of Scripture, written by forty authors from eight countries over fifteen hundred years in three languages and all with a consistent and unique message of a God of love who ransomed us from our sins. Where we have archaeological evidence it consistently confirms the accuracy of biblical events. I am convinced the Bible is the true and unique Word of God.

The Bible throughout is about Jesus, who repeatedly claimed to be the unique divine Son of God and offered his death and resurrection on behalf of mankind as proof. That Jesus bodily rose from the dead is the only rational conclusion of the evidence of the empty tomb. On top of that, my personal experience of the last thirty-seven years has shown me again and again the unique love and power of God.

So what about you? Why are *you* a Christian?

## Notes

1. "LifeWay Research Uncovers Reasons 18 to 22 Year Olds Drop Out of Church," 2007, [www.lifeway.com/article/165949/](http://www.lifeway.com/article/165949/), accessed May 15, 2010.

2. Youth Transition Network has researched this problem over the last ten years and has excellent resources, videos, research, and books and DVDs for purchase. Take a look at [www.ytn.org](http://www.ytn.org).

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# Your Work Matters to God

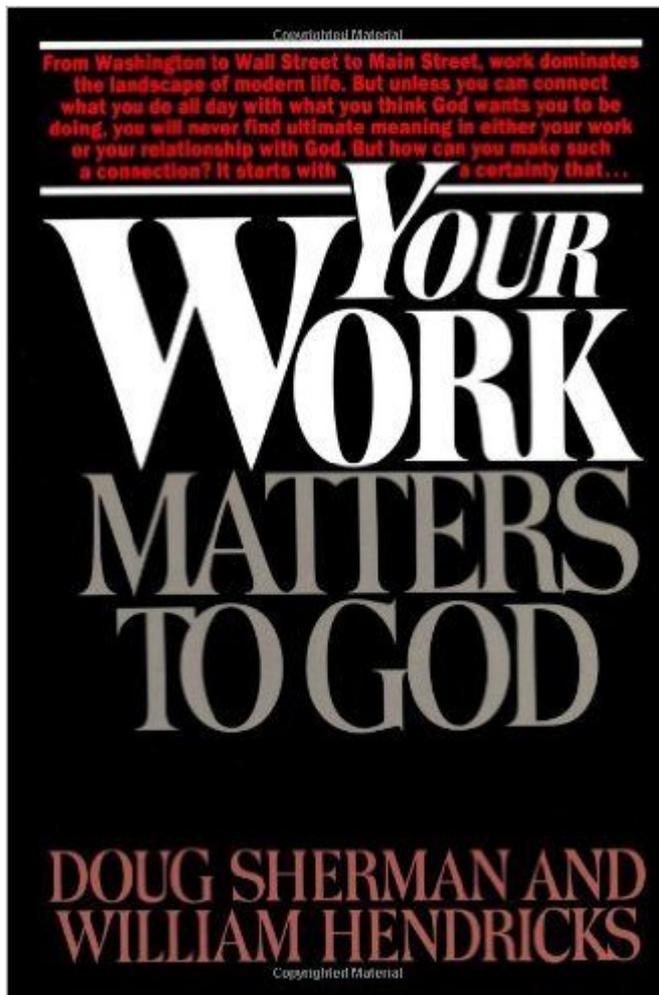
*Sue Bohlin helps us look at work from a biblical perspective. If we apply a Christian worldview to our concept of work, it takes on greater significance within the kingdom of God.*



*This article is also available in [Spanish](#).*

Many Christians hold a decidedly unbiblical view of work. Some view it as a curse, or at least as part of the curse of living in a fallen world. Others make a false distinction between what they perceive as the sacred—serving God—and the secular—everything else. And others make it into an idol, expecting it to provide them with their identity and purpose in life as well as being a source of joy and fulfillment that only God can provide.





In their excellent book *Your Work Matters to God*,<sup>{1}</sup> Doug Sherman and William Hendricks expose the wrong ways of thinking about work, and explain how God invests work with intrinsic value and honor. Rick Warren echoes this idea in his blockbuster *The Purpose Driven Life* when he writes, “Work becomes worship when you dedicate it to God and perform it with an awareness of his presence.”<sup>{2}</sup>

First, let’s explore some faulty views of work: the secular view, some inappropriate hierarchies that affect how we view work, and work as merely a platform for doing evangelism.

Those who hold a secular view of work believe that life is divided into two disconnected parts. God is in one spiritual dimension and work is in the other *real* dimension, and the two have nothing to do with each other. God stays in His corner of the universe while I go to work and live my life, and these different realms never interact.

One problem with this secular view is that it sets us up for disappointment. If you leave God out of the picture, you’ll have to get your sense of importance, fulfillment and reward from someplace else: work. Work is the answer to the question, “Who am I, and why am I important?” That is a very shaky foundation—because what happens if you lose your job? You’re suddenly a “nobody,” and you are not important because you are

not employed.

The secular view of work tends to make an idol of career. Career becomes the number one priority in your life. Your relationship with God takes a back seat, family takes a back seat, even your relationship with other people takes a back seat to work. Everything gets filtered through the question, "What impact will this have on my career?"

The secular view of work leaves God out of the system. This is particularly unacceptable for Christians, because God calls us to make Him the center of our life.<sup>{3}</sup> He wants us to have a biblical worldview that weaves Him into every aspect of our lives, including work. He wants to be invited into our work; He wants to be Lord of our work.<sup>{4}</sup>

## **Inappropriate Hierarchies: Soul/Body, Temporal/Eternal**

In this article, we're examining some faulty views of work. One comes from believing that the soul matters more than the body. We can wrongly believe that God only cares about our soul, and our bodies don't really matter. The body is not important, we can think: it is only temporal, and it will fade and die. But if that view were true, then why did God make a physical universe? Why did He put Adam and Eve in the garden to cultivate and keep it? He didn't charge them with, "Go and make disciples of all nations which aren't in existence yet, but they will be as soon as you guys go off and start making babies." No, He said, "Here's the garden, now cultivate it." He gave them a job to do that had nothing to do with evangelism or church work. There is something important about our bodies, and God is honored by work that honors and cares for the body—which, after all, is His good creation.

Another wrong way of thinking is to value the eternal over the temporal so much that we believe *only* eternal things matter. Some people believe that if you work for things that won't

last into eternity—jobs like roofing and party planning and advertising—you're wasting your time. This wrong thinking needs to be countered by the truth that God created two sides to reality, the temporal and the eternal. The natural universe God made is very real, just as real as the supernatural universe. Asking which one is real and important is like asking which is real, our nine months in our mother's womb or life after birth? They are both real; they are both necessary. We have to go through one to get to the other.

Those things we do and make on earth DO have value, given the category they were made for: *time*. It's okay for things to have simply temporal value, since God chose for us to live in time before we live in eternity. Our work counts in both time and eternity because God is looking for faithfulness *now*, and the only way to demonstrate faithfulness is within this physical world. Spiritual needs are important, of course, but first physical needs need to be met. Try sharing the gospel with someone who hasn't eaten in three days! Some needs are temporal, and those needs must be met. So God equips people with abilities to meet the needs of His creation. In meeting the legitimate physical, temporal needs of people, our work serves people, and people have eternal value because God loves us and made us in His image.

## **The Sacred/Spiritual Dichotomy; Work as a Platform for Evangelism**

Another faulty view of work comes from believing that spiritual, sacred things are far more important than physical, secular things. REAL work, people can think, is serving God in full-time Christian service, and then there's everything else running a very poor second. This can induce us to think either too highly of ourselves or too lowly of ourselves. We can think, "Real work is serving God, and then there's what others do" (which sets us up for condescension), or "Real work is serving God, and then there's what I have to do" (which sets

us up for false guilt and a sense of “missing it”).

