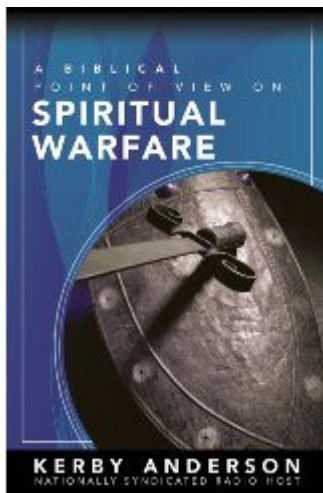


# Satan

*What does the Bible say about Satan, and what do Christians believe about him? Not only is this an important biblical doctrine, but it has also been used to determine if someone has a biblical worldview. Kerby Anderson explains the basics about Satan, how he catches us in his snares, how to resist his temptations.*



The Barna Group has found that a very small percentage of born again Christians have a biblical worldview. They define a “biblical worldview” as having the following six elements: “The Bible is totally accurate in all of the principles it teaches; Satan is considered to be a real being or force, not merely symbolic; a person cannot earn their way into Heaven by trying to be good or do good works; Jesus Christ lived a sinless life on earth; and God is the all-knowing, all-powerful creator of the world who still rules the universe today.”[\[1\]](#)

Various surveys (including the Barna surveys) show that many Christians think that belief in Satan is optional. After all, they argue, if I believe in Jesus that is enough. But if you believe that Jesus was God then you have to believe that Satan exists. Satan is mentioned in the Gospels twenty-nine times. And in twenty-five of those references, Jesus is the one talking about Satan.



It is also worth noting that Satan is mentioned many other times in the Bible. Satan is referred to in seven Old Testament books and every New Testament writer talks about Satan. Belief in Satan is not optional.

When Satan is discussed in the New Testament, he is identified by three titles. These three titles describe his power on earth and his influence in the world:

1. *Ruler of the world* – Jesus refers to Satan as “the ruler of this world” (John 12:31; 14:30; 16:11). This means that he can use the elements of society, culture, and government to achieve his evil ends in this world. That doesn’t mean that every aspect of society or culture is evil. And it doesn’t mean that Satan has complete control of every politician or governmental bureaucrat. But it does mean that Satan can use and manipulate the world’s system.

2. *God of this world* – Paul refers to Satan as “the god of this world” who “has blinded the minds of the unbelieving so that they might not see the light of the gospel of the glory of Christ, who is the image of God” (2 Corinthians 4:4). Satan sets himself up as a false god to many. His power over religion and the ability to promote false religions keeps people from know the true gospel.

3. *Prince of the air* – Paul reminds Christians that they were dead in their trespasses and since in which they “formerly walked according to the course of this world, according to the prince of the power of the air.” Satan is the prince of the air and thus controls the thoughts of those in the world system. The Bible says: “The whole world lies in the power of the evil one” (1 John 5:19). So we should not be surprised that we find ourselves in the midst of spiritual warfare.

## How Did Satan Fall?

The Bible doesn't say much about Satan and his fall. There are two passages in Scripture that many believe does describe Satan's fall but not all theologians are convinced. These passages are Ezekiel 28:11-19 and Isaiah 14:12-19.

Ezekiel predicts the coming judgment of the Gentile nations and refers to "the prince (or leader) of Tyre" and then later to "the king of Tyre." These do not seem to be the same person. The first is obviously the earthly leader of the city Tyre. Ezekiel is predicting his ultimate downfall and the destruction of his kingdom.

The person referred to as the "king of Tyre" seems to be a different person. He has "the seal of perfection" and was "blameless." He is described as "full of wisdom and perfect in beauty." It also says that he was "in Eden, the garden of God."

It appears that the "king of Tyre" describes Satan who was serving God as an angel. The passage further says that Satan was "lifted up" because of his beauty which many commentators suggest mean that he was the greatest of all of God's creations. But he sinned. This passage says "you sinned" and "you corrupted your wisdom by reason of your splendor."

Another passage that appears to be talking about Satan is where the prophet Isaiah is predicting that God will bring judgment against Babylon. The first part of chapter 14 (verses 1-11) is directed at the king of Babylon. But many theologians and commentators believe that the subject changes in the next section (verses 12-19) because it focuses on the "star of the morning."

It worth mentioning that the "star of the morning" in verse 12 could just as easily be translated "the shining one." That connects with Paul's statement that Satan is an "angel of

light" (2 Corinthians 11:14). The passage also says that he has "fallen from heaven." It seems like we are not talking about the Babylonian king but actually talking about Satan.

If this passage is talking about Satan, then it tells us more about his motivations that led to his fall. Five times in this passage we see the phrase "I will." He is prideful and wants to achieve a position "above the stars of God" (Isaiah 14:13). He also sought to be "like the Most High" (Isaiah 14:14). And he wanted to "sit on the mount of assembly in the recesses of the north" (Isaiah 14:13). Each of these desires tells us more about his motivations.

From this passage we discover three things about Satan. First, Satan wanted to be superior to creation. Second, Satan wanted to be superior to the Creator. Third, Satan wanted a superior place to rule all of creation.[{2}](#)

## **What Do We Know About Satan's Character?**

The Bible tells us a great deal about Satan through the various names that are given to him. Let's begin by looking at the name "Satan." In Hebrew the name means "adversary." He is opposed to God and His plans. And Satan is also opposed to God's plan in our lives. If we are to be successful in spiritual warfare, we must understand that he is our adversary. This characteristic of Satan is significant. The Old Testament uses this name for him eighteen times, and it is used thirty-four times in the New Testament.

Another common name for Satan is "the devil." This name in the Greek is *diabolos* and is derived from the verb meaning "to throw." The Devil throws accusations and lies at us. This is a significant part of spiritual warfare. He accuses believers while he slanders and defames the name of God. This name occurs thirty-six times in the New Testament.

There is one passage in the New Testament that uses both of

these names for Satan. Peter warns believers about Satan who is an “adversary” and “the devil” who is on the prowl like roaring lion (1 Peter 5:8). He is a formidable adversary that believing Christians should not take lightly.

Satan is also known as the “tempter.” He tempts us to follow him and his evil ways rather than follow God’s plan for our lives. When he appears to Jesus in the wilderness, he is referred to as the tempter (Matthew 4:3). Also, Paul refers to Satan as “the tempter” (1 Thessalonians 3:5) and thus illustrates one of the key characteristics of Satan: he tempts humans to sin.

A related name is “serpent.” Satan took the form of a serpent to tempt Adam and Eve in the Garden of Eden (Genesis 3). Paul talks about Satan tempting Eve due to his subtle tempting and craftiness (2 Corinthians 11:3).

In addition to tempting believers, Satan is referred to as the “accuser of the brethren” (Revelation 12:10).

Satan is also called “the evil one” both by Jesus (John 17:15) and John (1 John 5:18-19). Satan can control the world system, but believers are given the power to resist his temptations and evil designs. Satan is the source of much of the evil in the world, and that is why believers must reckon with his impact and content with spiritual warfare.

We also see his power in the names that describe his dominion. He is described as “the god of this world” in 2 Corinthians 4:4. He is also called “the prince of the world” (John 14:30) and “the prince of the power of the air” (Ephesians 2:2). And he is known as “the ruler of the demons” in Matthew 12:24.

## **How Are We Caught in the Snares of Satan?**

The Bible teaches that Satan can capture our minds and divert us from God’s purpose. This is called a snare. In certain

biblical passages (for example, Psalm 124), we read about fowling and the use of snares. They would capture birds by spreading a net on the ground that was attached to a trap or snare. When the birds landed to eat the seeds spread out, the trap would spring and throw the net over the birds.

A snare could be anything Satan uses that entangles us or impedes our progress. It could be a roadblock or it could be a diversion. A wise and discerning Christian should be alert for these snares that can prevent our effectiveness and even ruin our testimony.

The character of Satan gives us some insight into his methods and techniques. James gives us a perspective on this by telling us that when we are tempted we should not blame God. Instead we should understand the nature of temptation and enticement. "But each one is tempted when he is carried away and enticed by his own lust. Then when lust has conceived, it gives birth to sin; and when sin is accomplished, it brings forth death" (James 1:14-15).

James shows that temptation toward sin is usually a process rather than a single act. We are tempted and then carried away and enticed by our own lust. Like a fisherman who tries to catch a fish using bait, Satan tries to entice us by placing before us something that will cause us to be carried away. Then when lust has conceived, we do it again, and eventually experience death.

Satan is not only the tempter, but he is a subtle deceiver "who deceives the whole world" (Revelation 12:9). Jesus warned that there will be "false Christs and false prophets" who will "show great signs and wonders." They will be so convincing that they "shall deceive the very elect" (Matthew 24:24).

Paul teaches that Satan disguises himself as an "angel of light" and his demons transform themselves as "ministers of righteousness" (2 Corinthians 11:14-15). Satan's main strategy

is to lie. Jesus said concerning Satan, “When he speaks a lie, he speaks from his own resources, for he is a liar and the father of it” (John 8:44). Paul prays that Christians would “no longer be children, tossed to and fro and carried about by every wind of doctrine, by the trickery of men, in cunning craftiness of deceitful plotting” (Ephesians 4:14).

## **How Did Jesus Resist the Temptations of Satan?**

How can we resist Satan’s temptations? We can learn some valuable lessons about how to deal with spiritual warfare by watching how Jesus was able to resist the temptations of Satan (Matthew 4; Mark 1; Luke 4) in the forty-day Temptation. The Bible records three attempts by Satan to get Jesus to act independently of His Father’s will for Him.

1. *Challenged God’s provision* – Satan first challenged Jesus to turn stones into bread (Matthew 4:3). The Bible tells us that Jesus was very hungry after fasting for forty days. While Jesus had the power to do so, He resisted because it was His Father’s will that he fast in the wilderness for forty days and forty nights.

Instead Jesus quotes a portion of Deuteronomy 8:3 back to Satan. “But He answered and said, ‘It is written, man shall not live on bread alone, but on every word that proceeds out of the mouth of God’” (Matthew 4:4).

2. *Challenged God’s protection* – Satan next took Jesus into “the holy city and had Him stand on the pinnacle of the temple” (Matthew 4:5). He then commanded Jesus to throw Himself down in order for the angels to protect Him. In other words, Satan wanted Jesus to take His protection into His own hands and no longer trust in God’s protection. Notice that Satan even quotes Scripture (Psalm 91) to Jesus (Matthew 4:6) in order to tempt Him.

Jesus, however, quotes a portion of Deuteronomy 6:16 back to Satan. “Jesus said to him, ‘On the other hand, it is written, you shall not put the Lord your God to the test’” (Matthew 4:7).

3. *Challenged God’s dominion* – Satan then took Jesus “to a very high mountain and showed Him all the kingdoms of the world and their glory” (Matthew 4:8). And he said to Him, “All these things I will give You, if You fall down and worship me” (Matthew 4:9). Satan would give Jesus rule and dominion over all that the world could provide if he were turn away from His mission to save mankind and worship Satan.

Notice that Jesus did not challenge Satan’s claim that he had the kingdoms of the world to give to Him. After all, Satan is the “prince of this world” (John 12:31). But instead Jesus said to him, “Go Satan! For it is written, you shall worship the Lord your God and serve Him only” (Matthew 4:10).

As believers we should remind ourselves that Satan is a defeated foe. Jesus tells us that “the ruler of this world has been judged” (John 16:11). But his influence is still felt. Jesus also refers to Satan as “the ruler of this world” (John 12:31). John tells us that “The whole world lies in the power of the evil one” (1 John 5:19). And Peter reminds us that “the Devil walks about like a roaring lion, seeking whom he may devour” (1 Peter 5:8). The good news is that “greater is He who is in you than he who is in the world” (1 John 4:4).

## **Notes**

1. “Barna Survey Examines Changes in Worldview Among Christians over the Past 13 Years,” March 2009, [www.barna.org](http://www.barna.org).
2. You can find more information about Satan, demons, angels, and spiritual warfare in my book [\*A Biblical Point of View on Spiritual Warfare\*](#) (Eugene, OR: Harvest House Publishers, 2009).

See Also

[Probe Answers Our Email: Angels and Demons](#)

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# The Inspiration of the Bible

*What Jesus said of Scripture and the nature of apostolic teaching are two of the main issues in Rick Wade's examination of the inspiration of Scripture.*

A question we often encounter when talking with non-believers about Christ is, "Why should I believe the Bible?" Or a person might say, "You have your Bible; Muslims have their Koran; different religions have their own holy books. What makes yours special?" How would you answer such questions?



These questions fall under the purview of apologetics. They call for a defense. However, before giving a defense we need theological and biblical grounding. To defend the Bible, we have to know what it is.

In this article, then, we'll deal with the nature of Scripture. Are these writings simply the remembrances of two religious groups? Are they writings consisting of ideas conceived by Jews and early Christians as they sought to establish their religion? Or are they the words of God Himself, given to us for our benefit?

The latter position is the one held by the people of God

throughout history. Christians have historically accepted both the Old and New Testaments as God's word written. But two movements of thought have undermined belief in inspiration. One was the higher critical movement that reduced Scripture to simply the recollections and ideas of a religious group. The more recent movement (although it really isn't organized enough to call it a "movement") is religious pluralism, which holds that all religions—or at least the major ones—are equally valid, meaning that none is more true than others. If other religions are equally valid, then other holy books are also. Many Christian young people think this way.

Our evaluation of the Bible and other "holy books" is governed by the recognition that the Bible is the inspired word of God. If God's final word is found in what we call the Bible, then no other book can be God's word. To differ with what the Bible says is to differ with God.

What do we mean by *inspiration*? Following the work of the higher critics, many people—even within the church—have come to see the Bible as inspired in the same way that, say, an artist might be inspired. The artist sees the Grand Canyon and with her imagination now flooded with images and ideas hurries back to her canvas to paint a beautiful picture. A poet, upon viewing the devastation of war, proceeds to pen lines which stir the compassion of readers. Is that what we mean when we say the Bible is inspired?

We use the word *inspiration* because of 2 Timothy 3:16: "All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness." *Inspired* is translated from the Greek word *theopneustos* which literally means "God-breathed." Some have said the word could be translated "ex-spined" or "breathed out." *Inspiration*, then, in the biblical sense, isn't the stirring of the imagination of the writer, but rather is the means by which the writers accurately wrote what God wanted written.

This idea finds support in 2 Peter 1: 20-21: “But know this first of all, that no prophecy of Scripture is a matter of one’s own interpretation, for no prophecy was ever made by an act of human will, but men moved by the Holy Spirit spoke from God.”

What we need before proceeding is a working definition of inspiration. Theologian Carl F. H. Henry writes, “Inspiration is a supernatural influence upon the divinely chosen prophets and apostles whereby the Spirit of God assures the truth and trustworthiness of their oral and written proclamation.”[{1}](#) Furthermore, the writers were “divinely superintended by the Holy Spirit in the choice of words they used.”[{2}](#) Although some things were dictated to the writers, most of the time the Spirit simply superintended the writing so that the writer, using his own words, wrote what the Spirit wanted.

## **The Historical View of the Church**

The first place to look in establishing any doctrine is, of course, the Bible. Before turning to Scripture to see what it claims for itself, however, it will be worthwhile to be sure this has been the view of the church throughout history. Because of the objections of liberal scholars, we might want to see whose position is in keeping with our predecessors in the faith.

Historically, the church has consistently held to the inspiration of Scripture, at least until the 19th century. One scholar has said that throughout the first eight centuries of the church, “Hardly is there a single point with regard to which there reigned . . . a greater or more cordial unanimity.”[{3}](#) The great Princeton theologian B. B. Warfield said, “Christendom has always reposed upon the belief that the utterances of this book are properly oracles of God.”[{4}](#) In the 16th century, the Reformers Martin Luther and John Calvin were explicit in their recognition of the divine source and

authority of Scripture.[{5}](#) B. B. Warfield, Charles Hodge, J. Gresham Machen, Carl F. H. Henry, J. I. Packer and other very reputable scholars and theologians over the last century and a half have argued forcefully for the inspiration of Scripture. And as Warfield notes, this belief underlies all the creeds of the church as well.[{6}](#)

## **The Witness of the Old Testament**

Let's turn now to the Bible itself, beginning with the Old Testament, to see whether its own claims match the beliefs of the church.

The clear intent of the Old Testament writers was to convey God's message. Consider first that God was said to *speak* to the people. "God says" (Deut. 5:27), "Thus says the Lord" (Exod. 4:22), "I have put my words in your mouth" (Jer. 1:9), "The word of the Lord came to him" (Gen. 15:4; 1 Kings 17:8). All these references to God speaking show that He is interested in communicating with us verbally. The Old Testament explicitly states 3,808 times that it is conveying the express words of God.[{7}](#)

Furthermore, God was so interested in people preserving and knowing His word that at times He told people to write down what He said. We read in Exodus 17:14: "Then the Lord said to Moses, 'Write this in a book as a memorial and recite it to Joshua, that I will utterly blot out the memory of Amalek from under heaven.'" (See also 24:3-7, 34:27; Jer. 30:2; 36:2.)

The clear testimony of Old Testament writings is that God spoke to people, and He instructed them to write down the things He said. These writings have been handed down to us.

Of course, we shouldn't think of all the Old Testament—or the New Testament either—as having been dictated to the writers. In fact, most of the Bible was not. What we want to establish here is that God is a communicating God, and He communicates

verbally. The idea that God is somehow unable or unwilling to communicate propositionally to man—which is what a number of scholars of this century continue to hold—is foreign to the Old Testament. God spoke, and the people heard and understood.

We should now shift to the New Testament to see what it says about inspiration. Let's begin with the testimony of Jesus.

## The Witness of Jesus

Did Jesus believe in the doctrine of inspiration?

It is clear that Jesus acknowledged the Old Testament writings as being divine in nature. Consider John 10:34-36: "Jesus answered them, 'Is it not written in your Law, "I have said you are gods"? If he called them "gods" to whom the word of God came—and the Scripture cannot be broken—what about the one whom the Father set apart as his very own and sent into the world?'" Jesus believed it was *God's* word that came to the prophets of old, and He referred to it as Scripture that could not be broken. In Matt. 5:17-19, He affirmed the Law as being fixed and above the whims of men.

Jesus drew on the teachings of the Old Testament in His encounter with Satan (Matt. 4:1-11). His responses, "Man shall not live on bread alone" (Deut. 8:3), "You shall worship the Lord your God and serve Him only" (Deut. 6:13), and "You shall not put the Lord your God to the test" (Deut. 6:16) are all drawn from Deuteronomy. Each statement was prefaced by "It is written" or "It is said." Jesus said that he only spoke what the Father wanted Him to (John 12:49). By quoting these passages as authoritative over Satan, He was, in effect, saying these were God's words. He also honored the words of Moses (Mark 7:10), Isaiah (Mark 7:6), David (Mark 12:36), and Daniel (Matt. 24:15) as authoritative, as carrying the weight of God's words. {8} Jesus even referred to an Old Testament writing as God's word when this wasn't explicitly attributed

to God in the Old Testament itself (Gen. 2:24; Matt. 19:4,5).

In our consideration of the position of Jesus on the nature of Scripture, we also need to look at His view of the New Testament. But one might ask, "It hadn't been written yet, how could Jesus be cited in support of the inspiration of the New Testament?"

