

Heresy: Nothing New Under the Sun

Kerby Anderson provides an overview of some ancient Christian heresies that are still being embraced today: legalism, gnosticism, mysticism, and marcionism.

In this article we address ancient heresies that still exist in only a slightly different form today. Jesus warned us in Matthew 13:24-25 that the “kingdom of heaven may be compared to a man who sowed good seed in his field.” But then there is a twist in the story.

“But while his men were sleeping, his enemy came and sowed tares among the wheat, and went away. But when the wheat sprouted and bore grain, then the tares became evident also.”

Later Jesus explained the parable. The wheat is the “people of the kingdom.” The tares are the “people of the evil one.” The illustration would make sense to people living in the first century. There was even a Roman law against sowing tares in another person’s field. Some have called it a “primitive form of bioterrorism.”



Jesus is teaching that both true Christians and false Christians will live together. They both may even go to church and seem like Christians. But the false Christians believe and spread heresy within the church and into society.

Paul also warned about false teaching and heresy. In what might have been his last epistle, he warned Timothy that: “For the time will come when they will not endure sound doctrine; but wanting to have their ears tickled, they will accumulate for themselves teachers in accordance to their own desires, and will turn away their ears from the truth and will turn

aside to myths.” (2 Timothy 4:3)

Peter also gave a warning that these false teachers will come from inside the church. “But false prophets also arose among the people, just as there will also be false teachers among you, who will secretly introduce destructive heresies, even denying the Master who bought them, bringing swift destruction upon themselves. Many will follow their sensuality, and because of them the way of the truth will be maligned; and in their greed they will exploit you with false words.” (2 Peter 2:1)

Notice that these heresies and false teachers will arise from among you. They will secretly introduce these heresies. And they will use greed and sensuality to seduce Christians. Jude (1:4) also adds that these false teachers “have crept in unnoticed” and “turn the grace of our God into licentiousness and deny our only Master and Lord, Jesus Christ.”

In this article we look at heresies in the past that can be found in a slightly altered form today. Just as believers in the first century were warned about false teachers and destructive heresies, so we need to warn each other today about these heresies in the 21st century.

Ecclesiastes 1:9 reminds us that there is “nothing new under the sun.” As we will see below, that is true of these ancient heresies.

Legalism

Legalism is an ancient heresy going all the way back to the first century. Paul in his letter to the Colossians (2:16-17) said, “Therefore, no one is to act as your judge in regard to food or drink or in respect to a festival or a new moon or a Sabbath-day things which are a mere shadow of what is to come; but the substance belongs to Christ.” He warned them about those in their midst who were taking them captive through the

subtle lies of legalism.

You might notice that what is listed in these verses are not instructions on purity or righteousness. Rather they are specific Old Testament practices that were given to Israel before the coming of Christ. The Passover is a foreshadowing of Christ's sacrifice as the Lamb of God. While the deliverance of Israel is significant, consider how much more significant is Christ's death which provides us with deliverance from the slavery of sin and separation from God. The previous feasts and festivals are no longer necessary now that we have Christ in our lives.

Jesus addressed legalism among the Pharisees and scribes. They established all sorts of rules and regulations that were binding on all Jews. Starting with the law, they set out to compile the various oral traditions and even began to develop interpretations of these laws. In the end, they even had interpretations of the interpretations that were collected in numerous volumes.

By the time of Christ, the Pharisees and the scribes were actually following the traditions of men rather than the law of God. Jesus pointedly asked them, "Why do you break the commandment of God for the sake of your tradition?" (Matthew 15:3) Jesus also condemned the Pharisees by saying, "You also outwardly appear righteous to men, but inside you are full of hypocrisy and lawlessness" (Matthew 23:28). Jesus therefore accused them, on numerous occasions, of being hypocrites.

Legalism is our attempt to produce righteousness apart from God. We are challenged to follow additional rules and regulations that we believe will merit favor before God. But in the end, these unbiblical rules bind us and drain the joy from our lives.

When we give people an ever expanding "to-do list" that is uncoupled from God's power, we wear people down and ultimately

drive people away from the gospel. Paul warned Timothy that in the last days there would be people “having a form of godliness but denying its power” (2 Timothy 3:5). He counsels him to avoid such people.

Gnosticism

Gnosticism is an ancient heresy that surfaced in the last century, partially because of the discovery of the Gnostic Gospels. The Gnostics were prevalent in the first few centuries after the time of Christ. The word *gnosis* means “knowledge.” The focus was on hidden knowledge that contradicted biblical revelation.

For example, the Gnostics denied the existence of sin. Instead, they proposed that the world was corrupted by the demiurge who created it and rules over it. If they believed in sin, they would say that the only sin is ignorance.

The Gnostics taught that Jesus came not to save the world but to impart special knowledge that would lead us to what they called a “divine pleroma.” If you were fortunately to find this knowledge, then you would achieve salvation.

In the first centuries, the Gnostics presented themselves as Christians and worked to popularize their ideas among the growing church of believers. They also produced their own texts (Gospel of Mary, Gospel of Thomas, Gospel of Judas).

Iraenaeus was a church father who wrote a critique of Gnosticism in AD 180. He explained that the Gnostics used the Bible alongside their own texts to demonstrate their “perverse interpretations” and “deceitful expositions.” They also reinterpreted parables and allegories from the Old Testament in a fraudulent manner.

Nevertheless, Gnosticism appealed to many Christians in the first centuries because it had many elements that were very similar to Christianity. They believed in Father, Son, and

Holy Spirit. They quoted from the Bible. They practiced some of the sacraments.