It’s an improper way to view life as divided between the sacred and the secular. ALL of life relates to God and is sacred, whether we’re making a business presentation or changing soiled diapers or leading someone to faith in Christ. It’s unwise to think there are sacred things we do and there are secular things we do. It all depends on what’s going on in our hearts. You can engage in what looks like holy activity like prayer and Bible study with a dark, self-centered, unforgiving spirit. Remember the Pharisees? And on the other hand, you can work at a job in a very secular atmosphere where the conversation is littered with profanity, the work is slipshod, the politics are wearisome, and yet like Daniel or Joseph in the Old Testament you can keep your own conversation pure and your behavior above reproach. You can bring honor and glory to God in a very worldly environment. God does not want us to do holy things, He wants us to be holy people.

A final faulty view of work sees it only as a platform for doing evangelism. If every interaction doesn’t lead to an opportunity to share the gospel, one is a failure. Evangelism should be a priority, true, but not our *only* priority. Life is broader than evangelism. In Ephesians 1, Paul says three times that God made us, not for evangelism, but to live to the praise of His glory.[{5}](#) Instead of concentrating only on evangelism, we need to concentrate on living a life that honors God and loves people. That is far more winsome than all the evangelistic strategies in the world. Besides, if work is only a platform for evangelism, it devalues the work itself, and this view of work is too narrow and unfulfilling.

Next we’ll examine at how God wants us to look at work. You might be quite surprised!

# How God Wants Us to See Work

So far, we have discussed faulty views of work, but how does God want us to see it? Here's a startling thought: we actually work for God Himself! Consider Ephesians 6:5-8, which Paul writes to slaves but which we can apply to employees:

Slaves, obey your earthly masters with respect and fear, and with sincerity of heart, just as you would obey Christ. Obey them not only to win their favor when their eye is on you, but like slaves of Christ, doing the will of God from your heart. Serve wholeheartedly, *as if you were serving the Lord, not men*, because you know that the Lord will reward everyone for whatever good he does, whether he is slave or free.

It's helpful to envision that behind every employer stands the Lord Jesus. He sees everything we do, and He appreciates it and will reward us, regardless of the type of work we do. I learned this lesson one day when I was cleaning the grungy bathtub of a family that wouldn't notice and would never acknowledge or thank me even if they did. I was getting madder by the minute, throwing myself a pity party, when the Lord broke into my thoughts. He quietly said, "I see you. And I appreciate what you're doing." Whoa! In an instant, that totally changed everything. Suddenly, I was able to do a menial job—and later on, more important ones—as a labor of love and worship for Jesus. I know He sees and appreciates what I do. It forever changed my view of work.

God also wants us to see that work is His gift to us. It is not a result of the Fall. God gave Adam and Eve the job of cultivating the garden and exercising dominion over the world *before* sin entered the world. We were created to work, and for work. Work is God's good gift to us!

Listen to what Solomon wrote:

After looking at the way things are on this earth, here's what I've decided is the best way to live: Take care of yourself, have a good time, and make the most of whatever job you have for as long as God gives you life. And that's about it. That's the human lot. Yes, we should make the most of what God gives, both the bounty and the capacity to enjoy it, accepting what's given and delighting in the work. It's God's gift!{6}

Being happy in our work doesn't depend on the work, it depends on our attitude. To make the most of our job and be happy in our work is a gift God wants to give us!

## Why Work is Good

In this article we're talking about how to think about work correctly. One question needs to be asked, though: Is all work equally valid? Well, no. All legitimate work is an extension of God's work of maintaining and providing for His creation. Legitimate work is work that contributes to what God wants done in the world and doesn't contribute to what He doesn't want done. So non-legitimate work would include jobs that are illegal, such as prostitution, drug dealing, and professional thieves. Then there are jobs that are legal, but still questionable in terms of ethics and morality, such as working in abortion clinics, pornography, and the gambling industry. These jobs are legal, but you have to ask, how are they cooperating with God to benefit His creation?

Work is God's gift to us. It is His provision in a number of ways. In *Your Work Matters to God*, the authors suggest five major reasons why work is valuable:

1. Through work we serve people. Most work is part of a huge network of interconnected jobs, industries, goods and services that work together to meet people's physical needs. Other jobs meet people's aesthetic and spiritual needs as well.

2. Through work we meet our own needs. Work allows us to exercise the gifts and abilities God gives each person, whether paid or unpaid. God expects adults to provide for themselves and not mooch off others. Scripture says, "If one will not work, neither let him eat!"[{7}](#)

3. Through work we meet our family's needs. God expects the heads of households to provide for their families. He says, "If anyone does not provide for his relatives, and especially for his immediate family, he has denied the faith and is worse than an unbeliever."[{8}](#)

4. Through work we earn money to give to others. In both the Old and New Testaments, God tells us to be generous in meeting the needs of the poor and those who minister to us spiritually. [{9}](#)

5. Through work we love God. One of God's love languages is obedience. When we work, we are obeying His two great commandments to love Him and love our neighbor as we love ourselves.[{10}](#) We love God by obeying Him from the heart. We love our neighbor as we serve other people through our work.

We bring glory to God by working industriously, demonstrating what He is like, and serving others by cooperating with God to meet their needs. In serving others, we serve God. And that's why our work matters to God.

## Notes

1. Doug Sherman and William Hendricks, *Your Work Matters to God*. Colorado Springs: NavPress, 1987.

2. Rick Warren, *The Purpose Driven Life*. Grand Rapids: Zondervan, 2002. p. 67.

3. Philippians 1:21

4. Romans 12:1, 2

5. Ephesians 1:6, 12, 14

6. Ecclesiastes 5:18-19, The Message.

7. 2 Thess. 3:10

8. 1 Tim. 5:8

9. Leviticus 19:10–Nor shall you glean your vineyard, nor shall you gather the fallen fruit of your vineyard; you shall leave them for the needy and for the stranger. I am the LORD your God. Ephesians 4:28–Let him who steals, steal no longer but rather let him labor performing with his own hands what is good in order that he may have something to share with him who has need. Gal 6:6–The one who is taught the word is to share all good things with the one who teaches him.

10. Matthew 22:37-39

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## The All-Present God

*“As Charles Haddon Spurgeon once observed, there are very few things as uplifting for the heart and the mind as a serious study of the being and attributes of God. Hopefully, this little article on God’s omnipresence will encourage some others to take up such studies for themselves. They won’t be disappointed.” –Dr. Michael Gleghorn*

### Introduction



We can never get away from God. To some, this is quite threatening. To others, it is merely irritating or annoying. But for those who know and love God, it is deeply comforting and consoling, for it means that we are never alone.

In this article, I want to discuss an attribute of God that is often referred to as *omnipresence*. It's a big word, but all it means is that God is present everywhere. It was while meditating on this attribute that David was led to pen the oft-quoted verses of Psalm 139:

Where can I go from your Spirit? Where can I flee from your presence? If I go up to the heavens, you are there; if I make my bed in the depths, you are there. If I rise on the wings of the dawn, if I settle on the far side of the sea, even there your hand will guide me, your right hand will hold me fast (vv. 7-10).[\[1\]](#)

Clearly David took comfort in the fact that he could never get away from God, that there was nowhere he could go where God was not.

In a similar manner, King Solomon also spoke of God's omnipresence in his prayer at the dedication of the temple in Jerusalem. He said, "But will God really dwell on earth? The heavens, even the highest heaven, cannot contain you. How much less this temple I have built!" (1 Kings 8:27). Here, Solomon recognizes that unlike human beings, God's presence cannot be localized to merely one place on the earth. Indeed, the universe itself is not sufficient to contain the being of its Creator!

So how is the doctrine that God is everywhere present to be understood? And what practical applications might this have for our lives?