To get a clear picture of this we need to realize what Jesus was doing with His apostles. His small group of twelve was being trained to carry on the witness and work of Jesus after He was gone. They were given a place of special importance in the furthering of His work (Mark 3:14-15). Thus, He taught them with clarity while often teaching the crowds in parables (Mark 4:34). He sent them as the Father had sent Him (John 20:21) so they would be witnesses of "all these things" (Luke 24:48). Both the Spirit and the apostles would be witnesses for Christ (John 15:26ff; cf. Acts 5:32). He promised to send the Spirit to help them when He left. They would be empowered to bear witness (Acts. 1:4,5,8). The Spirit would give them the right things to say when brought to trial (Matt. 10:19ff). He would remind them of what Jesus had said (John 14:26) and would give them new knowledge (John 16:12ff). As John Wenham said, "The last two promises . . . do not of course refer specifically or exclusively to the inspiration of a New Testament Canon, but they provide in principle all that is required for the formation of such a Canon, should that be God's purpose." [\[9\]](#)

Thus, Jesus didn't identify a specific body of literature as the New Testament or state specifically that one would be written. However, He prepared the apostles as His special agents to hand down the truths He taught, and He promised assistance in doing this. Given God's work in establishing the Old Testament and Jesus' references to the written word in His own teaching, it is entirely reasonable that He had plans for His apostles to put in writing the message of good news He brought.

## The Witness of the Apostles

Finally, we need to see what the apostles tell us about the nature of Scripture. To understand their position, we'll need to not only see what they *said* about Scripture, but also understand what it meant to be an apostle.

The office of apostle grew out of Jewish jurisprudence wherein a *sjaliach* ("one who is sent out") could appear in the name of another with the authority of that other person. It was said that "the *sjaliach* for a person is as this person himself."<sup>{10}</sup> As Christ's representatives the apostles (*apostle* also means "sent out") carried forth the teaching they had received. "This apostolic preaching is the foundation of the Church, to which the Church is bound" (Matt. 16:18; Eph. 2:20).<sup>{11}</sup> The apostles had been authorized by Jesus as special ambassadors to teach what he had taught them (cf. John 20:21). Their message was authoritative when spoken; when written it would be authoritative as well.

As the apostles were *witnesses* of the gospel they also were bearers of *tradition*. This isn't "tradition" in the contemporary sense by which we mean that which comes from man and may be changed. *Tradition* in the Hebrew understanding meant "what has been handed down with authority."<sup>{12}</sup> This is what Paul referred to when he praised the Corinthians for holding to the traditions they had been taught and exhorted the Thessalonians to do the same (1 Cor. 11:2; 2 Thess. 2:15). Contrast this with the tradition of men which drew criticism from Jesus (Mark 7:8).

Paul attributed what he taught directly to Christ (2 Cor. 13:3). He identified his gospel with the preaching of Jesus (Rom. 16:25). And he said his words were taught by the Spirit (1 Cor. 2:13). What he wrote to the Corinthians was "the Lord's commandment" (1 Cor. 14:37). Furthermore, Paul, and John as well, considered their writings important enough to call for people to read them (Col. 4:16; 1 Thess. 5:27; John

20:31; Rev. 1:3). Peter put the apostolic message on par with the writings of the Old Testament prophets (2 Pet. 3:2).

What was the nature of Scripture according to the apostles? Many if not most Christians are familiar with 2 Timothy 3:16: "All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness." This is the verse most often cited in support of the doctrine of the inspiration of Scripture. Paul was speaking primarily of the Old Testament in this passage. The idea of God "breathing out" or speaking wasn't new to Paul, however, because he knew the Old Testament well, and there he could read that "the 'mouth' of God was regarded as the source from which the Divine message came." [13](#) Isaiah 45:23 says, "I have sworn by Myself, The word has gone forth from My mouth in righteousness and will not turn back" (see also 55:11). Paul also would have known that Jesus quoted Deuteronomy when He replied to the tempter, "Man shall not live on bread alone, but on every word that proceeds out of the mouth of God" (Matt. 4:4; cf. Deut. 8:3).

Peter also taught that the Scriptures were, in effect, the speech of God. In 2 Peter 1: 20-21, he noted that prophecy was made by "men moved by the Holy Spirit [who] spoke from God." It didn't originate in men.

One further note. The Greek word *graphe* in the New Testament only refers to sacred Scriptures. This is the word used in 1 Timothy 5:18 and 2 Peter 3:16 to refer to the writings of the apostles.

The apostles thus were the ambassadors of Christ who spoke in His stead and delivered the message which was the standard for belief and practice. They had both their own recollections of what they witnessed and heard and the empowerment of the Spirit. The message they preached was the one they wrote down. The New Testament, like the Old, claims very clearly to be the inspired word of God.

## Making a Defense

We now come to a very important part in our discussion of the inspiration of Scripture. It's one thing to establish the biblical teaching on the nature of the Bible itself. It's quite another to give a defense to critics.

As I noted earlier, we frequently hear questions such as "Many religions have their own holy books. Why should we believe the Bible is special?"

When this objection comes from someone who holds to religious pluralism, before answering the question about the Bible we will have to question him on the reasonableness of pluralism itself. No amount of evidences or arguments for the Bible will make a bit of difference if the person believes that there is no right or wrong when it comes to religion.[{14}](#)

It's easy for apologists to come to rely primarily on their arguments when responding to critics, which is something even Paul wouldn't do (1 Cor. 2:3-5). What we learn from Scripture is the power of Scripture itself. "For the word of God is living and active and sharper than any two-edged sword," Hebrews says (4:12). Isaiah 55:11 says that God's word will accomplish his will. In Acts 2:37 we see the results of the proclamation of the word of God in changed people.

So, where am I going with this? I wonder how many people who object to our insistence that our "holy book" is the only true word of God have ever read any of it! Before we launch into a lengthy apologetic for Scripture, it might be good to get them to read it and let the Spirit open their minds to see its truth (1 Cor. 2:6-16).

Am I tossing out the entire apologetics enterprise and saying, "Look, just read the Bible and don't ask so many questions"? No. I'm simply trying to move the conversation to more fruitful ground. Once the person learns what the Bible says,

he can ask specific questions about its content, or we can ask him what about it makes him think it might *not* be God's word.

The Bible clearly claims to be the authoritative word of God, and as such it makes demands on us. So, at least the *tone* of Scripture is what we might expect of a book with God as its source. But does it give evidence that it *must* have God as its source? And does its self-witness find confirmation in our experience?

Regarding the necessity of having God as its source, we can consider prophecy. Who else but God could know what would happen hundreds of years in the future? What mere human could get 300 prophecies correct about one person (Jesus)?[{15}](#)

The Bible's insight into human nature and the solutions it provides to our fallen condition are also evidence of its divine source. In addition, the Bible's honesty about the weaknesses of even its heroes is evidence that it isn't just a human book. By contrast, we tend to build ourselves up in our own writing.

As further evidence that the Bible is God's word, we can note its survival and influence throughout the last two millennia despite repeated attempts to destroy it.

What Scripture proclaims about itself finds confirmation in our experience. For example, the practical changes it brings in individuals and societies are evidence that it is true.

One more note. We have the testimony of Jesus about Scripture whose resurrection is evidence that He knew what He was talking about!

In sum, the testimony of Scripture to its own nature finds confirmation in many areas.[{16}](#) Even with all this evidence, however, we aren't going to be able to prove the inspiration of the Bible to anyone who either isn't interested enough to give it serious thought or to the critic who only wants to

argue. But we can share its message, make attempts at gentle persuasion and answer questions as we wait for the Spirit to open the person's mind and heart.

## Notes

1. Carl F. H. Henry, *God, Revelation and Authority*, vol. 4, *The God Who Speaks and Shows* (Waco, TX: Word Books, 1979), 129.
2. Class notes, *Introduction to Theology*, Trinity Evangelical Divinity School, May 4, 1987. See also Warfield cited in Henry, *God, Revelation and Authority*, 4:141.
3. L. Gaussen, *The Inspiration of the Holy Scriptures* (Chicago: Moody Press, 1949), 145. See the entire section, pp. 145-152.
4. Benjamin Breckinridge Warfield, *The Inspiration and Authority of the Bible* (Phillipsburg, NJ: Presbyterian and Reformed Publishing Company, 1948), 107.
5. Warfield, 108-09.
6. Ibid., 110-11.
7. René Pache, *The Inspiration and Authority of Scripture* (Chicago: Moody Press, 1969), 81.
8. John W. Wenham, *Christ and the Bible* (Downers Grove: InterVarsity Press, 1972), 24.
9. Wenham, 113.
10. Edward J. Young, *Thy Word is Truth* (Grand Rapids: Eerdmans, 1957), 21.
11. Ibid.
12. Herman Ridderbos, "The Canon of the New Testament," in *Revelation and the Bible*, ed. Carl F. H. Henry ;(Grand Rapids: Baker, 1958), 192, 193.
13. Ibid., 193.
14. For help in dealing with relativism and religious pluralism, see these other Probe articles: Don Closson, [How Do You Spell Truth?](#) and Rick Rood, [Do All Roads Lead to God? The Christian Attitude Toward Non-Christian Religions.](#)
15. Josh McDowell, *Evidence That Demands a Verdict*, rev. ed.

(San Bernardino, Ca.: Here's Life Publishers, ;1979), 144.

16. See Bernard Ramm, *Protestant Christian Evidences* (Chicago: Moody Press, 1953), esp. chaps. 8 and 9.

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# Probe 2020 Survey Report #3: Religious Practices and Purpose for Living

*Steve Cable explores Probe's 2020 survey, examining the participants' religious practices, sense of purpose for living, and views on tolerance vs. acceptance.*

In our [first two reports](#), we looked primarily at religious affiliations and core religious beliefs. In this report, we examine the level of religious activity of different religious groups and how they relate to people with different religious beliefs.

Some of the key results for Americans ages 18 through 39 on religious practices are as follows:

- Only about a fourth of Born Again Christians prayed multiple times per day and a similar number said they read their Bible daily.
- Only about one in five Born Again Christians give 10% or more of their income to their church and other charities.
- Only about one in twenty Born Again Christians reported a consistent religious life where they attended church at least **twice** a month, considered their faith as **strongly**

important in their daily life, prayed **multiple times** per day, and read their Bible **daily**.

- Less than one in five Born Again Christians reported a nominal religious involvement where they attend church at least once a month, considered their faith as important in their daily life, prayed at least once a day, and read their Bible at least weekly, and gave at least 5% to their church and other charities.

- From 2010 to 2020, the percent of Born Again Christians who reported attending church at least twice a month, considered their faith as strongly important and read their Bible daily dropped by one half from 40% down to 20%.

- When asked about their ultimate purpose for living, slightly more than half of Born Again Christians selected a purpose which included serving God which was a significant drop from the two thirds who selected a similar purpose in 2010.

Some of the key results for Americans ages 18 through 39 on tolerance of other religions are:

- Only about one quarter (27%) of them disagree with the statement “. . . it is important to let people know that I affirm as true (at least for them) their religious beliefs and practices.”

- At the same time, almost two thirds (65%) agree that tolerance is best defined as “Treating with respect people with ideas or actions that you believe to be wrong or misguided.”

- This is another topic where we see somewhat conflicting results. Apparently, many Born Again Christian young adults think that you cannot believe someone is “wrong or misguided” when it comes to religion. Or they believe that “Treating with respect” means “affirming as true (at least

for them)".

## Level of Religious Activities

We will begin by looking at two different levels of religious activity: a Nominal Level and a Committed Level as shown in Table 1 below.

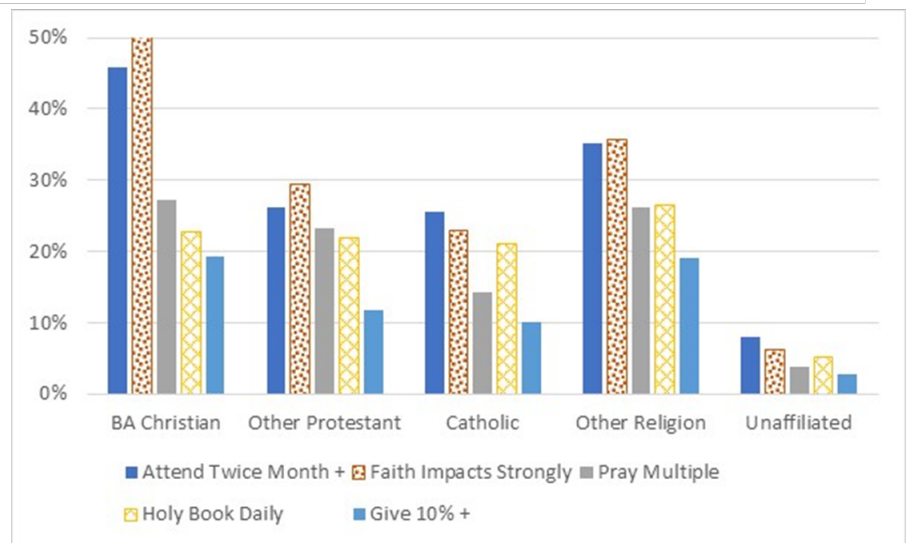
**Table 1 Defining Levels of Religious Activity**

Religious Activity	Nominal Level	Committed Level
How often do you attend religious services, not including special events such as a wedding or funeral?	Monthly	Twice a month or more
My religious faith has a significant impact on my daily life	Agree	Agree strongly
How often do you pray outside of a formal religious service?	Daily	Multiple per day
How often do you read or study your Holy Book in a small group setting or by yourself	Weekly	Daily or more
How much do you give to religious organizations and charities each year?	5% to 10% of income	At least 10% of income

I think most would agree that someone doing the activities listed at the level required for the Committed Level is serious about their faith. They consider it important enough to make it a priority in their thoughts, time and finances. One can find specific instructions or examples in scripture for the importance of the first four activities listed above in the Committed Level column. Giving at least 10% of your income is not a clear direction in the New Testament, but it is a good metric for assessing someone's commitment. The nominal level probably represents someone who considers their

faith as important but not important enough to involve a significant amount of time and money.

Figure 1 Committed Level of Religious Activity by Faith Group  
Ages 18 through 39

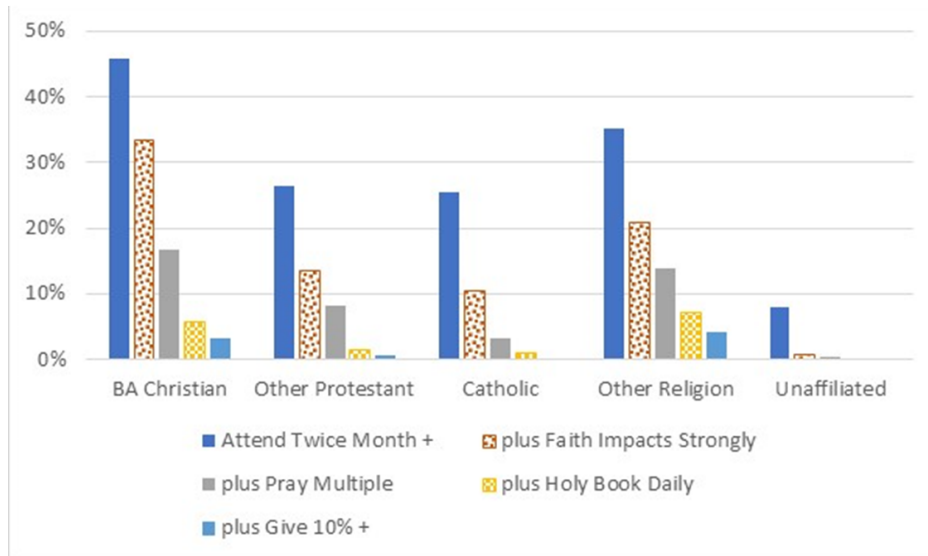


## Committed Level of Religious Activity

Those ages 18 through 39 who practice their religion at a committed level are shown in Figure 1 at right. We have roughly ordered these items from highest probability of adherence to lowest.

As shown in the figure, Born Again Christians lead the way in frequent church attendance and for strongly considering their faith significant. For the next two, prayer and reading your holy book, all four of the religious groups were similar. Finally, for the giving metric, Born Again Christians show about 20% at that level of giving while Other Protestants and Catholics are about half of that level, or 10%.

Figure 2 Committed Level of Religious Activity – Cumulative  
Ages 18 - 39



It is distressing that three of the five metrics show only about one in four of Born Again Christians who practice them. Even the most commonly practiced religious behaviors show

fewer than half of Born Again Christians active at those levels.

And when we combine all of these metrics together (as shown in Figure 2) to identify people who show a strong commitment to their religious faith, we find around 3% (1 out of 33) Born Again Christians saying they perform all five activities. In fact, people of Other Religions have about 4% performing all five metrics. However, for all practical purposes, there is not difference between 3% and 4%. Both numbers represent a tiny portion of the faith group.

Note that if we exclude the question on giving, the percentage of Born Again Christians increases from 3% to 5%. Clearly, money is not the primary issue driving down the number of consistently active believers.

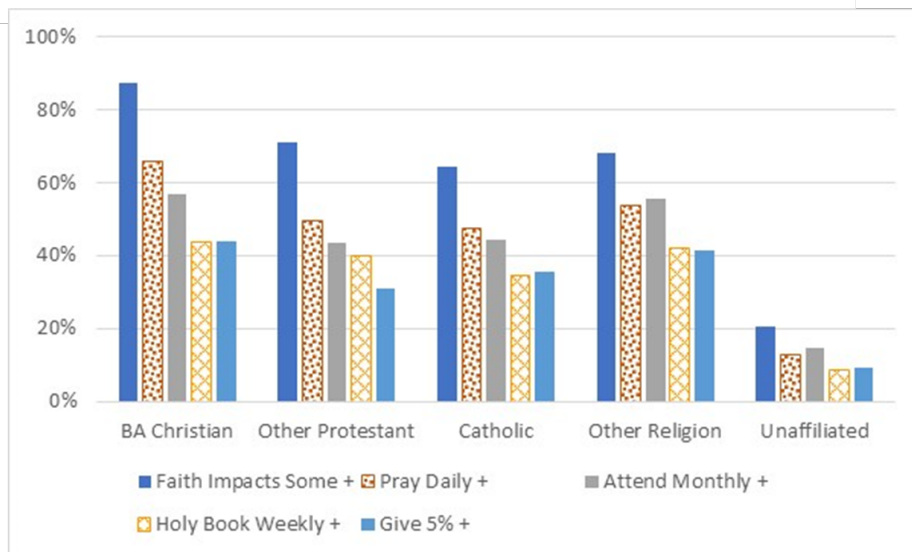
Also note that the entire Unaffiliated group reports less than 8% on each of these practices and less than 1% who claim to do even two of these practices.

These survey results clearly show that a scant few Americans of any religious persuasion take the time to be actively involved in practices

to help them grow in their faith.

## Nominal or Committed Levels of Religious Activity

Figure 3 At Least a Nominal Level of Religious Activity by Faith Group Ages 18 through 39



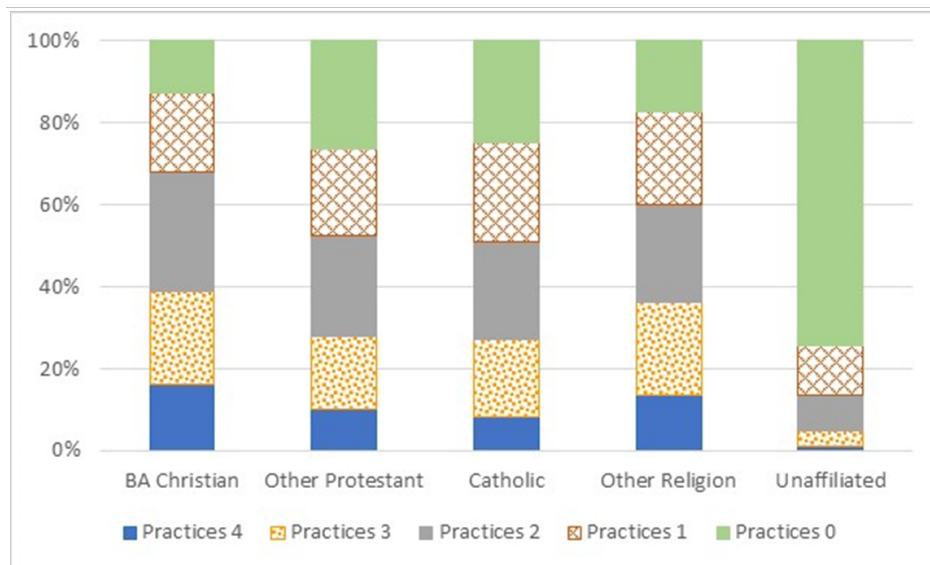
Now let's look at those with at least a Nominal level of religious practice (i.e., those who select the nominal level or the committed level). As shown in the figure, this is a much lower bar with all religious faiths hovering over 60% on those who agree/strongly agree that their faith has a significant impact on their daily lives and around half on those who pray at least daily. The other three activities range between 30% and 50%.