Many of these same heretical ideas appeal to Christians today. Leaders of progressive Christianity argue that they have a more mature view of God and the Bible. These leaders believe they have special knowledge that allows them to set aside the standard interpretations of biblical passages. One evangelical pastor said: "The church will continue to be even more irrelevant when it quotes letters from 2,000 years ago as their best defense."[\[1\]](#)

The Gnostics and modern heretics claim sources of knowledge outside the Bible. They say we know so much more now than the early Christians. C.S. Lewis refers to this as "chronological snobbery." They assume they know better than any believer in the past.

Today, we have people claiming to know what the Bible really means and invite you to join them as they impart their "special knowledge" to you. More than ever we should be alert to such leaders who will ultimately lead us away from the true Gospel.

Mysticism

Mysticism is another ancient heresy that we still see today. When Paul wrote to the Colossians (2:18-19), he warned them about false teachers who would attempt to seduce them into mystical ideas: "Let no one keep defrauding you of your prize by delighting in self-abasement and the worship of the angels, taking his stand on visions he has seen, inflated without cause by his fleshly mind, and not holding fast to the head, from whom the entire body, being supplied and held together by the joints and ligaments, grows with a growth which is from God."

The word mysticism comes from the Greek word (*mystes*) for the

mystery religions that existed at the time Paul was writing to these Christians. He is describing someone who is “taking his stand on visions he has seen.” In other words, this is a person who has had some vision and is mixing that vision with the revelation of Scripture.

At the time Paul was writing to a church that was a mixture of Jews and Gentiles. Many were young Christians and may have brought their pagan ideas into the church. This would include the idea that you receive spiritual revelations by entering into an ecstatic state. These Christians also lived in a culture where many claimed they were receiving visions from the gods. If these young Christians did not have discernment, they might actually believe that someone who has these visions was spiritually superior to them.

Mysticism has been a major area of cultural captivity both in church history and even in our present day. We see in Paul’s letter to the church in Corinth, that believers were confused about speaking in tongues and other spiritual manifestations. Some of the believers were essentially “babes in Christ” who could not handle the solid food of God’s word. He reminded them that when they were pagans, they had been led astray (1 Corinthians 12:1-3). Because of their previous exposure to paganism, they were vulnerable to false doctrine.

Throughout church history, certain churches and denominations have brought mystical rituals and practices into their worship experience. They may take the form of chants, icons, or prescribed practices not found in Scripture but part of a tradition that borrows heavily from mystical ideas. And many of these practices are found today not only in North American churches but in churches in other parts of the world.

Mysticism is quite prevalent outside of the church and can have a strong cultural influence on Christians. Many of the books on the best-seller lists over the last few decades dealing with spirituality are not books that promote biblical

Christianity but rather books that promote an Eastern philosophy of religion or the New Age Movement.

Marcionism

Marcionism was taught by a theologian named Marcion in the second century. Although some of his ideas parallel Gnosticism, he made a distinction between the God of the Old Testament and the teachings of Jesus in the New Testament. He taught that the benevolent God of the gospels who sent Jesus was inconsistent with the mean, vindictive, malevolent God of the Old Testament. Hence, he concluded they were two different deities.

He also considered himself a follower of Paul, who he preached was the only true apostle of Jesus Christ. In fact, he even created his own "Scriptures" that included ten of Paul's epistles and the Gospel of Marcion (which was a shorter version and highly edited version of the Gospel of Luke). He emphasized Paul because he felt he freed Christianity from the Jewish Scriptures.

He also rejected most of the orthodox teachings of Christianity. For example, he rejected the ideas of God's wrath and rejected the ideas of hell and judgment. Those ideas, according to him, were tied to the God of the Old Testament, whom he called the Demiurge. That God was merely a jealous tribal deity of the Jews and represented a legalistic view of justice.

A similar idea exists even today. For example, one evangelical theologian said this: "The Bible is an ancient book and we shouldn't be surprised to see it act like one. So seeing God portrayed as a violent, tribal warrior is not how God is but how he was understood to be by the ancient Israelites community with god in their time and place."[\[2\]](#)

We might add that an increasing number of pastors and

Christians no longer want to talk about God's wrath and refuse to teach what the Bible does say about hell and judgment. Books and articles are being written denying the existence of hell. Instead, they teach universal salvation for all.

Jesus talked more about hell than he talked about heaven. In Luke 16 he describes it as a great chasm that does not allow people to cross to the other side. In Matthew 25 he predicts a future in which people will be separated into two groups. One will enter heaven. The others will be banished to "eternal fire."

We live in a world where heresy, false teaching, and a false gospel are proliferating. That is why we need to develop biblical discernment. Paul said he was amazed that some of the early Christians adopted "a different gospel" which he said was a distorted gospel of Christ. He added, "If we, or an angel from heaven, should preach to you a gospel contrary to what we have preached to you, he is to be accursed" (Galatians 1:6-8).

These ancient heresies are being preached today. We need to return to the essential gospel and sound biblical teaching.

Notes

1. "Rob Bell Suggests Bible Not Relevant to Today's Culture | CBN News," www1.cbn.com/cbnnews/us/2015/February/Rob-Bell-Suggests-Bible-Not-Relevant-to-Todays-Culture accessed 2/5/2023.
2. Peter Enns, *The Bible Tells Me So: Why Defending Scripture Has Made Us Unable to Read It* (NY: Harper One, 2014).