To begin, it is helpful to observe that just as the doctrine of God's eternity attempts to explain how God is related to time, the doctrine of omnipresence attempts to explain how He is related to space. Does God completely transcend space? That is, might He exist completely "outside" or "beyond" our spatial universe in some sense? Or is it better to think of Him as existing everywhere throughout all space? Then again,

could it be the case that He somehow exists both within *and* beyond the created order? Obviously, these are deep and difficult questions. But since thinking through such things is part of what it means to love God with our minds, let us ponder these matters as carefully as we can (Mark 12:30).

## God and Space

Other Scriptures certainly seem to affirm God's omnipresence. God asks the prophet Jeremiah, "Am I only a God nearby . . . and not a God far away? . . . . Do I not fill heaven and earth?" (23:23-24). Here the Lord affirms that He is present everywhere, that there is nowhere in heaven and earth where He is not. But how should we understand this?

Should we think of God as "spread out" through the universe like an invisible gas? Although this might be the mental image which most naturally suggests itself to our minds, we should carefully avoid embracing it. After all, "God is spirit" (John 4:24). And a spirit, unlike a gas, is a *non-physical* entity.<sup>{2}</sup> If we think of God as being spread throughout the universe like an invisible gas, then we might be tempted to think of God as only *partially present* at any one place. For instance, we might come to believe that there is a small amount of God in our bedroom, even more of Him throughout our house, and more still in the three-mile radius around our house. And this, I'm sure you would agree, is crazy!<sup>{3}</sup> We *don't* want to think of God's omnipresence in *these* terms.

Instead, if we want to think of God as existing everywhere in space (and many theologians would caution us against this), then we ought to think of Him as being *fully present* at every point of space *at the same time*. Now admittedly, this is a difficult concept to grasp. But an analogy may help to clarify the point.

A number of Christian theologians and philosophers have suggested that we should think of God's relationship to the

world as similar to the soul's relationship to the body. On one construal of this view, the soul is held to be "spatially present in the body," but "not extended throughout it." Instead, it's thought to be "somehow wholly present at all points in its body." In a similar way, it is said, we can also think of God as being "spatially located in the universe" and yet "wholly present at every point in it." {4}

Of course, it must be emphasized that this is *only* an analogy. I'm certainly *not* suggesting that the world really *is* God's body! {5} The analogy is intended simply to help us understand *one way* in which God might be thought of as omnipresent. But it's not the only way.

## God and Spacelessness {6}

Many Christian philosophers do not believe that we should think of God as *literally present in space*. Instead, they believe that God completely transcends space, existing "beyond" or "outside" the spatial universe which we inhabit. But if this is so, then how do they think the doctrine of God's omnipresence should be understood? Moreover, *why* do they believe that God is not present in space?

Let's take the second question first. Why think that God isn't present in space? Well, say these thinkers, consider the doctrine of creation. God created the universe *ex nihilo*, or "out of nothing." Literally nothing existed (except God) "before" He brought the universe into being. {7} In other words, prior to creation, not even space existed. Rather, space is brought into being by God at the moment of creation. {8} But if God does not exist in space *prior* to creating the universe, then why should we think that He is located in space *after* bringing the universe into being? According to this view, there just isn't any good reason for thinking that He is.

But wait a minute! If God isn't located in space, then how can

it still be said that He's present everywhere? Doesn't this amount to a denial of God's omnipresence? According to proponents of this view, we should understand God's omnipresence to mean that He both *knows* what is happening everywhere in space and that He is *active* at every point in space.<sup>[9]</sup> In other words, God not only knows what is happening everywhere on earth, He also knows what is happening elsewhere in our solar system and in every galaxy of the universe. Moreover, He is continually exercising His power to sustain the universe in being and He is able to act anywhere He desires throughout this vast cosmos which He has created. Hence, even if God is not *literally* present in space, advocates of this view still insist that He both knows what is happening and is able to exercise His power anywhere in the world at any time He chooses.

Having now considered the two major views regarding how we should understand the doctrine of God's omnipresence, we'll briefly look at some of the difficulties that are raised by this doctrine.

## **Difficulties with Omnipresence**

Recall how David in Psalm 139 affirms that there is nowhere he can flee from God's presence, for God is present everywhere. But this raises a difficulty, for elsewhere in the Bible David says something which seems to directly contradict this sentiment.

Pursued by Saul in the Desert of Ziph, David, who had the opportunity to kill Saul but humbly refused, pleaded with Saul not to shed his blood "far from the presence of the Lord" (1 Sam. 26:20). But wait a minute! If God is present everywhere, as David elsewhere affirms, then what sense does it make to speak of dying far from the presence of the Lord? How can one be far from the presence of the Lord if the Lord is present everywhere?

It seems to me that the best way of handling these difficulties is to make an important distinction regarding the way in which God is everywhere present. What I mean is this. Although God is present everywhere, He is *uniquely present* at certain times and places when He desires to reveal Himself in some special way.

The best example of this is the unique incarnation of God the Son in the man Christ Jesus. Jesus was one person with two natures, one divine and one human. According to His divine nature, He remained omnipresent even during His time on earth. Yet in his human nature, Jesus was limited (like all other men) to a particular time and place. And it was in this more limited sense that God specially chose to reveal Himself to us. Hence, in the Gospel of John we learn that God's grace and truth, His love and salvation, His blessing and glory, are all uniquely revealed in the person of Jesus Christ.[{10}](#)

In a similar way, concerning the example of David above, we can say that while God was certainly present in the Desert of Ziph, He had chosen to specially reveal Himself to the people of Israel. He was thus present to the people of Israel in a way that He was not present to the other nations. It is in this sense that David pleads with Saul not to shed his blood "far from the presence of the Lord."

## **The Importance of Omnipresence**

Let's think about this in terms of a "good news/bad news" approach, beginning with the "bad news" first. Although God's omnipresence, considered in itself, is really only good news, there is certainly a sense in which sinful men and women, much like you and me, might be tempted to regard this doctrine as bad news. Why is that?

Well, if God is always present, then like it or not, every evil thought, word, or deed that we think, say, or do is always done directly in His presence! That's a sobering

thought, isn't it? There is literally *nothing* that we can ever do in a hidden or secret way. Whenever we lie or steal, commit adultery or take God's name in vain, we do so in the presence of the God to whom we are all ultimately accountable. Indeed, Jesus warned that on the day of judgment we will even have to give an account for every "careless word" which we have spoken (Matt. 12:36)! This, at least for sinners like ourselves, is what we might call the bad news of God's omnipresence.

But as I said previously, the reality is that God's omnipresence is actually very good news. For it means that no matter what our circumstances, God is always present! When we're anxious or scared, God is there. When we're under pressure at work or having difficulties in a relationship, God is there. Yes; even if we're sick or dying, God is present then, too. David wrote in the Psalms, "Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me" (Psalm 23:4). For the one who's been reconciled to God through faith in Jesus Christ, the fact that God is always present is very "good news" indeed!

I hope you can see that the doctrine of God's omnipresence is not just an interesting issue for philosophers and theologians to ponder (although it is certainly that). It's also an extremely practical doctrine that is highly relevant to almost every aspect of our lives. For wherever we go, whatever joys we encounter or difficulties we face, God is there. And for the Christian, He is present as our Protector, Savior, Counselor, and Friend!

## **Notes**

1. All Scriptural citations are taken from the New International Version of the Bible.
2. See, for example, Jesus' remarks in Luke 24:39: "Look at my hands and my feet. It is I myself! Touch me and see; a ghost does not have flesh and bones, as you see I have."