We should not forget that the pastors of these religious groups should be (and probably are) ashamed of these numbers. Particularly so when we consider the percentage of each group that practices all five of these relatively easy levels of commitment. The numbers (not shown on the graph) for those who practice all five are 16% of Born Again Christians, 13% of Other Religions, 9% of Other Protestants and 7% of Catholics. I must believe that pastors of those who answered the two Born Again questions would expect those congregants to be greater than 80% rather than hovering around 15%.

It is interesting that when we combine five different metrics, each of which is greater than 40% for Born Again Christians,

that it drops down to 16%. Note both the metrics for reading the Bible at least weekly and giving at least 5% of your income to charities come in at Almost half (44%). When we combine the two metrics to see how many Born Again Christians affirm that they engage in both of these activities, the number drops to about one in four (26%).

Figure 4 Number of Nominal Religious Activities  
Ages 18 through 39



So let's look and see how many said they did all the activities, three of the activities, two of the activities, etc. Almost 40% of Born Again Christians did at least three of

the activities. Only 5% of the Unaffiliated could say the same. In fact, over 75% of the Unaffiliated did none of these activities.

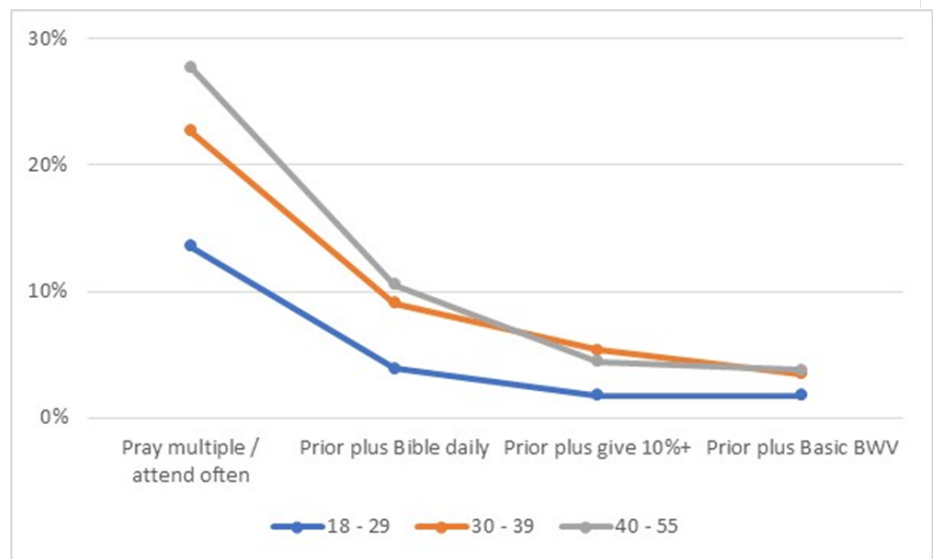
It is worth noting that Other Protestants and Catholics do not lag far behind Born Again Christians in the percentage doing at least three of the activities. This difference is a significant contrast to the Basic Biblical Worldview questions and the "who is Jesus" questions where these other religious groups lagged far behind Born Again Christians.

If I were to say to a Born Again believer, "to consistently grow in your faith and represent the good news of Christ to the world, I recommend that you pray to God daily, attend church at least one a month, read your Bible at least one a week, and give at least 5% of your income to religious charities including your church." I would not expect to get

much blowback. After all, it takes less than one hour a week and no real financial hardship. Of course, what I really say is we should all try to live at a Committed level. Not because it is necessary for salvation, rather this level of activity will help us live a life honoring God and making a difference beyond the temporal into eternity.

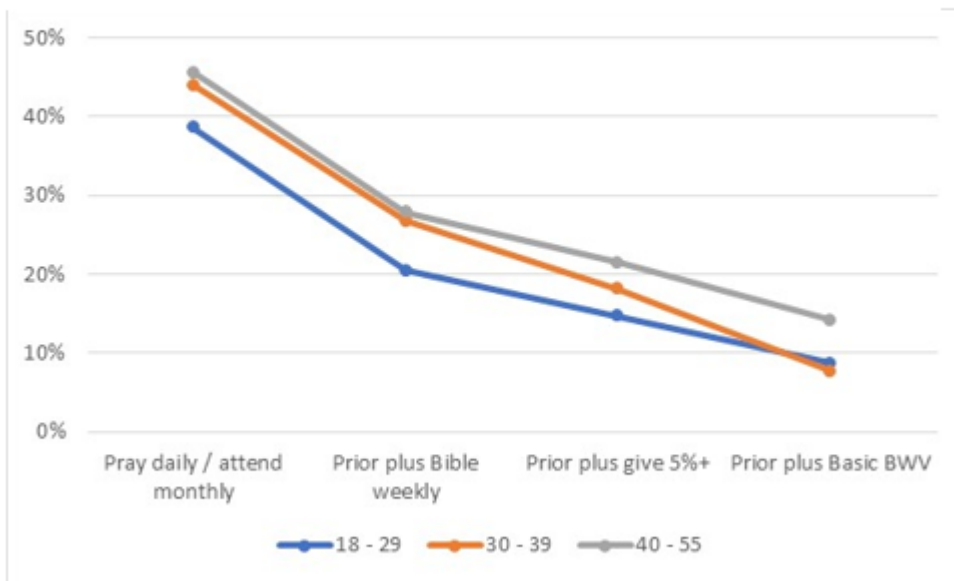
### Variations by Age among Born Again Christians

Figure 5 Committed Level of Religious Activity for Born Again Christians by Age Range



How do these religious activities vary by age among Born Again Christians? The results are plotted in the graph on the right for a Committed Level of Activity. As shown, the percentage of the youngest adults is significantly less than for the two older groups. However, as the graph moves to the right adding more aspects to the cumulative total, the difference becomes small. In general, the youngest adults are less likely to practice key components of an active faith, but regardless of age the numbers are small.

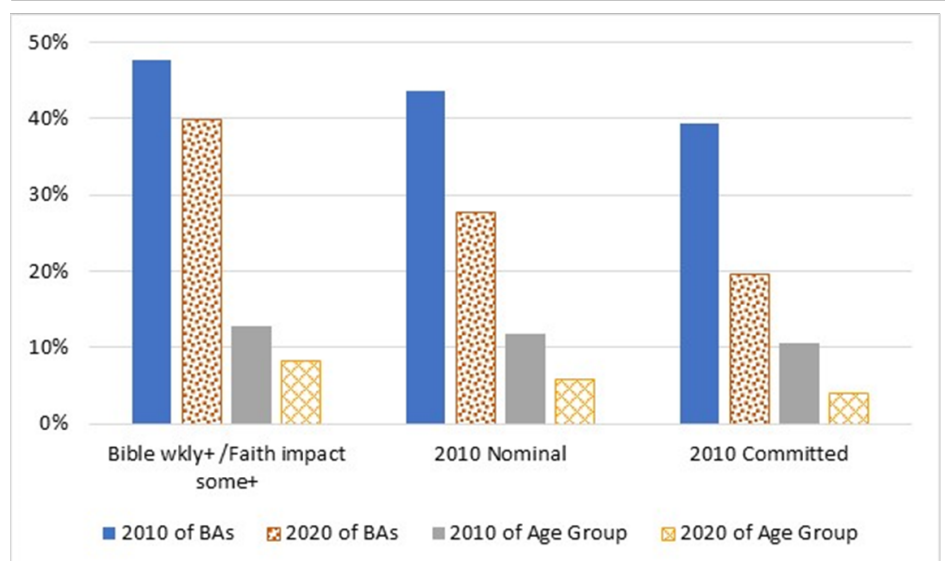
*Figure 6 At Least a Nominal Level of Religious Activity for Born Again Christians by Age Range*



The results are shown on the left for a Nominal or Committed Level of Activity. We have more Born Again Christians who participate across these levels. The

lines still trail down sharply as we move to the right, adding more practices to the cumulative total. The fact that only one out of five Born Again Christians ages 18 through 29 pray daily, attend church at least monthly, and read the Bible at least weekly presents a major challenge to our young adult ministries. I would suggest that these activities are essential to a consistently grow sanctification in our lives.

*Figure 7 Comparison of Religious Practices in 2010 and 2020 Born Again Christians Ages 18 through 39*



## Religious Practice from 2010 to 2020

How has the commitment to religious practices fared over the last 10 years or so? Our survey from 2010 asked the same questions regarding attendance, Bible reading, and the importance of faith. The questions on prayer and giving were different. However, we can get some good comparison data looking at the three common questions.

In the figure at right we use two terms, 2010 Nominal and 2010 Committed, which are defined below. The 2010 Nominal attend monthly plus, read the Bible weekly plus, and agree that their faith is significant in their daily lives. The 2010 Committed attend **more than** monthly, read the Bible weekly plus, and **strongly agree** that their faith is significant in their daily lives.

The first category shown does not include church attendance. One unknown with the attendance question taken during the Covid-19 pandemic is that some respondents may have replied taking the pandemic into consideration and while other respondents considered normal times. We see a slightly greater drop-off between the first category and the 2010 Nominal category which could be associated with this issue. However, the difference is not large enough to impact the overall conclusions.

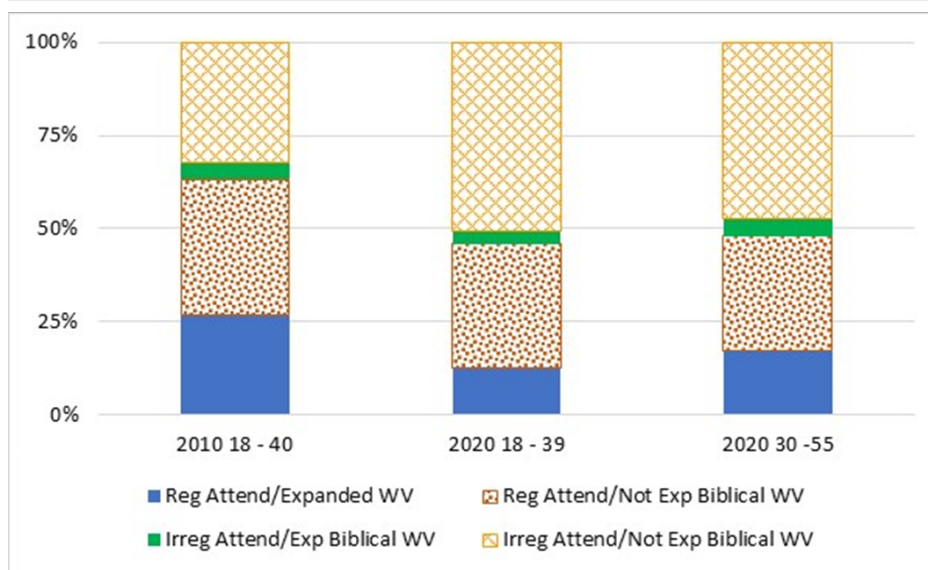
What we see is that the drop-off in the 2010 Nominal category is from 44% to 28% and the drop-off in the 2010 Committed category is down one half from 40% to 20%. These numbers reflect an astounding drop in the importance that Born Again Christians place on these simple religious activities.

**Combining Worldview and Church Attendance** (a key metric from our earlier book[\[1\]](#))

In our prior study of Born-Again Christians, one of the key divisions we used in looking at religious practices, religious beliefs and cultural practices was a combination of Biblical

Worldview and Church Attendance. We found that those Born-Again Christians with a Biblical Worldview and regular church attendance (twice a month or more), were much more likely to demonstrate biblical religious practices, beliefs, and cultural practices. So, we wanted to compare those results with the findings from our new survey.

*Figure 8 Church Attendance and Expanded Biblical Worldview*



The figure on the left compares the findings from 2010 with those from 2020 using the more stringent Expanded Biblical Worldview. The values shown are the percent of Born-Again Christians (so

all columns add up to 100% even though the percentage of Born Again Christians is less in 2020). Two age ranges are used in 2020; the first one is basically the same age range used in 2010 (18 – 39) and the second age range (30 – 55) is very close to the age range of the 2010 survey aged by the ten years that have gone by.

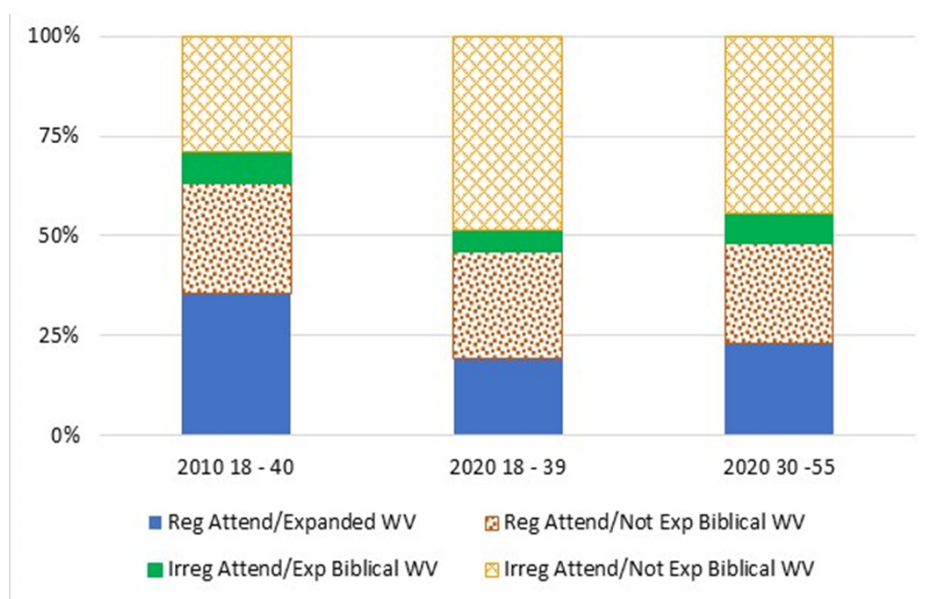
Looking at those with regular attendance and an Expanded Biblical Worldview we see a significant reduction among 18- to 29-year-olds in 2020 (27% down to 13%) with a lesser reduction among 30- to 55-year-olds down to 17%. The percentage of regular attenders without an Expanded Biblical Worldview has remained relatively constant. But of course, that does not mean that the people who stopped attending were those with an Expanded Biblical Worldview. It could be that many without it stopped attending while some decided that they did not believe all of the positions in the worldview but kept attending on a

regular basis.

The area showing a startling high level of growth are those attending monthly or less who do not hold to an Expanded Biblical Worldview. This is the square that ten years ago we wanted to drive down to a smaller number. Instead, it has grown by about 18% (from 32% to 50%).

Now let's examine the same chart using a Basic Biblical Worldview. We see nearly the same features as discussed above. A significant drop is shown in those with regular attendance and a Basic Biblical Worldview coupled with a significant increase in those with irregular attendance and no Basic Biblical Worldview.

*Figure 9 Church Attendance and Basic Biblical Worldview among Born Again Christians in 2010 and 2020*



A significant drop is shown in those with regular attendance and a Basic Biblical Worldview coupled with a significant increase in those with irregular attendance and no Basic Biblical Worldview.

## Ultimate Purpose for Living

We wanted to explore what American young adults thought they were living their lives for. So we asked, "Which statement comes closest to describing your ultimate primary purpose for living?" The choices to select from were:

1. To be a good person and make others happy.
2. To serve God by living a life which proclaims Christ's grace.
3. To make it through each day with integrity.

4. To live at peace with all.

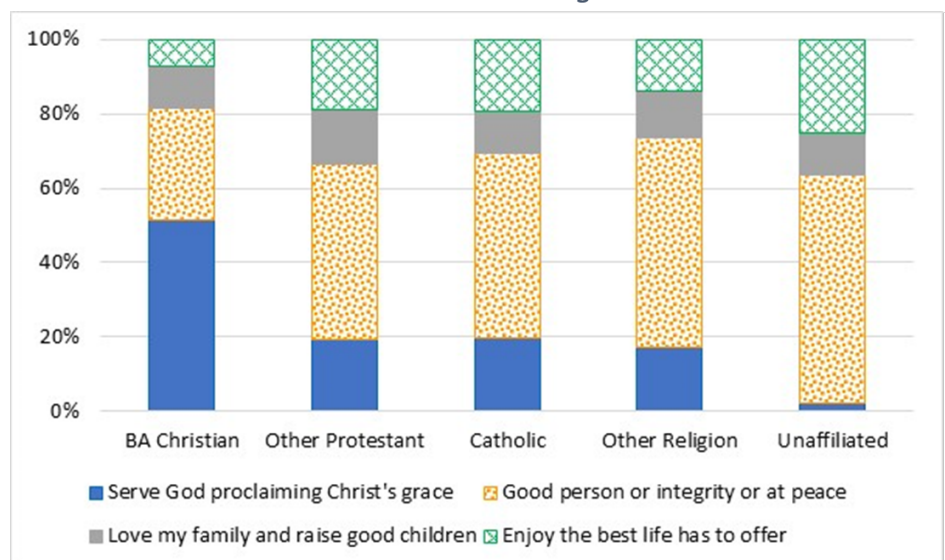
5. To enjoy the best life has to offer, e.g. success, money, travel.

6. To love my family and raise loving, productive children.

Most of these answers sound like good purposes for life. But only one of them extends into eternity and recognizes our Creator and his “desire for all people to be saved and to come to the knowledge of the truth.”<sup>{2}</sup> The answers to this question help identify those who are living their life as eternal beings rather than as temporal beings.

The results are charted in the graph to the left. As shown, just over half of Born Again Christians profess an eternal perspective. This means almost half do not, with most of those

*Figure 24 My Ultimate Purpose for Living  
Americans 18 through 39*

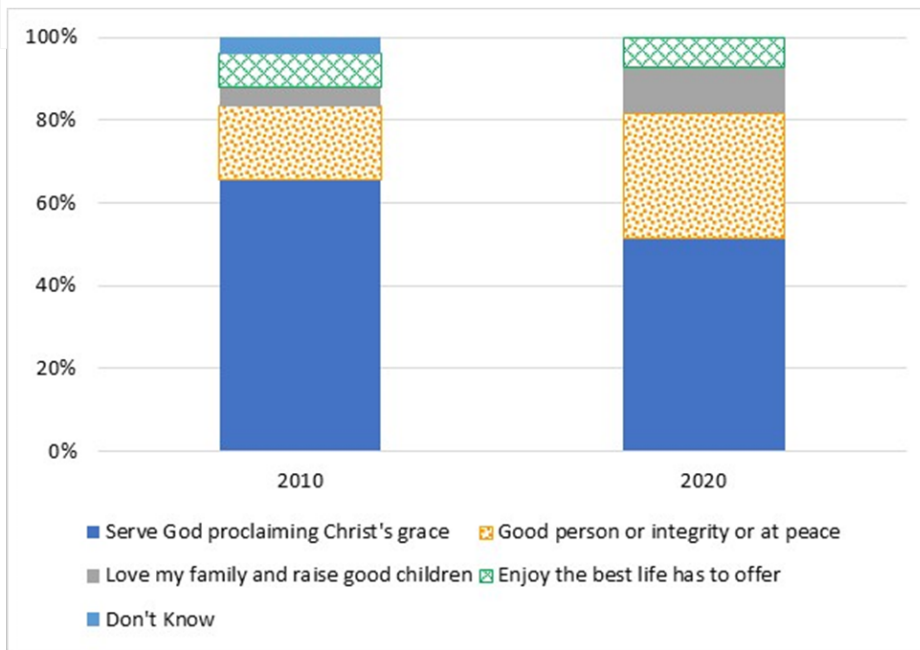


selecting a purpose that focuses on good behaviors in their personal life.