3. I got this insight from William Lane Craig, "Doctrine of God," Part 8 [Podcast] (accessed August 2010), available from <http://bit.ly/9ruR74>.
4. These quotations come from the discussion in J. P. Moreland and William Lane Craig, *Philosophical Foundations for a Christian Worldview* (Downers Grove: InterVarsity Press, 2003), 509-10.
5. Of course, some theologians (e.g., Process theologians) *do* believe that the universe is God's body. According to them, God is like the soul of the world (which is His body). This view is usually termed *panentheism*, which is not the same as pantheism.
6. This section is particularly indebted to the discussion of omnipresence in Moreland and Craig, *Philosophical Foundations*, 509-11.
7. I put "before" in quotation marks since, if God is timeless without creation, there really isn't literally any temporal moment "before" God brings the universe into being. The universe, along with time itself, simply has its beginning at the moment of creation. Nevertheless, for the purpose of communicating to our radio audience in the limited amount of time available, it is much easier to simply say "before" creation.
8. Moreland and Craig, *Philosophical Foundations*, 510.
9. *Ibid.*, 510-11.
10. In this regard, please see John 1:1, 14-18; 3:16-21.

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# Living With an Eternal

# Perspective

*Sue Bohlin considers several ways to develop a way of seeing our earthly life as part of the much bigger picture that extends into eternity.*

## What Does It Mean To Live With an Eternal Perspective?

Years ago, after spending his whole life on the mission field, a career missionary made his final trip home on a passenger ship. One of the other people on his sailing was a celebrity, and as the ship made its way into the harbor, all those on board beheld a huge throng of well wishers at the pier with signs and instruments to celebrate the famous person's return.

The missionary stood at the railing, watching wistfully, knowing that not a soul was there for him. He said, "Lord, I've served You my whole life. Look at all the recognition and revelry for that famous person, and there's nobody here for me. It hurts, Lord."



He heard the still, small voice say, "You're not home yet, son."

I love this story that helps me keep in mind the big picture that includes the eternal, unseen realm, and the long picture that extends into the forever that awaits on the other side of death.

The apostle Paul had a firm grasp on what it means to live with an eternal perspective. We can especially see this in 2 Corinthians 4:16-18—

So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. For this

light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.

In these verses, Paul provides three aspects of an eternal perspective that kept him from losing heart, despite living with profound physical persecution and assault such as being hammered with stones, whipped by a cat-o'-nine-tails, beaten with rods, and shipwrecked. He knew what it was to go without sleep, food or drink, sometimes he was cold and naked. The man *knew* what it was to suffer! (2 Corinthians 11:23-29)

But Paul had a sort of spiritual periscope that allowed him to “see above” into the spirit realm while continuing to “live below” in this physical world. He saw the contrast between our bodies and our souls, how earthly affliction prepares us for glory, and the need to focus on the unseen and eternal rather than the seen and temporary.

## **Paul's Eternal Perspective**

The apostle Paul showed us in 2 Corinthians 4 that he understood what it was to live with an eternal perspective. He understood that our bodies can be growing older and weaker on the outside, while our spirits are growing stronger, brighter, and more mature on the inside. I get that; as a polio survivor who has also needed both my hips replaced, I am very aware that I keep getting weaker the longer I live in this compromised body. But I also know the beauty and glory of Jesus making me more and more like Himself, day by day, so by His grace I can keep growing in vitality and joy on the inside! I may have diminishing energy in my body, but my spiritual energy capacity keeps getting bigger!

Paul also understood that the hard parts of living in a fallen

world, much less living with the pains and trials of persecution, are merely a “light and momentary affliction” compared to what’s waiting on the other side: an eternal weight of glory beyond all comparison. Even horrible pain on earth is still “light and momentary” compared to the infinite length and glory of eternity with Christ. We can see how the Lord Jesus modeled this understanding as He faced the cross, and Hebrews tells us that He “despised its shame” because He was valuing the glory of the joy set before Him (12:2)

And Paul understood that we can shift our focus from the visible and temporary things of this world, to the unseen and eternal things of the spirit realm. We have to work at seeing the unseen and eternal. We do that with the eyes of our hearts (Ephesians 1:18). We do that by training ourselves to view everything through the lens of God’s word.

I’ve been working at developing an eternal perspective for years. For me, it’s about connecting the dots between earthly things and heavenly things.

I look at earthly things and wonder, “How does this connect to the spirit realm? How does this connect to what is unseen and eternal?” For examples, look at my blog posts, such as Glorious Morning Glories [[probe.org/glorious-morning-glories/](http://probe.org/glorious-morning-glories/)], Back Infections and Heart Infections [[probe.org/back-infections-and-heart-infections/](http://probe.org/back-infections-and-heart-infections/)], Cruise Ships, Roller Coasters and Attitudes [[probe.org/cruise-ships-roller-coasters-and-attitudes/](http://probe.org/cruise-ships-roller-coasters-and-attitudes/)], and Blowing Past Greatness [[probe.org/blowing-past-greatness/](http://probe.org/blowing-past-greatness/)].

Jesus’ parables are the world’s best examples of using the physical to provide understanding of the eternal. He was always connecting the dots between the things He was surrounded by—different types of soil, lost coins and sheep and sons, a wedding banquet—and explaining how these things related to the Kingdom of Heaven.

One of the most important prayers we can ask is, “Lord, help me see Your hand at work”—and then intentionally looking for it. For years I have kept a “God Sightings” Journal where I recorded evidence of God intervening in my life and the lives of others I have seen. I love to ask my friends and mentees, “Do you any God Sightings to share?” to help them identify the hand of God in their lives.

## **An Eternal Perspective on Suffering**

As we talk about living with an eternal perspective, let’s remember that we live in a permanent battle zone of spiritual warfare. We have an enemy who hates us because He hates God. He and his fellow demons continually attack us with lies and deceptions. Some are personal, but many of them constitute the cultural water we swim in.

When we forget that we live in a culture of anti-God, anti-truth, it’s like going out in our underwear, needlessly exposing ourselves. Living with an eternal perspective means staying vigilant, donning our spiritual armor (Ephesians 6:10-18) and using it to fight back against the lies of the enemy.

Spiritual warfare is HARD. It means suffering. Sometimes physical, most often mental—because spiritual warfare is waged on the battlefield of the mind. But the suffering of spiritual warfare is temporary, because the vast majority of the believer’s life will be spent in heaven where warfare of all kinds will be a distant memory.

But for right now, suffering is still part of life, and developing and maintaining an eternal perspective really helps us remind ourselves of the larger truth. Romans 8:18 says that “our present sufferings are not worth comparing with the glory that will be revealed in us.” Being faithful when we’re suffering means glory in the future.

My friend Holly has battled cancer three times on top of the horribleness of cystic fibrosis. She suffers literally every day of her life. Yet, with a beautiful, godly stubbornness, she reminds herself of what is true: “What if the worst thing happens? Oh wait, it can’t. The worst thing that can possibly happen to anyone is to die apart from Christ and spend eternity in torment. For me, to die means instant joy and relief in the arms of my Savior!”

Like [Joni Eareckson Tada](#), my friend Chris has lived with quadriplegia for almost fifty years. What comes to mind when I think of Chris is two words: “sweet joy.” Because of his eternal perspective, Chris knows his suffering is temporary, and he chooses not to give into self-pity. People are drawn to him like honey because of how he radiates Jesus.

And then there’s me. I’ve lived with a disability my whole life. As a polio survivor, I have walked every step with a [very noticeable limp](#). Living with an eternal perspective means that, by the grace of God, I know I will receive a beautiful, strong, perfectly healthy resurrection body in heaven. My polio days are limited, but my resurrection body days will be unlimited! Meanwhile, I get to see God use my disability for His glory and others’ good in ways I never would have imagined. It really is okay!

## **Remembering the Long View**

Another aspect of living with an eternal perspective is focusing on the reality that our time on earth is short, especially compared to the never-ending life on the other side of death.