Every other religious group has very few that selected an eternal perspective as their ultimate purpose for living. Around forty to fifty percent of the other groups selects a purpose reflecting good behaviors.

It is interesting that only a small percentage of each group selected the family focused purpose for living. I would like to know if that would have been a larger number say fifty years ago.

Figure 25 My Ultimate Purpose for Living: 2010 and 2020  
Born Again Christians 18 through 39



Finally, note this is another question that highlights the stark difference between the Unaffiliated and Born Again Protestants. We see that 57% of Born Again Protestants selected the eternal answer

while only 2% of the Unaffiliated did the same. This result is a clear indicator that the Unaffiliated do not include a lot of Christians who do not want to affiliate with a particular Christian group.

For Born Again Christians, we can compare data from our 2010 survey with the 2020 survey as shown in the figure. The 2010 survey had the same question as the 2020 survey, but it had more answers to choose from. For example, there were three answers that had an eternal perspective: *to serve God and live out His will for my life, to lead others to salvation in Jesus Christ, to praise and glorify God*. These three answers were grouped together to align with the 2020 answer: *To serve God by living a life which proclaims Christ's grace*.

As you can see the percentage of Born Again Christians who included God in their ultimate purpose for living dropped from 66% in 2010 to 51% in 2020, a significant drop. It appears that in 2020 people who did not name God in their answer opted to pick an admirable answer focused on themselves.

## **Relationship to a Basic Biblical Worldview**

Consider the question of how many Born Again Christians accept a Basic Biblical Worldview and an eternal perspective on their ultimate purpose. We find that 88% of those with a Basic Biblical Worldview selected an ultimate purpose proclaiming God's grace. Conversely, 43% of those selecting an ultimate purpose proclaiming God's grace affirmed a Basic Biblical Worldview for their life (as compared with 25% for Born Again Christians as a whole). Thus, we find a fairly strong correlation between a biblical worldview and an eternal ultimate purpose for life.

## **Acceptance or Tolerance**

Some of the key findings on this topic summarized at the beginning of this report are repeated below prior to going into the details.

Looking at Born Again Christians ages 18 through 39, we find:

- Only about one quarter (27%) of them disagree with the statement “. . . it is important to let people know that I affirm as true (at least for them) their religious beliefs and practices.”
- At the same time, almost two thirds (65%) agree that tolerance is best defined as “Treating with respect people with ideas or actions that you believe to be wrong or misguided.”
- This is another topic where we see somewhat conflicting results. Apparently, many Born Again Christian young adults think that you cannot believe someone is “wrong or misguided” when it comes to religion. Or they believe that “Treating with respect” means “affirming as true (at least for them)”.

According to the Collins Dictionary, “Tolerance is the quality

of allowing other people to say and do what they like, even if you do not agree with or approve of it.”<sup>{3}</sup> In today’s culture, we find two conflicting understandings of the meaning of tolerance. One, following the idea of the dictionary meaning is, “treating with respect people with ideas or actions that you believe to be wrong or misguided.” The second one influenced by postmodern philosophy and popularized by the secular media, is “valuing human beings equally and affirming their ideas as right for them.” The second definition basically assumes that there are no absolute truths in our existence and therefore we have no basis to disagree with what someone else believes.

Which of these definitions holds sway among our population today?

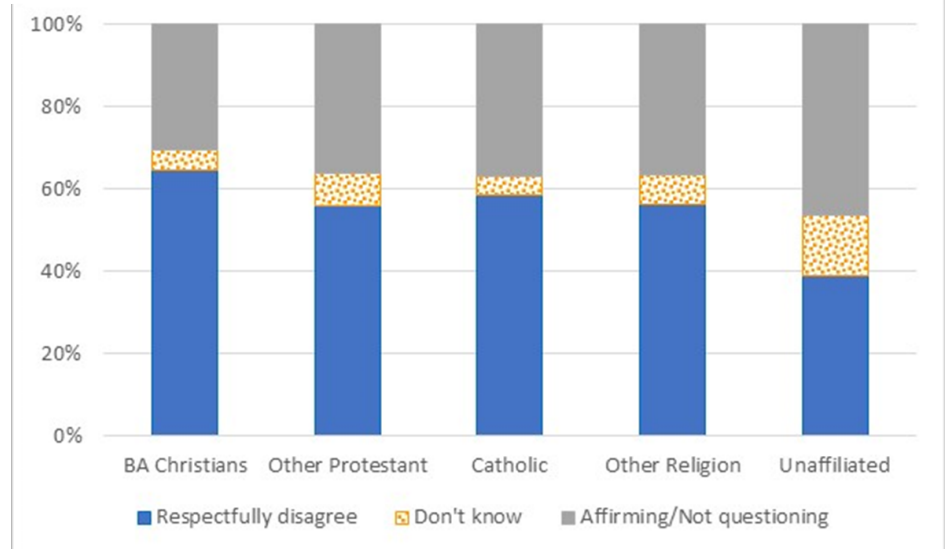
To explore this question, we asked two different questions dealing with how to treat those who have a different religious viewpoint. The first question we asked on this topic is “What does Tolerance mean to you?” The respondents chose from four possible answers:

1. Treating with respect people with ideas or actions that you believe to be wrong or misguided.
2. Not questioning another person’s moral decisions.
3. Valuing human beings equally and affirming their ideas as right for them.
4. Don’t know.

This question gives us information on how people interpret the word, not whether they apply tolerance in their dealings with others.

Figure 1 How 18 - 39 Year Old Americans Define Tolerance

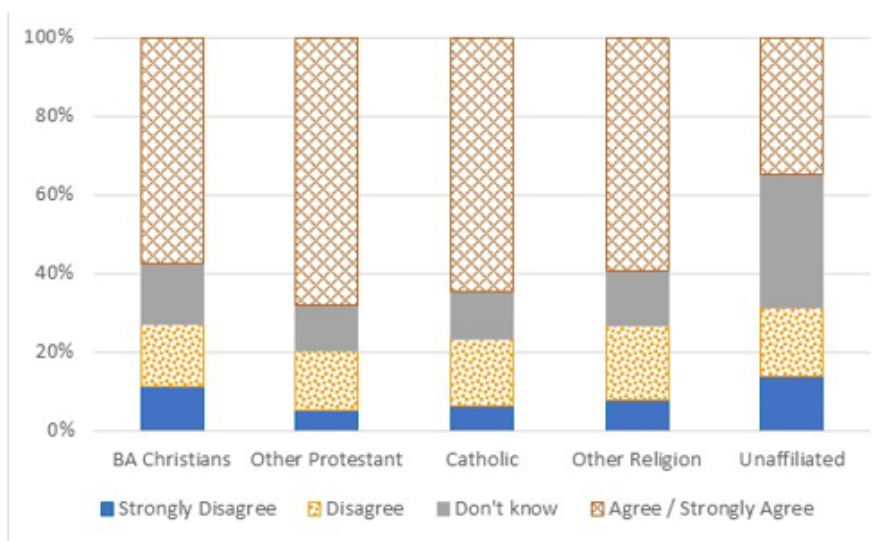
In figure 1, we see how the definitions are distributed. Almost two thirds (65%) of young adult, Born Again Christians selected a classic definition of tolerance.



As shown, over 50% of the other religious groups also selected a classic definition. But as one can see from the graph, a significant number of young adult Americans were selecting a different definition with the portions ranging from one third to almost one half of each religious group. So, it appears that a majority of the population is hanging onto the classic definition, but definitions which question the reality of absolute truths have a strong following.

Now let's look at how people apply tolerance in the area of religious beliefs. Are they quick to say, "I will respect you and your beliefs even though I believe them to be wrong"? Or are they going to follow the trend saying, "They may well be true for you."

Figure 2 Should I tell others I affirm as true their religious beliefs  
18 – 39 Americans



To find out, we asked another question: “When discussing religious matters, I feel that it is important to let people know that I affirm as true (at least for them) their religious beliefs

and practices,” with the answer ranging from Agree Strongly to Disagree Strongly. As an evangelical Christian, I would answer that I Disagree Strongly with that statement. I want them to know that I respect them as a person, but I believe I have been shown the absolutely true answer as to how man can be reconciled to our creator God. But somehow, when asked in this manner, Born Again Christians just don’t seem to get the importance of disagreeing as shown in Figure 1.

As shown in the figure, only about one in four (27%) Born Again Christians disagree with the statement. This level tracks closely with the rest of the population. If one is agreeing with the statement, one is either saying in religion what’s not true for me can be true for you, or there are multiple religions that are the truth, or we should lie to others about the absolute truth of Christianity when discussing religion with them. All three of those options are clearly countered by the Bible which tells us that Jesus Christ is the source of absolute truth, that there is only one way to heaven, and that lying about the truth is against the nature of God.

The disconnect between the definition of tolerance and

applying tolerance in our interactions with other religions is striking. As noted in the initial summary, apparently many Born Again Christian young adults think that you cannot believe someone is “wrong or misguided” when it comes to religion. Or they believe that “Treating with respect” means “affirming as true (at least for them).” We don’t have data to distinguish between these two options, but I suspect that both of them contribute to the current reluctance to lift up Jesus as God’s one true answer to the fundamental problem of mankind.

### Notes

1. Stephen Cable, Cultural Captives: The Beliefs and Behaviors of American Young Adults, 2012
2. 1 Timothy 2:4
3. Collins English Dictionary, [Tolerance definition and meaning | Collins English Dictionary \(collinsdictionary.com\)](https://www.collinsdictionary.com/en/english-uk/definition/tolerance)

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# Probe Religious Views Study 2020 – Do Christians Believe in Christ as the Only Savior of the World?

*Steve Cable explores the results of Probe’s new 2020 survey, examining what people believe about Jesus in His time on earth, and His claim to be the only way to the Father.*

Our 2020 survey reveals a striking decline in evangelical religious beliefs and practices over the last ten years. In

our first article, we saw a significant degradation in the percentage of American young adults who are born again<sup>{1}</sup> and profess a biblically informed worldview<sup>{2}</sup>. Perhaps a biblical worldview, as defined by the set of questions we used, is not an accurate gauge of an orthodox Christian belief.

In this article, we will look at several other areas designed to identify those people who closely align their thoughts with the teaching of the Bible. We will look at two areas of belief for all American young adults and for Born Again Protestants in greater detail:

1. Do you believe in some critical aspects of Jesus Christ and His time on earth?
2. Do you believe that Jesus was right in saying “No one comes to the Father except by Me”?

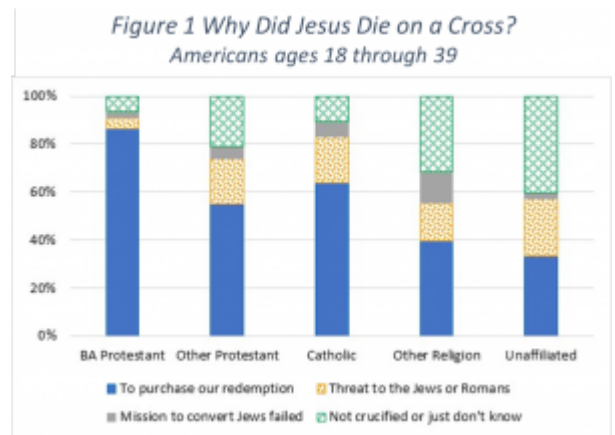
We will look at these two areas alone and then see how those with a biblical worldview align with these questions.

## **Topic 1: What About Jesus and His Time on Earth?**

In our survey, we asked three questions specifically about Jesus. The first question was about what caused Jesus to die on a cross as given below.

1. Why did Jesus die on a cross?
  - a. He threatened the Roman authorities' control over Israel.
  - b. He threatened the stature of the Jewish leaders of the day.
  - c. To redeem us by taking our sins and our punishment upon Himself.
  - d. He never died on a cross.
  - e. He failed in his mission to convert the Jewish people into believers.
  - f. I don't know.

The responses for ages 18 through 39 are shown in Figure 1. As shown, Born Again Protestants have a far greater percentage, over 85%, stating that Jesus was crucified to purchase our redemption. One would suspect that all Protestant and Catholic leaders would want their people to know that Jesus' death on the cross was for their redemption. Yet, less than two thirds of each group selected that answer. Note that the answer to this question did not say that salvation was through grace alone. So even those with a works-based gospel should still select that answer.



A fair number of Other Protestants and Catholics (about 20% of each group) said that either the Jewish leaders or the Romans caused Jesus' death on the cross. But any Christian should realize that Jesus had to choose crucifixion. Prior attempts by authoritative groups demonstrated that they could not lay a hand on him otherwise.

Interestingly, about 40% of Other Religions and 30% of the Unaffiliated say Jesus died to redeem us. They understand this is what Christians say about Jesus' crucifixion. It is the best answer for them because it doesn't say that Jesus' death actually worked to redeem us, only that He did it to redeem us. Also note that roughly one third of the Other Religion category is made up of people who affiliate with Christian cults, e.g. Mormons and Jehovah's Witnesses.

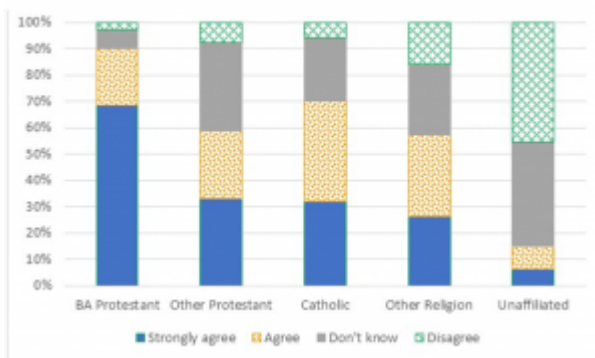
The second question is:

2. Jesus will return to this earth to save those who await His coming.

a. **Answers ranging from Strongly Agree to Strongly Disagree.**

This question is almost a quote of Hebrews 9:27-28 ESV, “And just as it is appointed for man to die once, and after that comes judgement, so Christ, having been offered once to bear the sins of many, will appear a second time, not to deal with sin but to save those who are eagerly waiting for him.” As you can see, this verse answers question 1 and question 2. The apostle Paul writing in 1 Thessalonians 4:16 says, “For the Lord himself will come down from heaven with a shout of command, with the voice of the archangel, and with the trumpet of God, and the dead in Christ will rise first.” He makes it clear that the Lord Jesus will return to the earth to call us to Himself.

*Figure 2 Jesus Will Return to Save Us  
Americans Ages 18 through 39*



The results for this question follow a similar pattern to those for the first question above with a little less surety shown among Christians. As shown, just over two thirds of Born Again Protestants strongly agree that Jesus will return to save. Meaning that almost one

third of them are not absolutely sure of Jesus’ return.

For other Christian groups, only about one third of them strongly agree with this statement. Almost one third say they Disagree or Don’t Know about this statement.

Once again, over half of those affiliated with Other Religions affirm what they believe to be taught by the Christian religion. At the same time, the Unaffiliated continue to show that very few of them affirm any Christian beliefs.

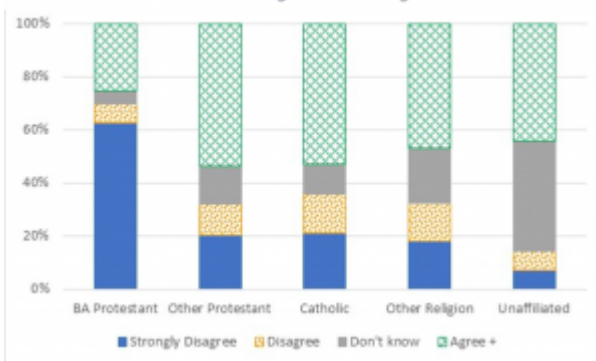
The third question (also used for determining a Basic Biblical Worldview) is:

3. When He lived on earth, Jesus committed sins like other people.

### a. **Answers ranging from Agree Strongly to Disagree Strongly**

The Bible clearly states that Jesus lived a sinless life. For example, Hebrews 4:15 ESV states, “For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, **yet without sin.**” And again in 2 Corinthians 5:21, “God made the one who did **not know sin** to be sin for us so that in Him we would become the righteousness of God.” As indicated in this verse, God laid our sins upon Jesus in His earthly death. Jesus did not sin but He carried our sins to the cross and the grave to redeem us. If Jesus were a sinner like you and me, His death would have been for His own sin rather than for the sins of the world.

*Figure 3 Jesus Committed Sins Like Other People  
Americans Ages 18 through 39*

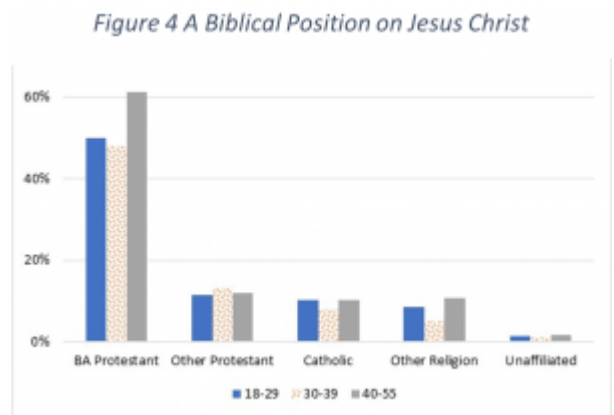


Young adult American beliefs about this statement follow a similar pattern as the first two questions. Once again, about one third of Born Again Protestants either Don't Know or Agree with this statement. Having this large a number of Born Again Protestants who don't accept a primary belief of Biblical Christianity is disappointing.

However, four out of five respondents who affiliated with Other Protestant or Catholic beliefs do not strongly believe that Jesus lived a sinless life. The Unaffiliated group continues to show their aversion to accepting any Christian religious doctrines.

### **Accepting a Doctrinally Consistent Set of Beliefs**

What happens when we look at how many Born Again Protestants take a biblically consistent view on all three of these questions? Consider the results shown in Figure 4. First, we see that young adult Born Again Protestants drop from about two thirds for the individual questions down to about one half when looking at all three questions. It appears that about one half of those categorized as Born Again Protestants are trusting Jesus to save them but do not have a good understanding of biblical teaching on Jesus.



As you can see, all other religious groups drop to around one in ten or less with a good understanding of Jesus. The Unaffiliated drop to a level that is basically zero. In toto, about one out of six Americans age 55 and under have an understanding of who Jesus really is in these three fundamental areas.

### **Does Having a Basic Biblical Worldview Equate to Having a Biblical Understanding of Jesus?**

For most people it does. Approximately 90% of people with a Basic Biblical Worldview have a biblical understanding of Jesus, i.e. answer the three Jesus questions from a biblical perspective. This finding (especially if true across other questions where many Born Again Christians ascribe to an unbiblical viewpoint) is important because the four simple questions which define a Basic Biblical Worldview identifies a set of people who also take a biblical view of Jesus' purpose.

## **Topic 2: Are there multiple ways to**

## heaven?

Pluralism is the belief that there are multiple ways to obtain a right relationship with God, including most if not all world religions. The Bible is very clear on how people can be reconciled to God and obtain eternal life. First, we cannot receive it through our own efforts at righteous living. This truth is addressed throughout the New Testament including Romans 3:23, "For there is no distinction, for all have sinned and fall short of the glory of God." And Titus 3:5, "He saved us not by works of righteousness that we have done but on the basis of his mercy . . ."

Second, we cannot receive it by placing our faith in some other person or deity. If we try, we are still weighed down by our sin, and that other person or deity has no standing before the living God. Even an angel of the living God has no standing on which to intercede for our salvation as we see in Hebrews 2:5, "For He did not put the world to come, about which we have been speaking, under the control of angels."

The only way God could redeem us was through the sacrifice of Jesus, fully God and fully man. As Romans goes on to say in 3:24, "But they are justified freely by His grace through the redemption that is in Christ Jesus." And Titus 3:5 continues, "[T]hrough the washing of the new birth and the renewing of the Holy Spirit, whom he poured out on us in full measure through Jesus Christ our savior."

Jesus clearly stated, "No one comes to the Father except through me." The high price of degradation and suffering paid through Jesus' life and death excludes the possibility of Jesus being just one of several options offered by God.

What do Americans believe about multiple ways to heaven? And, especially what do Born Again Christians believe? To determine who was a pluralist, we asked what the respondents thought

about the following two statements:

1. Muhammad, Buddha and Jesus all taught valid ways to God.  
**Answers from Disagree Strongly to Agree Strongly**

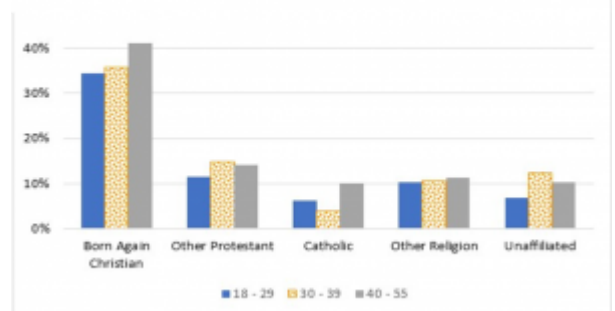
2. I believe that the only way to a true relationship with God is through Jesus Christ. **Answers from Disagree Strongly to Agree Strongly**

### Who Believes in Multiple Ways to God

First let's look at just question number one across the various religious groups, looking for the answer **Disagree strongly** as shown in Figure 5{3}.

If someone disagrees with this statement, they could be a Christian or a Muslim or a Buddhist, etc. The first thing you may notice is that all religious groups other than Born Again Christian all congregate around 5% to 15%. So, for all these groups, around one in ten people take a strong non-pluralistic view. Or turning it around, about 9 out of 10 of them are pluralists.

Figure 5 Muhammad, Buddha and Jesus are All Valid Ways to God: Disagree Strongly



The real shocker jumping from this page is that over 60% of Born Again Christians are also pluralists. Apparently, a majority of Born Again Christians are ignorant about the basic teachings of their faith. Also, it is interesting and disturbing that the percentage of Born Again Christians who are not pluralistic is almost flat across the ages from 18 to 55. A strong majority of Born Again Christians are pluralists across that entire age range.

### Who Believes Jesus is the Only Way

Now to narrow the question even further, we could have stated "Only Jesus taught valid ways to God." The percentage of people strongly agreeing with this statement should be a

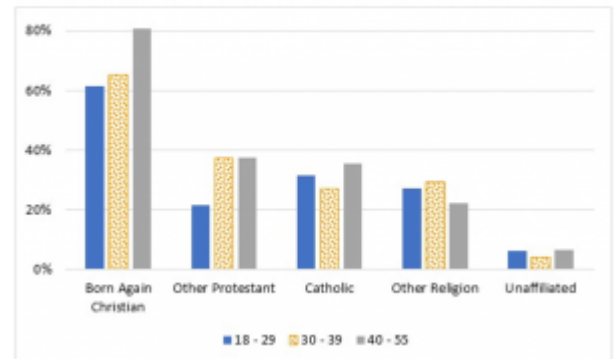
subset of the people who disagreed strongly with the question above, “Muhammad, Buddha and Jesus all taught valid ways to God.”

Instead, we asked this second question in a slightly different way but with the same intent: “I believe that the only way to a true relationship with God is through Jesus Christ.” We thought that this question would be

equivalent to the first one in the prior paragraph. But as we will see, people’s brains allow them to give answers that contradict each other.

Comparing this chart with the prior one, we see that Born Again Christians are at least 25 percentage points higher for this second question. And, the other Christian religious groups are higher by about 25 percentage points as well. And even Other Religions are up by over ten percentage points. Only the Unaffiliated drop from the first question to the second, dropping by almost half from ten percentage points down to about five percentage points.

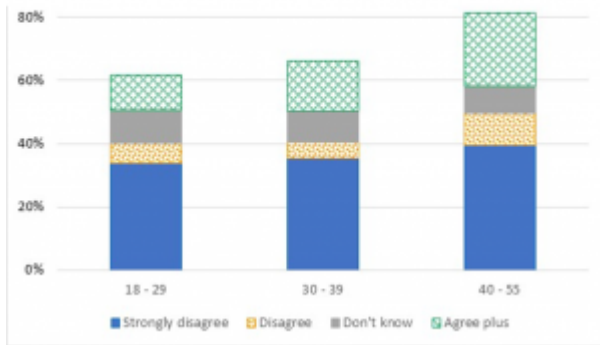
Figure 6 Jesus is the Only Way to a True Relationship with God



### **An Inconsistent Worldview Among Many Born Again Christians**

The results outlined above are disconcerting in that if the answers to the two questions were consistent, we would see Figure 6 reporting lower numbers than Figure 5 which is clearly not the case. Logically, one could say that Mohammad, Buddha, and Jesus are not all valid ways to God while still saying that Jesus is not the only way to God. You could believe, for example, that Buddha is the only one who taught a valid way to God. But, if you say that Jesus is the only way to a true relationship with God, then it follows that you believe that Mohammad, Buddha, and Jesus cannot all be valid ways to God.

Figure 7 What Born Again Christians Who Say Jesus is the Only True Path to God Say About Mohammad, Buddha, and Jesus All Teaching Valid Ways to God



However, the survey respondents show us that one does not have to give answers which logically support one another. Even if some of the respondents misread the statement, the difference between the two is great enough that it is safe to assume that the results are not primarily

attributable to misreading.

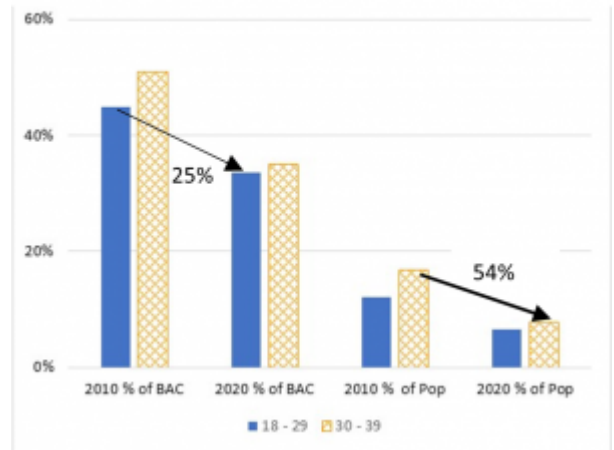
In Figure 7, we look at what the Born Again Christians who stated that Jesus is the only way to a true relationship with God said when responding to the question about Mohammad, Buddha and Jesus. First note that the total height of each column is the same as the Born Again Christian columns in Figure 6. As shown, almost half of each column represents those who did not strongly disagree with the pluralistic view. For the youngest adults, that upper portion is about evenly split between those who Don't Know and those who Agree or Strongly Agree that the three men taught valid ways to God. For those ages 40 through 55, we see that a significantly higher percentage affirm that all three men taught valid ways to God.

Based on these results, about one third of Born Again Christians appear to have a consistent biblical view toward pluralism. Another third appear to be totally in line with the pluralist position. The last third are those who want to say that Jesus is the only true path to God AND that Mohammad and Buddha also taught valid ways to God. In church, they may say that Jesus is the only way, but out in the world they act as if Muslims and Buddhists don't need to know this critical truth. These individuals have an incoherent worldview.

### Changes over the Last Decade

How have the statistics on Born Again Christians and pluralism changed from 2010 to 2020? As shown in the figure, we see a significant drop in the percent of BACs who are not pluralists. Those age 18 to 29 drop by 25% (from 45% to 34% of all BACs) and those age 30 to 39 drop by 31% (from 51% to 35% of all BACs).

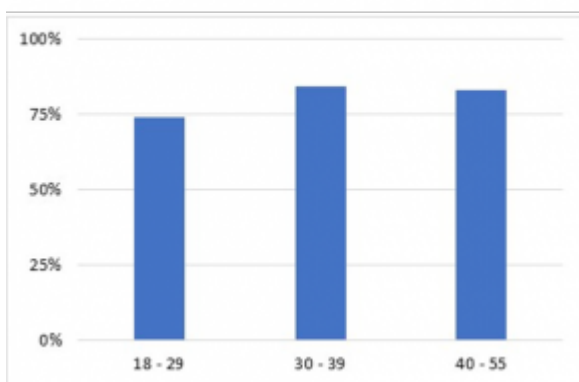
Figure 8 Born Again Christians Who Are Not Pluralists comparing 2010 with 2020



Of course, we need to remember that the percentage of BACs in the population has dropped as well. So, when we look at the percentage of Born Again Christians who are definitely not pluralists in our country the drop off is greater. As shown the number of those age 30 to 39 drops from 17% in 2010 to less than half of that number at 8% in 2020 (a drop of 54%).

Over the last decade, Born Again Christians in America have continued to grow in the number who are pluralists.

Figure 9 Born Again Christians with a Basic



What about that smaller subset of people who have a Basic Biblical Worldview? Do a majority of them also have a pluralistic worldview? The answer is no. As shown, between 75% and 85% of them are not pluralists.

This result is not a surprise since the Basic Biblical Worldview questions do not align well with a pluralistic view. However, the result that about one in four of Born Again Christians with a Basic Biblical Worldview appear to be pluralists is unsettling.

## Countering the Negative Slide

If you are reading this, you may want to do something to help reverse this trend among Born Again Christians to misunderstand who Jesus is and His unique ability to redeem us and restore into a relationship with our Creator. Here are several suggestions that can help in this reversal.

Faithful prayer. Daily pray for the lost and against the forces of darkness so visibly arrayed against them. Pray for the saved, that they may take up the true gospel and cling to the eternal truth of Jesus.

Preach, teach and speak OFTEN about the events of the cross and the tomb.

- Explain that only someone perfectly sinless could undertake the task of reconciling us before a holy God. Make sure they understand that “God made him who knew no sin to be sin on our behalf in order that we may become the righteousness of God in him.” 2 Corinthians 5:21
- Explain that only God, in the person of Jesus Christ, could be that sinless sacrifice. God had to undergo the pain and suffering of separating Himself from His Son on the cross. “Though he existed in the form of God, he did not regard equality with God as something to be grasped, but emptied himself by taking on the form of a slave, by looking like other men, and by sharing in human nature. He humbled himself by becoming obedient to the point of death—even death on a cross!” Philippians 2:6-8
- Explain that the cost was so high, no other way to God is possible for sinful man. No one can come to the Father except through the Son and anyone may come through Him. “God desires all men to be saved and to come to the knowledge of the truth. For there is one God and one intermediary between God and humanity, Christ Jesus, himself human, who gave

himself as a ransom for all, revealing God's purpose at his appointed time." 1 Timothy 2:4-6

- Explain that Jesus' return is delayed only by the loving patience of God who is waiting for all to come to Jesus who will. "The Lord is not slow concerning his promise, as some regard slowness, but is being patient toward you because he does not wish for any to perish but for all to come to repentance." 2 Peter 3:9

- Explain that accepting pluralism will not automatically get your non-Christian friends into heaven. Only the truth of Christ presented to them by willing lips has the power to change their eternal destiny. If you care about them, you will share with them.

It is critical that every teenager, young adult, and older adult who crosses our path needs to have these truths reiterated for them. Use different techniques and different word pictures as you strive by the power of the Holy Spirit to continually make this message clear. We know God desires to work in their life.

## Notes

1. A Born Again person in our survey results is someone who 1) has made a personal commitment to Jesus Christ that is still important in their life today and 2) when asked what will happen to you after you die, they answer I will go to heaven because I confessed my sins and accepted Jesus Christ as my savior.

2. See our first article: Introducing Probe's New Survey: Religious Views and Practices 2020 for a description of the biblical worldview questions used.

3. Born Again Christians include Catholics who answered the born again questions to allow comparison with the 2010 survey, but in the Catholic category we include all Catholics including those who are born again. About 20% of Catholics

affirm the two born again questions.

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# Historical Criticism and the Bible

*Historical criticism of the Bible often threatens believers' faith. Dr. Michael Gleghorn explains that it is often grounded in false assumptions.*

## What Is Historical Criticism?

Throughout the history of Christianity, students of the Bible have used many different methods of interpreting the text. But since the Enlightenment, one particular method (or rather, family of methods) has been quite influential, especially in the academy.[{1}](#) I'm speaking of what is often called *historical criticism*, or the *historical-critical method* of biblical interpretation.



So what is historical criticism, you ask? Although the term gets used in different ways, I will here be using it to refer to a method of biblical interpretation which attempts to read the Bible as a *purely* human document from the distant past. In other words, the historical-critical method does not typically regard the Bible as divinely inspired. It is *merely* a human book, like any other, and should thus be read like any other book."[{2}](#)

In the past (and to some extent even today) scholars liked to portray this method as “scientific” in character, able to

obtain “assured” and “objective” interpretive results. But critics tell a different story. For example, Eta Linnemann, who before her conversion to Christianity was a well-respected scholarly advocate of historical-criticism, claims that in practice the so-called “scientific” character of this method is grounded in a prior assumption of naturalism, perhaps even atheism. As Linnemann observes, “Research is conducted . . . if there were no God.”[\[3\]](#)

Another critic of this method is the renowned Christian philosopher Alvin Plantinga. After rehearsing certain principles of historical investigation, which many historical critics would endorse, Plantinga notes that these principles are understood “to preclude” God’s direct involvement in the world.[\[4\]](#) Because of this, he notes, such principles “imply that God has not in fact specially inspired any human authors in such a way that what they write is really divine speech addressed to us; nor has he . . . performed miracles of any other sorts.”[\[5\]](#)

As I’m sure you can see, at least some of the results of this method come about simply because of assumptions the interpreter brings to the text. The problem, however, is that the assumptions are biased *against* Christianity in *favor* of naturalism. We must thus think rather critically about the historical-critical method. But first, we need a bit of background on how and when this method originated.

## **The Origins of Historical Criticism**

Although many scholars helped develop the historical-critical method, Johann Salomo Semler, an eighteenth-century theologian, is widely regarded as its “father.”[\[6\]](#) Semler was primarily interested in “critical work” on the canon of biblical writings.[\[7\]](#) For our purposes, the “[canon](#)” can simply be thought of as the books of the Old and New Testaments. The Church regards these books as the divinely inspired Word of

God and, hence, completely authoritative for Christian faith and practice.

Semler, however, considered these books (especially those of the Old Testament) to be largely of merely historical interest. They might give us some interesting information about the religion of ancient Israel or (in the case of the New Testament) the beliefs of the early church, but they could not be regarded, at least in their entirety, as the divinely inspired Word of God.<sup>{8}</sup> Hence, Semler was led to make a distinction between “the Scriptures and the Word of God.”<sup>{9}</sup> Although the Church had always considered the Scriptures to be the Word of God, Semler made a distinction between them. In his opinion, “some books belong in the Bible through historical decisions of past ages, but do not make wise unto salvation.”<sup>{10}</sup> Books of this sort, he reasoned, can still be called “Scripture” (for they are part of the biblical canon), but they are *not* the Word of God (for in his view, they are not divinely inspired).

Although historical criticism continued to be developed after Semler, it's easy to see why many consider him to be this method's “father.” In his own study of the Bible, Semler generally disregarded any claims that either it or the Church might make regarding its divine inspiration and authority and attempted instead to read the Bible like any other book. In the opinion of theologian Gerhard Maier, it's “the general acceptance” of Semler's view which “has plunged theology into an endless chain of perplexities and inner contradictions.”<sup>{11}</sup> Before we examine such difficulties, however, we must first consider why so many scholars see value in the historical-critical method.

## **Some Proposed Benefits of Historical**

# Criticism

To begin, virtually everyone agrees that when you're attempting to understand a book of the Bible, it can be helpful to know something about the origin of the book. Who was the author? When did he live? What sorts of things were happening at the time the book was written? Was the author influenced by any of these things, or attempting to respond to them in some way? Who was he writing for? How might they have understood him? Answering such questions can often clarify what the author may have been trying to communicate in his book. Historical critics are right to see this as an important part of understanding the books of the Bible. And most everyone agrees on this point.[{12}](#)

More controversial would be the principles of historical investigation originally proposed by Ernst Troeltsch in an essay written in 1898.[{13}](#) These principles are still generally embraced (though with some modifications) by historical critics today.[{14}](#) Briefly stated, Troeltsch proposed three principles that can simply be called the principles of criticism, analogy, and correlation.[{15}](#) Although there's no universal agreement about how these principles should be used in actually doing historical research, historical-critical scholars have generally regarded these principles as helpful guides in critically evaluating what is written in the Bible in their effort to determine what *really* happened. This is considered a great benefit of historical criticism. For, rather than simply accepting the claims of a biblical author uncritically, Troeltsch's principles provide some help in critically evaluating such reports in order to assess their believability.[{16}](#)

Now in one sense this is commendable, for it is good to search for truth about what the Bible is trying to teach us. But there's a problem with how these principles are typically understood by historical-critical scholars. As the Christian

philosopher Alvin Plantinga reminds us, such scholars generally take these principles to exclude any “*direct divine action* in the world.”[{17}](#) That is, such principles forbid us to believe that God has ever directly intervened in the world which He has made. And for Christians, this presents a real difficulty with historical criticism.

## Some Problems with Historical Criticism

According to Christian scholars Norman Geisler and William Nix, a fundamental problem with historical criticism is that “it is based on an unjustified antisupernatural bias which it superimposes on the biblical documents.”[{18}](#) This can easily be seen by examining some of the things which have been written by proponents and advocates of this method.

For example, Rudolf Bultmann, who was interested in “demythologizing” the New Testament, famously wrote, “It is impossible to use electric light . . . and to avail ourselves of modern medical . . . discoveries, and at the same time to believe in the New Testament world of spirits and miracles.”[{19}](#) Similarly, another theologian has written that whatever the biblical authors may have believed about such things, “we believe that the biblical people lived in the same” world we do, that is “one in which no divine wonders transpired and no divine voices were heard.”[{20}](#)

Now if we ask such scholars why it is that we’re to think that miracles are either unbelievable or impossible, we’ll usually notice rather quickly that the responses are generally short on arguments and long on assumptions. That is, such scholars typically just *assume* that God is not directly involved in the world and that miracles never occur. But if a personal Creator of the universe exists (and there are [good reasons](#) to think that one does), then why should we simply *assume* that He would never directly intervene in the world which He has made? Such intervention would hardly seem *impossible*. And if it produced

an effect which would not have come about had nature been left to itself, then this could quite properly be regarded as a miracle.

So it seems to me that if a personal God exists, then miracles are possible. And if miracles are possible, then it is nothing more than “an unjustified antisupernatural bias” (as Geisler and Nix assert) to simply *assume* that the Bible’s reports of miracles are all false and unbelievable. And since historical criticism of the Bible often begins with just such an assumption, it appears to offer us an inadequate method for correctly reading the Bible.