One of my favorite questions is to ask, “A hundred years from now, when you are face to face with Jesus in heaven, what do you want to be glad you chose today? Indulging your flesh and doing whatever you think will make you happy right now, or

making choices that honor God and bless other people?”

Probably my favorite question remains an essential part of my eternal perspective: passing everything through the grid of the great question, “In the scope of eternity, what does this matter?” [[probe.org/in-the-scope-of-eternity/](http://probe.org/in-the-scope-of-eternity/)]The frustrations of traffic? Not getting our way? A loved one who does not know Christ? The answer determines what is worth getting upset about, what we should just let go, and where we should be investing time in prayer.

We can remember the long view by pre-deciding now that we will use our earthly days fully, engaged in ministry, as long as God gives us breath.

Years ago, my view of living with an eternal perspective was shaped by the story of a lady who decided to start college in her 70s. When they asked her why she would do such a thing when her life was basically over, she said, “Oh no! It’s not over! I’m preparing for the next part of my life in heaven! The more equipped I can get on earth, the more ready I’ll be for what the Lord has for me on the other side!”

Another lady was homebound because she was so disabled. She got the word out that every afternoon, her home was open for anyone who needed prayer. Some days it was like there was a revolving door, so many coming and going! She had a vibrant ministry in the waning days of her life because she was determined to use her remaining earthly days fully, to the glory of God.

One of my friends is a TSA [Transportation Security Administration, part of the U.S. Government] agent at a major airport. She diligently reminds herself daily that every traveler who comes through the security line is infinitely valuable because they are made in the image of God, and Jesus died for them. She showers kindness on them because they are so important. One of her co-workers, for whom work is just a

job where he punches a time clock, once told her, “In twelve months you’ll stop being nice to everyone.” We don’t think so. (Especially since she’s already had this job for several years.) She works at maintaining an eternal perspective, seeing the unseen.

In the time you have now, live well, to the glory of God. Keep reminding yourself that everything we do now has an eternal impact. Our choices, our behaviors, our words, ripple into eternity. Which is why we need to seek to do everything for the glory of God.

## **Eternal Perspective is What God Sees**

As a mom of littles, Nicole Johnson was feeling sorry for herself when she met with a friend who had just returned from Europe. She writes,

“My friend turned to me with a beautifully wrapped package, and said, ‘I brought you this.’ It was a book on the great cathedrals of Europe. I wasn’t exactly sure why she’d given it to me until I read her inscription: ‘With admiration for the greatness of what you are building when no one sees.’”

“In the days ahead I would read—no, devour—the book. And I would discover what would become for me, four life-changing truths, after which I could pattern my work:

“1) No one can say who built the great cathedrals—we have no record of their names.

“2) These builders gave their whole lives for a work they would never see finished.

“3) They made great sacrifices and expected no credit.

“4) The passion of their building was fueled by their faith that the eyes of God saw everything.

“There’s a story in the book about a rich man who came to visit the cathedral while it was being built, and he saw a workman carving a tiny bird on the inside of a beam. He was puzzled and asked the man, ‘Why are you spending so much time carving that bird into a beam that will be covered by the roof? No one will ever see it.’

“And the workman replied, ‘Because God sees it.’<sup>{1}</sup>

Living with an eternal perspective as we make choices and invest our time to glorify God is like building a cathedral that we won’t be able to see finished.

It means living with the long view in mind, aware that the things we can see, hear, and feel are temporary, but the spiritual realm is permanent.

An eternal perspective means that the things you do that no one sees but God—the unseen and eternal—*they matter!*

God tells us in Isaiah that our purpose in life is to glorify Him (43:7). Paul puts a point on this in 1 Corinthians 10:31: “Whether you eat or drink or whatever you do, do it all for the glory of God.”

And that’s the key to living with an eternal perspective.

## Notes

1. [thejoysofboys.com/monday-motivation-the-invisible-mom/](http://thejoysofboys.com/monday-motivation-the-invisible-mom/)

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# The Old Testament and Other Ancient Religious Literature

*Do similarities in the Old Testament with other ancient Near Eastern literature prove that it is all the same kind of thing? Rick Wade shows why it's not.*

## The Challenge

In the 1870s a scholar named George Smith revealed the discovery of both creation and flood stories in ancient Babylonian literature.[\[1\]](#) Bible scholars were soon claiming that the writer of Genesis was merely borrowing from Babylonian mythology. Although competent scholars have since shown that the similarities between these accounts are largely superficial, the idea remains today in certain areas of academia and pop culture that the Bible is just another work of ancient mythology.



Although there are good reasons to see the Bible as very different from other religious literature, the problem for conservative Christians is in how similar it is to other ancient literature; it's because there are significant affinities that scholars made that leap in the first place. On the one hand, liberal scholars and a lot of ordinary lay people take the similarities to indicate that the Old Testament isn't any more divine than other ancient literature. On the other hand, conservatives, fearful of seeing the Bible lose its status, tend to shy away from the similarities. Most of us wouldn't say it, but we don't like to think there's much overlap between the worldview of the ancient Israelites and that of their neighbors. Where we run into problems is when we

assume that God revealed Himself in ways that are always satisfactory to modern people, especially with regard to scientific and historical accuracy. Neither the giving-away-the-store approach nor the approach of turning a blind eye to genuine similarities will do. We must let the Bible be what it is and determine for us how we should understand and use it.

For all the similarities, there are fundamental differences that set the Bible apart. In this article I will spend more time on the differences. Before turning to those, however, it would be good to mention a few similarities.

For one thing, there is similarity in the form that religious practice took. Temples, priests, prophets, and sacrifices were a part of the practices of other religions as they were of the Israelites'. Old Testament scholar John Oswalt notes, for example, that "the layout of the tabernacle and of the temple following it is essentially the same as the layout of contemporary Canaanite sanctuaries. Furthermore, the decoration of the temple seems to have been similar to that of Canaanite sanctuaries."[\[2\]](#)

There were similarities in law as well. For example, the "eye for an eye" injunctions in Exodus 21:23-25 are similar to some found in the Babylonian *Code of Hammurabi*. Both include punishments for striking a pregnant woman and causing her to miscarry.[\[3\]](#)

Even here, though, there are differences, specifically in the purposes of these two. Old Testament scholar John Walton points out that the ancient codes, or treatises as he calls them, were not rules legislated by authorities. Rather, they were collections of principles, learned over time, assembled to show the worthiness and wisdom of the king in his role of maintaining order in society.[\[4\]](#) "This," Walton writes, "was the most fundamental expectation of the gods."[\[5\]](#)

By contrast, the Old Testament law was an important part of

the covenant between God and His people; the laws were, as Walton says, the “stipulations of the covenant.”[{6}](#)

More could be said about similarities, but we’ll turn now to the differences between the Old Testament and other literature of the ancient Near East.

## **The One True God**

Two fundamental differences between the Old Testament and ancient myths are the biblical claims that there is only one true God and that this God is not to be worshipped by means of idols.[{7}](#)

Israel’s neighbors were polytheists or henotheists, meaning they believed there were multiple gods but they worshipped only one, or one primarily. This is why the steward of Joseph’s house could speak to Joseph’s brothers of “your God and the God of your father” (Gen. 43:23) and why Pharaoh could say to Moses and Aaron, “Go, sacrifice to your God within the land” (Ex. 8:25). The Egyptians had their gods, the Hebrews had theirs. The cultural “atmosphere” of belief in many gods was as normal in that day as the modern secular mentality is in ours.

By contrast, Yahweh declared that there was only one God and it was Him. “I am the first and I am the last; besides me there is no God,” Yahweh said. “Who is like me? Let him proclaim it” (Isa. 44:6b-7a; see also 45:5,6).