## **An Alternative to Historical Criticism**

Having looked at some problems with historical criticism, we can now consider a preferable alternative, namely, theological interpretation.[{21}](#)

So what is theological interpretation? As I’m using the terminology here, it’s a method of reading the Bible like a Christian, with the aim “of knowing God and of being formed unto godliness.”[{22}](#) Theological interpretation takes a sober and serious account of what Christianity is, believes, and teaches. It then attempts to read and interpret the Bible as “a word from God about God.”[{23}](#)

It’s a radically different way of reading the Bible from that practiced by historical critics. Of course, as theologian Russell Reno reminds us, “There is obviously a historical dimension” to the truth found in the Bible. “Nevertheless,” he continues, “to be a Christian is to believe that the truth found in the Bible is the very same truth we enter into by way of baptism, the same truth we confess in our creeds, the same truth we receive in the bread and wine of the Eucharist.”[{24}](#)

But historical criticism attempts to read the Bible in the same way one would read any other book from the ancient world.

It assumes that the Bible is merely a human book. The only way to really understand a book of the Bible, then, is to try to understand how it originated and what the original author was trying to say.

Theological interpretation, on the other hand, does not view the Bible as a merely human book. Of course, it realizes that each of the biblical books has a human author. But it also insists, along with the consensual teaching of the Christian community, that each of these books also has a Divine author.[{25}](#) It thus views the Bible as a divinely-inspired document.

Is this a legitimate way to read the Bible? Alvin Plantinga has written extensively on the theory of knowledge.[{26}](#) According to him, the biblical scholar who is also a Christian “has a perfect right to assume Christian belief in pursuing her inquiries.” Doing so, he says, is just as legitimate as assuming the principles of historical criticism.[{27}](#) Indeed, for the Christian it is arguably better—for it allows us to read the Bible in continuity with the tradition and faith we profess and believe.

## Notes

1. Gregory Dawes, for example, notes that both form criticism and redaction criticism would fall under the umbrella of historical criticism. See Gregory Dawes, “‘A Certain Similarity to the Devil’: Historical Criticism and Christian Faith,” in *Interdisciplinary Perspectives on the Authority of Scripture: Historical, Biblical, and Theoretical Perspectives*, ed. Carlos R. Bovell (Eugene, OR: Pickwick Publications, 2011), 354.
2. Benjamin Jowett, “On the Interpretation of Scripture,” in Josephine M. Guy, *The Victorian Age: An Anthology of Sources and Documents*. n.p.: Routledge, 1998. eBook Collection (EBSCOhost), EBSCOhost (accessed February 9, 2013), 295.
3. See Eta Linnemann, *Historical Criticism of the Bible:*

*Methodology or Ideology?* trans., Robert Yarbrough (Grand Rapids: Kregel, 2001), 84.

4. Alvin Plantinga, "Two (or More) Kinds of Scripture Scholarship," in *"Behind" the Text: History and Biblical Interpretation*, edited by Craig Bartholomew, C. Stephan Evans, Mary Healy and Murray Rae (Grand Rapids: Zondervan, 2003), 33.

5. Ibid.

6. James C. Livingston, *Modern Christian Thought: The Enlightenment and the Nineteenth Century*, 2nd ed. (Minneapolis: Fortress Press, 2006), 29.

7. Ibid.

8. Peter Stuhlmacher, *Historical Criticism and Theological Interpretation of Scripture: Toward a Hermeneutics of Consent* (Philadelphia: Fortress Press, 1977), 38-40.

9. Edgar Krentz, *The Historical-Critical Method* (Eugene, OR: Wipf and Stock, 2002), 19.

10. Ibid.

11. The first sentence of Maier's book declares, "The general acceptance of Semler's basic concept that the Bible must be treated like any other book has plunged theology into an endless chain of perplexities and inner contradictions." See Gerhard Maier, *The End of the Historical-Critical Method*, trans., Edwin W. Leverenz and Rudolph F. Norden (Eugene, OR: Wipf and Stock, 2001), 11.

12. Plantinga, echoing the language of Robert Gordon, grants that we might refer to the attempt to answer such questions as a "warranted" form of historical biblical criticism. See Alvin Plantinga, "Reason and Scripture Scholarship: A Response to Robert Gordon and Craig Bartholomew," in *"Behind" the Text*, 94.

13. For those interested in this essay, see Ernst Troeltsch, "Historical and Dogmatic Method in Theology (1898)," trans. E. Fischhoff, rev. W. Bense in *Religion in History-Ernst Troeltsch: Essays*, trans. J. L. Adams and W. F. Bense (Edinburgh: T. & T. Clark, 1991).

14. Edgar Krentz states, "Contemporary historians use Troeltsch's three principles, but with significant

modifications" (*The Historical-Critical Method*, 56). However, it does not seem necessary to qualify the modifications of Troeltsch's principles by practicing historical-critical scholars with the adjective "significant," for (in my opinion, at any rate) they are generally more severe in critically evaluating the sources with which they are dealing than the average historian is with his.

15. For two very helpful discussions of Troeltsch's principles, see Alvin Plantinga's discussion of "Troeltschian HBC" in "Two (or More) Kinds of Scripture Scholarship," in *"Behind" the Text*, 31-35, as well as Gregory Dawes discussion in "'A Certain Similarity to the Devil': Historical Criticism and Christian Faith," in *Interdisciplinary Perspectives on the Authority of Scripture*, 358-70. Although Plantinga and Dawes reach different conclusions about if and how Troeltsch's principles can be legitimately employed, both discussions are well worth reading.

16. Stuhlmacher, *Historical Criticism and Theological Interpretation of Scripture*, 45.

17. Alvin Plantinga, "Two (or More) Kinds of Scripture Scholarship," in *"Behind" the Text*, 33.

18. Norman L. Geisler and William E. Nix, *A General Introduction to the Bible: Revised and Expanded* (Chicago: Moody Press, 1986), 440.

19. Rudolf Bultmann, "New Testament and Mythology," in *Kerygma and Myth*, edited by Hans Werner Bartsch (New York: Harper and Row, 1961), 5.

20. Langdon Gilkey, "Cosmology, Ontology, and the Travail of Biblical Language," reprinted in Owen C. Thomas, ed., *God's Activity in the World: the Contemporary Problem* (Chico, CA: Scholar's Press, 1983), 31; cited in Alvin Plantinga, "Two (or More) Kinds of Scripture Scholarship," in *"Behind" the Text*, 34.

21. Kevin Vanhoozer defines "theological interpretation" as "the process of keeping the canonical practices alive and well in the believing community." A bit later he describes a "canonical practice" as "divinely authorized use of language

and literature, which, when learned, presents and forms Christ.” As examples of “canonical practice,” he discusses, first, the typological, or Christological, interpretation of the Old Testament in light of the person and work of Jesus Christ and, second, prayer. He concludes his discussion by noting, “Christians learn to speak about, to think about, and to live for God by indwelling the diverse canonical practices that comprise the Scriptures. By participating in such practices—interpreting figurally, praying to the Father, and the like—Christians grow in faith toward understanding.” This, it seems to me, is a helpful way of fleshing out, in greater detail, all that is involved in the concept and practice of the “theological interpretation” of Scripture. See Kevin Vanhoozer, *The Drama of Doctrine: A Canonical-Linguistic Approach to Christian Theology* (Louisville, KY: Westminster John Knox Press, 2005), 219-226. The citations in this note are from pp. 219 and 226.

22. Kevin J. Vanhoozer, “Introduction,” in *Dictionary for Theological Interpretation of the Bible*, edited by Kevin J. Vanhoozer, Craig G. Bartholomew, Daniel J. Treier, and N. T. Wright (Grand Rapids: Baker Academic, 2005), 25.

23. *Ibid.*, 23.

24. R. R. Reno, “A Richer Bible,” *First Things* (August/September, 2010), 44.

25. I adopt this language from Thomas Oden who, in his book on *Classic Christianity*, states as his intention the setting forth of the “classic consensual ecumenical teaching” of the church throughout history. See Thomas Oden, *Classic Christianity* (New York: HarperCollins, 1992), xiii.

26. See, for example, Alvin Plantinga, *Warrant and Proper Function* (Oxford, 1993), *Warrant: The Current Debate* (Oxford, 1993), and *Warranted Christian Belief* (Oxford, 2000).

27. Alvin Plantinga, “Reason and Scripture Scholarship: A Response to Robert Gordon and Craig Bartholomew,” in *“Behind” the Text*, 99.

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# Current Events and the Currency of Truth: “Test Everything”

*Byron Barlowe opens a series on biblical discernment for dark days, likening wise discernment of current events and abiding issues to examining bills and coins to verify their authenticity. Being able to tell the difference between good vs. bad, right vs. wrong, fruitful vs. unfruitful, and subtle lies that captivate believers is a long-term discipline that is a Christian's duty and privilege to walk out as God provides Scripture, counsel, reflection, and field experience.*

***“In Christ are hidden all the treasures of wisdom and knowledge” Colossians 2:3***

As Christians, should we really concern ourselves with discerning real vs. fake, better vs. best, profitable vs. unprofitable, lies and half-truths vs. truth and wisdom? To help answer that question, and as an introduction to a coming series on discernment, let's look at a historical example from over 70 years ago.

Adolph Burger, a Jewish printer sentenced to a Nazi concentration camp in 1942, was shocked to find himself released and forced to use his printing skill for Germany's war effort. In a perversion of the tabernacle artisans whom God gifted during Israel's exodus from Egypt, [\[1\]](#) Burger was forced to facilitate a brilliant secret plan to ruin Britain.

His and fellow Jewish craftsmen's work would be dropped by German bombers over English cities and towns. But these were no explosive devices. They potentially held much more

devastating power than any number of bombs. They were even made of paper!

Fifty-five years later, investigative TV show *60 Minutes II* hired a deep-sea recovery team to search the 350-foot depths of Lake Toplitz in Austria. Why? In the final days of WWII, when the Russians and Allied troops were pinching Hitler's regime from opposite sides for an inevitable victory, some Nazi holdouts hoped the diabolical plan could yet be implemented. So, they sunk the work of the Jewish artisans in remote Lake Toplitz.

The plan, dubbed *Operation Bernard*, would seize upon human greed and sheer numbers to ruin the British economy. It would go like this:

- Drop exquisitely forged English pound notes from Luftwaffe planes causing widespread distribution, then refuse to honor the phony money by banks and businesses, and resultant economic panic among citizens, thus
- Radically undermining the value of the British pound, hence
- Destroying the economy, hopefully driving England to its knees and ensuring victory.
- Key to the plan: human nature. Money falling from the sky is just too tempting! It would definitely lead to hoarding and general circulation, they thought.

Most forgers do as little as they can to mimic genuine currency—only enough to get a pass on a cursory look. “But by using the world’s finest craftsmen and supplying . . . the most modern tools and machinery, the Germans solved this problem . . . . Once the bills were in circulation, it would be difficult for even experts to know genuine from counterfeit; amateurs would have no hope.”[\[2\]](#)

Judging counterfeit claims and deceit, like the bogus bills the Nazis created, is a complex project, requiring great skill

and training. Much of godly discernment emerges from self-discipline, a facet of the fruit of the Spirit. According to Tim Challies, author of *The Discipline of Spiritual Discernment*, every disciple of Jesus is morally obligated to discern between truth and lies and to pass on the former while resisting the latter.

Whatever the person's level of maturity in Christ, wisdom and its application of discernment to specific issues is available for every Christian. "His divine power has given us everything required for life and godliness through the *knowledge* of him who called us . . ." (1 Peter 1:3-4, emphasis mine). "Yet when I am among mature believers, I do speak with words of wisdom, but not the kind of wisdom that belongs to this world or to the rulers of this world, who are soon forgotten" (1 Corinthians 2:6 NLT). All born-again believers possess potential discernment. Mature ones seek and develop it.

The biblical command to "test everything" (1 Thessalonians 5:21) means carefully weighing inputs from culture, family, and even personal thoughts. It monitors—somewhat like antivirus software on a computer—our beliefs and decision-making in light of Scriptural truth, Spirit-illuminated meditation and thoughtfulness, godly counsel, and experience in situational discernment.

Gaining wisdom, the entire point of the book of Proverbs, is lifegiving and sweet! "Know also that wisdom is like honey for you: If you find it, there is a future hope for you, and your hope will not be cut off" (Proverbs 24:14).

Often this lifelong process seems burdensome, but spiritual warfare is indeed warfighting, which is often excruciating. The Body of Christ has always been in a *war of ideas*, battling for truth. However daunting, constant discipline and practice takes over and knowledge grows into wisdom which, by God's grace, produces discernment. Discernment becomes a progression not unlike basic education from kindergarten to secondary

graduation. The seasoned soldier of Truth can see potential danger approaching and react with muscle memory, but not prematurely or with overkill. Better weapons in trained hands win. [\[3\]](#)

Lies, subtle and blatant, emerge daily on every front like perhaps never in our history. Brazenly hostile and self-contradicting misinformation and propaganda avalanches too quickly to keep up with.

Renowned Christian philosopher Dr. J.P. Moreland insists that “the fundamental fight today is not primarily about truth claims” themselves but rather how we can know truth at all. The prevailing assumptions question the very “nature of knowledge itself.” [\[4\]](#) People say, “How can you know that?” or simply dismiss Christian faith statements and reasoned, Scriptural argumentation as groundless, mostly due to their faith in scientific naturalism as the only source of actual truth. [\[5\]](#) Postmodernism creates a widespread belief that truth can only be tribal, eschewing appeals to absolute or universal truth claims—chiefly, the metanarrative of the Biblical record. [\[6\]](#)

This moment in American history is witnessing pervasive efforts to deceive and shut down alternative views. Pressure groups, several with Marxist underpinnings, actively initiate strategies designed to dismantle and remake American culture, its history and education system, the nuclear family, negotiated policy creation, America’s founding principles, the role of the press, and to suppress individuals and groups who do not hew to certain views. Some big businesses, “woke” and supportive of such moves, provide financial, advertising, and distribution aid as de facto gatekeepers and worse.

Thanks to federal law granting them special protections, social media platforms and search engines (Big Tech) are uniquely free, compared to broadcast radio and TV, to blacklist and block anyone with whom they disagree. It’s a

matter of public record that Google, Facebook, Twitter, and others exercise these tactics of massive influence more each week. Industry leaders who skew Leftward politically have bound together to influence the outcome of the 2020 Presidential election.[{7}](#) Calls from members of Congress unconstitutionally imply, even threaten, to “research” individuals who were associated at all with the former president or the movement he represented. Understanding the roots of radical notions like these helps recognize and rebut them.

This seems to be our generation’s time of testing. But, as Jesus taught, believers don’t target even our human enemies.[{8}](#) Rather, “we destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ” (2 Corinthians 10:5). We fight for their sake and ours against destructive lies. During dark days, such a keen battle-ready mindset and *heartset* seems all the more urgent.

## **What’s Our Part in Deciphering Truth in All This Chaos?**

Did you know that you can refuse a suspicious piece of currency? But if you accept it, you’re legally responsible. If it’s funny money, you’re left holding the bag.

The Bank of Canada’s solution to a rampant counterfeiting problem was a campaign drumming into the public the watchwords: “touch, tilt, look at, look through.” That publicity campaign taught citizens how to test official currency compared to forgeries. Likewise, Christ followers must hold up any claim or trend to the light to see if it’s genuine truth or a fake. On religious claims and trends, examine carefully any doctrine or teaching or you could be led astray.[{9}](#)

Therefore, if legal tender requires examination and the

recipient is legally responsible for analyzing all received cash payment, then certainly Paul's admonition to "examine everything" [{10}](#) applies even more to citizens of God's kingdom. We will answer for our spiritual savvy, our *saltsmanship*, and our lighting of the world, as well as how wisely we led our families, fellows and flocks.

Everyday life examples of the need for vigilant discernment are replete. Recently I was digitally fed news from an online newspaper I found valuable. After a quick search I discovered that this newspaper is owned by a mystical religious cult founded in China. I found out through reporting sources I didn't fully trust, though, so I provisionally entered that new fact into my matrix of personal filters. Only recently was that claim confirmed when I saw the name of the religious group spelled out on the publication's web site.

The point of the story: few things are jet black and snow white, so layers of discernment are required. When things get gray, more work is needed with the help of others. Wise discernment discovers distinctions within the knowledge we gain, it assesses known patterns, and advises the heart and mind on levels of trust to agree to or the need to reject.

In the case mentioned, I determined that the enemy of my enemy (the Chinese Communist Party) is my friend, in a way. However, I have an eye out on journalistic balance and am especially on guard reading their newspaper's spirituality section (if I ever read it). All of this took a grand total of less than fifteen minutes, then an abiding mindfulness as I hunted for other things. Awareness and practice are key. Biblical and cultural perception paves the way. Make your own wise assessments.

You, as a growing or seasoned Christian, can use wise discernment to serve as an "elder in the gate" for others. Or, as a seeker you can begin to plumb the depths of God's twin revelations in Creation and the Bible. The book of Proverbs

emphasizes a desperate and greatly rewarding pursuit of wisdom and its seasoning with age. We are here to help equip you and answer your questions. [{11}](#)

The best antidote to spiritual and worldly confusion is simply Holy Spirit-led discernment. (And that's not just for those gifted with special discernment.)

In future posts I will address several angles on discernment in the world and Church. Following is a list of upcoming topics as I envision them today.

### ***Upcoming in This Discernment Series***

**The How of Discernment**—I'll dive deeper into biblically defining discernment and address how worldview as a concept helps reveal and classify untrue and dangerous assumptions among philosophies that affect one's view of the universe and the Creator, human value and business, and more. Also, to be discussed: How can we distinguish true from untrue (or the insidious half-true), good, better and best, and right from wrong or disputable matters of conscience? What is the relationship of knowledge, wisdom, and discernment as the Bible frames it?

**Spiritual & Mental Triage**—How can I handle sustained, varying and rapid information, claims and counterclaims, and policies that force me to either endure, protest, or free myself from them? (I may write some about conscientious objection vs. following authorities.) How can one fend off attack, especially the arrows aimed at religious freedom, biblical values and God's revealed will? What if repression or persecution happens anyway?

**Distinguishing Between God's Ways and God's Enemy's Ways**—It bears emphasizing that, though the cosmos (world) and human sin nature (flesh) are capable of ruin on a global scale, there's a cosmic battle pre-dating man and Creation—and, yes, politics. The traits and track records, if you will, of both

God Almighty and the original Rebel help to immediately test a message's likely origin and flag the source.

**Discerning and Dealing with False Dichotomies**—With so many events and “empty philosophies of men,”<sup>{12}</sup> the unified biblical narrative of how life works and biblical guidance gets distorted by oversimplified false choices—a favorite trick of the Liar and his worldly, often unwitting, disciples. It's either “material things are all that matters” or “spiritual and mystical things are the only really real things,” etc. Competing goods are confusing for good-willed people, too. How do I better notice these and find either a middle way or a third way? What false *splits* have I bought into that keep both unbelievers and believers from discerning biblically: facts vs. feelings, truth vs. emotions, oppressors vs. the oppressed only, and so on?

**Giving Essentials Their Proper Due**—How do I and those I spiritually lead avoid unconsciously discounting a high view of Scripture, theology, and God? We not only need to elevate our game but lift our eyes to the heavens.

**Realize and Embrace the Need for Testing**—Even the scariest of crises, such as an epidemic or a cultural revolution, may constitute a test God uses for us. Such events provide a perfect laboratory for gaining discernment from general knowledge and a growing understanding gained by “rightly handling the word of truth.”<sup>{13}</sup> The disciplines you hone through a sincerely perseverant search for a divine source of wisdom gains immediate insight for daily situations, news, and cultural developments that touch your life.

**Discernment and the Human Heart, Mind and Will**—What did Solomon receive after asking for discernment to govern God's people, and how does that apply to me? Did that guarantee wise living? What's the difference between the heart and head in biblical and scientific terms? What does Scripture say about the heart and how elevated is its role?

**Are You and Your Sources Asking the Hard Questions?**—Yesterday's conspiracy theory increasingly becomes today's headline and tomorrow's policy. Did you detect a curious new spirit of control, perhaps a taste by governments for unreasonable and unrelenting regulations in the initial stages of the Covid-19 response? [I did in March 2020.](#) Skilled observers like Dennis Prager asked early on about the balance of our national response. Discerning people were justified in their caution and predictions about the tradeoffs between several goods: fighting a novel virus for everyone weighed against economic, medical, and psychological damage, not to mention governments' tendency to retain emergency measures beyond need. Asking the hard questions can enable us to see and respond to the shifts and movements around us from whichever side. Asking early enough can avoid hazards.

**Avoiding Logical Pitfalls and Inappropriate Judgment**—Thinking can be flawed or downright incorrect, so how can I avoid that? What are some common logical fallacies and how can I spot them? Are sound arguments always true?

**Judging: Is it a Forbidden Act or a Necessary Tool?**—One of the most famous but misused quotes of Jesus is, "Judge not, lest you be judged" (Matthew 7:1). Was He teaching never to make assessments of anyone or anything, or did His and other New Testament teachings offer a nuanced approach?

Discernment must stem foundationally from an outside Observer or its interpretations will be captive to its own small circle of knowledge, assumptions, and influencers. Think of it! God intervened in human form and keeps speaking into it by his illuminating Spirit. "But the one who is spiritual discerns all things . . . ." (1 Corinthians 2:15).

As ministers of reconciliation and ambassadors, we speak his truth as if from a foreign country. [{14}](#) How do we gain a hearing? Partly from making sense of things from an objective, authoritative, out-of-this-world point of view, relying on

knowledge and wisdom that the unredeemed can only dream exist.

## Notes

1. Exodus 36:1.
2. Tim Challies, *The Discipline of Spiritual Discernment*, (Wheaton, IL, Crossway Books 2007), 14. I owe this well-researched story and many concepts to Challies.
3. 2 Corinthians 10:4; 1 Timothy 4:8; Ephesians 6:17; Hebrews 4:12
4. Dr. J.P. Moreland, on a Zoom conference call sponsored by Baylor University apologetics club Oso Logos (tied to Ratio Christi), streamed live on March 2, 2021. I attended that online meeting.
5. See [probe.org/atheist-myths-and-scientism/](https://probe.org/atheist-myths-and-scientism/). Note: this belief sneaks into the minds and convictions of Christians, too, who don't see its influence.
6. See [probe.org/worldviews-part-2/](https://probe.org/worldviews-part-2/) and [probe.org/truth-what-it-is-and-why-we-can-know-it/](https://probe.org/truth-what-it-is-and-why-we-can-know-it/).
7. See a mainstream media article detailing a "conspiracy" to "save the [2021 Presidential] election" through a "shadow campaign" led by a "cabal" of Big Tech leaders at [time.com/5936036/secret-2020-election-campaign/](https://time.com/5936036/secret-2020-election-campaign/). See also an expose (speech transcript) detailing very recent and alarming systematic message controlling methods by giant social media platforms: [imprimis.hillsdale.edu/control-need-rein-big-tech/](https://imprimis.hillsdale.edu/control-need-rein-big-tech/).
8. "Love your enemies . . .", Leviticus 19:18; Matthew 12:31.
9. Acts 17:11. More to come on general as well as spiritual discernment to via [Probe.org](https://probe.org), Probe radio and our [Head & Heart podcast](#).
10. 1 Thessalonians 5:21.
11. Visit our answers to visitor queries at [Probe.org/answers/](https://probe.org/answers/) and [Ask Probe](#).
12. Galatians 2:8.
13. 2 Timothy 2:15.
14. Hebrews 11:16.

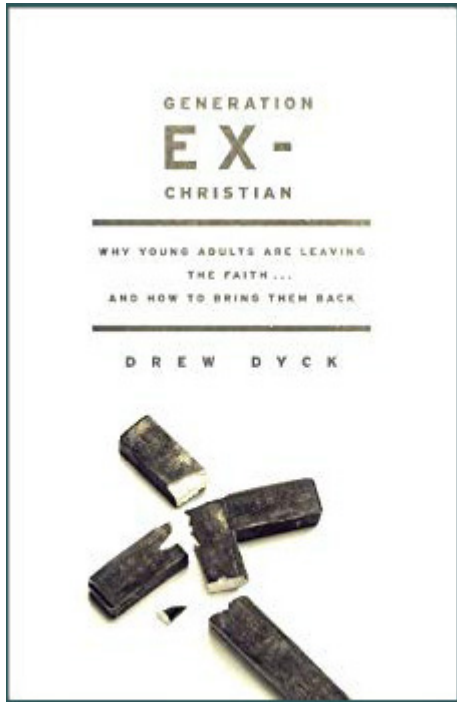
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# Ex-Christians: Ways to Bring Back the Leavers

*Steve Cable provides an overview of why young people leave the church based on Drew Dyck's book Generation Ex-Christian: Why Young Adults Are Leaving the Faith . . . And How to Bring Them Back.*



Over the last several years, Probe has been reporting on a changing young adult society that is marginalizing the church at an increasing rate. When we analyzed relevant survey data and our own survey taken of 18- to 40-year-old, born again Christians, the data revealed that even among Evangelicals, cultural captivity was the norm for the vast majority of Christians. One result of culturally captive Christians is that their children often become “leavers,” leaving the faith entirely once they are out on their own.



Are there others who are seeing the same degree of disconnect with the truths of Scripture in the life styles and life choices of young, adult Americans? I want to look at one such prominent voice speaking out about these same concerns. Drew Dyck is the author of *Generation Ex-Christian: Why Young Adults Are Leaving the Faith . . . And How to Bring Them Back*<sup>[1]</sup> and managing editor of *Leadership Journal*.

## Six Types of Leavers

Dyck's book is not primarily driven by general survey data. Instead, it tells a more personal story. He connected with people who had left their Christian upbringing. He talked with them about their life choices *and* he attempted to share Christ in a way that would be meaningful in the context of their personal journeys. As a result of this experience, he felt that those leaving their Christian influenced youth to enter into adulthood without a total faith in Christ could be placed into one of six different categories. He entitled these categories:

- Postmodern leavers – those adopting a postmodern view where no meta-narrative is to be trusted
- Modern leavers – those who believe only what they can prove and Neo-Darwinism seems more provable
- Neo-pagan leavers – those who gravitate to an earth-based religion where they are essentially their own gods
- Rebel leavers – those for whom a sinful lifestyle appears more appealing or who don't want to "give in" to God

- Recoilers – leavers who withdraw because of an emotional hurt associated with people claiming to represent Christianity, and
- Drifters – perhaps the largest group of leavers who gradually drift away because their faith was never that deep to begin with.

Each category of leaver creates a different challenge for one who desires to lead them into a true knowledge of Jesus. Just as Paul used different approaches to share the gospel in the synagogue, the marketplace and the philosopher's meeting place in Athens, so we need to tailor our approach to communicate effectively with our audience. In what follows, we will consider each of these categories and some of the ways one can best share with them.

## Postmodern and Modern Leavers

Postmodern thinking is becoming the cultural norm for young adults. The postmodern view holds that there is no objective truth applying to all, but rather each person or group of people defines their own truth. As J. P. Moreland puts it, "In a postmodernist view, there is no such thing as objective truth, reality, value, reason and so forth."<sup>2</sup> Yet, many young adults still adopt modernity, the dominant view throughout the twentieth century. Those with a modern view believe linear thinking and rational thought can lead us to objective truths valid for all. In his book *Generation Ex-Christian*, Drew Dyck finds both of these viewpoints create stumbling blocks for belief.

The gospel of Jesus Christ is true for all people in every age. This view runs counter to the "true for you but not for me" mentality of the postmodern generation. Many young adults influenced by postmodern thought have a difficult time accepting the all-encompassing, meta-narrative of the gospel. These leavers believe that Christianity is too narrow and

judgmental to be a part of their own truth sphere.

Dyck points out that those with a postmodern perspective are not really interested in hearing your apologetic arguments. Even if you weave a compelling logical argument, they will nod, smile, and ignore you. They need to see the impact of the truth of Jesus lived out in your life before them. Invite them to participate with you in serving others, creating an opportunity to share your story. They are, initially, more interested in your personal story. How has Jesus Christ made a difference in your life?

Conversely, those with a modern perspective are not as interested in your personal story. With moderns, ask questions to understand how they decide if something is true. Model a concern for the truth before laying “the Way, the Truth, and the Life” on their plate. Focus on the truth of the gospel, not letting ourselves get sidetracked into other arenas. How satisfying is their alternative view, and what are the consequences if they are wrong in their perception of truth?

Many modernists report that most Christians hastened their departure from the church through trite, unhelpful answers to the questions they were asking. Be willing to do the research to answer their questions thoughtfully and with confidence. Remember, there are good cogent explanations to their questions and their objections.

As Dyck discovered, effectively sharing with a leaver today requires us to know whether their general thought process is more shaped by modernism or postmodernism. Their answer determines whether we start with our personal experience or with the total truth of the gospel.

## **Neo-Pagans and Rebels**

Two more groups of leavers Dyck labels Neo-pagans and Rebels.

Dyck discovered a surprisingly large number of Neo-pagan leavers. Neo-pagans have gravitated to the beliefs that they are ultimately gods living in a society where the earth is to be nourished and women are as important, if not more so, than men. One common example of this religious view is Wicca.[{3}](#) Another example is Oprah's mishmash of Eastern mysticism.[{4}](#)

As with other leavers, begin by asking them questions to understand what they believe and what attracted them to it. With Neo-pagans, Dyck suggests starting by sharing with them our appreciation for nature and our sense of responsibility to care for it as God commanded. We also can share the honor that Christ and the church gave to women. They need to understand that women are "fellow heirs," not maidservants in Christ's kingdom. Upon earning a listening ear, we can share how we have experienced God's presence in our midst. Share our spiritual experiences with them. Above all, recognize that you are engaging in a spiritual battle that must include fervent pray on their behalf.

As he examined his relationships with different types of leavers, Dyck realized that some of them leave not to follow after a different belief system but, instead, to rebel against their view of a creator who is attempting to limit their self expression. Some rebels are motivated by a desire to do their own thing and participate fully in the short-lived pleasures of this world. Others are motivated by a desire to spit in the face of God, declaring their independence.

To effectively reach out to spiritual rebels, we need to let them know we care about them as persons. The world is already showing them that in their rebellion they are not really free. Everybody serves something. Get them to talk about what they are serving, whether it is money, success, clothes, power, etc. Then share with them how you experience true freedom as a captive of the source of all true freedom, Jesus Christ. As Paul tells us in Galatians, "For you were called to freedom, only do not turn your freedom into an opportunity for the

flesh, but through love serve one another” (Gal. 5:13).

## **Drifters and Recoilers**

Drifters and Recoilers are two more kinds of leavers.

Dyck identifies the Drifters as the largest group of leavers, exhibiting “that entrenched human defect—the tendency to drift from God.”<sup>{5}</sup> They did not set out to walk away from the faith of their parents. Over time it became less important to them, until it played no real role in their lives. As Dyck put it, “the biggest danger to Christianity is Christians.”<sup>{6}</sup>

Recent surveys showed 18- to 29-year-olds who indicated they had no religion growing from 11 percent in 1990 to 22 percent in 2008.<sup>{7}</sup> Of these young adults, two-thirds of them were leavers from an earlier point in their life where they considered themselves Christians. Their most common reason for leaving was not some intellectual epiphany, but rather they “just gradually drifted away from the religion.”<sup>{8}</sup>

Drifters are not driven by specific intellectual objections. They may have no real objections or arguments against Christian beliefs. Instead, they are apathetic toward it. It just is not important in their life.

To reach Drifters, one must redefine their perception that a Christian life is not worth pursuing. They need to see us loving Jesus because of who He is and not because of what He can do for us. It is not about getting God to do something for us. It is about the opportunity for eternal fellowship with the One who created us all.

The Drifters need to be connected with older adults who are living with an eternal perspective. Who are “redeeming the time because the days are evil” (Eph. 5:16). We need to raise the bar on the Christian life. It is more than the sterile, play-acting game they may have seen from their parents. You

cannot call them back to a watered down Christianity that was unable to hold their allegiance in the first place. Instead, we need to live out before them the radical lifestyle of a true follower of Jesus Christ.

The final group of leavers are the ones Dyck calls the Recoilers. These people are a special case. Their lives have been marred by significant pain. They relate the source of this pain to their Christian experience. For the Recoilers, it is typically only in the context of a relationship that healing can take place. On the one hand, we need to empathize with them, while, on the other, they need to see the joy our faith brings to our lives. Gradually, we may be able to help them delineate between God who loves them and the people who hurt them.

## **Reaching This Generation**

In *Generation Ex-Christian*, Drew Dyck identified six different types of faith leavers: Postmoderns, Moderns, Neo-pagans, Spiritual Rebels, Drifters, and Recoilers. Recognizing that we are called to be “all things to all men so that we may by all means save some” (1 Cor. 9:22), we can tailor our approach to more effectively reach each type of leaver.

Let’s consider five aspects that need to be consistent regardless of which type of leaver you are dealing with.

*Listen to them to understand* which type they may be. If we jump into sharing without knowing, we run the risk they will tune us out permanently.

*Articulate why we believe what we believe.* We need to have a good basic understanding of why we believe the gospel is true. If we have a good grasp of the basics, we can tailor our approach to the type of leaver we are addressing.

*Enter into relationship with the long view in mind.* Don’t

expect to reverse their dismissal of Christianity overnight. Over time we want clear away some of the obstacles standing between them and a vibrant faith. Be prepared for this effort to take time.

*Focus on forging loving relationships.* All the intelligent words in the world won't matter if they view us as hired guns adding another notch to our tally. Paul reminded Timothy, "The aim of our instruction is love proceeding from a pure heart and a good conscience and a sincere faith" (1 Tim. 1:5). Demonstrating Christian love makes them more willing to sincerely listen to us.

*Consistently pray for the leavers in our lives.* As Dyck put it, "We can give our loved ones who have strayed no greater gift than time spent in the presence of God on their behalf. Plead, ramble, cry, rage—but don't stop." Pray that "God will open up to us a door for the word, so that we may speak forth the mystery of Christ . . . that we may make it clear in the way we ought to speak" (Col. 4:2). If we are not bringing God into the relationship through prayer, we are not speaking with His effectiveness.

I don't believe the God who "desires all men to be saved" (1 Tim. 2:4) would at the same time desire a large portion of our young adults to leave behind faith in Jesus Christ. We are not to throw up our hands in surrender, but rather to dedicate ourselves to sharing Christ in ways that communicate the truth to different sets of ears. Let's commit together to reach out and bring these leavers into an eternal relationship with Christ.

## **Notes**

1. Drew Dyck, *Generation Ex-Christian: Why Young Adults Are Leaving the Faith . . . And How to Bring Them Back* (Moody Publishers, 2010), Kindle edition.
2. Ibid., Chapter 2.

3. See Michael Gleghorn, "Wicca: A Biblical Critique," Probe Ministries, 2002, [probe.org/wicca-a-biblical-critique/](http://probe.org/wicca-a-biblical-critique/).
4. See Steve Cable, "Oprah's Spirituality: Exploring A New Earth," Probe Ministries, 2008, [probe.org/oprahs-spirituality-exploring-a-new-earth/](http://probe.org/oprahs-spirituality-exploring-a-new-earth/).
5. Dyck, *Generation Ex-Christian*, chapter 16.
6. Ibid.
7. Kosmin & Keysar, *American Nones: The Profile of the No Religion Population, A Report Based on the American Religious Identification Survey 2008*, [commons.trincoll.edu/aris/files/2011/08/NONES\\_08.pdf](http://commons.trincoll.edu/aris/files/2011/08/NONES_08.pdf), "Highlights."
8. Pew Forum on Religion and Public Life, *Faith in Flux: Changes in Religious Affiliation in the U.S.*, 2009, [www.pewforum.org/Faith-in-Flux-Changes-in-Religious-Affiliation-in-the-US.aspx](http://www.pewforum.org/Faith-in-Flux-Changes-in-Religious-Affiliation-in-the-US.aspx)

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## The All-Powerful God

*Dr. Michael Gleghorn examines the important doctrine of the omnipotence of God, and what it means for God to be all-powerful.*

### Introducing Omnipotence

When the angel Gabriel appeared to Mary and told her that she would give birth to Israel's promised Messiah, she was stunned. After all, she was a virgin. How could she possibly give birth to a son? But the angel informed her that God's power was more than sufficient to accomplish such a thing, "for nothing is impossible with God" (Luke 1:37; NIV).



A foundational element of a Christian worldview is a proper view of God. This article is about God's omnipotence. Although the term may sound a bit intimidating, it simply means that God is all-powerful. A number of scriptural passages speak to this issue.

For example, through the prophet Jeremiah God warned the people of Judah that because of their wickedness their land would soon be conquered by the Babylonians (Jer. 32:26-35). Nevertheless, God also promised that he would one day restore his people to their land and bless them with great prosperity (Jer. 32:37-44). As if to make clear that the Lord was completely able to fulfill his promise, the context twice leads us to reflect upon the fact that nothing is too difficult for God (Jer. 32:17, 27). The text, therefore, seems to clearly indicate that God is all-powerful, or omnipotent.

This power is revealed in a number of different ways. For example, the creation of the universe reveals his "eternal power and divine nature" (Rom. 1:20; Heb. 1:3). The resurrection of Jesus reveals his "mighty strength," which not only raised Christ from the dead, but which seated him at the right hand of God, "far above all . . . power and dominion" (Eph. 1:18-23). Finally, his might is also revealed in the gospel, which the apostle Paul described as "the power of God for the salvation of everyone who believes" (Rom. 1:16).

In fact, He is often referred to as God *Almighty*. In the book of Revelation the twenty-four elders who are seated before the throne of God fall on their faces and worship the Lord declaring, "We give thanks to you, Lord God Almighty, the One who is and who was, because you have taken your great power and have begun to reign" (Rev. 11:17).

The cumulative picture is indeed a grand one—and quite naturally leads to the believer’s affirmation that God is all-powerful, or omnipotent. But how is this attribute to be understood? What exactly does it mean to say that God is omnipotent? These are some of the questions with which we’ll grapple in the remainder of this article.

## Omnipotence and Creation

The Apostle’s Creed begins, “I believe in God the Father almighty, creator of heaven and earth.”<sup>{1}</sup> Not only does this statement affirm a central (and biblical) Christian truth-claim, namely, that God is the creator of the heavens and the earth (Gen. 1:1), it also clearly links this affirmation with God’s attribute of omnipotence by referring to him as “God the Father *almighty*.” By linking God’s omnipotence with creation in this way, the creed reaffirms what the Apostle Paul had previously taught in his letter to the Romans, that God’s “eternal power and divine nature” are “clearly seen in what has been made, so that men are without excuse” (Rom. 1:20).

But why does the Bible, and Christian tradition, link God’s omnipotence with creation in this way? One of the most important reasons is to be found in the Christian doctrine of creation itself. You see, unlike certain pagan doctrines of creation, which taught that the universe was *formed* out of pre-existent matter, Christianity teaches that God *created* the universe out of nothing. And when we say that God created the universe “out of nothing,” we are claiming, as the theologian Thomas Torrance reminds us, that the universe “is not created out of anything.” Rather, “it came into being through the absolute fiat of God’s Word in such a way that whereas previously there was nothing, the whole universe came into being.”<sup>{2}</sup>

Now what’s astonishing about this is that it’s perfectly consistent with today’s standard Big Bang model of the origin

of the universe! This is because, as physicist P. C. W. Davies observes, “On this view the big bang represents the creation event; the creation not only of all the matter and energy in the universe, but also of spacetime itself.”<sup>{3}</sup> Hence, the origin posited by this model is “an absolute origin” out of nothing.<sup>{4}</sup>

This is why omnipotence and creation are so closely linked in the Christian tradition. It’s one thing to merely *form* a universe out of pre-existent matter. It is another thing entirely to *create* a universe out of absolutely nothing! As Christian philosophers Paul Copan and Bill Craig observe, “It is difficult to imagine any more stunning display of God’s almighty power than the world’s springing into being out of nothing, at his mere command.”<sup>{5}</sup>

## Omnipotence and Morality

Now you might be thinking that if God is all-powerful, then he can do absolutely anything. But if we adopt this understanding of omnipotence, we quickly run into conflict with the teaching of Scripture, for Scripture tells us plainly that there are some things God cannot do.