Further, the true God was not to be worshipped through idols. That was a new idea. Idols were very important to the ancients. They were the actualized presence of deities. The idol received worship on behalf of the god. An example of that worship was providing food for the god by presenting it to the idol. John Walton says that through such expressions, “in this way the image mediated the worship from the people to the deity.”[{8}](#)

This entire understanding was declared false by Yahweh. Through Isaiah and Jeremiah God declared that idols were wood or stone, silver or gold, and nothing more (Isa. 44; Jer. 10). "Every goldsmith is put to shame by his idols," God said through Jeremiah, "for his images are false, and there is no breath in them. They are worthless, a work of delusion" (Jer. 10:14-15a). Through the Psalmist, God asked rhetorically, "Do I eat the flesh of bulls or drink the blood of goats?" (Ps. 50:12-13).

## Transcendence vs. Continuity

One of the ways we distinguish the Old Testament from other literature of the ancient Near East is to note the difference between actual history and myth. The stories of the gods in other literature we call mythological. The word myth is often used today to mean false, but it has a much richer meaning than that.

In his book *The Bible Among the Myths*, John Oswalt gives several definitions of myth which have to do with such things as the definition of the word and sociological and theological factors and more.<sup>{9}</sup> A central feature of all of them is what Oswalt calls "continuity." By continuity he means an actual metaphysical connection between all things. A simple illustration of this principle is the claim, "I am one with the tree, not merely symbolically or spiritually, but actually. The tree is me; I am the tree."<sup>{10}</sup> In the ancient world, this continuity included the gods. The differences between nature and the gods were more of degree than of kind.

This connection is more than a matter of mere resemblance. Because the pagan gods were understood to be continuous with nature, what happened in nature was thought to be a direct result of the activities of the gods. If the crops didn't grow or the animals didn't reproduce, it must have had something to do with the gods. Moving in the other direction, people hoped

to manipulate the gods by engaging in some ritualistic act on the level of nature. So, by retelling and acting out the mythical stories of the divine, ideal world, a connection was made between humanity and the gods. It was hoped that the outcomes of the mythical accounts would apply to the natural world.<sup>[11]</sup> This direct continuity between earth and "heaven" sheds light on such things as temple prostitution and fertility rituals. Through re-enactments of the mythological origins of the world, which involved the sexual activities of the gods, people hoped they could inspire the gods to make their crops grow and their animals fertile.

By contrast, the God of the Old Testament is not continuous with the created world. Yahweh is transcendent, above and separated in His very nature from the created order. This distinction marks a fundamental difference between the teachings of the Old Testament and those of the ancient myths.

This has several very important implications. I'll run through a few.

Being transcendent meant God could not be manipulated through rituals the way pagan gods could. Fertility rituals, for example, were meaningless because they had no relation whatsoever to how God created or governed the world. The Israelites engaged in certain ritualistic acts, but they were not for the purpose of making God do what they wanted. In fact, when they became substitutes for godly living, God told them to stop doing them. We read in Isaiah chapter 1 about how abhorrent the sacrifices and the rituals of the Israelites had become to God.

What to me is the multitude of your sacrifices? says the LORD; I have had enough of burnt offerings of rams and the fat of well-fed beasts; I do not delight in the blood of bulls, or of lambs, or of goats. When you come to appear before me, who has required of you this trampling of my

courts? Bring no more vain offerings; incense is an abomination to me. New moon and Sabbath and the calling of convocations—I cannot endure iniquity and solemn assembly. Your new moons and your appointed feasts my soul hates; they have become a burden to me; I am weary of bearing them. When you spread out your hands, I will hide my eyes from you; even though you make many prayers, I will not listen; your hands are full of blood (Isa. 1:11-17).

The pagan gods demanded the appeasement of sacrifices. Yahweh looked for a change of heart and behavior.

Here's another difference. Because the various acts of the pagan deities recounted in myths were thought to be eternally recurring, time and space lost their significance. The acts of the gods were timeless. They couldn't be connected to particular moments in history.[{12}](#) Thus, the mythological view reduced the significance of the historical.

By contrast, in Scripture we see the transcendent God acting in history through specific events and persons. The people of Israel were called not to re-enact but to remember particular events in history, for it was in these things that the transcendent God of the Bible revealed Himself.

The transcendence/continuity distinction helps explain why idol worship was so strongly condemned in Scripture. It was more than just a matter of worshipping the wrong God. It showed a basic misunderstanding of the *nature* of God. To engage in idol worship was to give in to the idea of continuity between nature and the divine. This mentality was likely behind the creation of the golden calf by Aaron when Moses was on the mountain. The people had lived in a world where gods could be seen through physical idols. It was natural for them, when wondering where Moses and Yahweh were, to find reassurance in a physical representation of deity. But it was condemned by God.

## A Few More Differences

Here are three more differences between the worldview and religion prescribed in the Old Testament and that seen in other ancient Near Eastern literature.

First, the biblical worldview regards humanity highly. In the Old Testament, we read that man and woman were created in God's image. They were the pinnacle of God's creative work. In the pagan myths, mankind was created merely to serve the needs of the lazy and conceited gods. Humans were only good for "food and adulation," as John Oswalt says.[{13}](#)

Second, Yahweh was concerned with people's moral lives. Among other ancient Near Eastern peoples, Oswalt writes, religion was "about sacrifice, ritual, ritual purity, prayer, offerings, and the like." Things like this were part of the covenant between Israel and Yahweh, but not the only things, and not even the most important, as we saw in the Isaiah 1 passage quoted earlier. Ethical obedience was and is an important part of our response to God. His people are to tell the truth, to respect other people and their possessions, to keep the marriage bed pure, etc. Similar laws can be found in some other religious codes, but for Israel they weren't just the laws of the land; they were aspects of a *relationship* with God that were grounded in the *character* of God.[{14}](#)

Third, the people of Israel could know if they were pleasing or displeasing Yahweh and why. They knew what they were required to do and not do, and they got feedback, typically through the prophets.

By contrast, other gods didn't seem so concerned to communicate their thoughts or motives to people. When hardships came for no apparent reason, people thought they must have offended the gods, but they couldn't know for sure what they had done or not done. Walton writes that "the minds of the gods were not easily penetrated."[{15}](#) By contrast, he

says, “nothing in the ancient Near East compares to the extent of revelation that Yahweh gives to his people and the depth of relationship that he desires with them.”[\[16\]](#)

By countering the idea that the Bible is just another example of ancient literature, I have not proved that the Bible’s message is true. The point is to clear away an objection that gets in the way of understanding. It provides a space for people to give more thought to the teachings of the Bible. The Bible is then able to speak for itself.

## Notes

1. Gerhard F. Hasel, “The Polemic Nature of the Genesis Cosmology,” *Evangelical Quarterly*, 46 (1974) 81-102; accessed online at [www.biblicalstudies.org.uk/pdf/eq/1974-2\\_081.pdf](http://www.biblicalstudies.org.uk/pdf/eq/1974-2_081.pdf).
2. John Oswalt, *The Bible Among the Myths: Unique Revelation or Just Ancient Literature?* (Grand Rapids: Zondervan, 2009), 91-92.
3. Peter Enns, *Inspiration and Incarnation: Evangelicals and the Problem of the Old Testament* (Grand Rapids: Mich.: Baker Academic, 2005), 31-32.
4. John Walton, *Ancient Near Eastern Thought and the Old Testament: Introducing the Conceptual World of the Hebrew Bible* (Grand Rapids: Baker Academic, 2006), 290-91.
5. *Ibid.*, 295.
6. *Ibid.*, 299.
7. Enns, *Inspiration and Incarnation*, 57-58.
8. Walton, *Ancient Near Eastern Thought*, 114-115.
9. Oswalt, *The Bible Among the Myths*, chaps. 3 and 4.
10. *Ibid.*, 43.
11. *Ibid.*, 42.
12. *Ibid.*, 43.
13. *Ibid.*, 70.
14. *Ibid.*, 77.
15. Walton, *Ancient Near Eastern Thought*, 307.
16. *Ibid.*, 298.