For example, in Numbers 23:19 we read: “God is not a man, that he should lie, nor a son of man, that he should change his mind. Does he speak and then not act? Does he promise and not fulfill?” According to this text, God is not the sort of being to tell a lie. When he makes a promise, we can be confident that he will keep it, because God does not lie (see also 1 Sam. 15:29 and Tit. 1:2).

This is particularly important for New Testament believers, for God has made many wonderful promises to those who have trusted Christ for salvation. Is there any reason to fear that God may not keep some of these promises? No, there is not, for as the author of Hebrews reminds us, “it is impossible for God

to lie” by making a promise and then failing to keep it. And because of this, our hope in Christ is “firm and secure” (Heb. 6:18-19).

But if we say that God cannot lie, or break a promise, or do anything else that is morally evil, then haven't we denied that God is all-powerful? Not necessarily. The vast majority of Christian theologians throughout the history of the church have consistently taught that God's omnipotence does not include the ability to do that which is logically impossible or contradictory.

Of course, there is no contradiction in saying that an omnipotent being can commit a morally evil act. But there does seem to be a contradiction in saying that a completely good, morally perfect being can perform such an act. As a morally perfect being, God not only has no moral faults, but as James reminds us, he cannot even be tempted by sin and evil (James 1:13). Hence, as one Christian philosopher observes, “for an essentially morally perfect being, doing what is wrong is just a special case of doing what is impossible for that being to do.”<sup>{6}</sup> And clearly, the inability to do what is morally evil should not be seen as detracting from God's omnipotence. Instead, it should be viewed as exalting his moral perfection.

## **Omnipotence and Freedom**

We've seen that omnipotence cannot mean that God can do absolutely *anything*. For as a morally perfect being, God is incapable of doing what is morally evil. This might lead us to think that God can do anything that is consistent with his morally perfect nature. But most theologians would still reject such a view. They would insist that some things are just logically impossible and that it can't count against God's omnipotence to admit that he cannot do such things.

Let's consider an example. A square is a geometrical object

with four angles. A triangle has only three. This being so, what do you think the chances are of constructing a square triangle? Not very good, right? After all, if something has four angles, then it has more than three. And if it has only three angles, then it has less than four. Regardless of how much power one has, a square triangle is a *logical impossibility*.

With this in mind, let's now consider another example. Suppose that John is the kind of person who, if married, would *always* freely seek his wife's input before making any major financial decision. If this is true, then it would seem that not even God could create John, place him in such circumstances, and have him freely *refrain* from seeking his wife's input—for this is simply *not* what John would *freely* do in such circumstances.

Of course, God still has plenty of options. He could always refuse to create John, or refuse to let him get married, or refuse to let him be confronted with a major financial decision. Alternatively, God could put John in the circumstances we're considering, but *make* him decide not to seek his wife's input. But what he cannot do is place John in these circumstances and then *make* him *freely* decide not to seek his wife's input. For to *make* John *freely* do something is as logically impossible as creating a square triangle.[{7}](#)

Of course, God's inability to perform a logically impossible task can't fairly count against his omnipotence. For this would suggest "that a task has been specified, that transcends the capacities . . . of Omnipotence. But no task at all has been specified by uttering a self-contradictory . . . mixture of words."[{8}](#) So we needn't worry that we've abandoned the doctrine of omnipotence by admitting that God cannot perform meaningless tasks! We've simply clarified the meaning of omnipotence.

# The Importance of Omnipotence

The doctrine that God is omnipotent, or all-powerful, is, as one philosopher has observed, “not a bit of old metaphysical luggage that can be abandoned with relief.” Instead, it’s “indispensable for Christianity.” After all, God has made many wonderful promises to his people. But if he “were not almighty . . . he might . . . sincerely promise, but find fulfillment beyond his power.”<sup>{9}</sup> So only if God is omnipotent can we confidently bank on his promises. But this is a bit of a two-edged sword.

On the one hand, the doctrine of God’s omnipotence can be very comforting for believers, who are rightly related to God through faith in Jesus Christ. After all, “God is our refuge and strength, an ever-present help in trouble” (Psalm 46:1). Whatever problems and difficulties we face in life, our omnipotent God has more than enough power to see us through. If he chooses, he can easily deliver us from fire or water, sword or famine, sickness or disease. And if he lets us go through such things, he can provide all the grace and strength we need to endure. While the suffering of God’s saints can indeed be great, we must also remember that this life is not the end of our story, for “in keeping with his promise we are looking forward to a new heaven and a new earth, the home of righteousness” (2 Pet. 3:11). A promise our omnipotent God is more than able to fulfill!

On the other hand, however, an omnipotent Deity is a most frightening prospect for anyone who persists in spurning his love and grace. For as the author of Hebrews reminds us, we are each “destined to die once, and after that to face judgment” (9:27) and “it is a dreadful thing to fall into the hands of the living God” (10:31)—especially when that God is all-powerful! It’s a sobering thought to remind ourselves that not one of us can ultimately escape God’s power and judgment. If we make the omnipotent God our enemy, then no one can

deliver us from his hand.

Thankfully, however, peace with God is available to anyone who wants it. The Bible tells us that God does not want anyone to perish, but for all to come to repentance (2 Pet. 3:9). He pleads with men to be reconciled to God through faith in Jesus Christ (2 Cor. 5:16-21). "Whoever is thirsty," he says, "let him come . . . let him take the free gift of the water of life" (Rev. 22:17b). The omnipotent God offers us all good things in Christ—and nothing can prevent him making good on his offer!

## Notes

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5. *Ibid.*, 26.
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# Glorious Morning Glories

This is what love looks like.

My husband planted morning glories for me on our back fence because they are my favorite.



I love that a whole new batch of brand new blooms pops out each morning, day after day of fresh beauty that reminds me of Lamentations 3:23, that God's mercies are "new every morning—great is Your faithfulness!"

This year, we had to wait long into the fall for the flowers. The green foliage was crazy lush and full for months, but there were no gorgeous "blue happies," as I think of them, until late October.

Finally they started exploding daily with beauty and color. Not long afterwards, an unseasonable cold snap hit us, and the green foliage started to wither and dry up.

But the "blue happies" kept popping out!



I had to smile at what was happening on our fence, because it was a powerful illustration of what it's like for me to grow older. The green leaves were getting old and spent and dry and yucky, at the same time that every morning, there were still fresh and new morning glory blooms sprouting out. What a picture of what has become my new life verse, 2 Corinthians 4:16-18—

Therefore we do not lose heart, but ***though our outer man is decaying, yet our inner man is being renewed day by day.*** For momentary, light affliction is producing for us an eternal weight of glory far beyond all comparison, while we look not at the things which are seen, but at the things which are not seen; for the things which are seen are temporal, but the things which are not seen are eternal.

My body is growing older and weaker, especially ravaged by the lingering effects of polio. Not long ago, I spent almost two years [unable to walk](#) at all because of severe arthritis in both hips. (The Lord has restored so very much to me on the other side of two [hip replacements](#)!) I'm able to walk and stand without pain these days, for which I give thanks every single day, but the march of time continues and, like everyone else, I'm going downhill physically.

But—the glorious but!—on the inside I get to be fresh and new every day! Just like the “blue happies”! As I walk in faithfulness with the Lord, seeking to abide in Him and allow the beauty and character of Christlikeness to flow into and through me, He keeps bringing renewed energy and joy to my soul. Every day! I love it!

The hope for us as believers, especially older believers, is that we get to be renewed daily with the radiance and vibrancy and joy of Jesus within that keeps getting better and better the older we get!

In fact, the Bible even speaks about our transformation as a special kind of glory: 2 Corinthians 3:17-18 says,

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And we all, who with unveiled faces contemplate the Lord’s glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit.

I LOVE being transformed, a little bit every day, into the image of Jesus, with ever-increasing glory! I get to be a spiritual morning glory!

This blog post originally appeared at  
[blogs.bible.org/glorious-morning-glories/](https://blogs.bible.org/glorious-morning-glories/) on December 15,  
2020.

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**Addressing                      Anxiety                      in**

# Tumultuous Times

*Byron Barlowe connects the dots between the universal problem of anxiety, what brain science is teaching us about our minds, and how Scripture and spiritual disciplines can help. In a world consumed by violent riots and trauma surrounding the Covid virus, this is a timely topic that God and science speak to well.*

Millions of people worldwide are battling anxiety in a tumultuous time. The Coronavirus pandemic response has created a new abnormal: heightened fear of sickness and death, economic damage, and social isolation. Loneliness is the number one health crisis in America according to many epidemiologists, psychiatrists, and social scientists.[{1}](#) While we're all still reeling from this, racial strife has erupted into looting, killings, and anarchy in American streets.

Mental health is an increasing concern too. One study found that during the spring 2020 mass quarantine, prescriptions for anti-anxiety meds spiked.[{2}](#) A San Francisco area hospital has seen more deaths by suicide than by Covid-19, prompting a call for an end to mass shutdowns.[{3}](#) *It's been a perfect storm of stress.*



Are there real solutions *right now*? Yes, brain science is confirming the truths and promises proclaimed in Scripture in exciting ways! We have wonderfully adaptive minds—especially when they are focused on God. These built-in mind-morphing capabilities show the genius of our design as Image-bearers of God. Audiologist, cognitive researcher and outspoken Christian Dr. Caroline Leaf writes, “As an individual, you are capable of making mental and emotional change in your life. Through your thinking, you can actively recreate thoughts and, therefore, knowledge in your mind.”[{4}](#)

And this has profound implications for true hope. Leaf continues: “Thoughts are real, physical things that occupy mental real estate. Moment by moment, every day, you are changing the structure of your brain through your thinking [it’s happening right now as you read]. *When we hope, it is an activity of the mind that changes the structure of our brain in a positive and normal direction.*”<sup>{5}</sup> The biblical book of Hebrews defines faith as “the substance of things hoped for, the evidence of things not seen” (Hebrews 11:1). The thankful, attentive, willfully hopeful mind creates positive emotions, thoughts, and acts of the will. In other words, we *significantly control whether we have a healthy soul.*

Dallas Willard writes, “The transformation of the self away from a life of fear and insufficiency takes place as we fix our mind upon God as he truly is.” As Scripture teaches, “Be transformed by the renewing of your mind.” In this article we’ll explore this transformation.

## **Morphing Your Mind—It’s Mostly Up to You!**

Everyday stress is hard enough—but what about work-related anxiety? Money? Riots, memories of abuse, bullying, and abandonment? We have little control over family, culture or epidemics. But we can make amazing internal changes through our responses. Science and Scripture *agree* on this.

The transforming mind-renewal encouraged by Scripture is possible for us all, especially for people who have invited God to lead their lives. We can intentionally train our minds to reshape our brains—we are *not* perpetual victims of our past or circumstances. Nor are humans mere products of matter in motion. Dr. Caroline Leaf, author of *Switch on Your Brain*, claims that “Choice is real, and free will exists. You are able to stand outside yourself, observe your own thinking, consult with God, and [work with him to] change the negative, toxic thought or grow a healthy, positive thought. When you do this, your brain responds with a positive neurochemical rush

and structural changes that improve your intellect, health, and peace.”{6}

Even traumatic memories can be starved, defanged, broken down, and replaced. Brought into conscious awareness, they can become plastic enough to be recreated. Leaf explains that “Neurons that don’t get enough signal (that is, rehearsing of the negative event) will start firing apart, wiring apart, pulling out, and destroying the emotion attached to the trauma.” Also, desirable brain chemicals that bond and remold chemical connections, increase focus and attention, and increase feelings of peace and happiness begin to weaken traumatic memories even more. So bad memories, hatred, hurt, and other negative thoughts and emotions that form toxic beliefs: “If they stop firing together, they will no longer wire together. This leads to . . . rebuilding new ones.”{7}

Ideas have consequences and our beliefs guide our behavior. In the words of King Solomon, “As a man thinks in his heart, so he is.”{8} That is, we construct frameworks of beliefs and *then* speak and act from them.

Science seems to confirm this biblical view of self-control. Measuring magnetic fields, electrical impulses, chemical effects, photons, vibrations, and quantum energy paints a picture of intricately [networking] neurotransmitters, proteins, and energy—that is, signals—that change the brain’s landscape.{9} This “neuroplasticity [seems to be] God’s design for renewing the mind.”{10}

And there’s nothing magic about it: overcoming anxiety can be helped a lot through habits of the mind, heart, and soul.

## **Mindfulness & Meditation—Self-Control and Seeking God in Silent Solitude**

It’s no wonder that the concept of “mindfulness” has become a “thing” these days. Meditation and concentration are new-old

survival skills. How do they work?

Dr. J.P. Moreland, noted philosopher and author of *Finding Quiet: My Story of Overcoming Anxiety and The Practices That Brought Peace*, candidly shares his struggles with anxiety and the need he had for medications. He also discovered the power of seeking God in self-directed solitude. He emphasizes sustained habits of the praising, thankful, and self-controlled soul.

Mindful meditation is not like taking a drug, is not a quick fix, or denying the senses to rid oneself of desire.<sup>{11}</sup> “By charting new pathways in the brain, mindfulness can change the banter inside our heads from chaotic to calm.”<sup>{12}</sup> New habits are formed over time. When it comes to our minds, “practice doesn’t make perfect; it makes permanent.”<sup>{13}</sup>

Remaining at rest via the practice of spiritual disciplines takes advantage of our mind’s ability to “move into a highly intelligent, self-reflective, directed state.” And the more often we go there, the more “we get in touch with the deep, spiritual part of who we are.” This exercise switches brain modes in a way that can create wisdom and potential connection with God.<sup>{14}</sup> As Jesus taught his disciples, “Keep awake (give strict attention, be cautious and active) and watch and pray, that you may not come into temptation.”<sup>{15}</sup> We can mentor our own minds, settle our souls, habituate our hearts, and free our spirits to respond to God. Brain science is catching up on this reality.

So, what’s going on physically when we stop to meditate in focused solitude and silence? A post at *Mindful.org* claims, “The impact that mindfulness exerts on our brain is borne from routine: a slow, steady, and consistent reckoning of our realities, and the ability to take a step back, become more aware, more accepting, less judgmental, and less reactive. . . . Mindfulness over time can make the brain, and thus [ourselves], more efficient regulators, with a penchant for

pausing to respond to our world instead of mindlessly reacting.”[{16}](#) How different would social media conversations be—especially on politics and race—if more people practiced patient contemplation!

Various regions of our brains change while meditating. The “fight or flight” area actually shrinks in size.[{17}](#) It’s a real chill pill!

God keeps “him in perfect peace whose mind is stayed on You, because he trusts in You.”[{18}](#)

## **Thankfulness and Happiness—Healthy Habits of the Mind & Heart**

In trying times, we all want to return to happiness. It’s a God-given right to pursue it, according to America’s founders. The biblical worldview recognizes the inherent brokenness of both creation and human beings, so it is no surprise that confusion, discord, and tragedy—along with evil spiritual powers—“steal, kill, and destroy”[{19}](#) our joy. What can be done?

Christian philosopher J.P. Moreland writes, “You have it in your power to begin a regimen of choices, assuming you would choose the right things, and form a habit of this that can *substantially improve your happiness and decrease or get rid of anxiety*. There really is hope.”[{20}](#) Our non-conscious mind turns thoughts over and over. Through spiritual disciplines, we bring these into our conscious awareness, which manipulates actual proteins, creating overhauled memories. Intentionally bringing God to mind—His attributes, the wonder of creation and His blessings, promises, answered prayers—such a focus leads to a cycle of good thinking, feeling, and *knowing* that turns into believing real truth. Faith is a gift so we’re not alone in doing this. But it is up to us to put to use the gifts described here to “work out [our] salvation with [reverence and proper humility].”[{21}](#)

Remember, we have a strong influence in reshaping our own brains—especially with God’s help. Secular scientists are discovering the wonderful power of thankfulness. Scientific studies prove seven benefits according to *PsychologyToday.com*. Gratitude improves relationships, physical and mental health, sleep, self-esteem, and mental resilience. It even reduces aggression, the urge for revenge. Scripture aligns with physical reality again when it tells us: “Don’t worry about anything; instead, pray about everything. Tell God what you need and thank him for all he has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.”[{22}](#)

Moreland jokes, “If we’re not careful, we may even come to think we were designed to flourish best when we are thankful and grateful! Yet as exciting as these psychological studies are, we didn’t need them to know the importance and value of expressing gratitude and thanksgiving to God. The Bible insists on this . . . [it’s] filled to overflowing with exhortations to be grateful to God and express thanksgiving to him.”[{23}](#) As King David famously prayed in Psalm 23, “Surely goodness and mercy shall follow me all the days of my life”—he trusted a good God to lead, protect, and bless him. That’s joy far beyond happiness!

## **Takeaways & Practical Applications**

Brain networks form an inner life of the mind. We can switch between various networks constantly. Like a mom monitoring kids running around inside several contained rooms, this enables us to control the controllable—our reactions to events and circumstances. Brain scans confirm how we capture and police rogue thoughts in ways prescribed in Scripture: “We . . . take every thought captive to obey Christ.”[{24}](#)

UCLA researchers address how our habitual non-conscious thoughts can drive anxiety—negative self-talk like:

- “I’ll be in real trouble if...”
- “What if so and so happens next week?”
- “I’ll probably fail that exam!”

“It’s what we say to ourselves in response to any particular situation that mainly determines our mood and feelings.”[{25}](#)

“Forming a new habit requires doing things you may not want to do in the early stages of formation,” as any coach or teacher will tell you.

For retraining our brains, experts have devised methods like **The Four Step Solution**:

It goes as follows:[{26}](#)

**Step 1: Relabeling**: call out thoughts as having no necessary connection with reality: tell yourself “That is a destructive lie.” Call on Proverbs 4:23, “Guard your heart above all else, for it is the source of life.”[{27}](#)

**Step 2: Reframing**: take the power out of the bad thoughts. Reset your perception of the deceptive message by being mindful that it exists, its content, and how you are now feeling by correctly categorizing the distorted message. Bad self-talk includes:

- all or nothing thinking (for example: “it was a *total* failure”)
- overgeneralizing
- singling out one thing to focus on
- catastrophizing (or making too big a deal out of things) and
- discounting the positive

Reframing them creates stable memories formed by repeated updating.

**Step 3: Refocusing:** Set your mind on anything else—distract yourself from the negative thoughts. Stop obsessing! Get into “the flow” of something. Focus elsewhere. And don’t ruminate about the message—analyzing it will deepen the grooves in your brain.

**Step 4: Revaluating:** After a while, reflect on how you did Steps 1-3. Recommit to repeat these steps throughout the day.

Over 21 days, a “newly formed neural network” will decay in less than a month: thoughts are like muscles that atrophy and die or get stronger with use.<sup>{28}</sup> Starve the bad, feed the good.

As Paul instructed the Philippian church, dwell on what is good and pure, true and worthy of praise.<sup>{29}</sup>

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22. Philippians 4: 6-7, New Living Translation.
23. *Finding Quiet*, 113.
24. 2 Corinthians 10:5.
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26. Entire section, *Finding Quiet*, p. ?
27. Proverbs 4:23, CSB.
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29. Philippians 4:8.