# How to Kill Sin: John Owen's The Mortification of Sin

*Paul Rutherford provides an overview of the Puritan John Owen's classic book The Mortification of Sin.*

In my early twenties I confessed to a friend an [ongoing battle with sin](#). He suggested I read John Owen's book, *The Mortification of Sin*<sup>{1}</sup>. I wish I had read it back then. It would have saved me so much pain in my battle against sin.

So I want to help you in that same way by sharing some of Owen's key insights in the battle against sin.



Let's begin with the title. Mortification, what does that word mean? Broadly speaking, it means to kill or put to death. The Latin root from which this English word is derived, "mort-" or "mors" means death. *Mortificare*—to kill.<sup>{2}</sup> Other examples of this root include mortuary, mortician, and mortgage.

Simply put, mortification means death, but note the dictionary also lists "shame" and "humiliation" as definitions as well. So mortification involves death. More to the point, Owen wants you to kill *sin*. More importantly, he makes a case that Scripture commands you to kill sin.

This message today is not for everyone. It's only appropriate if you believe in Jesus. Early in the work Owen gravely warns those who would mortify sin, but do so without first believing

in Jesus.

I would warn you as well. Please don't sit here and read another minute if you have not put your faith in Jesus Christ for your righteousness, for your salvation. If you're reading this right now and have never made a confession of faith, and you're ready, please do so now. Just talk to God and tell him you believe that Jesus is Lord, that He died for your sins, was buried, and raised from the dead, and you are putting your trust in Him. Then tell someone you know who already believes. It will be the most important thing you do, ever.

If you're still reading, then let's press on. Owen discusses at length what it means to kill sin, how to do it effectively, and why you should do it.

But before we jump in, remember John Owen was a 17th century English pastor and theologian. This is not his first book, and at the time he composed it, he was Vice-Chancellor at the University of Oxford. Owen has academic credentials. But this book is more devotional than academic. Owen draws from personal experience. It is not merely intellectual. He meant for it to be practiced.

## **What is Mortification?**

John Owen wrote *The Mortification of Sin* in England in 1656. Mortification means death, or in this case to kill. . .sin. That's what we covered in the previous section. This matters because your life is at stake here. In chapter two, Owen warns us with this now famous quote, "Be killing sin or it will be killing you." That is probably the most famous quote from that book.

Did you catch the significance of that quote? Sin will kill you. That's why this is a big deal. That's why this matters. That's also why sin's presence requires such a drastic response. It must be killed. James tells us that "[S]in when

it is fully grown brings forth death.”[{3}](#)

Your best option—the most effective option—your only real option is to *kill* sin. Just like John Owen said. Kill it. Or it will kill you. Because trust me. It will kill you—in every way: physically, spiritually, emotionally, intellectually—every way.

Owen quickly reminds us this is impossible in a complete, ultimate, or perfect sense, until Jesus comes back, not before.[{4}](#) So until then we mortify sin.[{5}](#)

Now let’s talk about mortification. Let’s talk about killing sin. What exactly does that mean? Sin is an abstract thing, not a biological organism. How do you kill an abstract thing? Owen’s instruction is clear: “utterly destroy it” or, make it cease to be.

Owen defines the process of mortification three ways: sin gets weaker, you fight against it constantly, and you have full success over it.[{6}](#)

So then mortification means to weaken sin, or drain it of its power. It means the desire to sin decreases in degree, frequency, and quality. That comes as you “crucify the flesh with its passions and desires,” as we read in Galatians 5:24.

Mortification also means to fight sin constantly. You have an enemy. Employ any means necessary to destroy his work. The contest will be vigorous and hazardous.

Finally, mortification is success against sin in any given moment. This isn’t merely resisting temptation. Owen has more in view here; it is recognizing temptation, bringing it before Christ, pursuing sin to its root, and conquering it in Jesus’ strength.

Before we discuss how to do this, for clarity let’s talk about how not to mortify sin.

## How NOT to Mortify Sin

Mortification means to kill, and the point of John Owen's book *The Mortification of Sin* is to kill sin. Nothing short of your life is at stake here since sin always leads to death. [\[7\]](#)

Sin is not to be trifled with. It cost Jesus His life.

Owen himself covers what mortification is NOT in the book, before he defines what it is. So now we will follow his lead.

Mortification is commonly mistaken. It is tricky to identify properly. Four things frequently masquerade as mortification, when they are in fact not. These four are: faking it, having a calm disposition, cross-addiction, and behavior modification.

Faking it, the first instance of false mortification, is making yourself look good on the outside, instances where outward signs of sin are obvious—compulsive spending, for example. You may choose not to buy something the next time you're tempted, but that outward choice is not the root of sin. The root is inside. It goes deeper.

The root is the belief that material will fill that void inside. Owen further points out hypocrisy as a real danger here. Not only did you not mortify the sin, you are now making it look as if you have.

Mortification is also not simply a calm disposition. Some sins are obvious, visible, even violent in nature. In these cases if you become more calm, more quiet, more gentle, it could appear on the outside as if the sin is gone. In fact it is not. Owen reminds us that mortification is more than a simple change in disposition.

Mortification is also not replacing one vice for another. For example, if the presenting sin is addiction to pornography, keeping yourself from erotic material may appear as victory unless you pick up the bottle. Now you simply exchanged

pornography for alcohol. You exhibit a cross-addiction. This, too, is not mortification.

Mortification is also not mere change in behavior. Surely you have made a big change before—created a new habit, lost weight, something, even a New Year’s resolution. You can force the behavior for a while—maybe even through February! You can make yourself do what you’ve resolved. But eventually, that old habit creeps back; unless some real changes are made, it’s merely a shift in behavior. This also is not mortification.

What is mortification, then? How do you do it?

## How to Mortify Sin

After all this preliminary discussion, you probably want to know how you can kill sin, conquer it, and be victorious, because if you don’t it will kill you, as Owen himself says in the book.

Here’s the bad news, though. *You* can’t mortify your sin. You will have no victory over sin by employing any method I recommend to you. Now, don’t despair! This doesn’t mean you can’t experience victory! God forbid. Rather, it is God’s will for you to find victory over the curse of sin. What I mean here is that mortification is not something *you* do. It is instead something God does, namely the Holy Spirit.

Only the Holy Spirit can mortify sin, kill sin in the flesh. Only He is strong enough to put to death the old man.

So what do you do, then? Here are Owen’s words. “Set faith at work on Christ for the killing of thy sin. His blood is the great sovereign remedy for sin-sick souls. Live in this, and thou wilt die a conqueror. Yea, thou wilt, through the good providence of God, live to see thy lust dead at thy feet.”[\[8\]](#)

The way to mortify sin is to set *faith* at work. Put your faith to work. Believe in the work Jesus did on the cross. His

sacrifice is your remedy. That's how you kill sin—you don't. You believe in the power of Christ's atoning sacrifice on the cross, and let Christ kill it for you.

It's freeing really. Would you want the responsibility of killing the broken flesh within you? I don't. Owen goes on to add two more points of substance. First "fill your soul" with the provision of Christ. I might call that meditation. Meditate on Christ. Fill your mind with His provision.

The second point is to *expect* relief in Christ. Owen reasons that if Christ's blood is enough to make you righteous—and if the Spirit is strong enough to mortify your flesh, then expect it's going to happen. It may not be instantaneous. Anyone who's been walking with Christ for some time will affirm this. It's a slow and difficult, often *painful* process, but definitely a good one.

So that is how you mortify sin. You don't. You let the Spirit do it. Your job is to believe by faith.

## Conclusion

What have we learned so far? If you are following in the footsteps of Jesus, you need to mortify, or put to death, sin in your life. If you don't it will kill you.

This is not a popular message. I admit. Sin is not a fun topic. But Scripture is clear. Sin must be put to death. Owen's book, while dating over three hundred years back, could be neither more timely nor more appropriate for you today.

Owen admonishes the sincere believer to kill indwelling sin without delay. He warns the unbeliever this is impossible without Jesus Christ. Jesus is absolutely essential to the success and continued process of mortification. To do otherwise is the "soul and substance of all false religion in the world."[\[9\]](#)

If you believe in Jesus and you are stuck in your sin, maybe you're trapped in addiction, this book is for you. Mortify sin.

“Set faith at work on Christ for the killing of thy sin.”[{10}](#)  
You believe in His Son for salvation. Believe Him now for the deliverance of your soul from the power of indwelling sin.

It is not easy. You will struggle every day against sin. The bad news here is that you carry the problem with you. Your flesh is broken. It remains unregenerate until the day of Christ. Your soul is secure eternally by the blood of Christ, and one day you will receive a gloriously new body. But for now, we struggle.

But consider Jesus' promise in that struggle: “I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world.”[{11}](#)

Mortification is not for the faint of heart. But it is good. Your sin does not define you. God does. And he says you are fearfully and wonderfully made.[{12}](#) He paid the price of your sin. It was an awful lot. But he loves you that much.

Trust him today. Trust in his Word. And trust in the community of saints He provided for you. Confess your sin to them today. Do you want to fully live? Then kill sin.

## Notes

1. John Owen, *The Mortification of Sin*. (Ross-shire, UK: Christian Focus Publications, Geanies House), 1996.
2. *American Heritage Dictionary*, 2000.
3. James 1:15.
4. 1 Corinthians 15:50-54.
5. Colossians 3:5.
6. Owen, p.64.
7. James 1:15; Proverbs 14:12; Genesis 2:17.

8. Owen, p.161.
9. Ibid., p.23.
10. Ibid., p.161.
11. John 16:33.
12. Psalm 139:14.

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## Make Your Faith Your Own

*Kyle Skaggs encourages believers with practical suggestions for growing one's faith in Christ.*

I was inspired to write this article when another believer told me they weren't sure whether they continue to be a believer because they believe for themselves, or because of their parents' faith. It is that uncertainty I want to address.

One of the first questions our students are asked at Mind Games is, "Why are you a Christian?" Most of them can't give a good answer. There can be any number of reasons for this, but the one I am concerned with is a lack of spiritual maturity. Knowing and communicating why you are a Christian is one of the first steps to making your faith yours. Being able to definitively say that your faith in Christ is yours and not something inherited from family, friends, or culture gives you the confidence and the fortitude to be an effective witness to the world, which is critical these days.

The writer of Hebrews wrote, "For though by this time you ought to be teachers, you need someone to teach you again the basic principles of the oracles of God. You need milk, not solid food, for everyone who lives on milk is unskilled in the

word of righteousness, since he is a child. But solid food is for the mature, for those who have their powers of discernment trained by constant practice to distinguish good from evil.” (Hebrews 5:12-14)

To make your faith in Christ your own is to mature spiritually. Those who have grown up in the church, yet have not taken responsibility for their walk with Christ, are unable to discern good from evil because they are like children. At some point, you need to stop waiting to be spoon-fed by your parents or your pastor every Sunday and start being deliberate about your relationship with God. This means adopting a mindset that encourages spiritual growth.

To grow spiritually, we need to first desire to grow closer to God. If you lack that desire, then doing any activity to grow spiritually will become a chore. This requires prayer and introspection guided by the Holy Spirit. If you ask God for it, He will change your heart to give you that desire. Put yourself in God’s shoes: don’t you think it would please Him to be asked, “Lord, I want to WANT to grow closer to You. Please give me a heart that seeks You more”?

Next, expect Him to work in your life. Trust that God will change you. Furthermore, trust that God will not lead you astray. Trust that He will speak to you through the scriptures, through other Christians, and through prayer. In our culture it is popular to be skeptical, and that is fine so long as that is used to discern God’s word from man’s; but we still need to be open to the fact that God can and will reveal His will to us. Trust that the Holy Spirit will guide your interpretation. You still need to learn to discern truth from falsehood. If what is said does not contradict scripture, then it may be true and helpful. Engage in activities that will form godly habits.

Spend more time with God. Just as you get to know someone better by spending more time with them, you will get to know

God better as you spend more time with Him. Be deliberate about this, planning your day around that time you have set aside for Him. That looks like spending time in His word, meditating on what you have read, talking to Him in prayer by sharing your heart with Him and then listening for a response. It can look like cultivating mindfulness of God's presence with you and His gracious activity in your life through giving thanks for the ways in which He provides, protects, and shows His love for you.

It is frustrating to ask God to change you, only to continue to stumble over sinful habits. Stop relying on yourself to change your behavior. Don't simply ask God for help, yet change nothing about your life. The New Testament frequently uses the word translated "repent" to describe a U-turn in actions and direction. Repentance is something we need to do—with God's help, but it is still our responsibility. God does not do it for us. Start doing things that will help you grow spiritually. Studies have shown that when people engage with the scriptures at least four times a week, the odds that they will engage with sins like drunkenness, marital infidelity, gambling, and pornography decrease significantly. Meanwhile, those who experience what researchers call "the power of 4" more than double the odds of sharing their faith, memorizing scripture, and discipling others.[\[1\]](#)

In the same way that you need to eat well in the weeks leading up to a race, you need to fill your head with godly things. For example, if all your music is about sex and violence, is it any surprise your thoughts drift to those subjects? Do whatever you can to increase the amount of godly things going into your head through your eyes (your screens) and ears (your playlist).

Trust that God will answer your prayers. If for example you sprain your ankle, and a friend lays their hands on you and prays for healing, trust that it was God who healed you. He is in control of all things, choosing to act directly, or through

people, or through the natural processes He created. His actions do not need to be miraculous, so do not hesitate to give Him credit when your prayer is answered.

Remember the prayers God answers. It is in our nature to remember the bad things that happen to us more than the good. So it can be easy to allow every unanswered prayer to overshadow those that are answered. Keep track of what you are praying for, and as time goes on, see what prayers God has answered. Being able to see how God has been at work in your life will increase your faith, which in turn leads to spiritual maturity. Start praying and looking for opportunities to act in faith. To do this, you need to be listening to the promptings of the Holy Spirit.

Sometimes, these opportunities will seem random. Whether witnessing to somebody, or helping the needy, taking the opportunity to glorify God will increase your faith in Him. Finally, always ask the Holy Spirit to reveal your heart to you. It is so easy to lie to yourself, and God cannot be pleased by the self-righteous.

To summarize, if you want to grow as a man or woman of God, you need to take responsibility for your faith. Decide that you want to grow spiritually. Develop godly habits that encourage your faith to grow. Pray for opportunities to glorify God. Trust God to reveal His will to you. Remember the prayers He answers. As you develop these habits and learn to make Christ the Lord over your life, your faith will grow.

## Notes

1. Cole, A., & Ovwigho, P. C. (December 2009). *Understanding the Bible Engagement Challenge: Scientific Evidence for the Power of 4*, Center for Bible Engagement. [bttbfiles.com/web/docs/cbe/Scientific\\_Evidence\\_for\\_the\\_Power\\_of\\_4.pdf](http://bttbfiles.com/web/docs/cbe/Scientific_Evidence_for_the_Power_of_4.pdf)